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1973

LINENWAITERS'

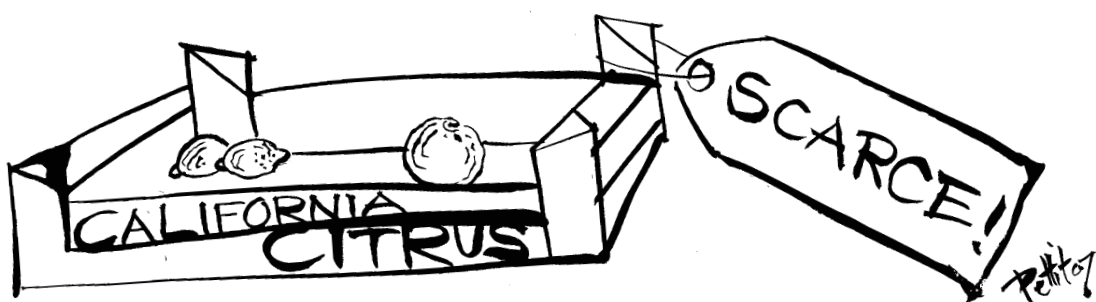
GAZETTE



Volume BB, Number 3

February 15, 2007

January General Meeting Explores Member Vacation Credit and Entrance Security



By Joan Minieri

At the January 30 General Meeting, Coop members engaged in thoughtful discussion about two issues of ongoing concern: entrance security and a change in the workslot requirements. In addition, they approved two administrative agenda items put forth by the General Coordinators.

Sound Finances

The Financial Report, available through the Coop office and presented by Coop staff, detailed that the Coop is in sound financial shape. It included an overview of membership levels over time showing steady, significant growth until recently.

After hearing the report, a member inquired if the Coop could afford to hire a Shopping Coordinator to oversee conditions on the shopping floor, to ensure more consistent oversight than volunteer squad leaders can provide.

"We need to look at having personnel that is paid so it [shopping at the Coop] does not become another level of hell," she remarked. Staff suggested that since we now break even financially, adding another staff position at this level would not be feasible. By design, we have a very small profit margin and addi-

tional staff "would wipe out our profit margin for the year," he said.

Produce Affected by California Storms

Another staff member provided an update on produce. Five days of severe weather in California are resulting in shortages in navel oranges and lemons. Prices on these items have doubled. This includes oranges from Florida since there is a greater demand for them given the losses in the California crop.

The Coop, like markets across the United States, will not have avocados or artichokes from California for a long time and members should expect shortages and price increases in pre-bagged salads, lettuce and a range of other fruits and vegetables. One citrus fruit, grapefruit, comes from Texas and Florida, so should not be affected.

In addition, staff reported on Coop efforts to buy local produce. "We are continually trying to be good environmental citizens by buying food that is not far away," a General Coordinator said, noting that this has been Coop policy since the 1970s.

Staff recently met with a farmers' cooperative from Lancaster, Pennsylvania to discuss buying organic eggs, beef, poultry and produce

from them. In addition, Coop members can now buy grass-fed, organic beef from Natural Acres, also located in Pennsylvania, replacing the organic but not grass-fed beef the Coop has been carrying from a supplier in the Midwest.

Impact of Blocking Squad One Driveway

In the Committee Reports which followed, the Coop liaison to Squad One, the firehouse next door, relayed that Coop efforts of the last 18 months aimed at eliminating the problem of having shoppers block the firehouse driveway with their cars has made the situation "immensely better." He cited better signage, articles in the *Gazette* and the improved cart return system as having made an impact.

However, while going from blockading incidents one to two times per day to one to two times per week is an improvement, he said that the Squad was recently unable to make a call to an elderly woman who had fallen and broken her hip because a shopper was blocking the firehouse driveway. "He agreed to move," the representative reported. "They don't always agree. But he had left his keys inside the

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2007 Show Features 19 Community Artists

By Ed Haberle

Is that person unloading the onions a concert pianist? Is your cart walker a slam poet? Does the bagel guy sing opera? There's only two ways to find out: you can ask them, or you can come to the Coop Variety Show.

On Saturday, March 10, at 7:30 p.m., in the Berkeley Carroll School gymnasium on Lincoln Place (between 7th and 8th Avenues), the Park Slope Food Coop membership's collective creative energy will be showcased in our third annual Adult Coop Variety Show. Organized by the PSFC Fun'Raising Committee, this year's event will feature

performances by 19 fellow members who moonlight as performing artists — poets, singers, actors, musicians and storytellers. This is the third biannual Adult Variety show; on alternate years, the Coop sponsors a Children's Variety Show. Tickets can be purchased at the door for \$5, with proceeds supporting the Park Slope Food Coop.

While in its present format the Coop Variety Show has been an annual event for five years, it builds on a tradition of artists banding together at the Coop that dates back almost as far as the Coop itself.

Martha Siegel, Fun'Raising Committee member and

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PHOTO BY ROD MORRISON

Judges Martha Siegel and Tasha Paley (back row, center) listen to a performance by Coop members K.C. Dutcher, Lee Rogan, Eric Kelly and Achara Kelly at the 2007 Variety Show auditions.

Next General Meeting on February 27

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, February 27, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

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Coop Event Highlights

Fri, Feb 16 • The Good Coffeehouse: 8:00 p.m.,
Blue Moon Ramblers and The Coop Rhythm Masters

Thu, Mar 1 • Food Class—Spring Cleaning: 7:30 p.m.

Fri, Mar 2 • Film Night: 7:00 p.m.
Contested Streets: Breaking NYC Gridlock

Sat, Mar 10 • Adult Variety Show: 7:30 p.m. Berkeley-Carroll
School

Fri, Mar 16 • The Good Coffeehouse: 8:00 p.m.,
Robert Dick and Ursel Schlicht, and Todd Isler

Look for additional information about these and other events in this issue.

January General

CONTINUED FROM PAGE 1
Coop and seconds matter.” By the time the shopper came out five minutes later, it was too late for the Squad to make the call.

Items for Vote and Discussion

Members approved by acclamation two proposals from the General Coordinators. The first changes the

date of the November General Meeting to accommodate the holidays and the second updates the banking resolutions to allow for new signatories on Coop accounts, given recent retirements.

The next two items on the agenda were presented for discussion only. The Chair pointed out that it is advisable for members who want to make proposals to the General Meeting to first present their ideas in this way, rather than putting them forward immediately for a vote. This allows for a free flow of ideas, and helps the item’s proponent to formulate the best possible motion and bring it back for a vote.

Members and staff raised a number of issues and questions, including how a system like this would be managed, how it would impact members—such as those who manage the General Meeting who cannot miss their workslots—and whether or not the perspective that the Coop has extra labor to spare is true. One staff member reported that 2,000 workslots, most of which occur during the weekdays, go unfilled. A member commented that in his experience, “we can always use more people outside.”

In another take on the discussion, another member suggested, “How about some kind of incentive for showing up? If you have stellar attendance, you get a day off.” Still another commented that it is “a real life issue. People go on vacation.” Another called for taking “more of a wholesale look at how we manage this issue of workshifts.” Near the end of the discussion, a member commented, “I wish people would start thinking more of the glue [that holds the Coop together] than of themselves,” and adopt a “‘what more can I do’” attitude, rather than asking what the Coop can do for them.

The proponents expressed appreciation for the discussion and said they would go back and consider a proposal for a vote at some point in the future.

Entrance Security

Next, a member raised problems with entrance security and some possible solutions. She suggested that each squad assign one person to stand across from the desk “to watch the traffic.” When a member noted, “That might get in the way of people getting into the Coop,” she replied to laughter, “That’s the idea.”

Other suggestions that arose in the discussion included revamping the card-swiping system, forming a security squad, doing more scientific assessment of the issue and installing turnstiles.

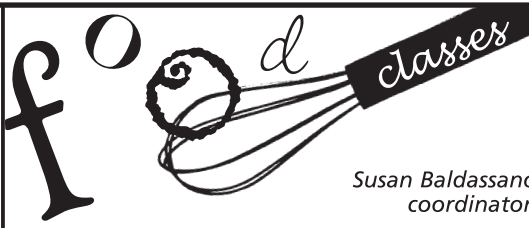
The member who had earlier suggested hiring a Shopping Coordinator said that entrance security is the responsibility of the squad leaders. They need “a training program and a list of priorities,” she put forth. “We can’t be afraid to have members standing around doing nothing, but ready to do something,” said another member. “As long as there is clarity about what they need to be ready to do,” he believed this could work. The proponent of this discussion item expressed appreciation for the spirited discussion.

The meeting ended with a unanimous vote of the Board of Directors to accept the decisions of the membership, and applause for the smooth facilitation and participation all around. ■

Thursday, March 1

7:30 p.m.

at the Coop



Susan Baldassano
coordinator

PARK SLOPE FOOD COOP

Spring Cleaning Menu

RECIPES

- Liver and Gall Bladder Flush
- Dandelion Smoothie
- Red Oak & Endive Salad with creamed-fennel vinaigrette
- Vegetable Pave & Arugula Truffle
- Vanilla Millet Pudding

Guest Chef Annie Kunjappy is a graduate of the Institute for Health and Culinary Arts. Her approach to food is deeply connected to her long-term study of yoga and traditional Chinese healing practices, and integrates the belief that our bodies need change seasonally.

MEMBERS & NON-MEMBERS WELCOME.

Come early to ensure a seat.

\$4 materials fee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

PSFC FEBRUARY GENERAL MEETING

Tuesday, February 27

7:00 p.m.

- Congregation Beth Elohim Social Hall
274 Garfield Pl at 8th Ave.
- Items will be taken up in the order given.
- Times in parentheses are suggestions.

AGENDA:

Item #1: Should the Coop install a generator to use during power outages? (40 minutes)


Discussion: "Discuss the pros and cons of installing a back-up generator on the roof in order to provide electricity during power outages. Given Con Edison's poor performance in Astoria, on 5th Avenue in Park Slope, and on our block last year, it makes sense to seriously consider installing a generator. Now that many additional apartment buildings are being built on and near 4th Avenue, it makes even more sense to discuss this ASAP. Cost estimates will be available."
—submitted by the General Coordinators

Item #2: "Food Coop Online: Creation of the opportunity for members to shop at Food Coop ONLINE" (40 minutes)

Discussion: I would like to help create online shopping for food Coop with members login, order 24 hours in advance, paying options, delivery options, packing options, learn from FRESHDIRECT.com. It would ease up the shopping @ the store and would create expansion opportunities as well as additional publicity opportunities for food coop
—submitted by Natasha Mashkevich

Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.



Experience the Thrills, Chills and Spills of the Park Slope Food Coop's Adult Variety Show!

Saturday March 10, 2007 7:30 p.m.

at the Berkeley Carroll School 181 Lincoln Place between 7th and 8th Aves

REVEL IN THE UNMITIGATED TALENT STYLINGS OF:


RICHARD ANTONE ★ ADELE ROLIDER ★ CHARLES LYNCH ★ BEV GRANT
PHOENIX SOLEIL ★ MARA GOODMAN ★ MARTHA SIEGEL ★ TRACY FITZ
JOAN STURGIS ★ MEKKA TIMBERLAKE ★ DONALD MURK ★ VINCENT FRISARI
ALAN FRIEND ★ FELICIA GLUCKSMA ★ BARRY SIMPSON ★ FIONA BICKET
TASHA PALEY ★ SARAH SAFFORD ★ LEN HEISLER ★ ERIC KELLEY
DALIENNE MAJORS ★ JESSIE REISS ★ LEE ROGAN ★ ALBERT SOLOMON
GARY SHELTON ★ K.C. DUTCHER ★ JOEL BRAMBLE

Admission \$10

\$6 for children under 12 & limited income

Refreshments will be for sale!

PRESENTED BY THE



Outside Workers

By Alison Levy

At 5 p.m. on a Sunday evening, the Coop is jumping, the aisles packed with shoppers taking that last chance to stock up their carts with provisions for the coming week. Outside in bright orange rubberized vests are the stalwart “outside workers,” so called because they stand (or sit on a bench) outside the Coop doors, ready and waiting to perform their novel Coop workslot.

Gerry, a Coop member since 1992, has been on his shift for two hours, during which time he estimates that he’s escorted ten people with their carts to their homes or parked cars. An outside worker since shortly after the workslot was first introduced two years ago, he loves this assignment. “I like being outside, talking to people, getting the exercise,” he reports. “It’s a great change from office work.”

The weather, balmy through the December holiday season, has turned bitter, but this doesn’t daunt Gerry and his three co-workers as they go about their assigned task of assisting shoppers exiting the store with their carts. The assistance provided may involve walking with shoppers to their parked cars, their homes or the subway, and then bringing the cart back to the Coop. It may involve babysitting carts so that they’re at the ready for shoppers who have gone to retrieve their parked cars, and then waiting (or assisting, although that’s not required) as shoppers unload their boxes and bags into cars and taxis temporarily standing out in front of the Coop.

In addition, the workers swiftly return the carts indoors, freeing shoppers to promptly drive off, rather than leaving their cars illegally parked or their cabs waiting, as they wrestle their carts back inside. These tasks, performed within a pre-defined radius (see map), reduce the number of people driving to and blocking the street area in front of the Coop, encourage people within the radius not to drive and also lessen the amount of time people spend parked in front if they do drive, thus alleviating what was once a serious problem.

“This workslot was created to help control traffic in front of the Coop. People were pulling up, blocking the street, tying up traffic and even blocking the entry to the fire department,” Coordinator Debbie Parker explains. “We got complaints from the neighboring firehouse.”

It wasn’t just that some folks pulled their cars into the firehouse driveway, but also that the fire engines,

rushing to a fire, were blocked by traffic in front of the Coop from making a left turn down Union Street to respond to an emergency. Plus, if returning engine drivers found firehouse access blocked by cars, they on occasion would pull in front of the Coop and leave their vehicles, blocking Coop access, sometimes for as long as twelve hours. The outside workslot was devised to address the traffic problem, as well as provide a needed service.

“People are so appreciative, they thank you, so it’s really gratifying,” Gerry reports. “I think it really helps people a lot.”

Waiting on line with a full cart, Andre, a Coop member for the last year, reveals, “We use them frequently. Today, we’ll be going to the subway at Grand Army Plaza.”

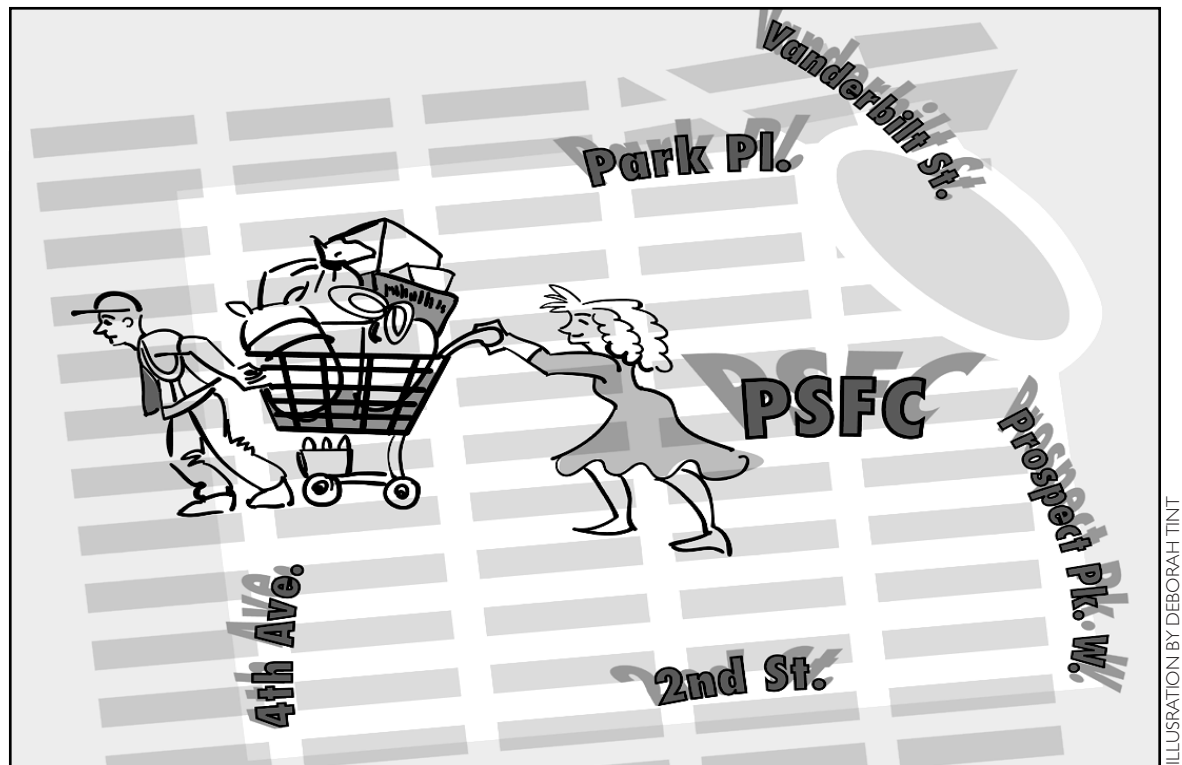
Ashley, a Coop member for eighteen months, stands with a laden cart after performing her workshift. “I still try to park as close as possible, but today I’m parked on President Street and it definitely makes it easier.”

Henriette, a Coop member since 2000, reports sadly, “I live too far away to use the service—on the other side of Prospect Park.”

“It’s not part of their job to lift heavy boxes, or stop with the person at the dry cleaners, or babysit the cart while the shopper runs an errand—those are all no-nos,” says Parker.

And so is stopping for coffee, disappearing to make a cell phone call or taking an hour to return, but Parker maintains that these errandries, more common when the shift was first introduced, are rare now.

Though workers are not required to help push the cart or lift groceries, says Coordinator Ann Herpel, “Some do, particularly for parents with



strollers and for the elderly.”

Says Sunday night shopping squad leader Ellen Bucun, “This shift is very busy, and this service is really needed. Right now we have four people, but at times we’ve had as many as seven people and they were all kept quite busy.”

It can take fifteen minutes for a worker to escort a shopper to his or her destination, and return with the cart, which makes filling the workslot tricky, particularly since the radius was expanded in May 2006.

Says Herpel who schedules the shift, “It’s challenging to match supply and demand.”

Originally, three workers were scheduled per shift, but busier times required more people. “During a weekday at 8 a.m., there will be less to do, and in the past, people have complained that the workers are sitting around and doing nothing,” says Herpel. “But a weekend afternoon or weekday evenings, after school and work, require more workers, so we fill in with makeups and FTOPs.”

Herpel admits that shoppers complain when they see waiting workers doing nothing. The Coop responded by devising additional tasks

they can perform during quieter times, such as lining up carts within the store to open the areas near the exit, as well as assisting shoppers in grocery packing. But it’s impossible to totally predict people’s shopping habits, to provide this service, it’s a must to have people there.

“We can live with them sitting on a bench because solving the traffic problem was vital to this community,” Herpel points out. “If one less person blocks Union Street, then the workers have fulfilled their purpose. Our aim is to both provide Coop members with enhanced shopping, and to be a better neighbor.”

At a recent General Meeting, Herpel recounts that the Coop liaison with the local firehouse, reported that the firefighters have been gratified by the changes since this service was instituted: there are fewer cars blocking their entrance. So at the very least, that serious safety issue has been resolved, restoring the

firemen’s ability to always respond in a timely manner.

And in full disclosure, I must reveal that this shopper is a big fan of the service. There it was 6:30 on a Sunday evening. Having completed the interviews for this article (and my shopping), I exited the store with a box-laden cart ready to head up the icy sidewalks of Union Street to my car. Waiting on the outside in his bright orange vest was outside worker Eric, ready to accompany me.

“How long have you been doing this shift?” I asked.

“For fifteen minutes,” he replied.

“Do you mean that this is the first time you’re doing this shift?” I asked. “How do you like it?”

“Yes, it’s a makeup and I like it just fine,” he told me. “Here, let me help you with that cart.” He wrested the handle from me and began to push the cart up the hill.

I admit it. I didn’t tell him he didn’t have to do that. I was too grateful. ■

PROGRAMS

Friday, February 16 through Sunday, February 18

The following programs will happen within four days of publication of this issue. For full ads, please look at the January 18 or February 1 issues or pick up copies of the flyers in the Coop.

Friday, February 16

8:00 The Good Coffeehouse Coop Concert Series
Featuring The Blue Moon Ramblers and The Coop Rhythm Masters at The Society for Ethical Culture

Saturday, February 17

2:00 Forgiveness

Sunday, February 18

12:00 Theta Healing

Adult Clothing Exchange

Have you noticed that Coop members are great dressers!

The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear.

A clothing exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can wear clothes that have already been well loved.

Bring items that you think others might enjoy—and a snack to share.

Saturday, March 10
9:30 a.m.—1:30 p.m.
in the meeting room

To bring Clothes...

- Do not leave clothing in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean clothing that you are proud to be able to exchange with it's new owner.

(Unchosen clothing will be donated to a local shelter.)

Low Inventory and the Vicissitudes of Life

By Ed Levy

It would seem to be a no-brainer in the digital age. Alison purchases 12 cans of Pet Guard Fish Chicken and Liver for Tally, her cat, the checkout person scans them, and a computer program silently notes the reduction in inventory, eventually telling the pet food buyer how many cases to reorder the following week. The supplier fills the order, and the cans reappear on the shelf. But wait—not so fast! There are literally dozens of other variables at work. Speaking to the Coop buyers about anticipating demand, one very quickly realizes why no computer yet devised could have prevented the kind of depleted inventory that occurred at the Coop a few weeks ago, between Christmas and New Year’s.

For that, the computer would have had to know that blizzards in the West were stalling the eastward movement of produce from California; that Christmas and New Year’s fell on the Coop’s usual ordering day, Monday, and our suppliers were closed; that even if buyers wanted to stock up on certain items for the holiday there was no room left in the basement; and that

a higher percentage than usual of members didn’t show up for their shifts this holiday season. The computers are programmed to account for surges in buying at particular times of the year: increasing the order of boxed juices in September, when kids return to school, for example. But Matt Coffman, Receiving Coordinator and new *Gazette* liaison, explained that while a computer can be asked to increase orders at specific times of the year by a certain percentage, it requires institutional memory to really get the ordering right. The program for computer-generated increases only tracks sales for the previous year, and it cannot, at least currently, account for fluctuations in the Coop’s membership. Suppose, for example, the computer calls for a 20% increase in boxed juices. That’s 20% of the membership at the time that amount was programmed, not of the current membership, which stands around 12,800.

How Many Chocolate Matzos Is Enough?

Buyer Eddie Rosenthal used the example of a popular Passover item, chocolate matzos, to illustrate the need for a brain as well as a computer in the ordering process. Since

the supplier never makes enough chocolate matzos, the Coop has never been able to fill its order. As a result, Eddie never knows what the actual demand is for this coveted item. And even if he could order enough chocolate matzos from a second supplier, there would be no way of predicting how much brand loyalty exists to the original supplier.

This year produce, dry goods, dairy and meat were all in short supply during the Christmas-New Year’s week. Some members looked at the empty shelves and were annoyed and angry; others thought something had happened to the Coop. A few just went to Whole Foods or their local market. Although, given all the variables, one department or another is usually dealing with an occasional miscalculation, this year the shortages hit across the board.

Janet Schumacher explained several of the other factors contributing to the shortfall. The Christmas and New Year’s holidays in effect created two four-day weeks in a row, shortening the window for deliveries; and Coop suppliers, whose trucks already make frequent deliveries to the store because of the Coop’s lack of storage space, were already heavily scheduled. Many were on vacation themselves. In addition, this year the Coop didn’t do its usual Sunday evening inventory, based on the previous week, since Sunday was Christmas Eve. Some buyers tried to anticipate their orders



the week before, but, as Lisa Hidem, who buys prepared food and dry goods, pointed out, even if she had wanted to order enough pasta, for example, to accommodate the post-holiday spurt in demand, she couldn’t since the recent expansion of the dairy case in the basement took space away from dry goods storage.

The Intricate Basement Dance

Allocation of space in the basement appears to be a kind of chess game or complicated folk dance among the buyers and managers. Everyone “kind of knows” how much space is down there, Lisa explained. “You just stake your claim and try to hold it.” Could the Coop expand its storage area? Theoretically yes, but practically no. Because the store is in a residential area, zoning regulations prevent it from expanding upward. There is of course the option of acquiring additional storage space somewhere nearby, but that puts the Coop in the trucking

business, creating a level of complexity that none of the managers seem eager for. As a result of the crowding, even though the Coop turns its entire inventory over in less than a week, the tight conditions affect the workflow: when extra heavy cream is ordered for Thanksgiving, the shelf stockers have to pull a dozen U-boats of turkeys out of the cooler to get at it. Around Christmas, the upstairs meeting room is pressed into service for storing chocolate, bakery items and calendars. And you thought the shopping floor was crowded!

Many buyers keep their own personal notes to remind them of ordering patterns for particular times of the year: more soup when it’s cold, more pies for Thanksgiving, more guacamole for Super Bowl Sunday, more potatoes and applesauce for Chanukah. Joe Holtz has a number of formulas that he uses to make ordering more accurate. Eddie Rosenthal always orders more white eggs for Passover, since people preparing for that holiday avoid the brown ones, which have more blood spots. Normally eggs, according to Jewish dietary laws, are considered to be neither milk nor meat, but eggs with blood spots are considered to be fertilized, and therefore meat, and can’t be used in many dishes prepared for the holiday.

WHAT IS THAT? HOW DO I USE IT? Food Tours in the Coop

It’s a simple thing, a carrot
a long tap root that grows below ground
and sends up a fountain of ferny leaves above ground
they’re common, they’re popular
and completely taken for granted

the thing is—they’re orange
a vibrant, certifiably saturated color
no matter how you eat it
how does orange come out of the blackness of the earth
(it’s easier to understand the green leaves
growing in the warmth and light of the sun)
but orange out of black is a powerful and creative
living assertion: Carrot

When we eat that carrot it becomes us
indeed it is becoming of us to eat a carrot
we take that orange living thing
into the mysterious darkness of our bodies
and by holding its vitality we too are carrot

the ordinary, magically orange carrot

don’t let all we have lost blind us to
all that lies at our feet before us

come share your favorite way to eat a carrot
and I’ll share mine
where else but at the Park Slope Food Coop

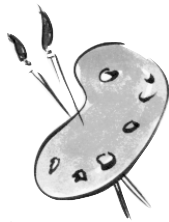
**Mondays, February 26 (D Week)
March 12 (B Week) and
March 26 (D Week)
Noon to 1 p.m. and 1:30 to 2:30 p.m.**

**Wednesdays, February 14
March 14 (B Weeks)
5:00 to 6:00 p.m. and 6:30 to 7:30 p.m.**

Or you can join in any time during a tour.

Artist/Illustrator/Calligrapher Needed

The **Signage Committee** needs an illustrator to draw up Coop information and/or announcements on a chalkboard planned for the cashier area. The member-artist would work free-hand from copy prepared by the staff and use graphic guidelines provided by the Signage Committee. News items would rotate periodically, generally once every four weeks. Work can be done on an FTOP basis, but we need someone who can commit to work on the project for at least six work cycles. Work will take place at the Coop, Monday-Friday. The exact day and time are flexible, though early in the morning availability is a big plus. Please reply only if you have at least six months of Coop membership and an excellent attendance record. Contact Jess Robinson via e-mail at jess_robinson@psfc.coop or via phone at the Coop’s main number (718) 622-0560.



Cooperation Among Cooperatives

**The 4th Street Food Coop
at 58 East 4th Street between Bowery and
Second Avenue in Manhattan is offering our
members a 5% discount on an ongoing basis.**

Where Did Everyone Go?

Office Coordinator Ann Herpel confirmed the high rate of absenteeism on holiday workshifts this year. She pointed out the three options members have for handling an anticipated absence: 1) Consult the yellow index cards at the “Switch Board” near the cashiers’ stand for possible trades; 2) go to the Coop’s website (www.foodcoop.com) and arrange a switch online with another member; 3) telephone someone directly who does the same job. No statistics currently exist on how many people make use of each of these means.

Generally, absenteeism during the holidays is treated more gently than at other times. ■

Environmental Committee Report: Solar Energy

By Monica Shimamura

If you average the sun’s energy over a year and over the entire earth, the earth’s atmosphere receives 4.4×10^{16} watts of energy from the sun. To put this into tangible perspective, an average electric plant produces 100 million watts of energy or 10^8 watts; therefore, you would need 440 million power plants to equal the amount of energy that reaches the earth’s atmosphere. With this abundance of energy hitting the earth’s atmosphere, there would be enough energy to power the world’s electricity several times over if we could harness this energy efficiently. Using the sun’s energy to produce electricity is what we call “solar energy.” Currently solar energy usage around the world is less than 1% of the total global energy consumption. However, the technology to harness solar energy has been refined and the cost of this technology continues to go down. With

concerns mounting about global warming and air pollution, and the growing global demand for energy, the future of solar energy looks promising. Why not use solar energy at the Coop if it’s a renewable and green energy? This question has arisen time and time again. The answer has been elusive because until now there had been no solar assessment performed at the Coop. Recently the Environmental Committee researched to find out if solar energy is a viable option for the Coop. The method the committee used to determine if solar energy is a possibility can be applied to your own personal residence as well. The first thing the committee needed to establish was how much sunlight we get on the Coop’s rooftop. We have always known that there is a six-story school building on the south side of the Coop that creates considerable shade. However, no one had ever measured exactly how

much sunlight hits the Coop’s roof. The committee contacted several environmental energy consultants (you can find them listed in the yellow pages under “environmental consultants”) who provide free solar energy assessments. We also contacted local solar energy nonprofits, such as Solar One (www.solar1.org) and Big Apple Solar (www.basicsolar.org) for their suggestions for a solar energy consultant. After much searching throughout the New York City metropolitan area we found Jeff Perlman from Bright Power, who is a Coop member. Jeff conducted a solar assessment for the Coop. He climbed onto our roof to perform a shade study using a Solar Pathfinder, which measures the available sunlight throughout the year. This measurement allowed us to determine how much energy we can extract from the sun. Just imagine if the Coop installed solar panels on our roof. We would be generating enough electricity to power a typical New York City household. The payback period for installing solar panels would be 11.4 years and after those 11.4 years, the electricity produced by the panels would be free. Don’t you think this would be a great idea? Isn’t it also nice to know that the electricity generated from the solar panels is not polluting our air or water and does not harm plants or animal life? The Coop would also be contributing less toward global warming because electricity generated by solar energy does not produce carbon dioxide (CO₂), a greenhouse gas. Now, let’s take a look at



the results from Bright Power’s solar feasibility study. The report explained that there are two types of solar energy systems to consider: a solar electric photovoltaic (PV) system or a solar water heating system. Since the Coop obtains much of its hot water and heating from recovered heat from the refrigeration system, there is not much need for a solar water heating system. Nevertheless, according to Bright Power’s measurements, the Coop’s roof receives enough sunlight to install a 12 x 34 foot PV system, which would produce approximately 4,400 kilowatt-hours (kWhs) annually. At the current utility cost of \$0.17 per kWh, that’s about \$748 worth of electricity for one year, equal to an average NYC residence. The Coop uses 920,000 kWhs of energy per year — 180 times the energy used by the average home in Brooklyn, due to the enormous

amount of refrigeration used. If solar panels were installed, the 4,400 kWhs of energy would be a very small portion of the Coop’s needs. However, it is not an insignificant amount of energy. The cost of the PV is approximately \$35,000, but this would be offset by a state rebate as well as federal tax credits. Once the rebate and tax credits were utilized, the total cost up front to the Coop would be \$8,500. The benefits of solar energy are numerous. From the obvious environmental benefits, such as reduction in CO₂, a global warming gas, to the not-so-obvious benefits of placing less stress on the energy grid during the summer peak time energy use, solar energy is a great alternative to conventional energy. The Environmental Committee leaves the question up to the Coop community. Do you think it’s worth investing in solar energy at the Coop? ■



Solar Pathfinder

Syracuse, NY in January; Not Your “Island Get-away”

By Marion Stein

From January 26-28, I spent the long weekend, once again, in Syracuse, NY at The Holiday Inn. Are you crazy?, you ask. No, just crazy about the great organic food we find at the PSFC and the local sources thereof. Syracuse in January is where the annual NOFA-NY conference is held. NOFA-NY, the New York chapter of the Northeast Organic Farming Association, is a certifying organization for organic produce and an educational organization as well. It provides a community for farmers in the Northeast, where they share knowledge, send representatives to Albany and Washington to watch and influence agricultural laws, and share experiences. The program always includes keynote addresses by people well known in the field of organic growing. Although I am not a farmer, I am an “educated consumer” and an organic gardener on a rather small scale. I find this conference of great interest where I’ve met the most dedicated people. This year’s conference theme was “Building the Farm Economy Around Local Foods,” indeed a very

Member Contribution

timely topic since the new buzz phrase in the world of food is “food miles.” Richard Pirog, the director of the Leopold Center for Sustainable Agriculture at Iowa State University, one of the keynote speakers, told us that those concerned with the sources of our food need to know that 19% of the fossil fuels used in the USA is connected to the food system. Changing the way food is transported is one way to approach compliance with the Kyoto Protocol. This is completely consistent with buying local or regional products whenever possible. As you may have seen in *The New York Times* on Saturday, February 3, the Intergovernmental Panel on Climate Change (IPCC) has finally acknowledged for the first time that global warming is “unequivocal” and that human activity is its main driver. Therefore, anything we can do to minimize fossil fuel use is good. In addition, Michael Pollan stated in his *New York Times Magazine* article of January 28 that it is time to “get out of the supermarket” and into the farmers’ market where one finds food harvested nearby and picked at the peak of nutritional quality. The PSFC is not a farmers’ market, but it is much closer to one than is

the supermarket. Many of the products that we find are grown regionally if not locally. Here in NY State our farm economy is eminently worthy of our support. We also have multiple distribution networks to transport these products. Amy Hepworth of Hepworth Farms in Milton, NY sells us most of our IPM (Integrated Pest Management) grown apples and many other products in season. Grindstone Farm in Pulaski, NY supplies us with asparagus in the spring, rainbow chard, kale, blueberries, shallots, candy onions and white onions, among other produce, throughout the growing season. Dick DeGraff, the owner of Grindstone Farm, said that Allen Zimmerman, our Produce Coordinator, is very sensitive to the issue of “food miles” and works with the farmers to get their product here in the most efficient way possible. Dick uses a regional distributor called “Regional Access” that collects and distributes products from many different NY State farms and then delivers them in the city. We may not be concerned with the exact location where our vegetables and fruits originate, but since “local and regional” affect the “food miles,” we are fortunate that Allen is continually striving to bring us the best from the closest places he can. You’re doing a great job, Allen! ■

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.
**Shoppers must be on a checkout line
15 minutes after closing time.*

Childcare Hours:

Monday through Saturday
8:00 a.m. to 8:45 p.m.
Sunday
8:00 a.m. to 8:30 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS'
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday
Mar. 16
8:00 p.m.

very
The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

Robert Dick AND Ursel Schlicht

Robert Dick on flutes and Ursel Schlicht at the piano are two virtuosi whose talent for stretching their instruments and minds allows them to paint with more colors and textures than flute and piano have any right to expect. A common pairing in classical music, flute-piano duos are rare in improvised music. But as they roam the territory between jazz, new music, and world music, Dick and Schlicht field a host of unusual sonics and techniques so startling that they open new panoramas. At times you may wonder just what you're hearing.

Todd Isler

Long time coop member and drummer/percussionist Todd Isler brings his unique brand of world jazz to the series. He'll be presenting works from the upcoming CD, "Soul Drums".

53 Prospect Park West [at 2nd Street] - \$10 - 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 14.

Cryptogram Topic: Cleaners

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

N Q B M O K U X W

K O X K A H K

F U L O P Q

O P P U L Q O

G O L B O K B Q J

S X O K K T X A K

X Z P U L U Q X

P A M T D E ' K U Q X

K U O T

K U G B K N M A F

H M O L U

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Editor (production):	Louise Spain
Final Proofreader:	Janet Mackin
Post Production:	Becky Cassidy
Index:	Len Neufeld

WORKSLOT NEEDS

Gazette Ad Prep
Thursday, A and C weeks, 10:00 to 11:15 a.m.

Are you available to work two shorter shifts twice per 4-week cycle? One member needed to help prepare classified submissions to the Linewaiters' Gazette. Work slot requires legible handwriting, attention to detail, comfort working with computers, and reliable attendance. A six-month commitment is required. Contact Rocco Arrigo at 718-622-0560 or rocco_arri-go@psfc.coop if interested. The first day to work will be Thursday, February 22.

Kitchen Cleaning
Wednesday, 9:00 to 11:00 a.m.

Deep clean all three kitchens in the Coop: child-

care, meeting room, staff room. You will work independently to clean countertops, cabinets, drawers, kitchen equipment, sinks, and refrigerators. Must be reliable as you are the only person coming to do this job on your day.

Orientation Committee

We have no openings at the moment, but there are also no members trained and ready to step in when a vacancy occurs. We are looking for energetic people with a teaching or training background who can work Sunday afternoon, Monday or Wednesday evening, or Wednesday morning. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Workslot credit will be given for training sessions. An annual

meeting of the Orientation Committee is part of the work requirement. We are especially interested in members who speak fluent Spanish or Russian. For more information, contact the Membership Office or write to karen_mancuso@psfc.coop.

Refrigerator Cleaning

Monday or Wednesday mornings,
9:00 to 11:00 a.m.

This position requires a desire to do physical work, enjoy cleaning, and organize refrigerators. You will thoroughly clean the refrigerator, removing all movable parts and cleaning them, label food items, and discard old or out-of-date products. .

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Mar 1 issue: 7:00 p.m., Mon, Feb 19
Mar 15 issue: 7:00 p.m., Mon, Mar 5

CLASSIFIED ADS DEADLINE:

Mar 1 issue: 10:00 p.m., Wed, Feb 21
Mar 15 issue: 10:00 p.m., Wed, Mar 7

General Meeting

TUE, FEB 27
GENERAL MEETING: 7:00 p.m.

The agenda appears in this issue and is available as a flyer in the entryway.

TUE, MAR 6
AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the March 27 GM.

The Coop on Cable TV

Inside the Park Slope Food Coop
FRIDAYS 1:00 p.m. with a replay at 9:00 p.m.
Channels: 56 (TimeWarner), 67 (CableVision).

If specific programming is available at press time, it will appear on the Community Calendar page overleaf.



ALL ABOUT THE
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,
February 27, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Linda Wheeler in the office.

Meeting Format

- Warm Up (7:00 p.m.)
- Meet the Coordinators
 - Enjoy some Coop snacks
 - Submit Open Forum items
 - Explore meeting literature

Open Forum (7:15 p.m.)
Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

- Reports (7:30 p.m.)
- Financial Report
 - Coordinators' Report
 - Committee Reports

Agenda (8:00 p.m.)
• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

- Wrap Up (9:30-9:45)
(unless there is a vote to extend the meeting)
- Meeting evaluation
 - Board of Directors vote
 - Announcements, etc.

Attend a GM
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

- **Advance Sign-up Required:**
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**
Each member may take advantage of the GM-for-workslot-credit program two times per calendaryear.
- **Certain Squads not eligible:**
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**
In order to earn workslot credit you must be present for the entire meeting.
- **Childcare can be provided at GMs:**
Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.
- **Signing in at the Meeting:**
 1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
 2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.
- **Is it FTOP or a Make-up?**
It depends on your work status at the time of the meeting.
- **Consider making a report...**
...to your Squad after you attend the meeting.

Park Slope Food Coop
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

*Denotes a Coop member.

SAT, FEB 17

PEOPLES' VOICE CAFE: Love & War; Bruce Markow. Workmen's Circle, 45 E 33 St, Manh, 8 p.m. Admission: \$12, more if you choose, less if you can't. Members \$9, (212) 787-3903 www.peoplesvoicecafe.org

22nd ANNUAL NEW YORK SWORD DANCE FESTIVAL, February 17-18, 2007. Twelve sword teams travel to New York for an exciting weekend of performances in public spaces around the city. For more information, contact: ellenco@yahoo.com, (718) 208-8321, or go to www.halfmoonsword.org

SUN, FEB 18

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE. Home Room Phase II Exhibition Opening Reception and Lunar New Year Celebration. 1-6 p.m. Celebrate the year of the Pig with a New Year dumpling workshop, 1-6 p.m. Dumpling eating contest, 3 p.m. Lion Dance, 4 p.m. Admission \$5. AAWAA Gallery, 136 15 St. Bklyn. info@aawaa.org (718) 788-6170.

FRI, FEB 23

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *Vietnam Symphony*. Tom Zubrycki, 52 min. In 1965, as the Vietnam War intensified and Hanoi faced the threat of massive US bombing, students and teachers from the National Conservatory of Music were forced to flee the city. With the help of villagers, they built an entire campus underground. Here, as the war raged around them, they lived, studied and played music for five years. info@aawaa.org 718-788-6170.

SAT, FEB 24

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *Between Two Worlds: The Hmong Shaman in America*. Taggart Siegel & Dwight Conquergood. 30 min. This classic film documents the Hmong refugees who have been transplanted from their agrarian mountain villages in northern Laos to cities in the U.S. Often living in high-rise tenements, they bring their ancient shamanic rituals and ceremonies to urban America. In such unlikely settings, trance-like healing and animal offerings are practiced as they were back home. info@aawaa.org 718-788-6170.

SAT, FEB 24

RAW PIZZA PARTY! Enjoy delicious food and a fun live demonstration on how to make your own raw pizza at home! Celebrate with great music, a full juice bar, and an abundant buffet of RAW pizza, spaghetti, chocolate and young coconuts! Children Welcome. Visit www.rawpizzaparty.com or details and tickets!

PEOPLE'S VOICE CAFE: Rick & Andy; Lavendar Light Gospel Choir. At The Workmen's Circle, 45 E 33 St, Manh; Wheelchair-accessible. For info call (212) 787-3903 or see www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't/no one turned away.

SUN, FEB 25

ZEEMEEUWSC II: Sunday concerts at the Old Stone House. Rob Mosher's Band-Storytime, dectet: jazz, classical, original. Programmed by *Martha Siegel. JJ Byrne Park, 5th Av btw 3rd/4th Sts. 2:00 p.m. \$10.

FRI, MAR 2

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *The Living Tree*. Flora Moon. 26 min. Flora Moon was born in Indiana of parents who had fled Red China. Because of her family's efforts to avoid scrutiny during the Cold War era of the 1950's they tried hard to blend in with their surroundings and little mention was made at home of their Chinese past. info@aawaa.org 718-788-6170.

SAT, MAR 3

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *To Live is Better than To Die*. AIDs in China. Weijun Chen, 60 min. This is a heartbreaking story from Wenlou, a small village in central China, where 60% of the villagers are infected with HIV. info@aawaa.org 718-788-6170.

SUN, MAR 4

ZEEMEEUWSC II: Sunday concerts at the Old Stone House. Schubert Octet, chamber music with strings & winds. Programmed by *Martha Siegel. JJ Byrne Park, 5th Av btw 3rd/4th Sts. 2:00 p.m. \$10.

MON, MAR 5

KRAV MAGA—ISRAELI MARTIAL ARTS 6:30 – 8:30 p.m. A Self Defense Class Sponsored by: Hadassah Brooklyn Region Young Women/Young Leaders. Donation: \$20, or \$18 if pre-paid before March 1. Hadassah House, 50 W. 58 Street, NY 10019. Pre-registration required. RSVP to (718) 382-6454 or Brooklyn@hadassah.org. www.brooklyn.hadassah.org

FRI, MAR 9

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. Chinese animation night for neighborhood children and adults. Admission is free. info@aawaa.org 718-788-6170.

SAT, MAR 10

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *And Thereafter*. A Korean "War Bride" in an Alien Land. Hosup Lee. 56 min. A portrayal of the fortitude of an immigrant "war bride" in America. Seventy-six-year-old Young-Ja Wike is one of the 10,000 Korean women who married American G.I.s after the war. For them marriage was the only escape from the crushing poverty of post-war Korea. info@aawaa.org 718-788-6170.

SAT, MAR 18

Asian American Women Artists AllianceMovie Series. And Thereafter. A Korean "War Bride" in an Alien Land. Hosup Lee. 56 min. A portrayal of the fortitude of an immigrant "war bride" in America. Seventy-six-year-old Young-Ja Wike is one of the 10,000 Korean women who married American G.I.s after the war. For them marriage was the only escape from the crushing poverty of post-war Korea. info@aawaa.org 718-788-6170.

FRI, MAR 16

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *Malalai*, Policewoman of Kandahar. Polly Hyman. 42 min. In the dangerous, male-oriented world of Kandahar, home to drug smugglers and terrorists, a police-woman, Malalai Kakar is blazing the way for women. Unhindered by her heavy burka, this mother of six is chasing wife-beaters, murderers and thieves across Afghanistan. info@aawaa.org 718-788-6170.

SAT, MAR 17

ASIAN AMERICAN WOMEN ARTISTS ALLIANCE MOVIE SERIES. *The Worlds of Mei Lanfang*. *Mei-Juin Chen*, 57 min. The true story of Mei Lanfang, China's greatest opera star; a husband and father whose world wide fame came from the portrayal of women. His fascinating life was the basis for the feature film *Farewell My Concubine*. info@aawaa.org 718-788-6170.

DWA FANM, "Women's Rights" in Haitian Creole, is a human rights organization committed to empowering all women and girls. DWA FANM invites you to The Vagina Monologues with Eve Ensler and surprise guests. Sat, March 17, 8 p.m. To purchase tickets call (718) 730-4027.

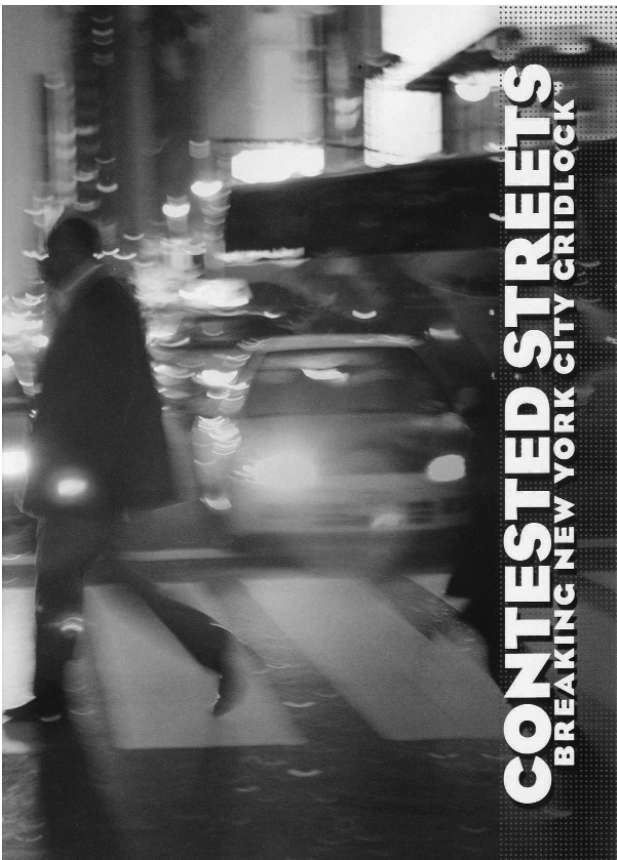
Save these Dates!

The **Fun'Raising Committee** has plenty of events for you and your friends, Coop members or not. Display ads for each will appear in the *Gazette* as each event approaches.

Saturday, March 10.....Adult Variety Show
Saturday, April 21Earth Day World Beat Fiesta
Saturday, May 19Game Night



Friday, March 2 • 7:00 p.m.
at the Coop



A documentary film made by Cicala Filmworks and co-produced by local bike and pedestrian advocacy group Transportation Alternatives that dares to ask "how do we solve the problem of NYC traffic?" Contested Streets features new footage of reclaimed streets in London, Paris and Copenhagen and interviews with New York savvy notables such as Ken Jackson, Mike Wallace, Bob Kiley, Majora Carter, Kathryn Wylde, Enrique Peñalosa, James Howard Kunstler and many more.

Stefan Schaefer (Director/Producer/Editor, Cicala Filmworks) has written, directed and produced documentaries, TV commercials and promotional videos for clients such as the Guggenheim Museum, The New York Yankees, and the New York City Department of Education. In May 2005 he completed the feature film *Confess*, his debut as a writer/director. Recent awards include: Best Screenwriter at the Hamptons Film Festival, Grand Prize in Digital Filmmaking from Panasonic and Apple, the New York Foundation for the Arts Fellowship in Screenwriting, and selection to attend the Talent Campus at the Berlin International Film Festival.

Dani Simons (Communications and Development Director, Transportation Alternatives) has worked for several non-profits on bicycling and urban transportation issues. She has a Master's of Environmental Science from the Yale School of Forestry. She is currently in charge of development and communications for Transportation Alternatives where she manages a membership program for over 5,000 members; helps coordinate Bike Month NYC; runs three annual bike tours and a host of other small events throughout the year. Dani is also the managing editor of *Transportation Alternatives Magazine*.

A discussion with Stefan and Dani will follow the screening.

FREE
Non-members
welcome

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop





LETTERS TO THE EDITOR

GM FOODS

TO THE EDITOR:

While I share Steve Kastenbaum’s objections to strident warnings on food (letter to editor, Dec 21, 2006), I think that GM foods deserve special treatment. Here are some reasons why:

theoretical problems: The process of inserting foreign genes is crude and inexact, yielding unpredictable and unstable results, and damaging the entire genome of the organism. Genetic material itself is very stable and not completely destroyed by digestion; thus random bits of spliced or damaged genetic material could be incorporated into gut bacteria genomes.

safety studies: Independent studies have not been encouraged or funded, but the few conducted have shown reproductive problems, high rates of mortality, and organ damage in test animals.

containment: GM contamination of conventional crops and related wild species is a problem worldwide, and once enough contamination occurs, it is irreversible. (A fact which the biotech industry wants to use to its advantage, creating a fait accompli before regulation can be enacted.)

regulation: GM foods are considered by the FDA to be equivalent to corresponding non-GM foods and so are not subject to any special regulation or testing before being put on the market. However, many countries around the world are banning or restricting cultivation, or requiring labeling, of GMOs. The extent of the restriction is inversely proportional to the influence of the biotech industry on government. The US is the most backward country in the world in this regard.

dubious utility: GMOs are being developed not to meet real needs, but to further short-term corporate interests. They have led to impoverishment and even suicide of small third world farmers, increased pesticide and herbicide use, and have created herbicide resistant weeds. “Terminator” technology can cause sterility not just in the GM products, but, because these plants produce sterile pollen, in other related plants as well. GE pest resistance rapidly becomes obsolete as pests evolve, or others pests occupy their niche. Furthermore, marker-assisted breeding, a sort of super fast and efficient form of conventional breeding, is an effective and safe alternative.

corporate misconduct: The biotech industry is conducting a worldwide campaign of misinformation, and sometimes coercion, directed at governments and citizens of developed and undeveloped nations using phony science, shadow “public interest” organizations, influence peddling, bribes, false claims to third world farmers, and punitive lawsuits against American farmers.

Unfortunately, space considerations prohibit me from backing up my arguments with more facts.. Here are a few web-based resources: <http://www.gmwatch.org> (currently offline, will return soon), <http://www.ucsusa.org>, <http://www.globalissues.org>, <http://www.netlink.de/gen>, <http://www.organicconsumers.org>. I especially recommend GM Watch’s weekly newsletter for those who want to keep abreast of developments, and

to broaden their knowledge of the issue in general.

If “the jury is still out on genetically modified foods,” it is only because of a concerted effort by the biotech industry to suppress necessary research and to manipulate public opinion. If the term “WARNING” is confrontational, I see it as directed not towards Coop shoppers, but towards the biotech industry — a stance that I applaud.

Katherine Bryski

CYBER DANTE

Does anybody give a damn
About the sewer stuff in spam?
The offers to make you very rich in
Your very own erectile kitchen;
The chance to invest in real estate
On a parcel smaller than a crate;
Low mortgage rates you can afford,
Negotiable on a Monopoly board;
Enlarge or shrink that pesky part
Transforming it to state-of-the-art;
An inch in addition or subtraction,
You’re promised, will multiply your
action,
Dividing your sagging doubts by half
And turning tears into a laugh.
Just who’s the target of these
spams
That come with exotic names
meaning “Scams”?
Such offers make outlandish
promises
Assuming a lack of doubting
thomases.
They’re pills that turn out to be
poisonous,
From canny con men laying ploys
on us.
And yet it thrills me to the quick
Consigning them to hell with a click.
Give my regards—this is no bunk—
To your fellow merchants of e-junk,
And clue in Dante and Virgil, his tutor,
They’re better off without a
computer.

Leon Freilich

SOCIALIST COOP?

TO THE EDITOR:

Re: “Googling Ourselves” by Barbara Ensor, I must respond by first recounting that the first time I heard the word “Nazi” in connection with the PSFC was from a very well-known and high-ranking director in sustainable agriculture, a woman very dedicated to the cause. I unfortunately understand the disparaging comparison to a fascist state. I have now been a member for 2 1/2 years, and I, too, began on the wrong foot by getting told I had 2 make-ups to do before I even started. Even better, though, was that the young zealot who informed me of it, proudly told me that the Food Coop was socialist, not capitalist. He was, I’m afraid, in error in this regard. The main tenet of socialism—to each according to their needs—from each according to their means—is a beautiful philosophy. I support its premise. It can only work, however, if it is voluntary. As socialism was tragically and fatally distorted and defamed by the Soviet system of Communism, which sought to impose a dictatorship of the proletariat to force the sharing of goods and services, so too, the PSFC makes the same fatal error. My friend in sustainable agriculture informed me that most coops allow those who want to work to do so, at reduced prices, and

those who want to pay extra and support the sustainable agriculture movement (to each according to their needs) that way are allowed to do so (from each according to their means). Forced cooperation not only is not socialism; it is not sustainable.

Sincerely,
Peter Loffredo

SHOPPERS’ RIGHTS

LETTER TO THE EDITOR,

Should a shopper be required to invoke the power of the court to establish the right to obtain a print-out of available electronic benefit transaction balance?

Tuesday, January 23, 2007 a cashier instructed shopper to use the telephone to obtain available electronic benefit transaction tossing the electronic benefit transaction machine print out in the garbage bin shouting for security. Please post shopping published letter on internet and in the entry area near the schedules.

Respectfully,
Deena Kristi Hays

???

DEAR EDITORZ:

I see now for the first time in my life why letters are addressed to “Dear Editor.” You guyz are important and you have a lot of power. And’ again many thanks for printing *both* my letters when one of them was lost or misplaced, as well as for now printing a correction for the January 18th letter.

Unfortunately that correction is again wrong. Are you using some petty and pedantic interpretation of the word “header” to prevent yourself from getting this right? Or are you discombobulated by the difficulty in communicating between the four Teams, or by the retirement of Senior Manager Linda Wheeler, who used to coordinate all of the *Gazette’s* affairs? Whatever is your position, or if this old man is using his words a little wrong according to your provincial definitions (and I do confess that what I wrote was confusing), here is what I meant by the “header” for my January 18th letter:

“A letter to the *Gazette*, 2007-01-08, for Issue of 2007-01-18, Albert B. Solomon, No. 12058, 718-768-9079 or hobces@yahoo.com. Please do not remove phone number and/or EMail address from letter. Please render *_____* as italics. Please try, if possible, to render the ligature “, ” (“o” and “e” joined) as in “Homœopathic Visionary” correctly, not as a blank space as in the December 7th issue. Please respect my spelling of Co-Op rather than coop.

Thanxkzs ————— :) ————— AS.”
I do want the readers to know what these headers look like, so please print it now. Thanks!

Two instances of cowardice: I was all ready to fry Martha Siegel of the Fun-Raising Committee for allowing people to skip the auditions if they had performed in previous shows. It seemed a perfect example of the club-biness that needs to be replaced by fairness and transparency in our so-much bigger and better Co-Op. But then she wrote me such a sweet message—and she would now allow me to audition even though I had overslept for the previous one—that I became the opposite of a tiger and thanked her profusely for allowing me to try

again. Even though there were only openings for four or five performers because everyone else had performed last year! But ah, you see what need can do! Tune in here next *issue* to see whether I will be in the March 10th Adult Talent Show, 7:30 Saturday at the Berkeley-Carroll School.

And look at this: Before I read a letter on the same subject in the February 1st *Gazette*, I had written an Open Forum question about what happens when a disabled person needs someone to shop for them. The reply to the letter revealed that we already have exactly what I had outlined in the question: A way for a disabled person to have someone who is not a member shop for them. It is called, according to the letter, “the Authorized Shopper program.” Well blow me down and call me a hairbrush!

Sincerely,
Albert B. Solomo

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk. Disks are returned through an envelope at the back of the *Gazette* submissions box.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

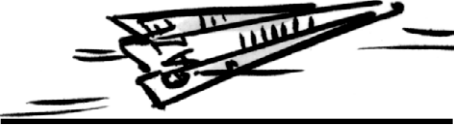
In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author’s first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.



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JERRY HARRIS, Co-op Member

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

Answer to Puzzle on page 6

Citrasolv, Salsuds, Bon Ami, Ammonia, Fantastik, Glass Plus, Lemon Oil, Murphy's Oil Soap, Softscrub, Drano

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

CLASSES/GROUPS

RELATIONSHIP SUPPORT GROUP. A safe, open, co-ed forum to improve communication; deepen self-understanding; reduce isolation; and explore how you can have more rewarding relationships. Led by an experienced psychotherapist. To learn more, call Gary Singer, LCSW, at 718-783-1561.

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MERCHANDISE-NONCOMMERCIAL

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2007 Park Slope Adult Variety Show Features 19 Community Artists

CONTINUED FROM PAGE 1

Committee member and Coop member since 1973, has been a driving force in organizing events that give Coop members a chance to share their words, songs and performance skills. Martha is a local cello teacher and an accomplished professional cellist who toured internationally for 20 years with Argentinean singer Suni Paz. She was part of a group of Coop members and musicians who started the now-legendary Coop Music Festivals in the mid 1980s.

Modeled loosely after Pete Seeger's Clearwater Festivals, the concerts, held at PS 321, drew over 1,000 attendees to see performances run simultaneously on five stages. Including children's concerts and a community dinner, the annual event raised \$3,000 to \$4,000 annually for the Coop and drew people from across Brooklyn to see and hear local community talent.

Coordinating such an event was a huge undertaking, and after four years, the Coop Music Festivals went on permanent hiatus. For a three-year period in the 1990s, Martha and others organized and performed in an annual Chamber Music festival at the Brooklyn Consortium, before it closed for renovation.

The idea of a variety show that brought together performing artists who work in a range of mediums followed. The Coop Variety Show evolved from Fun'Raising Committee members' desire to break down barriers between performers and audiences, to open up the stage to a range of performing artists and to provide an open venue where members can gather, share and be enriched by the multitude and range of talents we share as a community.

Breaking it into two annual events—one year for children and, on alternate years, one for adults—creates a comfortable and unique venue for children of the Coop to showcase their talents in a child-friendly atmosphere, while at the same time the adult show

gives the grown-ups their share of the spotlight.

Today, the Coop Variety Show is a rare opportunity to witness community artists, many of whom perform for the simple joy and energy of reaching out to a live audience. While the Fun'Raising Committee does not turn away anyone who wants to perform, all performers must audition once beforehand.

A brief visit to the auditions on January 28 captured the range and breadth of the work being offered: Charles Lynch's beautiful poems of traveling off the beaten path in Haiti; slam poet Phoenix Soliel's powerfully crafted tales of love and hope; songwriter Gary Shelton's beautiful odes to the season of winter; and singer and guitar player K.C. Dutcher — who admits to only playing for a year, and never before a live audience—effortlessly delivering heartfelt music as if he's been playing for decades.

These newcomers will join past Variety Show performers and Coop members like Richard Antone, a monologist who has performed in over 20 plays; Donald Murk, singer of American, French, Irish and Scottish songs and ballads, who has performed with institutions like the Bronx Opera, the Bronx Symphony and the Village Light Opera Group; Vincent Frisari (who in his other life is the Coop's aforementioned Bagel Man, bringing bagels in daily from Terrace Bagels), who sings opera; Felicia Glucksman, a singer who has performed her own one-woman shows; Barry Simpson, who will tell a story about his sister teaching physically challenged children; and Jessie Reiss, singer, who is studying at the Brooklyn Conservatory of Music and is a former member of the Barry Harris Jazz Ensemble. Other veteran Coop performers include singers Adele Rolider, Bev Grant, Mara Goodman, Mekka Timberlake, Alan Friend, Len Heisler and Eric Kelley; musicians Martha Siegel and Fiona Bicket, and dancer Dalienne Majors.

Of the 19 people in the

overall lineup (the Fun'Raising Committee keeps the list of performers to 19, with four on a waiting list), some have been widely published and performed nationally and internationally; for others, this will be their first opportunity to share their craft with a live audience.

A tentative lineup for the 2007 Adult Variety Show on March 10 is as follows:

1. Richard Antone, actor
2. Adele Rolider, singer
3. Charles Lynch, poet
4. Bev Grant, singer
5. Phoenix Soliel, poet
6. Mara Goodman, singer
7. Martha Siegel, classical music
8. Mekka Timberlake, singer
9. Donald Murk, singer (accompanied by Fiona Bicket, piano)
10. Vincent Frisari, opera singer, (accompanied by Maxine Feldman, pianist)
11. Alan Friend (accompanied by the Chelsea String Band)
12. Felicia Glucksman, singer (accompanied by Fiona Bicket, piano)
13. Barry Simpson, storyteller
14. Fiona Bicket, pianist
15. Tasha Paley, actor
16. Len Heisler and Eric Kelley
17. Dalienne Majors, dancer
18. Jessie Reiss, singer (accompanied by Fiona Bicket, piano)
19. Lee Rogan, singer

Waiting List

20. Albert Solomon, singer-comedian
21. Gary Shelton, singer/songwriter
22. K.C. Dutcher, singer/songwriter
23. Joel Bramble, singer

The annual Coop Variety Show is just one of a range of activities the Fun'Raising Committee sponsors through the year to raise funds and build community for the Coop and its members. Other annual events include a Poker Night, a Game Night and Pub Night. A Spoken Word event, free and open to the public, is organized each winter at the Old Stone House on Fifth Avenue. To learn of upcoming events please check the Events Calendar on the Coop website: www.foodcoop.com. ■

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Coop Job Opening: Receiving/Stocking Coordinator

Description:

The Coop is hiring a Receiving/Stocking Coordinator to work weekends and evenings. The weekend and evening Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well-stocked and orderly and maintaining the quality of the produce. At the end of the evening, they set up the receiving areas to prepare for the following early morning deliveries.

We are looking for a candidate who wants a permanent weekend/evening schedule. The ideal candidate will have been working on a Receiving workslot for the Coop. Because fewer paid staff work evenings and weekends, it is essential that the candidate be a reliable and responsible self-starter who enjoys working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with one to several other Receiving Coordinators. You must have excellent communication and organizational skills, patience, the ability to prioritize the work, and to remain calm under pressure. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours. The job will include work in the walk-in coolers and freezer.

- Hours:**

25+ hours per week, schedule—to be determined—will be primarily weekends with some evening work.
- Wages:**

\$21.05/hour with at least an annual cost-of-living adjustment effective every February.
- Benefits:**

 - Health and Personal time
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 - health insurance
 - pension plan

(no payroll deductions for benefits)

Application & Hiring Process:

Please provide a cover letter with your resumé as soon as you can. Mail your letter and resumé or drop it in the mail slot in the entryway of the Coop. Please state your availability.

All applicants will receive a response. *Please do not call the office.*

If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Minimum of six months' membership in the Park Slope Food Coop.

Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.



Photos at right: Singer Gary Shelton (top), singer Mekka Timberlake (middle), and poet Phoenix Soliel (bottom) audition for the Park Slope Adult Variety Show, which takes place on Saturday, March 10.

Saturday, February 24
2:00 p.m. at the Coop

FREE
Non members Welcome

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Carolyn Meiselbach Circles is a long-time member of the PSFC. She is an indoor environmental consultant, a health and nutrition coach and a practitioner and teacher of EFT.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Saturday, March 3
3:30 p.m. at the Coop

FREE
Non members Welcome

Public Speaking for Everyone

WITH JEZRA KAYE

Do your speeches drive results?
Whether you give business presentations... speak out for a cause... or talk to your civic organization, this hands-on coaching workshop will help you clarify your message, organize your thoughts and find the most powerful way to deliver them.

Learn how to:

- Find and develop your best speaking style
- Outline and write a speech
- Prepare to deliver it flawlessly
- Handle Q&A and media interviews

PHOTO BY HAZEL HANKIN

Jezra Kaye is a professional speechwriter and presentation skills coach who works with business and non-profit leaders. She is active in Develop Don't Destroy Brooklyn, which is fighting the 17-skyscraper Atlantic Yards Complex, and has been a PSFC member since 1981.

FREE
Non-members welcome

Sunday, February 25
12:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Saturday, March 10
3:00 p.m. at the Coop

FREE
Non members Welcome

MINDBODY MEDICINE

Lasting Relief for Chronic Stress

WITH ALBERT SPERANZA, MD

Do you ever feel that your life would be wonderful if only you did not have to deal with a particular problem which doesn't seem to get better?

Did you know that chronic stress resulting from such difficulties causes detrimental health effects?

Do you believe that you just have to put up with this problem?

The truth is: No one has to suffer with chronic stress.

There is a solution to your problem. Your MindBody holds the solution.

Join us to find out how you can find relief. There will be a presentation, open discussion and a guided meditation. Bring an open mind and open heart.

Dr. Albert Speranza is a Coop member since 2004. He is a board certified psychiatrist who has been practicing MindBody Medicine and Psychiatry since 1993.

FREE
Non-members welcome

Tuesday, February 27
7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Saturday, March 3
11:00 a.m. at the Coop

FREE
Non members Welcome

children's book and toy swap

Ready for an early spring cleaning of your kid's room?

Bring your children's outgrown books and toys to swap with others.

Please bring only books and toys that are clean and in good condition.

Broken or shabby items will not be accepted.

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Saturday, March 17
2:00 p.m. at the Coop

FREE
Non members Welcome

Who am I Listening to and What are They Saying?

With JB Brown

A walk into the workings of your own mind!

Have you ever wanted the voices in your head to stop babbling or at least make some sense? In this course, JB Brown will help guide you to find, listen and hear yourself amongst the many voices. Then, through talking, sharing and writing, she will help you connect the dots as you unravel the voices and facilitate a plan of life action motivated by soul choices.

Please bring paper and a pen!

JB Brown, an ordained minister with a doctorate in divinity and a Coop member, has traveled extensively sharing her insights and numerous healing techniques with students and clients worldwide. A professional on the emotional plane for more than 35 years, JB has a lifetime plus of experience helping people with spiritual development.

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Saturday, March 10
3:00 p.m. at the Coop

FREE
Non members Welcome

Community Yoga Class

with Vanessa Watson

Join us for a playful and soulful yoga class!

* Taught in a flowing, creative style

* Open to all levels-including beginners

* Bring your own mat and arrive early!

Vanessa Watson, RYT, completed her certification at Laughing Lotus Yoga Center, NYC. She comes from a dance and theatre background, having graduated from NYU Tisch School of the Arts. She brings this creativity to life in her classes as she shares the healing powers of yoga.

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Friday, March 16
7:30 p.m. at the Coop

FREE
Non members Welcome

Expand Your Definition of Family: Make a Difference in the Life of a Teenager!

with Kristin Kimmel

Young people in foster care in New York City need your love and support. If you are a parent or single person interested in helping a lesbian, gay, bisexual, transgender or questioning ("LGBTQ") youth in foster care, OR if you are an LGBT parent or single person interested in helping a youth in foster care, please join us for a presentation and discussion about mentoring, foster parenting, and adoption.

Kristin Kimmel is a member of the Coop and the Director of the LGBTQ Project at Lawyers for Children, an organization that represents children in foster care in New York City.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Saturday, March 17
2:00 p.m. at the Coop

FREE
Non members Welcome

Stop the 3 p.m. Slump: The Top 7 Steps to Double Your Energy in 7 Weeks

with Jena la Flamme

Tired of being tired in the morning or mid-afternoon?
Do you want more physical and mental energy?
Sick of using caffeine and sugar to prop you up?

Learn quick and easy strategies to increase your energy levels, decrease your cravings and allow you to feel and look better. Discover the tricks that will help you achieve more energy by eating foods and making choices that will consistently recharge your batteries. Learn to have more energy, better sleep, weight loss and better stress management.

Jena la Flamme is the director of the Jena Wellness Group, a certified Holistic Health Counselor, massage therapist, yoga teacher and published columnist. She guides clients in addressing weight loss, low energy and other health concerns through a fun, easy and pleasurable approach to nutrition and lifestyle choices.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Sunday, March 18 0 p
12

FREE
Non-members welcome

Enjoying Difficult People— Including Yourself

An Introduction to Compassionate, Nonviolent Communication

WITH DIAN KILLIAN

How do you respond to "difficult" people and situations?

How do you ensure that your own needs are met in ways you don't regret later?

Learn how to enjoy greater connection and understanding in even the most trying situations.

This workshop is based on the skills of Nonviolent Communication (sm) as developed by Marshall Rosenberg, Ph.D. Nonviolent Communication is used around the world by couples, families, schools, and organizations to create shared understanding, resolve conflicts, and discover strategies that address everyone's needs.

Dian Killian, Ph.D., is a member of the Food Coop, co-author of Connecting across Differences, A Guide to Compassionate, Nonviolent Communication and a graduate of the NVC North American Leadership Training program. She is founder and Director of Brooklyn Nonviolent Communication (www.BrooklynNVC.org) which specializes in sharing NVC with those involved with education, the arts and social change.

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