

Established  
1973



# LINEWAITERS' GAZETTE



Volume AA, Number 11

May 25, 2006

## Coop Thief Arrested

By Jessica Robinson

A non-member shoplifter who hit the Coop on and off for more than 10 years recently reappeared in the store. A cooperative staff effort resulted in his arrest off the premises on Tuesday, May 16. During his most active period, the thief stole from the Coop as often as once or twice a day, sometimes taking two full canvas bags of merchandise. In October, this individual allegedly shoplifted from the Coop and snatched a member's purse from an unattended shopping cart. Upon his arrest, he was charged with the felony purse theft and the shoplifting misdemeanor.

A complete report of these events will appear in the June 8 issue of the *Linewaiters' Gazette*, June 8th.

## Former Member Under House Arrest on Charges of "Eco-Terrorism"

By Hayley Gorenberg

It was a most unusual reason for leaving the Park Slope Food Coop.

Daniel McGowan, a member since 2002, responded to a routine Coop questionnaire about why he'd left, explaining not only that he had moved to Manhattan, but that he was currently under house arrest for alleged "eco-terrorism."

McGowan was arrested on December 7, 2005, and charged in federal court on multiple counts of arson, property destruction, and conspiracy relating to two incidents in Oregon in 2001, according to members of his support network, who contributed to this story via email. He pleaded not guilty and faces life imprisonment if convicted.

In an official statement, the FBI explained that it had charged McGowan and several others in a 65-count indictment against alleged perpetrators of 17 acts of "domestic terrorism" between 1996 and

2001 in Oregon, Wyoming, Washington, California and Colorado, including "arson, conspiracy, use of destructive devices and destruction of an energy facility," highlighting "the \$12 million arson of the



Daniel McGowan

Vail Ski Resort in Vail, Colorado, in 1998 and the sabotage of a high-tension power line near Bend, Oregon, in 1999." The indictment covered attacks on federal land and animal management sites, meat packing plants, lumber facilities and a car dealership.

McGowan's supporters said in email that his arrest was

part of "a well-coordinated, multi-state sweep of numerous activists by the federal government, who has charged the individuals with nearly every earth and animal liberation case left unsolved in the Northwest." They asserted that the charges were filed just as statutes of limitations were about to expire on charges connected with various direct actions and referred to the sweep as an "FBI offensive [that] appears to be only the beginning of a nationwide 'green scare.'"

The term has since appeared in Wikipedia, which recognizes its allusion to the Red Scare of the 1940s-50s in referencing "legal action by the U.S. government against the radical environmentalist movement, including indictments of alleged Earth Liberation Front and Animal Liberation Front activists on charges relating to acts of

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## STEVE'S AUTHENTIC KEY LIME PIES

By Wally Konrad

If you've never tasted Steve's Authentic Key Lime Pie sold at the Park Slope Food Coop (in the hummus case), Spring is a great time to take the plunge. The tangy citrus flavor will make you feel like you're in the Florida Keys.

There's a good reason. The real Steve bakes his creamy pies right here in Brooklyn, but his heart is still in Key West.

Steve Tarpin, a native of

visit friends and family, he made sure to bring a sack of key limes back with him so he could make his own pies and indulge properly.

In 1995, a few weeks after Steve and his then five-year-old daughter Sakura, made one of these road trips to Key Largo and beyond, Steve was invited to attend the annual Red Meat Club BBQ. One of the partygoers owned a family restaurant and asked Steve



PHOTOS BY ISA COHEN

Steve's original 1950s Ford panel delivery truck

Miami, began making key lime pies in his tiny apartment kitchen more than 25 years ago. Having spent lots of time in the Florida Keys while he was growing up, he found himself very far North pining for a real pie made from fresh squeezed key lime. So, whenever he went back to

if he could make pies for the establishment. So he made three pies a week out of his kitchen and that was the beginning of Steve's Authentic Key Lime pies.

Now Tarpin sells, as he puts it, "enough pies to make a living" to various restau-

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### Next General Meeting on May 30

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be Tuesday, May 30, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

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## Coop Event Highlights

**Thu, Jun 1 •Food Class:** Hot Off the Grill, 7:30 p.m.

**Fri, Jun 2 •Film Night:** Red Rain, 7:00 p.m.

**Fri, Jun 16 •Good Coffeehouse-Coop Night:** Celebration of Lesbian•Gay•Bi•Trans Pride!, 8:00 p.m.

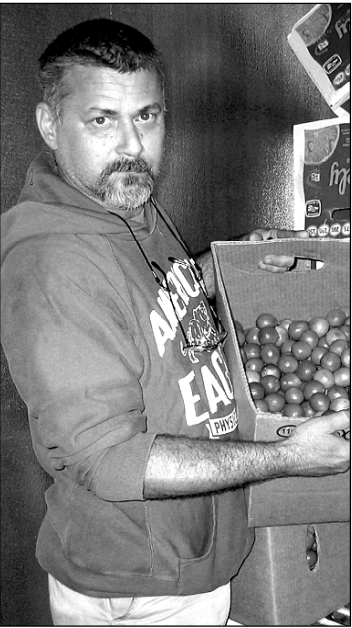
**Jun 22-24 •Blood Drive:** Thursday through Saturday—see inside for hours

Look for additional information about these and other events in this issue.

Steve's Authentic Key Lime Pies

CONTINUED FROM PAGE ONE

rants and specialty shops in the New York City area, including Pumpkin Organic Market. His bakery is no longer in his kitchen, but



Steve Tarpin, pie-meister

rather in a large warehouse on Pier 44 in the Red Hook section of Brooklyn. (204 Van Dyke Street).

A big location and more pies doesn't mean lower standards. Steve still insists on fresh-squeezed key-lime juice in every pie. The alternative that many commercial bakers use—bottled juice from concentrate—is recommended for stripping paint, not making pies, says his website (Stevesauthentic.com). Steve adds fresh condensed milk directly from a

Wisconsin dairy and puts the filling into a crust made from premium Graham crackers and nothing but pure butter.

The result isn't much to look at, well, at least not before you whip some of your own heavy cream and garnish with fresh key lime slices, the way Steve recommends. But the flavor is sheer perfection for anyone hankering for a real piece of key lime pie that doesn't want to spend hours in front of the juicer.

Selling more pies, meant making more deliveries. And Steve approached that task with his same authentic—some would say idiosyncratic—ways. Not wanting a delivery truck that blended in with that of every florist, furniture store and what have you, Steve searched for a vintage model until he found the perfect 1950s Ford Panel Delivery. For years the truck was Steve's trademark. It's been off the road for a while now but thanks to some repairs, Steve expected it to be up and running this past Mother's Day.

These days Steve no longer gets his key limes from Florida. Recent hurricanes have wiped out the groves, and according to Steve, much of the land has been replanted with traditional Persian limes (the large seedless green variety) that are easier to grow and pick. So, Steve imports all his limes from Mexico, where the tiny bright yellow variety is still grown year round and continues to be a staple on every table. Steve's wife is Mexican, and

the family uses key limes every day. "I don't use a lot of salt, so key limes are my condiment of choice," he says. "In fact, the other day my daughter, who is now 15, sprinkled some on her scrambled eggs. We couldn't live without them."

Steve started selling pies wholesale at the Coop in 2001, not long after he opened the Red Hook bakery. "The Coop is one of my best customers," says Steve. In fact, the Coop is just about the best way to buy the pies, he says. He delivers every Wednesday and Friday, and thanks to PSFC's quick turnaround, members are guaranteed a fresh pie for a great price. The recent \$9.98 price

tag on a 8-inch pie is a couple of bucks less than you can get straight from the bakery. Steve



Key limes prepare to meet their fate.

says he's about to raise his wholesale prices he charges the Coop, meaning members will pay slightly more. It's still

bound to be a price that's far cheaper than anywhere else where the pies are sold.

So buy your pies at the Coop, but don't miss a trip to Steve's. The bakery is located near the Pier 44 Waterfront Garden just near the Waterfront Museum where Circus Sundays will be performing every weekend in June. The view of the Statue of Liberty can't be beat. Stop in to the bakery (Steve is there most weekends) for a Swingle, a miniature frozen, chocolate-dipped key lime pie on a stick. Now there's a treat you can't get anywhere else, not even in Key West.

For directions, check out the map on Stevesauthentic.com ■

PHOTOGRAPH BY LISA CHOCHEN

# SAVE A LIFE

## Give Blood

Join the Blood Drive  
at the Park Slope Food Coop

• Thursday, June 22 • 3:00 – 8:00 p.m.  
• Friday, June 23 • 10:00 a.m. – 6:00 p.m.  
• Saturday, June 24 • 9:00 a.m. – 6:00 p.m.

In the second floor Meeting Room

FACT: Less than 2% of the population donates blood and 10% will use blood some time in their life.

• Park Slope Food Coop • 782 Union Street •  
• Brooklyn, NY • 718-622-0566 •

In cooperation with New York Methodist Hospital •  
For further information about blood donation, call Susan Rosenbaum 750-3644

Thursday, June 1

7:30 p.m.  
at the Coop

Susan Baldassano, coordinator

PARK SLOPE FOOD COOP

## Hot Off The Grill

Delicious Vegetarian Recipes for Summer Barbeques and Picnics

Are you a vegetarian who is tired of limited options, processed un-burgers and dull side dishes at summer bbq's? Then join us as we grill some succulent and healthful vegetarian proteins and stir up a new take on pasta salad to go with them.

### RECIPES—TASTINGS TOO!

- Grilled Tempeh Sandwich with Roasted P...  
Sauce, Vidalia Onion and Tomato on Wh...  
Grain Bread
- Seitan, Summer Squash and Cherry Tom...
- Kabobs with Cilantro & Mint Pesto
- Israeli Cous Cous Salad with Golden Ra...
- Pine Nuts and Lemon Dressing

We will demonstrate how to use tempeh (fermented soy bean cakes) and seitan (wheat gluten) to give you satisfying and relatively fast and easy choices to replace meat on the grill.

**MEMBERS & NON-MEMBERS WELCOME.**

Come early to ensure a seat.

**\$4 materials fee**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

## Diversity and Equality Committee Seeks Members with Data Skills

The Diversity and Equality Committee (DEC) is pleased to report that some PSFC members have responded to our call for new members. New members will help to safeguard our Coop as a respectful and enjoyable place for all to shop. At this time we're seeking members with computer and data base creation and management skills. This new member will help to order, store, track and access internal committee documents and incoming data.

Interested Coop members are invited to attend our next meeting on Thursday, May 11th at 6:00 pm at the Coop or to reach us at [diversecoop@yahoo.com](mailto:diversecoop@yahoo.com). Leave your name and contact information and let us know what skills and/or experience you bring.

## PSFC MAY '06 GENERAL MEETING

Tuesday, May 30, 7:00 p.m.

- Congregation Beth Elohim Social Hall  
274 Garfield Pl at 8th Ave.
- Items will be taken up in the order given.
- Times in parentheses are suggestions.

### AGENDA:

**Item #1: Possibility of Extending the Exit/Entrance Area onto the Sidewalk (60 minutes)**  
**Discussion:** "Discuss the idea of obtaining a 'revocable consent' from NYC to extend the entrance/exit area out onto the sidewalk. Review preliminary drawings. Also discuss the cost of the project which could be in the neighborhood of \$200,000." —submitted by the Exit Circulation Advisory Group

**Item #2: Shopping Ban During Work Suspension (30 minutes)**  
**Proposal:** "That suspended status should be modified to permit shopping after doing a workshift." —submitted by Barbara Mazor

### Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the *Linewriters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

# Former Member Under House Arrest...

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property damage, conspiracy, arson, etc.”

Via email, Jenny, who identified herself as McGowan’s partner, explained that his former housemates and supporters have planned an informational session about Daniel’s case on the afternoon of July 29 at the Coop. McGowan is currently free on bail in the custody of his family and has restricted access to the internet. His friends and family run a website at [www.supportdaniel.org](http://www.supportdaniel.org) and accept and respond to email through the address [friendsofdanielmcg@yahoo.com](mailto:friendsofdanielmcg@yahoo.com), where they recently collected best wishes for his 32nd birthday. A “Call for Artwork,” advertised under the caption “Anarchists in Trouble,” closes June 1 for a New York City gallery show at ABC No Rio on the Lower East Side, co-sponsored by Visual Resistance and Family and Friends of Daniel McGowan (Contact [visual.resistance@gmail.com](mailto:visual.resistance@gmail.com)). The one-night gallery show and silent auction on June 23 will help pay for McGowan’s legal defense.

The posting for the artwork solicitation includes anonymous testimony regarding McGowan:

*In an official statement, the FBI explained that it had charged McGowan and several others in a 65-count indictment against alleged perpetrators of 17 acts of ‘domestic terrorism...’*

“On December 7th, my friend was arrested at his workplace by federal marshals. The friend I know as a tireless activist and a funny, generous, caring person was

ripped from his friends and family without warning and held without bail in federal prison, facing multiple felony charges and life in prison.

“I met Daniel McGowan during the buildup to the protests against the Republican National Convention in New York. The Visual Resistance crew was organizing the No RNC Poster Project, and Daniel was our first ally. In the time since, Daniel has been a personal friend to all of us in Visual Resistance and to many more in the larger New York activist community. His constant smile and good humor belied his selfless devotion to making this world a better place.

“And on December 9th, he was disappeared. Daniel was extradited to Oregon and held without bail for two months on charges whose statute of limitations were close to expiring. His arrest came as part of a massive government crackdown on the radical environmental movement which many are referring to as the Green Scare. His arrest left the community in shock.” Via email, his supporters forwarded additional background material regarding McGowan, emphasizing that a guilty verdict could condemn him to federal prison for the rest of his life.

The Rockaway Beach, Queens native, younger brother to three older sisters, is the son of a transit officer for the New York Police Department and an elementary school cafeteria worker. He ran cross-country and track at Christ the King High School, and double majored in Business Administration and Southeast Asian studies at SUNY Buffalo, graduating in 1996.

After several months exploring Thailand, he returned to New York and

began working in both paid and volunteer positions for environmental and nonprofit organizations. In 1998, he moved to the Northwest, working at environmental and social justice projects before returning to New York in 2002, when he joined the Park Slope Food Coop and worked as a web and office administrator for Rainforest Foundation US. He also worked on a temporary basis for the development department at the Brooklyn Museum of Art.

*McGowan’s supporters said in email that his arrest was part of a ‘well-coordinated, multi-state sweep of numerous activists by the federal government...’*

McGowan organized protests during the Republican National Convention in New York City in 2004 and then in 2005 entered a graduate program at Tri-State College of Acupuncture to earn a Master’s degree, hoping to practice acupuncture on a sliding scale, or even for free, for those in need. The interest dovetailed with his work on so-called “really, really free markets,” including one set up at a church in the East Village to allow people to contribute and take anything they wanted. His supporters described such a market as “a market space based on giving rather than buying or exchanging. The premise behind the market is that everyone has skills, ideas, objects, smiles, talents, friendship, excitement and many other things to share and that if people would share these resources there would be less need to buy new things and everyone

would live a more balanced and full life using fewer of the Earth’s resources and fewer working hours, leaving more time to devote to ourselves and our communities.”

McGowan also worked part-time updating the website and providing technical support at [Womenslaw.org](http://Womenslaw.org), a nonprofit organization which provides online resources to help targets of domestic abuse navigate the legal system. He was arrested on the Womenslaw premises. McGowan’s family and friends have issued a public invitation to join his support network and receive updates on his

case, by emailing [friendsofdanielmcg@yahoo.com](mailto:friendsofdanielmcg@yahoo.com). They are asking people to make donations and organize benefits to help raise funds for his legal representation “which is expected to be hundreds of thousands of dollars,” and have requested that checks or money orders be made out to “Lisa McGowan” and sent to Lisa McGowan, P.O. Box 106, New York, NY 10156. ■



## Coop Job Opening: Receiving/Stocking Coordinator

### Description:

The Coop is hiring a Receiving/Stocking coordinator whose primary responsibility will be the Frozen Food Buyer. The Frozen Food Buyer spends a lot of time in the freezer, inventorying stock, receiving and putting away the deliveries. Applicants must be able to work in below freezing temperatures, be very organized, and have a good spatial sense. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours.

The ideal candidate will have been working on a Receiving workslot for the Coop. You must be an excellent team player, as you will be working closely with other Receiving Coordinators and our diverse member workforce. It is essential that the candidate be a reliable and responsible self-starter. Excellent communication, patience, the ability to prioritize the work and to remain calm under pressure are all necessary skills.

**Hours:** 35 hours per week; with most days starting at 6:30 am. The exact schedule is to be determined and it may include occasional weekend or evening work.

**Wages:** \$20.28/hour with at least an annual cost-of-living adjustment effective every February.

**Benefits:** —Sick time  
—Vacation—three weeks/yr increasing in the 4th, 7th & 10th years  
—health insurance  
—pension plan  
(no payroll deductions for benefits)

### Application & Hiring Process:

Please provide a cover letter with your resumé as soon as you can. Mail your letter and resumé or drop it in the mail slot in the entryway of the Coop. Please state your availability.

All applicants will receive a response. *Please do not call the office.*

If you applied previously to another Coop job offering and remain interested, please reapply.

### Probation Period:

There will be a six-month probation period.

### Prerequisite:

Minimum of six months’ membership in the Park Slope Food Coop.

Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

**We are seeking an applicant pool that reflects the diversity of the Coop’s membership.**

## PARK SLOPE FOOD COOP MISSION STATEMENT

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. **We welcome all who respect these values.**

VIDEO SQUAD REPORT

Stepping into the 21<sup>st</sup> Century

By John Donohue

For nearly ten years, the Video Squad has been producing a weekly show called Inside the Park Slope Food Coop, which airs Fridays at 1 p.m. and 9 p.m. on the Brooklyn Community Access Television, otherwise known as BCAT. Now, new shows and favorite past episodes will be available around the clock, on the Internet. At the moment, the shows are available for streaming at [www.wideiris.net/foodcoop](http://www.wideiris.net/foodcoop), and soon there will be a direct link from the Coop's own website, [www.foodcoop.com](http://www.foodcoop.com).

Kevin Burget, a video squad contributor and a member of Wide Iris, an

well as a visit to 3-Corner Field Farm, an upstate New York supplier of lamb to the Coop. It will be broadcast soon on the cable channel, along with the preceding two episodes for those who

missed them. Watch for a notice in the *Gazette*.

Other video squad shows in the works include a series on beer, covering the controversy, pleasure, and history of the beverage at the Coop. Video Squad leader Carl Picco is heading up this project.

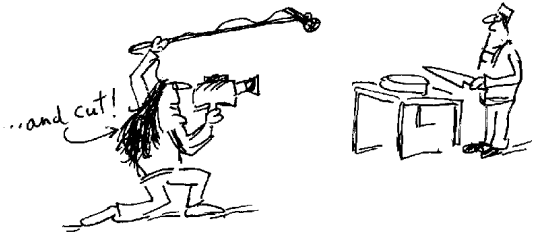
One of the episodes features a retired atomic physicist who brews his own beer at home. "He has a scientific approach worthy of his old profession," Picco says. He is also working on a forthcoming series about recycling, in the city as a whole and at the Coop. It will cover all

sorts of material. "Old concrete is recycled," Picco points out. "Most folks are probably not involved with that, but I'm sure they'll be interested to find out how it is done."

Elsewhere in video-squad news, Burget recently traveled to Albany to shoot Coop members lobbying the state government about genetic-food regulations. Coverage of this important topic will be

the subject of a forthcoming show. David Simpson, a video squad member, is working to finish a show on Mexican cooking. He shot one of the cooking instructor Susan Baldasano's classes at

the Coop. "She reveals great techniques for preparing poblano chilis as well as explaining the recipes in a cultural context," he says. Simpson is looking for a Coop member with video compositing experience to finish the show, so if is you, get in touch. Other squad members are working on shows about alternative energy and doulas. The squad is always interested in Coop-member feedback. "As ever," Picco says, "we're open to topics and suggestions from the membership." ■



alliance of socially conscious filmmakers, is preparing the material for easy downloads. "The files work great for high-speed access," Burget says, "but the challenge is getting them to look good for dial-up connections. We're working on it."

The plan is to have two or three episodes up each week, with new ones rotated in on a regular basis, perhaps follow-



ing the schedule of the *Gazette* publication. It hasn't always been easy to see the shows in the past, but their availability on the Internet will change that. "I was interested in doing this," Burget says, "because I don't have cable."

Currently, there are three shows posted: episodes one through three of a series on meat eating and vegetarianism at the Coop. Episode three is brand new. It includes a humorous look at the history of food fads, a view of meat-eating from the vegetarian perspective, as

SAFE FOOD COMMITTEE REPORT

Canarsie Teens Tour Coop

By Terry-Anya Hayes for the Safe Food Committee

On a cold Friday morning they arrive, a small but turbulent river of kids. They've been learning about genetically modified organisms (GMOs) in Coop member Jeremy Goldberg's horticulture class at Canarsie High School, and they enter our meeting room with the edgy confidence of the young.

Their guides on this Coop field trip and "safe food" tasting will be Uni Lee, Margaret Maugenest, and Jay Tran, who represent an organization called Say Yes to K.N.O.W. (Kids Nutritional Options Workshop) as well as PSFC's Safe Food Committee.

After some initial milling about, the students sit munching nuts and apple slices while Jay gives a brief background on genetic engineering (GE) and its potential human and ecological impact.

"Anybody here allergic to nuts?" he asks. One student raises his hand. "Then you're also allergic to foods modified with nut genes," says Jay. "A GE apple would look exactly like a normal apple but could make you really sick." The young man looks doubtfully at his slice of Macoun.

Another boy asks, "How do you know if it's organic or non-organic?" "Well, you don't," says Jay, "unless you grew it yourself or got it from a source you can trust, like the Coop."

Everyone thinks about that for a bit, then a girl speaks up. "Fish genes in strawberries keep them from rotting in the cold..." "Good point," concedes Jay. "but bad things can come from good intentions."

Next, with Margaret in the lead, the group visits the shopping floor. Energy in the produce aisle supercharges as teenagers interact with organic produce. A boy with a buzz cut hefts cucumbers. Without warning, a mister activates; two boys and a girl get spritzed. But the Brussel sprouts, still clinging to their stalks, create the biggest sensation. A boy sums it up: "You take one bite and it's gone! You need three of those joints for a mouthful!"

They're having fun, and they're asking good questions: Q. "How do you know something is genetically modified?" A. "Like the organic stuff, unless it's labeled, you don't know. And that worries us."

Q. "What's good about locally grown?"

A. "It's fresher. It supports local farmers. And it takes less fuel to reach us, so it's better for the environment."

We move through the aisles, examining signs that alert us to unlabeled GE ingredients. But there's too much to see; the kids are



Top Horticulture students examine organic produce. Right Cooking-& dodging-the organic popcorn project.

beginning to wander. "Organic pudding!" a boy chants. A girl grabs his sweatshirt hood, pulling him back on course.

Margaret, determined to keep her chicks together, shoos us down the basement stairs. A white-haired worker balancing a tray of raisins jumps out of our way.

"This is where we package foods we buy in bulk," says Margaret. "See, this worker is bagging walnuts...raisins...organic cream cheese..." I look at the cheese area with fresh eyes: it's a scene from Lord of the Rings, knives thwacking rhythmically in the world below the Coop. I can almost hear the singing. Nor am I the only one impressed. "Oh my gawdie-lawdie!" says one of the teens.

That's enough for Margaret, who shepherds us upstairs again. En route, we pass a woman pushing one cart and pulling another. Both carts are full to the brim. "True shopper right there," a student comments admiringly.

Back in the meeting room, General Coordinator Joe Holtz briefs the group on Coop history and values. The kids have yet more questions:

Q. "How long has this agency been around?"

A. "33 years now." This is double the age of any of our guests. A moment of respectful silence follows.

Q. "What is this Coop's main goal?"

A. "Providing highest quality food at lowest possible prices. But it gets more complicated than that," says Joe. "The biggest expense of any store is worker salaries, and here at the Coop most of our workers are not being paid." A few eyebrows go up.

"I come in and work 2-1/2 hours each month," explains Jeremy. "I bag olives and slice cheese." Someone stifles a giggle, perhaps picturing her teacher among the cheese elves.

Then a girl asks, "Can kids join the Coop?" Her question indicates that at least one kid would like to. Sadly, for those



under 18, Joe's answer is no, not unless their parents join as well.

While Joe speaks, Uni passes around "soy product" sandwiches. Those who dare to nibble are not disappointed. "Exquisite!" a student pronounces.

"Everything you put in your body should be good for you," says Uni, "Cooking for yourself, you can control what goes in." This leads smoothly into her Organic Popcorn Project. "Does anyone want to help?" she asks.

Is she kidding? Everyone wants to help Uni. The chosen student lights the burner and measures oil into a pan.

"The vibe is important," Uni continues. "You have to love the food and the people you're cooking for." A kernel of popcorn shoots from the pot, narrowly missing her nose.

The first bowl is seasoned by committee—looks like one part salt to two parts popcorn. Uni doesn't miss a beat. "Let's go a little easy on the seasoning, guys," she suggests, handing them a shaker of nutritional yeast.

If Brussel-sprouts-on-a-stick was the main novelty of our tour, popcorn has been its culinary highlight. And for all of us it seems a morning well spent. Now the kids are filing out the door, headed for Canarsie, Brownsville, Flatbush.

"Wait!" I ask, "What did you learn today?"

"Organic foods," says a boy. "—and what isn't organic. People assume it's all fine. People should know."

"Can't tell organic from non-organic unless you're Superman and you got the X-ray vision," says another.

"The lure of fruits and vegetables," says a girl dreamily.

And then they are gone. Folks, our future goes with them. And it suddenly looks brighter by far. ■

PHOTOS BY WE WOULD LIKE TO KNOW

ILLUSTRATIONS BY ROD MORRISON

# Books at the Coop

By Ann Pappert

When it comes to buying fresh produce, organic meats, and groceries, the Coop is likely your first destination. But books? Although Barnes and Noble or local bookstores quickly come to mind when you think of books, you may be surprised to learn that the Coop carries close to 500 titles.

Yuri Weber, the coordinator who has been the Coop's book buyer for the last four years, told me that about 60% of the books the Coop sells are cookbooks. Yuri calls the other 40%, the "everything else" category. These include books on herbs, aromatherapy, local interest, the environment and food politics—the newest category.

Yuri orders books based on what he thinks our members will respond to. His picks also come from member suggestions and a careful culling of new titles.

"Right now I'm trying to enlarge the food politics section so our members can become more aware of where their food comes from," Yuri said. Currently, there are about 12 titles available on the politics of food.

"At the moment, the fastest selling titles are books on raw food. I was surprised at how well they sold. Another popular category is books on juicing."

Of the five best selling titles at the Coop, two are cookbooks, *The Joy Of Cooking* and Madhur Jaffrey's *World of the East: Vegetarian Cooking*. The other three top sellers are health books, *Back to Eden*, *Healing with Whole Foods*, and *Prescription for Nutritional Healing*—the Coop's top selling book.

"I can't believe how well that sells," Yuri said. With sales of up to 25 copies a month, he said that *Prescription for Nutritional Healing* far outsells any other title.

For years, the Coop's book selection was tucked into a small corner shelf, but after the expansion into the new store, Yuri lobbied to add a

second large bookcase. The two bookcases sit in the middle of the back aisle. Easy to see, but all too often blocked by paper racks, step stools or stock waiting to be shelved, it does not make for an inviting spot to peruse titles. Indeed, unless you have a specific book in mind, you may, like me, never have taken the time to look through them.

So on a recent weeknight I spent several hours looking through books, both familiar favorites and many books that were new to me. What I found was a wonderful and eclectic mix of titles on everything from "green" cleaning, to radical walking tours, food politics, and a selection of cookbooks that made me eager to begin planning summer menus.

Here are some favorites:

*Back to Eden* first appeared in 1939. Written by Jethro Kloss, an herbalist, food scientist, inventor and lecturer, *Back to Eden* bills itself as "The classic guide to herbal medicine, natural foods and home remedies." The book has sold over five million copies and is among the five top-selling books at the Coop.

*Diet for a Small Planet*, the Frances Moore Lappé classic, was first published in 1971 with chapters titles like "Who Asked for Fruit Loops?" it's no wonder that the publishers now tout it as "The book that started a revolution in the way American's eat."

*The Book of Jewish Food*, by Claudia Roden won the prestigious James Beard Foundation award as a cookbook of the year in 1996. The book, which bills itself as an "odyssey from Samarkand to New York," is more than just recipes. Filled with historical

information on local food traditions from far-flung Jewish communities, it provided a glimpse into the world of my grandparents and their grandparents as well.

Like many cooks, I was already familiar with the *Moosewood Cookbook*, but it was

much as the Manhattan telephone directory.

*Silver Spoon* has been Italy's best selling cookbook for the last fifty years. Describing itself as the "bible of authentic Italian cooking," it gets down to business right away. "Eating is a serious matter," it proclaims on the first few pages. But for anyone interested in true Italian cooking the book will reward them

with hundreds of recipes - you name it, and it's probably here. Eating may be a serious matter, but after looking through *Silver Spoon* it was easy to understand why Italy is consid-

ered by many foodies as the ultimate food destination.

Myra Alperson's *Nosh New York* made me aware, yet again, of the incredible diversity of food available in New York. As Alperson says, when you're in New York, you're in food heaven. Whether it's Italian ices from the Ice King of Corona, Jamaican pastry from Brooklyn's Hammond's Finger Licking Bakery, or Chilean hot dogs or New York's last Norwegian market, Alperson's book made me hungry and eager to explore.

If *Nosh New York* whet my food appetite, Bruce Kayton's *Radical Walking Tours of New York City*, whet my taste for history and the slightly off beat. The book takes readers (and hopefully walkers) through a long list of sites where class struggles, civil rights battles and labor movements left their mark. Included here is Emma Goldman's East Village home, as well as the home of Langston Hughes, John Reed's apartment where he wrote *Ten Days That Shook the World*, as well as Margaret Sanger's first birth control clinic.

Although I'm not a follower of the raw food movement, I found some of the recipes in *The Raw Gourmet* mouth watering. Nomi Shannon's book was full of delicious sounding dishes like Summer Squash Provençal, an all raw mixture of baby greens, summer squash, seeds, guacamole, and other veggies and herbs.

Books on juicing are another Coop favorite. Among the titles I browsed were *Heinerman's Encyclopedia of Juicing*, with page after page of vegetable, fruit and herbal juices for healing and added nutrition.

If *Diet for a Small Planet* started the food revolution in America, then Marion Nestle's *What to Eat* is part of the next wave in books on food politics. Nestle, a food scientist and the author of "Food Politics" and "Safe Food," says that for a long time she was puzzled that so many people didn't seem to know what to eat, and as more information about food risks and the food industry emerged, people were even more confused about their food.

*What to Eat*, an "aisle-by-aisle guide to savvy food choices and good eating," should help you get a clear sense of how to choose your food.

When I asked Yuri to recommend a favorite book, he handed me *Cooking com Bigode*, sub-titled "Vegetarian improvisational peasant fusion cuisine for the 22nd century," this quirky, small book features Brazilian recipes from a short-lived restaurant in the Brazilian state of Bahia.

After a few minutes of reading, it was easy to understand Yuri's enthusiasm for the book. Quite unlike almost any other cookbook I've ever read (and believe me, my passion for reading cookbooks is exceeded only by my passion for actually eating food) *Cooking com Bigode* is as much about a joyous and playful attitude toward food as it is about recipes. Spiral-bound and by all appearances, self-published it's worth seeking out on the shelves. ■



The Coop stocks a wide selection of books, including these titles.

not until my visit to the Coop bookshelves that I realized that Moosewood had become a cookbook empire. With some half dozen Moosewood related cookbooks—Moosewood Restaurant Low-Fat Favorites; Moosewood Restaurant New Classics; Moosewood Restaurant Simple Suppers; Moosewood Restaurant Cooks at Home and Sundays at Moosewood Restaurant, as well as two books by former Moosewood writer Mollie Katzen, it was clear that Moosewood rules the health food cookbook world.

Yuri Weber told me that the *Silver Spoon* cookbook had been a surprising hot seller at the Coop. Surprising, because even with the Coop's deep discount it still cost over \$30, but surprising as well because it weighs as

## Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the workslot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.

The Street Squad serves an important public relations role for the Coop. From tables set up outside the Coop, at local street fairs and at special Coop events, members of the Street Squad talk to current and prospective Coop members, give out literature, answer questions, give tours of the Coop, and just generally give people the chance to become familiar with the Coop.

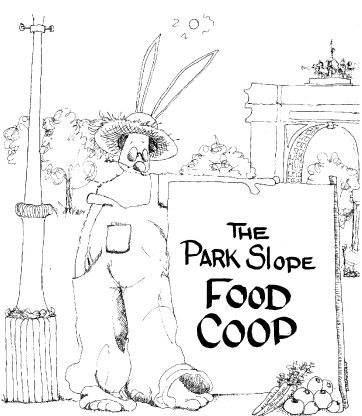
We invite you to join us if you are:

- ◆ a Coop member in good standing for at least six months
- ◆ friendly and upbeat with enthusiasm about the Coop
- ◆ knowledgeable of Coop procedures
- ◆ willing to work outdoors
- ◆ willing to work weekends during the spring, summer and fall
- ◆ reliable, responsible and able to work independently

New Street Squad members must attend a training session.

If you are interested in joining the Street Squad, please contact :

Robin  
718-230-7199  
call before 9:00 p.m.



COOP HOURS

Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members. A “Member Submissions” envelope is in the *Gazette* wall pocket near the exit of the Coop.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the published guidelines.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Double-spaced, typed or very legibly handwritten.

**Submissions on Disk & by Email:** We welcome digital submissions by disk or email. Email to GazetteSubmissions@psfc.coop.

**Classified & Display Ads:** Ads may be place on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the “Merchandise–Non-commercial” category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

**Recipes:** We welcome original recipes from members. Recipes must be signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$18 per year to cover the cost of postage (at 1st class rates because our volume is low).

**Printed by:** Prompt Printing Press, Camden, NJ.



Friday  
June 16  
8:00 p.m.

very

The Good Coffeehouse


COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

JOIN THE COOP IN CELEBRATION OF LESBIAN•GAY•BI•TRANS PRIDE!


VIVA

is an outrageously talented guitarist/percussionist/singer who has performed everywhere from Lincoln Center to Bonnaroo. Her original songs roam the wild open spaces of Alternative Americana and she delightfully interprets artists as diverse as Dolly Parton and RadioHead. On stage, she combines her gorgeous sound with righteous feminine power, embodying the essence of outlaw glam.




ATHENA REICH

is a Jewish Mennonite originally from Canada. She is very happy that her family has to go through customs to find her. She tours all over North America, screaming about her dysfunctional family. She has released 4 CDs, composed a rock opera (Athena Under Attack), and is the lesbian correspondent for “Under the Pink Carpet” on PBS and Out TV across the US, Canada and Australia. She has opened Sarah McLaughlin and Jim Carrey and has a crush on Ellen DeGeneres.



GLORIA

is a New York based theatre artist and comedienne from Pittsburgh by way of South Carolina. She recently completed her M.F.A. from the University of Illinois. A regular at both Stand-Up New York and the Improv, she uses comedy to challenge peoples perceptions of what it means to be a queer woman of color.



53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 11.

Cryptogram Topic: Bulk in Silos

The code used on the list below is a simple letter substitution. That is, if “G” stands for “M” in one word, it will be the same throughout the list.

E Q W M J Q S K W M J Q S

B W R C W

L X L X D P O

R P R C N M N L Q

L X P R L X P R

W D W R W G N K Q W D R

M W V W J H H X D S R

M X W R O Q S H N T Q S

D P O R

R X P E H N T

K J W L B - Q I Q S E Q W R

S R E D C V D W Y R A

X N W U V N Q

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# COOP CALENDAR

### New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.  
Wednesday mornings: . . . . . 10:00 a.m.  
Sunday afternoons: . . . . . 4:00 p.m.  
Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

### Gazette Deadlines

**LETTERS & VOLUNTARY ARTICLES:**  
Jun 8 issue: 7:00 p.m., Mon, May 29  
Jun 22 issue: 7:00 p.m., Mon, Jun 12

**CLASSIFIED ADS DEADLINE:**  
Jun 8 issue: 10:00 p.m., Wed, May 31  
Jun 22 issue: 10:00 p.m., Wed, Jun 14

### Plastic Recycling

- **2nd Saturdays**, noon–2:00 p.m.
- **3rd Thursdays**, 7–9:00 p.m.
- **last Sundays**, 10:00 a.m.–noon
- Plastics #1, 2 & 4, only those *not accepted* by NYC plus plastic shopping bags
- Plastic #5 from dairy products
- All Clean & Dry!



### General Meeting



**TUE, MAY 30**  
GENERAL MEETING: 7:00 p.m. The agenda appears in this issue. Flyers are available in the entryway of the Coop .

**TUE, JUN 6**  
AGENDA SUBMISSIONS: On June 27, the Annual Meeting followed by the General Meeting have fixed agendas. Items submitted will be considered for the July GM & beyond. 8:00 p.m.

### The Coop on Cable TV

"Inside the Park Slope Food Coop"  
FRIDAYS 1:00 p.m. with a replay at 9:00 p.m.  
Channels: 56 (TimeWarner), 67 (CableVision)

### GE Campaign Meeting

**TUE, JUN 13**  
SAFE FOOD COMMITTEE: (formerly GE Campaign Committee): Open meeting for members & non-members. 6:30 p.m. for training on genetic engineering; 7:00 for work session.

## WORKSLOT NEEDS

**WORKSLOT NEEDS LISTINGS HAVE MOVED TO PAGE 4.**

## ALL ABOUT THE GENERAL MEETING

### Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

### Next Meeting: Tuesday, May 30, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

### Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

### How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

### Meeting Format

#### Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

#### Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

#### Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

#### Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

#### Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

## Attend a GM To Receive Work Credit...

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

### Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet located in the ground floor elevator lobby. On the day of the meeting sign-ups are allowed until 5p.m. and the sign-up sheets will be located in the Membership Office all day. On the day of the meeting, come to the Office to add your name to the list and to receive your information packet. Some restrictions to this program do apply. Please see below for details.

### Two GM attendance credits per year:

Each member may take advantage of the General-Meeting-for-workslot-credit program two times per year.

### Certain Squads are omitted from the Program:

You may attend the GM for credit only if you are a member of a Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committee. Other Squads are omitted either because covering absent members is too difficult or attendance at the GM is already part of the workslot's responsibility.

### Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting. GMs typically run from 7:00 p.m. - 9:45 p.m., though they occasionally run longer.

### Childcare is provided at the General Meeting location:

To request that childcare be provided for your child at the meeting, you must notify a paid staff Office Coordinator in the Membership Office at least one week prior to the meeting date.

### Sign the Attendance Sheets at the Meeting:

During the GM an attendance book will make its way around the room. Please sign

your name in this book. After the meeting the Chair will provide the Workslot Credit Attendance Sheet. You must also sign this sheet in order to receive credit.

### Being Absent from the GM:

There is no penalty if you sign-up for the meeting and then cannot attend. We do ask that you try to keep the sign-up sheet current and remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

### If you are on an ABCorD shift and are "ACTIVE" for work on the night of the meeting:

You will be given an FTOP credit for attendance at the meeting. You are not required to use this credit at a particular time. However, to use this credit you must follow the Coop's rules for "Using Banked FTOP Time" that are explained in a flier available in elevator lobby literature racks and in the Membership Office.

### If you are on an ABCorD shift and owe a make-up on the night of the meeting:

The GM attendance credit will automatically be applied as a make-up.

### If you are on FTOP:

Recording of your attendance at the meeting and an FTOP shift credit will be applied to your FTOP record after you have attended the meeting.

### Consider making a report to your Squad after you attend the meeting:

you can help inform other members about current Coop issues, the GM in general and the GM-for-credit program in particular by making a brief report about your GM experience. You can make this report the next time you meet with your squad or, if you are on FTOP, the next time you work on any Squad. Generally these reports work best as part of a squad end-of-shift meeting. ■



PARK SLOPE FOOD COOP

## MISSION STATEMENT

The full mission statement appears on page 4.



COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

\*Denotes a Coop member.

THU, MAY 25

ASIAN AMERICAN WOMEN ARTISTS Alliance sponsored two Free Shadow Puppet Workshop for Public School students. 10 a.m. and 1 p.m. [info@aawaa.org](mailto:info@aawaa.org) 718-788-6170. AAWAA Gallery, 136 15th St. Bklyn. Taught by artist Song Xin.

FRI, MAY 26

ASIAN AMERICAN WOMEN ARTISTS Alliance sponsored two Free Shadow Puppet Workshop for Public School students. 10 a.m. and 1 p.m. [info@aawaa.org](mailto:info@aawaa.org) 718-788-6170. AAWAA Gallery, 136 15th St. Bklyn. Taught by artist Song Xin.

SAT, MAY 27

PIER SHOW 14: UnPlugged in Red Hook: live music series. BWAC, Bkln Waterfront Artists Coaliton. More info at [www.bwac.org](http://www.bwac.org).

SUN, MAY 28

PIER SHOW 14: UnPlugged in Red Hook: Richard Bennett Duo, 3:00 p.m. BWAC, Bkln Waterfront Artists Coaliton. More info at [www.bwac.org](http://www.bwac.org).

FRI, JUN 2

GOOD COFFEEHOUSE: Legendary folk icon, Rod MacDonald, Traveling Troubadour Series. \$15 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, JUN 3

REDHOOK WATERFRONT FESTIVAL: Red Hook / Carroll Gardens / Cobble Hill Open Studio Tour. BWAC, Bkln Waterfront Artists Coalition. More info at [www.bwac.org](http://www.bwac.org).

REDHOOK WATERFRONT FESTIVAL: Red Hook / Carroll Gardens / Cobble Hill Open Studio Tour — Red Hook Rising. Opening Sundays at the Barge. BWAC, Bkln Waterfront Artists Coaliton. More info at [www.bwac.org](http://www.bwac.org).

IRAN: THE NEXT WAR? Join Brooklyn Parents for Peace & four distinguished scholars for an afternoon of lecturing & discussion on the current relations between the US & Iran, 2-4:00 p.m. Founders Hall Auditorium, St. Francis College, 180 Remsen St. Donations appreciated.

DAN ZANES & BROOKLYN FRIENDS: Benefit Concert for Develop Don't Destroy Brooklyn. Acclaimed family-music icon & musician performs at Hanson Place Central United Methodist Church, 144 St. Felix St at Hanson Pl. 11:00 a.m. doors open 10:15. \$15 adults; \$12 children 12 & under. Babies in arms, free. Get tickets at [www.dddb.net](http://www.dddb.net) or 866-468-7619.

SUN, JUN 4

BROWNSTONE BROOKLYN GARDEN DISTRICT: Sunday Garden Walk, 11:00 a.m.-5:00 p.m. Fifteen beautiful, interesting, fantastic gardens plus community gardens in Prospect Hts., Ft. Greene & Clinton Hill. Proceeds benefit public greening projects. \$15 in advance, \$20 day of tour. Info & ticket locations, 718-707-1277.

WED, JUN 7

A MODERN MIRACLE WORKER & her greatest miracle: Lessons in Attaining One's Highest Spiritual Potential. Author & teacher Sara Rigler will discuss miracle worker Chaya Sara Kramer (1924-2005) & her greatest miracle of all—self-transformation. 7:00 p.m. \$7. 117 Remsen St., Bklyn Hts. Info: 347-245-0606.

FRI, JUN 9

GOOD COFFEEHOUSE: Brooklyn Women's Chorus, founded & directed by \*Bev Grant. 45 women singing together to create one powerful voice for peace & justice. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

SAT, JUN 10

GATEWAY TO THE NATIONS POW WOW: Floyd Bennett Field Gateway Nat'l Recreation Area, Bkln. 10:00 a.m. -8:00 p.m. Performances of Native American dance & song, drummers, dancers from around the world. Info: 718-686-9297, [redhawkarts@mindspring.com](mailto:redhawkarts@mindspring.com).

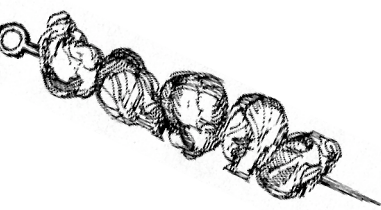
SUN, JUN 11

GATEWAY TO THE NATIONS POW WOW: Floyd Bennett Field Gateway Nat'l Recreation Area, Bkln. 10:00 a.m.-8:00 p.m. Performances of Native American dance & song, drummers, dancers from around the world. Info: 718-686-9297, [redhawkarts@mindspring.com](mailto:redhawkarts@mindspring.com).

PIER SHOW 14: UnPlugged in Red Hook: \*Jenny Hill & Chill Factor, 3:00 p.m. BWAC, Bkln Waterfront Artists Coaliton. More info at [www.bwac.org](http://www.bwac.org).

GOOD COFFEEHOUSE-COOP NIGHT: Celebration of Gay Pride \*Viva DiConcini, \*Athena Reich & \*Gloria. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

ASIAN AMERICAN WOMEN ARTISTS Alliance. Home Room Exhibition Opening Reception. 6-9 p.m. A performance by Min Xiao-Fen and her blue Pipa ensemble at 7 p.m. Free. AAWAA Gallery, 136 15th St. Bklyn. [info@aawaa.org](mailto:info@aawaa.org) 718-788-6170.



SAT, JUN 17

PIER SHOW 14: UnPlugged in Red Hook: folk singer Tina Olsen, 3:00 p.m. BWAC, Bkln Waterfront Artists Coaliton. More info at [www.bwac.org](http://www.bwac.org).

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. A Soul haunted by Painting. Chinese painter Pan Yuliang ( played by Gong Li) was raised in a brothel and later rescued by a man who married her to be his concubine... AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7PM. By donations.

SUN, JUN 18

FULTON ART FAIR: 48th Annual. Fulton Pk, Bkln, btw Fulton St & Stuyvesant Av, noon til dusk. Info: 718-707-1457.

FRI, JUN 23

GOOD COFFEEHOUSE: Season Finale—singer songwriters Terence Martin & Ned Massey. \$10 adults, \$6 kids. Bkln Ethical Culture Society. 8:00 p.m. 53 Prospect Pk W. 768-2972.

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Chinese animation, Monkey made havocs in Heaven, for neighborhood children. AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7PM. By donations.

SAT, JUN 24

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Seventeen Years. Eng. Subtitles. A young girl is convicted of murder and sentenced to a long stay in Prison. After 17 years she is granted a special furlough for New Year. AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7PM. By donations.

SUN, JUN 25

FULTON ART FAIR: 48th Annual. Fulton Pk, Bkln, btw Fulton St & Stuyvesant Av, noon til dusk. Info: 718-707-1457.

FRI, JUN 30

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. The World of Mei Lanfang. A beautiful woman moves demurely, but with a hint of seduction. Mei Langang became an international sensation for his portrayal of women in Chinese Opera. Reservation required – if reaches 50, a costumed performance by Chinese Opera star Alan Chow will follow. \$10. 718-788-6170.



Friday, June 2 • 7:00 p.m.  
at the Coop



RED RAIN

The Story of Gina “Boom Boom” Guidi

A real-life version of the hit independent film *Girlfight*, this documentary chronicles the difficult career of female boxer Gina “Boom Boom” Guidi. Thre atening to the general population for her transgression of the traditional female role, Guidi has fought against odds to become a world champion in the middleweight class. The product of an impoverished childhood that was flooded with drugs and abuse, thirty-five year old Guidi continues to struggle with personal problems—being a single mother—and career hurdles. A touching and inspiring documentary, by **Laura Plotkin**, *Red Rain* is a “success against odds” drama that has definite feminist undercurrents.

**Editor Gabriel Rhodes** has worked as a documentary editor and independent filmmaker for seven years. His most recent film, the dark comedy *Anna Is Being Stalked*, was hailed by the Associated Press as “The best seven minutes of the 2002 Sundance Film Festival.” His edited work, which has been nominated for a Regional Emmy Award and a Rockefeller, has premiered at over 50 film festivals worldwide including Sundance and Cannes. His television clients include Showtime, Sundance Channel and A&E. Mr. Rhodes received his Master’s degree in documentary film from Stanford University in 2000.

A Q&A with Gabriel will follow the screening.

Film Night organizer, **Trish Dalton**, can be reached at [mail@trishdalton.com](mailto:mail@trishdalton.com) or 718.398.5704.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks. We will welcome our new members in the next issue.

James Abbazia  
Ammiel Alcalay  
Amos  
Ani  
Ms. Bailey  
Toni Blackman  
Kevin Boyd  
Garrison Buxton  
Marco Jo Clate  
Court Street  
SummerFest

Matteo Crupi  
Sharone David  
Emily DuBois  
David Eustace  
Israel David  
Fishman  
Gayle Forman  
Julia Goldstein  
Christopher Grygo  
Jennifer Guitart

Tai Jamar Hanna  
Chantille Harris-Jenkins  
Amy Hausknecht  
Donna Hawkins  
Adrianna Hernandez-Stewart  
Ishakie  
Andrew Jones  
Sophie Kamin

Gurumaan Khalsa  
Renee Klorman  
Daniel Levitan  
Catherine Lewis  
Geraldine Librandi  
Stephen Lichtman  
Sunshine Ludder  
Fiona MacDonald  
Julie Mack  
Rina Malonzo

Wilfred Mendes  
Mercedes  
Tamsin Nutter  
Ida Pearle  
Nina Pessin-Whedbee  
Rufina Phillips  
Olga Poddubnaya  
Ayesha Rehman  
Ani S.

Saäscha  
Brian Schundler  
Shana  
Daniel Slager  
Elizabeth Snyder  
Lisa Tai  
George Van Dyke  
Roxanna Velandria  
Karen Zaccai



## LETTERS TO THE EDITOR

## SCAMMING TO GET INTO THE COOP

DEAR GAZETTE,

Every entrance worker knows the feeling—that the guest that just walked in with a member is not just a guest—they are a household member in disguise. “Disguise” is a nice word; “free-loader” would be more appropriate. Coordinators acknowledge that the problem is growing: husbands and wives, roommates and girl-/boyfriends, all who live with a member, enjoying the benefits of fine, fresh and cheap food and yet do not share fairly in the work that needs to be done at the Coop.

To that end, one solution can be implemented—the tracking of patterns on the guest sign-in book. But the Coop is exploding with more than 13,000 members so how can we track all these entries, bonafide or misleading?

I propose—and will present that in a GM—to collect all guest sign-ins electronically, instead of manually. Such data, when aggregated can signal any such abuse of “repeat hosts” who keep signing in the same person. This proposal was already made by coordinators but was not implemented due to prohibitive costs.

It is time to address the problem in two phase. I propose an overall discussion to take place, at the GM and via the *Gazette*. In the more immediate term, I propose implementation of an electronic database collecting all such sign-ins with proper trend analysis on a periodic basis.

Cooperatively,  
Yigal Rechtman  
member # 9542

## MY CART

TO THE EDITOR:

On May 5, 2006, Friday, at approximately 11:30 a.m., my shopping cart (large, blue) was missing from the rack next to the cashiers. A blue shopping cart (large, blue, detached frame with American Flag ID attached) was left by mistake.

Please contact me at 718-783-7241 to arrange an exchange.

Thank you.

Richard Pizzicara

## TIME TO VOTE

TO MY DEAR SUPPORTERS AND FRIENDS,

As usual, most likely you don't know for whom to vote, so you're not going to vote. But there is one clear choice: Three candidates who are endorsed by the Management and one who isn't. Take your pick!

You can best support me by voting *No* for all other candidates in addition to voting *Yes* for me—for some odd reason, we are allowed to do that! Also, we don't need to stamp and mail in our ballots, we can put them in the ballot box to the right of the Entrance Desk or in the Co-Op mail slot. Whatever, the deadline is June 26th, one day before the General Meeting. And that is to be received, not mailed.

If you want a clear voice for a better and more lively *Gazette*, and a more democratic and accountable Agenda Committee, Chair-Pool Committee, Personnel Committee, Marketing Committee, and Disciplinary Hearing Committee—and I don't know how many other committees that we've never even been told about, such as the committee that prepares birthday lunches for staff members—and above all a clear voice for fundamental and democ-

atic reform in our deceptive and dysfunctional governmental menagerie, please vote for me again when you get your ballot in the mail. And tell your friends. Some day, if we live long enough and work hard enough, we will break open the benign despotism that masquerades as democracy in our Co-Op. And then there will be at least a little bit of truth to the phrase “members and owners.”

There is no known reason why anyone should want to be on the Board of Directors—since they have no power! This is about the ninth time I am running for the Board.

The government is a deceit and a tragedy because it manufactures consent. Because you voted for a board member, or because there is a monthly Meeting, you think you had a say, or that “it was what people wanted.” The people at these meetings don't represent you, they appointed themselves, and although the meetings are conducted in public they have nothing to do with your or my will or empowerment. They are good people, but they are misguided people if they think that because they decided to go to the meetings they have a right to run the Co-Op.

My solution to all this is better, more open government, not through good-will but through structural change. To wit, a proportional-representation system where each of us could choose or change our representative at the Entrance Desk, by mail, or on the phone. These delegates, unlike now, would be visible and responsible to those who elected them. The system might be chaotic, but it would be worth it as a noble and courageous social experiment rather than as a cozy and elitist management monopoly.

In cooperation,  
A. Solomon

## FAIRNESS POLICY

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.



## EATING FOR ENERGY

Are you constantly running out of energy by the end of the day? Do you find yourself on a rollercoaster of highs and lows, coffee and sugar? Do you want to feel totally alive?



Our bodies are designed to have vibrant health, unlimited energy and joy. The secret is choosing foods which balance, rejuvenate and feed peak performance.

In this workshop learn nutrition strategies to use in your daily life which will increase your energy levels, help you experience radiant health, look younger and reduce stress.

Coop member Josée Ford is the director of Alchemy of Soul, a holistic health counseling practice. She loves sharing her passion for integrating ancient healing systems with cutting edge scientific nutrition, with the purpose of helping people break through to new levels of energy, performance and joy.

FREE  
Non-members welcome

Tuesday, May 30  
7:30 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## WINDPOWER AT THE COOP

Park Slope Food Coop is making a difference. On behalf of Community Energy, thank you for your purchase of clean, renewable NewWind Energy® energy. Your commitment is directly supporting the expansion of wind generated electricity and creating a secure energy future for our Nation.



Community Energy wind farm located in Southern Herkimer County, New York. Scheduled to be completed in 2007, this project will be comprised of 65–75 modern wind turbines and produce enough power to supply the equivalent of 52,000 to 60,000 New York homes.

At Community Energy, Inc., we value your leadership and know that the fulfillment of our mission to build more wind farms would not be possible without you. Thank you again for making a difference and choosing Community Energy to supply your renewable energy needs. If you have any questions, please feel free to contact us... We look forward to supply you with clean energy for years to come.

Sincerely,  
R Brent Alderfer, President, Community Energy, Inc.

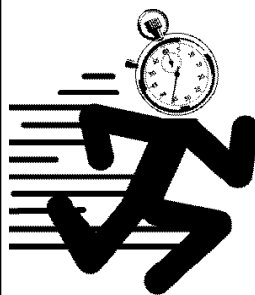
## Winning the Race against Time

WITH SUSAN MARTIN

Business Owners, Sales Agents and Professionals:

Do you race against the clock?

- Miss deadlines?
- Run late for appointments?
- Feel unproductive?
- Never have time for yourself?



If so, join us for an interactive evening that will help you:

- Manage your time
- Increase productivity
- Meet your deadlines
- And, have time for yourself!


Susan Martin created **Business Sanity** to help business owners and sales professionals who struggle with marketing, management and productivity; who want to increase profits, avoid burnout and learn how to run their business most effectively. Susan is a Coop member.

FREE  
Non-members welcome


Tuesday, June 6  
7:30-9:00 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Prompt & Courteous  
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METROPOLITAN  
NEW YORK**



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NEW YORK CITY

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## THINKING OF SELLING YOUR HOME?

CALL NOW TO RECEIVE A FREE MARKET  
ANALYSIS OF YOUR HOUSE, COOP OR CONDO.  
I'M A COMMITTED FOOD COOP MEMBER  
AND A LICENSED REAL ESTATE SALESPERSON.

**LEE SOLOMON ☎ 718.399.4105**  
**BROWN HARRIS STEVENS**

### Viruses, Popups Slowing You Down or Embarrassing You?

**718.858.3949**  
**stephen@negrn.org**

### Time To Clean Up

Update antivirus/anti-  
spyware and firewall  
technology. Virus and  
popup detection,  
removal, data recovery  
and backup.

25 years experience.

**STEPHEN NEGRON**  
**http://stephen.negrn.org**

## ARTISAN ART & CUSTOM FRAMING

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(Corner of Prospect Place)  
**Tel: 718-636-5835 Fax: 718-636-5821**  
**Established since 1998**  
Professional, Reliable, One on One Service  
**LOWEST PRICES IN THE NEIGHBORHOOD  
GUARANTEED!!!**  
Co-op Members get a 10% discount on all  
framing orders.



## PERSONAL TRAINING

General fitness  
Pre/post natal exercise  
Pain reduction

**JUNE SPECIAL**  
**1<sup>st</sup> Session ½ price**

**Mirja Pitkin (917) 873-3660 or visit  
PITKINFITNESS.com**



## Healing Money Wounds

Creating a Life- Sustaining  
Relationship to Money

**A weekend workshop**  
**June 10<sup>th</sup> & 11<sup>th</sup>**

**To learn more & register:**  
718.797-9525 info@BrooklynNVC.org  
www.BrooklynNVC.org

## "We Understand Organics"

# GO ORGANIC

# GOA.FSII.COM

**Local Area Representative**  
**Veronica Kolb ~ 917.399.0831**  
**Food Co-op Member Since 2005**

## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$10 per inser-  
tion, business card ads at \$20. (Ads in the "Merchandise-Non-commercial" category are free.) All  
ads must be written on a submission form (available in this issue and at the front of the Coop). Clas-  
sified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business  
card size (2"x3.5").

Submission forms are available in a pocket on the front wall of the Coop near the exit door.

### BED & BREAKFAST

BEAUTIFULLY FURNISHED GUEST  
SUITE accomodates 1 or 2 people,  
located in a grand Victorian Brown-  
stone on park block, center slope.  
Amenities include private, all new  
spa-bathroom & sauna, continental  
breakfast with many organic assort-  
ments. Visit our website at  
www.bbparkslope.com or call  
718-965-2355.

### CLASSES/GROUPS

RELATIONSHIP SUPPORT GROUP. A  
safe, open, co-ed forum to improve  
communication; deepen self-under-  
standing; reduce isolation; and  
explore how you can have more  
rewarding relationships. Led by an  
experienced psychotherapist. To  
learn more, call Gary Singer, LCSW, at  
718-783-1561.

YOGA CLASSES Think you're too  
busy, too out-of-shape, too inflexible,  
too old, too fat to do yoga? Try Mina's  
gentle, caring classes. Get a great  
workout, tone muscles and reduce  
stress. Private and group instruction  
with experienced teacher. Central  
Park Slope location or your own  
home/apt. Call Mina 917-881-9855.

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available.  
Ideal for massage therapist,  
acupuncturist, psychotherapist, etc.  
Be part of a holistic center, either in a  
beautiful Soho section or in an excel-  
lent Brooklyn neighborhood. Doctor  
will introduce all patients to you. For  
information call 212-505-5055.

### EVENTS

HEALTH FAIR at Park Wellness center.  
Sat. June 8 11-5:00, 10 Plaza St (nr  
Flatbush). Demonstrations, informa-  
tion & refreshments. Come meet  
acupuncturists, herbalists, massage  
therapists, psychotherapists, etc. at  
this new neighborhood wellness center.  
www.parkwellnesscenter.com.

### HOUSING AVAILABLE

APT SHARE: lady w/l&d mobility &  
cat seeks compatible person to  
share lg, sunny, 2BR E. Village apt.  
\$600/mo (util. incl.) +10hrs/wk  
homework (errands, light clean,  
cat/plant care). The lady is nice,  
smoker, friendly but private. Good  
for student, artist, creative type.  
Pets OK. Laura 718-858-9221.

### MERCHANDISE FOR SALE

THINKING OF BUYING A WATER FIL-  
TER? Join lots of PSFCoopers who  
use MULTI-PURE for drinking / cook-  
ing / ice / tooth brushing / rinsing  
fruit & veg, knowing lead / mercury /  
giardia / cysts / dry cleaning solvents  
/ gasoline additives / particulate mat-  
ter are removed from their water sup-  
ply & plumbing. Ede Rothaus  
212-989-8277, aqua4water@aol.com.



### MERCHANDISE NONCOMMERCIAL

FOR SALE: \$865 credit to Omega  
Institute to highest bidder, books,  
TV/VCR, VCR, Mixer, Waterpic, new  
women's shoes size 8 and a half to 9.  
All in good condition. 718-789-8822.

FOR SALE: 3 Breuer style director's  
chairs, lite gray leather & chrome,  
great condition, \$50 each (new \$150);  
Full Headboard bamboo; Chair, bam-  
boo; Table, metal and glass 26L X  
18W X 16H, negotiable. Call:  
718-965-2184.

ITEMS FOR SALE: Braun 10-cup cof-  
feemaker, \$15; vintage table radio  
(wood, solid-state, circa 1960), \$50 or  
BO; gold-plated jewelry signed by  
artist (vintage), \$20-40. Call  
718-768-1598.

### SERVICES AVAILABLE

EXPRESS MOVES: Brownstone flight  
specialists. Our FLAT RATE includes  
labor and travel time. Great Coop ref-  
erences. 670-7071.

TOP HAT MOVERS, INC., 86 Prospect  
Park West, Bklyn. Licensed and  
Insured Moving Co. moves you  
stress-free. Full line of boxes & pack-  
ing materials avail. Free estimates  
718-965-0214. D.O.T. #T-12302. Reli-  
able, courteous, excellent references  
& always on time. Credit cards  
accepted. Member Better Business  
Bureau.

IF IT'S NOT BROKE don't fix it! But, if  
it is "Call Bob" - every kind of fix-it.  
Carpentry-Plaster Work-Plumbing-  
Tiles-Phone Lines. Also: shelves,  
closets, doors hung, etc. If it's broke,  
call 718-788-0004. Free Estimate.

ATTORNEY-EXPERIENCED Personal  
Injury Trial Lawyer representing  
injured bicyclists & other accident  
victims. Limited caseload to ensure  
maximum compensation. Member of  
the NYSTLA & ATLA. No recovery, no  
fee. Free consult. Manhattan office.  
Park Slope resident. Long time  
PSFC member. Adam D. White  
212-577-9710.

ATTORNEY-PERSONAL INJURY  
EMPHASIS. 28 yrs. experience in all  
aspects of injury law. Individual  
attention provided for entire case.  
Free phone or office consultations.  
Prompt, courteous communications.  
19-year Food Coop member; Park  
Slope resident. Tom Guccione,  
718-596-4184.

ORGANIZER/COLOR CONSULTANT I  
give families in small spaces room to  
breathe and I help you find your way  
out from under your stuff. Home,  
office, closet and document organiz-  
ing, interior arranging and color con-  
sulting. Strategies to keep the clutter  
from returning. Coop member, NAPO  
member Joyce Szulflita 718-781-1928.

### SERVICES

NEED AN ELECTRICIAN? Call Art  
Cabrera 718-965-0327. Celebrating  
34 years in the electrical industry.  
Brownstone specialist, trou-  
bleshooting, small jobs, total elec-  
trical renovations and rewiring, old  
wiring, fans, etc. Don't wait till sum-  
mer to install your AC lines. Original  
Coop member, residing in P.S.  
since '72, born in Bklyn.

NEW LOOK PAINTING. Artist-run  
company. Twenty five years experi-  
ence. Specializing in faux techniques,  
murals and childrens rooms. Expert  
wall prep and surface restoration.  
Emphasis on efficiency and cleanli-  
ness. Basic painting also offered at  
reasonable rates. References avail-  
able. 718-832-6143.

MADISON AVENUE HAIRSTYLIST in  
Park Slope one block from coop-by  
appointment only. Please call Maggie  
at 718-783-2154 at a charge of \$50.

HAIRCUTS, HAIRCUTS, HAIRCUTS!  
Adults, kids-in the convenience of  
your home or mine. Adults \$30, kids  
\$15. Call Leonora 718-857-2215.

COMPUTER HELP-Call New York  
Geek Girls. Crashes, viruses and spy-  
ware; networking; setup; upgrades;  
training; etc. On-site or pickup/drop-  
off. References available. Long-time  
coop member. Call 347-351-3031 or  
email info@NYgeekgirls.com.

HOME/OFFICE ORGANIZING. Interi-  
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Designer works with you at all levels  
to create the environment of your  
dreams. From clearing clutter to rear-  
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Spaces will change the look and  
energetics of your space. Call Mark  
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PAINTING-PLASTERING+PAPER-  
HANGING-Over 25 years experience  
doing the finest prep + finish work in  
Brownstone Brooklyn. An entire  
house or one room. Reliable, clean  
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sultation. Know your rights. Protect  
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time Coop member. Personal, prompt  
service. Melissa Cook, Esq., 16 7th  
Ave, 718-638-4457, 917-363-0586.  
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for Coop members.

HYPNOTHERAPY & NLP. Release  
phobias, become a non-smoker,  
improve creative and athletic perfor-  
mance, discover your passion, build  
confidence, be successful, enjoy life.  
Call Tracy Atkinson, Certified Hyp-  
notherapist, 718-596-4779 or tracy-  
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### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn  
(Midwood) & Manhattan (Soho). Dr.  
Stephen R. Goldberg provides family  
dental care utilizing non-mercury fill-  
ings, acupuncture, homeopathy,  
temporo-mandibular (TM) joint ther-  
apy & much more. For a no-obliga-  
tion free initial oral examination, call  
212-505-5055. Please bring X-rays.

HOLISTIC PHYSICIAN with over 12  
years experience using natural  
methods to treat a wide range of  
conditions including allergies,  
digestive disorders, endocrine con-  
ditions, female problems, depres-  
sion, fatigue and cardiovascular  
problems. Insurance reimbursable.  
Medicare accepted. Margie Ordene,  
MD 258-7882.

HOLISTIC OPTOMETRY: Most eye  
doctors treat patients symptomati-  
cally by prescribing ever-increasing  
prescriptions. We try to find the  
source of your vision problem. Some  
of the symptoms that can be treated  
include headaches, eye fatigue, com-



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HOLISTIC PERSONAL LIFE SUCCESS STRATEGIES  
 AND EXECUTIVE POWER COACHING

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*"As committed to your power and success as you are!"*

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## Fully furnished bungalows

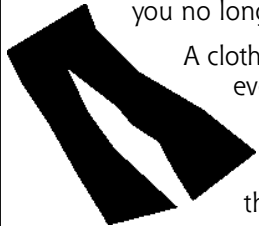
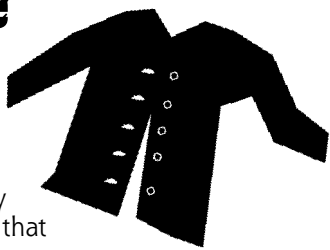
summer share or rent  
 enjoy pond, pool  
 climbing, biking, hiking  
 845-647-9543

Michael Jacobson, proprietor  
 emeraldforestny@earthlink.net

75 miles from NYC, near Ellenville & the Gunks

## Adult Clothing Exchange

Have you noticed that  
 Coop members are great  
 dressers! The season is  
 changing, and this is your  
 opportunity to trade gently  
 used and beautiful clothes that  
 you no longer wear.



A clothing exchange is a community  
 event that is ecologically responsi-  
 ble and fun. Why support the  
 consumer market and buy,  
 when you can wear clothes  
 that have already been well loved.

Bring items that you think others might enjoy-  
 and a snack to share.

**Friday, June 16 • 10:00 a.m. – 2:00 p.m.**  
**in the meeting room**

### To bring Clothes...

- Do not leave clothing in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean clothing that you are proud to be able to exchange with it's new owner.

(Unchosen clothing will be donated to a local shelter.)

### Did you buy a 2006 We'Moon engagement calendar?

The publisher has acknowledged the defective binding.  
 You may seek redress directly with them.

The notice from our distributor says, "...the customer  
 should call We'Moon's number 1-877-693-6666, and they  
 will take care of the problem." It doesn't say they will  
 exchange it but they would probably be willing to do so.  
 It also says that they "are confident that they have taken  
 care of the problem [for 2007 calendars]."

### Answer to Puzzle on page 6

Pearled Barley, Kasha, Coconut, Sushi Rice,  
 Couscous, Anasazi Beans, Raw Almonds, Roasted  
 Mixed Nuts, Soup Mix, Black Eyed Peas, Pecan  
 Halves, Bulghur,

puter discomfort, learning disabilities. Convenient  
 Park Slope location. Dr. Jerry Wintrob, 718-789-  
 2020. holisticeyecare.com.

PSYCHOTHERAPY: IT'S ABOUT LEARNING, clarifying  
 and enhancing your repertoire. It's conversa-  
 tions using resources already present, though not  
 yet noticed. It's about useful confusion, predictable  
 uncertainty. Curious about this approach? Call for  
 consult. Licensed psychologist. Greenwich Village.  
 718-398-2498.

HOLISTIC DOCTOR in Naturopathy stimulates  
 body's natural ability to heal chronic conditions,  
 allergy, skin, muscle, cancer support with home-  
 opathy, physical & chelation therapies, bioener-  
 getic acupuncture, lab tests, hair analysis & more.  
 Research Director. 20 years exp. As Featured in  
 Allure Magazine. Dr. Gilman 212-505-1010.

ELIMINATE STRESS. Reduce chronic fatigue  
 symptoms. Relieve neck, shoulder, back pain and  
 tension. Improve sleep quality, digestion and  
 elimination. With Shiatsu you'll remember the joy  
 of living. I can help - call Claudia 718-938-5573 -  
 over 12 yrs. experience.

### SERVICES WANTED

GRAPHIC DESIGNER & LIBRARIAN needed for  
 free-lance assignments. Talented, ambitious  
 junior level or student preferred.  
 MikeMiranda@verizon.net.

### VACATIONS

WOODSTOCK SUMMER HOUSE RENTAL—Nature  
 Lover's Retreat on 3 secluded wooded acres nr Mt.  
 Temper, steps from pristine swim pond. 3-BR, 2-  
 bath, cozy & comfortable, big stone fireplace, large  
 screened porch & deck. Walk to hiking trails. DW,  
 W/D. No pets/smoking. All summer or monthly.  
 718-788-4911.

SUMMER SHARES for families at Davis Park, Fire  
 Island. 3 families per weekend. 4 BR house, 3rd  
 house from beach. Share food, Sat. dinner & fun.  
 House has lots of deck space W/D, dishwasher,  
 picnic table & grills, beach chairs, etc. Call Steve  
 & Kathy 718-636-1693 or email us at  
 Rosi@brook.com. Weekly rental possibility.

RENT A BUNGALOW in the Catskills. Pool, lake,  
 tennis, beautiful grounds, lots of kids, nice people.  
 It's a cooperative. Lake Huntington Summer Com-  
 munity. Call Agnes 212-362-3919.

PUTNAM VALLEY, NY. Historic Three Arrows  
 Cooperative. 1 and 1/4 hr. from Brklyn. Friendly,  
 multigeneration, coop community. Lake, boating,  
 clay tennis cts, cultural & educational activities.  
 Weekly entertainment. Kid friendly. Newly reno-  
 vated bungalows available for monthly rental:  
 \$1250 (1BR)-\$2000(2BR). Info: Roxi 718-768-5708.

BERKSHIRE SUMMER RENTAL. Big windows,  
 meadow/mountain view, minutes to Tanglewood,  
 Kripalu. Your own bedroom, separate living room,  
 one-half bath, fridge, microwave. You share full  
 kitchen, shower, washer-dryer. Ideal for writer,  
 a rist. \$1200 per month, fall lease extension possi-  
 ble. Call Mina 212-427-2324.

### WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office  
 for all Coop members. X-rays are strictly mini-  
 mized so bring your own. Dr. Goldberg's non-mer-  
 cury offices in Soho or in Midwood section of  
 Brooklyn. For info please call 718-339-5066 or  
 212-505-5055.

FREE TICKETS for concerts for true classical music  
 lovers only. Lincoln Ct., Carnegie, etc., on short  
 notice sometimes. 10-20 concerts available each  
 year. \$10/yr management fee. For more info, call:  
 212-802-7456.

ABSOLUTELY FREE! Get a high-quality water fil-  
 ter system for free with the purchase of replace-  
 ment carbon block filters. If you're tired of buying  
 bottled H2O or poor quality H2O filters consider  
 this fantastic offer by the respected Multi-Pure  
 Corp. For more information call Denise at  
 718-435-3169.

TWO CATS need loving home! Male/female sib-  
 lings stay together. Gorgeous all grey, & tiger. Were  
 rescues, now 2 1/2 yrs. Sweet, fun, affectionate.  
 Good company, good with yard. First month  
 catfood free. Small donation requested.  
 917-569-6970 or tojonapier@mindspring.com.  
 Pets are healing!

### BEST ECO-CHOICE



*Presented by the Environmental Committee*

## Eco-Tip: Bulk is Best

Buying bulk food helps to save the environment while  
 saving money. Avoid buying metal cans of mushy beans  
 and water when fresh cooked is so much better! And  
 bring reused plastic bags to reduce environmental  
 impact even closer to zero.

## What Is That? How Do I Use It?

It's a heady time  
 spring get a toe in  
 and the next thing  
 inundation  
 as you read this  
 the earth is yielding  
 giving way  
 turning itself inside out  
 with new life

Poke around in the produce aisle with me  
 unearth the season's gems  
 the modest artichoke  
 the elegant asparagus  
 the podded peas  
 demystify fava beans  
 say goodbye to sunchoke and parsnips  
 hello to strawberries ramps and spring onions

Avail yourself of the Coop's bounty  
 diversify your menus  
 with selections from the bulk aisle  
 no need to eat the same thing  
 week after week  
 the bulk aisle is the nutritional equivalent  
 of a herd of cattle, a river of fish  
 a coop of chickens  
 all in ten square feet

We'll talk about this treasure  
 share recipes nutrition info  
 storage and buying tips  
 all kinds of stuff

Come tour with me  
 Myra Klockenbrink

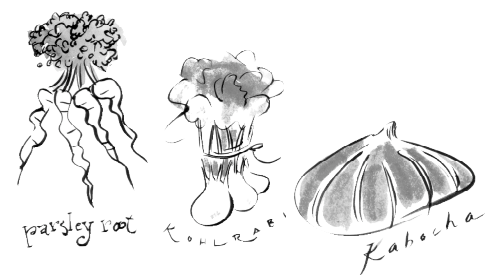
### Next Tours:

Friday, May 26  
 Monday, June 19  
 Friday, June 30

tour hours:  
 12:00–1:00 & 1:30–2:30 p.m.

### Sign Up:

Tours are limited to six people.  
 Sign up by the elevator.  
 If there are openings, a page will be made at the  
 time of the tour, but if you want to assure a space  
 for yourself, be sure to sign up.



### ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try  
 the Coop's web page, www.foodcoop.com. The ads are  
 FREE.

BOARD OF DIRECTORS ELECTIONS

**The Role of the Board:** From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors. The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members

shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting." The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in

their vote(s) during the GM. **The Election Process:** Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting maybe represented, if they wish, by a proxy. If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you

when you register. Members who have a current membership as of Sunday, June 27, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy. Members are been mailed a proxy packet in mid-May. If you do not receive a packet, please call the office or pick one up at the entrance door of the Coop. ■

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

You may use a proxy or be present at the Park Slope Food Coop Annual Meeting, June 27, 2006. If you did not receive a proxy packet in the mail, you may pick one up at the entrance door. Statements are unedited and presented in alphabetical order.



Audrey Miller Komaroff

I'm Audrey Miller Komaroff, I currently sit on the Board of Directors and I'm the Friday Shopping Coordinator. I've been a Coop member since 1975, and I've happily seen the Coop grow from 400 members to its present size.

I've always gone where I felt the Coop needed me. I was the first cashier trainer. I was one of the twelve people who excavated and started the "Garden of Union." When the Coop expanded Friday shopping hours, I became a squad leader on the first 8:00 a.m. shift. Feeling limited being a squad leader for two squads, I asked to

become the Friday Shopping Coordinator when the job became vacant. I have been a positive and cooperative member through all our changes in the last 31 years. The general meetings opened my eyes to our policy making procedures and I've enjoyed them. The Coop is a very unique and successful venture that I love being a part of. Having served on the board for three years, I would like to continue.

I value the General Meetings and the expertise of the General, Receiving and Office Coordinators. I wholeheartedly believe in the cooperative spirit where each person gives of themselves for the benefit of the whole. The core beliefs of the Coop have made it strong and prosperous. I'm sure these shared ideals will serve it well in the future. My candidacy is endorsed by the General Coordinators.



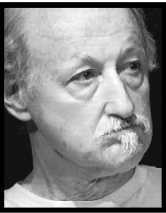
Imani Q'Ryn

I lived in Fort Greene for over 20 years. I'm an opera singer, an independent real estate broker, and this past October I was elected to the Board of the Food Coop to fill the interim position vacated by Paul Bemanzohn. Now, I respectfully seek your vote to allow me to continue in this position for the next three years. I joined the Coop in 1998 when I started eating organic food. I couldn't afford not to join! I love the Coop, it's energy, the diversity of the membership, the ideals of cooperation and democracy and above all the beautiful food at unbelievable prices. It's a reflection of what's possible in the world. It's a privilege to be a part of it. I also serve as a member of the Chair Committee, which chairs the General Meeting at the end of each month. For

me one of the best parts of the General Meeting is the committee reports which inform us about issues not only affecting the Coop but the environment, our health, local farmers and even other countries to name but a few of the topics that have been covered. It's hit home a number of times just how small the world is and that we are all connected. Imagine, our coop and what we do makes a difference in the world. Each of us makes a difference. I started going to the General Meetings about three years ago. Initially, I went for workslot credit and was surprised to discover that the meeting was small compared to the vast size of our membership and that the diversity which I see while shopping at the Coop is not powerfully reflected in the meeting. I thought to myself here is the decision-making body of the Coop and only a few members were making these decisions and even fewer people of color.

I wondered what I could do to encourage greater diversity and participation in the meeting. I live by the words of Gandhi who said, "be the change you seek to see in the world." I decided to join the Chair Committee soon after my first meeting. I have been committed to making all people feel welcomed at the meeting, being fair and open to all sides of an issue and to being clear on the policies and how the meeting is run. In the past three years I believe the meetings have been less confusing, less antagonistic and more enjoyable. I find them interesting and informative. I am also encouraged in the last few months our General Meeting attendance has almost doubled due to recent change in the work slot credit policy, Since being on the Chair Committee involves being at the General Meeting, which is also the Board Meeting, there is no conflict in my holding both of these positions. When I found out that

there was a precedent of a board member also being on the Chair Committee I decided to stay with the Chair Committee. The Chair Committee is in need of new members and my leaving would put a strain on the other members. If you have interest in being on the chair committee please let us know. In closing, I have intimate experience with Coop policies and procedures and the workings of the Board of Directors. I think our cooperative process works and as a board member I respect the members deliberations and will strive to ensure that the General Meeting remains the highest decision-making body in the Coop. I will also continue to encourage diversity in the General Meeting as well as all aspects of the Coop. I welcome members to contact me by email at Imani.sings@gmail.com. My candidacy has been endorsed by the General Coordinators of the Coop. Please vote for me. Thank you for your consideration.



Albert Solomon

To my dear comrades in the struggle for Co-Op democracy: Now it's time for the Board of Directors sham election again, and for a recap of the Campaign for Co-Op Democracy. We should receive our ballots in late May. They must be returned—not just postmarked!—no later than Monday June 26th, one day before the June General Meeting. Please vote even if you're not "sure" who the Board members should be—for my sake and yours! Remember that the person you vote for is not representing you—she or he has made a pledge to accept the "advice" of the General Meeting, not yours! I haven't. Perhaps this answers some of your questions about why BOD candidates don't talk about their financial qualifications—only give kind of bar-mitzvah speeches about how loyal they are and how good the Co-Op is. The result of this travesty of democracy and undermining of the intentions of the New York Cooperative Corporations Law is to spoil management's chances of good will, and allow them to pursue foolhardy and divisive tactics

where they could have pursued the "trust" they are always preaching about. Examples abound, including the Pension Plan, the Building Expansion and most recently, the stunning Item-Pricing Brouhaha. An assembly that doesn't set its own agenda and select its own Chair is another example. The Gazette and the Disciplinary Hearing Committee would never have developed as they have if there was any real oversight by the membership going on. The best solution I can think of to all this is representative democracy. It is not perfect but it is a way that everyone can participate without having to become a veteran meeting-goer and do all the things a conscientious delegate would have to do. It is a way our Meeting could act responsibly and visibly rather than being more of a way of hiding things than bringing them into the open. With a will, we can make it fair too! Everything I say and everything I do flows from this premise: A representative assembly would not allow this! Our overriding goal is a parliamentary democracy with party-list elections. •Assembly of Elected Delegates- Lesser goals along the way include:

- Regularization and accountability of meeting procedures: Merging of the Chair Pool and Agenda Committees according to The Roving Parliamentary Advisors Plan.
- March 30th Gazette
- GM oversight and accountability of the Gazette: Gazette to become a GM committee. Editors of the four separate Gazette squads (yes there are four!) and the two coordinating editors (currently Stephanie Golden and Erik Lewis) to be elected by a referendum to be included in the annual Board of Directors Ballot (which our rulers misleadingly call a "Proxy").
- GM oversight and accountability of the three Disciplinary Hearing Committees: Reports in the Gazette at least quarterly, and for all past quarters, of all relevant actions of the Committees. Public Arraignments and Hearings.
- Discussions and negotiations with the General Coordinators (the "Rulers") about these changes and the antidemocratic problems they address.
- Leafletting, discussion and promotion of these and other reforms to improve Co-Op democracy.
- Organizing and discussion through EMail and phone lists.
- A new and different way to address our problem with too many workslots:

Make attending a General Meeting every year a workslot! Such a move would insure an average attendance of 1300 people at the ten general meetings each year. And it would address our growing complaint of "nothing to do" with a real expression of our belief in good government. All of these plans are detailed in letters and/or Meeting proposals. Much work and thought has gone into them over the years. If one of them grabs at you, I will gladly send you a detailed version and perhaps you can help me refine it and make it more palatable—a skill of which as you see I am in great need. Sign up for the mailing list or the phone tree. And above all—Join the Coalition for Co-Op Democracy! With cooperation, welcoming all attempts to dissuade me of my delusions, listening to the heartbeat of the Co-Op and the drumbeat of democracy, most humbly honored to be your self-appointed representative, and assuring you that I will continue to do everything in my power to strengthen the Co-Op, especially its government, I am as ever, Your Devoted Delegate, Albert Solomon 718-768-9079, HOBCE@YAHOO.COM.