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LINEWATERS'

GAZETTE



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Does the New Brooklyn Fairway Live Up to the Hype?

PHOTOS BY LIV RYAN

By Ann Pappert

After multiple delays, Fairway Market's much-anticipated Red Hook, Brooklyn, store finally opened in mid-May.

Fairway is the first of the Manhattan mega-food markets to open in Brooklyn. Located in a Civil War era former coffee warehouse at the very end of Van Brunt Street in Red Hook, the 52,000 square-foot store dwarfs other Brooklyn food markets.

The store bills itself as "Like No Other Market," (the website is even more hyperbolic calling Fairway "The Greatest Food Store on the Planet"). The store's reputation was built on low prices and a vast selection of products. Fairway in Manhattan has been a fixture on the Upper West Side for years, and the company has opened branches in Harlem and Plainview, Long Island, over the last several years.

Brooklyn food shoppers had high expectations for the Red Hook store. But after all the brouhaha, does the Brooklyn Fairway live up to all the hype?

After multiple visits to the store, on both slow and busy days, I compared the new Fairway with the Coop in four different categories: Convenience, Selection, Quality and Price.

What I found in each category might surprise you. Overall, does the store live up to all the hype? Yes and no. Here's why:

Convenience

The good news is with 52,000 square feet, Fairway is able to carry a vast selection of items. The bad news is that it's 52,000 square feet. That translates into a significant time commitment and a lot of walking. It's not the kind of store that you run into for a few items.

Another drawback is that without question this is the worst laid-out food market I have ever been in. And I suspect that many other shoppers agree. When a store manager stopped to ask my opinion of the store on a recent visit, I commented on the poor layout. He rolled his eyes, and offered that this was the single biggest complaint from shoppers.

Because the space is so vast, my guess is that the store designers sought to break it up into more manageable components. But instead of aisles down and across, the store is divided in places into smaller sections—confusing and hard to locate (even after multiple visits).

The layout, instead of mak-

ing shopping smooth and efficient, proves frustrating and time wasting. For example, although the store has a meat and poultry section, if you're looking for fresh "natural" or organic meat and poultry (sausages by, say, D'Artagnan) they are in an entirely different (and harder to find) section of the store. Ditto for kosher products.

Want bulk products like nuts and dried fruit? Well, some are located in an easy-to-spot section smack in the middle of the store, while the "natural food" varieties are hidden in the back in an area reserved for organic and health food.

And if you get to the cashiers and realize you forgot something, it likely will necessitate a roundabout walk through the entire store to get to it.

On the other hand, it's hard to argue with the biggest convenience plus at Fairway: a parking lot for 300 cars.

Selection, Quality and Price

For a store that built its reputation on the size and quality of its produce (the store's promotional material calls fruits and vegetables the "heart and soul of the mar-

CONTINUED ON PAGE 2

Coop Entrepreneur Takes Local Homes to the Spa

By Hayley Gorenberg

"I'm willing to get down and dirty. I never want to have the staff feel they're doing a job I would not do."

—Deanna Hains, owner of Zen Home

To hear Deanna Hains tell it, she came to run her own eco-friendly cleaning service through a complex set of related reactions to her ex-boyfriend, international travel and concern for the health of her cat.

The entrepreneurial Coop member, who lives in Fort Greene, started Zen Home in early 2005, after converting to eco-friendly products when she cleaned her bathroom with heavy-duty tile cleanser and became concerned that her beloved cat might ingest it. She decided she needed a nontoxic alternative, but had trouble finding a service that met her standards, which were heavily influenced by everything from hotels in London, where attention to details in fine service "really had an impact on me," as well as the ex-boyfriend, whom she described as "meticulous" in his attention to cleaning, cooking and laundry.

At the time an interior designer, she placed a notice on Craigslist: "Let us mentally and spiritually clean your home." The phone began to ring: "The first week we were, like, booked!" Six months into the venture, she did a

free cleaning for the popular website Daily Candy, which wrote a feature article. "We got 500 calls that day," said Hains. "We had three people working for us; three weeks later, we had fourteen."

More media followed, and after the Wall Street Journal covered Zen Home, business boomed to 20 employees, a gross of \$45-50,000 monthly and investors interested in franchising. Zen Home now has about 600 clients, about four out of five of them in Manhattan, including a confidential list of celebrities. "We want to be on Oprah," she smiled. "That's one of our goals."

The Zen Home Treatment

"We see it as taking your home to the spa for the day," Hains explained over a snack at Tillie's Café, in Fort Greene.

The day begins when a uniformed and trained Zen Home's cleaner arrives with an oil burner to disperse the scent of jasmine throughout the home.

To accomplish the cleaning itself, Zen Home uses only nontoxic products, including many items off the Coop's shelves, like Citrasolv and 7th Generation. (Hains said she often contacts General Coordinator Janet Schumacher for advice on dealing with vendors her business and the Coop share.)

CONTINUED ON PAGE 4

Next General Meeting—July 25

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, July 25, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda appears in this issue and is available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

IN THIS ISSUE

Workslot Needs	2, 8
June General and Annual Meeting	5
GM Agenda	3
Coop Mission Statement	3
Mysteries of Aisle 4	6
Coop Hours, Puzzle	8
Coop Calendar, Governance Information	7
Letters to the Editor	9
Community Calendar	11
Classified Ads	11

Coop Event Highlights

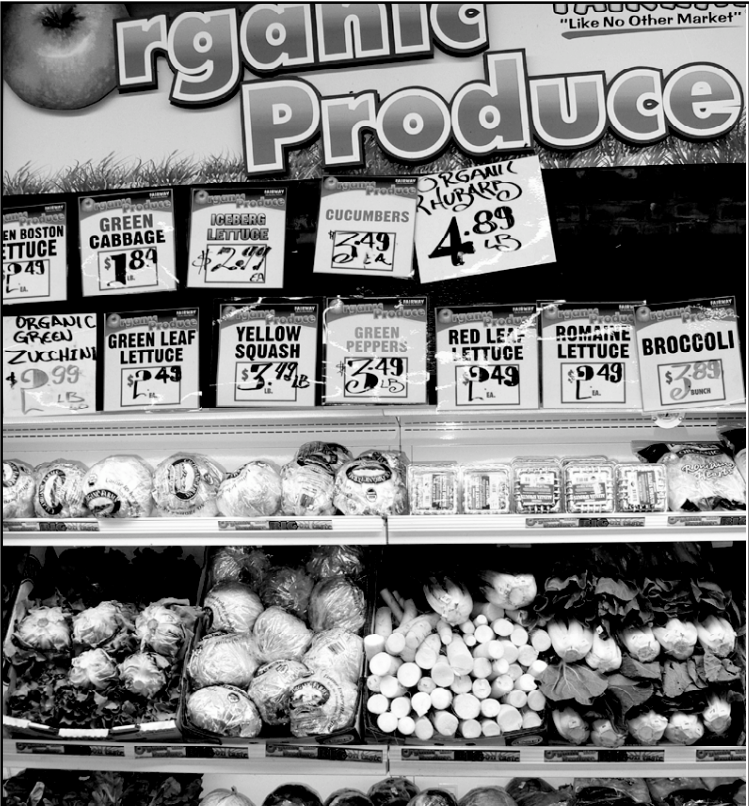
Fri, Jul 28 • Clothing Exchange: adult clothing, 10-2:00

Fri, Aug 4 • Film Night: A Walk Through the Footprint, 7:00 p.m.

Sun, Aug 20 • GM Food, Why Are We Fighting It?: video & discussion with the Safe Food Committee, 7:30 p.m.

Aug 24-26 • Blood Drive

Look for additional information about these and other events in this issue.



PHOTOS BY LIV RYAN

CONTINUED FROM PAGE 1

ow of a doubt that Fairway's produce doesn't compare, either in price or quality, to the produce at the Coop.

It's clear that Fairway, which started out in the 1940's as a fruit and vegetable market, still puts a lot of emphasis on produce. The vast produce section is the first thing shoppers see when they enter the store.

But although the produce section is huge, the selection is not nearly as large as it appears on first viewing. That's because the displays for each item are enormous—where the Coop might display a few dozen pieces of fruit, Fairway will display them by the hundreds.

And the variety tends to stay mostly with the tried and true. Looking for Mineola tangelos, for example (one of my Coop favorites)? Not

here. Lacinato kale? Also not at Fairway.

But it's Fairway's organic produce that really illustrates the difference with the Coop. In virtually every produce item, I found the Coop quality not just better, but in most cases, mind-bogglingly cheaper.

The chart on the next page compares the price of produce and grocery items at Fairway and the Coop. The identical 55 items purchased at both stores were almost 40% more (38%) at Fairway.

It's no surprise that a store this big has an enormous selection. For some, the selection will be a big plus. For others, maybe not. One friend (and a Coop member) who decided to give Fairway a try, never got farther than the front door. His reaction—too big, too intimidating. "I don't need and don't want that many choices," he proclaimed.



Looking for sauces and condiments? Shelf after shelf offers everything from standards like ketchup to Latin favorites such as chimichurri sauce, to marinades for everything from fish to vegetables. I counted dozens of different olive oils, endless varieties of snack foods and cleaning products galore.

Prepared foods, from Fairway's house labels, to Coop items like Sabra hummus to dill tofu salad are also available in abundance.

Where Fairway's organic produce is double or triple the price of the Coop's organic produce, some of Fairway's



Photos: Up close with the new Fairway's produce aisles and bulk items.

with products sold at the Coop, it can't beat the Coop for produce, convenience (minus, of course, the parking) and especially the sense of community.

In fact, my favorite thing about Fairway has nothing to do with food shopping. It's the wonderful outdoor terrace adjacent to the café at the rear of the store, where you can sip a coffee by the river and stare at the Statue of Liberty. ■



Reporters Please Apply

Job Description

We have four distinct Gazette teams — each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team's editor every eight weeks.



Seeking to Diversify the Gazette Staff

The Gazette is looking for reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the Gazette and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.

For More Information

If you would like to speak to an editor or another reporter to learn more about the job, please call Linda Wheeler in the office.

To Apply

Please send a letter of application and a writing sample to the office. Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop.

Your application will be acknowledged and forwarded to the coordinating editors, Stephanie Golden and Erik Lewis.

grocery prices are either close to or cheaper than the same items at the Coop, as the chart illustrates. (This price differential may not last. New grocery stores typically have opening specials to attract customers.)

I do like Fairway's seafood counter, offering a wide variety of fresh fish at excellent prices. The meat counter, also large, is a big draw. Personally, I prefer the Coop's selection of meat for the quality and taste.

All in all I would shop Fairway as an addition, rather



Prices Compared

Park Slope Food Coop & Fairway

FRUITS	Fairway	Coop	Comparison**
Apple-Gala, organic	2.99/lb	2.74/lb	9%
Bananas	.50/lb	.47/lb	6%
Blueberries-pint, organic	5.99/ea	4.65/ea *	29%
Cherries-red	3.99/lb	2.97/lb *	34%
Grapefruit-red, organic	1.28/lb	1.09/lb	17%
Grapes-red & green, organic	4.99/lb	3.37/lb	48%
Limes	.17/ea	.10/ea	66%
Mangoes-organic	2.49/ea	.93/ea	168%
Melons-cantaloupe (1)	2.00/ea	1.32/ea	52%
Nectarines-yellow, organic	3.89/lb	2.09/lb	86%
Peaches-white, organic	2.49/lb	1.59/lb	57%
Pears-anjou, organic	3.89/lb	2.29/lb	70%
Strawberries-1 lb box, organic	3.89/ea	2.81/ea	38%

VEGETABLES	Fairway	Coop	Comparison**
Artichokes	.89/ea	.79/ea	13%
Asparagus-loose, organic	7.99/lb	4.29/lb *	86%
Beans-green, organic	3.89/lb	1.99/lb *	95%
Beets-red, bunch, organic	2.49/bu	1.87/bu *	33%
Broccoli Rabe (rapini)	2.99/bu	2.67/bu	12%
Broccoli-organic	3.89/bu	2.52/bu	54%
Cabbage-green, organic	1.89/lb	.78/lb *	142%
Carrots-baby, 1# bags, organic	1.89/ea	1.27/ea	49%
Collards-organic	2.49/bu	1.27/bu *	96%
Corn	.25/ea	.43/ea	(42%)
Cucumber-regular, organic	3.49/lb	2.58/lb *	35%
Eggplant-regular, organic	2.89/lb	1.87/lb	55%
Garlic	2.89/lb	1.34/lb	116%
Kale-organic	2.49/bu	1.37/bu *	82%
Lettuce-green & red leaf, organic (1)	2.49/ea	1.16/ea *	115%
Onions-3 lb bags	1.50/ea	1.58/ea	(5%)
Peas-snow, organic	4.99/lb	2.49/lb *	100%
Peppers-green, organic	3.49/lb	2.11/lb	65%
Potatoes-red, organic	1.89/lb	.63/lb	200%
Squash-zucchini, organic	2.99/lb	1.76/lb *	70%
Tomatoes-organic	2.89/lb	2.79/lb	4%

GROCERY	Fairway	Coop	Comparison**
Abraham's Hummos, 16 oz.	3.59	3.38	6%
Annie's Mac 'n Cheese	1.29	1.30	(1%)
Apple & Eve Juice Packs, various flavors	1.19	.95	25%
Bearito White Corn Chips, 16 oz.	2.89	2.24	29%
Boca Burgers, various	3.99	2.84	40%
Brown Cow Yogurt, whole milk, quart	3.29	2.72	21%
Cascadian Strawberry Spread, 17 oz.	3.69	3.23	14%
Earth's Best Baby Food, 4 oz., various	.69	.74	(7%)
Eden Canned Beans, various	1.49	1.21	23%
Kettle Potato Chips, 5 oz., various	1.89	1.57	20%
Land o' Lake's Butter, 1 lb., quarters	3.69	2.93	26%
Nasoya Tofu (2)	.99	1.49	(34%)
Seventh Generation Laundry Detergent, 100 oz. (2) (3)	6.99	8.49	(18%)
Murray's Boneless Skinless Chicken Breasts	5.39/lb	4.33/lb	24%
Karen & Sisters Dill Tofu Salad, 8 oz.	2.99	2.54	18%
Maya Kaimel Indian Cooking Sauces, assorted	5.79	3.98	45%
Kashi Go Lean Cereal	2.99	3.16	(5%)
Axelrod Low Fat Cottage Cheese, 16 oz.	2.19	1.89	16%
Natural By Nature Milk, 64 oz	2.99	3.10	(4%)

SUMMARY:			
55 items compared			
Fairway total	\$164.22		
Coop total	\$119.26		
Difference	38% more at Fairway		

NOTES:

** Comparison: Plain numbers indicate that the Coop had a better price. Numbers in brackets indicate that Fairway had a better price.

* This item at the Coop was locally grown

(1) Converted to each for ease of comparison

(2) In-store specials at Fairway

(3) Both the 50 oz and 100 oz sizes were priced at the same amount.

Produce prices gathered July 5, 2006
Grocery prices gathered July 5 & 12, 2006

PSFC JULY GENERAL MEETING

Tuesday, July 25 • 7:00 p.m.

- Congregation Beth Elohim Social Hall
274 Garfield Pl at 8th Ave.
- Items will be taken up in the order given.
- Times in parentheses are suggestions.

AGENDA:

Item #1: Presentation of the audited financial report for the year ended January 29, 2006 (60 minutes)

Robert Reitman of the firm Cornick, Garber & Sandler, LLP, our outside auditors, will present the audited financial report for the Coop's fiscal year ended January 29, 2006. Members will have the opportunity to pose questions and will then vote whether to accept the audited statement.

Item #2: Interim Board of Directors Election (30 minutes)

Election: According to the Coop's bylaws, board members elected in an interim election serve until the following Annual Meeting (June 2007). Members are encouraged to declare their candidacy as soon as possible and to provide a written statement, but nominations may be made from the floor on the night of the election.

Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

INTERIM ELECTION BOARD OF DIRECTORS

There will be an interim election to fill a vacancy on the Board of Directors at the July General Meeting. According to our bylaws the election must be held "no less than 30 days nor more than 60 days after the vacancy occurs," and "A Director elected to fill a vacancy shall serve only until the next Annual Meeting, at which meeting the membership shall elect a director to serve for the balance of the term."

Nominations may be made at the July 25 GM. Candidates are encouraged to provide a brief written statement.

PARK SLOPE FOOD COOP MISSION STATEMENT

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. **We welcome all who respect these values.**

Coop Entrepreneur Starts Eco-Friendly Cleaning Service

CONTINUED FROM PAGE 1

Beds are remade, with a spray of chamomile and lavender scent. “Bed presentation” includes a sample of potpourri, an organic chocolate and a thank-you card.

“I’ve always been impacted by my home environment and how it speaks to me mentally,” said Hains. “When my house wasn’t clean, it added to the mental clutter.” Drawing on Zen minimalism, she envisioned a service that would help make one’s home peaceful and serene, “clearing it of any negative energy.” She included aromatherapy oils “because they really do have a profound effect on me mentally.” While

perhaps 95% of her clientele are not at home when cleanings occur, upon their return, they “can find the apartment by nose.”

Sometimes it’s tough to know how to please certain clients, Hains acknowledged, contrasting two complaints from different quarters: “She moved my vase from here to here. I want 20% off!” versus “She left everything where it was!” The complaints are infrequent, but “hit me hard,” she said. “It’s the hardest thing for me to deal with.”

Staffing a Challenge

Hains freely admits that staffing is the business’ greatest challenge. She hires staff through employment agencies and personal connections. Zen Home pays \$11–12.50 per hour in an industry Hains said typically pays its workers \$7–9. “We go out of our way to make our staff happy,” she said, noting the business’s focus on staff development, as well as gifts in appreciation for demonstrating a strong work ethic.

While Hains has quality-control staffers who work on-site with new cleaners for two weeks and subsequently make site checks on the work and the supplies in use by each cleaner, she noted that the cleaners are “not heavily supervised” throughout each visit, so initial training is “pretty intense.”

Deanna Hains started Zen Home in 2005.



A Zen Cleaning Experience: what they wear, the products they use, even the chocolate and flowers they leave on a pillow are all organic.



No staff member is “above” cleaning. “Anyone who works for us—they have to clean an apartment first.” That goes for Hains herself, who periodically goes out and takes a job, usually as “Lisa.” She explained, “I’m willing to get down and dirty. I never want to have the staff feel they’re doing a job I would not do.”

Quite practically, she wants her receptionist to understand the nature of a Zen Home job.

Zen Home takes bookings by phone, inquiring about the nature of the floors in the client’s home, the presence of pets (Hains said pet hair takes “vigor” and adds perhaps an hour to a job), and any spaces the client considers off-limits. Despite the detailed telephone explorations, “a lot of clients are...just not forthcoming,” giggled Hains, recalling an unusual home that included dead rats in one corner. “That’s a little above our scope of cleaning!” A more typical job, say a 700- to 1,000-square-foot apartment, might typically take five hours.

Zen Home’s standard charge is \$30 per hour, though Hains will raise that to \$50 for extraordinary jobs. “We do get clients who are just really really really really dirty,” she said. “It can be very physically exhausting.”

From New Orleans to Brooklyn

Hains, known as “Keisha” to her friends, is in her early thirties, and says “being a boss” has caused her to become far more forceful in her professional dealings, especially because she senses that her youth tends to undermine respect.

An eight-year veteran of the modeling industry, the New Orleans native moved to New York at 19 for school at the Fashion Institute of Technology. Her mother, whom Hains said is her best friend, left New Orleans for New York City as well, as did her brother, with whom she also has a close relationship. Her mother lives in the same building Hains does, in Fort Greene, and teaches second grade in Harlem, where she occasionally addresses her students in French and has them meditate each day. (Hains’ mother

introduced her to Buddhism in her mid-teens.) Her brother is a therapist who also lives in Fort Greene.

Hains was pleased to leave New Orleans, where she said “we felt very stifled” by racism. “I wasn’t attached at all. I haven’t gone back.”

She’s a vegan, noting that her mother stopped eating meat when Hains was 16, and her boyfriend throughout her twenties was a vegan. Vegetarian choices have led her to more compassion, she said.

She joined the Coop in the early 1990’s, and told her boyfriend he would have to join as well. His first reaction: “It’s so hippy! They don’t even use bags; they only have boxes!” But now “he can’t live without the Coop,” said Hains. “Neither can I!”



She spoke of her wish that healthful food was more available across income levels. Otherwise, she said, “it’s just not fair, because we all should have the opportunity to live in good health.” As for the Coop’s accessibility across class lines, she noted that “accepting EBT is good,” she said, “But still!”

The Client’s Perspective

“I really respect her as a businesswoman,” said Coop member Aurelie Carini, who herself runs a business selling naturally dyed handwoven carpets. “I really tip my hat to her.”

Carini hired Zen Home because she wanted “Earth-friendly, nontoxic products” in her home, especially because she has three young children. She calls the bed spray Zen Home uses “my favorite thing in the world.” After a visit from Zen Home, “you get into bed at night, and you feel like all the stress evaporates!”

The business’s staff turnover has been “a little bit annoying”—she has had to introduce four cleaners to her household preferences in 18 months of weekly Zen Home visits. But she praised the service for meeting what she termed her “high European standards,” noting that she’s from France. She quipped, “I iron my sheets!” ■



Branded communications help the efforts.

June General Meeting/Annual Meeting

By Wally Konrad



Some of the 100 members who attended the General Meeting/Annual Meeting 2006.

Imani O'Ryn and Audrey Miller Komaroff were reelected to the Park Slope Food Coop's Board of Directors during an uncharacteristically brief annual meeting held June 27, 2006. More than 100 Coop members attended the meeting, which was conducted jointly with the June General Meeting. Several Coop officers were also elected or reelected.

Because the Coop is a not-for-profit organization, by law it must be governed by a Board of Directors. In the case of the Coop, however, the board basically confirms decisions made by the members themselves. After member votes are taken and recorded at each monthly General Meeting, the board then accepts those votes. The board also confirms any proposals passed by referendum, such as the Coop's relatively recent decisions to sell meat and beer. In addition, the board president occasionally signs legal documents for the Coop.

Several PSFC corporate officers were also elected during the annual meeting. John Urda was elected president, Imani O'Ryn was elected vice president, Elizabeth

Tobier, who has served the past four years as secretary of the Coop, was reelected to that position, and Tricia Leith, General Coordinator and Coop Treasurer for the past eight years, was reelected to that position.

In Memory

The meeting began with an

Coop members had never voted on credit cards, but rather had passed a proposal for the Coop to begin accepting debit cards at checkout

informal presentation from General Coordinator Joe Holtz announcing the death of devoted Coop member and Board President Israel Fishman. "He was a caring and loving member of Coop, and he translated that into real action," said Holtz. "He was a real benefit to the Coop. He's going to be extremely missed."

Open Forum

This is the time during the

monthly General Meetings when members are invited to ask questions or make brief comments before the agenda begins. Four issues were addressed during the June meeting:

- When would the Coop begin taking credit cards, asked one member. General Coordinator Jessica Robinson answered briefly, saying that Coop members had never voted on credit cards, but rather had passed a proposal for the Coop to begin accepting debit cards at checkout more than a year ago. The start date, which has been postponed several times, is expected to be announced sometime in the last third of the year, Robinson said. She explained that the general coordinators spent some time finding a company that was willing and able to provide customized software that would work with the Coop's existing checkout system. The firm they ultimately hired underestimated the time it would take to do the job, and that's what's causing the delay.

- Another member asked if it was possible for the Coop to institute an online shop-

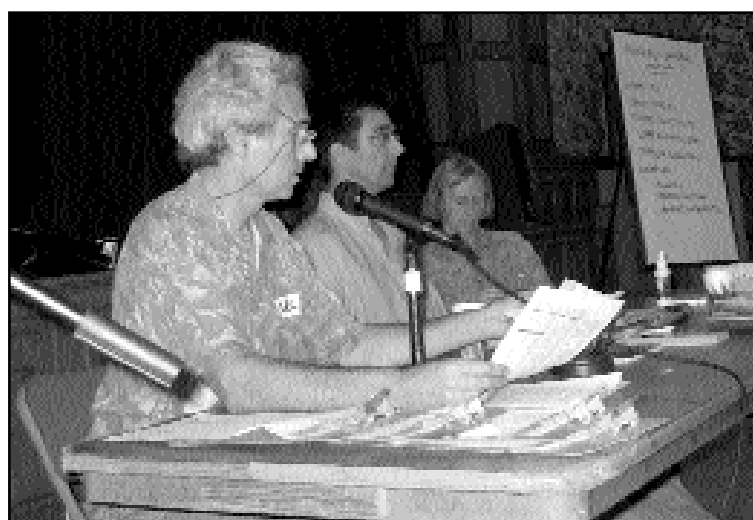
ping component that would work in a similar way to Fresh Direct and the other Web grocery services. Holtz addressed that question, explaining that processing and delivering Web orders would take a huge amount of labor. "I don't think we have the labor available," he said. But he suggested the member submit the idea to the agenda committee for more formal discussion.

•"How does the Coop plan to manage growth?" was the third open forum question. That, said Holtz, would have been a question for last year. He explained that the Coop's recent huge growth spurt has stopped. He expects the

continue her efforts to ensure that the attendance at General Meetings reflected the same diversity as that of the Coop's membership. Votes were then taken, and results were announced later in the meeting.

A Delayed Financial Report

Usually during the annual meeting the PSFC auditors present the Coop's financial statistics for the previous fiscal year. However, Tricia Leith, General Coordinator and Coop Treasurer, announced that the Coop's new auditors, Cornick, Garber & Sandler, LLP, had not yet finished the



From Left: Carl Arnold, Robin Campbell, and Ann Monroe-Howe.

Coop to end this year with the same number of members it started with.

- Finally, a member got up to state her dismay that some Coop members cheat when they don't tell the truth about how many adults are in the household. PSFC policy states that all adult members of a household must join the Coop and fulfill a workslot. Board member Audrey Miller Komaroff answered that the policy is pretty much run on the honor system and the only way the Coop can know this is happening is if someone "snitches" or reports a problem. (Just as an aside, plenty of wives, husbands, partners, roommates, etc., do two shifts a month to make up for a household member who is unable or unwilling to put in the time. That practice is entirely legitimate.)

Elections

The group then shifted back to the annual meeting and the elections. A slate of three candidates—the two who were elected and member Albert Solomon—for two openings were introduced. Each gave brief remarks and answered questions. Imani and Audrey said they would work harder to get more members to attend General Meetings—an important issue because that is where most Coop decisions are made. Imani who is on the General Meeting chair committee, said she would con-

year-end report. She expected the statement to arrive on July 10 and that the auditors would present their findings at the July 26 General Meeting.

Some members voiced their displeasure with the delay, saying that it wasn't a promising start for a new auditor.

Leith tried to reassure the group, saying that there was some delay in the transfer of information from the old auditor, who had retired, to the new firm. She says the new auditor is very thorough and has done a good job getting to know the Coop's systems.

Helping Other Coops

While members waited for election results, Joe Holtz reported on what he has been doing recently to help others who want to start coops on the PSFC member-worker model. Recently, Holtz has met with groups or individuals from Chester, PA, the South Bronx and Port Arthur, TX. He said he's had more inquiries and requests for help in the past two years than any other time in the Coop's history. He spent an especially long time with the group from Port Arthur. That area was hit hard by Hurricane Rita and starting the new Coop is part of the rebuilding effort. Previous to these meetings, Holtz worked closely with a group in Missoula, Montana, who are

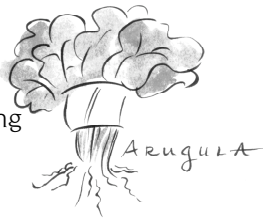


Members at the General Meeting/Annual Meeting asked many questions.

What Is That? How Do I Use It? Food Tours in the Coop

You're feeling hot. Who's not?
Take a break from your summer play
and cool yourself inside the Coop
The produce aisle is pleasantly chilly
and green all the orbs of fruit exposed
and tempting

Inspire yourself with the possibilities:
salad with ten herbs
melon marinated in rosemary
fresh peas and tarragon
mangoes with sweet pepper, spring
onion, lime and cilantro



Come reveal a secret yen
our bodies spark with them
satisfy your most basic urge:
to eat to eat well to eat up desire
and bewarm to all we encounter



Join me Myra Klockenbrink
and we'll explore the possibilities
of the Park Slope Food Coop
and make them into the food of summer

Next Tours: Friday, July 26
Tour Hours: 12:00–1:00 & 1:30–2:30 p.m.

Mysteries of Aisle 4 Essential Fatty Acids

By Dr. Andrea Auerbach, DC and Carol Patti, MS Nutrition

The average American diet has undergone a tremendous change in the past 100 years due to current food processing practices. Omega-6 consumption has gone relatively unchanged as we consume large amounts of sunflower, safflower and corn oils; however, Omega-3 intake has decreased by 80%. Hydrogenation and refining processes cause Omega-3 fatty acids to be lost. Since Omega-3 oils are easily destroyed by light, heat and air, manufacturers do not use them in their products.

The main reason the essential fatty acids are so important is that they are ultimately converted into a family of compounds called prostaglandins (PG's). Prostaglandins are hormone-like chemicals, which perform numerous functions, including immune system enhancement and inflammation regulation.

Both plants and animals can make fatty acids from the carbon, hydrogen and oxygen atoms provided by food; these are called nonessential fatty acids because it is not essential to consume them directly from the foods we eat. The fatty acids that the body cannot manufacture and must be gotten directly from food are called the essential fatty acids. There are two categories of essential fatty acids: Omega-3 oils (also known as linolenic acid-EPA/DHA) and Omega-6 oils (also known as linoleic acid-GLA, DGLA, arachidonic acid). Both are polyunsaturated fats; the Omega-6 oils are more abundant in our food chain, and we are less defi-

cient in these. The Omega-3 oils are available in fewer foods and in recent years it has become evident that many of us suffer from Omega-3 fatty acid deficiency.

Everything is always about balance; it is the same with the essential fatty acids—there must be a balance

Member Contribution

between Omega-6 and Omega-3 fatty acids. Since our food chain is tipped in the direction of Omega-6 fatty acids, there has been a need to supplement our diets with the Omega-3 fatty acids.

Food sources of Omega-3 fats are: cold water fish, many seed sprouts, flax seeds and oil, soybean and walnut oils, pumpkin seeds and oil. Eggs obtained from chickens fed fish meals or flax or allowed to graze on various types of fresh green grass leaves and wild plants are also a source of Omega-3 fats.

It has become evident that many of us suffer from Omega-3 fatty acid deficiency.

Food sources of Omega-6 fats are: corn, safflower, sunflower, sesame, walnut and soybean oils, leafy vegetables and seed sprouts. Arachidonic acid, which is synthesized from linoleic acid, is found in animal products such as

meat, dairy and eggs. If an excess of arachadonic acid is consumed, inflammation and reduced immunity can result. Special oils such as primrose, borage and black currant seed provide GLA.

Since it is harder to get the quantity of Omega-3 fats that we need in our diet, EPA/DHA supplements are recommended. The Coop offers a good selection to its members in "Aisle 4."

Everyone, including children, can benefit by ensuring that their diet contains the essential fatty acids. It is crucial for infants and children to have sufficient DHA for brain and nervous system development. Pregnant women should be sure that their prenatal vitamins contain EPA/DHA; if not, it is wise to supplement.

To enhance the conversion of the Omega-3 fats into prostaglandins, many cofactors are needed. These include Vitamins A, B6, C, folic acid, magnesium, zinc and copper. If these cofactors are not present in sufficient amounts, enzymes will not be able to convert the EFAs into prostaglandins. Therefore it is important that you consume a whole foods diet balanced with a high quantity of fresh fruits, vegetables and whole grains.

Conditions that may be helped by EFA supplementation include arthritis (and other chronic inflammatory diseases), cardiovascular, menopause, PMS, chronic fatigue syndrome, high cholesterol, hypertension, diabetes, dry skin and other skin conditions.

Make sure EFAs are part of your diet today! ■

June General Meeting/Annual Meeting

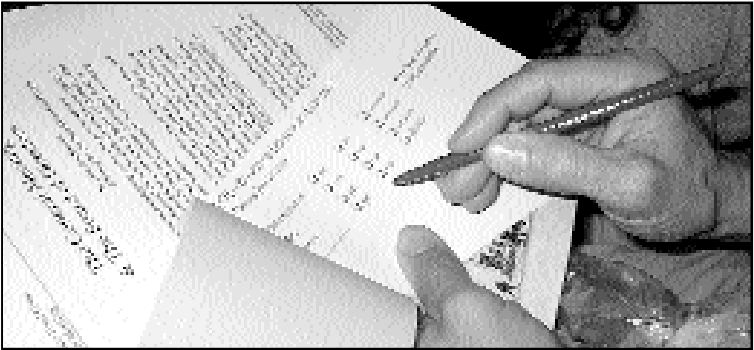
CONTINUED FROM PAGE 5

starting a Coop modeled after the PSFC.

Holtz said he spends a lot of time and resources helping other interested parties since there are no other Coops like the PSFC to refer them to. "I wonder should we have a deeper discussion about whether we want to become more activist about this," asked Holtz. A short discus-

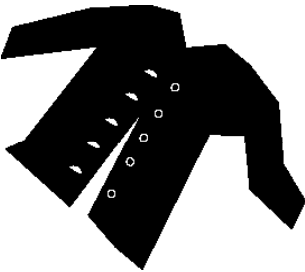
sion followed during which one member suggested an agenda item be submitted about whether a committee should be formed that would reach out and help other Coops.

After the election results were announced, the minutes from the last meeting were passed, the new board of directors accepted the slate of new officers and the meeting was adjourned. ■



Above, General Coordinator Tricia Leith; left, members at the GM/AM voting on ballots with a paper trail.

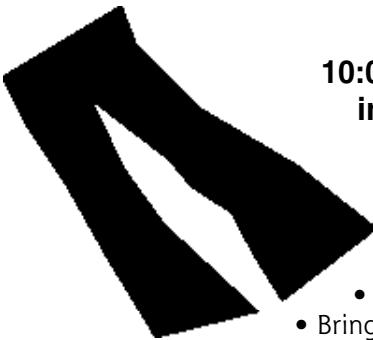
Adult Clothing Exchange



Have you noticed that Coop members are great dressers!
The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear.

A clothing exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can wear clothes that have already been well loved.

Bring items that you think others might enjoy—and a snack to share.



Friday, July 28
10:00 a.m. – 2:00 p.m.
in the meeting room

To bring Clothes...

- Do not leave clothing in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean clothing that you are proud to be able to exchange with it's new owner.

(Unchosen clothing will be donated to a local shelter.)

BEST ECO-CHOICE



Presented by the Environmental Committee

Eco-Tip: Bulk is Best

Buying bulk food helps to save the environment while saving money. Avoid buying metal cans of mushy beans and water when fresh cooked is so much better! And bring reused plastic bags to reduce environmental impact even closer to zero.

COOP CALENDAR

New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

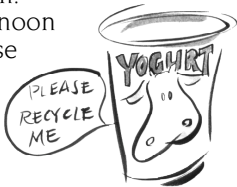
Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:
Aug 3 issue: 7:00 p.m., Mon, Jul 24
Aug 17 issue: 7:00 p.m., Mon, Aug 7

CLASSIFIED ADS DEADLINE:
Aug 3 issue: 10:00 p.m., Wed, Jul 26
Aug 17 issue: 10:00 p.m., Wed, Aug 9

Plastic Recycling

- **2nd Saturdays**, noon–2:00 p.m.
- **3rd Thursdays**, 7–9:00 p.m.
- **last Sundays**, 10:00 a.m.–noon
- Plastics #1, 2 & 4, only those *not accepted by* NYC plus plastic shopping bags
- All Clean & Dry!



General Meeting



TUE, JUL 25
GENERAL MEETING: 7:00 p.m. The agenda appears in this issue. Flyers are available in the entryway of the Coop .

THU, AUG 1
AGENDA SUBMISSIONS: 8:00 p.m.—Items submitted will be considered for the August 29 GM.

The Coop on Cable TV

"Inside the Park Slope Food Coop"
FRIDAYS 1:00 p.m. with a replay at 9:00 p.m.
Channels: 56 (TimeWarner), 67 (CableVision)

Attend a GM To Receive Work Credit...

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet located in the ground floor elevator lobby. On the day of the meeting sign-ups are allowed until 5p.m. and the sign-up sheets will be located in the Membership Office all day. On the day of the meeting, come to the Office to add your name to the list and to receive your information packet. Some restrictions to this program do apply. Please see below for details.

Two GM attendance credits per year:

Each member may take advantage of the General-Meeting-for-workslot-credit program two times per year.

Certain Squads are omitted from the Program:

You may attend the GM for credit only if you are a member of a Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committee. Other Squads are omitted either because covering absent members is too difficult or attendance at the GM is already part of the workslot's responsibility.

Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting. GMs typically run from 7:00 p.m. - 9:45 p.m., though they occasionally run longer.

Childcare is provided at the General Meeting location:

To request that childcare be provided for your child at the meeting, you must notify a paid staff Office Coordinator in the Membership Office at least one week prior to the meeting date.

Sign the Attendance Sheets at the Meeting:

During the GM an attendance book will make its way around the room. Please sign

your name in this book. After the meeting the Chair will provide the Workslot Credit Attendance Sheet. You must also sign this sheet in order to receive credit.

Being Absent from the GM:

There is no penalty if you sign-up for the meeting and then cannot attend. We do ask that you try to keep the sign-up sheet current and remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

If you are on an ABCorD shift and are "ACTIVE" for work on the night of the meeting:

You will be given an FTOP credit for attendance at the meeting. You are not required to use this credit at a particular time. However, to use this credit you must follow the Coop's rules for "Using Banked FTOP Time" that are explained in a flier available in elevator lobby literature racks and in the Membership Office.

If you are on an ABCorD shift and owe a make-up on the night of the meeting:

The GM attendance credit will automatically be applied as a make-up.

If you are on FTOP:

Recording of your attendance at the meeting and an FTOP shift credit will be applied to your FTOP record after you have attended the meeting.

Consider making a report to your Squad after you attend the meeting:

you can help inform other members about current Coop issues, the GM in general and the GM-for-credit program in particular by making a brief report about your GM experience. You can make this report the next time you meet with your squad or, if you are on FTOP, the next time you work on any Squad. Generally these reports work best as part of a squad end-of-shift meeting. ■



ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, July 27, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Submit Open Forum items
- Enjoy some Coop snacks
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Reports
- Committee Report

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

WEEKEND PROGRAMS

Saturday, July 22 and Sunday, July 23

The following programs will happen within four days of publication of this issue.
For full information...
–please see the ads in the June 8 and 22 issues of the Gazette, or
–pick up copies of the flyers in the Coop, or
–go to the Coop website, foodcoop.com

Sat, July 22

- 10:00 Happy, Healthy Travels
- 1:00 Are We Safe Inside?
- 4-6:00 Forgiveness
- 7:00 Intro to Mushrooms 101

Sun, 23

- 12:00 Cooking with Essential Oils

COOP HOURS

Office Hours:
Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:
Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:
Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:
718-622-0560

Web address:
www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles which are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members. A “Member Submissions” envelope is in the *Gazette* wall pocket near the exit of the Coop.

SUBMISSION GUIDELINES

All submissions MUST include author’s name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the published guidelines.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Double-spaced, typed or very legibly handwritten.

Submissions on Disk & by Email: We welcome digital submissions by disk or email. Email to GazetteSubmissions@psfc.coop.

Classified & Display Ads: Ads may be place on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the “Merchandise–Non-commercial” category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$18 per year to cover the cost of postage (at 1st class rates because our volume is low).

Printed by: Prompt Printing Press, Camden, NJ.



IN MEMORIAM

FONDLY REMEMBERING ISRAEL DAVID FISHMAN

TO THE EDITOR:

We in the Coop are all the losers in the death of Israel David Fishman.

He and I first encountered each other through General Meetings, where he described himself as “a recovering Orthodox Jew.” I could instantly relate to the term, as “a recovering Roman Catholic.” But he was never one to throw out the baby with the bathwater: there was much to retain from our respective traditions, however flawed. He organized walking tours of Jewish Brooklyn, so that people could understand some of the context of the life he had lived.

As a gay man, he was forced to choose between orientation and religion, and choose he did. I would urge all Coop members to see the film “Trembling Before G-d,” dealing with lesbian and gay Orthodox and Hasidic Jews, closeted and not. See it, not just because Israel was a large character within the documentary, but because we all need to understand that life is seldom black and white.

He and I came to verbal blows over the struggle to find the best path for our Coop’s growth. He helped organize a petition opposed to the position I held as a board member, and from that grew a series of meetings where Coop members were able to clarify what our needs were, both physical (more space) and spiritual (our mission statement). As he became more active in the political life of the Coop, he ran for, and was elected to, the board himself.

Slowly, over the course of a few years, we came to like each other again, and apologizing to each other certainly helped. We recognized our mutual passion for the health of the Coop, and the different paths we needed to take to express it, both valid. After seeing “Trembling,” I realized that his yearning relationship to his own father, however strained, was emblematic of his relationship to authority figures, seeking approval. It was a mirror of my own, where authority is often doubted, stemming from my alcoholic parents.

Ironically, because of his name, he was highly critical of some of the actions of the government of the state of Israel. We corresponded with others who had similar concerns. Life is seldom black and white...

A fond memory is Israel’s voice on the Coop intercom asking if “anyone is able to offer a ride to the Windsor Terrace area?” His quick follow up was, “Yes folks, this works about 50% of the time.” Always a real believer in the best in people!

Paul Sheridan

Digital Archivist Sought

The web committee seeks a Digital Archivist for the *Linewaiters' Gazette*.

This person will have a growing set of responsibilities. At first, the Archivist will work to bring old *Linewaiters'* issues online by exporting native Quark documents to PDF, and posting these PDFs to a newly created *Linewaiters'* area on the Coop's site. Posting will be via the Coop's web-based content management system.

As the weeks go on, the Archivist will be responsible for regular postings of selected Linewaiters' articles via a blogging interface (probably WordPress). These will be direct "cut and paste" posts of major articles.

- At first, the Archivist will need to perform Quark extractions on site at the Coop, using Macintosh computers.
- Going forward, it's likely the Archivist will be able to complete work at home, during variable hours, using any computer or internet tools desired.
- The Archivist will need to be generally competent with internet tools (web browsers, FTP clients, etc.) and specifically competent with Quark Express and the pitfalls of PDF creation.
- Familiarity with WordPress, or simple web-based content management systems would be helpful.
- Finally, the Archivist should be a persnickety sort, with a good eye for typos or transpositions or any of the other thousands of nit-picky things that go wrong when one moves text around a lot. A good nose for spelling would be very helpful.
- If you are interested, please submit your resume along with a personal note explaining how your experience meets the needs and skills described above to jess_robinson@psfc.coop

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 15.

Cryptogram Topic: Senior Moments
The code used on the list below is a simple letter substitution. That is, if “G” stands for “M” in one word, it will be the same throughout the list.

H I T I R H W Y R H I V K E V Q I R X W

Z E V M G V S W I Z I M R W

L M K L F P S S H T V W W Y V I

H I R X Y V I E H L I W Z I

Q E G Y P E V H I K I R I V E X M S R

G S R W X M T E X M S R

J S V K I X J Y P R I W W

J S V K I X J Y P R I W W

S W X I S T S V S W M W

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LETTERS TO THE EDITOR

STORY ON SWEETENERS GETS FACTS WRONG

TO THE EDITOR,

Alison Levy's article in the July 6, 2006 *Gazette* would have been a nice review of sweeteners, if she hadn't gotten many of her facts wrong. For example, she condemns high-fructose corn syrup as being "made from GMO corn." It is made from corn, and some of it may well be GMO corn, but it is hardly made *exclusively* from GMO corn.

She says that artificial sweeteners need not be listed in food ingredient lists; this is untrue. She damns Splenda® (sucralose) because "sucralose is made from the chemical chlorine, not from...[a] plant source." Sucralose is made by the chemical addition of chlorine to sucrose (table sugar); it is not made primarily from chlorine. Pure chlorine is poisonous, but it is also a natural component of many foods, and is about 0.2% of the human body (e.g., in stomach acid), making it the ninth most common element in the body. The implication that Splenda® is bad because it contains chlorine is wrong; the presence of chlorine does not prove (or disprove) its "badness." She questions the marketing of Splenda® as suitable for diabetics because sucralose is combined with maltodextrin (a sugar), but this is true only for powdered Splenda®. Diabetics should watch their intake of powdered Splenda®, just as they watch their intake of sugar, but this has no implications for sucralose as a processed food ingredient, where it is not combined with maltodextrin. She claims Splenda® was rushed through FDA approval, but it was discovered in 1976 and not approved until 1998; this hardly seems like a rush to market. I have not read the studies she mentions regarding Splenda®'s safety, so I cannot comment on those.

In evaluating natural sweeteners she invokes the glycemic index. The glycemic index was designed as a way to measure how different *starches* affected blood sugar and, therefore, insulin levels. It is of questionable scientific value to begin with, but of no value at all for comparing different *sugars* (See Wylie-Rosett J, et al: Carbohydrates and increases in obesity: does the type of carbohydrate make a difference? Obesity Research 2004:12 (Suppl 2):124S-129S, available online: www.obesityresearch.org/cgi/content/full/12/suppl_2/124S).

She implies that diabetics should avoid all these sweeteners. Diabetics need to *control* their carbohydrates and sugar intake, not eliminate it. The same is true of dieters. One gets the

sense that Ms. Levy would rather we didn't use any sweeteners at all.

The *Gazette* often publishes articles about the relative value of different foods. Unfortunately, most of the writers are unfamiliar with nutrition or nutrition science, as are most readers. The result is often that misinformation is distributed. The Coop has among its members many conventional and alternative nutrition professionals who would be able to catch these obvious scientific errors. Perhaps it might be possible for some of them (for workslot credit?) to review the material in articles such as this before publication. This is not an attempt to stifle free speech, but a suggestion that the *Gazette* not be a vehicle for misinforming the Coop community.

In Cooperation
Adam Segal-Isaacson

MAPLE SYRUP AND NEW YORK STATE LAW

TO THE EDITOR:

The editor's note in "Sweetening the Deal" (Page 4, 7/6/06) stating that Grade B maple syrup is illegal to sell in New York state is not accurate. However, the editor and others can be forgiven for misreading the overlapping state and federal standards for syrup grading.

New York does have a "Grade B for Reprocessing" which is sold only to food manufacturers, but the author seems to have meant USDA Grade B, which is legal to sell in New York (Title 1 NYCRR, sec. 175.2) provided it is labeled with its New York State grade, which is "Extra Dark for Cooking" (NY does not give it a letter grade). It is widely available at other health food stores around the city, both with and without the additional labeling. I have asked the Coop to add it to our shelves, but the misperception about its legality persists. I encourage others interested in using it to ask the Coop to stock it...just be sure to call it by its 'legal' name.

Thanks very much,
Mike Voytko



COMPUTER AND ELECTRONICS RECYCLING EVENT SEPTEMBER 16

TO THE EDITOR:

I have been a Coop member for almost 30 years. I chose to live in Park Slope to be part of a community with values that are similar to mine. For ten years I was the Coop's webmaster, leveraging what I learned about computers at work to create the Coop's presence on the web. A few years ago I realized that discarded computers are bad for the environment. And after taking a Landmark course, decided it was time to do something about it. I discovered that Recycle This!, which lobbied successfully for the return of glass recycling and runs the NY Freecycle list, was eager to take on the challenge. We identified Per Scholas as the only environmentally conscious computer recycler in the five boroughs. Over the next two years we organized four computer recycling events in Park Slope. This spring I was hired by Per Scholas to organize computer recycling events in the New York area. It is amazing what cooperative values, some good food, a little push, and like minded people can do to make the world a better place. We are currently organizing a computer and electronics recycling event for September 16th.

Please join us.

Michael Rieser

THANKS FROM ALBERT

TO MY DEAR COMRADES IN THE STRUGGLE FOR CO-OP DEMOCRACY:

Well here it is, the scoop on the Board election:

Albert 368, Audrey 1255 and Imani 1535. 1797 people voted, which according to a helpful Overseer Wheeler represents 13.9 percent of the total membership. For last June it was Albert 244 and Israel David Fishman (now deceased) 1196, with 1584 or 13.5 percent of the total membership voting.

20.5 percent of all voters voted for me in 2006 vs. 14.0 percent in 2005, which shows an improvement.

It is interesting to compare the votes at the meeting with this overall vote. 24.2 percent at the meeting voted for me in 2006 vs. 10.8 percent in 2005, which suggests that I made a better impression at the meeting this year.

I was also interested in the proportion of members voting. Fortunately,

Ms. Wheeler also provided figures calculated by Management for the proportion of all members voting in the Board elections (excluding votes at the meeting) for some years, which were 15.3 percent for 2002, 13.4 percent for 2003, 14.7 percent for 2004, 13.5 percent for 2005 and 13.9 percent for 2006. She did not have figures for 2000, the year voting by mail ballot began, or for 2001.

So we have some way to go for a dissident voice to be seated on the Board, but we are making progress. However, because of the confusion introduced by the ridiculous No votes and the Abstentions, these figures are difficult to interpret.

It is sad that with two up-to-date computers I am doing these paltry figures by hand! It just shows what age and stubbornness will do.

Again, I thank you for all your efforts and good-will.

In solidarity, ----- :) -----
Albert Solomon

FUNK HEAVEN

Three chairs for our neighbor,

Tea Lounge,
Whose furniture scorns respect;
The Lounge just loves to scrounge
For decor of thrift-shop-reject.

Leon Freilich

COOP CLASSES FOR CHILDREN?

TO THE EDITOR:

I would really be delighted if the Coop would offer some of its free classes for babies and children. There are so many interesting, fun opportunities, but none for me to enjoy with my children!

Here are some ideas: bread-making, cooking with toddlers, dancing (African! modern! ballet! etc), family yoga, nutrition classes for kids (a lot of possibilities here!), taking care of the Earth—lessons on recycling, composting, etc. Those are just a few of my ideas, but anything that our members want to teach to babies and/or children would be welcome.

Elizabeth Hoyt

Answers to "Senior Moments" puzzle on page 8

Depends Undergarments
Varicose Veins, High Blood Pressure,
Denture Adhesive
Macular Degeneration, Constipation,
Forgetfulness, Forgetfulness
Osteoporosis.

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email

to GazetteSubmissions@psfc.coop or on disk. Disks are returned through an envelope at the back of the *Gazette* submissions box.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embar-

rassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Yoga Basics:

Developing a Home Practice Salute the Sun


Developing an intelligent home practice benefits the body, mind, and wallet!

This class will focus on the sun salutes, with considerable time spent exploring possible variations, and modifications.

All levels are welcome to attend.

Please bring a mat, wear comfortable clothes, and remember yoga is best practiced when barefoot. Try to come with an empty stomach and an open mind!

Coop member **Elise Espat, RYT**, teaches regular yoga classes, workshops, and courses in Brooklyn and Manhattan.



FREE
Non members welcome

Saturday, July 29
10-11:00 a.m. please arrive early

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Daniel McGowan:

"Eco-Terrorist" Threat – or FBI Scapegoat?


with family & friends of Daniel McGowan

December 2005, FBI arrests environmental activists nationwide, accuses them of "eco-terrorism" and labels them "America's #1 Domestic Terrorist Threat."

Among those arrested, Daniel McGowan, activist and former Coop member. The government charged the individuals with practically every earth and animal liberation case left unsolved in the Northwest U.S. Daniel has pled not guilty to all charges, and is facing a minimum of life in prison if convicted. The stakes are high, and Daniel needs support.

* Learn the facts: Daniel McGowan, activist – not terrorist
* View a short film: #1 Terrorist Threat?
* Support Daniel McGowan – action

Sarah Fourty has been a Coop member since 1999, when she moved into a Cooperative house in Ft. Greene. Daniel and Sarah were roommates and friends at the Cooperative house for almost four years. Coop member Annie Grunow is also a friend and former housemate of Daniel. Sean Flaherty has worked with Daniel on numerous activist campaigns since 2002.



FREE
Non members welcome

Saturday, July 29
3:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Find peace from within by changing your personal Core Belief through:

Theta Healing

Saturday, August 5
5:00-7:00 p.m.
at the Coop

with **Kokichi Yamamoto**

Kokichi Yamamoto is a Coop member and has practiced healing arts for over thirty years in Japan, Europe and the United States. He is dedicated to developing and propagating methods to assist in various situations of healing.

FREE
Non members welcome

Theta Healing is a deep meditative state that slows down the mind and eliminates personal blockages and negative thoughts.

We will practice how to reach Theta State and receive guidance and healing energy from the Higher Self.

The session will include live demonstrations of Theta Healing and Core Belief work.

For example, we will change negative thoughts that manifest from deep within us, such as: "I do not love myself," "I do not believe in Higher Self," and "I do not deserve to be happy." into positive thoughts such as "I love myself," "I believe in Higher Self," and "I deserve to be happy."

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Past Life Regression Through Hypnosis

WITH **JEFFREY T. CARL, CHT.**

DO YOU HAVE THE FEELING THAT YOU HAVE LIVED BEFORE?

Have you ever just met someone and felt like you have previously known them?

Are there other countries or cultures that seem familiar to you?

Well there might be an explanation for this.

Through hypnosis we can tap into the subconscious mind, as well as enter into a peaceful trance-like state to retrieve memories of our past lives.


Relax and take a journey within.

Gain:

- Realizations
- A deeper understanding of who you are
- Retrieve memories • Pass beyond death and back again

Bring: A blanket to lie down on or a comfortable lawn chair to relax into
A note book to write down anything that comes up

Jeffrey T. Carl, CHT, a Coop member, is a certified clinical hypnotherapist, and a member of I.A.C.T. Jeffrey is also certified in past regression through the Weiss Institute.



FREE
Non-members welcome

Friday, August 11
7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Staying Cool for the Summer

with **Heather Cottrell**

Summer's long hot days can take their toll on even the greatest of sun lovers. In this workshop we'll learn about natural ways to cool down, keep hydrated and protect ourselves from the heat and sun of Summer. This is the season to think about the health of your heart and small intestines. Learn relaxation techniques and tips to lower your cholesterol. Learn the importance of eating seasonally and creating harmony with nature in our bodies.

Join us for this second workshop in a four-part Seasonal Health series.

Heather Cottrell is a Certified Holistic Health Counselor specializing in helping people live happier and healthier lives through gradual nutrition and lifestyle changes. She offers individual and group programs in her Union Square private practice. Heather is proud to be a Coop member.



FREE
Non members welcome

Saturday, August 12
12:00 at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Helping Feral/Outside Cats: Trap-Neuter-Return

WITH **JESSE OLDHAM**


Do you want to help your neighborhood cats?

Please join us for a comprehensive workshop on why trap-neuter-return is the healthiest and most humane choice for feral cats.

We will speak about the trap-neuter-return process, feral nutrition, advocacy, socialization, spay/neuter options, winter shelter and cold-weather caretaking tips!

All attendees will get a proof-of-attendance card enabling them to borrow traps from a number of area trap banks.

Jesse Oldham, a PSFC member, has been an animal welfare advocate for 13 years. She is the founder and President of Slope Street Cats and is on the NYC Feral Cat Council.



FREE
Non-members welcome

Saturday, August 12
4:00 p.m. in the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

ART AND SPIRITUALITY

with **Sarah Zahnstecher, LCAT**


Define what may be your spiritual nature now. Explore your spirituality through the use of art materials.

Experiment within the arts to reveal this side of yourself. Share what you wish in a comfortable and emotionally safe setting.

Gain a sense of connection in the group.

We will create an atmosphere of non-judgment and self acceptance in creative work so that each participant has an opportunity for understanding and satisfaction.

Sarah Zahnstecher is a New York State Licensed Creative Arts Therapist who works both in private practice as well as in a hospital setting and has been practicing for over 20 years. She is a Coop member.



FREE
Non members welcome

Friday, August 18
7:30 p.m. at the Coop
no entry after 7:40 p.m.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Daily Money Management for Everyday

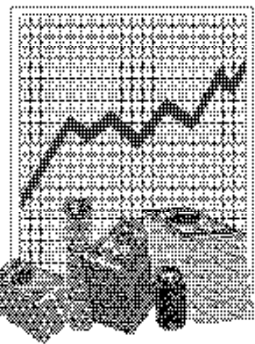
with **Lalita Brockington**

This workshop is designed for individuals who may lack the time/skill for personal paperwork and/or handling their daily monetary affairs—individuals such as homemakers, retirees, creative artists, busy professionals or anyone else who may struggle with bill-paying, balancing checkbooks, negotiating with creditors, preparing spending or debt reduction plans, or who are just overwhelmed by finances in general.

Simplify your life by keeping your day-to-day monetary affairs in order with the use of simple daily money management strategies. In doing so, you can decrease your stress level and hopefully increase your leisure time.

Learn how to gain better control over your time and life by maintaining your financial affairs everyday.

Lalita Brockington has been a member of the Coop for over ten years. I am a professional daily money manager who provides assistance to individuals and entrepreneurs who want help managing their day-to-day monetary affairs.



FREE
Non members welcome

Saturday, August 19
3:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

HELP FOR YOU AND YOUR FAMILY TO HAVE A BETTER FINANCIAL FUTURE!!

WITH **JAIME PIERRE**

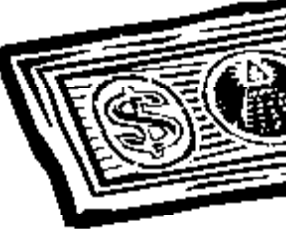
Money Management Workshop

It's getting tougher every day to decide where to put your money to make it work more effectively for you. This workshop is designed to help you find the right answers.

We Will Cover:

- ☐ **Asset Management:** A savings plan that makes sense
- ☐ **Debt Management:** Lower your monthly cash outlay
- ☐ **Protection Management:** Cut your insurance costs

Jaime Pierre, a Coop member, has worked in financial services for many years to help average people create extraordinary financial results.



FREE
Non-members welcome

Saturday, August 19
6:00 pm at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

*Denotes a Coop member.

FRI, JUL 21

BROOKLYN RAW FOOD PROGRAM & POTLUCK: Guest speaker, Raw food author & Chef Paul Nison, will address what works, what doesn't; how to avoid common pitfalls, get most nutrients & thrive, lose weight & gain energy; and more! 7:30 p.m. at the Coop, \$3 donation and a dish to share. www.live-food.com.

FRI, JUL 28

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. East Wind West Wind: Pearl Buck. The extraordinary life of Pearl Buck (1892-1973), the child of missionaries she became one of the most popular American writers of the 20th Century, especially for her best-selling novel, The Good Earth. 718-788-6170. 7 p.m. By donations.



SAT, JUL 29

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. The Emperor's Eye: Art & Power in Imperial China. This spectacular film brings to light the priceless treasures of China's imperial art collection, relating them to the political climate of their time. AAWAA Gallery, 136 15th St. Bklyn. 7 p.m. 718-788-6170. 7p.m. By donations.

FRI, AUG 4

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Chinese Foot Binding: The Vanishing Lotus. A young girl's feet were broken and bound inwards along the instep, a process that caused excruciating pain. AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7 p.m. By donations.

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.food-coop.com. The ads are FREE.

SAT, AUG 5

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Women in China. A two-part documentary on the conditions of women in today's economically oriented Chinese society. It visits four diverse parts of China. AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7 p.m. By donations.

FRI, AUG 11

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Nu Shu: A Hidden Language of Women in China. In Jian-yong county, Hunan province, peasant women developed a separate written language, called Nu Shu, meaning "female writing." Believing women to be inferior, men disregarded this new script, and it remained unknown for centuries. 718-788-6170. 7 p.m. By donations.

SAT, AUG 12

ASIAN AMERICAN WOMEN ARTISTS Alliance Movie Series. Sparrow Village. In a rural village of southwestern China a bevy of young girls yearn for an education. Their parents are poor and illiterate... Beautifully photographed in the lush mountain greenery. AAWAA Gallery, 136 15th St. Bklyn. 718-788-6170. 7 p.m. By donations.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$10 per insertion, business card ads at \$20. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in this issue and at the front of the Coop). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Submission forms are available in a pocket on the front wall of the Coop near the exit door.

BED & BREAKFAST

BEAUTIFULLY FURNISHED GUEST SUITE accommodates 1 or 2 people, located in a grand Victorian Brownstone on park block, center slope. Amenities include private, all new spa-bathroom & sauna, continental breakfast with many organic assortments. Visit our website at www.bbparkslope.com or call 718-965-2355.

CLASSES/GROUPS

RELATIONSHIP SUPPORT GROUP. A safe, open, co-ed forum to improve communication; deepen self-understanding; reduce isolation; and explore how you can have more rewarding relationships. Led by an experienced psychotherapist. To learn more, call Gary Singer, LCSW, at 718-783-1561.

FREE QI GONG CLASS (Chinese therapeutic exercise). Wednesday mornings 7 a.m. in JJ Byrne Park, 5th Ave. & 3rd St. Call 718-309-0432 for more info or just drop in! Class will run through August. Beginners welcome.

MOO-FREE BAKING CLASS! Impress your friends with your fabulous cakes that are kind to the planet & to animals. Successfully bake & bring home treats the first class! Everyone bakes! You'll learn the basics of baking. Class dates: Sun. 8/13 & Sun. 8/20 from 2 p.m. to 6 p.m. For more, email: moofree5@gmail.com.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

QUIET, COOL STUDIO/OFFICE SPACE AVAILABLE: 1200 sq ft, \$1550 + heat. Ground floor, windows on street, split-level 9/12 ft ceiling, shares ok. Near Brklyn Botanic Garden/Museum, close to subways. Artist-owned, converted factory. Call Daniel 917-561-9644.

MERCHANDISE

TEMPUR-PEDIC mattresses, neck pillows, comfort products & accessories. Mattress comes with a 20 year guarantee & a 3 month trial period. The ultimate in comfort & pressure relief. Truly will improve the quality of your sleep. Call: Janet Mackin at Patrick Mackin Custom Furniture - a TP dealer for 10 years. 718-237-2592.

MERCHANDISE-NONCOMMERCIAL

VINTAGE RATTAN SOFA and chair. Pale green frame with botanical print cushions. New cushions and

new covers with zippers. Classic, sturdy and comfortable. \$500. Call 646-641-1855, 718-230-5914.

NORDIC TRACK—works great, stores upright, \$25. Babbyjogger—16" tires, great condition, \$35. Train table—lightweight pine play table for toy train sets like Thomas or Brio, easy to move and store upright, \$25. 28" rolling suitcase (Macy's brand) with inline wheels, great condition, \$15. Call Linda at 718-857-8458.

LEATHER CHAIR for sale: large, overstuffed-style, burgundy leather with saddle stitching. Excellent condition. \$200. Call 646-641-1955.

FOR SALE: Piano, Knabe upright, originally player piano. 52H, 29D, 58W. Good sound, needs tuning. \$350. 718-789-9251.

SERVICES AVAILABLE

EXPRESS MOVES: Brownstone flight specialists. Our FLAT RATE includes labor and travel time. Great Coop references. 670-7071.

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CONTINUED ON PAGE 12



Friday, August 4 • 7:00 p.m.
at the Coop



POPAGANDA

THE ART AND CRIMES OF RON ENGLISH

Popaganda is a feature length documentary about the artist, Ron English, who first gained fame in 1982 by surreptitiously reworking billboards to critique American society, risking arrest in the process. His career has had a wide trajectory, incorporating neo-surrealist paintings, staged photographs, street art and music, and he has become one of the most famed culture jammers in the world. To date, English has created over 1,000 illicit billboards and signs and is recognized as one of the leaders of the subvertising movement.

Filmmaker (and Coop member) Pedro Carvajal was first drawn to the culture-jamming network as a filmmaker documenting the works of Ron English and ArtFux, a culture-jamming network active from 1989-1992. Inspired by the movement, Pedro moved from observer to participant and began defacing tobacco and alcohol ads in New York City to protest the industries' attempts to lure young people. Read more at: www.popaganda.com.

A discussion with the filmmaker will follow.

Film Night organizer, **Trish Dalton**, can be reached at mail@trishdalton.com or 718-398-5704/718.398.5704.

FREE Non-members welcome

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

GENETICALLY MODIFIED FOOD: WHY ARE WE FIGHTING IT?

presented by
the Safe Food
Committee
of the
Park Slope
Food Coop

AN EVENING OF FILM
Hidden Dangers in
Kids' Meals: Genetically
Engineered Foods

AND DISCUSSION
A discussion led by
Safe Food Committee
members will follow
the screening.

All welcome.
GMO-Free refreshments
will be served.



FREE Non members welcome

**Sunday, August 20
12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

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IF IT'S NOT BROKE don't fix it! But, if it is "Call Bob" – every kind of fix-it. Carpentry-Plaster Work-Plumbing-Tiles-Phone Lines. Also: shelves, closets, doors hung, etc. If it's broke, call 718-788-0004. Free Estimate.

SPRING YOUR FLOORS TO LIFE by sanding and refinishing! Floor mechanic will install, repair, refinish wooden floors. Reasonable prices. Good references. Call Tony @ home 718-484-7405. Cell phone 917-658-7452.

ATTORNEY-EXPERIENCED Personal Injury Trial Lawyer representing injured bicyclists & other accident victims. Limited caseload to ensure maximum compensation. Member of the NYSTLA & ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White 212-577-9710.

ATTORNEY-PERSONAL INJURY EMPHASIS. 28 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 19-year Food Coop member; Park Slope resident. Tom Guccione, 718-596-4184.

ORGANIZER/COLOR CONSULTANT I give families in small spaces room to breathe and I help you find your way out from under your stuff. Home, office, closet and document organizing, interior arranging and color consulting. Strategies to keep the clutter from returning. Coop member, NAPO member Joyce Szulflita 718-781-1928.

SERVICES

NEED AN ELECTRICIAN? Call Art Cabrera 718-965-0327. Celebrating 34 years in the electrical industry. Brownstone specialist, troubleshooting, small jobs, total electrical renovations and rewiring, old wiring, fans, etc. Don't wait till summer to install your AC lines. Original Coop member, residing in P.S. since '72, born in Bklyn.

MADISON AVENUE HAIRSTYLIST in Park Slope one block from coop-by appointment only. Please call Maggie at 718-783-2154 at a charge of \$50.

COMPUTER HELP-Call New York Geek Girls. Crashes, viruses and spyware; networking; setup; upgrades; training; etc. On-site or pickup/drop-off. References available. Long-time coop member. Call 347-351-3031 or email info@NYgeekgirls.com.

HOME/OFFICE ORGANIZING. Interior design/staging. Exp'd Interior Designer works with you at all levels to create the environment of your dreams. From clearing clutter to rearranging to total renovations Living Spaces will change the look and energetics of your space. Call Mark Schrader 201-330-8535 for rates/appts.

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ATTORNEY landlord/tenant, estate planning & LGBT law. Free phone consultation. Know your rights. Protect your family. 14 yrs experience. Long-time Coop member. Personal, prompt service. Melissa Cook, Esq., 16 7th Avenue, 718-638-4457, 917-363-0586. Melissacesquire@aol.com. Discount for Coop members.

DO YOU NEED someone to look after your cat? Reliable teenager and her mom available for cat sitting. Call Julie Wintrob at 917-974-3889. \$20 a day.

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC PHYSICIAN with over 12 years experience using natural methods to treat a wide range of conditions including allergies, digestive disorders, endocrine conditions, female problems, depression, fatigue

and cardiovascular problems. Insurance reimbursable. Medicare accepted. Margie Ordene, MD 258-7882.

PSYCHOTHERAPY: IT'S ABOUT LEARNING, clarifying and enhancing your repertoire. It's conversations using resources already present, though not yet noticed. It's about useful confusion, predictable uncertainty. Curious about this approach? Call for consult. Licensed psychologist. Greenwich Village. 718-398-2498.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HYPNOTHERAPY & NLP. Release phobias, become a non-smoker, improve creative and athletic performance, discover your passion, build. Call Tracy Atkinson, Certified Hypnotherapist, 718-596-4779 or tracy-atkinson@gmail.com.

RELIEVE: Lower back and neck pain, shoulder chronic tension and stiffness, poor digestion, headaches, insomnia, stress. Rejuvenate body mind and spirit. Special 1st session offer (valid until Sept 21): \$80. Claudia Copparoni over 12 yrs experience. Email clcoppa@hotmail.com, 718-938-5573

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE TICKETS for concerts for true classical music lovers only. Lincoln Ct., Carnegie, etc., on short notice sometimes. 10-20 concerts available each year. \$10/yr management fee. For more info, call: 212-802-7456.

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Stephanie Abraitis Fiona Adams Edward Adamson Zachary Bennett Jeremy Bieger Kate Bieger Feranda Blake Cambria Bold Tyler Bold Crystal Brinn Yakova Brown Omari Byrd Kanellas Cafcules Nora Carr Paola Carrero Francesca Casini Alexi Chisler Won-Suk Choi Leah Christenson Kailin Clarke Rachel Cole Robert Cowan Derek DeGeer Marcia DeGeer Samir Desai Alisa Drooker Ashley Duquette Feler Dureus Rachelle Dureus Madeline Earp Rebecca Economos David Ehrenberg	Michael Enslow Dustin Ferrer Gabrielle Ferrer Cleo Forde Ilse Frank Elizabeth Gallagher Ana Garces Kiley Jesse Garces Kiley Nick Gardner Shelly Gargus Sophia Gershfeld Katie Gill Brian Gillander Tod Gillespie Jamie Graham Sarah Hearn Emma Mankey Hidem Jason Hoey Jessica Horan-Block Obafemi Imhotep Naomi Jandorf Kathleen Jones Christina Juhasz-Wood Sunna Jung Kirk Kahn Sara Katz Asami Kawamura Micah Kelber Heather Keller Eugene Kim Skylar-Baron King	Alix Kivlin Daniel Kohler Dory Kornfeld Joshua Krafchin Paloma Lansberry Barbara Lawrence Angie Lee Ed Lehner Cordelia Lindgren Judy Lo Iris Lopez Joseph M. Lopez Juan Lopez Craig McMeekin Taura McMeekin Tait Miller Victoria Miller Ryan Minezzi Ina Mitskaviets Lela Nargi Annika Newell Maddy Nussbaum Elizabeth Pappas Shelon Petit-Phare Vladimir Petit-Phare Christine Petro Jamie Poligkeit Jason Porter Krystyna Printup Rebecca Przybyla Lynnette Reede Edith Rhoads	Didi Rissman Javier Rojas-Rodriguez LeLaina Romero Beth Rubenstein Emily Ruffo Jack Senechal Milind Shah Shailaja Shandilya Annie Shapiro Mike Shatz Sarah Sheffield Sandy Sones Amy Spengler Dan Stillman Kim Strouse Carolyn Tomkiewicz Peter Wallace Liam Walsh Cynthia Wang Ora Warmflash Vanessa Watson Kevin Webb Terra Weikel Halle Weinberger Randy Weinberger Jamie Weiss Joe Wielgosz Dekelyah Winer Jessica Yager Lillian Yamamoto
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