

Established
1973



LINE NEWAITERS' GAZETTE



Volume CC, Number 8

April 10, 2008

Coop Celebrates 35th Birthday!

By Gayle Forman

A lot has changed at the Park Slope Food Coop in the 35 years since it first opened its doors in February 1973, in the Mongoose Community Center (upstairs at 782 Union Street in what are now the staff offices). The fledgling Coop was then open only on Saturdays and was less a grocery store than a food-distribution center. “You could basically buy your produce and dried fruits and nuts, and it was all just in one room,” remembers longtime member Martha Siegel, who joined the Coop in 1973 after hearing about it from roommates at the feminist collective where she lived. “It was on a preorder system; you’d get a sheet and you’d put a check next to what you wanted them to get for you the next week.”



PHOTO BY DONNA BINDER

Fashionable members waiting on line in 1994.

Still, even with limited hours and limited stock, the Coop quickly drew local residents hungry for healthy and affordable food as well as the chance to put some of their cooperative ideals into practice. Except that people seemed more invested in shopping and buying cooperatively than in working together. In the early days, anyone could shop at the Coop, and it quickly became very popular, with lines out the door. “We had a work chart at the door. You came in every week and someone signed you up for the next week. The founders thought it was such an exciting thing that everyone would want to work,” says General Manager Joe Holtz, one of the founding members of the Coop and its first employee (he was “hired” in 1975 and, except for a leave of absence for a few months, he’s been here ever since). The only problem was that people didn’t actually show up for their workslots, leaving the brunt of the work to a committed core group in danger of burning out. “After a few months, we realized that this honor system was naïve,” says Holtz.

For a month in 1973 and another month in 1974, the Coop suspended operations while members held meetings to try to figure out a structure that was sustainable over the long term. When the

CONTINUED ON PAGE 2

GM CEREAL KILLER: Prices Go Bananas

By Kira Sexton



Bad news for banana lovers! Produce Buyer Allen Zimmerman reviewed the precarious state of harvests in major banana-growing countries at the Coop’s March 25 General Meeting.

Zimmerman noted that the price of a box of non-organic bananas has surpassed the cost of organic bananas, with a box that cost \$13.00 last month now priced at \$26.50.

Why? Banana-growing countries, including Nicaragua, Honduras and Guatemala, have recently experienced severe tropical storms and flooding that have damaged banana harvests and small farming cooperatives, including Oké USA, our second-largest grower of Fair Trade bananas. Furthermore, heavy rains in Costa Rica and Ecuador, along with cold weather, have delayed the maturity—and therefore the survivability—of additional banana harvests.

In other breakfast news, another staple is becoming more costly. Bagel lovers beware! Who knew that Australia was one of the world’s largest suppliers of wheat? Now in its fourth year of a drought, Australia is struggling to supply wheat to countries such as China and India, which have experienced an increasing demand for that crop. A worldwide lack of government price

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Next General Meeting on April 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, April 29, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this Gazette and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

*Exceptions for November and December will be posted.

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Coop Event Highlights

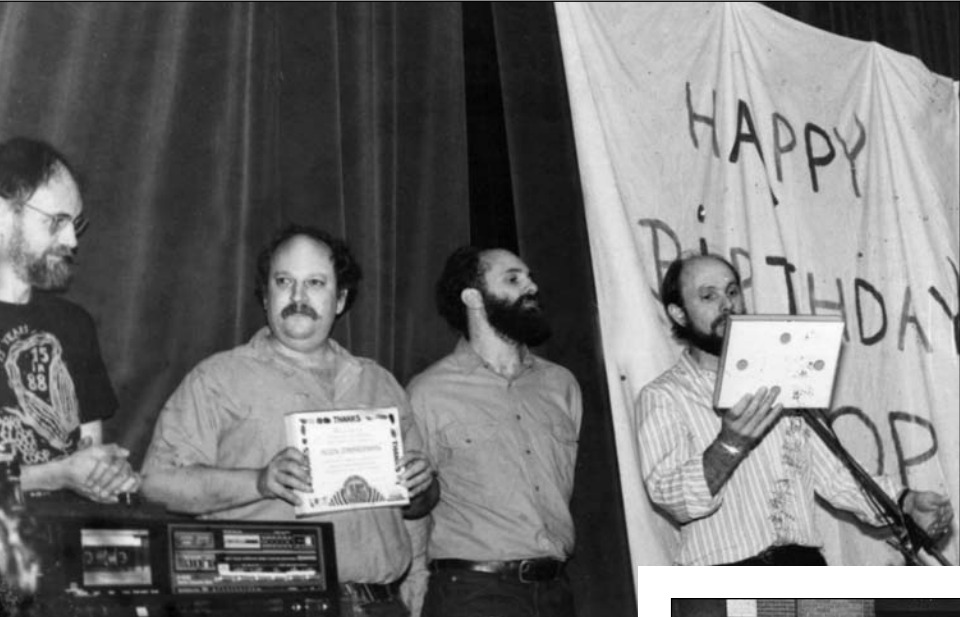
- Sat, Apr 12 • Food Drive 9:00 a.m. to 4:30 p.m.
- Sun, Apr 13 • Food Drive 9:00 a.m. to 4:30 p.m.
- Sat, Apr 12 • Children’s Clothing Swap 10:30 a.m. to 1:15 p.m.
- Fri, Apr 18 • The Good Coffeehouse—Bev Grant and the Dissident Daughters, and Jean Rohe 8:00 p.m.
- Fri, Apr 18 • Purse, Bag and Shoe Exchange 10:00 a.m. to 2:00 p.m.
- Thu, Apr 24 • Blood Drive 3:00 to 8:00 p.m.
- Fri, Apr 25 • Blood Drive 11:00 a.m. to 6:00 p.m.
- Sat, Apr 26 • Blood Drive 11:00 a.m. to 6:00 p.m.
- Thu, May 1 • Food Class: Ayurvedic Healing 7:30 p.m.
- Thu, May 15 • Film Night: Let the Church Say Amen 7:00 p.m.

Look for additional information about these and other events in this issue.

Coop Birthday Celebration

CONTINUED FROM PAGE 1

PARK SLOPE FOOD COOP ARCHIVES



General Coordinators Mike Eakin, Allen Zimmerman and Joe Holtz with former member Burl Hash celebrate the Coop's 15th birthday in 1988.

Coop reopened, it instituted the mandatory workslot and committee system. And while the mechanics of that system have evolved—in the early days, shifts and shopping status were recorded by hand, and later on, onto punch cards fed into borrowed main-frame computer space—the essentials have stayed the same. “The work requirement is at the core of who we are and what sustains us,” says Donnie Rotkin, who, along with his wife Linda Ellman, is a founding member and one of the few old guard who are still members today. “Working together makes people invested in the Coop in a way that shopping together doesn’t. There’s something about hav-

ing ongoing working relationships that pulls you in in a way that the economic pull, strong though it is, does not.” The work requirement—though many members joke that it’s the bane of their Coop existence—has allowed the PSFC to flourish where so many other cooperative enterprises have failed. It has also proved to be the bedrock of the Coop’s growth, allowing the one-room food-distribution center to gradually expand both in hours (it began operating daily in 1985) and in space: The Coop eventually took over the downstairs of 782, another



Chasing a child in the No Parking zone, 1996.

building at 780 Union Street and the 40-foot building at 784 that once housed Cline’s Carpets. Some longtime members like Siegel lament the loss of camaraderie that is an inevitable byproduct of this growth: “It’s a more anonymous place than it used to be,” says Siegel. While this is unquestionably true now that membership has reached an all-time high

organization is building a true community, the size and breadth of which the founders never dreamed. “I lead orientations. I see all kinds of people come through. We are a substantially ethnically, racially and economically mixed institution. It’s a quite big range across lots of different barriers that keep people apart in New York.” He also adds that the large member-



The checkout line in 1994 utilized adding machines and separate electronic scales.

ship, all working together, has led to quality-of-shopping changes, like having walkers to escort members (or, arguably, having enough to space to stock artisanal goat cheese). And while the Coop may no longer be the *Cheers* of shopping, where *everyone* knows your name, it’s still a place that many members frequent, not just for the food but for the community. A large part of maintaining that community is having parties and events where members can meet, mingle and celebrate Coop talent (like the variety shows) and commemorate the Coop’s continued growth. The latest shindig is the Coop’s 35th birthday party, which will be held on Saturday, May 3, from 7:00 to 11:00 p.m. in the upstairs ballroom at Garfield Temple. The event is being organized by the Fun’ Raising Committee—another benefit of large membership is that there’s not such need to raise money, so the fundraising committee is now a “fun”-raising committee—and is open to all Coop members and their friends. The party is free, although you have to pay for the food, which will be prepared by a variety of Coop cooks. Siegel, a member of the Fun’ Raising Committee, says that the particulars are still in the works, but there will be a DJ, live music, not too much speechifying, as well as child-care for the kids (who will get their own entertainment, and no speechifying). Amid the revelry, there will be a chance to look back on what the Coop has accomplished and to feel proud that it still is the member-owned cooperative it set out to be. “For all the fighting we may have about how we make our decisions in a democratic institution, I think we’ve been relatively successful in making people feel like they own this place,” says Rotkin. “And that’s pretty unique.” ■

PHOTOS BY HAZEL HANKIN

The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop.

The goal is to work toward preventing and eliminating discrimination in the Coop and to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

Voicemail (888) 204-0098

E-mail psfcdiversity-cpr@hotmail.com

Contact Form or Letter: DEC Contact forms are available in the literature rack in the ground floor elevator lobby. Place a completed form or other letter/note (anonymously if desired) in a sealed envelope labeled “Attn: Diversity and Equality Committee” and use one of the three methods listed below to get it to the committee.



Mail Park Slope Food Coop
Attention: Diversity & Equality Committee
782 Union Street
Brooklyn, New York 11215

Mail Drop Box Which is located in the entryway vestibule on the ground floor under the flier caddy.

Membership Office Mailbox The DEC has a mailbox in the Membership Office on the second floor of the Coop.



PARK SLOPE FOOD COOP

Product Return Policy

The Coop does not “exchange” items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

Produce (fresh fruits & vegetables)	May not be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above. The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.
Books	May not be returned.
Juicers	May not be returned.
Bulk items & bulk items packaged by the Coop	May not be returned. Members may contact the bulk buyer to discuss any other claims for credit.
Refrigerated items Frozen items	May not be returned unless spoiled.
All Other Products (not covered above)	A. Other products may be returned if they are spoiled or defective and the category is not specified above B. Other products may be returned if they are unopened, undamaged and therefore can be sold again. C. Other products may not be returned if they are opened or unsellable, and were purchased by mistake or not needed.

The Story the Coop Membership Tells

By Johannah Rodgers

The story of the Coop's exceptional growth—over the last 20 years, it has grown from just over 1,800 members (February 1988) to 13,500 members (February 2008)—is not only remarkable, it is one that is made up of numerous events that can be traced in the ebbs and flows of the Coop's membership.

General Coordinator Mike Eakin, who has been recording the number of active members since mid-1986, when the first "good" membership numbers were available, explained that by plotting the monthly membership numbers on a graph, it is possible to track overall growth at the Coop. With the number of members at the beginning of the fiscal year noted on the left and the number at fiscal year end on the right, the distance between years is then proportional to the annual growth rate in total active membership.

In certain years, such as 2002, the membership grew as much as 30% over the prior year; in others, such as 2000-2001, the number of members at year-end actually declined. Of course, part of thinking about and calculating membership growth at the Coop is not just about the number of members who join, but the members who depart each year. "Annually, about 20-30% of the membership leaves," commented Eakin. "This means that we need—at our current member numbers—to add 3,000 members every year just to cover our losses. Just to stay steady, we have to have growth."

In terms of the various factors that contribute to the Coop's growth in any given year, Eakin believes that "growth at the Coop is primarily about space." The membership numbers certainly reflect this. In December of 1988 the Coop bought 780 Union Street. The addition of what is often referred to as "the second building" meant that, that year, the Coop grew a lot—17%—even before better shopping conditions came into effect. The expansion into 780 was not finished until 1991, when there was a net increase of 23%. As Eakin sees it, "As soon as we have space, people come to fill the space."

Of course, adding space at the Coop means much more than just more comfortable shopping conditions. It enables the addition of shopping hours, which increased from 50 hours per week in 1990 to 80 hours per week in 1995, and now total 99 hours per week, as well as the addition of new types of items. In 1991, the Coop was able to begin selling frozen food for the first time since there was space for more refrigeration equipment. And, in 2001, the addition of the new building meant bigger and better refrigeration equipment and, with it, the ability to sell beef, pork and lamb for the first time.

Space—its addition and configuration—was also a factor in membership growth prior to 1987. Eakin mentions particularly the expansion from the second floor of 782 Union to the ground floor in 1979 as one that had far-reaching implications. However, because the Coop had membership figures before it had member numbers, the same types of membership data are not available for the Coop's first

decade. In fact, it was only when the Coop had 1,500 active members that the first member numbers were assigned.

Eakin explained that it was in the "mid-80s that we decided to give member numbers. At that point we already had 1,500 active members and almost 1,500 nonactive members—those who had joined the Coop at one point and then left. And rather than allocating numbers based on the time when someone had joined the Coop, we actually gave out those first numbers alphabetically.

So, for instance, Allen Zimmerman may have been given member number 1,500 even though he may have joined long before we had 1,500 members. The next 1,500 numbers were assigned to the people who had departed. We knew we had 1,500 active members and 1,500 that had left. But we also decided that once you're a member, you're always a member, and so gave member numbers to those who had departed."

Once assigned, the membership numbers allowed the Coop to track not only the number of new members joining, but those departing. From 1994 to year-end 2000, the Coop experienced seven years of very slow growth. Eakin believes this was the result of the Coop having reached "capacity," or the point at which difficult shopping conditions—various factors including line wait times, crowded aisles, etc.—appear to outweigh the potential benefits of shopping at the Coop for new members.

Eakin also attributes part of the stagnating membership numbers during those years to the decision made in 1994 not to buy a new building. Looking at the growth numbers for that year, which drop from 16% to 1%, Eakin speculates that not only were fewer new members joining, but that some members left. "We had almost 5,000 members in 1993," noted Eakin, "and over the next seven years, there is very little growth. The membership pretty much stays steady until 2001."

With the addition of another building in 2001 and the completion of the Coop's renovation in 2002, the number of new members at the Coop not only did grow, but the number of members departing declined. In 2001, the Coop recorded a net increase of almost 18%, in 2002 a net increase of 30%, and in 2003 an increase of 20%. In fact, it was in 2002, the first full year of shopping in the renovated building, that new members totaled just over 3,600 individuals, a record 54% increase over the prior year. Eakin also notes that in that year the Coop grew even over the summer months, a time when membership usually declines.

Though Eakin believes that by the end of 2006 the Coop may have reached a new capacity, as indicated by the decline in membership in 2007, he also believes that debit cards may be part of the stimulus behind rebounding membership growth in 2008. Another possible factor may be the slowing growth in the national and regional economies. "Historically," says Eakin, "we've had a theory that economic downturns may stimulate growth in Coop membership." ■

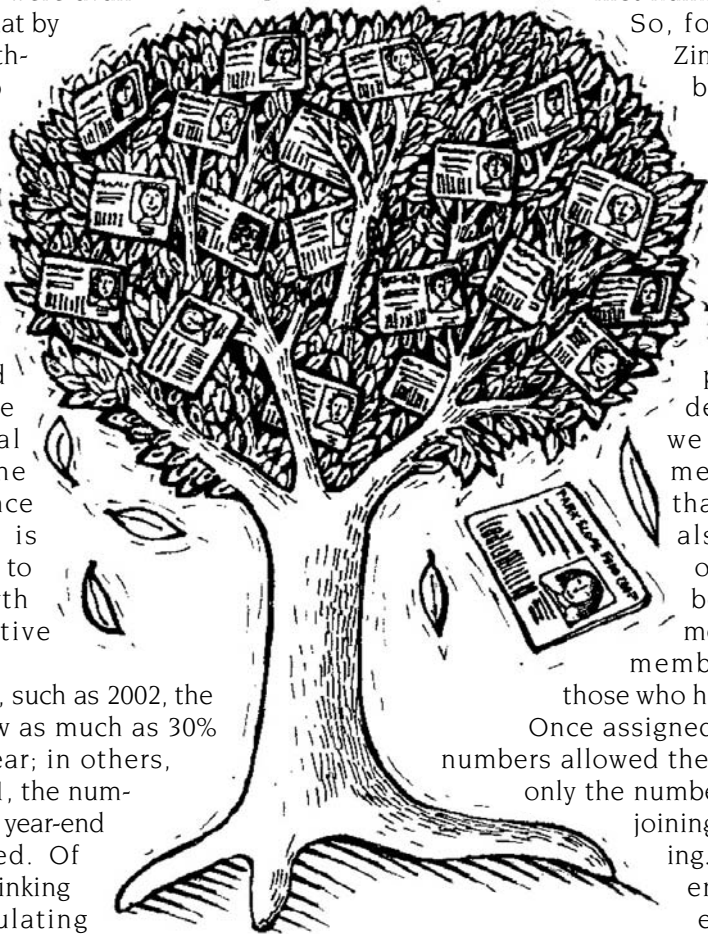


ILLUSTRATION BY SUSAN GREENSTEIN

PSFC APRIL 2008 GENERAL MEETING Tuesday, April 29, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple)
274 Garfield Pl. at 8th Ave.

AGENDA:

Item #1: The 401(k) Plan (10 minutes)

Proposal: "That the Coop establish the Park Slope Food Coop, Inc. 401(k) Plan and Trust. The Coop will pay administrative costs but will not contribute any other funds to the 401(k) plan. Employee accounts will be funded solely through employee contributions."

The administrative costs to the Coop are expected to be less than \$4,500 the first year and less than \$3,000 in subsequent years. Because the cost of this benefits program is low, a benefit costing this much would ordinarily not be brought to the General Meeting. However, legal corporate resolution requirements mean that it must be enacted at the GM. Please note the reason the Coop will not be contributing funds to the individual employee investment accounts is that the Coop is already committed to contributing to the existing defined benefit pension plan.

—submitted by the General Coordinators

Item #2: Creating a Bike Committee (25 minutes)

Proposal: "Proposal for the creation of a bike committee" The ad-hoc Park Slope Bike Committee proposes the creation of an official Bike Committee to improve bicycle parking (via valet bike parking), provide information and bicycle-related resources and products to members, and act as a contact for bicycle-related issues at the Coop.

—submitted by Josh Gosciak

Item #3: Bottled Water (55 minutes)

Proposal: "That the PSFC discontinue selling bottled water" Because selling bottled water violates our mission—polluting the environment and handing over public resources for private gain—we resolve to discontinue selling bottled water. Selling bottled water undermines support for and confidence in the public water system, which distributes our most precious common resource equitably. Plastic bottles pollute the environment, required oil and lots of water to produce and fuel to transport. They take up landfill space where toxins can leach into the water table. Selling bottled water allows corporations to exploit public resources for private gain. Bottled water is an unnecessary expense to the consumer. Unloading and schlepping bottled water is backbreaking work and shelf space could be better used.

—submitted by Susan Metz, David Barouh, Lew Friedman

Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*.

The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

FOOD DRIVE to benefit CHIPS Soup Kitchen

Saturday, April 12
Sunday, April 13
from 9:00 – 4:30



CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. Consider donating something from the "Do" list below at the collection table outside the Coop. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal.

Do Contribute


Non-Perishable Foods and Commercially Packaged Foods

Canned Fish
Canned Fruits & Vegetables
Pasta Sauce
Pasta
Pre-packaged Rice
Pre-packages Beans
Canned Beans
Canned Soups
Parmalat Milk
Dry Milk
Peanut Butter
Boxed Raisins

Don't Contribute

Perishables
Items from bulk bins & silos
Items packaged in the Coop

Refrigerated foods
Frozen foods
Tea
Sweets
Juice (bottles or juice packs)
Baby Food
Crackers



children's clothing swap

Who needs Old Navy when you can outfit your child at the Coop for free?!

Bring your child's outgrown clothes to the Coop to trade with other members.

Please bring only items that are in good condition.

Do not bring clothing to the Coop before the hours of the exchange.

FREE
Non-members Welcome

Saturday, April 12
10:30 a.m.-1:15 p.m.
last drop-off 12:45 p.m.

SEEDS ARE HERE

HERBS

FLOWERS

VEGETABLES


IN THE PRODUCE AISLE

FTOP workers needed

for the Coop's birthday party on the afternoon and evening of Saturday, May 3.

We need Coop-trained childcare workers, cashiers, set-up and break-down crews.

Contact the Membership Office at 718-622-0560 to sign up.





Chefs and Waitstaff Wanted

The Fun'raising Committee is seeking Coop members with professional cooking and/or waiting experience to work the Coop's 35th birthday party on May 3 for FTOP credit. We're specifically looking for members who are chefs, caterers, waiters and those who have front-of-house experience in catering. Kitchen prep is needed the week prior to the event and most of the day on May 3rd, as well as the evening of the event. Front-of-house staff needed for set-up, event time and breakdown. In your email please give a brief description of your experience and availability.

Call Esther at 917-513-0860 or email ouicater@yahoo.com



Puzzle Corner

Like Apples and Oranges

1	2	3	4		5	6	7	8		9	10	11	12	13
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63				64		65			66		67			
68						69					70			
71						72					73			

ACROSS

1 Part of the comparison
5 Rubberneck
9 Part of the comparison
14 Manipulates
15 Can do both
16 Morning riser
17 Void partner
18 What some people call Cheney
19 Crest
20 Landscape feature
22 Hotbed
24 Practically forever
25 Wily
26 Troubles
28 Norton or Meese

30 Part of the comparison
31 Aloha accoutrement
32 A county that serves
35 Dance provocatively
38 Streak bluey?
39 Brand-name bandage
40 Did some weeding
41 Old shirt, maybe
42 Turkey bills
43 Act your ____!
44 Cheerfully negligent
46 Stare quanta
48 Iota
49 Collar
50 Quite a racquet

51 Chum
52 Transit choice
53 Parisian possessive
56 Brad's cousin
59 Dieter's milk
61 Rogue
63 Maltese notes
65 Between jobs
67 Assert
68 Military division
69 Carnivore's order
70 ____ Millions jackpot
71 Gritty
72 Pays no rent
73 Surveyed section

DOWN

1 Sustains
2 Everyday
3 Homer's donut choice
4 Wight or Man
5 Like an unmatched sock
6 Old gold
7 Fasteners
8 Do-gooder club
9 Subway container
10 Garner hit
11 Home-____
12 "So..."
13 Eclipse, for one
21 Wallop
23 Where to find logos
27 Old world cheer

29 Snub, slangily
30 Traipse
31 Move the heavy bags
32 Big-eyed orphan, frequently
33 Earthy tone
34 Duck
35 It's steps to the river
36 Something with twists and turns
37 Rocker Lou
38 Checker, maybe
41 Adam's contribution
42 Opened a way
44 Some bush meat
45 Centers of innovation
46 Slippery one

47 Steppes haulers
50 Part of the comparison
51 Part of the comparison
52 Many a grandma
53 Part of the comparison
54 Greek ending
55 Skinny Jack
56 Takes in
57 Personal ambiance
58 Wood alternative
60 Metric multiplier
62 Ironic genre
64 5th columner
66 Printer gaps

This week's puzzle by Stuart Marquis. For answers, see page 13.

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

One full three-year term is open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 24, 2008.
Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the
Annual Meeting on June 24.

Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

Bill Penner

I am writing to ask for your support for reelection as one of the six members of the Board of Directors of the Coop. My candidacy has been endorsed by the Coop's General Coordinators.



I have been a member of the Coop for eight years. In addition to serving on the Board of Directors for the last two years, I have served on both the Receiving Committee and on the CHIPS Soup Kitchen Committee preparing meals with food donated by the Coop. In my life outside the Coop, I am a 45-year-old architect with my own architectural firm which I started six years ago in Brooklyn, and last fall I became the new father of a beautiful baby girl. Prior to receiving my degree in architecture, I apprenticed as a chef and cooked professionally for 6 years. The Coop is an important part of my life, it is a place where I connect with my passion for food and realize the significance of food and food production in our society as a cultural, environmental, and eco-

nommic force of incredible importance.

Because the Coop is a corporation, it is required to have a board of directors. Our Board of Directors meets every month in public at the General Meeting. At the Meeting, any Coop member can bring an item for discussion or make a proposal to be debated and voted on by the Coop membership present. At the end of the Meeting, the Board of Directors vote on taking the advice of the membership. This is how the Coop combines its corporate structure with its town hall style of democracy.

In my opinion, there is often confusion as to the primary role of the Board of Directors in the Coop's decision-making process. I see the Board's role as one of oversight rather than one of advocacy. As such, I focus on maintaining a thorough knowledge of open issues and concerns of the membership by attending General Meetings, reading the *Gazette*, and staying in contact with General Coordinators. I make a particular effort of familiarizing myself with the monthly financial statement, and I believe being well informed of the financial condition of the Coop is one of my biggest responsibilities as a board member.

This is important because the Coop's continued financial stability maintains low prices, which enables many people to benefit from fresh whole-some food while supporting the Coop community and values. The amount of money that members save shopping at the Coop is substantial, in fact it is in the millions of dollars each year. This savings is true power for people of all economic backgrounds and allows members to make healthy decisions for themselves and their families while supporting the environmental and the social mission of the Coop.

I have been honored to have had the opportunity to serve the Coop as a member of Board of Directors for two years. The late President of the Board, Israel Fishman, used to say that the Coop saved his life—the different view points and different people all working together for a common purpose gave him the perspective and patience to see beyond himself towards what was really important. I am reminded of this cherished thought each time I attend a meeting and when I shop.

Cooperatively yours,
Bill Penner

Albert Solomon

It is true that it has branched out in other directions, but my main point since 1992 when I joined was and remains: An Assembly of Elected Delegates. And by that I mean proportional representation.



People ask me what would be different under an assembly of elected delegates. Here are just a few things since I joined in 1992.

- The pension plan
- The Governance Committee
- The Milquetoast Board of Directors
- The atrium
- Item pricing
- The *Gazette*
- The Disciplinary Hearing Committee
- The Chair Pool Committee
- The Agenda Committee
- The Personnel Committee

The process would be many times more transparent and accountable. And the Rulers would have just as much influence over the process, maybe even more. Only the representatives would have names in contrast to just walk-in people, most of them going for workslot credit. Also the Meeting would have some real authority—because the delegates would represent actual people!

How can you govern by the town meeting? The answer is you can't, so the Rulers hold sway without even the normal accountability they would have if there were a board of directors. Our directors have so

little power that they don't even sign an oath of secrecy.

Joe Holtz's proxies. We used to elect directors at annual meetings, but Joe Holtz (the Supreme Ruler) held 200 proxies, so if anyone he didn't want ran he could vote his proxies. I almost single-handedly put an end to this shameful exclusivity by acquiring my own proxies and refusing not to vote them. I also sent two separate briefs to the Chair Pool Committee. But no one ever credits me with the change! Years later Carl Arnold, a Management supporter, changed the election of directors to a mail ballot, mooting the whole sorry question of proxies and allowing thousands instead of hundreds to participate in the elections.

But it made no difference because directors were still neutered by the informal yet effective pledge to only ratify the actions of the Meeting. It is even frowned upon if directors call each other on the phone! So much for your input into important policies of the Co-Op! So now more people are voting for powerless directors! Another word for which is, uh, disenfranchisement!!

Although my main thrust is an assembly of elected delegates, I see the Board of Directors as another representative body. As a director, I would propose resolutions to the Board, forcing it to act as the Statutes intended, or at least to vote down my proposals.

The mantra of the Rulers is that any effort to override the decisions of the Sacred General Meeting is an act against the Co-Op. But this is merely a smoke-screen to hide the near-total blackout in visibility and accountability brought about by this smoothly pernicious system.

The big policy they don't have to tell us about is

that we are a food store and not a social experiment. This policy was applied to the delay in construction and rejection of the plans for the new building which included an atrium, a focus of attention and sociability. It was applied to the cheese case. It was applied when we started selling red meat. Did you or I ever vote for that big policy? Don't you think maybe we should? \$300,000 was wasted in the construction process, according to some. Did you vote for that?

Another biiiiiiiiigggg policy of the Rulers is indefinite expansion, coupled with minimal storage space and maximum turnover. Do the Rulers ever discuss these questions? Why should they, when there is no one to oversee them? Don't these requirements preclude more and better social actions by the Co-Op? You bet they do!

Not a policy itself but a result of these policies was to buy the Building Next Door. They really wanted that. They disparaged every alternative suggested—funding satellite co-ops (which they couldn't control so directly), renting warehouse space, which would affect our turnover policy. After it was denied in a referendum they rammed it through again as soon as they could. Yes, we know what their policies are, but they never have to defend them or even articulate them!

Since we have a longer election season this year, give me a shout-out or better, write a letter in support of Co-Op Democracy!!

A. Solomon
Loyal Supporter of the Co-Op
Scrivener to The Pacifica Foundation
hobces@yahoo.com
718-768-9079
1000 - 74

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have

come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 14, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop.

THE COOP IS TURNING 35!

Big birthday
bash
Saturday, May 3
7-11 pm

Garfield Temple
Ballroom

Free Admission
Jenny Hill and the Liquid
Horn Band
DJ Paul Palmer
Door Prizes
Food and drinks for sale
Childcare
Face painting

The Environmental Committee has a blog!

Please visit often
for timely news and
information
from the PSFC
Environmental
Committee.



We're
blogging
about our
activities at the Coop,
as well as
environmental events
of interest at the Coop
and beyond.

Find us at:
<http://ecokvetch.blogspot.com/>

How to Contact the Disciplinary Committee



The Disciplinary Committee is responsible for the review,
investigation, and disposition of all submitted complaints of
member misconduct.

If you would like to submit a complaint, please contact us.



Email: foodcoopDC@gmail.com



Letter Drop Off: Written reports may be left in the **DC mailbox**
located to the left as you enter the Membership Office.



By US Post: **Park Slope Food Coop**
Attn: The Disciplinary Committee
782 Union St Brooklyn NY 11215



Voicemail: 888.922.2667, ext 86

Thank you



WHAT IS THAT? HOW DO I USE IT? *Food Tours in the Coop*

Such a gentle season
but it rocks
our bodies, our little world

The human animal is
fundamentally resistant
to change
we are fond of our habits and ways
even when they are stubborn, tight
unbecoming
to give them up is painful and traumatic

Stick to what's simple
and not necessary
plant a few seeds in soil
you don't have to commit

Beans bend out of the dirt
in a few short days
and yield flowers, then pods
not long after that

Any seed will do
have no agenda

Soon (now!) neighbors
hang clothes on the line
anything to get outside

Sweep the walk
clean up a tree well
find some dirt to dig in
take a child with you
they will show you how

it doesn't take much more than that
there you are
it's spring
you're standing in the middle of it
the world is wonderful:
you are wonderful!

Now: go to the Coop
and tell everyone you know

The Park Slope Food Coop
helping to bring in the seasons

by Myra Klockenbrink

Mondays	April 14 (C Week)
	May 5 (B Week)
	May 19 (D Week)
	Noon to 1 p.m.
	1:30 to 2:30 p.m.
and	
Sunday	May 11 (B Week)
	Noon to 2 p.m.

You can join in any time during a tour.

Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the work-slot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.



The **Street Squad** serves an important
public relations role for the Coop. From
tables set up outside the store, at local
street fairs and special events, the Street
Squad talks to current and prospective
members, hands out literature, answers
questions, gives tours of the Coop, and
just generally offers people the chance to
become familiar with our organization.

We invite you to join us if you are:

- ◆ a Coop member in good standing for
at least six months
- ◆ friendly and upbeat with enthusiasm
about the Coop
- ◆ knowledgeable of Coop procedures
- ◆ willing to work outdoors
- ◆ reliable, responsible and able to work
independently

New Street Squad members must
attend a training session.

If you are interested in joining the
Street Squad, please contact :

Robin
718-230-7199
call before 9:00 p.m.

Bananas!

CONTINUED FROM PAGE 1

controls and subsidies for wheat have caused tumult around the globe, including rioting in Burkina Faso, tortilla protests in Mexico City and pasta protests in Italy. Just thank ethanol. Anticipated demand for this alternative fuel has caused more and more countries to turn

Rising wheat prices have caused tumult around the world.

over land that formerly grew wheat and corn for food use.

General Coordinator Mike Eakin presented the preliminary financial report for the year ending February 3, 2008.

The first agenda item for March 25, 2008, was Disciplinary Committee elections. Disciplinary Committee Members Yuko Uchikawa and Karen Kramer ran unopposed for reelection. Uchikawa, a graphic designer and teacher of self-defense for women, has been a member of the Disciplinary Committee for three years. She expressed her interest in conflict resolution, stressing that conflict isn't necessarily a negative experience, but that it can also be a positive, transformative mechanism.

Kramer has, in her capacity as a Disciplinary Committee member for the past ten years, explored everything from rudeness at the Coop to true criminal acts. Kramer had done investigative work in her day job as an attorney, and loves getting to the true story behind an incident. She also works with PSFC coordinators to deal with criminal cases.

At the end of the day's meeting, Chair Dorene Martinez read the voting results, with both women reelected to the Disciplinary Committee.

Next on the agenda were presentations by two candidates vying for the one open position on the PSFC Board of Directors. Coop Members Albert Solomon and Bill Penner, whose position on the board is up for reelection, described the meaning of the Coop's Board of Directors to the members present. Voting will be held in June, at the Annual Meeting.

Penner, an architect, new father and former chef, has belonged to the Coop for nine years. He has worked a variety of shifts, including the Receiving Committee and the Soup Kitchen Committee at Chips. Penner briefly touched on the role of the Board of Directors in the Coop's decision-making process. He reviewed that the Coop has operated as a not-for-profit corporation since 1977, at which time the Board of Directors was formed. The PSFC wanted to continue holding town hall-style meetings where the board could approve decisions made here (at the GM) to run the Coop. Penner emphasized that the Board of Directors act as a step in the Coop's decision-making process. Therefore, they are reactive rather than proactive.

Albert Solomon, a Coop member for 15 years, pledged that if he is elected he will change the narrowness of the Board of Directors. He vowed to reform the General Meetings, and pointed out that lately, the board has been acting as a rubber stamp for decisions made at these meetings. He iterated that while he doesn't believe the Board of Directors should be a rubber stamp for motions passed at General Meetings, this does not mean that he is against the Coop.

In Solomon's vision, "They [the board] look too narrowly at their role. We deserve better than this." He said that the Board has been acting as a shadow government "...for too long."

The next agenda item was changing the date of the September meeting from Tuesday, September 30 to Tuesday, September 23. Coop member Donald wondered why General Meet-

ings always take place on Tuesdays. There may be people who can never attend a meeting on a Tuesday evening, he pointed out. Coop Member Tisa, who works in Receiving, wondered whether there was anything at stake in terms of moving the meeting up a week.

Because of the Jewish High Holy Days in September, the Beth Elohim auditorium will not be available for the Coop's General Meeting. Instead of looking for another, less ideal location, General Coordinator Joe Holtz suggested the PSFC move the date of the meeting up one week. A vote was taken, with the yays far outnumbering the nays, and the date for the September meeting was changed.

The final agenda item was presented by Daniel Simon, who proposed that all paid staff also work at the Coop. As the system is now, paid staff, along with one other member of their household, is not required to work at the Coop. Simon reiterated "I'm not against the staff," while voicing his concern that this system allows a glass wall divide between PSFC staff and members. "The Coop's bedrock principle is that everybody here is the same." But the current system has created "...a privileged group among us."

David, a squad leader in Receiving, asked "What coop are you describing?" saying that he doesn't see a glass wall. David also mentioned that paid staff have to act as an authority, and this makes it unlikely they can participate in monthly shifts the way that members do.

FTOP worker Briony queried whether not working a shift is considered a fringe benefit of being a Coop staff member, or might it be part of a compensation package, such as healthcare.

Simon responded to concerns, saying that it [equality] is a basic concept right out of Animal Farm. "If it isn't equal to everyone, it's equal to no one." This quotation caused some dissention in the ranks, even among those who supported—or were at least interested in the concept—that paid staff work a shift.

Other Coop members wondered how com-

Banana-growing countries have recently experienced severe tropical storms and flooding that have damaged harvests.

penensation would work. Karen Kramer, of the Disciplinary Committee, related the fact that when PSFC staff members are on the Coop floor, they are constantly interrupted from their work with questions. She also asked whether it was legal to require a worker who is paid an hourly wage to do similar work for free? Do they then not receive their hourly wage?


A Coop member named Anna pointed out that the Coop is also an employer with benefits for employees. "People work hard and want to do good things for the people who work for the Coop."

FTOP worker Kurt said that the concepts presented are interesting in a Civics 101 way, but not framed as a solution to a problem that we may or may not have with staff. Marcus, a Receiving worker, wondered if having paid staff work at the Coop would make shopping at the Coop even more crowded and dense.

Juno, a Maintenance Squad leader and a wage and hourly attorney, said that as a condition of employment, can the Coop require employees to work extra for free? Lastly, Tisa, of Receiving, mentioned that the Coop is young in evolutionary terms. If paid staff are required to work a shift, Tisa reflected that our verbiage as Coop members may well be affected. Will we ask "Do you have broccoli?" Or "Do we have broccoli?" Stay tuned for a potential vote on this agenda item. ■

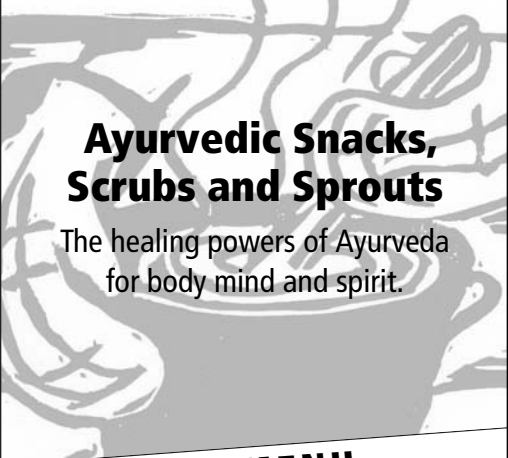
Thursday, May 1

7:30 p.m. at the Coop



Susan Baldassano coordinator

PARK SLOPE FOOD COOP



Ayurvedic Snacks, Scrubs and Sprouts
The healing powers of Ayurveda for body mind and spirit.

MENU

- Mustard Green Paneer
- Sunflower Flax Pate with Fenugreek Sprouts on Raw Carrot Chips
- Two Skin Scrubs: Make your own exfoliants in minutes

\$4 materials fee
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Guest chef **Paige Churchman** is a graduate of Dr. Naina Marballi's Ayurvedic Nutrition Program and is a certified nutrition counselor by the American Association of Drugless Practitioners. Paige will discuss the healing powers of fenugreek and turmeric and prepare recipes using both spices. She will also give tips on how to use spices to stop bleeding, control dandruff and assist in mild sleep disturbances.

MEMBERS & NON-MEMBERS WELCOME.
Come early to ensure a seat.

Pocketbook, Purse, Bag and Shoe Exchange

This exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can share bags that have already been well loved?



Reuse, renew, recycle.
FREE Non-members welcome
Saturday, April 19 10:00 a.m.—2:00 p.m. in the meeting room

To bring Pocketbooks, and Shoes...

- Do not leave items in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean purses, pocketbooks and shoes that you are proud to be able to exchange with a new owner.

(Unchosen items will be donated to a local shelter.)



COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday
Apr. 18
8:00 p.m.

very

The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

Bev Grant and the Dissident Daughters

Bev is joined by **Angela Lockhart** and **Carolyn Murphy**, who contribute harmonies and lead vocals to this dynamic trio. They offer an eclectic mix of Bev Grant originals with a serious, funny, sometimes irreverent, sassy and distinctly woman's point of view.

Jean Rohe

New Jersey native **Jean Rohe** and her band perform an exciting mix of their own original music as well as folk music from various parts of Latin America, done with a global twist. With diverse musical backgrounds that span from jazz and improvised music to folk music of the Balkans and back to Brazil, the band brings a wide range of experience and expertise to their unusual sound.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-230-4999

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

Monthly on the...

Third Thursday
APRIL 17
7:00–9:00 p.m.

Last Sunday
APRIL 27
10:00 a.m.–2:00 p.m.

Second Saturday
MAY 10
10:00 a.m.–2:00 p.m.

On the sidewalk in front of the receiving area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly. Last drop offs will be accepted 10 minutes prior to our end time to allow for sorting.

This Issue Prepared By:	
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Editor (production):	Nancy Rosenberg
Final Proofreader:	Teresa Theophano
Post Production:	Becky Cassidy
Index:	Len Neufeld

WORKSLOT NEEDS

Cheese Inventory

Monday, A week, 8:00 to 10:45 a.m.

Work alongside Yuri Weber, the Coop's cheese buyer, to take an accurate inventory of our unsold cheese. Work involves 1.) weighing all cheese on the shopping floor and counting cheese sold by the piece and 2.) weighing and/or tallying all cheese in the basement. Must have good handwriting, be able to do basic arithmetic (weights, fractions, addition), be reliable and have good attention to detail.

Schedule Copying

Tuesday, 6:00 to 8:45 p.m.

The main task of this workslot is to copy committee schedules from originals provided using

the Risograph machine. You will need to be able to troubleshoot possible problems with the printer. This is a job that requires you to be on your feet for most of the shift. You will be working independently so good work attendance is required. A six-month commitment is required. If interested please speak to Debbie Parker in the Membership Office.

Kitchen Cleaning

Wednesday, 8:00 to 10:00 a.m.

Deep clean all three kitchens in the Coop: childcare, meeting room, staff room. You will work independently to clean countertops, cabinets, drawers, kitchen equipment, sinks, and refrigerators. Must be reliable as you are the only person coming to do this job on your day.

Please speak to Adriana in the Membership Office, Monday to Thursday 8:00 am to 2:00 pm if you are interested.

Office Setup

Monday, Thursday or Friday, 6:00 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adrianna or Cynthia in the Membership Office for more information.

CONTINUED ON PAGE 10

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Apr 24 issue: 7:00 p.m., Mon, Apr 14
May 8 issue: 7:00 p.m., Mon, Apr 28

CLASSIFIED ADS DEADLINE:

Apr 24 issue: 7:00 p.m., Wed, Apr 16
May 8 issue: 7:00 p.m., Wed, Apr 30

General Meeting

TUE, APR 29

GENERAL MEETING: 7:00 p.m.
The agenda appears in this issue and is available as a flyer in the entryway.

TUE, MAY 6

AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Apr 28 General Meeting.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting:
Tuesday, April 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45p.m.)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

*Denotes a Coop member.

FRI, APR 11

FINGER-STYLE GUITARIST DEL REY performs at the Good Coffee-house Music Parlor. Seattle's Del Rey (hobemianrecords.com) is one of the best blues finger-style guitarists in the world. 8 p.m. \$10 adults/\$6 kids. 53 Prospect Park West at 2nd St. 718-768-2972 www.gchmusic.org

SAT, APR 12

PEOPLE'S VOICE CAFE: Ray Korona Band at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00–10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.

BAKE SALE! A fundraiser for the new Brooklyn chapter of FOOD NOT BOMBS! Enjoy fresh-baked cake, cookies and more while you help make sure that our neighbors have enough to eat. At Fort Greene SNAP, 324 Myrtle Ave. (past Fort Greene Park, near Carlton Ave.). 2 p.m. Questions? Email brooklynfnb@gmail.com or visit www.myspace.com/brooklynfnb

SUN, APR 13

JAZZ ON SUNDAYS: Hear a different jazz group every Sunday at the Brooklyn Lyceum. Two sets, 9 p.m. & 10:30 p.m. Admission \$10 per set. 227 Fourth Ave. at President St. Call 718-857-4816 or visit www.brooklynlyceum.com

FRI, APR 18

READING, DISCUSSING, ACTION-TAKING: Raj Patel presents his new book just out from Brooklyn's own Melville House Publishing: *Stuffed & Starved: The Hidden Battle for the World Food System*. Community Bookstore, 143 7th Ave, 7:30 p.m.

SUN, APR 20

BROOKLYN FRIENDS OF CHAMBER MUSIC: Duo Prism. Jesse Mills, violin; Reiko Aizawa, piano; with Eric Poland, percussion. Beethoven: Sonata for violin and piano in F Major; Spring Cowell: Set of Five for violin, piano & percussion; Brahms: Sonata No. 3 in D minor for violin & piano. At Lafayette Avenue Presbyterian Church, 85 S. Oxford St. at Lafayette Ave. 3 p.m. \$20 at the door/\$10 students. www.brooklynfriendsofchambermusic.org

SUN, APR 20

SEASONAL DETOX PROGRAM: We'll purge your liver with body work; learn what to eat, how to cook and enjoy a meal together. We use meditation to release your emotional baggage. 3 p.m.–6 p.m. For more details, call Esme Carino at 917-526-9264.

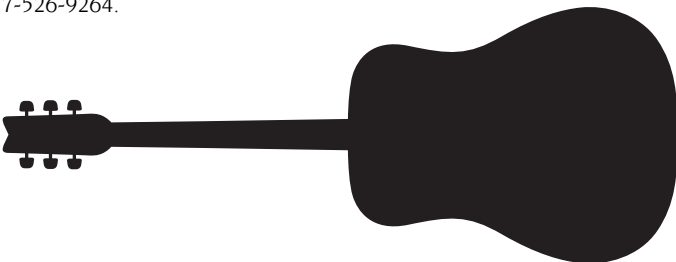
EVERY DAY IS EARTH DAY at the Coop, so Earth Day here has to be twice as good. Swing by the Coop to see the Earth Day tables from 9 a.m. to 3 p.m. The ever-popular worm composting demo will be back! Members of the Environmental Committee and Recycling Committee will be here to answer your questions and distribute information about upcoming events.

TUE, APR 22

EARTH DAY: Come to the Coop for a workshop on street tree care. Learn how to nurture the street trees that will be taking root across the city over the next ten year! Event starts at 7 p.m.

SAT, APR 26

PEOPLE'S VOICE CAFE: Heather Lev/Terry Kitchen at the Workmen's Circle, 45 E 33rd St (btwn Madison & Park), 8:00–10:30 p.m. Wheelchair accessible. For info, call 212-787-3903 or visit www.peoplesvoicecafe.org. Suggested donation: \$12 general/\$9 members/more if you choose, less if you can't. No one turned away.



WORKSLOT NEEDS

CONTINUED FROM PAGE 9

Attendance Recorders or Make-up Recorders

Tuesday, Wednesday, Friday or Sunday, times vary

The Coop needs detail-oriented members to help maintain attendance recorders for Coop workers. You will need to work independently, be self-motivated and reliable. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please speak to Lewanika Ford-Senghor or Cynthia Pennycooke in the Membership Office if you would like more information.

Early Morning Receiving/Stocking Committees

Monday–Friday, 5:30, 6:00, and 7:00 a.m.

Early morning Receiving/Stocking squads work with Receiving Coordinators to receive deliveries and stock the store. These squads help to unload delivery trucks, organize products in the basement, load carts, and stock shelves, bulk bins, coolers and produce on the shopping floor. You may be asked to stock perishables in the reach-in freezer or walk-in cooler. Boxes generally weigh between 2 – 20 lbs., a few may weigh up to 50 lbs. Other duties include breaking down cardboard for recycling, preparing produce for display, and general cleaning. You will have the opportunity to work closely with our produce buyers and learn a lot about the produce the Coop sells.

Mop Cleaning

Thursday, 12:00 to 2:00 p.m.

This workslot involves organizing the cleaning equipment used by the Maintenance Committee, washing (by hand) all the mop heads in the Coop, and replacing any worn-out mop heads. Speak to Mary Gerety in the Membership Office if you are interested.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 to 11:45 a.m. or 11:15 a.m. to 2:00 p.m.

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4th Avenue and Sackett Street. Workslots preparing food, helping serve meals and cleaning-up are available to Coop members who have been a member for at least six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.



Thursday, May 15 • 7:00 p.m.
at the Coop



Let the Church Say Amen

Every year at Easter, the White House engages in the annual media event known as the Easter Egg Roll, a secular interpretation of the Christian holiday, yet in one of the country's poorest neighborhoods less than a mile away, residents celebrate a more soulful commemoration of the event. In the year before Easter, this feature-length documentary follows four characters who rely on a storefront church to sustain them through the challenges in the inner city. Within the tightly prescribed boundaries of this church and its small congregation, each character calls upon their faith and community to overcome the unemployment, racism, and violence that threaten their lives and many other American families living in poverty. As the verité documentary chronicles these people working toward fulfilling their hopes for a better life, we witness how this church, like others across the country, becomes a tremendous source of strength and power for an urban community.

David Petersen has had his films exhibited at numerous international museums and festivals, including Centre Georges Pompidou, The Museum of Modern Art, The Hirshhorn Museum, The National Gallery of Art, the Museum of American History, and The Library of Congress. His films are in the permanent collections of the Museum of Modern Art, the National Gallery of Art, and the Academy of Motion Picture Arts and Sciences. His Academy Award nominated documentary *Fine Food, Fine Pastries, Open 6 to 9*, received first place prizes in numerous international film festivals and his PBS documentary *If You Lived Here You Would Be Home Now* was an Independent Spirit Award Nominee. *Let the Church Say Amen*, was an official selection of the 2004 Sundance Film Festival among many others, premiered on the PBS series "Independent Lens," and was honored as "one of the best documentaries of 2004" by the Academy Award Documentary Committee. David Petersen has received numerous artist fellowships from The MacDowell Colony, Yaddo, The Virginia Center for the Creative Arts, Blue Mountain Center, and The Ragdale Foundation. Recently, The MacDowell Colony commissioned him as a director for their Centennial film premiered in 2007 at the Museum of Modern Art. He is now assistant professor in the Media Arts Department of the New School University.

FREE
Non-members
welcome

Film Night is back after a winter hiatus! New curator Alexandra Berger will feature work from Coop members and other Brooklyn artists. For more information or to discuss screenings, please contact Alexandra at isisprods@yahoo.com.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



BOTTLED WATER WARS

TO THE EDITOR

Another letter from Don Wiss (3/27/08 *Gazette*) advocating the continued sale of bottled water, contains, as did his previous letter, factually incorrect statements and dubious distortions of intent.

Don makes reference to the recent news of pharmaceuticals discovered in public water sources, but fails to observe that they have turned up in ground waters also, which is the source of the spring water he wants the Coop to continue selling. He cites public skepticism of U.S. regulatory agencies for their pro-business bias, and points out that the revelations did not come from those agencies but from an Associated Press independent investigation. In fact, that investigation was of information gathered and published by the U.S. Geological Survey and other government agencies. The AP reported it. Don is of course correct that government agencies often protect business interests rather than citizens' interests, but that's not the case here. Agencies are not urging people to buy bottled water—just the reverse!

Don claims that only a reverse osmosis (RO) filter will remove pharmaceuticals found in surface and ground waters, but that RO systems are expensive, and not practical for renters. In fact, it is not known if RO systems, or for that matter, carbon block, activated carbon, ceramic, KDF or any other filtering technology can or can't filter out some or all of the pharmaceuticals found in waters, because they have never been tested for their ability to do so. And why RO systems should be impractical for renters is a mystery to me. They are far more cost-effective than bottled water, and can be relocated if you move. In his previous letter to the *Gazette*, he claimed that "multiple filters" (or RO systems) are required to filter chlorine, fluoride and lead, but hasn't cited studies or offered explanations as to why this is so. But it isn't so! Most good filters will remove chlorine and lead, and some, including Doulton filters that the Coop sells, remove fluoride as well.

Don says he resents others telling him what he can and cannot buy, and frames the issue as a matter of options for Coop members, badly mischaracterizing both the intent of our proposal and what its implementation would mean, were it successful. Should the Coop provide Twinkies or Ring Dings, or, for that matter, cigarettes? Shouldn't the members have those options too? In fact, the Coop and every store constantly make such decisions based on the buyer's judgment. When there has been controversy at the Coop, like there was over selling meat or alcoholic beverages, then votes were held, and Don will have his chance to vote on this too, as will the rest of us. But after all the dialogue on this issue that has been aired in the Coop, newspapers, websites and municipalities, to now reduce that debate to a matter of options for shoppers is akin to willful ignorance of the environmental, political and social concerns that have made this a national issue, and front and center at the Coop.

David Barouh

TRUCKS AND STOOLS

TO THE EDITOR:

Re: Gene Glickman's letter on trucks idling outside the Coop. Several years ago, due to the increased cases of asthma, the city council passed a law that forbade vehicles from idling more than two minutes. Although the law is rarely enacted I actually met an access-a-ride driver who had gotten fined. They drive diesel-fueled vehicles with lifts that can be operated without the motor running; however, due to the fear that the motors will not restart once shut off, the company recommends that they keep the engines running.

We used to have stools in the basement food processing section, but recently someone saw fit to remove them, and replace one with an office type stool on wheels. It's only a matter of time before someone tries to sit down and finds themselves on the floor.

These stools were much needed by workers who were pregnant or who had back issues or knee issues, etc. Let's hope the "powers that be" see fit to replace those much-needed stools.

Thank you!
Naniwea Disgonihi

RE: IDLING CARS OUTSIDE THE COOP

TO THE EDITOR

Amazing how almost everyone leaves their engine running out there. Please point out the obvious. And maybe our outside workers can ask folks to do the same.

Here's today's challenge by www.carbonrally.com, which is linked to the Sierra Club green newsletter: Stop The Idle Threat

Don't just sit there! If you drive, avoid idle time. Turn off your car whenever possible.

Eliminating 5 minutes of engine idle time per day for one month will reduce your CO2 emissions by 27 lbs.

You can see the rest of this challenge, and accept it by clicking on the link below:

www.carbonrally.com/challenges/14

Cheers,
Christina Drapkin

ELECTION DEJECTION

Candidates' gaffes
Are good for laughs
But their fervent promises
Make us doubting Thomases.

Leon Freilich

THE POLITICS OF PURCHASE—WE VOTE WITH OUR DOLLARS

DEAR GAZETTE STAFF,

I love PSFC. The staff and members do a wonderful job.

There are debates going on now about what to buy or not, especially with regard to plastic. No doubt plastic will kill us, eventually. In today's news however, Tibet is struggling to survive.

Can we begin a moratorium on Chinese-made goods to show solidarity with Tibet? The genocide there should not go without comment.

All that cheap junk at the front of the frozen aisle? The plastic package toppers that crop up now and then?

There is plenty we would not even miss. I would ask each shopper to try harder not to purchase items made in China, wherever you are shopping.

China needs to receive a strong message that the citizens of the world do not condone its current behavior.

Respectfully,
Claudia Joseph

FOOT IN MOUTH, AGAIN

SALUTATIONS

"Oh Dad, poor Dad, Momma's hung you in the closet and I'm feeling so bad [not really]." Looks like at the March 25th General Meeting I put my foot in my mouth again. I called CEO Holtz: "Dear Leader Jong-Il Holtz," then asked if he would rather be called "Senior Coordinator." Stony silence. The reason for extending the Board elections was to neutralize (forgot name) should he run again, but he didn't! Now they are faced with only 2 candidates and weeeeeeee, dear friends, can give them a run for their money. Please stay tuned, organize Support Albert Solomon houseparties and of course, invite meeeeeeee! I am an entertainer, can whistle, can sing bawdy songs to Bach melodies, and will try my best to crack you and your friends up (tastefully of course)!

I find the ignorance of the meeting attendees extremely frustrating. A *Gazette* reporter asked me to explain my program, as though she knew nothing of our 12-year Campaign! Unfortunately I refused to dignify her question with an answer—another big mistake! Principle: Never refuse an opportunity to explain yourself, even to a mob clearly organized to discredit you.

Many of the seemingly crude or hostile things I do are based on the difference between the town meeting and Representative Government. Most of those present undoubtedly don't even know there's a board of directors! Still, I didn't expect comparable ignorance from a *Gazette* reporter! Our Meeting for Workslot Credit program insures that. Are you seriously telling me that these are the kinds of voters you want?

These two delightful ladies...The ones who died, that is...Dorothy (Schwartz) Podber and Herndon Ely. The commemoration at the Catholic Worker has been postponed. An event at La Mama, Etc. is planned; I will keep you informed.

As to Pacifica/ WBAI—Now we have a new Executive Director and Station Manager—Nicole Sawaya and Tony Riddle. Tony started about 3 weeks ago. Nicole assigned election issues to a committee, but her influence can already be felt I think. On March 15th ballots were counted and then opened but not tallied. An agreement by both lawyers made this possible. We definitely made quorum! It looks like We, the Insurgents, may attain at least a 13-11, maybe even 14-10 majority.

But the lawsuit is still very much alive so that, failing a settlement, Pacifica may still have to disclose the subscriber list, and all actions of the Local and National Boards after November 19th be invalidated. That would be a sight to see!

Today as I write (March 31st) we are actually counting the ballots! And

hopefully I will soon be there with my big fat Handicam witnessing the proceedings.

Back to the Co-Op, if you understand the simple purpose of our Campaign, representative government, write the *Gazette* a letter to show you support it!

A. Solomon
Campaign for Co-Op Democracy
Scrivener to The Pacifica Foundation
PACVID1.com/page2.html
hobces@yahoo.com
718-768-9079

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

CONCERT COMMITTEE REPORT

The Good Coffeehouse Presents

Meet the Artists

By Zenobia Conkerite, for the Concert Committee

On Friday, April 18, at 8 p.m., the Very Good Coffeehouse welcomes Jean Rohe and Bev Grant and The Dissident Daughters!

Jean Rohe and most of her band members have known and performed with each other over the years, but they've only been together in this configuration since 2006.

Jean grew up in a musical household. Though neither of her parents is a professional musician, singing and playing folksongs around the house was a huge part of her childhood. "Playing music was just as important and simultaneously mundane/transcendent as eating and sleeping. I grew up with the understanding that anyone can make music, that we don't need to be born with special gifts or talents to be able to enjoy music as a pas-

time," Jean says.

By the time she was six, her family had found a folk music community in northern New Jersey, where she grew up. Soon they began to perform as a family at a concert series and later at other folk music venues in the area, even as far away as New Hampshire. It was, she now realizes, a very unusual and beautiful way to grow up. Jean later studied at the New School for Jazz and Contemporary Music.

This band has mostly played jazz or folk music venues—and you may have heard them when they performed at the Good Coffeehouse last year. The musicians have played individually played at Balkan music festivals, new music venues, political rallies, dance parties and children's shows. Jean says, "I would like to play for more multilingual audiences. I sing in three languages and write lyrics in two—multilingual audiences would keep me on my toes!—children, older folks and in more unusual settings. I also love playing outdoors, so I hope we do more of that."

What inspires Jean? She says, "I love telling stories about the things that happen in people's lives, their struggles. Recently I've been finding it difficult to write lyrics about anything other than the struggles of our times and

the burden that my generation bears. My entire official adult life so far has been marked by an endless war in the Middle East, and now we've got lots to think about as a planet concerning global warming. There are lots of people caught up in these issues and lots to sing about. This is part of why I think I'm drawn so much to participatory music that encourages people to sing, to clap or shout or dance; music that blurs the line of giving/receiving between performer and audience. There is something subtly subversive in the exchange of music this way, something empowering and anti-authoritarian."

When Jean is not performing, she works with children through the Third Street Music School and a couple of Lower East Side public schools. She says, "They constantly remind me of all the lessons I've had to learn in my life so far, things I take for granted now. They are motivated by silliness, by a profound interest in justice, by play. And they are still so amazed by their five senses. Because of them I've begun to be more thoughtful about the qualities of sound and the textures it can produce in my own writing."

On this night, Benjy Fox-Rosen on bass, Ilusha Tsina-dze on guitar, Chris Michael on cajon and other

percussion and Liam Robinson on accordion, plus perhaps some other special guests will join Jean.

Jean has been a member of the Coop for nearly four years.

Bev Grant and The Dissident Daughters have been together for about one year in their current incarnation. They began about three years ago when two members of the Brooklyn Women's Chorus, Valerie Andrewlevich and Lynn Stabile, joined Bev Grant to form the trio. Shortly after recording a seven-song demo, Valerie and Lynn decided to leave the group and were replaced by current members Angela Lockhart and Carolynn Murphy.

Angela has a background in theater and is a published poet. Carolynn is a drummer and jewelry maker. Bev is an award-winning singer/songwriter/cultural activist. She has been making music since childhood, when she performed with her two older sisters in a trio.

Bev formed the band Human Condition in the '70s, performing together with them for about 19 years. After that she performed as the Bev Grant Band while founding the Brooklyn Women's Chorus, and then, more recently, Bev Grant and The Dissident Daughters.

Their music is sassy, funky, fun and feminist. Angela, Carolynn and Bev all live in Park Slope and have been members of the Coop for several years. Bev's writing is inspired by the human condition, what people's lives are like, their struggles, their joys and pains, and their triumphs over adversity.

Bev will have numerous CDs available in addition to the seven-song Dissident Daughters demo that will be on sale at the concert.

Here's to Jean Rohe and Bev Grant and The Dissident Daughters.

8:00 p.m. Friday, April 18th, at The Good Coffeehouse, 53 Prospect Park West at 2nd St. \$10.00, doors open at 7:45 p.m. ■



Support the Farmers of El Guabo

Your organic Oké USA fair trade bananas come from El Guabo, a cooperative of 500 family farmers in coastal Ecuador.



In January & February, the co-op experienced devastating floods. One member's son was killed, roads and houses were damaged and several farmers lost all of their plantings.

The coop will use this tool to drain the flooded farms and do preventative maintenance to mitigate the impact of future floods.

Thank you for your concern, your contributions and your solidarity with the farmers of El Guabo.

To learn more please visit www.buythebobcat.org

We are asking you to join us in supporting the farmers of El Guabo by raising \$20,000 to buy a Bobcat Excavator.

www.okeusa.com



SAVE A LIFE
Give Blood

Join the Blood Drive
at the Park Slope Food Coop

- ☞ Thursday, April 24 • 3:00 – 8:00 p.m.
- ☞ Friday, April 25 • 11:00 a.m. – 6:00 p.m.
- ☞ Saturday, April 26 • 11:00 a.m. – 6:00 p.m.

In the second floor Meeting Room



FACT: Less than 3% of the population donates blood and 90% will use blood some time in their life.

• Park Slope Food Coop • 782 Union Street •
• Brooklyn, NY • 718-622-0560 •

• In cooperation with New York Methodist Hospital •
For further information about blood donation, call Stuart Rosenhaus, 780-3644



Have a story idea for
the Gazette?

Email your suggestions to
GazetteSubmissions@psfc.coop
Please write Gazette Story Ideas in the subject line.

East New York Food Coop
Help a new coop in Brooklyn • FTOP credit available

In accordance with the sixth Principle of Cooperation, we frequently offer support and consultation to other coops. For the East New York Food Coop, we have also offered help in the form of Park Slope Food Coop member workslots.

The East New York Food Coop welcomes PSFC members to assist in its first year's operations.

PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a member for at least one year and have an excellent attendance record.

To make work arrangements, please email ellen_weinstat@psfc.coop or call 718-622-0560.

East New York Food Coop

419 New Lots Avenue • between New Jersey Avenue and Vermont Street
accessible by the A, J and 3 trains • 718-676-2721

Park Slope Civic Council's Spring Civic Sweep

By Michael Rieser

What can we do to beautify our neighborhood that invites us to save the planet? The answer is the Park Slope Civic Council's Spring Civic Sweep on Saturday, April 19, from 10 a.m. to 2 p.m.

Put on some old clothes, pack up your old electronics and compact fluorescent bulbs, and meet up at the Prospect Park Y on Ninth Street between Fifth and Sixth Avenues to help clean and beautify our neighborhood.

Tools and supplies will be provided to pick up litter; scrape signs and paint graffiti off lampposts; mulch trees and plant daffodils.

- **Attend the Children's Composting Workshop** from 10 a.m. to noon with the Brooklyn Center for the Urban Environment.
- **Improve your recycling skills** with the Office of Recycling Outreach and Education, a program of the Council on the Environment of New York City.
- **Recycle your compact fluorescent light bulbs.**
- **Recycle your working and nonworking electronics** (computers, fax machines, scanners, etc.—no TVs, please) with Per Scholas. For more information on electronics recycling, contact Sharon Garcia at Per Scholas, 718-772-0659.
- **Enjoy traditional bluegrass music** with a twist,

by Vincent Cross and Good Company.

Although, by weight, computers and electronics are a relatively small part of what we dispose of on the curb, electronics contain hazardous materials such as lead, mercury, arsenic and cadmium, which are documented carcinogens. The Silicon Valley Toxics Coalition estimates that electronics contribute 70% of the toxicity to landfills.

Per Scholas, a nonprofit organization in the Bronx, has been collecting electronics from Park Slope for the past four years. Unlike many recyclers, Per Scholas reconditions as many computers as possible and makes them available to low-income families at an unbelievably low cost. Per Scholas also offers a Computer Repair Training Program in which New Yorkers from low-income communities study to become A+ certified computer repair technicians. Since 1995 more than 1,400 lives have been turned around by the training program that prepares students for real jobs in a growing industry.

The Council on the Environment of New York City (CENYC) is a hands-on nonprofit that has been improving New York City's environment for over 30



years. CENYC's dedicated staff green our neighborhoods, create the environmental leaders of the future, promote waste prevention and recycling, and run the largest farmers' market program in the country. For more info visit www.cenyc.org.

Increasing NYC's diversion rate is a major step in the fight against global warming. Waste prevention and recycling reduce methane emissions from landfills, especially important since methane is a greenhouse gas 21 times more potent than carbon dioxide.

The Park Slope Civic Council's 2008 Civic Sweep offers a real-life experience of local people having a global impact. It's like reality TV, except that this is real! Bring the kids, listen to the music, have some fun. ■

Green for Health

By Claire Dishman

These days, concern for the environment is trending upward, with all sorts of new awareness taking hold. Concerns about air quality, water quality and fossil fuel consumption are just some of the things we read about on a regular basis. Not long ago these concepts were on the fringe of society, but now they are part of the mainstream dialogue. The association with the green movement has consumed everything from food to fashion. The word "green" is now a prefix on everything from rental cars to cosmetics. Everything we purchase can be filtered through its effect on the planet, and we are increasingly aware of the impact all our choices have with regard to both the short term and for future generations.

Yet despite the clamor to join this green machine and be on board not only with a consumer trend but also a global movement, there is one huge sector where the impact is slow to be felt. For years we have witnessed the rise of healthy lifestyles through health and diet trends and the popularity of yoga and meditation. At the same time we live in a country where obesity is an epidemic. Healthcare costs are soaring past heights that anyone could have ever imagined. Yet not only do we tend not to take care of ourselves, we can barely afford the business of getting cared for.

The medical industry exists more as a profit-based business than it does as an actual service to the sick and the needy. The creation of new medi-

cines and vaccines comes more from a profit point of view than an actual need. Yet even those with a "green" point of view, those who pride themselves on everything from their prana to their Prius, seem to buckle under the firm glare of their general practitioner urging them to have the latest flu vaccine.

The latest news to ripple across the pages of our morning newspaper revealed that most of the water we now ingest contains trace amounts of multiple pharmaceutical drugs. Drugs that most people probably assumed were absorbed by their body when taking them are actually making their way through the waste system and into the water we drink, whether it is bottled or tap. These drugs also enter the water supply when people flush unused medications down the toilet or simply throw them in the trash. Antibiotics, antidepressants, steroids, hormones, blood pressure medication, and codeine-based painkillers were among those at the top of this alarming list. It is assumed that 80% of the waterways in the U.S. contain these drugs.

What is needed is a greener approach to healthcare. There are so many alternatives to everyday items in the medicine cabinet at home, from antibiotic creams to solutions for bruises, scrapes and burns. Almost anything you can think of has an alternative because these solutions from nature existed long before we had institutionalized medicine. Common urinary tract infections, upper respiratory tract infections, fevers and other complaints all have reasonable remedies available from the natural side of the pharmacy.

Herbal medicine offers some solid, time-honored resolutions for illnesses. At the same time, when certain herbal preparations become popular, they can serve to deplete natural resources. The rise of ginkgo biloba for brain stimulation and cordyceps mushroom for energy are examples of piqued interest creating a strain on those natural resources. Homeopathy is an excellent example of green medicine because of the high dilutions used. One plant, mineral or animal substance can sometimes heal for generations. The need for the actual physical substance is very limited. Acupuncture is a very powerful alternative and also deeply healing.

It takes a bit of reorienting oneself in the world the way we have all done in response to the environment. It takes looking at our habits and finding better and greener solutions to the way we do things. It takes educating oneself and finding products that have a much gentler impact—not only on our bodies, but on our landscapes as well.

Many Coop members cite the ideals of this community first and foremost as their reason for joining the Coop. Not far behind is the great savings that the Coop passes on to its participants. Green medicine can offer these same exact ideals if one is willing to make a shift. ■

Puzzle Answers

F	U	J	I		O	G	L	E		C	A	M	E	O
U	S	E	S		D	U	A	L		A	L	A	R	M
N	U	L	L		D	I	C	K		R	I	D	G	E
D	A	L	E	S		N	E	S	T		A	E	O	N
S	L	Y		W	O	E	S		E	D	S			
			G	A	L	A		L	E	I		W	E	T
G	Y	R	A	T	E		C	U	S	S		A	C	E
H	O	E	D			R	A	G			L	I	R	A
A	G	E		G	L	I	B		E	Y	E	F	U	L
T	A	D		N	A	B		H	E	A	D			
			B	U	B		W	A	L	K		N	O	S
N	A	I	L		S	K	I	M		S	C	A	M	P
E	U	R	O	S		I	D	L	E		A	V	E	R
T	R	O	O	P		L	O	I	N		M	E	G	A
S	A	N	D	Y		O	W	N	S		P	L	A	T

Member Contributions



Support a New Coop!

Do you live or work in the Bronx?
Would you prefer to do your workslot on Saturdays?

Then inquire about supporting the South Bronx Food Cooperative!

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help.

To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To make work arrangements, please email ellen_weinstat@psfc.coop or call

718-622-0560

South Bronx Food Coop
646-226-0758 • info@sbxfc.org

The South Bronx Food Coop is seeking an experienced graphic/web designer to update their website ASAP for PSFC workslot credit!

- Must know how to:**
- set up online purchasing system
 - create edit-able calendar
 - incorporate audio & video links
 - link websites

Preference for designers who can link database/inventory systems to web sales.
Most important—must have cool sense of design!

Saturday, April 12
3:00 p.m.
FREE
Non members Welcome

THE WALDORF ART OF GRADE SCHOOLING

The growing importance of test scores in the grades as a measure for determining academic success has compelled schools to begin academic instruction at an earlier age. But does this produce better learners?

Waldorf Schools promote a holistic, multi-sensory approach to learning, employing a developmentally age-appropriate curriculum, that cultivates and nurtures youthful vitality.

Come learn more about Waldorf Education for the grades, with a panel discussion moderated by Erin Fitzgerald, a founding parent of the Brooklyn Waldorf School, currently the president of the Parent Association and Coop member.



Panelists include:
• **Patty Smith**, director of the Center for School Design at the National Academy Foundation. Most recently worked as the assistant director of Secondary Schools at the Education Alliance at Brown University and has been a kindergarten teacher for 12 years.
• **Chenta Laury**, a Waldorf alum, who received a Masters in Education at Harvard, taught in a Brooklyn public charter school and currently teaches "Handwork" at the Brooklyn Waldorf School.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, April 13
12:00 p.m.
FREE
Non members Welcome

Healthy Eating on the Go

Are you always on the go — taking plane trips, long car rides, attending meetings and eating at other people's homes or at restaurants? How are you going to eat healthy, when your options are limited?

Staying healthy and eating on the road can be challenging. Join me to learn some concrete ways to eat healthy when you are away from home.

Learn how to:

- Navigate the menus at restaurants
- Survive airplane travels and layovers
- Be prepared when taking long car trips
- Eat healthy at meetings and weddings



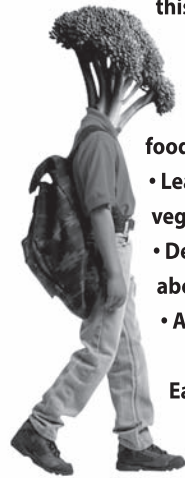
Christine Boutross is a certified holistic health counselor, a personal trainer and a COOP member. As a holistic health counselor she works with clients in addressing their health concerns, including weight loss, more energy, cravings, and nutritional concerns.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Friday, April 18
7:00 p.m. at the Coop
FREE
Non members Welcome

Veg Teens!

Are you a vegetarian or vegan teen or the parent of one? Come learn more about vegetarian and vegan teen wellness in this informative and fun workshop.



- We will:**
- Try out some great, easy-to-make vegan foods and recipes
 - Learn more about what it is to be a vegan/vegetarian or just a food-conscious teen
 - Debunk many health myths and mysteries about being a veg teen
 - And much more!

Each participant will receive a free gift.

Manuela Adsuar-Pizzi is a holistic health counselor and philosophy teacher in Park Slope. She works with teens all over the city in developing mindful living habits and overall wellness through workshops and group programs in cooking, nutrition, philosophy, and spirituality.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, April 19
3:00 p.m.
FREE
Non members Welcome

Nutrition Response Testing

Are you taking vitamins and other supplements but not sure if or how they're helping you?

Wish you had a crystal ball that would tell you exactly how to feed your body for optimum nutrition?

This seminar will introduce you to a cutting-edge protocol that is non-invasive, affordable, and effective. Without expensive lab testing or hundreds of dollars of supplements, learn how nutrition response testing can be your drug-free alternative for all your healthcare concerns.



Diane Paxton, MS, LAC, is the owner and principal of Inner Fire Integrative Health Services, with offices in Manhattan and Park Slope. She is also a long-time Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, April 20
12:00 p.m.
FREE
Non members Welcome

The Busy New Yorker's Master Plan for Effectively Managing Stress



Feeling totally stressed out? Find yourself turning to food, alcohol, or TV to handle stress? Have a hard time falling asleep (or staying asleep) because of stress? Wish you could get a handle on your to-do list, instead of feeling overwhelmed?

Here you'll learn:

- ★ 3 major myths about stress management
- ★ 4 stress-reducing exercises you can do anywhere
- ★ Stress-increasing and stress-reducing foods
- ★ Stress-reducing purchases (for less than \$15) that you should always have on hand
- ★ 15+ ideas for reducing stress at work, on your commute, and at home

Stacey Antoine Savariau, JD, CHHC, AADP, is a Certified Holistic Health Counselor and runs a private practice at OneWorldWellness.com. Stacey works with busy people to restore balance in their lives through wonderful self care, healthy eating, and authentic living. Stacey is a member of the Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Tuesday, April 22
7:00 p.m. at the Coop
FREE
Non members Welcome

Street Tree Gardening for MillionTreesNYC

Presented by GreenBridge, the Community Environmental Horticulture Program at Brooklyn Botanic Garden



Give a hand to the silent street tree! Street trees do so much to improve our environment, but they receive almost no care. In this workshop, learn the benefits of street trees and how to improve the health of a street tree by caring for its "bed." You'll also learn about the Greenest Block in Brooklyn Contest as well as the Mayor's new MillionTreesNYC campaign and what you can do to ensure the survival of these newly planted trees!

Sponsored by the Environmental Committee. If you have any questions or comments, e-mail us at ecokvetch@yahoo.com. Please let us know if you'd like to be on our Friends of the Committee list and get very infrequent (really!) updates about new green products the Coop is carrying and issues the committee is working on. And check out our blog at <http://ecokvetch.blogspot.com>.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, April 27
12:00 p.m.
FREE
Non members Welcome

Healing at Home with Homeopathy

Homeopathy is a holistic approach to health and well-being. Remedies are chosen based on the totality of symptoms, with an emphasis on what is unique about the individual case. We'll discuss how to prescribe homeopathic remedies at home for common ailments such as fevers, colds, flu, allergies, and coughs. We'll cover several remedy pictures and learn how to take an acute case, developing an eye for characteristic symptoms in order to find the most specific remedy for the complaint. Homeopathic remedies are natural, nontoxic, and non-invasive, and many are available right here at the Coop.



Coop member **Erika Simonian** is a classical homeopath with a private practice in Manhattan. She is a graduate of the School of Homeopathy, N.Y., and her postgraduate study includes clinic work in India with Rajan Sankaran's Bombay School. For more information, visit her website at ny-homeopathy.com.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, May 3
2:00 p.m. at the Coop
FREE
Non members Welcome

JOY!

What is it? Where is it? How can I get it? Live younger, longer!



Come and learn specialized eastern secrets to discovering what it is that may be blocking you from your own power, strength and joy. You will be introduced to Emotional Freedom Techniques (EFT), which show you how to reduce or eliminate your emotional blockages and past traumas. Also eliminates or reduces anger, phobias, fears and trauma memories. Non-religious and non-intrusive.

Carolyn Meiselbach is a long-time member of the PSFC. She has an advanced certification in both hypnosis and EFT, with a private practice in Carroll Gardens. Carolyn is also a teacher and trainer of EFT holding approved classes for professionals to add to their present holistic modality.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, May 4
12:00 p.m.
FREE
Non members Welcome

Yes, You Can Improve Your Accent!

with Sharon Montoya

This workshop is especially valuable for foreign-born: doctors, nurses, lawyers, teachers, social workers, nannies, etc.

Participate in a speech screening, receive a "mini-profile" of some of your speech difficulties, and do exercises that help you discriminate between sounds that give you trouble. Learn how voice projection, complete word production, and other techniques start you on the path to improved speech, greater intelligibility, and self-confidence that will enable you to fulfill professional and personal goals. This lively, warm atmosphere makes learning fun.



Sharon Montoya, a speech and language coach/consultant, has worked as an instructor, teacher-trainer for the US Peace Corps, and textbook writer/editor. A Coop member since 1984, she teaches Pronunciation and Writing at LIU. She also teaches NY State professionals and nurses at LICHON.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - Beautiful parlor floor thru on 3rd below 6th Ave. Charming, comfortable apt. private bath, double living room, kitchen, deck, sleeps 4-5 call 718-788-7171 or visit us on the web at www.houseon3st.com

EMPLOYMENT

LICENSED MENTAL HEALTH PROFESSIONALS, full and part-time, wanted for positions in various Brooklyn locations. The Institute for Community Living is a major provider in New York City. Contact Maggie Fernandez, 212-385-3030 ext. 3117 or mfernandez@iclinc.net.

MERCHANDISE

UPHOLSTERED BARREL CHAIRS (2): Swivel and rocking, 25 inches high, 28 side-to-side, 30 deep. Tan with muted pattern of small brown and blue squares. Very comfortable. \$100 each or best offer. Call 718-965-2184.



MERCHANDISE-NON-COMMERCIAL

FABULOUS FABRICS for sale. French, African, creative prints & textures, cotton, rayon, wool. Craft projects like quilting, women's & children's clothing & toys. Call Jessie 718-788-0539.

LIKE NEW. Queen-size mattress and box-spring, Sealey Posturepedic. Hygienic, immaculate, comfortable, perfect. Also Queen-size linens and headboard. All for free. Call Carol 718-965-3383.



PETS

BEAUTIFUL MOTHER/DAUGHTER Tuxedo cats urgently need home due to owner's illness. Playful, healthy, loving cats prefer to stay together but can be separated. Call 347-244-4510.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

COMPUTER HELP-CALL NY GEEK GIRLS. Setup & file transfer; hardware & software issues; data recovery; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. Onsite or pickup/drop off. Refer-

ences, reasonable rates. Longtime Coop member. 347-351-3031 or info@nygeekgirls.com

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

NEED AN ELECTRICIAN, call Art Cabrera at 718-965-0327. Celebrating 35 yrs. in the electrical industry, skilled in all aspects of field from single outlets to whole buildings. Trouble shooting specialist. No job turned away. Original Coop member, born in Brooklyn. Brownstone specialist, low voltage & 220 wiring.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Also color perms, hot oil treatments. Adults \$30.00, Kids \$15.00. Call Leonora 718-857-2215.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 18-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

SERVICE-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

ACUPUNCTURE in Park Slope. Rejuvenate your body in a relaxing and supportive atmosphere. Treatments include: pain relief, women's health & fertility, hypertension, digestive, respiratory, smoking cessation, weight loss and fatigue. Ann E. Reibel-Coyne, L.Ac., National board-certified. 911 Union St. 212-629-2007.



VACATIONS

BERKSHIRE LAKE HOME. 4 bedrooms, dock and deck on beautiful clean lake. Canoe, kayak, rowboat. Large screened-in porch. Well-equipped kitchen. Near Jacobs Ladder and other cultural attractions. \$1100/wk. Call Marc 917-848-3469.

FIRE-ISLAND-SEAVIEW, full season May 19 - Sept. 5. Bayfront house magnificent view sunrise/set. 5 BR and upstairs porch, LR, DR, large kitchen/pantry. All appliances, dw, w/d, backyard BBQ, satellite TV, DSL. 32,000 or less. Info/pics www.12bayview.info or 718-429-3437 or 718-426-8555. Jerry or Don.

SEEKING NEW VACATION SPOT. Clean responsible extended family (7 adults 2 sm. children) seek Vineyard alternative for 1-2 wk. rental. Need low-Lyme tick, low pesticide environment due to health issues. Access to organic food, water for swimming, and rainy day bookstore big plusses. Call Jennie at 347-730-6713.

COTTAGES FOR RENT in charming Catskill summer community. Beautiful wooded grounds. Olympic-size pool, tennis courts, basketball, baseball, lake for swimming, boating, fishing. Wonderful families with lots of kids. Wonderful family vacation. Very reasonably priced. Contact Agnes, 212-362-3919, faireye@aol.com.

COMMON GROUND CENTER in beautiful Vermont. Fantastic family camps on 700 acres with a great cooperative community, delicious vegetarian food and fabulous programming. Relax and have fun with your family this summer. Site rentals for reunions, camps, retreats. Visit us at www.cgcvt.org. 1-800-430-2667.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

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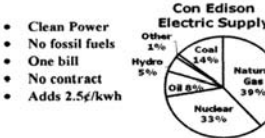
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— New York Times 05/06

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HOOVERVILLE

The quasi-legendary Lower East side squatter band
with special guest guitarist **SCOTT M.X. TURNER** and
the amazing vocalist **DAKOTA RUSSELL**

8:00 p.m., Friday, April 25, 2008

Rocky Sullivan's pub at

34 Van Dyke Street, Red Hook, Brooklyn

(F train to Smith & 9th; B77 bus to Dwight Street)

Art Cabrera y Las Familias Productions invite you to a
DIALOGUE & RUCKUS with SOL YURICK
The Food Coop's own Bard and Scholar will give a
"little talk" about his 1965 novel

The Warrior

(which became a movie, then a video game and predicted
the Iraq misadventure)

8:00 p.m., Friday, April 25, 2008

Rocky Sullivan's pub at

34 Van Dyke St., Red Hook, Brooklyn

(F train to Smith & 9th; B77 bus to Dwight St.)

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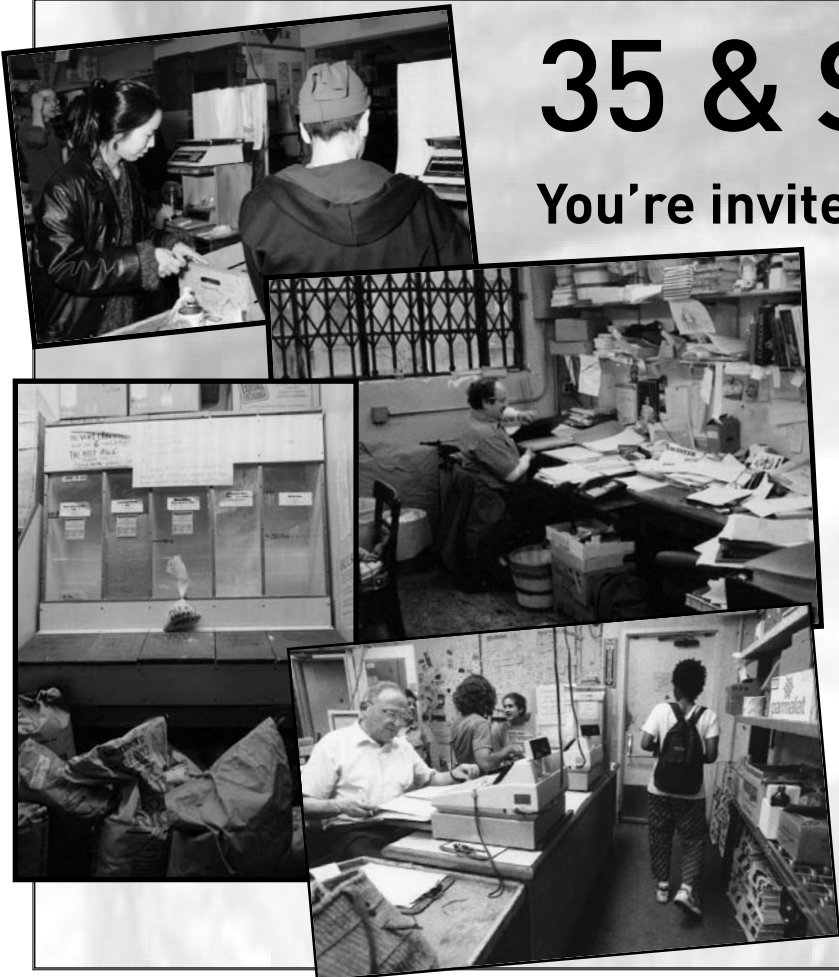


35 & Still Going Strong...

You're invited to the Coop's
35th birthday party
at Garfield Temple Ballroom
corner of 8th Avenue and Garfield Place, Park Slope

Saturday, May 3 • 7 to 11 p.m.

Free Admission
Jenny Hill and the Liquid Horn Band
DJ Paul Palmer
Door Prizes
Food and Drinks for Sale
Childcare
Face Painting and Clowns



Friday, May 9
7:00 p.m.

FREE
Non members Welcome

The Women Writers' Workshop presents

A Moment to Yourself Through Writing

Join Bisi Ideraabdullah, founder and director of the Women Writers' Workshop, which offers a creative writing experience for all genre, all levels of writers. The workshop's aim is to motivate, enhance self confidence, and offer collective support in crafting and shaping the next cadre of women writers.

Space is limited to 10 women. Bring your notebook, a favorite pen, and creativity, and join us for an amazing experience. Advance reservations requested. Call Traci, 718-638-2059.

Mrs. Bisi Ideraabdullah is a certified affiliate of (AWA), and the founder and executive director of Imani House, a nonprofit organization based in Park Slope, Brooklyn, and Liberia West Africa. She is currently working on a memoir of her experiences in Liberia during its civil war.


Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, May 10
10:00 a.m.

FREE
Non members Welcome

How I Built a Park Slope Green Roof Garden

You can build your own green roof for active gardening or simple, drought-tolerant vegetation to slow rainwater runoff and moderate summer heat. Annotated slide presentation with before-and-after photos, how-to discussion on modular planting trays, growing medium, irrigation, plant choices, and other pointers.



Jeff Heehs is a Park Slope resident, Food Coop member, rooftop and community gardener, and regular volunteer at Red Hook Community Farm. Active for the Coop and Red Hook Farm with composting work, Jeff is ever humbled by the miracles of plant life.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, May 10
At the Coop

FREE
Non members Welcome


The Triple Bottom Line Film Series

People, Planet, Prosperity through Cooperation

Double Feature

The presenter recently made a trip across Europe visiting many international nonprofit groups, and will make a brief presentation about the trip and the visits.

4-6 p.m.
SIR! NO SIR!
NPR just reported on Iraqi veterans' "Winter Soldier" revelations of violence. Similarly, while the Vietnam War protests have come up in events like John Kerry's campaign, little has been heard about an incredible early movement of noncooperation and protest by soldiers themselves. Largely censored and unpublicized, the courageous resistance of GIs is recounted vividly in this electrifying documentary. Underlying modern violence lies economics, and a brief discussion of Herman Daly's book For the Common Good will precede it.



7-9 p.m.
THE TAKE
Corporations and industrialists have long subordinated employees unfairly, but alternatives to communism have not been widely advocated. Recent crises with international financing and corruption have allowed employees to try to keep their factories working, and end up as entrepreneurs and activists like Food Coops and United Airlines almost has. Avi Lewis and Naomi Klein take us into the surprises involved with a new quality of democracy. A brief talk on William Greider's The Soul of Capitalism will provide additional perspective.

Bring potluck, munchies, friends, or just lil' ole' you.
Talk and activism to follow.

Mark Rego-Monteiro has been a Coop member for years, has a background in social and financial services, and is currently working on a degree in Sustainable Development. He is the founder of WakeUPDemocracy.org.

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Saturday, May 10
1:00 p.m.

FREE
Non members Welcome

REVOLUTIONIZING AMERICAN HEALTHCARE

COMMUNITY ACUPUNCTURE AND YOU — PART II

JOIN US AGAIN (OR FOR THE FIRST TIME)

Coop members Robbie Butler and Sarah Chase of the Brooklyn Acupuncture Project host the second in a series of discussions on sustainable healthcare.



Topics include:

- Community Acupuncture: the concept, the vision, the revolution.
- Social Entrepreneurialism: conscious ways of creating affluence.
- Health and Wealth: how and why they are not exclusive.

COME LEARN ABOUT INNOVATIVE WAYS OF MAKING ALTERNATIVE HEALTHCARE ACCESSIBLE TO ALL!

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Meet Your Mind

WITH ALLAN NOVICK

The fundamental nature of mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

Allan Novick, has practiced meditation in the Shambhala Buddhist tradition since 1975 and is a certified meditation instructor in that tradition. He lives in Park Slope, has been a Coop member for 14 years, and works as a psychologist for the NYC Dep. of Education

FREE
Non-members welcome

Friday, May 16
7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

We need your participation!

The Park Slope Food Coop and the Payments Research division of the Federal Reserve Bank of Boston will be conducting a survey jointly to learn more about member preferences for payment methods and the effects on the shopping experience.

Coming in May!

