

Established  
1973

# LINEWATERS'

## GAZETTE

printed on  
recycled paper

Volume U, Number 4

February 24, 2000

## BREAK-IN AT THE COOP

**The Coop was broken into Sunday night after all members had left. As we do not keep money in the building, the losses to theft were extremely small: three Radio Shack walkie talkies.**

*By Linda Wheeler, General Coordinator*

**T**he intruders cut the lock on the gate of the schoolyard which adjoins our property, then scaled the back of our building. They cut our outside phone wires. We found a heavy-duty knotted climbing rope tied to the cooling equipment on our back roof with the lower end reaching into the schoolyard next door, probably for a quick escape. The intruders then ripped apart a second-floor skylight, pried loose the iron bars inside the skylight and dropped into an office. The room into which they dropped contained the hub of our phone system and a bank of computer network connections. They cut, disconnected or ripped out all of them.

In order to enter an office not accessible from their entry point, they broke

through a wall. Once they had entered that office, they had access to the video monitor. In addition to cutting the cables, they were able to remove the video tape on which they might have been recorded.

Weekend nights are a typical time for robberies in supermarkets because thieves expect to find a safe with heavy weekend receipts. We do not have a safe and do not keep cash in our building. We were therefore reinforced in our thinking, supported by the police, that we have a cash handling system that suits our needs well.

Our insurance company will cover the damages, so our expenses are limited to the deductible.

Members and staff were seriously inconvenienced by the lack of telephones on

CONTINUED ON PAGE 2

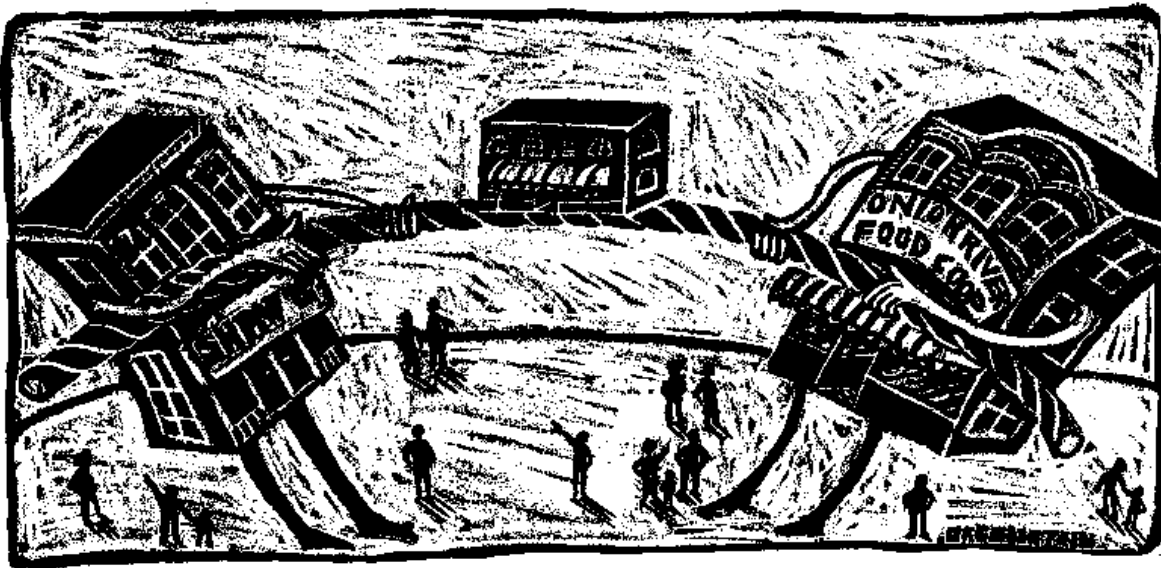
### Next General Meeting on February 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The next General Meeting will be Tuesday, February 29, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda is printed inside this issue (see index below) and is posted at the Coop Community Corner. For more information about the GM and about Coop governance, please see the center of this issue.

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## “ONION” WINS IN VERMONT

### FOOD COOP WILL BECOME BURLINGTON'S BIG STORE

*By R. C. Archibold*

It had all the trappings of a political campaign.

Mailboxes were filled with fliers. Town meetings were called. Every voter got a telephone call urging them to cast a ballot.

And in the end the Onion River Food Coop of Burlington, Vermont has won the great supermarket war of ski country. It will build a new, 15,000-square-foot store downtown that will serve as the city's primary food store.

But to get to this point meant a battle that pitted the food coop against a supermarket chain, Shaw's, that also wanted to build a store downtown to fill the void left by the closing of the Price Chopper supermarket in April 1999.

Although 350 miles away, the battle is relevant to Brooklyn, where the Park Slope Food Coop is planning to expand and competes with chain stores like Key Food on Seventh Avenue for some business.

The Onion River Food Coop operates a 3,500-square-foot store. But the closing of the Price Chopper presented an opportunity to expand, said Ned Flinn, Onion River's manager.

The coop responded to the city's request for proposals and drew up a plan for a 15,000-square-foot store that, apart from the natural and organic food staples, would also include conventional items like Cheerios and Grape Nuts, Flinn said. Adding such items, Flinn said, would address community concerns that not everybody would be interested in organic food, which by and large costs more than standard goods.

Meanwhile, Shaw's, which serves all of New England, drafted its own proposal for a 45,000-square-foot store. The City Council approved the Onion River plan 12-2 in December but a petition drive forced the issue to a referendum that was held January 25.

Shaw's supporters said the size would allow for a wider range of offerings than a coop and, if the city of 38,000 residents was going to have only one supermarket, it may as well be something traditional. Shaw's asserted its food was cheaper but Flinn said the claim was made based on comparing conventional items against organic.

"It was apples and oranges," he said. "Our standard items were cheaper than theirs."

Shaw's also canvassed voters by telephone, printed fliers distributed to every household.

"The mailing was warm and fuzzy," Flinn said. "They had a big photo of the original store in 1897. They were trying to say we are not a corporate entity owned by a big British company."

The company also tried to rally residents at town meetings. The Friends of Shaw's Committee, a community group, urged people to vote for a store with a more traditional offering.

In the end, however, not enough voters supported Shaw's to overrule the council. Shaw's needed two-thirds of the voters, but got 60 percent, Flinn said.

The new store is scheduled to be completed by June 2001.

CONTINUED ON PAGE 2

## Coop Event Highlights

**Thur, Feb 24** Blood Drive, 6:30 p.m.

**Thur, Mar 2** Food Class—Sea Vegetable, 7:30 p.m.

**Fri, Mar 17** Good Coffeehouse—Steal the Donut, 8:00 p.m.

**Sun, Mar 26** Family Concert—Imagination Workshop Band, 3:30 p.m.

*Look for additional information about these and other events in this issue.*

“Onion” Wins

CONTINUED FROM PAGE 1

As in Vermont, prices and expansion are high on the minds of many Park Slope Food Coop members. Recent price comparison surveys show that items at the Coop usually are cheaper than supermarket chains like Pathmark, which carry limited

organic goods if any. “Big box” stores such as Costco and BJ’s tend to beat the Coop, but of course they only offer mega-quantities and a limited selection. (And like the Coop, they specialize in long lines.) The city has no connection to the Park Slope Coop’s expansion plans but it, too, has generated a lot of talk among members. The design, which would

use the adjacent building the Coop bought last year, calls for 60 percent more shelf space and wider aisles. Joe Holtz, General Coordinator, said the Coop hopes to receive bids from contractors in mid-April to determine the costs of the expansion. Construction could take up at least another year or so, but it won’t be known for sure until the bids come in, he said. ■

Whole Foods Bans GE Foods From Their Private Label

By Laurie Essig

The controversy over genetically engineered foods at the Coop entered a new phase this month when Whole Foods, the Austin-based grocery store chain, announced that it would stop using genetically modified



ingredients in any of the products sold under its private label. Wild Oats, the Denver-based chain, quickly followed suit. Up until now, the Coop has defended its policy of selling genetically engineered (GE) foods as necessary given the difficulty of finding adequate substitutes for them. That means that anytime you purchase certain products that are not organic, you are probably getting genetically engineered foods. These products include canola oil, radicchio, corn or corn oil, papaya, potato, soy, squash and tomato. In terms of



processed foods that the Coop sells, this includes many canned tomato products, most vegetarian proteins and any breads, chips, or crackers that use “vegetable oil.” According to one report from the Environmental Committee, the Coop sells literally hundreds of genetically engineered products. Genetically engineered foods may pose a danger to humans as well as the environment. Little research has been done on the health risks posed to humans by genetically engineered food. Some of the genetically engineered foods have genes from other

foods spliced into them. So, for instance, you might bite into a tomato and actually be eating genetic material from a fish. Studies show that allergens can be passed through foods in this way and thus put people with allergies at risk. Genetically engineered foods may also have disastrous effects on the environment. One study showed that Monarch butterflies were adversely affected after genetically engineered crops were introduced into their domain. The crops in question had Bt spliced into them. Bt is a naturally occurring pesticide that is now



spliced into the very genetic make-up of corn, cotton and potatoes. Not only might Bt harm certain species of insects, but many environmentalists believe that it could create a problem of “superpests,” insects that have ingested enough Bt to be immune to it. Such superpests would seriously threaten organically-grown crops, which rely heavily on Bt.

Although many in the business of “biotechnology” (an industry euphemism for genetic engineering) counter that these products will feed more people with fewer pesticides, there is no evidence



that that is happening. In fact, one study cited on the Greenpeace webpage suggested that farmers are using more



pesticides on genetically engineered crops. Last month a federal judge ruled that the US Environmental Protection Agency has sixty days to prove that genetically engineered products are safe for humans and the environment or risk losing a lawsuit brought against it by the Center for Food Safety.

Now the PSFC must decide whether to take a stand against genetically engineered foods. Such a stand might involve labeling any foods that are likely to contain genetically engineered products and even banning many of those products from our shelves. In any event, it is time for the membership to make a decision. Estelle Epstein has submitted an agenda item for the General Meeting to discuss the role the Coop might play in the struggle to ban genetically engineered foods. She hopes that it can be scheduled for the March GM. Meanwhile, there is plenty of room for members to make their voices heard on this issue, whether by calling the coordinators or writing letters to the Gazette. ■

Break In

CONTINUED FROM PAGE 1

Monday—the busiest phone day of the week—and much of Tuesday. Unfortunately people calling from outside got a ring signal but no answer so that it seemed that we were just not answering our phones. With the loss of phone service, we lost e-mail, our fax and the ability to transmit the bulk of our orders for the week. Our telephone contractor was very prompt and worked all day Monday. Bell Atlantic was not particularly responsive to our emergency need Monday, and we had to wait until Tuesday for cable repair. As I write this, the phones are being reconnected one by one, and the necessary reprogramming is almost complete. The cost to the Coop in staff time has been significant. Several of us devoted virtually all of our time in these first two days to reconnecting networks, securing the building and arranging for necessary repairs. Others of us attempted to carry on business as usual without necessary phone, fax and computer access. The break-in created extra work for all members of the staff. Nor has the work ended. We still have to work on improvements to our security systems to prevent further occurrences. We have received valuable advice from the police, from our video security system people and from our insurance company. We especially appreciate the understanding and patience of the members who were directly affected, and we are grateful to others for their generous sharing of cell phones. ■

GENERAL MEETING AGENDA

FOR TUESDAY, FEBRUARY 29, 7:00 P.M.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.

FEBRUARY

Location:

Congregation Beth Elohim Social Hall (Garfield Temple) 274 Garfield Place at Eighth Avenue.

Item #1: Agenda Committee Election (15 minutes)

Election: “One two-year term is open. Nominations are being accepted now and will be accepted on the floor of the GM.” —submitted by the Agenda Committee

Item #2: Hourly Employment Policy (40 minutes)

Proposal: “To authorize the General Coordinators to amend the existing Hourly Employment Policy as needed.” —submitted by the General Coordinators

Item #3: Added Value Membership Cards (35 minutes)

Proposal: “That the Coop implement a discount program at participating local businesses for Coop members.” —submitted by the Marketing Committee

GM Agenda Item:

Employment Policy

The Coop’s Hourly Employment Policy pertains to all employees who are paid by the hour such as the Receiving, Office and Bookkeeping Coordinators. The policy covers wages, hours, scheduling, holidays, sick time, vacations, health insurance, lunch policy, pension, hiring, firing, supervision, and grievance and complaint proceedings. The policy was originally

adopted by the General Meeting in late 1990 and has been amended by the GM several times since. Currently, the General Coordinators have authority to set pay scale, hire, supervise, fire and determine the number of hourly employees and their schedules. The remaining provisions—sick time benefits, holidays, vacation time and certain types of health insurance—require amend-

By the General Coordinators

ment to the policy by the General Meeting. Since these elements are part of the cost of the entire compensation package, we propose that the General Coordinators be authorized to amend these benefits as needed (as we do with pay scale) in order to more quickly and easily respond to the needs both of the hourly employees and of the Coop. ■



ILLUSTRATION BY VALERIE TRUCCHIA

# Why We Still Don't Have Scanners

By Laurie Essig

Two years ago the Coop ordered scanners. We intended to have the scanners up and running by December of 1998. Instead, in February of 2000, the Coop is still spending a lot of time and energy (and of course money in terms of labor and opportunity costs) on getting the scanners to work. One of the reasons that the scanners still are not operational is that the software the Coop bought, from a company called Trimax, did not do what it was supposed to do. For instance, Trimax claimed the software could handle up to 200 suspend/resume transactions at a time. In fact, the software could only handle eight such transactions. The problem is that the Coop system of checking out can create a line with more than eight persons in it. Thus the software needed to be able to suspend more than eight transactions after they had been rung up at the checkout stations, then resume them again when those people made it to the cash registers to pay for their transactions. Unfortunately, the suspend/resume problem was somewhat unique to the Coop because of our bifurcated system of checking out and paying. So Trimax took until December 1999 to rewrite the software so it could do what they promised it would. Then the new version of the software created another computer problem. Originally, each computer station, whether checkout or cash register, would be able to

continue functioning even if the network went down. Then when the network was working again, the individual stations could share their data with the network. Because this is a problem for all the stores using Trimax's software, General Coordinator Joe Holtz feels optimistic that Trimax will fix the problem much more quickly than they dealt with the suspend/resume issue. Meanwhile, the representative from Century Data Systems, which sold the scanners to the Coop, advised the Coop against using the system until each station can function independently of the network. The other software problem that needs to be addressed has to do with bar codes and items sold by the case. Because the bar codes on the outside of many cases are for a single item, a checkout person could easily make the mistake of charging for one item rather than the entire case. The coordinators want the computer to flash "quantity required" whenever such items are scanned into the system. That way the checkout worker will be forced to think for a second about whether s/he is charging for one or many items. Despite the remaining problems, the Coop is proceeding as if everything will be operational soon. The tentative plan is to install the new, computerized cash registers on Sunday night, March 5. The checkout lines will remain the same for several more weeks. The new cash

## REPORT TO MEMBERS

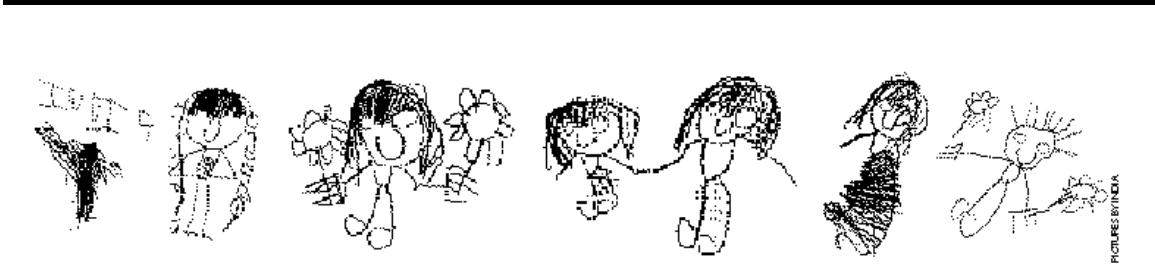
# Help Needed for Critical Loan Drive

By Joe Holtz, General Coordinator

You will soon see a table in the Coop with members and coordinators soliciting member loans in support of the development of our new space at 784 Union St. Member loans have always been an important method of funding growth and improvements to our building, and they will be again for the current project. We expect to begin construction in June. The Renovation Committee is working with the architect, food store planner, environmental advisor and refrigeration and equipment consultants to complete the plan that will go out to general contractors for bids in March. In April, the committee will select the best bid. At that point, we will know the projected cost of the project. In May, the National Cooperative Bank will determine how much money they will lend us based on an appraisal of the three buildings, how much we have in the bank and what they think we can afford in

monthly mortgage payments. Member loans support the Coop in several ways. Not only do loans bring money into our bank account, they are an indication of the direct support of the membership for their Coop. The NCB has looked at that strength in the past when considering mortgage and development loans. The member loan program also supports our members directly by allowing us to keep the required investment for individual members as low as possible while obtaining needed capital funds from those members who have more money. In addition, loans to the Coop made by members cost the Coop less than loans from a bank, yet the members who make the loans earn a higher rate of interest than they would get by depositing the money in a bank. The bank encourages us to get as many loans as possible from our members. The more member loans we get, the less we'll have to borrow at the bank's

higher interest rates. **Why Now?** Member loans will be most effective if they come in *before* we finalize the development loan with the bank. If we don't have our funding in line by early May, the Renovation Committee will have to try to pare down the project. The committee has been conscious throughout of the cost of the project. Cutting back would be unfortunate because it would mean that we would have to give up on needed features. **How You Can Help** Of course, you can make a loan to the Coop. However, whether you can make a loan or not, you can contribute to this effort by helping us staff the loan table and spread the word. Workslot credit will be available. Please help with this two-month campaign from mid-March to mid-May. If you are interested, please contact the office. ■



registers will work like the older, "dumb" machines until the scanners are up and running. In the meantime, there is still a lot of work to be done. Not all the bar codes have been entered into the computer and some bar codes need to be generated

for products that do not have them. Training in the new system will begin for at least one or two people on each squad. The Coop staff has a target date of April 10 to have the scanners up and running. Yet they admit that finding the time to get all this done is

going to be difficult, especially since the new building takes up so much of their time. So the scanners are still not working, but they may be soon, if all the remaining software problems can be solved and the tasks completed. ■

### Help Spread the Word!

Let everyone know about your Coop!

Are you a realtor, a health practitioner? Do you have an office or a store? Do you have a place to distribute our new bright green "business cards"? Can you carry a few in your wallet for those times when you tell others about the best place to shop in Brooklyn! Take as many as you would like from the box at the exit door or from the office. (And coming soon: the Coop's new trifold flyer.)

Save \$\$\$ on produce & groceries!

Find out more about the

## Park Slope Food Coop

782 Union Street, Brooklyn, NY 11215

The Park Slope Food Coop is a not-for-profit organization that operates a food cooperative. We are a 2-1/4 hour weekly market where you can purchase groceries at only 20% above wholesale. We have over 200 varieties of organically and conventionally grown produce and a wide selection of groceries, including organic and natural products. Our offerings are subject to availability and change weekly. For our mission statement and more information, please visit our website at [www.parkslopefoodcoop.org](http://www.parkslopefoodcoop.org) or call us at 718-733-1111.



# Scholarship Opportunity: the Power of Coops

## The Judy A. Murphy Memorial Scholarship

By Elisa Wasserman, Director,  
Marketing Communications, National  
Cooperative Bank

Do you know an outstanding student who is looking for scholarship money for college? If so, you need to inform them about the Judy A. Murphy Memorial Scholarship.

The Judy A. Murphy Memorial Scholarship offers students the opportunity to learn about cooperative business operations. It is a nationwide competitive essay program centered around cooperative education and writings that awards the winner a cash scholarship of up to \$3,000 for college.

National Cooperative Bank, (NCB) sponsors this scholarship program annually. NCB provides financial services and technical assistance to cooperatively-structured businesses throughout the United States and its territories. The scholarship offers the bank an opportunity to teach America's

youth about the power of cooperatives.

Applying for the scholarship is simple! Each student is required to research and write an essay on cooperatives. A Committee selects the winning essays, and the winners receive a cash award of \$3,000 and a plaque and are featured in an article published in Bank Notes, NCB's national publication.

If you know a high school senior or student enrolled in a junior/community college who has a GPA of 3.0 on a 4.0 scale or higher, tell them to contact NCB for details on how to apply. The deadline for the entries is May 15, 2000.

If you would like more information, please contact:  
Human Resources Department, National Cooperative Bank, (202) 336-7700  
Judy A. Murphy Memorial Scholarship, c/o National Cooperative Bank, 1401 Eye Street, N.W., Suite 700, Washington, D.C. 20005. [www.ncb.com](http://www.ncb.com). ■



## What To Do When There's "Nothing to Do"

2/12/00

Because of the immense growth of the Coop, would you [sic] re-consider the two make-up policy because the Coop becomes overcrowded with workers with nothing to do. Thank you, Member.

### Response:

Please keep in mind that shifts that follow yours, including the next morning, are not as well-staffed. Whatever you can do to lighten their load is greatly appreciated. Are *all* the shelves fully stocked? Is the produce case full almost to overflowing all of the time and displayed well? Are all dried fruits, nuts and spices bagged and stocked? Is the cheese case full? The yogurt case? Dairy? Chicken? Frozen food? For every case of food leaving the building, another case should be coming up from the basement! Are all the floors swept? Is the receiving area clean? Is the sidewalk outside swept? The staircase and entrance area? Is the bathroom clean? We hope that this list gives members some idea of what to do when there's "nothing to do." Thanks! Ellen Weinstat

The Shopping Committee Feedback Book is used by squad leaders, committee coordinators and Coop Coordinators to ask and answer questions, comment on experience during squad work, etc. The comments and dialogue are often informative and /or amusing.

# SAVE A LIFE

## Give Blood

**Join the Blood Drive  
at the Park Slope Food Coop  
Thursday, February 24 • 6:30 - 9:00 pm  
Upstairs in the Meeting Room**

**FACT:** Less than 3% of the population donates blood  
and 90% will use blood some time in their life.

• Park Slope Food Coop • 782 Union Street •  
• Brooklyn, NY • 718-622-0560 •  
• In cooperation with Methodist Hospital •  
For further information about blood donation, call Stuart Rosenhaus, 780-3644

Park Slope Food Coop invites you to...

# FOOD CLASSES

with Susan Baldassano

Bi-monthly in the Coop meeting room, 7:30 p.m.

## Sea Vegetable

**Thursday ~  
March 2**

- ⦿ Nutritional Highlights
- ⦿ Cooking Tips

Recipes include:

- ⦿ Sea Caesar Salad
- ⦿ Blueberry Kanten
- ⦿ Dulce Casserole
- ⦿ Curried Tofu Salad

**Tastings!** \$2 materials fee

Non-members are welcome. Bring your friends! Come early to ensure a seat.  
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.





COOP HOURS

Coop Office Hours:

Monday through Friday  
9:00 a.m. to 5:00 p.m.

Coop Telephone:

622-0560

Hours for Getting Membership Cards:

Evenings — Monday & Thursday  
5:00 to 10:00 p.m.  
Daytime — Monday through Friday  
9:30 a.m. to 5:00 p.m.

Coop Shopping Hours:

Monday

Tuesday

Wednesday

Thursday

10:30 a.m. to 10:00\* p.m.

Friday

Saturday

Sunday

8:05 a.m. to 10:00\* p.m.

8:05 a.m. to 7:30\* p.m.

8:05 a.m. to 5:00\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

Childcare Hours for Shoppers:

Monday

Tuesday

Wednesday

Thursday

10:30 a.m. to 6:15 p.m.

Friday

Saturday

Sunday

8:05 a.m. to 8:30 p.m.

8:05 a.m. to 7:30 p.m.

8:05 a.m. to 5:00 p.m.

World Wide Web address:

http://www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members. A "Member Submissions" envelope is in the *Gazette* wall pocket near the entrance of the Coop.

**All submissions:** All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long.

**Letters:** Maximum 500 words.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Double-spaced, typed or very legibly handwritten.

**Submissions on Disk:** We welcome 3.5" disks *along with* the paper copy of your letter or article. Please save your submission in text format. Disks are returned in the Member Disk Returns envelope at the back of the *Gazette* submissions box.

**Classified & Display Ads:** Ads are available to Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. All ads must be written on a submission form. Forms are available in this issue and at the front of the Coop. Classified ads may be up to 315 characters and spaces. Display ads must be copy-ready and business card size.

**Recipes:** We welcome original recipes from members. Recipes must be original and signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$16 per year to cover the cost of postage (at 1st class rates because our volume is low).

**Printed by:** Vanguard Offset Printers, Hillside, NJ.

A monthly musical fundraising partnership of the  
Park Slope Food Coop and The Brooklyn Society for Ethical Culture

very

The Good Coffeehouse

COOP CONCERT SERIES

Friday, March 17

STEAL THE DONUT

Alan Friend, Stephen James, Dan Schiavetta & Hayley Gorenberg

sing and play Old-Time Southern mountain tunes and other traditional music. They accompany themselves on fiddle, banjo, guitar, bass, cello, concertina & anything else they can get their hands on.

ROBERTA PIKET

Roberta Piket

has played piano with jazz greats such as Benny Golson, Joe Williams and Lionel Hampton and was a featured guest on Marian McPartland's Piano Jazz. She took second place in the 1993 International Thelonious Monk-BMI Composers' Competition. Her CD, *Unbroken Line*, is the first release by a woman leader in the history of Criss Cross Jazz.

53 Prospect Park West (at 2nd Street)  
8:00 p.m. (doors open at 7:45)  
Tickets: \$8 at the door • \$7 in advance  
(at Soundtrack, 118 7th Ave.)  
Bookings: Ron Vincent, 768-7634  
Performers are Park Slope Food Coop members  
and receive Coop workshop credit.

COMING PROGRAMS

APR. 21

no coffeehouse

MAY. 19

XODÓ & Nancy Kennedy Quintet

Puzzle Corner

Contributions from members are welcome. Please sign your entries. If your puzzle is printed, you will be credited. Answer appears on page 11.

Cryptogram Topic: Salad Greens

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

U V H W G X C U

U Y S Q F U

W G J T J C W

S W Y S U C Q X Y

L U V H C J Y

K U Y Y U C

C U P P J H U

M W P U G H G U V V

K G Q V U U

V H W C C Q X Y V

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# COOP CALENDAR

## New Member Orientation

Tell your friends. Orientations are held every Monday, every Wednesday and many Sundays. Monday, Feb. 28, Mar. 6, 13, 20 & 27  
Wednesday, Feb. 23, Mar. 1, 8, 15, 22 & 29  
Sunday, Feb. 27, Mar. 12 & 26

Be sure to be here promptly: 7:30 or before! The orientation takes about two hours. Although we provide childcare during most of our shopping hours, we are unable to provide childcare for the orientations. We ask you not to bring small children.

## Gazette Deadlines:

**LETTERS & VOLUNTARY ARTICLES:**  
Mar. 9 issue: 7:00 p.m., Mon., Feb. 28  
Mar. 23 issue: 7:00 p.m., Mon., Mar. 13

## CLASSIFIED ADS DEADLINE:

Mar. 9 issue: 10:00 p.m., Wed., Mar. 1  
Mar. 23 issue: 10:00 p.m., Wed., Mar. 15

## General Meeting

### TUE, FEB 29

GENERAL MEETING: 7:00 p.m. For location and further information please see the sidebar at right. The agenda appears in this issue

### TUE, MAR 7

AGENDA SUBMISSIONS for the March 28 GM: 8:00 p.m. Please see the sidebar at right for information on how to submit a General Meeting agenda item.

## Yogurt Container Recycling:

### SAT, MAR 10

...and every 2nd Saturday of the month. Noon–2:00 p.m. Clean yogurt, ice cream & sorbet containers & lids. ALL BRANDS.

## Coop Events

*Flyers are available in the display case outside the Coop. Also look for display ads in the Gazette.*

### THU, FEB 24

BLOOD DRIVE in cooperation with Methodist Hospital. Save a life—less than 3% of the populations donates blood and 90% will use blood some time in their life. 6:30-9:00 p.m. at the Coop. Please see the display ad in this issue..

### THU, MAR 2

FOOD CLASS: a popular bimonthly series with Susan Baldassano. This month: Sea Vegetable. Nutrition facts, recipes, tastings. \$2 materials charge. 7:30 p.m. at the Coop.

### FRI, MAR 17

GOOD COFFEEHOUSE–COOP NIGHT: third Friday series. This month: Steal the Donut. Musicians are Coop members. \$8. 8 p.m. 53 Prospect Pk W. 768–2972.

### SUN, MAR 26

CHILDREN'S CONCERT: a popular annual event brought to you by the Coop's Fun'raising Committee. The Imagination Workshop Band, 3:30 p.m. at Camp Friednship, 339 8th St. \$5 per person. Light refreshments available. Look for a display ad in thisissues.

### TUE, APR 11

NATURAL VISION IMPROVEMENT—with Jerry Wintrob. 7:30 p.m. at the Coop.

### FRI, APR 21

NO GOOD COFFEEHOUSE because of the holidays.



# Attend a GM

## Sign up to Receive Work Credit

In order to increase participation in the General Meeting, the GM has voted to allow a *once-per-year* workslot credit for attending a GM.

### Sign Up:

- The sign-up sheet is posted at the Coop Community Corner beginning in the first week of each month.
- Please *read the full instructions* posted above the sign-up sheet and follow them carefully.

### How It Works:

- Coop members on squads in Shopping, Receiving, Inventory (except data entry), Maintenance, Daytime Office, Construction and FTOP can receive credit for one workslot by attending one GM. (Other squads are omitted because their work is more difficult to cover, or attendance at GMs is part of their job.)
- After attending the GM, the member will summarize the meeting very briefly for their squad during the squad meeting of their *next* regular workslot.
- You will report to your squad on the next day you work and may then skip the *second* regular workslot following the GM. The work credit may also be applied to make-ups owed or be banked as FTOP
- *Missing the GM without canceling in advance will result in your owing a make-up, as you are making a commitment as well as taking a slot that someone else will not be able to take.*

## PARK SLOPE FOOD COOP

# MISSION STATEMENT

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

**We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

**We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

**We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

**We welcome all who respect these values.**

## ALL ABOUT THE GENERAL MEETING

# Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

# Next Meeting: Tuesday, February 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

# Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

# How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appears on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

# Meeting Format

## Warm Up (7:00 p.m.)

- Meet the Coordinators
- Submit Open Forum items
- Explore meeting literature

## Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee for the next meeting.

## Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

## Agenda Discussion (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

## Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors Vote
- Announcements, etc.





COOP WORKSLOT NEEDS

Are you needing or wanting to change your Coop schedule? This listing has both day and night openings for some behind-the-scenes jobs. If you are interested, please call during office hours. PLEASE NOTE: Except for a few cashier slots, there are no Mon-Thur evening shopping squad openings.



GAZETTE:

• **Desktop Publishers—Post-production:**  
Tuesday approximately 9:00 a.m.-12:00 noon. We are looking for members who are frequent users of Quark with a variety of skills. Photoshop knowledge is a plus.

• **Development Art Director**  
Develop art for the issue in consultation with the editors and your team of illustrators and photographers.

EVENING/WEEKEND:

• **Bread Invoice Bookkeeping**  
Work Sunday evening checking math on handwritten bread invoices and preparing vouchers for the weekend deliveries. As with most Coop bookkeeping jobs, reliability and attention to detail are more important than prior bookkeeping experience. Sunday afternoon.

• **Filing**  
Work alone on a 6-week cycle (the job takes about 4 hours) cross referencing and filing invoices. There is some flexibility in scheduling.

• **GM Chair Committee**  
The group of members that chair the General Meetings has openings. We especially want to reflect the diversity of our community. The committee meets for 1 1/5 hours on the first Tuesday of each month, and members have rotating work assignments (chair, secretary, support) several times a year at the GM. The total hours are equivalent to a regular Coop workslot. This can be your regular workslot, or you can get FTOP credit. To apply, call the Coop office.

• **Maintenance Committee**  
Work with a team of 12, 7:00 p.m. Sunday nights. See the immediate results of your hard work. With the help of the Maintenance Committee, we consistently receive excellent ratings in annual Department of Agriculture inspections.

• **Inventory Committee**  
Sunday 5:30-8:15 p.m. Count everything in the Coop! Work with a team of 30, away from the shopping crowds. It's a great way to get to know everything the Coop

carries. Your numbers are the first step to a well-stocked Coop.

DAYTIME:

• **Store Equipment Cleaning:**  
Wednesday, 6:00-8:30 a.m. Clean calculators and other equipment in the store before it opens to shoppers. Complete the workshift with some attention to the office—wastebaskets and a quick sweep.

• **Early Morning Cleaning**  
Wednesday morning, 7:00 a.m. Deep clean the childcare space—floors, shelves, etc. but not the toys (we have a toy cleaner). Also clean the three bathrooms.

• **Toy Cleaner:**  
Clean the childcare toys. It might mean scrubbing down plastic toys (or taking them home to put in a dishwasher) and laundering stuffed toys. Clean the toy shelves, straighten the books. Evaluate the condition of books and toys, and remove toys that are broken, badly worn or missing pieces. Work C-week, and coordinate your efforts with the toy cleaner who works A-week.

• **Early Morning Office Prep**  
Monday through Friday morning, 6:00-8:30 a.m. Prepare for the office day. This is a quiet time in the office for an independent worker. The work could be clerical—tying up leftovers from the day before—or it could be cleaning—mopping, paper recycling, etc. No phone work.

• **Emergency Office and Receiving Lists**  
You do not need to be a regular office or receiving worker if you can be available on short notice during the day Monday through Thursday. You may have Future Time Off work credit.

**WAITING LIST:**  
Did you miss the special job you wanted? Or would you like to switch to a specific shopping squad? The office maintains a waiting list for all sorts of jobs or squads. We will call you before the jobs go onto the general openings lists used by the office.

MORE LISTINGS IN FUTURE ISSUES

COMMUNITY CALENDAR

Listings in the community calendar are free. Please submit your listings in 40 words or less by mail or drop them in the mailslot just outside the main door of the Coop. Submission deadlines are the same as for classified ad submissions. Please refer to the Coop Calendar in the center of this issue.

THU, FEB 24

BLOOD DRIVE in cooperation with Methodist Hospital. Save a life—less than 3% of the populations donates blood and 90% will use blood some time in their life. 6:30-9:00 p.m. at the Park Slope Food Coop. 782 Union St. 622-0560. For further info, call Stuart Rosenhaus, 780-3644.

FRI, FEB 25

GOOD COFFEEHOUSE: Bernadette Speach & Thulani Davis, music & poetry collaborators, in "Outtakes & Passages," a collection of new work. They are joined by an all-star ensemble including bass, guitars, trombone, saxophone & piano. \$8. 8 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

BROOKLYN RAW FOOD POTLUCK: Join us on the last Friday of each month. Bring fresh fruits, vegetables or a raw vegan dish. Free. Eco Books, 192 5th Ave (@ Union St.) 7:30 p.m. For more info, call Robert Miller, 499-6984.

TEEN TALENT SHOWCASE: Brooklyn teens, 14–21 years old, will sing, dance dramatize poetry, tap, & act their way into the audience's heart. So far about twenty acts have registered. Free. 5-10:00 p.m. at the Picnic House. For info, call Chase Torres, 965-6931

WED, MAR 1

FOLK OPEN SING: Bring your voice, instruments friends, neighbors & family. Free. Potluck supper and snacks cosponsored by the Pinewoods Music Society. Free. 6:30-10 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

THE CREATIVE PROCESS: a series of discussions with guest speakers in the fields of literature, music & art. Tonight's guests are singer-songwriters George Wurzbach & Ilene Weiss. Free. 8:00 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

THU, MAR 2

FOOD CLASS: a popular bimonthly series with Susan Baldassano. This month: Sea Vegetable. Nutrition facts, recipes, tastings. \$2 materials charge. 7:30 p.m. at the Park Slope Food Coop. 782 Union St. 622-0560.

FRI, MAR 3

GOOD COFFEEHOUSE: Multi-instrumentalist (guitar, bass, cello & mandola) Barry Kornhauser, in a departure from his daily routine as freelance musician, accompanist & arranger for Latin & jazz

bands, performs his original compositions with special guest vocalist Lucia Pulido, whose solo CD "Lucia" mixes traditional Colombian rhythms with jazz. \$8. 8 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

SAT, MAR 4

BOOK FAIR: selling thousands of new & used books, records, CDs & tapes. Also children's books & videos. Incredible bargains! Park Slope Methodist Church, 6th Ave @ 8th St, 11 a.m.–4 p.m. FREE. Bring donations to the church Friday night (March 3) after 7 p.m.. 718-788-3306

FRI, MAR 10

GOOD COFFEEHOUSE: An evening of traditional and not-so-traditional music with blues singer Bob Malenky, sea chantey singer Frank Woemer and ballad singers Alison & Hilary Kelley. \$8. 8 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

TUE, MAR 14

JEWISH BOOK CLUB SERIES: "Journey to the End of the Millennium" by A.B. Yeshoshua. The public is invited to attend and participate in the discussions. Brooklyn Heights Synagogue, 131 Remsen St, 7:30 p.m., free. Call to register 522-2070

FRI, MAR 17

GOOD COFFEEHOUSE–COOP NIGHT: The third Friday of each month is a series sponsored jointly by the Park Slope Food Coop and Brooklyn Interfaith Action. This month: Steal the Donut. Musicians are Park Slope Food Coop members. \$8. 8 p.m. 53 Prospect Pk W. 768-2972.

**ONGOING EXHIBITS/SHOWS**

**2/14-3/18**  
WORKS ON THE WALL: Geoff Farnsworth presents "Toyflesh," a collection of paintings which explore magic in the world and what lies below the surfaces of things. Spoke the Hub, 748 Union St., 857-5158.

**2/19-3/18**  
DRIVE: Photographs by E. E. Smith. Kim Foster Gallery, 529 W 29 St, NYC 10011. Tues-Sat. 11:00 a.m.–6:00 p.m., 212-229-0044

**2/24-3/15**  
AN EXHIBITION OF FRAMED MIRRORS: by David Faden. David takes old pieces & gives them a new life & identify. New World Coffee, 127 7th Av., 832-3517

**MEETINGS**

BROOKLYN RAW FOOD lecture/ support group. Every 1st & 3rd Weds. Discussion & Q&A on raw food diet & lifestyle. Free. 7:30 p.m. at Ecobooks, 5th Ave. & Union St. For more info, Robert Miller, 499-6984.

SAT, MAR 18

ROSES & BREAD: Women's poetry & performance event. 6:30-9:00 p.m. \$4-\$7 donation to Women's Defense of Vieques, Puerto Rico. A women only event. Church of the Gethsemane, 8th Ave. @ 10th St. For info, call Resistance in Brooklyn, 399-8366

THU, MAR 23

A WORKSHOP ABOUT RELATIONSHIPS: with Margo Steinfeld. Everyone who wants a deeper understanding and awareness of their self in relationship is welcome. Free, 730 p.m., at the Park Slope Food Coop, 782 Union St., 718-622-0560.

FRI, MAR 24

GOOD COFFEEHOUSE: Big Band Swing Night with Art Lillard's Heavenly Band, one of only a handful playing brand new music that's just as exciting and tuneful as the standards of the 30s & 40s.. \$8. 8 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. 768-2972.

SUN, MAR 26

FAMILY CONCERT: with the Imagination Workshop Band. Presented by the Park Slope Food Coop Fun-raising Committee. Singing, dancing and delicious snacking. 3:30 p.m., \$5 per person, 339 8th St.

WED, MAR 29

WOMEN'S BODIES, WOMEN'S CHOICES: An afternoon of discussion & viewing videotapes by Dr. Christiane Northrup on women's health issues. Free. 7-9:00 p.m. Bkln Soc. for Ethical Culture, 53 Prospect Pk W. For info, call Anne Klaeysen, 965-3611



## LETTERS TO THE EDITOR

## NO TO CREDIT/DEBIT CARDS

## TO THE EDITOR:

The coordinators have proposed to raise the markup, in order to pay for the privilege of debit/credit cards at the Coop. Supposedly, the convenience of the cards will both retain and attract membership.

This seems crazy. What makes the Coop most attractive to most people is cheap food. Raising the markup should be a last resort.

If the convenience of members is at issue, the Coop should install an ATM. The coordinators' arguments against an ATM are unpersuasive: If tiny mom-and-pop outlets can handle the space and security concerns posed by automated teller machines, why can't we? An ATM, which charges fees only to those who use it, is the equitable answer to the question of convenience.

Sincerely,  
Phyllis Eckhaus

## MORE ON DEBIT/CREDIT CARDS

## TO THE EDITOR:

Regarding the General Coordinators' presentation of the article, GM to Decide: *Should the Coop Accept Debit and Credit Cards*, in which the writer states: *Accepting credit and debit cards will help us maintain a higher membership level. We will be putting the Coop at risk if we don't.*

There is no logical foundation for an assessment that the Park Slope Food Cooperative (PSFC) will be at risk if the General Coordinators' proposal is not passed. The existence of PSFC does not depend upon the approval of a proposal to offer credit and debit cards as payment options. Earlier in the same article, the

unidentified writer leads us to believe that we will suffer higher prices and understaffed squads if we do not support this proposal. These statements are not realistic.

That said, we may agree that featuring new payment options would provide a nominal attraction for new members, but these services will be costly to all of us. New payment options will increase our grocery mark-up. That additional expense will be diverted from PSFC, and directed to the banking industry (an industry that has quite enough money already!).

There are much better ways to increase sales and ensure fully-staffed squads at the PSFC than attempting to attract new members with payment options. To increase sales, let's make the shopping experience more efficient. The waiting time for check-out often exceeds 40 minutes. Because of this major inconvenience, many members limit their visits to PSFC, and spend their money elsewhere for frequent small purchases. Let's solve the check-out problem, and the amount of purchases by present members will increase greatly.

On the subject of workshift coverage, we need not fear a shortage. Of course, with almost 6,000 members, we have plenty of people to cover workshifts. If we were to experience an actual shortage, we could adjust the work schedule to afford 4-hour workshifts, rather than our administratively cumbersome 2-hour and 45-minute shifts. That, and other structural changes, would certainly address the problem effectively.

These are only a few suggestions to improve the PSFC. There are many more that we should all consider before passing a proposal that would increase our 20% mark-up.

Juliana Luecking  
PSFC member

## CALLING ALL SQUAD LEADERS!

The Park Slope Food Coop wants to revive the Squad Leader guidelines. We want to compile an up-to-date manual for squad leaders. Please share with us procedures that you currently use or have used as a squad leader. Also please think about what you would like to find in this manual. Contact Mayimuna Garcia, 718-972-7563 or jpgarcia@mindspring.com.

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. The maximum length for letters is 500 words. Letters must include your name and phone number and be double-spaced, typed or very legibly handwritten. Editors will reject letters that are illegible or too long. We welcome 3.5" disks along with the paper copy of your letter. If your disk is not Macintosh, please save your submission in a text format. Disks are returned through the Member Disk Returns envelope at the back of the *Gazette* submissions box.

## ANONYMITY POLICY—LETTERS

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

## Discounted Parking for Park Slope Food Coop Members



**Rate Change, April 1**  
\$3.50 for up to two hours  
\$6.00 for up to four hours

The 800 Union St. Garage has discounted parking rates for Coop members while they shop or work at the Coop. Member rates are \$3 for up to two hours or \$5 for up to four hours (including all taxes). The special validation sticker to be attached to your garage ticket is available from the Coop exit worker.

## Acupressure for Spring Cleaning

## An Exploration

Thursday, March 16 ~ 7:30 p.m., in the Coop

- Learn to locate acu-points by perceiving the human energy field
- Explore how acupressure can help you and your loved ones:

- Increase suppleness of joints,
- Improve muscle fatigue, weakness & headaches,
- Transform anger into benevolence,
- Tap into spring energy,
- Rekindle the spark of life,
- Reawaken your ability to plan and make decisions.

Elizabeth D. Poole is a long-time Coop member. She is a certified Jin Shin Do® Bodymind™ Acupressure practitioner and a New York State licensed massage therapist.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

## FAIRNESS POLICY

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.





ADVERTISE ON THE WEB

If your ad would benefit from exposure on the World Wide Web, dial up the Coop's home page. The ads are FREE, and the submission form is contained in the web page.

Park Slope Food Coop web address:  
http://www.foodcoop.com

KUNDALINI YOGA IN PARK SLOPE offers ongoing classes in Kundalini Yoga and meditation. Heal your body, raise your spirits. 473 13th St. between Prospect Park West and 8th Avenue. \$12/class or 6 classes for \$60. 718-832-1446.

IYENGAR YOGA CLASSES on Bergen Street. This yoga style provides detailed instructions, making the yoga poses safe, healing and accessible to all levels and physical needs. Certified instructor; both morning and evening classes. Call Erin at 718-399-8955.

ARE YOU SINGLE? Tired of all the dating games? Frustrated by the N.Y. singles scene? THE RELATION-SHOP helps you build new dating and relating skills together with other men and women. This is a 4 week course that really makes a difference! Call Psychotherapist and Dating Coach Charley Winger at 718-832-4590.

OPEN HATHA YOGA: Park Slope sites a.m. & p.m. Gentle, Chair, Levels 1 & 2, Kid's yoga. Breathing, postures, deep relaxation, meditation in comprehensive, balanced, easeful flow. Expand body awareness, peace & mind. Integral Yoga certified, Exercise Physiologist. Private sessions. Dolores Natividad, 718-857-0049.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055

EMPLOYMENT

HIGH END NYC CONSTRUCTION Co. seeks qualified supervisors, skilled labor and finish carpenters. Please fax resume with as much detail as possible. 212-226-1880 or email Personnel@KHALSACONSTRUCTION.COM

WANT A MORE satisfying job? Opportunity for the right person to join our holistic optometric practice. Must love working with children. Will train as a vision therapist to work with children and adults. Part time. Call Dr. Jerry Wintrob: 718-789-2020.

PARK SLOPE-based moving company (Top Hat Movers) needs steady, part-time help. Up to \$13 per hour (\$7-8 base + tips). Excellent working environment. Must

be over 18, strong and reliable, able to work as part of a team. Valid driver's license, previous experience a plus. Contact Robert 718-622-0377.

HOUSING AVAILABLE

LARGE ROOM available in Prospect Heights. Non-residential use preferred. Perfect for writer or artist. Sunny and quiet. \$500 per month. One month security and references required. Call 718-623-8549 for information. Available March 1.

SPACIOUS COMMUNAL brownstone in downtown Brooklyn seeking fourth housemate. Non-smoking and must like cats (but not have any). Communal meals are mostly vegetarian. Large room, reasonable rent, backyard with vegetable garden. Call 522-3561 or 522-5703.

VACATION HOUSING

FANTASTIC CATSKILL CO-OP for sale or rent. Large pool, mountain views, 8 acres of grounds. Uniquely designed; two large sleeping lofts, 2 full baths plus 5 other rooms. Hardwood floors, completely furnished. Two hours from Brooklyn. Located in Spring Glen, N.Y. \$2200 season rental. \$30,000 sacrifice sale. Peter 718-783-5698.

SUMMER RENTAL IN MARTHA'S VINEYARD. Gorgeous two bedroom duplex in Oak Bluffs. Walk to beach and town but still very private. Huge yard with garden and beautiful deck. Great kitchen, d/w, TV/VCR, w/d in basement! All new. Sleeps five easily; more w/kids. Call Doug 718-768-8078.

MERCHANDISE FOR SALE

GREAT DEAL on circa-1900 Victorian sofa & chair set! Sofa is 7 ft. long, perfect for a snooze in your parlor flr Brownstone apt! Chair upholstery & spindle wood arms & carved back is a perfect match. All cushions with set, orig from Kenette Sqr PA estate sale. Moving, MUST SELL! \$1000 or BO. Call 718-330-0054 & SEE!

MULTI-PURE WATER FILTERS provide a constant source of pure water at home, office, school for drinking, ice, cooking, rinsing fruit&veg, pets&plants. We are happy to sell this excellent product to fellow Coop members concerned about health, water,

environment. Ede Rothaus & Anne Seham Multipure Ind. distributors. 212-989-8277.

MERCHANDISE- NON COMMERCIAL

BASEMENT SALE: Bookcase, miniature billiard-ping pong table, coffee table, child sofa, shoe rack, computer desk, chairs. Phone: 398-9514.

MOVING SALE: Attractive chest of drawers. Stained wood. 30 inches high x 50 inches wide. \$60. Beautiful sofa. Muted colors, floral pattern, excellent condition. Paid \$900, asking best offer over \$200. Call Margie 622-6454.

MERCHANDISE WANTED

SEEKING BOOKS! We need donations of new & used books, records, CDs, tapes, videos. Also children's books, games & videos. To benefit the Park Slope United Methodist Church (Book Fair will be held on March 4th). Excellent condition only, please! For info or to arrange pickups, call 788-3306.

PEOPLE MEETING

THE COUNCIL on International Educational Exchanges (Council) seeks host families. Families take in a 15 to 18 year old from another country and provide room and board for them for one year (starts August 2000). Council provides insurance, spending money and other services. Student goes to local high school. For more information, call Marsha at 783-0572.

PETS

SALVADOR NEEDS A HOME! Endearing male cat, less than 2 years old, rescued during cold spell. Healthy, playful, FIV/FELV negative, vaccinated and neutered. White with grey markings—grey spot on chin like a little beard. Likes other cats, O.K. with gentle dogs. Please call Marlene at 638-4604 to adopt.

SERVICES AVAILABLE

ECOLOGICALLY CONSCIOUS EXTERMINATING. Injection treatment for most insects gets job done safely. We use non-carcinogenic, no or low-odor pesticides. Some are natural. We also exterminate rodents, etc. Licensed and insured. Rec. by NYCAP. Commercial accounts welcome! Call Sterile Peril 718-622-0053.

IF IT'S NOT BROKE don't fix it! But if it is "Call Bob"—every kind of fix-it Carpentry-Painting-Plaster-work-Plumbing-Tiles etc. If it's broke call 718-788-0004. Free Estimate.

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fourth friday, 6:30 p.m.: kabbalat shabbat service  
each saturday, 10:00 a.m.: nosh, service, torah study

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mates 718-622-0377. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

MATH TUTOR WITH A HEART: PhD student in mathematics with 10 years' experience teaching and tutoring all levels, including prep for SAT, GRE and other tests. I specialize in helping students with math anxiety. Get in touch with your inner mathematician! Call Julia S. Brainin 718-622-1514.

MADISON AVENUE HAIRSTYL-IST—15 years experience. Available 1 block from Coop by appointment only. Please call Maggie at 718-783-2154 \$40.00

HAVING COMPUTER PROBLEMS? Call BYTE BOYS! At only \$35 per hour, we charge less than anybody else. We come to your house to fix the problem! We also build or upgrade computers. Either call us at 718-499-1035 or e-mail at Byteboys1@aol.com. Call BYTEBOYS today!

ATTORNEY - PERSONAL INJURY specialist. 21 years experience in all phases of personal injury law. Individual attention provided for entire case. Free office or phone consultations. Referrals in other fields of law. 13-year Food Coop member; Park Slope resident. Tom Guccione, 718-596-4184.

TO BEST SOLVE your plumbing and heating problems, call an expert. Avrum Fink has over 25 years experience in the field. For prompt reliable service, call Avrum at 718-768-5392.

MY THOROUGH and reliable housekeeper is available to make your home sparkle. Call Holly for a glowing reference at 802-0044, or Monica directly at 201-946-7314.

PAINTING INSTRUCTION for adults and teens. Beginning and intermediate phases. Guidance in materials, technique and inspiration. Small groups tailored to individual needs. 8 sessions for \$145. Private instruction also available. Call Robin Ross at 718-852-6047.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporomandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

Answer to Puzzle on page 6

Escarole, Endive, Arugula, Dandelion, Mesclun, Fennel, Lettuce, Watercress, Frisee, Scallions

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.



# Join the Park Slope Food Coop for a family concert with the Imagination Workshop Band

Sunday March 26, 3:30 pm  
Camp Friendship \* 339 8th St.  
\$5 per Person \* babes in arms free!  
Light Refreshments Available



Interactive musical theatre for children up to 10 years old and their adults!  
Get ready to sing, dance and exercise your imaginations...

For more information, please call 718.369.3644  
Directions to Camp Friendship, 8th Street between 5th and 6th Avenues:  
Take the R train to 4th Avenue or the F train to 7th Avenue.



## SERVICES-HEALTH

**HOLISTIC PHYSICIAN** using natural therapies to restore balance and well-being. Problems treated include allergies, asthma, sinusitis, fatigue, headaches, digestive disorders, hormonal problems, menstrual problems, menopause. Insurance reimbursable, Medicare accepted. Please call Marjorie Ordene, M.D. 718-258-7882.

**HEADACHE, Fibromyalgia, musculo-skeletal pain, PMS, TMJ, Digestive distress, cellulite?** Comb. of acupressure, cranio-sacral & lymphatic drainage can transform pain, diminish distress of surgery, reduce anxiety & eliminate emotional tension held in body tissues. Eliz. Poole, LMT, certified acupressurist. 718-284-7794

**PSYCHOTHERAPY TO SUIT** your needs and your lifestyle. Helen Wintrob, Ph.D. licensed psychologist with postdoctoral certificates in individual, couple and family therapy. Will accept GHI, Oxford, Value Behavioral Health, Empire, US Healthcare, Blue Cross/Blue Shield. Park Slope office, Eve. appts available. 783-0913.

**PERSONAL FITNESS Trainer / raw foodist nutritional counselor-** 4 certifications - 10+ yrs experience. Specialties: Sport specificity / Orthopedic concerns / Immune system disorders / Senior's conditions / Nutrition/ Pre-natal. Your home / mine (I have equipment) / your gym, Call Angela 783-4356.

**EXPERIENCED THERAPIST WITH FLEXIBLE APPROACH** able to help you improve relationships,

reduce stress, enhance creativity. Specialties in: artistic conflicts and child therapy. Adria Klinger, CSW, 718-965-2184.

**CONSIDERING PSYCHOTHERAPY?** Experienced therapist can help with symptoms of depression, trauma of abuse, adult issues of living & aging, and the challenges of a chosen life. Learn about yourself with compassion & humor. Moderate fees. Park Slope. Martha Becker C.S.W. 718-499-6662.

**HOLISTIC OPTOMETRY-**Most eye doctors treat patients symptomatically by prescribing ever increasing prescriptions. We try to find the source of your vision problem. Some symptoms that

can be treated incl. headaches, eye fatigue, computer discomfort, learning disabilities. Park Slope location. Dr. Jerry Wintrob- 718-789-2020.

**OPTIMAL MEDICAL CARE -** Holistic & complementary med providing a caring therapeutic relationship. Treatments include: Naturopathic, family MD, IV therapy, homeopathy, acupuncture, massage therapy, allergy testing, colonics. Park Slope location. Call Dr. Jeffrey Goodman, 718-636-3880.

**EXERCISE PHYSIOLOGIST/ HATHA YOGA.** Winter fitness training tempered with yoga in home, gym for an intelligent body/mind conditioning program.

## THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.  
As the Coop has a normal turnover in membership of 20-25% every year, we constantly need new members to maintain the size of our working squads.  
We encourage all members to tell their friends about the Coop!

Lisa Alt  
Jessie Barthelemy  
Scott Bodenner  
Dvid Buckel  
Luz Bueno  
Robert Dickey  
Stuart F.  
Suzanne Fiol  
Andrea Frodema  
Tamari Goelman  
Jeffrey Goodman  
Janice Harper  
Rita Idavoy

Clare Jacobson  
Brent Kramer  
Jean Lehrman  
Tainisha McKinney  
Alix Olson  
Marah Rhoades  
Kimberly S.  
Liesl Schwabe  
Ilana Storace  
Shameela Um-Shakora  
Michele Weiner  
J. York

New goals? Need motivation? ACSM, ACE, Integral certified. Athletes, seniors, beginners. Reduce stress. Rehab injuries sanely. Dolores Natividad, 718-857-0049.

## WELCOME!

A warm welcome to the following new Coop members who joined us in the two weeks before the Gazette deadline. We're glad you've decided to be a part of our community.

Pnina Aaronson  
Yitzchok Aaronson  
Luis Alvarez  
Adam Bar-Yakov  
Meadon Blum  
Debora Burak  
David Caiati  
Kofi Carpenter  
Chestel Ceus  
Alison Clarke  
Collette Cohen-Henriques  
Chris Dechert  
Linda DeJesus  
Joseph Desrosiers  
Stacy Dorris  
Inna Gaber  
David Gitt  
Ariela Greenblatt  
Valentino Gulyako  
Chris Heine  
Sven Helsen  
Kim Hoffnagle  
Jeffrey Hogrefe  
Haisi Hu  
Brem Hyde  
Karl Jannuska  
Margaret Kerns  
Jason Knight  
Allyssa Lamb

Jennifer Lapidus  
Lucas Ledbetter  
Wilhelmina Marxer  
Sandra McDade  
Rosemarie McElaney  
Laurie Nardone  
Lydia Pacheco-Carpenter  
Freda Patti  
Larissa Phillips  
Heidi Prieur  
Nadine Rahman-Munajj  
Spencer Scott  
Aaron Seward  
Yelena Shvarts  
Andrew Smith  
Bill Stringfellow  
Janetta Stringfellow  
Andrew Terranova  
Shakhete Thomas  
Jennifer Thompson  
Ermina Van Hoya  
Curtis Vance  
Tatiana Volkin  
Benjamin Warnke  
Denise Washington  
Tyra Washington  
Ezra Weinberg  
Angel Kyodo Williams

**COMMUNITY CHIROPRACTIC & ACUPUNCTURE** comprehensive holistic care for the entire family. Car accident, work or sports injuries Therapy, X-ray, Nutritional supplemental & homeopathic care available. Sliding scale awa insurance reimbursement. All patients treated by Dr. Karen Thomas, 175 6th Ave. Corner Lincoln Pl. Call: 398-3100.

**MASSAGE THERAPY** promotes deep relaxation, relief from pain, and self-awareness. I have 20 years of experience working with clients to achieve improved health and well-being. Please call Susan Kaner, LMT, at 768-6994.



**PSYCHOTHERAPY:** insightful, sensitive and sensible help with anxiety, depression, work, family and relationships. Adults, children and families. Oxford, Medicare, PHS, Workers Comp, other insurance. Linda Nagel, Ph.D., Clinical Psychologist. 718-788-9243.

**TIME-LIMITED PSYCHOTHERAPY.** 30 years of experience with children, adolescents and adults. Problem-oriented, solution-focused treatment. Office one block from Food Coop. Karen B. Peterlin, CSW 718-789-2464.

## WHAT'S FOR FREE

**FREE INITIAL ORAL EXAM** in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.