

# LINEWALTERS' GAZETTE

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Volume AA, Number 8

April 13, 2006

## WORK TO DO

### The GM focuses on one issue: the work requirement

By David Boyer

It's a major topic of debate among Coop members. So, on the heels of several articles and opinion pieces in the *Gazette*, it was no surprise that a large group of members turned out for the March 28th General Meeting, dedicated almost exclusively to a discussion of the Coop's work requirement.

The meeting began, as always, with an Open Forum, and then the Coordinators report (see more on both below). But the 104 members in attendance had gathered for the main event.

#### Four Proposals

Dorothy Siegel of the Agenda Committee explained the premise and intention of the meeting. "There's been a lot of talk about changing the work requirement," she said. In all there was a backlog of four GM agenda items related to the work requirement. "So," said Siegel, "we decided to have one big discussion," which was to incorporate all four items.

Unfortunately, not one of the four members who asked to be on the agenda actually showed up to present their ideas. And only one sent a representative in her stead. Still, a hearty, respectful and productive conversation ensued and many new ideas were voiced.

General Coordinator Joe Holtz, who was one of the 10 founders of the Coop back in 1973, began the discussion by presenting some much needed context about the importance and evolution of the work requirement.

"I've lived through labor systems that failed, and I've seen other Coops fail because they could not get the labor system right," explained Holtz. "The biggest expense for any retail store is paid labor, and the reason we can keep prices down is because of the labor requirement. And it helps

people feel more connected to the Coop. It's not like some video club where all you have to do is pay and they say you're a member."

Still, he noted, "every retail business has difficulties matching the number of people working with the number



Elizabeth Tobier at the GM

of people shopping. It's hard to predict. Many err on the side of too much [labor], others too little."

"Before decreasing the work requirement, we should look at the training deficiencies and the make-up policies. Sometimes make-ups

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Coordinator Jess Robinson and chair committee

## Coop Event Highlights

- Fri, Apr 21 • Good Coffeehouse:** Jenny Hill & the Chill Factor; Cooperating Cooperators, 8:00 p.m.
- Sat, Apr 22 • Fair Trade Product Tasting:** 6:00 p.m.
- Thu, May 4 • Food Class:** Healthy Sweets, 7:30 p.m.
- Fri, May 5 • Film Night:** Desire, 7:00 p.m.
- Sat, May 6 • Game Night:** 6:00-9:00 p.m.
- Fri, May 12 • Wordsprouts:** Communications Workshop, 7:30 p.m.

Look for additional information about these and other events in this issue.

## STATE SENATOR TOURS COOP TO DISCUSS GENETICALLY MODIFIED FOOD

By Masha Hamilton



PHOTOS BY YUWADEE TANTITECH

Senator Andrews high fives Joseph Shupp with mom Ava Hsu looking on.

State Sen. Carl Andrews checked out the vegetables in the produce aisle, slipped down to the basement to see the stockroom, and dined upstairs on corn and crabmeat chowder during a recent visit arranged by the Safe Food Committee. His conclusion? He wants to become a Coop member.

Andrews, a Democrat whose district includes Crown Heights and parts of Park Slope and Prospect Heights, was invited by committee members as part of their effort to lobby for bills currently before the state legislature regarding genetic modifications of food.

The bills would require labeling of genetically modified foods—something already compulsory in the European Union and Japan—as well as provide protection for farmers whose crops are contaminated by genetically modified crops.

"This is the second tour our committee is giving to a politician," said Safe Food Committee member Margaret Maugenest, a Coop member for three years. "We feel inviting people to the Coop is a wonderful way to connect with them, to show them an ideal place for food and to discuss current food

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### Next General Meeting on April 25

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be Tuesday, April 25, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda appears in this *Gazette* and is available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

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## GM focuses on work requirement

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save us, other times they overwhelm a squad," added Holtz. "We also have to decide how much we want to be involved in the community."

### The "Vacation" Idea

Then it was time for the presentations. Member Gretchen Ostheimer presented an idea to offer members what amounts to one slot off for every 12 shifts worked.



Ann Monroe-Howe

Presenting on behalf of her partner, Rachel Weinberger, Ostheimer explained that members would have to ask their squad leader for the day off in advance. She also noted that "there would be no need to change the current structure—that is, shifts stay the same length and with the same frequency of once every four weeks—and this would be a way to increase the size of a squad to offset any reduction in shift size."

The concept, later dubbed "the vacation idea," was praised throughout the ensuing discussion and seemed to have some traction. In order for it to become policy, a member would need to submit a proposal, which would be voted on at a subsequent GM.

Since the originators of the three remaining agenda items were "no shows," Agenda Committee member Dorothy Siegel read the texts of the items they submitted. One was a call for greater flexibility for FTOP scheduling and more FTOP work-slots, another suggested extending the work cycle from every four weeks to every five, and the last item was a suggestion that members work longer shifts, but fewer times per year.

GM Chair Scudder then opened up the discussion to all in attendance. What followed was member creativity at its best.

### Overlapping Shifts

Member Susan Metz began with the idea of having greater overlap during shift changeovers so that Squad Leaders could reinstate the Squad Meeting. "It's a time to discuss what's going on in the Coop, or pol-

itics or movies or who's having a baby. It's just something that keeps a squad together and increases training and passing along of info."

Tim Thomas followed with a well-received suggestion that any changes that we make to the work requirement be based on statistics, not anecdotes. "Someone should do a study that puts some figures in our hands. I'd gladly trade my work shift to work on it."

Member Kurt Vega heartily supported Thomas's call for statistics, but also noted that he liked the idea of expanding the services the Coop offers. "I love the curbside squad. It makes such a huge difference."

Member Sukey Tamarkin works FTOP and has been a member since the early 1990s. She misses the old Squad Meetings and suggested that people aren't being trained to do their jobs properly. "I see all these things that need to be done and people standing around saying there's nothing to do. So, before we talk about changing the work requirement, let's get everybody trained properly and then see if it's adequate."

Member Charlotte Maier also loves the squad meetings, but also suggested that like the GM work credit, members could receive work credit by signing up for educational courses and "learning more about their job and the Coop." Similarly, member Israel Fishman suggested "re-orientation for members for workslot credit."

Andre Schklowsky, a member since 1988, guided the conversation in an interesting direction by suggesting "the Coop hasn't seized the potential of new technology." He suggested setting up cameras so that members could log onto the website and see how long the wait is in real time.

Chair committee member Ann Monroe-Howe agreed with Schklowsky. "The website is not every useful. We



McKenna Morigan

really need to think about what the website can do for us in terms of scheduling and more." Member Elizabeth Pongo agreed, floating the possibility of creating "a techy squad for techy people."

One of the Coop's newest

members, McKenna Morigan, who worked her first shift one day before the meeting, noted that perhaps the grumbling about the work requirement has to do with the way the Coop sells itself to potential members. "They talk about a lot of perks—good food, cheap prices—and that work is just what you do so you can shop."

After more than one-and-a-half hours of discussions, the meeting wrapped up and members were encouraged to pursue the ideas discussed by crafting proposals and submitting them to the Agenda Committee.

Looking around at about three-quarters of those in attendance cued up to sign up to ensure they receive credit for their participation, GM Chair Committee Member Carl Arnold noted, "The turnout was extraordinary; 100 people for a meeting is unusual."

So why this time? "The topic," answered Arnold.



Linda Wheeler

### Open Forum

Of course, there were other topics discussed. During the Open Forum at the start of the meeting, talk of debit cards was in the air. "When will the debit card system be in place?" asked one member. "It would be safe to say: this summer," responded Coordinator Jess Robinson. "It's hard to give a definite date, but we're confident that it will happen this summer." She added, "There will be plenty of lead time and notice before it starts."

Longtime member Susan Metz continued the Open Forum by asking for "solidarity in enforcing the rules" about not eating in the Coop and not shopping while in line to check out. A few ideas and words of support were voiced, but both Coordinator Linda Wheeler and board member Israel Fishman suggested that it was an important topic warranting a much larger discussion.

### Coordinators' Report

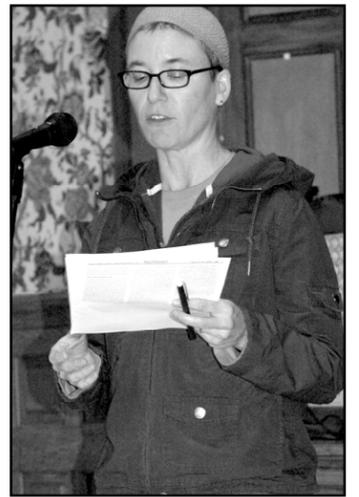
During the Coordinators' Reports section of the meeting, Coordinator Jess Robinson reported on administrative changes necessitated by the new GM-attendance-for-workslot-credit policy

approved by members at the January General Meeting. The new policy includes nixing the limit on the total number of members at one meeting, and members may now attend two GMs per year for credit (up from one).

The number of members per squad who can attend the same meeting for credit is no longer limited, and the work-slot penalty for members who sign up but don't show has been eliminated. Additionally, the old requirement that members report back to their squads is eliminated because, well, nobody was doing it. ("Now, we're asking people to just consider making a report to their squad," noted Robinson). Attendees who owe make-ups will automatically have their credit applied to those make-ups. Others may bank FTOP credit—to take advantage of that, they should follow the normal FTOP program rules.

To help make the program successful quickly, the following additional procedures have been implemented in the office. The coordinators will submit an agenda item to the GM for final approval.

So by the time it reaches the GM agenda, there will be some accumulated experience to discuss.



Gretchen Ostheimer

For more information about the new rules and policies, please look at the posting above where you sign up for the GM. And yes, you still need to sign up if you plan to attend the GM for work credit. "Why?" you ask—as did many in attendance. "It's so we can send people important materials before they come to the meeting," explained Robinson. ■

## PSFC APRIL '06 GENERAL MEETING

Tuesday, April 25, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Pl at 8th Ave.

### AGENDA:

#### Item #1: Selling Member Products at the Coop, including AlternaTees T-Shirts Made by Presenting Member (30 minutes)

**Discussion:** "Should the Coop have a policy of stocking member-originated products, and what criteria should be used in product selection?"  
—submitted by Wat Stearns

#### Item #2: GMO Ban (60 minutes)

**Discussion:** "Should the Park Slope Food Coop remove GMO products from our shelves as soon as non-GMO price equivalents have been identified?"

Further, should the PSFC authorize the GMO Shelf Labelling Committee to launch a "Countdown to GMO Freedom Day" and to develop a publicity campaign including ads and articles in the *Gazette*, signs in the Coop, events on the shopping floor etc. to promote this campaign. . ."

—submitted by Tom Smith

### Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.7



# What's New(s) At the Coop

By *Johannah Rodgers*

## Checkout System Software

It's safe to say the project is taking a lot longer than expected. Work on testing and debugging the long-awaited new check-out system software is progressing. But a launch date for the new system, which will allow members to pay for Coop purchases with debit cards, has yet to be set.

General Coordinator Jessica Robinson, who is overseeing the project, said "everyone who is involved—both at the Coop and at ADS Retail (ADS), the software provider—is working really hard, though, as is the case with most large software projects, this one is taking a lot longer than we thought it might." With the general architecture of the software now in place, Robinson and her team are currently focused on testing and ferreting out bugs, sending reports back to ADS about what is working and what isn't, and then testing the new version.

*The smaller size, compared with the larger green carts, has been praised not only for suiting the shopping needs of certain Coop members, but for facilitating the overall flow of shoppers through the Coop aisles.*

Though Robinson could not give an exact figure for the number of lines of code included in the new check-out system software, she stressed that the application is both large—it is the same retail and inventory software system used by Brooks Brothers—and highly customized, with both factors contributing to the complexity of the current phase of the project.

"Sometimes as a result of the coding done to fix one problem, a bug slips into another section of the software; the code is an integrated, complex system and any one change can result in other changes," Robinson explained.

Once the current phase of the project is completed and a stable version of the software is delivered, Robinson and her team will then begin volume testing the software and set a definite launch date.

"We are really hoping that the system will be ready sometime this summer," she said, adding that the large scale training of members

to help with technical issues related to the new software will begin approximately six to eight weeks prior to the launch date.

Expecting to have on-site technical assistance available for every shopping squad for the first four weeks after the software is installed, Robinson has already begun the process of recruiting members who may be interested in

measure of what you can comfortably carry home."

The smaller size, compared with the larger green carts, has been praised not only for suiting the shopping needs of certain Coop members, but for facilitating the overall flow of shoppers through the Coop aisles.

"They make it so much easier to move around the store," explained Coop member Gina. Member Michael

wise and are therefore well suited to our needs," explained Holtz.

*"Knowing that you don't have to return the cart after you carry your groceries to your car shaves off at least 10 minutes from your overall trip."*

While there are no definite plans to acquire additional small carts, Holtz does not rule out the possibility. "We are currently doing some research to determine how to streamline the flow of movement through the Coop and, once the new checkout system is in place and the checkout station area redesigned, we may buy a few more," he said. But because the larger green carts continue to be

working for 10 years at the Coop and now I'm outside and, even in the winter, it is a great shift."

Melissa, another member of the Wednesday evening squad, recalled a moment when a Coop member, who was seven months pregnant, told her that she probably wouldn't be able to shop at the Coop without the help from the outside shopping squad.

"Everyone I walk with is always grateful," said Woody Goldberg, who has been working on the outside jobs squad ever since it was established last year. "You provide a valuable and useful service and it is a good use of Coop labor," he added.

Member Jon Stern, who works on the outside jobs squad and also uses the service when he is shopping, commented that he believes the squad has greatly reduced the number of cars double parked in front of the Coop since members now know that help is available for ferrying both groceries and carts back and forth from the Coop.

"Knowing that you don't have to return the cart after you carry your groceries to your car shaves off at least 10 minutes from your overall trip," commented Stern.

While the weather topped the most common conversational topic encountered by outside job workers walking members home or to their cars, another frequent topic of conversation was what a great shift the outside jobs work slot must be! And, according to Silverman, it is a great shift, as long as you like walking and dress appropriately since it really can get pretty cold some days. ■



Choices for getting the groceries around in style: the familiar family wagon (top), the all-terrain after-checkout workhorse (left) and the sporty new "hybrid" (above).

assisting with the project and will be recruiting additional members in the upcoming months.

## New Carts

While Coop members eagerly await the arrival of the new checkout system, they can, in the meantime, satisfy their urge to use something new at the Coop by taking one of the recently added small carts for a test drive.

The 10 new carts can accommodate green shopping baskets in the upper and lower compartments. And they've been receiving rave reviews.

"The new carts are great," commented FTOP squad member Ben Stanton. "They are easy to maneuver and I also like them because they are a good

Iovino, who uses the new carts each time he shops at the Coop concurred, "they are easy to move around and well-engineered."

Having had several queries from members over the years regarding smaller carts, General Coordinator Joe Holtz explained that member interest paired with the recent availability of a cart that would suit the Coop's needs from a design standpoint led to the recent decision to acquire the new carts.

"One of the main purposes of the smaller carts is to not clog the aisles and, in the past, the only small carts we had seen were quite a bit wider than the ones we ended up purchasing. These new carts hold the shopping basket length-

very popular and useful for many members, there are no current plans to reduce the number of the Coop's traditional shopping carts even if additional smaller carts are purchased.

Members who may not yet have had an opportunity to use the new carts, an experience which Holtz, only half jokingly, compares "to driving a sports car," are certainly in for a treat.

## Outside Jobs Squad

The popularity of the new outside-jobs work-shift continues to grow, both for members working the shift and for members using the shift's services.

Gary Silverman, who is assigned to the outside jobs work shift, said "it is a great shift. I love it. I was inside



From the Environmental Committee

## Get Off Junk Mail Lists

Send a written request (a postcard is fine) to be taken off mailing lists, with your name, address & signature to:

Mail Preference Service  
The Direct Marketing Assn  
P.O. Box 9008  
Farmingdale,  
NY 11735-9008

For more information about how this works, [nyc.gov/nycwasteless](http://nyc.gov/nycwasteless).

PHOTOS BY SUSAN GREENSTEIN

## Senator Tours

CONTINUED FROM PAGE 1  
with issues that have now become mainstream adds validity to our concern about genetically modified foods."

The first politician to be given the grand tour was Assemblywoman Joan Millman of Park Slope, following the committee's first lobbying day.

### Genetic Modification: A Contentious Issue

Genetic modification is a controversial and intricate technology that has been around for about a decade. The goal is to create characteristics considered desirable in crops through the manipulation of genetic material of living organisms.

"In 1994, the Flavr Savr tomato, designed to ripen slowly, became the first genetically altered food approved by the Food and Drug Administration. Other crops, such as soybeans, corn, maize or cotton, have been altered to make them resistant to pesticides or disease. Some fruits have been modified to give them longer shelf lives. So-called "golden rice" is being genetically engineered to contain more Vitamin A, crucial in preventing childhood blindness,

short- and long-term health issues and say more research is vital. Currently, the FDA assists companies in testing their genetically modified foods, but such analysis is voluntary. Critics say testing must become mandatory and thorough, and labeling must also be obligatory because most consumers don't even realize they are eating genetically modified food.

"We live in a free society where consumers can make choices. But they cannot make choices if they are not informed. And they cannot be informed unless there is labeling," said Maugenest.

And since large multinational companies fund much of the genetic modifications, opponents worry about big business, with dubious motivations, controlling what we eat. They also warn that tampering with genetics could have unforeseen, possibly disastrous, results. Genetically modified food, they caution, may carry unpredictable toxins or increase the risk of allergic reactions.

"If you understand what they are doing and what could go wrong, it's mind-boggling," said Safe Food Committee member Jay Tran, who helped guide Andrews on the Coop tour.

to help sustain local economies overseas and more vitamin-rich foods for impoverished regions where populations have extremely limited diets.

Scientist Florence Wambugu of Nairobi, Kenya, director of an organization trying to bring biotechnology to Africa, says opposition to genetically modified foods is a "northern luxury," reserved for those who already have plenty to eat.

"The biggest risk in Africa is doing nothing. I appreciate ethical concerns, but anything that doesn't help feed our children is unethical," Wambugu is quoted as saying in *Bountiful Harvest: Technology, Food Safety, and the Environment* by University of Houston professor Dr. Thomas R. DeGregor.

Wambugu's post-doctoral work involved developing a genetically modified sweet potato that would be virus-resistant. It is currently being

*"I definitely want labeling, and the more I read about it, the more concerned I become about the lack of testing"*

—State Sen. Carl Andrews

"I definitely want labeling, and the more I read about it, the more concerned I become about the lack of testing," said Andrews, who is running for Congress this year to succeed Rep. Major Owens in the 11th Congressional District. "I also know how easy it is for farmers' fields to be cross-contaminated, and that's a concern, too."

### Coop Labeling Underway

Whatever the complexities of the debate, Coop members who consistently eat organic can steer clear of it because, by definition, certified organic food must be free from all genetically modified organisms.

For those who sometimes stray, the Coop is well into the process of trying to label foods containing known genetically modified ingredients. But it's not a simple job. Currently, the Coop sells about 30 labeled products. General Coordinator Joe Holtz showed Andrews one such label that hung near Heinz canned tomato paste.

"Is Paul Newman's all right?" Andrews asked, picking up a nearby container of Newman's spaghetti sauce.

"Well, I don't know. It's a really good question," Holtz said. Because companies aren't required to indicate if



PHOTOS BY YUWADEE TANTITECH

Coop Coordinator Joe Holtz points out GE-free pizza.

any ingredients have been genetically modified, the Coop often isn't sure which products should be labeled, and has been left to contact many of the companies individually. "It's a huge job," Holtz explained to Andrews, "to honor our pledge to our members to let them know what is in the food they eat."

cally modified foods.

### Andrews Impressed by Price And Quality

During his visit, Andrews applauded Coop prices, noting that a Naked Juice drink that he often buys himself was relatively inexpensive. "And I know, because my nickname is the Coupon Senator," he said.

He also said he was impressed by the volume and quality of food. "I've passed this place on several occasions, and I had no idea," he said.

Holtz told him the average turnover for all the items in the Coop is 63 times a year, which is about four times higher than for average grocery stores.

The chowder Andrews was served was made from Coop ingredients by another Safe Food Committee member, holistic health counselor and educator Uni Sung Lee.

"I'm going to join today," Andrews vowed at one point on the tour.

"You can't do that. You have to go to the orientation meeting," Holtz said seriously, drawing both giggles and groans.

So instead, Andrews went home with a Coop brochure, along with information about genetically modified foods. ■



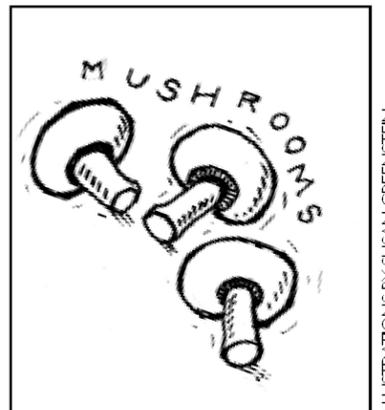
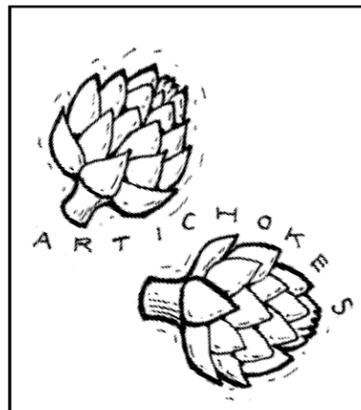
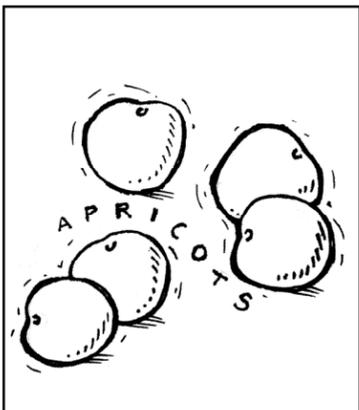
Safe Food committee member Margaret Maugenest makes a point to NYS Senator Carl Andrews about the high quality of our produce, with Safe Food Committee member Jay Tran on the right.

which affects some 500,000 children worldwide.

In the U.S., where the majority of genetically modified foods are grown, specialists say about 70 percent of all processed foods contain at least one ingredient that has been genetically altered.

Opponents express sharp concerns about possible

Supporters of genetic modifications, though, say mutations occur organically in nature anyway, and the involvement of man simply allows the genetic changes to be targeted and duplicated more quickly. They also say genetic modification offers the possibility of developing both drought-resistant crops



ILLUSTRATIONS BY SUSAN GREENSTEIN

# Coop Members Lead Fight to Regulate Placement of WirelessCell Towers

By Leonore Gordon

Joining the ranks of concerned community groups, legislators and scientists, several Coop members have created The New York State Coalition to Regulate Antennae Siting. A press conference on the City Hall steps in February announced the coalition's formation, and was attended by Rep. Major Owens, State Assembly members Michael Gianaris and Joan Millman, City Councilman Peter Val-lone, Jr., congressional candidate Chris Owens, and representatives from multiple community groups. As of now, at least 10 elected officials have joined.

The coalition was spear-headed by this writer, Coop member Leonore Gordon, prompted by a battle between her coop building and T-Mobile. The new coalition's website, "Safeantenna.org," cites growing concern about the safety of long-term continuous exposure to radiation from cell antennae. Members are working towards legislation to contain the spread of these rooftop antennae in residential neighborhoods, especially near schools, as research documents that children's growing brains absorb particularly high radiation levels. State Senator Martin Golden's bill to ban antennae siting near schools will soon be voted on, while Gianaris's bill (co-sponsored by Park Slope's own Joan Millman) is under consideration in the Assembly.

Congressman Owens, in the coalition press release, states: "We rely upon cellular phone service so much that

we have overlooked potential dangers that may be created by the increased demand. There is no scientific evidence that cell phone antennae and base stations, when placed in clusters, do not pose a threat to human health, particularly to the most vulnerable."

New Zealand, spurred by its own researchers, has banned antennae near schools, as has British Columbia, Los Angeles, Brisbane County in San Francisco, and Palm Beach County. Since 2000, several international conferences attended by renowned scientists have been held on the health risks posed by cell antennae. The International Association of Firefighters passed a resolution in 2004 calling for a moratorium on antennae on fire station rooftops. The union cited serious documented health problems in firefighters already exposed to cell towers.

Coop members Mari Sakaji, Chris Escobar, Leonore Gordon, Amina Rachman, Sophie Hsu, Gary Shelton, Scott Sherman, and Kathy Rose, have been leading fellow residents in their Eighth Avenue building in a group, "The Concerned Shareholders of 130 Eighth Ave," attempting to prevent T-Mobile from installing a 6-antennae base-station on their roof. A 15-year contract with T-Mobile was signed by the coop board president in mid-2004, but most residents (and two Boardmembers) only learned of the contract-signing 10 days before work was due to begin in July, 2005.

The protesters (a majority of building's residents) have



ILLUSTRATION BY OWEN LONG

collected over 400 signatures from Park Slope neighbors opposing the planned antennae, with their ongoing court battle chronicled in local papers. They credit Chris Owens for providing them with organizing strategies, and for facilitating the press contacts that enabled them to gain public attention.

Explaining her interest Mari Sakaji says, "I don't want our daughter exposed to continuous radiation emissions. And we can't turn these antennae off the way we can turn off our cell phones." Her husband, Chris Escobar, adds, "I won't allow my daughter's health to be determined by an industry who arrogantly insists that there are no dangers. They blatantly lie." Adds Amina Rachman, "Sixteen-thousand pounds on our roof, over our son's head? That's just not acceptable."

Gary Shelton says cities

have been handcuffed by a provision in The Telecommunications Act of 1996, barring municipalities from blocking cellular base stations solely for health reasons. The handcuffs were further tightened by passage of The 911 Act, bringing industry under the

antennae construction. Thus, for the past eight years, cell phone companies have been allowed to place their antennae on any roof owned by a willing landlord, with virtually no governmental oversight. In one building in Crown Heights, reports a Feb. 16th

Daily News story, renters live under 28 antennae, the result of leases their landlords signed with three separate mobile phone companies, with many residents in the building reporting excessive

fatigue and dizziness. The City Council did pass a law mandating registration of antennae constructed since May of 2004, as well as a resolution calling for an amendment to the Telecommunications Act of 1996.

Meanwhile, the Supreme Court judge will make her decision concerning the Eighth Ave coop after a final hearing on April 18th. ■

## Member Contribution

Interstate Commerce Act, thus immunizing it from citizen-lawsuits about health.

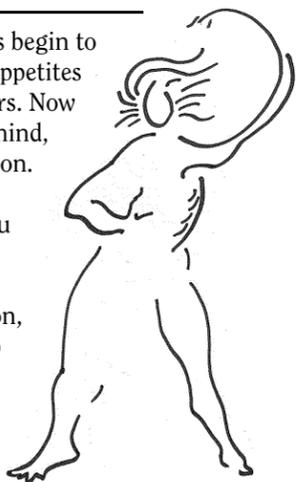
According to Sophie Hsu, a lawyer in the building, the city has additional problems. In 1998, city Buildings Commissioner Visconte waived rules which normally required telecommunications companies to undergo scrutiny by the city and community boards before beginning

## Spring Cleaning for Mind, Body and Soul

WITH HEATHER COTTRELL

Spring is fast approaching. The buds begin to show, the days become longer, our appetites change and we shed our winter layers. Now is the perfect time to prepare your mind, body and soul for the change of season.

In this fun, interactive workshop you will learn the benefits of fasting to cleanse and detox your body, how to adjust your diet for the Spring season, and how to clear space to lighten up your home and your life.



certified Holistic Health Counselor specializing in helping people live es through gradual nutrition and lifestyle changes. She offers indims in her Union Square private practice. Heather is proud to be a

**FREE**  
Non-members welcome

**Saturday, April 15**  
**12:00 pm at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## New Disciplinary Committees Seek Members

• **Hearing Administration Committee:** performs administrative functions necessary to a range and facilitate hearings. Applicants should be detail-oriented, have experience with and enjoy working by telephone; they should be Coop members in good standing for at least one year and have good attendance records.

• **Hearing Officer Committee:** conducts and presides over disciplinary hearings; insure s that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

• **For Both of These Committees:** Members of these new committees will meet and receive workslot credit on an as-needed basis only, that is, when hearings are required. Therefore, their members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of their work requires that all members maintain strict confidentiality with respect to all matters on which they work.

For a more detailed description of these committees, see the December 22 issue of *The Linewaiters' Gazette* or the flyers posted in the Coop.

We are seeking an applicant pool that reflects the diversity of the Coop membership at large.

Those interested in either workslot should telephone Jeff Goodman of the Disciplinary Committee at 718-636-3880.

## ENRON EXPOSED the So-Called Smartest Guys in the Room

with Mark Rego-Monteiro

Treat yourself to some documentary therapy. Come look behind the deregulation curtain and see how some of the worst offenders just could not hide their lunatic corporate crime. Based on the best-selling book by reporters from Fortune magazine, this movie details the shocking inside story of one of history's greatest business scandals.



If you want to take action, some will be available. Bring movie snacks to share.

**Mark Rego-Monteiro** has a degree in Biological Anthropology, and diverse work experience, recently in financial services and social services. A Coop member for years, he is involved in the arts and in activism.

**FREE**  
Non-members welcome **Saturday, April 15**  
**7:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Public Speaking for Everyone

WITH JEZRA KAYE

### Do your speeches drive results?

Whether you give business presentations... speak out for a cause... or talk to your civic organization, this hands-on coaching workshop will help you clarify your message, organize your thoughts and find the most powerful way to deliver them.

### Learn how to:

- Find and develop your best speaking style
- Outline and write a speech
- Prepare to deliver it flawlessly
- Handle Q&A and media interviews



PHOTO BY HAZEL HANKIN

All are welcome. No prior public speaking experience is needed. Wear comfortable clothes, and bring a notebook and pen.

**Jezra Kaye** is a professional speechwriter and presentation skills coach who works with business and non-profit leaders. She is active in Develop Don't Destroy Brooklyn, which is fighting the 17-skyscraper Atlantic Yards Complex, and has been a PSFC member since 1981.

**FREE**  
Non-members welcome **Saturday, April 22**  
**10:30 p.m. at the Coop**

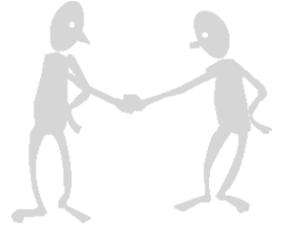
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

## ALTERNATIVE DISPUTE RESOLUTION FAMILY & DIVORCE MEDIATION

WITH ANDREW GARY FELDMAN

### In family matters...

- Resolve conflicts and differences which are causing stress.
- Improve relations between spouses, partners, parents and children, and brothers and sisters.



- This process is neither therapy nor psychological counseling.

### In divorce...

- Instead of hiring lawyers and having a judge make decisions, couples work out their own agreement.

Andrew Gary Feldman joined the Coop in 1979 and has been mediating since 1998.

**FREE**  
Non-members welcome **Saturday, April 22**  
**2:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Meet Your Mind

WITH ALLAN NOVICK

Meditation Instruction in the Shambhala Buddhist Tradition  
The fundamental nature of mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

**Allan Novick** has practiced meditation in the Shambhala Buddhist tradition since 1975 and is a certified meditation instructor in that tradition. He lives in Park Slope, has been a Coop member for 13 years, and works as a psychologist for the NYC Dept. of Education.

**FREE**  
Non-members welcome **Tuesday, April 25**  
**7:30 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Socially Conscious Investing

with James  
Keenan

Is it possible to be socially conscious with your investments and still make money in marketable investments?

What is the best way to set up an investment portfolio for growth and stability?

What do the markets hold for the future in this economy of war and unethical corporate behavior?



Is it a good idea to invest overseas?

How can one benefit from the fantastic growth in China in a responsible way.

**James Keenan** with over 25 years experience in investing for clients at PaineWebber, Morgan Stanley, Smith Barney/Citibank in the markets will talk about these and a lot more questions. James holds an MBA from NYU and a certificate of Investment Management Analysis from the Wharton School. He is a member of the Coop.

**FREE**  
Non-members welcome **Thursday, April 27**  
**7:30 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

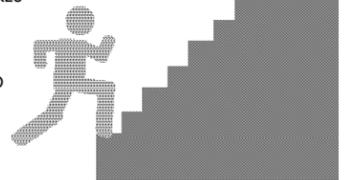
## 7 ELEMENTS FOR UNREASONABLE\* SUCCESS IN BUSINESS



IN THIS 90-MINUTE WORKSHOP FOR ENTREPRENEURS AND PROFESSIONALS, YOU WILL:

- DEFINE A CRYSTAL CLEAR VISION,
- LEARN HOW TO CREATE A POWERFUL 90 DAY PLAN,
- DEVELOP INTENSE DETERMINATION,
- SET UP AN AWESOME SUPPORT STRUCTURE,
- IMPLEMENT A SMART STRATEGY,
- USE A SYSTEM TO DEAL WITH OBSTACLES, AND
- CREATE A TEAM THAT TAKES CARE OF EACH OTHER

\*UNREASONABLE, BY ACHIEVING FAR BEYOND WHAT IS CONSIDERED REASONABLE.



**STEFAN DOERING** speaks to and coaches entrepreneurs in 10+ countries, helping them create unreasonable success in their businesses. He is also writing a book and teaches entrepreneurs at Columbia University on how to achieve this in 90 days. Stefan is a COOP member since 1989.

**FREE**  
Non-members welcome **Friday, April 28**  
**7:30-9 pm at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## FRANKEN FOODS

WITH COLEEN DEVOL

Find out how our country's increasingly toxic food supply may be harmful to you and your children.

Find out why so many foods that we commonly eat may be unhealthy and harmful and what you can do about it. Some of them are even considered to be health foods! This event will be sure to surprise—and educate—about the hidden hazards of everyday food. Bring questions!



**COLEEN DEVOL** is a certified Holistic Health Counselor from the American Association of Drugless Practitioners and a certified yoga teacher. She runs a private practice in Prospect Heights, Brooklyn and is a Coop member.

**FREE**  
Non-members welcome **Saturday, April 29**  
**12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Introductory Workshop: Chakra Balancing with Essential Oils

WITH TERI GORBEA  
AND JEANETT GABLECH

Learn how to balance your chakras for better health, more personal power, and expand your spiritual awareness.

Physical movements, meditation and visualization will help you:

- Ground and center your energy
- Open, close and balance your sexuality
- Increase personal power and energy
- Open your heart to love and compassion
- Use sound to open consciousness
- Develop your intuition
- Expand your awareness

Create a balanced wholeness by integrating mind, body and spirit enhanced with the use of essential oils.

**MS. GORBEA** is a Fitness Trainer\* and a Coop member since 2002. **MS. GABLECH** is a Yoga and Fitness Trainer.\* Both are co-owners of Art of Fitness located in Manhattan. \*Ms. Gorbea and Ms. Gablech are both certified/insured.

**FREE**  
Non-members welcome **Saturday, April 29**  
**6:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## ENHANCING FERTILITY NATURALLY: A CHINESE MEDICINE APPROACH

WITH LARA ROSENTHAL, L.A.C.

### UNDERSTANDING FERTILITY:

- The energetics of reproduction
- What our grandmothers never told us: reading our body's signals

### OBSTACLES TO FERTILITY:

- Chinese medicine patterns of imbalance
- "Unexplained infertility" explained

### IMPROVING THE ODDS:

- Nutrition and lifestyle choices for your body type
- Tilling the soil: preparing the body for the rigors of pregnancy

### WORKING WITH ASSISTED REPRODUCTIVE TECHNOLOGIES:

- Eastern and Western approaches side by side



**Lara Rosenthal** is a Licensed Acupuncturist and Board Certified Chinese Herbiologist. She maintains a private practice in Manhattan specializing in Women's Health and Fertility and works at the NYU Hospital for Joint Diseases' Initiative for Women with Disabilities. She has a B.S. in Biological Sciences from Stanford University, is fluent in Chinese, and studied and worked in Taiwan for three years. She is a faculty member at Pacific College of Oriental Medicine and a Coop member.

**FREE**  
Non-members welcome **Sunday, April 30**  
**12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

# Diversity and Equality Committee Seeks Additional Members

The Diversity and Equality Committee (DEC) is looking for new members interested in helping us to safeguard our Coop as a respectful and enjoyable place for all to shop. Our committee will log incidents of perceived bias and facilitate their resolution, host open sessions for the discussion of these issues, conduct diversity workshops open to Coop members and report on our work to the membership

through the *Gazette* and at general meetings.

We have a few openings left and are most in need of persons with diversity training experience. While we welcome all Coop members, in the interest of remaining informed on the issues and maintaining diversity on the committee itself, we'd like to expand our LGBT membership and are seeking white males and people with disabilities.



Members receive work-slot credit for attending monthly meetings held the second Thursday of each month at 6:00 p.m. Attendance at meetings is required and each member also performs a function (i.e. secretarial duties, etc.), or sits on a subcommittee devoted to a specific area of the DEC's work. All hours over the monthly requirement (spent doing things such as research, writing,

leading workshops, making phone calls or other subcommittee work) are banked as FTOP (future time off program).

Interested Coop members are invited to attend our next meeting on Thursday, April 13th or to reach us at [diversecoop@yahoo.com](mailto:diversecoop@yahoo.com). Leave your name and contact information and let us know what skills and/or experience you bring.



## What Is That? How Do I Use It?

Have you ever been frustrated at not being able to take advantage of the richness of offerings in the Coop because you didn't know how to prepare a particular item?

Beginning March 31, the Coop will have food tours. They will last an hour and be limited in size in order not to create congestion in the aisles.

The tours will look at produce, bulk items, packaged grains, etc.

**Next Tour:**  
Friday, April 28  
12:00 and 1:30 p.m.

**Sign Up:**  
People must sign up for a tour. If there are openings, a page will be made at the time of the tour, but if you want to assure a space for yourself, sign up on the first floor at the bulletin board to the right of the elevator

Thursday,  
May 4  
7:30 p.m.  
at the Coop



Susan Baldassano, coordinator

### PARK SLOPE FOOD COOP

## Healthy Sweets

Heard the word about getting white sugar out of your diet? Come to this healthy sweets class and learn to replace white sugar with alternatives like maple syrup, agave nectar, brown rice syrup and stevia.

RECIPES\* — TASTINGS TOO!

- Jam Dots
- Apricot Clusters
- Pear Phyllo Tart
- Peanut Butter Fudge Cookies

\*all vegan

**\$4 materials fee**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

**Guest Chef:**  
**Michael Welch** is a graduate of the Natural Gourmet Institute for Health and Culinary Arts and the Institute for Integrative Nutrition. He is the owner of Full Plate, a personal chef and has a health counseling practice in New York City. He is a Park Slope Coop member since 2004

**MEMBERS & NON-MEMBERS WELCOME.**

Come early to ensure a seat.

## FOOD DRIVE to benefit CHIPS Soup Kitchen

Saturday, April 29  
Sunday, April 30  
from 9:00 – 5:00



CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. Consider donating something from the "Do" list below at the collection table outside the Coop. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal.

### Do Contribute

Non-Perishable Foods and Commercially Packaged Foods

- Canned Fish
- Canned Fruits & Vegetables
- Pasta Sauce
- Pasta
- Pre-packaged Rice
- Pre-packages Beans
- Canned Beans
- Canned Soups
- Parmalat Milk
- Dry Milk
- Peanut Butter
- Boxed Raisins

### Don't Contribute

Perishables  
Items from bulk bins & silos  
Items packaged in the Coop

- Refrigerated foods
- Frozen foods
- Tea
- Sweets
- Juice (bottles or juice packs)
- Baby Food
- Crackers

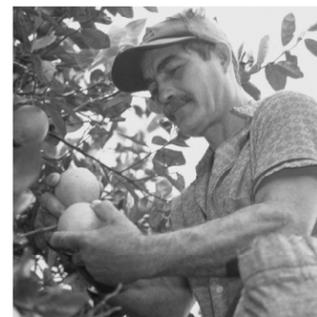
## NEW Fair Trade Product Tasting!



The Fair Trade Action Committee of the Coop would like to know what Fair Trade products you would like to see in the Coop. Please join us to sample and rate a wide assortment of NEW Fair Trade products such as tea, chocolate, rice, sugar, and fresh fruit.

**WE'LL WORK TO MAKE THE MOST POPULAR FAIR TRADE PRODUCTS AVAILABLE AT THE COOP!**

The Fair Trade Action Committee works to raise awareness of Fair Trade both within the Coop and the wider community and seeks to inspire, facilitate and support activism related to Fair Trade.



**FREE**  
Non-members welcome

**Saturday, April 22**  
**6:00 p.m. at the Coop**

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## WORDSPROUTS

The Park Slope Food Coop's Reading Series

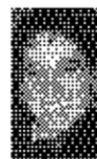
### Communications Workshop

Want to be a better communicator at home, work, school or in your community?

Dian Killian will lead the group through some exercises from her book, *Connecting Across Differences*, that help people foster understanding and compassion for others and themselves.

Jazra Kays will show participants how to identify and develop their communications strengths through role-playing exercises. Teenagers are encouraged to attend.

**Dian Killian, PhD**, is founder and Director of Brooklyn Nonviolent Communication. She gives workshops and staff training and does individual coaching and mediation.



**Jazra Kays** is a speech writer, speaker coach and consultant. She works with individuals, adults and teens on skills development, coaching for individual and group presentations, and internal communications dynamics.



Friday, May 12  
7:30 p.m. at the Coop

**FREE** Non-Members Welcome

All Wordsprout participants are Coop members.  
Reservations: [FJ.Cover@psfc.org](mailto:FJ.Cover@psfc.org)

Views expressed by the presenters do not necessarily represent the Park Slope Food Coop.

**COOP HOURS****Office Hours:**

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

**Shopping Hours:**

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

**Childcare Hours:**

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

**Telephone:**

718-622-0560

**Web address:**

www.foodcoop.com

**LINEWAITERS' GAZETTE**

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members. A "Member Submissions" envelope is in the *Gazette* wall pocket near the exit of the Coop.

**SUBMISSION GUIDELINES**

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the published guidelines.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Double-spaced, typed or very legibly handwritten.

**Submissions on Disk & by Email:** We welcome digital submissions by disk or email. Email to GazetteSubmissions@psfc.coop.

**Classified & Display Ads:** Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

**Recipes:** We welcome original recipes from members. Recipes must be signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$18 per year to cover the cost of postage (at 1st class rates because our volume is low).

**Printed by:** Prompt Printing Press, Camden, NJ.



**Friday**  
**April 21**  
**8:00 p.m.**

very  
**The Good Coffeehouse**  
COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture



**JENNY HILL**  
**AND THE CHILL FACTOR**

Join Jenny Hill, saxes and flute; Stefan Bauer, vibes; Jerome Harris, bass guitar; todd Isler, drums and hand drums, in an evening of acoustic world Jazz, featuring rhythms from India, Brazil and Brooklyn.

**THE COOPERATING COOPERATORS**

The Cooperating Cooperators have a collective experience of cooperation spanning decades. Young cooperators, old cooperators, cooperating coordinators, and new cooperators joined in an effort to entertain us all. There is little doubt that greatness shall occur in their latest incarnation of cooperation. Don't miss it!



**53 Prospect Park West** [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

**Puzzle Corner**

Contributions from members are welcome. Please sign your entries. Answer is on page 14.

**Cryptogram Topic: Olives**

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

O W X U W X L Q Q W

W Q I E X J E

Z W Q W O W H W

M B E Y T X Z W Q

C L H F F T B A J

X L Z E L J T J

M L Z F E Q L X T

V B D B E W J H E L Q

Z P B T V

N B T T X J L Z L Q L W X

J H D Q T

A Q W Z G

Z T B L N X E Q W

N E B N E X K E Q W

J H P I I T V

W L R H S P L X W

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# COOP CALENDAR

## New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.  
 Wednesday mornings: . . . . . 10:00 a.m.  
 Sunday afternoons: . . . . . 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

## Gazette Deadlines

### LETTERS & VOLUNTARY ARTICLES:

Apr 27 issue: 7:00 p.m., Mon, Apr 17  
 May 11 issue: 7:00 p.m., Mon, May 1

### CLASSIFIED ADS DEADLINE:

Apr 27 issue: 10:00 p.m., Wed, Apr 19  
 May 11 issue: 10:00 p.m., Wed, May 3

## Plastic Recycling

- **2nd Saturdays**, noon–2:00 p.m.
- **3rd Thursdays**, 7–9:00 p.m.
- **last Sundays**, 10:00 a.m.–noon
- Plastics #1, 2 & 4, only those not accepted by NYC plus plastic shopping bags
- All Clean & Dry!



## General Meeting



### TUE, APR 25

GENERAL MEETING: 7:00 p.m. The agenda appears in this issue, and flyers are available in the entryway of the Coop.

### TUE, MAY 2

AGENDA SUBMISSIONS: deadline for consideration for the May 30 GM, 8:00 p.m.

## The Coop on Cable TV

"Inside the Park Slope Food Coop"  
 FRIDAYS 1:00 p.m. with a replay at 9:00 p.m.  
 Channels: 56 (TimeWarner), 67 (CableVision)

## GE Campaign Meeting

### TUE, MAY 9

SAFE FOOD COMMITTEE: (formerly GE Campaign Committee): Open meeting for members & non-members. 6:30 p.m. for training on genetic engineering; 7:00 for work session.

## WORKSLOT NEEDS

**WORKSLOT NEEDS LISTINGS APPEARS PAGE 10.**

## ALL ABOUT THE GENERAL MEETING

## Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

## Next Meeting: Tuesday, April 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

## Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

## How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

## Meeting Format

### Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

### Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

### Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

### Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

### Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

## Attend a GM To Receive Work Credit...

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

### Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet located in the ground floor elevator lobby. On the day of the meeting sign-ups are allowed until 5p.m. and the sign-up sheets will be located in the Membership Office all day. On the day of the meeting, come to the Office to add your name to the list and to receive your information packet. Some restrictions to this program do apply. Please see below for details.

### Two GM attendance credits per year:

Each member may take advantage of the General-Meeting-for-workslot-credit program two times per year.

### Certain Squads are omitted from the Program:

You may attend the GM for credit only if you are a member of a Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committee. Other Squads are omitted either because covering absent members is too difficult or attendance at the GM is already part of the workslot's responsibility.

### Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting. GMs typically run from 7:00 p.m. - 9:45 p.m., though they occasionally run longer.

### Childcare is provided at the General Meeting location:

To request that childcare be provided for your child at the meeting, you must notify a paid staff Office Coordinator in the Membership Office at least one week prior to the meeting date.

### Sign the Attendance Sheets at the Meeting:

During the GM an attendance book will make its way around the room. Please sign

your name in this book. After the meeting the Chair will provide the Workslot Credit Attendance Sheet. You must also sign this sheet in order to receive credit.

### Being Absent from the GM:

There is no penalty if you sign-up for the meeting and then cannot attend. We do ask that you try to keep the sign-up sheet current and remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

### If you are on an ABCorD shift and are "ACTIVE" for work on the night of the meeting:

You will be given an FTOP credit for attendance at the meeting. You are not required to use this credit at a particular time. However, to use this credit you must follow the Coop's rules for "Using Banked FTOP Time" that are explained in a flier available in elevator lobby literature racks and in the Membership Office.

### If you are on an ABCorD shift and owe a make-up on the night of the meeting:

The GM attendance credit will automatically be applied as a make-up.

### If you are on FTOP:

Recording of your attendance at the meeting and an FTOP shift credit will be applied to your FTOP record after you have attended the meeting.

### Consider making a report to your Squad after you attend the meeting:

you can help inform other members about current Coop issues, the GM in general and the GM-for-credit program in particular by making a brief report about your GM experience. You can make this report the next time you meet with your squad or, if you are on FTOP, the next time you work on any Squad. Generally these reports work best as part of a squad end-of-shift meeting. ■



PARK SLOPE FOOD COOP

# MISSION STATEMENT

The full mission statement appears on page 15f.



**COMMUNITY CALENDAR**

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

\*Denotes a Coop member.

**FRI, APR 21**

**GOOD COFFEEHOUSE-COOP NIGHT:** \*David Roche & Friends. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

**SAT, APR 22**

**PEOPLES' VOICE CAFE:** The Kennedys. Workmen's Circle, 45 E. 33rd St. (btw. Madison & Park); www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903.

**SUN, APR 23**

**ZEEMEEUWSIC!** An eclectic concert series at the Old Stone House, JByrne Park, 5th Ave btw 3rd & 4th Sts. Finckel4cellos: Cello Octets / Book publication "Cellobration." Admission \$10, 2:00 p.m. (Zeemeeuw is Dutch for Seagull, a play on \*Martha Siegel's name, organizer of the series.)

**FRI, APR 28**

**GOOD COFFEEHOUSE:** A rare U.S. appearance by blues and ragtime guitarist & native New Yorker, Nick Katzman. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

**SAT, APR 29**

**DRUMS ALONG THE HUDSON:** a Native American Festival & Shad Fest. Native American dance & song, drummers & dancers from around the world. Native Elders, Storytelling, food, art & craft for sale. Shad tasting & Hudson River fish exhibits. Inwood Hill Park, NYC. FREE. 212-627-1076 x16 or www.nycgovparks.org

**PEOPLES' VOICE CAFE:** Barbara Dane. Workmen's Circle, 45 E. 33rd St. (btw. Madison & Park); www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903.

**SUN, APR 30**

**ZEEMEEUWSIC!** An eclectic concert series at the Old Stone House, JByrne Park, 5th Ave btw 3rd & 4th Sts. Dick Staber & Judith Shasnof, bluegrass. Admission \$10, 2:00 p.m. (Zeemeeuw is Dutch for Seagull, a play on \*Martha Siegel's name, organizer of the series.)

**WOMEN OF DISTINCTION BRUNCH:** 11a.m. Dr. Osnat Levzion-Korach speaks on the latest research at Hadassah Hospital & its Pediatric Oncology Center. Members & non-members welcome. \$80 includes: \$54 donation to Hadassah Medical organization & \$26 for brunch. East Midwood Jewish Center, 1625 Ocean Ave. RSVP to 718-382-6454 or www.brooklyn.hadassah.org

**WED, MAY 3**

**JUST FOOD COMEDY BENEFIT.** Political comedian \*Scott Blake-man hosts "Just Kidding," an evening of sustainable laughter, locally grown comedy & music with Christine Lavin & Leighann Lord. 8 PM. Gotham Comedy Club, 208 W. 23 St. Manh. 212-645-9880 x221. brownpapertickets.com/event/4093.

**FRI, MAY 5**

**GOOD COFFEEHOUSE:** James Reams & the Barnstormers. Bluegrass Unlimited Magazine says, "...delightfully unadorned 1950s-style bluegrass that draws heavily on, yet doesn't mimic, the best-loved bands of that era." \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

**PEOPLES' VOICE CAFE:** Marcie Boyd; Greg Greenway. Workmen's Circle, 45 E. 33rd St. (btw. Madison & Park). Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903. www.peoplesvoicecafe.org

**SUN, MAY 7**

**ZEEMEEUWSIC!** An eclectic concert series at the Old Stone House, JByrne Park, 5th Ave btw 3rd & 4th Sts. Lisa Garrison, singer-song-writer-storyteller. Admission \$10, 2:00 p.m. (Zeemeeuw is Dutch for Seagull, a play on \*Martha Siegel's name, organizer of the series.)

**FRI, MAY 12**

**GOOD COFFEEHOUSE:** Traveling Troubadour series. Guitar-picker Mike Dowling, one of the best guitar pickers in the universe, a virtuoso in country blues, slide & swing styles. \$15 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

**SAT, MAY 13**

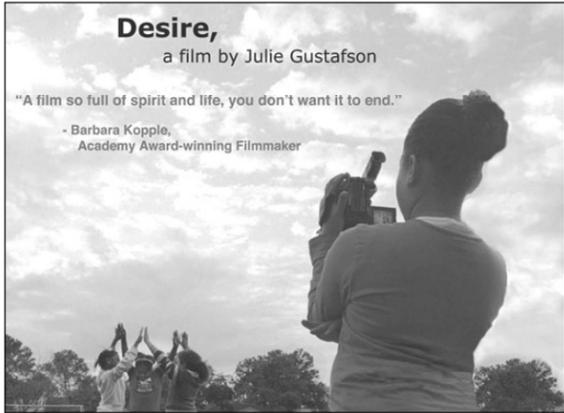
**PEOPLES' VOICE CAFE:** NYC Labor Chorus. Workmen's Circle, 45 E. 33rd St. (btw. Madison & Park); www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903.

**FRI, MAY 19**

**GOOD COFFEEHOUSE-COOP NIGHT:** \*Jezra Kaye & \*Jerome Harris. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.



**Friday, May 5 • 7:00 p.m. at the Coop**



**DESIRE**

**Desire** is a film by award-winning filmmaker Julie Gustafson and the Teenage Girls Documentary Project. Nearly a decade in the making, the film documents the challenges and desires of a group of young women in New Orleans by letting them film their own stories. The issues it raises about class, race and opportunity are particularly relevant after Katrina.

**Desire** premiered at AFI in Los Angeles and is being distributed by Women Make Movies (www.wmm.com).

A discussion with Hannah Rosenzweig, one of the editors and a Coop member will follow.

Film Night organizer, **Trish Dalton**, can be reached at mail@trishdalton.com or 718-398-5704/718.398.5704.

**Non-members welcome**

**FREE**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**WORKSLOT NEEDS**

**Inventory Data Entry**

The Sunday Evening Data Entry Squads are expanding, so we have several openings Sunday 9:15-11:30 p.m.

Facility and accuracy in numerical data entry is the main requirement for the job. You will input the numbers generated by the earlier Inventory Squad who count several sections of the Coop rotating on a weekly basis. Your data adjusts/corrects data transferred from the check-out and is used the next morning to generate orders for the week.

**Soup Kitchen**

Monday & Tuesday 9:15-11:45 a.m. This squad works at CHIPS, Christian Help in Park Slope to finish the preparation and then serve the mid-day meal.



**Assorted Independent Maintenance Jobs**

**Mop Cleaning**

6-8:00 p.m. Monday  
12-2:00 p.m. Thursday

**Refrigerator Cleaning**

9-11:00 a.m. Monday

**Store Equipment Cleaning**

6-8:00 a.m. Wednesday

**Toy Cleaning**

8:30-10:30 p.m.

All Maintenance Jobs are two-hour shifts.



**Bookkeeping**

**Cash Received**

6-8:45 p.m. Tuesday

**Checkwriting**

6-8:45 p.m. Tuesday

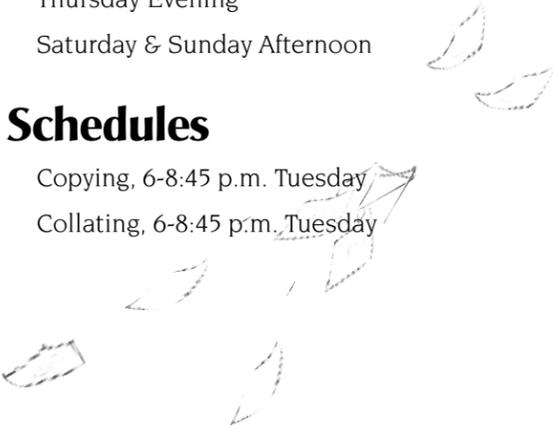
**Record Keeping**

**Make-up Recording**

Thursday Evening  
Saturday & Sunday Afternoon

**Schedules**

Copying, 6-8:45 p.m. Tuesday  
Collating, 6-8:45 p.m. Tuesday



## "HEY, IT'S YOUR... I AM CLEANING"

### DEAR MEMBERS...

Let me preface this by saying that I do not ENJOY cleaning bathrooms. I am pretty sure none of us do. The reason I chose the maintenance shift when I joined the Coop was purely practical: I had a full-time job and two young children, so the Sunday morning shift, from 7-9, seemed to interfere the least with my schedule. Moreover, I naively thought, it will not be like cleaning bathrooms in Grand Central Station: after all, this is a "cooperation" between considerate individuals, and SOMEONE has to do this particular task. Right?

I could not have been more wrong. Over the last year, my fellow workers and I have endured carts being rammed into us and our cleaning supplies; people using the shopping floor bathroom while we were in the middle of cleaning it (although there are three other bathrooms upstairs); stepping over wet floors and swept garbage; u-boats being wheeled over spilt goods, heedless of the resulting mess. But the final straw came on my most recent shift. As I was cleaning one of the shopping floor bathrooms, I was approached by a shopper who wanted to borrow my mop to clean up a broken bottle of salad dressing (which he had presumably dropped) at one of the check out desks. I told him he needed more than a mop and offered to do it for him. I then proceeded to go on my hands and knees with paper towels and a bag to put the broken glass in. During the 10 to 15 minutes that it took me to do this, and then to mop, both the shopper and his wife continued blithely to load their goods without even deigning to look at me, never mind thanking me; and although it was not a

particularly busy time, neither the cashiers on either side of me, nor anyone else nearby considered stopping what they were doing to give me some space in which to work, at least. A shopper was actually annoyed that she had to go around me! I had become INVISIBLE, the anonymous janitor called in to clean others' mess.

I have a Jamaican friend who left the maintenance shift because she was sick of being treated like a "cleaning lady." She thought it was because any black woman holding a mop is automatically viewed as such. I can now offer her some comfort in this, at least, by pointing out that skin color apparently has nothing to do with it. It is the perception that one is doing a "menial" task that makes people behave a certain way. I can also confirm that self-involvement and lack of consideration do indeed cross all racial and religious boundaries. It has been an eye-opening experience for me, in terms of collective psychology. I just did not think my "awakening" would happen in the Park Slope Food Coop. Perhaps all members should be required to do at least one "humbling" stint as a "janitor"???

Pia Palladino

## COMPETENT/ INCOMPETENT

### TO MY COMRADES in the struggle for democracy, an open letter for The Boys from Brazil:

Last Saturday a man in a blue shirt greets me at the Entrance Desk, says he has read my letters. This is a typical interview; in a few minutes he has said he is not really interested in Co-Op government: after all we are a food store, etc., and when I ask to exchange EMail addresses he not only declines but won't even give his name. And well he might, because I neglected one other thing he let plop: He works for a dot-com and according to him some

people are competent and some don't contribute, and the ones who don't contribute know that it doesn't matter what they think.

Well, that was okay—very few people exchange E-mails with me in these encounters. But as I wandered around the Co-Op stirring up dissent, I began to feel assaulted. My friend Mark Taborsky is looking over my shoulder, and this is how he would rescue me:

Mark writes, "If this little theory plays itself out it basically evolves into the fabrication of a master race of 'competent' or 'meritorious' people who then produce offspring whose main function is further to isolate the opinions, control and status of this 'Master Race' or 'Elite Family Chain' and perpetuate its existence and function throughout history. This would occur with the exclusion of many very capable, intelligent and competent people. Unfortunately the offspring of your original 'Think-Tank Power Center' may not be as competent as their progenitors." I wouldn't say it so diplomatically.

Mark also brought up this movie *The Boys from Brazil*, which he says is about cloning numerous little Hitlers and spreading them around the world. That, IMHO, Blue Boy, is what you're really suggesting. Also IMHO, one has to see the consequences of your theories for your job, your club, your union, your family, your Co-Op.

Somehow apropos of The Master Race of the Competent I had a new thought about our magnificent Disciplinary Hearing Committee (now three committees): For some reason, most judicial processes in the real world are public! I would suggest that at least two of the stages of our now-magnificently-tripartite judicial process be public, at least open to all members: *Arraignment*, or the initial accusation and decision to press charges on the part of the Complainant(s) and the Committee, and *Trial*, the vaunted but infrequent hearings we hear so much about.

And why might it be that judicial bodies in the real world are so adamant about public access? Without going into it here, it's worth hoping that this kind of public accessibility might begin to turn the Committee away from being such a source of deepening secrecy and bad decisions, like the appallingly misguided and uncooperative Shopping When Suspended Show-Trial we

recently witnessed.

*With cooperation and welcoming all attempts to dissuade me of my delusions, I remain—Albert Solomon, 718-768-9079, HOBCE@YAHOO.COM*

## NEEDED: A COOP ANNEX

### TO THE EDITOR:

I have long held dear an idea of how to resolve the Coop's escalating work shift problem. In a word: expansion.

Membership is growing every day, leading to long lines, overcrowding, workers with nothing to do, and an environment that all too often seems like 1970's Poland rather than 2006 Park Slope.

Membership will no doubt continue to increase, which is one of the Coop's goals, but which will only exacerbate the problem. While it would admittedly be a more ambitious project than shortening work-shifts or adding new (and largely unnecessary) jobs, expansion or the creation of a Coop annex in another location is a solution as inevitable as it is attractive, for now and for the years to come.

Coop members with business or legal experience could help with the financial and bureaucratic logistics; members with skills such as carpentry or electrical work could help to build the new location. As a South Slope resident, I would certainly be happy not to have to wait for the bus every week laden with my groceries; the Coop also has hundreds upon hundreds of members living in Bushwick, Crown Heights, and other neighborhoods, who right now have to make the long trek out to Union Street, but would be better served by a location nearer to them. "The Bushwick Coop": how nice does that sound? No more lines stretching around the store, no more worrying how to keep looking busy on your FTOP shift, no more members grumbling about the illogical work requirements. Rather, a Coop that once again represents the principles of cooperation, communitarianism, and community.

Erica Weitzman



## ~In Memory~

# Lucy Picco-Simpson

Lucy Picco-Simpson died on March 1, 2006 from ovarian cancer at Calvary Hospital in Brooklyn. She and her husband, Barry, became residents of Park Slope in the mid-60s. Soon after their daughter, Shelley, was born in 1968, they joined a group of neighbors who bought food in bulk and parceled out the individual orders in alternating homes from week to week. They joined the Park Slope Food Coop in the early 80s.

Lucy was a member of the National Organization of Women and one of the original members of the education subcommittee which fought gender bias in school textbooks. Frustrated by the lack of change by publishers and encouraged early with a small grant from the Ms. Foundation she started the not-for-profit Organization for Equal Education of the Sexes which published a newsletter, *Tabs: Teaching Against Bias in Schools*, which published quarterly from 1978-1984.

Her biography will be included in the *Feminist Pioneer's Directory* this year. She was a board member in the New York Society of Folk Music and loved singing ballads and spirituals. She is featured on the CD, *Sharon Mountain Harmony*, produced by Folk-Legacy Records.

After moving to East Blue Hill, Maine, she joined the Blue Hill Food Coop, the First Congregational Church of Blue Hill, painted, took up stitchery, and quilting. Besides her husband and daughter she is survived by her granddaughter, marvelous Melissa.

Lucy's singing and remembrances of her life will be celebrated on Saturday, May 6, from 2:30-5:30 p.m.

at Old First Reformed Church.

Guests are requested to bring cold food for a pot luck.

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk. Disks are returned through an envelope at the back of the *Gazette* submissions box.

### Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

## Handling Produce

Many at the March General Meeting expressed a need for more training. The flyer below is available in a rack in the produce aisle if you need a refresher or have a question while you are working.



## An Introduction to Working

### 1) Identification:

Be sure of the identity of each item before you place it on the shelf. The produce must match the shelf sign and be placed below that sign. This ensures that:

- Organic and non-organic do not get mixed up or touch each other.
- Similar items are not confused (for example, white or Yukon potatoes, Spartan or Cortland apples, tangelos or oranges, etc.)
- Produce is displayed with appropriate temperature and humidity.

### 2) Displaying produce:

Make it look nice. Handle with care.

**Produce sold from boxes:** Neatly cut off lids. When possible, mound the produce instead of stacking boxes, displaying more produce and less cardboard.

Produce delivered on trays in boxes: Discard the box and stack the trays (except for items in the deeper lower bins).

**Long vegetables:** Display parallel to aisle, allowing entire item to be seen.

Lettuces and other greens look pretty standing up, but it is hard for shoppers to find where one head ends and another begins. There are exceptions. Where a particular part is chiefly used, have that part be displayed most prominently, facing the shopper. Some examples are:

Bunched root vegetables and leeks, have the root face the shopper. For fennel, have the bulb face the shopper.

**Basil:** Display with roots facing shopper, so that shopper may easily remove the bunch from the display box. Shake excess soil, if any, into compost first.

### 3) Rotation:

Place new produce behind, or beneath current display. If new produce is riper than what is currently displayed, as occasionally happens with

tomatoes, bananas, or other items, do not rotate. All items, even potatoes, onions, etc. need to be rotated.

### 4) Trimming and culling:

**Trimming:** Do not use knives to trim greens in our very busy produce aisle. You should still remove wilted or yellow leaves as you display them. Pluck an occasional yellow stem from the parsley, or yellow leaf from the radishes. Remove broken bits from the broccoli bins. Discard all loose lettuce leaves. These removed leaves and bits should be composted.



**Culling:** Remove significantly bruised or wilted fruits and vegetables from display. This can be tricky, since quality is in the eye of the beholder. You do not want to prevent good food from being restocked because bruised or wilted produce is crowding the display, but on the other hand, you do not want to "give away the store". Consult with staff or other squad workers if you are unsure.

### 5) Soup kitchen and compost

**Soup kitchen:** If you would not buy an item, but would eat it if you already owned it, you should pack it in a banana box for the soup kitchen. The soup kitchens cannot use the trimmings from greens, but can accept unsellable heads of lettuce or bunches of greens. If you bag them first, you may give the soup kitchen, good, but no longer bunched greens, such as kale leaves from broken bunches. Let's be user friendly. Do not include items that may ruin the items around them, such as over-ripe tomatoes or loose strawberries. Small items, such as mushrooms, beans, or bits of ginger, should be bagged first. Pack the items thoughtfully. Separately pack the over-ripe bananas and store them unrefrigerated in

the basement. Otherwise refrigerate the soup kitchen boxes as frequently as possible.

**Compost:** Consists of inedible produce only. (No grains, bread, or eggs.) We don't want any compost given to the soup kitchen, but don't compost good food either. Unsure? Get a second opinion from staff or other members. Use gray plastic buckets and cover them with lids. The lids are marked either "R", or "W" and fit buckets labeled "R" or "W". Put fully loaded buckets in back yard, and bring an empty bucket with lid to area marked for it in receiving area. Compost buckets in the backyard should be fully sealed.

### 6) Organic integrity:

Our displays are designed to prevent organic and conventional items from touching. Our displays prevent the melting ice and misting water on conventional produce from dripping onto the organic. To ensure the maintenance of this integrity, be absolutely certain not to mix organic and conventional items together. The food, the boxes, labels, twist ties and shelf signs are all there to guide you. Be absolutely certain, or do not unpack the item. Ask for support if needed.

If you cause or encounter an error, get advice on which of these options to follow:

a) Remove twist tie or label from organic item and sell it as conventional, if we are currently selling both.

b) Give compromised organic item to the soup kitchen.

c) Remove food to the basement produce cooler. Put in a carefully labeled box for staff

to decide on option "a" or "b", and leave a note on the box. We will choose to lose



rev. 1/15/03



## Community Ties Returns! You Can Help it Happen

To facilitate this, we need the following:

- two members to input data from applications into the FileMakerPro database.
- six people to work on Saturday, April 22, 3:00 p.m. collating information and addressing & stuffing envelopes.

**FTOP or make-up credit is available. Please call the office or email [CommunityTies@psfc.coop](mailto:CommunityTies@psfc.coop) to sign up.**

## SPEED YOUR RECOVERY from Injuries & Surgeries, Medical & Dental Procedures, Childbirth and more with Therapeutic Massage

WITH STUART GARBER

While popular use of massage has exploded in recent years, some of its most powerful and effective applications remain among today's best-kept healthcare secrets.

Come learn how this "feel-good" treatment can help you and your loved ones through challenging times by complementing traditional medical care – including techniques you can do on your own.



Coop member **Stuart Garber** is a licensed massage therapist with more than 18 years of professional training and practice, including training in body-centered counseling and trauma healing. He has worked on the staff of the Ostrow Institute for Pain Management and the Memorial Sloan-Kettering Cancer Center's Integrative Medicine Program. He is now in private practice.

**FREE**  
Non-members welcome

**Tuesday, May 2**  
7:30 pm at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Past Life Regression Through Hypnosis

WITH JEFFREY T. CARL, CHT.

### DO YOU HAVE THE FEELING THAT YOU HAVE LIVED BEFORE?

Have you ever just met someone and felt like you have previously known them?

Are there other countries or cultures that seem familiar to you?

Well there might be an explanation for this.

Through hypnosis we can tap into the subconscious mind, as well as enter into a peaceful trance-like state to retrieve memories of our past lives.

Relax and take a journey within.

**Gain:** • Realizations  
• A deeper understanding of who you are  
• Retrieve memories • Pass beyond death and back again

**Bring:** A blanket to lie down on or a comfortable lawn chair to relax into  
A note book to write down anything that comes up

**Jeffrey T. Carl, CHT**, a Coop member, is a certified clinical hypnotherapist, and a member of I.A.C.T. Jeffrey is also certified in past regression through the Wiess Institute.

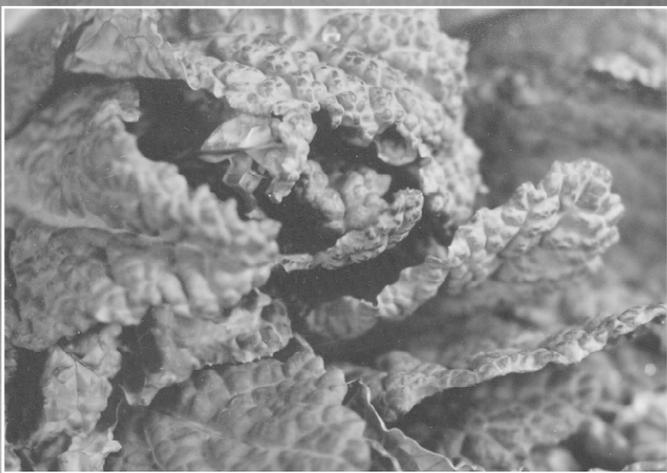
**FREE**  
Non-members welcome

**Saturday, May 13**  
11:00 pm at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

# COOP PORTFOLIO

PHOTOGRAPHY BY HAZEL HANKIN



Prompt & Courteous  
Licensed & Insured  
Free Estimates



Residential & Commercial  
Packing & Supplies  
Local & Long Distance




**TOP HAT MOVERS**  
D.O.T. #T-12302

**MEMBER METROPOLITAN NEW YORK**

**Top Hat Movers, Inc.**  
718.965.0214 ☎ 718.622.0377 ☎ 212.722.3390

### To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Submission forms are available in a pocket on the front wall of the Coop near the exit door.

### THINKING OF SELLING YOUR HOME?

CALL NOW TO RECEIVE A FREE MARKET ANALYSIS OF YOUR HOUSE, COOP OR CONDO. I'M A COMMITTED FOOD COOP MEMBER AND A LICENSED REAL ESTATE SALESPERSON.

LEE SOLOMON ☎ 718.399.4105

**BROWN HARRIS STEVENS**

### BED & BREAKFAST

BEAUTIFULLY FURNISHED GUEST SUITE accommodates 1 or 2 people, located in a grand Victorian Brownstone on park block, center slope. Amenities include private all new spa-bathroom & sauna, continental breakfast with many organic assortments. Visit our website @ [www.bbarkslope.com](http://www.bbarkslope.com) or call 718-965-2355



### CLASSES/GROUPS

RELATIONSHIP SUPPORT GROUP. A safe, open, co-ed forum to improve communication; deepen self-understanding; reduce isolation; and explore how you can have more rewarding relationships. Led by an experienced psychotherapist. To learn more, call Gary Singer, LCSW, at 718-783-1561.

VACCINATION OPTIONS? New Yorkers for Vaccination Information and Choice holds bi-monthly meetings in Manhattan. Email [nyvicteam@nyvic.org](mailto:nyvicteam@nyvic.org) or [www.nyvic.org](http://www.nyvic.org). 212-696-6677.

YOGA CLASSES Think you're too busy, too out-of-shape, too inflexible, too old, too fat to do yoga? Try Mina's gentle, caring classes. Get a great workout, tone muscles and reduce stress. Private and group instruction with experienced teacher. Central Park Slope location or your own home/apt. Call Mina 917-881-9855.

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

TIRED OF PAINTING IN THE KITCHEN? There's a better place. Join BAG! Brooklyn Artists Gym provides a large, bright, well-equipped, inexpensive community studio space. BAG also offers a 1500 sq. ft. gallery. We have moved to Park Slope! Come to our Grand Opening, Sat., March 18, 6-9 p.m. Get an opening discount. Call 718-858-9069 or visit [www.brooklynartistsgym.com](http://www.brooklynartistsgym.com).

### HOUSING AVAILABLE

SEMI COMMUNAL HOUSE looking for fourth housemate. Low rent in exchange for house/cat sitting & other assistance. Must join PSFC & be non-smoker. House is close to public transportation. Large room. Call Eleanor 718-522-3561.

### MERCHANDISE-NONCOMMERCIAL

BRAUN 10-cup coffeemaker, \$15; vintage table radio (wood, solid-state, circa 1960), \$50 or BO; gold-plated jewelry signed by artist (vintage), \$20-40. Call 718-768-1598

TWO OVERSTUFFED CHAIRS: 1-Burgundy Leather, \$200. 1-Rose Colored Cotton-upholstered, \$150. Good condition. Sink-in comfy. 646-641-1955, eves. 6 to 9 PM. Location near COOP. OAK FILING CABINET \$50. 4 Drawers, plain hardwood doors, some water damage at bottom of door, plus assorted lumber and wood trim, @\$5. Old Coca Cola sign, reproductions of old cast iron toys, @\$10. 718-638-5739. Tom

### SERVICES AVAILABLE

EXPRESS MOVES: Brownstone flight specialists. Our FLAT RATE includes labor and travel time. Great Coop references. 670-7071.

IF IT'S NOT BROKE don't fix it! But, if it is "Call Bob" - every kind of fix-it. Carpentry-Plaster Work-Plumbing-Tiles-Phone Lines. Also: shelves, closets, doors hung, etc. If it's broke, call 718-788-0004. Free Estimate.

SPRING YOUR FLOORS TO LIFE by sanding and refinishing! Floor mechanic will install, repair, refinish wooden floors. Reasonable prices. Good references. Call Tony @ home 718-484-7405. Cell phone 917-658-7452.

ATTORNEY-EXPERIENCED Personal Injury Trial Lawyer representing injured bicyclists & other accident victims. Limited caseload to ensure maximum compensation. Member of the NYSTLA & ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White 212-577-9710.

ATTORNEY-PERSONAL INJURY EMPHASIS. 26 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 18-year Food Coop member; Park Slope resident. Tom Guccione, 718-596-4184.

ORGANIZER/COLOR CONSULTANT I give families in small spaces room to breathe and I help you find your way out from under your stuff. Home, office, closet and document organizing, interior arranging and color consulting. Strategies to keep the clutter from returning. Coop member, NAPO member Joyce Szulflita 718-781-1928.



NEED AN ELECTRICIAN? Call Art Cabrera 718-965-0327. Celebrating 34 years in the electrical industry. Brownstone specialist, troubleshooting, small jobs, total electrical renovations and rewiring, old wiring, fans, etc. Don't wait till summer to install your AC lines. Original Coop member, residing in P.S. since '72, born in Bklyn.

ATTORNEY — GENERAL PRACTICE. Wills, residential closings, criminal defense, family law, civil litigation. Laura Kittross, Esq. Kipiniak & Kittross. 26 Court Street, Suite 1304. Brooklyn, NY 11242. 718-624-2011. email: [kittrosslaw@verizon.net](mailto:kittrosslaw@verizon.net).

NEW LOOK PAINTING. Artist-run company. Twenty five years experience. Specializing in faux techniques, murals and childrens rooms. Expert wall prep and surface restoration. Emphasis on efficiency and cleanliness. Basic painting also offered at reasonable rates. References available. 718-832-6143.



MADISON AVENUE HAIRSTYLIST in Park Slope one block from coop-by appointment only. Please call Maggie at 718-783-2154 at a charge of \$50.

HAIRCUTS, HAIRCUTS, HAIRCUTS! Adults, kids-in the convenience of your home or mine. Adults \$30, kids \$15. Call Leonora 718-857-2215.

HOME/OFFICE ORGANIZING. Interior design/staging. Exp'd Interior Designer works with you at all levels to create the environment of your dreams. From clearing clutter to rearranging to total renovations Living Spaces will change the look and energetics of your space. Call Mark Schrader 201-330-8535 for rates/appts.

### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC PHYSICIAN with over 12 years experience using natural methods to treat a wide range of conditions including allergies, digestive disorders, endocrine conditions, female problems, depression, fatigue and cardiovascular problems. Insurance reimbursable. Medicare accepted. Margie Ordene, MD 258-7882.

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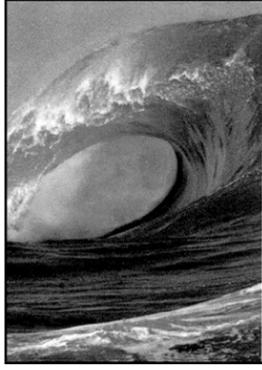
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**VACATIONS**

**WOODSTOCK SUMMER HOUSE RENTAL**—Nature Lover's Retreat on 3 secluded wooded acres nr Mt. Temper, steps from pristine swim pond. 3-BR, 2-bath, cozy & comfortable, big stone fireplace, large screened porch



& deck. Walk to hiking trails. DW, W/D. No pets/smoking. All summer or monthly. 718-788-4911

**WK-LONG INTERGENERATIONAL PROGRAMS** for families of all shapes, sizes. Fabulous programming & delicious vegetarian food in unique community setting, yoga, art, music, dance, more! Beautiful mountains, fields & creek! Also avail for rentals. CommonGround Center starkboro, VT. 802-453-2592, [www.CGCVT.org](http://www.CGCVT.org), [info@CGCVT.org](mailto:info@CGCVT.org)

**RENT A BUNGALOW IN THE CATSKILLS.** Pool, lake, tennis, beautiful grounds, lots of kids, nice people. Its a Cooperative. Lake Huntington summer community. Call Agnes 212-323-3919

**SUMMER SHARES FOR FAMILIES AT DAVIS PARK, FIRE ISLAND.** 3 Families per weekend. 4 Bedroom house - 3rd House from beach. Share food, Sat dinner and fun. House has lots of deck space w/d, dishwasher, picnic table, grills, beach chairs, etc. Call Steve and Kathy 718-636-1693 or e-mail us at [rosiebrook.com](mailto:rosiebrook.com). Weekly rental possible.

**WHAT'S FOR FREE**

**FREE INITIAL ORAL EXAM** in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

**ABSOLUTELY FREE!** Get a high-quality water filter system for free with the purchase of replacement carbon block filters. If you're tired of buying bottled H2O or poor quality H2O filters consider this fantastic offer by the respected Multi-Pure Corp. For more information call Denise at 718- 435-3169.



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**ADVERTISE ON THE WEB**

If your ad would benefit from broader exposure, try the Coop's web page, [www.foodcoop.com](http://www.foodcoop.com). The ads are FREE.

**Answer to Puzzle on page 8**

Manzanilla, Alfonso, Calamata, Provençal with Herbs, Niçoises, Picholine, Dry Roast Oil Cured, Green Sicilian Style, Black Cerignola, Gorgonzola Stuffed, Arbequina

**Board of Directors Election**

**The General Meeting & the Board of Directors**

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

**Duties of the Directors**

The Board of Directors is comprised of five elected Coop members and the senior General Coordinator present. Members serve three-year terms. Members of the Board are expected to attend GMs regularly. They receive Coop work credit for their attendance. The Board of Directors

conducts a vote at the end of every GM whether to accept the advice of the members that night. Members of the Board are required to act legally and responsibly.

**Openings**

We have two full three-year terms open this year.

**Candidate Deadline**

If you wish to place your name into nomination, please declare your candidacy by Sunday, May 7. You will be asked to submit a statement of up to 750 words and a small photo for publication in the *Linewaiters' Gazette* and the member proxy mailing.

**Voting**

Every member will receive a proxy package in the mail in late May.

Members may also vote at the Annual Meeting, June 27.



**PARK SLOPE FOOD COOP**

**MISSION STATEMENT**

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

**We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

**We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

**We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

**We welcome all who respect these values.**



## A Special FTOP Opportunity

Celebrate  
 **Spring!**   
 With the  
 Park Slope Civic Council,  
 The Old Stone House and Park Slope Parents  
**Saturday, April 22**  **Earth Day**  
 at JJ Byrne Park, 5th Ave @ 3rd St.

The Park Slope Food Coop again joins in partnership with the Park Slope Civic Council for their Semi-Annual Neighborhood "Sweep"

- To sign up for FTOP work credit, call the Coop during office hours.
- Coop shifts will be 10-12:30 & 11:30-2:00
- Members will report to Old First Church, 7th Ave & Carroll St, either ON TIME or EARLY.
- Cancellations will NOT be accepted after 5:00 p.m. Friday, April 21.

And when the work is done, join the party:  
 Spring Fling, a festival of fun family activities in JJ  
 Byrne Park, 11:30 – 3:30  
 for arts & crafts, music & singing,  
 seed planting. Laugh, play, be silly.



The PSFC Fun\*Raising Committee invites you to the next Coop...

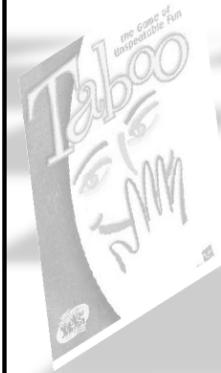
# GAME NIGHT!

**Saturday, May 6 • 6:00 p.m. to 9:00 p.m.**  
 in the meeting room at the Coop.

- Free admission • All ages welcome •
- Bring your friends •
- Refreshments for sale •

**Bring your favorite game(s):**

- Scrabble • Taboo • chess • checkers • bridge • Nim • Boggle • Candyland • Trouble • Stratego • Pictionary • Monopoly • Trivial Pursuit...



**Theater Games**  
 in the childcare room



## WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Isice Adams	Robert Cornfield	Theresa (Terry) Grande	Jacek Kuzniar	Monal Pathak	Elizabeth Taylor
Jordan Aitchison	Jessica Corriere	Roselyn Greenidge	Justine Lambert	Micki Pellerano	Henry Tenney
Jeffrey Albert	Vennie Cox-Samuel	Marie Griffin	John Landewe	Nina Pessin-Whedbee	Dan Tepfer
Elizabeth Alexander	Cindy Daignault	Nathan Gwynne	Mikal Lee	Dagmar Radashkevich	Paul Thomas
Anni Amberg	Elizabeth Darst	Jessica Hamlin	Chris Leung	Sarah Rahner	Daniel Tudor
Janet Archer	Tom Delaney	Riana Heddens	Katerina Llanes	Dee Rees	David Turner
Seth Aubuchon	Germain Difo	Jess Hinds	Marie Lyons	Kate Kyungji Rhee	Andrew Ulanoff
Sarah Baker	Phillip Dixon	Jocelyn Ho	Claire Magruder	Alex Rich	Javier Velez
Stan Barton	Marie Donnelly	Elena Holowaty	Peter Marquis	Kevin Riff Richards	Rachel Victor
Gustava Bechini	Terence Donnelly	Martin James	Michelle Martell	Christine Richardson	Laura Vuksinich
Jennifer Bellask	Jennifer Ehman	Sumanth Janardhan	Jean Martheleur	Jessica Root	Jennifer Wasner
Dan Blogh	Jared Engel	Obled Janvier	Amanda McAfee	Gregory Rotsenmar	Karen Yaeger
Simon Bogigian	Carolyn Epps	Pernell Jones	Risa McFarlane	David Roubini	Miwa Yokoyama
Summer Brennan	Tami Farber	Stephanie Tompson	Alison McLaughlin	Melissa Sands	M. Lynn York
Patricia Brown	Annelisse Fifi	Jones	Erin Merriman	Nina Schmir	Jennie Zeiner
Camellia C. Carter	Laura Fik	Tairiq Thompson Jones	Ashley Moyer	Jennifer Shovlin	Renada Zelikovsky
Tyler Caruso	Esther French	Jonathan Kabak	Moe Nadel	Frank Singh	Tom Zoellner
Antoine Catala	Martha Gallahue	Elizabeth Katsnelson	Kenneth Nowell	Nina Stern	
Stacey Cervellino	Abeni Garrett	Ronny Khalil	Lauren Olerio	Katherine Stoehr	
Tristan Chase	Jillian Gordon	Eunice Kim	Ellen Page	Danielle Sucher	
Nekisa Cooper	Thomas Gorman	Martin Kremenstein	Lorraine Pantic	Alanna Taylor	

## THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Eric Adler	Jaso Crew	Sylvia H.	Josephine Martorana	Rocco	Paul Thomas
Sophia Alexander	Ramon Cruz	Geralyn Harry	Laurie Matthews	Mariana Ruiz	Trish and Julia
Robert Alfonso	Coleen Devol	Robert Jack	Kelly McDonald	Emily Sandusky	Julie Tudor
Rose Bartu	Susannah Donahue	Nochoel Jones	Melissa McHam Green	Alyce Santoro	Julia Werman
Christine Benton	Oasa DuVerney	Jaime Joyce	Carole Menashe	Jaclyn Savolainen	Jo Whitsell
Esther Bernstein	Susan Eng	Karmella	Ryun Miller	Hadley Seward	Leonie Wilson
Linsey Blatt	Jack Ferver	Young Mi Kim	Christine Moore	Jordan Shapiro	Reeve Wood
Sarah Blust	Fiona Gallahue	Michelle Kloehn	Jeanne Murray	Fran Shlesinger	Stephane Wrembel
Joel Braverman	Ellen Gallerie	Nina Kramer	Tatayana Nochnyuk	Estelle Silberman	Bradford Young
Lisel Burns	Katie Glick	Adam Landfair	Tracey Patterson	Shabd Simon-Alexander	Kathleen Zeigenfuss
Tyler Caruso	Karla Greenleaf-	William Laviano	Petra	Meredith Singer	David Zimmerman
Catherine Chase	MacEwan	Charles Leonard	Ziv Ravitz	Elizabeth Smith	
Tami Cohn	Atoosa Guity	Rebecca Levin	Carrie Roberson	Street Squad 7 <sup>th</sup> Ave	
Sean Covant	Lissa Gundlach	Zhen Li	Robyn	Tharius Sumter	