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Volume T, Number 21 October 7, 1999

#### COMMITTEE RENOVATION

## **New Plan Unveiled**

Smoother Traffic Flow, Optimum Product Display, Improved Security Are Among the Features

By Jessica Robinson for the Renovation Committee

onths of hard work, deep thought, creative back-and-forth, and compromise have finally paid off in a plan that the Renovation Committee feels is worthy of presentation to the Coop membership. This plan addresses the concerns and needs raised in many forums over the last few months, and allows fair compromises among a multitude of competing values. What you see here is a design vision for the new Coop that is intelligent, efficient, and will be pleasant to shop in, all while maintaining our values and adhering to the Coop's signature down-to-earth sense of style.



Detail of entrance portion of the blueprint (Full plans reproduced on page 7).

#### "How Much will it Cost?"

When the Renovation Committee was formed in March 1999, one of the specific charges was to approve a plan for expansion. We have met this goal with a plan that addresses all the major concerns expressed by members, that has the blessing of the Coop staff and that all members of the Committee have voted to approve. We are now moving rapidly to answer the big question on everyone's mind: "How much will it cost?" Ron Ogur, our architect, is coming up with a set of drawings that will be sent to a professional grocery store contractor for an official cost estimate covering the design as well as necessary work in the basement and on the second floor.

If this process were simpler we could present both the plan and estimate simultaneously. However, an accurate professional estimate requires detailed drawings, which our architect could not begin until we approved a plan that he could work from. We could have waited to present the plan until the estimate arrived in three or four weeks (at the earliest). However, when the contractor's estimate comes back, some of the more costly elements may have to be deleted to keep us within our budget. We decided that it is essential to give everyone the chance to study this version of this plan since it successfully incorporates our concerns—it represents an ideal vision for the new space.

This plan was designed to be flexible enough to allow for moving around and/or deleting of elements, should that become necessary due to budget constraints. We will continue to communicate with Coop members in greater detail about the budget and cost estimates, and how they both impact the creation of our new space.

At some point in the near future, we hope to have a high quality, large- format version of the plan, as well as several elevation views, on display in the Coop. At an upcoming General Meeting (we have put in a request to be placed on the agenda for the October GM), we will make a detailed presentation of this plan, take questions and hand out hard copies of the plan for people to take away with them.

#### The Entry

A good way to begin a walk-through of the plan is to locate the front of the store—the facade that faces Union Street. Both entry and exit will be located in the 784 Union Street space. Members will walk through the new front door (marked "Entry" on the plan) into a spacious entry foyer. On the left will be an entrance desk large enough to accommodate two workers comfortably; on the right, a handicapped-accessible lift\* and entrance to the stairway; and ahead will be a turnstile and

CONTINUED ON PAGE 6

# Coop **Event**

Friday, Oct. 15 Coop Night at the Good Coffeehouse

Saturday, Oct. 23 Pumpkin Sale

Tuesday, Oct. 26 General Meeting: presentation of floor plans and report from the Renovation Committee

Thursday, Nov. 4 Food Class-Intro to Puerto Rican Cooking

Saturday, Nov. 6 The Coop at Brooklyn Museum

1st Saturday series

Look for additional information about these and other events in this issue.

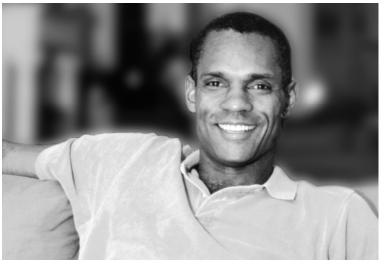


PHOTO BY GLENN BRILL

#### George Haywood — Pension Fund Trustee

By Erik Lewis

ain was coming down in buckets, driven by the remnants of Hurricane Floyd, when a visitor recently pulled up on his bicycle before the home of George Haywood, a Trustee of the Park Slope Food Coop's Pension Fund. The visitor remarked to himself on the appropriateness of the weather, given that the Pension Fund is the Coop's nest egg—monies set aside for the "rainy day" of retirement—and the man the visitor was meeting was entrusted with preserving and expanding that nest egg.

The Coop's Pension Fund began in 1993 with a resolution at the General Membership Meeting that was proposed by the Personnel Committee. Why there was a 20-year wait from the Coop's founding in 1973 is unexplained, but Joe Holtz, one of the Coop's General Coordinators, describes the mindset at the beginning: "I knew for myself, I was 25 years old, and pension was the furthest thing from my mind." Twenty years later that was not the case anymore. "At some point it occurs to one as life goes on that your life will continue to go on," says Holtz in describing the decision to create the Pension Fund.

The Pension Fund was created to meet the retirement needs of long-term Coop employees. An employee joins the plan on the first day

CONTINUED ON PAGE 4

#### Next General Meeting on October 26

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The next General Meeting will be Tuesday, October 26, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda and related information are printed inside this issue (see index below). The agenda is also posted at the Coop Community Corner. Information about agenda items may also appear in the letter section or with the agenda. For more information about the GM and about Coop governance, please see the center of this issue.

#### IN THIS ISSUE

<sup>\*</sup> The term " lift" is used to designate an elevator that travels between only two floors. To the user, it is an

# Genetically Engineered Food: Around the World and in the Coop



By Martha F. Davis

Tired of the same old fruits and vegetables that have been around since the end of the Ice Age? An end to your ennui may be closer than you think. Thanks to modern science, a cornucopia of genetically engineered soybeans, corn, cotton, tomatoes, squash, beets, rice and papayas, once the stuff of science fiction, are all a reality. And whether you know it or not—and most people don't—these products are already on the Coop's

shelves, in your refrigerator and probably were in your dinner last night.

A century ago, scientists like Luther Burbank and George Washington Carver spent decades painstakingly developing new and better strains of beans, peanuts and potatoes. Their old-fashioned method was to crossfertilize hardier or tastier plants to develop new and better strains. Now, scientists forego working with pollen and seeds and go directly to the plant's or ani-

mal's genes, with many more options than traditional breeding. For example, scientists trying to develop a coldresistant tomato isolated a flounder gene and inserted it directly into tomato cells growing in a cell culture. Gene splicing has also yielded pest-resistant corn, soybeans and cotton, popular with U.S. farmers hoping to save money on insecticides.

So far, the results have been a resounding commercial success. Just three years ago, the U.S. produced its first large-scale commercial harvest of genetically engineered crops. Today, lured by the crops' resistance to natural hazards like frost and insects as well as financial incentives from companies like Archer Daniels Midland and Monsanto, farmers have planted more than onefourth of the nation's cropwith genetically engineered crops. More than 35 percent of all corn, almost 55 percent of all soybeans and nearly half of all cotton on the market today is genetically engineered.

#### Things are Seldom What They Seem

How does that translate onto the supermarket shelves? To gauge the incidence of genetic manipulation in everyday grocery products, Consumer Reports recently tested a variety of processed foods containing corn or soybeans, the crops most likely to be genetically engineered. The investigators also picked up items at fastfood restaurants. Then, they analyzed the DNA of all of these foods. As reported in the September 1999 issue, genetically engineered ingredients were present in everything that Consumer Reports tested, in more than mere trace amounts. Specific brands tested included Boca Burgers, Morningstar Farms Harvest Burgers, McVeggie Burgers, Old El Paso Taco Shells, Jiffy Corn Muffin Mix, Bac-Os Bacon Flavored Bits and Nestle Carnation Alsoy (Boca Burgers are the only items from this list available in the Coop). Testers also sampled corn oil and breakfast cereals, but because the processing of these foods destroys the genetic markers needed for testing, the results were inconclusive.

U.S. consumers remain largely unaware of these changes in the nation's food supply. According to the

International Food Information Council, just one-third of Americans surveyed were aware that genetically engineered foods are available in the supermarkets. Unlike the European Union, the U.S. Department of Agriculture does not currently require labeling of genetically modified foods. Only food that is labeled organic is sure to be genetically "pure."

#### Growing Consumer Concern

Increasing consumer awareness of the issue in other parts of the world may force changes in the U.S., however. Though there is no evidence that genetically engineered food is unsafe to eat, one recent study at the University of Iowa found that pollen from some types of genetically modified corn can kill monarch larvae in lab experiments. Another small-scale study conducted at the University of Nebraska suggested that genetically engineered plants may trigger allergies; for example, a consumer allergic to flounder might react badly to a tomato modified with a flounder gene.

Reacting to this data, consumers worldwide are rejecting high-tech crops in droves. According to a recent report in the Washington Post, in the

# **Y2K**

#### a Community Building Opportunity

A Workshop with Jonathan Skurnik & Alicia Culver

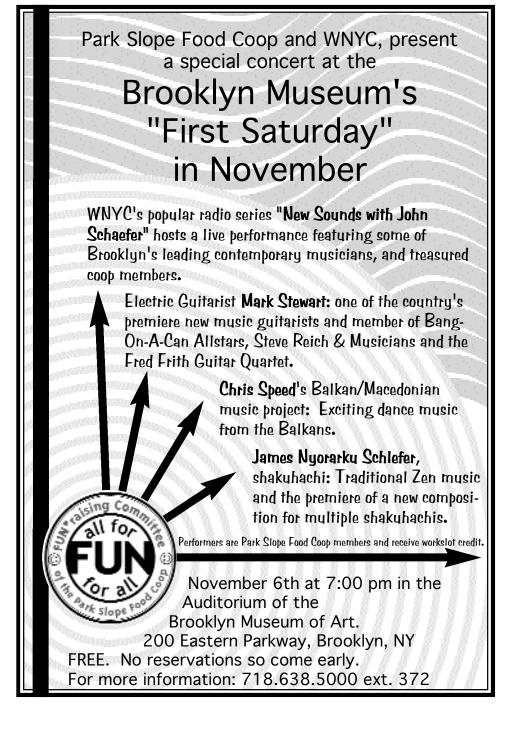
Many speak of Y2K-related problems as something to prepare for on an individual basis. Our approach is to use Y2K planning as an opportunity to build relationships of mutual support in our communities. Even if no problems occur, you will still have had the opportunity to hang out with your neighbors.

This two-part workshop will give participants an opportunity to brainstorm a variety of solutions to potential Y2K-related breakdowns in municipal services, such as water, sewer, heat, electrical, telephone, transportation and food distribution. In small groups, we will strategize an action plan for each of us to work with our neighbors in order to plan community-based solutions to potential Y2K-related service interruptions. These could include a simple dinner gathering of ones neighbors, a meeting in ones children Is school or one Is place of worship, or even a block meeting. Potential solutions could include identifying a large central storage place for a week Is supply of water and food for the community. In the second, follow-up meeting, returnees will report back on the progress of their action plans and get support for further initiatives, while newcomers will have an opportunity to fashion their own action plans.

Jonathan Skurnik, writer and documentary filmmaker, has been involved in community building activities for many years. He hopes the only result of Y2K is an awakening to our over reliance on technology for survival and a transference that reliance onto our relationships with other human beings and the natural world.

Alicia Culver, senior researcher at INFORM, has been an activist, community organizer and workshop leader on environmental issues for over a decade. She is the former coordinator of the Park Slope Community Recycling Campaign.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



past month alone, Japan's two biggest breweries and a major Mexican corn tortilla maker announced they would no longer use U.S. genetically-altered corn in their products. Gerber has also announced that it will use only organic ingredients in its baby food. In fact, the Post reports that foreign sales of U.S.-grown genetically modified crops have come to a near halt. American farmers may end up paying for this emerging fiasco.

Archer Daniels Midland recommended in early September that U.S. farmers segregate their gene-altered and non-altered crops at harvest because of heightened demand for conventional varieties both domestically and abroad. Most farmers, however, will be unable to comply because grain elevator operators have neither the space to segregate crops nor the ability to clean equipment between loads to prevent carry-over between manipulated and non-manipulated batches. The American Corn Growers Association charges that American farmers were misled by multinational seed and chemical companies "who only encouraged them to plant increased acres of [these crops] without any w a rning to farmers of the dangers of planting a crop that didn't have consumer acceptance." With farmers facing record low prices and grain elevators working on narrow profit margins, both groups are asking who will pay the costs of crop segregation.

As consumers begin to avoid genetically modified food, the pressure to revisit the U.S. policy of non-labeling is mounting. This summer, U.S. Secretary of Agriculture Dan Glickman called for an independent assessment of whether the U.S. biotech crop approval process is adequate. Meanwhile, the National Academy of Sciences is preparing a report on the environmental implications of the new crops and the American Medical Association has announced its intention to revisit its policy statement in support of biotech foods.

#### What's a Coop to Do?

Do food coops have a special responsibility to respond to the increased presence of genetically modified food on their shelves? The PSFC's Mission Statement promises "a diversity of products with an emphasis on organic, minimally processed and healthful foods." How do Boca Burgers or any of the Coop's other non-organic soybean or corn products fit into this picture?

General Coordinator Linda Wheeler argues that any response must be member driven. Certainly, the Coop's Environmental Committee and the Gazette staff have taken steps to educate members, publishing four articles on genetic engineering in 1999 alone. In one art icle, the Environmental Committee listed the 299 items carried by the Coop that may contain genetically engineered ingredients. In another, the Committee reported on manufacturers' responses to a PSFC survey on labeling of genetically modified foods. Linda Wheeler says that though the Consumer Reports tests raise concerns, "we have no plan right now to respond. It will be interesting to see what members' expectations of the Coop are.'

Other food coops contacted for this article are taking a similar approach. Most seem to have decided not to single out specific products tested by Consumer Reports, since chances are that many of the other items on their shelves are also genetically engineered. Doug Walter, the Membership Director of the Davis Food Coop in California, also points out that "some coop members believe in genetic manipulation." The Davis Coop has posted copies of the September 1999 Consumer Reports article in the store. In the next month or two, Walter hopes that "members will coalesce to support legislation on mandatory labeling or other public policy initiatives. But," he emphasizes, "this has to be a member-led process."

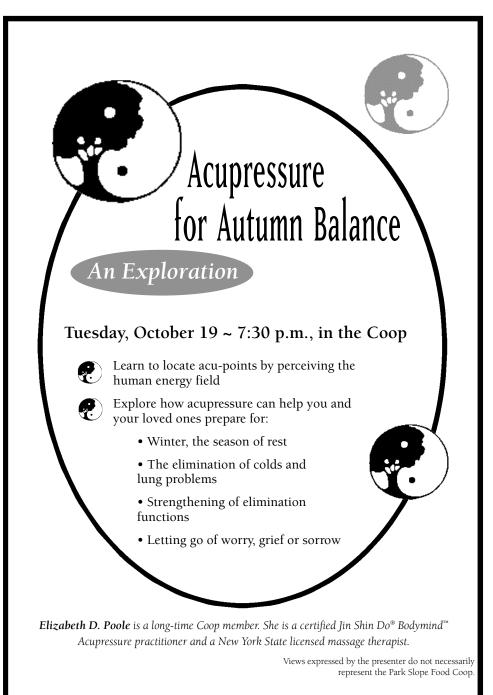
According to Elizabeth Archerd, Member Services Director, the Wedge Community Coop in Minneapolis is contemplating providing leaflets on genetic engineering at the store, and possibly placing organic alternatives near products likely to contain genetically modified ingredients. Unlike the PSFC, the Wedge Coop has a policy of "not knowingly selling genetically manipulated products," says Archerd. After the Consumer Reports article, she said, "we are realizing that is hard to do."

## COOP POLICY ON GENETICALLY ENGINEERED PRODUCTS

#### (EXCERPTED FROM THE COOP ENVIRONMENTAL POLICY)

As amended by the July 1998 General Meeting

The Coop will sell no products that are genetically engineered or contain products of genetic engineering, except that sales of genetically engineered products shall not be discontinued unless there is a similarly priced equivalent product that is not genetically engineered. Genetically engineered products for which there are adequate substitutes as described above shall be replaced as quickly as possible by the substitute product. The Coop staff, in cooperation with the Environmental Committee, shall work to identify substitute products where none has yet been identified. At this time, as genetically engineered products or products containing genetically engineered inputs are not labeled as such, for the purpose of this policy, products shall be considered to be genetically engineered if they contain non-organically produced ingredients that are known to be commercially available in genetically engineered form, or that are known to be produced with commercially available genetically engineered inputs.



# Mastering Your Impact And Influence

#### with Lyyisa Harris

The Visionary's Coach Evoking Mastery and Organizational Influence www.coachreferral.com/coaches/h/harris1001699.html

Thursday, October 14, 1999 7:00 p.m. - 10 p.m.

Coop Meeting Room, 2nd floor

Have you ever wanted to be truly heard by someone? Would you like to uncover new pathways for effectiveness? Is making a contribution important to you?

#### RESERVE YOUR SPACE TODAY!

Please call Lyyisa at 718-788-0498 or e-mail her at originalnature@usa.net.

A coach, community organizer, securities trader, Coop member and former banker, Lyyisa has created this workshop utilizing sound, images, collective sharing and fun. You will expand your knowledge with practical, fast-acting techniques that give you a clear advantage!

NON-MEMBERS WELCOME

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

#### CONTINUED FROM PAGE 1

of employment but must wait 7 years before they are fully vested, that is, entitled to full benefits. Upon retirement a Coop employee will collect benefits based on the number of years he or she has worked. For instance, if an employee has worked 20 years, they will receive an income of 35% of the average yearly income of the five highest-earning consecutive years. This form of pension fund was chosen, among other reasons, because it included past years of service of Coop employees

The Pension Fund is fed by contributions from the Coop, but the main way it grows is through investment. The Trustees of the Pension Fund are elected by the general membership and approved by the Board of Directors. They are responsible for deciding how to invest the Fund. George Haywood was made a Trustee in 1995 and does this as his workslot.

George Haywood is a lean, athletic, African-American man in his mid forties. When he greeted this visitor recently, he emerged from the depths of his spacious, elongated, brownstone in central Park Slope, casually dressed in a T-shirt, slacks and sneakers, an outfit quietly consistent with the tasteful understatement of his home's furnishings: functional leather couches, African sculpture and many silver-framed pictures of his children, wife and parents. All-in-all a comforting impression of solidity without ostentation, appropriate for a man entrusted with the future financial security of Coop employees.

Haywood and his wife Cheryl live with their three children: Allison, age 7, Julia, age 4 and John, 2 1/2. An avid tennis player—a racket was casually leaning against the entrance door—Haywood enjoys jazz, R & B and classical music, singling out the Sviatoslav Richter performance of Beethoven's Apassionata Piano Sonata as a favorite (coincidentally also the favorite of the communist ideologue V.I. Lenin). He dates his joining the Coop, as people with children do, by the age of his eldest, Allison. "We joined about the time Allison was born, seven years maybe." Why did he join? "Great food at low prices."

Currently Haywood is enjoying managing his own financial affairs and taking more time with his children. This is a welcome change from his previous high pressure employment as head of corporate bond trading for Moore Capital, the third largest hedge fund in the world. "I mean it was 10 hours

a day of monstrous information flow, like 200 e-mails a day, the phone ringing constantly." Previously, Haywood had been with the investment firm of Lehman Brothers (his first job after graduating from law school) where he had worked for 12 years and risen to head of corporate bond trading.

Haywood began with Lehman Brothers in July of 1982, which he recalls with some irony: "Some people note the fact that my arrival on Wall Street was almost exactly the point at which the greatest bull market in the history of mankind started. Some people think it's coincidental. Other people think there's a causal link."

In some ways, for the time period, being a Black man in high finance, Haywood was a pioneer. "I was certainly the only Black corporate bond trader at Lehman and one of the few on Wall Street."

time to be throwing a lot of money into it."

Haywood joined the Pension Fund in 1995 and immediately made changes. "When I first came on we had some money in mutual funds and my first question in the first meeting was, Why do we have load mutual funds?" "Load" mutual funds are ones that charge you a percentage of your investment for the privilege of investing in them. "No Load" funds do not charge for investing. "Everyone knows that the long-term results of no-load funds are no different, in aggregate anyway, than load funds. So why pay 7% up front?'

Another major change was switching to a discount broker to save on commissions and fees for stock transactions. The Coop now uses National Discount Brokers.

As a Trustee, Haywood sees a twofold responsibility. "As a Trustee of the money,



George Haywood Coop pension trustee with Allison, Julia and John

Raised in Washington, DC, the son of two teachers—his father taught Latin and English and his mother English and Reading—Haywood showed an early interest in investing. Following his son's instructions, Haywood's father found a broker who would handle an account for a 12-year-old who wanted to invest \$100 in five or six different companies. "I put a total of 100 bucks into the market which I had made from mowing lawns," says Haywood. Unfortunately, that first investment didn't work out. "It was up for awhile, then it went the other way." But the experience proved a cautionary one for him, one that he believes applies to today. "The reason I got involved was because there were lots of headlines about the stock market and what a hot place it was. Almost by definition, when everybody's talking about the stock market, it is not usually a great your first responsibility is to make sure that it's there so you invest it in a way that is pretty safe and sane and sober. And then, working with that as the main constraint, you want it to grow as fast as you can."

To date, the Pension Fund, according to Joe Holtz, has averaged gross of about 25 to 30% a year for the last three years. That's pretty good considering it beat the S & P average, a benchmark of critical stocks.

The idea to invest in a particular stock can come from many places, a magazine article, knowledge of a company's growth potential, sophisticated analytical programs that can create lists of stocks with certain attributes. "Ideas come from having been in the business 17 years and spending time on the phone, networking with people. Over time you develop an idea whether these people are smart," says Haywood.

One investment that did very well for the Coop was the purchase of Hain Food stock. Hain is a company that owns several brands sold by the Coop. Hain Mayonnaise, Bearitos snack foods and other brands are just some of Hain's products. Hain was identified as a good buy because it was consolidating a lot of health food products under its company and its sales potential seemed good. But more than that, the Coop had direct knowledge of how good a company it is. "We had some insight into it because we know what the product is like. We know how it is to deal with the company: Do they give you the supplies on time? Are they good to deal with? The terms of credit, things like that. It gives you more insight than the average investor would have because we are the Coop," Haywood points out.

According to Haywood, Hain's Food stock was purchased for around \$10 a share and was sold for between \$17 and \$26. It has continued to go up but Haywood doesn't regret not keeping it, because his investment goals had been achieved. "You want to sell something when you think that the reasons you bought it are not quite as valid anymore."

Keeping with the first mandate of a Trustee to make sure the money is there at retirement time, Haywood has steered clear of Internet stocks. "We just avoided the high flying stocks that we think could really get killed if you wake up one day and the market is crapping out 30% or something."

One issue that had come up in at least one General Meeting is the question of socially responsible investing. Is the Coop investing in sleaze bucket companies? According to Joe Holtz, who is also a Trustee of the Pension Fund, the answer is no. "We're not going to buy something that disgusts us, and that's a good screen. No Phillip Morris," says Holtz. Haywood agrees: "We have our own filter. Joe and I wouldn't invest in something that we thought was socially irresponsible, like tobacco, nuclear arms, somebody making insecticides that are poisoning the food supply, somebody that's busting unions."

On the other hand, when it comes to the Pension Funds investment priorities, Haywood also firmly believes that the Trustees' first priority is fiscal responsibility. "The first thing we had to look at was, well, okay, it's great to be socially responsible in your investing but if you're giving up money to do that, then you're not fulfilling your first

responsibility which is to protect the pension assets of the employees."

A case in point came up when someone objected to the Pension Fund's investments in U.S. Treasury bonds. "I said, well, although frankly I think the government spends too much money on defense too, but, there's a limit to how much you can avoid investing in things because you don't like ultimately some very tangential function that the thing you invest in performs," replied Haywood. Although one might argue that defense spending is more than tangential to the government's activities, Haywood maintains that it is difficult to be a purist when it comes to socially responsible investing given the complex and interlocking nature of the U.S. and global economies.

The socially responsible mutual fund that the Coop invests in is the Domini Social Equity Fund which has consistently outperformed many non-filtered funds. Domini was listed among the top picks for mutual funds in a recent survey of Money magazine.

For the individual investor, such as a Coop member hearing all the buzz about the stock market and interested in getting involved, Haywood urges caution. Haywood is concerned that with four unprecedented years of growth, even seasoned investors have become overly optimistic about the market's performance. "Stocks have this unique feature, they can go down. But people haven't seen that for a long time so there's a complacency that's extraordinary," he cautions.

Nevertheless, Haywood continues to enjoy the action. When his mother worried about how he could handle all the stress, Haywood pointed out to her that it's somewhat like the bridge games that she loves. In bridge, you sit down for 8 hours a day and focus on correct bidding, strategy, finesse and coordinating with your partner. Although it's more complicated, Haywood points out that: "It is sort of the same sort of strategic game where you're trying to figure out which way things are going to go based on certain moving parts. And if you enjoy trying to figure out these things and maybe you're more successful than most at doing that, then you get rewarded for it and it's fun. So it's almost like playing bridge or chess all day, except at the end of the day, if you did it well, you really get paid a lot. As opposed to just saying, it's a good game of chess, thanks a lot Bobby Fischer." ■

# Fun'Raising Committee Plans Brooklyn Museum Concert and Other Events

By Alex Lesman

ive music, dancing, parties, picnics, potlucks, pool. Sound like fun? Well, it should, because these are some of the events and activities organized by the Coop's Fun'Raising Commit-

Despite the similarity of the Committee's name to "fundraising" (which was its original name), it no longer exists primarily to bring money into the Coop. General Coordinator Joe Holtz ex-plained that the original Fundraising Committee was created in the Coop's early days as a response to the occasional need for infusions of cash. The events, he said, "were good for the spirits as well as for the Coop's financial situation." As the Coop's finances grew stronger, fun replaced funds as the primary focus of the events.

These days the Fun'Raising Committee's goal is "to enhance community spirit, promote fellowship, and have fun through various social and cultural events," to quote its provisional mission statement, which is still being fine-tuned. While committee members agree that their events should at least break even over the long term, there is some dis-



agreement over whether to mention money in their mission statement.

To fulfill their work requirements, Fun'Raising Committee members meet once a friends outside the Committee, and the meetings tend to be relaxed, with food (not surprisingly) playing a part. Besides these monthly meetings, members put in extra will play Balkan dance music and James Nyoraku Schlefer will play the shakuhachi, a Japanese bamboo flute. The concert will be recorded by WNYC and broadcast at a with the space, the potluck has prompted concern among committee members in recent years about disappointing turnout at some Fun'Raising events. When asked why turnout had been lower than expected, Martha Siegel, Jerry Epstein and Esther Bernstein all focused on the difficulty in simply making Coop members aware of the events they organize. Epstein noted that there is minimal space for posters inside the store and said that he suspects that most people don't read the Linewaiters' Gazette thoroughly enough to see advertising for the events. "Short of being able to have someone stand at the exit door and hand out flyers to everybody coming out," he said, "it's very difficult to reach people and have people know the event is happening."

Esther Bernstein cited the Coop's increasing size and the fact that members are very busy as reasons why

#### As the Coop's finances grew stronger, fun replaced funds as the primary focus of the events

month for about two and a

half hours in someone's home. Many members are

work as an event draws near, arranging entertainment, shopping for food, and setting up. Some recent Fun'Raising events include the Coop's 25th birthday party, a Latin dance night, a contra dance night, and the annual Coop picnic.

The most recent Committee meeting was abuzz with plans for the next Fun'Raising event: a free concert at the Brooklyn Museum of Art on Saturday, November 6. Coop member John Schaefer, host of the WNYC radio program New Sounds, selected three musical groups featuring PSFC members to perform in the museum's auditorium from 7 to 8:30 p.m. Mark Stewart will play the electric guitar, Chris Speed and The Balkan-Macedonian Project

The next event after the concert will be a "pool party" at Brownstone Billiards in January (exact date to be announced). The committee is also tentatively planning a children's concert and another Latin dance for the spring. The potluck dinner, an annual event for many years, is currently in doubt as Committee members look for a location more appealing than the basement of St. John's Episcopal church.

Aside from dissatisfaction

many do not notice upcoming events. While acknowledging that the Coop is not as small as it once was, Jerry Epstein said that he thinks there is more interest in the events than attendance suggests.

Although they agree that low turnout is a problem, Fun'Raising Committee members have yet to find a satisfactory solution. Martha Siegel was quick to point out, however, that the Committee is always open to new ideas for events and always o













#### New Plan...

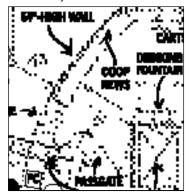
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passgate allowing entry into the shopping floor.

The spaciousness of this new entry foyer will allow people to move comfortably, to take a moment to look a round and assess their surroundings as they enter the Coop. It will also contain all the important entry functions, and so it will be efficient and easy to secure. The entrance desk will be well inside the front door, allowing members to form a line inside the building while waiting to be checked in. In addition, the entrance desk will have two check-in stations, one of which can be used to handle people with questions or problems while the other can process active members, sending them directly into the shopping floor with little or no waiting. This foyer will give members with carts or strollers the space and time to get situated for shopping.

There will now be two ways to go upstairs. For people in wheelchairs or who have strollers or difficulty climbing the stairs, a lift will be available to take them to the second floor. (The lift will not go down to the basement.) Others may use the staircase located just to the right of the entrance.

Once members have checked in, they will pass through the turnstile or through the passgate if they have unfolded strollers or carts. The turnstile and the passgate will have locks controlled by the entrance work-



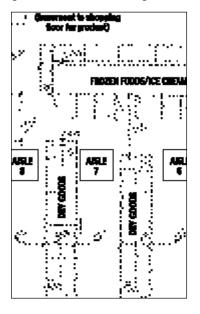
er closest to the gates. To enter the shopping floor one will need to be acknowledged by the entrance worker and then buzzed through either turnstile or gate, another addition we hope will improve security and reduce theft.

#### Onto the Shopping Floor

Once on the shopping floor, members will walk along the contour of a 54-inch high curved wall into the main body of the store, passing a space for storing folded carts and strollers, a Coop News wall, and the shopping cart storage area. Because this curved wall is short enough for most adults to see over, members just starting their shop will have a

vista that encompasses most of the shopping floor. The cart and stroller storage space will be accessible from the checkout area. Members will be able to slide items into the storage slots before shopping and easily retrieve them again at the point of checking out.

After taking a cart or basket, members will move into another open area which will serve as the "foyer" of the shopping floor. Again the vista will be open and there will be room to move about. Some product space will be gained here through the



placement of two circular floor displays. From this open space, members will be able to pause, look about, shop the floor displays, and then choose which area of the Coop they would like to shop first.

#### Wider Aisles, Expanded Display Space, Smoother Traffic Flow

Produce will be located to the right, in the 780 Union Street space (Aisles 1 and 2 on the plan). Both walls of the building will be lined with refrigerated produce cases. A series of waist-high shelves for dry produce will be arrayed down the center of the building. The new space will give us a wonderful produce area with two wide aisles and approximately double our current produce display area.

In the 782 Union street space (Aisles 3 and 4 on the plan), shoppers will find both dry and frozen goods. The large freezer cases now in 782 Union Street and the cold cases along the back wall of the existing Coop will remain in place.

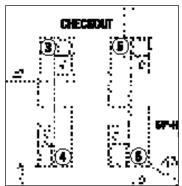
The cases and shelving in the two existing buildings will be staggered front to back, giving shoppers a few pockets of space at the rear of the store in which to maneuver and park carts. We hope that "park-and shop" will no longer be necessary with wider aisles and smoother traffic flow.

The receiving area will be

expanded into the area currently occupied by the entrance and exit functions (the front end of the 782 Union Street space). A freight elevator—to operate between the first floors and basement levels—will be installed to move our increased volume of goods from the street level down to the basement. The new Coop will have two bathrooms on the ground level: one on the shopping floor and one in the receiving area. There will be several bathrooms in the new Coop, one of which will be handicapped accessible, possibly on the second floor.

In the new building, shoppers will find bulk items, additional dry goods, cold case items, freezer items and health and beauty aids ("HABA" on the plan). Along the back wall of the 784 Union Street space, shoppers will find three new cold cases. Directly opposite the new cold cases in 784 will be the bulk food area. Moving around to the front side of the bulk island, shoppers will encounter an additional freezer case. Ideally, all the freezer cases would be located near checkout. However, moving our existing freezer case from 782 into 784 would be prohibitively expensive. This new freezer case will be added for the additional capacity, and so that rapidly melting items (ice cream, for example) will be located near the check out and exit areas.

Located in the rear lefthand corner of the new building will be a lift and small staging area to be used for transporting products up from the basement. With the greatly expanded space in



the new store, more goods will be travelling longer distances from the basement before reaching their final destinations on the shelves. This lift will help reduce the aisle-clogging traffic of stocking carts and boxes of unstocked goods.

#### **Checking Out**

From the shopping sections of the new building, members who move toward the front of the store will encounter the regular checkout stations. On the plan, "R" denotes a register and the numbers 1-7 denote the belt/scanner apparatus that will assist members in get-

#### GENERAL MEETING AGENDA

#### FOR TUESDAY, OCTOBER 26, 7:00 P.M.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance tableat the meeting. We ask members to please read the materials available between 7:00 &7:15 p.m.

#### Location:

0

В

E

R

Congregation Beth Elohim Social Hall (Garfield Temple)

274 Garfield Place at Eighth Avenue.

#### Item #1: Agenda Committee Election (20 minutes)

**Election:** "Four two-year terms are open. Nominations are being accepted now and will be accepted on the floor of the GM. Three members whose terms have expired are seeking reelection." —submitted by the Agenda Committee

#### Item #2: Renovation Project (70 minutes)

**Discussion:** "Presentation and discussion of the Renovation Committee's plan for the new store. Floor plans will be available at the meeting and an article and floor plans appear in the October 7 *Gazette.*" —submitted by the Renovation Committee

#### **Future Agenda Information:**

For information on how to place an Item on the Agenda, please see the center right page of this issue.

The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

ting items packed and out of the store. The space in between each checkout island is wide enough to let two shoppers with carts pass one another. The express checkouts are located further toward the front of the store, denoted by the numbers 8-10 on the plan. Lines of shoppers waiting to check out will form in the aisles marked 5, 6, 7, and 8 on the plan. We hope that added checkouts, scanners, and several other efficiencies will make these lines mercifully short.

#### Combined Checkin/Check-out Desk Serves as Hub

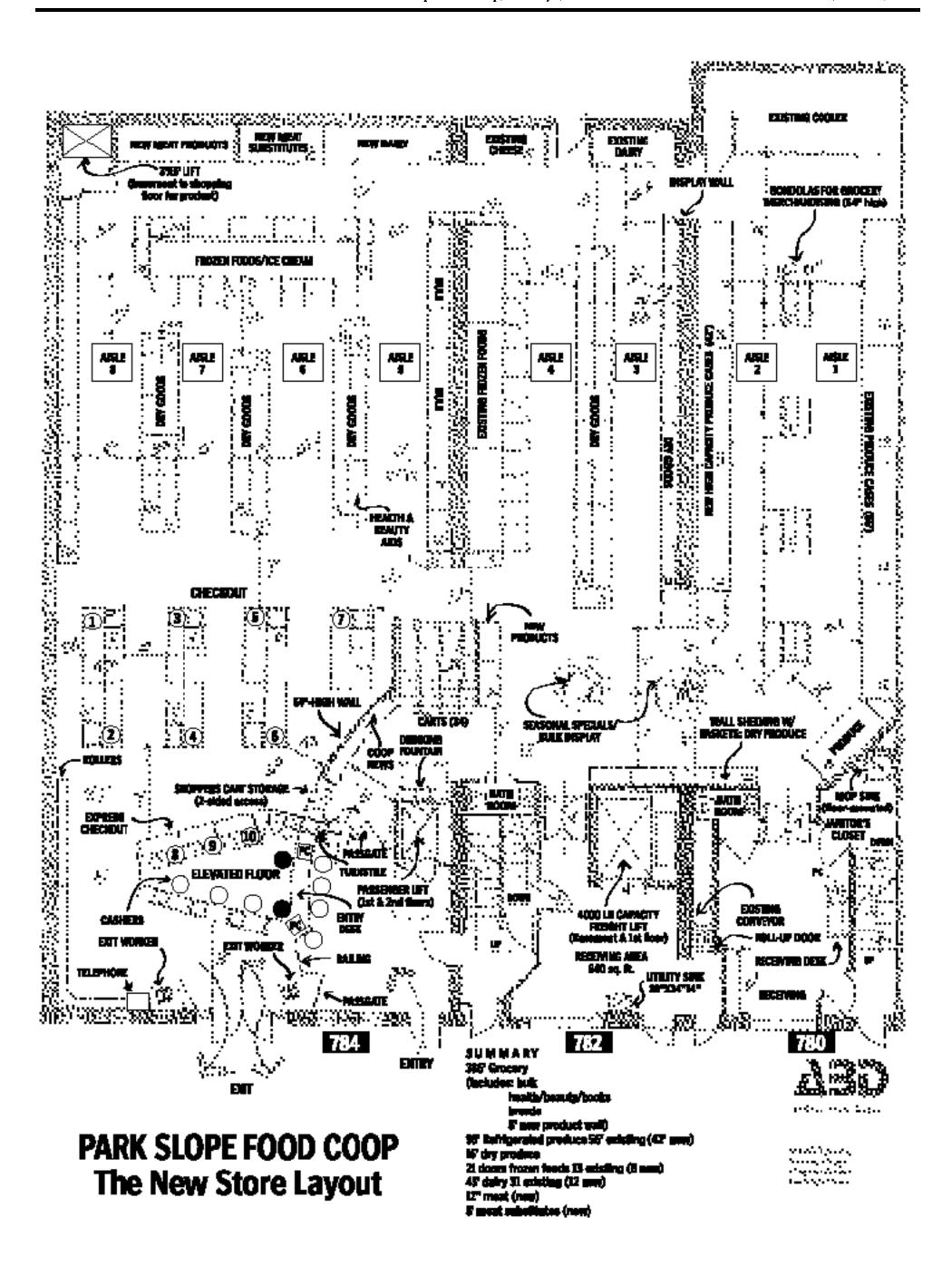
Once through the checkout area (whew!), shoppers will flow around the combined express checkout /cashier station towards the front of the store. Shoppers with full carts in hand or boxed goods placed on the roller system will take their register receipts to the cashier station. The cashiers are arrayed along the front side of a triangular desk which houses the two most important administrative shopping floor functions: check-in and check-out. In addition to being convenient, this desk lends itself to efficient operations of the shopping floor and improved security. We hope this desk will function as the hub of shopping floor management. From inside the desk, workers and squad leaders can survey the action and flow within the

Coop. From this location workers will be better able to communicate with one another and with shoppers, and squad leaders and staff will find it easier to monitor and manage the shopping floor. Finally, the dual function desk will be visually appealing and symbolize our unified cooperative approach to prospective members and guests.

#### The Exit

Two exit doors, to be staffed by two exit workers, have been generously designed to accommodate the flow of traffic into and out of the exit area. The two exit workers will facilitate and monitor this in-and-out flow. In a new feature, members will be able to return their emptied carts to an exit worker who will push them through the passgate separating the entrance and exit sections. Carts will then either be handed off to an entering member or returned to the cart storage area. Finally, refreshed by a successful, pleasant, smoothly flowing, aesthetically invigorating shop, members will be well prepared for the next task associated with a trip to the Coop: unpacking. ■

The Renovation Committee makes a monthly report to the General Meeting. Submit questions to the Questions and Comments box located on the Community Corner Bulletin Board or e-mail questions to us at PSFCRC@AOL.com.



#### COOP HOURS

#### **Coop Office Hours:**

Monday through Friday 9:00 a.m. to 5:00 p.m.

#### **Coop Telephone:**

622-0560

#### **Hours for Getting Membership Cards:**

Evenings — Monday & Thursday 5:00 to 10:00 p.m. Daytime — Monday through Friday 9:30 a.m. to 5:00 p.m.

#### **Coop Shopping Hours:**

Monday Tuesday Wednesday Thursday

10:30 a.m. to 10:00\* p.m.

Friday

Saturday

Sunday

8:05 a.m. to 10:00\* p.m. 8:05 a.m. to 7:30\* p.m. 8:05 a.m. to 5:00\* p.m.

\*Shoppers must be on a checkout line 15 minutes after closing time.

#### **Childcare Hours for Shoppers:**

Monday Tuesday Wednesday

10:30 a.m. to 6:15 p.m.

Thursday Friday

Saturday

8:05 a.m. to 8:30 p.m. 8:05 a.m. to 7:30 p.m.

Sunday 8:05 a.m. to 5:00 p.m.

**World Wide Web address:** http://www.foodcoop.com

The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members. A "Member Submissions" envelope is in the Gazette wall pocket near the entrance of the Coop.

All submissions: All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long.

Letters: Maximum 500 words.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Double-spaced, typed or very legibly handwritten.

Submissions on Disk: We welcome 3.5" disks along with the paper copy of your letter or article. Please save your submission in text format. Disks are returned in the Member Disk Returns envelope at the back of the Gazette submissions box.

Classified & Display Ads: Ads are available to Coop members only. Classified ads are prepaid at \$10 per insertion, display ads at \$20, and must be written on a submission form provided elsewhere in this issue. Additional forms are available at the front of the Coop. Classified ads may be up to 315 characters and spaces. Display ads must be submitted as copy-ready business card size.

Recipes: We welcome original recipes from members. Recipes must be original and signed by the creator.

Subscriptions: The Gazette is available free to members in the store. Subscriptions are available by mail at \$16 per year to cover the cost of postage (at 1st class rates because our volume is low).

A monthly musical fundraising partnership of the Park Slope Food Coop and The Brooklyn Society for Ethical Culture

# Good Coffeehouse OOP (ON(ERT SER/ES

#### Jenny Hill and Liquid Horn

Liquid Hom, a group conceived by saxophonist and flautist Jenny Hill, is a funky mixture of jazz, Afro-Cuban, and Brazilian grooves. Featuring Urbano Sanchez on percussion, John DiMartino (Ray Baretto Band) on keyboards, and Oswaldo Amorim on bass, Jenny will perform some. of her newest compositions. Liquid Hom has performed at the New Haven International Festival of Arts and Ideas, The Whitney

Museum of America Art, Brooklyn's Ethical Cultural Society, the Atlantic Antic and Le Bar Bat.

HOV. 19

Celli Octet performing the work of Brazilian composer Heitor Villa-Lobos \*Bachianas Brasileiras #1 and #5 for Eight Cellos.

DEC. 17

Theater Group Dzieli - A \*Fool's Mass\* comedy with antics and hymns and chants from the 8th-16th Century.

53 Prospect Park West + 8:00 p.m. (at 2nd Street) + (doors open at 7:45) Tickets: \$8 at the door + \$7 in advance 🧯 (at Soundtrack, 119 7th Ave.) Info: Ron Vincent, 768-7634 Performers are Park Slope Food Coop members.

and receive Coop workslot credit.



Todd Isler Group

Drummer/Percussionist Todd Islen has been a part of the vibrant New York music scene since the mideighties. His love of jazz and world music has led to the study of African, Indian and Brazilian music, including a three month apprenticeship under the great Karaikudi. R. Mani in Madras, India. He has written several percussion scores for dance and is a co-founder of Savaine. (Savannah). In 1997 Todd was a winner of the Jazziz Percussion On-Fire Contest. He has just released his first CD as a leader, \*Two Step, Duets and Beyond\*.

## Puzzle Corner

Contributions from members are welcome. Please sign your entries. If your puzzle is printed, you will be credited. Answer appears on page 14.

#### **Cryptogram Topic:** PeppeRidge Farm Cookies

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

ARFS ARGHFCX

JCTVOHMD

BNOXX WROBOX

ERFEOTAHF

F H F S M B P O S

XNCTSJTOHV

GOACF FMS BTMFBN

EOFOKH

NHIOGFMS

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Index: Len Neufeld

# COP CALÉNDAR

#### **New Member Orientation**

#### **EVERY MONDAY & WEDNESDAY, PLUS...**

Tell your friends. Orientations are held every Monday, every Wednesday and some Sundays. Mon., Oct. 11, 18 & 25, Nov. 1 & 8 Weds., Oct. 13, 20 & 27, Nov. 3 & 10 Sunday, Oct. 10 & 31

Be sure to be here promptly at 7:30 or before! The orientation takes about two hours.

Although we provide childcare during most of our shopping hours, we are unable to provide childcare for the orientations. We ask you not to bring small children.

#### **Gazette Deadlines:**

#### **LETTERS & VOLUNTARY ARTICLES:**

Oct. 21 issue: 7:00 p.m., Mon., Oct. 11 Nov. 4 issue: 7:00 p.m., Mon., Oct. 25

#### **CLASSIFIED ADS DEADLINE:**

Oct. 21 issue: 10:00 p.m., Wed., Oct. 13 Nov. 4 issue: 10:00 p.m., Wed., Oct. 27

#### **General Meeting**

#### TUE, OCT 26

GENERAL MEETING: 7:00 p.m. For location and further information please see the sidebar at right. The agenda also appears in this issue

#### TUE, NOV 2

AGENDA SUBMISSIONS for the November 30 GM: 8:00 p.m. Please see the sidebar at right for information on how to submit a General Meeting agenda item.

#### **Yogurt Container Recycling:**

#### SAT, NOV 13

...and every 2nd Saturday of the month. 12:00 noon – 2:00 p.m. <u>Clean</u> yogurt & frozen yogurt, ice cream & sorbet containers and lids. ALL BRANDS. (Next date, December 11.)

#### **Coop Events**

Flyers are available in the display case outside the Coop. Also look for display ads in the Gazette.

#### FRI, OCT 15

GOOD COFFEEHOUSE—COOP NIGHT: Third Friday of each month is a series sponsored jointly by the Park Slope Food Coop & Brooklyn Interfaith Action. Season opener: Liquid Hom with Jenny Hill / Todd Isler & Two Step. Musicians are Park Slope Food Coop members. \$8. 8 p.m. 53 Prospect Pk W. 768—2972.

#### TUE, OCT 19

ACUPRESSURE FOR AUTUMN BALANCE: with Elizabeth Poole. Explore how acupressure can help you & your loved ones prepare for: winter, the season of rest; the elimintion of colds & lung problems; strengthing of elimination functions; letting go of worry, grief or sorrow. Free, 730 p.m., at the Coop.

#### THU, NOV 4

FOOD CLASS with Susan Baldassano and guest,7:30 p.m. \$2 materials charge.

#### SAT. NOV 6

FIRST SATURDAY at the Brooklyn Museum of Art. WNYC's New Sounds with John Schaefer and the Park Slope Food Coop serve up wild Balkan Rhythms, unpredictable electric guitar sounds & the haunting sounds of the Japanese flute. 7:00 p.m. in the auditorium. Free. First come only, no reservations. 718-638-5000 x 372.

#### Attend a GM

#### Sign up to Receive Work Credit

In order to increase participation in the General Meeting, the GM has voted to allow a *once-per-year* workslot credit for attending a GM.

#### Sign Up:

- The sign-up sheet is posted at the Coop Community Corner beginning in the first week of each month.
- Please *read the full instructions* posted above the sign-up sheet and follow them carefully.

#### **How It Works:**

- Coop members on squads in Shopping, Receiving, Inventory (except data entry), Maintenance, Daytime Office, Construction and FTOP can receive credit for one workslot by attending one GM. (Other squads are omitted because their work is more difficult to cover, or attendance at GMs is part of their job.)
- After attending the GM, the member will summarize the meeting very briefly for their squad during the squad meeting of their *next* regular workslot.
- You will report to your squad on the next day you work and may then skip the second regular workslot following the GM. The work credit may also be applied to make-ups owed or be banked as FTOP
- Missing the GM without canceling in advance will result in your owing a make-up, as you are making a commitment as well as taking a slot that someone else will not be able to take.

#### PARK SLOPE FOOD COOP

#### MISSION STATEMENT

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

#### ALL ABOUT THE GENERAL MEETING

#### **Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

# Next Meeting: Tuesday, October 26, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

#### Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

# How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appears on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

#### **Meeting Format**

#### Warm Up (7:00 p.m.)

- Meet the Coordinators
- Submit Open Forum itemsExplore meeting literature

#### **Open Forum (7:15 p.m.)**

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee for the next meeting.

#### Reports (7:30 p.m.)

- Financial Report
- Coordinators' ReportCommittee Reports
- Agenda Discussion (8:00 p.m.)

• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

#### Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors Vote
- Announcements, etc.



#### COMMUNITY CALENDAR

Listings in the community calendar are free. Please submit your listings in 40 words or less by mail or drop them in the mailslot just outside the main door of the Coop. Submission deadlines are the same as for classified ad submissions. Please refer to the Coop Calendar in the center of this issue.

#### FRI, OCT 8

BROOKLYN GREENS PROTEST INSECTICIDE SPRAYING: Rallies planned every Friday until the spraying is stopped. 4:30-6:30 p.m., Brooklyn Boro Hall, 209 Joralemon Pl @ Court St. 398-7204.

#### SAT, OCT 9

FLAX TO LINEN: demos with participation. the flax has been harvested from the children's garden. 2:00, 3:00 & 4:00 p.m. Lefferts Homestead Children's Historic House Museum, Flatbush Ave (near Empire Boulevard intersection. D/Q trains, 41 bus. Saturdays & Sundays in October. Ages 2-8. Free. Further info: 965-8945

#### SUN, OCT 10

FLAX TO LINEN: see Saturday, October 9.

#### TUE, OCT 12

BROOKLYN WOMEN'S CHORUS: directed by Bev Grant. Bev's philosophy is that everyone can sing. No auditions or requirement to read music. Liberation songs & songs touching on women's issues & lives. \$10 or \$5 sliding scale, 7:30-9 p.m., 768-2972.

#### THU, OCT 14

MASTERING YOUR IMPACT & INFLUENCE: With Lyyisa Harris. Have you ever wanted to be truly heard by someone? Would you like to uncover new pathways for effectiveness? Is making a contibution important to you? Reservations required, 718-788-0498. Free, 730 p.m., at the Park Slope Food Coop, 782 Union St..

#### FRI, OCT 15

GOOD COFFEEHOUSE-COOP NIGHT: The third Friday of each month is a series sponsored jointly by the Park Slope Food Coop and Brooklyn Interfaith Action. This month: Season opener, Liguid Horn with Jenny Hill / Todd Isler and Two Step. Musicians are Park Slope Food Coop members. \$8. 8 p.m. 53 Prospect Pk W. 768-2972.

BROOKLYN GREENS PROTEST INSECTICIDE SPRAYING: Rallies planned every Friday until the spraying is stopped. 4:30-6:30 p.m., Brooklyn Boro Hall, 209 Joralemon Pl @ Court St. 398-7204.

#### SAT, OCT 16

FLAX TO LINEN: see Saturday, October 9.

MUSIC & NATURE: Author & composer David Rothenberg will play his music and lead our discussion, "How music helps us reach and learn from the natural world. \$10, 7:30 p.m. EcoBooks, 192 Fifth Ave. Info: 623-2698

#### SUN, OCT 17

FLAX TO LINEN: see Saturday, October 9.

#### MON, OCT 18

PARK SLOPE SINGERS: Open rehearsal. We sing classical, renaissance, spirituals & some modern pieces. In particular need of sopranos & tenors; altos & basses also welcome. Rehearsals: Mon 7:30 p.m., Poly Prep Lower School, 50 Prospect Pk W @ 1st St. For more info: 788-2851

#### TUE, OCT 19

ACUPRESSURE FOR AUTUMN BALANCE: with Elizabeth Poole. Explore how acupressure can help you & your loved ones prepare for: winter, the season of rest; the elimintion of colds & lung problems; strengthing of elimination functions; letting go of worry, grief or sorrow. Free, 730 p.m., at the Park Slope Food Coop, 782 Union St., 718-622-0560.

BROOKLYN WOMEN'S CHORUS: directed by Bev Grant. Bev's philosophy is that everyone can sing. No auditions or requirement to read music. Liberation songs & songs touching on women's issues & lives. \$10 or \$5 sliding scale, 7:30-9 p.m., 768-2972.

#### WED, OCT 20

BROOKLYN RAW FOOD lecture/ support group. Every 1st & 3rd Weds. Discussion & Q&A on raw food diet & lifestyle. Free. 7:30 p.m. at Ecobooks, 5th Ave. & Union St. For more info, Robert Miller, 499-6984, Paul Nison 833-9712

#### THU, OCT 21

CREATING HEALTHY COMMUNI-TIES IN BROOKLYN: a community health forum to seek the opinion of New Yorkers on issues related to the health of the public. 5-6:30 p.m. Brooklyn College, Student Union Building. Call Tamara Hubinsky, 212-442-3542.

#### FRI, OCT 22

BROOKLYN GREENS PROTEST INSECTICIDE SPRAYING: Rallies planned every Friday until the spraying is stopped. 4:30-6:30 p.m., Brooklyn Boro Hall, 209 Joralemon Pl @ Court St. 398-7204.

GOOD COFFEEHOUSE: Singersongwriter-guitarist David Roche with musical guests in the world premier of "Odyssey," a song cycle based on the Homeric epic. \$8. 8 p.m. 53 Prospect Pk W. 768-2972.

#### SAT, OCT 23

PUMPKIN DAY: Hundreds of organic pumpkins will be for sale, right in front of the Coop. Plus: clowns, face painting & a children's table for decorating minipumpkins. Bring your friends. Non-members welcome. Fropm 8:00 a.m. until all the pumpkins are gone. 622-0560

BENEFIT CONCERT in support of Mumia Abu-Jamal, award-winning journalist & political prisoner on death row in Philadelphia. Bev Grant, Ben Silver and Prof. Louie & Fast Eddie, People's Voice Cafe, 133 W 4th St NYC, 212-787-3903. \$10. seniors \$5. members \$7

FLAX TO LINEN: see Saturday, October 9.

#### SUN, OCT 24

FLAX TO LINEN: demos with participation. the flax has been harvested from the children's garden. 2:00, 3:00 & 4:00 p.m. Lefferts Homestead Children's Historic House Museum, Flatbush Ave (near Empire Boulevard intersection. D/Q trains, 41 bus. Saturdays & Sundays in October. Ages 2-8. Free. Further info: 965-8945

#### TUE, OCT 26

JEWISH BOOK CLUB SERIES: The Jew and the Lotusby Roger Kamenetz. The public is invited to attend and participate in the discussions. Brooklyn Heights Synagogue, 131 Remsen St, 7:30 p.m., free. Call to register 522-2070

BROOKLYN WOMEN'S CHORUS: directed by Bev Grant. Bev's philosophy is that everyone can sing. No auditions or requirement to read music. Liberation songs & songs touching on women's issues & lives. \$10 or \$5 sliding scale, 7:30-9 p.m., 768-2972.

#### FRI, OCT 29

BROOKLYN RAW FOOD POTLUCK DINNER: the last Friday of each month. Bring a raw, vegan dish, fresh fruits or vegetables. Call Robert Miller 718-499-6984 or Paul Nison 718-833-9712 for more info. 7:30 p.m. at EcoBooks, 5th Ave. & Union St.

#### TUE, NOV 2

BROOKLYN WOMEN'S CHORUS: directed by Bev Grant. Bev's philosophy is that everyone can sing. No auditions or requirement to read music. Liberation songs & songs touching on women's issues & lives. \$10 or \$5 sliding scale, 7:30-9 p.m., 768-2972.

#### WED, NOV 3

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LIST LECTURE: guest: Susannah Heschel. Sponsored by the List Family Endowment for Jewish Culture, the lecture brings outstanding scholars of international acclaim to share their work with us. Reception following, an opportunity to meet Ms. Heschel. 7:30 p.m. open to the public. Childcare is not available. RSVP 522-2070 or bhsoffice@aol.com.

#### THU, NOV 4

FOOD CLASS: a popular bimonthly series with Susan Baldassano. Watch for posters in the Coop and the October 21 Gazette. \$2 materials charge. 7:30 p.m. at the Park Slope Food Coop. 782 Union St. 622-0560.

#### FRI, NOV 5

GOOD COFFEEHOUSE: The Moonlighters blend the lilting sounds of 30s jazz & pop with the lyrical sounds of the Hawaiian steel guitar, playing classic covers & their own originals. \$8. 8 p.m. 53 Prospect Pk W. 768-2972.

FIRST SATURDAY at the Brooklyn Museum of Art. WNYC's New Sounds with John Schaefer and the Park Slope Food Coop serve up wild Balkan Rhythms, unpredictable electric guitar sounds & the haunting sounds of the Japan-

#### TUE, NOV 9

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#### FRI, NOV 12

GOOD COFFEEHOUSE: Singersongwriter & cultural activist Bev Grant shares the stage with Jay Mankita, songwriter, storyteller, guitarist, humorist, philospher, etc. in a rousing evening of words & music. \$8. 8 p.m. 53 Prospect Pk W. 768-2972.

#### TUE, NOV 16

BROOKLYN WOMEN'S CHORUS: directed by Bev Grant. Bev's philosophy is that everyone can sing. No auditions or requirement to read music. Liberation songs & songs touching on women's issues & lives. \$10 or \$5 sliding scale, 7:30-9 p.m., 768-2972.

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#### FRI, NOV 19

GOOD COFFEEHOUSE-COOP NIGHT: The third Friday of each month is a series sponsored jointly by the Park Slope Food Coop and Brooklyn Interfaith Action. This month: Celli Octet performing the work of Brazilian Composer Heiter Villa-Lobos, "Bachianas Brasilieras #1 7 #5. Musicians are Park Slope Food Coop members. \$8. 8 p.m. 53 Prospect Pk W 768-2972.

#### SAT, NOV 20

WRITERS FOR MUMIA: join hundreds of progressive writers in solidarily with US political prisoner Mumia Abu-Jamal. It will an historic day-long write-in & teachin with internationally renowned writers such as South Africa's Dennis Brutus & Amiri Baraka plus award-winning novelists such as Alice Walker, John Edgar Wideman & Terry Bisson. 212-633-2889. www.peoplescam-













#### FEEDBACK

#### Feedback Comes in Many Ways

#### These are comments from questionnaires sent to people who have left the Coop.

#### From CN:

"Because the Coop is crowded, shopping is oftentimes unpleasant. Tempers flare, people are gruff. Space is a key problem. This being said, I shopped several Saturdays where a couple who was working had their children running around the store. It was clear that this was a violation of Coop rules—but the couple (and their Squad Leader) had no problem with it. On several occasions I was checked out—very slowly checked out—by a 4-year-old who liked to eat my produce. The parents thought this was cute. It was downright annoying. Moments such as this made shopping pretty damn exasperating. Still, I'll miss many friends and will return when time permits."

#### From MS:

"Get rid of 'governance' system out of touch with evolution of Coop size and motives for joining—having a 'general meeting' of 1% of membership make executive decisions is absurd. Acknowledge that the Coop has become too large for that concept and that most current members are much less interested in the experiment in direct democracy than in food discounts. Acknowledge that the Coop is already being run by a group of professional managers, end the pretense, and move on!

I was recently in Venice, CA and can confirm that PSFC is viewed with admiration throughout the country as Ôthe big one.Õ I will keep on supporting the Coop and will treasure the good times and friendships I began there. Love, M."

# You Own It!

THIRTEEN THINGS MEMBERS CAN DO TO HELP THEIR COOP

2

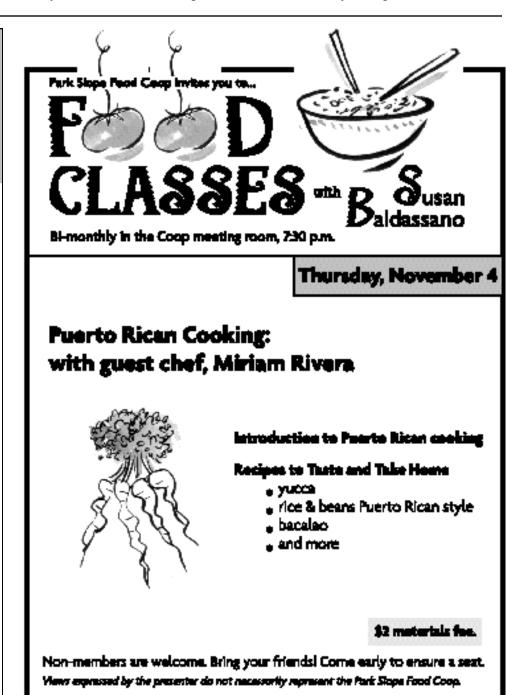
6

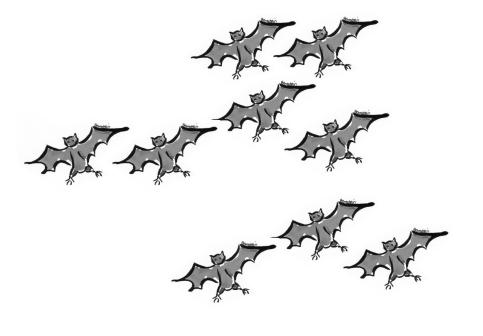
10

13

- Help make respect and appreciation part of the Coop's ambiance.
- Offer to help if you see it may be needed.
- Pick up trash if you see it in the store or in front of the Coop and report and/or help clean up spills.
- Help protect the Coop, its property and its people. If you notice shoplifting or other irregularities, please tell the squad leader or a coordinator.
- If you see wrong prices, mislabeled or misplaced merchandise, let the Squad Leader or a working member know.
- Respect the Coop's member labor system. Is every adult in your household a member? Shop for your household or other Coop members only. Remember, our costs are low because of member labor.
- Be informed. Read the <u>Linewaiters' Gazette</u>. Come to General Meetings and other Coop meetings.
- Offer constructive suggestions. Drop a note in the Coop mailbox for the Coordinators or a Coop committee. Drop a note to the produce buyer in the wall pocket in the produce area. Write in the <u>Shopping Committee Feedback Book</u>. Write a letter to the <u>Gazette</u>. The Coop welcomes ideas!
- Leave the driveway and the entire street in front of the Coop clear for deliveries and members picking up their groceries. Leave the sidewalk clear for our neighbors. And NEVER block the firehouse.
- Increase your investment in the Coop. Increasing your member investment over \$100 allows you to write checks for your groceries. If you are still investing your \$100 with an installment plan, you can pay ahead of schedule. You could also make an interest-bearing loan to the Coop. Loan forms are at the entrance desk.
- Help visitors to the Coop feel welcome. Offer to give them a tour.
- Post or distribute Coop flyers where you live or work. The Coop office can supply you with as many as you like.
- Tell a friend about what a great Coop we have!

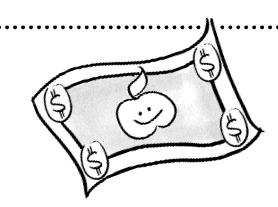
 $A dapted \ from \ Gentle \ Strength \ Times, \ Gentle \ Strength \ Food \ Coop, \ Tempe \ AZ.$ 





# The Loan Park Slope Food Coop Program

(\$500 minimum)



#### Loan Drive For Our New Building

The Park Slope Food Coop now owns the buil ding next door, 784 Union Street. In order to reduce the amount we need to borrow from our bank for the renovation project—thereby saving the Coop money—we need to raise as much as possible from our members before the renovation is complete.

The Coop has had an interest-bearing loan program for more than 20 years. This internal system of borrowing from members has benefited the Coop by providing a significant portion of the capital necessary for the Coop's success at interest rates below what the Coop would have to pay an outside bank. At the same time, it has benefited members by paying them interest at a rate better than they could easily find elsewhere.

We invit e every member to take advantage of this program.

#### How the Loan Program Works

Please consider giving an interest-bearing Ioan to the Coop. We pay 8% simple interest on 5- year loans, 7% on 3-ye ar loans, 6% on 2year loans and 5% on 1-year loans. Lenders receive an interest check each year for the life of their loan. Longer terms are better for the Coop—and pay better interest. The minimum loan is \$500. There is no maximum. You may use this form or pick one up at the Coop. Pl ease note that loans to the Coop are not insured, but we have a long history of financial responsibility.

# Another Way You Can Help

#### Voluntary Increase to your Member Investment

Members receive checkwriti ng privi leges for every dollar they invest over the required \$100 minimum up to \$500. There is no maximum investment, but there is a maximum of \$500 to the checkwri ting privi lege. Member investments do not earn interest.

To increase your refundable member investment, pay the cashier. The cashier will give you a receipt that says "INV." Please be sure the exit worker enters your payment into the Member Payment book as you exit the Coop. Beginning one week later, you may wri te checks each week for up to the amount you have invested over \$100. The checkwriting list is republished every Tuesday.

Park Slope Food Coop, Inc. 782 Union Street Brooklyn, NY 11215

#### Interest Bearing Loan Form

wish to make an interest-	bearing loan	to the Park	Slope Coop, l	lnc. in the amount of	
\$ f	or	vears			

I understand that the Coop will pay 8% simple interest on 5-year loans, 7% simple interest on 3-year loans, 6% simple interest on 2-year loans, and 5% simple interest on 1-year loans.

I understand that this loan is subordinated to any debts that the Park Slope Food Coop may owe to the Federal, State and City governments, banks, vendors and suppliers.

I am a resident of New York State. (For legal reasons, the Coop will only accept loans from New York State residents.)

Enclosed is my check for \$\_\_\_\_\_

(1, 2, 3 or 5)

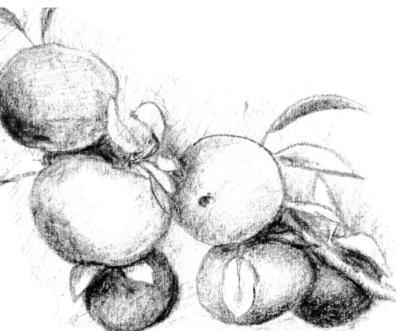
Member Name\_

Number:\_\_\_\_ Please print

Social Security Num ber:\_\_\_\_- \_\_\_- \_\_\_-

Please mail to, or drop in the mail box at: Park Slope Food Coop, Inc. 782 Union Street Brooklyn, New York 11215

- The Coop also welcomes funds of any amount which may be added to the member's noninterest-bearing investment account (formerly known as their "deposit") at the cash register. Members may cash checks against the amount of their investment in excess of the required \$100 up to a limit of \$500. Interest-bearing loans, however, do not carry check cashing privi leges.
- In order to simplify I record- keeping, all loans will fall due on the first day I of October, January, April, and July. Thus, the first "year" of a loan may include 12, 13 or 14 months. Interest accrues each month starting with the month in • which the loan is received.



#### ITEMS FOR SALE-NON COMMERCIAL

<b>WHAT QUALIFIES FOR REDUCED RATE?</b> To qualify for the reduced rate of \$4 per insertion, ads must be for items sold by individual members, not in any way commercial &						
priced at under \$200. See box below for additional submission & payment info.						
Name Member No. Home Phone						
Number of Insertions (26 max) Start Date						
<b>TEXT INSTRUCTIONS:</b> This form accommodates 315 characters & spaces. Please print one character or punctuation mark in each space, leaving one space between each word.  • Remember to include your telephone number as part of the text.  • PRINT LEGIBLY: Use Upper and lower case letters.						
CHECK ONE:  NEW COPY REPEAT – Attach a copy of the previous ad, and record CHANGES ONLY.  Amount paid: @\$4 per insertion Check attached Prepaid: Receipt						
ONLY MEMBERS may advertise. (Ads may NOT be placed on behalf of non-members.)						
CLASSIFIED SUBMISSION						
SUBMISSION INSTRUCTIONS: Classified ads must be submitted prepaid at \$10 per						
insertion. Payment WILL NOT be refunded or credited on canceled ads. Ads will not be accepted unless they are accompanied by payment and submitted on a Gazette Classified Submission form.  • COMPLETE ALL INFORMATION REQUESTED.  • Only CURRENT members may place ads.  Prepaid: Receipt						
						<b>PAYMENT INSTRUCTIONS:</b> Attach your check (NO CASH) to this form, OR pay the cashier and have the exit door worker record your payment in the book.
<ul> <li>RECORD PAYMENT INFORMATION in box above.</li> <li>Place the completed form with check or receipt information in the wall pocket, or mail it to the Coop.</li> </ul>						
PLEASE PLACE MY AD UNDER ONE OF THE FOLLOWING HEADINGS: If you want your ad to appear under more than one heading, SUBMIT TWO forms.						
Bed & Breakfast Cars Housing Wanted People Meeting Pets Childcare Housing Sublets Classes/Groups Classes/Groups Commercial Space Employment  Housing Swanted Services Available Services Health Services Wanted What's for Free  *See the form above for reduced-rate small non-commercial items. **For Events-see the new Community Calendar following the center pages.						
Name Member No. Home Phone						
Number of Insertions (26 max) Start Date						
<b>TEXT INSTRUCTIONS:</b> This form accommodates 315 characters & spaces. Please print one character or punctuation mark in each space, leaving one space between each word.  • Remember to include your telephone number as part of the text.  • PRINT LEGIBLY: Use Upper and lower case letters.						
CHECK ONE:  NEW COPY  REPEAT – Attach the previous ad, and record CHANGES ONLY.						

#### CARS

**BED & BREAKFAST** 

THE HOUSE ON 3RD ST. Bed and

Breakfast. Beautiful parlor floor

through. 3rd and 6th Ave. Sleeps

5 in total privacy and comfort.

Full bath, kitchenette, phone, deck, color TV. Call now for

information or reservations.

BED AND BREAKFAST. Suite with

private bath and kitchen; also rooms with private or semiprivate

bath; spacious, clean, smoke-free

accommodations with color TV, air conditioning and telephone.

Continental breakfast served. Two

night minimum. Longer term

stays accommodated. Reasonable

BROWNSTONE BROOKLYN BED

and Breakfast. Victorian home on

tree-lined Prospect Heights block has rooms with semi-private

bath, air conditioning, television and phone. Full breakfast

provided in attractive smoke-free

environment. Long and short

Reasonable. Call David Whitbeck

stavs

857-6066

accommodated.

rates. Margaret Elwert 622-2897.

718-788-7171.

FOR SALE 1994 Toyota pick-up truck. Good condition. Has black fiberglass cap, bedliner, Sony removeable radio cassette, alarm system, roof rack. Runs very well, 64,000 mi. \$4,900. Call Eric 718-399-8666.

#### CHILD CARE

EXPERIENCED BABYSITTER. Kind and resourceful, available full-time in Sept. when our son starts pre-school. Debbie connects well with parents and children, listens to what you want, knows Brooklyn and its resources well. Call Sarah or Lee at 718-965-2553 (evening).

THE CAREGIVER of our 14 month old daughter is looking to meet and/or form an informal playgroup with other caregivers and kids in the same age range. We live in the South Slope. If interested, call 718-788-1068.

#### DISPLAY AD SUBMISSION

**SUBMISSION INSTRUCTIONS:** Display ads must be submitted prepaid at \$20 per insertion. Payment WILL NOT be refunded or credited on canceled ads. Use this form or the submission form printed in the *Gazette*. Ads will not be accepted unless they are accompanied by payment and submitted on a *Gazette* Classified Submission form.

- COMPLETE ALL INFORMATION REQUESTED.
- Only CURRENT members may place ads.

**PAYMENT INSTRUCTIONS:** Attach your check (NO CASH) to this form, OR pay the cashier and have the exit door worker record your payment in the book.

- RECORD PAYMENT INFORMATION BELOW.
- Place this completed form with check or receipt information in the wall pocket, or mail it to the Coop.

Amount paid: @\$20 per insertion  Check attached					
-	( bold # at bottom)				
Name	Member No				
Home Phone					
# of Insertions (26 max)	Start Date				
box (standard business card	s will appear in a 2"x3.5" bordered l size). Submissions will be ation or development services are				
CHECK ONE:  NEW COPY.  REPEAT with NO CHANGE Please give the most recent.					

place cameraready ad here

NOTE: ONLY CURRENT MEMBERS MAY PLACE ADS

#### ADVERTISE ON THE WEB

If your ad would benefit from exposure on the World Wide Web, dial up the Coop's home page. The ads are FREE, and the submission form is contained in the web page.

#### **Park Slope Food Coop web address:**

http://www.foodcoop.com

#### **CLASSES/GROUPS**

KUNDALINI YOGA AND MEDITATION classes at the Park Slope Yoga Center. Heal your body. Raise your spirits. 473 13th St., btw PPW & 8th Ave. \$12/class or 6 classes for \$60.00, 718-832-1559

ART LESSONS: Teacher with 33 years experience, formerly at Brooklyn Museum Art School. Skilled at nurturing individual growth while providing a solid traditional foundation in portraiture, still-life painting, landscape and drawing. All mediums, all levels. Beginners welcomed. Phone 499-0154.

OPEN HATHA YOGA & GENTLE YOGA-a.m.classes at Spoke the Hub & Body Reserve gym, Union St. Chair Yoga Mondays 3-4 p.m. at Old 1st Church, 7th Ave. & Carroll St. breathing, postures, deep relaxation, meditation in comprehensive balanced class, easeful flow. Private sessions. Integral Yoga Certified. Dolores 718-857-0049.

WRITING for publication, production, personal healing. Safe, supportive, challenging classes taught by award-winning, published, produced author / teacher. Also trained and experienced in using creativity to heal trauma. Afternoon or evening class. Karen Malpede, MFA, 718-789-5404.

FALL YOGA CLASSES. New series starting. A time for renewal. Reduce stress, get in shape, tone muscles, become flexible, calm your mind, have fun. Beginners welcome. Kripalu-certified teacher. Group classes & private instruction. Call Mina 718-499-0109

## COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent

Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055

#### **EMPLOYMENT**

PART-TIME SECRETARY needed for Park Slope United Methodist Church. 15 hours a week. \$12 an hour. Independent worker with experience in MS Office 97. Fax resume to 718-768-3093. Position to begin immediately.

SALES REP NEEDED IMM: Natural herbal organicaromatherapy personalcare & related dynamic lines. Great opportunity for right person to make \$ & enjoy work combin estab accts & new. Earn great comm when u join our team-no limits not mlm. 20+ yrs in bus. NY-NJ-CT areas availaible. Fax resume/inquiry to 888-525-2403 or call 877-525-2403.

OFFICE CLERK WANTED for local conservative synagogue. Mailings, filing, general office work. 10 hours a week, flexible schedule. \$10.00 an hour. Call Alan at 718-768-1453.

#### HOUSING AVAILABLE

QUIET, SUNNY ROOM available in Park Slope brownstone with empty-nested couple. We would like a woman, non-smoker, no pets. Please call after 6 p.m. 718-788-8006.

#### **VACATION HOUSING**

CATSKILL MT. HOUSE for all seasons. 3 br, DR, LR, w / fpl, mod. Kitch. Private Mt.views from 40' deck. Nr. golf, auctions, skiing, restaurants. Avail. wknds / week. Call Maureen. 718-434-1603. Sorry no pets

WATCH THE SEASONS CHANGE from our beautiful beach house. Dramatic views across our 120 ft. private beach overlooking Shelter Island in historic Greenport LI. 3BR, 2 bath, LR, full kitchen. Desks, fenced-in yard. All amenities. Walk to town.



#### Answer to Puzzle on page 6.

Mint Milanos, Bordeaux, Chess Pieces, Gingerman, Nantucket, Shortbread, Lemon Nut Crunch, Geneva, Hazelnut



Close to restaurants, vineyards, boats, shops. \$400/weekend. 718-398-0326

#### MERCHANDISE FOR SALE

YOU'RE ONLY AS OLD as you are toxic! Free fasting & cleansing support. Exceptional Live-food products: Raw food books, Antioxidants, Enzymes, Org. Herbs, Colon Health, EFAs, Vitamins/Minerals, Immune Boosters, Juicers. 10% disc. to members. Call Peter, 212-777-6645. Free lectures & more. WWW.Lifood9.com

BEAUTIFUL CHINA - Rosenthal Moss Rose pattern. 77 piece set. Full service for 12. Mint condition. Gilt-edged, carefully stored. Must sell. Best offer. Call Ken at 638-3386 or 917-804-4022.

#### MERCHANDISE Non-Commercial

FENDER STRATOCASTER-Late 80's, Japanese model, 2 humbucker pick-ups. Unique purplish midnight color. Good condition. \$200. Ask for Jeremy 718-783-7060.

COUCH, BLACK FRAME, red cushions, 72 by 35 and coffee table, black, 52 by 22. Both in excellent condition. Best offer. 499-6691.

#### SERVICES AVAILABLE

ECOLOGICALLY CONSCIOUS EXTERMINATING. Injection treatment for most insects gets job done safely. We use non-carcinogenic, no or low-odor pesticides. Some are natural. We also exterminate rodents, etc. Licensed and insured. Rec. by NYCAP, NEW YORK MAGAZINE. Commercial accounts welcome! Call Sterile Peril 718-622-0053

NO JOB TOO SMALL! Carpentry, tile installation and repair, painting, plastering, doors hung & repaired, shelves installed, custom carpentry projects, general handywork. Free estimates. Call Rocco 788-6317.

EXPRESS MOVES: Brownstone flight specialists. Our FLAT RATE includes labor and travel time. Great Coop references. 670-7071.





#### Personal Organizing Services

- for your home
- for your office
- for your computer

Alice Waldman

(718) 788-4034



#### Ellen L. Kahne

Cortifică Helbi Master/Tracher

90-60 Union Tumpiloy, Suits 12E Glandale, New York, 11365

Tel. (716) 441-2132 semil: Herikat@ADL,COM

#### Politics of MAGRICUS HEALTH PRODUCTS

Matten Pels \* Filom \* Stop insolm Manage Tools \* Clothing \* Firefule Ways and stallmany poin for back, nack, abouting, wist, hard, askin, ethore. Put purdants, and Magnesic put bads. Home products.

> CALL (712) 728-0399 Rised & Bount Michael Independent Distributors



MADISON AVENUE HAIRSTYLIST. 15 years experience. Available 1 block from Coop. By appointment only. Please call Maggie at 718-783-2154. \$35.00.

TOP HAT MOVERS,INC., 925 Union Street, Bkln. Licensed and Insured moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-622-0377. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PROFESSIONAL INVESTMENT MANAGEMENT. I work with you to define your goals, create a plan to achieve them, and evaluate your progress on an ongoing basis. Customized to reflect your social/environmental concerns.

16 years as a financial consultant. Yale educated. Call Imre Kovacs, Fahnestock & Co., Inc., 212-668-8968.

HAIRCUTS, HAIRCUTS, HAIRCUTS. Adults and children in the convenience of your home or mine. I also do color, permanent waves and hot oil conditioners. Call Leonora at 718-857-2215.

EXPERIENCED THERAPIST WITH FLEXIBLE APPROACH able to help you improve relationships, reduce stress, enhance creativity. Specialties in: artistic conflicts and child therapy. Adria Klinger, CSW, 718-965-2184.

MATH TUTOR WITH A HEART: PhD student in mathematics with 10 years experience teaching and tutoring all levels, including prep for SAT, GRE and other tests. I speicalize in helping students with math anxiety. Get in touch with your inner mathematician! Call Julia S. Brainin 718-622-1514.

IF IT'S NOT BROKE don't fix it! But if it is "Call Bob"-every kind of fix-it Carpentry-Painting-Plastework-Plumbing-Tiles etc. If it's broke call 718–499–6344. Free Estimate.

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

#### SERVICES **AVAILABLE**

SOMETIMES LIVING in Brooklyn isn't enough - When the pressures of NY living get to you, massage can help with chronic pain, stress, muscle aches. NYS licensed massage therapist with practice in Park Slope. Call Edith Silver at 718-369-0941.

PERSONAL CHEF / HOME COOKING SERVICE. Come home to delicious healthy food! Let me prepare your weekly meals. I can work with any diet. Call for more information. Michele Owings, 718-599-4153. Graduate of the Natural Gourmet Cookery School.

EXPERIENCED FLOOR ME-CHANIC will refinish your wooden floors. I can repair as well. Call Tony, beep 917-879-5465.

#### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing nonmercury fillings, acupuncture, homeopathy, temporomandibular (TM) joint therapy & much more. For a no-obligation free initial examination, 212-505-5055. Please bring X-rays.

HOLISTIC PHYSICIAN using natural therapies to restore balance and well—being. Problems treated include allergies, asthma, sinusitis, fatigue, headaches, digestive disorders, hormonal problems, menstrual problems, menopause. Insurance reimbursable, Medicare accepted. Please call Marjorie Ordene, M.D. 718-258-7882.

THERESE BIMKA M.A., M.S.W. Licensed Psychotherapy offering: verbal psychotherapy, stress reduction, guided visualization, art therapy techniques, Jungian sandplay therapy. Exp. with children, adolescents and adults. Free initial consultation- North Slope office 718-622-5220

HEADACHE, Fibromyalgia, musculo-skeletal pain, PMS, TMJ, Digestive distress, cellulite? Comb. of acupressure, craniosacral & lymphatic drainage can transformpain, diminish distress of surgery, reduce anxiety & eliminate emotional tension held in body tissues. Eliz. Poole, LMT, certified acupressurist. 718-284-7794

PERSONAL FITNESS Trainer / raw foodist nutritional counselor- 4 certifications - 10+ yrs experience. Specialties: Sport specificity / Orthopedic concerns / Immune system disorders / Senior's conditions / Nutrition/ Pre-natal. Your home / mine (I have equipment) / your gym, Call Angela 783-4356.

COMMUNITY CHIROPRACTIC & ACUPUNCTURE comprehensive holistic health care for entire family. Car accident, work or sport injury, chronic pain or illness. Homeopathy, Physio-therapy, xray available. Insurance reimb. sliding fees. All patients treated by Dr. Karen Thomas. 175 6th Ave, corner Lincoln Pl. 718-398-3100.

RELATIONSHIPS STINK without effective communication! Learn simple skills that create & passion. connection PsychoSpiritual approach. Groups forming for singles & couples. Free phone consultation. Call Margo Steinfeld, M.A., certified Imago therapist and psychotherapist. 718-783-5066.

EXERCISE PHYSIOLOGIST/ HATHA YOGA. Autumn Fitness Training tempered with yoga in home, gym, outdoors for an intelligent body/mind conditioning program. Trouble getting started or stuck in a rut? ACSM, ACE, Integral certified. Athletes, seniors, beginners benefit. Reduce stress. Rehab injuries sanely. Call Dolores Natividad 718-857-0049.

CONSIDERING PSYCHOTHER-APY? Experienced therapist can help with symptoms of depression, trauma of abuse, adult issues of living & aging, and the challenges of a chosen life. Learn about yourself with compassion & humor. Moderate fees. Park Slope. Martha Becker C.S.W. 718-499-6662.

MASSAGE THERAPY is a healing art, a unique way of healing without words, using the universal language of touch. My personal commitment to growth and healing will help to foster your spiritual journey. Linda Roma, 718-230-7868. \$50 per session.

SAVE YOUR RELATIONSHIP NOW! Don't wait 'til it's too late. Learn communication skills to create connection and passion. Psychoeducational and spiritual approach. Private and groups. Free introductory workshop in Oct. Margo Steinfeld,

MA, psychotherapist, certified. Imago relationship specialist. 718-783-5066.

#### WELCOME!

A warm welcome to the following new Coop members who joined us in the two weeks before the Gazette deadline. We're glad you've decided to be a part of our community.

Tatiana Akoeva-Corn Tracy Lynn Atkinson Khumura KhumNeter Auset Lauren Barthold Todd Batstone Donna Beckles Joseph Bridda Mary Ann Brooks Glen-Marie Burns Wendy Chou Dina Cohen Sarah Cole Daniel Curtan Binyomin Delfiner Lynea Diaz-Hagan Elizabeth Ernish Debra Everett-Lane Mike Everett-Lane Diana Gilchrist Ola Kudu Green Shai Jessica Gross Masako Harada Yoshio Harada Etsuko Hathaway David Henderson Andrea Hinnen Mark Hubatsek James Hynes Angela Jefferson Claudia Johnson Russell Johnson David Keown Isadore Kieffer Rachel Kieffer Kedin Kilgore **Aulsney Lewis** Keysha Liverpool

Rita London

Daniel Manco Terry Maroney Clair Matese Juan Merino Jodi Miller John Mitchell Danielle Mossé David Mossé Aga Aakhu Mothudi Khalfani Mothudi-Smith Pablo Muchnik Alan Mukamal Rebecca Nellenback Kimberly Neuhaus Jason Nuckols Kevin O'Neill Elvira Ortiz Catherine Pavlov Kim Pistone Laura Pizzicara H.Steven Quester Michael Quinn Jacinta Robinson Sheila Sabolewski Keely Savoie Maryclare Scerbo Melanie Schoen Brian Schumaker Erik Schurink Naomi Singer Irina Tarnavsky Peri Lyons Thalenberg **Evelyn Vargas** Andrea Versenyi Sandra Villafane Jessica Watson Michelle Williams Marcy Wong Peter Zeray

#### WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

#### OTHER

WONDERFUL BUSINESS OPPOR-TUNITY with very powerful and effective natural supplement with a 2000 year history. A simple business, with global marketing possibilities. For more information, please call Koji Yamamoto 718-369-4536.



# Agenda **Committee Election**

#### at the October 26 General Meeting **Candidates Sought**

Cour two-year terms are open. The election provides an 'opportunity to those seeking an interesting and challenging workslot.

The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the General Meeting at the end of the month. In this process, every effort is made to be fair, with consideration given to the emergency nature of an item, its timeliness, its relation to any similar proposed items, the likely time discussion might take, etc. The committee never considers the merits of or "passes on" a proposed item. Decisions of the Committee are usually made by consensus, occasionally by majority vote.

Meetings are about one and a half hours, and committee members are expected to attend several General Meetings during the year.

In addition to accomplishing our function as a committee, members have greatly enjoyed working together in an earnest and honest effort to be fair and to contribute to a smooth-running General Meeting. We have found that our experience as a Committee has been rewarding, that we have played a significant role in the Coop's operations and that we can recommend Committee membership as an excellent and satisfying workslot opportunity.

If you have any questions, you may call Linda Wheeler in the office for a referral to a current committee member. Nominations are being accepted now and will be accepted on the floor of the General Meeting.

#### THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

As the Coop has a normal turnover in membership of 20-25% every year, we constantly need new members to maintain the size of our working squads.

We encourage all members to tell their friends about the Coop!

Robert Alfonso Michael Amendola Amy Baxt David Bindman Ina Bransome Esther Bridavsky Donnaldson Brown Melissa Burch Gayle Childers Claire Chormann Julia Cole Doron Comerchero Susan Rachel C. Anjanette DeCarlo Masha Delfiner John Dodge Alan Fast Liz Franqui Whitney Hall Amy Himelblau Horowitz Marina Jacobson Frances Johnson Kwasausya Khepera Joyce Kravets Mahayana & Youme Landowne

Constance Lombardo Lystia Elizabeth M. Pam Maynard Marilyn McNeal Ana Medina Jodi Melamed Scott de Montluzin David Novak Beth Ostergaard Melissa Perry Kate Potter Michael Sarin Kipp Savoie Gerard Scarnato Meg Schlefer 7<sup>th</sup> Ave Street Squad Seventh Heaven Street Squad Maggie Stenz Ron Taylor Mallory White Tamika Williams Momoyo Yamaguchi

# The Park Slope Food Coop

# Pumpkin Sale!

hundreds of organic pumpkins will be available for sale, right in front of the Coop!

**PLUS** 

clowns, face-painting and children's table for decorating mini-pumpkins and mask making

bring your friends!
non-members are welcome;
introduce them
to the Coop!

Saturday, October 23rd, from 8:00 a.m. 'til all pumpkins are gone!



members interested in working at the sale may receive FTOP or make-up credit – call the office to sign up: 622-0560