

Established
1973

LINEWAITERS'

GAZETTE



Volume AA, Number 10

May 11, 2006

April General Meeting Explores Selling Member-Originated Products and Banning GMO Foods

By Michael Esterowitz

The April 25th General Meeting had two weighty items for discussion on the agenda. Although neither was in the form of a proposal to vote on, the well-attended meeting produced some spirited debate and a variety of interesting suggestions.

First, after the usual Coordinators' report and open forum, was an item submitted by Wat Stearns. His topic question was: "Should the Coop have a policy of stocking member-originated products, and what criteria should be used in product selection?" Stearns is a commercial maker of T-shirts with a primarily progressive political message. He showed samples of his wares, some of which he acknowledged contained strongly worded content. He noted that Coordinators would have input in determining what is appropriate to stock.

Stearns' main argument was that if a product is already available at the Coop, then members who produced similar products should be given favorable treatment. He asserted that his pricing structure and labor practices are in compliance with our mission statement.

A number of questions followed this presentation. Dan Scheffer asked whether he had been specifically told he could not sell his shirts. Stearns replied that about two years ago he was turned down by General Coordinator Joe Holtz on the grounds that selling member-originated objects would "open a can of worms," and the Coop needs to keep focused on members' needs. Stearns continued that he initially accepted this response, but over time he noticed that a lot of products were more about satisfying members' desires than meeting their needs.

Wendy Ferguson raised the issue of the difficulty in deciding which member-created products should be accepted, suggesting that a separate committee would have to be formed to evaluate each product. Albert Solomon asked whether this proposal would require that every member who sold something would be entitled to have his or her goods offered. Karen Kramer pointed out that once we allowed member-produced items with a strongly political message, we might have people who produce items with a strongly religious message wanting to distribute at the Coop.

General Coordinator Allen Zimmerman mentioned that many members, from muffin makers to authors, have tried to sell their creations at the Coop. He pointed out that it is impractical to go outside our normal network of distributors. When we have sold

books written by members, they had to be about food and relevant to members' needs. General Coordinator Holtz said that Wat Stearns had mischaracterized their earlier conversation. He agreed and we have always had member products on our shelves that the criteria were "complicated."

There were some suggestions from members that were more receptive to the presentation. Majeed Balavandi stated that as a place that is an alternative environment, we should not dismiss the idea out of hand. He felt a committee could be set up to evaluate member-produced items on a case-by-case basis. Gus Vianna-Biehler saw merit in giving members a venue to distribute their wares, but felt it would be more realistic to organize a fair once or twice a year for

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ILLUSTRATION BY DEBORAH TINT

The Well-Run Shopping Squad

By Ed Levy

Speaking to squad leaders about what makes a shopping squad work well, several themes emerge: the crucial importance of having a co-leader, the thorny and ever-present problem of make-ups, and the overwhelming number of details with which a squad leader has to contend.

Ellen Bunin doesn't know exactly what it is that makes the Sunday afternoon shopping squad she leads go smoothly. "It runs itself," she says, modestly. "People cooperate, basically. But there are a few chronic problems," she admitted. One of them is no-shows, especially cashiers. Another is people who arrive early to do make-ups and take the much coveted checkout spots ahead of regular squad members. People on regular squads have priority for checkout positions over those doing make-ups, she pointed out, but there is always some disruption when the regular has to unseat the hopeful person who arrived early, planning to do his makeup shift sitting down. Another issue is childcare: If not enough people arrive to staff the center, it has to shut down. "Tech problems take up a lot of time, as well," Ellen says. "Scales that mal-

function, or items that won't scan, for example. There are items that won't scan even after they've been put on the trouble sheet repeatedly. Sometimes an item is simply not in the system. With some items that are repeat offenders, nothing they do seems to make any difference." She cited as an example bread from The Baker that they have problems with month after month.

Ellen said that the number of visitors to the Coop is a major problem for her squad and thinks squads would run a lot smoother if there were not so many guests on Sunday, when they crowd the shopping floor and make it more difficult to work. In fact, she suggested, the Coop ought to seriously consider not allowing guests at all on weekends, or perhaps none before noon. "The Coop orientation for new members is also on Sundays," she pointed out, "and that also adds to the house count." She highlighted another, more serious issue regarding guests: the fact that many members bring guests who are ostensibly there to look around and check out the store, but are actually shopping. "I see the same people bringing in guests all the time," she said, "filling up shopping carts." Ellen's proposed remedy is give each member a certain

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Next General Meeting on May 30

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, May 30, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop beginning Wednesday, May 3. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

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Coop Event Highlights

Fri, May 12 • Wordsprouts: Communication Workshop, 7:30 p.m.

Fri, May 19 • Good Coffeehouse-Coop Night: Jezra Kaye & Jerome Harris, 8:00 p.m.

Thu, Jun 1 • Food Class: Hot Off the Grill, 7:30 p.m.

Fri, Jun 2 • Film Night: Red Rain, The Story of Gina "Boom Boom" Guidi, 7:00 p.m.

Look for additional information about these and other events in this issue.



April GM

CONTINUED FROM PAGE 1

this purpose. This last proposal produced an overall positive reaction.

The second question for discussion was "should the Park Slope Food Coop remove GMO products from our shelves as soon as non-GMO price equivalents have been identified [and] should the PSFC authorize the GMO Shelf Labeling Committee to launch a 'Countdown to GMO Freedom Day'." The presenters were Committee members Greg Todd, Jeff Faerber and Nanette DeWester. The GMO Committee was created in May 2001 as an off-shoot of the Safe Foods Committee, with the express mission of labeling products sold at the Coop that contain genetically modified ingredients, with the eventual goal of eliminating them when a substitute could be found. To date they have labeled about 30 such

products, of which ten to twelve have been removed from the shelves.

The Committee would like

"They are not tested and have only been on the shelves for ten or fifteen years. People are unaware that they are eating them. We are eating corn with bacteria spliced into it."

to see the Coop move in the direction of being what it considers GMO-free within six months to a year. Faerber pointed out that GMOs are created by splicing genes together. "They are not tested and have only been on the shelves for ten or fifteen

years. People are unaware that they are eating them. We are eating corn with bacteria spliced into it." He also pointed out that there is a danger of cross-pollination; even organic foods may end up containing genetic material from GMOs. Since GMO products are generally cheaper than their natural alternatives, they threaten the livelihoods of small farmers.

A discussion ensued that showed a range of opinions on the subject. Several members thought that education was the best approach, and were not disposed towards an outright ban, since shoppers should have a choice. Christina Koch-Avan felt that there might be a bias in the presentation. GMO Committee member Todd countered that the science would be unambiguously against GMOs, but that the large food corporations inhibit valid research and use the media to create doubt. Richard Bruce maintained that people should be assumed to have enough intelligence to make a decision; he noted that alcohol can be dangerous, but he chooses to drink it. Todd rebutted that argument by pointing out that alcohol has been around a long time, while GMOs are new, with yet-unknown effects.

Siding with that viewpoint, Dehlia Hannah pointed out that the Coop is under no obligation to sell every product, and it would not be a great hardship for members to use other markets. Several General Coordinators raised doubts about a ban; Janet Schumacher thought there might be too great a price differential, and Linda Wheeler was concerned with consistency in labeling products GMO, since there is considerable gray area. Joe Holtz pointed out that one well-known GMO item, Cheerios, is a family favorite, and his family could not find a good substitute.

A question was raised whether other coops or stores have banned GMOs. Trader Joe's has reportedly done this, but only on in-house brands. Giselle Sperber stated her belief that the mission of providing healthy foods supercedes the personal freedom issue. Supporting that viewpoint, it was pointed out that we have already banned MSG. Tom Angotti of the Safe Foods Committee said that "we cannot wait for conclusive evidence," and proposed setting a target date to ban all GMOs within a year. Arguing against that, General Coordinator Jessica Robinson stated that we have been working at providing safe alternatives, and that there has been significant lowering of the sales of some labeled products. She pointed out that "the list is not comprehensive; if we really eliminated all GMOs we

PSFC MAY '06 GENERAL MEETING Tuesday, May 30, 7:00 p.m.

- Congregation Beth Elohim Social Hall
274 Garfield Pl at 8th Ave.
- Items will be taken up in the order given.
- Times in parentheses are suggestions.

AGENDA:

Item #1: Possibility of Extending the Exit/Entrance Area onto the Sidewalk (60 minutes)

Discussion: "Discuss the idea of obtaining a 'revocable consent' from NYC to extend the entrance/exit area out onto the sidewalk. Review preliminary drawings. Also discuss the cost of the project which could be in the neighborhood of \$200,000." —submitted by the Exit Circulation Advisory Group

Item #2: Shopping Ban During Work Suspension (30 minutes)

Proposal: "That suspended status should be modified to permit shopping after doing a workshift." —submitted by Barbara Mazor

Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.



Thursday,
June 1
7:30 p.m.
at the Coop



PARK SLOPE FOOD COOP

Hot Off The Grill



Delicious Vegetarian Recipes for Summer Barbeques and Picnics

Are you a vegetarian who is tired of limited options, processed un-burgers and dull side dishes at summer bbq's? Then join us as we grill some succulent and healthful vegetarian proteins and stir up a new take on pasta salad to go with them.

RECIPES—TASTINGS TOO!

- Grilled Tempeh Sandwich with Roasted P
Sauce, Vidalia Onion and Tomato on Wh
Grain Bread
- Seitan, Summer Squash and Cherry Tom
Kabobs with Cilantro & Mint Pesto
- Israeli Cous Cous Salad with Golden Rai
Pine Nuts and Lemon Dressing

\$4 materials fee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

We will demonstrate how to use tempeh (fermented soy bean cakes) and seitan (wheat gluten) to give you satisfying and relatively fast and easy choices to replace meat on the grill.

MEMBERS & NON-MEMBERS WELCOME.

Come early to ensure a seat.



SAFE FOOD COMMITTEE REPORT

Save the Date: Park Slope Food Coop

By Terry-Anyia Hayes for the Safe Food Committee

Do you (or does anyone you know) think eating local is trendy hype?

Do you (or does your next-door neighbor) yearn to eat organic but think it's too time consuming/ expensive/ confusing?

Do you (or does your kid brother) believe that no one person—especially you or him—can change the world?

Whatever your answers—even if you *always* eat organic and local and march in perfect faith for every just cause—check out *Grub: Ideas for an Urban Organic Kitchen*. Half cookbook, half field guide for change, it's all lean high energy and 100% user friendly. Even better, come to the Coop at 1:00 on Saturday, May 13th to meet the book *and* its authors, and let them sign your copy.

Co-written by food activist and Safe Food Committee member Anna Lappé and chef Bryant Terry, founder of b-healthy! (Build Healthy Eating and Lifestyles to Help Youth), *Grub* is a hip and upbeat book offering sobering reasons for converting to an organic and local lifestyle. And it's a toolkit for painlessly doing so, balancing its bad news about the state of food in America with a joyful celebration of food, farming and community.

Grub doesn't preach, it demonstrates, defining terms you may have wondered about but didn't want to seem unhip enough to ask. It refutes common and not-so-common arguments that attempt to undercut the importance of eating local and organic. It quotes irrefutable authorities and presents eye-popping statistics. It provides menus for dinner parties with a conscience—"Grub Parties"—gives recipes arranged by season, and suggests musical selections to accompany them. The website www.eat-grub.org provides printable shopping lists. All is made simple: in the menu/recipe section, Bryant breaks down each step, from what to do with your yucca root to making fresh ginger juice for the Ginger Corn Muffins.

At a Grub Party, everyone brings a gift to share—a poem, a small edible treat, a book, a song. Meals begin

with a blessing, may include a talk by a special guest, and close with expressions of gratitude and exchanges of contact information. But in *Grub*, being virtuous is never boring. Witness Bryant's transformations of mouth-watering bad-for-you foods into good-for-you treats. How do Grandma's Pastelitos sound? Or Chocolate Pecan Pudding Pie?

Grub inspires us with what we *can* do instead of numbing us with what's been done *to* us. In example after example, the authors show the large effects of "small" actions. My personal favorite? The supermarket owner in search of Fair Trade coffee who said he'd received "hundreds" of requests. When Anna investigated more closely, in fact he had received a total of only 12 postcards!

Elsewhere, Anna quotes Professor Wangari Maathai, Nobel Peace Prize winner and founder of Kenya's Green Belt Movement: "We all know how much trouble we would be in if we got on the wrong bus, headed in the wrong direction. But if you are on a bus and discover it's headed in the wrong direction, what would you do?" *Grub* offers compelling evidence that our food "bus" is headed off-road fast—that it's time to get off and chart our own course.

Anyone who still believes that pesticides and genetic modification will save the world from hunger would do well to check out what *Grub* calls "the six illusions." Those who fear that buying organic

chicken will cost them their nest egg can take heart at the book's comparison charts showing how to save your health *and* your money. And those of us who, like White Rabbits, are rushing around late, late, late will appreciate the book's many time-saving tips and tools.

Grub shows how to find and access local resources. For those who search but discover they have *no* local resources, it gives tips on how to start a CSA or Farmers Market. (And in case that sounds overwhelming, consider that the Lower East Side Girls Club did exactly that.) By the time you close this book, your mind map of America will have changed forever, enriched and dotted with green for each food coop, farmers market, CSA, local/organic restaurant and family farm. (Our Coop stars on page 101!) You may also become a silver-tongued problem solver, able to reel off three separate strategies for urban composting to naysayers who insist it can't be done.

In short, *Grub* is a book we

all can learn from, and one that most of us—with the obvious exceptions of agribusiness executives and their major shareholders—will love. And if you need *another* reason for buying this wonderful book, here it is: a portion of the earnings from each copy of *Grub* will be divided equally between b-healthy! and the Small Planet Fund.

In a telephone interview during the *Grub* book tour, I asked Anna her greatest hope for *Grub*'s impact. Her response? "I hope it

helps more people understand the power of our food choices to help create the world we want. It's not enough just to buy organic, we also need to help build the regional and local food economy." Would she like to add or subtract anything from *Grub*? "Hmm," she said. "I was so conscious of trying to keep the book short...I wish I could have included more stories on institutional change, so many had to be left out." "OK," I said, "so what's next?" She had a good

laugh at that one. "Lots of possibilities," she said. "But first, I'm going on vacation!"

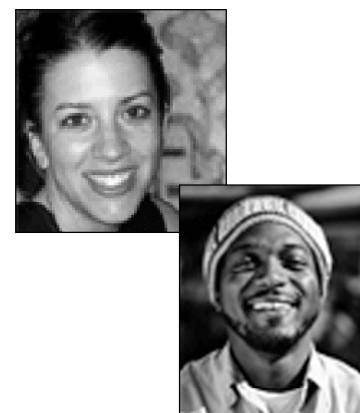
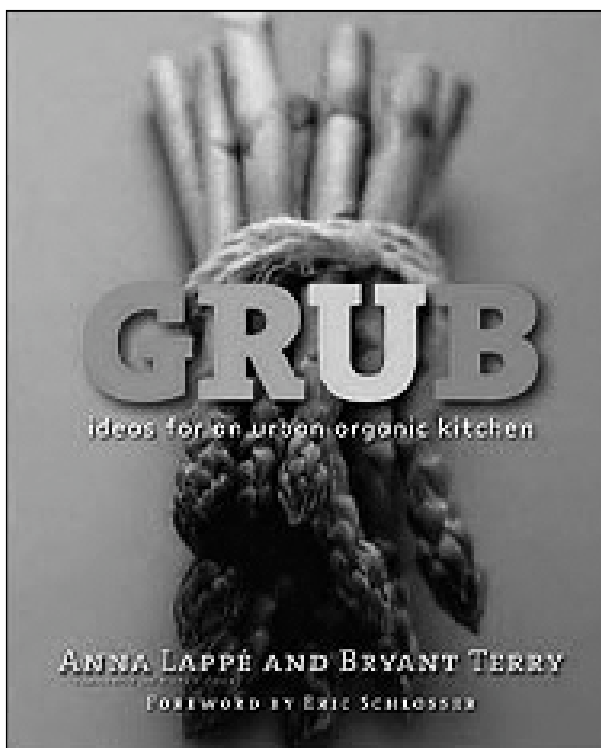
Local events featuring Anna and Bryant:

*Thursday, 5/11: Dinner and book signing, Smooch organic café and wine bar, 264 Carlton Ave., www.wannasmooch.com

*Saturday, 5/13, Cooking demo & book signing, Grand Army Plaza Farmers Market, 10:00 a.m. – noon, www.greenmarket.cc

*Saturday, 5/13, book signing, Park Slope Food Coop, 1:00 p.m.

*Sunday, 5/14, Workshop & book signing, Sacred Center, 330 W. 38 St, Suite 704, Manhattan. 212-404-7874 ■



Grub authors Anna Lappé and Bryant Terry

presented by the PSFC Safe Food Committee:

Grub: Ideas for an Urban Organic Kitchen



Meet and speak with the authors: Anna Lappé, a Coop member, and Bryant Terry.

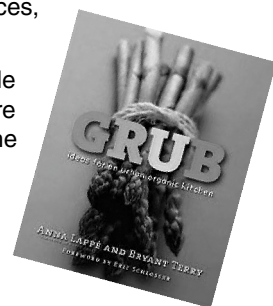
**Saturday, May 13
1:00 p.m.
in front of the Coop**

- They will have copies of their book available at Coop prices.
- If you already have one, bring it to be signed.

They use the term "Grub" to mean food that is for everyone. On their multi-city tour, they're honoring grub at farmers markets, restaurants, and farms; raising money for food banks, gardening programs, and farmer coalitions; and participating in teach-ins, conferences, and forums.

They are trying to connect with people active in local campaigns and to share ideas with everyone for how to use the power of their dollars, voices and votes.

A review of the book will be in the May 11 Linewriters' Gazette.



BEST ECO-CHOICE

Presented by the Environmental Committee

Rechargeable Batteries

Keep toxic chemicals out of landfills while keeping more money in your pocket. Every time you recharge batteries, you use less net energy while avoiding toxic waste from throwaways. Rechargeables are a win-win for the consumer and for the ecosystem.

The Well-Run Shopping Squad

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number of passes or vouchers to bring in guests annually, the way health clubs do. "One pass per year would end this abuse," she said.

Besides managing the squad, there are a seemingly endless number of tasks a squad leader has to do—making sure the fire station is not blocked, dealing with suspended members who want to shop, being a co-counter for the cashiers, getting support for technical problems. Given the scope of the leader's role, Ellen thinks it would help if there were a manual defining the squad leader's duties, or a meeting every now and then to review their responsibilities.

She's been squad leader for a year now and all in all is happy with the way things are going—with the indispensable help, she is quick to point out, of her co-leader Erin Cox. But, she admits, she's exhausted by the end of her shift.

Rafael Gomez says he runs his shift "with jokes." Jokes, but also a gentle discipline.

"As a squad leader," he said, "you have to make sure people work together well, and you have to enjoy dealing with people, and being nice to them." But he is not against being directive when it's necessary. "When I see the line is big, I go to everyone, and say 'You'll have to push a little bit faster.'" Rafael expects people to give it their best. "If they're not willing to do things the right way, I don't want them on my squad." He admits to being a little tough sometimes. "I don't believe in people being absent just because it's sunny outside. I want to be outside, too, but I've made a commitment to be here." And, he adds, emphatically, if people expect special treatment for some reason, either because "they look like me, or they think they're cute, or whatever, it doesn't go well with me...I don't let anyone slide. If people don't follow the instructions, I don't back down, it's not my nature," Rafael said. Does it work? Yes, he feels. The people I

work with like me," What's the secret, we asked. "I give them love," Rafael confessed, "and people feel that and appreciate it."

The trickiest part of the job, he said, is the time when one shift is leaving and another coming on. He pointed out that it's crucial to develop a good relationship with the previous shift to create a smooth transition and he always tries to arrive early to supervise that phase of the work. Like Ellen, he also feels people coming in to do make-ups create a problem. He would prefer it if people checked with him first to ask if they could come for a make-up. That way he would know exactly who is coming, and how many to expect and could plan his shift better.

Squad leader Ken Garson sees the job of squad leader primarily as a facilitation and helping job. "I make suggestions about ways to approach things," he said. Being in that position you get a lot of people who are frustrated, a lot of negative attention gets put on squad leaders, and what's really helpful is if you can listen and take it in but not take it personally, and not get upset. Often it's enough to let people talk and give them your perspective. Another factor in making things run well is his co-leader Karen Nussbaum, who, he said, "is excited about the work, and gives it everything."

Ken also cited problems with the system of make-ups. Because it's so flexible, he said, it's difficult for the Coop to have the right number of people on a given shift. "Typically, we don't have enough people on our squad, but other shifts have too many. He suggested one way around this dilemma would be to reward people who report their absence ahead of time, perhaps by requiring only one make-up instead of two.

Regarding make-ups, Ken's shift has its own policy. Members who know they are going to miss a shift need to make an effort to cover it. And if they don't succeed they have to let one of the squad leaders know. If they fulfill



that obligation, they are given one make-up. But if they don't make any effort to replace themselves, and don't call at least two hours ahead, they receive two make-ups.

At the recent General Meeting, which was called specifically to focused on the work requirement, Joe Holtz

remarked that it's crucial in a coop "to get the labor system right," and failure to do that causes many of them to fold. With regard to make-ups, specifically, he pointed out that "Sometimes make-ups save us, and sometimes they overwhelm a squad." The squad leaders we spoke to seem to reinforce that view. ■

Diversity and Equality Committee Seeks Members with Data Skills

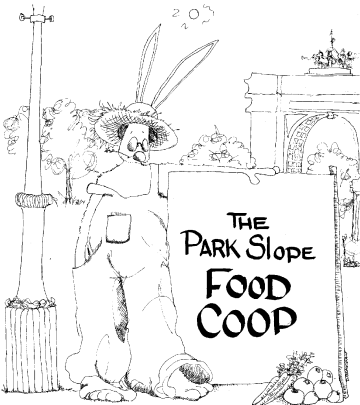
The Diversity and Equality Committee (DEC) is pleased to report that some PSFC members have responded to our call for new members. New members will help to safeguard our Coop as a respectful and enjoyable place for all to shop. At this time we're seeking members with computer and database creation and management skills. This new member will help to order, store, track and access internal committee documents and incoming data.



Interested Coop members are invited to attend our next meeting on Thursday, May 11th at 6:00 pm at the Coop or to reach us at diversecoop@yahoo.com. Leave your name and contact information and let us know what skills and/or experience you bring.

Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the workslot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.



The Street Squad serves an important public relations role for the Coop. From tables set up outside the Coop, at local street fairs and at special Coop events, members of the Street Squad talk to current and prospective Coop members, give out literature, answer questions, give tours of the Coop, and just generally give people the chance to become familiar with the Coop.

We invite you to join us if you are:

- ◆ a Coop member in good standing for at least six months
- ◆ friendly and upbeat with enthusiasm about the Coop
- ◆ knowledgeable of Coop procedures
- ◆ willing to work outdoors
- ◆ willing to work weekends during the spring, summer and fall
- ◆ reliable, responsible and able to work independently

New Street Squad members must attend a training session.

If you are interested in joining the Street Squad, please contact :

Robin
718-230-7199
call before 9:00 p.m.



New Member Orientation Leaders

We are looking for people with a teaching or training background who can work either Sunday afternoon or Monday evening.



Some behind the scenes jobs in the office...

Office Setup

6:00–8:30 a.m. — Help prepare the office for the day. During this shift there are no busy phones and it's a less hectic time in the office.

Data Entry

3:30–6:15 p.m. — Enter into the membership database the changes that have been logged through the day.

Make-up recording

8:30–11:00 p.m. — Give people credit for made up workslots, upgrade their work status, and make them happy. You get to do all that. The end of the day in the office, much less hectic than earlier in the day.

...and in maintenance

All maintenance slots are two hours long.

Mop Cleaning

Thursday noon–2:00 p.m. — Restore them to freshness and sweetness. They get heavy use, so we need to maintain them well.

Refrigerator Cleaning

Mondays 9:00–11:00 a.m. — The three refrigerators that need weekly attention are on the second floor—childcare, meeting room and staff room. (The cleaning of the store refrigerators is part of other maintenance teams.)

Cheese Area Cleaning

Wednesday 6–8:00 a.m. — An important place to keep clean, and it is cleaned at least daily. You will be doing the weekly deep cleaning.

What Is That? How Do I Use It?

It's a heady time
spring get a toe in
and the next thing
inundation
as you read this
the earth is yielding
giving way
turning itself inside out
with new life



Poke around in the produce aisle with me
unearth the season's gems
the modest artichoke
the elegant asparagus
the podded peas
demystify fava beans
say goodbye to sunchokes and parsnips
hello to strawberries ramps and spring onions

Avail yourself of the Coop's bounty
diversify your menus
with selections from the bulk aisle
no need to eat the same thing
week after week
the bulk aisle is the nutritional equivalent
of a herd of cattle, a river of fish
a coop of chickens
all in ten square feet

We'll talk about this treasure
share recipes nutrition info
storage and buying tips
all kinds of stuff

Come tour with me
Myra Klockenbrink

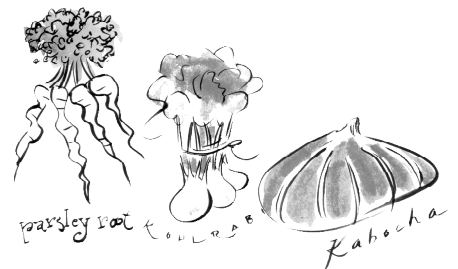
Next Tours:

Friday, May 26
Monday, June 19
Friday, June 30

tour hours:
12:00–1:00 & 1:30–2:30 p.m.

Sign Up:

Tours are limited to six people.
Sign up by the elevator.
If there are openings, a page will be made at
the time of the tour, but if you want to
assure a space for yourself, be sure to sign
up.



Coops Helping Coops

Help a coop in formation in Brooklyn

FTOP credit available

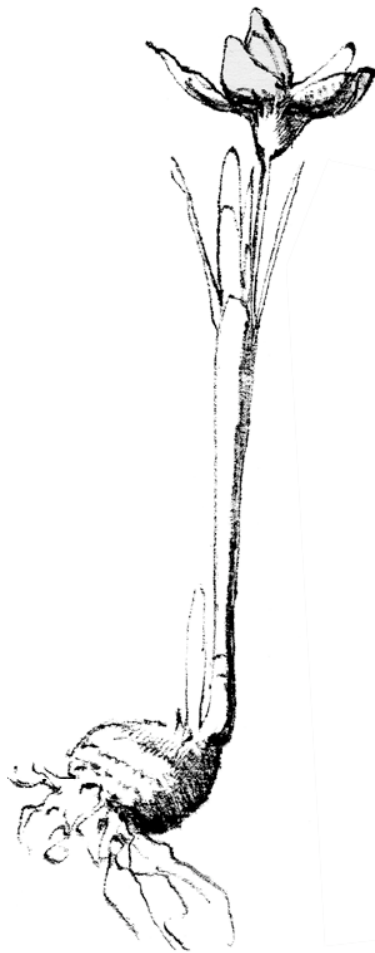
In our continuing support of other coops in accordance with the sixth Principle of Cooperation, we frequently offer consultation. In addition, we have offered the newly forming East New York Food Coop help in the form of Park Slope Food Coop member workslots.



The East New York Food Coop is in need of a diverse group of PSFC members to assist in the final preparations for a summer opening. PSFC members [cut: from all squads] may receive FTOP credit in exchange for their help.

Volunteer-run committees could include construction (researching construction/renovation estimates, location scouting), publicity and membership drives (educating on how a coop works, why it's valuable), maintenance/cleaning, and running the store while membership builds. Locations are accessible by the A, J and 3 trains.

If you have skills in these areas and would like to support our sister coop, please email linda_wheeler@psfc.coop or call the office.



PARK SLOPE FOOD COOP

MISSION STATEMENT

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members. A “Member Submissions” envelope is in the *Gazette* wall pocket near the exit of the Coop.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the published guidelines.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Double-spaced, typed or very legibly handwritten.

Submissions on Disk & by Email: We welcome digital submissions by disk or email. Email to GazetteSubmissions@psfc.coop.

Classified & Display Ads: Ads may be place on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the “Merchandise–Non-commercial” category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$18 per year to cover the cost of postage (at 1st class rates because our volume is low).

Printed by: Prompt Printing Press, Camden, NJ.




Friday
May 19
8:00 p.m.

very

The Good Coffeehouse

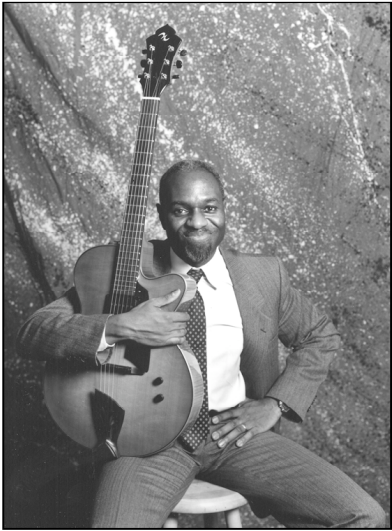
COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture



JEZRA KAYE

When she's not busy saving the neighborhood with Develop Don't Destroy Brooklyn, singer **Jezra Kaye** weaves her sultry, swinging magic on a mix of jazz standards, blues and sophisticated pop. Come find out why she and her great backup musicians always pack the Good Coffeehouse.



JEROME HARRIS

Guitarist **Jerome Harris**—long a mainstay of groups led by Jack DeJohnette, Sonny Rollins, Ray Anderson, Paul Motian and Bob Stewart—will wander off the "jazz planet" a bit, playing and singing resonant but seldom-heard songs by both prominent and underground tunesmiths. With fellow Coop members Gary Fisher, keyboard; Cliff Schmitt, bass guitar; and Ben Perowsky, drums.

53 Prospect Park West [at 2nd Street] - \$10 - 8pm [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 11.

Cryptogram Topic: Herbal Crystals

The code used on the list below is a simple letter substitution. That is, if “G” stands for “M” in one word, it will be the same throughout the list.

F M U O S Y M F Y

L R A W F S Z F Y A

P Y A F T O Y S T R R V

Z A O Q Q F T N F A B

U R T Z F V Y O A

D F P F T D F X

Z V . G R U S ' Z X R T V

M Y V Z M A Y X

M Y N F S S F

Y A D Y A D Y

Y Z V T Y L Y A E Z T R R V

K E V M U F T ' Z K T R R B

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Post Production: Becky Cassidy

Index: Len Neufeld



COOP CALENDAR

New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.
Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:
May 25 issue: 7:00 p.m., Mon, May 15
Jun 8 issue: 7:00 p.m., Mon, May 29

CLASSIFIED ADS DEADLINE:
May 25 issue: 10:00 p.m., Wed, May 17
Jun 8 issue: 10:00 p.m., Wed, May 31

Plastic Recycling

- **2nd Saturdays**, noon–2:00 p.m.
- **3rd Thursdays**, 7–9:00 p.m.
- **last Sundays**, 10:00 a.m.–noon
- Plastics #1, 2 & 4, only those *not accepted by* NYC plus plastic shopping bags
- All Clean & Dry!



General Meeting



TUE, MAY 30
GENERAL MEETING: 7:00 p.m. The agenda appears in this issue. Flyers will be available Wednesday, May 3 in the entryway of the Coop .

TUE, JUN 6
AGENDA SUBMISSIONS: On June 27, the Annual Meeting followed by the General Meeting have fixed agendas. Items submitted will be considered for the July GM & beyond.

The Coop on Cable TV

"Inside the Park Slope Food Coop"
FRIDAYS 1:00 p.m. with a replay at 9:00 p.m.
Channels: 56 (TimeWarner), 67 (CableVision)

GE Campaign Meeting

TUE, JUN 13
SAFE FOOD COMMITTEE: (formerly GE Campaign Committee): Open meeting for members & non-members. 6:30 p.m. for training on genetic engineering; 7:00 for work session.

Attend a GM To Receive Work Credit...

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet located in the ground floor elevator lobby. On the day of the meeting sign-ups are allowed until 5p.m. and the sign-up sheets will be located in the Membership Office all day. On the day of the meeting, come to the Office to add your name to the list and to receive your information packet. Some restrictions to this program do apply. Please see below for details.

Two GM attendance credits per year:

Each member may take advantage of the General-Meeting-for-workslot-credit program two times per year.

Certain Squads are omitted from the Program:

You may attend the GM for credit only if you are a member of a Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committee. Other Squads are omitted either because covering absent members is too difficult or attendance at the GM is already part of the workslot's responsibility.

Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting. GMs typically run from 7:00 p.m. - 9:45 p.m., though they occasionally run longer.

Childcare is provided at the General Meeting location:

To request that childcare be provided for your child at the meeting, you must notify a paid staff Office Coordinator in the Membership Office at least one week prior to the meeting date.

Sign the Attendance Sheets at the Meeting:

During the GM an attendance book will make its way around the room. Please sign

your name in this book. After the meeting the Chair will provide the Workslot Credit Attendance Sheet. You must also sign this sheet in order to receive credit.

Being Absent from the GM:

There is no penalty if you sign-up for the meeting and then cannot attend. We do ask that you try to keep the sign-up sheet current and remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

If you are on an ABCorD shift and are "ACTIVE" for work on the night of the meeting:

You will be given an FTOP credit for attendance at the meeting. You are not required to use this credit at a particular time. However, to use this credit you must follow the Coop's rules for "Using Banked FTOP Time" that are explained in a flier available in elevator lobby literature racks and in the Membership Office.

If you are on an ABCorD shift and owe a make-up on the night of the meeting:

The GM attendance credit will automatically be applied as a make-up.

If you are on FTOP:

Recording of your attendance at the meeting and an FTOP shift credit will be applied to your FTOP record after you have attended the meeting.

Consider making a report to your Squad after you attend the meeting:

You can help inform other members about current Coop issues, the GM in general and the GM-for-credit program in particular by making a brief report about your GM experience. You can make this report the next time you meet with your squad or, if you are on FTOP, the next time you work on any Squad. Generally these reports work best as part of a squad end-of-shift meeting. ■



WORKSLOT NEEDS

**WORKSLOT NEEDS LISTINGS
APPEAR ON PAGE 5.**

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, May 30, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

PARK SLOPE FOOD COOP

MISSION STATEMENT



The full mission statement appears on page 5.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mail-slot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. *Denotes a Coop member.

FRI, MAY 12

GOOD COFFEEHOUSE: Traveling Troubadour series. Guitar-picker Mike Dowling, one of the best guitar pickers in the universe, a virtuoso in country blues, slide & swing styles. \$15 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, MAY 13

PEOPLES' VOICE CAFE: NYC Labor Chorus. Workmen's Circle, 45 E. 33rd St. (btw. Madison & Park); www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903.

PIER SHOW 14: Meet the Artists Reception. UnPlugged in Red Hook: pianist Liz Magnes, 3:00 p.m. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

CERDDORION VOCAL ENSEMBLE invites you to journey with us and Kristina Boerger, Artistic Director, in an evening of music by New York composers entitled: L'Invitation au Voyage. Church of St. Luke in the Fields, Manhattan at 8:00 P.M.\$20 at the door (\$15 for students or seniors). Featured works in this program include John Corigliano's L'Invitation au Voyage and Robert Dennis's Morning Group I (commissioned especially for this concert). Also on the program are pieces by Ned Rorem, Patrick Castillo, Julie Dolphin, Martha Sullivan, and Matthew Harris. For more info, visit www.cerddorion.net.

SUN, MAY 14

PIER SHOW 14: UnPlugged in Red Hook: Paula Jeanine & American Ghazai, 3:00 p.m. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

FRI, MAY 19

GOOD COFFEEHOUSE-COOP NIGHT: Jezra Kaye* & Jerome Harris*. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, MAY 20

PEOPLES' VOICE CAFE: Carolyn Hester; David Blume. Workmen's Circle, 45 E. 33rd St. (btw. Madison/Park); www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away. 212-787-3903.

OPEN STUDIO TOUR: Park Slope & Environs, artists speak. BWAC, Bkln Waterfront Artists Coaliton. More info at www.bwac.org

SUN, MAY 21

OPEN STUDIO TOUR: Park Slope & Environs, artists speak with Priscilla Bain-Smith. BWAC, Bkln Waterfront Artists Coaliton. More info at www.bwac.org

SAT, MAY 27

PIER SHOW 14: UnPlugged in Red Hook: live music series. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

SUN, MAY 28

PIER SHOW 14: UnPlugged in Red Hook: Richard Bennett Duo, 3:00 p.m. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

FRI, JUN 2

GOOD COFFEEHOUSE: Legendary folk icon, Rod MacDonald, Traveling Troubadour Series. \$15 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, JUN 3

REDHOOK WATERFRONT FESTIVAL: Red Hook / Carroll Gardens / Cobble Hill Open Studio Tour — Red Hook Rising. Opening Sundays at the Barge. BWAC, Bkln Waterfront Artists Coaliton. More info at www.bwac.org

FRI, JUN 9

GOOD COFFEEHOUSE: Brooklyn Women's Chorus, founded & directed by *Bev Grant. 45 women singing together to create one powerful voice for peace & justice. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, JUN 10

GATEWAY TO THE NATIONS POW WOW: Floyd Bennett Field Gateway Nat'l Recreation Area, Bklyn. 10–8:00. Performances of Native American dance & song, drummers, dancers from around the world. Info: 718-686-9297, redhawkarts@mindspring.com

SUN, JUN 11

GATEWAY TO THE NATIONS POW WOW: Floyd Bennett Field Gateway

Nat'l Recreation Area, Bklyn. 10–8:00. Performances of Native American dance & song, drummers, dancers from around the world. Info: 718-686-9297, redhawkarts@mindspring.com

PIER SHOW 14: UnPlugged in Red Hook: *Jenny Hill & Chill Factor, 3:00 p.m. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

FRI, JUN 16

GOOD COFFEEHOUSE-COOP NIGHT: Celebration of Gay Pride *Viva DiConcini, *Athena Reich & *Gloria. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, JUN 17

PIER SHOW 14: UnPlugged in Red Hook: folk singer Tina Olsen, 3:00 p.m. BWAC, Bkln Waterfront Artists Coalition. More info at www.bwac.org

SUN, JUN 18

FULTON ART FAIR: 48th Annual. Fulton Pk, Bkln, btw Fulton St & Stuyvesant Av, noon til dusk. Info: 718-707-1457.

FRI, JUN 23

GOOD COFFEEHOUSE: Season Finale—singer songwriters Terence Martin & Ned Massey. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SUN, JUN 25

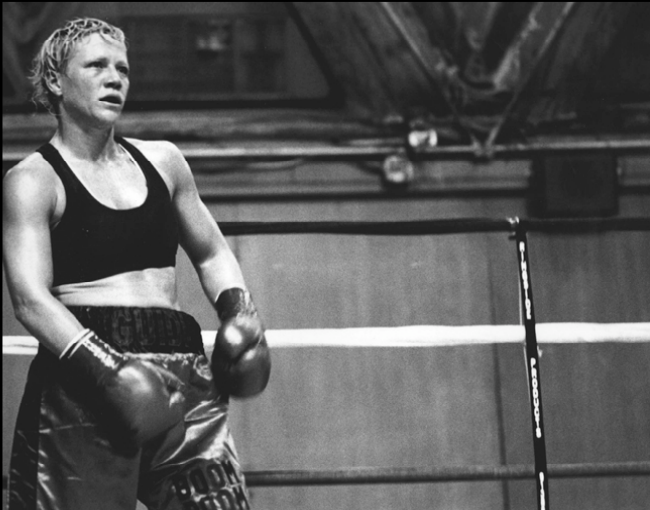
FULTON ART FAIR: 48th Annual. Fulton Pk, Bkln, btw Fulton St & Stuyvesant Av, noon til dusk. For more info: 718-707-1457.

ONGOING SHOWS/EVENTS

THROUGH JUNE 3
THE BROOKLYN SHOW: A BWAC Group Show. In a time when the New York Art scene has become as regionally delineated as the boroughs themselves, the lines will sometimes blur for unique opportunities such as this. Members of BWAC have crossed the water into Manhattan and taken with them a glimpse into Brooklyn's art community. A broad range of styles unified by the theme of "Brooklyn." Van der Plas Gallery. Pier 17, South Street Seaport, 89 South St. 2nd floor, 212-227-8983. 10am-9pm daily. www.vanderplasgallery.com.



Friday, June 2 • 7:00 p.m.
at the Coop



RED RAIN

The Story of Gina “Boom Boom” Guidi

A real-life version of the hit independent film *Girlfight*, this documentary chronicles the difficult career of female boxer Gina “Boom Boom” Guidi. Threatening to the general population for her transgression of the traditional female role, Guidi has fought against odds to become a world champion in the middleweight class. The product of an impoverished childhood that was flooded with drugs and abuse, thirty-five year old Guidi continues to struggle with personal problems—being a single mother—andcareer hurdles. A touching and inspiring documentary, by **Laura Plotkin, Red Rain** is a “success against odds” drama that has definite feminist undercurrents.

FREE
Non-members
welcome

Editor Gabriel Rhodes has worked as a documentary editor and independent filmmaker for seven years. His most recent film, the dark comedy *Anna Is Being Stalked*, was hailed by the Associated Press as “The best seven minutes of the 2002 Sundance Film Festival.” His edited work, which has been nominated for a Regional Emmy Award and a Rockefeller, has premiered at over 50 film festivals worldwide including Sundance and Cannes. His television clients include Showtime, Sundance Channel and A&E. Mr. Rhodes received his Master’s degree in documentary film from Stanford University in 2000.

A Q&A with Gabriel will follow the screening.

Film Night organizer, **Trish Dalton**, can be reached at mail@trishdalton.com or 718.398.5704.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Did you buy a 2006 We’Moon engagement calendar?

The publisher has acknowledged the defective binding. You may seek redress directly with them.

The notice from our distributor says, “...the customer should call We’Moon’s number 1-877-693-6666, and they will take care of the problem.” It doesn’t say they will exchange it but they would probably be willing to do so. It also says that they “are confident that they have taken care of the problem [for 2007 calendars].”



LETTERS TO THE EDITOR

HOLD A MOP, AND POOF!—YOU'RE INVISIBLE AT THE COOP!

TO THE EDITOR:

I can confirm Pia Palladino's observation that you'll be treated like a menial by many other Coop workers working the maintenance squad. No matter what you look like, holding a mop or broom seems to convey one with the magical ability to become instantly invisible to most of your fellow Coop members shopping around you or it will allow others to feel like they can treat you like a 2nd class Coop member. I think Pia's idea of making EVERY MEMBER do a maintenance shift at least once, is an EXCELLENT IDEA, and one that might give many members a much-needed lesson in appreciation and respect for all those who clean, keep, and make our environment pleasant to be in.

S. Au

HOW CHINESE EAT DAIKON LEAVES

TO THE EDITOR:

I guess not many people know daikon leaves are edible because sometimes I see them being discarded on the shelf. As a matter of fact, they are quite delicious. In Chinese cooking, we consider them as one of the rare ingredients which provide an exotic flavor compared to commonplace everyday vegetables. In addition, according to Chinese medicine, these leaves have a cooling attribute which could be used to reduce inner heat in the body, for example, the symptoms you feel after nights of sleeping in an overheated room. Even though the leaves found in Coop daikons are not that tender, they are still endurable especially when treated properly.

Here is the recipe:

One bundle of daikon leaves
2-3 tablespoon of olive oil
half pack of baked tofu (I use Organic Baked Tofu by Fresh Tofu Inc., which is most similar to Chinese style baked tofu, do not use stuffed one.)
1 cup of shelled edamame soybean (in frozen area)
Wash the leaves thoroughly, chop into very small pieces. Sprinkle 1/2

tablespoon salt onto them and mix well, let stand for 10 minutes, then squeeze extra water (This procedure is crucial to get rid of the bitterness and make them a bit tender). Dice baked tofu. Heat oil to medium high temperature, put all ingredients into wok and stir for 1 minute. Add some water, close the lid for 2-3 minutes or until desired tenderness reached.

If you find the leaves a bit too dry and hard to swallow, next time you may add more oil and water and cook a few more minutes.

Enjoy!

Chun Lu

NAME WANTED

TO THE EDITOR:

What to call our newest squad, Members whose work draws gawkers, Who help by pushing homeward carts? Anything but street walkers.

—Leon Freilich

H.S. STUDENTS TO VISIT HEIFER INTERNATIONAL FARM

TO THE EDITOR:

A group of twelve 9th and 10th graders from the High School for Global Citizenship in Prospect Heights are going to spend a week in June at the Heifer International Learning Center in Perryville, Arkansas. Tim McKuin, Coop member since August, 2004, and Erin A. Bauer, two teachers at the school, will lead the group as they learn about Heifer International's various efforts to end world hunger while gaining first-hand knowledge of the difficulties many people around the world go through to raise and prepare their own food. While in central Arkansas the group will also visit the William Jefferson Clinton Presidential Library and the River Market area in Little Rock.

The High School for Global Citizenship is a small public high school that started in the Prospect Heights neighborhood of Brooklyn in 2004 with roughly 110 students. Each year a new class will be added until the school has 440 students in grades 9-12. Over 75% of the student body qualifies for free lunch. The school seeks to help students become actively aware of connections between their local experiences and the rest of the world while engaging in an academically rigorous 4-year program of study. The summer

trip to the Heifer Ranch fits seamlessly into the school's mission and will provide the students an opportunity to spend time in a part of the United States that many of them would probably not see otherwise.

Individuals interested in helping to make this exciting trip possible for the students should visit the school's website, www.hs-gc.org, for more information. Follow the link in the "News and Announcements" section to make a tax-deductible donation toward the cost of the trip.

Tim McKuin

CAMPAIGN FOR CO-OP DEMOCRACY

TO MY DEAR COMRADES IN THE STRUGGLE FOR CO-OP DEMOCRACY:

Now it's time for the Board of Directors sham election again, and for a recap of the Campaign for Co-Op Democracy. We should receive our ballots in late May. "They must be returned—not just postmarked!—no later than Monday June 26th, one day before the June General Meeting." Please vote even if you're not "sure" who the Board members should be—for my sake and yours!

Our goal is a parliamentary democracy with party-list elections. —Assembly of Elected Delegates
Lesser goals along the way include: —Regularization and accountability of meeting procedures. —Merging of the Chair Pool and Agenda Committees according to The Roving Parliamentary Advisors Plan.

—GM oversight and accountability of the *Gazette*: *Gazette* to become a GM committee. Editors of the *four separate Gazette squads* (yes there are *four*!) and the two coordinating editors (currently Stephanie Golden and Erik Lewis) to be elected by a referendum to be included in the annual Board of Directors Ballot (which our rulers misleadingly call a "Proxy").

—GM oversight and accountability of the three Disciplinary Hearing Committees: Reports in the *Gazette at least quarterly*, and for all past quarters, of all relevant actions of the Committees.

—Public Arraignments and Hearings. —Discussions and negotiations with the General Coordinators (the "Rulers") about these changes and the antidemocratic problems they address.

—Leafleting, discussion and promotion of these and other reforms to improve Co-Op democracy.

—Organizing and discussion through email and phone lists.

All of these plans have been detailed in letters and/or proposed at General Meetings. A lot of work and thought has gone into them over the last fourteen years. If one of them strikes your fancy, you may want to help me bring it to the General Meeting. Sign up for the mailing list or the phone tree. And above all—Join the Coalition for Co-Op Democracy!

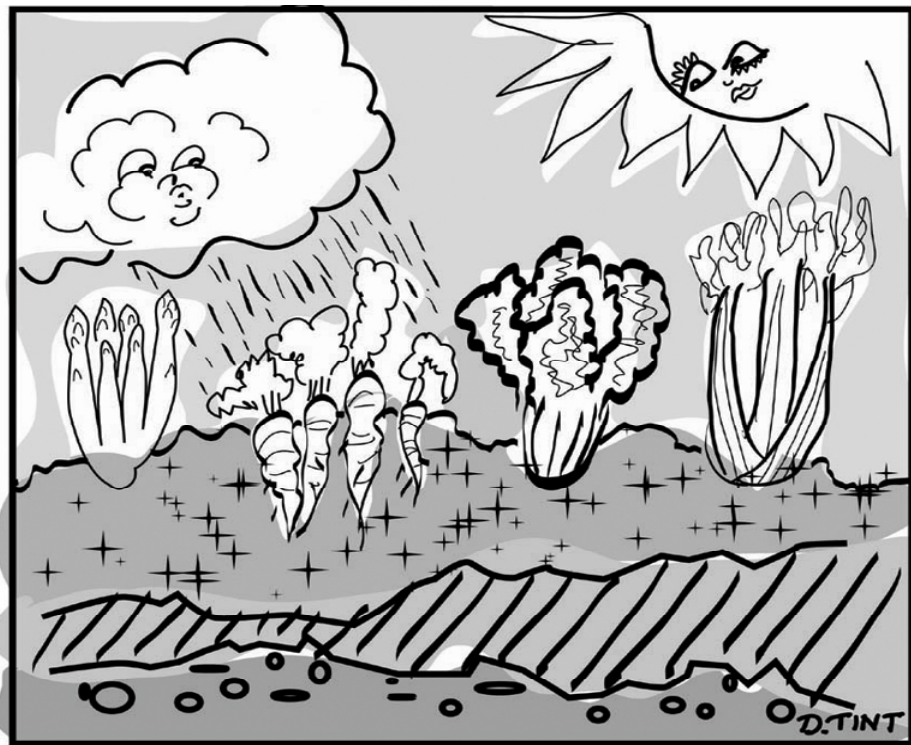
With cooperation, welcoming all attempts to dissuade me of my delusions, and listening to the heartbeat of the Co-Op and the drumbeat of democracy, I am as ever,

Your Devoted Delegate

Albert Solomon\

718-768-9079,

HOBCE@YAHOO.COM



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email

to GazetteSubmissions@psfc.coop or on disk. Disks are returned through an envelope at the back of the *Gazette* submissions box.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embar-

assment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:


1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.


3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

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The English Assistant
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Sharon Montoya
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**To Submit
Classified or
Display Ads:**

Ads may be placed on behalf of
Coop members only. Classified ads
are prepaid at \$10 per insertion, busi-
ness card ads at \$20. (Ads in the "Mer-
chandise-Non-commercial" category
are free.) All ads must be written on a
submission form (available in this
issue and at the front of the Coop).
Classified ads may be up to 315 char-
acters and spaces. Display ads must
be camera-ready and business card
size (2"x3.5").

Submission forms are available in
a pocket on the front wall of the Coop
near the exit door.

CHILD CARE

MY WONDERFUL BABYSITTER Shirley is available
full or part-time starting Sept. 1. She is great with
newborns and up. Call me for glowing reference,
Amy at 718-857-2248.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for mas-
sage therapist, acupuncturist, psychotherapist,
etc. Be part of a holistic center, either in a beauti-
ful Soho section or in an excellent Brooklyn neigh-
borhood. Doctor will introduce all patients to you.
For information call 212-505-5055.

EMPLOYMENT

DRIVE A CYCLE RICKSHAW 4 REAL \$\$\$! Do you
want to make lots of green while working green?
Much higher earning potential than couriers. The
season is now in full swing. Write to Gregg at
info@revolutionrickshaws.com for details or call
917-658-9467.

HOUSING AVAILABLE

BERKSHIRE SUMMER RENTAL. Big windows,
meadow/mountain view, minutes to Tanglewood,
Kripalu. Your own bedroom, separate living room,
one-half bath, fridge, microwave. You share full
kitchen, shower, washer-dryer. Ideal for writer,
artist. \$1200 per month, fall lease extension possi-
ble. Call Mina 212-427-2324.

MERCHANDISE

THINKING OF BUYING A WATER FILTER? Join lots
of PSFCoopers who use MULTI-PURE for drinking /
cooking / ice / tooth brushing / rinsing fruit & veg,
knowing lead / mercury / giardia / cysts / dry clean-
ing solvents / gasoline additives / particulate mat-
ter are removed from their water supply &
plumbing. Ede Rothaus 212-989-8277,
aqua4water@aol.com

CLAIREWARE POTTERY SALE. Come celebrate
Mother's Day at the Claireware showroom. All
pitchers and vases 10% off. Saturday and Sunday
May 13th & 14th from 10-6. 543 Union St. at the
corner of Nevins. Cash or check only.
718-875-3977. The Clairware showroom is open
most weekdays from 9-6, and most weekend after-
noons.

**MERCHANDISE
NONCOMMERCIAL**

FOR SALE: \$865 credit to Omega Institute to high-
est bidder, books, TV/VCR, VCR, Mixer, Waterpic,
new women's shoes size 8 and a half to 9. All in
good condition. 718-789-8822.

FOR SALE: 3 Breuer style director's chairs, lite gray
leather & chrome, great condition, \$50 each (new
\$150); Full Headboard bamboo; Chair, bamboo;
Table, metal and glass 26L X 18W X 16H, nego-
tiable. Call: 718-965-2184

ITEMS FOR SALE: Braun 10-cup coffeemaker, \$15;
vintage table radio (wood, solid-state, circa 1960),
\$50 or BO; gold-plated jewelry signed by artist
(vintage), \$20-40. Call 718-768-1598

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Willie Mae Rock Camp for Girls
A non-profit music day camp

Session 1: July 17 – 21
Session 2: August 7 – 11
Brooklyn Friends School

- Girls 8-18
- Sliding scale
- Camper spots still available!
- Volunteers needed

www.williemarockcamp.org

Heart of Humanity -- Life Itself Is a Mystery
Insight and Practice Workshop
Friday, May 12: 7pm and Saturday, May 13: 10am – 5pm
Brooklyn Society for Ethical Culture

\$1000 or Free Will Offering—You Decide
Embody Peace—BSEC and BSEC-NVC Fundraising Activity
20 Spaces--Reservations and Information,
718.496.5136, leave message or email nellie_bright@yahoo.com

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Answer to Puzzle on page 8

Echinacea, Goldenseal, Valerian Root, Slippery Elm, Horsetail, Feverfew, St. John's Wort, Cats Claw, Cayenne, Astragalus Root, Alfalfa, Butcher's Broom

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

SERVICES

ATTORNEY-PERSONAL INJURY EMPHASIS. 28 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 19-year Food Coop member; Park Slope resident. Tom Guccione, 718-596-4184.

COMPUTER HELP-Call New York Geek Girls. Crashes, viruses and spyware; networking; setup;

upgrades; training, etc. On-site or pickup/drop-off. References available. Long-time coop member. Call 347-351-3031 or email info@NYgeekgirls.com.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

PSYCHOTHERAPY: IT'S ABOUT LEARNING, clarifying and enhancing your repertoire. It's conversations using resources already present, though not yet noticed. It's about useful confusion, predictable uncertainty. Curious about this approach? Call for consult. Licensed psychologist. Greenwich Village. 718-398-2498.

ELIMINATE STRESS. Reduce chronic fatigue symptoms. Relieve neck, shoulder, back pain and tension. Improve sleep quality, digestion and elimination. With Shiatsu

you'll remember the joy of living. I can help. Claudia 718-938-5573 - over 12 yrs. experience.

VACATIONS

PUTNAM VALLEY, NY. Historic Three Arrows Cooperative. 1 and 1/4 hr. from Brklyn. Friendly, multi-generation, coop community. Lake, boating, clay tennis cts, cultural & educational activities. Weekly entertainment. Kid friendly. Newly renovated bungalows available for monthly rental: \$1250 (1BR)-\$2000(2BR). Info: Roxi 718-768-5708

STRATTON VERMONT RENTAL-Private 6-acre property w/views of Stratton Mt. Swimming, hiking. 2 housing options: 3-BR, 2-BA house (sleeps 8); or 1-BR, 2-sleeping lofts, 1-BA cottage (sleeps 6). Dogs OK. Jason at 617-233-5058. Strattonvacation@yahoo.com, vermontvacation.netfirms.com. House \$700/WK; Cottage \$600/WK

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE TICKETS for concerts for true classical music lovers only. Lincoln Ct., Carnegie, etc., on short notice sometimes. 10-20 concerts available each year. \$10/yr management fee. For more info, call: 212-802-7456.

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

WORDSPROUTS

The Park Slope Food Coop's Reading Series

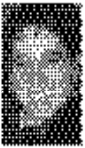
Communications Workshop

Want to be a better communicator at home, work, school or in your community?


Dian Killian will lead the group through some exercises from her book, *Connecting Across Differences*, that help people foster understanding and compassion for others and themselves.

Jezra Kays will show participants how to identify and develop their communications strengths through role-playing exercises. Teenagers are encouraged to attend.

Dian Killian, PhD, is founder and Director of Brooklyn Nonviolent Communication. She gives workshops and staff trainings and does individual coaching and mediation.



Jezra Kays is a speech writer, speaker coach and consultant. She works with individuals, adults and teens on skills development, coaching for individual and group presentations, and internal communications dynamics.



Friday, May 12
7:30 p.m. at the Coop

FREE Non-Members Welcome

All Wordsprout participants are Coop members.
Bookings: F.J. Caron, peola_caron@att.net

Views expressed by the presenters do not necessarily represent the Park Slope Food Coop.

Past Life Regression Through Hypnosis

WITH JEFFREY T. CARL, CHT.

DO YOU HAVE THE FEELING THAT YOU HAVE LIVED BEFORE?

Have you ever just met someone and felt like you have previously known them?

Are there other countries or cultures that seem familiar to you?

Well there might be an explanation for this.

Through hypnosis we can tap into the subconscious mind, as well as enter into a peaceful trance-like state to retrieve memories of our past lives.

Relax and take a journey within.

Gain:

- Realizations
- A deeper understanding of who you are
- Retrieve memories • Pass beyond death and back again

Bring: A blanket to lie down on or a comfortable lawn chair to relax into
A note book to write down anything that comes up


Jeffrey T. Carl, CHT, a Coop member, is a certified clinical hypnotherapist, and a member of I.A.C.T. Jeffrey is also certified in past regression through the Weiss Institute.

FREE
Non-members welcome

Saturday, May 13
11:00 pm at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

MEDITATION FOR PEOPLE WHO THINK THEY CAN'T MEDITATE



In this workshop you'll learn and practice five easy meditation techniques. Plus, you'll discover:

- How meditation can help reduce stress
- How to meditate in odd places
- Resources for a calmer life

Mina Hamilton has been teaching stress reduction, meditation and yoga in Park Slope for 15 years. Her book, *Serenity to Go: Calming Techniques for Your Hectic Life*, has been translated into Japanese, Chinese, Korean, German, and Dutch.

FREE
Non-members welcome

Saturday, May 20
11:00 a.m.—1:00 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Forgiveness

WITH MORAIMA SUAREZ

Is there someone you need to forgive?

Holding on to feelings of hurt, guilt, resentment, blame, anger and the need to punish binds up a lot of your own energy and keeps you locked in the past, instead of being fully present.

The Forgiveness Process allows you to release these negative feelings and completes your own healing.

LEARN TO:

- Forgive yourself and others
- Focus and use the power of unconditional love
- Align your head and your heart
- Use the power and energy of love to relieve stress
- Participate in a group unconditional love meditation

Moraima Suarez is a Coop member, certified Holoenergetic® Healing Practitioner, certified Bowen Therapist, and Reiki practitioner. She has studied and practiced the healing arts for over 20 years and her healing practice in the Park Slope vicinity.

FREE
Non-members welcome

Saturday, May 20
6:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

EATING FOR ENERGY

Are you constantly running out of energy by the end of the day? Do you find yourself on a rollercoaster of highs and lows, coffee and sugar? Do you want to feel totally alive?

Our bodies are designed to have vibrant health, unlimited energy and joy. The secret is choosing foods which balance, rejuvenate and feed peak performance.

In this workshop learn nutrition strategies to use in your daily life which will increase your energy levels, help you experience radiant health, look younger and reduce stress.

Coop member **Joase Ford** is the director of Alchemy of Soul, a holistic health counseling practice. She loves sharing her passion for integrating ancient healing systems with cutting edge scientific nutrition, with the purpose of helping people break through to new levels of energy, performance and joy.

FREE
Non-members welcome

Tuesday, May 30
7:30 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Winning the Race against Time

WITH SUSAN MARTIN

Business Owners, Sales Agents and Professionals:

Do you race against the clock?

- Miss deadlines?
- Run late for appointments?
- Feel unproductive?
- Never have time for yourself?

If so, join us for an interactive evening that will help you:

- Manage your time
- Increase productivity
- Meet your deadlines
- And, have time for yourself!

Susan Martin created **Business Sanity** to help business owners and sales professionals who struggle with marketing, management and productivity; who want to increase profits, avoid burnout and learn how to run their business most effectively. Susan is a Coop member.

FREE
Non-members welcome

Tuesday, June 6
7:30-9:00 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Coop Job Opening: Receiving/Stocking Coordinator

Description:
The Coop is hiring a Receiving/Stocking coordinator whose primary responsibility will be the Frozen Food Buyer. The Frozen Food Buyer spends a lot of time in the freezer, inventorying stock, receiving and putting away the deliveries. Applicants must be able to work in below freezing temperatures, be very organized, and have a good spatial sense. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours.

The ideal candidate will have been working on a Receiving workslot for the Coop. You must be an excellent team player, as you will be working closely with other Receiving Coordinators and our diverse member workforce. It is essential that the candidate be a reliable and responsible self-starter. Excellent communication, patience, the ability to prioritize the work and to remain calm under pressure are all necessary skills.

- Hours:** 35 hours per week; with most days starting at 6:30 am. The exact schedule is to be determined and it may include occasional weekend or evening work.
- Wages:** \$20.28/hour with at least an annual cost-of-living adjustment effective every February.
- Benefits:** —Sick time
—Vacation—three weeks/yr increasing in the 4th, 7th & 10th years
—health insurance
—pension plan
(no payroll deductions for benefits)

Application & Hiring Process:
Please provide a cover letter with your resumé as soon as you can. Mail your letter and resumé or drop it in the mail slot in the entryway of the Coop. Please state your availability.
All applicants will receive a response. *Please do not call the office.*
If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:
There will be a six-month probation period.

Prerequisite:
Minimum of six months' membership in the Park Slope Food Coop.
Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

**We are seeking an applicant pool
that reflects the diversity of
the Coop's membership.**

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Maris Abelson	Joel Gold	Tal Marks
Courtney Alleghne	Daniel Goldman	Ameet Maturu
Clare Amory	Adam Gonzales	Fernanda Mazzuco
Alice Anderson	Linda Greenfield	Elisa Mehl
George (Jesse) Apostolakis	David Gross	Stefano Meldolesi
Damien Arsen	Marisa Guber	Meg Milewski
John Baker	Maurice 'Moe' Hall	Gail Moore
Ivan Banda	James Halliday	Neina O'Donnell
Janos Barna	Lynne Haney	Jan Pivoda
Joseph Bassal	Colin Hartnett	Adam Pogoff
Aloyse Blair	Caryne Hayes	Elizabeth Rizzo
Jordan Blum	Stephanie Housley	Adriana Rocha
Victoria Booth	Rhonda Hunte-Dubreze	Yvette Rodriguez
Betha Bourne	Lisa Jacobsen	Leah Rosenblum
Terrence Brown	Pristine Johannessen	Sebastian Rosset
Themba Brown	Eric Jones	Brandon Rust
Jennifer Burke	Leslie Joseph	Julianne Rust
Joe Cantor	Katrina Joyce	Shriya Bhargava Sears
Victoria Cernos-Kiely	Peter Joyce	Ofer Setty
Arthur Coleman	Prashant Kabade	Stephen Shelley
Andrea Coles	Lisa Kemper	Sara Shives
Sarah Cornwell	Muriel Kerzer	Francine Smith
Jennie Correia	Christy Lee Kim	Jerry Smith
Adam Davidson	Antonia Konkoly	Sarah Solon
Carole del Agnelle	Luke Kozikowski	Susanna Stein
Scott DeSimon	Kristen Kresge	Cedric Stier
May Dooley	Chris Lacinak	Andras Tapolcai
Ann C Dove	Ciara Lacy	Julia Thouet
James Dubreze	Holly LaDue	Stephan Thouet
Brenda Edwards-Baker	Jennifer Laoang	Wayne Titus
Christine Egan	Christine LaPlume	Cathy Vignola
Andrea Fava	Consuela Lawless	Michael Weissenstein
Lois Feller	Jennifer Leigh	Eric White
Malka Feller	Annemieke Beemster	Sherri Williams
Joseph Funt	Leverenz	Melodie Winawer
Phyllis Gadsden	Jessica Levin	Karen Zaccai
Jesse Gass	Leah Levitt	Edina Zsiga
Amy Gerard	Christina Liadis	
Tierney Gleason	Candace Marks	

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Trevor B.	Helen	Tamara Plotnick
Myra Batchelder	Gaby Hoffmann	Michael Quinn
Helen Beichel	Willifred James	Kervin Read
Simon Beins	Vetora Joseph	Liz Roberts
Kalifa Brown	Paul Josephs	Jeffrey Rotter
Astrid Cernos	Adam Karpati	Brandon Rust
Rachel Chernick	Michelle Kloehn	Benjamin S.
Bonnie DiGiovanni	Leah Koenig	Sean
Aimee Dorosin	Christina La Bue	Naeemah Senghor
Neil Dorosin	David Lantow	Kim Small
Elijah Feinstein	Maura Larkin	Molly Smith
Jennifer Fiedler	Mrs. Lefkowitz	Leah Stern
Lewanika Forde-Senghor	Gary Levitt	Susan
Chenda Fruchter	Josephine Mammana	Christopher Tabick
Brian Glashow	Elizabeth Maples	Tara
Brenda Glasse	Hannah Mason	Mark Vincent
Louise Guerin	Jessica Millstone	Dianna Weston
Susan Handwerker	Matt Mitler	Georgia Willmont
Hannah	Efua Morgan	Sabrina Wu
Matthew Healy	Osha	

