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1973



LINEWAITERS' GAZETTE



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Volume DD, Number 8

April 9, 2009

Emergency Planning and Procedures

What's in Place; What Members Need to Know

By Frank Haberle

When the Park Slope Food Coop was renovated ten years ago, every facet of the reconstruction, from the sliding glass doors to the bulletin boards, was reviewed by a team of three Coop members who were architects, with the safety of the membership in mind. "I remember asking at one point, do we really need another door?" Joe Holtz, general coordinator and chief safety officer, remembers. "The architects said, 'Yes. You absolutely have to have that door.' The membership was extremely well-represented by the safety concerns of these architects."

Coop Safety Features

The Coop's emergency exits are clearly marked, and fire extinguishers with instructions are visible throughout. In

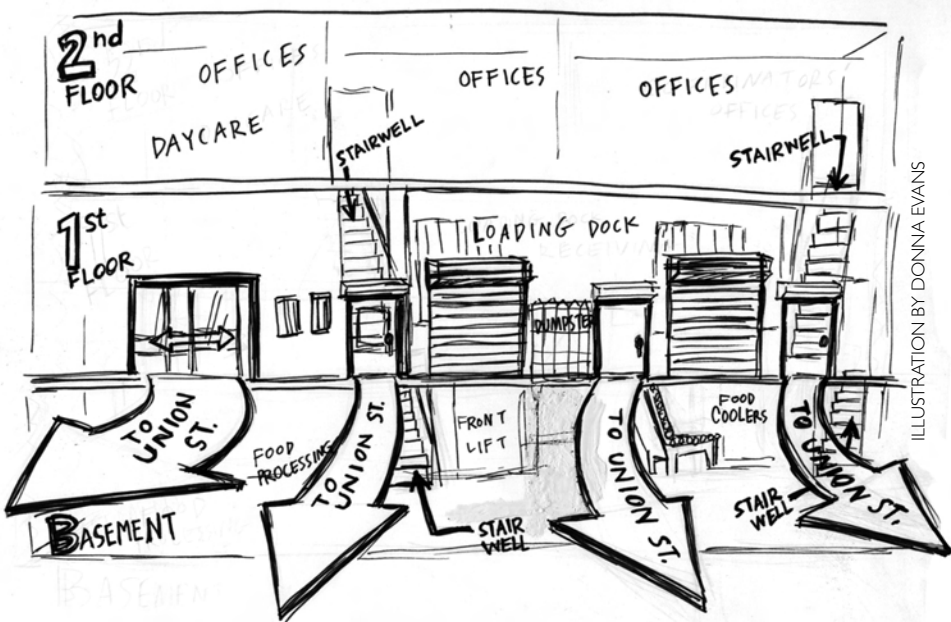
below). The large sliding glass doors we enter and leave through on the shopping floor are designed to literally break away and swing outward—if

is pushed. Fire-resistant materials are used throughout the building, including the materials used for the bulletin boards lining the main stair-

case. Coop staff, trained and ready for all kinds of emergencies, work throughout the building at all times that members are present. "The first item on the agenda of every staff meeting is safety issues," Holtz says. "This includes issues that affect members shopping and working, as well as

the staff themselves. This vigilance has paid off; we have a

pushed firmly from within. Two other exits have emergency alarm systems that will go off if the panic bar to open the door



the event that members need to evacuate quickly, there are four emergency exits out onto Union Street (described

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Growing Pains

The Coop's Explosive Growth



ILLUSTRATION BY LYNN BERNSTEIN

While the world economy's been tanking, the Coop's been thriving like never before, in case you haven't been jostled in the aisles recently. Membership has nearly tripled in the past eight years, from 5,700 to currently over 15,200. What do members and coordinators say about the mixed blessings of success? What ideas are floating around for alleviating that sardine-like feeling?

By Ed Levy

What Shoppers Had to Say

We spoke to a number of shoppers—waiting on line, of course.

Gladys Mandalaoui strongly feels that to move things along more expeditiously, we need to train checkout people better and also create a shift for people who can help bag

or box groceries. Another shopper, who prefers anonymity, agreed that checkers need more training. "There are some checkers who can't tell a lemon from a lime!" she said. "Many are also very young and have never shopped for themselves, and just don't know what things are. The younger people

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Next General Meeting April 28

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be on Tuesday, April 28, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this Gazette and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

*Exceptions for November and December will be posted.

Coop Event Highlights

Thu, Apr 16 • Wordsprouts: Children's Reading 7:00 p.m.

Fri, Apr 17 • Coffeehouse: 7:00 p.m.

Sat, Apr 18 • CHIPS Food Drive: 9:00 a.m.–4:30 p.m.

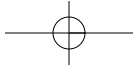
Sun, Apr 19 • CHIPS Food Drive: 9:00 a.m.–4:30 p.m.

Sun, Apr 19 • Celebrate Earth Day: 9:00 a.m.–3:00 p.m.

Look for additional information about these and other events in this issue.

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Emergency Planning

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very good safety record at the Coop.” While fire safety is a concern everywhere, in over 30 years, the Coop has never experienced a major fire. There have been one or two short circuits of refrigeration units with a little smoke, Holtz notes, but nothing ever necessitating an evacuation.

Overcrowding on the shopping floor may seem like a constant problem, especially during peak times. Holtz estimates that the Coop never exceeds its full capacity (200 people on the shopping floor, 100 upstairs). While there is no electronic method to count how many bodies are on the floor at any given time, staff keep an eye on how many carts are out on the floor, and the general flow of traffic. “Once, a big snowstorm was on the way,” Holtz cites as an example. “The Coop started filling with shoppers. The staff

made a decision on the spot that members would have to wait upstairs to shop. We let them in, one by one, as others left. It was a delay, and a minor inconvenience, but for the most part people were very understanding.”

How to Evacuate: First, Know Your Exits

In the event of an emergency, would you know how to get out of the building in a hurry? And what systems and procedures are in place to ensure a safe evacuation by all members and staff, from basement to top floor, in the event of an emergency? A discussion with Joe Holtz, a random sampling of interviews with members working and shopping during a busy weekend morning, and a quick tour of exit routes revealed some potentially useful considerations.

A Coop member working in the food processing section of the basement was asked if her squad leader or anyone else



had ever discussed with her what to do in the event of a fire. “No,” she replied. What would she do? “I suppose I would go up the stairs and out onto the street,” she said. What if those stairs were blocked? “I don’t know what I’d do then,” she said. Are you aware of where the second staircase is? “Yeah, I guess so.” The member ended the conversation after a few minutes. “I just don’t want to get somebody into trouble,” she said.

Upstairs, a childcare squad member spoke of some of the safety policies that are discussed during childcare

orientation sessions. “They taught us that we should always keep the children’s shoes on, in case we have to

accessible from the childcare room. But did she know where the second staircase was? “It’s a good question,” she

A general lack of knowledge of a basic issue—how many exits, and where they are—drew surprising responses from several members...the common line of response was, “I never really thought about it,” and “we’ve never really discussed it.”

leave in a hurry. And everyone knows that we should never use an elevator in the event of a fire.” The main staircase is very clearly marked and easily

said. “I really don’t. I suppose there’s one down the hall.”

CONTINUED ON NEXT PAGE

PSFC APRIL GENERAL MEETING Tuesday, April 28, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple) 274 Garfield Pl. at 8th Ave.

AGENDA:

Item #1: Board of Directors Candidate (20 minutes)

Discussion: “Presentation by candidate for the Board of Directors followed by questions for the candidate”

—submitted by General Coordinators

Item #2: Park Slope Food Coop Brooklyn Food Coalition Committee (40 minutes)

Proposal: “That the Park Slope Food Coop become one of the founding members of the Brooklyn Food Coalition, an entity that will be organized after the Brooklyn Food Conference on May 2nd for the purpose of promoting the values of food democracy through community outreach, network-building and educating for legislative change. Our participation would be stewarded by the Safe Food Squad, which is organizing the May 2nd conference. The name of that squad would be changed to the Park Slope Food Coop Brooklyn Food Coalition Committee, and in collaboration with the General Coordinators its numbers would be increased to accommodate its broader responsibilities.”

—submitted by Kathie Borowitz and Nancy Romer

Item #3: PSFC Documentary Workshop (30 minutes)

Proposal: “Presentation of a documentary film workshop proposal by two Park-Slope based filmmakers”

—submitted by Joel Tomar Levin

Explanation: “We seek approval for our documentary film project, which was submitted to the General Coordinators this Fall. We aim to present the proposal at the next General Meeting and have the members vote the following meeting. Copy of our Proposal is attached to this submission form.”

Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters’ Gazette*.

The Agenda Committee minutes and the satatus of pending agenda items are available in the office and at all GMS.

Coop Job Opening: Receiving/Stocking Coordinator Late Afternoon, Evening & Weekend Description:

The Coop is hiring a Receiving/Stocking Coordinator to work late afternoon, evening and week-ends. The evening and weekend Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well-stocked and orderly and maintaining the quality of the produce. At the end of the evening, they set up the receiving areas to prepare for the following day’s early morning deliveries.

We are looking for a candidate who wants a permanent afternoon/evening/weekend schedule. The ideal candidate will have been working on a Receiving workslot for the Coop. Because fewer paid staff work evenings and weekends, it is essential that the candidate be a reliable and responsible self-starter who enjoys working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with one to several other Receiving Coordinators. You must have excellent communication and organizational skills, patience and the ability to prioritize the work and remain calm under pressure. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours. The job will include work in the walk-in coolers and freezer.

Hours: 35-40 hours per week, schedule—to be determined—will be afternoon, evening and weekend work.

Wages: \$23.39/hour

Benefits: —Health and Personal time
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years
—health insurance
—pension plan

Application & Hiring Process:

Please provide a cover letter with your résumé as soon as you can. Mail your letter and résumé or drop it in the mail slot in the entryway of the Coop. Please state your availability.

All applicants will receive a response. Please do not call the office.

If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

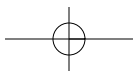
There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least the past 6 months.

Applicants who have not previously worked a Coop shift in Receiving should arrange to work in Receiving.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.



Main Floor Exits

In all cases, from each of the three floors, moving toward the street-level exits in the front (Union Street) side of the building—all clearly marked with exit signs—is the best possible move members can make in the event of a fire, smoke or other emergency.

All four street-level exits from the Coop face Union Street, on the north side of the building. They are, from east (toward Seventh Avenue) to west (Sixth Avenue):

(1) **Main glass entrance doors** that shoppers use to enter and exit the Coop.

(2) **Members' office door**, facing the main staircase to the second floor. During shopping hours this door is unalarmed and used regularly.

(3) **Loading dock door**, located between the roll-up steel doors that are used for receiving. This door is alarmed and is an emergency exit for

shoppers in the produce area (in case of emergency, move through the swinging produce-area doors).

(4) **Staircase door** is the last and, possibly, the least known. This door is alarmed and located in the second staircase (and can be accessed by another door in the loading dock area).

Joe stresses that there are other ways out of the building that may seem wise in an emergency, but they are not in fact exits. The first is a door located in the back of the shopping floor, at the end of the bulk aisle. Clearly marked with a sign above the door that reads NOT AN EXIT, this door opens out into a narrow, enclosed alleyway with no escape route. There is also no way to escape the roof of the building, so going to the roof is not an option.

Upstairs and Basement Exits

From upstairs where the offices, meeting rooms and childcare are located, and



ILLUSTRATION BY DONNA EVANS

from the basement, there are two staircases that lead to exits onto Union Street. Many Coopers are familiar with the main staircase that leads, on the street level, to door 2.

Fewer members, based on a small survey, were aware of the second staircase leading to staircase door 4 as described above, and located on the northwest corner of the building (the furthest corner of the building, the one closest to Sixth Avenue).

From the basement, a 180-degree turn at the top of the stairs reveals an alarmed door that opens quickly to door 2. The second staircase, located in the northwest corner, leads quickly to door 4.

From either the upstairs or the basement, making yourself aware of the location of the second staircase in the northwest corner of the building may provide a key alternative route in the unlikely—but certainly not impossible—chance that the main staircase is obstructed.

Every Member's Responsibility

Joe Holtz emphasizes that

the Coop staff and squad leaders are charged with leading and directing people out of the building in the event of an emergency. In conversations with Coop members, everyone expressed that they feel very safe in the Coop.

However, a general lack of knowledge of a basic issue—how many exits, and where they are—drew surprising responses from several members, including a member who has been with the Coop for 20 years, and another who joined two months ago. The common line of response was, "I never really thought about it," and "We've never really discussed it." None of the small sampling of members remembered—either in the Coop orientation, in squad orientation or in squad meetings—receiving information about emergency evacuation procedures, fire and smoke alarms and/or where the emergency exits are. ■

What Is That? How Do I Use It? Food Tours in the Coop

When we rush
we lose confidence
in right now –
the bowl of life
set before us –

How it brims!

Be satisfied
with this one breath
two or three cannot
come at once
We were not born to serve time
time is our servant
it is our idea

This is a big lesson for us school children
there is plenty of time
We stand upon the world already
royalty in the presence of all we'll ever have:

this one
precious breath

The Park Slope Food Coop
Always on time

by Myra Klockenbrink

Friday April 17
10:00 a.m. to 2:00 p.m.

Mondays April 27
1:45 p.m. to 4:30 p.m.

May 4
noon to 1:00 p.m. and
1:30 too 2:30 p.m.

You can join in any time during a tour.

The Econvetch
is now on Facebook,
representing the
**Park Slope
Food Coop's
Environmental
Committee.**

**The Environmental
Committee has a blog!**

Please visit often
for timely news and
information
from the PSFC
Environmental
Committee.

We're
blogging
about our
activities at the Coop,
as well as
environmental events
of interest at the Coop
and beyond.

Find us at:
<http://ecokvetch.blogspot.com/>



TAKE THE SURVEY

The survey is ending
on April 30!
Help the Coop
gather valuable
information on your
shopping experience
and payment choice
by taking our survey
in conjunction with
the Federal Reserve
Bank of Boston.
Your responses will
help the Coop serve
you better!

Take the
survey now on
www.foodcoop.com
or pick up an
information card
from the
entrance desk.



Growing Pains

CONTINUED FROM PAGE 1

should be doing more of the physical work," she said.

Nicholas Bedell suggested that a demographic study would reveal where the Coop should open a smaller, satellite store, maybe on the other side of the Slope, where people would do smaller shoppings to augment their larger regular purchases.

Kesha Hill, Christine Piper, Deepali Pallegar and Hannah Hurley all suggested that we need a bigger space. Deepali said, "A lot of my friends have quit because they have a negative experience shopping here." She suggested that the Coop limit its membership.

Judy Trenkner and Stephanie Haas would like to see more politeness and friendliness among shoppers. "People get kind of aggressive sometimes," Stephanie said. "There is no sense of the whole." Elizabeth Peters and Georgia Davidson remarked that people on cell phones seem oblivious to those around them.

Tim Hanna suggested using data from the entrance computers to determine how many people are coming and at what times of the day. This information could then be

ILLUSTRATION BY LYNN BERNSTEIN



posted on the website, enabling people to arrange their shopping schedules.

Another shopper suggested webcams, so shoppers can see the level of traffic online before they leave home.

But not everyone is bothered by the chock-a-block atmosphere. Mark Bradford said he still feels so good about the advent of debit cards, he has a hard time registering any displeasure about crowding. And Pat Ada has adopted the Zen approach to the Coop's ambience. "It is what it is," he avowed.

The Coordinator's Perspective

Coop General Coordinator Jessica Robinson told the *Gazette* she feels the Coop reached its limit at under 14,000 people and is now over capacity.

"The *Gazette* was named for people waiting on line," she joked, "and the name has never gone out of style." Growth places huge stress on paid staff, she added, because with it, the ratio of staff to members changes. Receivers are handling more food and office staff are answering more issues. As an

example, she said the staff reacted too slowly to the current problem with FTOP: There are now more people working FTOP than there are eligible work-slots. FTOP (which stands for Future Time Off Program) worked well during the expansion, when the Coop needed workers to supplement regular ABCD squads; and traditionally, FTOP workers have pioneered experiments, such as later or earlier shopping hours, or walking people to their cars or homes and walking back the carts.

Although historically FTOP workers have been among the most reliable work groups, it's now hard for them to find shifts. The coordinators are trying a multipronged approach to resolving this issue, including discouraging people from joining FTOP, sending letters to FTOP workers to be timely about signing up and canceling shifts, exploring the possibility of an electronic message board and re-examining numbers of people required

on all Coop shifts, as those numbers may be out of date.

Shortening Work Shifts Won't Work

Many people have suggested that the Coop could shorten workslots from the current 2½ hours—although how that would change the number of bodies in the store at any one time is not clear. Robinson emphasized that even if it did, shortening work won't work for the Coop. "It's already hard to manage with a workforce turning over every two and a half hours. Between setting up and winding down and turning the job over to the next shift, people only get in an hour and a half of good work, so there is already a certain level of inefficiency due to the brevity of the work-slots," she said.

Joe Holtz, General Coordinator and General Manager, also responded to some of the members' ideas for alleviating crowding. He doesn't favor capping membership, since it goes against the principle of open membership, one of the core principles of the International Cooperative Alliance.

Joe said that since March 2, the Coop has been slowing the influx of new members

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Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members



If you are good at:

Communicating

Problem solving

Dealing with

difficult situations &

Investigating...

We need you!

We (the DC) are seeking new members to work with us on making the Coop the best place it can be for everyone.

Being a DC member offers the opportunity to be involved in **important, interesting and challenging work**. We contribute more time than regular monthly shift workers, though much of it is done from home via phone calls and e-mail. While there is this flexibility, we are seeking members prepared to make a **substantial and consistent commitment** to the Coop (you will get credit for overtime hours).

Some of our work includes:

- Investigating allegations of misbehavior by Coop members, such as failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty language against other Coop members and staff, etc.
- Participating in disciplinary hearings, which are sometimes conducted after investigations are concluded
- Mediating disputes between Coop members
- Engaging in problem-solving
- Working on policy issues related to the DC's work

We recognize the importance of various points of view when considering cases brought to us.

WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

Requirements for Candidates:

- Coop members for at least a year
- have good attendance records
- attend an evening meeting approximately every six weeks.

Candidates with experience in **writing, investigation, conflict-resolution, or mental health professionals** encouraged to apply. Use of a **computer and email is essential**.

If you are interested and would like to join us please call **Jeff: 718-636-3880**

by requiring pre-registration to attend an orientation and by setting the size of the orientations. This has put a brake on the process without putting a ceiling on membership.

He said he is not opposed to an annex, provided it was done carefully. "The only way I'd ever want to do it is with rigorous attention to the downside, because if it goes wrong it could put the Coop out of business." He cited examples of two local stores, Earth General and Big Cheese, that were doing well until they expanded to other locations and then went out of business. Any commercial lender, he explained, would place a lien on the old store as well as the new one.

Instead of a branch, he thinks the Coop should get more involved helping new coops start in the area, something he is already spending time on. There are incipient coops in Bay Ridge, Greene Hill (Fort Greene/Clinton Hill) and Bedford Stuyvesant. Assuming that these coops were based on our model, they would draw members away. Those that use other models, for example, Flatbush Food Coop, tend to have higher prices and are not enough of a draw for members irked by crowding.

"With close to three million people, Brooklyn could support many coops," Joe said.

In response to the proposal to extend shopping hours to be open earlier on weekdays, he said that the problem is that deliveries to the Coop are incredibly large and frequent, and they spill out over the store. There are motorized pallet jacks coming in, which would present a hazard to shoppers. Conceivably, the Coop could have a night crew to receive and stock, as many supermarkets do, but would we find the members to staff an overnight shift, and if we did, could we get the deliveries any earlier in the morning than we do? As it is, Joe pointed out, we typically put in our orders only the day before.

Joe seemed to feel that extending shopping hours at night was a possibility worth exploring. Extending hours by one shift, to 12:30 a.m. for six days, would require approximately 720 people.

Any survey to measure interest in this solution would have to be introduced at and approved by a General Meeting. ■

BANK FTOP HOURS!!!

Use your expertise to create one of the largest events in Coop history.
www.brooklynfoodconference.org

On **Saturday, May 2nd, 2009**, the PSFC, Caribbean Women's Health Association, Brooklyn Rescue Mission, World Hunger Year and Brooklyn's Bounty will co-sponsor an all-Brooklyn Food Conference: Local Action for Global Change. More than 150 organizations have signed on as partners to help us attract the 2,000+ people we expect to attend. We need hundreds of Coop members to help us with this huge event!

Do you have experience in:

COMMUNITY & VENDOR OUTREACH—interact with Brooklynites.

BUS COORDINATION—to work before and during May 2nd.

VOLUNTEER COORDINATION FOR MAY 2ND—lead a team of volunteers.

MEDIA CONTACTS—help connect us to people you know in the media—journalists, TV, radio, bloggers—all needed.

EVENT PLANNING—a parade, films, vendors, info tables, workshops and educational groups for May 2nd.

TRANSLATION—Spanish, Creole, Arabic, Cantonese, Mandarin, Russian and American Sign Language.

Or can you donate:

AIRMILES or money to help bring keynote speakers to the conference

Please send an email with your name, contact info and area of expertise to info@brooklynfoodconference.org.

As we intend to keep the conference free and open to the community, we are asking for donations.

FTOP!! FUN!! FOOD!! FTOP!! FUN!! FOOD!! FTOP!! FUN!!



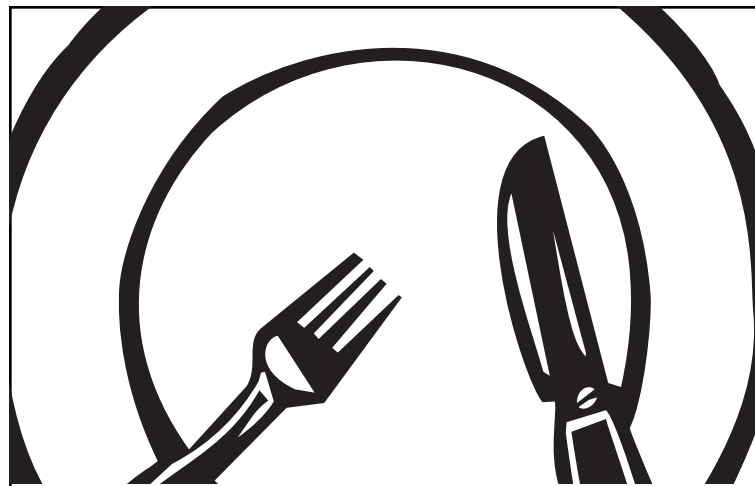
**CREATIVE? WRITER? TALKATIVE? LAWYER?
SOCIAL-BUTTERFLY? WEB-DEVELOPER?**

**HELP US GET STARTED
AND MAKE YOUR
OWN WORK SHIFT!**

PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



www.GreeneHillFoodCoop.com
info@greenehillfoodcoop.com | 718-208-4778



Professional Cooks and Waitstaff Needed for Brooklyn Food Conference

Chefs and cooks are needed to prep and cook lunch and dinner for the Brooklyn Food Conference, which takes place on May 2nd. Food preparation will begin on Wednesday, April 29th, and continue through Saturday, May 2nd. Members with professional culinary skills only.

Also needed are caterwaiters/waiters and servers to serve lunch and dinner. Shifts available all day Saturday, May 2nd.

Please contact Esther Bernstein at 917-513-0860 or ouicater@yahoo.com for further information. You will receive FTOP credit for your work.

Help New Members Feel Like Royalty!



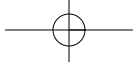
The **Orientation Committee** has no openings at the moment, but we need members who are trained and ready to step in when a vacancy occurs.

We are looking for energetic people with a teaching or training background who can work Sunday afternoons, Monday or Wednesday evenings, or Wednesday mornings. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with at least two years of membership will be considered.

Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

We are especially interested in members who speak fluent Spanish or Russian. For more information, contact the Membership Office or write to karen_mancuso@psfc.coop.

PHOTO: JOHN H. SHEALLY W/ THE VIRGINIAN-PILOT (VIA GOOGLE)



Growing and Greening New York

Museum Exhibit Portrays Daily Resource Use

By Alison Levy

In an urban environment like ours, it's sometimes hard for people to remember that even New Yorkers are part of nature. Even though the only place to commune with the trees and the elements are places like Prospect Park or Central Park, city dwellers use environmental resources just like everyone else.

And a new exhibit called *Growing and Greening New York: PlaNYC and the Future of the City* was mounted to remind us of that. Held at the Museum of the City of New York (at 1220 Fifth Avenue, New York, N.Y.), the exhibition (which is on view through April 22 and is free to Coop members who present their membership card) portrays a day in the life of an average New Yorker viewed through a green lens—the lens of environmental awareness.

The focal point of the exhibition is PlaNYC, the Bloomberg Administration's ambitious five-borough plan for sustainability by 2030, cov-

ering recommendations and initiatives for water, transportation, energy, open space, land and climate change. By following the daily life of an average New Yorker, the exhibit reveals how our routine activities use resources. Fortunately, minor modifications can make our daily life more environmentally sustainable—especially significant if many in our large populace get wise and implement the strategies recommended.

Have you ever thought of the resources you use in simple actions like getting up, showering and using the toilet?

As it turns out, New York-

ers use seven gallons of water per minute when they shower. The installation of low-flow showers would help since they use 30% less water. Do New Yorkers shower more frequently? They might need to—because of smog and soot in the city (most of it from transportation fumes and some of it from pollution blowing in from the Midwest). Our smog and soot counts fail to meet the acceptable standards devised by the U.S. Environmental Protection Agency (EPA).

To process and treat the drainage water used when we wash, bathe or flush, the city



ILLUSTRATION BY ROD MORRISON

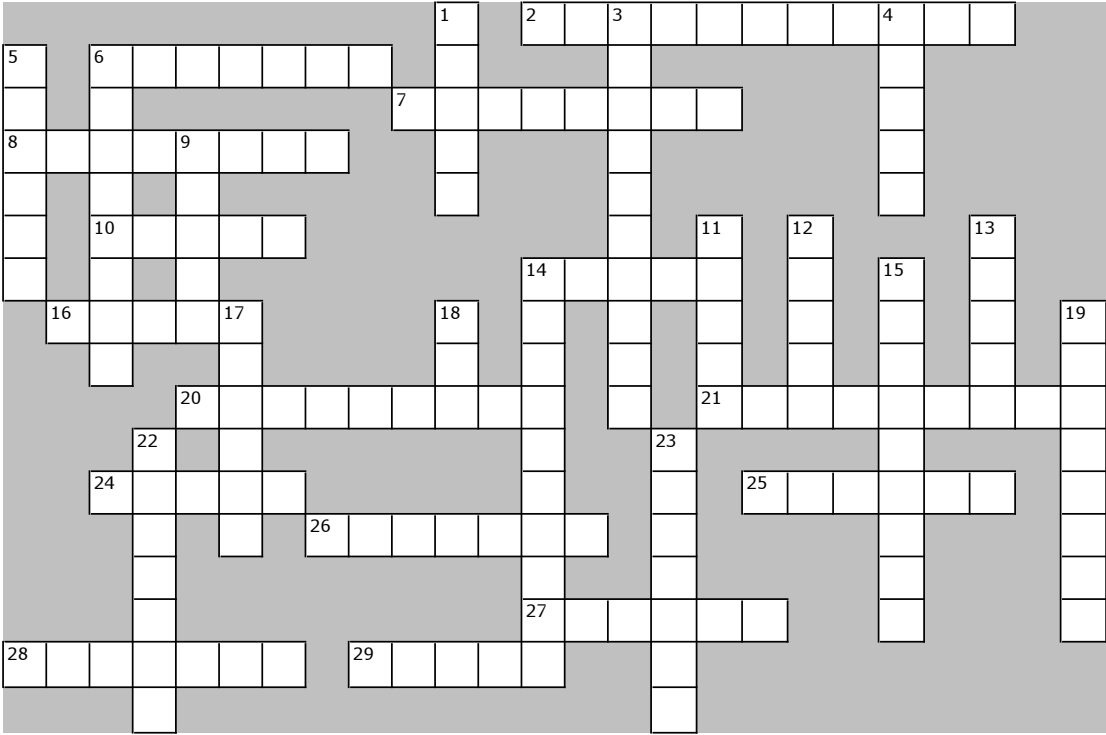
has 14 sewage plants, all but three of which are in neighborhoods where the majority of residents are people of color. As one South Bronx activist quoted in the exhibit succinctly put it, "When Robert De Niro flushes the toilet downtown, it's our problem."

Actually, water runoff is a citywide problem. New York's sewer system is old, so heavy rains result in runoff streaming directly into the adjacent East and Hudson Rivers without having gone through waste treatment. Planting more trees would help because their roots

Puzzle Corner

Rhyme Time

In recognition of National Poetry Month, this puzzle tests your poetry knowledge. The clues are all titles of poems. The last names of the poets fit into the grid.



ACROSS

- 2 Where the Sidewalk Ends
6 Ozymandias
7 anyone lived in a pretty how town
8 Howl
10 She Walks in Beauty
14 Sonnet to Liberty
16 The Road Not Taken
20 Sea-Fever
- 21 Fifteen Men On A Dead Man's Chest
24 High Flight
25 Leisure
26 Still I Rise
27 Do Not Go Gentle Into That Good Night
28 If
29 Mad Girls' Love Song

DOWN

- 1 In A Station Of The Metro
3 The Village Blacksmith
4 The Love Song of J. Alfred Prufrock
5 Dream Deferred
6 Chicago
9 Old Lang Syne
11 Sailing to Byzantium
12 The Tyger
- 13 La Belle Dame Sans Merci
14 I Wandered Lonely As A Cloud
15 Kubla Khan
17 Casey at the Bat
18 The Raven
19 The Charge of the Light Brigade
22 Jabberwocky
23 O Captain! My Captain!

For answers, see page 12. This issue's puzzle author: *Stuart Marquis*

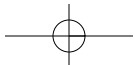
PARK SLOPE FOOD COOP

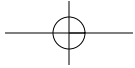
Product Return Policy

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

| | |
|---------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Produce (fresh fruits & vegetables) | May not be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above. The produce buyer may be contacted on weekdays by members to discuss any other claims for credit. |
| Books | May not be returned. |
| Juicers | May not be returned. |
| Bulk items & bulk items packaged by the Coop | May not be returned. Members may contact the bulk buyer to discuss any other claims for credit. |
| Refrigerated items Frozen items | May not be returned unless spoiled before the expiration date or within 30 days of purchase, whichever is sooner. |
| All Other Products (not covered above) | A. Other products may be returned if they are spoiled or defective and the category is not specified above B. Other products may be returned if they are unopened, undamaged and therefore can be sold again. C. Other products may not be returned if they are opened or unsellable, and were purchased by mistake or not needed. |





draw water.

To address this, PlaNYC aims to have every New Yorker live within ten minutes of a park. The first step is planting more trees. A mature tree consumes 50 pounds of carbon dioxide per year, with New York's trees currently processing 42,000 tons of CO₂ per year. However, to be of benefit, trees have to be sturdy and well cared for—because dead trees give off CO₂. For more information, go to: www.nyc.gov/html/planyc2030/html/home/home.shtml.

Since two-thirds of the city's surfaces are now impermeable, environmentalists also recommend the installation of permeable surfaces, such as green roofs, to absorb excess water. All that old asphalt stores heat, making the summer months hot to infernal. However, there are new types of asphalt that are designed to be porous, allowing water to penetrate, with the side benefit that they are also cooler. This could be used in sidewalks, ballparks, biking paths and parking lots. Although it's not yet cost

effective to install the newly invented asphalt, it's possible that a huge order from a city like New York could help bring the price down.

Commuting

What happens when you leave your house and head out to work? That depends on how you travel. Thanks to its five million subway riders per day, New York has one of the smallest city carbon footprints. If you personally make it a practice to leave your car at home and take public transportation twice a week, you could eliminate 1,600 pounds of greenhouse gases per year. On average, New York City residents drive less than other Americans—one-third of what those in other states drive. And there's a public health benefit: the rate of fatal motor vehicle crashes in New York City is 71% lower than the national average. Bravo, Big Apple!

According to a PlaNYC report, "Cities account for a disproportionate amount of the world's carbon emissions.

"New York City and many

other cities have taken the position that cities can, and must, take the lead in adopting low-carbon strategies, from managing traffic better to making our buildings more energy efficient."

That's why the city government also plans to develop up to 1,800 miles of bicycle paths, install 5,000 new bicycle racks (using a prize winning design) and create more protected bike lanes on city streets. In other countries, there's a practice called "bike sharing," in which you pick up a bike in one location and leave it in another for use by other citizens, with the municipality coordinating these exchanges. New York is looking into bike sharing.

Walking and bicycling are among the many exercises that help reduce obesity, which is linked to chronic diseases like heart disease and diabetes. Going green has other health benefits: It also "reduces local air pollution, which has been directly linked to premature mortality, cardiovascular and respiratory illness—including asthma

attacks among young children," says a PlaNYC study on emissions and public health.

For auto drivers, there's a new fix for auto pollution. A company called BASF has invented a special coating for auto radiators, which costs a mere \$50 per car. When air hits the coating, it converts 75% of the ozone it encounters to oxygen.

Plus, there's an untapped source of energy that the city could readily access: developing biofuel from dog droppings. Since 80 tons would power 1,000 homes, the millions of pounds produced each year by the city's one million pooches could allow New York to corner the market on this alternative source. Who knows? Maybe this is our answer to the loss of jobs on Wall Street.

But high volume isn't always an advantage. It takes 17 million gallons of oil to create the plastic water bottles used by city residents each year.

Not surprisingly, the biggest culprits in energy use are heating and power. In New

York, 40% of the carbon footprint comes from heating fuels used in homes and buildings, with another 39% derived from fossil fuels burned in power plants that supply New Yorkers with electricity.

There's a direct relationship between the emission of greenhouse gases and pollutants and air pollution. Making heating and energy use more efficient is a major part of the PlaNYC strategy to reduce carbon emissions and thereby reduce air pollution.

After a long workday, when you wend your way home, you're still not home free. The exhibition uncovers the hidden environmental costs of (yes) dinner, which may include energy use, water, transportation costs of food and the cost of food packaging. At this point, only 57% of the city's metal, glass and plastic are recycled. But here, Coop members can easily support the environment by buying and eating locally harvested, sustainable produce in season. ■

Candidate for Board of Directors of the Park Slope Food Coop, Inc.

Two full three-year terms are open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 30, 2009.

Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the Annual Meeting.

Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

Audrey Miller-Komaroff



I'm Audrey Miller-Komaroff. I currently sit on the Board of Directors and I'm the Friday Shopping Coordinator. I've been a Coop member since 1975, and I've happily seen the Coop grow from 400 members to its present size.

I've always gone where I felt the Coop needed me. I was the first cashier trainer. I was

one of the twelve people who excavated and started the "Garden of Union." When the Coop expanded Friday shopping hours, I became a squad leader on the first 8:00 a.m. shift. Feeling limited being a squad leader on two squads, one for myself and one for my husband, I asked to become the Friday Shopping Coordinator when the job became vacant.

I have been a positive and cooperative member through all our changes in the last 34 years. The general meetings opened my eyes to our policy-making procedures and I've enjoyed them. The Coop is a very unique and successful venture that I

love being a part of. Having served on the board for three years, I would like to continue for another three years.

I value the General Meetings and the expertise of the General, Receiving and Office Coordinators. I wholeheartedly believe in the cooperative spirit where each person gives of themselves for the benefit of the whole. The core beliefs of the Coop have made it strong and prosperous. I'm sure these shared ideals will serve it well in the future. My candidacy is endorsed by the General Coordinators.

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues

that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

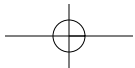
The Election Process

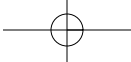
Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 13, 2009 are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop. ■





COOP HOURS

Office Hours:

Monday through Thursday

8:00 a.m. to 8:30 p.m.

Friday & Saturday

8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday

8:00 a.m. to 10:00* p.m.

Saturday

6:00 a.m. to 10:00* p.m.

Sunday

6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line

15 minutes after closing time.

Childcare Hours:

Monday through Sunday

8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Please note that member-submitted articles, unlike letters, can be edited for content and style by editors. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words. Like member-submitted articles, committee reports can be edited for content and style by editors.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday

Apr 17

8:00 p.m.

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

very

The Good Coffeehouse

COOP CONCERT SERIES

Kathleen Payne

Brooklyn-born singer Kathleen Payne's performances reflect her wide-ranging musical experience and interests, from R. & B. and gospel to classical and musical theater. Kathleen is joined in this musical outing by the fabulous Cynthia Hilts on piano, Vox Amica—her newly formed a cappella ensemble that wowed 'em at the recent PSFC Adult Variety Show—and a host of other talented Coop musicians.

Adele Rolider

is a N.Y.C. singer songwriter, music therapist and activist. This long-time coop member brings it all into her weave as she spins a passionate web of inspiring and healing songs and chants. From folk to jazz to show to rap, she brings a roomful of people together in song and spirit. Adding to her vocals and guitar, there'll be a special guest on back up instrumentals, and wonderful back up vocals (and signing!), by Cara Schwarz (and possibly more voices!). "Adele's warm and beautiful voice and empowering songs make me know a better world really is possible"—Ray Corona, singer, songwriter/activist

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Monthly on the...

Second Saturday

APRIL 11

10:00 A.M.—2:00 P.M.

Third Thursday

APRIL 16

7:00 P.M.—9:00 P.M.

Last Sunday

APRIL 26

10:00 A.M.—2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?

Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.

Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.

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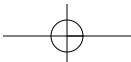
Becky Cassidy

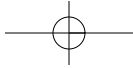
Final Proofreader:

Nancy Rosenberg

Index:

Len Neufeld





WORKSLOT NEEDS

Schedule Copying

Tuesday, 6:00 to 8:30 p.m.

You will be copying Coop committee schedules from originals using the Risograph machine. Familiarity with a risograph machine and ability to troubleshoot problems are a plus. You will be on your feet for much of the shift and you will be working independently. Looking for members with a good attendance record who have been members of the Coop for 6 months. A six-month commitment to the workslot is required. If interested, contact Debbie in the Membership Office.

Cash Disbursed Bookkeeping

Monday, 6:00 to 8:45 p.m.

Do you have neat, legible handwriting and like to work with numbers and calculators? You will be transferring information about checks written from individual papers into our checkbook (cash disbursed journal) and adding it up. Attention to details (especially working with numbers) is a must. A six-month commitment is required for this workslot. If you are interested, please speak to Renee St. Furcy, Monday through Thursday at the Coop or email her at renee_stfurcy@psfc.coop.

Attendance Recorders

Tuesday or Wednesday

The Coop needs detail-oriented members to help maintain attendance records for Coop workers. You will need to work independently,

be self-motivated and reliable. Good attendance is a requirement. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please speak to Lewanika in the Membership Office or contact him at lewanika_forde-senghor@psfc.coop if you are interested.

Plastics Recycling

Saturday or Sunday

Join in the Coop's effort to be a better environmental citizen. Work outside in front of the Coop with other members of the Recycling Squad accepting returned plastic containers, making sure they are clean and meet the Recycling

CONTINUED ON PAGE 11

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

TUE, APR 28

GENERAL MEETING: 7:00 p.m.

TUE, MAY 5

AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the May 26 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Apr 23 issue: 7:00 p.m., Mon, Apr 13
May 7 issue: 7:00 p.m., Mon, Apr 27

CLASSIFIED ADS DEADLINE:

Apr 23 issue: 7:00 p.m., Wed, Apr 15
May 7 issue: 7:00 p.m., Wed, Apr 29

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, April 28, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.)

• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the *entire* meeting.

• Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

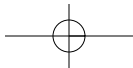
2. Please also sign in the attendance book that is passed around during the meeting.

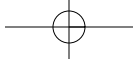
• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.





park slope
FOOD COOP

calendar of events

apr 12 sunday 12 pm

Spring Cleansing and Renewal

Learn how to lighten up this spring by shedding winter congestion and optimizing the digestive system. Benefits of gentle spring cleansing include weight loss, reduction of allergy symptoms and increased energy. Explore the role that diet, fresh greens and herbs, and acupuncture can play in this process. Tastings and samples of various herbs, teas and fresh spring greens will be available. Presented by Coop member **Joy Lindquist**, New York State–licensed acupuncturist and health educator.

apr 16 thursday 7 pm



Earth Day Children's Reading

Wordsprouts authors will read their favorite children's books with an environmental theme to celebrate Earth Day. Earthy refreshments will be served.

To book a Wordsprouts, contact P.J. Corso, paola_corso@hotmail.com.

apr 17 friday 7 pm

The Enlightenment Of the Whole Body

Students speak of their teacher Avatar Adi Da Samraj, considering the process and the nature of enlightenment and reality. Coop member **Richard Hart** presents the work of Adi Da Samraj, born in the West, who points to the possibility of a life based in reality, beyond the opposite points of view of East and West. A documentary will be shown, with discussion to follow.

apr 17 friday 8 pm



Kathleen Payne and Adele Rolider

Brooklyn-born singer **Kathleen Payne** is joined in this musical outing by the fabulous Cynthia Hilts on piano, Vox Amica, her newly

formed a cappella ensemble, and a host of other talented Coop musicians. Long-time Coop member **Adele Rolider** spins a passionate web of inspiring and healing songs and chants. Adding to her vocals and guitar, there'll be a special guest on backup instrumentals, and wonderful backup vocals (and signing!) by Cara Schwarz (and possibly more voices!).

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45.

The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. To book a Coffeehouse event, contact Bev Grant, 718-788-3741.



apr 18 sat 9 am–4:30 pm

apr 19 sun 9 am–4:30 pm

Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Ave. and Sackett St., is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; or boxed raisins. Give donations to the collection table outside the Coop.

apr 18 saturday 11 am

Stop Being A Junk-Food Vegetarian!

Are you a vegetarian/vegan and find yourself often craving sweets, salty snacks and simple carbs? Is your diet creating an imbalance? Whether you recently shifted to a more plant-based diet or have been on one for years, this workshop is for those who seek more education on how to recognize and heal imbalance by including more whole, living foods into their daily lives. Presented by Coop member **Zarah Kravitz**, a nutrition and lifestyle counselor, dharma mitra–trained yoga instructor and personal vegetarian chef.

apr 18 saturday 2 pm

Bowenwork™

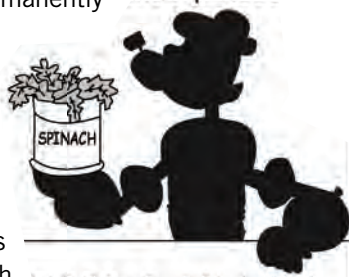
Bowenwork™ is a unique, holistic bodywork that stimulates the body's own healing response. Gentle moves across muscle and connective tissue send signals to the body to relax and move toward balance. There will be a demonstration. Coop member **Moraima Suarez**, a certified Bowenwork Therapist, will show how this work relieves pain, relaxes body and relieves stress, enhances the immune system, improves blood circulation, improves joint mobility, improves nutrient absorption, promotes detoxification, increases lymph drainage and is safe for all ages and conditions.



apr 18 saturday 7 pm

Superfood and Elixir Tasting Party

Discover empowering information that can transform your life forever! Learn how to use rare elements and superfood elixirs to permanently eliminate the primary causes of weight gain, accelerated aging, poor mood and common health challenges. Coop member **Sheri Silver** is a Holistic Health Counselor and a graduate of the Natural Gourmet Institute for Health & Culinary Arts and the Institute for Integrative Nutrition. Her philosophy of nourishing one's appetite with local, organic foods, as well as with superfoods, comes from a belief that your medicine cabinet is found in your kitchen.



For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



apr 11–may 10 2009

apr 19 sun 9 am–3 pm

Celebrate Earth Day With Us!

Meet members of the Environmental, Recycling and Safe Foods Committees outside the Coop in front of the bicycles mural. Learn more about the issues that these committees work on and pick up some informative handouts. Bring your old Brita filters to drop off for recycling. The ever-popular worm composting demo will be back!

apr 19 sunday 12 pm

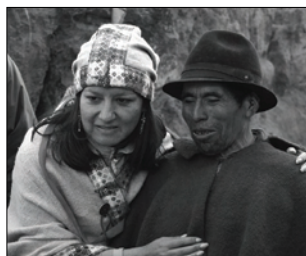
Learn Energy Healing

In this workshop, you will learn the basics of energy healing and some advanced techniques of the world's greatest healers. Your teacher, Coop member **Richard**, has more than 30 years experience in the field. He will teach you and guide you into a new world of energy awareness and illustrate the roots of illness and healing. Experience this for yourself. There will be learning, questions and answers, guided practice, experiences, and a few surprises.

apr 24 friday 7 pm

Film: *Chimborazo Is Melting*

The metaphor for this documentary film about Chimborazo, the great snow-covered Ecuadorian volcano, is our last hielero, or ice breaker, Don Baltasar. He climbs the mountain, twice a week, to extract the subterranean ice to sell it in the market. The market price for these natural gems of volcanic water has been devalued by the demand for industrial ice. Both man and mountain, and a tradition of more than 400 years, are coming to an end due to indifference or ignorance of



this tragedy. This is the alarm that the presenters wish to spread, seeking to add new voices to shout their global plea. Presented by Coop member **Judy Canepa**, along with Ecuadorian native Montserrat Hernandez.

apr 25 saturday 12 pm

Remember Time Shared with your Mother, Father, Family or Friends...

Where are those images now? Bring photos, stories and a vision for what you want to create: album, shadowbox, scrapbook, collage and/or greeting cards, etc. Come to this workshop to learn why it's important to share your story; tips and techniques to make it simple; options and resources to support your story-telling journey! Help us plan by pre-registering @ 718-398-1519. Coop member **Martie McNabb** has been helping friends and family preserve and present the moments of their lives for more than 15 years.



apr 25 saturday 3 pm

Why Life Coaching Can Work for You

What is life coaching? How does it differ from counseling or psychotherapy? Why now...especially in a climate of economic turmoil? The workshop will be an interactive event, allowing participants to experience aspects of the coaching process: the setting of personal goals, assessing one's commitment to achieving such goals and the means by which those goals are reached. **Chuck Breen** has been a member of the Coop for four years. He is a Yale-trained psychiatrist who was in private practice for 30 years. He became a life coach in 2007.

WORKSLOT NEEDS

CONTINUED FROM PAGE 9

Squad criteria. Stack and pack plastic for recycling. Must be reliable and willing to work outdoors in all kinds of weather.

Bathroom Cleaning

Weekdays, 12 p.m.

Work with a partner to deep clean the Coop's bathrooms. Tasks include: scrubbing floor tiles, cleaning toilets, mopping floors, resupplying the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and will be conscientious about doing a thorough job.

Shopping Floor Set-up and Cleaning

Monday, 6:00 to 8:00 a.m.
Are you an early riser

with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor checkout stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or through the Membership Office at 718-622-0560.

Plastic Recycling Drivers

Monday or Wednesday,
Flexible time

The Plastics Recycling Squads are looking for drivers to transport plastic recycling collected at the Coop to the recycling plant in Brooklyn. Drivers are needed for shifts on Monday, Wednesday or Friday.

The time for pick-up and drop-off of recycling is flexible. Drivers must have a large capacity van or truck for the volume of recycling collected. You need to be able to lift and work independently. Reliability a must as you are the only person coming to do this job on your day. Member will be reimbursed for mileage according to IRS reimbursement rates. If interested please contact Office Coordinator Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or drop by the Membership Office to speak to her.



The Fun Committee Needs You!

The Fun Committee is looking for an enthusiastic member who has experience and expertise in "alternate outreach"—21st-century style—to inform our membership and community of our committee's upcoming events. We want to increase attendance and participation at our events by creating an online presence on sites like Facebook.

Recent Fun Committee events include Poker Night, Game Night, Pub Night, Valentine Card-Making workshop, Adult Variety Show and the Food Conference.

All interested members, please e-mail Len Heisler at heislerlen@yahoo.com.

CSA and Greenmarkets

Connecting Farmers with Consumers

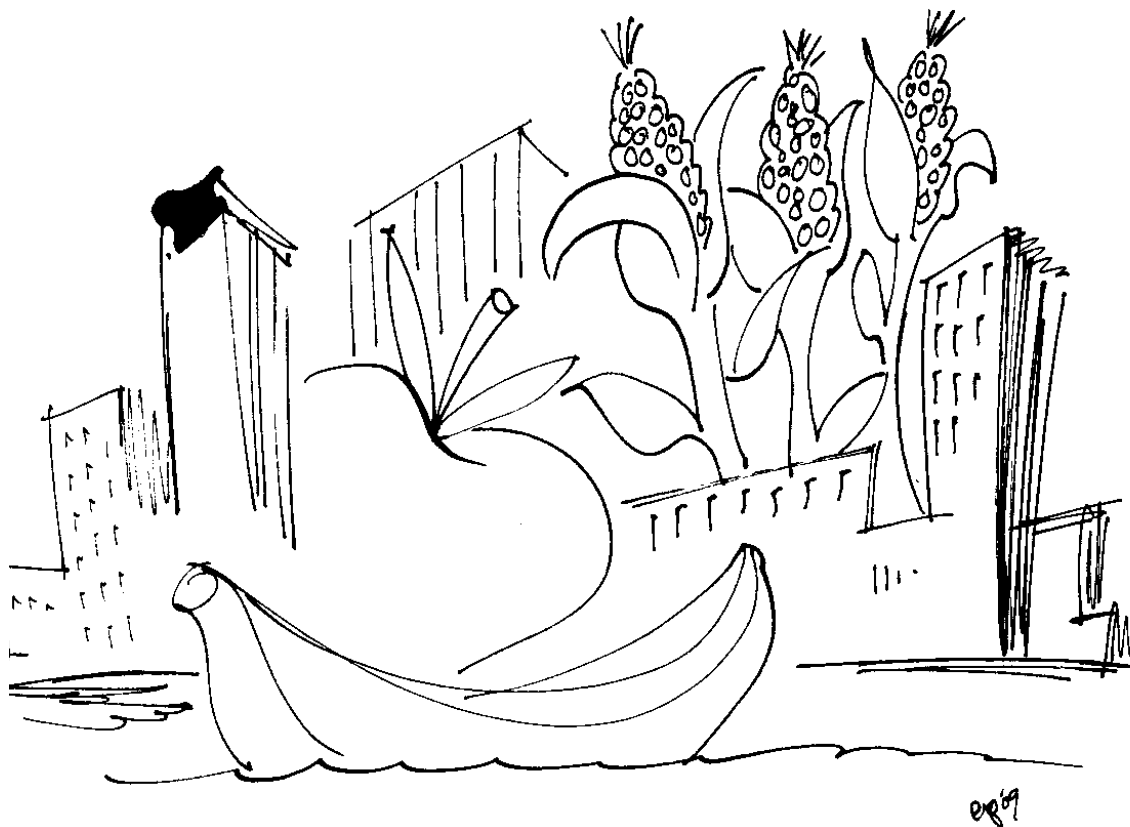


ILLUSTRATION BY ETHAN PETTIT

The nonprofit organization Just Food began the CSA program in New York in 1994 with the goal of benefiting both struggling local farms and city residents. CSA locations now exist in neighborhoods in every borough. Each CSA partners with a farm; during the winter and spring, members buy shares from the farm for the upcoming harvest season. These shares go toward growing and distribution costs as well as a wage for the farmer. Then from summer through fall, members pick up their produce weekly or biweekly from distribution spots set up in their neighborhood, usually at community centers, gardens or places of worship.

According to Judy Janda of the Park Slope CSA, membership has grown steeply over the last ten years, mainly due to media stories about the benefits of eating locally and organically. "Initially, for the first six years, we had to hand out fliers and speak at various organizations to get the word out," Janda says. "Now we get inundated with requests electronically and fill up long before the season starts." For

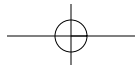
CSA and PSFC member Leda Meredith agrees. "I love the surprise factor," she says. "What will we get this week? What recipe can I invent from that? And I enjoy meeting the other members, sharing

While the convenience of farmers' markets attracts many consumers, the personal investment and community of CSA appeals strongly to others. Perhaps those who reap the greatest rewards are

Greenmarket and Just Food are partners supporting The Brooklyn Food Conference. To learn more about Greenmarket, visit www.cenyc.org/greenmarket. To learn more about the Park Slope CSA, visit www.parkslopecsa.org. To find out about CSA locations around the city and other Just Food programs, visit www.justfood.org. ■

This article is part of a series by the Conference Planning Committee, leading up to the Brooklyn Food Conference: Local Action for Global Change, to take place May 2, 2009 in Park Slope. Come discover more about Community Supported Agriculture, farmers' markets and sustainable food systems. This event is cosponsored by the Park Slope Food Coop, World Hunger Year, Caribbean Women's Health Association, Brooklyn Rescue Mission and Brooklyn's Bounty. To get involved, make a contribution or find out more, please check out our new website, www.brooklynfoodconference.org or email us at info@brooklynfoodconference.org.

Puzzle Answers



LETTERS TO THE EDITOR

ADDITION TO ARTICLE ON GARDEN OF UNION AND CLAUDIA JOSEPH

DEAR GAZETTE,

We must give credit where credit is due. The members and board of directors of the Garden of Union are responsible for its existence. The compost squad is essential to the health and abundance of that garden. All of the receiving gardens in the PSFC compost system are needed to handle our waste load. Every member of the squad and garden affects how well the Garden of Union functions. Eric Rochow was a primary physical mover in the renovation of our bin system, as well as being the former GOU president and PSFC compost squad leader. He and many others have been on the squad forever and we rely on their expertise and commitment. Judy Janda has organized the CSA (a membership organization that supports local farms by pre-purchasing and distributing their food) at GOU for years.

Kim Maier, executive director of The Old Stone House (OSH) and PSFC member, encouraged me to follow my vision for History and Habitat gardens at Washington Park (J.J. Byrne playground) and MS 51. The board of directors at OSH, Principal Lenore Berner at MS 51, the maintenance staff, teachers, students, parents and neighbors, officials in the Department of Parks and Recreation, Community Board 6, our City Council members and the Park Slope Civic Council have allowed a more complex ecology than the norm to evolve in these public spaces. Cooperation really works!

I hope I included everyone who has supported the projects that were highlighted.

There are too many exceptional individuals to name every one.

*Thank you all,
Claudia Joseph*

DO LINEWAITERS' GAZETTE EDITORS WIELD TOO MUCH POWER?

TO THE EDITOR:

Like Rick in the classic movie *Casablanca*, who came to the Saharan city "for the waters," I was misinformed.

I had thought *Gazette* editors were required to consult writers on content changes. Apparently I was wrong—and found out the hard way. My Environmental Committee Report, "Coop Water Wars: the Epilogue" (1/29/2009), had key content deleted without my being consulted.

One case involved bottled water companies citing tap water boiling alerts as a selling point for their product. I wrote that boiling alerts were

rare, mentioned one high-profile bottled water recall, and said such recalls were "less publicized but possibly more frequent." Those words were deleted. I then wrote: "A Google search will confirm just how frequent bottled water recalls are." Also cut. I was told later that a Google search for "bottled water recalls" only reveals how often a story gets "picked up and repeated." But that's not true—it primarily reveals separate recalls, not just multiple hits about one recall.

Another example: I quoted the classic film-noir *Chinatown*, where private eye J.J. Gittes confronts a wealthy tycoon who's diverting water from California farmland in a land-grab scheme. Gittes asks the tycoon why he's doing it, since he's already wealthy. The aristocratic tycoon has little regard for Gittes, repeatedly mispronouncing his name even after being corrected. "The future, Mr. Gitts!" says the tycoon, "The future!"

The *Gazette* staff in its wisdom (follow me now) incorrectly corrected the correctly incorrect spelling and cut the explanatory note about the mispronunciation. Esthetic touch and symbolic point (corporate disdain for average citizens) erased and literary quote falsified.

There were also egregious layout errors: small and misplaced headline, subtitle transformed into meaningless section-head, song lyric epigraph stripped of its formatting and corrupted to plain text.

For the record, the editors have acknowledged these mistakes—except for the bottled water recall cuts—but will not correct the online version. Why? "Too much work." They remain, falsified quote and all.

Other contributors have mentioned unwelcome content changes to me. Such changes are painful to experience for amateur writers not used to the hard realities of periodical publishing. But the *Gazette* is not part of the hard-core publishing world, and is not the private property of those charged with administering it. Writers should have a reasonable expectation that their work won't be misrepresented or censored as long as it doesn't violate *Gazette* guidelines. Absolute power to change content at will without consultation is unacceptable.

The *Gazette* staff has a key role as guardians of the paper's quality, but they're not infallible. It's not unreasonable in a biweekly for editors to call writers on content issues to clarify—and thus preserve—intent, rather than employ the old doctor's maxim, "when in doubt, cut it out." It's also not unreasonable to electronically send article layouts to authors for one final proof. We should also consider some mechanism to quickly mediate disputes between writers and editors before the *Gazette* goes to print.

David Barouh

APROPOS THE BOYCOTT, DIVEST, SANCTION MOVEMENT

TO THE EDITOR:

Israel has persistently violated international law. The world sees that Israel remains intransigent, unconvinced of the necessity for complying with international humanitarian law. Since 1948 hundreds of UN resolutions have condemned its discriminatory policies as illegal; furthermore, calls for corrections to Israel's colonial policies have failed, as have attempts at peacemaking to end the oppression and occupation of the Palestinian people.

All people of good conscience should boycott Israeli goods until: the Wall has been dismantled; UN Resolution 194 is respected; the rights of Palestinian-Israeli citizens are fully granted; and the colonial Occupation has ended.

Please note that preceding the massacre in Gaza there were the Israeli massacres at Deir Yassin in 1948, in Kafr Kassim in 1956, in Jenin in 2002, and those in Lebanon from the 1980s to 2006. It would seem that the only hope of the Palestinians and

all other people of good conscience, wherever they might be, is that Israeli war crimes and violence will cease upon the persistent application of international pressure à la South Africa. Thusly, organizations in New Zealand, Ireland, Italy, Canada, the US, the UK, Brazil, Norway, and South Africa are calling for divestment, sanctions, and boycotts.

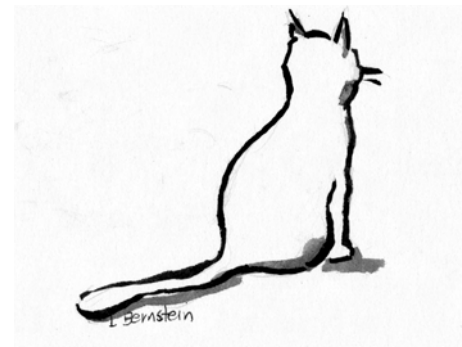
Nikki Leger

BACKWARD ADVANCE

Baseball's given us many a gift

Joe DiMaggio, Ruth,
Designated hitters, franks—
Healthy pastime for youth.
Best of all its benefits,
Worthy of more than a sketch,
Baseball's soothed our aching backs
With 7th inning stretch.

Leon Freilich



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not

based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

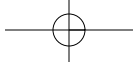
3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.





Member Contribution

Our Favorite Things

By Elizabeth Heisner

These are the responses Coop members added to a list of “favorite things” at the Exit Desk on March 26, 2009, during the closing shift. There were surprisingly few repeats. (Chocolate, sleeping and bicycles were the only ones earning that honor.)



- | | |
|-------------------------------|----------------------------|
| dance | bicycles |
| the Union Street bus | bacon |
| crocus | Pink Floyd |
| Spirulina Raw Energy Bars | M&J Japanese Curry |
| my golf clubs | coconut |
| avocado | the Surprise Box of beer |
| <i>du crachin</i> (French for | the Coop sells for |
| <i>drizzle</i>) | \$19.99 |
| my daughter | singing |
| sun | Girl Scout Cookies |
| rabbits | my mother |
| chocolate ice cream | the center of a warm |
| with no calories | baguette |
| hulless barley | San Francisco |
| blueberries | the ocean |
| the abolition of mone- | masala-covered cashews |
| tary trade as primary | clouds |
| means of business | springtime |
| transactions | daffodils |
| golden beets | peanut butter cups |
| animals | my girls |
| navel oranges | ice cream |
| slippers | mountains |
| banjo music | my grandson |
| chocolate | cheese |
| her (referring to the | time |
| woman whose reply | lightning bugs |
| was chocolate) | Marmite |
| playing drums | birds |
| restaurants | money |
| Mineolas | relaxing |
| our dog | music |
| Imagine chocolate soy | litchi |
| pudding | movies |
| jewelry | tacos |
| pizza | music |
| my husband | lavender |
| Chia | grocery shopping |
| dried mango | pretzels |
| reggae music | marzipan |
| sunflowers | the color blue |
| my heating pad | travel |
| white paper packages | a found umbrella |
| tied up with string | books |
| blackberries | the smell of the air after |
| sleeping | a rainfall |
| ginger | John Coltrane |
| rain | jogging |
| | everything |

CLASSIFIEDS

BED & BREAKFAST

SOUTH SLOPE GREEN - new bed & breakfast. Full breakfast, organic, most diets accommodated. 2-room suite, private bath, families of 1-5. Reasonable rates, Coop members 10% discount. TV, Internet, mini fridge and microwave. Call Linda Wheeler at 347-721-6575 or email South-SlopeGreen@gmail.com.

HOUSE ON 3rd St. B&B, beautiful parlor floor thru apt., double living room, bath, deck overlooking garden, wi-fi. Sleeps 4-5 in privacy and comfort. Perfect for families. Call Jane White at 718-788-7171 or visit us on the web at houseon3st.com.

CLASSES/GROUPS

SUPER GENTLE YOGA. Think you're too stiff, too old, too large, too out-of-shape to do yoga? Gentle, nurturing classes on Wednesdays, 7:30-8:15 p.m. or private sessions. Convenient Park Slope locations. Call Mina Hamilton, 212-427-2324.

COMMERCIAL SPACE

PROFESSIONAL OFFICES AVAILABLE. Ideal for a colon therapist, psychotherapist, medical doctor, shiatsu, reiki, speech therapist, etc. Be part of a Holistic Center in the beautiful SOHO section of Manhattan. The doctor will introduce all patients to you. For further information, please call 212-505-5055.

EMPLOYMENT

PART-TIME WORK: Politically and environmentally concious people wanted for community outreach. You may be able to work in your own Brooklyn neighborhood. \$12 to \$15 per hour. Full-time possible in future. Please call 718-638-3533.

HOUSING AVAILABLE

HOUSE FOR SALE by owner. Mohegan Colony Progressive Community in northern Westchester. 2500 sf legal two family on 0.9 acre. 3 br/2 baths + home office/family room and 1 br/1 bath.

Lake rights to Mohegan Lake, near train and #15 bus. Lakeland school district. Phone 917-755-4686. Bob.



MERCHANDISE-NONCOMMERCIAL

SCANNER AND TRANSPARENCY ADAPTOR. Visioneer. Like new. \$15. Call 718-789-8822 10 a.m.-10 p.m.

2 (TWO) air conditioners free to a non-profit. One is approx. 13,000 BTU and is unique that it is designed to fit a window with bars. One is approx. 10,000 BTU designed to fit a narrow window. Best offer if from an individual. Call Dr. Gerald Wintrob at 718-789-2020.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterick (*) denotes a Coop member.

MON, APR 13

WRITERS ON THE ROOFTOP! Authors Donna Minkowitz* (“Fero-cious Romance”), Matt Mitler* (“Kaufman’s Holiday”) & Vinny Col-lazo* (“Sanity’s Bane”) read their new fiction & memoir at the Prospect Park YMCA, 357 Ninth St., 7th Fl. Wheelchair-accessible. Books available for signing. Refreshments provided. Contact info: 718-768-1274. 7:30 p.m. FREE.

FRI, APR 17

CONCERT: John McCutcheon, folksinger and instrumentalist, at the Community Church, 40 E. 35 St (Park & Madison), Manhat-tan. 7:30 p.m. Folk Music Society of N.Y., Inc./N.Y. Pinewoods Folk Music Club. \$25, Children \$10. Info www.folkmusicny.org.

APR 18

PEOPLES’ VOICE CAFE: Ray Collins, Marie Mularczyk at the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or www.peoplesvoice cafe.org. Sug-gested donation: \$15 general/ \$10 members/more if you choose, less if you can’t/no one turned away.

SAT, APR 25

PEOPLES’ VOICE CAFE: Eric Levine Celebration. At the Com-munity Church of New York Uni-tarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or www.peoplesvoicecafe.org. Sug-gested donation: \$15 gener-al/\$10 members/more if you choose, less if you can’t/no one turned away.

SAT, MAY 2

PEOPLES’ VOICE CAFE: Bev Grant* & Dissident Daughters; Friction Farm*; Edgey & Delilah. At the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or www.peoplesvoice-cafe.org. Suggested donation: \$15 general/\$10 members/more if you choose, less if you can’t/no one turned away.

JOHANNA REISS, author of the much loved “The Upstairs Room,” discusses her new book—this one for adults—“A Hidden Life” at Barnes & Noble in Park Slope (267 7th Ave.). 7:30 p.m.

WED, MAY 6

FOLK OPEN SING: Come sing with us. Bring voice, instru-ments, friends. Children wel-come. Cohosted by the Folk Music Society of N.Y., the Ethical Culture Society, & the Good Cof-feehouse. At the Ethical Culture Society, 53 Prospect Park W. 7:30-10:00 p.m. Info: 718-636-6341 or www.folkmusicny.org.

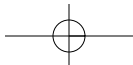
AUTHOR NINA PLANCK shares insights from her new book, “Real Food for Mother and Baby.” Come learn about the best foods for fertility, pregnancy & baby’s first foods. 6:30-8:30 p.m, Community Church of NY, 40 E 35th St., Manhattan. \$15-20. Ticket info: www.brownpa-pertickets.com/event/60997.

SAT, MAY 9

WORLD FAIR TRADE DAY: Come learn more about the powerful & positive impact fair trade is hav-ing across the world. The cele-bration includes fair-trade giveaways, a fairly traded goods market, films, children’s activi-ties & more. 11 a.m.–5 p.m. at the Action Center, 6 River Ter-race, Battery Park City. Info: www.actioncenter.org/visit_us or www.fairtradenyc.org.

Classified advertising in the Linewaiters’ Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the Gazette while you’re standing on line OR online at www.foodcoop.com



CLASSIFIEDS (CONTINUED)

METROCARD MONTHLY PASSES. Let's trade! 2 passes good until November. Will trade for similar value: classes, tickets for shows or games, certificates, etc. NO CASH ACCEPTED. Barter only. Act now as MTA will hit pockets again. Call Eduardo at 347-244-0106.

100% NATURAL ORGANIC latex king-size mattress for sale. In mint condition, made by Sleeptek, covered with organic wool & organic cotton. Comes with 2 heavy-duty bags for transporting. We paid \$2,253 but are selling it for only \$1,240. An amazing price. Call Alan & Laura: 718-499-2789.

USED CRIB - good condition. Mattress needs cover. Have all parts. No charge. Pickup only - 7th Ave. 10th St. Call Peter: 718-369-3980.

SERVICES

PAINTING-PLASTERING+PAPER-HANGING-Over 25 years experience doing the finest prep + finish work in Brownstone Brooklyn. An entire house or one room. Reliable, clean and reasonably priced. Fred Becker - 718-853-0750.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.law.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop—so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

HAIRCUTS HAIRCUTS HAIRCUTS. Adults, Kids in the convenience of your home or mine. Also Color, Perms, Treatments. Adults, \$35.00, Kids \$15.00. Call Leonora, 718-857-2215.

BEAUTIFUL. COMFORTABLE. PRACTICAL. Olive design for your home. Let me help you make smart, sensible and savvy choices to fit your budget. I'll show you how to blend what you have with the new items you need to get the home that you want. Paint colors,

furniture, windows, lighting and more. 347-495-5188. www.olivedesignNY.com.

NO JOB TOO SMALL! Carpentry, tile installation and repair, painting, plastering, doors hung and repaired, shelves installed, bath regrouts, general handywork. Serving Park Slope area for 19 years. Free estimates. Call Rocco: 718-788-6317.

PHOTOGRAPHY LESSONS - Kelly Neal, MFA Photography. Can teach you to take pictures like a professional. 1-on-1 or group lessons available. All ages welcome. Weekend and evening classes. Call 718-354-6002 or online at www.kellynealphoto.com.

SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen Goldberg provides comprehensive, family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, minimal X-rays and non-surgical gum treatments. For a free initial exam and insurance information, call 212-505-5055.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

LIFE COACHING WITH MINA. Are you in transition? Want to explore new possibilities in your career? More fully express your creative potential? Life Coaching is a powerful tool for change and growth. Sessions either by phone or in convenient Park Slope location. First session free. Call 212-427-2324.

HYPNOSIS SPELLS RELIEF: Do you have problems with self esteem & confidence? Do you suffer from stress or pain? Are you overweight or a compulsive smoker? Hypnosis can help with all of this and more. I am a certified hypnotherapist, practice in Park Slope & have flexible hours. Call me, Dr. Celene Krauss 718-857-1262.

VACATIONS

BUNGALOWS FOR RENT in charming cooperative summer community. Beautiful wooded grounds. Olympic pool, tennis,

basketball, swim & boat in lake. Near Bethel Woods Performing Arts Center. Great family vacation. Reasonable prices. Contact Marlene Star, mstar18@optonline.net, 914-777-3088.

BERKSHIRES 4-Bedroom House on beautiful clean lake. Near cultural attractions. Large screened-in porch. Deck and dock. Rowboat, canoe and kayak. Well-equipped kitchen. \$975 per week. Call Marc at 917-848-3469.

3-SEASON VACATION COTTAGES for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North (5-minute cab ride from train). \$79,000-\$99,000; annual maintenance approx. \$3,200. Cash sales only. No dogs. 212-242-0806 or junejacobson@earthlink.net.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAMINATION in a Holistic Family Dental office for all Coop members. Using a nutritional approach, Dr. Goldberg practices preventive dentistry, with non-mercury fillings, thorough cleanings and non-surgical gum treatments. For insurance information and an appointment, please call 212-505-5055.



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Jenifer Lee
CPA, CFP®, MBA

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Brooklyn, NY 11201

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Fax: 718-228-3846
jlee@4Dnyc.com
Visit www.4Dnyc.com



To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise—Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

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New York Thai Aroma

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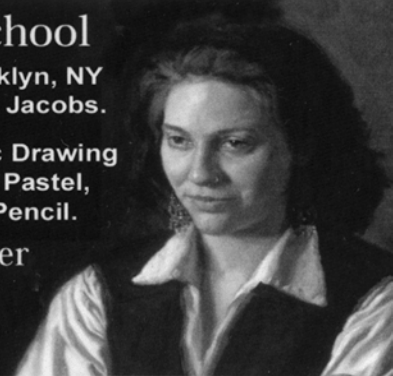
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DESIGN: Rogers Eckersley Design (red-nyc.com)

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

| | | |
|--------------------|------------------------|-------------------------|
| Denise Abatemarco | Monique Eveillard | Bethany Nelson |
| Haffe Acosta | Maria Fiesta | Barry Nembhard |
| Karen Ahn | Mariela Figueroa | Elizabeth Newin-Galeano |
| Onome Akpogheneta | Stephan Forstmann | Sara Nodjoumi |
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| Jen Albano | Helen Frazier | Rachel Pigott |
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| Cristian Bartoc | Tara Hart | Stacey Robbins |
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| Robert Blumenthal | Greg Hopkins | Elaine Santana |
| Nadia Bowers | Scott Hopper | Daniel Sariano |
| Daniel Braun | Abigail Huber | Till Schauder |
| Patricia Braun | Andrew Inadomi | Vivian Scholl |
| Chris Bray | Frederique Jacquot | Bunmi Shabi |
| Mary Beth Bray | Duval Osiris James | Lisa Shaw |
| Beaux Briggs | Jon Jernquist | Jenni Sheperd |
| Lia Brooks | Ana Joanes | Havalah Smith |
| Becky Brown | Nancy Kalish | Jeffery Smith |
| Reddick Bruel | Zoë Kashner | Benjamin Solotaire |
| Jonah Burke | Kerrigan Kessler | Sheena Sood |
| Douglas Calhoun | Maryna Kolbun | Jessie Spector |
| kelley Cape | Natallia Kolbun | Marc Staniford |
| Ian Case | Ludmila Konstan-tinova | Joshua Stern |
| Amanthe Castor | Julie Lipton | Corey Stoll |
| Jin Li Chan | Pierre Lipton | Sima Struts |
| Charles Channon | Justin Mankin | Ramona Tougas |
| Mellisa Chow | Eve Lyn McBride | Michael Turvin |
| Marni Corbett | Ronald McBride | Jason Walker |
| Natasha Cornelius | David McComb | Rebecca Walker |
| Daniel Costello | Elizabeth McComb | Ami Watkin |
| Felix Cruz | Kiley McKinstrie | Sebastian Watzl |
| Nicola Cullen | Francesca Mirabella | Sharon Wells |
| Andrew Davis | Katrina Moore | Tim White |
| Matthew Dawson | Michael Moore | Vanessa Williamson |
| William Delk | James Morren | Paul Winkler |
| Austin Divino | Leah Moskowitz | Alison Wonder-land |
| David Doody | Karen Muir | Jeffrey Yoskowitz |
| Taishi Duchicela | Loren Mullins | |
| Allison Elliott | | |
| Lindsay Elliott | | |
| Valerie Elustondo | | |
| Darnyell Eveillard | | |

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

| | | | | | | |
|---------------------|---------------------|-------------------|------------------|-------------------|-----------------------|-----------------|
| Jordan Aitchison | Brienin Bryant | Courtney Gillette | Jeremiah Jones | Nikhil | Eleanor (Jan) Schmidt | Phoebe Westwood |
| Clare Amory | Dawitt Collymore | Roe Goodman | Patricia Jones | Pippa Paulson | Taylor Schwarzkopf | Gina Whitt |
| Bob Aronson | Gabriela de la Vega | Greg | Thomas Kaiser | Maya Pedersen | Jada Shapiro | Ginny Wiehardt |
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