

Established
1973



LINEWAITERS' GAZETTE



Volume CC, Number 21

October 9, 2008

Gazette Printer Closes Shop

By Diane Aronson

Above the Linewaiters' Gazette's articles about the General Meeting or missing shopping carts or reminders about cooking classes, one constant has been those little bits of information in our newsletter's masthead that signify how the production of the Gazette is in line with the Park Slope Food Coop's social and economic values.

Proudly displayed to the left of our masthead is a union "bug," which signals that the Gazette is printed in a union plant. To the right are the familiar symbols for recycling and soy-based inks.

It isn't until the middle of the Gazette, below the publishing information and submission guidelines, that you spot a familiar line: "Printed by Prompt Printing Press, Camden, N.J." As of this issue, that line will change.

A Press with a Conscience

Since July 2004, the Linewaiters' Gazette has been printed by Prompt, a small, unionized press shop whose environmental stance and good prices filled the needs of customers as diverse as the Graphic Artists' Guild, a U.S. edition of a Middle Eastern publication and the Park Slope Food Coop. In addition to the Gazette, Prompt printed the Coop's membership manuals.

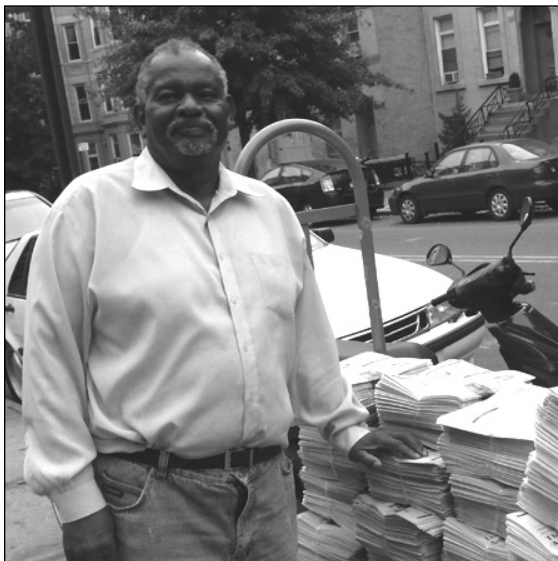


PHOTO BY JUDY JANDA

Prompt made its last delivery of the Gazette to the Coop on September 25.



PHOTO BY RICH GIOVANNONI, ACTING MANAGER, PROMPT PRINTING PRESS

Stephen Paulmier, lead pressperson, in front of Prompt's 40-year old Goss Community web off-set press.

But as of September 30, 2008, the day Prompt shut its doors, our newsletter will no longer be published by this South Jersey press, whose Web-based bulletin board featured an Oxfam link and whose union employees were part of the Graphic Communications Conference. An e-mailed statement from Prompt stated:

We apologize for the suddenness of the notification. But waiting any longer to close would probably just lead us further in financial debt and make it even harder for us to pay our union workers any outstanding vacation pay and the proper severance pay.

According to Rich Giovanoni, acting manager of Prompt, the official decision to close the company's doors came on September 15, although he remarked that the closure was "somewhat imminent for a period of time." Prompt's business demise this fall comes after a round of layoffs in 2007.

One of the only options to keep the business going would have been to raise prices to reflect the higher costs of paper, ink and energy, but Giovanoni felt that this would make their small-run customers "print less often, not print at all or print less quantity." Giovanoni also pointed to online reading as a contributing factor to a shrinking customer base.

The constant pressure to hold prices down in a contracting economy, which has turned printing away from union shops, and the migration of readers to the Internet has deprived the Coop of a special vendor who enjoyed working with small businesses: those retailers and orga-

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Never Lost for Good

By Willow Lawson

Flora Tannenbaum looked shocked as she stood next to the entrance of the Coop, a copy of 8 Weeks to Optimum Health by Andrew Weil in her hands.

She had lost the book days earlier at the Coop, leaving it in the underbelly of her shopping cart. But when Tannenbaum checked the gray "Lost & Found" bins next to the lockers, she found her pristine, hardcover book waiting for her. "I was sure someone would just take it," she said, shaking her head with disbelief. "This really is an honest place."

If you lose a wad of cash on the sidewalk of Seventh Avenue, it's pretty safe to say you'll never lay eyes on it again. But lose something in the aisles of the Coop and there's a decent chance you'll find it waiting for you in the Lost & Found or in the Membership Office on the second floor.

That's what happened to Cora Jackson, a member for about 16 years. She once lost an envelope with a blank—but signed—check in the Coop. Someone from the office called to tell her it had been found. Jackson didn't care to imagine what might have happened had she lost the check someplace else.

Plenty of Valuables Recovered

Charlene Swift, an Office Coordinator who oversees the Lost & Found, says "it restores your faith in humanity" to see so many lost items returned to the Coop, especially the valuable ones, such as cell phones, iPods and wallets. Even wads of cash—sometimes in excess of \$100, says Swift—have been turned in to the Coop office. (Valuable items are locked away and recorded in a logbook,

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Cell phones, an iPhone charger, a blood donor card and a pair of earrings made their way into the Lost & Found.



PHOTO BY JUDY JANDA

Next General Meeting on October 28

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be Tuesday, October 28, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this Gazette and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

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Coop Event Highlights

- Fri, Oct 17 • The Good Coffeehouse: Paul Friedman and Jody Kruskal, and Anath 8:00 p.m.
- Tue, Oct 21 • Film Night: Gray Matters 7:30 p.m.
- Thu, Oct 23 • Blood Drive 3:00 p.m.–8:00 p.m.
- Fri, Oct 24 • Blood Drive 11:00 a.m.–6:00 p.m.
- Sat, Oct 25 • Blood Drive 11:00 a.m.–6:00 p.m.
- Thu, Nov 6 • Food Class: Vegan Thanksgiving 7:30 p.m.
- Sat, Nov 8 • Adult Clothing Exchange 7:30 p.m.

Look for additional information about these and other events in this issue.

PSFC OCTOBER 2008 GENERAL MEETING Tuesday, October 28, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple)
274 Garfield Pl. at 8th Ave.

AGENDA:

Item #1: Annual Agenda Committee Election (30 minutes)

Election: “Three two-year terms are open. Nominations are being accepted now and will be accepted on the floor of the GM. Three members whose terms have expired are seeking reelection.”
—submitted by the Agenda Committee

Item #2: More Space in the Basement (30 minutes)

Discussion: “Discuss eliminating the basement compressor room in order to gain more space for walk-in coolers in the “produce” basement. This would entail putting the frozen food compressors on the roof and moving the hot water heater to the second floor.” —submitted by General Coordinators

Item #3: Shop & Cycle Committee Work for Credit (30 minutes)

Proposal: “To allow the members of the committee to continue to work for credit for an additional eight more months.” —submitted by The Shop & Cycle Exploratory Committee

Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters’ Gazette*.
The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.

Gazette Printer Closes Shop

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nizations who had printing needs of fewer than 15,000 copies per run.

Michael Scheinberg, a Prompt employee for 21 years, whose specialty is digital prepress work, described the *Gazette’s* layout as “very appealing,” and he shared his own Brooklyn coop roots. Before moving from New York to South Jersey, Scheinberg shopped at the Flatbush Food Coop. One of Prompt’s pressmen, a member of the Weavers Way Co-op in Philadelphia, would distribute extra *Linewaiters’ Gazettes* to Weavers.

A Loss of Union Jobs in Challenged City

With Prompt’s closure, Camden, N.J., will lose several union jobs in a community that has suffered unemployment as high as 13% as recently as 2003, with a Sep-

tember 2007 unemployment rate of 9%. These unemployment figures were measured in a city described by a recent Camden Consolidated Plan: “95% of the census tracts in the city of Camden have a concentration of low income persons. The top 2 priorities of our residents remain: housing and neighborhood improvement and job creation targeted to residents.”

Where to Go to Print the *Gazette*?

Where does Prompt’s closure leave the *Linewaiters’ Gazette*? Karen Mancuso, a Coop Office Coordinator closely involved in producing the *Gazette*, has found a temporary vendor: New Media Printing, a union shop based in Bethpage, Long Island. A pro-union label is prominently featured on New Media’s Web page. Production will continue as before, except

printed issues will be shipped overnight to the Coop, rather than trucked in. Prompt was charging \$580 per run; our costs with New Media will actually drop a little: \$437.07,



Gazette workers prepare the last issue to be printed by Prompt Press.

plus \$65 for delivery.

Mancuso observed that the *Gazette* print order had been trimmed from 3,600 to 3,000 copies per issue. She cited leftover copies and the *Gazette’s* online availability as factors in cutting the newsletter’s print run during the last year. ■

Coop Job Opening:

Computer Programmer

Description:

The ideal candidate will work as part of a team and be well versed in Object Oriented methodologies and the full software development life cycle (analysis, design, coding, testing, debugging and documentation). The programmer will interact with Coop members and staff members. The candidate will maintain the following legacy applications while rewriting them to utilize a SQL database backend and, eventually, web-based user interfaces.

Membership accounting application (tracks workslots, member data and member card printing application)

Inventory/Produce applications (maintains inventory data and assists ordering process)

Other in-house developed programs

Requirements:

SQL database design and maintenance experience

Web-based application development in Java, Perl, PHP, LAMP or similar

Experience with analysis, development and maintenance of an interactive application communicating with proprietary or SQL-based backend.

Strong interpersonal/communications skills

Experience with source code versioning systems

User and source code documentation experience

Candidate must have at least three years of programming experience and a BS in Computer Science or equivalent experience.

Highly Desirable:

Work experience with the following:

Automated unit testing

Adapting to a legacy development language or framework

Tiger Logic/Raining Data’s Omnis 7 / Omnis Studio

Application development in a Mac OS X environment

- Hours:** • 40 hours/week
Wages: • \$ 76,151.24 year
Benefits: • Four paid holidays: July 4, Thanksgiving Day, Christmas Day, New Years Day
• Five weeks vacation
• Health & Personal paid time
• Health insurance and long-term disability insurance, fully paid by the Coop
• Defined benefit pension plan, fully paid by the Coop
• Transit Checks
• Health Reimbursement Account
• Not a profit-driven environment
• After 12 months of employment: Dental Coverage, employee-funded 401(k) and Life Insurance
• Flexible hours

Application & Hiring Process:

Please email a cover letter with your résumé to hc-programmer@psfc.coop. Alternately you can mail your letter and résumé or drop them in the mail slot just inside the entryway vestibule of the Coop. All members who submit both a cover letter and résumé will receive a response. Please do not call the office to check on the status of your application.

Prerequisite:

Must be a current member of the PSFC, immediately prior to application and for at least six months.

Probation Period:

There will be six-month probation period.

We are seeking an applicant pool that reflects the diversity of the Coop’s membership.

SAVE A LIFE

Give Blood

Join the Blood Drive
at the Park Slope Food Coop

🗞️ **Thursday, October 23** • 3:00 – 8:00 p.m.

🗞️ **Friday, October 24** • 11:00 a.m. – 6:00 p.m.

🗞️ **Saturday, October 25** • 11:00 a.m. – 6:00 p.m.

In the second floor Meeting Room



FACT: Less than 3% of the population donates blood and 90% will use blood some time in their life.



• Park Slope Food Coop • 782 Union Street •
• Brooklyn, NY • 718-622-0560 •
• In cooperation with New York Methodist Hospital •
For further information about blood donation, call Stuart Rosenhaus, 780-3644



Read the *Gazette* while you’re standing on line OR online at www.foodcoop.com

Bev Grant and the Human Condition Reunion Concert

36th Anniversary Concert October 18 at People's Voice Café Recalls Early Days of the Park Slope Food Coop

By Bev Grant

Back when Park Slope was a working-class neighborhood in a struggling borough where storefronts on Seventh Avenue were shuttered and empty and brownstone mansions were rooming houses, a new spirit was stirring. Activists and artists, musicians and writers, actors and

adventurous pioneers were giving their creative energy to Park Slope, Brooklyn. The Park Slope Food Coop grew out of this community about the same time as my band, the Human Condition, was brought to life on Garfield Place between Sixth and Seventh Avenues. Founded by Park Slope Food Coop members Gene Hicks and me, together with Garfield Place residents Jerry Mitnick and Mario Giacalone, the band was an early supporter of the Coop, playing performance benefits on its behalf. Key-

board and fiddle player Gene Hicks (who now does his shift as cashier) was an early member, as evidenced by his three-digit membership number (#617). He remembers helping to knock down walls as the Coop was being built.

The Human Condition played folk-rock music with a strong political message—anti-war, feminist, anti-racist, with a class consciousness reflecting the roots of its members. Throughout the '70s, regular dances and benefits were played at St. John's Presbyterian Church and at the Park Slope Methodist Church. In 1975 the band recorded "The Working People Gonna Rise" for Paredon Records, an independent record label, which later became part of Folkways Records (now at the Smithsonian Institution). "Inez," a song recorded with the Human Condition by Paredon Records, is included in the Grammy-nominated Best of Broadside collection produced by Smithsonian/Folkways.

By the early '80s, the band had morphed into a world-beat band with the addition of Chipo Wakatama, from

Zimbabwe, and Frank Negrón, from Puerto Rico, and grew into a 10-piece ensemble including such notable musicians as Ubaka Hill, Hillary Kay, Zane Massey, Frank London, Charles Mena, Chris Cullo, Maria Breyer and Chris Carter. We recorded our second album, "Kulonyaka," with songs in Zulu, Spanish, Creole and English. We gained a reputation as bridge builders between the disparate communities in New York City, playing in the Haitian community, performing against apartheid and in support of the African National Congress. In 1987, the Human Condition played at the Prospect Park

Bandshell as part of Celebrate Brooklyn. The band finally broke up in the early 1990s, although many of its members continued their musical careers.

On Saturday, October 18, the Human Condition will celebrate its 36th anniversary with a performance by the original members and special guests covering our 20-year history. The concert will be held at People's Voice Café at The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison and Park Avenues) in Manhattan at 8 p.m. Admission is \$15. For more information, call 718-788-3741 or visit my Web site: www.bevgrant.com. ■



Coop members Bev Grant and Gene Hicks (second from right) with the folk-rock band the Human Condition.

The Fifteenth Question

Another Way to Solve the Diaper Dilemma

By Mitchell Baker

Is the world eternal? Is the self identical with the body? Cloth or disposable? Parents in the Slope have to find their own balance among conflicting constraints of time, money and sustainability (not in that order). I would like to share with you our diaper strategy; not that it represents anything new or any ideal, but just to say that it can be done, and fairly painlessly, as part of the rest of the childcare ritual. Our motivation has been some combination of cheapness, ecology, time and space constraints, and did I say cheapness?

We are a family of four living in 550 square feet, without a washer or dryer in the building, and weekly diaper service costs are daunting. Now there is some consensus, after much modeling, that with new, efficient washing machines cloth diapers have a smaller ecological footprint than disposables. However, why make things complicated? If you hand-wash and hang-dry your diapers you can throw away the abacus. Happily for the planet, our apartment is much too small to house a washer and dryer, so any home cleaning has to be by hand.

There is an effective hand-

washing tumbler ("Wonder wash") available through Lehman's or The Laundry Alternative online, which works well, both in terms of cleaning and speed. We do a load every day after storing the diapers dry (we rinse the poopy ones). It's easier to clean them each day, and then I can fit all the diapers in a single load. One day's diapers, plus a blanket and washcloth from the bath, usually fit in one load. We also bought a tabletop spin dryer that leaves the diapers dryer than the washing machine at the Laundromat in two minutes. Pre-war high ceilings in our apartment meant that we had plenty of space to hang a telescoping laundry hanger in the hallway, outside the bathroom, where the air is dryer. Even on a humid summer day the very thick, fitted cloth diapers dry in 24 hours; in the winter they are dry by morning. The whole routine—wash and two rinses in the tumbler (remembering not to use too much soap), spin dry and hang—takes 20 minutes, and I do it while the baby is being nursed before bedtime.

In economic terms, the washing tumbler, spin dryer and hanger cost \$140, and will continue to be useful

Member Contributions

after the diapers are through. We inherited our cloth diapers, but they would have cost about \$275 new, and a little more than half that if secondhand. For that investment, and the time, we save six to eight disposable diapers a day, saving \$1.70-2.20 a day over using only disposable diapers (unbleached Coop diapers cost about the same as the standard brands at Target), or somewhere between 600 and 800 diapers per year. We're not perfect—we use disposables for the first night's diaper and for longer day trips—but the startup costs are low enough that after the first couple months, we save money every time we avoid using a disposable diaper. To us, that's a worthwhile equation. ■



Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

Thursday, Nov. 6 7:30 p.m. at the Coop	<p>Susan Baldassano coordinator</p>
PARK SLOPE FOOD COOP	
Vegan Thanksgiving A Delicious Holiday Feast!	
MENU	
<ul style="list-style-type: none"> • Broccoli Soup with Roasted Garlic Puree • Apple Fennel Salad with Juniper Berry Vinaigrette • Butternut Squash and Pear Ravioli with a Sage White Wine Sauce and Toasted Hazelnuts • Cranberry Orange Ice Cream with Pecan Biscotti 	
\$4 materials fee <small>Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.</small>	
Dina Cutrone and Carina Kuhl are owners of TALL order in Brooklyn. TALL order offers a unique, healthy approach to cooking and entertaining. Dina is a graduate of Natural Gourmet Institute for Health and Culinary Arts and Institute for Integrative Nutrition. Carina is a graduate of Institute for Culinary Education. They offer dinner parties, cooking parties and classes and small-event catering. Dina has worked as a personal chef, cooking class instructor and caterer, and Carina has worked at Butter Restaurant, Per Se and catering companies in NYC. For more information, visit www.tallorderonline.com .	
MEMBERS & NON-MEMBERS WELCOME. Come early to ensure a seat.	

Bring Your Bike Shopping and Join Us for a Bike Valet Parking Demo

Saturday, October 18 • 12–5 pm

Where: on the sidewalk just west of the Coop, outside the schoolyard

Our one-day-only valet parking demo will show you what life can be like in a bike- and eco-friendly world. Just drop your bike off, do your shopping, and hop back on—it's as easy as that. No locks, no worries, no thief. And it's available to all Coop shoppers as a courtesy to the environment, brought to you by



**PSFC
Shop & Cycle
Committee**

Never Lost for Good

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while other belongings are put in the bins).

The Lost & Found bins at the entrance to the Coop are fairly new. The old Lost & Found consisted of cardboard boxes on top of the lockers. Not only did the bins often go unnoticed, but found items frequently fell behind the lockers and had to be fished out.

The member whose job is to monitor the bins labels items in the bins with masking tape. Items are stored for at least 30 days. If a name is attached to the item, Swift makes an effort to track the person down.



It's not all travel mugs and sunglasses. In the last two months, the following items have landed in the bins: a yoga mat, a 10-pound bag of cat food from PetCo, a window screen, a bike tire, a pink Strawberry Shortcake purse and a book titled *Sexing the Cherry* by Jeanette Winterson.

A Neighborhood Depot for Coop Members

The Coop also serves as a kind of depot of lost items for the neighborhood, more powerful than Craigslist or even the renowned Park Slope Parents listserv. Lose your wallet or backpack in the

neighborhood? If your Coop card or a checkout receipt is inside, a good samaritan may drop it off. Swift and other office coordinators field a surprisingly large number of phone calls from people who have found a Coop member's wallet on the street. Usually it's a case of a stolen wallet that was discarded on the street after the money was removed.

Swift pleads with Coop members not to view the Lost & Found as a place to donate or dump unwanted belongings.



PHOTOS BY JUDY JANDA

Don't despair: lost belongings are often found. Labeled bins reside next to the lockers in the entrance lobby. More valuable items are kept in the Membership Office.

Brooklyn. The center is a transitional home and job-training program for people recently released from

the Lost & Found as a place to donate or dump unwanted belongings. One day several garbage bags of women's handbags mysteriously appeared near the Lost & Found. Swift believes someone had good intentions, but the Lost & Found can be a bit of a thorn in the side of the staff. In the winter, the bins overflow with scarves, hats and coats.

Help for Coop Losers

One bit of advice: If you lose something at the Coop and can't find it in the bins, check back in a week or even a month, says Swift. "This building is a kind of Bermuda Triangle of belongings," she says. Sometimes an article is wedged behind a shelf or otherwise unnoticed in some crevice. The item may turn up during a thorough cleaning.

Another tip: Don't put your wedding ring in the apron pocket while you work in food processing. Many rings have gone missing, even though a large number are found, sometimes still in the pocket after going through the wash. Other times, the laundromat the Coop used has called to report their discovery in the dryer. Says Swift, "People are just so incredibly grateful."

And last of all: Consider printing your name and phone number on items like water bottles, coffee cups, sippy cups and bike helmets. Charlene Swift and the Lost & Found thank you. ■



ILLUSTRATIONS BY DIANE MILLER

WHAT IS THAT? HOW DO I USE IT? Food Tours in the Coop

The Coop is one of those places where time gives you a little squeeze: the belly grips the shoulders reach for the ears

We put shopping on the list of things to get DONE When we come in, we're already thinking about coming out

But there's the Coop of a parallel universe where items are stocked in orderly rows Fruits and vegetables bulge colorfully into the aisles Fellow members are busy at their tasks There's the peaceful hum of human activity, probably not much different from that of the farms where all the food is grown

In this Coop we're connected to everyone else who eats to a community that works together to get food to one another to the person who hefts a melon and declares it good

And right now at this moment we can be glad there is time enough to take part

The Park Slope Food Coop In time with the moment

by Myra Klockenbrink

Mondays	October 20 and November 3 Noon to 1 p.m. and 1:30 to 2:30 p.m.
Tuesdays	October 15 and November 12

You can join in any time during a tour.

The strangest item Swift has spotted: a spare car tire, the kind people call a "donut." It sat on top of the lockers for weeks, looming above her every morning when she arrived. Eventually it found a new home.

"As with most things at the Coop, there's really not a lot of space," says Swift of Lost & Found storage. Unclaimed items are donated. Men's clothing goes to CHIPS shelter and soup kitchen on Fourth Avenue. Other items, including women's clothing, are donated to the Redemption Center in Brownsville,



prison. One reason the Coop favors the center is because it is willing to pick up donated items.

Although unclaimed stuff may eventually find a needy owner, Swift pleads with Coop members not to view

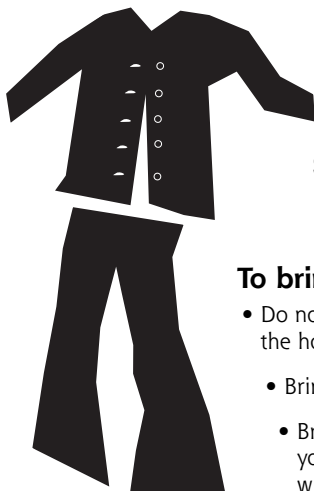
Adult Clothing Exchange

Have you noticed that Coop members are great dressers?

The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members.

A clothing exchange is a community event that is ecologically responsible and fun. Why support the consumer market and buy, when you can wear clothes that have already been well loved?

Bring items that you think others might enjoy—and a snack to share.



Unchosen clothing will be donated to a local shelter.

FREE Non-members welcome

**Saturday, November 8
1:00 – 4:00 p.m.
in the meeting room**

To bring Clothes...

- Do not leave clothing in the Coop before the hours of the exchange.
- Bring up to 15 items only
- Bring gently used, clean clothing that you are proud to be able to exchange with it's new owner.

GENERAL MEETING REPORT

Members Warned of Rapidly Rising Food Costs, Earlier Shopping Hours Debated



Coop members listen to General Coordinator Jess Robinson at the General Meeting.



Produce buyer Allen Zimmerman discusses prices and seasonal availability.



Coop members applaud election of Monique Bowen, right, to the Hearing Officer Committee.

PHOTOS BY WILLIAM FARRINGTON

By Cristin Flanagan

The September 2008 General Meeting of the Park Slope Food Coop was well attended despite a schedule change because of the Rosh Hashanah holiday. Although some members of the Audio-Visual Squad and the Chair Committee ran late, more than 100 members were present. Members were seated, with a few sprawled across the Beth Elohim social hall's gym mats, enjoying the Coop's fresh fruit and cookies, when the meeting was called to order. Coop members received updates on the Coop's financial status, heard the latest on autumn produce, elected a Hearing Committee member and debated earlier weekday shopping hours.

Fiscal Picture Still Sound

Mike Eakin started off the meeting with a presentation of the Coop's latest financial report. In comparison to other large coops, Eakin noted, members have saved about \$7 million on sales year-to-date because of the Coop's 21% sales markup and also through members' work and operating systems.

The Coop's sales are up 21% from the same 32-week period a year ago. The Coop continues to grow; membership is up almost 12% this year, to more than 14,000 members.

The Coop is spending less on staff as a percentage of sales this year due to the Coop's rapid growth and a slight lag in filling positions. The Coop, indicated Eakin, is trying to hire more people to meet members' growing needs.

Noting that the interest on the Coop's mortgage at one time after the Coop's renovation had been more than 1% of sales, Eakin said, the Coop's mortgage interest is now about a quarter of 1% of sales.

After his presentation, Eakin fielded questions about the Coop's financial holdings from members concerned about recent bank failures and the safety of the Coop's funds. Eakin assured

the meeting that the Coop was fiscally sound and that while the Coop keeps its excess funds in a single money market account with Citibank, cash is turned over rapidly to pay bills and buy inventory. Furthermore, stated Eakin, keeping Coop cash in multiple accounts would be difficult for operations.

"Money market funds have become the soundest thing you can have," said Eakin, noting the recent United States Treasury decision to guarantee many money market funds in its program at least for the next year. Although the latest Treasury developments related to money market funds and not money market bank deposit accounts, which are insured up to \$100,000 per account, "The basic banking part of the banking business is not at risk," said Eakin. "Hopefully we are not mistaken."

Members Seen Tightening Belts in Future

After Eakin's presentation, Allen Zimmerman gave a produce forecast. Zimmerman, the Coop's produce buyer, said produce prices are going to continue to rise at unprecedented rates; he cited the early brisk fall weather as well as prices at the gas pump, which will boost prices on food from further afield.

Because of the early arrival of autumn this year, locally grown crops, particularly vine crops like peppers, tomatoes and summer squash, can be expected to wind down a little sooner than usual. Watermelon and heirloom tomatoes aren't going to last much longer: "Try them now!" said Zimmerman.

Prices have gone up nationally, said Zimmerman, but Coop members have been protected in the past few months. Members were sheltered from higher priced foods as the Coop had been getting much of its produce from local farms. Now that the local growing season is ending, produce will have to

come from farther away.

Green seedless grapes have gone up over \$1 per pound for a good reason. We are paying extra for a biodynamic grape so that we can carry the best quality grape possible. Cucumber prices go higher every winter, but prices are rising earlier this year. Recently, Hepworth Farms, the Coop's main supplier of local cucumbers, was hit by the powdery mildew blight that had already affected much of the Northeast. The Coop has located a few unaffected local farms to supply cucumbers.

Carrots, like potatoes and onions, have gone up in

price, partly because their bulky weight demands higher fuel transportation costs. On a positive note, Zimmerman reported that locally grown Nantes carrots are only about 10 cents a pound more than those from California, and are fresher, tastier and juicier. We also have local yellow and "cosmic purple" carrots. For those concerned about the unusual colors, Zimmerman assures members that the carrot's original color was purple; the Dutch developed the orange carrot later in the 18th century.

The autumn squash are fantastic this year, raved Zimmerman. He went on to sug-

gest members try the kabocha and sweet mama squashes. "The reason we carry the sweet mama squash is because of its cool name," Zimmerman later confessed.

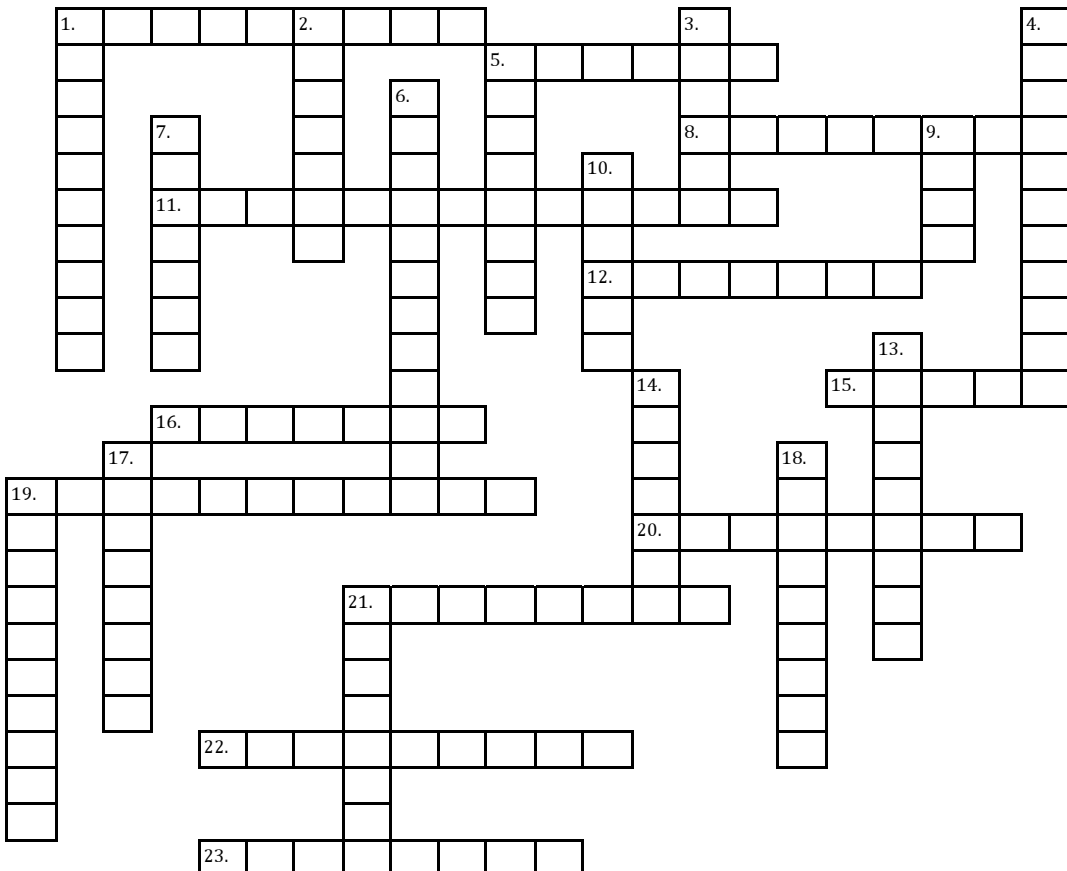
With a touch of pride, Zimmerman closed his presentation by noting that the Coop now carries 125 locally grown items.

Hearing Officer Committee Election

Monique Bowen of Prospect Heights, a doctoral candidate in clinical psychology at CUNY and a Coop member since 2002, was introduced after the produce report. Those in attendance

Puzzle Corner

Don't Be Scared



ACROSS

- 1 "Minnie The Moocher" Star
- 5 Himalayan Kingdom
- 8 Nee' Constantinople
- 11 Medieval Menace
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9 Keep Afloat

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- 13 Hinterland
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COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words.

Submissions by Email: Send your submissions to GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day. If possible, attach your submission as a Word document.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wall pocket in the entrance lobby). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Recipes: We welcome original recipes from members. Recipes must be signed by the creator.

Printed by: New Media Printing, Bethpage, Long Island.



Friday
Oct 17

8:00 p.m.

very The Good Coffeehouse COOP CONCERT SERIES



Paul Friedman and Jody Kruskal

These two guys from Brooklyn love to play old-time tunes and songs from North America and beyond. Heart songs and hokum, by turns, silly, sweet and serious. Jody has a distinctly American sound on the concertina, like a fistful of harmonicas, with rich harmony and melodic counterpoint while pumping out rhythms with the bellows. Paul is deep in the traditions of old-time fiddling and both enjoy a rich medley of tunes and songs from the U.S., England, Sweden and the Shetland Islands.

Anath

Singer-songwriter Anath musically fuses traditions, inherited and chosen. Born in Tunisia, and raised in Israel and France, Anath has already had a globe-trotting career.

A singer, dancer and actress, she has recorded and performed in all three capacities throughout Europe and the Middle East, singing in French, Hebrew, Arabic and English. Anath is currently working on her new album with pianist/producer Pablo Vergara.



53 Prospect Park West [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Childcare is available from Brooklyn Society for Ethical Culture for a nominal fee.

Monthly on the...

Second Saturday
October 11

10:00 a.m.–2:00 p.m.

Third Thursday
October 16

7:00 p.m.–9:00 p.m.

Last Sunday
October 26

10:00 a.m.–2:00 p.m.

On the sidewalk in front of
the receiving area at the Coop.

PLASTICS

What plastics do we accept?

- #1 and #2 non-bottle shaped containers and #1 and #2 labeled lids. Mouths of containers must be equal width or wider than the body of the container.
- All #4 plastic and #4 labeled lids.
- #5 plastic tubs, cups & specifically marked lids and caps (discard any with paper labels).
- Plastic film, such as shopping and dry cleaning bags, etc. Okay if not labeled.

ALL PLASTIC MUST BE COMPLETELY CLEAN AND DRY

We close up promptly.
Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



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This Issue Prepared By:

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Index: Len Neufeld

WORKSLOT NEEDS

Office Data Entry

Tuesday, 4:30 to 7:15 p.m.

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett in the Membership Office if you would like more information. Workslot requires a six-month commitment.

Shopping Floor Set-up and Cleaning

Monday thru Friday, 6:00 to 8:00 a.m.

Are you an early riser with a love of cleaning and organizing? Work under the supervision of a

staff person to set up and clean the shopping floor checkout stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or through the Membership Office at 718-622-0560.

Plastic Recycling Drivers

The Plastics Recycling Squads are looking for drivers to transport plastic recycling collected at the Coop to the recycling plant in Brooklyn. Drivers are needed for shifts on Wednesday or Friday. Drivers must have a large capacity van, truck, or mini-van with removable backseats for the volume of recycling collected (no hatch-

backs!). You need to be able to lift and work independently. Reliability a must as you are the only person coming to do this job on your day. All drivers must be available to drop off the recycling at the center between 8:00 a.m. and 3:00 p.m. when the recycling facility is open. Member will be reimbursed for mileage according to IRS reimbursement rates. If interested please contact Office Coordinator Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or drop by the Membership Office to speak to her.

Community Ties Outreach (FTOP Only)

Community Ties is our directory of businesses offering exclusive discounts to Park Slope Food

CONTINUED ON PAGE 8

COOP CALENDAR



New Member Orientations

Monday & Wednesday evenings: . . . 7:30 p.m.
Wednesday mornings: 10:00 a.m.
Sunday afternoons: 4:00 p.m.

Be sure to be here promptly—or early—as we begin on time! The orientation takes about two hours. Please don't bring small children.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Oct 23 issue 7:00 p.m., Mon. Oct 13
Nov 6 issue 7:00 p.m., Mon. Oct 27

CLASSIFIED ADS DEADLINE:

Oct 23 issue 7:00 p.m., Wed. Oct 15
Nov 6 issue 7:00 p.m., Wed. Oct 29

General Meeting

TUE, OCT 28

GENERAL MEETING: 7:00 p.m.
The agenda appears in this issue and is available as a flyer in the entryway

TUE, NOV 4

AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Nov. 25 General Meeting.

The Coop on the Internet
www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, October 28, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The temple house of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.)

- Meet the Coordinators
- Enjoy some Coop snacks
- Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.)

Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.)

- Financial Report
- Coordinators' Report
- Committee Reports

Agenda (8:00 p.m.)

- The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45 p.m.)

(unless there is a vote to extend the meeting)

- Meeting evaluation
- Board of Directors vote
- Announcements, etc.

Attend a GM for Workslot Credit

The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process. Following is an outline of the program. For full details, see the instruction sheets by the signup board or visit www.foodcoop.com.

• Advance sign-up required:

To be eligible for workslot credit, you must sign up in advance of the meeting on the signup sheet in the entrance lobby of the Coop. The signup sheet is available all month long. You have until 5 p.m. on the day of the meeting to sign up. Signups over the phone are not permitted. Some restrictions to this program do apply.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Is it FTOP or a make-up?

It depends on your work status at the time of the meeting.

• Consider making a report...

...to your Squad after you attend the meeting.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store. **We welcome all who respect these values.**

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

**Denotes a Coop member.*

SUN, OCT 12

ALIX KATES SHULMAN SPEAKS: The acclaimed feminist discusses her memoir, "To Love What Is: A Marriage Transformed," about the richness of caring for her disabled husband. 11 a.m. at the Brooklyn Ethical Society, 53 PPW.

THU, OCT 16

STEP UP TO THE PLATE: Ending the Food Crisis. Be part of the solution! Join Frances Moore Lappé, Raj Patel and others for the national launch of an urgent Call to Action on the world food crisis. 7 p.m. Cooper Union (7 E. 7th St, NYC). FREE. www.whyhunger.org.

THU, OCT 16

15TH ANNUAL DOMESTIC VIOLENCE REMEMBRANCE VIGIL: organized by the Safe Homes Project of Good Shepherd Services. 6:30 p.m. at PS 321, 7th Ave. & 1st St. Rain or shine. Info: 718-788-6947.

SAT, OCT 18

PEOPLES' VOICE CAFE: Human Condition Reunion. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); wheelchair-accessible. For info call 212-787-3903 or see www.peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

FRI, OCT 24

GOOD COFFEEHOUSE MUSIC PARLOR: Singer/Blues Guitarist Paul Geremia—Traveling Troubadour Concert Series. 53 Prospect Park West at 2nd Street in Park Slope. Info: 718-768-2972, www.gchmusic.org. Show start at 8 p.m.; doors open at 7:30 p.m. Adults \$15/kids \$6.

FREE FILM SCREENING AND DISCUSSION: The PSUMC Social Action Committee presents a screening of "Burning the Future: Coal in America," a compelling new documentary about coal and the environment followed by a discussion with director, David Novack. 7:30 p.m. at the Park Slope United Methodist Church, 410 6th Ave. @ 8th St. FREE! Info: 718-768-3093 or www.parkslopeumc.org

SAT, OCT 25

PEOPLES' VOICE CAFE: Hook Report with Chris Lange; Emma Graves*. At The Community Church of New York Unitarian Universalist, 40 East 35th St. (between Madison & Park); wheelchair-accessible. For info call 212-787-3903 or see www.peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

SUN, OCT 26

FREE CHAMBER MUSIC SERIES: Imani Winds. At the Stevan Dweck Center For Contemporary Culture (found under the vast front steps of the Brooklyn Public Library in Grand Army Plaza), 4 p.m.

QUEERING DEMOCRACY: Rev. Osagyefo Sekou discusses the contribution to democracy in thought and practice of gay civil rights leaders James Baldwin and Bayard Rustin. 11 a.m. at the Brooklyn Ethical Society, 53 PPW.

FREE ACUPUNCTURE! Join us for our monthly open house at Brooklyn Acupuncture Project. FREE acupuncture for all from noon to 3 p.m. 530 3rd Ave. btwn 12 & 13th sts. Info: 718-369-0123.

SUN, NOV 2

SUPPORT GROUP for people caring for aging family and friends meets the first Sunday of each month from 9:30-11:00 a.m. at Park Slope United Methodist Church. Open to all members of the community dealing with issues around elderly parents, family or friends. Come share feelings, insights and resource ideas with others. For info, call 718-783-4404.

WED, NOV 5

FOLK OPEN SING: Come sing with us. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Music Society of N.Y., the Ethical Culture Society, & the Good Coffee House. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10:00 P.M. Info: 718-636-6341.



Tuesday, October 21 • 7:30 p.m.
at the Coop

GRAY MATTERS



They finish each other's sentences, dance like Fred and Ginger, and share the same downtown loft—the perfect couple? Not exactly. Gray and Sam are a sister and brother so compatible and inseparable that people actually assume they are dating. Mortified, they both agree they must branch out and start searching for love. He'll look for a guy for her and she'll look for a gal for him. A romantic comedy about a brother, a sister and the girl of their dreams.

**FREE
Non-members
welcome**

Writer/director Sue Kramer completed **Gray Matters** in 2007. The film pays homage to 1940's screwball comedies with one big bang of a modern twist. It stars Heather Graham, Tom Cavanagh, Alan Cumming, Sissy Spacek, Bridget Moynahan and Molly Shannon, and Alexander Payne is the executive producer.

Kramer adapted the book **The Last Innocent Summer**, a book that Sissy Spacek was attached to star and direct. She also wrote **The Bunnies** for Touchstone Pictures, which is based on the book **The Bunny Years** and pays homage to the Playboy Club in 1963. In 2002, she completed **Walking Backwards** for Julia Roberts and Revolution Studios. Set in Italy, it is a supernatural love story about a woman who loses everything and needs to pick up the pieces.

Sue is a graduate of UCLA Film School. She graduated with honors, having won the Jim Morrison Award for Outstanding Direction and Writing for her short film, entitled **Till Death Do Us Part**. Sue currently lives in Park Slope, Brooklyn, with her husband and daughter and likes to split her time between New York and Paris.

Film curator Alexandra Berger can be reached at isisprods@yahoo.com.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

WORKSLOT NEEDS

CONTINUED FROM PAGE 7

Coop members. See the new Fall 2008 issue at www.foodcoop.com or in print at the entrance vestibule. What other businesses would you like to see listed? Which neighborhoods are missing? The Coop needs workers to canvas neighborhoods (via phone and/or foot) to enlist new businesses for a free listing in our upcoming Winter 2008 issue. If you're marketing savvy and community minded, leave a voicemail message for Camille Scuria at 888-922-2667, mailbox 87.

Early Morning
Receiving/Stocking
Committees

Monday – Friday, 5:30, 6:00, and 7:00 a.m.

Early morning Receiving/Stocking squads work with Receiving Coordinators to receive deliveries and stock the store. These squads help to unload delivery trucks, organize products in the basement, load carts, and stock shelves, bulk bins, coolers and produce on the shopping floor. You may be asked to stock perishables in the reach-in freezer or walk-in cooler.

Boxes generally weigh between 2 – 20 lbs., a few may weigh up to 50 lbs. Other duties include breaking down cardboard for recycling, preparing produce for display and general cleaning. You will have the opportunity to work closely with our produce buyers and learn a lot about the produce the Coop sells.

CHIPS Soup Kitchen

Monday, Tuesday or Saturday, 9:00 to 11:45 a.m. or 11:15 a.m. to 2:00 p.m.

CHIPS serves a daily meal to the homeless, needy and hungry at their storefront soup kitchen located at Fourth Avenue and Sackett Street. Workslots preparing food, helping serve meals and cleaning up are available to Coop members who have been a member for at least six months. Coop members will work alongside other volunteers at CHIPS. Reliability, cooperation and ability to take directions are vital. Experience with food prep is a plus for working in the kitchen. Please contact Camille Scuria in the Membership Office if interested.



SUPPORT A NEW COOP!

Do you live or work in the Bronx?

Would you prefer to do your workslot on Saturdays?

Then inquire about supporting the South Bronx Food Cooperative!

In accordance with the 6th Principle of Cooperation, the Park Slope Food Coop is offering the SBFC support and consultation by allowing PSFC members to complete their workslot at the Bronx location.

PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

To arrange to receive PSFC credit, please email ellen_weinstat@psfc.coop or call 718-622-0560

South Bronx Food Coop • 646-226-0758 • info@sbxfc.org

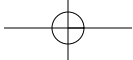
The South Bronx Food Coop is seeking
an experienced graphic/web designer
to update their website ASAP!

Must know how to:

- set up online purchasing system
- create edit-able calendar
- incorporate audio & video links
- link websites

Preference for designers who can link database/inventory systems to web sales. Most important—must have cool sense of design!

South Bronx Food Coop
646-226-0758 • info@sbxfc.org



L E T T E R S T O T H E E D I T O R

THE FIRST TAKEOUT

In Xanadu did Kubla Khan
Invite a young Italian mahn
Into his gleaming summer palace
And proved he bore no hint of malice
Unlike that century's Japanese
Who treated strangers as disease.
"Welcome to Mongolia,
Where, as in sunny Italia,
We honor visitors from abroad
In proof we're not a mongrel horde."
His guest was Venice's Marco Polo,
Traveler extraordinaire and solo.
"I think I've found a home away
From home," M.P. was glad to say.
Indeed, it was the start of a stay
That lasted twenty years to a day
But homesickness must have its sway
So finally he sailed away.
However, the monarch Khan made
sure
He left with a present from the store.
"Take gems or gunpowder, whatever,
As sign our friendship will never
sever,"
K.K. told his Venetian amico.
(Who'd later settle in Puerto Rico).
"I've loved your cuisine so very much
That what I'll ask for—just a touch—
Is a dish of your exquisite lo mein,
Khan's gift to belly and to brain."
And so he set sail with a plastico
Bag that held a prize fantastico.
The lo mein remained fresh and warm
Till he reached home—and would
transform
Italian cooking through and through,
Both for the many and the few.
Potatoes no longer headed the
roster—
The king of cuisine became now
pasta.
But what to call the Chinese takeout?
Before he reached the final shakeout
M.P. tried many a different name,
But all turned out to sound too tame.

And that is when he remembered his
roots
And the tree that bore his family
fruits.
Marco, you see, had been born
Moishe Pippik,
Near the banks of the winding River
Glippik,
In the ghetto of his city-state
Set off by boundaries of hate.
So by dint of remembrance and of
sweat, oh,
He called the novel noodle—
spaghetti!
Much later, confusion with confetti
Caused a rechristening to spaghetti.
Repaying his service, the Doge (the
boss)
Supplied a lifetime of tomato sauce.
Next time, good neighbor, you order
takeout,
Please credit Marco for his breakout.

Leon Freilich

IN RESPONSE TO SUSAN METZ'S EDITORIAL

TO THE COOP ...

This is in response to Susan Metz's
editorial about the Atlantic Yards
posted in your newsletter July 17th,
2008.
While Susan Metz has the right to
make her views known publicly or pri-
vately on any subject of her choosing,
I must make clear the Park Place and
Underhill Block Association did not
ask or vote to be represented by Ms.
Metz in her editorial. I sincerely apol-
ogize to anyone who interpreted it as
such.

Sincerely yours,
David Bijur

As President of the PPPUABA

THANK YOU TO THE PARK SLOPE FOOD COOP

TO THE COOP ...

Last month, I traveled from
Switzerland to visit Brooklyn. I stayed
in Park Slope with my cousin during
the month of September. During this
time, I joined the Park Slope Food
Coop for a month.
During my stay, I had the opportu-
nity to work there as a member, get to
know some other Coop members and
the staff, and observe how the Coop is
organized. I was deeply impressed by
the Coop's commitment—not to slick
presentation, but to quality. Behind
its utilitarian, simple appearance, I
discovered a sophisticated and amaz-
ing management plan and high level
of investment in functionality and
infrastructure.

I am grateful to the Coop staff for
their help during my stay at the Coop
and admire how they encounter the
daily ongoing changing of the work
shifts with patience, courtesy, and
sincerity.

The Coop impresses me as a pre-
sent-day replacement for lost com-
munity life that villages used to
provide, where many of our individual
human needs and talents are met and
expressed.

I am now returning to Switzerland.
There, I will tell people about this
experience. I will tell them how
much enthusiasm and affection and
admiration I have for the Park Slope
Food Coop.

Many Thanks,
Stine Corpateaux
Basel, Switzerland

LETTERS POLICY

We welcome letters from members.
Submission deadlines appear in the
Coop Calendar. All letters will be
printed if they conform to the pub-
lished guidelines. We will not know-
ingly publish articles which are racist,
sexist or otherwise discriminatory

The maximum length for letters is
500 words. Letters must include your
name and phone number and be
typed or very legibly handwritten. Edi-
tors will reject letters that are illegible
or too long.

You may submit on paper, typed or
very legibly handwritten, or via email
to GazetteSubmissions@psfc.coop or
on disk.

Anonymity

Unattributed letters will not be
published unless the *Gazette* knows
the identity of the writer, and there-
fore must be signed when submitted
(giving phone number). Such letters
will be published only where a reason
is given to the editor as to why public
identification of the writer would
impose an unfair burden of embar-
rassment or difficulty. Such letters
must relate to Coop issues and avoid
any non-constructive, non-coopera-
tive language.

Respect

Letters must not be personally
derogatory or insulting, even when
strongly criticizing an individual
member's actions. Letter writers must
refer to other people with respect,
refrain from calling someone by a
nickname that the person never uses
himself or herself, and refrain from
comparing other people to odious fig-
ures like Hitler or Idi Amin.

General Meeting Report

CONTINUED FROM PAGE 5

almost unanimously elected Bowen to the Hearing
Officer Committee. Bowen will serve a three-year
term. The Hearing Officer Committee says it still
remains understaffed at about six members and
could use a few more members to reach the commit-
tee's target of nine.

Longer Shopping Hours

Lori Oriucci, a Coop member for 12 years, pre-
sented an agenda item to introduce earlier weekday
morning shopping hours to the Coop. Oriucci asked
members to consider having the Coop open for
shopping at 6 a.m. every weekday.

Oriucci reasoned that the Coop is already open
for stocking and receiving, and that an early morning
shopping squad would create a whole new set of
slots for morning people, as well as make it easier
for those driving from long distances to find parking.
Oriucci believed the only issues were that shoppers
might disturb the neighbors, and that paying an
additional coordinator to come in at 6 a.m. might
cost too much. A few members who lived near the
Coop didn't think that the earlier shopping hours
would disturb the neighbors; they are already accus-
tomed to the early morning arrivals of trucks
unloading produce.

One member responded that many people cur-
rently working early morning shifts work those slots
because no other shifts were available when they
became members and suggested it might be harder
than Oriucci thought to fill those shifts.

Allen Zimmerman told the crowd, "I'm for it and
completely against it." Zimmerman went on to say
that while he thought the extended hours would be
good for shoppers, having shoppers in the Coop at 6
a.m. would hinder the stocking and receiving squad

members, who are usually unloading and stocking
shelves at this time.

Although the Coop is currently open at 6 a.m. on
weekends, the level of weekday deliveries is much
higher, with about 1,000 cases of produce coming
through in one day alone, argued Zimmerman.
Other members agreed with Zimmerman that hav-
ing shoppers on the floor while pallets are being dri-
ven for the Coop could be potentially dangerous.
Another coordinator also noted that many special
maintenance and other tasks are done by weekday 6
a.m. shifts. These tasks can't be completed while
members are shopping.

"It's not impossible, but certainly impassable,"
noted Zimmerman as he invited Oriucci and mem-
bers to come and observe the work that happens at
the Coop at 6 a.m. during a weekday.

Open Forum

During the open forum, Joanna Smith brought up
an item suggesting Coop employees wear identifi-
ying items with name tags and shirts. Joe Holtz
responded that employees are encouraged to do so
and that some do wear name tags. He added that
the Coop could do better to encourage it in the
future.

Talks were renewed about the missing cart situa-
tion, when an FTOP squad member suggested the
Coop institute a checkout system for the carts. A
Coop coordinator responded that such a system had
been in place previously but hadn't proved efficient.
The coordinator noted that cart monitors often
ended the evening in possession of all the carts as
well as several member cards. The meeting chair
said that the suggestion could be moved to an agen-
da item if desired.

Politics of Food Conference

A member of the Safe Food Committee presented
further details of the Politics of Food: Global Crisis,

Local Action conference. Raj Patel, the author of
"Stuffed and Starved," as well as Anna Lappé, co-
author of "Hope's Edge: The Next Diet for a Small
Planet" and also a Coop member, are confirmed pre-
senter.

The conference, which recently partnered with
the Caribbean Women's Health Association, will be
at P.S. 321 and John Jay High School on May 2,
2009. ■

Forgiveness

WITH MORAIMA SUAREZ

Is there someone you need to forgive?

Holding on to feelings of hurt, guilt, resentment, blame, anger and the need to punish binds up a lot of your own energy and keeps you locked in the past, instead of being fully present.

The Forgiveness Process allows you to release these negative feelings and completes your own healing.

LEARN TO:

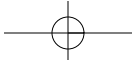
- Forgive yourself and others
- Focus and use the power of unconditional love
- Align your head and your heart
- Use the power and energy of love to relieve stress
- Participate in a group unconditional love meditation

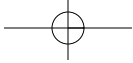
Moraima Suarez is a Coop member, certified Holoenergetic® Healing Practitioner, certified Bowen Therapist, and Reiki practitioner. She has studied and practiced the healing arts for over 20 years and her healing practice in the Park Slope vicinity.

FREE
Non-members welcome

Saturday, October 11
2:00-4:00 at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop





Saturday, October 11
7:00 p.m. at the Coop

FREE
Non members Welcome

Fair Trade = Fair Say

There is a growing movement to define "fair trade" as something more than simply how much a farmer gets paid. An example of this new model is the Divine Chocolate Company, where cocoa farmers' ownership stake in the company means that their cooperative has meaningful input into decisions about how Divine chocolate is produced and sold. Cocoa cooperative farmers are directors on Divine Chocolate's Board and are also shareholders sharing in the company's profits.

Please join the Fair Trade Committee for an evening of conversation about new directions in fair trade with Comfort Kumpeah, a member of the Kuapa Kokoo cocoa growers' cooperative.

FAIR TRADE COFFEE AND CHOCOLATE WILL BE SERVED.

Sunday, October 12
12:00 p.m. at the Coop

FREE
Non members Welcome

You know that box of photos?

You can get your memories out of that box and back into your life!

Join us for a hands-on workshop that will help you:

- Simplify the process
- Preserve your photos and memorabilia
- Sort and organize them effectively
- Tell the story of your life

Bring your shoebox and let's get started! Help us plan by pre-registering at (718) 398-1519 or memoriesoutofthebox.biz.

Martie McNabb is the owner of Memories Out Of The Box, a Brooklyn small business dedicated to preserving and presenting the moments of your life. She has been a PSFC member for more than 10 years.



Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 12
12:00 p.m. at the Coop

FREE
Non members Welcome

Effective Tools for Rapid Personal Transformation

with Susan March and Marija Santo

Want to move on — away from old emotional baggage to new, joyous ways of living?

If you are open to transforming your old patterns, stress, hopelessness, anxiety and more, it can be done.

And it's easy and fun!

The body is like a magnet, and when these experiences are in cellular memory, the body attracts the same experiences.

Doctors and other professionals have used these techniques for daily stresses, eating disorders, robbery, rape and emotions such as anger, anxiety, fear and others. These remembrances can destroy the quality of life if not cleared.

This unique, life changing technology will be demonstrated.

Susan March and Marija Santo are Geotran practitioners.

FREE
Non members welcome

Friday, October 17
7:00 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, October 18
10:00 a.m. at the Coop

FREE
Non members Welcome

Building a Cohousing Community in Brooklyn



"Cohousing" refers to a collaboratively designed community of private units clustered around shared space. Each household owns a fully equipped private unit, but has access to extensive shared amenities, including a community kitchen and dining room and play and outdoor areas. It is an amazing way to raise kids in the city and tends to produce communities of neighbors who know and support each other. Our group is called Brooklyn Cohousing and we are planning to include about 30 to 40 households. We are growing fast and currently include about half families and half single households. Please join us for an open discussion about our project.

Alex Marshall, a journalist here in New York City and a writer on urban planning issues, is a Coop member and founding member of Brooklyn Cohousing.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, October 18
6:30 p.m. at the Coop

FREE
Non members Welcome

The Triple Bottom Line Film Series

People, Planet, Prosperity through Cooperation

The presenter recently made a trip across Europe and to Brazil visiting international not-for-profit groups, and will make a brief presentation about the trip. A brief description of William Greider's book *The Soul of Capitalism* will also be introduced.



THE CORPORATION

Mark Achbar and Jennifer Abbott's film follows Michael Moore's documentary style with courage, clarity, and wit to examine the nature of corporations, their history, assumptions, and impacts. If you've seen it before, you'll like it even more. Possible solutions will also be raised, which, as Coop members, we are already experiencing.

Bring potluck, munchies, friends, the crew, or just lil' ole' you. Talk and activism to follow.

Mark Rego-Monteiro has been a Coop member for years, has a background in social and financial services, and is currently working on a degree in Sustainable Development. He is the founder of WakeUPDemocracy.org.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 19
12:00 at the Coop

FREE
Non members Welcome

How Will YOU Birth?



Join us in a lively, entertaining, and informational discussion about birth. Using improvisational skits with audience participation, we'll work through scenarios that may arise during labor and birth, given the settings of elected home-birth and elected hospital birth. Q&A will take place after each skit. Be ready to participate and have fun!

S. Memaniye Cinque, CNM, is a Coop member. She has been practicing midwifery since 1998. She has been attending homebirths for 7 years. In 2003, she started Dyekora Sumda Midwifery Services, a homebirth practice.

Umaimah Mahmud-Thiam, CM, MS, is a Coop member. She has been a midwife since 2004. Initially oriented to homebirth, she has worked in private practice and in a hospital-based birth center. She recently joined S. Memaniye Cinque at Dyekora Sumda Midwifery Services.

Both midwives are mothers, and have given birth at home.

With their combined experience, they have attended nearly 600 births.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, October 25
7:00 p.m. at the Coop

FREE
Non members Welcome

THE TWO FACES of Money

Presentation by Philip Botwinick

Food and money have a long history. In fact, up until World War II, tea bricks were used as money in Siberia. Today, unfortunately, neither system is sustainable, but thankfully that's beginning to change — for food at least. Money is a daily part of our lives too, but why is there no movement for a sustainable monetary system, worse yet, few people understand it. Join us for an opportunity to better understand our current monetary system — its origins, evolution, the current economic crisis, and how a sustainable monetary system is possible.



Philip Botwinick is the co-executive director of Local Energy Solutions, a project of the Five Borough Institute (a 501(c)3) organization. Its mission is to educate the public on the issues of food, energy, and the economy and the interconnectedness of the three.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 26
12:00 p.m. at the Coop

FREE
Non members Welcome

Why You're Not Losing Weight:

Seven Reasons Those Pounds are Sticking Around

With Coleen DeVol

What many people don't seem to realize is that you can lose weight and still be unhealthy—which means lost weight is often gained back. This workshop is designed to give you the tools you need to kick-start your metabolism and get your body in a state of calorie-burning health while at the same time teaching you to prevent arthritis, heart problems, diabetes, fatigue, insomnia, mood disorders and other dis-ease. Find out how to become the shape you are meant to be!



"Don't step on it... it makes you cry."

Coleen DeVol is a certified Holistic Health Counselor from the American Association of Drugless Practitioners and a certified yoga teacher. She runs a private wellness practice in Prospect Heights, Brooklyn and is a Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, October 26
12:00 p.m. at the Coop

FREE
Non members Welcome

Meet Your Mind

WITH ALLAN NOVICK

The fundamental nature of mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

Allan Novick, has practiced meditation in the Shambhala Buddhist tradition since 1975 and is a certified meditation instructor in that tradition. He lives in Park Slope, has been a Coop member for 14 years, and works as a psychologist for the NYC Dep. of Education

FREE
Non-members welcome

Tuesday, October 28
7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

CLASSES/GROUPS

SUPER GENTLE YOGA for rank beginners, yoga for ordinary mortals. People who think they are too old, too large, too out-of-shape, too "something." Experienced, caring teacher. Class in center of Park Slope. Call Nina 212-427-2324 for more info or email minaham@aol.com.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

PROFESSIONAL OFFICES available. Ideal for psychotherapist, medical doctor, shiatsu, chiropractor, massage therapist, etc. Be part of a holistic medical center in the beautiful SOHO section of Manhattan. The doctor will introduce all patients to you. For further information, please call 212-505-5055.

OFFICE SPACE FOR RENT Broadway and 21st St. Treatment rooms for bodyworkers available in spacious office suite. Share with acupuncturists and chiropractor. Lots of opportunity for cross-referral. For more information please email Melissa at rathbonetang@gmail.com.

PRIVATE ROOM TO SUBLET in quiet professional office in prime Brooklyn Hgts. Suitable for nutritionist, acupuncturist, massage therapist, etc. If interested, please call 718-768-6994.

HOUSING AVAILABLE

APT EXCHANGE: studio in Paris (France). Bright, quiet, all furnished, beautifully decorated, many closets, W/D + bird songs, 1st. fl., friendly bldg., near all transit & shops. With furnished 1-2 BR in Boerum Hill-Cobble Hill-Carroll Gdn. Quietness & access to any outdoor space a +. 6-8 mth from end Sept. 08-May 09. Photos. 646-509-7273.

MERCHANDISE-NONCOMMERCIAL

DESKTOP COMPUTER with dual core CPU, 2 GB of RAM, 120 GB hard drive, 16X DVD-RW, Windows XP Home, \$250. (With Linux instead of Windows: \$200.) Personally built, and I will come to your home or office and set up the operating system. 718-965-2458.

NordicTrack elliptical—CXT 910—perfect working order. \$200. Brooklyn, NY. Call 917-572-7923, email edaylew@aol.com.

FREE TREADMILL. Works fine. Very heavy. You will need 2 strong men 718-369-0425.

1) Approx. 70 film DVDs watched once. Old classics-Hollywood. \$1 each or 10 for \$9. All for \$60. 2) Sony mini CD/tape/radio, 2 wood sound boxes. New, was \$115, sale for less (new in box). 3) 2 antique matching large mirrors, dark carved wood, 2.5/3 feet. Very good cond. \$450 or best offer. Call 718-951-7168.

COMPUTER DESK: Green w/ white shelf for keyboard. Ikea's finest, in good condition. Linda 718-788-9243.

2 ANTIQUE MIRRORS. Wood ornamented frames, 4/2.5, good condition, beautiful, identical. \$850 for 2, \$400 for one or b.o. 212-802-7456,

SLEEPTEK ORGANIC LATEX KING-SIZE MATTRESS FOR SALE. Covered with quilted organic wool & organic cotton. 4 months old. Mint condition. Slept on for two weeks only with organic mattress pad. Comes with original bag for transport. We paid \$2,253. Yours for only \$1,450 (save over \$800). We need more space. 718-499-2789.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

YOUR SMALL & HOME OFFICE computer techs: NY Geek Girls, Inc. Networking & internet; setup & configuration; hardware & software maintenance; data recovery; viruses; backups. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or roberta@nygeek-girls.com

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguc-cionelaw.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop—so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

ADMINISTRATIVE ASSISTANCE NEEDED? I am experienced in research, editing & proofreading, formatting documents, designing brochures, flyers, business cards at reasonable rates. Call 718-783-9460.

HAIRCUTS haircuts HAIRCUTS. Color, HIGHLIGHTS, lowlights in the convenience of your home or mine. Call Leonora 718-857-2215. Adults \$35.00, Kids \$15.00.

NYC SCHOOL HELP-Public/Private Nursery and Elementary school info. High School and Middle School choice workshops. Save time, manage the process, stop stressing. School search consultant specializing in north Brooklyn lower schools/city-wide HS. Joyce Szufliata 718-781-1928. www.nycschoolhelp.com

REFINISH your floors & make the old look new. Reasonable prices. Call Tony 917-658-7452.

Retired Brooklyn Tech teacher with 33 yrs experience offers tutoring in SAT & Regents prep, vocabulary development, writing skills and composition: grammar, the research paper, the college essay. Give your child a solid background in the basics. Programs from elementary - high school. 917-873-9203.

WHICH SCHOOL IS BEST FOR YOUR CHILD? What options do you have? Educational consultant who maintains a broad network of personal and professional connections to public schools in Manhattan & Brooklyn can help your family make this important choice. Lisa Kass 718-398-7250; lisa.kass@verizon.net.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen R. Goldberg provides family dental care utilizing non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) joint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

VACATIONS

Three season vacation cottages for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North. \$97,000-99,000; One-time initiation fee, \$3000, maint. approx. \$3200. Cash sales only; no dogs. 212-242-0806 or june-jacobson@earthlink.net

Country House for rent. 15 minutes from Hunter Mountain & Windham ski areas. 3 bedrooms, 1 bath, full kitchen, living room, study, phone, cable TV & Internet (available on request), 4 car parking area, 4+ acres, stream, spectacular views. Dogs OK, no cats. No smoking. East Jewett, NY (zip 12424). 2 1/2 hours from NYC. \$5,000 season (Friday Nov. 14 through Sunday, April 12) + utilities. Call 917-572-7923 or email edaylew@aol.com.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAM in holistic dental office for all Coop members. X-rays are strictly minimized so bring your own. Dr. Goldberg's non-mercury offices in Soho or in Midwood section of Brooklyn. For info please call 718-339-5066 or 212-505-5055.

FREE ACUPUNCTURE!! Join us for our monthly open house at Brooklyn Acupuncture Project. Free acupuncture for all. Sunday October 26 from 12 noon til 3 p.m. 530 3rd Avenue, between 12th and 13th Streets. For more info call 718-369-0123.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator.

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Remodeling Coop
High quality and
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a Free Estimate!**
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**Get Your Home Cleaned...
With a Clean Conscience**
**The We Can Do It! Women's Coop has
eco- cleaned the homes of dozens of
happy Food Coop members.**
**Our business is women-owned and
operated and members earn 100%
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*We are a small team of Brooklyn designers and media professionals
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efforts of like-minded organizations, we can create a more livable
and socially-just world.*



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Certified in Yoga for the Special Child ®

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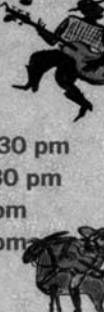


TUNES FOR KIDS AND ADULTS ages 1 to 100!
Rolie Polie Guacamole plays at libraries, schools, parties, and
music festivals all over the East Coast! Sing And Dance Along With
Them At One Of Their Free Shows This Month.

October 2008 Free Shows In Brooklyn

10/14 Tilles Of Brooklyn - 248 Dekalb Ave	4:30 pm
10/16 Earth Tones - 349 5th Ave	3:30 pm
10/18 Boing Boing - 204 7th Ave	3 pm
10/22 The V Spot - 156 5th Ave	5 pm

To contact the band, please visit:
www.RoliePolieGuacamole.com



Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

Bank FTOP hours using your expertise to create one of the largest events in the COOP's history.

On **Saturday, May 2, 2009**, the PSFC and the Caribbean Women's Health Association will host a conference on the Politics of Food. We need hundreds of Coop members and lots of organizations co-sponsoring!

Do you have experience in...

- MEDIA** -- Web design, graphics, sign making, audio-visual production;
- PUBLIC RELATIONS** -- marketing, outreach, press kits, Website;
- EVENTS COORDINATION** -- special events include a parade, films, vendors, and educational groups;
- FUNDRAISING** -- including grant writing (we need financial sponsors as well as donations from restaurants and affiliated organizations);
- COMMUNITY OUTREACH** -- coordinate & inform other community groups, including religious organizations, immigrant communities, and schools;
- PLUS** we need staff on the day of the event!

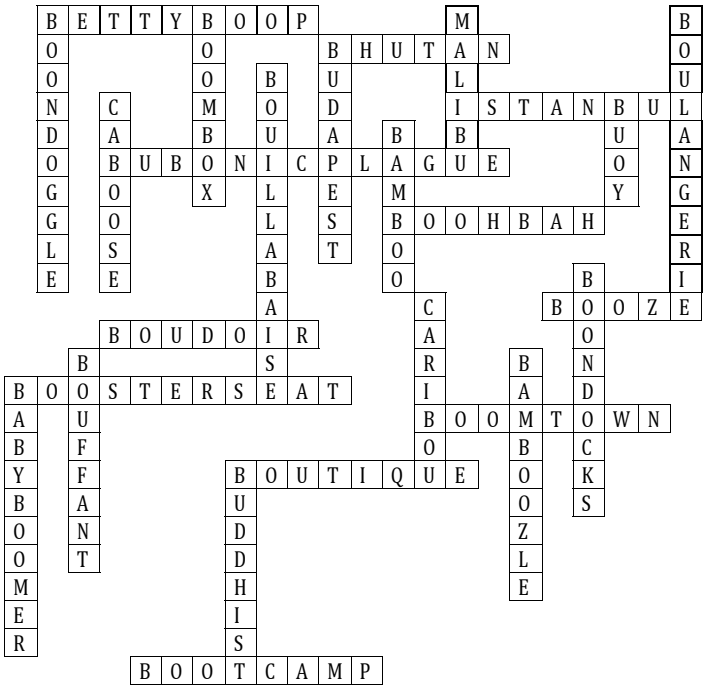
Anyone with organizational skills and interest in food and food policy is welcome to join us!

Please send an e-mail with your name and area of expertise to the volunteer coordinator: Istoland@gmail.com

In addition we are asking for donations of AIRMILES or money to help bring keynote speakers to the conference.



Puzzle Answers



Saturday, November 1 9:30 a.m. at the Coop **FREE** Non members Welcome

Tax-Basics & Planning Tips

What's New ?

- Property Tax Deduction For Non-itemizers (\$500/ \$1,000)
- First-Time Home Buyer Tax Credit (or Loan?)
- Second Home Turned Main Home
- Economic Stimulus Cash Rebate
- Tax Returns, Automatic Extensions
- Direct Rollover from Qualified Plan to Roth IRA
- Credit Card Information Reporting (aft. 2010)
- Kiddie Tax
- AMT
- Health Savings Account
- Charitable Contributions
- 529-Plan Abuses
- Foreclosures
- Small-Business Expensing

We will also discuss knowing your taxes, worldwide income, taxable income, tax-exempt income, tax-deferred income, income exclusions, income-planning tips, expenses and adjusted gross income, deductions, business deductions, expense-planning tips, tax and tax payments, and real-estate investments. We'll explore benefits, money planning, and savings.

Jenifer Lee is a CPA, CFP®, and MBA and a Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, November 1 12:00 at the Coop **FREE** Non members Welcome

Talking About Autism

With **Shane B. Kulman, M.A. Special Education**

This workshop will focus on keeping a positive and successful learning/loving relationship with your child with autism.

We will discuss:

- How to be a teacher to your child;
- How siblings can relate to their sister/brother with autism;
- How to set up your home to foster independence;
- How to promote independence for your child in and outside of the home.

Shane B. Kulman is a Special Education Therapist and a certified practioner of Yoga for the Special Child®, LLC. Shane has more than 10 years experience working with children younger than 5 years old. She works with children in their homes in any vicinity in Brooklyn, and is the owner of Yourbeautifulchild.com. Shane is a Coop member and a Brooklyn native.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, November 1 4:00 at the Coop **FREE** Non members Welcome

Sugar Blues

Are you constantly craving sweets and want to understand why? Do you want to gain control without willpower or deprivation? Then this is the perfect workshop for you!

Shannon Brennan-Cressey is a Certified Holistic Health Counselor, accredited by the American Association of Drugless Practitioners. She is a graduate of The Institute for Integrative Nutrition in partnership with The Teachers College of Columbia University. She has a Bachelors' Degree in Fine Arts from NYU's Tisch School of the Arts. Shannon is the sole proprietor of Bliss Health and Nutrition and works at The Jena Wellness Center in Manhattan. She has been a Coop member since May 2008.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

ENHANCING FERTILITY NATURALLY: A CHINESE MEDICINE APPROACH WITH LARA ROSENTHAL, L.AC.

UNDERSTANDING FERTILITY:

- The energetics of reproduction
- What our grandmothers never told us: reading our body's signals

OBSTACLES TO FERTILITY:

- Chinese medicine patterns of imbalance
- "Unexplained infertility" explained

IMPROVING THE ODDS:

- Nutrition and lifestyle choices for your body type
- Tilling the soil: preparing the body for the rigors of pregnancy

WORKING WITH ASSISTED REPRODUCTIVE TECHNOLOGIES:

- Eastern and Western approaches side by side

Lara Rosenthal is a Licensed Acupuncturist and Board Certified Chinese Herbologist. She maintains a private practice in Manhattan specializing in Women's Health and Fertility and works at the NYU Hospital for Joint Diseases' Initiative for Women with Disabilities. She has a B.S. in Biological Sciences from Stanford University, is fluent in Chinese, and studied and worked in Taiwan for three years. She is a faculty member at Pacific College of Oriental Medicine and a Coop member.

FREE Non-members welcome **Sunday, November 2 12:00 p.m. at the Coop**

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Saturday, November 8 10:00 am - Noon at the Coop **FREE** Non members Welcome

Family Yoga

Yoga Fun for the Whole Family!

Bond with your family and explore your child's inner yogi as you balance like a flamingo, stretch into a downward puppy, or breathe like a bunny. Music, dance, and games are all seamlessly incorporated into this fun-filled, family yoga time.

No prior yoga experience necessary. For families with kids 4 to 6 years old.

Phyllis Uma Botté feels fortunate to be a Coop member and is eager to share her love for yoga with other members. Watching her daughter practice yoga with her family, in San Francisco, inspired Uma to share her passion for yoga with families in NYC. She is certified through Karma Kids Yoga in NYC.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

Sunday, November 9 12:00 at the Coop **FREE** Non members Welcome

Staying Healthy Through the Holidays Workshop

Do you want to avoid gaining weight over the holiday season?

Do you feel frantic with all the extra demands of the season on top of your busy schedule?

Do you want more energy and a healthier holiday season?

You are invited to this workshop to learn some simple techniques for avoiding overeating, over-stressing, and overspending.

Christine Boutross is a personal trainer, a certified holistic health counselor, and a Coop member. She is a graduate of the Institute for Integrative Nutrition and is certified by the American Association of Drugless Practioners. As a holistic counselor, Christine works with clients in addressing their health concerns, including weight loss, having more energy, deconstructing cravings, and various nutritional concerns.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop