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1973



# LINEWALTERS' GAZETTE



Volume CC, Number 7

March 27, 2008

## Third Kids' Variety Show Draws Happy Applause

By Hayley Gorenberg

The third biennial Kids' Variety Show opened on March 8 to uproarious cheers and applause, from the floor all the way up to the balcony of Old First Church.

Local cello teacher and longtime Coop Fun'Raising Committee member Martha Siegel, who had auditioned dozens of young performers after New Year's, took the microphone after committee members Eric Kelley and Len Heisler warmed up the crowd with folk tunes on acoustic guitars.

Following a warm welcome and quick question-and-answer on the meaning of the word biennial (complete with audience calculations that the kids should plan on returning to the stage in 2010), Siegel opened the performance by breaking out her cello to

accompany Kiyomi Johnson, 6, who performed Hunters' Chorus on the violin.

More string players followed, as David Gratz, 7 (who mentioned in the program that he likes to break dance, create cartoons and knit), treated the crowd to a portion of Seitz's Concerto #2, accompanied by his mother, Coop member Susan Buchsbaum.

Professed music and art-lover Laila Iarussi, 7, sang "Somewhere Over the Rainbow," and Oliver Sand, also 7, performed the Beatles' "Hey Jude" on the piano—though he professed that his favorite Beatles song is "Eleanor Rigby."

Captivating the audience with a spoken-word interlude amidst the plentiful musical offerings, Natasha Radtke, 8, recited several works of original poetry. Radtke's program

notes advised, "From my point of view, poetry lets us show the creative side of all of us, as well as lets us express our opinions about life and things in life."

The music soon flowed again, as Reuben Gelley-Newman, age 9 by the time this Gazette issue hits the streets, (and also a student of Siegel's) performed "Simple Gifts" and "Apples" on the cello.

Violin and viola students of Hagain Kamil at the Brooklyn Conservatory of Music next took the stage to offer two classical numbers as an ensemble. The performers included Cyan Hunte, 8 (who professes to want to be a filmmaker as an adult), Meaghan Accarino, 8 (who loves cats and reading Harry Potter), Tai Chen Baedecker, 7 (who plans to be a basketball player), Mei Li Baedecker, 10 (who is a great enthusiast of "ligers"), Maeve Farrell, 8 (also a Harry Potter fan), and Simone Robbennolt, 10 (who noted that her favorite amphibians are frogs).

The P.S. 321 Performing Arts Company (PAC), an after-school program run by P.S. 321's Dance Educator arts partner, Karen Curlee, closed out the first half of the program with rousing performances of the original "Brooklyn Is" and "Broadway Broadway."

Fourth- and fifth-grade PAC students learn musical theater skills—singing, dancing, acting, song-writing, play-writing, and choreogra-



Kiyomi Johnson on violin with Martha Siegel.

CONTINUED ON PAGE 2



PHOTOS BY KEVIN RYAN

## Small Producers Create Big Flavors

By Ann Pappert

Many of the products carried by the Coop come from small producers—often companies started by people with a love, some would call it an obsession, for one unique food item, people as interested in creating perfection as in generating profits.

Two of my long-time favorite Coop favorites come from just these types of producers. Blue Moon sorbets and Sullivan Farms smoked fish.

### Blue Moon

The first time I tasted Blue Moon's pear-ginger sorbet I could hardly believe I was eating a commercially pro-

smoked fish.

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### Next General Meeting on April 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The next General Meeting will be Tuesday, April 29, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl. The agenda will be available as a flyer in the entryway of the Coop on Wednesday, April 9. For more information about the GM and about Coop governance, please see the center of this issue.

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## Coop Event Highlights

- Sun, Mar 30** • **Pub Night: Sing in the Spring at Freddy's Back Room** 7:00 p.m.
- Thur, Apr 3** • **Food Class—The Flexitarian Table** 7:30 p.m.
- Sat, Apr 12** • **Food Drive** 9:00 a.m. to 4:30 p.m.
- Sun, Apr 13** • **Food Drive** 9:00 a.m. to 4:30 p.m.
- Sat, Apr 12** • **Children's Clothing Swap** 10:30 a.m. to 1:15 p.m.
- Fri, Apr 18** • **The Good Coffeehouse—Bev Grant and the Dissident Daughters and Jean Rohe** 8:00 p.m.
- Sat, Apr 19** • **Purse, Bag and Shoe Exchange** 10:00 a.m. to 2:00 p.m.
- Thu, Apr 24** • **Blood Drive** 3:00 to 8:00 p.m.
- Fri, Apr 25** • **Blood Drive** 11:00 a.m. to 6:00 p.m.
- Sat, Apr 26** • **Blood Drive** 11:00 a.m. to 6:00 p.m.

Look for additional information about these and other events in this issue.

Kids' Variety Show

CONTINUED FROM PAGE 1

phy and perform for parents, school classes, and community events.

Curlee raved about her ambitious group: "I say, 'Jump,' and they say, 'How high?' " she laughed.

The second half of the program featured an array of young vocalists, beginning with Solana Schlau Appenzeller and Milan Puentes, both

10. The girls sang the original "I Thought I Was," composed in part by Puentes, who credited as her "Best Friend Forever" Appenzeller (who for her part confessed occasional stage fright).

They were followed by another duo of singing ten-year-olds, Isabelle Siegel and Alexis Williams, who sang "True Friend," by Hannah

Montana. Siegel hopes to become an actress and singer, and Williams already loves to dance and hopes to make a profession of it.

Sarah Gratz, 10.5 (whose likes range from magic tricks to sushi to hiking), played the opening "Largo" from Dvorak's New World Symphony

and emcee," Aidan Gorenberg Screwvala, 6. Zoe's program notes remarked that she is athletic and wants to be a trapeze artist, and that her younger sister "is funny and likes to joke around, and that is why she is our announcer."

Next up was Marina Zero

after a few of the problems were ironed out. An original dance to the Beatles' "I Saw Her Standing There" also encountered brief technical problems, but later came off without a hitch, performed by the tie-dyed and otherwise colorfully clad Maya Cariño, 12; Julianne Cariño, 9; Justine



PHOTOS BY INGRID CUSSON



Top photo: PS 321 Performing Arts Company. Photo above, from left to right: Maya Cariño, Justine Farhi, Julianne Cariño and Eli Rose.

Farhi, 9; and Eli Rose, 10. The Cariños and Farhi are home schooled and take dance classes at Brooklyn Arts Exchange. Rose attends P.S. 29, where he participates in the drama crew.

Riley Stanzione, 13, and Ruby Bilger, 11, offered a skit called "The Credit Card." Stanzione professed a love of acting, "because it lets us be someone who we are not." Bilger, also a trumpet player, clued the audience in on her love of "anything to do with hedgehogs."

Raye Holab, 13, soloed with a dance that she created as a requirement for a school project at New Voices Middle School, performed to the Dixie Chicks' "Not Ready To Make Nice."

After only seven months of self-taught clarinet experience, Zach Hicks, 13, played a medley of traditional Jewish songs in the Klezmer style, accompanied by his father, Gene Hicks. Zach has played flute for five years and also composes for ensembles ranging from flute trio to full symphonic orchestra.

A duo from Siegel's cello studio, Aidan Farhi, 14, and Jory Dawidowicz, 16, were accompanied by Ellen Farhi in performing two movements of Handel's Sonata for 2 Cellos and Continuo. Aidan, the oldest of five, wrote that he hopes to make a career of cello performance. Dawidowicz, similarly dedicated to "playing music his whole life," also plays bass guitar.

Conaugh Cutler, 14, took the stage for "Good Enough," by Evanescence, and "Listen," by Beyonce. Cutler also choreographs, and she plays guitar.

With such a packed program, the evening ran late, so Siegel nixed a plan to have Heisler lead the audience in the song "You are the Champions." No matter; the performers already knew they were, anyway. ■

on flute, accompanied by her mother, Susan Buchsbaum.

She then joined her friend Zoe Gorenberg Screwvala, 8, to sing the humorous "There's a Hole in the Bucket." The girls were introduced by their own "stage manager

Espinet, 11, who sang "Beautiful" by Linda Perry. Espinet, a 6th grader in Vocal Talent at I.S. 239, encountered some audio system volume glitches, but handled them with aplomb, actually returning to the stage to repeat the song

# The Environmental Committee has a blog!

Please visit often for timely news and information from the PSFC Environmental Committee.

We're blogging about our activities at the Coop, as well as environmental events of interest at the Coop and beyond.

Find us at:  
<http://ecokvetch.blogspot.com/>

## PARK SLOPE FOOD COOP

### Product Return Policy

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

Produce (fresh fruits & vegetables)	<b>May not</b> be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.  The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.
Books	<b>May not</b> be returned.
Juicers	<b>May not</b> be returned.
Bulk items & bulk items packaged by the Coop	<b>May not</b> be returned. Members may contact the bulk buyer to discuss any other claims for credit.
Refrigerated items Frozen items	<b>May not</b> be returned unless spoiled.
All Other Products (not covered above)	A. Other products <b>may be</b> returned if they are spoiled or defective and the category is not specified above  B. Other products <b>may be</b> returned if they are unopened, undamaged and therefore can be sold again.  C. Other products <b>may not</b> be returned if they are opened or unsellable, and were purchased by mistake or not needed.

### The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop.

The goal is to work toward preventing and eliminating discrimination in the Coop and to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

**Voicemail** (888) 204-0098

**E-mail** psfcdiversity-cpr@hotmail.com

**Contact Form or Letter:** DEC Contact forms are available in the literature rack in the ground floor elevator lobby. Place a completed form or other letter/note (anonymously if desired) in a sealed envelope labeled "Attn: Diversity and Equality Committee" and use one of the three methods listed below to get it to the committee.

**Mail** Park Slope Food Coop  
Attention: Diversity & Equality Committee  
782 Union Street  
Brooklyn, New York 11215

**Mail Drop Box** Which is located in the entryway vestibule on the ground floor under the flier caddy.

**Membership Office Mailbox** The DEC has a mailbox in the Membership Office on the second floor of the Coop.



# Disciplinary Hearing

Two coop members were suspended for a year for missing shifts, and shopping while suspended

By Ramona Tirado

A disciplinary hearing was held on Saturday, March 1, 2008 to determine the future status of members accused of being in violation of multiple Coop regulations. Hearing officers Mel Spain, Marian Hertz and Gerald Sun presided over the hearing held in the Coop's second floor meeting room. A two-person household (to be referred to as Member A and Member B) was charged with accumulation of excessive make-ups, failure to do said make-ups, failure to cooperate with the Disciplinary Committee and shopping while suspended (theft of services).

The hearing procedures, established in October 2005, call for the presence of three officers and as many as 15 members to hear the evidence. Witnesses for both sides provide information relevant to the issue. Each of the witnesses waited outside the meeting room so as not to influence each other's testimony.

Curtis March, serving as the Coop advocate, detailed the charges and presented the Coop's evidence. Two documents were presented. The first was a timeline of the household's work record. The next was a timeline of disciplinary communications with Member A and Member B. According to March, the household owed more than 20 shifts between them. By the time it came to the committee, Member A owed 21 shifts and Member B owed seven.

"Today, as a member of the Disciplinary Committee which is my current squad, I'm going to talk to you about [the household] who have been members of the Coop since 2002 and who almost since they joined together failed to fulfill their work obligations. I don't know why this happened, but I know that it did and it happened over a long period and it got worse and worse," March said in his statement. "They had plenty of warning about this, but they continued to shop despite the fact that they were suspended from shopping as a result of their owed shifts." At the time of the hearing, the household owed 31 shifts between them.

March charged that the household failed to respond to repeated attempts by Coop staff members to contact them to help them work out a solution. "When the case was finally referred to the Disciplinary Committee, they failed to respond to us. They only responded to the Disciplinary Committee when we were forced to suspend them from entering the Coop," he said, "It was this ongoing failure to cooperate with the Disciplinary Committee that has brought us to this hearing today."

The first witnesses to address the group were office coordinators who provided information regarding how so many make-up shifts can be accrued and the Coop's policies and efforts to keep members from falling so far behind in their work shifts. One practice requires letters to be sent when it becomes clear that members are not making progress in their effort to complete their make-ups.

"In May of '06, the first letter was sent to [Member A] and to [Member B]

in August of '06," the coordinator said.

If a member misses two shifts in a row and does not do any make-ups in between these absences, they are removed from their squad and their membership status is labeled, 'unassigned.' Members are instead listed as 'not placed' if a member of their household continues to show up for shifts. While not placed, Member A continued to accrue make-ups every four weeks. After the household was suspended, records indicate that they shopped on multiple occasions, occasionally twice in one day. Once the effort to contact them via mail was exhausted, the household was handed over to the DC for follow-up.

"All members have the option for one-time amnesty," said Andy Feldman, a member of the DC. This means that if a member steps away from the Coop for a year and then returns, all make-ups owed will be removed and they can start fresh. Feldman adds the member has to ask or apply for amnesty. This option was presented to Member A via phone and both members via email. The household chose not to use this option, opting to go through with the hearing. Both expressed a willingness to do their make-ups.

## The Accused

Once all of the Coop's evidence was presented, the household was afforded the opportunity to offer their side of the story. Member B opened by thanking the group for participating in the hearing.

"We refused amnesty because we really wanted to resolve it," Member B said, adding "If we are allowed back into the Coop, we will consider ourselves duly disciplined and better informed of the seriousness of our commitment." In their defense, Member B mentioned that none of the make-ups that they were able to do were included in the distributed timelines.

The household argued mitigating circumstances and presented evidence that Member A suffered a broken wrist that made the workslot impossible and Member B had returned to school which, combined with a heavy preexisting workload, made Coop shifts challenging. On several days Member B was unable to work, Member A provided coverage. The logs evidencing this were presented to the group.

*"We refused amnesty because we really wanted to resolve it."*

After Member B, Member A spoke stating that, "I don't really have much to add. Twenty-four make-ups are pretty hard to explain away." Member A expressed an unwillingness to repeat information already presented, but did want to thank Feldman who was said to be the most helpful and

forthcoming with information. "If I had known that the net effect of me not doing this would have led to this level of discipline, then I may have made another choice." He concluded with an apology to the DC and to Member B, for allowing things to get so out of hand.

## Deciding Group Selection

Once all of the evidence was presented, witnesses heard, panel questions asked and answered, and rebuttals and final statements were made, 14 people on the hearing panel drew lots to determine which nine people would decide, during a confidential deliberation, whether a violation was committed. A decision is reached when six of the nine members of the deciding group agree.

Yellow legal pad pages were torn into squares and placed in a small mixing bowl that was passed around. Each member of the hearing panel removed a square. Any person holding a slip with a handwritten 'X' was in the deciding group. All others were excused and allowed to leave.

The committee was asked to decide on the following points:

- Did Member A fail to fulfill Coop work requirement?
- Did Member B fail to fulfill Coop work requirement?
- Did Member A fail to make a good faith effort to complete the make-ups?
- Did Member B fail to make a good faith effort to complete the make-ups?
- Did Member A shop after the grace period expired?
- Did Member B shop after the grace period expired?
- Did Member A display uncooper-

ative conduct?

- Did Member B display uncooperative conduct?

- Were there mitigating circumstances?

The meeting room was cleared of everyone save the deciding group so the appointed members could discuss the charges in seclusion. They deliberated for several minutes and concluded that although both members were guilty of owing excessive make-ups and shopping while suspended, only one of the household members showed no interest in rectifying the situation. The deciding panel also stated that the household's failure to respond to the Coop's efforts to communicate with them was uncooperative conduct, and that the reasons the household offered were not sufficient excuses for all the missed shifts.

## Disciplinary Action

Once the panel's decisions were read, the deciding panel was formally thanked and dismissed. The hearing officers left the meeting room to decide what disciplinary action would be taken.

The committee returned several minutes later with a unanimous decision. The household was suspended for one year with no opportunity for amnesty. After the year of suspension, they may be reinstated for work privileges only and must join a regular squad and complete all make-ups owed before their shopping privileges will be restored. Their year of suspension began March 1, 2008 and will conclude on February 28, 2009 when they will be able to begin doing their make-ups. ■

## East New York Food Coop Help a new coop in Brooklyn FTOP credit available

*In accordance with the sixth Principle of Cooperation, we frequently offer support and consultation to other coops. For the East New York Food Coop, we have also offered help in the form of Park Slope Food Coop member workslots.*

The East New York Food Coop welcomes PSFC members to assist in its first year's operations.

*PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a member for at least one year and have an excellent attendance record.*

*To make work arrangements, please email ellen\_weinstat @psfc.coop or call 718-622-0560.*


### East New York Food Coop

419 New Lots Avenue

between New Jersey Avenue and Vermont Street  
accessible by the A, J and 3 trains • 718-676-2721

Thursday,  
April 3

7:30 p.m.  
at the Coop



Susan Baldassano  
coordinator

PARK SLOPE FOOD COOP

The Flexitarian Table

Inspired, flexible meals  
for vegetarians, meat lovers  
and everyone in between

MENU

- Crispy Pressed Chicken or Tofu with  
Garlic and Mint
- Creamy Whole Grain Risotto with Spring  
Greens and Asiago cheese
- Shaved Spring Vegetable Salad

Guest Chef Peter Berley  
is a personal chef, caterer,  
cookbook author and  
culinary instructor. Peter's  
foremost concern is the  
development of local sus-  
tainable food systems  
and the fate of home  
cooking in America. Peter  
is the author of three  
cookbooks including the  
James Beard and IACP  
award-winning **The  
Modern Vegetarian  
Kitchen**. **Fresh Food  
Fast** was chosen as one  
of the 25 Best Books of  
2005 by **Food and Wine  
Magazine**. Peter's latest  
book, **The Flexitarian  
Table**, was released in  
June 2007 and will be on  
sale at the food class.

MEMBERS &  
NON-MEMBERS  
WELCOME.

Come early  
to ensure a seat.

\$4 materials fee

Views expressed by the presenter do not  
necessarily represent the Park Slope Food Coop.

WHAT IS THAT? HOW DO I USE IT?

# Food Tours in the Coop

If you've fallen off the wagon  
can't get up from the couch  
If living has lost its zing  
and the simple thing comes hard

Remember the shift from one season to the next  
the interlude when animals shed their coats  
leaving tufts of fur  
caught in the yet dry weeds  
when the birds are spending their last reserves  
flying to warmer climes  
when the turtle and frog stir  
in their muddy dens but wait  
for the ice to ease

These cold winds bring advance news  
here and there we hear the home birds  
sing a different song  
the light strikes with new vigor

Ease out of your rut: get to bed a little early  
rise and greet the sun  
or bike to a point and watch it set  
go somewhere you haven't been:  
a few blocks away  
talk to a stranger about deep things  
stop, breathe and listen  
to the beat of your own heart

Be part of the advance team of spring  
get involved with something bigger  
better

The Park Slope Food Coop is a good place  
to begin—inspiring more than just dinner

by Myra Klockenbrink

- Mondays

and  
Tuesday

Sunday

April 7 (B Week)  
Noon to 1 p.m.  
1:30 to 2:30 p.m. AND  
6:30 p.m. to 8:30 p.m.

April 14 (C Week)  
Noon to 1 p.m.  
1:30 to 2:30 p.m.

April 8 (B Week)  
11:00 a.m. to 1:30 p.m.

April 13 (B Week)  
Noon to 2 p.m.

You can join in any time during a tour.

# Small Producers

CONTINUED FROM PAGE 1

duced product. The sorbet tasted like I was eating a just-picked pear at the height of flavor with just a hint of ginger—nothing tasted artificial or enhanced. The texture, too, was reminiscent of a hand-made sorbet. It was like a one-of-a-kind dessert lovingly created by a skilled chef at an upscale restaurant. And in a way, it was.

John Donaldson, who owns Blue Moon with his wife Pamela Frantz, was a pastry chef at a restaurant in Woodstock, Vermont. As part of his chef duties he regularly made ice creams and sorbets for the restaurant. He also made lots of heavier desserts, and as the chef, he had to taste them all.

“So when I shopped for desserts to eat at home, I always looked for something light,” Donaldson explains, “but I was always disappointed by the sorbets that were available at the supermarket. One day I was standing in line at the grocery store wondering when someone was going to come out with a decent tasting sorbet and suddenly I realized I could do that.”

*“I could hardly believe I was eating a commercially produced product.”*

In 1995 John and Pam started making Blue Moon sorbets. “I basically took the recipes I had been using over the years in restaurants and expanded on them.”

Donaldson makes his sorbets with only three ingredients; fruit puree, water and sugar. The majority of the fruit purees come from France because he believes that French purees are the best in the world. Only the blueberry puree is local-made from hand-picked wild Maine berries.

For the first six years, Blue Moon was made in the basement of the couple's home in Quechee. Nowadays, it's produced in a small plant down the road in White River Junction. But the office remains in their house.

The plant is capable of making 1,000 pints a day, but currently John and Pam, along with their three employees, produce about 3,000 pints a week.

Blue Moon sorbets come in ten flavors: Pear Ginger, Lemon Zest, Mango Passion, Grapefruit Campari, Peach Melba, Red Raspberry, Wild Blueberry, Blackberry Lime, Raspberry Cassis and Strawberry Daiquiri. Their most popular flavors are the Pear Ginger and the Mango Passion (the favorite of Coop buyers).

The Coop carries the first 6 flavors listed, currently



PHOTOS BY KEVIN RYAN

priced at \$3.75 a pint.

The company is so small that John makes all of the deliveries, something that hasn't changed from the company's earliest days. “First we started making deliveries to local stores, and then we started driving a little further, until we were driving as far as New York City,” John told me.

*Sullivan Harbor—one of the last independently owned smokehouses in the region.*

Since Blue Moon began, other companies have sprung up that offer high-quality sorbets. But John says that his business model isn't for everybody. “It's just too expensive to make sorbet as we do. There's not a lot of money to be made. But that's okay for us. We're in it for the love, not the money.”

## Sullivan Harbor Farms

Sullivan Harbor Farms also sprang from owner Joel Frantzman's belief that he could produce smoked fish superior to what was available. After years of eating smoked salmon, Frantzman decided that he could do it better. His dedication to produce the best smoked salmon possible led him to Scotland, where he trained at a Scottish smokehouse.

Frantzman and his then partner, Leslie, opened their smokehouse in Sullivan, Maine, across from Bar Harbor, in 1992.

Today Sullivan Harbor remains a small-scale artisan producer and one of the last independently owned smokehouses in the region.

What makes Sullivan Harbor's fish different from most commercially produced

smoked fish is their curing process and attention to the smallest detail. Unlike most big smokehouses, the fish at Sullivan Harbor is never immersed in brining tubs. Instead, the raw salmon is cured in small batches by hand-rubbing them with salt and brown sugar and left to sit for six hours. Then they are rinsed in spring-fed well water and cold smoked over a fruitwood fire for eight hours.

The resulting flavor is so buttery and unique that their salmon was rated number one by tasters at *Cook's Illustrated* magazine.

In addition to the 1,000 pounds of salmon Sullivan Farms smokes every week, they also smoke small quantities of shrimp, scallops, trout and char.

Except for the Coop, their products can be hard to find in New York. One reason is because the majority of their business is wholesale to Mohegan Sun casino in Connecticut and Legal Seafoods in Boston.

My favorite Sullivan Farms product is their smoked salmon pate. Its flavor is unlike any other salmon pate I have ever tasted—a mix of salmon and spices with a slight lemony tinge.

Joan Rittmann, Sullivan Farms production manager for the last 14 years, developed the pate years ago. Until then, Rittmann never got involved in producing the products. “But one day the guy who made the pate didn't show up, and I was asked to make the pate. I decided that I would change the recipe they had been using. I added some flavors to give it a little more zing. I made it the way I would like it.” Sullivan Harbor has used Rittmann's recipe ever since. ■



Lotte Walworth, Liv Ryan and Clara Siegmund indulge in Blue Moon Sorbet.



## ENVIRONMENTAL COMMITTEE REPORT



ILLUSTRATIONS BY ROD MORRISON

# Bottled Water Initiative— The Plot Thickens

## Pharmaceutical Traces Found in the Water

By David Barouh, for the Environmental Committee

A recent Associated Press investigation found traces of a broad range of pharmaceuticals in our surface waters and underground aquifers. The amounts are tiny to be sure, numbering in the parts per billion or parts per trillion. The AP also reported on some indications that low levels of pharmaceuticals can have effects on human tissue cultures, but it is not known if pharmaceutical traces diluted to this degree can still be harmful to actual humans.

The pharmaceuticals find their way into rivers, streams and lakes, and seep down into underground aquifers after being excreted by people taking them, from unused and expired medicines being thrown away or flushed down toilets, and from the massive amounts of antibiotics and hormones fed to livestock, which are then excreted into huge waste lagoons from where they run off into the nation's surface waters and seep down into groundwater. State and municipal offi-

cials of the regions mentioned in the investigation were quick to give reassurances to the effect that their water complies with all State and Feder-

al laws and regulations regarding it—reassurances that reassure nobody, for the obvious reason that there are no laws or regulations governing or regulating traces of pharmaceuticals in the water. Neither the EPA, which otherwise stringently regulates tap water, the FDA, which less stringently regulates bottled water, nor any of the trade groups involved, set standards, limits, or do any testing at all for pharmaceuticals.

And this is not new news. Studies by the US Geological Survey and others have found that pharmaceutical traces enter the water in this fashion, but the research has never hit the mainstream

media quite like this before.

But what does it mean for our proposal to discontinue the sale of bottled water at the Coop? News of the pro-

To read the International Bottled Water Association's statement, go to [www.bottledwater.org/public/2008\\_releases/2008-03-11\\_statement.htm](http://www.bottledwater.org/public/2008_releases/2008-03-11_statement.htm)

posal has appeared in the greater community, making it into articles in the Gowanus Blog of March 7, the *Brooklyn Paper's* March 8th issue and a segment of the Brian Lehrer Show on WNYC-FM on March 10, with General Coordinator Joe Holtz one of the participants. So Brooklyn and Greater New York City are watching! Is bottled water, then, a refuge after all from these contaminants?

The International Bottled Water Association was quick to put out a statement defending its clients products. That statement pointed out no less than three times that bottled water was not simply tap water in a bottle (but further down acknowledging that many brands are just that, with some undergoing no further filtering). The statement said that many brands come from underground aquifers protected from the direct influence of surface waters, although the AP reported that groundwaters also contained the pharmaceutical traces. The statement claimed that bottled water meets all safety and quality standards of the FDA, an even emptier reassurance

than the one given by municipalities regarding the EPA and tap water, because the FDA does not regulate pharmaceutical traces. The statement went on to mention many of the filtering techniques used by bottlers, (some bottlers—not all), without actually claiming that those filtering techniques removed the pharmaceutical traces, for the obvious reason that they'd never been tested to do so.

One of the leading water filter manufacturers, Multi-Pure, also issued a press release (at [www.multipure-co.com](http://www.multipure-co.com)) expressing confidence in the ability of its product (and of home-filtering technology in general) to filter out contaminants, but added the straightforward acknowledgement that, because "NSF International, the leading certifying body in the industry, does not have established test protocols for pharmaceuticals; and the Environmental Protection Agency (EPA) has not established allowable limits for any over-the-counter or prescription drugs found in drinking water supplies. Multi-Pure...cannot make any NSF certified claims to remove pharmaceuticals from water."

To summarize, then: (1) we do not know if pharmaceutical contaminants at this level of dilution are harmful to

We intend, therefore, to go ahead with the proposal all the more urgently. What if the rebirth of confidence in our excellent public water and the growing awareness that much of the marketing of bottled water is empty hype were to collapse and people returned to bottled water in the mistaken belief that it was pure and free of these traces? We fear that in the current political environment this would likely provide the states and federal government excuses to deny the funding and resources required to improve our wastewater treatment technologies, keep our waterways clean, and ensure the quality of our public water. It would allow the giant corporations that make up the bottled water industry to gain ever greater control over and exploit our public waters.

As individuals we have the energy of our advocacy, our vote, and our creativity to influence events. But as a Coop, our most direct and practical influence is in our patronage, or the withholding of that patronage, and the example it sets. Our proposal, then, is to withhold that patronage from bottled water for the purpose of supporting the most precious of all of our public treasures.

If you have any questions or comments, email the Environmental Committee at [Ecokvetch@yahoo.com](mailto:Ecokvetch@yahoo.com). Please let us know if you'd like to be on our Friends of the Committee list and get very infrequent (really!) updates about new green products the Coop is carrying or issues the committee is working on. And check out our blog at <http://ecokvetch.blogspot.com> ■

Folk Music Society of New York, Inc.

The Pinewoods Folk Music Club

and

The Fun/Raising Committee of the Park Slope Food Coop  
Jointly and proudly present

## Sing in the Spring

### Another Fabulous Pub Night!

A night of informal singing, partying, food and drink, with your friends old and new.  
This year featuring songs for the renewal of life.

Sunday, March 30, 7:00 pm

Bring voices, instruments, friends, family, good cheer at Freddy's Back Room, 485 Dean St., near Park Slope, Brooklyn

— Dean St. and Sixth Ave., East side of Flatbush Ave. (left if coming from Manhattan) —

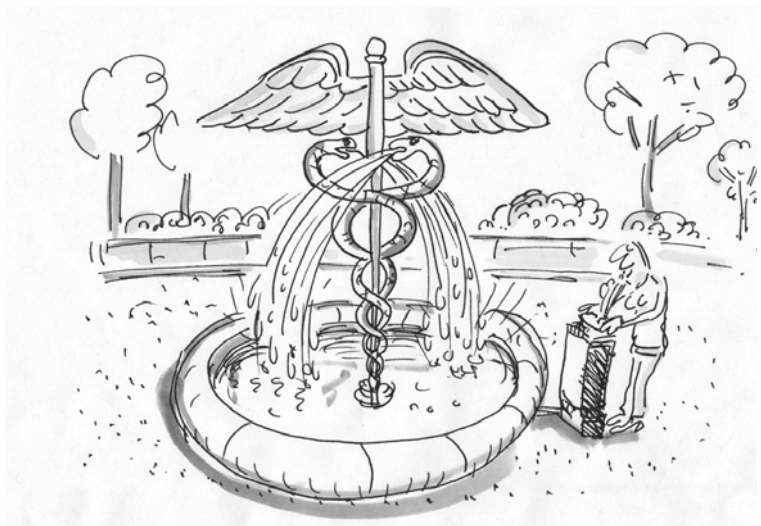
**Free Admission!**

All ages welcome • All songs, tunes, stories welcome


Freddy's has a choice selection of drink (including Guinness and Bass on draught!), but does not serve food (BYO).

Directions: M, N, R, W trains to Pacific St.; 2, 3 trains to Bergen St.; 4, 5, Q trains to Atlantic Ave. Parking is relatively easy on Sunday. See map here: <http://www.freddysbackroom.com/directions.htm>

**Further info: 718-429-3437**







Who needs Old Navy when you can outfit your child at the Coop for free?!

Bring your child's outgrown clothes to the Coop to trade with other members.

Please bring only items that are in good condition.

Do not bring clothing to the Coop before the hours of the exchange.


**FREE**  
Non-members Welcome

**Saturday, April 12**  
**10:30 a.m.–1:15 p.m.**  
**last drop-off 12:45 p.m.**



### FOOD DRIVE

to benefit  
**CHIPS Soup Kitchen**

**Saturday, April 12**  
**Sunday, April 13**  
**from 9:00 – 4:30**



CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. Consider donating something from the "Do" list below at the collection table outside the Coop. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal.

<u>Do Contribute</u>	<u>Don't Contribute</u>
Non-Perishable Foods and Commercially Packaged Foods	Perishables
	Items from bulk bins & silos
Canned Fish	Items packaged in the Coop
Canned Fruits & Vegetables	
Pasta Sauce	Refrigerated foods
Pasta	Frozen foods
Pre-packaged Rice	Tea
Pre-packages Beans	Sweets
Canned Beans	Juice (bottles or juice packs)
Canned Soups	Baby Food
Parmalat Milk	Crackers
Dry Milk	
Peanut Butter	
Boxed Raisins	



## Pocketbook, Purse, Bag and Shoe Exchange

This exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can share bags that have already been well loved?

**Reuse, renew, recycle.**



**FREE**  
Non-members welcome



**Saturday, April 19**  
**10:00 a.m.—2:00 p.m.**  
**in the meeting room**

**To bring Pocketbooks, and Shoes...**

- Do not leave items in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean purses, pocketbooks and shoes that you are proud to be able to exchange with a new owner.



*(Unchosen items will be donated to a local shelter.)*


# SAVE A LIFE

## Give Blood


**Join the Blood Drive**  
at the Park Slope Food Coop

☞ **Thursday, April 24** • 3:00 – 8:00 p.m.  
☞ **Friday, April 25** • 11:00 a.m. – 6:00 p.m.  
☞ **Saturday, April 26** • 11:00 a.m. – 6:00 p.m.

In the second floor Meeting Room



**FACT:** Less than 3% of the population donates blood and 90% will use blood some time in their life.



• **Park Slope Food Coop • 782 Union Street • Brooklyn, NY • 718-622-0560**  
• In cooperation with New York Methodist Hospital •  
For further information about blood donation, call Stuart Rosenhaus, 780-3644



# Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the work-slot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.



**The Street Squad** serves an important public relations role for the Coop. From tables set up outside the store, at local street fairs and special events, the Street Squad talks to current and prospective members, hands out literature, answers questions, gives tours of the Coop, and just generally offers people the chance to become familiar with our organization.

**We invite you to join us if you are:**

- ◆ a Coop member in good standing for at least six months
- ◆ friendly and upbeat with enthusiasm about the Coop
- ◆ knowledgeable of Coop procedures
- ◆ willing to work outdoors
- ◆ reliable, responsible and able to work independently

New Street Squad members must attend a training session.

If you are interested in joining the Street Squad, please contact :

Robin  
718-230-7199  
**call before 9:00 p.m.**

# How Was Your Coop Shopping Experience?

Gazette photographer Lisa Cohen interviewed random Coop shoppers on a rainy Wednesday afternoon in March.



Fork Burke with daughter Alitheia: "Exquisite! All the fresh produce was here today."



Bebian Aranha: "Very good! All the time, the Coop is the best place in Brooklyn for organic food. I've been a member for 11 years."



Danny Hellman: "Surprisingly easy. I got lucky about the time of day as compared to Sunday night, which was brutal."



Shakti Smith: "Quick and easy! A rainy day is an easy time to shop. I could stand there and look at the soaps without being trampled."



Emma Missouri: "Good! The shelves were well-stocked, the Coop was not crowded, and the prices are always right!"

## Support a New Coop!

**Do you live or work in the Bronx?**

**Would you prefer to do your workslot on Saturdays?**

**Then inquire about supporting the South Bronx Food Cooperative!**

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help.

To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To make work arrangements, please email [ellen\\_weinstat@psfc.coop](mailto:ellen_weinstat@psfc.coop) or call

**718-622-0560**

**South Bronx Food Coop**  
**646-226-0758 • [info@sbxsc.org](mailto:info@sbxsc.org)**

**The South Bronx Food Coop is seeking an experienced graphic/web designer to update their website ASAP for workslot credit!**

### Must know how to:

- set up online purchasing system
- create edit-able calendar
- incorporate audio & video links
- link websites

Preference for designers who can link database/inventory systems to web sales. Most important—must have cool sense of design!

**South Bronx Food Coop**  
**646-226-0758 • [info@sbxsc.org](mailto:info@sbxsc.org)**

*South Bronx Food Cooperative*



COOP HOURS

Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS'

GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Submissions on Disk & by Email:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

**Recipes:** We welcome original recipes from members. Recipes must be signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday  
Apr. 18  
8:00 p.m.

very

The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture



Bev Grant and the Dissident Daughters

Bev is joined by **Angela Lockhart** and **Carolyn Murphy**, who contribute harmonies and lead vocals to this dynamic trio. They offer an eclectic mix of Bev Grant originals with a serious, funny, sometimes irreverent, sassy and distinctly woman's point of view.



Jean Rohe

New Jersey native **Jean Rohe** and her band perform an exciting mix of their own original music as well as folk music from various parts of Latin America, done with a global twist. With diverse musical backgrounds that span from jazz and improvised music to folk music of the Balkans and back to Brazil, the band brings a wide range of experience and expertise to their unusual sound.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

Monthly on the...

Third Thursday  
April 17  
7:00–9:00 p.m.

Last Sunday  
April 27  
10:00 a.m.–2:00 p.m.

Second Saturday  
April 12  
10:00 a.m.–2:00 p.m.

On the sidewalk in front of the receiving area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly. Last drop offs will be accepted 10 minutes prior to our end time to allow for sorting.



This Issue Prepared By:	
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Traffic Manager:	Monona Yin
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Proofreader:	Susan Brodlie
Thumbnails:	Mia Tran
Photoshop:	Adam Segal
Preproduction:	Susan Louie
Art Director (production):	Doug Popovich
Desktop Publishing:	Lee Schere Matthew Landfield Maxwell Taylor
Editor (production):	Nancy Rosenberg
Final Proofreader:	Isabelle Sulek
Post Production:	Jessica Tolliver-Shaw
Index:	Len Neufeld

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)



WORKSLOT NEEDS

Cheese Inventory

Monday, A week, 8:00. to 10:45 a.m.

Work alongside Yuri Weber, the Coop's cheese buyer, to take an accurate inventory of our unsold cheese. Work involves 1.) weighing all cheese on the shopping floor and counting cheese sold by the piece and 2.) weighing and/or tallying all cheese in the basement. Must have good handwriting, be able to do basic arithmetic (weights, fractions, addition), be reliable and have good attention to detail. Contact the Membership Office if you're interested.

Schedule Copying

Tuesday, 6:00 to 8:45 p.m.

The main task of this workslot is to copy committee schedules from originals provided using

the Risograph machine. You will need to be able to troubleshoot possible problems with the printer. This is a job that requires you to be on your feet for most of the shift. You will be working independently so good work attendance is required. You must be a member for at least six months and be willing to make a six-month commitment to this workslot. If interested please speak to Debbie Parker in the Membership Office.

Attendance Recorders or Make-up Recorders

Tuesday, Wednesday, Friday or Sunday

The Coop needs detail-oriented members to help maintain attendance recorders for Coop workers. You will need to work independently,

be self-motivated and reliable. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please speak to Lewanika Ford-Senghor or Cynthia Pennycooke in the Membership Office if you would like more information.

Early Morning Receiving/ Stocking Committees

Monday-Friday, 5:30, 6:00, and 7:00 a.m.

Early morning Receiving/Stocking squads work with Receiving Coordinators to receive deliveries and stock the store. These squads help to unload delivery trucks, organize products in

CONTINUED ON PAGE 10

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.  
Wednesday mornings: . . . . . 10:00 a.m.  
Sunday afternoons: . . . . . 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Apr 10 issue: 7:00 p.m., Mon, Mar 31  
Apr 24 issue: 7:00 p.m., Mon, Apr 14

CLASSIFIED ADS DEADLINE:

Apr 10 issue: 7:00 p.m., Wed, Apr 2  
Apr 24 issue: 7:00 p.m., Wed, Apr 16

General Meeting

TUE, APR 8

AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the Apr 28 General Meeting.

TUE, APR 29

GENERAL MEETING: 7:00 p.m.  
The agenda appears in this issue and is available as a flyer in the entryway.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop  
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, April 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

*\*Denotes a Coop member.*

PEOPLES VOICE CAFE: Hook Report and Songs of Water/Songs of War at the Workmen's Circle, 45 E. 33rd St (btwn Madison & Park), 8:00–10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit [www.peoplesvoicecafe.org](http://www.peoplesvoicecafe.org). Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

MEET OUR FARMERS: Members & friends of Sweat Pea CSA in Brooklyn Heights & all those considering a share in the 2008 season are invited to learn more about where our food comes from & how a CSA works. Local snacks provided! 4 p.m. – 6 p.m. At the Chapel at First Unitarian, corner of Pierrepont & Monroe, Brooklyn Heights. For more information, contact koren.manning@gmail.com

## RETURN OF THE BIG CHEESE:

Marty Stiglich, former & beloved cheese buyer at the PSFC, returns

to the Coop for one week to substitute for Yuri while he's on vacation. Come and pay your respects to the big cheese!

**SINGER-SONGWRITER** **TIM GRIMM** ([timgrimm.com](http://timgrimm.com)) performs at the Good Coffeehouse Music Parlor. In his home state, Indianapolis Monthly listed Tim Grimm in their year-end "Best of Indy" issue as its singer-songwriter of choice. 8 p.m. \$10 adults/\$6 kids. 53 Prospect Park West at 2nd St. 718-768-2972 [www.gchmusic.org](http://www.gchmusic.org)

TRIPLE CREME'S FINAL SHOW:  
Rock & Dance Party Blowout! DJ  
Sarah FM & DJ Idiot Kid spin  
between sets and all night. At  
Southpaw, 125 Fifth Ave., \$10.  
8 p.m. doors/8:30 p.m. show.  
718-230-0236.

**MS 51 BENEFIT AUCTION & DANCE:** at Camp Friendship, 339 8th St. 7-11 p.m. Auction featuring dinners, gift certificates, a catered party for 20 in a Victorian brownstone and much more. Tickets \$35 in advance/\$40 at the door.

For more info, email [brian@beam-camp.com](mailto:brian@beam-camp.com) or visit [www.ms51.org](http://www.ms51.org)

PEOPLE'S VOICE CAFE: Kristin Lems/KJ Denhart at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00-10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit [www.peoplesvoicecafe.org](http://www.peoplesvoicecafe.org). Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

FOOD FOR THOUGHT FOOD FESTIVAL 2008: Free films about our most important life-sustaining resource: FOOD. Find out what you are really eating; how it affects your health and the planet; where your food comes from, and why you should care. Through April 12. For more info, call 347-439-4110 or visit [foodfilmfest.com](http://foodfilmfest.com)

**ZEEEMEEUWSIC III!:** an eclectic Sunday concert series at the Old Stone House, featuring Mara Goodman\* (classical and cabaret songs, and Yiddish, Ladino and

Latin American folk songs with a variety of performers). JJ Byrne Park, 5th Ave. (btwn. 3rd & 4th sts). 2 p.m. \$10. For info/reservations: 718-768-3195.

BROOKLYN ACUPUNCTURE PROJECT (B.A.P.) invites you to its Grand Opening. FREE acupuncture, food and prizes. B.A.P. offers sliding fee scale acupuncture \$15 – \$45 (you decide what you can afford). Feel better this spring. Join us at 530 3rd Ave (btwn 12th & 13th), Suite 4F, 1 – 5 p.m. For info, call 718-369-0123.

**BROOKLYN FLEA:** A new, weekly Fort Greene flea market kicks off today—rain or shine—at Bishop Loughlin Memorial High School on Lafayette Ave. (btwn Clermont & Vanderbilt aves.). Featuring 200 vendors of vintage furniture, clothing and antiques alongside new items by local designers. Every Sunday! For more info, visit [www.brownstoner.com](http://www.brownstoner.com)

2008 ECO-FESTIVAL: Kingsborough Community College is hosting its 3rd annual symposium and festival, providing a unique opportunity for students, faculty & members of the community to gather under a common banner, to engage in a dialogue centered on the environmental problems & challenges we face at the dawn of the 21st century. April 8 – 10. For more information, visit, [www.kingsborough.edu/eco-festival/index.htm](http://www.kingsborough.edu/eco-festival/index.htm)

FINGER-STYLE GUITARIST DEL REY performs at the Good Coffeehouse Music Parlor. Seattle's Del

Rey (hobemianrecords.com) is one of the best blues finger-style guitarists in the world. 8 p.m. \$10 adults/\$6 kids. 53 Prospect Park West at 2nd St. 718-768-2972 [www.gchmusic.org](http://www.gchmusic.org)

PEOPLE'S VOICE CAFE: Ray Korona Band at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00-10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit [www.peoplesvoicecafe.org](http://www.peoplesvoicecafe.org). Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

BROOKLYN FRIENDS OF CHAMBER MUSIC: Duo Prism. Jesse Mills, violin; Reiko Aizawa, piano, with Eric Poland, percussion. Beethoven: Sonata for violin and piano in F Major; Spring Cowell: Set of Five for violin, piano & percussion; Brahms: Sonata No. 3 in D minor for violin & piano. At Lafayette Avenue Presbyterian Church, 85 S. Oxford St. at Lafayette Ave. 3 p.m. \$20 at the door/\$10 students. [www.brooklyn-friends-of-chambermusic.org](http://www.brooklyn-friends-of-chambermusic.org).

PEOPLE'S VOICE CAFE: Heather Lev/Terry Kitchen at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00-10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit [www.peoplesvoicecafe.org](http://www.peoplesvoicecafe.org). Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

# National Poetry Month

Each clue is a line from a published work. Below, fill in the last name of the person who penned the line. Rearrange the letters in the boxes to reveal what these writers have in common. Number 1 is done for you. *Answers on page 15.*

By Janet Farrell

1. Never try to trick me with a kiss  
P L A T H
2. Whosever room this is should be ashamed!
3. Oh, life is a glorious cycle of song,
4. I've known rivers:
5. Two roads diverged in a yellow wood,
6. A free bird leaps on the back...
7. Because I could not stop for Death
8. If ever two were one, then surely we.
9. childhood remembrances are always a drag...
10. Once upon a midnight dreary...
11. I saw the best minds of my generation...
12. April is the cruelest month
13. anyone lived in a pretty how town

Answer: \_\_\_\_\_

## WORKSLOT NEEDS

CONTINUED FROM PAGE 9

the basement, load carts, and stock shelves, bulk bins, coolers and produce on the shopping floor. You may be asked to stock perishables in the reach-in freezer or walk-in cooler. Boxes generally weigh between 2 – 20 lbs., a few may weigh up to 50 lbs. Other duties include breaking down cardboard for recycling, preparing produce for display, and general cleaning. You will have the opportunity to work closely with our produce buyers and learn a lot about the produce the Coop sells.

## Mop Cleaning

**Thursday, 12:00 to 2:00 p.m.**

This workslot involves organizing the cleaning equipment used by the Maintenance Committee, washing (by hand) all the mop heads in the Coop, and replacing any worn-out mop heads. Speak to Mary Gerety in the Membership Office if you are interested.

# CHIPS Soup Kitchen

**Monday, Tuesday or Saturday, 9:00 to 11:45 a.m. or 11:15 a.m. to 2:00 p.m.**

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4<sup>th</sup> Avenue and Sackett Street. Workslots preparing food, helping serve meals and cleaning-up are available to Coop members who have been a member for at least six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.

## Office Setup

**Wednesday, Thursday or Friday, 6:00 to 8:30 a.m.**

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adrianna in the Membership Office, Monday through Thursday, 8:00 a.m. to 2:00 pm.



# In Defense of an Apple, Part III

## Growing Sustainable Food and Relationships

By Melanie Chopko

This is part three of a three-part series on the gray area between local and organic food.

“Certified or not,” Amy Hepworth said in October, “if you want to know how a farmer farms, you look at what’s on their bookshelf.”

Last month I had her read off some of her titles over the phone: Wendell Berry’s *Unsettling America*, Fukuoka’s *One Straw Revolution*, *Secrets of the Soil* by Tompkins and Bird, *Permaculture and Biodynamic Agriculture*, *Spirit in the Realm of Plants* by Stienner, *The Small-Mart Revolution*. Along with shelves devoted to herbs, Native American philosophy and love, Hepworth has inherited a taste for the agricultural manuals of the 1800s in which every color plate is pretty enough to frame.

She considers walking and observing as some of the most important practices in her cultivation, and described compost piles so large she told me I’d think I was “hallucinating.” She described the colony of bees that lived between the walls of her old farmhouse and the process it took her to build the new, solar powered home. “I lived in a teepee; my mother wouldn’t even visit

## Member Contribution

me for five years.”

If you ask Hepworth how many acres she farms, she’ll first tell you how many are forest, open space and uncultivated orchards, and explain how each of them are essential to supporting the 169 acres of cultivated fruit trees and 55 acres of vegetables. (Hepworth Farms uses the Alive Systems Approach to combating pests and pathogens, using plants as allies to eliminate orchard pests by revering and protecting natural predators.) “We use all the good organic methods and we’re not restricted, so if we know of something better, we use it,”

This woman is true blue, describing her “sustainable pie” as made up of ecology, people, and economics. She reminded me often that it is not just her up there in Milton, NY. Hepworth and her partner, Gerry Greco, collaborate with family members and core group of 5 men to manage the farm.

“We are blessed every day

with people proud and trustworthy and loving, making our lives very rich.” When wives and family members from South America come to visit the workers, “it’s a love fest!” They stay in the Hepworth’s own house, and Hepworth and Greco spend part of the winter with them in Mexico.

I met Hepworth and Greco back in October, as I have said, and I still remember what it was like to have them in the room, the way they sat in their chairs and looked us in the eye, Hepworth embodying the description I read once in the Scotland Sunday Herald: “a passionate maverick.”

And with all of us in the room there we saw how Amy Hepworth also embodies collaboration and commitment in a way I have never seen. Season after season, it continues; the farm’s food shows up for the Coop, and our shelves for them. For over 25 years these two organizations have urged, supported, and held each other accountable to their ideals, nurturing us in the process.

And I would eat almost anything that came out of hands like those. ■



## How to Contact the Disciplinary Committee



The Disciplinary Committee is responsible for the review, investigation, and disposition of all submitted complaints of member misconduct.

If you would like to submit a complaint, please contact us.



Email: [foodcoopDC@gmail.com](mailto:foodcoopDC@gmail.com)



Letter Drop Off: Written reports may be left in the **DC mailbox** located to the left as you enter the Membership Office.




By US Post: **Park Slope Food Coop**  
**Attn: The Disciplinary Committee**  
782 Union St Brooklyn NY 11215



Voicemail: **888.922.2667, ext 86**

Thank you






## Chefs and Waitstaff Wanted

The Fun’raising Committee is seeking Coop members with professional cooking and/or waiting experience to work the Coop’s 35th birthday party on May 3 for FTOP credit. We’re specifically looking for members who are chefs, caterers, waiters and those who have front-of-house experience in catering. Kitchen prep is needed the week prior to the event and most of the day on May 3rd, as well as the evening of the event. Front-of-house staff needed for set-up, event time and breakdown. In your email please give a brief description of your experience and availability.

**Call Esther at 917-513-0860 or email [ouicater@yahoo.com](mailto:ouicater@yahoo.com)**






## Band Needed

The Food Coop’s Fun’raising Committee is seeking a Coop-member band to play for workslot credit at the Coop’s 35th birthday party on the evening of Saturday, May 3. We’re specifically looking for a band to play Latin, R&B, and Motown music.

**If interested, please call Lenny at 718-614-2289**



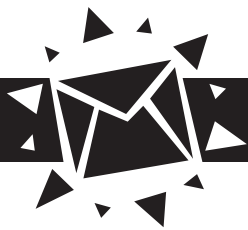
# SEEDS ARE HERE

## HERBS

## FLOWERS

## VEGETABLES

## IN THE PRODUCE AISLE



CORN-FOOD-ENERGY  
TO THE EDITOR:

The Feb. 28 article calling attention to the squeeze put on dairy farmers made me sigh because I knew one claim was going to be made. Sure enough, the article concludes with a call by the milk company CEO to end building of ethanol plants and statements about the U.S. needing to reconsider the wisdom of turning to corn to reduce our dependence on fossil fuels, etc, etc.

First of all, for a good summary of corn's impact on food costs, readers can go to [www.ers.usda.gov/AmberWaves/February08/Features/CornPrices.htm](http://www.ers.usda.gov/AmberWaves/February08/Features/CornPrices.htm)

The USDA makes it clear huge hikes in the price of corn actually have little impact on food prices. Ethanol is mostly produced from field corn, normally animal feed. Price hikes in commodities should be blamed on rising oil prices and inflationary money policies. Last year, The Consumer Price Index reported prices of food and beverages went up 4.4% in a year. What about fuel prices? 14.5%!

Folks, it's about the oil. As all these attacks against ethanol occur, it's oil companies who benefit and oil companies who buy the ads in the papers AND fund the studies that tell you to pay no attention to that man behind the curtain. The costs of obtaining food stuffs all over the world are directly linked to rising energy costs. Farmers are paying for the energy costs as well. If anything, organic corn is a better deal for farmers as prices for petroleum-based pesticides, herbicides and fertilizer have skyrocketed.

But the ultimate question doesn't involve corn. It doesn't involve a flawed industrial agricultural system

that favors big farms and GMO's and Monsanto. The question is, how can we make ethanol cheaply and efficiently and increase the amount of food we produce?

A new book tells how: David Blume's *Alcohol Can Be a Gas! Fueling an Ethanol Revolution for the 21<sup>st</sup> Century* argues that by using permacultural farming methods, higher yield crops that consume less water and need little fertilizer, and crops that come from locally-based sources, we can have a sizeable impact on the hold the Oil-gopoly has had on us. Not to mention cleaning up our air, water and improving soil fertility! The community supported energy plan outlined in the book comes out of the community supported agriculture (CSA) movement, of which Mr. Blume was part when he worked as an organic farmer.

If we don't want to see fossil fuel producers determine our energy future, we have to begin at the grass roots. Go to [energycoop@google-groups.com](mailto:energycoop@google-groups.com) and join us as we plan to run our vehicles on America's best option for renewable fuel made from anything from donut waste to cattails to sunchokes to sorghum to mesquite to pimelon to beets and any number of sources. Put \$2 a gallon ethanol in your car, reduce toxic emission, fight the power!

For more questions, write [Michael\\_winks@alcoholcanbeagas.com](mailto:Michael_winks@alcoholcanbeagas.com)—who can also provide more information on the book as well.

Michael Winks

WATER I  
TO THE EDITOR:

Our bottled water initiative again drew letters—from Daniel Marshall, answering my rejoinder to his earlier letter, and from Don Wiss.

Daniel disputes my claim that water is heavier than most other products, and says water does not require as much packaging per unit volume, because it comes in relatively larger quantities compared to items like cheese, candy, snacks, meat, and milk. He forgets that all of those except milk come wrapped in plastic film—less massive than the hard plastic that packages water.

Daniel says that my claim that one should use a filter to alleviate concerns about the purity of tap water is only partially valid. He cites “considerable investment of time and money, (but buying bottled water involves far more investment of time and money), “alkalinization of the water,” (perhaps a reference to the superiority of bottled water, a superiority invented by advertising), “consumption of electricity,” (a reference to distillers, the only home filtering devices that uses electricity—but still more cost effective than bottled water), and “imperfect filtering,” (nothing's perfect, but the results produce a higher quality and better taste than water sitting in plastic for however long). On the lack of regulation of bottled water, Daniel says it's perhaps time to increase that regulation. No doubt! But how likely is that? And what control over it do we have? Answer: our patronage.

Daniel mentions fluoridation, citing books attesting to its danger, and Don Wiss brings up lead in pipes, and claims (incorrectly) that multiple filters are required for lead, fluoride, and chlorine. We've never taken a position on the benefits or dangers of fluoride, but the obvious solution if one has this concern is to filter it out—which one of our Doulton models does. The Doulton and other quality filters will also filter out lead and chlorine, and the city sends out free lead testing kits for those concerned. Just call 311.

Daniel reiterates that this initiative is a distraction from bigger issues, such as making the bottles from biodegradable plastics, and ultimately, “changing the way we relate with the earth.” Can we realistically expect to influence the industry to take that expensive and environmentally questionable course any time soon? Or can we expect humans to collectively see the light and change our ways without the “distraction” of the little changes along the way, and perhaps arguing about which of them to make?

Finally, Don incorrectly claimed I recommend a distiller to procure water for use in irons. Just the opposite. However, I did advise those who wish to drink distilled water, (and some people do), that a distiller is the more cost effective and practical option. Don found a silver lining in the exercise value of lugging the heavy plastic bottles home. Admirable though it is, that's not a reason to keep selling bottled water, and I'm sure such a creative individual will find equally inventive ways to work exercise into his daily activities.

David Barouh

WATER II  
TO THE EDITOR:

As a person who wants to drink spring water, and not some doctored up product that comes from the tap, I resent other people telling me what I can and cannot buy. No one is making anyone buy bottled water. I just want the option.

In general people are skeptical of the various US regulatory agencies. It has often been shown that they have favor industry's interests. But here, now that it is convenient, the agencies that regulate water can do no wrong. But what about the recent revelation that our tap water has traces of pharmaceuticals in it? This did not come from any agency, but was an independent investigation by the Associated Press. On March 9th they reported that NYC's water contains trace concentrations of heart medicine, infection fighters, estrogen, anti-convulsants, a mood stabilizer and a tranquilizer.

Only a reverse osmosis filter will remove these. They are expensive and not practical for a renter. To find the report on the web search for “Drug Traces Common in Tap Water.”

Why haven't we heard about this before? As the AP reports, “Water providers rarely disclose results of pharmaceutical screenings, unless pressed” and “utilities insist their water is safe.” But is it?

On average I spend less than \$32/week at the Coop. This is a lot less than most members. Forcing me to buy my weekly gallon of spring water elsewhere will of course reduce this.

Don Wiss

L E T T E R S   P O L I C Y

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.

**Anonymity**

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

**Fairness**

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand

observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

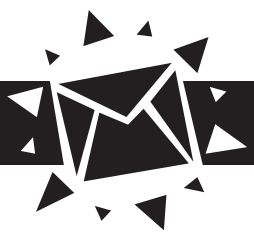
The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

**Respect**

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.







## LETTERS TO THE EDITOR

member of this Coop and my age, it would be well over a 100! All I and my fellow aging long time Coop members are asking is for a *voluntary equitable retirement from the workslot policy* for all, including paid staff members. After all, if they think the work requirement is so important, why don't their spouses work and why don't they want to work after retirement? That would certainly be fair and cooperative.

She also seems to know Coop members who are retired from their full-time jobs and voluntarily work extra at the Coop. Is it a coincidence that Joe Holtz also knew of such people? Who are they? How come Cynthia or Joe doesn't notice that the people asking for a *voluntary equitable retirement from the work slot policy* are long term members of the Coop who are aging? We've put in our time and it is certainly longer, much longer than 14 years.

Lila Rieman

*Editor's note: Linda Wheeler retired at age 62 and was a coordinator for 26 years.*

## ALBERT ET ALIA

## TO THE EDITOR:

Friends and family were shocked and saddened to learn that Herndon Ely, 61, the constant companion and longtime caretaker of our friend Dorothy (Schwartz) Podber, 75, has also died. There will be a memorial for Herndon on the afternoon of Saturday, March 29th at the Catholic Worker, 55 East Third Street, Manhattan, 212-777-9617. Please call to confirm date and time. Pictures and videotapes of them and their artworks should be available at that time. Condolences may be sent to the Catholic Worker or contact me below. Two noble and brilliant young ladies whom we were privileged to accompany in their last years—rest in peace!

"They can create an image of you as subversive... They can paint the image of you as someone irresponsible, and you can come up with the best program that will save the [Co-Op members] from the oppression of the

[Co-Op leaders]," Malcolm X said. Rumor has it that a well known agent of the Establishment, one Melvyn Spain, has been delegated to denigrate the Campaign in this extended election season. Be assured that he will not discuss our main issue—representative democracy—because there is no way to deny its superiority over the appalling morass that is our present "free government."

Our objective is fair and equal representation and the visibility and accountability that intrinsically flow from it. That never changes. Malcolm also said, "when the people create a program, you get action. When these 'leaders' create programs, you get no action." Unfortunately our Campaign has a solution, a detailed solution, and we will not deviate from it. This involves, among other things, proportional representation, regular and complete records of individual voting in the Gazette, and an activated Board of Directors in a bicameral power relationship with the General Meeting. I will not support any reform that does not provide these—unless, of course, those more knowledgeable and experienced than I join the campaign and convince me of other possibilities.

Therefore when I say that, if elected, I will present this and other proposals to the Board of Directors, I am not trying to disrupt the whole previous plan of the Town Meeting; I am only applying one part of the objective using the power you have granted to me to do so. And as I said, I will do this because I consider the Board of Directors to be our only elected representatives as of now. I will be only one of six Board members, and obviously I'll be voted down on all counts—but at least the Board will be forced to act, rather than illegally abnegating its own authority, oversight and responsibility.

It is interesting to note, if we are right about the Board of Directors, the legal responsibility for any acts of the Staff rests with them, so if and when the crunch comes, they will be left holding the bag! Since the Directors seem completely cut off from any inspection rights or communication with each other, and don't even sign an oath of confidentiality, it seems

highly unlikely they could implement their fiduciary responsibilities even if they wanted to. This is another big quagmire that I will be constructively addressing—and resisting!—if you give me a platform as a Director.

A. Solomon

Campaign for Co-Op Democracy  
Scrivener to The Pacifica Foundation  
PACVID1.com/page2.html  
hobces@yahoo.com • 718-768-9079

## THANKS COOP!

## TO THE EDITOR:

On behalf of the patients whose lives you have touched, we would like to thank you for hosting the Winter Blood Drive on January 24-26, 2008 the Park Slope Food Coop.

We know you believe whole-heartedly in our "Life Saving" cause. We appreciate being given the opportunity to come to the Park Slope Food Coop to do our good works. I know that the members also appreciate being given the opportunity to donate in their own community. During the days of the drive, we saw 44 donors and collected 36 units of Live Saving blood.

Coordinating a blood drive takes a lot of time and dedication. We appreciate all the work you put into making sure our drive was successful and ran smoothly.

The need for blood has never been greater in the New York City area as well as in the rest of the country. Only

through the efforts of our friends and neighbors can we continue to ensure an adequate blood supply to meet our patients' needs. Thank you once again!

We look forward to working with you again.

Yours truly,

Grace Gehrke and Sidney Leonidas  
Supervisors, Blood Donor Recruitment  
New York Methodist Hospital

## DID SOMEONE MENTION DEMENTIA?

Beloved Grandma often forgets

To eat, to drink, to call;

She may mistake a vital med

For a Ping Pong ball.

To ensure she's taking just what's helpful

And avert a breathing stall,

I decided on a security necklace

To press if she should fall.

So I phoned an order for the item

And talked to a helpful cub

Who went and shipped what I'd requested,

A very useful Club.

I felt that I had helped immensely

And Gran's good health was sealed

Until she phoned: "My neck is aching—

Isn't what I need a Shield?"

Her wits are not what once they were

And so must be excused,

But now I can't help wondering,

Who's the more confused?

Leon Frelich

## CHECK OUT THE NEW AND IMPROVED COOP WEBSITE AT WWW.FOODCOOP.COM

Current and back issues of the Linewaiters' Gazette  
Daily Produce List • Product Blog •  
Membership Manual • Videos and Podcasts  
A map of our local suppliers  
...and much, much more.



## Have a story idea for the Gazette?

Or know of an interesting Coop member you think others would like to read about?

Email your suggestions to  
[GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop)  
(please write Gazette Story Ideas in the subject line).

## Meet Your Mind

WITH ALLAN NOVICK

The fundamental nature of mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

Allan Novick, has practiced meditation in the Shambhala Buddhist tradition since 1975 and is a certified meditation instructor in that tradition. He lives in Park Slope, has been a Coop member for 14 years, and works as a psychologist for the NYC Dep. of Education

FREE  
Non-members welcome

Friday, March 28  
7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

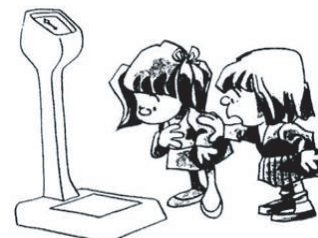
Saturday, March 29  
4:00 p.m. at the Coop

FREE  
Non members Welcome

## Why You're Not Losing Weight:

Seven Reasons Those Pounds are Sticking Around  
With Coleen DeVol

What many people don't seem to realize is that you can lose weight and still be unhealthy—which means lost weight is often gained back. This workshop is designed to give you the tools you need to kick-start your metabolism and get your body in a state of calorie-burning health while at the same time



teaching you to prevent arthritis, heart problems, diabetes, fatigue, insomnia, mood disorders and other dis-ease. Find out how to become the shape you are meant to be!

Coleen DeVol is a certified Holistic Health Counselor from the American Association of Drugless Practitioners and a certified yoga teacher. She runs a private wellness practice in Prospect Heights, Brooklyn and is a Coop member.



# ENHANCING FERTILITY NATURALLY:

A CHINESE MEDICINE APPROACH  
**WITH LARA ROSENTHAL, L.AC.**

- UNDERSTANDING FERTILITY:**
- The energetics of reproduction
  - What our grandmothers never told us: reading our body's signals
- OBSTACLES TO FERTILITY:**
- Chinese medicine patterns of imbalance
  - "Unexplained infertility" explained
- IMPROVING THE ODDS:**
- Nutrition and lifestyle choices for your body type
  - Tilling the soil: preparing the body for the rigors of pregnancy
- WORKING WITH ASSISTED REPRODUCTIVE TECHNOLOGIES:**
- Eastern and Western approaches side by side



**Lara Rosenthal** is a Licensed Acupuncturist and Board Certified Chinese Herbologist. She maintains a private practice in Manhattan specializing in Women's Health and Fertility and works at the NYU Hospital for Joint Diseases' Initiative for Women with Disabilities. She has a B.S. in Biological Sciences from Stanford University, is fluent in Chinese, and studied and worked in Taiwan for three years. She is a faculty member at Pacific College of Oriental Medicine and a Coop member.

**FREE**  
Non-members welcome

**Sunday, March 30**  
**12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 5**  
**10:30 a.m. at the Coop**

**FREE**  
Non members Welcome

# SPEECH

How to make a great one—  
and enjoy doing it!

Join Speaker Coach,  
Speechwriter and  
Media Trainer  
**Jezra Kaye** for  
a hands-on workshop  
where you'll write,  
practice and deliver  
a brief speech on a  
topic of your choice.



Jezra helps people enhance their speaking skills, build a natural  
and powerful style and deliver clear, concise messages. She is a  
27-year member of the Park Slope Food Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

# Past Life Regression Through Hypnosis

WITH JEFFREY T. CARL, CHT.

**DO YOU HAVE THE FEELING THAT YOU  
HAVE LIVED BEFORE?**

Have you ever just met someone and felt  
like you have previously known them?

Are there other countries or cultures that  
seem familiar to you?

Well there might be an explanation for  
this.

Through hypnosis we can tap into the  
subconscious mind, as well as enter into  
a peaceful trance-like state to retrieve  
memories of our past lives.

Relax and take a journey within.

- Gain:**
- Realizations
  - A deeper understanding of who you are
  - Retrieve memories
  - Pass beyond death and back again

**Bring:** A blanket to lie down on or a comfortable lawn chair to relax into  
A note book to write down anything that comes up

**Jeffrey T. Carl, CHT**, a Coop member, is a certified clinical hypnotherapist,  
and a member of I.A.C.T. Jeffrey is also certified in past regression though  
the Wiess Institute.

**FREE**  
Non-members welcome

**Sunday, April 6**  
**12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



**Friday, April 11**  
**7:00 p.m. at the Coop**

**FREE**  
Non members Welcome

# Gardening for Migratory Birds

Nearly 100 species of birds visit Park Slope  
annually on migration. Do you want to be a  
good host for them? Learn how with Glenn  
Phillips, the executive director of the New  
York City Audubon Society. This  
presentation will explain bird-friendly  
gardening techniques and the plants that  
provide the best food and shelter for  
migratory birds.

Presented by the Environmental Committee of  
the Park Slope Food Coop.



Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 12**  
**3:00 p.m.**

**FREE**  
Non members Welcome

# THE WALDORF ART OF GRADE SCHOOLING

The growing importance of test scores in the grades as a measure for  
determining academic success has compelled schools to begin academic  
instruction at an earlier age. But does this produce better learners?

Waldorf Schools promote a holistic, multi-sensory approach to learning,  
employing a developmentally age-appropriate curricu-  
lum, that cultivates and nurtures youthful vitality.

Come learn more about Waldorf Education for the  
grades, with a panel discussion moderated by Erin  
Fitzgerald, a founding parent of the Brooklyn  
Waldorf School, currently the president of the  
Parent Association and Coop member.



**Panelists include:**

- **Patty Smith**, director of the Center for School Design at the National Academy Foundation. Most recently worked as the assistant director of Secondary Schools at the Education Alliance at Brown University and has been a kindergarten teacher for 12 years.
- **Chenta Laury**, a Waldorf alum, who received a Masters in Education at Harvard, taught in a Brooklyn public charter school and currently teaches "Handwork" at the Brooklyn Waldorf School.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Sunday, April 13**  
**12:00 p.m.**

**FREE**  
Non members Welcome

# Healthy Eating on the Go

Are you always on the go — taking plane trips, long car rides,  
attending meetings and eating at other people's homes or at restaurants?  
How are you going to eat healthy, when your options are limited?

Staying healthy and eating on the road can be challenging. Join me to  
learn some concrete ways to eat healthy when you are away from home.

Learn how to:

- Navigate the menus at restaurants
- Survive airplane travels and layovers
- Be prepared when taking long car trips
- Eat healthy at meetings and weddings



**Christine Boutross** is a certified holistic health counselor, a personal trainer and a COOP  
member. As a holistic health counselor she works with clients in addressing their health  
concerns, including weight loss, more energy, cravings, and nutritional concerns.

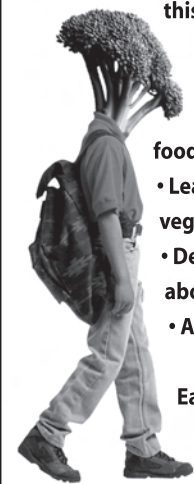
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Friday, April 18**  
**7:00 p.m. at the Coop**

**FREE**  
Non members Welcome

# Veg Teens!

Are you a vegetarian or vegan teen or the parent of one?  
Come learn more about vegetarian and vegan teen wellness in  
this informative and fun workshop.



- We will:**
- Try out some great, easy-to-make vegan foods and recipes
  - Learn more about what it is to be a vegan/vegetarian or just a food-conscious teen
  - Debunk many health myths and mysteries about being a veg teen
  - And much more!
- Each participant will receive a free gift.**

**Manuela Adsuar-Pizzi** is a holistic health counselor and  
philosophy teacher in Park Slope. She works  
with teens all over the city in developing mindful living habits and overall  
wellness through workshops and group programs in cooking, nutrition,  
philosophy, and spirituality.

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**Saturday, April 19**  
**3:00 p.m.**

**FREE**  
Non members Welcome

# Nutrition Response Testing

Are you taking vitamins and other supplements  
but not sure if or how they're helping you?

Wish you had a crystal ball that would  
tell you exactly how to feed your  
body for optimum nutrition?

This seminar will introduce  
you to a cutting-edge  
protocol that is  
non-invasive,  
affordable, and  
effective. Without  
expensive lab testing  
or hundreds of dollars  
of supplements, learn  
how nutrition response  
testing can be your  
drug-free alternative for all  
your healthcare concerns.



**Diane Paxton, MS, LAc**, is the owner and principal of Inner Fire Integrative Health Services, with  
offices in Manhattan and Park Slope. She is also a long-time Coop member.

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**Tuesday, April 22**  
**7:00 p.m. at the Coop**

**FREE**  
Non members Welcome

# The Environmental Committee Invites You to Celebrate Earth Day! Street Tree Gardening for MillionTreesNYC

Presented by GreenBridge, the Community Environmental  
Horticulture Program at Brooklyn Botanic Garden



Give a hand to the silent street tree!  
Street trees do so much to improve  
our environment, but they receive  
almost no care. In this workshop,  
learn the benefits of street trees  
and how to improve the health of a  
street tree by caring for its "bed."  
You'll also learn about the Greenest  
Block in Brooklyn Contest as well as  
the Mayor's new MillionTreesNYC  
campaign and what you can do to  
ensure the survival of these newly  
planted trees!

Sponsored by the Environmental Committee. If you have any questions or  
comments, e-mail us at [ecokvetch@yahoo.com](mailto:ecokvetch@yahoo.com). Please let us know if you'd like to  
be on our Friends of the Committee list and get very infrequent (really!) updates  
about new green products the Coop is carrying and issues the committee is  
working on. And check out our blog at <http://ecokvetch.blogspot.com>.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



### To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

#### BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - Beautiful parlor floor thru on 3rd below 6th Ave. Charming, comfortable apt. private bath, double living room, kitchen, deck, sleeps 4-5 call 718-788-7171 or visit us on the web at [www.houseon3st.com](http://www.houseon3st.com)

#### EMPLOYMENT

LICENSED MENTAL HEALTH PROFESSIONALS, full and part-time, wanted for positions in various Brooklyn locations. The Institute for Community Living is a major provider in New York City. Contact Maggie Fernandez, 212-385-3030 ext. 3117 or [mfernandez@iclinc.net](mailto:mfernandez@iclinc.net).

#### MERCHANDISE-NONCOMMERCIAL

CELLERCISER, new + accessories, \$200; gold-plated jewelry signed by artist (vintage), \$20-40; a pair of Merrell women's shoes, tan, never worn, size 8 and 1/2, \$25. Call 718-768-1598.

FOR SALE DEHYDRATOR, hardly used. Very good condition. \$50.00 Call 718-256-3616.

NEW WOMEN'S CLOTHING to trade. Ideas welcome. 718-756-5735.

FAKE FUR JACKET for sale. Warm, good condition, black, size 12-14, suitable for someone 5' 7" and above, \$125. Call Rose 718-789-9251.

#### SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

COMPUTER HELP-CALL NY GEEK GIRLS. Setup & file transfer; hardware & software issues; data recovery; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. Onsite or pickup/drop off. References, reasonable rates. Longtime Coop member. 347-351-3031 or [info@nygeekgirls.com](mailto:info@nygeekgirls.com).

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

MAKE THIS THE YEAR you get all those memories out of those boxes and back into your life or let us do it with you or for you! A box isn't any place to keep a life. Memories Out Of The Box, 633 Vanderbilt Ave. Brooklyn. 718-398-1519. [www.memoriesoutofthebox.biz](http://www.memoriesoutofthebox.biz).

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims.



Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

NEED AN ELECTRICIAN, call Art Cabrera at 718-965-0327. Celebrating 35 yrs. in the electrical industry, skilled in all aspects of field from single outlets to whole buildings. Trouble shooting specialist. No job turned away. Original Coop member, born in Brooklyn. Brownstone specialist, low voltage & 220 wiring.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Also color perms, hot oil treatments. Adults \$30.00, Kids \$15.00. Call Leonora 718-857-2215.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 18-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at [www.tguc-cionelaw.com](http://www.tguc-cionelaw.com).

#### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporomandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. [holisticeyecare.com](http://holisticeyecare.com).

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

ACUPUNCTURE in Park Slope. Rejuvenate your body in a relaxing and supportive atmosphere. Treatments include: pain relief, women's health

& fertility, hypertension, digestive, respiratory, smoking cessation, weight loss and fatigue. Ann E. Reibel-Coyne, L.Ac., National board-certified. 911 Union St. 212-629-2007.

#### VACATIONS

BERKSHIRE LAKE HOME. 4 bedrooms, dock and deck on beautiful clean lake. Canoe, kayak, rowboat. Large screened-in porch. Well-equipped kitchen. Near Jacobs Ladder and other cultural attractions. \$1100/wk. Call Marc 917-848-3469.

FIRE-ISLAND-SEAVIEW, full season May 19 - Sept. 5. Bayfront house magnificent view sunrise/set. 5 BR and upstairs porch, LR, DR, large kitchen/pantry. All appliances, dw, w/d, backyard BBQ, satellite TV, DSL. 32,000 or less. Info/pics [www.12bayview.info](http://www.12bayview.info) or 718-429-3437 or 718-426-8555. Jerry or Don.

JULY 12-19 08 STUDIO, sleeps four at the Golden Strand Ocean Villa Resort, 17901 Collins Ave Sunny Isles Beach Florida 33160. Going rate for that time is \$209 per night. Asking \$1200 for the week. Call Jeannine home 718-855-0371 cell 917-731-4439. 4th floor balcony, faces ocean. Building #2. View on [web.goldenstrand.com](http://web.goldenstrand.com).

SEEKING NEW VACATION SPOT. Clean responsible extended family (7 adults 2 sm. children) seek Vineyard alternative for 1-2 wk. rental. Need low-Lyme tick, low pesticide environment due to health issues. Access to organic food, water for swimming, and rainy day bookstore big plusses. Call Jennie at 347-730-6713.

#### WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

BROOKLYN ACUPUNCTURE PROJECT (BAP) invites you to its Grand Opening, Sunday April 6, 1 p.m. to 5 p.m. Free Acupuncture, food and prizes. BAP offers sliding fee scale acupuncture \$15-45, you decide what you can afford. Feel better this Spring. Join us at 530 3rd Ave between 13th & 14th streets. For info call 718-369-0123.

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Fax: 718-228-3846  
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Former Medical School Faculty 718-788-5005

#### Puzzle Answers

- |                       |                       |
|-----------------------|-----------------------|
| 1. (SYLVIA) PLATH     | 8. (ANNE) BRADSTREET  |
| 2. (SHEL) SILVERSTEIN | 9. (NIKKI) GIOVANNI   |
| 3. (DOROTHY) PARKER   | 10. (EDGAR ALLEN) POE |
| 4. (LANGSTON) HUGHES  | 11. (ALLEN) GINSBERG  |
| 5. (ROBERT) FROST     | 12. (T.S.) ELLIOT     |
| 6. (MAYA) ANGELOU     | 13. (E.E.) CUMMINGS   |
| 7. (EMILY) DICKINSON  | <b>AMERICAN POETS</b> |

#### ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, [www.foodcoop.com](http://www.foodcoop.com). The ads are FREE.



Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.



**WELCOME!**

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

John Adamek	Jason Capone	Nour Abu Assali El-Khoury	Jennifer Henry	Danny Lewis	Marisa Ragonese	Ian Simon
Sarah Adamek	Desiree Claudio	Crystal Ellis	Mark Henry	Jason Liszkiewicz	Jocelyn Redfern	Jeryl Skinner
Linsay Alexander	Devon Corbet	Kate Ellison	Rebecca Horn	Liza Logounova	Xander Redfern	Tristan Spence
Liz Alter	Rachel Crocker	Ruka Etti	Chelsea Hunter	Maia Macdonald	Ellen Reid	Katie Stamaris
Celi Aquino	Amanda Curry	Kate Fitzpatrick	Itchy	Anna MacEwan	Andrea Reising	Jonny Steinberg
Esther Arden	Laura Daniel	Luiza Flynn-Goodlett	Jillian Johnson	Cedar Mannan	Lee Reitelman	Tiffany Stevens
Patrick Arden	Chris Davies	Dianne Fortune	Eva Kaplan	Madeline Martinez	Margaret Reynolds	Tom Sullivan
Michele Arms	Rafael de la Uz	Stacey Franchina	Olga Kaplan	Cheryl Matson	Gregory Richardson	Thereece Thomas
Roberta Arnold	Diana Deaver	Sharon Gamble	Robert Kaplan	Maushumi Mavinkurve	Judith Rimerman	Rajeev Vaidya
Willy B. Bagbeni	AnNur DeCosta	Jorge Garcia-Spitz	Elizabeth Karpinski	Mallory McMahon	Francisco Javier Roca	Jessica Valdez
K. Bain	Ivette Delgado	Lesley Garrison	Irina Kaylakova	Vedran Misic	Anne Roche	Ruth Vallarta
Keino Baird	Maxime Demetrio	Jason Geering	Jon Keegan	Frank Modesto	Susan Romanski	Anna Vanderzee
Markus Bartenschlager	George Devendorf	Niklans Gehring Daniel	David Kelley	Mario Montanez	Tsvi (Steve) Rosenberg	Aerin Vanhala
Lily Bayard	Crystal Dickinson	Richard Gilbert	Pushker Khavecha	Mo Mullen	Brigitta Rubin	Bertha Vivar
Kirsti Beneke	Elizabeth Donnelly	Noama Givoni	Evan Kilgore	Katie Murray	David Rubin	John Vonne
Emily Best	Elena Dovydenas	Peter Goetz	Hamish Kilgour	Christopher Nattrass	Lomin Saayman	Cislyn Walker
Laila Biali	Joanna Dretzin	Max Goldman	Victor Kimble	Natalia Nepveu	Natalie Saibel	John Warren
Daniel Blankinship	Andi Dube	Daniel Goldstein	Julie Kirkpatrick	Philip Nikolov	Kimberly Sandberg	Joel Weber
Jenna Bonistalli	Charles Duhigg	Adam Gordon	Dan Kleinman	Martha Orchard	Matthew Sanders	Gabrielle Weiss
Carmen Boon	Samantha Edward	Christopher Grandsy	Nik Koblov	Daniel Perez	Jacob Savage	Ariel Westerman
Zachary Braun	Kisha Edwards-Gandsy	Zoe Greco	Arin Kramer	Bonny Perkins	Samantha Schupack	
Melissa Brown	Alexandra Egan	David Gruber	Nari Kye	Ted Pommer	Tousette Sefman	
Evan Brownstein	Nelly El-Khoury	Deirdre Guelke	Olivia Lane	Winsome Powell	Ray Sheppard	
Hannah Bruehl	Nicolas El-Khoury	Meredith Halpern	Liv Lee	Beverly Cooper Purchas	Rebecca Sheppard	
Caitlin Cahill			Heidi Lehmann	Kern Purchas	Lisa Siegel	

**THANK YOU!**

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Mike A.	Evan Collier	Jennifer Hamp	Wendy Lipson	George Olken	Cecilia Schmidt	Luis Torres
Michael Adams	Jason Das	Claire Hansen	John Lloyd	Modupe Olufunmi	Louis Schwartz	Clara Waloff
Molly Ahern	Angela Davis	Hagit Hertz	Alicia M.	Anna S. Park	Nathan Semler	Mera White
Alin	Nancy Dodd	Sol Hockings	Ashley M.	Robin Patterson-Lee	Aura Shahaf Woelfle	Monica Willis
LaShonda Allen	K.C. Dutcher	Allison Hornstein	Emily M.	Jeff Pearing	Danasha Shaw	Gabriel Willow
Cara B.	Kate Edmundson	Helmi Hunin	Leah Madoff	Arlington Peters	David Silver	Ben Wittman
Rod and Lilach Bachar	Jamie Emerick	Irma	Nora McComiskey	Krista Peterson	Erica Simonian	Hyman Wright
Ady Ben-Israel	Horatio Francis	Jason Kass	Nicholas McGaughey	Liz Pilecki-Doninger	Stuart Singer	Claire Wright-Simpson
Tellok Amen Bashiri Bey	Amy Fritch	Harlene Katzman	Kristen McMahon	Sally R.	Alex van Slyck	Christina Ziegler
Gloria Bigelow	Ardis Giles	Eli Kent	Shabnam Merchant	Ran Rabinovitz	Rae Solomon	
Koren Brigham	E. Robinson Gilligan	Kyel Kramb	Monica-Lisa Mills	Jeff Ratner	Rebecca Stein	
Kari Brown	Lily Goetz	Ilana Kramer	Donald Murk	Tamar Reich	Thomas Stephanos	
Stella Bugbee	Marcy Greenberg	Inna Kurtich	Brianna Nichols	Hillary Rubenstein	Anneka Street	
Sarah Butterworth	Linda Hagood	David Lee	Jasmina Nikolov	Sarah Sajdak	Victoria Sweat	
Alissa Clark	Ahssan Haj-Yehia	Diana Lieu	Melissa Noonan-Mazzei	Bruce Schlein	Paula Szuchman	