

Established
1973



LINEWATERS' GAZETTE



Volume CC, Number 11

May 22, 2008

GENERAL MEETING REPORT

COOP MEMBERS VOTE TO BAN BOTTLED WATER

By Ramona Tirado

Park Slope Food Coop members voted to discontinue the sale of bottled water at the April 28, 2008 General Meeting. Before the meeting began members were buzzing about this hot button issue. As attendees filed into the Garfield Temple ballroom and selected seats, they voiced their hopes and concerns about the outcome of the pending vote. The proposal to permanently discontinue the sale of bottled water at the Coop was brought to members for discussion at the November 2007 GM. The presentations and rigorous Q & A at that meeting launched passionate discussion from both sides of the issue in the *Gazette* as well as in the Coop's aisles.

Susan Metz, a Coop member of 27 years, opened the discussion by reading a statement in support of the ban on the sale of bottled

water. "Water sustains all life," she read. "Water is a human right. Water is the commons, which we are responsible for managing collectively for the benefit of all living things and for the benefit of generations to come."

When she presented this topic to members at the November GM, Metz told the story of how the question of whether the Coop should sell bottled water first came to her when a member asked for bottled water for the children and workers in the childcare room. As a result of this request, Metz decided to propose a water filtration system for that space, which she felt was a more financially and environmentally practical solution. The filter was approved and installed and has since worked to everyone's satisfaction.

"The motion before you," Metz concluded her statement, "is to discontinue selling bot-

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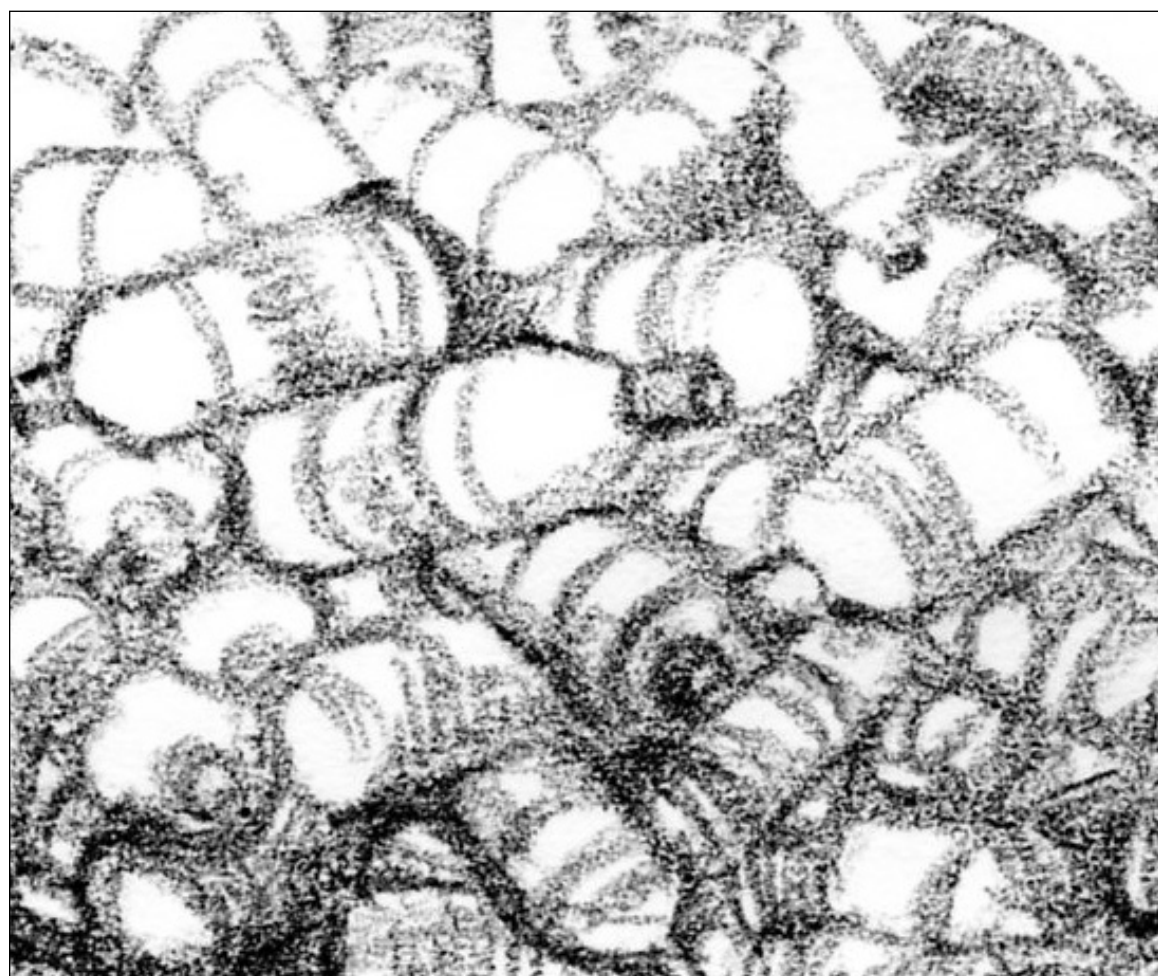


ILLUSTRATION BY CATHY WASSYLENKO

The Trouble With Plastic Bags

By Gayle Forman

Here's a compelling statistic: If every person in New York City stopped using disposable plastic shopping bags we would save 2.5 billion bags a year, according to Jessica Jensen of the California-based environmental organization Low Impact Living. Never mind the aesthetic improvements that such a change might bring—just think, no more torn-up bags tangled in tree branches—the environmental impact of such a change would be huge. "Many people don't realize that plastic is made from petroleum and the process of making those bags not only uses oil but is unhealthy," Jensen says. Moreover, the bags require energy to transport and end up in landfill.

Issues like these are prompting an ever-growing group of countries and municipalities in the United States to undo the blight of the bag. In 2002, Ireland instituted a tax on each plastic bag (it's currently about 33 cents), and within weeks, bag consumption dropped by 94 percent. That same year Bangladesh banned plastic bags, in part because the sacks wind up in storm drains and contribute to flooding. In Australia, 90 percent of retailers have signed up with a government program to reduce plastic bags. Bhutan

has banned the bags because of the belief that they make the country less happy. In South Africa, where the bags are sarcastically referred to as the "national flower," the government has imposed a minimum thickness, to increase cost and encourage re-use. Cities from San Francisco to Paris to Mumbai to London are also banning plastic bags. On June 1 China will enact legislation prohibiting retailers from giving away free bags.

And what about New York-

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Next General Meeting on May 27

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. * The next General Meeting will be Tuesday, May 27, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this Gazette and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

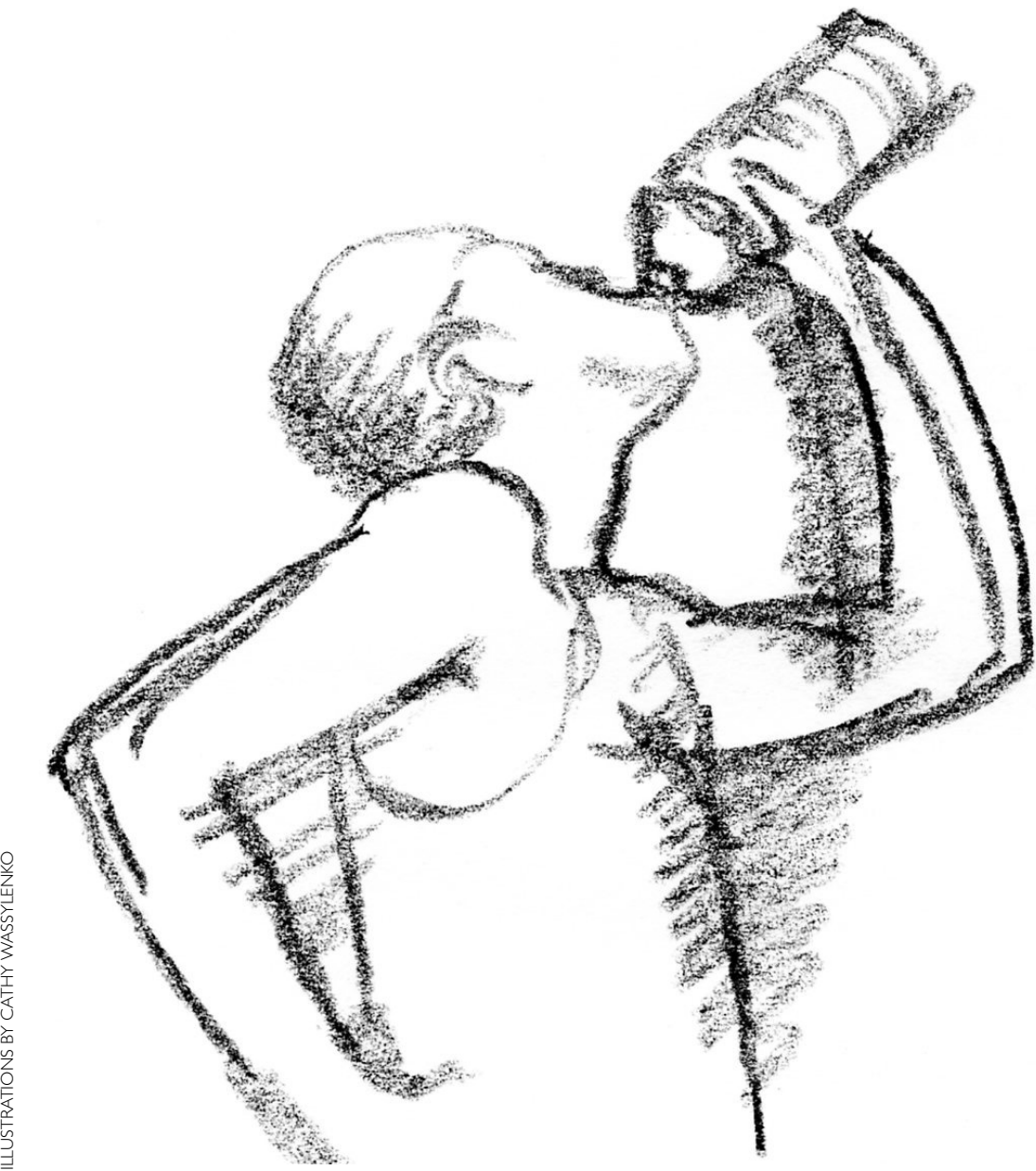
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Coop Event Highlights

- Thu, Jun 5** • **Food Class: Doggy Diets** 7:30 p.m.
- Fri, Jun 6** • **Film Night: *Personal Velocity*** 7:30 p.m.
- Fri, Jun 20** • **The Good Coffeehouse: Female Voices of the African Diaspora** 8:00 p.m.

Look for additional information about these and other events in this issue.



ILLUSTRATIONS BY CATHY WASSYLENKO

BOTTLED WATER BAN

CONTINUED FROM PAGE 1

bled water, and that includes water of pretty colors and with zesty flavors because dressed up or plain, the sham is the same and the same tragedy results if only those lucky enough to be affluent

can drink.” (For more on the debate over bottled water see the article entitled “Coop Author Tracks Evils of Bottled Water” in this issue.) For many supporters of the ban it is a simple decision in the interest of sustainability. Lew Friedman, a Coop member since the 1970s, followed Metz’s presentation with information regarding the impact of the bottled water

industry on the environment. “It takes about four liters of water to produce one bottle of water,” he said.

The proposal to ban bottled water launched passionate discussion from both sides of the debate.

Concerned members raised questions about what precisely fell under the umbrella of ‘water.’ Metz responded, “The resolution is water and that’s the intention. Not seltzer (carbonated

water), not soda, not juices.” The elimination will, however, include distilled water. As before, recommendations were made to use water filters and reusable metal bottles in lieu of purchasing bottles of water. While water filters are available for sale at the Coop, superior brands are expensive and considered to be cost prohibitive to many members. After some discussion and a few suggestions for ways the Coop might address the environmental issue and continue to provide desirous members with clean drinking water, the formal motion was stated for a vote, “The motion is that the Park Slope Food Coop discontinue the sale of bottled water.” Members in attendance then voted by an overwhelming majority to ban the sale of bottled water at the Coop.

Shop ‘n’ Cycle Committee Proposal

Another issue, previously presented at the November 2007 GM and tabled for further research was reintroduced to Coop members for a vote. A small group addressed members with a request to form a new Shop ‘n’ Cycle committee, which would serve as a workslot and meet every four weeks for the standard two and three quarter hours. The formal Committee Mission Statement reads, “To promote bicycling as a viable alternative to unsustainable modes of transportation and as a convenient way to shop.”

With the hope of encouraging more members to become bicycling shoppers, the committee will work to secure safe and reliable bike parking for Coop members, as well as be a hub of bike-related information. The pos-

sibility of establishing a valet bike parking service at the Coop was of particular interest to the presenting group when they first brought to topic to the GM last fall. Amid tales of repeated bike thefts and vandalism, the members voted on the formation of the new committee to research the possibility of adding a biking workslot. The motion was to establish a temporary (three months) committee comprised of 5–8 members, in order to research bicycling as a viable alternative. After a show-of-hands, the proposal passed by majority vote.

Other Items

Members were also asked to vote on the institution of a non-matched 401K plan for Coop employees. This means that, although the Coop will pay the administrative costs associated with this fund, all contributions will be made by participating employees. By show of hands the proposal passed by overwhelming majority.

The Shop ‘n’ Cycle Committee promotes bicycling as an alternative to unsustainable modes of transportation.

Earlier in the meeting General Coordinator Allen Zimmerman explained why members may have noticed a small collection box uncere- moniously placed on the organic banana display. Money is being raised to benefit the growers of one of the brands of fair trade bananas the Coop stocks. Devastating storms have not only claimed the growers’ livelihoods, said Zimmerman, but several lives as well. In an attempt to recover from this tragedy, growers are trying to purchase an excavator that costs approximately \$20,000. “In less than three weeks,” Zimmerman announced, “Coop members have chipped in \$400.” ■

PARK SLOPE FOOD COOP

Product Return Policy

The Coop does not “exchange” items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

Produce (fresh fruits & vegetables)	May not be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.
	The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.
Books	May not be returned.
Juicers	May not be returned.
Bulk items & bulk items packaged by the Coop	May not be returned. Members may contact the bulk buyer to discuss any other claims for credit.
Refrigerated items	May not be returned unless spoiled.
Frozen items	
All Other Products (not covered above)	A. Other products may be returned if they are spoiled or defective and the category is not specified above
	B. Other products may be returned if they are unopened, undamaged and therefore can be sold again.
	C. Other products may not be returned if they are opened or unsellable, and were purchased by mistake or not needed.

The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop.

The goal is to work toward preventing and eliminating discrimination in the Coop and to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

Voicemail

(888) 204-0098

E-mail

psfcdiversity-cpr@hotmail.com

Contact Form or Letter:

DEC Contact forms are available in the literature rack in the ground floor elevator lobby. Place a completed form or other letter/note (anonymously if desired) in a sealed envelope labeled “Attn: Diversity and Equality Committee” and use one of the three methods listed below to get it to the committee.

Mail

Park Slope Food Coop
Attention: Diversity & Equality Committee
782 Union Street
Brooklyn, New York 11215

Mail Drop Box

Which is located in the entryway vestibule on the ground floor under the flier caddy.

Membership Office Mailbox

The DEC has a mailbox in the Membership Office on the second floor of the Coop.

Read the Gazette while you’re standing on line OR online at www.foodcoop.com

Coop Author Tracks Evils of Bottled Water

By Hayley Gorenberg

Are Americans bottling our way out of drinkable tap water?

Author and eight-year Coop member Elizabeth Royte poses that disturbing possibility in her newest book, *Bottlemania, How Water Went on Sale and Why We Bought It*, due for release June 1. The book's deep investigative reporting is leavened with a wry sense of humor.

The question of what we're really drinking, whether we choose tap or buy bottles, gets addressed throughout the book. Royte details protocols and results for municipal water testing (considered public information) as well as testing and inspection routines for bottlers (often far more opaque).

Royte considers the recent wave of publicity about pharmaceuticals in drinking water to be old news. "The U.S. Geological Society has been coming out with this stuff for many years," she said. In her estimation, the big news angle was that utilities had been asked for information and if "they had it, they wouldn't release it—some

had gone ahead and looked, and then they wouldn't reveal what they had found."

Royte believes in pressuring for government study to find out exactly what's in water and what it's doing to humans. Furthermore, human consumption and excretion of drugs may be just a piece of the puzzle, Royte said, pointing out that animal feed accounts for 90 percent of U.S. antibiotic use.

What's in the Water?

Mother of a young daughter, Royte, who works at home in Park Slope, wondered what was in her pipes. She called 311 for a free lead testing kit, which came right away. She discovered that there was no lead in her water, but remained concerned about disinfection byproducts. A lab test revealed only elevated manganese, "but a manganese expert said it was not dangerous, and below the level in bottled water."

Result? Royte drinks tap filtered with a Brita carbon filter to remove chlorine. Many of the water experts Royte interviewed for her book do

the same. And as *Bottlemania* reports, 44 percent of the bottled water Americans purchase comes from filtered municipal sources, including Coke's Dasani and Pepsi's Aquafina.

Water's Long History

Royte's book often takes an historical turn. Early framework in *Bottlemania* includes nuggets on the regulation of ground water. Royte points out that surface water (oceans, ponds, rivers, etc.) are "held in common as part of the public trust," but that ground water falls under a hodgepodge of different state rules. The weakest, in Texas and Maine (the source of Nestle's Poland Spring), is a rule of absolute dominion nicknamed "law of the biggest pump." Royte points out that when the laws were drafted, the relationship between surface water and ground water was poorly understood. Large chunks of the book are dedicated to the consequences.

In her book Bottlemania, Elizabeth Royte's deep investigative reporting is leavened with a wry sense of humor.

The history of portable containers for waters also gets its due, during which

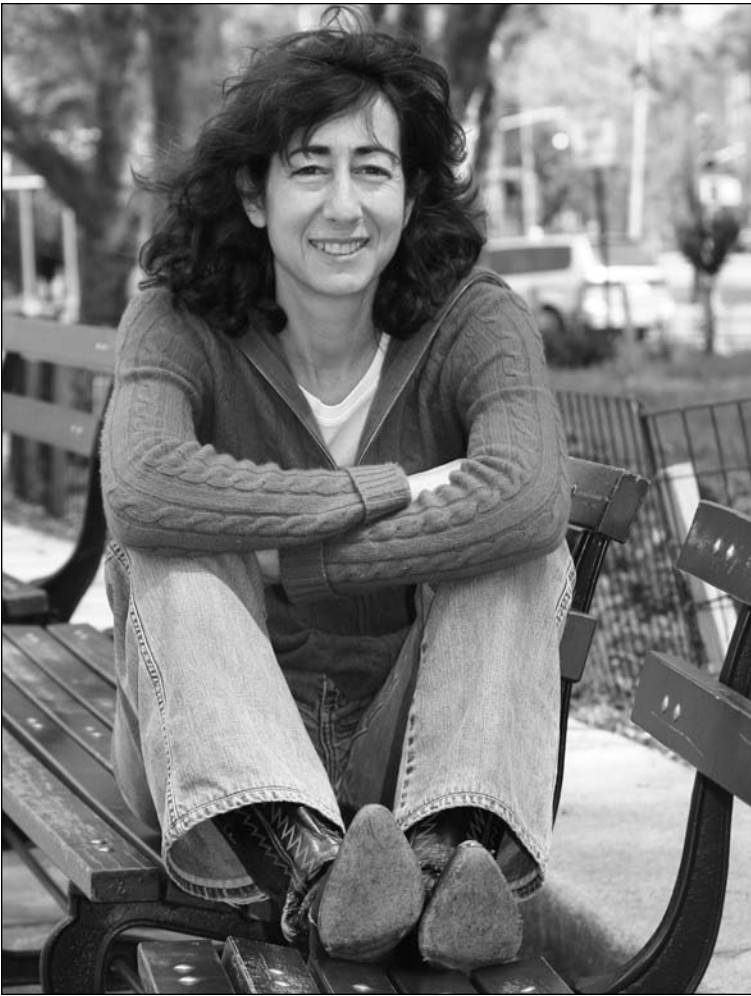


PHOTO BY ROD MORRISON

Coop member Elizabeth Royte's book *Bottlemania* is due out in June.

Royte points out that our ancestors "probably weren't as obsessed with portable hydration as we are today." She talks about the invention of pottery in 6000 BCE, likely following the use of gourds, shells and woven vessels. Vikings incorporated baleen in their buckets and other historic peoples created leather water bags or toted water in the stomachs and bladders of animals.

More recent lore includes the bottlers' admonition that a healthy human should consume eight eight-ounce glass-

es of water daily. Royte reveals that there is no medical or scientific basis for the dictate. She reports that a retired kidney specialist searching for the source of the "rule" uncovered an agency recommendation that adults drink approximately 1 milliliter of water for each calorie of food. But the next sentence (conveniently unreported by bottlers) says that most of this quantity is contained in prepared foods. Given the lack of any scientific or medical basis,

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PSFC MAY 2008 GENERAL MEETING Tuesday, May 27, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Pl. at 8th Ave.

AGENDA:

Item #1: Hiring a General Coordinator (30 minutes)

Proposal: The Personnel Committee is proposing the hiring of a General Coordinator —submitted by the Personnel Committee

Item #2: Fair Trade Product Suggestion (20 minutes)

Discussion: Can we carry products from the Palestinian Free Trade Association? —submitted by Laura Polstein

Item #3: Eliminate Plastic Shopping Bags (40 minutes)

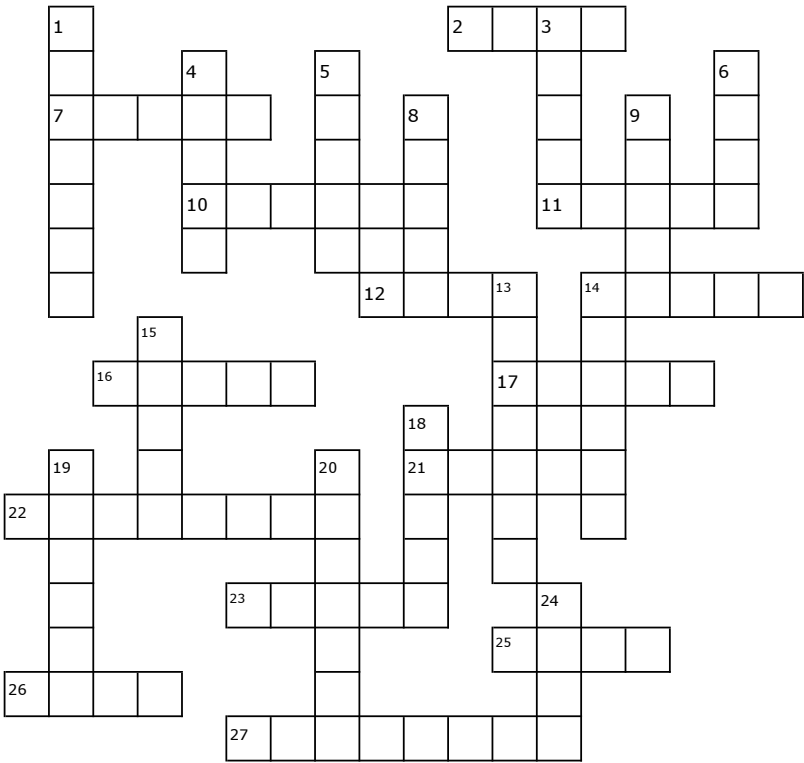
Proposal: Eliminate the provision of plastic shopping (t-shirt) bags at the Coop and not provide substitutes with similar attributes of limited reusability and adverse environmental consequences, such as paper bags —submitted by the Environmental Committee, the General Coordinators, and concerned members

Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.



Puzzle Corner Initial Response



DOWN

1. Wood Products?
3. Modern Dispatch
4. \$100
5. Show Stopper?
6. Portable Apple
8. Light Filter
9. Nuclear Weapon

13. Loincloth

14. Certain "Johnny"
15. German Sub
18. NE Vacation Spot
19. Indecent
20. Drafting Tool
24. Comic Teens

ACROSS

2. Extinct Predator
7. Gasket
10. Popular Garment
11. Showtime Hit
12. Photo Storage
14. Liberty Game
16. Building Supporter

17. Expensive Cut
21. Classic Ford
22. Military Meal
23. Reversal
25. FBI Agent
26. 6/6/44
27. Special Delivery?

Puzzle by Janet Farrell. For answers, see page 16.

The Trouble With Plastic Bags

CONTINUED FROM PAGE 1

ers? In July, a new law will take effect requiring large retailers in the city to accept plastic bags for recycling, but as for reducing the usage of bags, that seems to be a ways off. Except at the Coop. At the May 27 General Meeting the membership will vote on a resolution to ban the plastic T-shirt carrier bags.

This vote is the culmination of several months worth of efforts and discussions by a task force comprised of concerned members, the Coop's Environmental Committee and general coordinators. While an informal 2007 survey showed that a majority of Coop members packed their groceries in some kind of reusable container (be it a cloth bag, box or in a cart), about 27 percent still use plastic bags. "As a checker at the Coop, I see how many people take plastic bags without being aware of the environmental problems they create," says task force member Barbara Kancelbaum. "My goal was to get people to become more aware of their plastic use through some measures that we could take."

On May 27th Coop members will vote on a resolution to ban plastic bags.

Kancelbaum came together with other Coop members, like Environmental Committee member David Barouh, and General Coordinators and formed a task force to discuss other bag options, including using biodegradable sacks, ordering heftier bags to encourage their reuse, or charging per bag (as opposed to the honor-system fee currently in place). In the

end, they decided that charging per bag was the best way to discourage use. "We brought the idea as a discussion item to the general meeting, but the feedback was to get rid of T-shirt bags all together. The membership had gone farther than us," Kancelbaum says. This wasn't the first time the membership had shown such environmental vision. The recent decision to stop carrying bottled water passed by such huge margins that Environmental Committee members like Barouh were "flabbergasted."

Cities from San Francisco to Paris to Mumbai to London have stopped using plastic bags.

Taking the feedback into account, the task force revised its recommendation to the current one, which proposes to "eliminate the provision of plastic shopping (T-shirt) bags at the Coop and not provide substitutes with similar attributes of limited reusability and adverse environmental consequences, such as paper bags."

Dealing with plastic roll bags (the ones we use in the produce and bulk aisles) is a thornier issue and will probably be discussed at a future GM. "They are harder to replace and they preserve food," says Barouh. "Plastic *does* have uses. We don't want to throw the baby out with the bathwater." When it comes to roll bags, the hope is not to eliminate them so much as make Coop members more mindful of how much they use them and look for ways to reduce usage, such as using the mesh pro-



Above: T-shirt bags in heavy use at checkout. Below: Soliciting Coop opinion on the issue.

duce bags, reusing produce bags instead of throwing them away, or, emulating some of the tricks used by ingenious members, such as repeatedly using heavy-duty Ziploc bags for bulk items or putting fruits and veggies into the blue plastic bags in which the *New York Times* is delivered.

Considering that Coop members are already so diligent about reducing waste, and considering that the majority already eschew plastic shopping bags in the first place, eliminating T-shirt bags and reducing use of the roll bags seems like a no-brainer. But General Coordinator Joe Holtz recognizes that some of those 27 percent who use the sacks may not be delighted with the change. "We're basically saying if you come to the Coop and you didn't plan ahead to bring something, the Coop is only going to provide you with things that are reusable—like the plaid sacks or new reusable sacks that will cost about a dollar—or are recyclable, like the cardboard boxes." (The Coop plans to increase its selection of reusable bags). Holtz recog-

Should We Stop Providing Plastic Shopping Bags ???

PSFC MAY 2008 GENERAL MEETING
Tuesday, May 27, 7:00 p.m.

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- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple) 274 Garfield Pl. at 8th Ave.

Item #3: Eliminate Plastic Shopping bags (40 minutes)

Proposal: Eliminate the provision of plastic shopping (t-shirt) bags at the Coop and not provide substitutes with similar attributes of limited reusability and adverse environmental consequences, such as paper bags

—submitted by the Environmental Committee, the General Coordinators, and concerned members

nizes that for some members, losing the convenience of free bags might be a deal breaker: "Maybe it'll push some people over the edge. They have to do a workslot. The lines are long. And now

the bags aren't free, but as one of the financial stewards of the Coop, I think this is a risk we should take." On May 27 Holtz and the task force will see if the membership agrees. ■

TAKE OUR SURVEY!

The Diversity and Equality Committee (DEC) of the Park Slope Food Coop is currently conducting a member-wide survey to document and better understand issues of bias and discrimination at the Coop.

We are asking ALL Coop members to take the survey. Your participation will help us to get a broad range of views and perspectives on these issues.

The survey will take approximately 10 minutes to complete. The fastest and most environmentally friendly way to complete the survey is to take it online at:

www.foodcoop.com

(Click on the box on the upper right that says "Take Survey")

If you prefer to complete a paper version of the survey, copies are available at the entrance desk, second floor service desk, and the membership office.

If you have any questions or difficulties with accessing the surveys and/or any special needs, please contact the DEC Committee at

1-888-204-0098



Are plastic bags too readily available to Coop shoppers?

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

One full three-year term is open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 24.
Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the
Annual Meeting on June 24, 2008.

Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

Bill Penner

I am writing to ask for your support for reelection as one of the six members of the Board of Directors of the Coop. My candidacy has been endorsed by the Coop's General Coordinators.



I have been a member of the Coop for eight years. In addition to serving on the Board of Directors for the last two years, I have served on both the Receiving Committee and on the CHIPS Soup Kitchen Committee preparing meals with food donated by the Coop. In my life outside the Coop, I am a 45-year-old architect with my own architectural firm which I started six years ago in Brooklyn, and last fall I became the new father of a beautiful baby girl. Prior to receiving my degree in architecture, I apprenticed as a chef and cooked professionally for 6 years. The Coop is an important part of my life, it is a place where I connect with my passion for food and realize the significance of food and food production

in our society as a cultural, environmental, and economic force of incredible importance.

Because the Coop is a corporation, it is required to have a board of directors. Our Board of Directors meets every month in public at the General Meeting. At the Meeting, any Coop member can bring an item for discussion or make a proposal to be debated and voted on by the Coop membership present. At the end of the Meeting, the Board of Directors vote on taking the advice of the membership. This is how the Coop combines its corporate structure with its town hall style of democracy.

In my opinion, there is often confusion as to the primary role of the Board of Directors in the Coop's decision-making process. I see the Board's role as one of oversight rather than one of advocacy. As such, I focus on maintaining a thorough knowledge of open issues and concerns of the membership by attending General Meetings, reading the *Gazette*, and staying in contact with General Coordinators. I make a particular effort of familiarizing myself with the monthly financial statement, and I believe being well informed of the financial condition of the Coop is one of my biggest responsibilities as a board member.

This is important because the Coop's continued financial stability maintains low prices, which enables many people to benefit from fresh whole-some food while supporting the Coop community and values. The amount of money that members save shopping at the Coop is substantial, in fact it is in the millions of dollars each year. This savings is true power for people of all economic backgrounds and allows members to make healthy decisions for themselves and their families while supporting the environmental and the social mission of the Coop.

I have been honored to have had the opportunity to serve the Coop as a member of Board of Directors for two years. The late President of the Board, Israel Fishman, used to say that the Coop saved his life—the different view points and different people all working together for a common purpose gave him the perspective and patience to see beyond himself towards what was really important. I am reminded of this cherished thought each time I attend a meeting and when I shop.

Cooperatively yours,
Bill Penner

Albert Solomon

It is true that it has branched out in other directions, but my main point since 1992 when I joined was and remains: An Assembly of Elected Delegates. And by that I mean proportional representation.



People ask me what would be different under an assembly of elected delegates. Here are just a few things since I joined in 1992.

- The pension plan
- The Governance Committee
- The Milquetoast Board of Directors
- The atrium
- Item pricing
- The *Gazette*
- The Disciplinary Hearing Committee
- The Chair Pool Committee
- The Agenda Committee
- The Personnel Committee

The process would be many times more transparent and accountable. And the Rulers would have just as much influence over the process, maybe even more. Only the representatives would have names in contrast to just walk-in people, most of them going for workslot credit. Also the Meeting would have some real authority—because the delegates would represent actual people!

How can you govern by the town meeting? The answer is you can't, so the Rulers hold sway without even the normal accountability they would have if there were a board of directors. Our directors have so

little power that they don't even sign an oath of secrecy.

Joe Holtz's proxies. We used to elect directors at annual meetings, but Joe Holtz (the Supreme Ruler) held 200 proxies, so if anyone he didn't want ran he could vote his proxies. I almost single-handedly put an end to this shameful exclusivity by acquiring my own proxies and refusing not to vote them. I also sent two separate briefs to the Chair Pool Committee. But no one ever credits me with the change! Years later Carl Arnold, a Management supporter, changed the election of directors to a mail ballot, mooting the whole sorry question of proxies and allowing thousands instead of hundreds to participate in the elections.

But it made no difference because directors were still neutered by the informal yet effective pledge to only ratify the actions of the Meeting. It is even frowned upon if directors call each other on the phone! So much for your input into important policies of the Co-Op! So now more people are voting for powerless directors! Another word for which is, uh, disenfranchisement!!

Although my main thrust is an assembly of elected delegates, I see the Board of Directors as another representative body. As a director, I would propose resolutions to the Board, forcing it to act as the Statutes intended, or at least to vote down my proposals.

The mantra of the Rulers is that any effort to override the decisions of the Sacred General Meeting is an act against the Co-Op. But this is merely a smoke-screen to hide the near-total blackout in visibility and accountability brought about by this smoothly pernicious system.

The big policy they don't have to tell us about is that we are a food store and not a social experiment. This policy was applied to the delay in construction and rejection of the plans for the new building which included an atrium, a focus of attention and sociability. It was applied to the cheese case. It was applied when we started selling red meat. Did you or I ever vote for that big policy? Don't you think maybe we should? \$300,000 was wasted in the construction process, according to some. Did you vote for that?

Another biiiiiiiiigg policy of the Rulers is indefinite expansion, coupled with minimal storage space and maximum turnover. Do the Rulers ever discuss these questions? Why should they, when there is no one to oversee them? Don't these requirements preclude more and better social actions by the Co-Op? You bet they do!

Not a policy itself but a result of these policies was to buy the Building Next Door. They really wanted that. They disparaged every alternative suggested—funding satellite co-ops (which they couldn't control so directly), renting warehouse space, which would affect our turnover policy. After it was denied in a referendum they rammed it through again as soon as they could. Yes, we know what their policies are, but they never have to defend them or even articulate them!

Since we have a longer election season this year, give me a shout-out or better, write a letter in support of Co-Op Democracy!!

A. Solomon
Loyal Supporter of the Co-Op
Scrivener to The Pacifica Foundation
hobces@yahoo.com
718-768-9079
1000 - 74

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have

come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 14, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop.

Coop Author Tracks Evils of Bottled Water

CONTINUED FROM PAGE 3

the specialist suggests shifting the burden of proving this supposed 64-ounce daily need to those who profit from selling water. Then there's the rather cogent point that our bodies can't store water. "If you have more than you need, you just pee it away."

On the pure marketing front, the restaurant industry rakes in \$200 to \$350 million in bottled water sales annually, boosted in part through training programs for wait staff that encourage them to flatter or shame their customers into ordering something other than "just tap." But some restaurateurs have lately seized upon the environmental implications of bottle water, like Alice Waters, who banned bottles from Chez Panisse.

And then there's the personal historical view: Royte recalls growing up in a time

when individually packaged drinks were rare. "My family drank only from the faucet and from family-size containers. We quenched our thirst when out and about with water from public fountains. Either that or we waited till we got to where we were going. On picnics, we might have a big plastic jug of lemonade, homemade. Today, the tap is alien to today's youth, who've grown up thinking water comes in bottles."

Royte confesses in her book to not wanting to drink Poland Spring "because I didn't want to like it. I was almost certain it would taste better.... But so what? Foie gras tastes better than chopped liver. That doesn't mean I'm going to buy it. I don't need to spoil myself. I don't want to get used to expensive things, especially things that might, if the nuns and greenies are right, disrupt the social and environmental order."

A Growing Opposition

The "carbon footprint" of bottled water has garnered

plenty of attention. Given the petroleum used to produce the plastic for bottles and the fuel used to extract and ship water one could estimate every bottle of water to represent the expenditure of one-quarter of its volume in oil. (Royte notes that the water companies have not disputed this assertion.)

Activists opposed to bottled water for this and other reasons currently include the United Church of Canada, the Franciscan Federation, and the National Coalition of American Nuns, the last of which adopted a morally-based resolution in 2006 asking members to "avoid drinking bottled water unless absolutely necessary."

The morality point is based largely on the essential nature of water. "Because water is so important to life—and commerce—it's been a cause of conflicts and a source of power since before the written word," says Royte. She points out that the word "rival" is derived from a Latin term meaning



PHOTO BY ROD MORRISON

Royte tries to answer the question "What's in the water?"

"one using the same stream as another." The moral, abstract objections to bottling water derive from the view of water as a basic human right.

Water Versus Garbage

Bottlemania follows on the heels of Royte's *Garbage Land: On the Secret Trail of*

Trash. *Bottlemania* evolved naturally from writing about garbage, which involved detailing what goes down sewers, and then drains. The "trail of trash" book sparked her "interest in indisposability and obsession with single-use servings."

Royte found her subjects in the water book far more welcoming than the interviewees for garbage. "Water people are proud of dealing with a natural resource, something that people want to drink, the 'stuff of life.' Garbage, on the other hand, is the back end, the things that nobody wants. It represents a failure. I looked at my garbage as everything that I failed to find another use for."

Don't Drink the Water?

Royte's conclusion that our current path could lead to undrinkable tap water in the United States becomes frighteningly realistic when she connects the dots. Privatizing drinking water strips away support for municipal sources clean enough to drink, she says. If we know that a maximum of two percent of tap water is used for drinking and cooking, and most of us decide we believe in buying that amount of water in convenient, even stylish bottles, who will agree to devote tax money to building and maintaining infrastructure like water treatment plants?

There are alternatives to privatizing drinking water. We could treat much less water, which would allow us to build much smaller, relatively inexpensive treatment plants, if we fixed leaks, collected rainwater, used greywater systems and kept storm water out, says Royte.

Weeks before its official publication date, *Bottlemania* had already sold into stores well enough to merit a second printing. Royte is in demand, with interviews slated with Brian Lehrer on WNYC, as well as the Times and Forbes.

For more information on *Bottlemania*, including resources on how to test tap water, see www.bottlemania.net. ■

Support a New Coop!

Do you live or work in the Bronx?

Would you prefer to do your workslot on Saturdays?

Then inquire about supporting the South Bronx Food Cooperative!

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help.

To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To make work arrangements, please email ellen_weinstat@psfc.coop or call

718-622-0560

**South Bronx Food Coop
646-226-0758 • info@sbxfc.org**

The South Bronx Food Coop is seeking an experienced graphic/web designer to update their website ASAP for workslot credit!

Must know how to:

- set up online purchasing system
- create edit-able calendar
- incorporate audio & video links
- link websites

Preference for designers who can link database/inventory systems to web sales. Most important—must have cool sense of design!

**South Bronx Food Coop
646-226-0758 • info@sbxfc.org**
South Bronx Food Cooperative

In Memorium



"Dear brothers" and "dear sisters" (as she used to call us): Johana (Cole) Cuccia wants her Park Slope Food Coop family to know that she has reached her resting place—especially the members who may have shared precious moments with her, in the aisles, or on the way to or from her frequent trips to the Coop.

I first met her on such an occasion and we became dear friends. One thing I admired about her was her age. At 91, she had all of her faculties: license to drive, a sharp mind and a sharp tongue. She introduced me to a type of drinking that I came to enjoy: non-alcoholic beer and other products in the Coop that added to her prolonged life.

After a while, I lost touch with Johana. Not seeing her, I called and found her phone was disconnected. On a whim, I tried an Internet search. The response was a final revelation:

www.madison.com—Obituaries:

Giovanna Cuccia, age 96 (correction, 94) died of pneumonia, Saturday November 24, 2007, at New York Methodist Hospital in Brooklyn. Known as Johana in her later years, Giovanna was born the daughter of Nick and Lena (Stassi) Cuccia on July 23, 19(13) in Madison Wis. Giovanna had a long career as a clerical secretary in a number of businesses and insurance companies in the New York area. She is survived by her brother-in-law, Robert Sargent of Earlysville, Va. Giovanna is preceded in death by her parents; and her sister, Mary Cuccia McMillin Sargent. Burial will be in the family plot at Forest Hill Cemetery. Mary, Vanna, Nick and Ma—rest together in peace.


As I tell the story today, I am reminded of a poem by Charles Hanson Towne, "Around the Corner." The last lines read: "And that's what we get and deserve in the end. Around the corner, a vanished friend." Someone who updated the poem wrote a new ending: "Don't let tomorrow come and go, change the end by calling that friend!"

I was told that a memorial service was held at her senior citizen apartment building, but I believe only tenants in her building attended. To all of those who will miss Johana and want to say something about her in memoriam, please write to Martha Sea at my email address: bcatasea@yahoo.com. Title it "for Johana." I will share whatever you send me and we'll celebrate on her 95th birthday.

Peace and blessings,
Martha Sea


Thursday,
June 5

7:30 p.m.
at the Coop



Susan Baldassano
coordinator

PARK SLOPE FOOD COOP



**Cooking
for your Dog!**

Learn to prepare healthy and delicious
food for your dog

MENU

- Turkey Burgers
- Peanut Butter and Bacon Biscotti
- Frozen Summer Pupsicles!

\$4 materials fee

Views expressed by the presenter do not
necessarily represent the Park Slope Food Coop.

Tanya Braham is a
Brooklyn-based personal
chef with a focus on diet
and nutrition, and is also
a writer, dog owner and
the former staff editor of
two national dog and pet
magazines. In this class,
Tanya will discuss do's
and don'ts of doggy diets
as well as tips on how to
become your own pup's
personal chef.

**MEMBERS &
NON-MEMBERS
WELCOME.**

Come early
to ensure a seat.



**The Orientation Committee
Needs You!**

We are looking for energetic Coop members with a
teaching or training background who can work on
Monday evenings, Wednesday mornings or evenings, or
Sunday afternoons. Orienters lead sessions every six
weeks, and on the week midway between sessions you
must be available as backup for emergency coverage.
Only Coop members with at least two years of mem-
bership will be considered.

Workslot credit will be given for training sessions. An
annual meeting of the Orientation Committee is part
of the work requirement.

**For more information, contact the Membership Office
or write to karen_mancuso@psfc.coop.**

East New York Food Coop

Help a new coop in Brooklyn • FTOP credit available

*In accordance with the sixth Principle of Cooperation, we frequently offer support and
consultation to other coops. For the East New York Food Coop,
we have also offered help in the form of Park Slope Food Coop member workslots.*

The East New York Food Coop welcomes PSFC members to assist
in its first year's operations.

*PSFC members may receive FTOP credit in exchange for their help. To receive credit, you should be a
member for at least one year and have an excellent attendance record.
To make work arrangements, please email ellen_weinstat @psfc.coop or call 718-622-0560.*

East New York Food Coop

419 New Lots Avenue • between New Jersey Avenue and Vermont Street
accessible by the A, J and 3 trains • 718-676-2721

**Coop Job Opening:
Bookkeeping Coordinator**

Description:

The Coop is hiring a Bookkeeping Coordinator to help in the oversight and coordination of our
bookkeeping functions. Involvement will include all of our bookkeeping areas, including accounts
payable and supplier relations, cash received bookkeeping, bank account and debit reconciliations,
the member loan program, and member refunds. The applicant will also coordinate and oversee
member work in bookkeeping jobs.

This coordinator will help convert our manual bookkeeping into a computerized system, therefore
experience in both worlds is advantageous, ease with computers necessary. Excellent organizational
and communication skills are required. We look for applicants who can maintain high standards of
accuracy and display initiative. Bookkeeping experience is essential, education in accounting pre-
ferred.

Hours:

Approximately 35 hours per week

Wages:

\$21.64/hour

Benefits:

- Health and Personal time
- Vacation—three weeks/year increasing in the 4th, 7th & 10th years
- health insurance
- pension plan

Application & Hiring Process:

Please provide a cover letter with your résumé as soon as you can. Mail your letter and résumé
or drop it in the mail slot in the entryway of the Coop. Please state your availability.

All applicants will receive a response. *Please do not call the office.*

Probation Period:

There will be a six-month probation period.

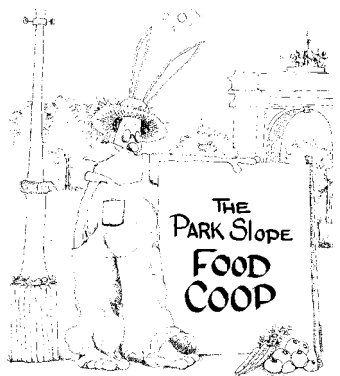
Prerequisite:

Minimum of six months' membership in the Park Slope Food Coop.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

Join the Street Squad

Do you love the Coop? Do you enjoy talking to friends, neighbors and strangers about the joys of Coop membership? The Street Squad may be the work-
slot for you. Work outdoors on Saturdays and Sundays from April to October, and help keep the Coop strong.



The Street Squad serves an important
public relations role for the Coop. From
tables set up outside the store, at local
street fairs and special events, the Street
Squad talks to current and prospective
members, hands out literature, answers
questions, gives tours of the Coop, and
just generally offers people the chance to
become familiar with our organization.

We invite you to join us if you are:

- ◆ a Coop member in good standing for
at least six months
- ◆ friendly and upbeat with enthusiasm
about the Coop
- ◆ knowledgeable of Coop procedures
- ◆ willing to work outdoors
- ◆ reliable, responsible and able to work
independently

New Street Squad members must
attend a training session.

If you are interested in joining the
Street Squad, please contact :

Robin
718-230-7199
call before 9:00 p.m.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

Friday
Jun 20

8:00 p.m.



very
The Good Coffeehouse
COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

Female Voices of the African Diaspora

(curated by Jenny Hill)



Kaissa

Two amazing bands featuring vocalists **Kaissa** (from Cameroon) and **Tamar-kali** (Geechee Goddess).

Kaissa is known for her highly engaging vocals and pulsating African/Western rhythmic back-

drops. Originally from Cameroon, by way of Paris, Kaissa fuses African and world music, singing lyrics with a message, speaking out against war and injustice.



Tamar-kali

Tamar-Kali harnesses gut-based, hardcore-tinged rock with the honest melodic inflections of soul, a passionate expression of her South Carolinian Geechee roots and Brooklyn punk/soul upbringing.

These two artists will present their original music, along with **Jenny Hill** on saxophone and flute, **Patrice Blanchard** on bass, **Maciek Schejbal** on drums, **Todd Isler** on percussion, and others.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

Monthly on the...

Third Thursday
JUNE 19
7:00–9:00 p.m.

Last Sunday
MAY 25
10:00 a.m.–2:00 p.m.

Second Saturday
JUNE 14
10:00 a.m.–2:00 p.m.

On the sidewalk in front of
the receiving area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly.
Last drop offs will be accepted 10 minutes prior to our end time to allow for sorting.

This Issue Prepared By:	
Coordinating Editors:	Stephanie Golden Erik Lewis
Editor (development):	Wally Konrad Tom Moore
Reporters:	Hayley Gorenberg Ramona Tirado Gayle Forman
Art Director (development):	Mike Miranda
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Photographers:	Lisa Cohen Ingrid Cusson Kevin Ryan
Traffic Manager:	Monona Yin
Text Converters:	Joanne Guralnick Andrew Rathbun
Proofreader:	Susan Brodlie
Thumbnails:	Mia Tran
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Preproduction:	Susan Louie
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Desktop Publishing:	Lee Schere Gabrielle Napolitano-Swift Maxwell Taylor
Editor (production):	Nancy Rosenberg
Final Proofreader:	Isabelle Sulek
Post Production:	Jessica Tolliver-Shaw
Index:	Len Neufeld

WORKSLOT NEEDS

General Ledger Bookkeeping
Friday, Saturday and Sunday

Are you a detailed-oriented person who likes working with numbers and is at ease handling a calculator? General Ledger Bookkeeping might be the workslot for you! General Ledger bookkeeping consists of making entries into the General Ledger, running a calculator tape to draw account balances and, finally, balancing the General Ledger. The work must be completed in three separate segments, on 3 separate days, between Thursday evening and Sunday evening, allowing some flexibility in scheduling the work. This is all hand entry work, since the Coop bookkeeping system is not computerized. Good handwriting is a must. Prior bookkeeping experience helps. Prerequisites are: 1) must

have been a member in good standing of the Coop for 6 months; and 2) must make a six-month commitment to the work slot. If you are interested in this workslot please speak to Andie Taras through the Membership Office.

Attendance Recorders or
Make-up Recorders
Monday, Tuesday, Thursday, Friday,
Saturday or Sunday

The Coop needs detail-oriented members to help maintain attendance recorders for Coop workers. You will need to work independently, be self-motivated and reliable. Good attendance is a plus. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commit-

ment. Please speak to Lewanika Ford-Senghor or Cynthia Pennycooke in the Membership Office if you would like more information.

Office Data Entry
Thursday, 4:30 to 7:15 p.m.

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to a Ginger Hargett in the Membership Office if you would like more information. Workslot requires a six-month commitment.

CONTINUED ON PAGE 16

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

June 5 issue: 7:00 p.m., Mon, May 26
June 19 issue 7:00 p.m., Mon, Jun 9

CLASSIFIED ADS DEADLINE:

May 22 issue: 7:00 p.m., Wed, May 14
June 19 issue 7:00 p.m., Wed, Jun 11

General Meeting

TUE, MAY 27

GENERAL MEETING: 7:00 p.m.
The agenda appears in this issue and is available as a flyer in the entryway.

TUE, JUN 24, ANNUAL MEETING

The agenda for the Annual Meeting has been set.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

ALL ABOUT THE
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,
May 27, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up Required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a Make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these values.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.
*Denotes a Coop member.

MON, JUN 2

WOMEN AT WORK GALA 2008: Performance and silent auction to benefit Gina Gibney Dance's community initiatives, including the Domestic Violence Project, and the creation of new work for the company's repertory. 6:30 p.m. For more info, call 212-677-8560 or visit www.ginagibneydance.org

SAT, JUN 7

FLATBUSH ARTISTS STUDIO TOUR: Noon to 5 pm. Sat. June 7 & Sun. June 8. www.flatbushartists.org

SUN, JUN 8

ZEEMEEUWSIC III!: an eclectic Sunday concert series at the Old Stone House, featuring Kyklos (experimental sextet of guitar/vibes/percussion/electric bass/clarinet/sax & accordion) and Marshall Farr with Urban Edge. 11 Byrne Park, 5th Ave. (btwn. 3rd & 4th sts). 2 p.m. \$10. For info/reservations: 718-768-3195.

ABOLISH TORTURE: Sister Dianna Ortiz, the torture survivor and founder of Torture Abolition & Support Coalition, speaks at the Brooklyn Ethical Society and receives its annual Peace Site Award. 53 Prospect Park West at 2nd St. 11 a.m.

CITY SOLAR RENEWABLE ENERGY WORKSHOP: "Determine Your Solar Electric Needs" 1 – 3 p.m.; "Rooftop Solar Electricity, Can You Have It?" 3:30 – 5:30 p.m. At 6/15 Community Garden, 6th Ave. btwn 15th & 16th sts. Each workshop: \$40/door, or \$20/door for City Solar RAY members or garden members. For info, call 347-254-0019 or visit www.citysolar.org

SAT, JUN 21

CITY SOLAR RENEWABLE ENERGY WORKSHOP: "Battery Backup for Emergencies" 1 – 3 p.m.; "Rainwater Collection and Storage Design" 3:30 – 5:30 p.m. At 6/15 Community Garden, 6th Ave. btwn 15 & 16th sts. Each workshop: \$40/door, or \$20/door for City Solar RAY members or garden members. For info, call 347-254-0019 or visit www.citysolar.org

SUN, JUN 22

ZEEMEEUWSIC III!: an eclectic Sunday concert series at the Old Stone House, featuring Robert Secrist (classical guitar, accompanied by Erica's Rugelach for all!) and Jane Byaela (poetry and music for voice and guitar). 11 Byrne Park, 5th Ave. (btwn. 3rd & 4th sts). 2 p.m. \$10. For info/reservations: 718-768-3195.



WHAT IS THAT?
HOW DO I USE IT?

Food Tours in the Coop

When in doubt
step aside
When in doubt
offer help
When in doubt
lend a hand

At every turn there is a chance
to do good

Breathe in your difficulties
and breathe out the soft light of Spring
Breathe in the world's cruelties
and breathe out the gentle showers
that set the seeds to grow
Breathe in hatred
and breathe out blossoms

Be the grease in the wheel

If it's beyond you to love your neighbor
just help him out
You don't have to remake the world
only your limited view
of the good you are capable of

You can come to the Coop(erative)
to practice

by Myra Klockenbrink

Mondays **June 2 (B Week)**
 June 16 (D Week)
 Noon to 1 p.m.
and **1:30 to 2:30 p.m.**
Sunday **June 8 (B Week)**
 Noon to 2 p.m.

You can join in any time during a tour.

The Environmental
Committee has a blog!

Please visit often
for timely news and
information
from the PSFC
Environmental
Committee.



We're
blogging
about our
activities at the Coop,
as well as
environmental events
of interest at the Coop
and beyond.

Find us at:
<http://ecokvetch.blogspot.com/>



Friday, June 6 • 7:30 p.m.
at the Coop



Personal Velocity

A tale of three women who have reached a turning point in their lives. Delia is a spirited, working-class woman from a small town in New York who leaves her abusive husband and sets out on a journey to reclaim the power she has lost. Greta is a sharp, spunky editor who is rotten with ambition. To spite the hated infidel ways of her father, she has settled into a complacent relationship and is struggling (not too hard) with issues of fidelity to her kind but unexciting husband. Finally Paula, who ran away from home and got pregnant, is now in a relationship she doesn't want. She's a troubled young woman who takes off on a journey with a hitchhiker after a strange, fateful encounter on a New York street.

Rebecca Miller, Writer, Director is an American film director, screenwriter and actress. **Personal Velocity: Three Portraits** was a winner of the Independent Spirit John Cassavetes Award and Grand Jury Prize at Sundance. Her other films include **The Ballad of Jack and Rose** and **Angela**, all of which she wrote and directed. She is the daughter of playwright Arthur Miller and Austrian photographer Inge Morath. **Personal Velocity: Three Portraits** is an adaptation of a collection of short stories. Winona Ryder, Robin Wright Penn, and Julianne Moore will team for an upcoming comedy/drama called **The Private Lives of Pippa Lee**, which she is adapting from her own upcoming novel of the same name.

Sabine Hoffman, Editor has passionately edited independent feature films for over ten years. Credits include Rebecca Miller's films **The Ballad of Jack and Rose**, Rodney Evans's **Brother to Brother**, Katherine Dieckman's **Diggers**, Alice Wu's **Saving Face**, Morgan J. Freeman's **Desert Blue** and **Hurricane Streets**, **Katja Essons's** Academy Award-nominated **Ferry Tales** and Bill Jennings's **Harlem Aria** (opening in June). She is currently editing Rebecca Miller's upcoming feature film **The Private Lives of Pippa Lee**. Sabine is an adjunct professor at Columbia University and serves on the advisory boards of the Fusion Film Festival and the Woodstock Film Festival.

A discussion with Sabine will follow.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

SHOPPING DILEMMAS

TO THE EDITOR,

Thanks for Diane Aronson's fascinating article exploring the ethical dilemmas facing today's shoppers ("It Ain't Always Easy Being Green and Clean—or Red Too," *Linewaiters' Gazette*, April 24, 2008).

Joe Holtz struck a similar chord at April's General Meeting when he recited a lengthy list of familiar, often green-sounding brands that are actually owned by a single major agribusiness.

I appreciate being reminded, for example, that Burt's Bees brand is now owned by Clorox, and Tom's of Maine is part of Colgate-Palmolive.

In fact I, and perhaps other Coop shoppers, would appreciate if information like this were available on each product's shelf label.

Perhaps, if two otherwise equivalent products were adjacent on the Coop's shelf, and the sign indicated that one was owned by a multinational conglomerate while the other was owned by a mom-and-pop-style independent business, I would be inclined to support the latter.

Of course there are complications. What if the "agribusiness" product were manufactured in New York, while the independent equivalent were manufactured in California? What if the distant business were a union shop, and the local business were anti-union? The ethical factors multiply. Which factors predominate?

I don't know the answers. But I'm happy that the Coop is at least open to the questions.

*In cooperation,
David Alquist*

SHORTER CHECKOUT LINES

TO THE EDITOR

I love the Coop. No, really, I do. I love the quirky announcements over the speaker system, the randomness of product availability, the quality and exotic character of the produce, the variety of the grains and cereal one can purchase. The people. The hilarious seriousness of some of the articles of the *Gazette*. I don't even mind working my shift.

However, I don't enjoy the line. Most people don't. Further, I see no reason to accept its inevitability. After having worked checkout for a few nights now, I am convinced that we can eliminate the line entirely. The scanners at the registers are very effective, and a person can have her

entire cart checked out in very little time but for one thing: fruits and vegetables. Fruits and vegetables are creators of delay at the register, and, ultimately, of the line. If you have not worked checkout, here is why: for each fruit of vegetable to be scanned, the register worker has to manually navigate a three or four item deep menu on the computer. This takes a long time, and is where the process breaks down.

This obstacle to a fast checkout can be overcome, should the Coop choose to adopt a practice that numerous supermarkets across the nation have embraced: self weighing and labeling of fruit and produce. Happy Coop shoppers would put their kiwis and radicchio on a scale, hit the right button, and presto! A label would appear, to be stuck to their bag. Off to the register, quick scan and you are out in no time. No more line.

Sure, there is not much space to install the scales. But then, the line takes a lot of space too. I am sure a clever use of the space would allow us to provide enough machines to make it work. Of course, we would have to trust members not to cheat. A big step for our ever suspicious Coop. Maybe a new workslot could be created: scales monitor, to ensure honesty if ever that became an issue.

Another idea would be to apply the bulk system to the produce. Have labels and codes designating what the fruits and vegetable are, which would speed the process quite a bit.

We could implement at least one of these systems as an experiment. No more line! No more smug Keyfood customers laughing at our steady inch by inch procession to the registers!

Let's do it.

*Sincerely,
Jerome Barth*

DIVERSITY COMMITTEE

TO THE EDITOR

I'd like to make two points about the Diversity and Equality Committee, which has existed since 2004. First, under a transparent government system such as I advocate, some of these concerns might not be as acute.

In the March 13th *Gazette* Joan Minieri quotes committee member Jennifer Friedman as saying there is "frustration at a general sense of silence in the face of these kinds of experiences," meaning uneven enforcement of Coop rules, a feeling of being left out or in the way. I would add to this a general feeling that though we claim

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the

Democracy through the General Meetings, this is really a top-down and very tightly disciplined organization with nepotism, capriciousness and very little tolerance for mutuality or real input from outsiders. Our "Suite of Disciplinary Committees," with its secretive doings, does a lot to reinforce this feeling but the reasons for it run through every aspect of Coop life. At the very least, I would think the Diversity and Equality Committee would have proposed that the *Gazette* institute a regular column on their subject.

In any case, I leave you to speculate on the impact of a revamped governance system on some of the decisions my Candidate Statement claims would have come out differently—or at least done less damage to trust and morale—under a different governance:

- The cheese case
- The pension plan
- The Governance Committee

- The Milquetoast Board of Directors

- The atrium
- Item pricing
- The *Gazette*
- The Disciplinary Hearing Committee

- The Chair Pool Committee
- The Agenda Committee
- The Personnel Committee

Secondly, as a fighter in the movement to reform The Pacifica (WBAI) Foundation I have found that the question of Diversity can be used as a cudgel to condemn all dissent, lawsuits and exercising of individual and collective rights. There is reason to believe that our Committee is well aware and is sensitive

LETTERS POLICY

editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear

until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



to this danger, but vigilance may be needed to keep this delicate and shifting balance.

Finally, it is interesting to note that there is no mention of the Disciplinary Hearing Committee in the article, and one suspects it is more than coincidental that the Diversity Committee may not have consulted or coordinated

with them in this survey.

And again, please and always...

Vote Albert Solomon in the Board of Directors Election, Deadline June 23!

*Thanks,
Albert Baron Solomon
Loyal Supporter of the Co-Op
Scrivener to The Pacifica
Foundation*



Hearing Officer Committee Seeks New Members

The Hearing Office Committee is seeking new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.

The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested please telephone Mel Spain of the Hearing Officer Committee at 718-783-7405 or email at melspain@mac.com

Music, Friends and Good Food: The Coop Celebrates 35 Years




1. Aimee German waltzes with Coop kid; 2. Barry Bryson and Russell Johnson blow their own horns; 3. DJ Paul Palmer; 4. Claudia Johnson of Jenny Hill & Liquid Horn; 5. Joe “No Speeches” Holtz; 6. Ellen Friedman serves up vegan lasagne; 7. Partygoers get their groove on; 8. Coop kids Kai and Xiomara; 9. Debra Kochman of Jenny Hill & Liquid Horn. Following page: 10. Coop kid Skye; 11. Receiving Coordinator Yuri Weber; 12. Jenny Hill and her liquid horn; 13. Coop baby Rosie.



Friday, May 23
7:00 at the Coop

FREE
Non members Welcome




The Enlightenment Of the Whole Body

Professor Erik Van Erp spends an evening with guests considering the process and the nature of enlightenment and reality.

Erik speaks of his guru, Avatar Adi Da Samraj, born in the West, who points to the possibility of a life based in reality, beyond the opposite points of view of East and West.

Videos will be shown with discussion to follow.

Erik Van Erp, Ph.D., is a Coop member and professor at the University of Pennsylvania. He is a writer on science and theoretical mathematics. Born in Holland, he has lived in community in Europe, Fiji, and the United States for more than 10 years.




Views expressed by the presenter do not necessarily represent the Park Slope Food Coop


Saturday, May 24
4:00 at the Coop

FREE
Non members Welcome

The truth about your water



Water experts Richard Hart and James Artress talk about water — good water, bad water, the water of New York City, and ways to filter and improve the quality of the water you drink and bathe in. Jim will answer your questions about these very important topics.



Richard Hart, Coop member, established one of the first health food stores in NYC, works in nutritional counseling, and has been active in water education and filtration promotion.

James Artress has been an innovator in water purification for more than 20 years. He has used ozonation, rather than chlorine, for swimming-pool water purification.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, May 25
12:00 p.m. at the Coop

FREE
Non members Welcome


Homeopathy and First AID PART III

A New Segment of the Ongoing Series with Claire Dishman

Homeopathy is often at its most impressive when treating situations requiring first aid and minor acute illnesses.

This talk continues defining some of the more useful homeopathic remedies to have around the house for situations involving accidents, sports injuries, bleeding, allergies, fevers, coughs and colds. Attendance at the previous lecture is not required. Fundamentals will be covered again.

Homeopathy is a gentle system of natural medicine that uses the body's own healing capabilities along with a minute substance from nature to heal. The remedies are specifically prepared in very dilute forms using plants, minerals and animal substances.



Claire Dishman, a Coop member, is a graduate of the School of Homeopathy New York. She practices in New York City. Her interest in herbal medicine brings an added dimension to her practice. Her patients, including many Coop members, include children and adults needing assistance with everything from asthma to deep, chronic disease.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Tuesday, May 27
7:30 p.m. at the Coop

FREE
Non members Welcome

You know that box of photos?

You can get your memories out of that box and back into your life!

Join us for a hands-on workshop that will help you:

- Simplify the process
- Preserve your photos and memorabilia
- Sort and organize them effectively
- Tell the story of your life



Bring your shoebox and let's get started! Help us plan by pre-registering at (718) 398-1519.


Martie McNabb is the owner of Memories Out Of The Box, a Prospect Heights shop dedicated to preserving and presenting the moments of your life. She has been a PSFC member for more than 10 years.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Friday, May 30
7:30 p.m. at the Coop

FREE
Non members Welcome

FROM WORRY TO Well-being



Got stress? Can't find the off-switch in your nonstop thought parade? Come to this experiential workshop and come to your senses—literally—as we get off the mental merry-go-round and into the present moment.

- Learn and practice five ways to shift your attention to the only moment that matters: this one.
- Find out why you get lost in mental chatter or worry, and what it costs you.
- Gain tools to stop stressful thoughts in their tracks, enjoy life more, and even be more productive.

Jenny Chafe works in Brooklyn as an embodiment and wellness coach and has been helping people release stress through body-mind methods since 2003. She holds a Master's degree in somatic psychology and has been a Park Slope Food Coop member for three years.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, May 31
1:00 p.m. at the Coop

FREE
Non members Welcome

STOP the 3pm Slump:

A 7 Step Recipe to Double Your Energy in 7 Weeks

with Jena La Flamme

Tired of being tired in the morning or mid-afternoon? Do you want more physical and mental energy? Sick of using caffeine and sugar to prop you up?



Learn quick and easy strategies to increase your energy levels, decrease your cravings and allow you to feel and look better. Discover the tricks that will help you achieve more energy by eating foods and making choices that will consistently recharge your batteries. Learn concrete ideas you can incorporate immediately in order to have more energy, better sleep, weight loss and better stress management.

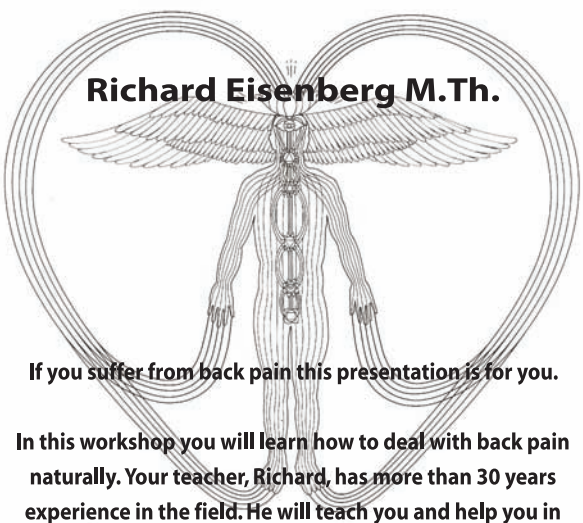
Jena la Flamme is the director of the Jena Wellness Group, a certified Holistic Health Counselor, massage therapist, yoga teacher and published columnist. She guides clients in addressing weight loss, low energy and other health concerns through a fun, easy and pleasurable approach to nutrition and lifestyle choices.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, June 1
12:00 at the Coop

FREE
Non members Welcome

BAD BACK - BACK PAIN?
“I HAVE NATURAL SOLUTIONS!”
Help Yourself and Others with Back Pain



Richard Eisenberg M.Th.

If you suffer from back pain this presentation is for you.

In this workshop you will learn how to deal with back pain naturally. Your teacher, Richard, has more than 30 years experience in the field. He will teach you and help you in dealing with a bad back. “I will share many easy-to-do, natural, self-help methods and help you feel good again!”

Richard Eisenberg, Coop member, Acu-Energetics, Polarity, Shiatsu, Reiki, Therapeutic Touch, Reflexology, EFT, Hypnosis, Medical Massage, Acupressure, Trigger Points, Yoga, TachiTaTaChi.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 7
11:00 a.m – 12:30 p.m.

FREE
Non members Welcome


DISCOVER
CONQUERING
LION YOGA

This dynamic style of yoga combines a vigorous vinyasa practice with the Tibetan Buddhist tradition of bodhichitta and correct worldview. Join Annie for a workshop that will take your yoga practice to a whole new level, whether you are a beginning or an advanced student.

The workshop will cover:

- Yoga Sutra and the philosophy of yoga
- Prana & chakras
- Meditation & chanting
- Asana & pranayama
- Aligning body & mind

Bring a yoga mat, dress comfortably, and be ready for movement.



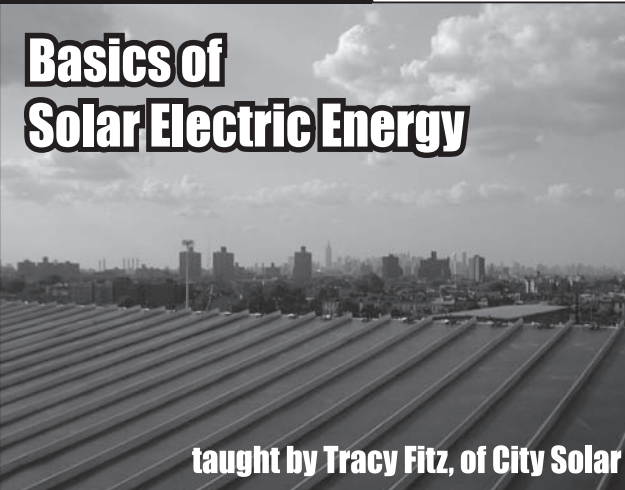
Annie Wong is a certified yoga teacher and a certified health counselor. She is a graduate of the Kelly Morris Teacher Training Program, the Institute for Integrative Nutrition, and Harvard University, and is a proud member of the Park Slope Food Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 7
3:30 p.m. at the Coop


FREE
Non members Welcome

Basics of
Solar Electric Energy



taught by Tracy Fitz, of City Solar

The workshop will cover basic solar electricity, how it works, what it can do, how you can use it, and how to estimate its cost.



CITY SOLAR

Tracy Fitz founded City Solar in 2004. She teaches workshops in renewable alternative energy and creates solar electric energy installations in community gardens and other spaces too. She is also a licensed acupuncturist and been a member of the Coop, with a couple of pauses, since 1975.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 14
2:00 at the Coop

FREE
Non members Welcome

DETOXIFICATION

The How, When, & Whys of Internal Cleansing

A time-honored tradition, internal cleansing is an intrinsic part of getting and staying healthy. And with estimates of more than 500,000 toxic chemicals and substances in our environment these days, who isn't concerned with the possibility of toxic overload?

Whether you want to lose weight, clear your skin, reduce bloat, ease pain — just about any symptom can benefit from a cleansing program.

Join Diane Paxton, MS, LAC, of Inner Fire Integrative Health Services, as we share information on vital detoxification protocols for everyone:

- Colon Cleansing
- Ion-Detox Foot Spa
- 21-Day Purification Program
- Elimination Diets
- And more

Diane Paxton is a licensed acupuncturist, nutritionist, and colon hydrotherapist with more than 20 years of experience detoxifying people in New York City. She is also a long-time Coop member.


Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 14
10:00 a.m. at the Coop

FREE
Non members Welcome

Parent Workshop

Improving Communication at Home



A participatory workshop that will give everyone present an opportunity to share communication successes and frustrations, as well as hear perspectives to move things forward at home.

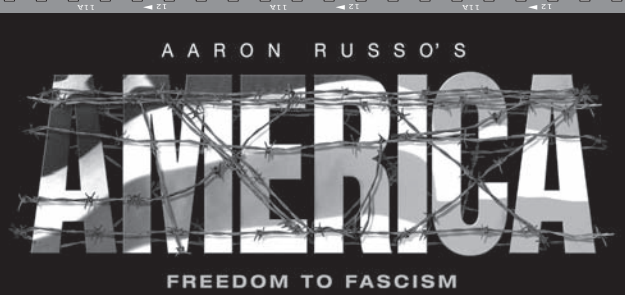
Sharon C. Peters is the founder and director of Parents Helping Parents, 669 President St., in Park Slope. She has helped hundreds of individual families and regularly leads parent workshops for schools and community organizations. Find out more info at www.phponline.org. Sharon is proud to be a long-time Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 14
8:00 p.m.

FREE
Non members Welcome

THE NOW FILM SERIES
presents



AARON RUSSO'S
AMERICA
FREEDOM TO FASCISM

America: Freedom to Fascism is a compelling and troubling account of how the wealth of our nation was silently passed from its citizens to a handful of powerful bankers in 1913. That's the year the Federal Reserve Act and the 16th Amendment were introduced, giving a privately held corporation the means to control our finances while ensuring its interest payments through the strong arms of the newly-formed Internal Revenue Service. Ever since then, Russo suggests, Americans have been gradually conditioned to accept fewer freedoms and a lower standard of living ... all the while considering debt and servitude as distinctly American values.

Ralph Yozzo is a Coop member and interested in promoting awareness of government/corporate/banking actions on the public good.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Friday, June 20
7:30 p.m. at the Coop

FREE
Non members Welcome

A Workshop On
ADULT

(Attention Deficit Disorder)

This workshop will address the diagnosis and treatment of adult ADD. Included in the discussion: What constitutes adult ADD? How is it diagnosed? Is it overdiagnosed? Underdiagnosed? Can one develop ADD as an adult?

Treatment considerations will include discussion of medication, but the emphasis will be on other modalities. Consideration will also be given as to whether and how one might manage one's own ADD symptoms; also information on support groups.


Rick Ruscoll, LCSW, has been in private practice for 20 years, and is a senior counselor at Merrill Lynch EAP. He has presented on Adult ADD, and many other topics.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, June 21
1:00 at the Coop

FREE
Non members Welcome

Acupuncture,
Peace,
and
Justice
for ALL!



*Come join our ongoing discussion about affordable healthcare options in NYC and beyond.

*Find out how the "Community Acupuncture Practice" model is reshaping the stigma of "alternative medicine."

*Be a part of the change you've been waiting for!

OH SAY, CAN YOU SEE ...
WE DESERVE TO BE HEALTHY!

Presented by Robbie Butler, LAC, and Sarah Chase, LAC, of the Brooklyn Acupuncture Project PLLC and the COOP.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

AMAZING COOP FACTOIDS

The national average for sales per square foot of shopping space is about

\$700 PER YEAR.

Our Coop's sales per square foot are

\$5,000 PER YEAR!



CLASSIFIED ADS

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - Beautiful parlor floor thru on 3rd below 6th Ave. Charming, comfortable apt. private bath, double living room, kitchen, deck, sleeps 4-5 call 718-788-7171 or visit us on the web at www.houseon3st.com.

HOUSING SUBLETS

JULY and AUGUST (dates neg.). Furnished room on ground floor of lovely Prospect Heights brownstone. Share kitchen and bath with retired woman who travels and three friendly cats. Wireless internet. \$800/mo. one month security and ref. Near museum, library, BAM. Near trains, 2/3, Q, 4/5, C. Contact Tasha 917-613-4207 Tashapal@jps.net.

MERCHANDISE

MAYTAG REFRIGERATOR. Excellent condition! Yours for \$300. 6 Years old. Works just like new. Call 718-965-9249.

MERCHANDISE
-NONCOMMERCIAL

XILO PORCELAIN TILE FROM ARTISTIC TILE. Modern style - white with darker grain pattern. 110 6"X 12" and 20 6"X 6." Original price \$1100, for sale for \$550. Located in Prospect Heights. 718-636-9790.

MERCHANDISE
WANTED

I BUY STUFF. TURN YOUR CLUTTER INTO CASH. Buying estates, storage rooms, art, bric a brac, Records, CD'S, oddball stuff, comic books, etc. Call Joel 917-674-1015.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

COMPUTER HELP-CALL NY GEEK GIRLS. Setup & file transfer; hardware & software issues; data recovery; viruses & pop-ups; networking; printer/file sharing; training; back-ups. Home or business. Mac and PC. Onsite or pickup/drop off. References, reasonable rates. Longtime Coop member. 347-351-3031 or info@nygeekgirls.com.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212- 577-9710.

NEED AN ELECTRICIAN, call Art Cabrera at 718-965-0327. Celebrating 35 yrs. in the electrical industry, skilled in all aspects of field from single outlets to whole buildings. Trouble shooting specialist. No job turned away. Original Coop member, born in Brooklyn. Brownstone specialist, low voltage & 220 wiring.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Also color perms, hot oil treatments. Adults \$30.00, Kids \$15.00. Call Leonora 718-857-2215.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 18-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguc-cionelaw.com.

RELAX AND LET ME do the work: planting, weeding, pruning, designing to make your garden an oasis in the concrete jungle. Certificate in Urban Garden Design from Brooklyn Botanic Garden. Free estimates. Call Deborah or Gus at 718-438-1170.

NEW LOOK PAINTING. 28 years exp. Everything from expert wall prep to the finest painted details. Whether the job requires "standard" or "specialized" painting, all work is guaranteed to meet customers satisfaction. References and portfolio available. All materials recycled. Reasonable rates! Insured. 646-734-0899.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabili-

ties. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in *Allure* magazine. Dr. Gilman 212-505-1010.

ACUPUNCTURE in Park Slope. Rejuvenate your body in a relaxing and supportive atmosphere. Treatments include: pain relief, women's health & fertility, hypertension, digestive, respiratory, smoking cessation, weight loss and fatigue. Ann E. Reibel-Coyne, L.Ac., National board-certified. 911 Union St. 212-629-2007.

LIFE COACHING WITH MINA. Are you in transition? Want to tap into your creativity? Jump-start your present—or a new—career? Live a happier, more fulfilled life? Life Coaching is a powerful tool for change and growth. Sessions either by phone or in convenient Park Slope location. First session free. Call 212-427-2324.

VACATIONS

COTTAGES FOR RENT in charming Catskill summer community. Beautiful wooded grounds. Olympic-size pool, tennis courts, basketball, baseball, lake for swimming, boating, fishing. Wonderful families with lots of kids. Wonderful family vacation. Very reasonably priced. Contact Agnes, 212-362-3919, faireye@aol.com.

CATSKILL MTN CABIN on Schoharie Creek. Spacious 2 BR 1 Queen 2 Twin on 5 very private acres. Lots of wildlife. Swim & fish in creek. Hiking, biking, antiquing & cultural attractions nearby. TV & DVD/VHS player, Sirius radio, screened & open porches, fireplace, firepit. \$900/wk, \$500/Su.-Fri. Contact Deborah at 718-438-1170 or debrigus@aol.com pics.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE INITIAL LIFE COACHING SESSION. 30-minute complimentary session. Coaching will help you clarify your life goals, overcome limiting beliefs, jump into your own unique greatness. Call Mina, 212-427-2324.

Jenifer Lee
CPA,CFP®, MBA
4D Tax & Financial Planning

Now is time for planning

- Where did my \$\$ go?
- Can I spend/save more?
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Puzzle Answer

WORKSLOT NEEDS

CONTINUED FROM PAGE 9

Paper Recycling

Friday, 6:00 to 8:00 a.m.

Do you have a large vehicle and want to help the Coop be a good green citizen? Collect recycled paper from the Coop, bag it, load it into your vehicle and drive it to the paper recycling center. You need to be able to lift and work independently. Reliability a must as you will be the only person coming to do this job on your day. The recycling center is located at 165 43rd St in Brooklyn. If interested, please contact Adriana Becerra at gmcredit@psfc.coop or drop by the Membership Office to speak to her.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 to 11:45 a.m. or 11:15 a.m. to 2:00 p.m.

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at 4th Avenue and Sackett Street. Workslots preparing food, helping serve meals and cleaning-up are available to Coop members who have been a member for at least six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.

WELCOME!						
A warm welcome to these new Coop members who have joined us in the last four weeks. We're glad you've decided to be a part of our community.						
Evan Abramson	Sean Corcoran	Tova Geller	Ian King	Jocelyn Miller	Casey Romanick	Marcia Tillery
Marne Ackermann	Kristin Corso	Carol Ghiglieri	Kenneth King	Robert Minsky	Elena Romanova	Christel Trage
Jennie Amaral	Paul Cosentino	Celeste Giampetro	Basheva Klein	Naomi Moland	Karl Russell	Byran Tucker
Sharon Asherman	Agnes Crane	Shira Goldman	Premyslaw Kosiorek	Gabor Molnar	Kimberly Russell	Traci Tucker
Laura Baker	Kassandra Crockett	Sarah Goldschadt	Laura Kriska	Nieves Monasterio	Anna Ryan	Maren Ullrich
Laura Balis	Josephine Decker	Julia Grady	Dasha Kunzmann Briefel	Joshua Moody-Arndt	Chris Ryan	Paul Valente
Arlette Barahona	Sheila Delphin	Judith Graham Guerrier	Paul Kuranko	Damien Morant	Benjamin Sachwald	Audra Vanderland
William Barnes	Lauren DeMille	Jon Gudbrau Jesson	Nick Laino	Jean Morant	Johanna Salas	Danielle Varga
Phil Battos	Ian Dempsey	Elizabeth Guzman	Elizabeth Lande	Stacey Morris	Linda Salzberg	Monisola Vaughan
Samantha Beck	Ariana DeRoche	Anne-Sophie Hall	Richard Lee	Joanne Mosley	Ramon Sanchez	Abe Velez
Gerard Beekman	Arlene DeRoche	William Hall	Aaron Lemons	Micah Murphy	Amanda Sayle	Sarah Velez
Marina Benedetto	David Dexter	Cassandra Harden	Karen Lerner	Michelle Murphy	Carl Schoonover	Frank Verpoorten
Jessica Beshir	Alex DeZenzo	Oksana Harris	Nisan Lessane	Niki Naeve	Ryan Schrock	Rachel Verpoorten
Daniel Blanco	Michael Diamond	Betty Hazan	Sascha Lewis	Allison Nesser	Suri Seymour	Sandra Virlinzi
Alice Bonilha	Oscar Diaz del Castillo	Stacy Heatherington	Cecilia Lim	Harry Newman	Jiyun Shi	Carolyn Walker
Stephanie Borkan	Catherine DiMartino	Ingid Heilke	Nicola Lischi	Taku Noguchi	Rachel Siegel	Lisa Wartenberg
Andrew Bossie	Jennifer Diviney	Ethan Hein	Vicki Litvinov	John O'Brien	Tina Singleton	John Watling
Justin Brennan	Jen Donlan	Lynn Herlihy	Annette Loesler	Chris O'Donnell	Laura Sink	Andrew Weeks
Shannon Brennan-Cressey	Michael Donofrio	James Holloway	Thomas Loesler	James O'Donnell	Jennifer Sinton	Heather Weston
Patrick Brescia	Rodrigo Dos Santos	Shannon Holloway	Moon Lv	Ann O'Donovan	Daniel Smith	Sarah Wheaton
Kingman Brewster	Carolyn Driscoll	Edward Hong	Megan MacMurray	Kathryn O'Shea-Evans	Carlos Solis	Dorothy White
Nichole Bridges	Nikki Dunham-Hoshida	Andrew Hsiao	Fayre Makeig	Marlene Paez	Jonathan Soma	Lisa Williams
Charles Briefel	Jerneal Edmund	Grace Huang	Prem Makeig	Leona Palmer	Alkania Spivey	Kristina Wilson
Lindsay Brox	Liberty Ellman	Kevin Hutson	Alisa Malinovich	Michelle Peake	Robin St. Claire	Rebecca Winzenried
Nicole Bullitt	Caroline Emerson	Maxine Jacobson	Roberto Mancinelli	Antonia Pereira	Steve Stacy	Renee Wisniewski
JoAnn Butler	Dylan Fareed	Valerie Jadamba	Juliet Manragh	Aarona Pichinson	Vincent Stanis	Gregory Wolfe
Nancy Campbell	William Farrell	Shakti Jaising	Daniel Marino	Anna Pomykala	Jeffrey Stanton	Lydia Wolfe
Joya Carlton	Yatika Fields	Caitlin Jones	Cynthia A. Martin	Caryn Prime	Andy Starr	Jeff Wright
Brian Chavez	Stella Fiore	Zachary Jones	Glen Martin	Amy Prosen	Naomi Starr	Francesca Wuttke
Lisa Cheung	Roxanna Floyd	Elizabeth Jordan	Benigno Mayo	Lynn Rakos	Robert Stevens	Mark Wuttke
Kate Chumley	Alexander Foley	Natacha Josphre	Teresita Mayo	Rick Ramos	Shaun Strobel	Ha-Chi Yu
Heather Cleary	Jamie Fox	Marea Judilla	Rebecca McCarthy	Joshua Ranger	Sonia Strobel	Lei Zhu
Christina Clementi	Lorene Frederick	Malika Julien	Pete McDonald	Sandhya Rao	Biagio Strongi	Abigail Zukerman
Michael Cohn	Sean Frey	Uchechi Kalu	Tyrone McDonald	Rachael Reubin	Yedidya Tabanpour	Alan Zukerman
Adrian Colesberry	Brooke Fries	Sean Kaminsky	Tracey McTague	Michael Reynolds	Desmond Taylor	
Erin Collier	Jeffrey Fry	Tracey Keays	Nina Medved	Mark Rinzel	Moussa Thiam	
Rose Collins	Lisa Furst	David Kerr	Kathleen Mercado	Layna Roberts	Valerie Thiers-Thiam	
	Chris Garvey	Colin Killalea	Kusi Merello	Adam Rogers	Maria Tighe	

THANK YOU!						
Thank you to the following members for referring friends who joined the Coop in the last four weeks.						
Joseph A.	Jen Chapin	Andrea Galas	Rebecca Krucoff	Gisbert Mayr	Alexandra Poolos	Heather Swain
David Adox	Tom Chaseman	Sheri Garzelli	Tracy L. Turner	Molly McFadden	Clara Presler	Joseph Szladek
Adrien	Sarah Chaya Elisha	Rahel Getachew	Anita Lam	Arlo McKinnon, Jr.	Megan Prince	Simona Tanasescu
Anne Alvergue	Kiritin Clausen	Peter Giles	Chaya Langer	Danae McLeod	Theodore Prince	Angela Taormino
Katelyn Angell	Diana Colon	Kimberley Gill	Miryum Langer	Andrew Merz	Rainer	Marla Thornes
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Alan Barker	Joe D.	Crystal H.	Cynthia Levi	Rachel Morr	Emily Robbins	Eugene V. Resnick
Erin Barnett	Gabriela de la Vega	Amos Hare	Graverait Lewis II	Christofer Muenster	Cynthia Robinson	Ben Velez
Kendal Bayer	Greg Di Gesu	Geralyn Harry	Matthew Lindsey	Sybil N.	Sara Romano	Amparo Vollert
Shira Becher	Don Doe	Doug Hecklinger	Nicola Lischi	Natural	Etty Rosenberg	Ellen Warner
Sylvana Belleri	Elizabeth Donnelly	Morry Hermon	Liz	Anastasia Nekoz	Susan S.	Nadia Wilson
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