INFWAITE S GAZETTE

Volume CC, Number 6

Established 1973

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March 13, 2008



Diversity and Equality Committee to Survey Membership About Bias at the Coop

By Joan Minieri

he February General Meeting overwhelmingly approved a proposal by the Diversity and Equality Committee (DEC) to survey Coop members to better understand members' beliefs about, and experiences with, bias and discrimination at the Coop. Despite concerns about the environmental impact, mailing costs and the viability of some of the draft survey questions, only a handful of the hundred-plus members present ultimately voted against the proposed survey.

"I personally think there is bias at the Coop," Matias Pelenur said, noting that by conducting the survey, "we will have scientific numbers to say if there is bias or not. It is worth the expenditure."

"The Coop is a microcosm of a world that still has a lot of problems with diversity," Jay Smith, a DEC member, commented. "I love the Coop but there are these issues. If we don't deal with them it diminishes the community of our Coop."

Seeking Quantitative Data and Solutions

DEC Chair Jeffrey Aronowitz explained that the 15-member

committee formed in 2004 to work toward preventing and eliminating discrimination at the Coop. Two years ago, committee members came to the General Meeting with the idea of conducting a survey of the general membership about diversity and bias. Since then, "we have been refining our understanding of how to best design and carry this out," Aronowitz said. "We are now coming back with an improved survey and a clear sense of why and how to conduct a survey."

Since presenting its original survey plan, the DEC has conducted two focus groups with nearly 20 Coop members, trainings with 250 squad leaders and three case reviews of complaints of bias and discrimination. Through these activities, it has identified three main themes.

"Perception of bias stems from arbitrary enforcement of Coop rules," Jennifer Friedman of the research subcommittee reported as the first theme, such as only some members being asked to show their cards at checkout. Another experience members describe is "feeling like they don't belong at the Coop," Friedman said. Members cite small incidents over time, such as feeling "watched" or "in the way." A third theme is

"frustration at a general sense of silence in the face of these kinds of experiences," Friedman conveyed, even among members who try to bring their concerns forward. By conducting the survey, the committee ultimately hopes to identify solutions. The goal is "not just to document that people are experiencing bias and discrimination, but to look at how we make it a place where everyone can feel comfortable," Friedman maintained.

The DEC plans to mail out 4,000 survey forms to a randomly selected group of members in order to obtain 500 completed surveys. It will "analyze the data and bring findings back to the General Meeting, and talk about ways we can act on the information," Friedman said. She offered a timeline of completing the process by fall 2008 for a total anticipated cost of \$6,763. The favorable vote approves this expenditure and timeline, and allows the committee to revise and finalize the draft survey.

Based on a review of the draft survey, Coop members generally praised the committee's hard work, while offering suggestions for

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Coop Event Highlights

Fri, Mar 21 • The Good Coffeehouse: An Evening of Jazz, Tap and Song at the Society for Ethical Culture, 8:00 p.m.

Sat, Mar 22 • Adult and Teenage Media Swap, 10:30 a.m.

Sun, Mar 30 • Pub Night: Sing in the Spring at Freddy's Back Room, 7:00 p.m.

Thur, Apr 3 • Food Class—The Flexitarian Table, 7:30 p.m.

Look for additional information about these and other events in this issue.



USTRATION BY LYNN BER

Secrets of the General Meeting

By Ed Levy

eneral Meetings can be lively, contentious, stimulating, annoying, thrilling, or dull, as more and more members have discovered now that the meeting also counts as workslot credit. In fact, the preponderance of first-time attendees at the GM in recent years—sometimes as high as 90% has changed the character of the meetings quite a bit. Questions thoroughly discussed in a previous meeting are often completely unfamiliar to those voting on it in a subsequent one, requiring issues to be debated all over again. The way meetings are run is also a mystery to many encountering them for the first time. The Gazette looked at these and other aspects of the GM with Chair Committee members Carl Arnold and Ann Monroe. CONTINUED ON PAGE 4

Next General Meeting on March 25

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, March 25, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

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Diversity and Equality Survey

improvement. Several asked if a paperless survey could be conducted online, which committee members noted might not adequately ensure confidentiality, but agreed to explore more thoroughly. Joe Holtz, a General Coordinator, noted that the survey could

potentially "piggyback on" the Coop's May Board of Directors election mailing.

"Could we have regular sessions as a workslot where we can come and discuss the issues...and save paper?" Sharone David suggested.

"Write down your ideas

Saturday, March 22 At the Coop

FREE

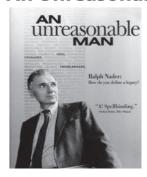
Non members Welcome

The Triple Bottom Linee Film Series

Double Feature

People, Planet, Prosperity through Cooperation

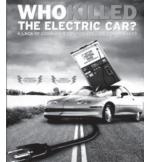
An Unreasonable Man



Whether you hate him as a spoiler, or detest the dishonest politicians that made him look like one, Nader deserves to arouse strong emotions. Since he first began taking on unscrupulous corporations in the sixties, and started a crucial wave of public interest groups, he has made inroads for an America true to social responsibility. Come see this amazing account.

Who Killed the Electric Car?

GM's electric car, the EV-1, was on its way to wowing California, and offering America a new chance to turn over a new leaf. No such luck. Something happened on the way to making history, and by the end, they were all in the junk heap. How could this happen? Come unravel the mystery...



Bring a pot luck, munchies, friends, or just lil' ole you. Talk and activism to follow.

Mark Rego-Monteiro has been a Coop member for years, has professional experience in social and financial services, and is pursuing a Master's in Sustainable Development.

He is the founder of WakeUPDemocracy.org. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop.

The goal is to work toward preventing and eliminating discrimination in the Coop and to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

Voicemail

(888) 204-0098

psfcdiversity-cpr@hotmail.com E-mail



Contact Form

DEC Contact forms are available in the literature rack in the ground floor elevator lobby. Place a completed form or other letter/note (anonymously if desired) in a sealed envelope labeled "Attn: Diversity and Equality Committee" and use one of the three methods listed below to get it to the committee.



Park Slope Food Coop Attention: Diversity & Equality Committee 782 Union Street Brooklyn, New York 11215

Mail Drop Box

Which is located in the entryway vestibule on the ground floor under the flier caddy.

Membership Office Mailbox The DEC has a mailbox in the Membership Office on the second floor of the Coop.

and give them to us—we are very open to them," Jennifer Friedman emphasized. "We will do whatever we can to minimize the impact," another committee member said of the environmental costs.

"We are going to end up valuing the data we get back more than the regrettable loss of paper," Vance Gathing said. "It is worth it."

Several members questioned specific data categories that ask for race, ethnicity and political affiliation. Jennifer Friedman admitted that asking members about their race or ethnicity is "complicated" and suggested that political affiliation is "useful information to have in terms of analyzing the results." She later added that some questions may be listed as optional.

Other members raised concerns about the emphasis in the survey on negative experiences. "I a professional researcher,"one member framed his comments. "This is a very biased approach. This is a unique opportunity to talk to a lot of members. Can we approach this in a more positive way?" Yigal

Rechtman specifically asked about the possibility of "trying to quantify the non-violators too," leading Friedman to concur that "maybe we could add that into the survey. It's good idea."

Andy Feldman offered yet another approach. "Maybe we can take a vote of the meeting and ask if there is bias at the Coop and I bet we would vote yes, then we could just skip the survey."

Enforcing Coop Rules and Procedures

Members considered a separate discussion item also posed by the Diversity and Equality Committee to more strongly enforce Coop rules. Based on the discussion, the committee may bring back a proposal for action. "One of the reasons we brought this discussion to the membership is so that we



could gather ideas for how to universally enforce the rules," Jeffrey Aronowitz explained.

Allegra Fishel, a DEC member, noted that even though the committee has received only three formal complaints, it has gathered "a lot of anecdotal information about subtle things." She cited several types of experiences, such as being asked for additional identification in the childcare room.

"You can do all you want with rules, but the way to do it is not by stick but by carrot," Yigal Rechtman said. He suggested giving members workslot incentives to come to education sessions about enforcing rules fairly.

"I love the idea of the universal enforcement of rules. Even when there is not bias, the appearance of bias is there and we need to avoid that," Allen Zimmerman, a General

Coordinator, maintained.

"Maybe the orientation is a place to raise some of these issues," Leila Kawar suggested.

"We don't have as many rules as we have procedures," Ann Herpel, an Office Coordinator and DEC staff liaison, noted. "I would like to see us move toward more positive language." She urged members to look at the Do's and Don'ts of Shopping at the Coop posted near the shopping carts. "Maybe just memorize one every time you shop."

Coordinators' Reports

In other business, Mike Eakin, a General Coordinator, said that our fiscal year just ended on February 3, 2008. A preliminary yearend report could be available in March and a final report will be available at the Annual Meeting in June. Eakin noted that cumulative net sales since our incorporation in 1977 until the end of January 2008 were \$248,432,804. He distributed a membership chart showing how we have grown substantially since 1985, with growth slowing in 1993-1999 due to space restrictions. Membership grew rapidly after we expanded into the new building, then again slowed. It is now picking up. "We may be nearing capacity," Eakin

Joe Holtz also addressed the issue of membership growth, recalling the naming of the Coop newsletter in 1974—The Linewaiters' Gazette. "We named it that because there was always a line at the Coop." Holtz said. "One of the arguments then was that we should expand the space and the hours" so we have less of a line. However, "every time we increase space and capacity, people rush to join the Coop, so we say OK, let's increase capacity." Holtz described how the Coop is supporting the development of new coops, either directly by allowing people to do their workslots with emerging coops or by letting Coop members know a coop forming in their neighborhood. He cited examples in Fort Greene, Bedford Stuyvesant, the South Bronx, and East New York. "Perhaps we can create capacity by helping people develop coops closer to them," he suggested. ■

Saturday, March 22 10:30 am - 2:00 pm at the Coop Non members Welcome

FREE

Adult and Teenage Book and Media Swap

The recession got you down? There's no need to spend money on home entertainment when you can find new treasures for free! • Do you love to read? • Listen to music? • Watch movies?

Bring your books, DVDs, CDs, videos, and cassettes to the Coop to swap with fellow Coop members.

Please follow these guidelines when choosing what to bring:

Bring only items that are in good condition. **NO CHILDREN'S BOOKS OR MEDIA. Books** suitable for ages 10+ may be swapped. No textbooks, travel or guide books, outdated how-to, or computer books.



BRING SNACKS TO SHARE!

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Secrets of the General Meeting

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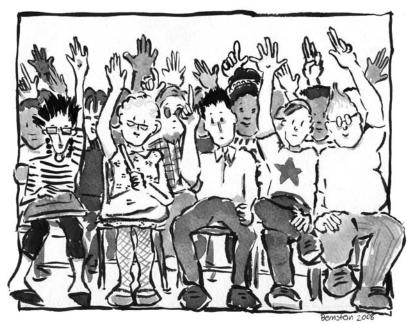
The Two Types of Agenda Items

One common misunderstanding is the difference between an item for discussion and a proposal. An item for discussion is just that, something the meeting will talk about. A proposal is something that will ultimately be decided by a vote. The rules don't permit a vote on a discussion item at the meeting in which it is discussed. Even if a discussion item has been exhaustively aired, analyzed and explored and the outcome of the vote seems obvious, the vote cannot be held at that meeting. For the item to be voted upon, someone must bring it up as a proposal in a future meeting. There is a good reason for this rule: If you want to cast a vote on a particular issue but can't or don't want to attend the discussion, you would be disenfranchised if you did not know the precise day that the proposal was scheduled for a vote.

Not every motion brought to the floor of the GM has been aired in a previous meeting. However, the Chair and Agenda committees strongly encourage members to subject their proposals to the discussion phase to clarify and focus them, and to then resubmit them as a proposal. This has saved a lot of time and confusion in meetings.

Rules for Discussion

The rules for a discussion item are more open and freewheeling than they are for a proposal. But once a motion to vote on a proposal is on the floor, the rules tighten up: Only that motion and no other can be discussed until it is resolved, and only one amendment to the motion at a time can be proposed. Even if you think you have a better amendment than the



one being proposed, you have to defeat the previous one first.

A meeting has several options when debate on a motion has become lengthy. It can vote to extend debate, table the motion or end the debate and call the question for a vote. Extending the debate is not usually an option because Garfield Temple Annex on Eighth Avenue, where the meetings are held, closes at 10 pm. Tabling a motion means simply putting it aside for now. The chair will always try to bring something to a vote during the meeting at which it's been proposed, but if the debate has been contentious or the matter is still unclear, the meeting may decide to pass a motion to extend the debate into another GM.

If many people want to speak, the chair may limit speakers to two or three minutes each. If you are feeling particularly passionate or eloquent and you are tempted to go over that limit, expect to receive a series of gentle reminders.

The meeting secretary, not the chair, calls on people to speak, lining up speakers three at time at the mike (a practice that began in the old days, when chairpersons were accused of calling disproportionately on their friends). The secretary also keeps track of the agenda and the meeting's decisions. Some attendees have pointed out that the coordinators seem to be called on disproportionately. At times,

coordinators have felt they are not called on enough. Yet input from the coordinators is indispensable; in some cases they themselves have brought the issue to the GM; in many cases, they hold important information that bears upon it.

Park Slope Food Coop, Brooklyn, NY

Another rule of the meeting governs who "owns" a proposal in the parliamentary sense. While it is being discussed and clarified, the member who brought the item owns it, answers questions from members about it, and can even withdraw it. But once the chair senses that the discussion of the proposal is no longer about what it means but about whether or not people like it, he or she will invite the presenter to make a formal motion to put it on the floor for debate. When that motion has been seconded, the proposal is now owned not by the presenter but by the meeting. At that point, the presenter cannot accept or reject amendments to the proposal—only the meeting can.

Varying Roberts Rules

The chair follows a modified version of Roberts Rules of Order, the traditional set of guidelines for parliamentary bodies developed by an army officer in the 19th century who was asked to preside over a church meeting, and realized he didn't know how.

Under the variation, also currently used by the Green Party, if the chair senses that a

widely popular to save time the chair may dispense with a formal vote and declare it passed "if there are no objections." If there is one objection, the chair may ask the dissenter "Will you stand aside?" to expedite the voting

> process. Another departure from Roberts is the concept of ownership mentioned above.

Tips to Presenters

The Chair Committee members have a few tips for people bringing discussion items to the meeting. Think them through, and make them as coherent as possible. Ask the help of the Agenda Committee in writing your proposal if you think you need it. At the meeting, make your presentation less than eight minutes, to leave time for the discussion. Describe it clearly and concisely. But

once the discussion has begun, let it go ondon't become defensive or feel you need to respond to every comment.

How to Get on the Agenda

In the early days of the Coop, the agenda was set at the meeting itself. More than once, this required the whole meeting, and the process was often chaotic. In the 1990s the Ad Hoc Committee to Improve Coop Governance recommended creation of the Agenda and Chair committees, and the rewriting of the rules in plain English. Even then, according to Carl, it took several years for the meetings to "calm down." Any member can bring an issue to the GM by completing a submission form. They can be found on the bulletin board in the Coop entrance lobby. The forms can also be downloaded at http://foodcoop.com/go.php?id=64.

Members can bring up brief items, requiring five minutes or less of the meeting's time, in the open forum segment of the meeting without completing the agenda form.

The Chair Committee is currently looking for two people who would like to train for the role of meeting chair. Contact any Chair Committee member for more information. In addition to Carl and Ann, the committee members are David Golland, Dorene Martinez, Robin Campbell and Imani Q'Ryn. You can find them at every General Meeting. ■

Folk Music Society of New York, Inc. The Pinewoods Folk Music Club and

The Fun'Raising Committee of the Park Slope Food Coop Jointly and proudly present

SING IN the Spring

Another Fabulous Pub Night!

A night of informal singing, partying, food and drink, with your friends old and new.

This year featuring songs for the renewal of life.

Sunday, March 30, 7:00 pm

Bring voices, instruments, friends, family, good cheer at Freddy's Back Room, 485 Dean St., near Park Slope, Brooklyn

— Dean St. and Sixth Ave., East side of Flatbush Ave. (left if coming from Manhattan) —

Free Admission!

All ages welcome • All songs, tunes, stories welcome

Freddy's has a choice selection of drink (including Guinness and Bass on draught!), but does not serve food (BYO).

Directions: M, N, R, W trains to Pacific St.; 2, 3 trains to Bergen St.; 4, 5, Q trains to Atlantic Ave. Parking is relatively easy on Sunday. See map here: http://www.freddysbackroom.com/directions.htm

Further info: 718-429-3437

PSFC MARCH 2008 GENERAL MEETING

Tuesday, March 25, 7:00 p.m.

- Items will be taken up in the order given. • Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple) 274 Garfield Pl. at 8th Ave.

AGENDA:

Item #1: Annual Disciplinary Committee election (30 minutes)

The Disciplinary Committee will present candidate(s) for election to the committee. —submitted by the Disciplinary Committee Comment: The Disciplinary Committee goes through an extensive interviewing process. There are no nominations from

Item #2: Board of Directors Candidates, **Presentations and Questions (30 minutes)**

"Beginning with this year, the candidates for the Board are asked to make a presentation each year at both the March GM and the June Annual Meeting. At each of these meetings members will have the opportunity to ask the candidates questions."

Item #3: Changing the date of the September **General Meeting (10 minutes)**

"To change the date of the September General Meeting to September 23, 2008" —submitted by General Coordinators Comment: "Our usual location at Garfield Temple House of Congregation Beth Elohim is not available to us on the normally scheduled night of 9-30-08 due to religious observances. We found a substitute space that had poor acoustics, poor lighting, did not allow food and had no space for childcare. We think it is preferable to change the date of the meeting. Therefore, we propose one week earlier on 9-23-08."

Item #4: Whether all members, including staff, should work (20 minutes)

Discussion: "Complaints about the attitude of the paid staff are common among members. If everyone worked shifts, including staff, this would increase sense of shared experience and solidarity. Since we require 70-year-old members to work, maybe we should require staff members to work. That everyone who belongs to the Coop works is a guiding principle of the Coop. Working shifts would give the staff insight into issues that concern us all and would provide a greater sense of belonging to the Coop community." —submitted by Daniel Simon

Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette.

The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

One full three-year term is open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 24. Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the March 25 General Meeting as well as the Annual Meeting on June 24, 2008.

Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

Bill Penner

I am writing to ask for your support for reelection as one of the six members of the Board of Directors of the Coop. My candidacy has been endorsed by the



Coop's General Coordinators. I have been a member of the Coop for eight years. In addition to serving on the Board of Directors for the last two years, I have served on both the Receiving Committee and on the CHiPS Soup Kitchen Committee preparing meals with food donated by the Coop. In my life outside

the Coop, I am a 45-year-old architect with my own architectural firm which I started six years ago in Brooklyn, and last fall I became the new father of a beautiful baby girl. Prior to receiving my degree in architecture, I apprenticed as a chef and cooked professionally for 6 years. The Coop is an important part of my life, it is a place were I connect with my passion for food and realize the significance of food and food production in our society as a cultural, environmental, and economic force of incredible

Because the Coop is a corporation, it is required to have a board of directors. Our Board of Directors meets every month in public at the General Meeting. At the Meeting, any Coop member can bring an item for discussion or make a proposal to be debated and voted on by the Coop membership present. At the end of the Meeting, the Board of Directors vote on taking the advice of the membership. This is how the Coop combines its corporate structure with its town hall style of democracy.

In my opinion, there is often confusion as to the primary role of the Board of Directors in the Coop's decision-making process. I see the Board's role as one of oversight rather than one of advocacy. As such, I focus on maintaining a thorough knowledge of open issues and concerns of the membership by attending General Meetings, reading the Gazette, and staying in contact with General Coordinators. I make a particular effort of familiarizing myself with the monthly financial statement, and I believe being well informed of the financial condition of the Coop is one of my biggest responsibilities as a board member.

This is important because the Coop's continued financial stability maintains low prices, which enables many people to benefit from fresh wholesome food while supporting the Coop community and values. The amount of money that members save shopping at the Coop is substantial, in fact it is in the millions of dollars each year. This savings is true power for people of all economic backgrounds and allows members to make healthy decisions for themselves and their families while supporting the environmental and the social mission of the Coop.

I have been honored to have had the opportunity to serve the Coop as a member of Board of Directors for two years. The late President of the Board, Israel Fishman, used to say that the Coop saved his lifethe different view points and different people all working together for a common purpose gave him the perspective and patience to see beyond himself towards what was really important. I am reminded of this cherished thought each time I attend a meeting and when I shop.

Cooperatively yours, Bill Penner ■

Albert Solomon

It is true that it has branched out in other direc-



tions, but my main point since 1992 when I joined was and remains: An Assembly of Elected Delegates. And by that I mean proportional representation.

People ask me what would be different under

an assembly of elected delegates. Here are just a few things since I joined in 1992.

The pension plan

The Governance Committee

The Milquetoast Board of Directors

The atrium

Item pricing

The Gazette

The Disciplinary Hearing Committee

The Chair Pool Committee

The Agenda Committee

The Personnel Committee

The process would be many times more transparent and accountable. And the Rulers would have just as much influence over the process, maybe even more. Only the representatives would have names in contrast to just walk-in people, most of them going for workslot credit. Also the Meeting would have some real authority—because the delegates would represent actual people!

How can you govern by the town meeting? The answer is you can't, so the Rulers hold sway without even the normal accountability they would have if there were a board of directors. Our directors have so

little power that they don't even sign an oath of

Joe Holtz's proxies. We used to elect directors at annual meetings, but Joe Holtz (the Supreme Ruler) held 200 proxies, so if anyone he didn't want ran he could vote his proxies. I almost single-handedly put an end to this shameful exclusivity by acquiring my own proxies and refusing not to vote them. I also sent two separate briefs to the Chair Pool Committee. But no one ever credits me with the change! Years later Carl Arnold, a Management supporter, changed the election of directors to a mail ballot, mooting the whole sorry question of proxies and allowing thousands instead of hundreds to participate in the elections.

But it made no difference because directors were still neutered by the informal yet effective pledge to only ratify the actions of the Meeting. It is even frowned upon if directors call each other on the phone! So much for your input into important policies of the Co-Op! So now more people are voting for powerless directors! Another word for which is, uh, disenfranchisement!!

Although my main thrust is an assembly of elected delegates, I see the Board of Directors as another representative body. As a director, I would propose resolutions to the Board, forcing it to act as the Statutes intended, or at least to vote down my proposals.

The mantra of the Rulers is that any effort to override the decisions of the Sacred General Meeting is an act against the Co-Op. But this is merely a smokescreen to hide the near-total blackout in visibility and accountability brought about by this smoothly pernicious system.

The big policy they don't have to tell us about is

that we are a food store and not a social experiment. This policy was applied to the delay in construction and rejection of the plans for the new building which included an atrium, a focus of attention and sociability. It was applied to the cheese case. It was applied when we started selling red meat. Did you or I ever vote for that big policy? Don't you think maybe we should? \$300,000 was wasted in the construction process, according to some. Did you vote for that?

Another biiiiiiiiiigggg policy of the Rulers is indefinite expansion, coupled with minimal storage space and maximum turnover. Do the Rulers ever discuss these questions? Why should they, when there is no one to oversee them? Don't these requirements preclude more and better social actions by the Co-Op?

Not a policy itself but a result of these policies was to buy the Building Next Door. They really wanted that. They disparaged every alternative suggestedfunding satellite co-ops (which they couldn't control so directly), renting warehouse space, which would affect our turnover policy. After it was denied in a referendum they rammed it through again as soon as they could. Yes, we know what their policies are, but they never have to defend them or even articulate them!

Since we have a longer election season this year, give me a shout-out or better, write a letter in support of Co-Op Democracy!!

A. Solomon Loyal Supporter of the Co-Op Scrivener to The Pacifica Foundation hobces@yahoo.com 718-768-9079 1000 - 74 . ■

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decisionmaking body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 14, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop. ■

ENVIRONMENTAL COMMITTEE REPORT

Salmon

SORTING OUT THE OPTIONS

By Maura Smale for the Environmental Committee

Fish is often considered to be one of the healthiest of foods, a source of lean protein and essential omega-3 fatty acids that is also low in saturated fat. Salmon is among the most popular and easily available fish to eat, and the Food Coop carries a wide variety of salmon available frozen, refrigerated, canned and dried. But you may have read that there can be negative health and environmental impacts to salmon consumption. How can a salmon fan sort it all out?

WILD SALMON

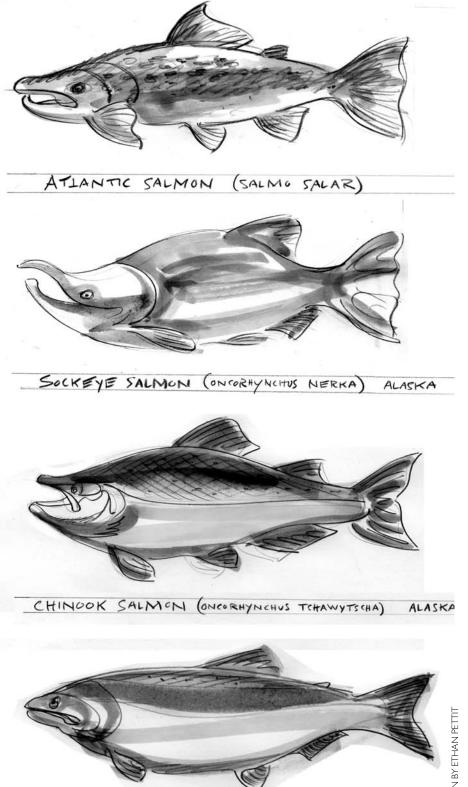
Both wild and farmed salmon are sold at the Coop and other grocery stores. The natural habitat of wild salmon spans the North Pacific and North Atlantic Oceans. At the present time wild Atlantic salmon stocks are endangered due to overfishing and are unavailable for sale in the U.S. All products sold in the U.S. labeled Atlantic salmon are thus farmed salmon, not wild.

Pacific habitats for wild salmon include Washington State, Oregon and Northern California as well as Alaska. Of these locations, the fisheries in Washington, Oregon and California suffer from habitat degradation that has negatively impacted salmon stocks. The nonprofit Blue Ocean Institute recommends against buying wild salmon caught in the U.S. Pacific Northwest.

However, wild Alaskan salmon fisheries are generally considered to be well-managed. Alaskan salmon is certified sustainable by the Marine Stewardship Council (MSC). MSC was founded in a partnership between Unilever and the World Wildlife Federation, and is now an independent nonprofit organization.

One of the most comprehensive recent studies of the health effects of salmon consumption was published in 2004 in the journal Science. Researchers at SUNY Albany's Institute for Health and the Environment measured the levels of the contaminants PCBs, dioxins, dieldrin and toxaphene in both wild and farmed salmon. They concluded that four to eight meals (consisting of eightounce portions) of wild salmon per month for adults, children and pregnant women fall within acceptable EPA cancer risk parameters.

Further, the fish company EcoFish along with a scientific advisory board initiated a testing program called Seafood Safe. This program tests salmon for contamination by PCBs and mercury, and awards a Seafood Safe label for those under EPA acceptable levels. Currently only fish sold by EcoFish have been awarded the label, though there are plans to expand the program to fish sold by other companies in the future.



FOR MORE INFORMATION

COHO SALMON (ONCORHYNCHUS KISUTCH)

BLUE OCEAN INSTITUTE WWW.BLUEOCEAN.ORG

OCEANS ALIVE (FROM THE ENVIRONMENTAL DEFENSE FUND) WWW.OCEANSALIVE.ORG

EPA's FISH ADVICE WWW.EPA.GOV/WATERSCIENCE/FISHADVICE/ADVICE.HTML

> Marine Stewardship Council HTTP://ENG.MSC.ORG

> > SEAFOODSAFE WWW.SEAFOODSAFE.COM

SUNY ALBANY'S INSTITUTE FOR HEALTH AND THE ENVIRONMENT WWW.ALBANY.EDU/IHE/SALMONSTUDY/ CONTAMINANTS.HTML#ONE

FARMED SALMON

ike many types of fish, salmon are ⊿easily farmed. Given the habitat depletion of wild salmon, farmed salmon would seem like a good alternative. But there may be both environmental and health reasons to avoid farmed salmon.

Current salmon farming practices are neither sustainable nor environmentally friendly. In the wild, salmon typically consume krill and plankton (tiny crustaceans and other animals). Large amounts of food are required to raise farmed salmon, and this food is often made from the meat and oil of other fish. In many cases the protein content of the amount of feed required by farmed salmon exceeds the protein content of the salmon themselves. Additionally, the fish that make up the farmed salmon diet may themselves be a source of toxins.

Salmon farming also produces a huge, concentrated amount of waste. Salmon pens are often located on the shore close to wild salmon runs, and farmed salmon waste pollutes surrounding waters. Also, a species may be farmed outside of its native habitat, for example, Atlantic salmon farmed in the Pacific Northwest. If these farmed fish escape from their pens, they can interfere with the natural habitats of the local species and spread disease and parasites.

In addition to environmental concerns, there are potential health issues with farmed salmon. Farmed salmon have more fat and toxins—including PCBs, dioxins and pesticides—than do wild salmon. Like terrestrially farmed animals, salmon are raised in close quarters, thus farmers must give them antibiotics to fight diseases. Sea lice can infest the closely packed fish and may spread into wild salmon habitats. Often artificial colors are added to their feed to mimic the traditional pink color of wild salmon.

Farmed salmon was also included in the SUNY Albany study of the health risks of salmon consumption mentioned above. Scientists found that eating more than only one eight-ounce meal per month of farmed salmon could exceed the EPA cancer risks from exposure to PCBs, dieldrin and toxaphene.

CHOOSE WILD

ALASKA

If you're concerned about the environ-Imental costs and health impacts of salmon farming, the best choice is wild Alaskan salmon. Currently, all frozen, canned and dried salmon available at the Coop is wild Alaskan salmon, as are some of the refrigerated (usually smoked or cured) salmon options. For all types of seafood, look for a label of approval from the Marine Stewardship Council or Seafood Safe.

If you have any questions or comments, email the Environmental Committee at Ecokvetch@ yahoo.com. Please let us know if you'd like to be on our Friends of the Committee list and get very infrequent (really!) updates about new green products the Coop is carrying or issues the committee is working on. And check out our blog at http://ecokvetch.blogspot.com.

Election Year Hopes and Reflections

By Alison Levy

fter Super Tuesday, I asked Coop shoppers how they felt about the Presidential campaign. What issues topped their wish lists for change? What were their highest hopes for this country?

True to our diverse community, Coop members had divergent opinions, and supported a wide array of candidates, including all the front-runners, as well as a few potential write-in's: Dennis Kucinich, Ron Paul and Mike Huckabee. Here's a representative sample of views.

Moraima Suarez, a Coop member since 1996, does a Food Processing shift. Her primary concerns are the



"I hope everyone can accept who's elected and give them a chance."

—Terry Moore

environment, healthcare and getting out of Iraq. Her prime environmental concern is global warming, and she'd like to see universal healthcare.

"I'm hoping for some kind of change. We need to start thinking outside of the box. I'm glad we now have wider choices."



"I'm glad we've got good choices because we haven't for a long time."

—Moraima Suarez

A Coop member for fourteen years, Charles Lewitz works on the Shopping Committee and is a retired teacher. He feels concerned that none of the candidates is addressing what he considers the most important issue: corporate irresponsibility and greed.

"Dennis Kucinich and Ron Paul are the candidates addressing that," says Charles. "Our healthcare problems, fiscal problems—they all come from the corporate problem."

Still he feels hopeful. "The next president will have to tackle tough problems for the benefit of the people."

A life spirit minister, Reverend Nicholas Cremato has been a Coop member for twelve years.

Considering a write-in for Ron Paul, Nicholas regards the campaign as "a bunch of nonsense."

"What I want to know is who are the candidates who are really backed by the people?" he asks.

Cremato is outraged that "We're embroiled in an illegal

war, not approved by Congress. The troops need to come back."

New Coop member Liz Wells is a lawyer whose shift is Receiving and Stocking. She would like to see us out of the war and hopes "we can turn this around so that the world will stop hating us because of our poor international relations."

Liz would like universal



"Obama, Clinton, McCain any of them would make a good president."

—Alex Kirtland

healthcare, and she also regards education as a key issue. "If we'd address that, it could solve all our problems," Liz believes.

Whether it's Hillary or Obama, Liz doesn't care. "It will be nice to have a change."

Writer (and waitress) Jenn Davis has been on the Maintenance Committee for five months.

"I'm a moderate and more socially conservative." Jenn reports. She's not in favor of socialized healthcare because she knows from her doctor



"The President should be a role model. There needs to be credibility in all that we do." —Trevor MacDermid

father that "you get what you pay for."

From her perspective, the three top issues are preserving abortion rights, gay rights and addressing the war. She likes a number of candidates for different reasons. "Maybe I'll look into McCain. He's pro-war but otherwise reasonable."

Her bottom line? "I hope we'll get someone who will tell the truth."

Alex Kirtland (a member since 2002) does a childcare shift. He's an IT consultant, concerned about global warming and healthcare. Alex would like to see the next

president promote free trade via NAFTA and the WTO.

"The next president needs to put in place regulations to help companies know how to respond to climate change," says Alex. "We need leadership."

Squad Leader and Coop member for seven years, Terry Moore is a teacher. "I like what I'm hearing in speeches about health. Even in my job, we have insurance, but there's not enough coverage. I think the government should help," she says.

Concerned about the war and healthcare, as a teacher, she'd also like to see changes in education. "Let's restore the music and arts programs that were cut and have smaller classes."

Nafisa Basir and Janine Blunt were shopping together. Both are teachers. Nafisa would like to see more sup-



"To be successful, you have to attract corporate dollars. That's why the leading candidates don't touch the real issues."

—Charles Lewitz

port for those whose education is interrupted to family economics, while Janine hopes the next President will revamp the economy, create jobs and offer job training.

"We need programs for people who are out of work," Janine said.

Nafisa agreed that "Youth in public schools are not being prepared for the long haul."

"We need to make sure families have affordable insurance and we need doctors who really care," said Nafisa.

Janine, who has an aging mother, would like to see medical benefits for all retirees. "She has insurance but she has to pay a lot out of pocket," Janine reported.

"Both Hillary and Barack should be on the same ballot," Janine suggested. "Together they'd be great." Trevor MacDermid, a Coop



"We have a glut of military supplies. Those resources should be used to rebuild our own country."

—Reverend Nicholas Cremato

member since 2002, spearheads the Coop composting effort. He's a freelance creative director.

As candidates become desperate for delegates, "ugliness and defamation come into play which is too bad. I hope it will pass," Trevor said.

His primary concerns are improving foreign relations, protecting social security from imprudent spending



"Over the last eight years, you never got the full story. That's depressing for a young person."—Jenn Davis

and moving ahead with an energy policy that looks at environmental impact.

"What we're doing has repercussions both for ourselves and for future generations." Trevor believes.

In the next president, Trevor hopes for authenticity. "People who run for office try to please everybody. I would love to see a straight shooter."



"If you could just combine Hillary and Barack, they'd be the first black woman president!" —Nafisa Basir and Janine Blunt



In Defense of An Apple, Part II

By Melanie Chopko

This is part two in a three-part series on the gray area between local and organic food. In the last section (1/31/08), I discussed how West Coast fruit from "big" organic producers shuffles the environmental burden from the production side to the distribution side of the sustainability equation.

n the words of Amy Hepworth, the local farmer who grows almost exclusively for the Coop, we have to be truth seekers with our eyes open, as dogmatism is the downfall of any movement, including that of organic food. I think industrial organic farms (Earthbound Organic, Grateful Harvest) have tapped into our desires

practicing IPM the farmer closely monitors the orchard to see who's sneaking in on the apples, and adapts the growing plan to take advantage of insect life cycles and natural predators. Because chemical use is essentially limited, IPM is widely accepted as the best way to farm, both ecologically and economically.

juice form for babies. In addition, as Hepworth gently reminded, it is not only we apple eaters or juice drinkers whose safety is at stake. Whatever our worries about residues, chemicals must be safe enough for the farmworkers whose bodies are directly exposed to them.

Park Slope Food Coop, Brooklyn, NY

That's where new chemistry comes in. While in the past "broad-spectrum biocides" wiped out everything from birds to bees, the chemistry now is just plain cool: entomologists and chemists have collaborated to find the weakness of a single insect or



for pure, safe food and responded by marketing what fellow member Matthew Willis calls "fantasy produce," fruits and vegetables that are certified organic but originate

Member Contribution

from huge industrial farms and processing factories. This fantasy of "imported organic" chips away at our faith in our local farmers—our neighbors—with whom we share this state. Unlike the private sphere of big organic, New York State farmers are educated, supported and held accountable to public institutions like the Cornell Cooperative Extension in Ithaca, NY, institutions whose focus is the health and nutrition of the public.

A lack of organic certification does not mean food is grown without standards. New York State has come a long way since Rachel Carson's Silent Spring toward dechemicalization and the practice of IPM, integrated pest management, and is now highly regarded for its environmental and food safety standards. Farmers of past generations were indoctrinated to spray all the time; before a rain, during a rain and afterward, out of fear of losing their crop and thus their income. "They were spraying carcinogens to provide a perfect-looking fruit," Hepworth said in her October talk at the Coop. Waking up from that program took decades, because it meant changing the daily workings of the farm. Instead of defaulting to pesticides, in

In 1998, the Food Protection Act of New York tightened regulations on what types and amounts of insecticides could be used in food production, setting the goal

> for all produce on the shelf to have non-detectable levels (NDL) when examined in parts per billion. This was a huge leap toward eliminating residual

chemicals, and decontaminated agriculture significantly. Any insecticide or fertilizers would now have to pass under a much stronger microscope, and remain undetected even when the fruit is concentrated into

spore, utilizing even familiar elements like sodium and vitamin D to kill them. What's toxic to them can be totally benign to humans: think slugs and salt shakers. Whereas an organic farmer might spray five pounds of sulfur 10 to 12 times in each orchard to combat apple scab, for example, with new chemistry farmers can spray five ounces of a pesticide focused specifically on apple scab spores. Unlike sulfur, which builds up over time in the soil, new, focused pesticides and insecticides are photodegradable, meaning they break down to a nondetectable level when exposed to light alone. ■

WHAT IS THAT? HOW DO I USE IT? Food Tours in the Coop

If you've fallen off the wagon can't get up from the couch If living has lost its zing and the simple thing comes hard

Remember the shift from one season to the next the interlude when animals shed their coats leaving tufts of fur caught in the yet dry weeds when the birds are spending their last reserves flying to warmer climes when the turtle and frog stir in their muddy dens but wait for the ice to ease

These cold winds bring advance news here and there we hear the home birds sing a different song the light strikes with new vigor

Ease out of your rut: get to bed a little early rise and greet the sun or bike to a point and watch it set go somewhere you haven't been: a few blocks away talk to a stranger about deep things stop, breathe and listen to the beat of your own heart

Be part of the advance team of spring get involved with something bigger

The Park Slope Food Coop is a good place to begin—inspiring more than just dinner

by Myra Klockenbrink

Mondays

March 17 (C Week) April 7 (B Week) April 14 (C Week) Noon to 1 p.m. 1:30 to 2:30 p.m.

and Tuesday

April 8 (B Week) 11:00 a.m. to 1:30 p.m.

Sunday

April 13 (B Week) Noon to 2 p.m.

You can join in any time during a tour.

How to Contact the Disciplinary Committee



The Disciplinary Committee is responsible for the review, investigation, and disposition of all submitted complaints of member misconduct.

If you would like to submit a complaint, please contact us.



Email: foodcoopDC@gmail.com



Letter Drop Off: Written reports may be left in the DC mailbox located to the left as you enter the Membership Office.



By US Post: Park Slope Food Coop Attn: The Disciplinary Committee 782 Union St Brooklyn NY 11215



Voicemail: 888.922.2667, ext 86

Thank you

Thursday, April 3 7:30 p.m. at the Coop PARK SLOPE FOOD COOP



The Flexitarian Table Inspired, flexible meals

for vegetarians, meat lovers and everyone in between

MENU

- Crispy Pressed Chicken or Tofu with Garlic and Mint
- Creamy Whole Grain Risotto with Spring Greens and Asiago cheese
- Shaved Spring Vegetable Salad

\$4 materials fee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

is a personal chef, caterer, cookbook author and culinary instructor. Peter's foremost concern is the development of local sustainable food systems and the fate of the home cooking in America. Peter is the author of three cookbooks including the James Beard and IACP award-winning The Modern Vegetarian Kitchen. Fresh Food Fast was chosen as one of the 25 Best Books of 2005 by Food and Wine Magazine, Peter's latest book, The Flexitarian Table, was released in June 2007 and will be on sale at the food class.

Guest Chef Peter Berley

MEMBERS & NON-MEMBERS WELCOME.

Come early to ensure a seat.

COOP HOURS

Office Hours:

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday 8:00 a.m. to 10:00* p.m. Saturday 6:00 a.m. to 10:00* p.m. Sunday 6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line 15 minutes after closing time.

Childcare Hours:

Monday through Sunday 8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS GAZETTE

The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.



8:00 p.m.



A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

The Good Coffee house

An Evening of Jazz, Tap & Song



Join **Jezra Kaye** and her trio for a night of sultry standards and swinging blues.

When she's not busy teaching people how to write and deliver strong, persuasive speeches, singer Jezra Kaye weaves her sultry, swinging

magic on a mix of jazz standards, blues and sophisticated pop. Come find out why she and her great backup musicians always pack the Good Coffeehouse.

Rhythm Tap soloist **Margaret Morrison** is joined by Robin

Burdulis on percussion, Theo Hill on Piano, Lisa Parrot on sax, and other friends for an evening of tap dance and swinging jazz music. For over 20 years Margaret has presented her tap dance artistry across the United States, in Brazil and Europe, performing as a soloist and with the acclaimed American Tap Dance Orchestra. Reviewers have called her "feather-footed and musically astute", a "consummate artist who breaks the mold."



53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

Monthly on the...

Third Thursday
March 20
7:00–9:00 p.m.
Last Sunday

March 30 10:00 a.m.-2:00 p.m.

Second Saturday April 12 10:00 a.m.—2:00 p.m.

On the sidewalk in front of the receiving area at the Coop.

R E C Y

PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly.
Last drop offs will be accepted 10 minutes prior to our end time to allow for sorting.



This Issue Prepared By:

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Erik Lewis

Editors (development): Erik Lewis

Joan Minieri

Reporters: Alison Levy

Ed Levy

Joan Minieri

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Namik Minter

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Final Proofreader: Isabelle Sulek Post Production: Becky Cassidy

Index: Len Neufeld

Cheese Inventory

Monday, A week, 8:00 to 10:45 a.m.

Work alongside Yuri Weber, the Coop's cheese buyer, to take an accurate inventory of our unsold cheese. Work involves 1.) weighing all cheese on the shopping floor and counting cheese sold by the piece and 2.) weighing and/or tallying all cheese in the basement. Must have good handwriting, be able to do basic arithmetic (weights, fractions, addition), be reliable and have good attention to detail. Contact the Membership Office if you're interested.

Schedule Copying

Tuesday, 6:00 to 8:45 p.m.

The main task of this workslot is to copy committee schedules from originals provided using the Risograph machine. You will need to be able to troubleshoot possible problems with the printer. This is a job that requires you to be on your feet for most of the shift. You will be working independently so good work attendance is required. A six-month commitment is required. If interested please speak to Debbie Parker in the Membership Office.

Check-writing

Tuesday, 6:00 to 8:45 p.m.

You will transfer information from vouchers on to checks to pay some of the Coop bills. Neat and legible handwriting, particularly writing digits, is a must. You will be working independently so good attendance record needed. A six-month commitment to the workslot is

required. Please speak to Andie Taras through the Membership Office if you're interested.

Attendance Recorders/ Make-up Recorders

Tuesday, Wednesday, Friday or Sunday

The Coop needs detail-oriented members to help maintain attendance recorders for Coop workers. You will need to work independently, be self-motivated and reliable. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please speak to Lewanika Ford-Senghor or Cynthia Pennycooke in the Membership Office if you would like more information.

CONTINUED ON PAGE 13

COP CALÉNDAR

New Member Orientations

Monday & Wednesday evenings: ... 7:30 p.m. Wednesday mornings: 10:00 a.m. Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Mar 27 issue: 7:00 p.m., Mon, Mar 17 Apr 10 issue: 7:00 p.m., Mon, Mar 31

CLASSIFIED ADS DEADLINE:

Mar 27 issue: 7:00 p.m., Wed, Mar 19 Apr 10 issue: 7:00 p.m., Wed, Apr 2

General Meeting

TUE, MAR 25

GENERAL MEETING: 7:00 p.m.

The agenda appears in this issue and is available as a flyer in the entryway.

TUE. APR 8

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the Apr 29

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see

the instruction sheets by the sign-up board. Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2.Please also sign in the attendance book that is passed around during the meeting.

Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up? It depends on your work status at the time of the

Consider making a report...

..to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a mem**ber-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

ALL ABOUT GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, March 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.) • The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

We seek to maximize participation at every

level, from policy making to running the

store. We welcome all who respect these

Saturday, March 15 3:00 at the Coop

FREE Non members Welcome

Nanlaoshu Movements for Health And Longevity

The hard and the stiff will be broken, The soft and supple will prevail." - Tao Te Ching



Recommendation: Wear comfortable clothing and shoes.

Carolyn Lin is a Coop member, a 30-year Nanlaoshu practitioner, and teacher and co-founder of the Society for Nanlaoshu.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Friday, March 21 7:00 at the Coop

Nanlaoshu

FREE

Non members Welcome

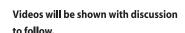
for health and longevity.



WHAT IS A True Guru?

Professor Erik Van Erp spends an evening with guests considering the value and need of a guru, one who serves as guide and mirror of reality for the purpose of gaining wisdom, understanding, and enlightenment.

Erik speaks of his guru, Avatar Adi Da Samraj, born in the West, who points to the possibility of a life based in reality, beyond the opposite points of view of East and West.



Erik Van Erp, Ph.D., is a Coop member and professor at Penn State. He is a writer on science and theoretical mathematics. Born in Holland, he has lived in community in Europe, Fiji, and the United States for more than 10 years.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, March 29 4:00 p.m. at the Coop

FREE

Non members Welcome

Seven Reasons Those Pounds are Sticking Around With Coleen Devol

What many people don't seem to realize is that you can lose weight and still be unhealthy—which means lost weight is often gained back. This workshop is designed to give you the tools you need to kick-start your metabolism and get your body in a state of calorie-burning health while at the same time



teaching you to prevent arthritis, heart problems, diabetes, fatigue, insomnia, mood disorders and other dis-ease. Find out how to become the shape you are meant to be!

Don't step on it . . . it makes you cry.

Coleen DeVol is a certified Holistic Health Counselor from the American Association of Drugless Practitioners and a certified yoga teacher. She runs a private wellness practice in Prospect Heights, Brooklyn and is a Coop member.

Saturday, March 15 7:30 at the Coop

FREE

Non members Welcome

Turn Your Closet Into Cash!

Learn how to sell your unwanted items on eBay!

WITH JENNIFER STEVENS

Looking for a supplemental or full-time income? Are you a stay at home parent looking to work from home? Trying to raise money for a good cause? Maybe you've got a lot of Grandma's stuff to get rid of? Liquidating your inventory?

Whatever the reason, you can sell it on eBay!

*eBay Auctions, Fixed Price Listings & :

*What Sells

*PayPal & Other Payment Options

*Packing & Shipping *eBay Wiki, Blogs & Seller Communi

*Third-Party Services

*Fundraising on eBay *Recent Changes at eBay

Jennifer C. Stevens, a Coop member, has been selling on eBay for ove eight years. She is an eBayPower Seller, eBay Trading Assistant and an Education Specialist Trained by eBay. A former technical trainer who's left the corporate world, she now sells on eBay full-time, much to the delight of her dog, Tilly, and cat, Sammy.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Tuesday, March 25 7:30 p.m. at the Coop Non members Welcome

FREE

Memories Still In a Box?

with Martie McNabb

Overwhelmed with your photo and memorabilia collection?

- tips to tackle your &/or your family box(es).
- techniques to preserve and protect your memories. organizational techniques.
- sorting methods for genres and timelines.
- presentation and layout options and more.

You can get your memories out of their boxes, bags, suitcases etc...and bring them back into your life!

Bring 3-5 photos and a story to share. We provide the rest! Help us plan by pre-registering at (718) 398-1519.

Martie McNabb has been helping friends and family preserve and present the moments of their lives for more than 15 years. She recently opened Memories Out of the Box in Prospect Heights, Brooklyn, to help people get their memories out of their boxes and back into their lives. She has been a PSFC member for more than 10 years.

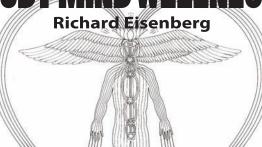
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

12:00 at the Coop

Sunday, March 16

FREE Non members Welcome

The Healing Arts Explained



"I will demonstrate and help some people on the spot."

I will explain or demonstrate: acu-energetics, reiki, shiatsu, therapeutic touch, medical massage, chi-energy healing, reflexology, meridians, chakras, the aura, karma, and emotional healing. We will explore cellular, sub-atomic, quantum healing, and past lives.

"I will work on someone from 20 feet away and help them. Think it's impossible? See it for yourself!"

Richard Eisenberg, Coop member, Acu-Energetics, Polarity, Shiatsu, Reiki, Therapeutic Touch, Reflexology, EFT, Hypnosis, Medical Massage, Acupressure, Trigger Points, Yoga, TachiTaTaChi

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Meet Your Mind

WITH ALLAN NOVICK

The fundamental nature of mind is stable, strong and clear-yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

Allan Novick, has practiced meditation in the Shambhala Buddhist tradition since 1975 and is a certified meditation instructor in that tradition. He lives in Park Slope, has been a Coop member for 14 yars, and works as a psychologist for the NYC Dep. of Education

FREE

Non-members welcome

Friday, March 28 7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, April 5 10:30 a.m. at the Coop Non members Welcome

FREE

SPEECH

How to make a great one—

Join Speaker Coach, Speechwriter and Media Trainer Jezra Kaye for a hands-on workshop where you'll write, practice and deliver a brief speech on a

and enjoy doing it!



Jezra helps people enhance their speaking skills, build a natural and powerful style and deliver clear, concise messages. She is a 27-year member of the Park Slope Food Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

ENHANCING FERTILITY **NATURALLY:**

A CHINESE MEDICINE APPROACH

WITH LARA ROSENTHAL, L.AC.

UNDERSTANDING FERTILITY:

The energetics of reproduction
What our grandmothers never told us: reading our body's signals

OBSTACLES TO FERTILITY:

Chinese medicine patterns of imbal-

ance
• "Unexplained infertility" explained

IMPROVING THE ODDS:

Nutrition and lifestyle choices for your

body type
• Tilling the soil: preparing the body for the rigors of pregnancy

WORKING WITH ASSISTED REPRODUCTIVE TECHNOLOGIES:

• Eastern and Western approaches side by side

Lara Rosenthal is a Licensed Acupuncturist and Board Certified Chinese Herbologist. She maintains a private practice in Manhattan specializing in Women's Health and Fertility and works at the NYU Hospital for Joint Diseases' Initiative for Women with Disabilities. She has a B.S. in Biological Sciences from Stanford University, is fluent in Chinese, and studied and worked in Taiwan for three years. She is a faculty member at Pacific College of Oriental Medicine and a Coop member.

FREE

Non-members welcome

Sunday, March 30 12:00 p.m. at the Coop Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Read the Gazette while you're standing on line OR online at www.foodcoop.com

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REMOVE BOTTLED WATER FROM OUR **SHELVES**

TO COOP MEMBERS:

In recent issues of the Linewaiters' Gazette, I and others have tried to explain our GM resolution to remove bottled water from the Park Slope Food Coop. We've explained the environmental damage that is done and the resources like oil and water used to manufacture the bottles, the role that the delivery of water has in producing greenhouse gases and global warming, the disposal of the empty bottles in landfills causing leaching of toxins into the water table, and the incineration of the bottles sending toxins into the atmosphere.

We've discussed the fact that tap water is most likely safer than bottled water in the United States, since the FDA rarely inspects bottled water, while the EPA consistently tests the quality of

water delivered to homes from public water sources.

New York City is considered to have especially high quality tap water—fluoride and chlorine being well below levels that might be considered dangerous. For those who don't want fluoride and chlorine in their water, our Food Coop sells filters that will eliminate these chemicals.

There are other issues to consider—like handing over a public resource to private entities for their profit, with arguably no benefit to the public. The other is the need for public spending to maintain the integrity of our public water supply into the future, spending that could be undermined as more people turn to heavily marketed bottled water.

In an editorial on August 1, 2007, "In praise of tap water," The New York Times wrote:

"Tap water may now be the equal of bottled water, but that could change. The more the wealthy opt out of drinking tap water, the less political support there will be for investing in maintaining

America's public water supply. That would be a serious loss. Access to cheap clean water is basic to the nation's health."

In another editorial on August 18, 2007, "Keeping Cool, Clear Tap Water," The New York Times further explained:

"In 2003, the Environmental Protection Agency estimated that it would take nearly \$277 billion to keep the nation's water distribution systems up to par over the next 20 years. That is a lot of money. And to get the necessary federal, state and local funds, it will take a lot of public support for a system people blissfully take for granted.

"The fear is that if too many people convert to bottled water, there would be even less support for such spending. The last thing America needs is two water streams—one for the rich and another for the rest of us."

Since our mission statement states: "We strive to reduce the impact of our lifestyles on the world we share with other species and future generations," we have the responsibility to remove bottled water from the shelves of our Coop

> Sincerely, Lew Friedman

starts two months earlier by fiat of the General Pandemonium and the Rulers behind it, so let's take the opportunity to really give them a scare this time! So let's have a clean campaign but, as they say, let's win it! Carpe diem!

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Remember that all letters from members are printed in the Gazette without editing! That is a great blessing and is what has always helped us to be such successful and happy

My great friend Dorothy Podber died on February 9th and all of her circle are spinning while we grieve and absorb and make what we can of it. An informative but not very sympathetic 2007 article can be found here:

http://joybergmann.wordpress.com

Also, an obituary was printed yesterday in the Spanish daily El Pais. Haven't seen it yet.

Although our main purpose has always been and still is Fair and Open Elections of the Members of the General Meeting, along the way we have developed specific and detailed plans for the reform of

The Milquetoast Board of Directors

The atrium

Item pricing The Gazette

The Disciplinary Hearing Committee

The Chair Pool Committee

The Agenda Committee The Personnel Committee

As to Pacifica/ WBAI—our new Station Manager Anthony Riddle started last Saturday, so there is new hope for our Station and for Pacifica. I'm thinking about a proverb with "Hope" but it won't quite come to me.

Even at 750 words, there are things in our Campaign Statement that aren't clear, and we will try to clarify and amplify as the weeks until the election go on. In solidarity,

> A. Solomon Loyal Supporter of the Co-Op Scrivener to The Pacifica Foundation hobces@yahoo.com 718-768-9079

SUBWAY UPGRADE

Each day I take the F train From Park Slope to the City; The slow, jammed cars all

For a picture far from pretty. The floors are heaped with

Its stickiness preserved,

And etches cloud the windows.

The "F" is wholly deserved. I think I'll move to Bed-Stuy For the sake of transit aid; It's serviced by the A train— Who'd ask for a better grade? Leon Freilich

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.co op or on disk.

Anonymity

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The Gazette will not publish hearsay—that is, allegations not based on the author's first-hand observation.

- 2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
- 3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by Gazette reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



CHARGE FOR PLASTIC BAGS

TO THE EDITOR:

In addition to Ireland I found in Sweden you have to put the bags you want on the conveyor belt and pay for them. How much? I don't know. I never needed one.

To me the solution at the Coop is very simple. There should be a mandatory charge of \$0.05 per bag. It should be rung up on the cash register and included in the total. And if people don't like this, all they have to do is grab a box instead.

Don Wiss

MEMBER COMMENTS

TO THE EDITOR:

Last year my Candidate Statement was very short, assuming that those who were going to vote for me knew enough already—the result was a sensationally support in the neighborhood of 200 votes! We won't make this mistake again, having used the entire 750 words in our candidate statement. If you know what we're about— Co-Op Democracy by Propor-Representation! tional —please vote for us and if you can, write a letter in support!! The BOD election



Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. *Denotes a Coop member.

SAT, MAR 15

CAVALLERIA RUSTICANA: See Mascagni's most popular opera updated to present day California, performed in English (Rustic Chivalry) by Brooklyn Repertory Opera with orchestra. Food Coop Office Coordinator Kathleen Keske* sings the role of Santuzza. Brooklyn Lyceum, 227 Fourth Ave. (President St.) at 3:30 p.m. Admission \$20, seniors/students \$10. For info: www.bropera.org

PEOPLE'S VOICE CAFE: Bright Morning Star at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00-10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/ more if you choose, less if you can't. No one turned away.

CLOTHING & TEXTILE RECYCLING: Donate used clothing, shoes, boots, hats, jackets, towels, bedding & linens for reuse or recycling. Grand Army Plaza Greenmarket, every Saturday through March. 8 a.m. – 4 p.m. For more info, visit www.cenyc.org

TUE, MAR 18

TAKING HEALTH INTO OUR OWN HANDS: A Forum on Community-Grown Solutions. Grassroots leaders from around NYC will share stories of urban farming and immigrant

food traditions as ways of mobilizing communities around healthy food. Free. 6:30-9:00 p.m. Cuny Graduate Center, 365 5th Ave, NYC. To register, visit www.whyhunger.org

WED, MAR 19

SAY NO TO WAR. March 19, 2008, is the 5th anniversary of the war in Iraq. Rally at noon at the office of Cong. Vito Fossella, who continues to support the war. 4th Ave. & 85th St. At 6 p.m. meet at Grand Army Plaza for a march to the Army Recruiting Center at 41 Flatbush Ave. Sponsored by Brooklyn for Peace. www.brooklynpeace.org

SAT, MAR 22

CAVALLERIA RUSTICANA: See Mascagni's most popular opera updated to present day California, performed in English (Rustic Chivalry) by Brooklyn Repertory Opera with orchestra. Food Coop Office Coordinator Kathleen Keske* sings the role of Santuzza. Brooklyn Lyceum, 227 Fourth Ave. (President St.) at 3:30 p.m. Admission \$20, seniors/students \$10. For info: www.bropera.org

CLOTHING & TEXTILE RECYCLING: Donate used clothing, shoes, boots, hats, jackets, towels, bedding & linens for reuse or recycling. Grand Army Plaza Greenmarket, every Saturday through March. 8 a.m. - 4 p.m. For more info, visit www.cenyc.org

SAT, MAR 29

PEOPLE'S VOICE CAFE: Hook Report and Songs of Water/Songs of War at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00–10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

SUN, MAR 30

MEET OUR FARMERS: Members & friends of Sweat Pea CSA in Brooklyn Heights & all those considering a share in the 2008 season are invited to learn more about where our food comes from & how a CSA works. Local snacks provided! 4 p.m. - 6 p.m. At the Chapel at First Unitarian, corner of Pierrepont & Monroe, Brooklyn Heights. For more information, contact koren.manning@gmail.com

SUN, APR 6

ZEEMEEUWSIC III!: an eclectic Sunday concert series at the Old Stone House, featuring Mara Goodman* (classical and cabaret

songs, and Yiddish, Ladino and Latin American folk songs with a variety of performers). JJ Byrne Park, 5th Ave. (btwn. 3rd & 4th sts). 2 p.m. \$10. For info/reservations: 718-768-3195.

TUE, APR 8

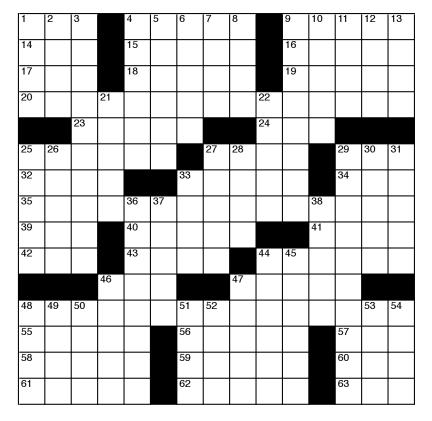
2008 ECO-FESTIVAL: Kingsborough Community College is hosting its 3rd annual symposium & festival, providing a unique opportunity for students, faculty & members of the community to gather under a common banner, to engage in a dialogue centered on the environmental problems & challenges we face at the dawn of the 21st century. April 8-10. For more information, visit, www.kingsborough.edu/eco-festival/index.htm

SUN, APR 20

BROOKLYN FRIENDS OF CHAMBER MUSIC: Duo Prism. Jesse Mills, violin; Reiko Aizawa, piano; with Eric Poland, percussion. Beethoven: Sonata for violin and piano in F Major; Spring Cowell: Set of Five for violin, piano & percussion; Brahms: Sonata No. 3 in D minor for violin & piano. At Lafayette Avenue Presbyterian Church, 85 S. Oxford St. at Lafayette Ave. 3 p.m. \$20 at the door/\$10 students. www.brooklynfriendsofchambermusic.org

Puzzle Corner

Follow the Leader



This week's puzzle by Stuart Marguis. For answers, see page 15

- **1** Mission leader?
- 4 Like many raisin cookies **9** Heavily loaded
- **14** Grand
- 15 One of a boy scout dozen 16 It's so pure it floats
- 17 Inflationary measure **18** Easy runs
- **19** Unstable type of canon
- **20** Softies
- 23 Some lumps **24** Family man
- **25** Feathered divers
- 1 "Daddy-o"
- **2** Or plan B...
- **3** Tried a key again 4 Comply
- **5** Bakery come-ons **6** Slim candle
- 7 With no advantage
- 8 Settle in
- 9 Some hours **10** Eggy
- **11** Does as Cyrano
- **12** Previously
- **13** Reddens

ACROSS

- 27 Pet-name for a child **29** Heading for a halt?
- 32 Infrequent
- **33** 1 vis-à-vis 2 or 3
- **34** Lead in to a riff?
- **35** Kibitzing or reading another's
- 39 Ring leader?
- 40 Church centers
- Earth inheritors
- 42 Active battery indicator
- 43 Like a mute tongue
- 44 Michigan harvest
 - **DOWN**
- 21 Manioc, for one 22 Pitcher
- 25 Ask, emphatically
- **26** Raja counterpart
- "...to have ___ and lost..." 28 King beaters
- 29 Claims
- **30** Nylon choice
- **31** Niggling **33** Memorex alternative
- **36** Like many workaholics
- **37** Jib or topgallant
- 38 A fish, and what it did

- **46** Ore beginning?
- 47 Biblical imperative
- **48** Wee
- **55** Midori flavoring
- 56 Dialed away the static
- **57** Pay dirt
- **58** Take five
- 59 Hunger or world peace
- **60** Tuck partner
- Top Gun need **62** Talked up
- 63 Start of ire?

- **44** Response to a photog 45 Back- or even-
- 46 It comes after many ducks
- **47** Bedtime for Lestat
- 48 Scamps
- 49 Low tide
- 50 It has rope and a lead pipe
- _-a-sketch 52 Maritime mooring
- 53 Met melody
- **54** Hurdled

Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the workslot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.



The Street Squad serves an important public relations role for the Coop. From tables set up outside the store, at local street fairs and special events, the Street Squad talks to current and prospective members, hands out literature, answers questions, gives tours of the Coop, and just generally offers people the chance to become familiar with our organization.

We invite you to join us if you are: • a Coop member in good standing for

- at least six months • friendly and upbeat with enthusiasm
- about the Coop
- ◆ knowledgeable of Coop procedures
- willing to work outdoors
- reliable, responsible and able to work independently

New Street Squad members must attend a training session.

If you are interested in joining the Street Squad, please contact:

Robin 718-230-7199

call before 9:00 p.m.

WORKSLOT NEEDS

CONTINUED FROM PAGE 9

Early Morning Receiving/Stocking

Monday-Friday, 5:30, 6:00, and 7:00 a.m.

Early morning Receiving/Stocking squads work with Receiving Coordinators to receive deliveries, unload trucks, organize products in the basement and stock shelves, bulk bins, coolers and produce on the shopping floor. You may also stock perishables in the freezer or walk-in cooler. Boxes generally weigh between 2-20 lbs., a few may weigh up to 50 lbs. Other duties include breaking down cardboard for recycling, preparing produce for display. and general cleaning. You will have the opportunity to work closely with our produce buyers and learn a lot about the produce the Coop sells.

Mop Cleaning

Thursday, 12:00 to 2:00 p.m.

This workslot involves organizing the cleaning equipment used by the Maintenance Committee, washing (by hand) all the mop heads in the Coop, and replacing any worn-out mop heads. Speak to Mary Gerety in the Membership Office if you are interested.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 to 11:45 a.m. or 11:15 a.m. to 2:00 p.m.

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4th Avenue and Sackett Street. Workslots preparing food, helping serve meals and cleaningup are available to Coop members who have been a member for at least six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.

Office Setup

Wednesday, Thursday or Friday, 6:00 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adrianna in the Membership Office, Monday through Thursday, 8:00 a.m. to 2:00 pm.

EXPERIENCED REPORTERS Please Apply

Workslot Description

We have four distinct Linewaiters' Gazette teams-each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team's editor every eight weeks.



For More Information

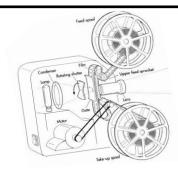
If you would like to speak to an editor or another reporter to learn more about the job, please contact Karen Mancuso in the Membership Office or email her at karen_mancuso@psfc.coop.

To Apply

Please send a letter of application and two writing samples at least 800 words long (one sample must be a reported interview) to karen_mancuso@psfc.coop. Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop. Your application will be acknowledged and forwarded to the coordinating editors, Stephanie Golden and Erik Lewis.

Seeking to Diversify the Gazette Staff

The *Gazette* is looking for qualified reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the Gazette and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.



Show

and earn workslot credit.

Exposure, Conversation, Reactions...

The film series at the Coop is only as good as the willingness of Coop members to participate in it. Submit movies you've made, you've gaffed on, acted in, PA'd, wrote, produced...and get workslot credit if we show it for our Coop screening series.

We want to see how creative our Coop members are, and we want to share the work with other Coop members and their friends.

Please send us your stuff or email us to talk about it. We need to be in touch with all of you to keep this series hot...which it is!

For more information, contact Alexandra Berger at isisprods@yahoo.com



Email your suggestions to GazetteSubmissions@psfc.coop

(please write Gazette Story Ideas in the subject line).

Chefs and Waitstaff Wanted

The Fun'raising Committee is seeking Coop members with

professional cooking and/or waiting experience to work the Coop's 35th birthday party on May 3 for FTOP credit. We're specifically looking for members who are chefs, caterers, waiters and those who have front-of-house experience in catering. Kitchen prep is V.N.W. needed the week prior to the event and most of the day on May 3rd, as well as the evening of the event. Front-of-house staff needed for set-up, event time and breakdown. In your email please give a brief description of your

experience and availability.

Call Esther at 917-513-0860 or email ouicater@yahoo.com

Band Needed



The Food Coop's Fun'raising Committee is seeking a Coop-member band to play for workslot credit at the Coop's 35th birthday party on the evening of Saturday, May 3. We're specifically looking for a band to play Latin, R&B, and Motown music.

If interested, please call Lenny at 718-614-2289

Past Life Regression Through Hypnosis

DO YOU HAVE THE FEELING THAT YOU HAVE LIVED BEFORE?

Have you ever just met someone and felt like you have previously known them?

Are there other countries or cultures that seem familiar to you?

Well there might be an explanation for

Through hypnosis we can tap into the subconscious mind, as well as enter into a peaceful trance-like state to retrieve memories of our past lives

Relax and take a journey within.

Gain: • Realizations

- A deeper understanding of who you are
- Retrieve memories
 Pass beyond death and back again

Bring: A blanket to lie down on or a comfortable lawn chair to relax into A note book to write down anything that comes up

Jeffrey T. Carl, CHt, a Coop member, is a certified clinical hypnotherapist, and a member of I.A.C.T. Jeffrey is also certified in past regression though the Wiess Institute

Non-members welcome

Sunday, April 6 12:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, April 12 3:00 p.m.

FREE Non members Welcome

THE WALDORF ART OF GRADE SCHOOLING

determining academic success has compelled schools to begin academic instruction at an earlier age. But does this produce better learners?

Waldorf Schools promote a holistic, multi-sensory approach to learning, employing a developmentally age-appropriate curricu-

Come learn more about Waldorf Education for the grades, with a panel discussion moderated by Erin Fitzgerald, a founding parent of the Brooklyn Waldorf School, currently the president of the Parent Association and Coop member.

lum, that cultivates and nurtures youthful vitality.

• Patty Smith, director of the Center for School Design at the National Academy Foundation. Most recently worked as the assistant director of Secondary Schools at the Education Alliance at Brown University and has been a kindergarten teacher for 12 years.

• Chenta Laury, a Waldorf alum, who received a Masters in Education at Harvard, taught in a

Brooklyn public charter school and currently teaches "Handwork" at the Brooklyn Waldorf

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, April 13 12:00 p.m.

FREE Non members Welcome

Healthy Eating on the Go

attending meetings and eating at other people's homes or at restaurants? How are you going to eat healthy, when your options are limited?

Staying healthy and eating on the road can be challenging. Join me to learn some concrete ways to eat healthy when you are away from home.

Learn how to:

- Navigate the menus at restaurants
- Survive airplane travels and layovers



Christine Boutross is a certified holistic health counselor, a personal trainer and a COOF member. As a holistic health counselor she works with clients in addressing their health concerns, including weight loss, more energy, cravings, and nutritional concerns.

Support a New Coop!

Do you live or work in the Bronx?

Would you prefer to do your workslot on Saturdays?

Then inquire about supporting the **South Bronx Food Cooperative!**

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help.

To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To make work arrangements, please email ellen_weinstat@psfc.coop or call

718-622-0560

South Bronx Food Coop 646-226-0758 • info@sbxfc.org

CHECK OUT THE NEW AND IMPROVED COOP WEBSITE AT WWW.FOODCOOP.COM

Current and back issues of the Linewaiters' Gazette Daily Produce List • Product Blog • Membership Manual Videos and Podcasts • A map of our local suppliers ...and much, much more.

East New York Food Coop Help a new coop in Brooklyn • FTOP credit available

In accordance with the sixth Principle of Cooperation, we frequently offer support and consultation to other coops. For the East New York Food Coop, we have also offered help in the form of Park Slope Food Coop member workslots.

The East New York Food Coop welcomes PSFC members to assist in its first year's operations.

PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a member for at least one year and have an excellent attendance record. To make work arrangements, please email ellen_weinstat @psfc.coop or call 718-622-0560.

East New York Food Coop

419 New Lots Avenue • between New Jersey Avenue and Vermont Street accessible by the A, J and 3 trains • 718-676-2721

The South Bronx Food Coop is seeking an experienced graphic/web designer to update their website ASAP for workslot credit!

Must know how to:

- set up online purchasing system
 - create edit-able calendar
- incorporate audio & video links
 - link websites

Preference for designers who can link database/inventory systems to web sales. Most important—must have cool sense of design!

South Bronx Food Coop 646-226-0758 • info@sbxfc.org

Park Slope Food Coop Video Squad **Workslots Available**

Did you know that the Coop has a regular show on Brooklyn Cable Access Television and will soon be expanding to podcasting via the Internet?

The shows feature members and issues related to the Coop and the larger Brooklyn community. Past shows include health, improv performance, live music, cooking classes and ideas for living ecologically.

There are current workslot openings for:

Show Host • Researcher/Storyboarder • Post Production: Editing and Compression

For more information, contact David at simpsoda@gmail.com and include "PSFC Video Squad" in the subject line.

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917-715-7157 A www.brooklynfreeschool.org this unique K-12 independent, non-profit school take place each Thursday at 9am. Call or e-mail contact@brooklynfreeschool.org for an appointment.

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Park Slope, Brooklyn 400A Prospect Avenue between 7th and 8th Ave.

Manhattan New York Wellness Group 130 5th Ave., Suite 900

Holistic Psychiatry

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Psychotherapy • Hypnotherapy • Medication

Specializing in Anxiety, Depression, Panic

Charles E. McDermott, M.D. In Park Slope Former Medical School Faculty 718.788.5005

Puzzle Answers

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To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

4D Tax & Financial Planning LLC

Jenifer Lee CPA, CFP®, MBA

101 Warren Street, #A-1C Brooklyn, NY 11201

Phone: 917-755-0516 Fax: 718-228-3846 jlee@4Dnyc.com Visit www.4Dnyc.com



BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - Beautiful parlor floor thru on 3rd below 6th Ave. Charming, comfortable apt. private bath, double living room, kitchen, deck, sleeps 4-5 call 718-788-7171 or visit us on the web at www.houseon3st.com

MERCHANDISE-NONCOMMERCIAL

STAY WARM THIS WINTER - Cashmere camel coat from Sak's 5th Ave., small, \$150 neg., other wool coats. Do-it-yourself shelving modules -\$25. Utility drawers – good storage -\$10. Coins and old paper money, including gold 50 pesos. Call 718-826-3254 between 10 a.m. and 9 p.m.

CELLERCISER, new + accessories, \$200; gold-plated jewelry signed by artist (vintage), \$20-40; a pair of Merrell women's shoes, tan, never worn, size 8 and 1/2, \$25. Call 718-768-

FOR SALE DEHYDRATOR, hardly used. Very good condition. \$50.00 Call 718-256-3616.

NEW WOMEN'S CLOTHING to trade. Ideas welcome. 718-756-5735

FAKE FUR JACKET for sale. Warm, good condition, black, size 12-14, suitable for someone 5' 7" and above, \$125. Call Rose 718-789-9251.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker -718-853-0750.

COMPUTER HELP-CALL NY GEEK GIRLS. Setup & file transfer; hardware & software issues; data recovery; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. Onsite or pickup/drop off. References, reasonable rates. Longtime Coop member. 347-351-3031 or info@nygeekgirls.com

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

GET YOUR HOME CLEANED...With a Clean Conscience. The We Can Do It! Women's Coop has eco-cleaned the homes of dozens of happy Park Slope Food Coop members. Our business is women-owned and operated and our workers earn 100% of the fee paid. Call 718-633-4823 for a free estimate. 10% discount on first cleaning for PSFC members!

MAKE THIS THE YEAR you get all those memories out of those boxes and back into your life or let us do it with you or for you! A box isn't any place to keep a life. Memories Out Of The Box, 633 Vanderbilt Ave. Brooklyn. 718-398-1519. www.memories out of the box.biz.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-

NEED AN ELECTRICIAN, call Art Cabrera at 718-965-0327. Celebrating 35 yrs. in the electrical industry, skilled in all aspects of field from single outlets to whole buildings. Trouble shooting specialist. No job turned away. Original Coop member, born in Brooklyn. Brownstone specialist, low voltage & 220 wiring.

HAIRCUTS HAIRCUTS in the convenience of your home or mine. Also color perms, hot oil treatments. Adults \$30.00, Kids \$15.00. Call Leonora 718-857-2215.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 18-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

NO JOB TOO SMALL! Carpentry, tile installation and repair, painting, plastering, doors hung and repaired, shelves installed, bath regrouts, general handy work. Serving the Park Slope area for 19 years. Free estimates. Call Rocco 718-788-6317.

OLIVE DESIGN - Interior Decorating Services. Color consulting, furniture selection and placement, window treatments. Please visit website: www.olivedesignNY.com for more info. 718-462-6875.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-

ACUPUNCTURE in Park Slope. Rejuvenate your body in a relaxing and supportive atmosphere. Treatments include: pain relief, women's health & fertility, hypertension, digestive, respiratory, smoking cessation, weight loss and fatigue. Ann E. Reibel-Coyne, L.Ac., National boardcertified. 911 Union St. 212-629-2007.



VACATIONS

BERKSHIRE LAKE HOME. 4 bedrooms, dock and deck on beautiful clean lake. Canoe, kayak, rowboat. Large screened-in porch. Wellequipped kitchen. Near Jacobs Ladder and other cultural attractions. \$1100/wk. Call Marc 917-848-3469

FIRE-ISLAND-SEAVIEW, full season May 19 - Sept. 5. Bayfront house magnificent view sunrise/set. 5 BR and upstairs porch, LR, DR, large kitchen/pantry. All appliances, dw, w/d, backyard BBQ, satellite TV, DSL. or less. www.12bayview.info or 718-429-3437 or 718-426-8555. Jerry or Don

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercurv offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.



SAVE THE DATE

The Coop is turning 35!

You're invited to a big birthday bash on Saturday, May 3, at the Garfield Temple. Deejay! Dancing! Food for sale! Don't miss it!

FOOD DRIVE to benefit **CHIPS Soup Kitchen**

Saturday, April 12 Sunday, April 13 from 9:00 - 4:30



CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. Consider donating something from the "Do" list below at the collection table outside the Coop. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal.

Do Contribute

Non-Perishable Foods and Commercially Packaged Foods

Canned Fish Canned Fruits & Vegetables Pasta Sauce

Pasta Pre-packaged Rice

Pre-packages Beans Canned Beans

Canned Soups

Parmalat Milk

Dry Milk Peanut Butter **Boxed Raisins**

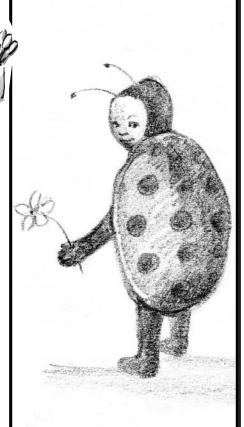
Don't Contribute

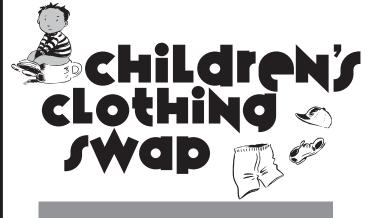
Perishables

tems from bulk bins & silos Items packaged in the Coop

> Refrigerated foods Tea Sweet

Juice (bottles juice packs) Baby Food Crackers





Who needs Old Navy when you can outfit your child at the Coop for free?!

Bring your child's outgrown clothes to the Coop to trade with other members.

> Please bring only items that are in good condition.

Do not bring clothing to the Coop before the hours of the exchange.

Non-members Welcome

Saturday, April 12 10:30 a.m.-1:15 p.m. last drop-off 12:45 p.m.

Graznya Veras

Laura Vitale

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Naomi Adams Sharon Adams Yvonne Adams Lucia Alper Allison Anderson Ximena Andion Ibanez Tatiana Arocha Sebatian Bardin-Greenberg Grant Barrett Lucy Bekheet Mark Berkowitz Amanda Berne Brvna Bilanow Olgierd Bilanow Jonathan Blumberg David Bondy Aris Bordo Michael Brant Alex Brooks Andrew Brown Patricia Caesar Thomas Pat Charles Bjorn Christiansen

Christina Codispoti **Jessica Cofrin** Christopher Cohoon Chris Conly James Crawford Maggie Crawford Jason Curtis Katherine Darling Andy del Barco Andrew Delamarter Chantal Scott Delmarter Namina Denis Andrea Dixon Yaniris Dominguez Erin Doppes Jeannie Dryfoos Rik Dryfoos LaShaye Ervin Jonathan Estrada Faye Georgia Farren L. Danielle Fennoy Frederick Fields Joy Fields David Foster

Sandra Foster Chrystina Gastelum Colleen Glaessner Elizabeth Glaessner Jojo Gonzalez Jack Gordon Laura Gordon Rebecca Greason Alissa Green Gabe Harrelson Michael Hawkins Felipe Hernandez Jacqueline Hernandez Diane Hill Kesha Hill Sarah Hilliard Ieannine Hobbes Beryl Hodge Brian Howard Michael Isabell Renee Iselin Clint Jensen Leticia John Amberly Jones

David Jones Joshua Kantro Kevin Kay Brian Kelly Jae Hwan Kim Jungwoong Kim Cheryl King Kevin King Elias Kirtz Annalise Kohlberger Steve Kraftsow Reagan Kuhn Michelle Lagos Nicole Leary Diana Lieu Joy Lindquist Cayleb Long Vincent Luberoff Jennifer Lydell Scott Lyons Cassia Maher Leah Manning Lara Martin Candice McLeod

Daniel Melamud Antoine Miller Dacia Mitchell Alex Moulton Gbemi Munis Molly Myers Geoff O'Brien Casev O'Shea Jocelyne O'Toole Asya Ollis Pedro Pachan Joe Parker Vanessa Peart Tiffany Peckosh Moira Peters Scott Pillinsky Marta Raich Ritaly Rapaport Isaac Ravishankara Jana Riutta Billy Roberts Caleb Rogers Gerald Rosenheck Sara Rosenheck

Kelly Ruggles Celeste Salerno Monifa Samuel John Scarimbolo Peter Scherer Kathleen Schultz Jenessa Schwartz Amy Seek Audrey Semple Elena Sevillano Jason Shanbaum Michael Sherman Dorothy Shestak Naomi Shumway Holly Smith Meredith Soffrin Bekah Starr Kate Steinle Sandra Stratton-Gonzalez Ann Sullivan Winston Thomas Tyler Van Fleet

Podessa E. Ross

Amparo Vollert Donna Walrond Deborah Wassertzug Leah Weinberg-Moskowitz Jessica White Marion Wild Mesan Williams Rugayyah Williams Alexandra Wilson Ae Ja Winslow Garth Wolkoff Hyman Wright Danielle Young Josh Young

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Aiesha Anne Alvergue Michael Amoroso Aurora Andrews Alec Baxt Matthew Belanger Judith Belasco Marc Belli Amalia Billig Debra Bondy Lalita Brockington

Crystal Burnham Juliana Cano Nieto Walter Cantey Mary-Ann Cappellino Gina Carducci Megan Crowley Ramon Cruz Julia Day Kate Engle Erin Patricia Ervin

Lena Eson Mariann Fedele Peter Fitton Anne Friedman George Caroline Green Genevieve Harley Brady Heiner Jeanne Heyman Sol Hockings Barbie Insua

Dulcy R. Israel Thomas Kaiser Tasja Keethman Dan Kelly Aaron Kirtz Lucie Lagarrigue Alington J. Lake Cayleb Long Hester Lyons Jennifer Massie Lisa Mendoza

George Olken Henry Panton Anna S. Park Christina Pasquet Leah Paul Peira Nancy Petaja Diana Quick Marion Ramirez Cliff Resnick

Chris Roddick

Milton Rosa-Ortiz Philip Rosenbloom Nabeel Sarwar Linda Scott Amy Seek Antonia Serratelli Ari Shapiro Stephen Shelley Malcolm Smart Nate Smith Paulette Tabb

Karen Talbott Elizabeth Tenenbaum Jennifer Walling Carolyn Weiss Peter Weston Tifffany White Lesley Williams Ae Ja Winslow Delia Yarrow