GAZETTE

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April 2007 General Meeting

By Diane Aronson

ttended by more than 100 members, the Park Slope Food Coop's April 2007 General Meeting, ably chaired by Imani O'Ryn and held in the Congregation Beth Elohim Ballroom on Garfield Place, voted to elect two members to the Hearing Officer Committee and to okay expansion plans for the Coop entrance and exit area. By its vote, the GM approved a \$300,000+ budget for the entrance/exit construction.

Open Forum

Before considering the evening's agenda items, though, the GM started with the open forum, an opportunity for members to make brief announcements or ask questions. Susan Metz spoke glowingly about a Good Coffee-

mended that members consult with their
 mended that members consult with their
 squad leaders about this option.
 Jason Platt Zolov queried if the Park Slope
 D'Agostino store closing offered an opportunity
 for the Coop to acquire a bigger property,
 although the Bank of America had already
 shown interest in the Seventh Avenue store front. Joe Holtz characterized Platt Zolov's

shown interest in the Seventh Avenue storefront. Joe Holtz characterized Platt Zolov's query as a topic best pursued as a GM discussion agenda item.

Holtz thought that a good future GM discussion topic could be about the Coop's possi-

pointed out that if a member was particularly

interested in attending a GM but had to miss a

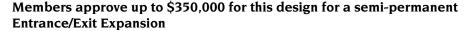
workslot to do so, the member would receive

GM attendance credit, which could be put

toward the missed workshift. Robinson recom-

house and a band performance she attended in April, and Metz wondered out loud, what could the Coop do to support a "tremendous community of artists" and "how are we going to make cultural events help us bring our community together?"

Pamela Nicholson, an FTOP worker once worked the Tuesday 6-8:45



p.m. squad, and used the timing of the squad to illustrate a point. Nicholson observed that based on the General Meeting calendar, these D-week workers can't attend GMs because their workshifts often fall on a GM night. Nicholson wanted to know whether the general coordinators had addressed this scheduling conflict. The GM Chair called on General Coordinator Joe Holtz to comment. He noted that the May 29, 2007 GM would not fall in a D work week. Holtz observed, "Every five or six years, Ithe GMI switches to another week." ble options. According to Holtz, "should we have a branch; should we sell the buildings we're in and move to a different building? What's out there? Should we form a committee? All those kinds of things are very interesting discussions, and it's always a good thing to talk about." Stana Weisburd, formerly of the Chair Committee at the time when the Coop considered its options prior to expansion at the Union Street location, commented on past discussions about a satellite branch, and she observed. "It was deemed to be financially

The Organic Chimera: When Big Agribusiness Goes Organic, Who Wins?

By Katie Benner

ike many Park Slope Food Coop shoppers, ∎business journalist Sam Fromartz has watched the organic food movement transform from a counterculture movement that rejected agribusiness to a niche market swallowed by the very companies it once stood in defiance of. From Stonyfield Farms yogurt to Silk soymilk, Boca Burgers to Kashi cereal, nearly every prepackaged food labeled "organic" is likely filling the coffers of companies like Dannon, Kellogg's, Dean Foods and Kraft. As consumers became more interested in alternatives to mainstream, industrial food production, sales of organic foods exploded and made these innovative products for big businesses looking to improve flatlining sales of conventional foods. Nothing exemplifies the co-opting of the movement like organic food for sale at Wal-Mart, Target, Kroger and Safewayand nothing like Whole Foods whose stock price (though now \$39.16 per share, once hit a high of \$65 per share) exemplifies how big business can successfully manipulate the language and tone of the movement to create outsized profits.

In Organic Inc., Fromartz takes a look at how organic

food transformed into a multibillion dollar business and the ensuing identity crisis that is now creating problems for the USDA, for organic farmers, and for consumers who must come to terms with the fact that they can still support big business and drive small farms out of business even when they buy organic.

His book, now available in paperback, is a thoughtful account of how we went from heirloom tomato to organic Heinz ketchup. The Brooklyn native who now lives in Washington D.C. also runs a blog, www.chewswise.com, that looks at the changing face of food choices. He sat down with the Linewaiter's Gazette to talk about the rise of industrial organic and whether this new era in organic food can change traditional agribusiness.

Park Slope Food Coop: When Wal-Mart started to sell organic foods, that concerned some people at the Coop, as if something pure had been tainted. But it was a watershed moment. Some people had been very worried about how mainstream the movement had become even before then. What's your view?

Sam Fromartz (SF): That makes sense, given the fact continued on page 6



Nicholson followed up with a query about whether something could be published to remind workers about which work week future GMs fall in. Members who surf to the Park Slope Food Coop's Web site at www.foodcoop.com can view the ABCD work schedule for all of 2007. The schedule can be found under member information. GM schedules are published in the Linewaiters' Gazette.

General Coordinator Jessica Robinson

unfeasible at that time."

Rose Freilich queried for a clarification in GM attendance and workslot credit policy. Jessica Robinson spoke for the general coordinators and said that a future GM agenda item would codify some revisions to GM attendance and workslot obligations, but she observed that, currently if you don't owe any make-ups as of the night of GM, then you receive an

CONTINUED ON PAGE 2

Next General Meeting on May 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, May 29 at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

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Coop Event Highlights

Fri,	Jun	1	• Fil	m	Nig	;ht:	7:(00	pm,	Commune	
-	_	-	_		_		-		_	• • •	

- Sat, Jun 2 Fair Trade Action Committee: 7:30 pm Sell Fair Trade Products at Your Child's School
- Thu, Jun 7 Food Class: 7:30 pm, Wild Fermentation
- Fri, Jun 15 The Good Coffeehouse: 8:00 pm, with Viva, Howlin' Vic and Legacy
- Sat, Jun 23 Pocketbook, Purse and Bag Exchange: 10:00 am

Look for additional information about these and other events in this issue.

April 2007 General Meeting

CONTINUED FROM PAGE I

FTOP credit. If you owe a make-up, then you receive a make-up credit for attending. Each member may attend



General Coordinator Jess Robinson discusses GM attendance credit.

two GMs annually to receive workslot credit; one GM equals one workslot credit.

Coordinators' Reports

The April GM moved on to the coordinators' reports, and the GM Chair called on General Coordinator, Mike Eakin, to give the financial report. As background, Eakin observed that the PSFC's fiscal year ends on the "Sunday closest to the last day of January, which is a fairly common retail fiscal year. At this point we are only eight weeks into our new [fiscal] year." Eakin cautioned that 2006 figures were subject to finalization after the auditor's review was complete. Eakin characterized the auditor's progress as "expeditious," noting that this was the auditor's second year with the Coop, with much learned during the auditor's first year.

March 25th, eight weeks into fiscal 2007, the PSFC's gross margin is 17.41%; for a similar period in 2006, it was 17.72%. According to Eakin, ing to cut these down." Expenses for eight weeks into 2007 stand at \$777,107, as detailed in the preliminary financial statement Eakin presented at the April GM, compared with \$678,067 during the comparable eightweek period in 2006. Later in his presentation, Eakin would peg personnel costs as the big-ticket item in Coop expenses. Out of the 17 cents the Coop keeps for a dollar sold, about 13 cents goes toward personnel expenses.

Costs are also up due to the need to build a new computer server closet; the old one had to be relocated and expanded because of computer equipment overheating. The Coop's security vendor charged \$22,000 to relocate dozens and dozens of security feeds.

Under maintenance costs, the Coop has invested \$10,000 to improve the building's drainage systems to cut the risk of flooding in the building during heavy rains, which has happened during the last several years.

The good news is the decline of our total interest expense from 2006 to 2007 for the first eight weeks of the fiscal year: a decrease in 2007 to \$25,509 from \$31,148 in 2006. The drop is due to repaying quite a bit of loans and mortgage.

Relaunched Product Blog...and Almonds

Janet Schumacher gave the other coordinator's report. She began by highlighting the re-launch of the product blog, which can be accessed through a link from the Coop's home Web site address.

Schumacher talked next about a change in the law that will put an end to raw



GMO Vetting...8,000 Labels To Go

After the Coordinators' Reports came the Committee Reports, with one committee reporting: the GMO Shelf Labeling Committee, represented by Stana Weisburd and Greg Todd. According to Todd, the committee is in its third month of attempting to identify GMO substances in our food. "We are attempting to read every label of every product-about 8,000 products over the course of the next year. Specifically, we are looking for ingredients that are soy, corn, canola, possibly milk, milk-related products. Those are the primary GMO products in the country. Approximately 7 percent of our soy, 40 or 50 percent of our corn, and probably half of the canola is genetically modified." Todd said the committee will compile a list and also attempt to integrate GMO information into a product's shelf label. Todd reminded the April GM that the committee's plan had been OK'd by an earlier GM.

Two Hearing Officer Committee Members Voted In

After taking a couple of members' questions, the GMO Committee wrapped up its report, and the GM moved on to consideration of agenda item one, an election to fill two open slots in the Hearing Officer Committee; this committee is part of the PSFC member disciplinary mechanism voted into place by an earlier GM.

The Entrance and Exit Circulation Group worked together for about a year to develop the coop front-end expansion plan.

According to Wendy Ferguson, who presented the agenda item on behalf of the Hearing Officer Committee, the "main role of this committee is to come up with consequences after there has been a disciplinary hearing, and consequences can range from mutual apologies right up to expulsion from the Coop for things like stealing." Before the April GM, the Hearing Officer Committee had four members. At least five members, with a maximum head count of eight, are needed for a committee to be functional.

something of value to the Coop."

Marian Hertz works as an attorney for CNA, an insurance industry firm. Her legal experience also includes roles as an NASD arbitrator and a mediator for the New York State Supreme Court. Hertz thought that serving on the Hearing Officer Committee would be a "way to use my legal background and training as an advocate and a mediator to help enforce rules in a positive way."

Rethinking the Entrance/Exit Setup

Agenda item two was "to authorize the General Coordinators and the Entrance and Exit Circulation Group to spend up to \$325,000 to extend the Entrance and Exit Areas onto the sidewalk. The agenda item also noted that the entrance/exit area expansion was presented as an agenda discussion item at the May 2006 GM.

The expansion plan was presented at the April 2007 GM by the Entrance and Exit group, joined by General Coordinator Joe Holtz. Holtz



Sylvia Harris presents for the Entrance and Exit Circulation Group.

the Coop, interviews, and surveys, the Entrance and Exit Circulation Group, which includes architects, a construction manager, an environmental psychologist and a transportation engineer, made several recommendations to the general coordinators.

Among the suggestions were: fewer tasks for entrance and exit members; posting two entrance and exit workers; training entrance and exit members to face both in-





Members participate at the April General Meeting. made an oral amendment to and out-going Coop mem-

The GMO Shelf Labeling Committee speaks

our gross margin, "compares with a typical large coop, which has a gross margin of about 38%." Eakin fine-tuned the comparison by observing, "We keep 17 cents out of every dollar [of sales]; the typical large coop keeps 38 cents."

Mike Eakin did stress that expenses are "quite a bit higher than they were a year ago. We're a little concerned about that, and we'll be workalmonds supplied from California for consumption in the U.S. Later in 2007, pasteurization of almonds grown in California will become mandatory for any that are shipped to locations in the U.S. The stated goal is reducing the risk of Salmonella bacteria. Schumacher characterized some of the possible pasteurization methods as chemical or irradiation.

The Candidates' Backgrounds

The candidates, Gerald Sun and Marian Hertz, spoke briefly. Sun has been a member since 2001 and is a retired attorney. His legal experience includes administrative proceedings at the Federal Communications Commission and work in contracts and intellectual property. He was on staff at CBS and Sony. As a member of the committee, Sun felt that he could "bring the proposed plan's budget, upping the amount by \$25,000 to \$350,000. Several group members presented the plan, and they were joined by James Cleary, the architect hired by the PSFC.

Presenter Sylvia Harris, a member of the Entrance and Exit Circulation Group posed the group's challenge of creating a design that would address several shoppingfloor parameters. First was making the Coop exit experience less like a "gauntlet" and more pleasurable. A larger goal was "an improvement of the passage in and out of the Coop," with a positive impact on Coop membership satisfaction, including member retention.

After much observation in

bers; and to allow no entrance to the Coop through the exit area. Several suggestions have already been put into effect.

Sylvia Harris stressed there were still several Coopshopping flow problems to solve, including the zig-zag route members must follow as they work through checkout, return their shopping carts and then make another trip across the shopping floor to get in line to pay for their groceries.

Harris also touched on the poorly defined boundary between the Coop's members-only space and where the general public can gain access.

To address the security and the checkout- and

cashier-area congestion problems, the Entrance and Exit Circulation Group concluded that the Coop's entrance and exit area should be larger. According to Harris's presentation at the April GM, the group spent several months trying to achieve more entrance and exit room and better security without expanding the Coop's space, but without success — that's when they hired architect Cleary.

Extension on the way?

The Entrance and Exit Cir-

Cleary described the extension itself to be made of "as much glass as we can get. We want to bring light into the Coop. We want to create visual connections, so you can see things happening outside; you can see when the car service you have called has pulled up."

According to Cleary, lockers will be kept with the expansion, and the number increased "by about 20 percent. The expansion would also allow for one extra regular checkout and one additional express checkout,

Park Stope Market

Should the Coop consider this five-building-wide former D'Agostino property?

culation Group and James Cleary worked together for about a year to develop the Coop front-end expansion plan presented at the April GM. The plan Cleary shared at the meeting featured an extension at the entrance running approximately thirty feet across the width of the Coop's current building. In Cleary's words, this extension would be "analogous to a new front stoop that you would have on the front of a brownstone." Indeed, Cleary would later observe that the eightfoot-deep Coop expansion without cutting down on the dimensions of the current checkout stations.

Steps For Approval

After James Cleary finished his presentation, Sylvia Harris detailed what community and city approval would be needed before the entrance/exit area changes could go forward. The plans would need to be green lighted by Community Board 6, the Department of Transportation, the Arts Commission, and the Buildings Department. After these



tions, eliminating a stop at the cashier. A one-stop checkout will mean more members moving on to the Coop exit area simultaneously, with inevitable backups.

A series of questions highlighted the fact that the revamped front end would mean three cashiers, rather than our current four. Joe Holtz commented, "Right now, we're a twenty-sevenmillion [in sales] Coop a year, and it all goes through four cashiers. We expect, postdebit cards, only half the people are going to pay at the cash register. When we do finally take debit cards, you will be able to end your transaction at the checkout, and you won't have to proceed to the cashier, and therefore we need fewer cashiers."

The GM Speaks and Votes

Emmeline Chang and a couple of other members queried how the carts would be returned if the no-enterthrough-exit-door rule was strictly enforced. Sylvia Harris detailed the proposed entrance as wider than what's in place now, and she commented, "So what we're hoping is to establish a policy in which all the carts come in through the entrance," including those being returned.

Another member queried where the money would come from and what the renovation schedule would be. Joe Holtz spoke for the general coordinators. He noted that the current financial report presented by Mike Eakin earlier in the meeting showed that the Coop had more than a million dollars of cash, and money for the renovation of the Coop's front would come out of those funds. Holtz felt this investment in upgrading the Coop would "pay for itself. History tells us that, even if it is a modest amount, membership increases due to an improvement." As part of his answer, he did acknowledge that membership is very slightly below last year's figure, but he felt that a more appealing Coop would help us to maximize the sales we hope to garner from our current membership. The project's payback period would be, Holtz thought, five to seven years. James Cleary gave a ballpark construction schedule as "six months, plus or minus." Cleary pointed to the necessity of keeping the Coop up and running as a major factor in the renovation. Any construction will need to take place in stages. The front end renovation would not start, however, until the debit card program is up and running. Michael Scudder asked if enhanced bicycle security was part of the renovation plan. In response, Steve Faust observed, "As probably the resident bicycle freak, I'll say that of all the elements of the process, this is the one

PSFC MONTH GENERAL MEETING Tuesday, May 29, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Pl. at 8th Ave.

Agenda:

Item #1 Proposal: The record date for voting eligibility of members at Annual Meetings and other meetings of the membership shall be 10 days prior to the meeting date. (15 minutes)

"The Coop is incorporated under the Cooperative Corporation Law, which does not address this topic. For topics not addressed in the Cooperative Corporations Law, we are required to consult the Not-For-Profit Corporation Law (NPCL). In the past, we have had an Annual Meeting voting eligibility date of 2 days before the Annual Meeting. It has come to our attention that this provision is in fact not allowed under the law. The NPCL states that the date, known as the "record date" must be not more than fifty nor less than ten days before the meeting. Thus, this proposal. Please note that the reference in the proposal to "meetings of the membership" has nothing to do with General Meetings."

—submitted by the General Coordinators

Item #2 Proposal: To approve all details of the Coop's General Meeting for Workslot Credit policy. The current rules have been used provisionally since January 2006. (45 minutes)

"At the January 2006 GM, two important aspects of the Coop's long-standing GM-for-workslot-credit policy were changed in a way that has greatly increased GM attendance. All other aspects of the Coop's long-standing policy (about 8 or 10) were not addressed at the January GM. The Office Coordinators made provisional modifications to the rest of the policy, and reported those at the March 2006 GM with a promise to return with a proposal in approximately a year. Thus, the entire policy (available in the Membership Office) that has been in place provisionally since March 2006 is submitted for a vote." —submitted by the General Coordinators

Item #3: Revising Retirement Age Down For those 75 yrs + and good work record (30 minutes)

Discussion: "I, Barbara Drake, am 70-1/2 yrs old and drive from Staten Island to do my shift and shop. I've been a responsible member since 1978. I believe my attendance is good! I'm rarely absent! There are days (I still work a part-time job) when I'm tired and/or the weather and the drive in is a bit taxing, when I wish I did not have to work. I think 75 to retire is a bit much—I couldn't believe this when told—and asked myself why? I request I be allowed to retire without penalty of make-ups, etc." *—submitted by Barbara Drake*

Could this D'Agostino mural depict the Coop's produce?

matches the average depth of the brownstone stoops sharing the block with the Coop.

A new service desk on the shopping floor will help cut down on entrance desk bottlenecking by taking over some entrance and exit functions. Peopled by two members, the service desk would take care of such tasks as returns, parking sticker validation, visitor sign-ins and answering nonmembers' questions about the Coop.

People will still be able to go upstairs to the office without going through the entrance desk, though. approvals, the Entrance and Exit Circulation Group would return to the GM "in case anything changes along the way," according to Harris.

Renovation Plans Linked To Debit Cards

Harris tied the redesign of the entrance/exit area to the introduction of debit cards at the Coop. As Harris commented, "Debit cards are coming; I've seen the equipment."

Once debit cards arrive, shoppers who use them will be able to pay for their groceries at the checkout sta-

Future Agenda Information:

For information on how to place an Item on the Agenda, please see the center pages of the Linewaiters' *Gazette*.

The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

failure. Bikes are of a peculiar size and shape. Personally, I'm extremely disappointed that I could not figure out how to squeeze [them] in." Faust hoped there would be an opportunity to work in more bike racks in front of the Coop.

Discussion gradually wound down, and the April GM voted on the proposal to authorize the \$350,000 renovation budget. The GM voted 95 in favor of the proposal, with one opposed and five abstaining.

The meeting finished with the presentation of the February 2007 GM minutes by Coop Secretary Elizabeth Tobier, and the minutes were OK'd without changes. The Coop's board of directors voted unanimously to accept the actions of the Park Slope Food Coop's April 2007 General Meeting.

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

Two full three-year terms and one one-year term are open.

To vote you may use a proxy or be present at the Park Slope Food Coop Annual Meeting, June 26, 2007.

Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

David Meltzer



I have been a Coop member for fourteen years. I was a Squad leader for seven years and am currently a "cartslinger." I am running for the Coop Board as I believe that changes need to be made. Among the changes that I would like to institute are the following:

1. General Meeting: I propose abandoning the anachronistic and outmoded system of voting at the General Meeting. Voting should be accessible to all members, not just those who can spend a Wednesday night at the General Meeting. Several issues ago, the Linewaiters' Gazette boasted that "nearly 100 people" attended the meeting. Assuming a 50-49 split in a vote, 50 people can determine the course for a Coop of 14,000 members. The General Meeting allows for easy stacking, whereby interested parties can pack the meeting with their friends, for the benefit of their pet issue. This is not democracy.

I propose that voting be done by all members on issues that concern us. The General Meeting will serve as an avenue of discussion, and may vote on time sensitive or emergency issues. Any vote taken at the General Meeting would need to be approved by a vote of all members. Voting should be available on line and at the Coop itself. Coop members would oversee the voting as workslot credit.

Finally, I will not merely provide "rubber stamp" approval of any General Meeting vote where the meeting has been packed, where the vote was not in the interests of a majority of the cooperators, or where the members in general should receive a vote.

2. Squad Rights and Attendance. It is my belief that the individual squad leaders have a better grip on what makes their squad work than the paid coordinators. I propose allowing the squad leaders the opportunity to experiment with the attendance requirements. Should a squad leader wish to allow the squad membership one sick/vacation day per yearly cycle, let their squad try. This will lead to greater morale among members, as sickness, family events or plain exhaustion after a tough day would not lead to make-ups or suspensions.

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Bill Penner



I am writing to ask for your support to continue as one of the six members of the Board of Directors of the Coop. My candidacy has been endorsed by the Coop's General Coordinators.

I have been a member of the Coop for almost seven years and I have served on

both the receiving committee and the CHiPS soup kitchen committee preparing meals with food donated by the Coop and others. In my life outside the Coop, I am a 44 year old architect with my own architectural firm which I started five years ago in Brooklyn. Prior to receiving my degree in architecture, I apprenticed as a chef and cooked professionally for 6 years. The Coop is an important part of my life, it is a place were I connect with my passion for food and realize the significance of food and food production in our society as a cultural, environmental, and economic force of incredible importance.

The Board of Directors meet every month in public at our General Meeting. Every member can vote on proposals that are brought before the General Meeting. Because the Coop is a corporation, it is also required to have a board of directors. At the end of each General Meeting, the PSFC Board votes on taking the advice of the membership. This is how the Coop combines its corporate structure with its town hall style of democracy. As a member of the Board, I see my role as one of oversight rather than one of advocacy. I focus on maintaining a thorough knowledge of open issues and concerns of the membership by attending General Meetings, reading the Gazette, and staying in contact with General Coordinators. I make a particular effort familiarizing myself with the monthly financial statement, and I believe being well informed of the financial condition of the Coop is one of my biggest responsibilities as a board member.

The Coop's continued financial stability maintains our low prices which enables many people to benefit from the beauty of good food while supporting the Coop community and values. The amount of money that members save shopping at the Coop is substan-CONTINUED ON NEXT PAGE

Albert Solomon



To our loyal and steadfast supporters over the years, Thank You! You know why you are there, we know why we are here, and we know what we are doing. What good is another boring and

irrelevant candidate statement? To those who don't know who or what the campaign for Co-Op Democracy is, please read our letters over the last few years, or talk to us in the street or on the shopping floor or address us at hobces@yahoo.com or 718-768-9079. With best wishes and hope for the future, and in solidarity with the Co-Op we are:

Nom de Guerre Albert B. Solomon PACVID1.COM Scribe to the World (Technical/Medical Transcriber, Photographer, Collector) Entertainer (Singer, Comedian, Whistler, Instrumentalist) World Evangelist for Homeopathy Singin' Candidate for the 2007 WBAI Local Station Board Enfant Terrible of the Park Slope Food Co-Op HOBCES (at) YAHOO.COM 718-768-9079 WBAI.net

LISTENERFORUMS.net

Elizabeth Tobier



To my fellow Coop members,

Greetings...I am interested in your votes to reelect me to our Coop's Board of Directors, where I have been serving for 4 vears

John Urda



I am running for re-election to the board with the endorsement of the General Coordinators and would appreciate yours as well. Since I joined the board six years ago, the Coop has seen some serious changes—and although our growth has begun to slacken, the challenges are not going away. One of the biggest challenges will be making sure that the Coop remains the Coop while we continue to manage the recent growth and deal with changes that are an inevitable part of being a big business. For a board member, the key issue is his or her view of the board's role. I believe that the main function of the board is simply to ensure that the decisions of the general meeting do not violate the law or sound business judgmentit is not a pulpit for board members to impose their views on the Coop. As a board member, I will respect the will of the membership by voting to approve their decisions, so long as they are legal and will not undermine the Coop's business—and for the past six years as board member and president, that is exactly what I have done. That being said, board members should also serve as a resource for the membership and the General Coordinators. They attend the monthly meetings and should therefore have a wide knowledge of Coop issues. Board members must not only defend the Coop's way of doing business and the principles expressed in the mission statement, but also speak to the issues that arise in the meetings with an informed, sensitive voice. This is the best store in the world—actually, it's more than a store—and it got that way because of a great governance system that allows regular Coop members to run the show. It should stay that way. Thank you.

After joining the Coop in 1990, I enjoyed years of carrying out various work shifts such as cashier, receiving worker, office worker, maintenance worker and inventory counter. I finally attended a General Meeting in 1999 and have attended most of the meetings since then. Since 2002, as the elected Coop Secretary, I have been recording the

meeting minutes.

The main reason I am interested in continuing on the Board is that I agree with the Coop's method of governance, which is to hold open meetings—and only open meetings. We do not allow executive sessions where non-Board members are not permitted to attend. I agree that our Coop runs best when the Board listens to and concurs with the decisions of the members as expressed by the General Meeting vote results.

Even though the General Meetings can be a little tedious, I encourage everyone to attend one on occasion, as they are an essential side of our cooperative.

My profession is office manager/bookkeeper and my main interests are animal and environmental protection and the work of water researcher Masaru Emoto.

The Coop's General Coordinators have endorsed my candidacy.

Please contact me with any questions about the Board or the Coop's meetings.

Sincerely, Elizabeth Tobier vegetarianplanet@yahoo.com 212-659-3921



David Meltzer

During the past several years, I have often felt as if the Paid Coordinators believed that they were the bosses, and that we squad members were their employees. Squad members had to stock items according to the drum beat of the Coordinators. I believe that the Coordinators should consult with the Squad Leader to determine how best to use the allotted work shift time.

3. Member Emeritus. The paid coordinators have retirement options, how about the rest of us? I believe that if you have been a member of the Coop for 15 years, and have attained the age of 55, you should be exempt from a workslot. This is not a mandatory requirement, and I would hope that many members keep working in the spirit of cooperation.

4. Disciplinary Proceedings: Did you know that there are now three disciplinary committees? Did you know that only members of one disciplinary committee can vote on charges brought by another disciplinary committee? This process is burdensome, expensive and unfair. I propose a panel of mediators be available for any disputes between individual members or between individual members and the paid coordinators. Mediators would receive workslot credit for their valuable services. Mediation should be mandatory prior to any disciplinary proceeding. In the event that the Mediation did not reach a successful agreement between the parties, the findings and/or recommendations of the mediator should be provided to all members of the voting disciplinary committee.

5. Cartwalkers: It is time to end any debate on the

usefulness of this service. As a cartwalker, I have provided a valuable service to both people who drive and people who walk. I also believe that cart walkers provided extra security for the shoppers walking home or to the subway station. I believe that this service should be expanded to allow to shopping and deliveries to be provided for any Coop member who is infirm, and otherwise unable to make it to the Coop.

Summary: The Park Slope Food Coop is one of the institutions that make Brooklyn special. No store has better produce, or a greater variety of wholesome and fairly priced food. However, I believe that the membership deserves more compassionate and innovative leadership. It is time to address the issues that I have stressed above. I want to be a voice for all Coop members. Change is good.

Bill Penner

tial, in fact it is in the millions of dollars each year. This savings is true power for people of all economic backgrounds and allows members to make healthy decisions for themselves and their families while supporting the environmental and the social mission of the Coop.

I have been honored to have had the opportunity to serve the Coop as a member of Board of Directors for the last year. The late President of the Board, Israel Fishman used to say that the Coop saved his life—the different view points and different people all working together for a common purpose gave him the perspective and patience to see beyond himself towards what was really important. I am reminded of this cherished thought each time I attend a meeting and when I shop.

Cooperatively yours, Bill Penner ■

JUNE ANNUAL MEETING & GENERAL MEETING FOR TUESDAY, JUNE 26, 7:00 P.M.

ANNUAL MEETING AGENDA:

Item #1: Presentation of the audited financial report for the year ended January 28, 2007

Members will have the opportunity to question our outside auditor, Cornick, Garber & Sandler, following the presentation. Members will then vote whether to acccept the audited statement.

Item #2: Board of Directors Election

Election: There are two openings for full three-year terms and one opening for a one-year term.

GENERAL MEETING AGENDA:

The agenda of the General Meeting has two standard items.

Item #1: Renewing the Services of the Auditor

Proposal: "To retain the services of Cornick, Garber & Sandler, to perform an audit of the Coop for the fiscal year ending: 2/3/08." — submitted by the General Coordinators

Location: Congregation Beth Elohim (Garfield Temple) 274 Garfield Place at Eighth Ave.

Item #2: Election of Officers of the Park Slope Food Coop

Election: Following the election of members to the Board of Directors at the Annual Meeting, we must elect officers of the corporation at the General Meeting—president, vice president, secretary and treasurer.

[PSFC Bylaws: "Article IV, Officers: §2. Officers shall be elected by the Board of Directors of the corporation at the meeting held in the month of June. §3. The President and Vice-President shall be, at the time of election, directors of the corporation."]

BOARD OF DIRECTORS ELECTION

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decisionmaking body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

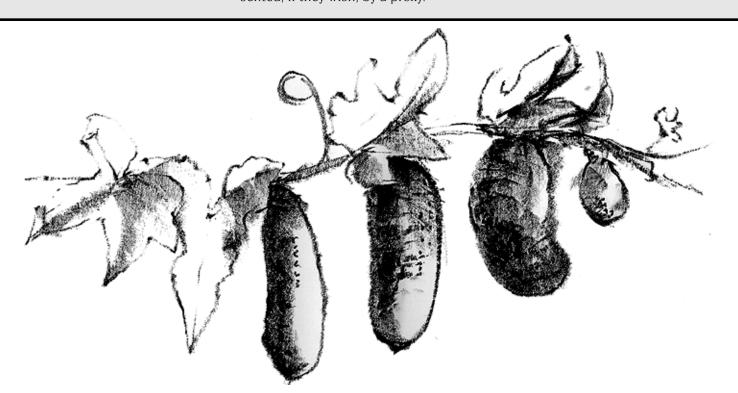
The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy. If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 16, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the office or pick one up at the entrance door of the Coop.





The Organic Chimera

CONTINUED FROM PAGE 1

that the cooperative movement was founded in large part as a rejection of corporate America and a lot of people still want organic food to have that [political] tone. It's why we have controversy over brands like Horizon organic milk. If you think that big business is bad, then there's nothing to talk about that would make a 4,000-cow dairy farm okay. But of course this situation is now complicated by the fact that about 4,000 small farms now supply Horizon as well.

A lot of people want organic to mean small farms and locally grown, but it's now a label under the USDA that refers only to the method by which a product is produced. Farms have to be run in a certain way and products produced in a certain way, but nowhere does it say that the farm can only be 200 acres or only sell its products only within 200 miles of its market or that it can't hire farm workers. It sets a floor.

What also has to be understood is that this is not a ceiling. It shouldn't be the best that we can expect.

PSFC: You're good at teasing out the fact that there is little black and white in the movement, and that purists are going to have a hard time filling their shopping carts year round.

SF: Exactly. Is the Food Coop willing to have nothing but beets, rutabagas, potatoes, carrots and greenhouse greens in the winter? Would customers be happy with that? Is it better to eat an organic food even if you're supporting Kraft?

People can shop anywhere and they shop at a food coop for reasons like price, community and access to certain types of foods. One thing about organic that became clear to me is that it represents the desire for an alternative, and it's still an alternative to industrial food production, meaning production at the lowest cost without regard to the after effects of that production process.

But is it still a radical alternative or is it just dressing up to seem like an alternative? The big corporations are very savvy about this, which is why Kellogg's doesn't have its name on your box of Kashi and Kraft's name isn't on your Boca Burgers. That would be too confusing a message for consumers.

PSFC: So what was gained as organic food production looks more and more like big agribusiness?

SF: Companies like Whole Foods and United Natural Foods, which supplies a lot of coops and local buying clubs, became huge because they were very good at what they did. It was the natural result of the market. They provided a product people wanted and they got larger as a result. As with any business, certain benefits accrue as companies get bigger, like lower distribution costs or more efficient operations. I don't have a problem with more efficient distribution if it means shipping a thousand cases of a product in a truck that's full rather than shipping five cases in a nearly empty truck. And now these products, which are arguably healthier, are available to more people, which is also good.

PSFC: And what was lost? SF: Its identity as an alter-

native has been somewhat hurt. And there is now this misperception that only wealthy people are buying organic food. Whole Foods is expensive, but it's only about 15% of all organic food sales. Consumer behavior reports have shown that income is not a good determinant in whether someone is likely to buy organic food.

PSFC: It seems that big business has embraced organic food, but historically organic foods have been dropped as quickly once health crises or fads fade away. Why do you think we're seeing a more permanent shift in the way people eat?

SF: If you look at the jump in organic pet food sales after this recent pet food scare, I have no doubt that some of those sales will drop off. But overall, organic sales are growing dramatically and that means that large companies will buy up small innovative companies. They want that growth. And that will make organic food part of the mainstream and make it less likely that it will be tossed aside. Plus, it's not a diet or a fad, like Atkins and South Beach. That's another reason it succeeds.

"A lot of people want organic to mean small farms and locally grown..."

PSFC: I had a Newman's Own candy bar today.

SF: Exactly! Diets are hard to follow but you can have steak, mashed potatoes and chocolate cake and have it be all organic.

PSFC: Don't forget the organic butter. And you still get to feel like you're making a somehow better food choice than if you had a salad made up of vegetables that

were grown with pesticides. SF: People can make the choice to buy whatever products they want.

PSFC: Do you think that organic food production has the power to change agribusiness as much as agribusiness and the benefits of that model have changed organic food?

SF: Growing produce and slaughtering livestock are two different issues. Changes

FREE

have happened in the livestock business, especially when it comes to the way we slaughter animals. But I don't think there will be a dramatic change unless there are more videos of these animals or unless there is also a way to find an alternative steak that doesn't cost \$25 a pound.

There are also changes happening around conventionally grown produce, but the major reason is because cities and suburbs are expanding. Residents don't want to live near farms that are doing aerial spraying on fields, so there has been a huge backlash against pesticide use thanks to the encroachment of suburbs.

But if you ask the people who sold out their organic brands to the big companies. the answer would probably be yes, we can change agribusiness. They would say they didn't sell out, but that big business bought in and that they're educating companies like Dean Foods and Dannon. But I still believe that if the brand stopped performing, the big company would cut it in a minute. We shouldn't have any illusions that big business is buying organic brands for any reason other than growth.



Saturday, June 2 Thursday, 4:30 p.m. at the Coop Non members Welcome Jun. 7 7:30 p.m. at the Coop Susan Baldassano coordinator PARK SLOPE FOOD COOP

Coop Parents: Interested in selling Fair Trade products as

wiid Fermentation

Live-culture fermented foods are important elements of culinary traditions all around the world. Learn about the nutritional and health-supporting qualities of these foods, and see how simple it can be to ferment food yourself at home.

MENU In this class, Chef Sandor will be making kimchi, a spicy pickled cabbage that is the national dish of Korea.

\$4 materials fee Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Sandor Ellix Katz is a fermentation revivalist, activist, and author, who travels widely teaching and sharing fermentation skills. His books are Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture Foods and The **Revolution Will Not Be** Microwaved: Inside America's Underground Food Movements. For more information visit www. wildfermentation.com.

MFMBFRS & NON-MEMBERS WELCOME.

Come early to ensure a seat.

your next school fundraiser?

Come to a presentation and discussion with the

Park Slope Food Coop Fair Trade Action Committee

to learn how you can use your position in the school

system to make a difference in the lives of cocoa

producers across the globe while fundraising

for your child's school.

FAIR TRADE



Fair Trade coffee and chocolate samples will be provided.

Presented by The Coop's Fair Trade Action Committee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Interested in more on these issues?

Check out:

www.chewswise.com

Organic Inc.: Natural Foods and How They Grew

Harvest Books, \$14.00 www.fromartz.com

Secrets of a Successful Squad Leader

By Barbara Ensor

ood squad leaders make it all so look easy. They smile and catch up with old friends as everyone shows up on time for their work slot and knows just what to do. If it's really that easy, do we even need squad leaders?

Think again. With over 12,000 shoppers now, the chaos of long lines and frayed tempers lurks ever closer to the surface. As more Coop members work less regular shifts, the burden increasingly falls on squad leaders to keep everything on track. The best squad leaders have a lot to teach the others. In the absence of a school of shopping squad leadership skills I took some careful notes in a recent conversation with Matt Mitler.

As we each ate a plate of scrambled eggs a few blocks from the Coop, Mitler explained that he enjoyed his original Coop work slot as childcare worker. Then his squad leader at the timewho he describes as "a strong personality, efficient and a generous spirit" persuaded him to help her out as a coleader. "She saw that I am a person who can step back and see the big picture, and that's what she was looking for," he says. It was a quality she helped Mitler to develop to an art. Despite the considerable frustrations and challenges of the job Mitler has stuck with being a squad leader for over ten years. Known for running a tight ship he was once called upon by Coop staffers to steer what he cheerfully calls a "renegade squad" from running aground under poor leadership. Recently Mitler took on responsibility for working his wife Karen's Coop shift in addition to his own. Now Mitler leads two squads

Rule number one: "You have to have a co-squad leader—someone else who can share the responsibility, bring another point of view, and take over if you get sick," says Mitler. It's not technically a Coop rule, but in Mitler's opinion it ought to be. Bringing on a second person encourages consistency and levelheaded judgment. Whenever possible Mitler likes to have two back-up cosquad leaders. In general, he encourages everyone on his squad to know how to do several jobs.

The best squad leaders have a lot to teach others.

For about as long as he has been a squad leader, Mitler has directed Dzieci, a theater group he founded in 1997 and this mirrors the ensemble acting technique Mitler uses. Mitler encourages his actors to look to each other for leadership and to find it in themselves. In the same way, he encourages Coop workers to think for themselves, to notice what needs to be done, and how best to go about doing it. Members of the squad share in the chores and delights of wrestling with why the boxes keep toppling off the shelves.

Mitler began working as a squad leader during a period of rapid expansion in both the Coop's membership and new weekday shopping hours. "It was like the Wild West," he says. "Nobody really knew what they were doing and it was pretty chaotic." Part of his job as squad leader then was to encourage other people to become squad leaders. We would train them and "replace ourselves as soon as we could," he explains.

Seeing the big picture has

served Mitler in his directing career as well. In his theatre company, every actor is in character at every moment, even before the play begins. The audience enters into a process that's already begun. "There's a certain life, an energy that has been initiated." On his 8:00 a.m. shift, there are often no shoppers at first, so rather than read the Gazette, or drink coffee, Mitler has everyone (checkout scanners and orange vest walkers alike) band together to dump all the garbage cans, straighten up the cardboard boxes, and finish stocking in the aisles. Choreographing an audience's experience at the theater is apparently not all that different from looking for good ways to let shoppers get their heirloom tomatoes home unbruised!

Improvisation is at the core of Mitler's work both as an actor and director and clearly a willingness to take unexpected measures helps him as a squad leader as well. To avoid a long checkout line, Mitler may grab whomever he can, and put them to work helping shoppers pack their groceries into bags and boxes in order to speed things along. "But of course, not everyone goes for it. I explain to people that it shortened their wait in line and will help everyone waiting behind them so much."

Leading a squad "is not about being liked" says Mitler. Squad leaders who get caught up in being popular do a disservice to shoppers and to themselves, he feels. "I am a shopper, too-we all are," he says. When people are allowed to arrive late and miss shifts without consequence, everyone loses, Mitler observes. His own reasons for making things run efficiently are partly selfish. "I like to shop right after my shift" he says, "and then I want to get home quickly."

There are as many ways to be a squad leader as there are people doing the job and like most of them, Mitler has developed some idiosyncratic policies all his own. "We call anyone who hasn't shown up after twenty or thirty minutes," he says. "If they can get their butts over here and work a full shift, they're safe. If not, it's two make ups." His coleader Jeffrey Welch is particularly good at imparting the bad news in a way that is both friendly and firm, according to Mitler. Promptness is encouraged by allowing first-comers to have the first crack at sought-after work slots. Other Mitler policies include taking the sign-in book up to childcare workers "because I know from doing that job myself how hard it can be to leave at the end of

the shift, so you don't want to have to wait while your replacement signs in...." Part of being a good leader is stepping back. "It's not just about me feeling responsible, but helping to cultivate that attitude in everyone," says Mitler.

It's not all about efficiency. It was an inspired idea by Welch, he says, to celebrate a member who had to leave their squad after five years because of a job change. "He made her a paper crown," recalls Mitler, "and we wheeled her around the floor in a shopping cart while she gave a ceremonial wave. And we all hummed Pomp and Circumstance."

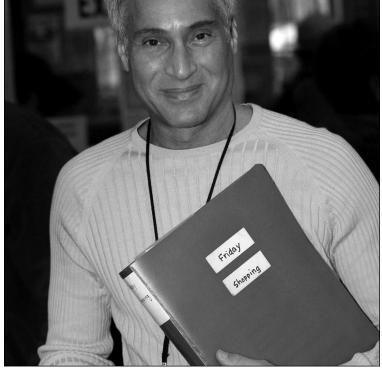
When people get upset for one reason or another Mitler instructs his squad not to engage, but to deflect the issue to him or one of his partners. "I try to take a soft approach and encourage them to vent, to write a complaint in the book, but I work to remain grounded," he says. The hardest part is "facing anger in others and fear in myself. It's repellent to me, but inevitably I will have to face this at the Coop. There are a myriad of personalities to deal with, and it's sort of chemistry how we interact. I don't always get it right the first time, but then I have the next month to try again."

Which isn't to say there aren't also triumphs. Recently, when his shift started with a

checkout line snaking all the way past the end of the frozen foods, Mitler pulled out all the stops to successfully shorten the line. Distracted from the big picture for that moment, he says he failed to see another, potentially bigger problem looming: the Coop was suddenly short by three cashiers. Within moments the line to pay for groceries "stretched all the way to the ice cream cooler." Once again in full crisis improvisational mode, Mitler managed to recruit an office worker with cashiering experience, and a second cashier who could fill in for a crucial fifteen-minute interval. Now with matters well in hand, the co-squad leaders were jubilant. "We both said we wished we could feel this successful in the rest of our lives!" Mitler says, savoring the sweet smell of that particular moment.

As I lay my napkin on the table, I wonder out loud whether Mitler sees his job as a squad leader any differently now than when he first started. "I am more aware of all the repercussions now, I think," says Mitler tentatively. "It isn't just about making one shift go well today, it's about the future, making it possible for people to work well on other shifts and...." As we set off in different directions on Seventh Avenue I know he is thinking about other ripple effects from doing the small things right.





Matt Mitler, Squad Leader

What plastics do we accept?

•#1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.

•All #4 plastic and #4 labeled lids.

•#5 plastic cups and tubs and #5 labeled lids and bottle/jug caps, clear and opaque and with all paper labels completely removed.

•Plastic film, such as shopping bags, dry cleaning shrouds, etc. Okay if not labeled.

When?

•Second Saturday of each month: 12:00 - 2:00 p.m.

•Third Thursday of each month: 7:00 p.m.-9:00 p.m.

•Last Sunday of each month: 10:00–12:00 p.m.

Where?

On the sidewalk in front of the receiving area at the Park Slope Food Coop.

COOP HOURS

Office Hours:

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday 8:00 a.m. to 10:00* p.m. Saturday 6:00 a.m. to 10:00* p.m. Sunday 6:00 a.m. to 7:30* p.m.

* Shoppers must be on a checkout line 15 minutes after closing time.

Childcare Hours:

Monday through Sunday 8:00 a.m. to 8:45 p.m.

Telephone: 718-622-0560

Web address: www.foodcoop.com



The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").





Viva is a lovely queer lady guitarist who has performed everywhere from the Michigan Womyn's music festival with all female world beat acid rock sensations, and Bonnaroo with Cyro Baptista and Beat The Donkey. Her original songs roam the wild open spaces of Alternative Americana and she delightfully interprets artists as diverse as Loretta Lynn and RadioHead. She will be joined by Robin Burdulis on percussion.

Howlin' Vic is Victoria Libertore. She has performed her original performance art combining theatre, vaudeville and burlesque throughout NYC at venues such as BAX, Dixon Place, Joe's Pub and Joyce SoHo and in Boston, Philly, Provincetown, Montreal and Toronto.





Legacy draws from the rich legacies of musical artists who have sung for peace and justice through generations. Singing in various genres and performing their own original material, **Legacy** electrifies audiences with their offerings of gospelizxed folk, and stylized traditional and contemporary song. **Legacy** is DuPrée, Zenobia and Ben Silver.

53 Prospect Park West [at 2nd Street] - \$10 - 8:00 p.m. sharp [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit. **Booking:** Bev Grant, 718-230-4999

Puzzle Corner

Contributions from members are welcome. Please sign your entries. Answer is on page 15.

Packaged Cereal Brands

The code used on the list below is a simple letter substitution. That is, if "G" stands for "M" in one word, it will be the same throughout the list.

ΥΜΜΧΙΥΙΥΚ

NXXK NXM UENI

This Issue Prepared By:

Coordinating Editors:	Stephanie Golden Erik Lewis			
Editors (development):	Anne Kostick Petra Lewis			
Reporters:	Diane Aronson Katie Benner Barbara Ensor			
Art Director (development):	Patrick Mackin			
Illustrators:	Diane Miller			

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



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Q V M Q V M V ' Z D V Z Y E F V C L M I ' Z G V C Y R X C Y I M ' Z I M I J Y X F F I J R X M F E F P Y I V U C Y A V U U I H T V Z T V K E V F N V M R Z N V R E U E V

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Wall Chart Updating Sunday, 8:00 to 10:45 a.m.

This is the perfect job for a detail-oriented person who likes a quiet and pleasant work environment. You will be trained by a staff person who will always be available to answer questions. You are part of a team of 2 to 3 people, but you will work on your own. If interested please speak to Camille Scuria in the Membership Office.

Cash Disbursed Bookkeeping Monday, 6:00 to 8:45 p.m.

You will be entering information about checks written from individual papers into our checkbook (cash disbursed journal) and adding it up. Neat, legible handwriting a must, and facility with working with numbers and a calculator helps. You will be working independently so good attendance record needed.

A 6-month commitment is required. Please speak to Andie Taras through the Membership Office at 718-622-0560.

Schedule Copying Tuesday, 6:00 to 8:45 p.m.

The main task of this work slot is to copy committee schedules from originals provided using the Risograph machine. You will need to be able to trouble shoot possible problems with the printer. This is a continuous job that requires that you will be on your feet for most of the shift. You will be working independently so good work attendance is required. A sixmonth commitment is required. If interested

please speak to Debbie Parker in the Membership Office.

Inventory Data Entry Sunday, B, C, D week, 9:30 to 11:00 p.m.

Help the Coop complete its weekly inventory. Familiarity and comfort

working on computers required for this work slot. You will be working with a small group of members so reliability and good attendance are a must. Due to the late hour and very responsible nature of this job, the shift is only 1.5 hours long.

CONTINUED ON PAGE 11

CÖPCALENDAR



New Member Orientations

Monday & Wednesday evenings: . . 7:30 p.m. Wednesday mornings: 10:00 a.m. Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

7:00 p.m., Mon, May 28

7:00 p.m., Wed, May 30

10:00 p.m., Wed, Jun 13

7:00 p.m., Mon, Jun 11

Jun 7 issue: Jun 21 issue:

CLASSIFIED ADS DEADLINE:

Jun 7 issue: Jun 21 issue:

General Meeting

TUE, MAY 29

GENERAL MEETING: 7:00 p.m. The agenda appears in this issue and is available as a flyer in the entryway.

TUE, JUNE 5

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the June 26 General Meeting.

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision). 4/20: Acupuncture with Steven Guidi

4/27: Yoga Primer with Mina Hamilton

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see

below for details.Two GM attendance credits per year:

Each member may take advantage of the GM-for-

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store-an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, May 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

WORKSLOT NEE

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workslot-credit program two times per calendar year.

Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the *entire* meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

 $\ensuremath{\text{2.Please}}$ also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. *Denotes a Coop member.

SUN, MAY 27

ALBUM MAKING BEES at Memories Out of the Box! Bring your photos and stories and make that album you've been meaning to make! Resources, refreshments, tools and support provided weekly! No fee! Thursdays 7—9 p.m. and Sundays, 4-8 p.m. Memories Out of the Box. 633 Vanderbilt Ave. btw St. Marks and Prospect Place. (718) 398-1519

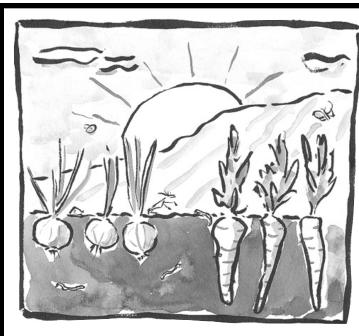


FRI, JUN 1

GOOD COFFEEHOUSE MUSIC PARLOR: Franc and Nancy Moccaldi & Friends. Sing along with beautiful voices and harmonies, heartwarming and footstomping music, guitars, banjos, harmonicas and fiddles. Show starts at 8 p.m., doors open at 7:30. \$10 adults, \$6 kids. 53 Prospect Park West at 2nd St. (718) 768-2972.

SAT, JUN 2

BOOK SALE: Thousands of new & used books, CDs, records, DVDs. 9 a.m.-4 p.m. Incredible bargains! Children's corner! Camp Friendship (339 8th St., below 6th Ave.) Donations accepted at Park Slope United Methodist Church (6th Ave & 8th St) on Mon. May 28 (noon-7 p.m.), Thurs. May 31 (7 p.m.-10 p.m.) & Fri. June 1 (10 a.m.-10 p.m.) www.parkslopeumc.org



WHAT IS THAT? HOW DO I USE IT?

Food Tours in the Coop

Spring Campaign

I ask you

Where does your money go?

asparagus from China? peas from Mexico? strawberries from California?

Think and wait a little soon so soon all this and more

will rise from our own ground feeding us, our farms,

a movement food is a movement:

how you eat is how you stand on the earth As our awareness warms so does the soil the planet swings around in space giving us our turn in the sun

up turn your face and let it warm your heart

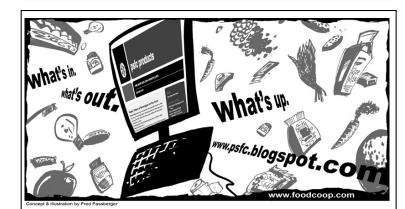
Come visit me at the Park Slope Food Coop we'll talk about bulbs and herbs the season of eating lightly about how we wait our turn

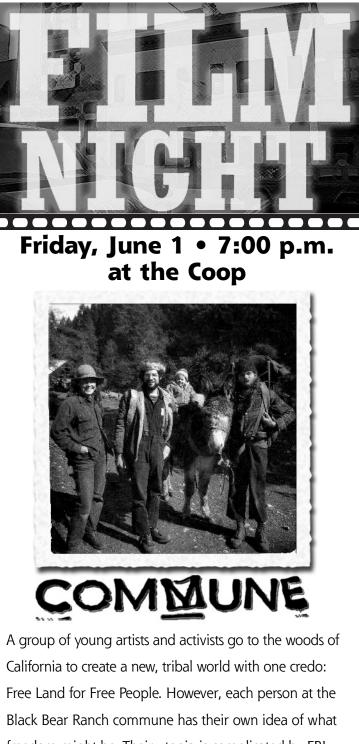
by Myra Klockenbrink

Mondays, May 28 (A Week) June 4 (B Week) June 25 (A Week)

Noon to 1 p.m. and 1:30 to 2:30 p.m.

Or you can join in any time during a tour.





freedom might be. Their utopia is complicated by FBI surveillance, the births of children, and an extreme cult. *Commune* is the first documentary to explore "being together" as imagined in the 1970s, shedding light on how personal choices reverberate throughout our national and global identities. Featuring commune members actor Peter Coyote, herbalist Micheal Tierra, Chinese Medicine pioneer Harriet Beinfeld, and artist Elsa

FREE Non-members

Jonathan Berman (Producer / Director) has been making films

Marley.

welcome

for over a decade, including the independent documentaries *My Friend Paul* and *The Shvitz*. Berman has also produced for the NY Times Television, Discovery Networks, WDR-TV, ARTE and other broadcasters.

SUN, JUN 3

FREE PAIN RELIEF WORKSHOP. Learn to perform effective and powerful acupressure procedures to relieve pain and discomfort in the neck and shoulders. Come prepared for a fun, hands-on experience. Presenter Elizabeth Poole, PhD, LMT. June 3 2:00-3:30 at Midwood Martial Arts Center 1302 Ave. H, Bklyn. 718 258-5425. 3 9 7 3



Looking for something new?

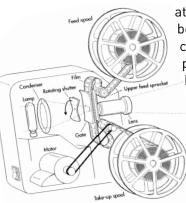
Check out the Coop's products blog.

The place to go for the latest information on our current product inventory.

PSFC Products Blog: psfc.blogspot.com A discussion with Jonathan will follow.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

The Coop's Friday Night Film Night is looking for a projector donation.



The projector should have at least 2500 lumens and be high resolution. If you can donate a projector, please contact Trish Dalton at mail@trishdalton.com. (Please note that because the Coop is not a charity, there would be no tax writeoff for the donation just our gratitude).

If I Were a Single Guy in Park Slope

Note: Substitute gender as inclined.

By Jena la Flamme

f a single guy in Park Slope were to ask me where to meet women I'd be happy to respond-after all, who doesn't want a playmate with whom to explore the juicy side of life? I'd emphasize a local approach by strongly suggesting that he spend time at Park Slope's nexus-Union Street between 6th and 7th Avenues. If there were an epicenter for beautiful women in the Slope, this would be it. If you want more than a pretty face-read on.

The Food Coop, the Tea Lounge and the Park Slope Yoga Center: I call it the "Bermuda Triangle of Beauty." These venues teem with exquisite ladies brimming with aliveness, who are claiming colorful existences outside the sterile suburban cocoon. They seek room to open their butterfly wings in a community that inspires and supports their dreams. This triangle attracts women who are strong and clear, healthy and informed, spiritual and creative. If I were looking for a woman, that's where I'd go.

Becoming a member of the Food Coop, the fertile belly of the Slope, is a great place to start. This act proves that you are willing to make an effort to nourish yourself, which is an attribute healthy women will notice.

As you shop or work stay alert to who passes you in the aisle and use the food as a conversation starter. Break the ice with open-ended questions, those that cannot be answered with a simple yes or no, such as: "Out of curiosity, how do you prepare your...?" as you point to whatever is in her basket.

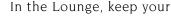
Harness every moment; your future mademoiselle may be under your nose on the checkout line. Notice who is swiping your food: she may have been swiping food for hours without anyone paying her attention. Take the initiative—you have nothing to lose.

Next check out Park Slope

neatly this triad of women-attracting venues fit together?

The Tea Lounge, however, is worth visiting on its own merits. Hip, artsy

women who know how to claim their downtime flock there. My friend, Liz, met her boyfriend in a coffee shop: Their eyes locked over the books they were reading, which sparked conversation, and now they are a couple.





energy open by making eye contact, initiating conversation, and being attentive to the body language of who is coming and going. Go with your gut feeling, take fearless action. Don't be attached to the outcome of your initiative, or she will sense your heavy expectation. Be light, be playful, be flattering, and be willing to be vulnerable.

Where-ever you are, pay attention. Don't let the women around you pass in a blur. Once you begin to con-

Member Contribution

> sciously notice them, you will become aware of those who have radiance. those who emanate clarity, creativity, and celebration. Set your radar to find women who glow and who flow, whose inner cup is so full it spills over with the delight of a fountain. Stay alert for goddesses, p erhaps in disguise, who honor their intuition, respond to their emotions, and surrender to the mysteries of life—these are the ones to pursue.

Appreciate that such qualities are not just innate, but carefully honed. Through their enjoyment of great food, yoga, music, dance, art, touch, communication, relaxation, and the pursuit of their pleasures, these women have refined that essence that now moves you. So respond, acknowledge their radiance and the thoughtful intent that went into nurturing it. As you become courageous enough to take in the fullness of whoever is before you, they'll start noticing you. And then, when you least expect it, as you are inconspicuously breathing in her scent, you'll realize that she's quietly breathing in yours, too.



In Memoriam Eve Lewis



I regret to inform my mother's friends at the Park Slope Coop that she passed away May second. (She was found in the apartment May fourth; the medical investigation of the cause of her totally unexpected death is continuing.)

She greatly appreciated the Food Coop, not just for the many excellent and healthy food items which she told me about regularly, but for the camaraderie. When we spoke on the phone, she would often mention her friends at the Coop. She said that just as some people have their social outlet via their church, for her it was the Park Slope Food Coop. She was also pleased that her member number was the same as the Coop's address, 784.

Dr. Laurence Leff, her son

Coop Job Opening: **Receiving/Stocking Coordinator** *Early Mornings and Sundays*

Description:

The Coop is hiring a Receiving/Stocking Coordinator whose primary responsibility will be working in the produce department, receiving and supervising deliveries and restocking and maintaining the quality of fruits and vegetables for sale in the Coop. Heavy lifting is required. You will be working in very cold refrigerated coolers, organizing heavy wet cases of produce in a tight, cramped area. You must be detail oriented, highly organized, have an excellent spatial sense and enjoy working with a diverse group of people.

In addition to working with produce in the early mornings, you will share responsibility with other Receiving Coordinators in keeping the entire Coop well-stocked, helping check in grocery deliveries and possibly ordering products. Facility with math and computers is a definite plus. The ideal candidate will have been working on a receiving workslot and will have a basic understanding of the work entailed.

We are looking for a candidate who wants a permanent early morning schedule and is able to work on Sundays. It is essential that the candidate be a reliable and responsible selfstarter as well as an excellent team player and communicator. You need to be able to prioritize the work and to remain calm under pressure. This is a high energy job for a fit candidate.

Hours:	35+ hours per week. Monday through Thursday starting at 5:30 a.m. and a six- hour shift on Sundays. The exact sched- ule will be determined.
Wages:	\$21.05/hour
Benefits:	 Health and Personal time Vacation-three weeks/year increasing in the 4th, 7th & 10th years health insurance pension plan

Yoga. Yoga centers are the best-kept secret as far as meeting women goes. Men, are you aware of the concentration of gorgeous, spirited goddesses that take yoga classes? It's staggering. What are you waiting for? Join in! You don't have to be supple. Flexibility is an acquired attribute and yoga is about the process, not the goal, so there's nothing to be embarrassed about. Your presence alone will be an impressive statement.

Similar to what happens after a great show, there can be an itch to ride the wave of energy after yoga. Therein lies a perfect opportunity to invite a classmate or two across the street to the Tea Lounge. Can you see how The **Orientation Committee** is looking for energetic people with a teaching or training background who can work Sunday afternoons, Monday or Wednesday evenings, or Wednesday mornings. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with **at least two years of membership** will be considered by the committee .

Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

We are especially interested in members who speak fluent Spanish or Russian. For more information, contact the Membership Office or write to karen_mancuso @psfc.coop. (no payroll deductions for benefits)

Application & Hiring Process:

Please provide a cover letter with your resumé as soon as you can. Mail your letter and resumé or drop it in the mail slot in the entryway of the Coop. Please state your availability.

All applicants will receive a response. Please do not call the office.

If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Minimum of six months' membership in the Park Slope Food Coop.

Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.





DEAR EDITORZ:

We are writing this the day after Mother's Day-still haven't called our daughterin-law who is a New Mother! But we need to write to you our dear readers. Let us take up one issue at the upcoming May 29th General Meeting that illustrates our concernsand we do apologize for such a sketchy candidate statement—but whatthehell! The Rulers are pushing a proposal for the Meeting to endorse all of their refinements to their attend-meetings-for-workslotcredit; we intend to take the opportunity to propose that the program be abolished as a means toward-surprise! surprise!—fulfilling the goals of the program. That is, to have better government rather than to have more people at the general meetings.

Why would having fewer people at the meetings be better government? The goal is not to have fewer people, it is to have people who have enough information and experience at meetings to understand the machinations enough to be effectivewhatever their persuasion. Since the idea that a town meeting system of government can work for our organization is ludicrous, we hold that anything that encourages it or legitimizes it only deepens the clouds of smoke and mist under which it operates and deceives.

Our Campaign for Co-Op Democracy holds not only a desire for better government at the Co-Op but a concrete plan for such a government. Although it does not have the sweetness and allure of direct democracy, the Plan has the advantage of providing fair and equal representation through an assembly of elected delegates appointed through partly-list multiparty elections. Now maybe this sounds like a lot of mumbojumbo, but those who are following this Campaign know or believe that it is a superior system that is easy to implement, obvious to the voter as to how it works, workable in that it requires only minimal voter time and effort, and transparent in that all votes of elected delegates would be printed in the Gazette.

Please come to the meeting on May 29th. At least second our motion to get the ball rolling, even if you don't yet understand all of its implications. And don't forget: November brings another WBAI election for which Albert hopes to be running, and thanks for all your continuing support there too! HAPPY MOTHER'S DAY.

Cooperatively, Albert B. Solomon 718-768-9079, hobces@yahoo.com



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long. You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.co op or on disk. Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The Gazette will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish

THE COOP LENDS A HAND

TO THE EDITOR,

I did an FTOP work shift in East New York. I washed the produce fridge and had an extensive conversation with staff members Beverly and Salima about how a large and well-established coop can help a new one to get going. I look forward to going back.

You can do your make-ups there in an unhurried atmosphere. Especially for folks living in ENY or Brownsville or Bushwick, working there is a natural. The storefront is a 10 minute walk from the Pennsylvania Ave. stop of the #3 train. The neighborhood reminds me of the Bronx when I was growing up during the 50s—humble and comfortable. The store is open from Wednesday to Saturday between 11AM and 7 PM. You can do FTOP there, then take the summer off, and still shop in Park Slope. Such a deal! While the two sites are linked, members can work and shop at either location.

Membership growth is their critical issue. Outreach to expand local participation will come in the form of publicity, street recruitment and personal referrals. Activities in the storefront will attract folks to come in and learn what is available and how they can join. Beverly needs help setting up an inventory and a bookkeeping system on Excel. They want to compost and are looking for transport of veggie waste from the store to the nearby community gardens on Wednesday and Saturday afternoons. Of course, stocking and checkout help is always welcomed. Their meetings are on the last Wednesday evening of each month at 6 PM, May 30th being the next.

The ENY Food Coop needs and deserves our support. Sharing human resources with a new coop shows tremendous generosity and our commitment to sharing the advantages of a healthy community and the not-forprofit food distribution system that we enjoy. I also want to remind those members worried about overdevelopment of the region that two lawsuits are pending that really need financial support-i.e. money. Develop Don't Destroy is lead plaintiff on the case against the Environmental Impact Study (EIS) that Forest City Ratner Corporation (FCRC) presented to the Empire State Development Corporation. FCRC claims that the area is blighted-unsafe and unsanitary-comical as coop conversions sell for \$700,000. In another suit, 13 plaintiffs are challenging the right of the state to use eminent domain

to capture homes and businesses and turn them over to FCRC for their profit. At a January party at my home, which I publicized through the Gazette, nearly \$4,000 was raised, and we had a great time.

Still, more money is needed as there will certainly be appeals. Ratner et al have deep pockets. We work for our money. It will take many small donations. Please go to the dddb website and contribute what you can.

In Solidarity, Susan Metz

ON THE MOVE

Common wisdom has it the old Need more exercise To put additional distance between Them and their demise. Not to worry. They're into aerobics Every single hour, Searching for keys and shoes and glasses In kitchen, bedroom, shower. Leon Freilich



Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

The Park Slope Food Coop Video Squad is looking for

- **I.** Member input on making a new video introduction to the Coop.
- **2.** Recommendations for subjects and ideas for new Coop videos.
- **3.** BCAT certified producers or other video professionals for the video work slot and a host for the show.

Contact David Simpson if interested: simpsoda@gmail.com or 415-377-4336



In accordance with the sixth Principle of Cooperation, we frequently offer support and consultation to other

coops. For the East New York Food Coop, we have also offered help in the form of Park Slope Food Coop member workslots.

The East New York Food Coop welcomes PSFC members to assist in its first year's operations.

PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a member for at least one year and have an excellent attendance record. To make work arrangements, please email ellen_weinstat @psfc.coop or call 718-622-0560.

East New York Food Coop 419 New Lots Avenue between New Jersey Avenue and Vermont Street accessible by the A, J and 3 trains 718-676-2721

Tuesday, May 29 7:30 p.m. at the Coop



A primer for effectively marketing your service business online with Susan Martin

You'll learn:

· Why most websites don't work.



Susan Martin created Business Sanity to help business owners and professionals make more money with less effort and stress. She is a Coop member and maintains a private coaching practice in Park Slope. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

ALTERNATIVE DISPUTE RESOLUTION

FREE

vegan, including nutrition, ethics, lifestyle, personal products (with a special focus on skin care, vitamins, makeup) and then some...

This enlightening workshop is perfect for you if you are:

A vegan pro who needs a Curious (or skeptical) about The only vegetarian (or

Shannon Sodano moved into the neighborhood one year ago after graduating from NYU with a bachelor's degree in Nutrition and Dietetics. She educates people on the benefits of using more herbally and botanically based skin care and nutrition products and teaches and trains others to do the same.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



WITH ANDREW GARY FELDMAN

In divorce...

 Mediation-not litigation! Instead of hiring lawyers and battling in court, couples work together, creating mutually satisfying parenting plans, separation and divorce agreements

In family matters...

• Resolving conflicts and differences which are causing stress.

 Improving relations between spouses, partners, parents and children, and brothers and sisters..

> Andrew Gary Feldman joined the Coop in 1979 and has been mediating since 1998.

FREE

Saturday, June 2 Non-members welcome 7:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

WITH LARA ROSENTHAL, L.AC.

A CHINESE MEDICINE APPROACH

UNDERSTANDING FERTILITY:

- The energetics of reproduction
- What our grandmothers never told us: reading our body's signals

OBSTACLES TO FERTILITY:

- Chinese medicine patterns of imbalance
- "Unexplained infertility" explained

IMPROVING THE ODDS:

- Nutrition and lifestyle choices for your body type
- Tilling the soil: preparing the body for the rigors of pregnancy

WORKING WITH ASSISTED REPRODUCTIVE TECHNOLOGIES:

• Eastern and Western approaches side by side

Lara Rosenthal is a Licensed Acupuncturist and Board Certified Chinese Herbologist. She maintains a private practice in Manhattan specializing in Women's Health and Fertility and works at the NYU Hospital for Joint Diseases' Initiative for Women with Disabilities. She has a B.S. in Biological Sciences from Stanford University, is fluent in Chinese, and studied and worked in Taiwan for three years. She is a faculty member at Pacific College of Oriental Medicine and a Coop member.

FREE 12:00 p.m. at the Coop Non-members welcome

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Cooperative World

Real Spirituality in a

with Richard Hart and Gregory Wells

1. All That Is—Is Light!

2. The Prior Unity of Humankind and the Indivisible Oneness of Reality Itself 3. Cooperation + Tolerance = Peace

> In Reality, there is no difference between people, no justification to uphold artificial distinctions of race, reed, color, nationality, or any system of beliefs. The World-Friend, Adi Da Samraj, has revealed these Three Great Principles of all Truth that can have the most benign, unifying and lasting effect on the hearts and minds of everyone.

> > Join us for a lively evening of discussion as we

all move forward into a cooperative future-one that

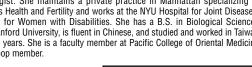
must embrace and include all beings.

Non-Coop members invited.

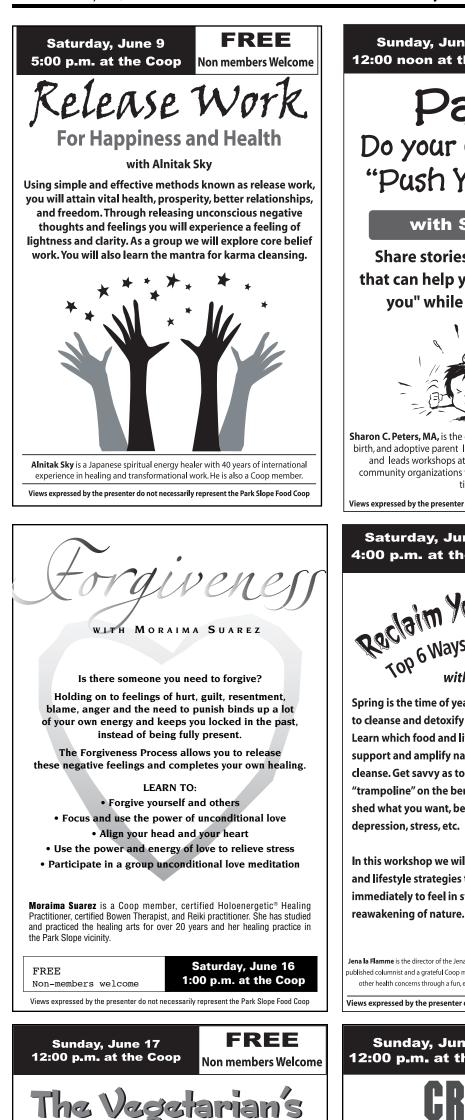
Richard Hart, Coop member, established the first health food store in NYC, works in nutritional counseling, and is a student of the World-Friend, Adi Da Samraj. Gregory Wells is a senior student of Adi Da living in Ditmas Park and has lectured on these principles both here and abroad.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, June 3











with Ameet Maturu

Food is a source of nourishment. But for many vegetarians and flexitarians it is can also be a source of anxiety. Especially when it comes to the topic of protein.

In this interactive session we'll explore both vegetable and animal sources of protein, and address your concerns



ranging from adequate protein to the "moral" issues that arise from eating meat. We'll also examine how our thoughts and moods are influenced by the foods we consume, and how our views about food sometimes get in the way of truly nourishing ourselves.

New possibilities will be created for all. Whether or not you like tofu.

Ameet Maturu, HHC, is founder of The Intuitive Cook, a local holistic health counseling practice. He supports individual clients on issues concerning food, diet, lifestyle, and spirituality. Ameet is a member of the Park Slope Food Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

MEANINGFUL WORK FROM THE INSIDE OUT

with Stacey Antoine Savariau

We spend more time at work than at any other pursuit. Shouldn't that time be spent on work that is fulfilling and meaningful?

Why spend 8-10 hours at a job that you hate?

Meaningful work is your birthright—what you were intended for.

Today, begin the excavation process that will lead to the discovery of the passionate pursuit particularly suited to you.

Stacey Antoine Savariau is a Coop member, holistic health counselor and personal development coach who was formerly a criminal defense attorney. Stacey works with clients to aid them in finding the right foods for their body, and in balancing the areas of their life that feed them on the deepest levels.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



Make a Difference in the Life of a Teenager!

with Kristin Kimmel



Young people in foster care in New York City need your love and support. If you are a couple or single person interested in helping a lesbian, gay, bisexual, transgender or questioning ("LGBTQ") youth in foster care, OR if you are an LGBT couple or single person interested in helping a youth in foster care, please join us for a presentation and discussion about mentoring, foster parenting, and adoption.

> Kristin Kimmel is a member of the Coop and the Director of the LGBTQ Project at Lawyers for Children, an organization that represents children in foster care. She is also a member of the New York City LGBT Foster Care Coalition.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



ANDREW GARY FELDMAN

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www.holisticeyecare.com

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call (212)505-5055.

MERCHANDISE

TEMPUR-PEDIC MATTRESSES, NECK pillows, comfort products & accessories. Mattress comes with a 20-year guarantee & a 3-month trial period. The ultimate in comfort & pressure relief. Truly will improve the quality of your sleep. Call Janet at Patrick Mackin Custom Furniture—a T-P dealer for 10 yrs, (718) 237-2592.

THINKING of buying a water filter? Join lots of PSF Coopers who use Multi-Pure filters for drinking/cooking/ice/tooth brushing/rinsing fruits & veggies, knowing lead/mercury/giardia/cysts/cleaning solvents/gasoline additives/particulate matter are removed from water supply and plumbing. Ede Rothas (212) 989-8277. Aqua4water@aol.com.

Drivers Needed

The Plastics Recycling Squads need drivers to transport plastic recycled at the Coop to the recycling plant in Brooklyn. One driver is needed for each of the Saturday and Sunday recycling shifts.

The schedule is in the calendar below. Drivers must have a large capacity vehicle (van or truck) for the volume of recycling material collect-



ed. Drivers must be prepared to store recycling collected in their vehicle or home until the recycling center opens on Monday.

Drivers are reimbursed for mileage according to IRS reimbursement rates. Interested? Contact Kim Nadel at 718-369-2578 or kim@design-niche.com.

WORKSLOT NEEDS

CONTINUED FROM PAGE 9

Vitamin Assistant

Saturday, 6:00 to 8:30 p.m. or 8:30 to 11:00 p.m. The Bookkeeping staff is looking for workers to

MERCHANDISE NONCOMMERCIAL

GRAND RELOCATION SALE! Top furniture items, great condition, great prices! Mitchel Gold sectional sofa, seats 7, Door Store dining room table w/ 6 chairs, solid cherry, glass-top custom-made BR set, birch office desk with file cabinet, office supplies & more. Open houses: Sunday May 6 & 13, 1:00-3:00 pm or by appt. Call (917) 566-3488.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates (718) 965-0214. D.O.T. #T12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau

SPRING YOUR FLOORS TO LIFE by sanding and refinishing! Floor mechanic will install, repair, refinish wooden floors. Reasonable prices. Good references. Call Tony: (917) 658-7452.

MADISON AVENUE HAIRSTYLIST in

job too large or small specializing in trouble shooting, 220 wiring, fans, lights, total or partial renovations. Expert in Brownstone renovations. Serving Park Slope since 1972, original coop member, P.S. resident. 718-965-0327

ATTORNEY-EXPERIENCED Personal Injury Trial Lawyer representing injured bicyclists & other accident victims. Limited caseload to insure maximum compensation. Member of the NYSTLA & ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White 212-577-9710

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

CAREER SHRINK Ray Reichenberg can help you get more control of your livelihood. Unlock from toxic work relationships. Gain insights about relationships at your present job or begin a new job search. Acquire skills necessary with certified career coach and psychotherapist "Dr. Ray" (917) 627-6047.

ATTORNEY-Personal injury emphasis, 29 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 18-yr. Food Co-op member; Park Slope resident. Tom Guccione, 718-596-4184.

PARK SLOPE SAT TUTOR. I am a college English professor and I received my MFA from Columbia University. I've been teaching for over 7 years. As an SAT tutor, I assess individual strengths and weaknesses, targeting those specific areas. We all learn differently. Reasonable rates, excellent ref. 917-797-9872 or berit.anderson@gmail.com www.beritanderson.com

YOU KNOW that box of photos? Let us let them out and get them back into your life! Album-making services and personal memory consulting in my store or your home. We carry Rag and Bone, Celine Countryman, Suzeco and Pulp products & interesting frames. Memories Out of the Box. 718-398-1519. www.memoriesoutofthebox biz

NEW LOOK painting company. Artist-owned and operated. Complete interior painting services. From expert wall restoration to the finest painted detail. All work is guaranteed to the customer's satisfaction, 27 years experience. Reasonable rates. Free estimates. References available. Call Daniel at 718-832-6143 or 646-734-0899.

HOLISTIC PHYSICIAN with over 12 years experience using natural methods to treat a wide range of conditions including allergies, digestive disorders, endocrine conditions, female problems, depression, fatigue and cardiovascular problems. Insurance reimbursable. Medicare accepted. Margie Ordene, MD 258-7882.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

PSYCHOTHERAPY for those interested in creating a fully expressed life. Therapist with more than 20 years experience integrates body, mind, emotions and spirit. Call Gail Feinstein, LCSW, LMT for consultation. (718) 857-0436.

RELIEVE LOWER BACK and neck pain, shoulder, chronic tension and stiffness - poor digestion - headache - insomnia - stress. Rejuvenate body, mind and spirit with shiatsu. Special first session offer \$80. Contact Claudia Copparoni. 14 yrs experience. clcoppa@hotmail.com, 718-938-5573.

VACATIONS

COTTAGES FOR RENT in charming Catskill summer community. Beautiful wooded grounds, Olympic size pool, tennis courts, basketball, baseball, lake for swimming, boating, fishing. Wonderful families with lots of kids. Wonderful family vacation, very reasonably priced. Contact Marlene Star, Mstar@ap.org 914-777-3088

ENJOY THE BERKSHIRES! Charming historic home. Meadow mountain views. Tanglewood nearby. Large beautiful living room incl. dining area. Wood-burning fireplace. New kitchen appliances / bedroom, terrace, hiking. One week min., \$850. Two weeks, \$1500. Call Mina 212-427-2324

FAMILY SUMMER SHARE house in Davis Park Fire Island. Three families per weekend sharing food, Saturday dinner & fun on the beach. House is three houses from the beach, has lots of deck space, dishwasher and W/D. Call Kathy, Steve & Julia. 718-636-1693

assist with cashier record keeping. The workslot requires good handwriting, attention to detail, and facility with Excel spreadsheets. You will be manually entering information from the cashier system. The work needs to be completed on Wednesday, but the time slot is flexible. Please contact Michelle Wiemer in the Membership Office if you are interested.

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE

Answer to Puzzle on page 8

Arrowhead, Food For Life, Barbara's, Kashi, Nature's Path, Mother's, Erewhon, New Morning, Health Valley, Cascadian Farms, Familia Park Slope one block from Coop-by appointment only. Please call Maggie at (718) 783-2154 at a charge of \$50.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker -(718) 853-0750

ATTORNEY landlord/tenant, estate planning & LGBT law. Free phone consultation. Know your rights. Protect your family. 14 yrs experience. Long-time Coop member. Personal, prompt service. Melissa Cook, Esq., 16 7th Ave, 718-638-4457, 917-363-0586. Melissacesquire@aol.com. Discount for Coop members.

NEED AN ELECTRICIAN CALL ART CABRERA, celebrating 35 yrs in the electrical construction industry. No

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call (212) 505-5055. Please bring X-rays.



WHAT'S FOR FREE

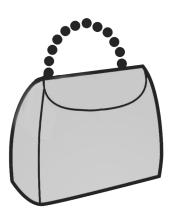
FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE TICKETS for concerts for true classical music lovers only. Lincoln Ct., Carnegie, etc., on short notice sometimes. 10-20 concerts available each year. S10/yr management fee. For more info, call: 212-802-7456.

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

Pocketbook, Purse and Bag Exchange

This exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can share bags that have already been well loved?



FREE Non-members welcome Saturday,

June 23 10:00 a.m.– 2:00 p.m. in the meeting room

To bring Pocketbooks, Purses and Bags...

- Do not leave items in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean pocketbooks, purses and bags that you are proud to be able to exchange with its new owner.

(Unchosen bags will be donated to a local shelter.)





WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Frayda Abramowitz Bracha Ahearn Kwame Ankhra Mathurin Bahiro Rosemarie Berke Noah Bernamoff Patricia Bernetti Tatyana Brown Barbara Bruce Holly Burling Debra Busacco Marco Cacchi Patricia Callahan Eddie Carbonell L. Antrim Caskey Rae Cohen Lucas Cooper Daniel Craven Deepthi Dharmishtan David Dini Adam Escott Liza Escott

Michael Fahima Rose Fernandez Colleen Ferraioli J.P. Ferraioli Sharlene Frank Andy Friedman April Gariepy Ben Geballe Rachel Geballe Frank George Lauren Giambrone Signe Gjervig Larsen Diana Grabon Cathyann Greenidge Valle Hansen Brooke Hauser Mary Heglar Ted Henigson Cynthia Hilts Jessica Horstmann Eric Hurst Christine Iserman

Justin Jarboe Ted Johnson Jay Johnston Bennett Jordan Juan Pablo Juarez Daniel Judd Leila Kamgar Katherine King Jill Ksanznak Dilhan Kushan Steven Lam Lawrence Lascary Emilie Lavin Johnny Leach Erin Lee Lisa Lee Marcie Lenke Steve Levin Peter Lewnes Melody Litwin Nicholas Lusiani John Paul Magenis

David Mancuso Reema Marji Shadia Marji Ryan Mattek Carrie McGraw Todd McQuade Hector Mercedes Martha Mercer Ayaka Mikami Lindsey Moore Joanna Morrissey Debra Mulcahy Olga Netchkassova Anna Park-Sargent Amanda Parmer Cynthia Pate Maya Perkins

Alvin Rabinowitz Katie Ragan Valerie Ray Paul Redd Jr. Morgan Rich Kelli Rudick Hadi Sattari Rachel Scheer Deborah Schwartz Carol Scott Rosemarie Seales Jessica Shaw Helene Shmidt Xavier Simon Lynette Smith Rachel Smith **Julie Spiegel** Giurlande St.Jean Carol L. Stackhouse Luke Stettner Deborah Stewart Samantha Stone

Dora-Louis Summers David Sundermann Christiane Sundermann-Oeft Walter Swett Jonathan Tannen Amy Thier Nicole Tocco Steven Trifon David Tykulsker Nadia Tykulsker **Dwayne Washington Emily Weiss** Isaac Widerman Paul Wolf Joshua Wujek Akiko Yamamoto

Mister Person Alexandra Phelan Gillian Durko Puryear Avery Putterman Lucy Pyle

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Dana Archer-Rosenthal Stephane Bee Aloyse Blair Hannah Burroughs Sara C. Nathalie Cabot Marco Cacchi Dara Cole Ashley Devries Casey Edwards Bret Eynon Benny F. Spencer Finch Jonathan Fox Gwen Farrelly Emily Futransky Gail Renee Gonzalez Elizabeth Gould David Grossman Jonathan Howell Jamilla Lisa Johnson Sandy Jones Jane K. Colleen L. Dorothy Lawrence Michael Lear Eva Lewandowski Heather Liljengren Deirdre Lizio Liza M. Shadia Margi Margon Family Yonat Mayer James Mort, Jr. Cynthia Nardiello Daisuke Narita Dolores Natividad Janice Nowinski Millie Org Loaiza Ortiz Lisa Parrott Casey Pickett Sean Ramsay Miriam Reichman Rebecca Rivo Aram Rubenstein-Gillis Kathryn Sanders Serge Shea Estelle Silberman Steve Simon Rachel Simons Anna Sobel Jonathan Stockdill Lara Tabac-Sherida Renae Vagher Francesca Valerio Cynthia Ward Polly Withers Emi Yabuno