

Established  
1973

# LINEWAITERS'

## GAZETTE



Volume BB, Number 8

April 12, 2007

## March General Meeting Eases Suspension Rules Members Able to Shift to Alert Status Via "One-for-One" Program

By Ed Levy



ILLUSTRATIONS BY LYNN BERNSTEIN

The General Meeting held on March 27 voted to allow suspended members to move to alert status and shop under certain conditions and to increase the number of entrance personnel and reassign some of their duties. The meeting also heard a report about the Coop's continued financial health and a description of measures taken to combat periodic flooding in the basement. In other business, Jeff Goodman, after inviting members to apply to join the Disciplinary Hearing Committee, was re-elected to a three-year term on that body.

Several members dissented vigorously from the entrance worker proposal, asserting that it did not sufficiently address issues of cultural sensitivity.

### Entrance Worker Proposals

Two related proposals were passed, increasing the number of entrance workers by

one, and off-loading two of their current duties—bottle returns and paperwork on returned items—so that they can focus more on store security. Amina Ali, an entrance worker for six years, explained that the current number of entrance workers, two, is not enough to monitor incoming traffic to ensure that non-members do not enter the

store, either inadvertently, or intentionally. People in the former category include unwitting shoppers who fill their carts and are told only at checkout that they won't be permitted to buy the items; the latter category includes pickpockets and thieves. Currently, entrance workers must

CONTINUED ON PAGE 2

### ENTRANCE AND EXIT ADVISORY GROUP REPORT

## The Coop Entry and Exit Redesign and Expansion

By Mara Heppen, for the Entrance and Exit Advisory Group

On busy days getting in and out of the Coop can be a challenge. Around the exit long overlapping lines, unattended carts and squad meetings can become an obstacle course between the shopper and the exit door. The Coop's new plan to accept debit cards will be a welcome way to pay for groceries and speed up the overall checkout experience. However, this new payment system may potentially add additional complexity to an already congested exit experience by changing the circulation patterns and increasing the rate at which members will converge upon the exit to leave the Coop.

The Coop decided to use the introduction of debit cards as an opportunity to address long-standing circulation, entry, and exit problems, leading to the formation of the Entrance and Exit Advisory Group in the spring of 2005. The group is composed of three general

coordinators, Joe Holtz, Mike Eakin, and Jessica Robinson and several Coop members with relevant professional skills such as architecture, construction management, information design, and environmental psychology. The

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**The Coop really needs workers  
Monday through Friday  
for shifts that begin at 1:00 and 3:30 pm.**

**If you are available for a regular or FTOP workslot at  
these times please contact the Membership Office at**

**718-622-0560**

### Next General Meeting on April 24

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be Tuesday, April 24 at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

### IN THIS ISSUE

GM Agenda	2
Board of Directors Election	3
Neighbors Fight to Lower Environmental Impact	4
Recycle Electronics	7
Coop Hours, Coffeehouse, Puzzle	8
Coop Calendar, Workslot Needs	
Governance Information, Mission Statement	9
Community Calendar	10
Letters to the Editor	11
The Good Coffeehouse Presents the Artists	12
Classified Ads	14

## Coop Event Highlights

**Fri, Apr 20 • Wordsprouts:** 7:30 p.m. Narrative Non-Fiction Workshop with Tom Zoellner

**Fri, Apr 20 • The Good Coffeehouse:** 8:00 p.m., The Cooperating Cooperators and Jezra Kaye

**Sat, Apr 21 • Earth Day Spring Sweep:** starting at 10:00 am JJ Byrne Park, Fifth Avenue and Third Street

**Sat, Apr 21 • Earth Day World Beat Fiesta:** 7:30 pm@ Old First Church—7th Ave. & Carroll St.

**Thu, Fri & Sat • Blood Drive:** Thu, 3:00–8:00 p.m.  
**Apr 26–28** Fri & Sat 11:00 am–6:00 p.m.

**Thu, May 3 • Food Class:** 7:30 p.m. Spring Vegan Highlights

**Fri, May 4 • Film Night:** 7:00 p.m. *Beyond Conviction*

Look for additional information about these and other events in this issue.



# General Meeting

CONTINUED FROM PAGE 1

also divert their attention from the inflow of people in order to handle other duties. Several attendees at the meeting described from their personal experience how easy it was to get past the entrance workers. The Coop, as one speaker put it, is “very porous.” The entrance patterns are further confused

because some people are going to the elevator or lockers, other up the stairs to the notice boards, or office. Security vests must also be controlled, since anyone who got access to one would have carte blanche to move around the store. General Coordinator Joe Holtz said the entire front entrance situation is being re-evaluated in order to make it more secure. Proposals include redesigns that

would expand the entrance onto the street and employ a gate.

Meanwhile, the additional entrance worker will be stationed out on the floor rather than behind the desk, to assist with security and traffic flow.

Several members pointed out the need to train entrance personnel in sensitivity, so that the Coop presents a welcoming face to the neighborhood. They cautioned that without such training, personnel acting in an authoritarian manner might offend those

who innocently enter the store by mistake, and raised the possibility that some would interpret their exclusion as being due to their race or ethnicity. Several members said they may introduce a proposal at a future meeting mandating such training.

## The Financial Statement

The financial statement covered the year ending January 28, 2007. Net sales were in excess of \$27 million, up nearly \$2 million from the previous year. Expenses for interest on loans were down, as the Coop pays off its existing loans without borrowing new money. Personnel costs were up slightly as the result of the 2006 salary increase and an expansion in the number of employees. Total payroll was just under \$2.5 million, or 9.09% of sales, up from 8.29% of sales the previous year. Overall sales at the Coop increased to \$527,000 per week, up from \$493,241 in 2005. The store inventory turned over 64 times during this 52-week period, more than once per week, a rate that continued to guarantee members that items on the store's shelves are extremely fresh. The Coop continues to have an unusually low markup of 21%, compared to the markup of typical large coops of about 61%.

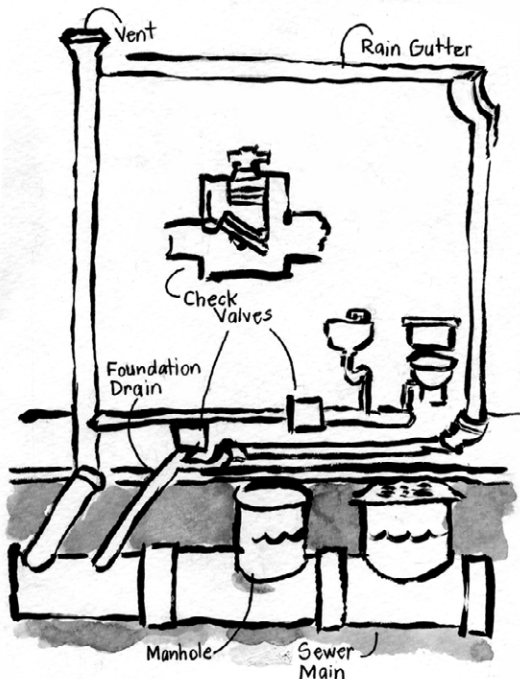
Membership declined very slightly. At the beginning of this period, the Coop had 12,923 members; at the end that number had decreased by 84. However, average sales

per member were up to about \$41 per week. The Coop's total assets, including cash, inventory, property and equipment, totaled about \$6 million, down slightly from the previous year.

*Two related proposals were passed, increasing the number of entrance workers by one, and off-loading two of their current duties—bottle returns and paperwork on returned items—so that they can focus more on store security.*

## Flood Control

After recommendations by members Ernie Hurwitz and Jonathan Farber, the Coop put in place a system of valves to prevent water from entering the basement during heavy thunderstorms, as has occurred in the past.



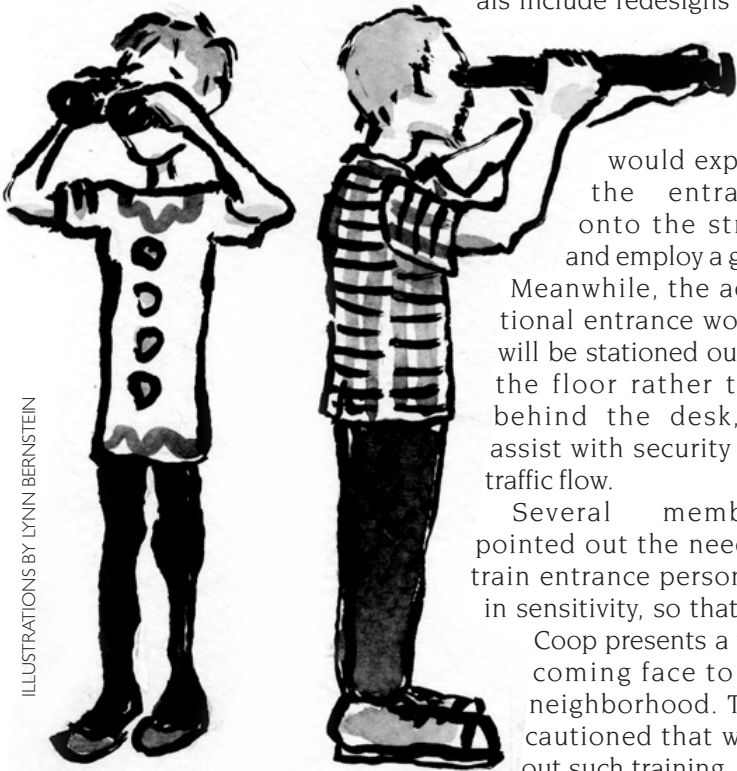
at much lower pressure, to enter the city system. This water comes largely from the sudden large volume of rain hitting the roof, but also, to a far lesser extent, from the Coop's sinks and toilets. With nowhere to go, this water would back up into the basement, causing damage to inventory as well as a significant health hazard. One proposal for addressing this situation called for ejectors, which would add to the force of the water coming out of the building's system. However the Coop, after studying the matter, decided upon a system of check valves that close when pressure backs up the flow and then reopen when the pressure subsides. In the event of a buildup of excess water when the valves are shut, the design of the system calls for the water to exit the building at street level through pre-existing, required vents instead of entering the basement.

## One-for-One Program to Be Launched

A system that would allow suspended members to shop while making up their shifts was approved by the GM. The so-called “one-for-one” program is currently in place in the office, where, according to office coordinator Karen Mancuso, it has operated successfully for approximately seven years. Under the plan, suspended members would move to alert status, and can continue to shop if they do one makeup every cycle until they have completed their makeups. The number of extensions allowed for make-ups is also capped at 6 consecutive work cycles, or six months. One benefit of the plan, Mancuso pointed out, is that the six-month rule takes pressure off the squad leader to grant extensions and creates a consistent and fair policy for everyone. Those who enter the program but don't abide by its guidelines will lose their shopping privileges until they have completed half of their make-ups. Several members suggested that the new proposal be aggressively publicized to members, so that they can take full advantage of it. The measure passed by a vote of 87 to 0, with five abstentions.

## Should Coordinators Do Shifts?

During the Meeting's open forum, one member questioned why paid staff don't do work slots. Joe Holtz, a general coordinator and one of the Coop's founders, said that in the early days “it didn't seem right to work all week and then do a work slot as well” and admitted, “I haven't done a workslot since before June of 1975.” According to Holtz, over the course of his 32-year career at the Coop, he has averaged over 55 hours of work per week.■



ILLUSTRATIONS BY LYNN BERNSTEIN

*Improved Security*

## PSFC APRIL GENERAL MEETING Tuesday, April 24 • 7:00 p.m.

- Congregation Beth Elohim Social Hall  
274 Garfield Pl at 8th Ave.
- Items will be taken up in the order given.
- Times in parentheses are suggestions.

### AGENDA:

#### Item #1: Hearing Officer Committee Election (20 minutes)

**Election:** The HOC has two nominees to fill open positions

—submitted by the Hearing Officer Committee

#### Item #2: Extending the Exit/Entrance areas onto the sidewalk (70 minutes)

**Proposal:** “to authorize the General Coordinators and the Entrance and Exit Circulation Group to spend up to \$325,000 to extend the Entrance and Exit Areas onto the sidewalk in accordance with the plans that were presented at tonight's meeting subject to any minor changes that may arise from the municipal approval and permitting process and to authorize the officers of the Coop and/or the General Coordinators to sign any documents necessary for municipal approvals and permits.” (this item was presented as a discussion at the May, 2006 General Meeting.)

—submitted by Entrance and Exit Circulation Advisory Group

### Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

# SAVE A LIFE

## Give Blood

**Join the Blood Drive**  
at the Park Slope Food Coop

- ☞ **Thursday, April 26 • 3:00 – 8:00 p.m.**
  - ☞ **Friday, April 27 • 11:00 a.m. – 6:00 p.m.**
  - ☞ **Saturday, April 28 • 11:00 a.m. – 6:00 p.m.**
- In the second floor Meeting Room



**FACT:** Less than 3% of the population donates blood and 90% will use blood some time in their life.

• Park Slope Food Coop • 782 Union Street •  
• Brooklyn, NY • 718-622-0560 •

• In cooperation with New York Methodist Hospital •  
For further information about blood donation, call Stuart Rosenhaus, 780-3644





# Entry and Exit Redesign

CONTINUED FROM PAGE 1

exit group has worked to address the challenges the debit cards will bring for the Coop as well as to evaluate the functioning of the entrance, checkout, and exit areas to find out ways to improve them and make things the best that they can be for members shopping and working at the Coop. The advisory group's work has been guided by several goals:

- Improve through-put after the introduction of debit cards with the particular goal of increasing the number of checkout stations.
- Design the front end of the store to support Coop

Architects. The committee worked with Cleary to select between four schemes he designed as possibilities for the expansion of the Coop out onto the sidewalk. The design that the committee liked best was presented at the May 30, 2006 General Meeting. Since then we have been working together to further refine the plan to best suit the Coop's needs.

The Entrance and Exit Advisory Group and Cleary are now reaching the end of the design work which will be presented in further detail at the April 24, 2007 Park Slope Food Coop General Meeting. The proposed expansion of

because it reassigns some of the tasks previously belonging to the entrance and exit workers so that they can do their jobs more easily. The service desk will be flanked by a more controlled entrance and exit to the shopping area of the Coop providing a one way in and one way out circulation pattern. The entrance and exit design will both allow for up to two members working and facing the flow of traffic.

The expansion of the storefront also allows for more flexibility in the check-out area. There will be an increase in the number of regular checkout stations (from 7 to 8) and also an additional express checkout (from 3 to 4). The plan also calls for a reduction in the number of cashiers (from 4 to 3) because we anticipate a reduction in the number of members paying with cash or check to be at least 50%.

The estimated cost of the front end expansion is \$325,000. In addition to making the Coop a nicer and more efficient place to shop and work in, we estimate that this renovation project will pay for itself in about 5 years. Here are the assumptions we used to formulate this estimate: This project will make it easier to shop at the Coop. Historically, whenever shopping has been made easier the Coop membership winds up being larger than it would have been without the improvements. We believe it is conservative to predict that the effect will be plus 200 members. Members spend more than \$2,100 per year on average. 200 members times \$2,100= \$420,000 in sales per year. Last year, for every dollar of sales the Coop kept 16.6%. That money is used to pay expenses. The extra sales will produce more than \$69,000 per year in this scenario. In five years, if these estimates are correct, the project will have more than paid for itself.

The next steps in the work of the Entrance and Exit Advisory Group is to contact the neighboring businesses on Union Street to review the project as well as hold a public meeting for the local public to gain information about the plan. Additionally the group has been in contact with the local community board and hopes to present the proposal to the appropriate board subcommittee, the NYC Department of Transportation and the Building Department within a few months.

We invite you all to attend the April 24 General Meeting to see a visual presentation and hear more about the proposed front end expansion of the Coop. This will be a proposal on the meeting's agenda open for member discussion, and a vote. Entrance and Exit Advisory Group looks forward to seeing you there. ■

the front end of the Coop will provide many improvements and benefits for the Coop. The new façade of the Coop, if approved by the city, will be a full length, free standing vestibule with a connected overhead canopy running the length of the entire Coop facade. There will be a new sign integrated with the sidewalk extension roof (similar to the existing neon sign) and additional signage visible from street level on Union Street. Separate doors for entering and exiting the Coop replace the existing vestibule. Outside the Coop, between the doors, will be a bench which folds up when the Coop is closed. Also included in the exterior design is a permanent enclosure for the Coop's garbage dumpster.

The interior space gains provided by the expansion will allow for a much larger sheltered public area inside the store. This space will be equally accessible for persons entering and exiting the Coop as well as members going into or leaving the shopping area. In this public space will be the lockers which will increase in total number to 36 and vary in size to accommodate differing member storage needs more efficiently. Adjacent to the lockers will be a bench for seating and storage space underneath for larger items like strollers.

The plan will allow for an exciting new addition to the Coop: a service desk accessible from the public area and staffed by up to two working members. The service desk will handle bottle returns, grocery returns, visitor sign in's, parking validation, and provide other assistance as needed. The addition of the service desk is beneficial

policies, rules, and worker effectiveness

- Improve entrance and exit security
- Don't make the Coop feel oppressive or make anything worse (ex: maintain or reduce existing line lengths)
- Make it easy as possible to shop and work at the Coop

The group conducted member research and observed how the Coop functions at present, worked through many redesign ideas, and brain-stormed endlessly. Design changes, Coop policy, and behavioral changes (such as examining the tasks of member work slots) were all considered as possible avenues to help the group achieve its goals. The work of the group has already led to some changes in the Coop such as:

- The policy change for members who wish to take a cart out of the Coop no longer being required to leave their membership card with the exit worker to reduce the number of tasks for the exit worker
- The purchase of the small silver shopping carts which accommodate the green baskets to cut down on congestion in the shopping aisles.

Ultimately the group arrived at the conclusion that the Coop is presently getting the maximum use out of the existing amount of square footage of space and to meet our goals—especially to increase the number of checkout stations—more physical space is needed.

In the fall of 2005 the next phase of the exit group's work began. Design plans for an expansion of the front of the store were solicited from numerous local architects. The group selected Jim Cleary

*We invite you all to attend the April 24th General Meeting to see a visual presentation and hear more about the proposed front end expansion of the Coop. This will be a proposal on the meeting's agenda open for member discussion, and a vote.*

# Board of Directors Election

## The General Meeting & the Board of Directors

Form our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

## Duties of the Directors

The Board of Directors is comprised of five elected Coop members and the senior General Coordinator present. Members serve three-year terms. Members of the Board are expected to

attend GMs regularly. They receive Coop work credit for their attendance.

The Board of Directors conducts a vote at the end of every GM whether to accept the advice of the members that night. Members of the Board are required to act legally and responsibly.

## Openings

We have two full three-year terms and one one-year term open this year.

## Candidate Deadline

If you wish to place your name into nomination, please declare your candidacy by Sunday, May 6. You will be asked to submit a statement of up to 750 words and a small photo for publication in the *Linewaiters' Gazette* and the member proxy mailing.

## Voting

Every member will receive a proxy package in the mail in late May. Members may also vote at the Annual Meeting, June 26.

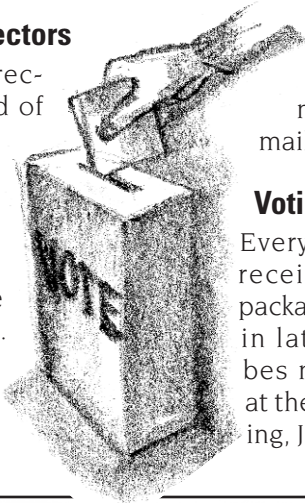


ILLUSTRATION BY CATHY WASSYLENKO

# WORDSPROUTS

## The Park Slope Food Coop's Reading Series

### Narrative Nonfiction Workshop with Tom Zoellner

Come to a reading and writing workshop on narrative nonfiction with Coop member Tom Zoellner, author of the new book *The Heartless Stone*, an investigation of the global diamond business. The book takes the reader from the "blood diamond" rings of Africa to the London headquarters of the De Beers cartel, the secretive global colossus that has dominated the industry for more than a century, and permanently carved the phrase "A diamond is forever" on the psyche.

"A dazzling display of intrepid reporting." *Entertainment Weekly*

"An illuminating expose of a mineral and an industry" *The Wall Street Journal*



Tom Zoellner has worked as a contributing editor for *Men's Health* magazine and as a reporter for the *San Francisco Chronicle*. He is also the co-author of *An Ordinary Man*, the autobiography of Paul Rusesabagina, whose actions during the 1994 Rwandan genocide were portrayed in the movie *Hotel Rwanda*. Zoellner lives in New York City and is at work on a third book.

**FREE** Non-Members Welcome

All Wordsprout participants are Coop members.

**Bookings:** P.J. Corso, paola\_corso@hotmail.com

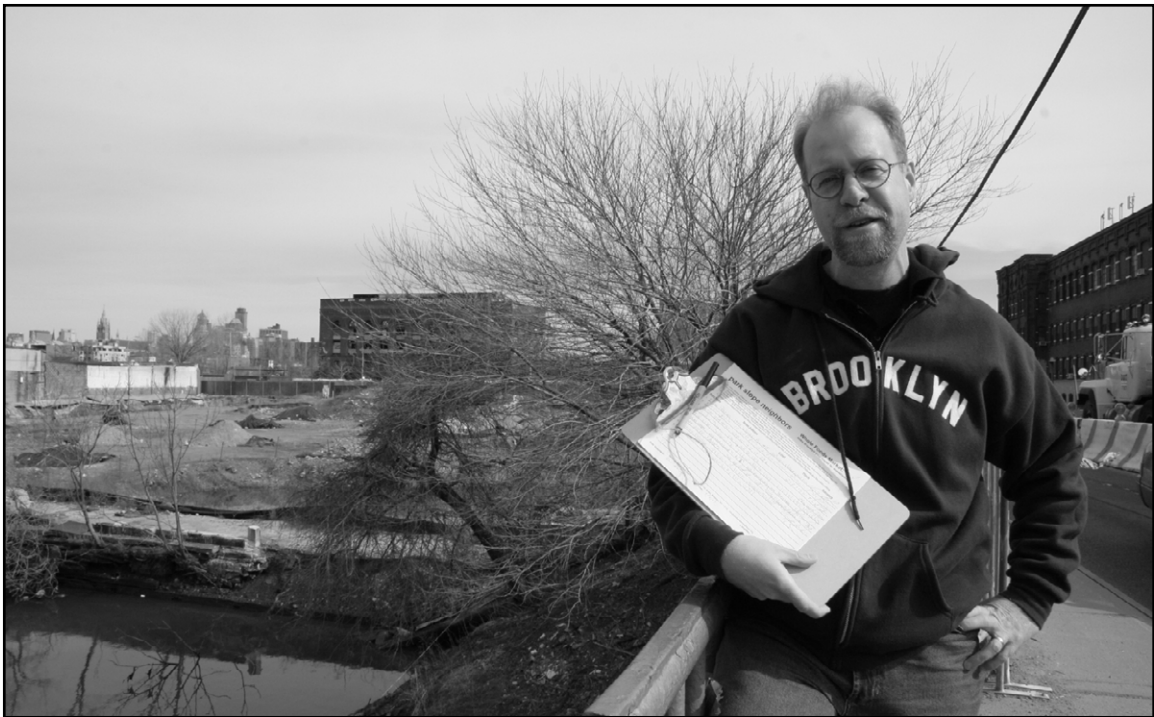
Friday, April 20 • 7:30 p.m. in the meeting room

Views expressed by the presenters do not necessarily represent the Park Slope Food Coop.



# Neighbors Fight to Lower Environmental Impact

By Frank Haberle



Eric McClure at 3rd St. Bridge looking at site and holding his petition.

It's official: Whole Foods is coming to Park Slope. The national chain store for organic produce and natural foods is soon to break ground on a new 64,000 square-foot mega-store on the corner of 3rd Avenue and 3rd Street. Whole Foods' plans call for 420 parking spaces, including parking on the roof of the building, to accommodate what they project to be 1,500 car visits during their 14-hour business day (or a little more than 100 cars an hour). At its presentation in early January to the Park Slope Civic Council, Whole Foods stated that the amount of parking would be "more than enough" to handle all car traffic.

A local nonprofit group, Park Slope Neighbors, is working with local environmental justice groups to urge the Austin-based chain to reconsider its parking plans. Excessive parking spaces will encourage more cars to come to the neighborhood, contributing to greater traffic congestion and decreased safety for pedestrians and bicyclists. Park Slope Neighbors supports an alternative plan for Whole Foods that calls for less parking as well as delivery and jitney services

to move shoppers to and from neighborhoods, and a green or solar roof. Park Slope Neighbors has written to Whole Foods and met with public officials. Now it is engaged in a petition campaign to show community support for a revised Whole Foods plan that will be environmentally friendlier and have a lower impact.

Park Slope Neighbors is committed to the protection and enhancement of the quality of life in Brooklyn. Coop member Eric McClure is one of about a dozen core members who have led advocacy campaigns over the last two-and-a-half years on specific development projects that threaten the beauty and environment of the neighborhood. The organization formed in 2004 to engage Commerce Bank, which originally envisioned its new Fifth Avenue branch as a three-lane drive-thru facility with signage that would have 'malled' the neighborhood. Park Slope Neighbors built a dialogue with Commerce Bank and presented a petition signed by 1,400 neighbors and merchants. The group's sustained efforts led to a more toned down facility which fits more

neatly within the classic lines of the community. Currently, Park Slope Neighbors is working with other community groups like Develop Don't Destroy Brooklyn to encourage Forest City Ratner to scale down the Atlantic Yards Project, and driving efforts to prevent the Department of Transportation from converting 6th and 7th Avenues into one-lane speedways.

## More Parking Brings More Traffic

In its January report to the Civic Council, Whole Foods estimated that the Park Slope store would have 2,700 transactions daily, and 55% to 60% of customers would be coming by car. But as Eric points out, according to the U.S. Census, only about 40% of households in the adjacent neighborhoods own cars. Whole Foods' plan caters to the driving minority without taking steps to make life easy for non-drivers. Under the Whole Foods plan, the ratio of parking to square footage is more than 6.5 spaces per 1,000 square feet, similar with a suburban model. The National Parking Association's own estimate for peak parking demand for shopping centers with less than 600,000 square feet is 4.5 spaces per 1,000 sq. ft.-which would mean Whole Foods needs just 288 spaces.

In January, Eric traveled to the Fairway in Red Hook, another mega-store in Brooklyn where almost all shoppers must drive. On a Saturday afternoon during peak shopping hours, Fairway's 300-space parking lot was more than one-third empty. Eric also notes that at the Coop's own discounted parking system at the Union Street garage, during December, one of the Coop's busiest months, a total of just 405 Coop mem-

bers used the discounted parking. Only 200 used the vouchers in August. Fewer Coopers utilize off-street parking in a month than Whole Foods would have in total parking spaces. And the Coop is 0.4 miles from the three nearest subway stops, exactly the same distance as the Whole Foods site lies from its three nearest stations.

Many current urban planning studies concur that traffic is a supply and demand issue. "If driving is encouraged," Eric states, "people will drive. If alternate means of travel are encouraged and made easy, many people will choose those options. The bottom line is that we do not believe that a reduction of 100 parking spaces would have any material effect on Whole Foods' customer demand. And providing ample free parking will only serve to encourage more traffic."

If Whole Foods generates 1,500 car trips a day, this equates to about 547,000 annual car trips-somewhere in the vicinity of 1/2 to 2/3 what the proposed Atlantic Yards Barclays Center would generate annually for arena events. Together these two developments will intensify an already-overburdened traffic flow in Park Slope and other Brooklyn neighborhoods, adding immeasurably to pollution, congestion, and

panels in conjunction with a good transportation-management plan. Such measures would be in keeping with the spirit of New York City's PlaNYC2030 initiative, which aims to reduce auto dependency and global-warming emissions and develop cleaner, more-efficient power sources. As a precedent, Whole Foods is planning a green roof for its future Hilldale store in Madison, Wisconsin and is meeting a significant portion of its electricity needs at several stores (including Edgewater, New Jersey) with roof-mounted solar cells.

Instead of encouraging cars, Park Slope Neighbors has also proposed that Whole Foods launch a jitney service between the store and local neighborhoods and transportation hubs, and a delivery service. The popularity of the Coop's own cart-walker system has demonstrated how popular these alternatives are. "The Coop's pedestrian friendly, environmentally friendly policies set an excellent example for a business operating within a community," Eric notes.

Park Slope Neighbors has written a 2-page letter, co-signed with Marni Horwitz of Green Roof Brooklyn, proposing the alternative plan to John Mackay, Chair and CEO of Whole Foods, with a copy



Whole Foods site looking South East.

decreased safety for children, bicyclists and pedestrians. "It will irrevocably alter the quality of life in our neighborhood," Eric asserts.

## The Alternative: Green Roof and Public Transportation

An alternative plan proposed by Park Slope Neighbors and environmental groups like Green Roof Brooklyn, would put Whole Foods in a unique position: a leading corporate role in the Gowanus Canal Community Development Corporation's goal of turning the Gowanus basin into a "green zone" by significantly reducing parking, promoting alternative means of transportation and implementing additional environmentally friendly measures. Park Slope Neighbors is urging Whole Foods to replace all planned rooftop parking with green-roof elements and solar

to the Northeast Director. The company answered that it would get back with a response in February but has not yet done so. Eric and other Park Slope Neighbors members have met with local public officials like Bill DeBlasio and David Yassky to involve them in the debate. Currently underway is a petition drive to make a stronger case. Park Slope Neighbors hopes to gather 2,000 signatures to present to Whole Foods and to politicians.

## To Learn More

Park Slope Neighbors welcomes the interest and involvement of Coop members and all who are concerned about the impact of Whole Foods and other car-friendly development projects. To learn more and to sign the petition electronically, please visit [www.park-sloopenighbors.org](http://www.park-sloopenighbors.org). ■



**EARTH DAY**  
**WORLD BEAT FIESTA**

**We are looking for  
visual artists and  
crafts people  
who want to  
show their work.**

**Please contact  
Len Heisler at  
718-614-2289**

**Saturday, April 21st**  
**featuring the**  
**Rob Garcia Ensemble**



# Recycle Electronics at Community Eco-Fair, Saturday, April 21

By Cathryn Swan and Mitchel Cohen

So, you want to get rid of your computer, cell phone, batteries or electronic equipment in a way that's environmentally friendly and won't go into the landfill? Then bring your stuff to Recycle This!'s Sixth Electronics Recycling Day, April 21, from 11 a.m. to 4 p.m., on the corner of Fifth Avenue and Fourth Street in Park Slope.

### Eco-Fair & Other Community Events

In conjunction with the Old Stone House, located at J.J. Byrne Park, Recycle This! is sponsoring an Eco-Fair for kids and adults alike. Celebrate Earth Day—come on down! From composting,

people and other community residents how to safely rebuild computers. Computers we collect that cannot be refurbished are dismantled and the parts recycled in an ecologically responsible manner—safely and nontoxically. Hooray!

### Recycle This!

Recycle This! was formed in 2002 in response to Mayor Bloomberg's elimination of recycling of plastics and glass—a decision based entirely on flawed economics and short sighted vision. Years of public education about recycling were lost. As environmental protests forced the return of recycling two years later, Recycle This! expanded its mission to look at the whole cycle, including the 3Rs: Reduce, Reuse, Recycle, as well as rethinking our entire relationship with trash. New Yorkers export 13,000 tons of residential trash each day, most of it trucked through poor communities outside NYC and incinerated or land-

filled there. Through electronics recycling events, Freecycle (an online forum that promotes reuse), showings of the film *Gone Tomorrow: The Hidden Life of Garbage* with Brooklyn-based director and writer Heather Rogers, and emphasis on grassroots activism and creative dialogue, Recycle This! has made effective inroads at raising visibility of this issue. Recycle This! meets in Park Slope and works in all the boroughs of New York City. Join us as we expand our efforts yet again at our first Eco-Fair!

This recycling day is brought to you by Recycle This! with generous support from the Park Slope Civic Council.

**For more information:**  
www.RecycleThisNYC.org (212-592-4184)  
www.theoldstonehouse.org (718-768-3195)  
www.perscholas.org (718-772-0651) ■

Cathryn Swan and Mitchel Cohen are organizers with Recycle This! and members of the Park Slope Food Coop.

## Member Contribution

solar exhibits, bike repair, info on gardens and community supported agriculture (CSA's) to games for kids and ideas on how to consume less and recycle more, the Eco-Fair is the place to be!

Also on that day, the Park Slope Civic Council presents its Spring Civic Sweep—a chance to emphasize community and the environment by removing graffiti, sweeping sidewalks, picking up litter and more, from 10 a.m. to 2 p.m. at J.J. Byrne Park. Park Slope Parents will have music and crafts, face painting and a kids' clothing swap. Community and the environment will be the focus of the day! Old Stone House will show how to compost and answer questions about your garden. The Park Slope Food Coop will also have a presence at the fair.

### Recycle-In

This event is your outlet for unwanted computers and other electronics. Recycle This! organizes these events with Per Scholas, a nonprofit organization in the Bronx. (Look for more information at www.RecycleThisNYC.org.)

When electronic waste ends up in the landfill or incinerator, hazardous materials such as lead, mercury and cadmium leach into the food and water supply. To prevent this, electronics collected at these recycling events are diverted from the waste stream in several ways. Per Scholas reconditions and refurbishes computers whenever possible for resale at low cost to community members and schools. Per Scholas triple erases all data on the computers you turn in, and uses them to teach young

## WHAT IS THAT? HOW DO I USE IT? Food Tours in the Coop

### Spring Campaign

Okay. So what do we have -

**Checklist:**  
fresh greenery  
flowers  
singing birds  
mild weather

**Plan:**  
To wantonly spend above resources

**Method:**  
get outside  
stay outside  
give away hugs  
(push the envelope & give away some kisses)

**Purpose:**  
to be a fount of joy

**Follow-up**  
surprise family with same plan & method

**Addendum:**  
hit Coop

by Myra Klockenbrink

**Mondays, April 16 (C Week)**

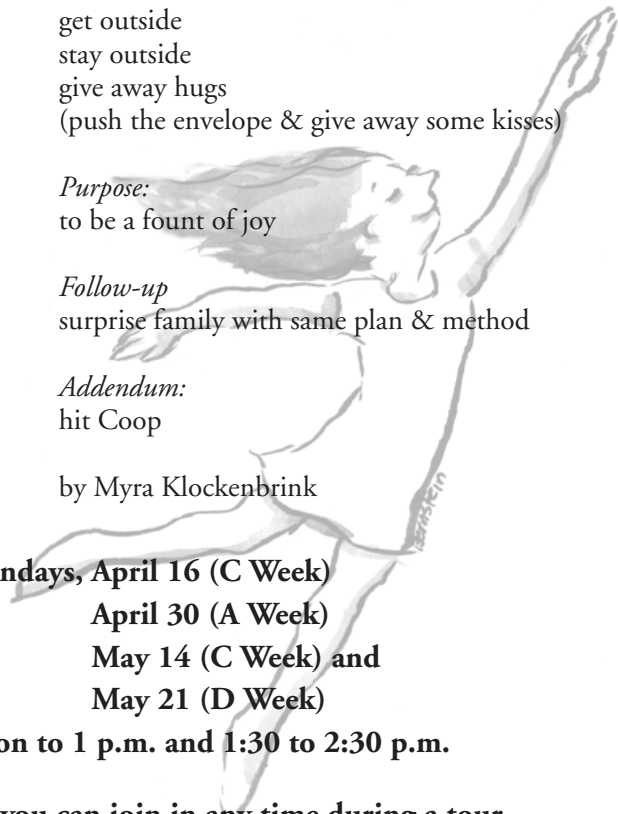
**April 30 (A Week)**

**May 14 (C Week) and**

**May 21 (D Week)**

**Noon to 1 p.m. and 1:30 to 2:30 p.m.**

**Or you can join in any time during a tour.**



## Childcare Shift Coordinator Wanted

**Tuesdays 1:00 p.m. and 3:30 p.m.**  
**Wednesdays 10:30 a.m. and 6:00 p.m.**

Open to all childcare workers with at least one year of Food Coop childcare experience. This shift requires you to come into the Coop every week and spend some time in the childcare room to ensure that the shift is running smoothly.



Must have a good attendance history. If interested, please call

Jessica Greenbaum at 718.398.4242 OR  
Lydia Robertson at 718.965.0534



## Want to Make a Coop Video?

A few talented members are needed for the making of an instructional video for the Food Processing Committee.

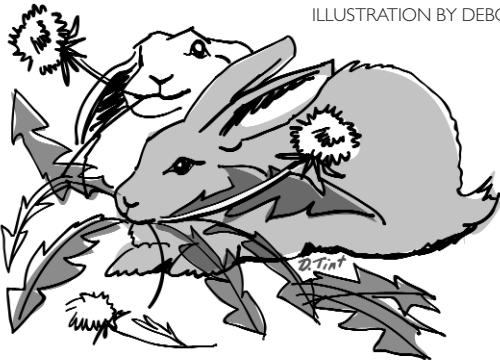
The project is under way, and now we are especially in need of gaffers, audio recordists, camera people, and photographers. However, if you have other movie-making skills we'd like to add you to a list for future projects.

This work will be for FTOP credit and will almost certainly not be enough to fulfill the 13 shifts a year—in other words, you will need to continue to do some “other” work at the Coop while working on the video.

**Requirements: include at least six months Coop membership, an excellent attendance record, and self-motivation.**

**If interested please contact Jessica Robinson with your specific skills at: jess\_robinson@psfc.coop.**

<b>Thursday, May, 3</b> <b>7:30 p.m.</b> at the Coop	 <i>Susan Baldassano</i> coordinator	
<b>PARK SLOPE FOOD COOP</b>		
 <b>Spring Vegan Menu</b> <b>MENU</b> <ul style="list-style-type: none"><li>• Favetta and mushrooms with crostini</li><li>• Asparagus, cherries and pinenuts with apple brandy jus</li><li>• Saffron Israeli cous-cous with Moroccan spring vegetables</li><li>• Cherimoya parfait</li></ul>	<b>Guest Chef Matt Downes</b> began exploring the links between culture, social responsibility and food as a student of Sociology and Psychology at Wesleyan University. He is a graduate of the Natural Gourmet Institute for Health and Culinary Arts and is currently the pastry chef at Pure Food and Wine in Manhattan. Matt is a Coop member.	
<b>\$4 materials fee</b> <small>Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.</small>		<b>MEMBERS &amp; NON-MEMBERS WELCOME.</b> Come early to ensure a seat.



COOP HOURS

Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

Childcare Hours:

Monday through Saturday  
8:00 a.m. to 8:45 p.m.  
Sunday  
8:00 a.m. to 8:30 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Submissions on Disk & by Email:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

**Recipes:** We welcome original recipes from members. Recipes must be signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday  
Apr. 20  
8:00 p.m.

very  
The Good Coffeehouse  
COOP CONCERT SERIES

A monthly musical  
fundraising partnership of  
the Park Slope Food Coop  
and the Brooklyn Society  
for Ethical Culture

The Cooperating Cooperators

The **Cooperating Cooperators** have over a century's worth of experience cooperating. Their ranks span generations and were formally banded together to cooperate in the fall of 2002 as a way of avoiding having to do coop shifts. These folks are among you as you shop and you might never expect the outstanding and unusual result of the **Cooperating Cooperators** cooperation.



Jezra Kaye

A perennial favorite, **Jezra Kaye** brings her unique blend of vocal sass and sizzle back to the Good Coffeehouse for a magic night of jazz standards, samba and swing. This year, she's joined by piano powerhouse **Roberta Piket**, and special guests. (Roberta's new CD *Love and Beauty* is now available at CD Baby and local stores.)

**53 Prospect Park West** [at 2nd Street] - **\$10 - 8:00 p.m.** [doors open at 7:45]  
**Performers** are Park Slope Food Coop members and receive Coop workslot credit.  
**Booking:** Bev Grant, 718-230-4999

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 14.

Baking Supplies

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

M Q R J X ' L G D Y -  
G Y T Q F J  
J I I X J W T Q G J X  
G Q R J U T Y N X  
M Q R E O I W Y S Z J X  
L J Q L Q T F  
L N I Q X  
M Q R E O I L Y Z Q  
P Q O E T T Q J K F X Q G F  
Q T H Y O Z U T Q P Y X  
B J Q L F

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Vitamin Assistant

**Saturday, 6:00 to 8:30 p.m. or 8:30 to 11:00 p.m.**  
Are you a detail-oriented worker who can work independently and in a busy environment? The Coop's vitamin buyer needs you to help her check in orders, organize the vitamin supply area in the basement and on the shopping floor, label vitamins and supplements and other related tasks. You will be trained by Edite and will report directly to her. If interested please contact the Membership Office.

Cash Received Bookkeeping

**Tuesday, 6:00 to 8:45 p.m.**  
Are you a stickler for details, accurate on the computer, and do you like working independently? This workslot involves verifying cashier report

data and inputting data into an Excel worksheet. The position requires good attendance and a six-month commitment to the workslot. Please contact Michele Weimer in the Membership Office if you are interested in the position.

Cashier Subsidiary Ledger

**Wednesday, 6:00 to 8:30 p.m.**  
The Bookkeeping staff is looking for workers to assist with cashier record keeping. The work slot requires good handwriting, attention to detail, and facility with Excel spreadsheets. You will be manually entering information from the cashier system. The work needs to be completed on Wednesday but the time slot is flexible. Please contact Michelle Weimer in the Membership Office if you are interested.

Kitchen Cleaning

**Wednesday, 9:00 to 11:00 a.m.**  
Deep clean all three kitchens in the Coop: child-care, meeting room, staff room. You will work independently to clean countertops, cabinets, drawers, kitchen equipment, sinks, and refrigerators. Must be reliable as you are the only person coming to do this job on your day.

Monday Morning Meat

**Monday, 8:00 to 10:45 a.m.**  
This job involves working with the Coop's meat and poultry buyer to ensure the proper unpacking and pricing of chicken and meat. Member must be willing to work with raw poultry and

CONTINUED ON PAGE 8

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.  
Wednesday mornings: . . . . . 10:00 a.m.  
Sunday afternoons: . . . . . 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Apr 26 issue: 7:00 p.m., Mon, Apr 16  
May 10 issue: 7:00 p.m., Mon, May 1

CLASSIFIED ADS DEADLINE:

Apr 26 issue: 10:00 p.m., Wed, Apr 18  
May 10 issue: 10:00 p.m., Wed, May 3

General Meeting

TUE, APR 24

GENERAL MEETING: 7:00 p.m.  
The agenda appears in this issue and is available as a flyer in the entryway.

TUE, MAY 1

AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the May 29 General Meeting.

The Coop on Cable TV

**Inside the Park Slope Food Coop**  
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).  
4/20: Acupuncture with Steven Guidi  
4/27: Yoga Primer with Mina Hamilton

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, April 24, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the *entire* meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.**



COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

*\*Denotes a Coop member.*

SAT, APR 14

STEP IT UP 2007 is a nationwide campaign that aims to deliver a clear message to our congressional leadership: CUT GLOBAL WARMING POLLUTION BY 80% BY 2050! Sea of People—Step It Up National Climate Day of Action: Saturday, April 14, 12 p.m., Battery Park. [info@seaofpeople.org](mailto:info@seaofpeople.org) or [www.seaofpeople.org](http://www.seaofpeople.org).

PEOPLES' VOICE CAFÉ: Jack Landron; 45 East 33rd St. (btw Madison & Park). 8 p.m. Suggested Donation: \$12. More if you choose; Less if you can't. No one turned away. 212-787-3903.

SAT, APR 21

PEOPLES' VOICE CAFÉ: Ellen Davidson; Adele Rolider. 45 East 33rd St. (btw Madison & Park). 8 p.m. Suggested Donation: \$12 or TDF; More if you choose; Less if you can't. No one turned away. 212-787-3903.

SUN, APR 22

ZEEMEEUWSIC II: Sunday concerts at the Old Stone House. The Mercantilliers, septet: traditional, original, sea chanteys, folk & rock. Programmed by Martha Siegel. JJ Byrne Park, 5th Av btw 3rd/4th Sts. 2:00 p.m. \$10.

APRIL 28

PEOPLES' VOICE CAFÉ: Jack Landron; 45 East 33rd St. (between Madison & Park). 8 pm. Suggested Donation: \$12 or TDF; More if you choose; Less if you can't; No one turned away. 212-787-3903

TEREZA STANISLAV: VIOLIN. ROBERTO GIORDANO: PIANO. Performing works by Kreisler, Beethoven, Matheson & Strauss. Tickets \$15 at the door; advance tickets \$10 by email: [wflecknaf@aol.com](mailto:wflecknaf@aol.com) or by phone. Students: \$5. TDF vouchers accepted. Information: 718-855-3053 or [www.brooklynfriendsofchambermusic.org](http://www.brooklynfriendsofchambermusic.org)

The Good Coffeehouse Presents—The Artists

By Zenobia Conkerite

On Friday, April 20, at 8 p.m., the Good Coffeehouse is proud to have The Cooperating Cooperators and Jezra Kaye for an evening of music and fun. When I asked David Roche of The Cooperating Cooperators how his band was founded, he simply said that their band gets Coop shifts while performing at the Coffeehouse. It's the reason they came together, he added. So, the secret's out. Though it's not really a secret. Performers get to share their craft and in return get credit for their shifts. And the audience will be the benefactors of their music and fun. With so many names to post here, David told me

that there are all kinds of people in the band, and that they play a variety of styles. You will hear songs by great artists like Tom Waits, Dolly Parton and Bob Dylan, to name a few. There is something to look forward to here. Jezra Kaye is a retired jazz singer who for years sang in venues that included clubs, cabarets and hotels. In a moment of inspiration, at the age of 13, she discovered some old records of her father's from the big band era, the 1940's, and fell in love with the sound, sensing that she had the right voice for that genre of music. It was a perfect match. Like many artists, she found that singing in those venues year after year can take its toll. Sometimes it's the lack of proper dressing

rooms, but most times it's the lack of pay for the love of the art which is a stand-out reason for retiring from performing professionally. What has Jezra done since retiring? She is a writer and a speaker coach giving workshops, one of which she will be doing for the Park Slope Food Coop the very day after this performance. Jezra will be backed by a trio featuring modern jazz player Roberta Pickett on piano. Come to the Good Coffeehouse, kick back and see some familiar faces or friends or make new ones. 8 p.m. Friday, April 20, at The Good Coffeehouse, 53 Prospect Park West, at Second St. \$10.00, doors open at 7:45 p.m. See you there! ■

WORKSLOT NEEDS

CONTINUED FROM PAGE 7

meat—it is wrapped in plastic so direct contact with meat does not occur. Job involves going in and out of out meat and poultry refrigerator in the basement, weighing and pricing the product and lifting boxes that can weigh up to 50 lbs.

**Plastic Recycling Drivers**  
Wednesday, time to be arranged.

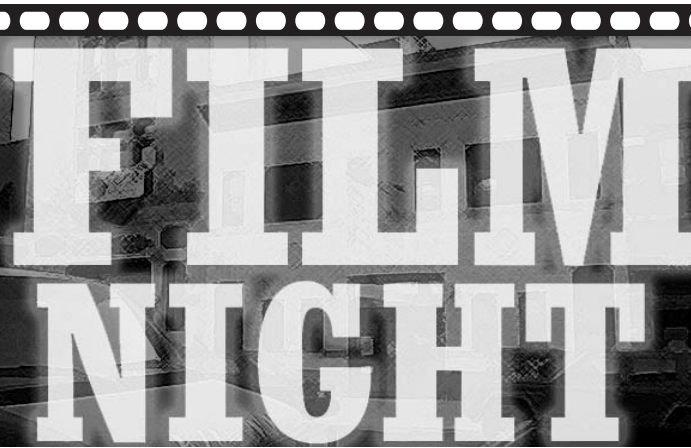
The Plastics Recycling Squads are looking for drivers to transport plastic recycling collected at the Coop to the recycling plant in Brooklyn. Drivers needed to work Wednesday during the daytime. The time can be arranged with Jessica Robinson, but the work needs to be completed between the hours of 8:00 a.m. to 3:00 p.m. when the recycling facility is open. Drivers must have a large

capacity vehicle (van or truck) for the volume of recycling collected. You need to be able to lift and work independently. Reliability a must as you are the only person coming to do this job on your day. If interested please contact General Coordinator Jessica Robinson at [jess\\_robinson@psfc.coop](mailto:jess_robinson@psfc.coop) or drop by the Membership Office to speak to her.

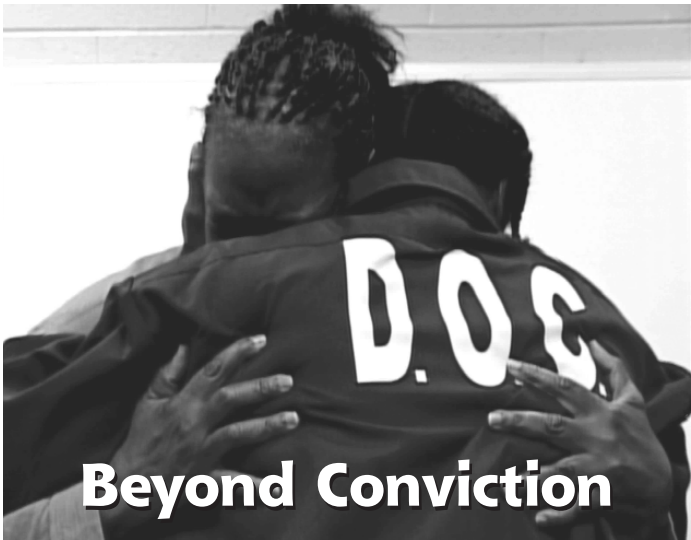
**Soup Prep**  
Friday, 7:00 to 9:45 a.m. Do you have a strong social conscience? Do you hate waste? You can help the Coop rescue slightly damaged food and turn it into ingredients for nutritious meals. You will be sorting and packing food by category (vegetables, fruit, eggs, milk, etc). You and a partner will be asked to take a U-boat of food to CHIPS, the soup kitchen on 4 Ave. (it's downhill all the way!) The

job involves some lifting and working in the walk-in refrigerator for part of the shift. You may be asked to help do produce preparation if you finish the soup kitchen tasks early. On-the-workslot training with receiving coordinator Hilton Horwitz. Help the cooks at the soup kitchen get a head start in their efforts to feed the hungry.

**Office Setup**  
Weekday mornings, 6:00 to 8:30 a.m. The Membership Office needs an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Please speak to Adriana in the Membership Office, Monday through Thursday, 8:00 a.m. to 2:00 p.m.



Friday, May 4 • 7:00 p.m.  
at the Coop



Beyond Conviction

*Beyond Conviction* tells the moving story of three crime victims on a journey towards healing and resolution. The film follows participants in a pioneering program run by the state of Pennsylvania in which victims of the most violent crimes meet face-to-face with their perpetrators. *Beyond Conviction* provides a rare glimpse into the lingering pain, questions and regrets for both victims and perpetrators and reveals the bold and difficult path to redemption and reconciliation.

**Rachel Libert**, (Director) is a producer/director and cinematographer based in New York City. She is the director of the short film *Undertaker*, which aired nationally on Lifetime Television after premiering at the Sundance Film Festival and screening at over 30 film festivals worldwide. The film received many awards including a national CableACE for best dramatic short film.

As a cinematographer, she has shot documentaries on a wide range of subjects including *Investigating Hate*, which examined the prosecution of hate crimes, to *Smokestack Lightning: A Day in the Life of Barbeque*. Her broadcast credits include work for MTV, Discovery Health, Court TV, VH1 and Oxygen. She has also shot numerous commercials and promotional videos for clients such as The Partnership for Drug Free America, Levis, Citigroup and IBM.

She is the co-founder of Tied to the Tracks Films, a production company dedicated to the creation of films that raise awareness and affect change. *Beyond Conviction* is her first feature film.

A discussion with Rachel will follow.

**FREE**  
**Non-members**  
**welcome**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

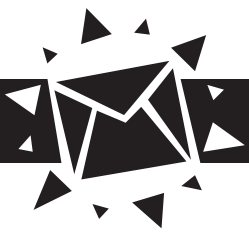
Classifieds CONTINUED FROM PAGE 11

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE TICKETS for concerts for true classical music lovers only. Lincoln Ct., Carnegie, etc., on short notice sometimes. 10-20 concerts available each year. \$10/yr management fee. For more info, call: 212-802-7456.





LETTERS TO THE EDITOR

MEMBERS' FILM  
SHOWING AT TRIBECA  
FILM FESTIVAL

TO THE EDITOR:

As longtime Coop members, we would like to invite you to the World Premiere of our feature film, *Postcards from Tora Bora*, at the sixth annual Tribeca Film Festival. We went to Afghanistan in 2004 to document Wazhmah Osman's return to her childhood home in Kabul, Afghanistan. It was Kelly Dolak's first time out of the country and Wazhmah's first time back in 20 years. This first time feature reflects a collaboration of unexpected adventure and exciting filmmaking, and as devoted members of this community, we would love to share our journey with you. Please visit our website [www.postcardsfromtorabora.com](http://www.postcardsfromtorabora.com) to watch our trailer and read more about the film.

Kelly Dolak  
Wazhmah Osman  
Elissa Federoff

IT'S EASY TO HAVE  
PERFECT WORKSLOT  
ATTENDANCE

TO THE EDITOR:

Buried in Amber Wiley's excellent letter in the March 29 *Gazette* was this paragraph:  
"You can pick up a list of people who do a similar shift to yours, on the same day of the week, with their phone numbers, making it really easy to contact a likely substitute."  
Using these lists I have maintained perfect workslot attendance over the years that I have been a member. It really is easy. But there is a trick. First you find the packet with your workslot. Then you discard all the sheets, except for the sheet that you are on. You don't look for a similar shift. You only call people on the *exact same shift*, but are either one week, or possibly

two weeks off from your shift. I generally prefer to do their shift before they do mine. This puts the onus on them to complete the swap. And they can't complain about the time or the day of the week!

Don Wiss

SIDEWALK MANAGERS:  
KEEP THE FIREHOUSE  
DRIVEWAY CLEAR!

TO THE EDITOR:

Dear Sidewalk Managers,  
Thank you for all of your hard work. Your efforts have helped to clear sidewalk traffic and have made shopping more pleasurable and productive at the Coop.  
Please also note that the major priority of your job as described in the cart/curb help flyer is to "KEEP THE FIREHOUSE DRIVEWAY...FREE OF CARS."  
Please give drivers who block the firehouse the pink flyer, "Please Don't Block the Curb."  
Below is part of your official job description in regard to the firehouse driveway:  
Sidewalk Management  
The priority is to keep the firehouse driveway, including the area between the diagonal yellow lines, free of cars. If a driver refuses to move from the firehouse drive, workers must get assistance from Coop staff. People in cars parked at our curb should be asked to please wait elsewhere, as this area must be kept clear for deliveries and for members loading their groceries. Members who park in the firefighters' spots across the street should be asked to re-park in a legal spot. Please give all drivers who refuse to move a copy of the "Please Don't Block the Curb" flyer. Workers should not get into confrontations with car drivers. Please be polite and informative.

Sincerely,  
Warren Spielberg  
Coop Liaison With Squad 1

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory  
The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.  
You may submit on paper, typed or very legibly handwritten, or via email to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.  
**Anonymity**  
Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters

must relate to Coop issues and avoid any non-constructive, non-cooperative language.  
**Fairness**  
In order to provide fair, comprehensive, factual coverage:  
1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.  
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.  
3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.  
The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Member Contributions

AFTER THIS WINTER

She returned from the forbidden island where grandpa is too stubborn. So the uncles make him think everything is his idea. He's chosen his heir—a godson who reads the newspapers to him in hospital. They insult the greedy demagogic neighbor who has always wanted the property. Now they can laugh because his gang of criminals is so busy stealing from richer neighbors on the other side.  
Her parents, other daughter, who died at a year and a half of pneumonia before they got her one and a good one went to the rebellious isle to welcome the unauthorized story, playing with cousins and the neighbor's kids taking various parts.  
In the museum house she wonders whether, when and what the bandits will steal from her. They want to take her liberty and the territory down the road and more of what they already stole from darker folks ^ their very lives.  
The luxury to go and come splits her. She's dodging blows, a moving target. She looses connections tying a person to a spot. A peculiar destiny watching a smaller demagogue on the next block bargain in their name over the terrain that never was nor will be his. And all the nearly good folk in the vicinity who almost notice but seem to fear

even local conflict more than their children consuming garbage.  
Social security kicked in, and she can already see into the tunnel with the brilliant light at the end. On the forbidden island they play what she has taught them. Maybe they will remember her.  
Susan Metz

ODE TO ORGANICS

INVASION OF THE AURAL  
SNATCHERS  
Zombie-like, they're all around;  
Glassy-eyed they appear,  
Tuned to an inner, secret sound:  
The iPod people are here.  
Can their social selves be reclaimed,  
Freed of the rigid shell?  
Who will save these aural maimed,  
Podcast out their spell?  
Silver bullets will not work,  
They can do no good;  
Stronger measures are a must—  
Feed them organic food!  
Leon Freilich

PROGRAMS

Friday, April 13 through Sunday, April 15

The following programs will happen within four days of publication of this issue. For full ads, please look at the March 15 or 29 issues or pick up copies of the flyers in the Coop.

Fri, Apr 13

7:00 Triple Bottom Line Film Series: *The Big One* by Michael Moore

Sat, Apr 14

10:00 Adult Clothing Exchange

Sun, Apr 15

12:00 The College Admissions Process: What Parents and Students Really Need to Know

East New York Food Coop  
Help a new coop in Brooklyn. FTOP credit available

*In accordance with the sixth Principle of Cooperation, we frequently offer support and consultation to other coops. For the East New York Food Coop, we have also offered help in the form of Park Slope Food Coop member workslots.*  
The East New York Food Coop welcomes PSFC members to assist in its first year's operations.  
PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a member for at least one year and have an excellent attendance record. To make work arrangements, please email [ellen\\_weinstat@psfc.coop](mailto:ellen_weinstat@psfc.coop) or call 718-622-0560.  
**East New York Food Coop**  
**419 New Lots Avenue (between New Jersey Avenue and Vermont Street)**  
**accessible by the A, J and 3 trains**  
**718-676-2721**



# Forgiveness

WITH MORAIMA SUAREZ

Is there someone you need to forgive?

Holding on to feelings of hurt, guilt, resentment, blame, anger and the need to punish binds up a lot of your own energy and keeps you locked in the past, instead of being fully present.

The Forgiveness Process allows you to release these negative feelings and completes your own healing.

LEARN TO:

- Forgive yourself and others
- Focus and use the power of unconditional love
- Align your head and your heart
- Use the power and energy of love to relieve stress
- Participate in a group unconditional love meditation

Moraima Suarez is a Coop member, certified Holoenergetic® Healing Practitioner, certified Bowen Therapist, and Reiki practitioner. She has studied and practiced the healing arts for over 20 years and her healing practice in the Park Slope vicinity.

**FREE**  
Non-members welcome

**Saturday, April 21**  
2-4:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 21**  
10:30 a.m. at the Coop

**FREE**  
Non members Welcome

# Presenting...YOU!

with Speaker Coach and Speechwriter Jezra Kaye

**Your skills.  
Your services.  
Your products.  
Your ideas.**

If you want to help people improve their lives or businesses—you must first present what you have to offer with power and ease.

**In other words, you must present...YOU!**

In this hands-on, interactive workshop, you'll learn to:

- Talk about your skills in a clear and confident way
- Use appealing stories to highlight your achievements
- Explain why your skills, services, products or ideas are invaluable and unique

No prior experience is needed for this workshop. Please wear comfortable clothes, and bring a notebook and pen.

Jezra Kaye is the President of Communicate with Power and Ease, serving leaders in business, the professions, non-profits and the arts. A noted speaker and consultant with 16 years of experience, Jezra volunteers with Develop Don't Destroy Brooklyn. She has been a Park Slope Food Coop member since 1981.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Sunday, April 22**  
12:00 p.m. at the Coop

**FREE**  
Non members Welcome

# Worm Bin Basics

with Jesse Oldham and  
Pieranna Pieroni, BBG Master Composter

As they do in the soil outside, worms indoors in a container will turn food scraps into nutrient-rich worm castings. You will learn all about vermi composting, or composting with worms, including how to make a home for these hungry red wiggler worms and how to maintain the worm bin.

Participants may purchase a voucher for a pound of redworms and a plastic worm bin, and will receive a copy of the book, *Worms Eat my Garbage*, by Mary Appelhof.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Sunday, April 29**  
12:00 p.m. at the Coop

**FREE**  
Non members Welcome

# Preparing for a Powerful Birth Experience: How a Doula can Help

With Stephanie Etienne

Are you pregnant?  
Are you thinking about getting pregnant?  
Have you considered working with a doula?  
Would you like some guiding questions to help you choose the right doula for you?

Join us to learn how a doula can support you in creating a unique, safe and peaceful environment to facilitate childbirth and early parenting. We will also discuss different birthing options including home, birthing center and hospital births.

All partners and support-persons are welcome!

Stephanie Etienne is a certified doula and co-founder of Fanm Sabia—a holistic doula practice that nurtures women's intrinsic wisdom and power. Fanm Sabia offers prenatal and postpartum home visits, birth plan consultations, 24-hour on-call labor support, prenatal yoga and prenatal fitness. Stephanie lives in Brooklyn and is a Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, May 5**  
5:00 p.m. at the Coop

**FREE**  
Non members Welcome

# What are you Drinking?

with Charmaine Johnson

Put your body in perfect balance through the use of alkaline water! We will show you how the Japanese give the body a complete colonic from head to toe using modern technology. Hear scientific facts about the dangers of tap water and bottled water. Do you know someone with cancer, diabetes, AIDS, lupus, fibromyalgia, arthritis, prostate problems, menopause, hair loss, constipation, sickle cell, asthma, high blood pressure, eczema, feet fungus, high cholesterol, allergies, acid reflux, etc.—this seminar is not an option! You must attend! People are suffering because of an overload of acid in their systems!

Charmaine Johnson is a Coop member and a Certified Holistic Health Counselor. She believes once the body is in balance, no disease can survive! She teaches a step by step method for ridding the body of acid overload.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Friday, May 11**  
7:30 p.m. at the Coop

**FREE**  
Non members Welcome

# PosiTiVeLY DOGS!

with Viviane Arzoumanian, Jolanta Benal, Misa Martin and Marion Weiner

Are you thinking of getting a dog?

Could you use some tips for working with your dog?

Are you confused by conflicting information?

Learn how positive reinforcement training can help you teach your dog good manners and improve your relationship. We'll also talk about choosing a dog, housetraining, socialization, and where to find useful resources. Bring your questions!

Viviane Arzoumanian, a Coop member, has extensive experience as a groomer and has given private lessons since 2003. Jolanta Benal, Coop member and Certified Pet Dog Trainer, gives private lessons. Misa Martin is a member of the Coop and has been a successful agility competitor since 2004. Marion Weiner, Certified Pet Dog Trainer, teaches classes and gives private lessons.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, May 12**  
7:30 p.m. at the Coop

**FREE**  
Non members Welcome

# The proposed Atlantic Yards project is not yet a "done deal"

with Adrian Gerstel and Isabel Hill

Brooklyn Matters

with Adrian Gerstel and Isabel Hill

No single event will have a more drastic and long-lasting impact on Brooklyn than the proposed Atlantic Yards development. This uncommon proposal, however, is mostly misunderstood.

Brooklyn Matters is an insightful documentary that reveals the fuller truth about the Atlantic Yards proposal and highlights how a few powerful men are circumventing community participation and planning principles to try to push their own interests forward. A discussion with the filmmaker and invited guests will follow the screening.

Adrian Gerstel is a Coop member and NY AIA member. Isabel Hill is the Producer and Director of Brooklyn Matters.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, May 12**  
11:00 a.m. at the Coop

**FREE**  
Non members Welcome

# Emotional Eating

with Mary Remington

Emotional eating is a socially stigmatized subject that many people suffer from in America and many know little about. Come explore what causes the habits of emotional eating, and open the dialogue about how to further understand and alter those habits. There will be listening, sharing, and near the end of the hour, there will be an eating meditation experience for all attendees to participate in if they so choose.

Mary Remington is a Coop member currently counseling clients who have a wide range of health/emotional/spiritual concerns. Mary uses tools such as water, nature, guided meditation, mirrors, and toning as elements within the healing experience. She will be a licensed holistic health counselor this June.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, May 12**  
2:00 p.m. at the Coop

**FREE**  
Non members Welcome

# JOY!

What is it? Where is it? How can I get it?  
It's all there; inside you!

Come and learn specialized eastern secrets to discovering what it is that may be blocking you from your own power, strength and joy. You will be taught Emotional Freedom Techniques (EFT), which show you how to reduce or eliminate your emotional blockages and past traumas. In addition, learn how to relieve your physical pain, food cravings, addictions and/or phobia. Non-religious and non-intrusive.

Carolyn Meiselbach Circles is a long-time member of the PSFC. She is an indoor environmental consultant, a health and nutrition coach and a practitioner and teacher of EFT.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

### EMPLOYMENT

PARK SLOPE DESIGN STUDIO seeking administrative assistant. Must be very organized & detail oriented. Must be able to commit long-term. Salary \$13/hr during training, \$15/hr to start. Contribution to health insurance. If interested, please e-mail Paul at: paul.isaacs@verizon.net

### MERCHANDISE

TEMPUR-PEDIC MATTRESSES, NECK pillows, comfort products & accessories. Mattress comes with a 20-year guarantee & a 3-month trial period. The ultimate in comfort & pressure relief. Truly will improve the quality of your sleep. Call Janet at Patrick Mackin Custom Furniture—a T-P dealer for 10 yrs, 718-237-2592.

THINKING of buying a water filter? Join lots of PSF Coopers who use Multi-pure for drinking/cooking/ice/tooth brushing/rinsing fruit & veg, knowing lead/mercury/giardia/cysts/dry cleaning solvents/gasoline additives/particulate matter are removed from water supply & plumbing. Ede Rothas 212-989-8277. Aqua4water@aol.com.

### MERCHANDISE-NONCOMMERCIAL

VARIOUS USED BIKES FOR SALE. Woman's ten speed, kids bike for 7-10 yrs. old. Call Laura, 917-859-9725

GENUINE SPANISH 3/4 BLACK SHEARLING, Size XL. Extra long twin size 33" innerspring mattress, excellent condition. Please no Saturday calls. 718-756-3279 or 347-276-3300.

### SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

SPRING YOUR FLOORS TO LIFE by sanding and refinishing! Floor mechanic will install, repair, refinish wooden floors. Reasonable prices. Good references. Call Tony—Cell phone: 917-658-7452.

MADISON AVENUE HAIRSTYLIST in Park Slope one block from coop-by appointment only. Please call Maggie at 718-783-2154 at a charge of \$50.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

ATTORNEY landlord/tenant, estate planning & LGBT law. Free phone consultation. Know your rights. Protect

your family. 14 yrs experience. Long-time Coop member. Personal, prompt service. Melissa Cook, Esq., 16 7th Ave, 718-638-4457, 917-363-0586. Melissacesquire@aol.com. Discount for Coop members.

COMPUTER HELP-CALL NY GEEK GIRLS. Setup & file transfer; hardware & software issues; data recovery; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. Onsite or pickup/drop off. References, reasonable rates. Longtime Coop member. 347-351-3031 or info@nygeekgirls.com.

NEED AN ELECTRICIAN CALL ART CABRERA, celebrating 35 yrs in the electrical construction industry. No job too large or small specializing in trouble shooting, 220 wiring, fans, lights, total or partial renovations. Expert in Brownstone renovations. Serving Park Slope since 1972, original coop member, P.S. resident. 718-965-0327.

ATTORNEY-EXPERIENCED Personal Injury Trial Lawyer representing injured bicyclists & other accident victims. Limited caseload to insure maximum compensation. Member of the NYSTLA & ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Longtime PSFC member. Adam D. White 212-577-9710.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

CAREER SHRINK Ray Reichenberg can help you get more control of your livelihood. Unlock from toxic work relationships. Gain insights about relationships at your present job or begin a new job search. Acquire skills necessary with certified career coach and psychotherapist "Dr. Ray" 917-627-6047.

ATTORNEY-Personal injury emphasis, 29 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 18-yr. Food Co-op member; Park Slope resident. Tom Guccione, 718-596-4184.

PARK SLOPE SAT TUTOR. I am a college English professor and I received my MFA from Columbia University. I've been teaching for over 7 years. As an SAT tutor, I assess individual strengths and weaknesses, targeting those specific areas. We all learn differently. Reasonable rates, excellent ref. 917-797-9872 or berit.anderson@gmail.com www.beritanderson.com.

YOU KNOW that box of photos? Let us let them out and get them back into your life! Album-making services and personal memory consulting in my store or your home. We carry Rag and Bone, Celine Countryman, Suze-co and Pulp products & interesting frames. Memories Out of the Box. 718-398-1519. www.memoriesoutofthebox.biz.

NEW LOOK painting company. Artist-owned and operated. Complete interior painting services. From expert wall restoration to the finest painted detail. All work is guaranteed to the customer's satisfaction, 27 years experience. Reasonable rates. Free estimates. References available.

Call Daniel at 718-832-6143 or 646-734-0899.

### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporomandibular™ joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC PHYSICIAN with over 12 years experience using natural methods to treat a wide range of conditions including allergies, digestive disorders, endocrine conditions, female problems, depression, fatigue and cardiovascular problems. Insurance reimbursable. Medicare accepted. Margie Ordene, MD 258-7882.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

ALL OF LIFE IS CHANGE. I can help you manage change so it doesn't manage you. And as a Dating Coach as well as a NYS Licensed Psychotherapist, I can also help you either find and build a satisfying relationship, or help you end one and move on. Call Charley Wininger 718-783-3222. See www.therelationshipshop.com.

PSYCHOTHERAPY for those interested in creating a fully expressed life. Therapist with more than 20 years experience integrates body, mind, emotions and spirit. Call Gail Feinstein, LCSW, LMT for consultation. 718-857-0436.

### VACATIONS

PUTNAM VALLEY, NY — Summer rentals in vibrant, multi-generational, friendly Three Arrows Cooperative, 1 1/4 hrs. from Brooklyn. Pvt lake, boating, clay tennis courts, cultural & social activities for kids & adults. 2 BR bungalows \$1900-\$2000/mo. 1 BR apt. \$1250/mo. Discounts for longer stays. Info: Roxi 718-768-5708 or joan\_zo@yahoo.com.

COTTAGES FOR RENT in charming Catskill summer community. Beautiful wooded grounds, Olympic size pool, tennis courts, basketball, baseball, lake for swimming, boating, fishing. Wonderful families with lots of kids. Wonderful family vacation, very reasonably priced. Contact Marlene Star, Mstar@ap.org 914-777-3088.

ENJOY THE BERKSHIRES! Charming historic home. Meadow mountain views. Tanglewood nearby. Large beautiful living room incl. dining area. Wood-burning fireplace. New kitchen appliances / bedroom, terrace, hiking. One week min., \$850. Two weeks, \$1500. Call Mina 212-427-2324.

FAMILY SUMMER SHARE house in Davis Park Fire Island. Three families per weekend sharing food, Saturday dinner & fun on the beach. House is three houses from the beach, has lots of deck space, dishwasher and W/D. Call Kathy, Steve & Julia. 718-636-1693.

CONTINUED ON PAGE 8

# gardenfork.tv

an internet video show  
& iTunes video podcast  
about cooking, gardening,  
and other stuff.

<http://gardenfork.tv>

### Private Tutoring

Call Melissa: (646) 932-3412

Classes for students in Grades 3-12 and adults  
**Individualized help for:** Spanish, Reading and Writing (including E.S.L.), Regents Exams (English and History), SAT, Adult Test Prep (GED, LAST, TOEFL).

**Experience:** NYS Certification, Ivy League Education, Native Spanish Speaker.

For more information, go to [www.melissarocha.net](http://www.melissarocha.net)

rev. 10/10/06-lw

### WANTED: REMARKABLE MEN & WOMEN WHO CARE

You can make a difference in someone's life by helping them get through a difficult moment, whether a broken heart, emotional crisis or traumatic experience.



Volunteer one morning or afternoon a week on Samaritans 24-hour suicide prevention hotline. Training is provided and you'll gain experience that will help you in your own life as you contribute to your community.

To apply or get more information, call (212) 673-3041.

### "ARGUABLY NEW YORK'S MOST RADICAL CENTER OF LEARNING"

— New York Times 05/06

BROOKLYN FREE SCHOOL IS THE ONLY SCHOOL IN NEW YORK CITY WHERE:



- students self-direct their own learning
- students and staff have real power to make decisions on how the school is run
- students and staff can really be themselves
- there is age mixing among all students

**BROOKLYN FREE SCHOOL**

917-715-7157 ▲ [www.brooklynfreeschool.org](http://www.brooklynfreeschool.org)

Tours of this unique K-12 independent, non-profit school take place each Thursday at 9am. Call or e-mail [contact@brooklynfreeschool.org](mailto:contact@brooklynfreeschool.org) for an appointment.

No Daytime contacts...No Glasses...  
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Correct your vision while you sleep with safe, non-surgical Paragon CRT®. Enjoy great vision 24 hours a day without the hassles of glasses or daytime contacts.

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Licensed & Insured  
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Residential & Commercial  
Packing & Supplies  
Local & Long Distance



### ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, [www.foodcoop.com](http://www.foodcoop.com). The ads are FREE.

### Answer to Puzzle on page 8

Baker's Chocolate, Egg Replacer, Cake Flour, Baking Powder, Sea Salt, Sugar, Baking Soda, Vanilla Extract, Almond Flavor, Yeast



# Welcome Spring with the Park Slope Food Coop!

## Celebrate Spring

WITH THE  
Park Slope Civic Council  
The Old Stone House and Park Slope Parents

Saturday, April 21  Earth Day

### A Special FTOP Opportunity for Members

as the Park Slope Food Coop again joins in Partnership with  
the Park Slope Civic Council for their Semi-Annual Neighborhood “Sweep”

- To sign up for FTOP work credit, call the Coop during office hours.
- Coop shifts are 10:00 am –12:00 pm, 11:00 am–1:00 pm & 12:00–2:00 pm
- Meet at JJ Byrne Park, Fifth Avenue and Third Street
- Cancelations will NOT be accepted after 5:00 p.m. Friday, April 20

And when the work is done, join the party:

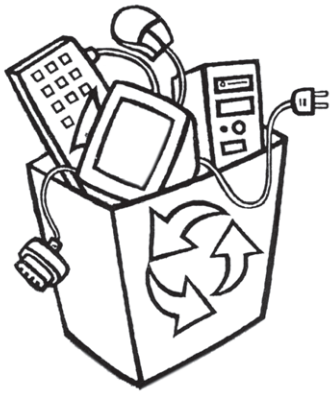
### Spring Fling

a festival of fun family activities in JJ Byrne Park, 11:00 am–3:00 pm  
for arts & crafts, music & singing, seed planting. Laugh, play, be silly.

As part of the Spring Fling...

### Park Slope Computer & Electronics Recycling Day

Saturday, April 21st • 10:00 am–3:00 pm  
JJ Byrne Park, Fifth Avenue at Fourth Street



#### What Can Be Recycled?

Computers • Laptops  
Monitors • Printers • Cables  
Fax Machines • PDAs • Radios  
Adapters • Cell Phones  
Calculators • Copiers

#### Why should you recycle your old equipment?

The National Safety Council estimates that 63 MILLION personal computers in the US became obsolete in 2005. Computers and other electronics contain hazardous substances that can get into ground water—CRT screens alone contain up to EIGHT POUNDS of lead! These electronics will be headed to dumps in the next few years, many of them overseas, unless we recycle.

#### Where Will My Stuff Go?

To Per Scholas, a nonprofit in the South Bronx dedicated to bridging the digital divide for low-income families. Its three primary goals are :

- Bring affordable technology to disadvantaged children and families
- Train underemployed and unemployed adults to become A+ Certified computers technicians
- Provide environmentaqlly responsible recycle of end-of-life computer equipment

Sponsored by: RecycleThis! And the Park Slope Civic Council  
[www.recyclebrooklyn.com](http://www.recyclebrooklyn.com)

The Park Slope Food Coop  
Fun'Raising Committee Presents



Saturday, April 21st  
Show begins at 7:30pm

Old First Church  
7th Avenue and Carroll Street, second floor.  
Enter on Carroll Street,  
\$8.00 adults admission \$5.00/children

For your listening, dancing, visual and palate pleasures:  
The Rob Garcia Band  
Arts & Crafts • Wine, Beer and Coop Goodies

Round tables for family and friends  
Listen and/or Dance...Your Choice  
Great music in a room surrounded by art.