

Established
1973

LINEWAITERS'

GAZETTE



Volume BB, Number 25

December 20, 2007

H2WHOA! Water Debate at GM

By Ramona Tirado



PHOTO BY ANN ROSEN

The November General Meeting opened with a member request that more workslot opportunities be created for members working FTOP. Joe Holtz, Coop General Manager, explained that the availability of FTOP slots is cyclical. When new jobs are created, they are initially offered as FTOP positions until a regular squad can be established. FTOP wasn't just created to suit the needs of freelancers. It was also established to make sure the Coop is staffed during critical times.

Also, an update on the point of sales system was provided. New software has been installed that should solve the problem of pin pads freezing. The problems with the recurring "systems off line" message continue, although there has been some improvement.

Let's Talk Tap

Susan Metz, a Coop member of 27 years, began her presentation by reading from the Coop's mission statement. "We are a buying agent for our members and not a selling agent for any industry," Metz emphasized, thus initiating the first of the two main agenda items for

this month's meeting—an appeal for the Coop to discontinue selling bottled water.

*Is water a
private commodity
or a public right?*

Environmentalists and consumer groups have raised questions about the real costs of bottled water and suggestions that it is superior to tap water. Those questions include suit-

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Coop Event Highlights

- Fri, Dec 21** • **The Good Coffeehouse** Singer Songwriters 8:00 p.m.
- Sat, Dec 29** • **Children's Book and Toy Swap** 10:30 a.m.–2:00 p.m.
- Thur, Jan 3** • **Food Class: Embracing Menopause Naturally** 7:30 p.m.
- Fri, Jan 4** • **Film Night: Chasing Perfection** Short Films 7:30 p.m.
- Sat, Jan 5** • **Coop Kids Variety Show Auditions** 2:00 p.m.
- Fri, Jan 18** • **The Good Coffeehouse** Swing Street 8:00 p.m.
- Look for additional information about these and other events in this issue.*

"Author! Author!"

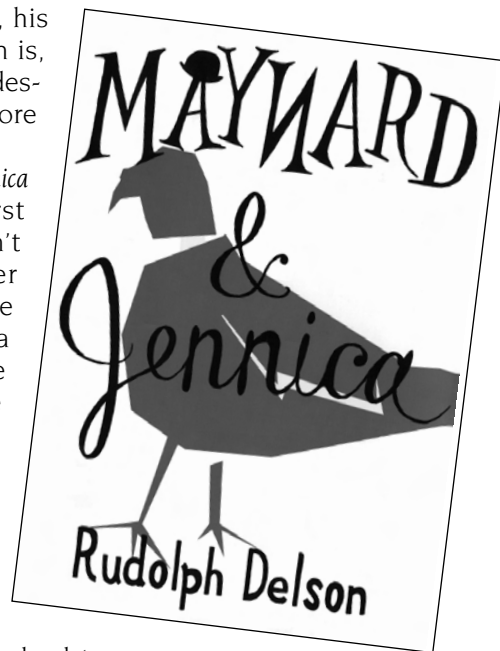
Rudolph Delson, Coop Member

By Kira Sexton

Some people have all the luck. And then there are others, such as Rudolph Delson, who have a lot of luck but are also talented and ambitious. So please don't be deceived by the author's bio on the book jacket of Delson's novel, the highly acclaimed *Maynard & Jennica*. (In its December 10, 2007 review, *The New Yorker* wrote that "this remarkable debut is inclined toward romance, in a giddy boy-meets-girl [twice] fable that evolves into an astute portrait of a relationship.") The author's bio is somewhat misleading, as it implies that Delson is a guy with all the dumb luck in the world, quitting his job as a lawyer "on the eve of his thirtieth birthday, to finish this, his debut novel." The truth is, in fact, much more pedestrian but also much more heartening.

While *Maynard & Jennica* is indeed Delson's first published novel, it isn't the first novel he ever wrote. That would be the novel he spent a year working on while living in Berlin for the sole purpose of writing a novel and getting it published. But that novel was never published, and Delson began to ascertain that if he ever wanted to sell a book, he had to move to New York City. He applied to graduate programs in philosophy and also to law school. And wouldn't you know it? New York University offered such a nice deal that Delson, a native Californian, moved east. Delson quit his job as a lawyer and started working in earnest on *Maynard & Jennica*.

While in law school, Delson did what any aspiring writer



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Next General Meeting on January 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. * The next General Meeting will be Tuesday, January 29, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda will be available as a flyer in the entryway of the Coop on Wednesday, January 2. For more information about the GM and about Coop governance, please see the center of this issue.

*Exceptions for November and December will be posted.

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H2WHOA!

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ability for human consumption, sustainability, litter and clogged landfills. There are also questions about what the privatization of global drinking sources really means. Is water a private commodity or a public right? Both sides of the issue were presented at the November General Meeting.

Metz said the question of whether the Coop should sell bottled water first came to her when a member asked for bottled water for the children and workers in the childcare room. She later proposed a water fil-

tration system for that space, which was installed and has since worked to everyone's satisfaction.

"Available fresh water amounts to one half of one percent of all water on Earth," Metz said. "It's a finite resource that is being polluted and privatized."

There have been steady increases in consumption of bottled water over the years. In 2006, Americans consumed 8.25 billion gallons of bottled water. That amounts to approximately 28 gallons per person. More than 50% of Americans use this product regularly. Metz believes that if this trend continues, in the near future the demand for

fresh water will be 56% greater than what will actually be available.

Lewis Friedman followed Metz's presentation with information regarding the impact of the bottled water industry on the environment. Friedman, a Coop member since the 1970s, stated that there were two problems with bottled water. The first problem is the use of plastics. The other is the use of landfills.

Oil is used to make the bottle and to transport the product. That translates into greenhouse gases and global warming. "The amount of oil it takes to make a plastic bottle would take up half of the bottle," he informed members, adding that opting to drink tap water instead may reduce petroleum use.

Environmental Protection Agency (EPA). Which, he said, suggests that bottled water is not held to the same high standards as tap water.

While some consumers fear public water supplies are vulnerable to contaminants (both natural and as the result of terrorist activity), it is true that the EPA requires regular testing to ensure that public water remains safe for consumption. The FDA does not require such frequent quality-control testing of the less-regulated bottled water industry.

Members Weigh In

Members responded to the proposal with enthusiasm. In some instances discussions became emotionally charged on both sides of the debate, with some members in favor of ending the sale of bottled water at the Coop and others adamantly against such a sweeping ban that would likely only result in members purchasing bottled water elsewhere.

Other members commented that it would not be fair to eliminate bottled water altogether without offering a realistic substitute. Tom Berton, a new member who joined the Coop with his wife (both are regular bottled water drinkers) in November, suggested the Coop offer a service similar to a water filtration plant, providing a place for members to fill up. "People will feel that they

are getting good water that they can feel good about," he added.

No vote was taken on the issue of ending the sale of bottled water. The topic will be revisited at a future General Meeting. The discussion ended with members on both sides of the debate promising to provide information to support their argument at the next meeting.

Valet Bike Parking

Meeting attendees also heard a proposal to initiate a valet bicycle parking service at the Coop as a means to provide safe bike storage for members. Coop member Marina Bekkerman was joined by Oksana Airolova, a representative from Transportation Alternatives, who explained that the system works similarly to a coat check. Members are issued a claim ticket that matches a ticket on the bike.

Members expressed general approval of the program, which might create a new squad that would address the problem of limited FTOP workslots mentioned earlier in the evening. A suggestion was made to include strollers as part of the service. While the idea was well received, members questioned the logistics of such an endeavor. Where would the bikes be stored and how would they be safeguarded?

The Coop's Environmental Issues Committee has already petitioned New York Department of Transportation for more bike racks in the area, but these will be community bike racks that cannot be commandeered for exclusive use.

Discussion will continue on this proposal.

Financial Statement

The Coop's Financial Statement for the 40 weeks ending November 4, 2007 as compared to the 40 weeks ending November 5, 2006 was presented by General Coordinator Mike Eakin. Sales for the 40 weeks were \$22,013,547, up 5.78% from the prior year. This increase is due to sales per member rising 4.28% and the average size of the membership rising 1.43%. The bottom line of the income statement shows a loss of \$41,695 compared to a gain at this point last year of \$51,779. This is primarily due to expenses rising to 17.61% of sales as compared to 16.78% last year. Inventory turnover is at the rate of 56 times per year, which is roughly three times the rate found at other coops. ■



Thursday, Jan. 3

7:30 p.m. at the Coop

Susan Baldassano coordinator

PARK SLOPE FOOD COOP

Embracing Menopause Naturally

Food guidelines and kitchen-tested recipes that help relieve menopausal symptoms.

MENU

- Greens with Hiziki
- Sweet and Sour Carrot Salad
- Lentil Soup with Seasonal Greens

\$4 materials fee
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Guest chef Gabriele Kushi, BFA, MEA

The founder of Kushi's Kitchen is an internationally known lecturer and macrobiotic certified health guidance consultant, cooking teacher and private chef. Gabriele presents a clear and valuable case for replenishing hormones and minerals the natural way. The right foods eaten regularly will provide a strong base for any stage of life. Gabriele will lecture and the following recipes from her book **Embracing Menopause Naturally** (which will be on sale at the class) will be served.

MEMBERS & NON-MEMBERS WELCOME.

Come early to ensure a seat.

The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop.

The goal is to work toward preventing and eliminating discrimination in the Coop and to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

Voice

mail

(888) 204-0098

Email

psfcdiversity-cpr@hotmail.com

Contact Form or Letter:

DEC Contact forms are available in the literature rack in the ground floor elevator lobby. Place a completed form or other letter/note (anonymously if desired) in a sealed envelope labeled "Attn: Diversity and Equality Committee" and use one of the three methods listed below to get it to the committee.

Mail

Park Slope Food Coop
Attention: Diversity & Equality Committee
782 Union Street
Brooklyn, New York 11215

Mail Drop Box

Which is located in the entryway vestibule on the ground floor under the flier caddy.

Membership Office Mailbox

The DEC has a mailbox in the Membership Office on the second floor of the Coop.

ANNOUNCING AUDITIONS FOR OUR THIRD COOP KIDS VARIETY SHOW

Auditions:

Coop members ages 4-18

- Saturday, January 5, 2:00-4:00 p.m.
- Sunday, January 13, 12:00-2:00 p.m.

Coop second floor meeting room

To reserve an audition spot contact::

Martha Siegel: 718-965-3916 or msiegel105@earthlink.net

You must audition to be in the show.

- Polished act not required for audition; we can help you polish it.
- Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please)

Performance Date:

Saturday, March 8, 7:00 p.m.

at the Old First Church

We look forward to hearing from you!

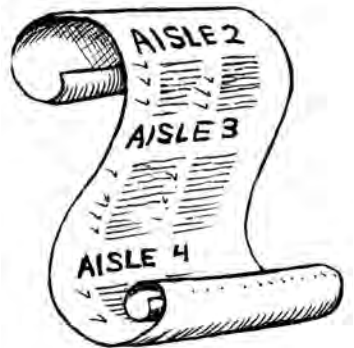
Shopping Tips to Nix Coop Chaos

By Gayle Forman

Let's face it. Some days, it's not as challenging to fulfill your Coop workslot as it is to fill your shopping cart. Between crowded aisles, long lines, sold-out items and childcare too full to take your kid, getting your groceries often takes some serious ingenuity and wherewithal. Coop members, being the clever folks that they are, have devised all sorts of strategies to work the system to their advantage. We took an informal survey to uncover some of their secrets.

Get organized

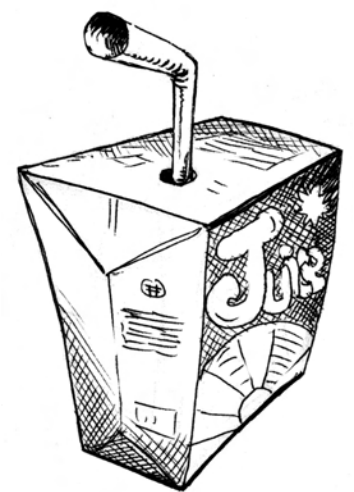
For some members, a list scrawled on the back of a Con Ed bill is sufficient. Others, however, like to prepare a NASA-worthy checklist. For the past five years, April Sil-



ver has used a template shopping list based on the layout of the store. The list doesn't contain every item in the store; just the things her family tends to use (be it veggie sausage on Aisle 1 or Anna's Ginger Cookies on Aisle 7). "I found if I just wrote down things as the week went on, when I got to the Coop, the items would be all out of order. I'd have to run around and I'd usually remember that I needed celery when I was all the way on aisle seven," she says. "Now I leave a list hanging on my fridge. If I run out of something while I'm cooking, I check it off. It's so much more efficient."

Aisle six is usually a good place to park.

It turns out many members have some variation on this plan, using Excel spreadsheets or text documents; some have even taken the strategy one step further, splitting up the list among family members and tag-team shopping with different relatives responsible for products in different zones.



Be flexible with your menus

Bonnie Reese has found a novel way to avoid the frustration of not finding the ingredients she needs for a given meal. She shops armed with a stack of potential recipes for the week, then lets the day's offerings decide what she will cook. "I group ingredients by recipe and I always start at the meat case in order to determine which recipes qualify that week. I obviously bring more recipes than I plan to cook," she says.

Many members use Excel spreadsheets or text documents to plan Coop shopping.

Have a bribery plan

Childcare is one of the many joys of Coop shopping. But sometimes childcare is full; other times, not even the promise of free bagels can convince a clingy kid to stay upstairs. If that's the case, it can help to have a backup plan. Before my daughter would stay in childcare, I'd plot my shopping trip to various bribery points at the store. Robert's Booty used to be displayed near the grocery carts and would generally keep her happy through produce, dairy and into bulk, where she inevitably got thirsty, at which point, she was allowed a juice box. The juice—or more often the straw that came with the juice—could keep her occupied right until Aisle 7, at which point we were at Fruit Leathers. (And yes, officially you're not supposed to eat food before you pay for it, but try explaining that to a screaming toddler.)

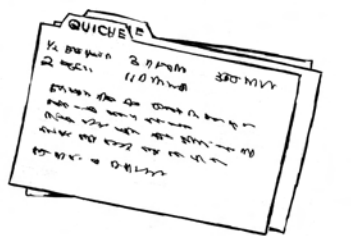
Clear the aisles

Getting through the Coop aisles sometimes feels like trying to walk through Times Square at Christmas, when the Broadway shows have let out: gridlock. The number-one shopping trick recommended by shoppers is to simply position your cart out of the way (at aisle heads or in between produce stands) and ferry your goods back and forth, moving your cart to strategically located spots as you make your way through the aisles. "There are all these

little cubbies," says Jackie Gross. "You have to know the good spots and make sure you're not blocking the dairy case. Aisle six is usually a good place to park."

Categorize your items

Perhaps nobody knows how to facilitate the checking-out process better than the checkout workers. One seemingly obvious tip is to group products together so multiples can be scanned at once—something that espe-



ILLUSTRATIONS BY OWEN LONG

cially holds true for produce; it can take four screens to get to that organic acorn squash. And then there are some more nuanced ideas. Jackie Gross notes that some shoppers will order their checkout items so that scannable items (those with bar codes) are processed first, while produce, which takes longer, goes last. "That way, you can start bagging your groceries while the checker is still doing the produce," she notes.

Say Ohm

If when all is said and done, none of these strategies ease your Coop experience, then perhaps a more holistic approach is in order. Robyn Myhr generally times it so she shops right after taking a yoga class. "I get my Zen on and then I go shopping," she says with a beatific smile. "And I'm nice to people." Perhaps that's the best Coop trick of all. ■

Coop Job Opening: Receiving/Stocking Coordinator

Description:

The Coop is hiring a Receiving/Stocking Coordinator to work primarily in the Meat/Poultry and Cheese departments. We are looking for someone who is knowledgeable about meat and cheese and will enjoy working with these products. Working with perishable items requires a great deal of attention to detail and good math skills. You will also have more general responsibilities, working with the Receiving Squads and keeping the store well-stocked and orderly. We are looking for a candidate who wants a schedule that runs from Sunday through Thursday. The ideal candidate will have been working on a Receiving workslot for the Coop. It is essential that the candidate be a reliable and responsible self-starter who enjoys working with our diverse member-workers. You must be a team player, as you will be sharing the work with one to several other Receiving Coordinators. Also required are excellent communication and organizational skills, patience and the ability to prioritize the work and remain calm under pressure. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours. The job will include work in the walk-in coolers and freezer.

- Hours:** 35 hours per week, schedule—to be determined—will be afternoon, evening and weekend work.
- Wages:** \$21.05/hour
- Benefits:** —Health and Personal time
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years
—health insurance
—pension plan
(no payroll deductions for benefits)

Application & Hiring Process:

Please provide a cover letter with your resumé as soon as you can. Mail your letter and resumé or drop it in the mail slot in the entryway of the Coop. Please state your availability. All applicants will receive a response. *Please do not call the office.* If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Minimum of six months' membership in the Park Slope Food Coop. Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

Author! Author!

CONTINUED FROM PAGE 1

would do. He wrote another novel. That novel also went unpublished. “I was really depressed,” he admits. “It’s not as bad as a relative dying, but in the sense of having your heart broken.”

His supportive agent saw that he wanted to give up and said what so many writers long to hear: “Listen, I know you can do this. You need to keep trying.”

“That sort of gave me the gumption [to go on],” Delson said.

After working for three years in Manhattan at a white-shoe law firm, Delson had saved enough money for a sabbatical. He quit his job as a lawyer and started working in earnest on Maynard & Jennica.

Along the way, between law school and writing the novel and the novel’s publication, Delson moved to Brooklyn (in April 2000) and joined the Park Slope Food

Coop (he currently works checkout on the shopping squad and loves it—loves it). His loyalty to the PSFC is such that he included the dates of his upcoming Coop shifts on the Maynard & Jennica book tour schedule.

“The thing that’s great about shopping for me... there really was a period for me, especially when I was single, where it really was the social highlight of my month sometimes. I mean, you go there and you’d have ten or fifteen conversations. I mean there are always cute girls coming through the register to talk to.”

you’re eating all these greens. You figure out the difference between a meyer lemon and a regular lemon.

“There was a period for me, especially when I was single, where the Coop was the social highlight of my month.”

“At the PSFC you have such a concentration of foodies and people with their ideologies of food. Nadine Hamamoto’s tirade about the Greens’ (Jennica’s family) refrigerator would never have been written without the Food Coop.”

The Coop gives a nice shape to Delson’s often solitary days (though he does live with his girlfriend, who is also a writer). Best of all, it’s a way of discovering hitherto unknown vegetables—from chard to kale to collard greens—and how to prepare them.

While the Park Slope Food Coop is never mentioned outright in Maynard & Jennica, a reader in the know can distinguish its fingerprints in the Brussels sprouts Maynard (who is called Arnie in the book) culls from the stalk to prepare for Jennica for dinner. And its eco-philosophy is largely evident in the character of Gabe Green, Jennica’s bread-baking younger brother. Gabe is, most of all, an earthy Californian who abhors New York City’s deadened produce as it appears when stuffed into Styrofoam

containers and then covered in shrink wrap and bought from the corner deli, and which his sister Jennica then places in another plastic bag for the trip back to her apartment.

Gabe loves to cook, and the food he prepares for his family, especially his 10-grain French toast, will inspire many hungry readers—or at least those who belong to the Coop—to momentarily put down the book, pick up their recycled cloth mesh bags and their PSFC ID cards and go shopping. Just remember, the tenth grain is soy and that’s a bean, not a grain. So it’s really nine-grain French toast. But a reporter can quibble. What’s next for Rudolph Delson? A book set in his native San Jose. It takes place during the 1980s and features a troll. Not based on anyone from the Coop, we hope. ■



Rudolph Delson

PHOTO BY ALEX FREUND

Do you have WINTER CLOTHES you can't use?

Someone else needs them!

Bring adult and children’s winter clothes and outerwear to the Coop’s second floor starting on Friday, November 23, through Monday December 31.



Clothes must be clean and have working zippers & buttons! Winter clothing only, please.

- Adult men’s clothing will go to CHIPS*.
- Women’s and children’s clothing will go to the Village Care of NY Redhook Community Service Center, the Catherine St. Shelter in Manhattan or the homeless women’s shelter on 8th Ave. & 15th St. in Park Slope.

Many Thanks!

*Christian Help in Park Slope, our local soup kitchen at 4th Ave. & Sacket.

Holiday Help Needed



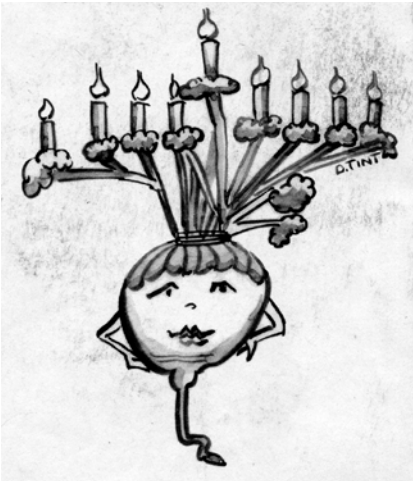
Owe make-ups? The Coop needs extra workers this holiday season! You don’t need to schedule make-ups in most cases. Just show up at the start time of a shift and speak to the squad leader. Do you want to get ahead on your FTOP work? Contact the Membership Office to schedule FTOP shifts.

Swapping Helps the Coop and You!

Can’t make it to your regularly scheduled shift over the holidays? Don’t leave your squad mates understaffed! Swap with another member to make sure your job is covered.

There are three ways to find a swap:

1. The “Shift Swap” bulletin board next to the cashier area is where members looking to trade shifts put up notices.
2. The Coop website (www.foodcoop.com) has a “Shift Swap” section where members post messages for trades. Look for “Arrange a Shift Swap” on the homepage.
3. The Coop provides Committee schedules that include the names and phone numbers of other members who do the same type of work as you at the same time on alternate weeks. These schedules are available in the entrance lobby and in the Membership Office.



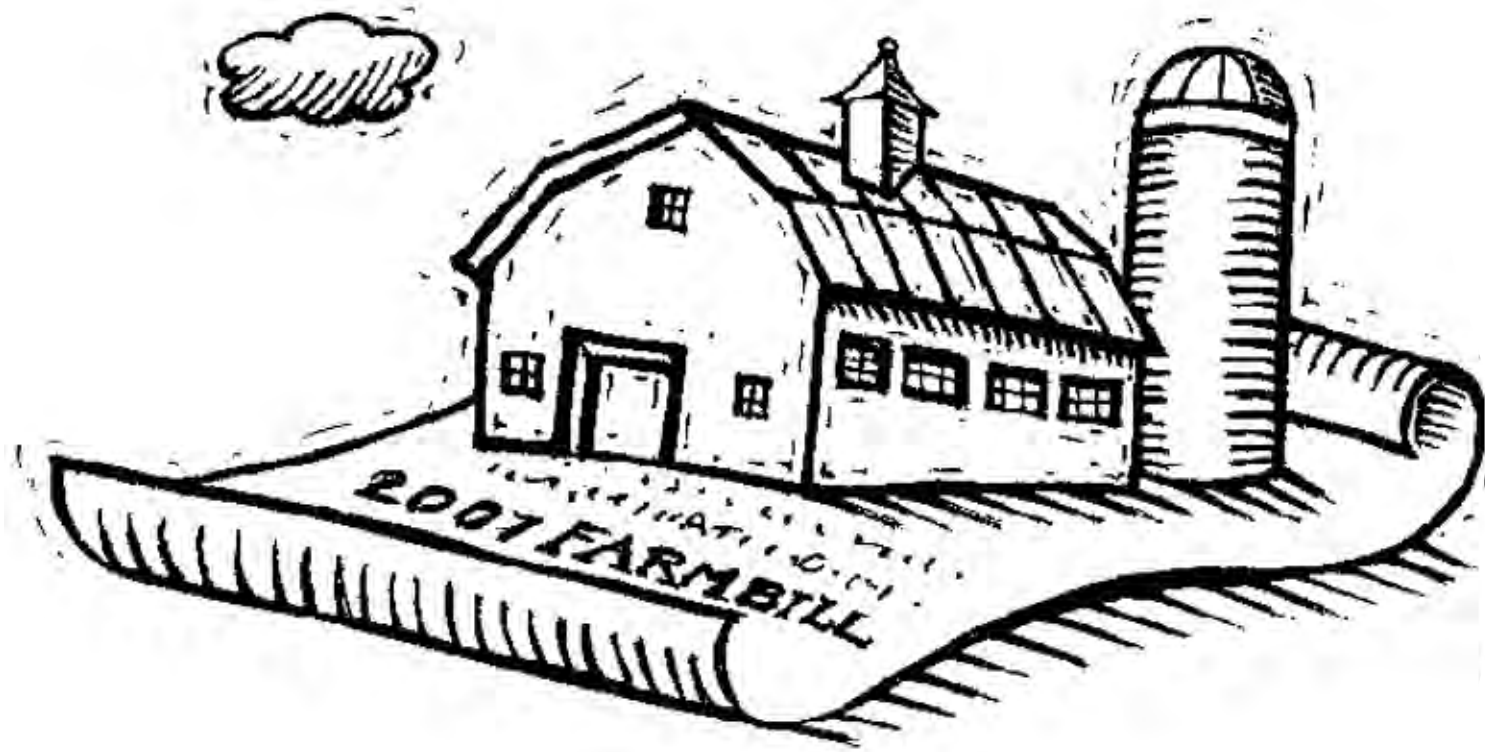


ILLUSTRATION BY SUSAN GREENSTEIN

Understanding the 2007 Farm Bill

By Johannah Rodgers

On July 27, 2007, the House of Representatives approved a \$90 billion farm bill covering a host of allocations for many different aspects of food production as well as items related to conservation, public food aid and energy. The bill, which is currently being debated in the Senate, may or may not be passed by the end of this year. Though the bill's fate will be decided by politicians, the ramifications of the bill extend well beyond Washington, D.C., and will, in myriad ways, affect everything from the produce we buy at the Coop to world trade policy and international hunger relief programs.

As passed by the House, the Farm, Nutrition and Bioenergy Act of 2007 will impact not only what crops are grown in the U.S. but how, where and by whom they are grown. Explaining just how important the farm bill is to our food choices, the journalist Michael Pollan commented in a December 2006 interview with *The Linewaiters' Gazette*, "When it comes to what we are offered at the store, the farm bill matters as much as what you and I decide to buy." In his books and articles, Pollan has written extensively about how and why farm policy often not only influences but determines what we eat.

While the importance of the farm bill to food production and food choices cannot be overstated, the bill is also about much more than domestic food production. At the heart of every farm bill is farm income and commodity price support policy, i.e., the methods and level of support that the federal government provides to agricultural producers. However, farm bills also include provisions related to agricultural trade, foreign food aid, environmental conservation, forestry, domestic food aid (primarily food stamps) and rural development. The 11 sections of the current farm bill give a good sense of just how wide-ranging the bill is; they include commodity programs, conservation, trade, nutrition, credit, rural development, research, forestry, energy, horticulture and

organic agriculture, and miscellaneous provisions.

In the case of the 2007 House bill, which continues to be debated in the Senate and which may be vetoed by President Bush because it includes stricter enforcement of a tax on the U.S. earnings of foreign corporations to help raise an additional \$7.8 billion to fund nutrition and energy programs, both the provisions in the bill and the provisions left out of the bill will determine not only what food is being grown but the economics and practices of growing and exporting that food, as well as how it is labeled.

The ramifications of the bill extend well beyond Washington, D.C.

According to Phil Fraas, a Washington agricultural attorney and veteran of six previous farm bills, the House bill was very much a compromise and left many items unchanged from the 2002 farm bill. Notable additions included increased funding for nutrition programs and \$2.5 billion in funding for alternative fuel programs, as well as the implementation of a Country of Origin Labeling (COOL) program for meat and poultry products and a proposal to enable African-American farmers to seek damages for USDA discrimination.

While, overall, farm groups appeared to be pleased with

the contents of the bill, those seeking reforms were not. One of the most notable things about the House bill was what was left out, which included a "Fairness in Farm and Food Policy" amendment that would have made changes to farm commodity pricing structures and subsidies to address current imbalances that favor large producers. Sponsored by Ron Kind (D-WI), Jeff Flake (R-AZ), Earl Blumenauer (D-OR), Paul Ryan (R-WI), Barbara Lee (D-CA), Dave Reichert (R-WA), Rush Holt (D-NJ), Christopher Shays (R-CT) and Jim Moran (D-VA), and also known as the Kind-Flake amendment, the legislation would have, according to Congressman Kind, addressed "the real problems with our current farm programs: they direct billions in taxpayer dollars to a few but very wealthy producers in a handful of congressional districts at the expense of programs that truly help family farms; they distort the market; and they make us susceptible to WTO challenges. The Fairness amendment would have changed that—making farm spending more equitable and fiscally responsible, and reinvesting the savings in rural America through conservation, nutrition and rural development."

Also excluded from the 2007 House bill were any additional regulations for the treatment and slaughter of farm animals, and those related to the environmental impact of factory farms. Com-

menting on the House bill in a September 2007 editorial, Mia MacDonald of Brighter Green, an environmental policy think-tank organization focusing on equity, sustainability and rights, and Gene Baur of Farm Sanctuary, the

nation's leading farm animal protection organization, refer to it as "business as usual," but are hopeful that changes may be made in the Senate and propose that this bill may very well be "the last hurrah for large agri-business." ■

Support a New Coop!

Do you live or work in the Bronx?



Would you prefer to do your workslot on Saturdays?

Then inquire about supporting the South Bronx Food Cooperative!

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help.

To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To make work arrangements, please email ellen_weinstat@psfc.coop or call

718-622-0560

WHAT IS THAT? HOW DO I USE IT?
Food Tours in the Coop

In the beginning there was stardust
which spun into a round ball
of hot rock, molten lava and hard cold rock

Then the water came
The water set the plants to grow
As they grew they drew the rocks
up into themselves
bit by bit

The animals came and ate the plants
making, in turn, the rocks part of them

People came and harvested the plants
and ate the animals
and they too became made, in part, with rocks

And so it was that rocks became part of living things
so that they too could live

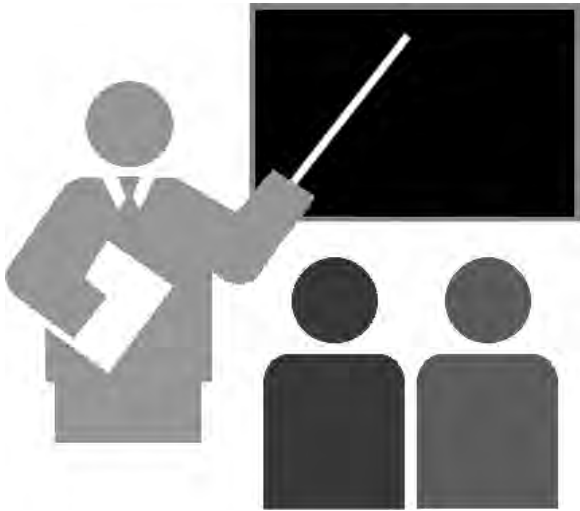
The Park Slope Food Coop
part of the process

by Myra Klockenbrink

Mondays **January 7 (A Week)**
 January 21 (C Week)
 Noon to 1 p.m.
and **1:30 to 2:30 p.m.**

Tuesday **January 22 (C Week)**
 2:30 to 3:30
and **4:00 to 5:00 p.m..**

Or you can join in any time during a tour.



**The
Orientation Committee
Needs You!**

We are looking for energetic Coop members with a teaching or training background who can work on Monday evenings. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with at least two years of membership will be considered.

Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

For more information, contact the Membership Office or write to karen_mancuso@psfc.coop.



**Coming Soon
The newest
issue of
Community
Ties**

This is the long-awaited directory of neighborhood merchants offering exclusive discounts to Park Slope Food Coop members.

By New Year's Day, check www.food-coop.com for the latest issue of this invaluable reference. Printed copies will also soon be available throughout the Coop. Get ready to enjoy your discounts in 2008!

- In every issue:
- Advertising & promotion
 - Antiques
 - Apparel
 - Art gallery
 - Beauty salon
 - Bed & breakfast
 - Books
 - Business coaching
 - Car rental
 - Career counseling
 - Children
 - Classes
 - Cleaning services
 - Computer café
 - Computer services
 - Cosmetics
 - Counseling
 - Dance
 - Dentist
 - Design
 - Dry cleaning
 - Extermination
 - Financial services
 - Food & restaurants
 - Furniture
 - Gym/trainers
 - Healing arts
 - Health & beauty
 - Health products
 - Health services
 - Management
 - Maternity/infant/nursing
 - Mediation
 - Museum
 - Organizing
 - Parties & entertaining
 - Photography
 - Solar energy
 - Specialty
 - Sports & sporting goods
 - Used furniture
 - Video services
 - Web design
 - Writing/editing

COOP SQUAD LEADERS

Do you want your shift to operate more smoothly?
Are there folks on your squad who seem to irritate one another, and it's hard to see what the problem is?
When a conflict occurs between shoppers during your shift, what can you do to ease the situation on the spot and to offer resources to anyone who wants to follow up?

The Park Slope Food Coop's Diversity and Equality Committee is holding a series of workshops for Squad Leaders (and other squad reps who are not Squad Leaders). The two-hour workshops will explore the meaning of diversity in a group context. Through interactive discussion we will talk about the values of diversity, our own individual diverse perspectives, and how differences can create both collaboration and conflict. We will discuss conflicts that have arisen in the Coop and basic conflict resolution techniques.

Thursday, January 17 **Saturday, January 19**
7 pm – 9 pm **2 pm – 4 pm**

Please call (888) 204-0098 to confirm your attendance and/or for more information. This is a voicemail box, so please be sure to leave your name, coop member number, contact information and the date you are interested in attending so that we can be in touch with you.

Diversity and Equality Committee
PARK SLOPE FOOD COOP

Work credit (make-up or FTOP) is available to those who attend.



**ATTENTION
BUSINESS OWNERS**

The Park Slope Food Coop invites merchants, service providers and business owners to join an exciting community-building program at the Coop, the Community Ties Program! This is a directory of businesses offering exclusive discounts to Park Slope Food Coop members, at www.foodcoop.com. The program connects our dynamic membership of more than 13,000 with participating neighborhood merchants.

Merchants who register with the Community Ties Program offer PSFC members who show a Coop membership card a discount or some other special offer that is not available to the general public.

We may provide your business with literature identifying you as a participant in the program. We periodically publish a list of participants with a description of the type of services/merchandise provided and the special offer; that is, continuous, free advertising to our vast membership.

If you would like to include your business in our listing, leave a voicemail message for Camille Scuria at: 888-922-2667, mailbox 87. In your message include your business name, category, address, phone number, and your contact name. We'll contact you about the exclusive discount that you will offer to PSFC members.



Coop Member Pens Kwanzaa Book

By Maitefa Angaza

Kwanzaa turns 41 years old this month and has grown far beyond its humble beginnings. Over 20 million people of African descent around the world now claim to be regular observers, despite naysayers and in the absence of a mega-bucks media campaign. There are now people, businesses, community programs, houses of worship, theater companies and music CDS named after Kwan-

zaa or its principles. Celebrants can be found in Paris, New Zealand, Jamaica, Cameroon, West Africa and Brooklyn, New York, among many other locales. The foods they make for the feast may vary, as may the songs they sing, but what they have in common is an appreciation for a tradition that extends beyond an ideology or personality and offers ethical guidelines that positively reflect their heritage.

The foundation of the Kwanzaa holiday are the Nguzo Saba (Seven Principles): Umoja (Unity); Kujichagulia (Self-determination); Ujima (Collective Work and Responsibility); Ujamaa (Cooperative Economics); Nia (Purpose); Kuuma (Creativity) and Imani (Faith). These principles speak directly to the need many feel for an effective way of engaging the world. My book, *Kwanzaa: From Holiday to Every Day*, encourages readers to carry the spirit and practice beyond just one week of the year. Profiles of persons and groups exemplifying a daily

many young women over the years, gifting them with marketable skills to last a lifetime. There's also the young Brooklyn woman (not a PSFC member) who reunited her siblings after they'd been estranged for years through the foster care system. Their first meeting was a Kwanzaa gathering at her home and they've followed through ever since, supporting one another by adopting a common goal each year. For example, this young woman lost 50 pounds one year with the attentive assistance of her siblings. We also learn of a man in Maryland bringing

and vegetarian favorites and even a few raw-food recipes. There's an extensive listing of book, music and film titles for gift-giving and a list of storefront and online sources for Kwanzaa-table items, cards and culturally inspired clothing, accessories and crafts.

Also addressed is the confusion some have over Kwanzaa and Christmas. People across the globe have added Kwanzaa to their family's holiday observances, recognizing that as it is not a religious holiday, it does not stand in conflict to the practice of any faith. Nonetheless, this cultural holiday does have spiritual applications, evidenced by Kwanzaa's focus on ethics, self-assessment and expressions of thanks to the Creator for the "harvest." Kwanzaa was conceived to fall in line with several traditional harvest celebrations that pre-date Christmas and are still observed in parts of Africa at this time of year. One example is Umkhosi, the harvest festival of the Zulu people of South Africa, which is a central model for the holiday.

There's much more to the book than can be discussed here that can help to inform and enliven your celebration.

Look for it on the bookshelf while you're waiting in line. It's got a bright orange cover and is illustrated throughout

by artist Jimmy James Greene. It makes a great Kwanzaa gift, and purchasing it here supports our Coop. ■

Member Contribution

commitment to these ideals are included in the book. Most of those whom we meet, however, are just people who made progressive decisions and acted upon them. A few of them are Coop members.

There's the woman who exemplifies Ujima through her work in city schools and another who has mentored


of brutal encounters with law enforcement.

For those new to Kwanzaa, my book provides a complete guide to planning and enjoying an authentic celebration, be it for five people or 500. Veteran observers will enjoy the decorating tips and recipes for the feast, including dishes from Africa and the Caribbean, traditional

Saturday, December 29
10:30–2:00 at the Coop

FREE
Non members Welcome

children's
book and
toy swap



Ready for an early spring cleaning of your
kid's room?

Bring your children's outgrown books and
toys to swap with others.

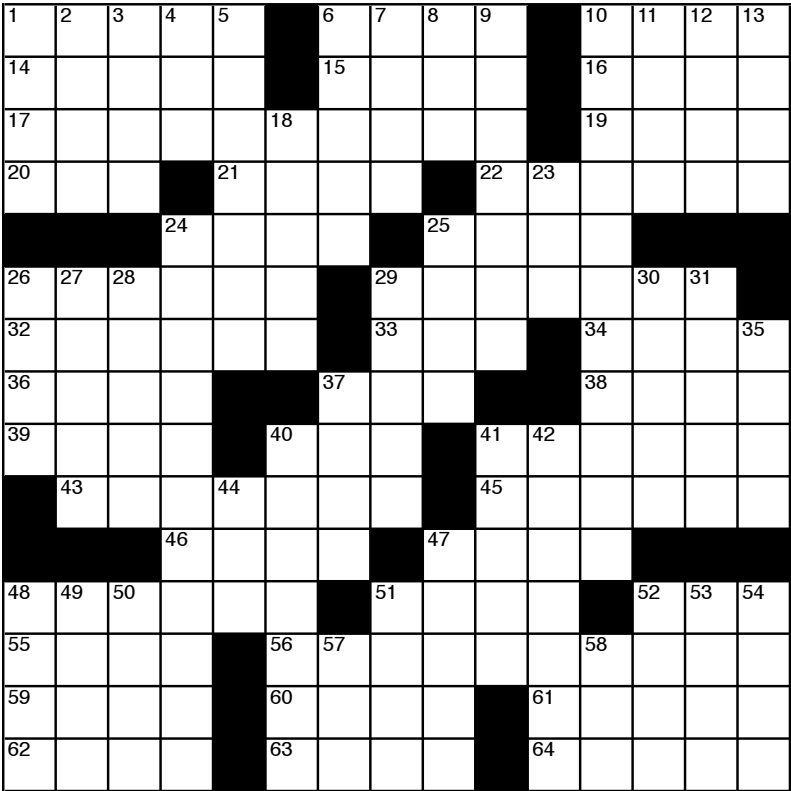
Please bring only books and toys that are
clean and in good condition.

Broken or shabby items will not be accepted.

Views expressed by the presenter do not necessarily represent the Park Slope Food

Puzzle Corner

Happy New Year



This week's puzzle by Stuart Marquis. For answers, see page 10.

- ACROSS**

1 Flower arrangement
6 Part of a New Year's trilogy
10 Is outstanding
14 Skip the aisle
15 Upscale party snack
16 Cyclone, for one
17 Natural magnets
19 Piece of pond scum
20 Caustic cleaner
21 Brick baskets
22 Unburned bit
24 Captain before Kirk
25 Part of a New Year's trilogy
26 Nook

29 Breakfast dozen
32 Scurvy dog
33 Rent out
34 Spouts
36 Rate
37 Klutz
38 Beehive state
39 Complication
40 Unprocessed
41 Wrigley's raw material
43 Kin to ices
45 Gold, frankincense, and myrrh
46 Crutches
47 Part of a New Year's trilogy

48 It might be hidden
51 All ears
52 Get 1600 on the SAT, e.g.
55 Spanish ball
56 _____ café, Lake Wobegon hotspot
59 Off the beaten path
60 Try on film
61 Belarus buck
62 What one is en garde from
63 Shack out back
64 Origins
- DOWN**

1 It may be hard or soft
2 Stratagem
3 Harassed
4 Big galoot
5 New York City-based university
6 Domicile
7 Resting places in a 41D
8 What sleeping dogs do
9 Higher-pitched counterpoint
10 Florida's pride
11 Lynch's "____ at Heart"
12 Hipster quality
13 Brand

18 Memento
23 Sign, as a contract
24 Fertility symbol
25 Garrett of 70's song
26 Nile dangers
27 Rests against
28 Important tree for confectioners
29 Minced preparations
30 React to a bad stomach flu
31 Past its prime
35 Sow or cow
37 Belmont breakfast
40 Sanitizes

41 Sepulcher
42 Those having a clue
44 One heart, e.g.
47 Had enough
48 Skillful
49 Hair product, slangily
50 Alternative lead-in
51 Grass comb
52 Cleric
53 Unsympathetic
54 Crosses off
57 Jolly comeback
58 Suffer remorse

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS'
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday
Jan 18
8:00 p.m.

very
The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

A Great Big Band Sound from a Great Small Band

SWING STREET

Marje Wagner

Barry Bryson

Carolynn Murphy

"Swing Street is a dance band with a rare ability: It provides stirring jazz and dance tempos without compromising either one," wrote Stuart Troup in *New York Newsday*.

Come join Barry Bryson, band-leader and trumpeter, with Coop musicians for a night of big band dance music, with special guest vocalist, Marje Wagner.

George Kanzler, *Newark Star Ledger*, says, "Not only are the musicians all committed to playing the music well, they're also dedicated to making it sound fresh and interesting, too."

Barry Bryson—Trumpet/Leader
Sheila Cooper—Alto Saxophone
Andy Middleton—Tenor Saxophone
Marje Wagner—Vocals

Stefan Bauer—Vibraphone
Matt Pavolka—Bass
Rob Garcia—Drums

Dance Instruction

Carolynn Murphy has been swing dancing for over 15 years. She fine tuned her skills in the dance clubs in Harlem, where she paired with with legendary swing greats, Buster Brown, Leroy Griffin and Frankie Manning. Other dance genres to her credit include rthym tap, zydeco and salsa.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

What's in
what's out.

What's up.

www.psfc.blogspot.com

www.foodcoop.com

Concept & illustration by Fred Fassberger

Looking
for
something new?

Check out the Coop's products blog.

The place to go for the latest information on our current product inventory.

You can connect to the blog via the Coop's website
www.foodcoop.com

This Issue Prepared By:	
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Index:	Len Neufeld

WORKSLOT NEEDS

Early Morning Receiving/ Stocking Committees

Monday–Friday, 5:30 a.m., 6:00 a.m., and 7:00 a.m.

Early morning Receiving/Stocking squads work with Receiving Coordinators to receive deliveries and stock the store. These Squads help to unload delivery trucks, organize products in the basement, load carts, and stock shelves, bulk bins, coolers and produce on the shopping floor. You may be asked to stock perishables in the reach-in freezer or walk-in cooler. Boxes generally weigh between 2–20 lbs.; a few may weigh up to 50 lbs. Other duties include breaking down cardboard for recycling, preparing produce for display, and general cleaning. You

will have the opportunity to work closely with our produce buyers and learn a lot about the produce the Coop sells.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 a.m. to 11:45 a.m. or 11:15 a.m. to 2:00 pm

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4th Avenue and Sackett Street. Workslots preparing food, helping serve meals, and cleaning-up are available to Coop members who have been a member for six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working

in the kitchen. Please contact Camille Scuria in the Membership Office if interested.

Plastic Recycling Drivers

The Plastics Recycling Squads are looking for drivers to transport plastic recycling collected at the Coop to the recycling plant in Brooklyn. Drivers are needed for shifts on Wednesday, Friday, Saturday, and Sunday. Drivers must have a large capacity van or truck for the volume of recycling collected. You need to be able to lift and work independently. Reliability a must as you are the only person coming to do this job on your day. Recycling collected from the Coop on Saturday or Sunday needs to be stored by the Coop member in their car or

CONTINUED ON PAGE 10

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

January 3 issue: 7:00 p.m., Mon, December 24
January 17 issue: 7:00 p.m., Mon, January 7

CLASSIFIED ADS DEADLINE:

January 3 issue: 7:00 p.m., Wed, December 26
January 17 issue: 7:00 p.m., Wed, January 9

General Meeting

TUE, JANUARY 8

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the January 29 General Meeting.

TUE, JANUARY 29

GENERAL MEETING: 7:00 p.m.

The agenda appears in this issue and is available as a flyer in the entryway.

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, January 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

FRI, DEC 21

ESPERANTO WORLD LANGUAGE OPEN HOUSE: Learn about the useful language, easily learned that has broken barriers & built over a million egalitarian friendships. Music, video, short talks by world-traveled speakers of Esperanto (in English). 6:30-9:00 p.m., 2nd Fl., United Federation of Teachers, 50 Broadway, Free. Rector St. #1 train/Wall St. #4,5 train. Refreshments served. 212-366-9482

SAT, DEC 22

PEOPLE’S VOICE CAFE: Rachel Stone, Laura Warfield at the Workmen’s Circle, 45 E 33rd St (btwn Madison & Park), 8:00–10:30 p.m. Wheelchair-accessible. For info,

call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can’t. No one turned away.

FRI, JAN 4

“INSIDE THE PARK SLOPE FOOD COOP” television show pays a visit to 3-Corner Field Farms, a sustainable farm in upstate New York that supplies the Coop with lamb. The episode can be viewed in Brooklyn on Channels 56 & 59 on Friday, January 4, at 2:30 p.m. and 10:30 p.m.

SAT, JAN 5

PEOPLE’S VOICE CAFE: Jon Fromer; Kim & Reggie Harris at the Workmen’s Circle, 45 E 33rd St

(btwn Madison & Park), 8:00–10:30 p.m. Wheelchair-accessible. For info, call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can’t. No one turned away.

SUN, JAN. 13

SIXTH SEMI-ANNUAL JEWISH SPIRITUAL STORYTELLING JAM-BOREE: Join Maggid Yitzhak Buxbaum & seven great storytellers for an evening of holy tales, live music and refreshments. Congregation Bnai Avraham, 117 Remsen St (btwn. Clinton & Henry). 7:00 p.m., \$10 (\$5 for students). For more info, call 347-245-0606.

WORKSLOT NEEDS

CONTINUED FROM PAGE 9

any problems in the confirmation tape. Facility with numbers and working with an adding machine are necessary skills for this workslot. Bookkeeping jobs are task oriented, not time oriented. There is some flexibility for when this job needs to be completed. A six-month commitment to the workslot is required. Please speak to Andie Taras through the Membership Office if you are interested.

Office Setup

Weekday mornings, 6:00 a.m. to 8:30 am

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adrianna in the Membership Office, Monday through Thursday, 8:00 a.m. to 2:00 p.m.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 a.m. to 11:45 a.m. or 11:15 a.m. to 2:00 pm

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4th Avenue and Sackett Street. Workslots preparing food, helping serve meals, and cleaning-up are available to Coop members who have been a member for six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.

Office Data Entry

Monday, Tuesday, or Wednesday, 4:30 p.m. to 7:15 p.m.

Are you a stickler for details, accurate on the computer, and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training and Coop staff will always be available to answer questions. Please speak to Ginger Hargett in the Membership Office if you would like more information. Workslot requires a six-month commitment.

Plastic Recycling Drivers

The Plastics Recycling Squads are looking for drivers to transport plastic recycling collected at the Coop to the recycling plant in Brooklyn. Drivers are needed for shifts on Wednesday, Friday, Saturday, and Sunday. Drivers must have a large capacity van or truck for the volume of recycling collected. You need to be able to lift and work independently. Reliability a must as you are the only person coming to do this job on your day. Recycling collected from the Coop on Saturday or Sunday needs to be stored by the Coop member in their car or home until Monday. The recycling center is not open to accept plastics on the weekend. All drivers must be available to drop off the recycling at the center between 8:00 a.m. and 3:00 p.m. when the recycling facility is open. Member will be reimbursed for mileage according to IRS reimbursement rates. If interested please contact Office Coordinator Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or drop by the Membership Office to speak to her.

Puzzle Answer

S	P	R	A	Y		A	U	L	D		O	W	E	S
E	L	O	P	E		B	R	I	E		R	I	D	E
L	O	D	E	S	T	O	N	E	S		A	L	G	A
L	Y	E		H	O	D	S		C	I	N	D	E	R
			P	I	K	E		L	A	N	G			
A	L	C	O	V	E		S	I	N	K	E	R	S	
S	E	A	M	A	N		L	E	T		J	E	T	S
P	A	C	E			O	A	F			U	T	A	H
S	N	A	G			R	A	W		C	H	I	C	L
	S	O	R	B	E	T	S			R	I	C	H	E
			A	I	D	S		S	Y	N	E			
A	G	E	N	D	A		R	A	P	T		A	C	E
B	O	L	A			C	H	A	T	T	E	R	B	O
L	O	S	T			T	A	K	E		R	U	B	L
E	P	E	E			S	H	E	D		S	E	E	D



Friday, January 4 • 7:00 p.m.
at the Coop



Chasing Perfection

Chasing Perfection (working title) is a series of short films about body image, media, and cultural identity that will be combined to make a feature documentary.

WET DREAMS AND FALSE IMAGES is a Sundance award-winning documentary film, that uses humor to raise serious concerns about the marketplace of commercial illusion and unrealizable standards of physical perfection.

THE GUARANTEE A dancer’s hilarious story about his prominent nose and the effect it has on his career. (winner: Best Short Film, Newport International Film Festival)

34x25x36 A tour of the Patina V Mannequin Factory in the City of Industry, California. (work-in-progress)

SKIN Is the “grass always greener”? (work-in-progress)

Filmmaker Jesse Epstein, received an MA in documentary film and gender studies from NYU. She has directed and produced documentary projects both nationally and internationally. Her Public Service Announcement about body image has been shown in the Media That Matters Film Festival in conjunction with the Human Rights Watch International Film Festival and on the Oxygen Media Channel. She is also the founder of a youth video program in Manhattan’s Lower East Side, and an instructor for Reel Stories: Sundance’s youth documentary lab. Jesse has received sponsorship from Chicken & Egg Pictures and the Fledgling Foundation. Some of her films are being distributed by www.newday.com.

FREE
Non-members
welcome

A discussion about this work-in-progress documentary with Coop member and co-producer, Trish Dalton and filmmaker, Jesse Epstein will follow.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



ENVIRONMENTAL ISSUES COMMITTEE REPORT

How to Know What's Really in Your Mouth

Committee analyzes ingredient lists so if it's GMO, you'll know!

By Terry-Anya Hayes for the Safe Food Committee and Kurt Flamer-Caldera for the Shelf Labeling Committee

In a healthy democracy, the people set the standards. That is, when the government is non-responsive to the needs of those it serves—e.g., us—it's up to us to act. In the case of genetically modified organisms (GMOs)—which despite ample evidence to the contrary, the government has deemed both harmless and equivalent in value to natural foods—it is particularly important for us to work for change. Studies of animals fed diets containing GMO foods show negative health effects ranging from digestive abnormalities to improperly developed vital organs. Yet these animal and plant products are currently finding their way, unmarked as such, into the general marketplace and so into our diets. Despite a growing outcry to outlaw these “Frankenfoods,” or at least to clearly label them, the Food and Drug Administration (FDA) has so far shown no inclination to change their stance. Thus, inadvertently, the FDA gave birth to the Park Slope Food Coop's GMO Labeling Committee..

“We viewed the absence of federal guidelines as a denial of our right as consumers to make healthy, informed choices about what we eat,” said Greg Todd, squad leader of the GMO Labeling Committee. “It was clear that members should have the option to decide whether or not they wanted to consume food containing GMOs.” The committee was formed to give members that right. It is charged with identifying and clearly labeling each product we sell that contains even a trace of GMO material.

Now, 12 months later, the committee is near completion of the Herculean endeavor of identifying potential GMO foods. Led by Todd and Gregg Bromberg, a food chemist whose technical expertise has been invaluable in maintaining the scientific rigor of the process, the committee members set about scrutinizing every ingredient list on every label in the Coop.

What were they looking for? Any items on the 17-point list of ingredients that at present may be provided by growers who use recombinant DNA technology to genetically engineer their crops or herds. The list includes corn (and its myriad derivative products like corn starch and corn syrup), soy (and soy lecithin), canola and milk, and on, and on.... Any ingredient noted as organic is by definition non-GMO. But the presence of any of these ingredients not labeled as organic in the products was noted on cards, which formed the basis of a database.

As huge an undertaking as that was, these were just the first two steps along the path to placing shelf labels that identify non-GMO products in the Coop. The next phase involves

contacting the producers of products noted to possibly contain GMOs. “We'll be asking them to verify in writing whether the ingredients they use are non-GMO or otherwise,” explained Bromberg. He indicated that based on his professional experience, it would take at least six to eight weeks to elicit a reply from the responsive producers. “Others are going to require a lot more follow-up,” he added, shaking his head.

Yet the team that persevered in reading every label and identifying every possible source of GMOs will undoubtedly persist in this as well. You may have seen them as you shopped, in their catchy, in-your-face “GMO Busters” organic cotton T-shirts, which were designed for the committee by Jeff Faerber. The T-shirts are available to members too, for a mere \$25 so if you are ready to proclaim your position on this issue, contact Greg Todd at gn.todd@verizon.net.

Very soon, labels will pop up on all our shelves to inform us with certainty which products are completely non-GMO. Good for us! But there's a larger world out there, and more threats daily from GMO crops and critters. If each of us brings the committee's incredible undertaking to the attention of our more nationally prominent neighbors—Senator Charles Schumer, for instance—perhaps they will be more likely to use some of their considerable influence in Washington to persuade the FDA to catch up with the Park Slope Food Coop in meeting the needs of the eating public, which I believe includes most of us. The GMO Labeling Committee has made a brilliant job of an exacting but vital task. Kudos! ■

Monthly on the...

Last Sunday
Dec 30 • 10:00 a.m.–2:00 p.m.

Second Saturday
Jan 12 • 10:00 a.m.–2:00 p.m.

Third Thursday
Jan 17 • 7:00–9:00 p.m.

On the sidewalk in front of the receiving area at the Park Slope Food Coop.

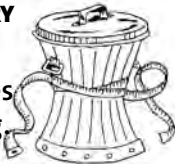
PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly.
Last drop offs will be accepted 10 minutes prior to our end time to allow for sorting.



Eating Healthy on a New York Budget

with Ameet Maturu



Start off the new year with a new relationship with food and money. In this interactive workshop, we'll discuss the importance of eating well and also how our thoughts about money can sometimes get in the way of truly nourishing ourselves.

We'll also share real solutions to spend less, eat better, and feel great.

Ameet Maturu, HHC is a chef, personal finance guru, and founder of The Intuitive Cook, a local holistic health counseling practice. He has worked for several years in the food industry and is a member of the Park Slope Food Coop.

FREE
Non members welcome

Sunday, January 6
12:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, January 12
12:00 p.m. at the Coop

FREE

Non members Welcome

Homeopathy and First AID

PART II.

with Claire Dishman

Homeopathy is often at its most impressive when treating situations requiring first aid and minor acute illnesses.

This talk continues defining some of the more useful homeopathic remedies to have around the house for situations involving accidents, sports injuries, bleeding, allergies, fevers, coughs and colds. Attendance at the previous lecture is not required. Fundamentals will be covered again.

Homeopathy is a gentle system of natural medicine that uses the body's own healing capabilities along with a minute substance from nature to heal. The remedies are specifically prepared in very dilute forms using plants, minerals and animal substances.



Claire Dishman, a Coop member, is a graduate of the School of Homeopathy New York. She practices in New York City. Her interest in herbal medicine brings an added dimension to her practice. Her patients, including many Coop members, include children and adults needing assistance with everything from asthma to deep, chronic disease.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

January 12, 2008
3PM, at the Coop

FREE

Non members Welcome

Experiencing Art Therapy in a Group Setting



Whether you want to enjoy working with art materials or are feeling post holiday blues, come explore, experiment and create a mural together as easily as making a mark

on paper. You can choose to work in your own space or with others, relate verbally or with colors and shapes, make artistic decisions and see what comes together.

In an atmosphere of acceptance and non-judgement each participant will have an opportunity for understanding, satisfaction and connection.

Sarah Zahnstecher is a New York State licensed Creative Arts Therapist who works in private practice as well as in a hospital setting and has been practicing for over 20 years. She is a coop Member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



RETURNS/REFUNDS—
NEW POLICY?

TO THE EDITORS:

How many Coop members are aware of the new policy for returns or refunds? How many Coop members keep their itemized receipt and their “Paid in Full” receipt after shopping? Need to return/exchange an item? Don’t bother if you don’t have your “Paid in Full” receipt.

On November 25th I purchased Tom’s of Maine toothpaste. When I got home, I realized that I had picked up the wrong product. The next day, armed with my itemized receipt, I went to the Coop to exchange it. I was told “No” because I did not have the “Paid in Full” receipt. I was told several times that the policy is printed on the bottom of my “Paid in Full” receipt. Forgive me, but I misread the print on the bottom of the receipt. I saw the word receipt and thought that my itemized receipt was all that was needed.

I was extremely upset and tried to talk to an office coordinator who told me that it is only toothpaste and I am making a big deal of this. It’s the principle of the thing. Being a Coop member for 20 years and knowing the previous policy, it is difficult to transition to a new policy that has been in existence for a little over a month.

This same office coordinator said that she would bring this issue to her meeting on November 30th. I went back to the office on November 30th to find out what the decision was on my exchanging the toothpaste. No decision was made. I was told that Tricia would contact me in a few weeks. I can’t believe that a decision has to be made regarding my exchanging a tube

of toothpaste that costs \$3.99! What is the status regarding my toothpaste? Tricia has not contacted me yet. I’ve gone to the office several times to speak to her and I am told that she is out. I am still waiting!

If Tricia waits any longer, I won’t be able to do an exchange. According to the “Paid in Full” receipt, I only have 30 days to return the product. My itemized receipt clearly states Tom’s of Maine toothpaste.

It seems that the Coop has gotten too big and it is making this particular policy very difficult for its members. The itemized receipt should be sufficient to return, exchange or get a refund. Having to wait for someone to contact me about her decision on such a frivolous matter is outrageous!

Christine Boutross

P.S. As of this writing, a sign has finally been clearly displayed at the exit desk regarding the policy for returns etc.

WBAI UPDATE

TO THE EDITOR

WBAI updates: A court case by seven Resistance plaintiffs, claiming that no ballots should be counted until everyone who didn’t get a ballot gets a chance to vote, is going well. The Preliminary Injunction was signed by the Judge so that the ballots were impounded on November 20th, four days after ordered, and will not be counted until further Court action.

The Court ordered a conference on Nov. 27 and arguments to show cause on Nov. 29, where the Defendant’s lawyer, Dan Silverman, did not even submit papers, claiming he just got the case, even though the summons-

es were hand delivered on November 17 and 18. The Order to Show Cause was issued with Defendant having until December 20 to file papers and the next court appearance is, I think, January 14th. But we still have another letter to inform you of the date: We hope you can help us Pack the Court on that date.

Anyway the comment that named names was:

“Your disqualified candidate and especially Steve Brown continue to be harrassed in a screaming crescendo of race-baiting defamation, Delegate Cerene Roberts has added another notch to her physical assaults by assaulting Delegate Andrea Fishman in the Pledge Room, and listener Ed Marshall’s latest insult to dignity and sanity seems to be his best,” which gets us back to the WBAI story.

The 5-minute Ed Marshall movie is now on both video.google.com and youtube.com. Just search for “Ed Marshall” on either one to find it. By the way it is now one of our biggest “sellers” with 459 views on Google alone.

Newsflash: As of a day or two ago Delegate Cerene Roberts has been banned from the station for nine months because of assaults on several people. We don’t know whether the charges included assaults on Resistance Delegates Mitchel Cohen and Carolyn Birden, but they definitely included the assault on Delegate Andrea Fishman, who filed a complaint with the Police. More than the police complaint, the action may have come from the accession of our new Executive Director, Nicole Sawaya, who shared power with interim ED Dan Siegel for two weeks and is now the sole authority. Siegel, after doing his damdest to obstruct and destabilize the elections, now goes back to his job as Pacifica General Counsel.

Hopefully under Sawaya and the lawsuits now going on, including ours, Pacifica will finally begin the healing and reparations process that has been postponed for so long.

In solidarity and cooperation,
we remain

Albert Baron Solomon
PACVID1.com

Disqualified Candidate
WBAI Independent Campaign 2007
718-768-9079, hobces@yahoo.com

NO ORGANIC

TO THE EDITOR,

Amy Hepworth’s dedication to growing minimally treated fruit is questionably admirable, but it’s not organic, it’s not certified for anything, so we don’t know what chemicals we’re ingesting when we eat apples from her farm.

Her virtual monopoly on apples sold at the Coop means that we carry practically no organic apples. Those of us who joined the Coop for organic produce are typically left with three varieties of apples: Granny Smith, Red Delicious and three-pound bags of ever tinier Galas. No Fujis for us, no Honey Crisps, etc., except maybe once or twice a year. The Coop may choose to buy local. I prefer organic.

Allen Zimmerman does a brilliant job with our produce and I hope he’ll consider offering more organic apples. And I’m sure there are others like myself who are willing to pay a premium for the real thing.

Respectfully,
Sylvia Lowenthal

DUTY ETHIC

Responsibilities are many
And obligations too,
So anyone who’s conscientious
Has things that he must do.
Attention must be closely paid
To children and to spouse,
To aging parents and parents-in-law
And matters in the house.
To weekly meets of PTA
And civic groups as well,
To making sure the neighborhood
Continues to excel.
Of course the price of doing right
—And these will merit mention—
Involves undue vacation stress
And even leisure tension.
A full agenda, you’ll agree,
And I’m not one to shirk,
Which is why today I have resolved
To spend more time at work.

Leon Freilich

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not

based on the author’s first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

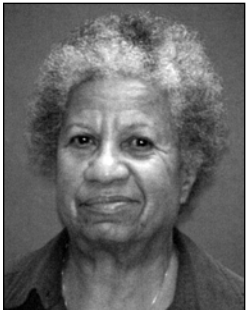
The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member’s actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



In Memoriam



Genoveva Clemente, devoted member of the Park Slope Food Coop since 1981, died on December 5, 2007 at the Thomas Jefferson Assisted Living Center after experiencing a sudden fall.

Genoveva will be remembered as a community organizer and activist. She will be missed by her friends at the Coop.

ENVIRONMENTAL ISSUES REPORT

Building a Wilder Brooklyn

Lessons from Prospect Park

By Carrie Laben, for the Environmental Issues Committee

We too often think of nature as the opposite of culture, and of wilderness as purely untouched. Of course, since people have to live in the world, this is a difficult ideal to maintain. Even the most seemingly pristine areas show the effects of humanity. For example, Native North Americans in forested regions from Massachusetts to California used controlled burning to reset tree

Take Prospect Park, which gives the neighborhood and thus the Coop its name. Members might recognize the names of Fredrick Law Olmstead and Calvert Vaux, the park's designers, but few realize how thoroughly they designed. When they started work on the long-planned park just after the Civil War, they were embarking on a feat of engineering that involved turning more than 500 acres of gently rolling farmland into a precisely mapped series of pastoral landscapes and outdoor recreation areas.

Though Olmstead and Vaux were not environmentalists in the modern sense of the word, they set out to imitate rather than replace nature in their designs. They mostly eschewed the isolated water features and geometrically precise lines of more formal gardens in favor of woodlands and meadows, laced with streams that, while fed by municipal water, flow naturally to a 60-acre lake. Olmstead and Vaux oversaw everything, from the creation of the Long Meadow to intricate decorative touches on the undersides of bridges that would only be seen by boaters and nesting pigeons. Some of their plans broke down over time—they could not foresee the skyscrapers that sprang up in the vistas they'd designed the park to look over. On the other hand, they probably also could not foresee that their carefully crafted crown jewel would eventually

provide the most natural habitat that many of Brooklyn's creatures can call home.

The non-human population of the park doesn't seem to care that the trees weren't planted by squirrels or that the lake wasn't dug by a glacier. Some 270 species of birds use the land while breeding, wintering or migrating; 20 species of fish dwell in the lake.

Of course, not everyone can contribute to the environment on this scale. But smaller parks have been shown to support a surprising amount of wildlife, sometimes even in the midst of human uses.

Take Calvert Vaux Park, at the southern tip of Bensonhurst. Though named after the co-creator of Prospect Park (who drowned in nearby Gravesend Bay), this park features more ballfields and beached boats than lavish artistry and carefully crafted plantings. A Home Depot casts its shadow over one end of the park, and the length of Coney Island Creek that winds through is studded by burnt and rotting pilings. But when a Western Reef-Heron, an African bird seen in the U.S. only four times in recorded history, was spotted there, birdwatchers flocked in and discovered hundreds of other species as well, from beach residents like terns and sandpipers to grassland birds like Indigo Buntings and Ring-necked Pheasants.

growth and return minerals to the soil—so the “primeval” forests described by early European explorers were really nothing of the sort. This fact, as strange as it may seem, is very fortunate for New Yorkers. If only “pure” wilderness counts, many of us will rarely get the opportunity to see it. But from the point of view that nature can be anywhere, every Coop member has access to some amazing habitats.

The waters support large numbers of crabs and fish, a bounty shared by humans and egrets.

Or take the Ridgewood Reservoir, which straddles the Brooklyn-Queens border and was formerly a source of Brooklyn's drinking water. Since it was last used as a reservoir in 1965, woodlands there have been allowed to go through natural succession by sheer neglect. Some 40 years later, the center is as close to untouched as any place in the five boroughs. Uli Lorimer, Curator of Native Flora at the Brooklyn Botanical Garden, suggests that despite the presence of many invasive species, “[w]ith plenty of time, good management and patience, the Ridgewood Reservoir could still achieve the magnificence and splendor of our native eastern forests.”

Or take the Gowanus Canal. A canal is, if anything, the opposite of “wilderness”—it exists to cater to humanity at its most industrial. Despite this, and despite being tagged with the title “Lavender Lake” for its unsightly chemical content, the canal has been the subject of an intense clean-up campaign focused on making it serve both humanity and nature better. The Gowanus Water Quality Summit, held last March, brought together experts and leaders from around the city to envision a cleaner future for a canal that's already become home to jellyfish, blue crabs and shrimp that would

have perished in the Gowanus Canal of decades past.

But none of these pockets of Brooklyn wilderness will be able to maintain their character without a level of care and commitment that would make Olmstead and Vaux proud. The Gowanus Canal's hard-won water quality gains are threatened by the waste water of a growing population. Calvert Vaux Park may soon get a new neighbor in the form of a controversial marine waste transfer station that opponents fear will attract rats and mosquitoes, leading to increased pesticide use. And the Parks and Recreation Department, which bought Ridgewood Reservoir in 2004, is still mulling over plans for the site, which could include anything from a nature preserve to clear-cutting for a new sports complex (information from citizens trying to push for the preservation of the reservoir can be found at <http://ridgewoodreservoir.blogspot.com/>). In the urban jungle, odd as it may seem, only some planning can make wilderness possible.

If you have any questions or comments on this article, email the Environmental Issues Committee at Ecokvetch@yahoo.com. Please let us know if you'd like to be on our “Friends of the Committee” list and get very infrequent updates about new green products at the Coop and issues the committee is working on. ■



PHOTO BY HAZEL HANKIN

WELCOME!

A warm welcome to these new Coop members who have joined us in the last six weeks. We're glad you've decided to be a part of our community.

Fatma Abdullahi	Alvaro Cabrera	Melissa Dubbin	Sandra Graves	Kamakha Kennedy	Seth McAllister	Evelyn Prieto	Mathew Sullivan
Alyson Abrami	Samantha Calamari	Robin Dublin	Dora Gray	Deepak Khosla	Rebecca McBride	Michael Rafferty	Erica Suskin
Ruka Aderogba-Henderson	Laurie Callahan	Taylor Dunne	Joshua Greenberg	Raewyn Khosla	Webster McBride	Naomi Ramirez	Shuji Suzumori
Hedwig Aerts	Selwyn Cameron	Mary Dutan	Rebecca Greenberg	Joyce Kim	Mica McCarthy	Karen Raphaeli	Steven Swartz
Hazuki Aikawa	Lucas Cantor	Greg Edge	Elaine Greene	Orrie King	Shaun McGibeny	Andrew Ravin	Stephen Switzer
Kendall Albert	Mildred Carter	Anthony Elia	Elana Greene	Avram Kline	JC Mcllwain	Dervla Reilly	Grace Tang
Anthony Almonte	Rachel Casparian	Alex Exley	Kate Greenfield	Shanna-Kay Knight	Elena Melendy	Laura Reneke	Joe Tanis
Nuar Alsadir	Padraic Cassidy	Keren Farkas	Adrian Grenier	Kari Kokka	Saul Melman	Joseph Rice	Arthur Tebbel
Nancy Amato	Sarah Cassidy	William Farrell	Karesse Grenier	Sheelah Kolhatkar	Russell Methlie	Theresa Rice	Rodan Tekle
Juan Carlos Anglero	Nia Chambers	Tomas Farrelly	Sara Gribbon	Sarah Kornhauser	Lindsay Miller	Vernessa Richards	Thomas Teufel
Mark Antar	Samantha Chan	Alexis Grossman	Alexis Grossman	Manouela Koudounis	Janine Mills	Charmaine Ricketts	Hikari Tezuka
Jody Avirgan	Jen Chapin	Alia Hanna Habib	Alia Hanna Habib	Peter Kowalski	Rachel Mills	Denise Riedlinger	Eric Thorton
Kiona Baez	Sarah Chase	Mary Felstead	Gray Hamner	Stephanie Kramer	Todd Moore	Pilar Riveros	Jennifer Tierney
Linda Bailey	Jackie Chen	Ilane Ferdman	Chris Handley	Katrina Kreitlow	Hilary Morgan	James Robinson	Nell Timreck
Jocelyn Baker	Alice Cheng	Charles Ferguson	Verity Handley	Rob Krevolin	Reuven Nadler	Katie Rollins	Ngoc (Caroline) Tran
Mitchell Baker	Carla Cheung	Henry Fertik	Ariel Haney	Anita Krishnan	Shulamis Nadler	Efrain Roman	Ian Trask
Adam Barbarel-Fried	Gigi Chew	Elizabeth Fiorentino	Robert Harris	Lesley Lammers	Casey Nairn-Mahan	Darren Rootstein	Vladimir Traynin
Gerald Barker	Anna Child	Tahina Forero-Puerta	Julia Hausman	Eric Landau	Kristen Nakamura	Arik Roper	Jennifer Tullock
Tom Bartos	Julie Choi	Vannesa Forero-Puerta	Tarjei Havnes	Brian Lavery	Courtney B. Natoli	Rebecca Rosen	Catherine Tung
Robert Bayer	Greg Chudzik	Ede Fox	Jessica Healy	Ricardo Lazo	Nicole M. Neve	Owyn Ruck	Gladys Tupacyupanqui
John Beene	Elizabeth Clark-Garvey	Adebisi Fozard-Esuruoso	Lincoln Heath	Staci Leatherland	Melinda Neue	Julie Ruckel	Henrietta Turnquest
Warren Beishir	Lacey Clarke	Marisa Fratto	A. Claude Hemmerich	Michele Leiser	Karen Ngo	Matthew Saadat	Malcolm Turnquest
Maggy Belizaire	Liora Cobin	Anne Friedman	Tatjana Hoffmann	Andrey Lemon	Aaron Nichols	Gabriel Santos	Valerie Vadala
Ariella Ben-Dov	Ronen Codor	Stephen Fromhart	Jolie Holland	Faina Levine	Ifedayo Nicholson	Alan Scharff	Sara Van Gunst
Christian Benjamin	Chris Colasanti	Yoshie Fruchter	Katrine Holmoy	Jonathan Levine	Digeorgia Nicolosi	Tamara Schlesinger	Jarret Verga
Shawnee Benton-Gibson	Jim Colgan	Robert Frumkin	Natalie Hookway	Kate Libby	Joseph Nicolosi	Craig Schneider	Malakkar Vohryzek
Susan Berger	Marco Conner	Robert Frumkin	Eric Hoy	Nick Lienesch	Devin O'Brien	Helen Schreiner	Jessica Wagner
Bob Bergeson	Susan Cook	Ayashima Fujioka	Jessica Huelsbergen	Caitlin Lindsey	Sasha Olin	Nancy Schuman	Balkis Wahhaj
Elana Berlinski	Kevin Craft	Katie Gadsby	Lorenz Huelsbergen	Kate Liston	Kaitlin Olivieri	Marilee Scott	Subhanah Wahhaj
Alison Berman	Holly Crafts	Maggie Galano	Michelle Hunzon	Robert Littleton	Analilia Olmos	Victoria Scroggins	Leona Walker
Ewa Berton	Rachel Crawford	Raffi Garabedian	Seth Hurwitz	Ingsu Liu	Sally Oviatt	Jacques Seguin	Brynn Wallace
Thomas Berton	Stephan Crump	Kaitlyn Gentile	Saimir Hyka	Lan Lopes	Jessica Palmer	Matthew Seidel	Gabrielle Weiner
Melisa Beveridge	Sara Culver	Mara Gerstein	Suvi Hynynen	Katherine Lopez	Par Parekh	Aura Shahaf Woelfle	Carolyn Wember
Todd Bieber	Mitch Cynamon	Jewel Geter	Kerville Jack	Juan Lopez-Barquez	Diana Parker	Dror Shahaf	Arthur White
Jenny Bilenker	Andrea Davis	Shamony Gibson	Hilary Jacobs	Kathleen Lopez-Kim	Emily Parkinson	Erin Shakespeare	Inna White
Oliver Binns	James Davis	Tess Gill	Peter Jacobson	Deirdre Lovell	Corey Parson	Katherine Shanley	Arielle Wilcott
Kate Blakeley	Shama Davis	Randy Gilmore	Anna Jarashow	Evadene Lovell	Kendra Peavy	Judith Shatzky	David Wilson
Wendy Blum	Guillaume de Tournemire	Ariela Gittlen	Audrey Jardin	Marc Luchs	Anthony Perrone	Ivy Sheibar	Fan Winston
Michael Boetsch	Katharina Glaser	Katharina Glaser	Phyllis Johnsen	Rion Lyle	Toni Perrone	Saul Shimanoff	Paul "Chipp" Winston
Vinny Bogan	Cassy Gleason	Cassy Gleason	Lisa Johnson	Christopher Lynch	Carl Persak	Jami Shoop	Nora Wolf
Gretchen Comly Bolick	Eric Gold	Eric Gold	Tumi Johnson	Ellen MacDonald	Nick Peterson	David Silver	Cathy Wolfson
Ross Bolick	Reva Goldberg	Reva Goldberg	Zane Jorgensen	Mavis MacNeil	Matthew Phelan	Miranda Sissons	Damien Yambo
Peter Bradley	Veronica Golden	Veronica Golden	Charlotte Kaiser	Caitlin Macrae	Colin Phillips	Lauren Smith	Helene Yapende
Juliana Brafa	Benjamin Goldman	Benjamin Goldman	Chris Kanyongolo	Ellen Madigan	Kara Piccirilli	Nigel Snoad	Rebecca Yochelson
Joel Brenner	Zil Goldstein	Zil Goldstein	Deborah Kanyongolo	Harold Mahecha	Judith Pierce	Brendan Spiegel	Chizuru Yoshida
Isa Brito	Jose E. Gonzalez	Jose E. Gonzalez	Kawshari Karim	Roseanne Malfucci	Tara Pinkham	Melanie Standish	Caroline Zappasodi
Liv Brumfield	Leticia Gonzalez	Leticia Gonzalez	Nasima Karim	Nora Martin-Cooley	Devon Pipars	Summer Stephanos	Mark Zappasodi
Dave Bruno	Trinidad Gonzalez	Trinidad Gonzalez	Shadia Karim	Diana Martinez	Alisha Pither	Matthew Stevens	Derek Zember
Paul Buckley	Jon Good	Jon Good	Tasja Keethman	Danielle Maybank	Nicholas Pitsirikos	Sultan Stover	Goldy Zwiebel
Megan Buskey	Heidi Goodson	Heidi Goodson	Tenaya Kelleher	Bob Maynard	Louise Pocock	Gina Strayer	
	Jenna Goodward	Jenna Goodward	Cameron Kelly	Cindy W. Maynard	Chanel Porchia	Remle Stubbs-Dame	
	Solomon Gottlieb	Solomon Gottlieb	Gene Kelly	Yuliya Mazur	Antonio Prieto	Maya Suess	

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last six weeks.

Gwendolyn A. Ruka Aderogba-Henderson	Jen Chapin	Marisa Fratto	Hilary Jacobs	Nicole M. Neve	Matthew Phelan	Maya Suess
Hazuki Aikawa	Alice Cheng	Anne Friedman	Peter Jacobson	Ellen MacDonald	Colin Phillips	Mathew Sullivan
Anthony Almonte	Carla Cheung	Stephen Fromhart	Anna Jarashow	Mavis MacNeil	Judith Pierce	Shuji Suzumori
Nuar Alsadir	Anna Child	Yoshie Fruchter	Audrey Jardin	Caitlin Macrae	Tara Pinkham	Steven Swartz
Nancy Amato	Greg Chudzik	Robert Frumkin	Phyllis Johnsen	Ellen Madigan	Alisha Pither	Stephen Switzer
Mark Antar	Lacey Clarke	Ayashima Fujioka	Janet Johnson	Harold Mahecha	Louise Pocock	Tagaan
Kimberlee Auletta	Elizabeth Clark-Garvey	Katie Gadsby	Lisa Johnson	Roseanne Malfucci	Antonio Prieto	Grace Tang
Jody Avirgan	Dana Clawson	Ian Gaffney	Sat Jot Kaur Khalsa	Roseanne Malfucci	Evelyn Prieto	Joe Tanis
Courtney B. Natoli	Jim Colgan	Raffi Garabedian	Charlotte Kaiser	Nora Martin-Cooley	Naomi Ramirez	Thomas Teufel
Linda Bailey	Gretchen Comly Bolick	Kaitlyn Gentile	Kawshari Karim	Diana Martinez	Karen Raphaeli	Hikari Tezuka
Jocelyn Baker	Gloria Cones	Mara Gerstein	Nasima Karim	Danielle Maybank	Andrew Ravin	Eric Thorton
Mitchell Baker	Marco Conner	Jewel Geter	Shadia Karim	Bob Maynard	Eric Rayvid	Jennifer Tierney
Gerald Barker	Stephan Crump	Tess Gill	Nora Keane	Yuliya Mazur	Heidi Reijm	Nell Timreck
Tom Bartos	Sara Culver	Justin Gilmore	Tasja Keethman	Rebecca McBride	Dervla Reilly	Ian Trask
Robert Bayer	Mitch Cynamon	Ariela Gittlen	Tenaya Kelleher	Webster McBride	Laura Reneke	Vladimir Traynin
John Beene	Andrea Davis	Katharina Glaser	Cameron Kelly	Debra McClutchy	Joseph Rice	Jennifer Tullock
Maggy Belizaire	Diane Davis	Eric Gold	Gene Kelly	Shaun McGibeny	Theresa Rice	Catherine Tung
Ariella Ben-Dov	James Davis	Veronica Golden	Deepak Khosla	JC Mcllwain	Charmaine Ricketts	Carlos Tupacyupanqui
Christian Benjamin	Shama Davis	Zil Goldstein	Raewyn Khosla	Russell Methlie	Denise Riedlinger	Henrietta Turnquest
Susan Berger	Guillaume de Tournemire	Leticia Gonzalez	Joyce Kim	Michael	James Robinson	Malcolm Turnquest
Bob Bergeson	Sarah de Tournemire	Trinidad Gonzalez	Kimberly	Deborah Monlux	Katie Rollins	Valerie Vadala
Alison Berlinski	Victoria Demchak	Heidi Goodson	Avram Kline	Todd Moore	Efrain Roman	Jarret Verga
Elana Berman	Delphine Derroisne	Jenna Goodward	Kari Kokka	Adrian Morrice	Daniel Romer-Friedman	Malakkar Vohryzek
Esther Bernstein	Elizabeth Diamond	Solomon Gottlieb	Kari Kokka	Emily N.	Darren Rootstein	Cindy W. Maynard
Ewa Berton	Lilia Dilauro	Rebecca Greenberg	Sarah Kornhauser	Reuven Nadler	Rebecca Rosen	Balkis Wahhaj
Thomas Berton	Alexis Ditkowsky	Elaine Greene	Katrina Kreitlow	Shulamis Nadler	Owyn Ruck	Subhanah Wahhaj
Todd Bieber	Stella Domenech	Elana Greene	Rob Krevolin	Casey Nairn-Mahan	Johanna S. Meyer	Claudine Wallace
Liza Blank	Cecilia Dougherty	Kate Greenfield	Anita Krishnan	Kristen Nakamura	Lucy S.	Keri Watkins
Wendy Blum	Deborah Dover	Alexis Grossman	Aaron Landsman	Melinda Neue	Sarah S.	Gabrielle Weiner
Michael Boetsch	Lucas Dreamer	Jyllian Gunther	Izhontavia Lane	Karen Ngo	Gabriel Santos	Carrie Wells
Vinny Bogan	Chris Drury	Marisa Guptarak	Richard Lappin	Aaron Nichols	Tamara Schlesinger	Arthur White
Ross Bolick	Melissa Dubbin	Ariel Haney	Nora Lavender	Ifedayo Nicholson	Craig Schneider	Inna White
Gregory Boyd	Matt Duncan	Alia Hanna Habib	Brian Lavery	Digeorgia Nicolosi	Helen Schreiner	Mera White
Peter Bradley	Taylor Dunne	Robert Harris	Ricardo Lazo	Joseph Nicolosi	Nancy Schuman	Arielle Wilcott
Juliana Brafa	Jose E. Gonzalez	Julia Hausman	Staci Leatherland	Leyla Nuritova	Marilee Scott	Nathaniel Williams
Liv Brumfield	Gregory Edwards	Tarjei Havnes	Michele Leiser	Naima O.	Aura Shahaf Woelfle	David Wilson
Dave Bruno	Anthony Elia	Jessica Healy	Andrey Lemon	Grant Olds	Dror Shahaf	Fan Winston
Paul Buckley	Keren Farkas	Luis Hernandez	Sharon Lerner	Sasha Olin	Erin Shakespeare	Paul "Chipp" Winston
Laurie Callahan	Tomas Farrelly	Desiree Herrera	Faina Levine	Kaitlin Olivieri	Katherine Shanley	Nora Wolf
Selwyn Cameron	Sarah Faulks	Tatjana Hoffmann	Kate Libby	Jessica Palmer	Judith Shatzky	Caeli Wolfson
Lucas Cantor	Daniel Felstead	Jolie Holland	Nick Lienesch	Sarah Pappas	Pamela Shifman	Damien Yambo
Carla	Mary Felstead	Katrine Holmoy	Caitlin Lindsey	Par Parekh	Saul Shimanoff	Helene Yapende
Mildred Carter	Ilane Ferdman	Natalie Hookway	Kate Liston	Diana Parker	Christa Skoupy	Rebecca Yochelson
Rachel Casparian	Charles Ferguson	Reina Horowitz	Robert Littleton	Emily Parkinson	Lauren Smith	Chiharu Yoshida
Padraic Cassidy	Henry Fertik	Eric Hoy	Lan Lopes	Corey Parson	Samara Smith	Caroline Zappasodi
Sarah Cassidy	Elizabeth Fiorentino	Jessica Huelsbergen	Katherine Lopez	Anthony Perrone	Elizabeth Solomon	Mark Zappasodi
Samantha Chan	Michael Fisher	Lorenz Huelsbergen	Juan Lopez-Barquez	Carl Persak	Brendan Spiegel	Sarah Zarrow
Mark Chandler	Tahina Forero-Puerta	Suvi Hynynen	Deirdre Lovell	Jeanette Pertz	Melanie Standish	Derek Zember
	Vannesa Forero-Puerta	Talibah Ingrid Dolphy	Evadene Lovell	Nick Peterson	Thomas Stephanos	Goldy Zwiebel
	Ede Fox	Kerville Jack	Marc Luchs		Sultan Stover	
	Adebisi Fozard-Esuruoso	Alexandra Jacobs	Ingsu Lui		Gina Strayer	

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

CLASSES/GROUPS

HOLIDAY DATING CLASS. What are the best places in NY to meet someone this season? In the Relation-Shop, you'll join with other single NY professionals to learn breakthrough dating skills. Call Dating Coach and Licensed Psychotherapist Charley Wininger 718-783-3222 or go to www.TheRelationShop.com

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

EMPLOYMENT

PART TIME POSITION is available for a dental assistant/dental receptionist in excellent Brooklyn and Manhattan locations. Will train. Both dental offices are convenient to public transportation. For an interview, please call 212-505-5055.

MERCHANDISE-NONCOMMERCIAL

FOR SALE: Singer sewing machine—never used in white carrying case, can do fancy stitches: \$80. Joan & David plum suede oxfords, 2 1/2" heel, worn once, size 8.5M: \$50. 718-436-5359.

PEOPLE MEETING

LOOKING FOR SOMEONE who is mature (50+ non-smoker), playful, empathetic, affectionate, supportive, happy with herself, and is looking to laugh & receive hugs. I am a longtime Coop member who is all of the above and more. Call or email me, Marty 917-273-3213 or boskesboy@verizon.net

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-45-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

MADISON AVENUE HAIRSTYLIST in Park Slope one block from Coop, by appointment only. Please call Maggie at 718-783-2154 at a charge of \$50.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean

and reasonably priced. Fred Becker - 718-853-0750.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

HAIRCUTS COLOR OIL Treatments. Adults, kids in the convenience of your home or my home. Adults 30.00. Kids 15.00. Call Leonora, 718-857-2215.

ATTORNEY—Personal Injury Emphasis. 30 yrs. experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 18-yr. Food Coop member; Park Slope resident. Tom Guccione, 718-596-4184.

ACCOUNTING—Income Tax Service for individuals and businesses. Financial & investment counseling available. Over 40 years experience. Reasonable rates. 10% discount to active Park Slope Food Coop members. Robert Cofresi. Office: 718-372-3754, Cell: 718-702-3999.

PIANO TUNER-TECHNICIAN. Complete piano service by long-time Coop member with 30 years experience tuning, regulation, rebuilding, voicing. Vintage electronic pianos serviced. Meticulous workmanship at fair prices. Discount for Coop members in Slope area. Michael at 718-965-3296 or mestero@earthlink.net.

GET YOUR HOME CLEANED...With a Clean Conscience. The We Can Do It! Women's Coop has eco-cleaned the homes of dozens of happy Park Slope Food Coop members. Our business is women-owned and operated and our workers earn 100% of the fee paid. Call 718-633-4823 for a free estimate. 10% discount on first cleaning for PSFC members!

HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing

prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

FOR A GOOD GIFT! Massage Therapy relieves tension and strain, and eases the stress of holiday life. Treat those you love — and yourself — to the gift of massage. Evening and weekend sessions available. NYS licensed, nationally certified. 718-636-3996. Discount for PSFC members. www.ParkSlopeMassage.com

HYPNOTHERAPY AND SUCCESS COACHING: I'll help you discover what you want and then create it using the power of your subconscious mind. Call Tracy Atkinson, Certified Hypnotherapist, at 347-489-9797 or e-mail tracyatkinson@gmail.com.

WHAT IF there was one molecule that represented the greatest breakthrough in Med Sci ever. What if this molecule significantly reduced one's risk of cancer, diabetes or heart disease? Over 60 published scientific studies. Welcome to BIONOVIX. 917-515-8821. mybiocareny.com.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

JOIN US for a guided meditation and aura cleansing. Learn to balance your energy centers. Activate your personal healing through sacred mantras. Heal relationships, increase abundance and improve your health. Tuesdays 7:30 PM, 1837 Stillwell Ave., Brooklyn, NY 11223. Bob Cofresi, Reiki Master. 718-702-3999.

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Vincent N. Jarvis M.D. Jeffrey J. Goodman N.D.

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Saturday, January 12
6:00 at the Coop


FREE
Non members Welcome

THE SECRET OF SUCCESS IN YOUR ACTING CAREER

with Christiaan Oranje

This interactive evening is about a journey to find, discover, define, and refine one's artistic signature by using a holistic approach.

The more authentic you are, the more you stand out. The more interesting you are for a director to work with. The better the chances you have to get what you desire, quicker, with more ease, and with much more fun.



Christiaan Oranje, through the search for authenticity and by applying a holistic approach in his own work as a performer, speaks in a clear, simple way, of what makes your artistic career successful. Christiaan is a Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Friday, January 18
7:30 p.m. at the Coop


FREE
Non members Welcome

Yes, You Can Improve Your Accent!

with Sharon Montoya

This workshop is especially valuable for foreign-born: doctors, nurses, lawyers, teachers, social workers, nannies, etc.

Participate in a speech screening, receive a “mini-profile” of some of your speech difficulties, and do exercises that help you discriminate between sounds that give you trouble. Learn how voice projection, complete word production, and other techniques start you on the path to improved speech, greater intelligibility and self-confidence that will enable you to fulfill professional and personal goals. This lively, warm atmosphere makes learning fun.



Sharon Montoya, a speech and language coach/consultant, has worked as an instructor, teacher-trainer for the US Peace Corps, and textbook writer/editor. A Coop member since 1984, she teaches Pronunciation and Writing at LIU. She also teaches NY State professionals and nurses at LICHON.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

January 20, 2008
12pm at the Coop

FREE
Non members Welcome

Fearless Public Speaking

Does the thought of speaking in public make you a nervous wreck? You can banish fear and enjoy making speeches and resentations when you know how to:

- Prepare
- Practice, and
- Present

Join Communication/Speaker Coach Jezra Kaye for a hands-on workshop where you'll write, practice and deliver a brief speech on a topic of your choice.

It's easy.

It's fun.

(Honest!)

See you there.



As President of Communicate with Power and Ease, Jezra Kaye helps people find their true voice and speak out! She is a 27-year member of the Park Slope Food Coop. That is not her picture on this flier.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Holiday Hours

Christmas Eve, Monday 12/24
8:00 a.m. – 5:00 p.m.

Christmas Day, Tuesday 12/25
8:00 a.m. – 2:30 p.m.
Membership Office is Closed.

New Year's Eve, Monday 12/31
8:00 a.m. – 5:00 p.m.

New Year's Day, Tuesday 1/1
10:30 a.m. – 5:00 p.m.
Membership Office is Closed.

All other Shopping and Office hours are normal.

New Member Orientations are cancelled on the two Mondays listed above.

Holiday Help

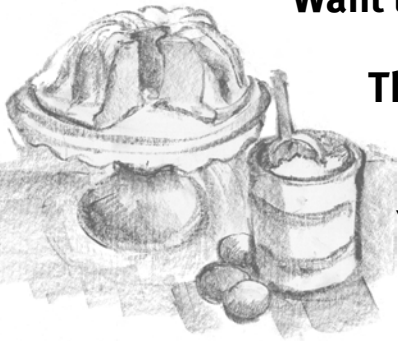
Owe make-ups?
Want to get ahead on your FTOP work?

**The Coop needs extra workers
this holiday season!**

**You don't need to schedule
make-ups in most cases.**

**Just show up at the start time of a shift
and speak to the squad leader.**

**To schedule FTOP shifts,
contact the Membership Office at
718-622-0560.**



ALL OF US
AT THE GAZETTE
WISH OUR COOP MEMBERS
AND THEIR FAMILIES
A HAPPY, HEALTHY
AND PROSPEROUS NEW YEAR.