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# Thinking Globally, Acting Locally By Gayle Forman

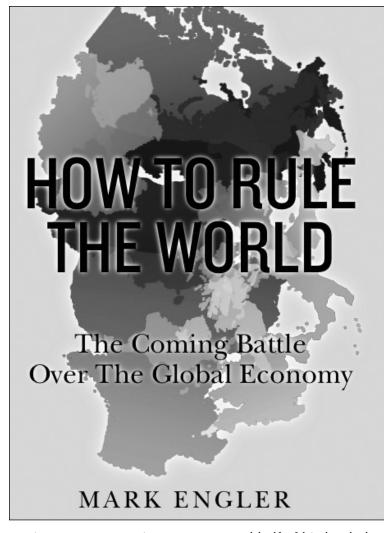
there a murkier or more overused word than globalization? The catchall term seems to describe everything from a Starbucks opening in Qatar to protests in Argentina, and depending on your perspective, it's a panacea or a menace.

Coop member Mark Engler attempts to shed some nuanced light on the impact of corporate and economic globalization in his new book How to Rule the World: The Coming Battle Over the Global Economy (Nation Books). Engler, a longtime activist who participated in the 1999 WTO protests in Seattle, says he steers clear of a doctrinaire argument for or against globalization. "Globalization can mean a dozen different things, including the global justice movement. So opposing it obscures the real debate," Engler explains. Instead, Engler takes aim at a more specific trend of neoliberalism, which he describes as the process of "handing over larger and larger blocks of public life to corporate entities."

In his thoughtful and thorough analysis, Engler decon-



structs three different approaches to the global economy: the first is the Clinton model, which relied on a vast corporate-controlled economic expansion—think of it



# **Author, activist, and Coop** member Mark Engler

as the Nike/Coca Cola/Disney economy. The second is the Bush model, a global capitalism in which the United States focuses on exercising both economic and military power—think of it as the Exxon/Halliburton economy.

While Engler points out the failures of both, it is the

second half of his book that provides a hopeful glimpse of a third way of doing business, one in which an increasingly integrated global society need not come at the expense of justice and equality. Engler finds fertile ground for this third way in Latin America, a region where he says "corporate globalization policies have

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# Coop **Event Highlights**

**Sat, Sep 27** • **Poker Night** 7:00–10:00 p.m. **Thu. Oct 2** • Food Class: The Green Table 7:30 p.m. **Tue, Oct 7** • Wordsprouts: Visual Narrative with **Youme Landowne** 7:30 p.m.

Fri, Oct 17 • The Good Coffeehouse: Paul Friedman and Jody Kruskal, and Anath 8:00 p.m.

**Tue, Oct 21 • Film Night: Gray Matters** 7:30 p.m. **Thu, Oct 23** • **Blood Drive** 3:00 p.m.–8:00 p.m.

**Fri, Oct 24** • **Blood Drive** 11:00 a.m.–6:00 p.m. **Sat, Oct 25** • **Blood Drive** 11:00 a.m.–6:00 p.m.

Look for additional information about these and other events in this issue.

# COMMITTEE REPORT

# The Politics of Food Conference

By Kathie Borowitz & Nancy Romer, Co-Coordinators, Politics of Food Conference



■ he world food crisis is real, it's growing, and it affects us all. Food prices are skyrocketing, monocrops and agribusiness have damaged the environment, farmers cannot afford to buy the food they grow, farm workers live in poverty, and epidemics of obesity and diabetes worsened by farm subsidies for sugar and corn (corn sweetener) extract a huge personal and societal toll and an irrational system of food production and distribution based on short-term corporate profits has created a mess for us to clean up and change. The world is experiencing a food crisis. What can we do about it?

The Safe Food Committee of the Park Slope Food Coop is organizing a conference on the Politics of Food—to be held on May 2, 2009—which explores the above themes and seeks to answer that last question. With much support from Coop leadership, our goal is to reach out to people all over Brooklyn. We've been reaching out to the many community organizations that have exciting initiatives on food: community gardens, urban agriculture, farmers markets, youth education programs, school food activists, local restaurants, health professionals, fair and local traders and, of course, coops. We hope to engage as many members of the PSFC as possible. We ask you to introduce us to your friends, neighbors,

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# **Next General Meeting on October 28**

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be Tuesday, October 28, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda will be available as a flyer in the entryway of the Coop on Wednesday, October 8. For more information about the GM and about Coop governance, please see the center of

\* Exceptions for November and December will be posted.

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# Thinking Globally, Acting Locally

failed and created poverty." Engler cites myriad examples, including the financial crisis in Argentina, which he says was caused in part by the government's adherence to the International Monetary Fund's policies. He also points to the failure of NAFTA to improve the standard of living in Mexico, where the GDP remained stagnant during the first

decade following the treaty.

Over the last decade, however, there has been a sea change south of the border. "Since 2000, in over a dozen elections, countries throughout the region that had pro-neoliberal governments aligned with Washington have overthrown them and replaced them with leftof-center governments," says Engler. "Now you have

roughly 500 million people in Latin America, and over two-thirds of them live under governments elected to break with Washington and its neoliberal policies."

## **Coop Influences His Work**

For Engler, a shopping squad leader who has been a Coop member since he moved to Brooklyn in 2001, How to Rule the World represents the joining of the strands of his life's work so far: The son of a former Catholic priest and nun with strong social justice leanings, Engler gravitated toward journalism after college and began covering the activist movements of which he'd been a part since high school. He has also spent more than two years living in Central America.

Working at the Coop both influences and reflects Engler's work. On a practical level, his monthly shift provides him an opportunity to come out of his head, to bounce ideas off fellow Coopers. "My shift is full of writers. It's helpful to talk with other people about the process of writing the book and having the self-discipline to keep plugging forward."

On a philosophical level, being part of the Coop represents a small-scale model of the kind of change for which Engler is agitating.

"People who do food coops or CSAs [communitysupported agriculture) or are part of the slow-food movement are concerned with issues like which corporations are making food [and] what are the structural conditions of agriculture. They're asking: 'Where does my food come from?' This is a root act of engaging the global economy. When you look at where your apple comes from, that's where issues become less abstract, where the rubber meets the road."

Jamie McCallum is a fellow activist and Coop member who has worked with Engler and protested with Engler and been arrested with Engler (at the aforementioned protests), though he has not worked on Engler's shift: "I've made a point to never be on his shift to avoid the embarrassment he would throw at me if I missed it," he jokes. McCallum believes that Engler's dedication to the Coop and to global activism is part of the same parcel.

"Mark is primarily concerned with radical alternatives to the current state of affairs of world politics. I think that's why he takes the squad leader position seriously. He's not cynical about small changes and not afraid to talk about larger ones. He's part of a tradition of writers who translate the complicated world into vernacular. It just so happens that in the process, his readers often get motivated to change the world, too." ■

For more information on How to Rule the World, go to www. Democracy Uprising.com

# **Presents** For Your Entertainment and for a Good Cause

The Fun'Raising Committee of The Park Slope Food Coop



# **Saturday, September 27 • 7:00–10:00 p.m. Upstairs in the Coop meeting room**

**Benefit for CHIPS Soup Kitchen** (Christian Help In Park Slope)

Beginners Welcome—The basics will be taught as needed. A fun social evening for a good cause. Come one, come all (age 18 and up). Snacks and drinks available for purchase.

> Admission price of \$10 buys your poker chips to play, and supports the beneficiary. Top four winners will receive a gift certificate.

# **What a Deal! So Deal me in!**

Further Information: (718) 429-3437

# PARK SLOPE FOOD COOP

# **Product Return Policy**

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

May not be returned with the exception of (fresh fruits & vegetables) coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.

The produce buyer may be contacted on

they are opened or unsellable, and were

purchased by mistake or not needed.

	weekdays by members to discuss any other claims for credit.
Books	May not be returned.
Juicers	May not be returned.
Bulk items & bulk items packaged by the Coop	<b>May not</b> be returned. Members may contact the bulk buyer to discuss any other claims for credit.
Refrigerated items Frozen items	May not be returned unless spoiled.
All Other Products (not covered above)	A. Other products <b>may be</b> returned if they are spoiled or defective and the category is not specified above
	B. Other products <b>may be</b> returned if they are unopened, undamaged and therefore can be sold again.
	C. Other products <b>may not</b> be returned if

#### Thursday, Oct 2 7:30 p.m. at the Coop Susan Baldassano coordinator PARK SLOPE FOOD COOP Orianne Cosentino The Green Table currently cooks under Chef Brent Sims at The Green Table, Mary Cleaver's sustainable

The Green Table is a sustainable eatery tucked inside the Chelsea Market featuring creative dishes crafted from local, organic and artisanal sources exercising humane and environmentally friendly practices alongside an intelligent wine list,

local beers and organic cocktails. Owned by farm-to-table pioneer Mary Cleaver and her catering company, Cleaver Company, The Green Table chef Brent Sims works closely with local farms to offer fresh, seasonal menu selections. Versatile and intimate, The Green Table invites you to sample their seasonal treats, such as summer corn ice cream, fresh farm crudites and local artisanal cheeses.

# MENU

- Roasted Tomato Soup
- Late Summer Succotash with Pecan Brulee

\$4 materials fee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Seasonal Fruit Crisp

# **MEMBERS &**

Come early to ensure a seat.

her culinary style, just as important as living in NYC. She also enjoys sharing her culinary endeavors through teaching and writing. **NON-MEMBERS** WELCOME.

eatery and wine bar in the

Chelsea Market, where she

is encouraged to adapt

recipes and techniques

extensive travels. Since

Training Program at the

Natural Gourmet Institute

for Food and Health in 2005.

Ori has cooked in France,

Mexico. World traveling is

an important influence on

California, Greece and

completing the Chef

gathered during her



On September 17, the Food Coop became the first grocery store in Brooklyn to earn the Environmental Protection Agency's ENERGY STAR, the national symbol for superior energy efficiency and environmental protection. From left to right: Robert Sauchelli, U.S. EPA ENERY STAR program manager; Joe Holtz, PSFC General Manager; Charles Copeland, Consulting Engineer, Goldman/Copeland Associates; Jeff Perlman, PSFC Energy Efficiency Advisor; Andy McNamara, PSFC Energy Efficiency Advisor.

# A Bird's Eye View

# Early Mornings with the Produce Receiving Squad By Anita Aboulafia

Alarm clocks ring, waking staffers from the Coop's produce squad. It may still be dark when they leave their homes—by bicycle, car or foot. The streets are quiet. They encounter people working at 24-hour bodegas and delis, but few pedestrians and virtually no cars or bicycles as they head to the Coop.

Produce Coordinator Julie Gabriel arrives at 4:30 a.m. Receiving Coordinators Ibou Diallo, Ken Macdonald and Eric Vazquez and General Coordinator Allen Zimmerman arrive at 5:00 or 5:30 a.m. Their combined experience on the squad totals 35 years. Allen is the produce guru, with 20 years of experience. Ken has eight years of experience; Julie has three years of experience (she previously worked as an office coordinator for 12 years). Ibou has four years of experience, and the newest member of the team is Eric, who began working as a produce receiving coordinator in January.

Produce receiving is a sixday-a-week operation, Monday through Saturday, with no deliveries on Sundays. According to Allen, more than 50 local farmers sell to the Coop. There are as many as eight deliveries each weekday and 5,000 cases of produce come in every week. He says turnover is rapid, and, generally speaking, no item is here for an entire week. On Saturdays, Allen says, we receive 72 cases of bananas for the weekend.

# **Early Morning Routine**

As the sun rises, the produce receiving coordinators head to the basement to begin the process of overseeing unloading and storage. Near the 35-foot conveyer belt, they post the list of the produce to be delivered that day. Cases come down the belt, are placed onto U-boats and are then stored in the vast walk-in refrigerator units. Color-coded charts taped in front of each unit indicate where items are stored. Then it's time to rotate the produce—for instance, cases of blueberries that are just unloaded are placed behind the older cases of blueberries.

On any given weekday, there may be as many as ten Coop members working in the produce receiving squad in the basement, unloading and storing produce.

In the nearby food processing area, six workers label organic produce or put organic items in plastic containers to distinguish them from nonorganic produce

from nonorganic produce.

After a few hours of

unloading and storing produce, a call comes in for basement workers to start sending items up the conveyor belt to begin stocking the produce section.

#### **Fast on Their Feet**

"It's a challenge to work very fast without rushing (and making mistakes) and to work with people whom you have often just met," Ken says. "There are, of course, the physical challenges of ensuring that you don't get hurt when lifting a fortypound box of Japanese sweet potatoes. And all receiving coordinators have to pay close attention to a lot of different things going on simultaneously—checking off the delivery list to ensure items have been received, overseeing the workers, paying attention to the paging system that alerts us to produce coming down the belt, and identifying and sending the correct amount of produce up to the selling floor.

"I always appreciate how understanding and willing members are to do this work," Ken says. "We work in an incredibly fast-moving environment, as produce is coming in and has to be identified and placed in the proper location in the refrigeration units—all in a matter of minutes."

# "The Best Job Here"

"As the person responsible for ordering the produce for the Coop, I know I have the best job here," Allen says. "This is a job that constantly challenges me—every day there are fires to put out, puzzles to solve and decisions to make. I enjoy working with people who have never handled produce before getting it right—handling it with care, rotating, and removing defective produce is key."

And, he says, "it's exciting working with local farmers. In a broad sense, there are four seasons, but each produce item has its own season." Florida citrus, for example, has a season that runs from October to June, each variety of apples has its own season, and then "there's the brief but thrilling presence of cherries, which are not in season right now."

# **The Selling Floor**

Julie works on the selling floor and has numerous responsibilities: overseeing deliveries, stocking shelves, and maintaining clean produce aisles. She also does data entry and still works in the membership office one hour a week. Julie fills in for Allen, ordering produce when he is on vacation.



Where do these items go? Receiving Coordinator Eric Vazquez (above) and a squad member prepare to stock shelves. Below left, Produce Buyer Allen Zimmerman. Below right, Receiving Coordinator Ibou Diallo in the basement amid scallion greens.



"I've been an early-morning person all my life," she says with a smile. "As Produce Coordinator, I know it's vitally important that we make sure all produce is identified properly and rotated when it is shelved. We have a terrific crew," she says with pride.

# "The Beauty of Diversity"

According to Ibou, "What I appreciate most about this job and the Coop is the beauty of diversity—of our members and of the produce that I see every day. I love every aspect of the Food Coop."

The variety of produce available at the Coop means that produce squad workers have to be able to tell the differences, for example, among the six types of red apples in the refrigerator when a call comes in to send up two boxes of red apples. Then, on the selling floor, workers have to correctly identify and shelve the produce.

Ibou, who hails from Dakar, Senegal, explained the derivation of his name. "In French, the word 'hibou' means 'owl.' As everyone knows, owls are solitary, nocturnal creatures." Ibou, on the other hand, has been a "morning person" and "people person" all his life. "Like my coordinator colleagues," he admits, "I am a 'juggler' of sorts, juggling the workload and, at the same time, train-



ing new produce receiving workers."

Eric seconds Ibou's thoughts. "I get enormous gratification from the work that I do here. Through an odd confluence of circumstances, the first person I interviewed with at the Coop suggested that I reconsider the job I was applying for and consider working as a produce receiving coordinator. The rest, as they say, is history. I have a lot of spatial intelligence and that has served me well on this job."

# **Wish List for the Future**

When asked what their wish list is for the future, all these coordinators focus on ways to accommodate storing the increasing amounts of produce needed to feed the growing membership.

"In the basement, we've expanded in every direction; it's a struggle to get everything to fit into our refrigerator units," explains Eric. "We're using the same units that we had when there were eight thousand members and now there are fourteen thousand members."

Allen agrees. "When we moved into our current space," he says, "we knew that we had room to grow.

However, we reached capacity a year ago. Now we 'struggle and juggle,' sometimes leaving produce on U-boats." Coordinators dream of plans to expand the current configuration of refrigerator units by relocating some compressors that are housed in the basement to the roof.

Providing members with top-notch produce aisles is foremost in the mind of Julie. She is planning to develop a manual with detailed instructions for produce stockers that would map out where produce is stocked on the selling floor and how to stock items properly—not mixing organic with nonorganic produce.

Along those lines, Allen shares his thoughts. "My dream," he says, "is to have a paid staff working in the produce aisles from the time the store opens to the time it closes. These trained professionals would provide supervision to ensure that shelves remain stocked and poor quality produce does not remain on the shelves." He acknowledges that the labor costs would be "significant," but thinks "the payoff would be worth it." Allen sums up, "The Coop's produce department would be even more dazzling than it is now." ■

# FOOD COMMITTEE

# The Politics of Food Conference

CONTINUED FROM PAGE 1

workmates, and associates so that we can involve them in this conference and help them share their experiences.

Over the next few months you'll hear more about our

plans, but here's a short sketch of what we have in mind for May 2:

- A celebratory parade up Seventh Avenue in honor of food, farmers, families, and community
  - Plenary speakers
- Workshops, films and teen-led activities (to be held at John Jay High School)
- Kids' activities (to be held at PS 321)
  - Healthy food vendors
- Information tables on local organizations and ongoing activism
- Dinner and dance at John Jay High School to celebrate our coming together as a com-

Parents, teachers and administrators at PS 321 and John Jay HS, as well as many other community partners, have been welcoming us and dreaming up great ideas for the conference. We have learned that the effects of this crisis are being felt across the nation and the world, but that everywhere there are people who refuse to acquiesce to an unjust, ecologically damaging, and unhealthy food system.

In the future you will read and hear a great deal about the conference in this paper. Meanwhile, please put May 2, 2009 down in your calendar as an important community event. If you want to participate in organizing this project, please send a short message indicating your particular interests, skills or contacts to lstoland@gmail.com. Finally, if you're aware of any people or organizations that can help us cover the cost of the conference, please let us know. See you on May 2. ■

# WHAT IS THAT? HOW DO I USE IT? Food Tours in the Coop

The Coop is one of those places where time gives you a little squeeze: the belly grips the shoulders reach for the ears

We put shopping on the list of things to get DONE When we come in, we're already thinking about coming out

But there's the Coop of a parallel universe where items are stocked in orderly rows Fruits and vegetables bulge colorfully into the aisles Fellow members are busy at their tasks There's the peaceful hum of human activity, probably not much different from that of the farms where all the food is grown

In this Coop we're connected to everyone else who eats to a community that works together to get food to one

to the person who hefts a melon and declares it good

And right now at this moment we can be glad there is time enough to take part

The Park Slope Food Coop In time with the moment

by Myra Klockenbrink

Monday

October 6 (D week) and October 20 (B week) Noon to 1 p.m. and 1:30 to 2:30 p.m.

You can join in any time during a tour.

# Coming this Spring!

On Saturday May 2, 2009, the PSFC and the Caribbean Women's Health Association will host a conference on the Politics of Food.

We need hundreds of Coop members and lots of organizations co-sponsoring!

Do you have experience in...

- Media, web design, graphics, sign making, audio-visual production
- Public Relations marketing, outreach, press kits, web-
- Events Coordination; special events include a parade, films, vendors, and educational groups
- Fundraising, including grant writing; we need financial sponsors as well as donations from restaurants and affiliated organizations
- Community Outreach; coordinate & inform other community groups including religious organizations, immigrant communities, and schools

## PLUS we need staff on the day of the event!

Bank FTOP hours using your expertise to create one of the largest events in the Coop's history.

Anyone with organizational skills and interest in food and food policy is welcome!

Please send an email with your name and area of expertise to the volunteer coordinator: lstoland@gmail. com

In addition, we are asking for donations of AIRMILES or money to help bring keynote speakers to the conference.

The Park Slope Food Coop's Reading Series

# Visual Narrative with Youme Landowne

If a picture is worth a thousand words, why write? Do you find yourself doodling and piecing words together? In this workshop we will generate words and images and see how they collaborate. If you have an image you have been wanting to write about, or writing you have been wanting to draw from, then bring them along. If you feel you have nothing, bring your empty hands and your interest. This workshop is open to all ages.

Youme Landowne, author and illustrator of the graphic novel Pitch Black, illustrates for all ages and sometimes forms complete sentences, but usually draws meaning out of words by doodling and good old fashioned paste. Her book, Selavi (That is Life) A Haitian Story of Hope, based on real events, won national acclaim including the Jane Addams Award for Peace and activism in children's books. She has been a lead artist with Groundswell Community Mural Project and a visiting artist with Teachers & Writers Collaborative, Unified for Global Healing, Friends World College, The New School University, and InterNos in Santiago de Cuba.

Tuesday, October 7 7:30 p.m. at the Coop FREE Non-Members Welcome All Wordsprout participants are Bookings: P.J. Corso,

paola\_corso@hotmail.com

Views expressed by the presenters do not necessarily represent the Park Slope Food Coop.

# **Puzzle Corner** Geography Lesson For puzzle answers, see p. 11. 19 The Great Lakes State **ACROSS DOWN** 2 The Hoosier State 1 The Lone Star State 20 The First State 16 The North Star State 6 The Pelican State 22 The Last Frontier 2 The Hawkeye State **17** The Buckeye State

3 Land of Lincoln

**5** The Peach State

**12** The Heart of Dixie 15 The Centennial State

4 The Sunflower State

7 The Pine Tree State 8 The Aloha State

18 The Old Line State

21 The Equality State

**23** The Bluegrass State

24 The Green Mountain

State

25 The Treasure State

26 The Sunshine State

**27** The Beaver State

28 The Constitution

29 The Beehive State

30 The Garden State

State

**9** The Silver State

**11** The Natural State

13 The Grand Canyon

14 The Show Me State

15 The Golden State

10 The Gem State

State

# Organic Farming, Italian Style

By Julie Forgione

or two weeks this past May, I lived and worked on an organic farm in Italy as a WWOOFer. Willing

Workers on Organic Farms, an international organization with chapters in many countries, partners organic farms and people who want the experience of living and working on

one. Some WWOOF hosts have agritourism as well, with everything from simple lodgings to vineyards with inns/ restaurants.

The farm where I stayed, Case Bottaro near Pergola, comprises woods, pasture and cultivated fields. Paolo and Bini, my hosts, keep sheep for milk and meat. Their chickens are truly free range—the hens go everywhere! In the spring they get two pigs for slaughter in the fall. They raise many crops, including farro (also known as spelt), fava beans, peas, artichokes, strawberries and chickpeas. They use sheep manure as fertilizer. Planting and hoeing are done mostly by hand.

## **Herding Sheep, Baling** Hay, Baking Bread

Jill, a fellow WWOOFer, and I gamely tackled the tasks we were given. We were not always successful! When we tried to herd the sheep into a meadow, they just scattered or stared at us, and Paolo had to come to our rescue. We also worked very hard. One late afternoon at the neighbor's field, the baler broke

down, so we pitchforked hay into stacks until dark. We were better at weeding and hoeing and at cleaning the

# Member **Contribution**

sheep stable. Paolo even let us clean the pigsty. We worked in the house with Bini, making bread, cooking, cleaning and doing laundry.

We got so much in return for our work. Just the meals would have been exchange enough: stuffed artichokes, fresh pecorino, local olive oil, strawberries off the vine, homemade sausage and ham, bread baked with organic flour. But making it all taste so much better was the joy of sitting around the kitchen table in the company of these wonderful people for several hours every day, eating and talking. Then every afternoon, siesta.

And I was on a mission: I wanted to see where all food comes from, not just vegetables. I'd read some books: Fast Food Nation, In Defense of Food, The Omnivore's Dilemma. I had begun to think it would be useful to face the reality of meat production, if only briefly. I wanted to visit a slaughterhouse.

Paolo had explained why he and his family were not vegetarians. He felt that by consuming meat, as farmers, they

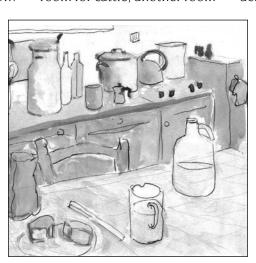


The fruits—and vegetables and dairy—of labor.

were part of the life cycle in which they were participating. He hadn't felt authentic or connected to the animals when he wasn't eating them. His thoughts on meat eating made the most sense of any reason I had ever heard.

## **Lambs to the Slaughter**

When it was time to take a few lambs to the municipal slaughterhouse, Paolo generously let me come along. It is a small building with one room for cattle, another room



for smaller livestock, and a vast walk-in refrigerator. The onsite veterinarian inspects the liver of each carcass for worms and disease.

While Paolo and the vet did the paperwork, I watched the lambs waiting in a penned-off area in the killing room. Unexpectedly, I felt a mixture of pity and gratitude: pity for dumb animals who cannot know their fate, and gratitude for their flesh which feeds us. I did not witness the actual killing, but I watched

> the two butchers—father and son—skin, gut and butcher the lambs, which hung from hooks by their ankles. The smell of blood was overwhelming, but I stayed. I felt I owed it to the animals: if I am going to eat them, I should see what happens here. But it was not easy. The vet pronounced the animals very healthy, and Paolo packed the carcasses into bins to take back to the farm.

On our excursion he also took me to the cooperative mill where their grain is ground and to their farmer cooperative, called La Terra e il Cielo (The Earth and the Sky). Their products, such as pasta, barley coffee and canned tomatoes, are shipped to other European countries and to Israel. The region, Marche, has a culture of cottage industries and cooperative organizations.

My stay was what I hoped for and more: new friends; physical labor outdoors, fresh, delicious food, contact with farm animals and, finally, a deep if fleeting sense of the cycle of life and our profound, almost poetic debt to the earth and our close companions, domesticated animals. I hope to do it again next year. ■

For more information about WWOOF and Case Bottaro, go to www.wwoof.org, www.wwoof.it and www.casebottaro.it

# Diversity and Equality Committee Looking for Additional Members

The Diversity & Equality Committee (DEC) is dedicated to improving human relations and communications through impeccable interpersonal interactions, policies and procedures in the Coop. Our goal is to work toward preventing and eliminating discrimination in the Coop. The DEC has met on a monthly basis since 2004 to promote the ideal of equal and respectful treatment between all Coop members and paid staff regardless of each individual's different identity. The DEC also aims to provide advocacy for individuals who feel they have experienced discriminatory practices in the Coop.

In order to be considered for the Diversity and **Equality Committee,** you must have at least one year of Coop membership, have an excellent attendance record, have the ability to be accountable, to take initiative, to work independently, be organized, and have an ability to work collaboratively with others. In addition, the committee meets monthly on second Thursday of the month from 6:30 pm-8:00 pm. These meetings are mandatory. Committee members also work outside the meetings on projects for their sub-committees. Work on the committee is recorded on an hour-by-hour basis.

The Committee is organized into subcommittees by area. The specific sub-committee needs and skills are detailed below. In addition, we are looking for a secretary for the committee as a whole. Please specify which subcommittee(s) interest you (each member participates in only one sub-committee). To express interest contact Jess Robinson at the Food Coop via e-mail at jess\_robinson@psfc.coop or phone at (718) 622-0560. Please be prepared to provide a listing of your relevant experience, along with your Food Coop member number.

# **Committee Secretary**

The necessary skills are:

- · Ability to comprehend what is being stated and record it accurately in writing
- Ability to do word processing and distribute minutes via e-mail from home

# The Diversity Education Sub-Committee

Needs 4-5 new members. The necessary skills are:

- Commitment to the concept of "diversity." Other terms that resonate in the "industry" are "multicultural" "pluralism" and "inclusion"
- Superior relationship/people skills—pro-active, savvy, and non-judgmental in relating to all types of people
- Basic group facilitation—have experience leading workshops, ideally around diversity issues
- Public speaking skills, conflict resolution skills, and mediation skills

# The Survey Sub-Committee

Needs 4-5 new members with interest in conducting a study of Coop members' experiences with bias or discrimination at the Coop. The necessary skills are:

- Data entry skills: Qualitative & quantitative data analysis software (such as SPSS) experience
- Writing skills for documenting and presenting study findings

# **Complaint Review Sub-Committee**

Needs 2 new members, a secretary and a mediator. The necessary skills for each position are:

- Mediator: Needs excellent conflict resolution and mediation skills; good editing and writing skills; compassionate; impartial; good investigative skills; critical thinking skills; good interviewer; attend a hour and a half subcommittee meeting every month in addition to the general DEC meeting
- Secretary: Take dictation and detailed notes; transcribe and archive; data entry and general

computer skills; good editing and writing skills; compassionate; impartial; good investigative skills; critical thinking skills; good interviewer; able to attend a hour and a half subcommittee meeting every month in addition to the general DEC meeting



# COOP HOURS

#### **Office Hours:**

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

#### **Shopping Hours:**

Monday–Friday 8:00 a.m. to 10:00\* p.m. Saturday 6:00 a.m. to 10:00\* p.m. Sunday 6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line 15 minutes after closing time.

#### **Childcare Hours:**

Monday through Sunday 8:00 a.m. to 8:45 p.m.

## **Telephone:**

718-622-0560

#### Web address:

www.foodcoop.com

The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

# **SUBMISSION GUIDELINES**

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Subscriptions: The Gazette is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).



Printed by: Prompt Printing Press, Camden, NJ.

# Friday **Oct** 17

8:00 p.m.



A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture





# **Paul Friedman and** Jody Kruskal

These two guys from Brooklyn love to play old-time tunes and songs from North America and beyond. Heart songs and hokum, by turns, silly, sweet and serious. Jody has a distinctly American sound on the concertina, like a fistful of harmonicas, with rich harmony and melodic counterpoint while pumping out rhythms with the bellows. Paul is deep in the traditions of old-time fiddling and both enjoy a rich medley of tunes and songs from the U.S., England, Sweden and the Shetland Islands.

Singer-songwriter Anath musically fuses traditions, inherited and chosen. Born in Tunisia, and raised in Israel and France, Anath has already had a globe-trotting career. A singer, dancer and actress, she has recorded and performed in all three capacities throughout Europe and the Middle East, singing in French, Hebrew, Arabic and English. Anath is currently working on her new album with pianist/producer Pablo Vergara.



53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45] Performers are Park Slope Food Coop members and receive Coop workslot credit.

**Booking:** Bev Grant, 718-788-3741

**Childcare** is available from Brooklyn Society for Ethical Culture for a nominal fee.

# Monthly on the...

**Last Sunday** September 28 10:00 a.m.-2:00 p.m.

**Second Saturday** October 11 10:00 a.m.-2:00 p.m.

**Third Thursday** October 16 7:00 p.m.-9:00 p.m.

On the sidewalk in front of the receiving area at the Coop.

# PLASTICS

# What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

# **ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY**

We close up promptly. Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



# **This Issue Prepared By:**

Coordinating Editors: Stephanie Golden

Erik Lewis

Editors (development): Dan Jacobson

Michael O'Keeffe

Reporters: Gayle Forman Anita Aboulafia

Art Director (development): Michelle Ishay

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Desktop Publishing: Midori Nakamura

Dana Rouse Tricia Stapleton

Editor (production): Michal Hershkovitz

Post Production: Becky Cassidy Final Proofreader: Teresa Theophano

Index: Len Neufeld

# **Office Data Entry**

Tuesday, 4:30 to 7:15 p.m.

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett in the Membership Office if you would like more information. Workslot requires a sixmonth commitment.

# **Attendance Recorders**

Tuesday, Friday, or Sunday

The Coop needs detail-oriented members to help maintain attendance records for Coop workers. You will need to work independently, be self-motivated and reliable. Good attendance is a requirement. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please speak to Lewanika or Cynthia in the Membership Office if you would like more information.

# **Check Office Supplies**

Thursday, 8:30 to 11:00 p.m.

This workslot is responsible for restocking supplies at desks in all offices on the Coop's 2nd floor, at checkout lanes, entrance desks and the cashier stations. Some light maintenance, such as light cleaning of desktops and phones, is another task. This is a task and detailed-oriented job, ideal for someone who likes working

independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex\_marquez@psfc.coop if you are interested.

# **Shopping Floor Set-up and Cleaning**

Monday thru Friday, 6:00 to 8:00 a.m.

Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor checkout stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia\_pennycooke@psfc.coop. FTOP credit available.

# CÖP CALENDARO

# **New Member Orientations**

Monday & Wednesday evenings: . . . 7:30 p.m. Wednesday mornings: . . . . . . . . . 10:00 a.m. Sunday afternoons: . . . . . . . . . . . . . 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

# **Gazette Deadlines**

# **LETTERS & VOLUNTARY ARTICLES:**

Oct 9 issue 7:00 p.m., Mon. Sep 29 Oct 23 issue 7:00 p.m., Mon. Oct 13

# CLASSIFIED ADS DEADLINE:

Oct 9 issue 7:00 p.m., Wed. Oct 1 Oct 23 issue 7:00 p.m., Wed. Oct 15

# **General Meeting**

#### TUE, OCT 7

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the Oct. 28 General Meeting.

#### TUE, OCT 28

GENERAL MEETING: 7:00 p.m.

The agenda appears in this issue and is available as a flyer in the entryway

# The Coop on the Internet www.foodcoop.com

# The Coop on Cable TV

# Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

# Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see

# the instruction sheets by the sign-up board. • Advance sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

# • Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

# • Certain squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

# • Attend the entire GM:

In order to earn workslot credit you must be present for the  $\it entire$  meeting.

# • Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

# • Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2.Please also sign in the attendance book that is passed around during the meeting.

# Being absent from the GM: It is possible to cancel without penalty. We do ask that

you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

# • **Is it FTOP or a make-up?**It depends on your work s

It depends on your work status at the time of the meeting.

# • Consider making a report...

...to your Squad after you attend the meeting.

# Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a mem**ber-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. We welcome all who respect these

# ALL ABOUT THE GENERAL MEETING

# **Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

# Next Meeting: Tuesday, October 28, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

# Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

# How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

# **Meeting Format**

# Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum itemsExplore meeting literature

# **Open Forum** (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

# **Reports** (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports **Agenda (8:00 p.m.)**

• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

# Wrap Up (9:30-9:45 p.m.)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

# COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. \*Denotes a Coop member.

# SAT, SEP 27

PEOPLES' VOICE CAFE: Chris Lowe; Peter Pasco\*; Toby Fagenson. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); wheelchair-accessible. Info: 212-787-3903 or www.peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

# WED, OCT 1

FOLK OPEN SING: Come sing with us. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Music Society of N.Y., the Ethical Culture Society, & the Good Coffee House. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10:00 P.M. Info: 718-636-6341.

# FRI, OCT 3

GOOD COFFEEHOUSE MUSIC PARLOR: Appalachian Traditional Singer/Musician Brett Ratliff. 53 Prospect Park West at 2nd Street

in Park Slope. Info: 718-768-2972, www.gchmusic.org. Show start at 8 p.m.; doors open at 7:30 p.m. \$10 adults, \$6 kids.

## SAT, OCT 4

PEOPLES' VOICE CAFE: Ebony Hillbillies. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); wheelchair-accessible. Info: 212-787-3903 or www.peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if can't/no one turned away

## SUN, OCT 5

SUPPORT GROUP for people caring for aging family and friends meets the first Sunday of each month from 9:30-11:00 a.m. at Park Slope United Methodist Church. Open to all members of the community dealing with issues around elderly parents, family or friends. Come share feelings, insights and resource ideas with others. Info: 718-783-4404.

# THU, OCT 16

STEP UP TO THE PLATE: Ending

PEOPLES' VOICE CAFE: Human Condition Reunion. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); Wheelchair-accessible. Info: 212-787-3903 or www.peoples voicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

# SAT, OCT 25

PEOPLES' VOICE CAFE: Hook Report with ChrisLange; Emma Graves\*. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); wheelchairaccessible. Info: 212-787-3903 or www.peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less

# SUN, OCT 26

FREE CHAMBER MUSIC SERIES: of the Brooklyn Public Library in

the Food Crisis. Be part of the solution! Join Frances Moore Lappé, Raj Patel and others for the national launch of an urgent Call to Action on the world food crisis. 7 p.m. Cooper Union (7 E. 7th St, NYC). FREE. www.whyhunger.org.

## SAT, OCT 18

## FRI, OCT 24

GOOD COFFEEHOUSE MUSIC PARLOR: Singer/Blues Guitarist Paul Geremia—Traveling Troubadour Concert Series. 53 Prospect Park West at 2nd Street in Park Slope. Info: 718-768-2972, www.gchmusic.org. Show start at 8 p.m.; doors open at 7:30 p.m. Adults \$15/kids \$6.



if you can't/no one turned away.

Imani Winds. At the Stevan Dweck Center For Contemporary Culture (found under the vast front steps Grand Army Plaza), 4 p.m.





Five Blood

Join the Blood Drive

at the Park Slope Food Coop

**₹ Thursday, October 23 •** 3:00 − 8:00 p.m.

**Friday, October 24 •** 11:00 a.m. − 6:00 p.m.

In the second floor Meeting Room

FACT: Less than 3% of the population donates blood

and 90% will use blood some time in their life.

 Park Slope Food Coop • 782 Union Street • • Brooklyn, NY • 718-622-0560 •

• In cooperation with New York Methodist Hospital • For further information about blood donation, call Stuart Rosenhaus, 780-3644

**Saturday, October 25 ·** 11:00 a.m. − 6:00 p.m.

# **The Orientation Committee Needs You!**

We are looking for energetic Coop members with a teaching or training background who can work on Monday evenings, Wednesday mornings or evenings, or Sunday afternoons. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with at least two years of membership will be considered.

Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

For more information, contact the Membership Office or write to karen mancuso@psfc.coop.



Tuesday, October 21 • 7:30 p.m. at the Coop

# **GRAY**MATTERS



They finish each other's sentences, dance like Fred and Ginger, and share the same downtown loft—the perfect couple? Not exactly. Gray and Sam are a sister and brother so compatible and inseparable that people actually assume they are dating. Mortified, they both agree they must branch out and start searching for love. He'll look for a guy for her and she'll look for a gal for him. A romantic comedy about a brother, a sister and the girl of their dreams.

Writer/director Sue Kramer completed Gray Matters in 2007. The film pays homage to 1940's screwball comedies with one big bang of a modern twist. It stars Heather Graham, Tom Cavanagh, Alan Cumming, Sissy Spacek, Bridget Moynahan and Molly Shannon, and Alexander Payne is the executive producer.

Kramer adapted the book The Last Innocent **Summer**, a book that Sissy Spacek was attached to star and direct. She also wrote The

**Bunnies** for Touchstone Pictures, which is based on the book The Bunny Years and pays homage to the Playboy

FREE Non-members welcome

Club in 1963. In 2002, she completed Walking **Backwards** for Julia Roberts and Revolution Studios. Set in Italy, it is a supernatural love story about a woman who loses everything and needs to pick up the pieces.

Sue is a graduate of UCLA Film School. She graduated with honors, having won the Jim Morrison Award for Outstanding Direction and Writing for her short film, entitled Till Death Do Us Part. Sue currently lives in Park Slope, Brooklyn, with her husband and daughter and likes to split her time between New York and Paris.

Film curator Alexandra Berger can be reached at isisprods@ yahoo.com.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

#### R H Ε 0

#### THE FINE PRINT

## **MEMBERS, PROCEED WITH CAUTION:**

If you think you can easily apply credit from attending a General Meeting toward a future monthly Coop shift, think again, or at least be aware of the fine print. In June, I attended my first General Meeting. I knew I would be away for the month of August so instead of doing a make-up, I thought I'd plan ahead.

I waited until the very end of the meeting in order to receive workslot credit. When you attend the GM, you receive information in the mail beforehand but none of it tells you how to actually use your workslot credit: that arrives after the meeting. (Yes, the information is available on the Coop website at the very bottom of the General Meeting page.) It turns out, to my surprise, GM workslot credit is treated as a banked FTOP shift and must follow FTOP rules. FTOP rules require you to have TWO banked shifts in order to use them and then they must be used consecutively. Basically, this means members on traditional squads cannot actually use the GM credit unless they do an additional FTOP shift! Who wants to do that on top of their regular monthly shift? Bizarrely, if you happen to already owe a make-up on the night of the GM, which I did not, your GM credit is automatically applied to that.

If all of this sounds confusing, that's because it is. My squad leader kindly called the office to try to make sense of it and was similarly baffled by the policy. Until the Coop revises its policy, my advice is to skip

# LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@ psfc.coop or on disk.

# **Anonymity**

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, noncooperative language.

# **Fairness**

In order to provide fair, comprehensive, factual coverage:

- 1. The Gazette will not publish hearsay—that is, allegations not based on the author's first-hand observation.
- 2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
- 3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by Gazette reporters which will be required to include the response within the article itself.

# Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

the GM if you think it will help you plan ahead. It

Suzanne Grossman

#### **HIV/AIDS MISEDUCATION**

#### **DEAR MEMBERS:**

I was dismayed to see a letter supporting the work of that right-wing hack, Celia Farber. I have had the misfortune of communicating with her in the past and she is neither credible nor very intelligent, to be blunt. Sorry, Albert, but I think you are being misled!

I have been an AIDS activist for nearly 20 years. I have watched literally hundreds of friends and colleagues struggle with HIV and AIDS—and far too many of them have died. (I will note two acquaintances who claimed vociferously that their HIV infection was irrelevant—til they both recently died of AIDS.)

Let's remember that the current year is 2008. Early studies of AZT monotherapy (single drug) are not relevant in the day now where combinations of antiretrovirals, sometimes including AZT, have proven FAR more effective. We wouldn't give single agents to a person living with tuberculosis, would we?

Indeed, the cited Concorde study showed no benefit from using just AZT as a single agent taken over the long term. This was fairly obvious to a lot of us at the time. But the subsequent studies looking at two "nukes", named DELTA and ACTG 175, showed significant clinical benefit. People didn't die as fast. Since then, many more studies have been undertaken and a panoply of drugs have become availableand I know MANY of my friends are here because of them.

Lest you think I am a booster for pharma, hardly. If you would like to read a great book by a more reliable author, try Marcia Angell's The Truth

About the Drug Companies. It's quite a review of the shenanigans of big pharma. As an MD and a former senior editor at the New England Journal of Medicine, her voice is compelling.

For other good information, you can go online and listen to the voices of those of us in the AIDS Coalition to Unleash Power (ACT UP) at www.acporalhistory.org/interviews/index.html. In addition, for comprehensive rebuttals to the nonsense "denialists" spread about, see www.aidstruth.org.

Antiretroviral therapy is costly, it can have significant side effects for some, and it is not a cure. Most people with HIV on the planet today STILL cannot access these medications. And most die for lack of medicine, food, clean water. Inexpensive interventions but for the indifference of political leaders who would rather fund failed "abstinence only" programs and shovel more money into the hands of pharma. We need prevention and treatment programs that are sensible, supported and help to create stronger healthcare infrastructures, here as well as in the developing world.

Saturday, October 4 2:00 p.m. at the Coop

FREE Non members Welcome

# Nutrition Response Testing

Are you "medical-izing" your symptoms? Taking supplements you read can help with this symptom or that? Treating symptoms with supplements may be preferable than pharmaceuticals that mask symptoms. But why not use whole foods?

Why not feed your body back to balance?

This seminar will introduce you to a cutting-edge protocol that is non-invasive, affordable, and effective. Without expensive lab testing or hundreds of dollars of supplements, learn how nutrition response testing can be your drug-free alternative for all your healthcare concerns.



Diane Paxton, MS, LAc, is the owner and principal of Inner Fire Integrative Health Services, with offices in Manhattan and Park Slope. She is also a long-time Coop membe

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Finally, since this IS the Park Slope Food Coop, let me just add that there is SO much that can be done to slow HIV disease progression, manage and prevent medication side effects and otherwise sustain and maintain good health. Not only the many good foods, beverages and supplements that we have available to us to our great fortune, but the very community of remarkable people can lift the spirits and help us remain aware, active and engaged.

Thanks, Albert, for your comments that helped inspire me to write!

> George M. Carter Director, FIAR www.fiar.us

# THE BONES OF SEPTEMBER

Two vast and trunkless legs of steel Like silent Pharaohs over Wall Street stood Scraping the vast canvas of immortality

How many died erecting those towers: Welders of iron, exoskeletal beams? Manhattan is missing her two front teeth Can you help me find them?

What were their thoughts on that morning's long fall? Beat, you wings! Just another few breaths! Millions of fingers—of Flesh, of Memory— Sift and sift that ancient dust

Manhattan is missing her two front teeth Help me find them!

Now, only a torn, disfigured pedestal remains And on it these words appear: "My name is Ozymandias, King of Kings: Look on my works, ye Mighty, and despair!" Nothing beside remains. Round the decay Of that colossal wreck, boundless and bare The lone and level sands stretch far away.\*

Autumn, impervious, Mocking our imperial pretense, Swirls her bluest skirt, whips her hips, Casts the bones of September Like I-Ching sticks over Baghdad Throwing sunsets to die for.

\*Stanza recycled from Percy Bysshe Shelley, "Ozymandias," 1817.

This poem is reprinted from Coop member Mitchel Cohen's The Permanent Carnival, 2006. Mitchel's poetry books are available by writing to him at mitchelcohen@mindspring.com

> Mitchel Cohen (29375) 2652 Cropsey Avenue, Brooklyn NY 11214



Media, which he co-wrote with Edward S. Herman.

The film presents and illustrates Chomsky's and Herman's  $propagand a \ model, the \ the sis \ that \ corporate \ media, as \ profit-driven \ institutions, tend \ to$ serve and further the agendas of the interests of dominant, elite groups in the society. A centerpiece of the film is a long examination into the history of *The New York Times*' coverage of Indonesia's invasion and occupation of East Timor, which Chomsky claims exemplifies the media's unwillingness to criticize an ally. If you watch the documentary you will see that you are living in a dream world.

 $^{\prime\prime}$ The conscious and intelligent manipulation of the organized habits and opinions of the masses is an important element in democratic society. Those who manipulate this unseen mechanism of society constitute an invisible government which is the true ruling power of our country.

Presented by Ralph Yozzo (fedex1@gmail.com), a happy Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



blame, anger and the need to punish binds up a lot of your own energy and keeps you locked in the past,

The Forgiveness Process allows you to release

#### LEARN TO:

- Focus and use the power of unconditional love
  - Align your head and your heart

Moraima Suarez is a Coop member, certified Holoenergetic® Healing Practitioner, certified Bowen Therapist, and Reiki practitioner. She has studied and practiced the healing arts for over 20 years and her healing practice in the Park Slope vicinity.

**FREE** 

Saturday, October 11 2:00-4:00 at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, October 11 7:00 p.m. at the Coop

FREE Non members Welcome

There is a growing movement to define "fair trade" as something more than simply how much a farmer gets paid. An example of this new model is the Divine Chocolate Company, where cocoa farmers' ownership stake in the company means that their cooperative has meaningful input into decisions about how Divine chocolate is produced and sold. Cocoa cooperative farmers are directors on Divine Chocolate's Board and are also shareholders sharing in the company's profits.

Please join the Fair Trade Committee for an evening of conversation about new directions in fair trade with Comfort Kumpeah, a member of the Kuapa Kokoo cocoa growers' cooperative.

\*FAIR TRADE COFFEE AND CHOCOLATE WILL BE SERVED.\*

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 12 12:00 p.m. at the Coop Non members Welcome

FREE

# You know that box of photos?

You can get your memories out of that box and back into your life!

Join us for a hands-on workshop that will help you:

- Simplify the process
- Preserve your photos and memorabilia
- Sort and organize them effectively
- Tell the story of your life

Bring your shoebox and let's get started! Help us plan by pre-registering at (718) 398-1519 or memoriesoutofthebox.biz.



Martie McNabb is the owner of Memories Out Of The Box, a Brooklyn small business dedicated to preserving and presenting the moments of your life. She has been a PSFC member for more than 10 years.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

# Effective Tools for

Rapid Personal Transformation with Susan March and Marija Santo

Want to move on — away from old emotional baggage to new, joyous ways of living?

If you are open to transforming your old patterns, stress, hopelessness, anxiety and

And it's easy and fun!

The body is like a magnet, and when these experiences are in cellular memory, the body attracts the same experiences.

Doctors and other professionals have used these techniques for daily stresses, eating disorders, robbery, rape and emotions such as anger, anxiety, fear and others. These remembrances can destroy the quality of life if not cleared.

This unique, life changing technology will be demonstrated.

Susan March and Marija Santo are Geotran practitioners.

Non members welcome

Friday, October 17 7:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**How Will YOU Birth?** 

Saturday, October 18 10:00 a.m. at the Coop Non members Welcome

FREE

# Building a Cohousing Community in Brooklyn



"Cohousing" refers to a collaboratively designed community of private units clustered around shared space. Each household owns a fully equipped private unit, but has access to extensive shared

kitchen and dining room and play and outdoor areas. It is an amazing way to raise kids in the city and tends to produce communities of neighbors who know and support each other. Our group is called Brooklyn Cohousing and we are planning to include about 30 to 40 households. We are growing fast and currently include about half families and half single households. Please join us for an open discussion about our project.

amenities, including a community

Alex Marshall, a journalist here in New York City and a writer on urban planning issues, is a Coop member and founding member of Brooklyn Cohousing.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, October 18 6:30 p.m. at the Coop Non members Welcome

FREE

# The Triple Bottom Line Film Series

# People, Planet, Prosperity through Cooperation

The presenter recently made a trip across Europe and to Brazil visiting international not-for-profit groups, and will make a brief presentation about the trip. A brief description of William Greider's book The Soul of Capitalism will also be introduced.



# THE CORPORATION

Mark Achbar and Jennifer Abbott's film follows Michael Moore's documentary style with courage, clarity, and wit to examine the nature of corporations, their history, assumptions, and impacts. If you've seen it before, you'll like it even more. Possible solutions will also be raised. which, as Coop members, we are already experiencing.

Bring potluck, munchies, friends, the crew, or just lil' ole' you. Talk and activism to follow.

Mark Rego-Monteiro has been a Coop member for years, has a background in social and financial services, and is currently working on a degree in Sustainable Development. He is the founder of WakeUPDemocracy.org.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 19 12:00 at the Coop

# FREE

Non members Welcome

# Saturday, October 25

FREE Non members Welcome

# Presentation by Philip Botwinick

Food and money have a long history. In fact, up until World War II, tea bricks were used as money in Siberia. Today, unfortunately, neither system is sustainable, but thankfully that's beginning to change — for food at least. Money is a daily part of our lives too, but why is there no movement for a sustainable monetary system, worse yet, few people understand it. Join us for an



opportunity to better understand our current monetary system — its origins, evolution, the current economic crisis, and how a sustainable monetary system is possible.

Philip Botwinick is the co-executive director of Local Energy Solutions, a project of the Five Borough Institute (a 501(c)3) organization. Its mission is to educate the public on the issues of food, energy, and the economy and the interconnectedness of the thre

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 26 12:00 p.m. at the Coop Non members Welcome

FREE

Seven Reasons Those Pounds are Sticking Around **With Coleen Devol** 

What many people don't seem to realize is that you can lose weight and still be unhealthy—which means lost weight is often gained back. This workshop is designed to give you the tools you need to kick-start your metabolism and get your body in a state of calorie-burning health while at the same time



teaching you to prevent arthritis, heart problems, diabetes, fatique, insomnia, mood disorders and other dis-ease. Find out how to become the shape you are meant to be!

**Coleen DeVol** is a certified Holistic Health Counselor from the American Association of Drugless Practitioners and a certified yoga teacher. She runs a private wellness practice in Prospect Heights, Brooklyn and is a Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

WITH MORAIMA SUAREZ Is there someone you need to forgive? Holding on to feelings of hurt, guilt, resentment,

instead of being fully present.

these negative feelings and completes your own healing.

- Forgive yourself and others
- Use the power and energy of love to relieve stress
- Participate in a group unconditional love meditation

Non-members welcome

more, it can be done.

**FREE** 

Join us in a lively, enter-

taining, and informational discussion about birth. Using improvisational skits with audience participation, we'll work through scenarios that may arise during labor and birth, given the settings of elected homebirth and elected hospital birth. Q&A will take place after each skit. Be ready to participate and have fun!

**S. Memaniye Cinque, CNM,** is a Coop member. She has been practicing midwifery since 1998. She has been attending homebirths for 7 years. In 2003, she started Dyekora Sumda Midwifery Services, a homebirth practice. Umaimah Mahmud-Thiam, CM, MS, is a Coop member. She has been a midwife since 2004. Initially oriented to homebirth, she has worked in private practice and in a hospital-based birth center. She recently joined S. Memaniye Cinque at Dyekora Sumda Midwifery Services.

Both midwives are mothers, and have given birth at home. With their combined experience, they have attended nearly 600 births.

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MEMBER NEW YORK

# **To Submit Classified or Display Ads:**

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

## CLASSES/GROUPS

SUPER GENTLE YOGA for rank beginners, yoga for ordinary mortals. People who think they are too old, too large, too out-of-shape, too "something." Experienced, caring teacher. Class in center of Park Slope. Call Nina 212-427-2324 for more info or email minaham@aol.com.

## COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

PROFESSIONAL OFFICES available. Ideal for psychotherapist, medical doctor, shiatsu, chiropractor, massage therapist, etc. Be part of a holistic medical center in the beautiful SOHO section of Manhattan. The doctor will introduce all patients to you. For further information, please call 212-505-5055.

## **HOUSING AVAILABLE**

APT EXCHANGE: studio in Paris (France). Bright, quiet, all furnished, beautifully decorated, many closets, W/D + bird songs, 1st. fl., friendly bldg., near all transit & shops. With furnished 1-2 BR in Boerum Hill-Cobble Hill-Carroll Gdn. Quietness & access to any outdoor space a +. 6-8 mth from end Sept. 08-May 09. Photos. 646-509-7273.

# **MERCHANDISE-**NONCOMMERCIAL

19 INCH COLOR MAGNAVOX TV in very good condition. No remote, but rabbit ear antenna if you need it. \$50. E-mail Teresa at teresatheo@ gmail.com or call 347-244-6566.

DESKTOP COMPUTER with dual core CPU, 2 GB of RAM, 120 GB hard drive, 16X DVD-RW, Windows XP Home, \$250. (With Linux instead of Windows: \$200.) Personally built, and I will come to your home or office and set up the operating system. 718-965-2458.

NordicTrack elliptical—CXT 910 perfect working order. \$200. Brooklyn, NY. Call 917-572-7923, email edaylew@aol.com.

# **SERVICES**

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker -718-853-0750.

YOUR SMALL & HOME OFFICE computer techs: NY Geek Girls, Inc. Networking & internet; setup & configuration; hardware & software maintenance; data recovery; viruses;

backups. Mac and PC. On-site or pickup/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or roberta@nygeekgirls.com

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ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident: downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop—so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

ADMINISTRATIVE ASSISTANCE NEEDED? I am experienced in research, editing & proofreading, formatting documents, designing brochures, flyers, business cards at reasonable rates. Call 718-783-9460.

HAIRCUTS haircuts HAIRCUTS. Color, HIGHLIGHTS, lowlights in the convenience of your home or mine. Call Leonora 718-857-2215. Adults \$35.00, Kids \$15.00.

NYC SCHOOL HELP-Public/Private Nursery and Elementary school info. High School and Middle School choice workshops. Save time, manage the process, stop stressing. School search consultant specializing in north Brooklyn lower schools/citywide HS. Joyce Szuflita 718-781-1928. www.nycschoolhelp.com

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Retired Brooklyn Tech teacher with 33 yrs experience offers tutoring in SAT & Regents prep, vocabulary development, writing skills and com

position: grammar, the research paper, the college essay. Give your child a solid background in the basics. Programs from elementary high school. 917-873-9203.

# SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-

## **VACATIONS**

Three season vacation cottages for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North. \$97,000-99,000; One-time initiation fee, \$3000, maint. approx. \$3200. Cash sales only; no dogs. 212-242-0806 or junejacobson@earthlink.net

Country House for rent. 15 minutes from Hunter Mountain & Windham ski areas. 3 bedrooms, 1 bath, full kitchen, living room, study, phone, cable TV & Internet (available on request), 4 car parking area, 4+ acres, stream, spectacular views. Dogs OK, no cats. No smoking. East Jewett, NY (zip 12424). 2 1/2 hours from NYC. \$5,000 season (Friday Nov. 14 through Sunday, April 12) + utilities. Call 917-572-7923 or email edaylew@aol.com.

# WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.





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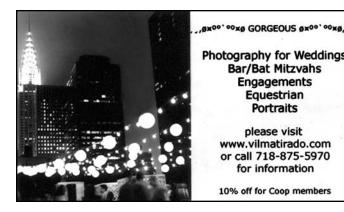
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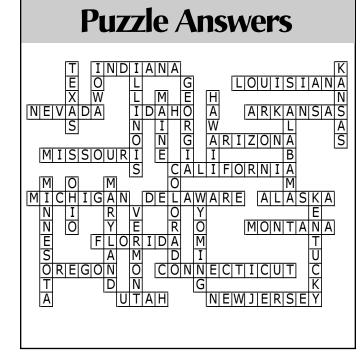
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#### **WELCOME!**

A warm welcome to these new Coop members who have joined us in the last six weeks. We're glad you've decided to be a part of our community.

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Fatima Legrand

Michael Lehman

Michael Kanter

Melissa Kantor

Katie

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Sarah Locke

**Julie Lohnes** 

Julia Lomax Sarah-Rose Meredith Telesh Lopez Iulie Meslin Matthew Lore Kathleen Messman Danny Lubin-Laden Aurelien Metsh Zachary Ludescher Yvonne Lunde Pietrina Micoli Mike Lustig Rvan Minezzi Henri Lustiger-Thaler Matt Mitler Shana Luther Anthony Mohen Jennifer M Monique Elyse Montague Susannah Mackintosh Rosa Morales Nitzan Mager Madlyn Moskowitz Khin Mai Aung Ann Murphy Deborah Murphy Mava Marchese Deborah Margaritov Abe Naparstek Sarah Margles Jonathon Neufeld Alexander Marks Leonard Neufeld Kate Newburger Frances Martin Nora Martin-Cooley Amanda Nguyen Bonnie Martinez Deane Norton Ruhiya Nuruddin Katy Mastman Anthony O. Fagbore Carol O'Donnell Emily May Neina O'Donnell Banu Ogan Jillian May Julie May Doreen Oliver David McCabe Maren Olson Margaret McCartney Liz Opoka Margaret McCartney Sue Oren Brian McCorkle George Orio Danae McLeod Erik Ortlip Danae McLeod Stephanie Oteyza Rebecca McMackin Julia Page

Susan Parker

Claire Pauley

Heidi Peace

Amy Paul

Jenny Perlin Sharon Peters Antje Pfannkuchen Jessica Pichardo Matthew Pinto Shirley Politzer Rebecca Pristoop Andrew Purcell Quentin Tristan Quinn Thibodeau Damian Quinones Damian Quinones Alan Rapp Jenny Rebecca Walker Hilary Redman Hilary Redman Bernard Reilly Andreas Reindl Jessie Reiss Remle Joel Remland Hillary Richard Lucinda Richard Laura Richey Aria Rivera Veronica Roberts Christine Rodriguez Lucia Rojas Adele Rolider Philip Rosenbloom Mariana Ruiz Mariana Ruiz Ben S. Christine S. Jerold S. Lewis Shiri Sandler Kim Scafuro

Eduard Schulz Beth Schwartzanfel Lindsi Seegmiller Emily Sekine David Shaenfield Ari Shapiro Ilana Sichel Rachel Siegel Michael Silano Nicole Simon Zachary Singer Christa Skoupy Skyler Alena Smith J. Smith Johanna Smith Johanna Smith Simon Smundak David Snyder Ioan Snyder Michele Sola Morgan Soloski Jennifer Song Sophia Karen Sorenson Naomi Spector Jessica Spiegel Karen Spiegel David St. Germain Tanya Stanger Victoria Stewart Emily Stone Rob Strauss Ruthie Streiter

Zoe Sylvester

Naomi Tessler Ed Throckmorton

Stella Tan-Torres

Dana Scherr

Sarah Tobias Tom Sarah Tompkins Katie Tracy Janell Tryon Maya Valladares Kevin Van Meter Christina W. Yvonne W. Thomas Walker Clara Waloff Todd Warnock Beccah Watson Amy Weber Avi Weider Harriet Weitzner Rebecca Wender Rebecca Wender Leonora Wiener Cynthia Winings Annie Wong Yvette Woodard Claire Wright Claire Wright Louis Y. Sarah Yahm Bradford Young Lauren Young Yukie Aramis Zeno Zoie Iwana Zych

Brett Tieman

Francis Timoney

Matt

Tracie McMillan

Erin Mears

Kathi Menner

Delia Mercier