

Volume DD, Number 17

## August 13, 2009

## GENERAL MEETING REPORT

# Diversity Discussions Highlight July General Meeting

By Nicole Feliciano

n July 28 Park Slope Food Coop members gathered to get updated on the financial fitness and outreach efforts of the Coop. It was a packed house at the Congregational Beth Elohim Social Hall in Park Slope. Despite the crowd and poor acoustics, quite a lot was accomplished during the gathering and the meeting maintained an impressive level of civility and open-mindedness.

Chair committee member Imani Q'Ryn called the meeting to order and kicked things off with an open forum. Joe Holtz, General Coordinator, shared that visitors from London and Amsterdam interested in studying the workings of the PSFC were in attendance. The visitors received a warm welcome.

Mike Eakin provided members with a review of facts and figures for the 24 weeks ending July 19, 2009 compared to the same period last year. Eakin reported that the Coop financials were in good shape. Though expenses are up from a year ago, volume is also up and interest expenses are down.

The greatest cost at the Coop is personnel—this expense has increased to 12.05% of sales compared to 11.23% last year. Membership growth was up 8% at 14,607 members. "We are trying to hold the membership steady," Eakin said. He explained that potential members now have to sign up for orientation in advance.

Next up was a revisit of the pension situation. Joe Holtz explained that the Coop has a gap in funding the employee pension fund as determined by outside auditors, and presented a progress report. The outside auditor reported that the Coop pension plan was under-funded by \$2 million. Since this information became available, the Coop has been trying to close the gap. Since February 1, the Coop has contributed \$600,000 in catch-up funds, said Holtz. Combined with gains in the market, the fund seems to be headed in the right direction.

Later in the meeting Holtz made a formal proposal about another retirement issue—updating the 401(K) plan for paid staff to comply with recent changes in laws and regulations. A member asked Holtz if the proposed changes would cost the Coop more money. "Every time they change the



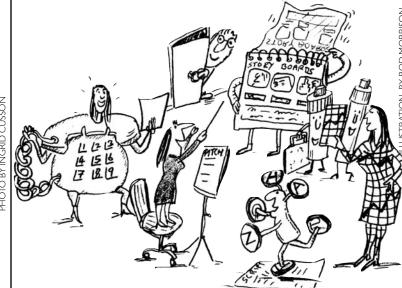
Imani Q'Ryn and Carl Arnold of the Chair Committee.

law we have to pay the actuaries," answered Holtz. After a bit more of discussion the proposal was passed.

After all the financial talk, it was time to focus on food. Tomatoes were the big concern for Allen Zimmerman. In his coordinator's report he educated members about "Late Blight." This plant disease caused by cold, wind and rain resulted in the Irish potato famine of the 1850s and is rearing its ugly head now in the States."Most people who are growing tomatoes in the northeast will lose everything," he said.

On the bright side, it appears that local supplier Amy Hepworth of Hepworth Farms seems to have the situation under control. But it's been an expensive undertaking. Hepworth Farms has had to use a special treatment to battle the disease—and each treatment runs \$1000. So when those gorgeous fruits

# Coop Members Create a (Green) Space of Brooklyn's Own



## By Adriana Velez

few years ago, selfemployed couple Erin Carney and Neil Carlson found themselves struggling to manage their freelance careers while working at home with their toddler daughter. Carney is a fundraiser and management consultant specializing in small, community-based nonprofits. Carlson is a writer, policy researcher and communications consultant to foundations, nonprofits and sustainable businesses.

Both realized they needed more than a desk and a laptop. "It became difficult to work from home with a small child, harder to meet with clients and harder to network," Carney says. The couple needed their own office space, but when they started looking in Brooklyn they found nothing that met their

CONTINUED ON PAGE 3

## **Next General Meeting August 25**

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be on Tuesday, August 25, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda will be available as a flyer in the entryway of the Coop on Wednesday, August 5. For more information about the GM and about Coop governance, please see the center of this issue. \* Exceptions for November and December will be posted.

CONTINUED ON PAGE 2

# IN THIS ISSUE

Safe Food at the Coop 4
Real Food in Schools 5
Sprout Creek Farm Photo Essay 6
Coop Hours
Coop Calendar, Workslot Needs
Governance Information, Mission Statement
Calendar of Events 10, 11
Letters to the Editor
Classified Ads 14, 15

Соор	Sat, Aug 15	•	Adult Clothing & Costume Jewelry Exchange 10:00 a.m2:00 p.m.
Coop	Thu, Sep 3	٠	Food Class: Malaysia 7:30 p.m.
Event	Fri, Sep 4	٠	Film Night: Quest for Honor 7:00 p.m.
Highlights	Fri, Sep 18	•	The Good Coffeehouse: Tyler Blanton and the Patrizia Ferrara & Danny Grissett Duo 8:00 p.m.
	Look for ad	diti	ional information about these and other events in this issue.

## Park Slope Food Coop, Brooklyn, NY

July Meeting

start rolling in don't be sur-

prised to see higher price tags.

tee had elections on the agenda. Cara Tuzzolino, a Disciplinary Committee Member, presented two candidates for election and explained that

The Disciplinary Commit-



Bay Ridge Food Co-op needs talented people to get to the next stage of its development.

We are looking to conduct an extensive market research effort over the next several months. The response to our first survey last year was extremely positive, but we need someone with marketing experience to take us further. Please consider cooperating with us (and of course getting FTOP credit along the way).

For more information or questions, email katewimsatt@earthlink.net.

# PARK SLOPE FOOD COOP

# **Product Return Policy**

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

Produce (fresh fruits & vegetables)	<b>May not</b> be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.		
	The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.		
Books	May not be returned.		
Juicers	May not be returned.		
Bulk items & bulk items packaged by the Coop	<b>May not</b> be returned. Members may contact the bulk buyer to discuss any other claims for credit.		
Refrigerated items Frozen items	<b>May not</b> be returned unless spoiled before the expiration date or within 30 days of pur chase, whichever is sooner.		
All Other Products (not covered above)	A. Other products <b>may be</b> returned if they are spoiled or defective and the category is not specified above		
	B. Other products <b>may be</b> returned if they are unopened, undamaged and therefore can be sold again.		
	C. Other products <b>may not</b> be returned if they are opened or unsellable, and were purchased by mistake or not needed.		

her committee was there to help investigate allegations of theft or improper behavior at the Coop.

Stephen Hubbell was slated first. Stephen stated that he hoped to help the committee "do its job in a transparent way." Joining him on the slate was Steve Schwerner. Steve stated that, as a college administrator and counseling psychologist, he was "good at mediating and trying to work out problems." After a tally of the ballots, both members were elected.

The Committee introduced its second agenda item: a proposal "to authorize the Disciplinary Committee to have up to 16 members." Currently the committee is authorized for 12 members. Committee member Karen Kramer said that by expanding the pool of members, her group hopes to get a more



Toby Willner speaks out at the General Meeting.

tural & Linguistic Competency at the Coop, which requires "all signs on the doors of the Coop, all event fliers, and monthly publications to be bilingual, English and Spanish; also at least one office staff."

Chideya said the idea came to her in February as she pondered the diversity produce the relevant documents (banners, fliers, bylaws, etc.). Another member said, "Maybe Spanish isn't the place to stop. Maybe Spanish and French." Yet another member suggested that orientation also be held in Spanish.

Chase Valdez, a paid staff member, said that there are



diverse committee. This motion passed unanimously.

The liveliest discourse of the evening was centered on diversity. First, George Perlov, a member from the Diversity and Equality Committee, submitted a progress report. After conducting last year's survey, the committee is looking for ways to improve communication at the Coop. The Committee has targeted five areas for improvement: improving education, reinforcing policies and rules, making the Coop atmosphere welcoming, encouraging diversity in all structures of the Coop and creating a forum to raise consciousness about diversity. Anyone interested in contributing to the conversation is welcome to submit thoughts to George@perlov.net. The Diversity Committee report was an excellent warm up to the final item on

survey. At that time, she asked about the survey being offered in other languages (it was only offered in English).

"I thought this was strange," said Chideya. She also said she felt the Coop should meet the needs of the community and was missing the mark, stating she sees a "glaring lack of Spanishspeaking people" shopping at the Coop. To make her point, Chideya offered that 30% of New York City residents at the last census were of Hisoften times when the need for translators comes up in the Coop. He reminded members that there are several bilingual staff members on hand and members who need assistance should page the office.

Another member advised that Sign Language ASO is also on a list of languages and informed those in attendance that the Coop does have interpreters who are members.

panic descent.

Chideya did not want to limit the discussion to only one language. She said, "I know they are not the only ethnic people in New York City." She wants to start with Spanish and expand to other languages. In her estimation, this project would be achievable given the educated and industrious membership.

That got the ball rolling. One member suggested the formation of a committe to



Karen Kramer of the Disciplinary Committee.

#### Read the Gazette while you're standing on line OR online at www.foodcoop.com

the agenda. Coop member

Sekai Chideya introduced a

discussion item titled Cul-

# **Green Space**

CONTINUED FROM PAGE I

needs. This gave them an idea for a new business: creating a flexible work space for Brooklyn freelancers and small business owners.

Three and a half years and a second child later, Carney and Carlson finally realized this vision when they opened Brooklyn Creative League on April 15, 2009. Housed on the top floor of an old sweater factory near the Gowanus Canal, BCL is an open, airy, light-filled, and green work space that is proving to be the perfect office for many freelance professionals, nonprofits and professional services companies in Brooklyn.

BCL is an open, airy, light-filled and green work space that is proving to be the perfect office for many freelance professionals, nonprofits and professional services companies in Brooklyn.

Brooklyn Creative League offers more than work spaces and desks. BCL also provides free wi-fi, locker storage (so you don't have to schlep your files), office materials, printers, copiers, mailing materials, shipping pick up and drop off, conference rooms, a



A Zen Workstation.

lounge, a kitchen and modular spaces with movable walls.

Membership is month-tomonth to accommodate the fluctuating needs of freelancers. Some of the desks face giant windows that fill the space with light. All workstations and offices have insulated walls to provide members with privacy. Private offices are big enough to comfortably accommodate four to six people. Monthly rates range from \$225 for a part-time work space to \$495 for a full-time slot to \$1,500 for private offices.

Because many members are in the process of building their own small businesses, Carney and Carlson try to offer as much flexibility as possible. Members can move between levels of membership on a month's notice, and full-time members are welcome to decorate their space



as they wish. Plus, the space is green.

Carney and Carlson worked with architect Murray L. Levi of LiRo Architects and Planners, a leader in the environmentally responsible architecture field. Levi wanted to prove that a small business could be green on a shoestring budget through ingenuity. As business owners, this was Carney and Carlson's chance to "put our money where our mouth is" and do green "for real."

To that end, BCL was built with a high-efficiency HVAC system and reclaimed materials like church pews and pocket sliding doors (from Build it Green in Astoria, www. bignyc. org). All of their equipment meets Energy Star ratings and the entire space was painted using no volatile organic compounds (no-VOC) paint. "There was no smell at all while the space was being painted!" Carney says. The work stations are insulated with cotton batting made from mulched recycled denim.

Carney got the thumbs up on her Ikea kitchen from their interior designer Malcom James Kutner Interior; apparently Ikea products meet high environmental standards. And you won't find any disposables in that kitchen; instead there are glasses, plates, flatware, a dishwasher, filtered water in the refrigerator and plenty of recycling bins.

Greening Brooklyn Creative League is a growing process, Carney says. "You get inspired to do more and more." She and Carlson plan to provide electronics and battery recycling for members. The couple also had a lot of pro-bono help from professionals interested in their vision. "Just when we thought, 'the dream is dead,'" Carney recalls, "someone would step in and make it happen!" In addition to providing green workspace, BCL's other mission is to build community for Brooklyn professionals. BCL hosts public events like a supper club and a recent Brooklyn Food Conference neighborhood meeting. Every third Wednesday of the month there are professional development seminars on topics such as branding and legal issues. With a database of about 500 people, Carney and Carlson are hoping to continue building their business and reaching out to the community.

That sense of community is a big draw for Brooklyn Creative League members. According to Carney, there is already a synergy growing among members, many of whom are working on likeminded projects and don't want to work in isolation. "We want to prove that membership pays for itself," he says. And one of the ways that happens is through these networking opportunities.

So who are the Brooklyn Creative League members? They include film and television professionals, writers, web designers, non-profit consultants, a book designer, a fashion rep, a music company, an architect, an international health consultant and the Gowanus Canal Conservancy. Some people are there five days a week from nine to five. Others travel a lot and are rarely there. Many are parents who work a few days a week in coffee shops," he says. He found home life too distracting and wanted more quiet and privacy than a coffee shop provides.

## BCL's other mission is to build community for Brooklyn professionals.

"Brooklyn Creative League is just a great space to work in. I don't feel confined like I do at the library or a coffee shop," Berkman says. "There's a lot of space, people are terrific and there's a lot of services besides a desk." This is particularly useful to people like Berkman whose work comprises more than sitting in front of a laptop. Having access to a printer, paper cutter and copy machines is a plus, as is being able to hold meetings with collaborators and clients. Berkman appreciates the sense of community. "There are people there who are interested in each others' projects.'

Berkman also feels he ends up saving money through his work space membership. He says he's more focused on his work and productive while there and he can bring his own (Food Coop-supplied) lunch and enjoy BCL's free coffee instead of buying coffee and a sandwich at a coffee



Offices at the Brooklyn Creative League.

and then are home with their children the rest of the week As it turns out, an estishop. The abundance of natural light and green construction helps Berkman feel

# AND MAKE YOUR OWN WORK SHIFT!

PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



www.GreeneHillFoodCoop.com info@greenehillfoodcoop.com | 718-208-4778

mated three quarters of BCL members are also Park Slope Food Coop members, including Better Living through Mathematics founder Robert Berkman. His nonprofit provides services ranging from professional development for teachers to designing and marketing educational materials. Berkman did not have a work space before joining BCL. "I hate working at home and I hate working

healthier as well.

As it turns out, Berkman is responsible for getting Carlson and Carney to join the Park Slope Food Coop. Carney recalls him insisting, "You're just a couple blocks away; you should join!" The couple agreed and have been members for about three months.

Brooklyn Creative League is located at 540 President Street at 4th Avenue. For more information, go to brooklyncreativeleague.com.

#### FOOD COMMITTEE SAFE REPORT

# Safe Food at the Park Slope Food Coop

## By Tom Angotti, for the Safe Food Committee

Consumer advocates are applauding the recent passage by the House of Representatives of a bill giving the federal Food and Drug Administration (FDA) new powers to inspect food processing plants and recall tainted foods. This follows widespread publicity over the last few years about public health crises such as the contamination of spinach by e-coli bacteria.

he new bill, by requiring more frequent inspections, prioritizing those facilities with the greatest risk of contamination and giving the FDA powers to recall tainted products, will allow the FDA to detect problems and enforce safety measures much more proactively. Historically, the FDA has not had the resources for thorough inspections and has usually relied on voluntary withdrawal of dangerous products by the producers

themselves following an incident of contamination.

The passage of these new laws is a reminder of the need to be vigilant about ensuring the safety of the food we consume. However, laws alone are not the answer. Foods that can be hazardous to our health and the environment are legally inspected, labeled and distributed all over the nation. Industrial agriculture legally produces monocultures like corn, soybeans and wheat

The Ecokvetch

is now on Facebook,

representing the

**Park Slope** 

Committee.

**Food Coop's** 

Environmental

that rely heavily on fossil fuels, chemical fertilizers and pesticides — all of which create serious environmental and health problems. Industrial-scale livestock production, which is monitored fairly closely by the U.S. Department of Agriculture, is another major source of health risk and environmental contamination.

So there's more to "food safety" than inspections. The Safe Food Committee at the Park Slope Food Coop recognizes this and has a much broader view, summarized in this statement:

The Safe Food Committee's mission is to inform and educate Park Slope Food Coop members, Brooklyn residents and the public at large about food issues and opportunities to protect and keep our supply of food safe. We support non-toxic, nongenetically modified, sustainable agriculture, produced with fairness from seed to table, that is good for

and share knowledge through tabling, film screenings, live food demonstrations, Coop tours, partnering with other

organizations and institutions such as the public school system and other actions and events.

The Safe Food Committee evolved from an earlier group that focused specifically on the issue of genetically modified foods (GMOs), including education of Coop members and the larger community and pursuing legislative efforts to require labeling of GMO foods. The name was changed to Safe Food to encompass broader issues and campaigns, since most people understand the GMO issue as only one of many aspects of an unsafe food system.

A year ago the Safe Food Committee began planning and organizing for the firstever Brooklyn Food Conference, held May 2, 2009. This effort was a huge success and helped launch the Brooklyn Food Coalition. Committee members have also worked with the Coop Shelf-labeling Committee to identify all foods sold at the Coop that are known to contain GMOs, may contain GMOs or are GMO-free.

## **Current Safe Food Committee Projects**

The Committee currently has 11 squad members who get Coop credit for their work. Projects in development include the following:

• The squad is planning to screen a film and conduct an open discussion about

 Interviews with film makers on WBAI/Pacifica Radio to tie in with film screenings Articles and book reviews

in the Linewaiters' Gazette

• School nutrition and support for reauthorization of the federal Child Nutrition Act Workshops on basic nutrition and organic, sustain-

able food systems at the Brooklyn Children's Museum Presentation for new Coop

members on safe food • Brooklyn Backyard Brigade

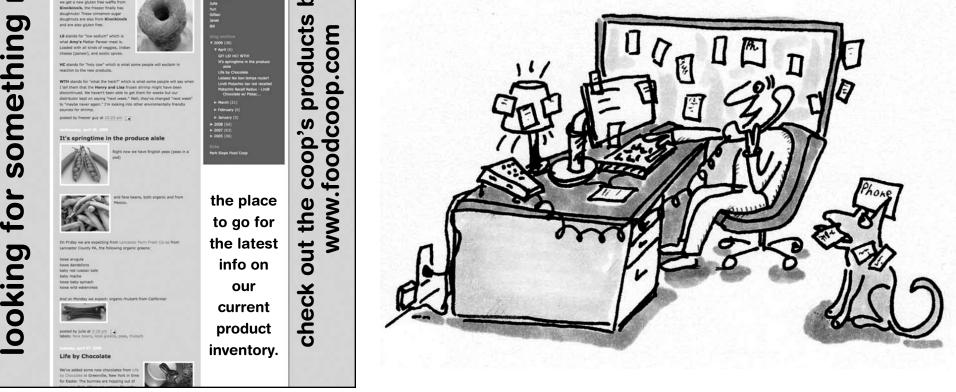
supporting home gardeners, plant and seed exchanges and composting

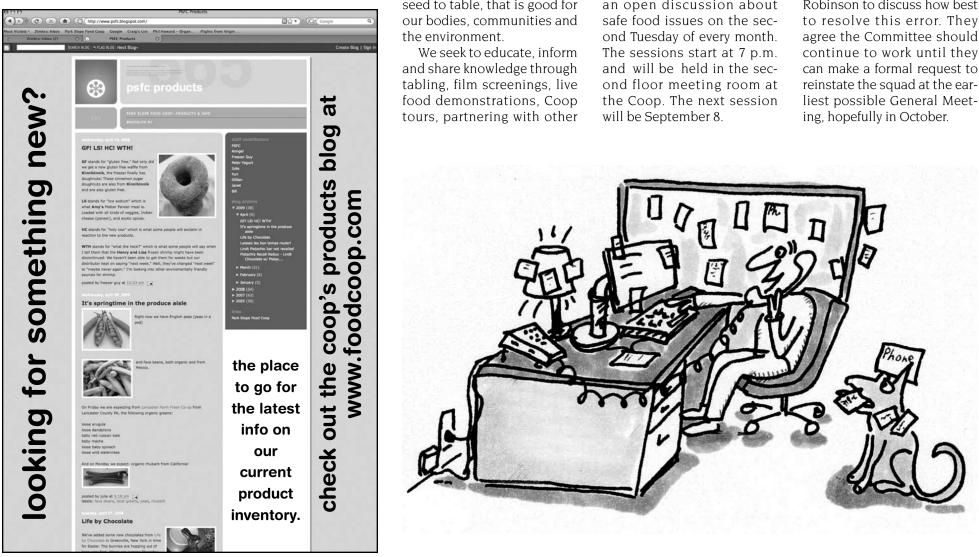
Plastics awareness

#### Reinstating the Safe Food Committee

At the April 2009 Coop General Meeting, a resolution was introduced by two members of the Safe Food Committee to create a new Brooklyn Food Coalition committee. The Committee would do follow-up organizing after the overwhelmingly successful May conference. The resolution was worded in such a way that it would also abolish the Safe Food Committee. This was a serious error because the Safe Food Committee did not have an opportunity to discuss the resolution in advance and feels the Committee has an important role to continue to play in education and advocacy. The Committee has since met with General Coordinators Joe Holtz and Jessica Robinson to discuss how best agree the Committee should continue to work until they can make a formal request to reinstate the squad at the earliest possible General Meet-

ILLUSTRATION BY ROD MORRISON





August 13, 2009 💌

#### SAFE FOOD COMMITTEE REPORT

BRODKIAN ORGANIZES EOR IN SCHODIS

By Adam Rabiner, for the Safe Food Committee

Many parents work hard to get their children to eat healthy, nutritious meals at home. (One trick my wife and I use with our two kids, Elan and Ana, is to add sweet potato to their Annie's organic macaroni and cheese.) Therefore it's troubling that in many schools children have such poor options they end up eating high-fat, high-sugar, highly salted fast-food lunches and snacking on sodas, chips and candy bars sold through vending machines.

**Y**hy this is the case is a fascinating study. I got a brief lesson recently over the phone from Park Slope Food Coop member Janet Poppendieck. Janet is also a sociology professor at Hunter College and specializes in poverty, hunger and food assistance in the United States. She has written a book that closely examines the National School Lunch and Breakfast Programs, Free for All: Fixing School Food in America, to be published next January by the University of California Press.

For those not inclined to read an entire book on the topic, Poppendieck nicely sums up much of her argument in a neat little article titled The ABCs of School Lunch. Though it's only eight pages long, I'll tell you what the letters stand for in a few short, pithy paragraphs.

A is for A La Carte. For economic reasons, many schools have established separate a la carte menus that compete directly with the meals sold through the National School Lunch Program. While the official meals must meet strict federal nutrition standards, items sold a la carte tend to be what kids like, such as burgers, hot dogs, pizza and other tasty but not necessarily healthful choices. Furthermore, an a la carte menu tends to lead to a kind of cafeteria segregation. Children, whether affluent, middleclass, or low-income, become reluctant to line up for the official lunch for fear of being stigmatized as "poor" B is for Bottom Line. School districts put tremendous pressure on food service professionals to break even and operate like a business. However, unlike most businesses, they do not have sufficient power to set prices. Elected school boards are usually unwilling to approve price increases and federal reimbursement rates are fixed and quite small. Instead, food service professionals resort to strategies they can control. They use their a la carte menus to subsidize their other operations, brand their cafeterias, cut costs, and treat students as "customers" by serving them the foods they like and demand. Labor costs have been reduced by eliminating cooks and cafeteria workers. In the process, many schools have also done away with cooking from scratch by purchasing heat-and-serve packaged and frozen foods.

C is for Compliance. School food programs must contend with local, state and federal regulations regarding health and safety, employment practices and the environment. Most onerous are nutrition requirements and a complicated 3-tier eligibility and reimbursement system. In fact, school meals are required to meet two different sets of nutrition standards. The older standard requires school meals to provide one third of the Recommended Dietary Allowances (RDAs) for protein, calories and a few vitamins and minerals. The newer standard requires school meals to follow the Dietary Guidelines for Americans, which limit saturated and unsaturated fats in a meal as a percent of calories. Unfortunately, these two standards conflict with one another, and it is very difficult to plan a meal that conforms to both. One inexpensive solution has been to replace fat with sugar; as a result, sweetened, flavored milks and desserts have become common in school cafeterias.

If understanding the problems is as easy as ABC, fixing them poses a greater challenge. Fortunately, efforts are underway to make needed reform to a broken system, and concerned citizens can contribute to this reform. The School Lunch Program is authorized by the Child Nutrition Act (CNA), which is up for reauthorization next year. This presents an opportunity to advocate for legislative changes that will create a healthier program. Several organizations are busily working to get citizens' voices heard. The NYC Alliance for the Child Nutrition Reauthorization (CNR) is a coalition of NYC organizations committed to ending hunger and improving the health of children. It too is fighting for a more sensible CNA. The Alliance has developed a consensus statement of priorities one of which is to "ensure that all children have access to high quality, nutritious foods, local and regional whenever possible, in their schools." Individuals and organizations can sign on to these principles through the Alliance's website (http://sites.google.com/site/nycallianceforcnr/).

Slow Foods, USA has organized a Time for Lunch Campaign calling for a National Day of Action to get REAL FOOD in schools. Their platform is for schools to receive additional reimbursements from the federal government, establish strong standards for all food sold at school and to fund grants for innovative Farm to School Programs and school gardens. You can support these changes by signing the petition on Slow Food's website at www.slowfoodusa.org, contacting your legislators and participating in Slow Food USA's National Day of Action by attending a local Eat-In on or around Labor Day weekend.

The Eat-Ins are a cross between sit-ins and community potlucks and they promise to be family-focused, kid-friendly and a lot of fun. Some plan to have music and activities such as face-painting. You'll enjoy a lot of good food and meet people from both the local and larger Brooklyn communities. Expert speakers are being invited from health and food organizations to share information. Legislators have been invited to show their support and principals have been asked to talk about what is happening in their schools. You'll also have an opportunity to sign a petition and say why you think it's "Time for Lunch." The problems of the School Lunch Program are a reflection of the larger troubles of the industrial food complex, addressed so well by the recent Brooklyn Food Conference and now receiving wider play through the documentary Food Inc. and other movies. Solving these problems will not be without challenges. But the present moment is a golden opportunity to try.

# BRODKLYN EAT-INS

#### Sunday, September 6

The Myrtle Avenue Brooklyn Partnership is reaching out to community members to organize an Eat-In the day before Labor Day as a part of an event they're hosting called Move About Myrtle. If you're interested in helping, contact Sam Lipschultz at sam@ myrtleavenue.org.

#### Labor Day, Monday, September 7

Campus Road Community Garden, Brooklyn College. For more information, contact Pieranna Pieroni, pieranna@aol.com.

The schoolyard of P.S. 9 in Prospect Heights, 80 Underhill Ave and St. Mark's Ave. 12:00 -3:00 PM. To help organize, contact Jenny Trotter at jennyrent@earthlink.net.

If you're interested in helping plan a Williamsburg Eat-In, contact Erica Lonesome at erica.brooklyn foodconference@gmail.com.

#### **Date Not Yet Determined**

PS 217 in Ditmas Park/Kensington, 1100 Newkirk Ave at Coney Island Ave. For more information, contact: Laura Adamo-Martinez, Ladamomartinez@msn.com.

For details about all the Brooklyn Eat-Ins go to http://brooklyn foodconference.org/time-for-lunch/. To find Eat-Ins in other boroughs or around the country, go to www.slowfoodusa.org/timeforlunch.

To read the entire article The ABCs of School Lunch by Janet Poppendieck, go to http://healthyschoolscampaign.org/programs/we llness/cd/media/resources/Marketing/ABCsSchoolLunch.pdf.

Meredith Hanley and Margo Morris, the Executive Director.



Cheese Racks.



Park Slope Food Coop, Brooklyn, NY

# Heavenly Inspiration for Sprout Creek Farm Cheese

By Kevin Ryan

Sprout Creek Farm in Dutchess County provides the Coop with such flavorful cheeses that some have described them as "heavenly." That is not far from the mark, as the farm was founded in 1982 by several nuns from the Order of the Sacred Heart. Their vision was to create an educational center that would provide an agricultural, community-based learning experience, with an emphasis on natural and spiritual growth. Over the past 27 years, Sprout Creek Farm has developed into a 200-acre working farm and market that produces its own cheese, meat and produce. If that was all they did it would be impressive enough; however, the guiding mission from the very beginning was to create a place where children and adults could experience nature, learn about the cycle of food production and connect to the natural world in a meaningful way.

In doing so, the executive director, Sister Margo Morris, has been instrumental in creating a communal environment dedicated to the ideals of a natural way of life that is peaceful, socially responsible and truly enlightened. So much care and love go into all that the farm does, it is not hard to see how that translates into products that radiate this healthy, natural goodness. One only has to taste one of Sprout Creek's exemplary cheeses to know what I mean. What began as an idea of environmentally inspired education has blossomed into a thriving community of positive action and service to others...not to mention "heavenly" cheese!

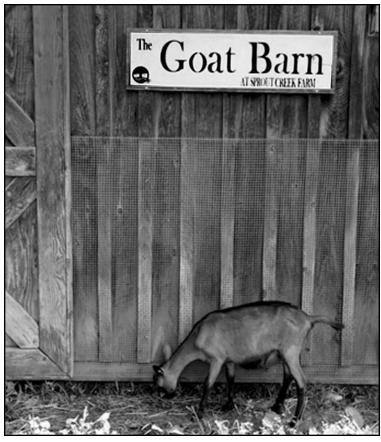


Cheesemaker Colin McGrath separating curds from whey.



Garlic drying in the hothouse.

Rebecca Kassos, at the Sprout Creek Market & Creamery, which sells the farms' products.



A young goat at the Sprout Creek goat barn.



Cheese wheels ready for aging.

Park Slope Food Coop, Brooklyn, NY

August 13, 2009 🖝 7



Sprout Creek Farm sign.



The original hothouse is still in use.





Summer camp in session.

The Sprout Creek Farm silo.

Park Slope Food Coop, Brooklyn, NY

# COOP HOURS

Office Hours: Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m. Shopping Hours:

Monday–Friday 8:00 a.m. to 10:00\* p.m. Saturday 6:00 a.m. to 10:00\* p.m. Sunday 6:00 a.m. to 7:30\* p.m.

\* Shoppers must be on a checkout line 15 minutes after closing time.

**Childcare Hours:** Monday through Sunday 8:00 a.m. to 8:45 p.m.

Telephone: 718-622-0560 Web address: www.foodcoop.com



The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

## SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Please note that member-submitted articles, unlike letters, can be edited for content and style by editors. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words. Like member-submitted articles, committee reports can be edited for content and style by editors.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome





## This Issue Prepared By:

	• /
Coordinating Editors:	Stephanie Golden Erik Lewis
Editor (development):	Wally Konrad Tom Moore
Reporters:	Nicole Feliciano Adriana Velez
Art Director (development):	Mike Miranda
Illustrators:	Rod Morrison Cathy Wassylenko
Photographers:	Lisa Cohen Ingrid Cusson Kevin Ryan
Traffic Manager:	Monona Yin
Text Converters:	Joanne Guralnick Andrew Rathbun

digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads**: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

• #1 and #6 type non-bottle shaped containers, transparent only, labels ok

Plastic film and bubble wrap, transparent
only, no colored or opaque, no labels

 #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly. Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



Andrew Rathbun Proofreader: Susan Brodlie Thumbnails: Kristin Lilley Photoshop: Adam Segal Preproduction: Susan Louie Art Director (production): Lynn Cole-Walker Desktop Publishing: Lee Schere Gabrielle Napolitano-Swift Maxwell E. Taylor Editor (production): Nancy Rosenberg Final Proofreader: Teresa Theophano Index: Len Neufeld

## Park Slope Food Coop, Brooklyn, NY

# S Π Π Ζ F 0 SL ちメ 0 $\mathbf{V}$

# Office Phone Answering

Sunday, 10:30 am, 1:00 pm, or 3:30 p.m. The Membership Office is closed on Sundays, but the phone still rings. If you're a concise, clear speaker who can manage multiple phone lines and handle the paging system, you'd be a good candidate for this job. You will be trafficking all phone calls and will be working on other projects, as needed, in the office. Your timeliness and attendance are crucial. Contact Camille Scuria about this shift at camille\_scuria@psfc.coop, or call the Membership Office Saturday through Wednesday to speak to her.

## Cash Disbursed Bookkeeping Monday, 6:00 to 8:45 p.m.

Do you have neat, legible handwriting and like

to work with numbers and calculators? You will be transferring information about checks written from individual vouchers into the cash disbursed journal and adding it up. Attention to details (especially working with numbers) is a must. You need to be a member of the Coop for 6 months to be eligible for this workslot. If you are interested, please speak to Renee St. Furcy, Monday through Thursday or email her at renee\_stfurcy@psfc.coop.

# **Office Data Entry**

## Monday, 4:00 to 6:45 p.m.

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training,

and Coop staff will always be available to answer questions. Please speak to Ginger Hargett in the Membership Office if you would like more information. Workslot requires a sixmonth commitment.

## Cash Received Bookkeeping Tuesday, 6:00 to 8:45 p.m.

Do you like working with numbers, have good data entry skills and can work independently? This workslot involves verifying cashier report data and inputing data into an Excel worksheet. The position requires good attendance and a six-month commitment to the workslot. Please contact Kathy Hieatt at kathy\_hieatt@psfc.coop or 718-622-0560 if you are interested.

CONTINUED ON PAGE 15

# CÖPCALENDAR

## **New Member Orientations**

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

# The Coop on the Internet

www.foodcoop.com

## The Coop on Cable TV

Inside the Park Slope Food Coop FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

# **General Meeting Info**

## TUE. AUG 25

GENERAL MEETING: 7:00 p.m.

## TUE. SEP 1

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the Sept 29 General Meeting.

# **Gazette Deadlines**

**LETTERS & VOLUNTARY ARTICLES:** Aug 27 issue: 7:00 p.m., Mon, Aug 17

#### 7:00 p.m., Mon, Aug 31 Sep 10 issue:

**CLASSIFIED ADS DEADLINE:** 7:00 p.m., Wed, Aug 19 Aug 27 issue: Sep 10 issue: 7:00 p.m., Wed, Sep 2

# Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

## • Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

#### • Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

## Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted e covering absent members is too difficult.)

# Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store-an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

#### ΑΒΟυΤ ТНЕ ALL GENERAL MEETING

# **Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

# Next Meeting: Tuesday, August 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

# Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

# How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

# **Meeting Format**

Warm Up (7:00 p.m.) • Meet the Coordinators

#### • Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

#### • Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

## • Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2.Please also sign in the attendance book that is passed around during the meeting.

## • Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

• Enjoy some Coop snacks • Submit Open Forum items

• Explore meeting literature

**Open Forum** (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) • The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

# park slope FOOD COOP

# calendar of events



# Adult Clothing & sat 10 am-2 pm Costume Jewelry Exchange



# The season is changing, and this is your opportunity to trade gently used and beautiful clothes and costume jewelry that you

no longer wear with other Coop members. Do not leave clothing or jewelry in the Coop before the hours of the exchange. Bring

up to 15 items only. Unchosen items will be donated to a local shelter.



# Six Healing Sounds of Qi Gung

Each of six Qi Gung exercises is performed with a sound that has a healing resonance with a body organ: liver, heart, spleen, lungs, kidneys and triple burner. The "life/breath" of each organ can be strengthened with regular practice. This workshop is limited to 12 participants. Please reserve by calling Ann E. Reibel-Coyne at 718-622-0122.



# **PSFC AUGUST General Meeting**

Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

Item #1: (20 minutes)

Subject: Filling a vacancy on the Coop's Board of Directors Election: Election of interim member of Board of Directors

-submitted by the General Coordinators

Explanation: At the Annual Meeting in June, only one of the two open seats on our Board of Directors was filled. At this interim election, whoever is elected will have a term that ends at the Annual Meeting of June 29, 2010, instead of the usual 3-year term. Members are encouraged to declare their candidacy as soon as possible and to provide a written statement, but nominations may be made from the floor on the night of the election. According to the Coop's bylaws, the vacancy should be filled not less than 30 nor more than 60 days from the vacancy occurring. The vacancy occurred on June 30. The only meeting date that meets this criteria is August 25, 2009.

#### Item #2: (35 minutes)

Subject: Gazette Squads' Handling of Article and Letter Submissions

Discussion: "That the Linewaiters' Gazette print all articles and letters which follow the written guidelines printed in said newspaper as submitted, unless written permission to edit or alter an article or letter is obtained from the author."

—submitted by Elizabeth Tobier Explanation: At present, the Linewaiters' Gazette does not consult with authors of submitted articles and letters on a consistent basis before printing an edited version of their pieces, which has sometimes resulted in misrepresentation of the ideas and information being expressed in articles and letters.

Item #3: (35 minutes)

# sep 1 tue 7 pm



# **Agenda Committee Meeting**

The committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda

Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. The next General Meeting will be held on Tuesday, September 29, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.



# Food Class: Malaysiathu 7:30 pm The Heart of the Spice Trade



Malaysia was centrally located in the heart of the spice trade and its cuisine is a lively blend of Malayo-Polynesian, Chinese, Indian and Thai influences. Menu includes *mixed vegetable* achar, tempeh and pressed rice cake skewers with spicy

peanut sauce, dry prawn sambal, and taro, coconut and banana pudding. Guest chef Annie Kunjappy works as a private chef and teaches at the Natural Gourmet Institute for Health and Culinary Arts. Materials fee: \$4.

To book a Food Class, contact Susan Baldassano, sueb@naturalgourmetschool.com.



# **Quest for Honor**



Quest for Honor is a profile of Runak Faran, a powerful women's rights activist in Iraqi Kurdistan. The film follows Runak as she investigates several honor killings and attempts to appeal to a corrupt, male-dominated power struggle to end the senseless violence toward women. *Quest for Honor* premiered at the

2009 Sundance Film Festival. Gabriel Rhodes is the editor of this film and will be in attendance for the q&a.

To book a Film Night, contact Alexandra Berger, isisprods@yahoo.com.



Via an interactive workshop based on role-plays, come and learn practical skills to increase your ability to connect with others and be heard and understood. This workshop offers a basic introduction to the practices of compassionate, nonviolent communication, presented by Dian Killian, PhD, founder and director of Brooklyn Nonviolent Communication.

Subject: Music on the shopping floor

Discussion: "Restricting music from being played over the loudspeaker system." -submitted by JB Brown

Explanation: "Music can be distracting-inhibiting communication between peopleoverwhelming the nervous system of workers and shoppers, not to mention everyone has to listen to YOUR music-can't hear the beep of the scanner knowing when there has been a double-scan. Music demands divided attention-human contact is preciousplease—spare us—don't turn your lpod on us—if you must, please listen to it privately." For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings.



# **Intuitive Parenting Workshop**

Explore the journey of parenting in a safe, fun, hands-on environment. You will learn tools for making parenting decisions from your intuition and from your heart; sensing into exactly what is right for your child and for your family; getting clear on what your parenting goals and priorities are. Please bring a journal or notebook and a pen. Coop member Britt Pastor Bolnick is the creator of In Arms Coaching.



# sep 12-13Food Drive to Benefitsat-sun 9 am-7 pmCHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Ave. and Sackett St., is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; or boxed raisins. Give donations to the collection table outside the Coop.



# **Nutrition Response Testing**

Join us for a look at Nutrition Response Testing. **Diane Paxton**, MS, LAc, will explain how NRT can identify the underlying reason your body is creating symptoms and help you design a personalized clinical nutrition program to have you looking and feeling better than you have in years.



# Tyler Blanton and the Patrizia Ferrara & Danny Grissett Duo



New York–based vibraphonist and composer **Tyler Blanton** has quickly gained a reputation in the Brooklyn underground jazz scene for his imaginative compositions and unique improvisational voice. Raised in the small town of Ojai, CA,

he moved to Brooklyn in 2007 where he teaches piano at Berkeley Carroll School in Park Slope. The **Patrizia Ferrara & Danny Grissett duo** blends the sultry voice of Austrian/Sicilian vocalist Patrizia Ferrara, with imaginative New York pianist Danny Grissett. Ferrara and Grissett take the listener on a musical journey replete with soul and adventure.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45.

**The Very Good Coffeehouse** is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. **To book a Coffeehouse event, contact Bev Grant, 718-788-3741.** 



# Secret of the Sea Vegetable

Seaweed has been consumed in Japan for hundreds of years and is used in many different types of dishes. Did you know that seaweed also has a secret of keeping your skin looking younger? Holistic health counselor **Kaoru** will talk about the various types and health benefits of these mysterious sea vegetables. Chef **Hideyo**, who is also a holistic health counselor, will give you quick and easy ways to prepare delicious seaweed recipes.

# sep 19<br/>sat 5 pmWhat Is the Truth About<br/>The Ion Cleanse/Foot Bath?

It's a rejuvenating, energizing and refreshing technology that cleanses the body on a cellular level. And there is more. Witness the benefits, warnings and testimonials at this presentation and demonstration by Coop member **Marija Santo**, a certified natural health professional since 1999, and a Geotran teacher and practitioner.

# **Sep 20** sun 12 pm

# **Body Mind Baby**

For parents and children in their first year of life. Your baby's independent movement skills are expanding along with his or her perceptions of the world. This workshop offers information about natural movement patterns that encourage optimal brain and body development. Coop member **Scott Lyons**, BMCP, RSMT, SME, CPT, IDME, works privately as a movement therapist with infants, children and adults. **Emily Peck** is a certified Somatic Movement and Infant Developmental Movement Educator.

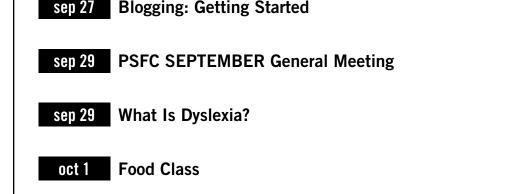
# For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

# still to come

sep 26 The Emotional Side of Healthy Living

oct 2 Film Night









oct 16 Six Healing Sounds of Qi Gung

Park Slope Food Coop, Brooklyn, NY



Find us at:

and beyond.

# Hearing Officer Committee Seeks New Members

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.

The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone Marian Hertz of the Hearing Officer Committee at 212-440-2743 or email at Marian.Hertz@cna.com.



# Help New Members Feel Like Royalty!

The Orientation Committee is looking for energetic people with a teaching or training background who can work Sunday afternoons, Monday or Wednesday evenings, or Wednesday mornings. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with at least two years of membership will be considered.



# The newest issue of Community Ties is here!

This is the long-awaited directory of neighborhood merchants offering exclusive discounts to Park Slope Food Coop members.

Check www.foodcoop.com for the latest issue of this invaluable reference. Printed copies are also available throughout the Coop. Get ready to enjoy your discounts!

In every issue: Advertising & promotion Antiques Apparel Art gallery Beauty salon Bed & breakfast Books Business coaching Car rental Career counseling Children Classes **Cleaning services** Computer café Computer services Cosmetics Counseling Dance Dentist Design Dry cleaning Extermination **Financial services** Food & restaurants Furniture Gym/trainers Healing arts Health & beauty Health products Health services Management Maternity/infant/ nursing Mediation Museum Organizing Parties & entertaining Photography Solar energy Specialty Sports & sporting goods Used furniture Video services Web design Writing/editing

## http://ecokvetch.blogspot.com/



Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

We are especially interested in members who speak fluent Spanish or Russian. For more information, contact the Membership Office or write to karen\_mancuso @psfc.coop.



# A WORD FROM A CANDIDATE

## TO THE EDITORS:

My name is Josh Skaller. I am a Coop member and I am running for City Council in the 39<sup>th</sup> District, which includes portions of Carroll Gardens, Cobble Hill, Park Slope, Windsor Terrace, Kensington and Boro Park. I am submitting this letter to reach out to the PSFC community and to let you know of my candidacy.

The Coop is not only where I buy my food. It is a microcosm of progressive values that I would like to see in local government. The Coop is formed by people from different neighborhoods, backgrounds, ethnic and religious groups who join together to work and shop. Though we live in a metropolitan area, the Coop allows us to remain aware of how our food is produced, how far it travels to get to us and who benefits from our purchases. To be able to buy healthy, fresh food for comparatively little money is fantastic. To be able to do this while supporting local farmers, with an eye to the least environmentally taxing footprint, all while living in one of the largest cities in the world feels astounding. But it shouldn't be. It should be the norm.

Since moving to Brooklyn, I have been an active defender of our neighborhoods. I have been an outspoken opponent to Atlantic Yards before it was politically convenient to be so. An active member of Brooklyn for Barack, I helped organize our Brooklyn Presidential Primary Day outreach. I am a board member of Democracy for New York City and was President of the Central Brooklyn Independent Democrats.

As your City Councilperson I will continue to fight developers who seek to influence housing policy for their own advantage. I will support responsible, sensible development that respects the character of our neighborhoods. I will push our city to embrace Al Gore's 10-year renewable energy challenge. I will make sure that the Gowanus cleanup is not left to developers, but Superfunded. We need a thorough cleanup before any development can begin.

I hope you will read more about my platform on my website at http://skaller09.com. I am a Columbia-trained composer, a vegetarian and son of an ecologist. My wife has a Master's degree in early childhood education and teaches science in Prospect Park. I spent the summers of my childhood working on sustainable farms, and as a young adult studied ecology in college and lived and worked in a sustainable, solar and wind powered greenhouse.

I have been endorsed by numerous community groups and progressive organizations, many unions, Governor Howard Dean, Assemblyman Jim Brennan, Norman Siegel, Former Congressman Major Owens and State Senator Eric Adams, among others.

We already have the Coop in common. If you believe that people can govern and that jobs, housing, education and our environment are the most important issues facing us then I invite you to join me in my campaign for City Council!

Josh Skaller

# A VIEW AGAINST THE ISRAELI BOYCOTT

## TO THE EDITORS:

I support Israel and its just efforts to protect its people. The first objective of a sovereign nation is to secure its borders. For too long, too many politically correct individuals have sanctioned thugs masquerading as crusaders for human rights to kill, maim and rain

missiles on a civilian population, as well as intimidate and brutalize its own people. When finally, after extraordinary forbearance, unceasing provocations that would not be tolerated by any other nation on this planet compel Israel to respond and bring the assault on its people to an end, these same politically correct and misguided individuals join the violent zealots bent on Israel's destruction to cry "over reaction." Try to imagine your neighbor, living in a house you gave him but now demanding your house too, sending bombs over your fence every morning. What would you do? For further information, please visit these sites: www.camera.org and www.afsi.org.

> In cooperation, Rhudi Andreolli

# **EIGHT MILLION COUCHES**

New Yorkers are judged to be the third most neurotic people in the country.

*—news item* Third? That's all? And which are the other

two?

Studies demeaning our city can't be true.

Washington, D.C.? San Francisco?

Comparing a kiddie skating rink to a disco.

Boston? Los Angeles? Second City Chicago?

Everlastingly, impossibly no! New York City's six million neurotics Thrive, along with another two

million psychotics.

Point to any syndrome or loony complex,

New Yorkers have it, every dad-andmomplex.

Any way you look at the shrinker game.

Neurosis surely is our middle name. Live here? The self-disrespecting are hot to;

He or she or they'd be crazy not to. Leon Freilich



We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

## Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

## Fairness

In order to provide fair, comprehensive, factual coverage:

1. The Gazette will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

## Respect

Letters must not be personally



derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.







# **The Fun Committee Needs You!**

The Fun Committee is looking for an enthusiastic member who has experience and expertise in "alternate outreach"— 21st-century style—to inform our membership and community of our committee's upcoming events. We want to increase attendance and participation at our events by creating an online presence on sites like Facebook.

Recent Fun Committee events include Poker Night, Game Night, Pub Night, Valentine Card-Making workshop, Adult Variety Show and the Food Conference.

All interested members, please e-mail Len Heisler at heislerlen@yahoo.com.



The Coop needs reliable, detail-oriented and personable members to lead the new Bike Valet Parking service. Members will be trained for this position. Currently, these shifts will be on Saturday afternoons, though we are looking at Sunday afternoon/early

## Park Slope Food Coop, Brooklyn, NY

BROWNSTONE BROOKLYN BED AND BREAKFAST. Victorian home on tree-lined Prospect Heights block has space with semiprivate bath, AC, Cable TV & free WiFi. Full breakfast provided in attractive smoke-free environment. Reasonable rates. Call David Whitbeck, 718-857-6066 or e-mail brownstonebbb@yahoo.com.

**BED & BREAKFAST** 

The House on Third St. Bed & Breakfast—Beautiful parlor floorthru apt. living room, bedroom, den, private bath, kitchen, deck overlooking garden, AC, WI-FI, piano. Sleeps 4-5. Perfect for families. Call Jane at 718-788-7171 or visit us on the web at houseon3st.com. BROOKLYN'S BEST B AND B located in center Park Slope in beautiful, light-filled, quiet Oueen Anne brownstone. Three gorgeous bedrooms with luxurious private baths. Perfect for a group of people or a couple. \$149-\$225 per night. Less for more rooms and/or more than five nights. Website: brooklynsbestbandb.com. Thomas @347-742-5953.

CLASSIFIEDS

## CLASSES/GROUPS

WOMEN'S BOOK GROUP - Bklyn + Lower Manh. Discuss books, snack, drink wine and/or juice + enjoy. Read Amy Tan, Anne Lamont, Junot Diaz, Jhumpa Lahiri, Maya Angelou, Michael Pollan, Barbara Kingsolver, Carson McCullers, Jonathan Lethem, Wally Lamb, + much more. Sound good? Call 718-208-8686.

## COMMERCIAL SPACE

PROFESSIONAL OFFICES AVAIL-ABLE. Ideal for a colon therapist, psychotherapist, medical doctor, shiatsu, reiki, speech therapist, etc. Be part of a Holistic Center in the beautiful SOHO section of Manhattan. The doctor will introduce all patients to you. For further information, please call 212-505-5055.



#### evening and would like to expand this service.

The Bike Valet Parking service is for Coop members and works like a coat check for bikes (and strollers!). FTOP workers will check in and watch bikes during their shift. Depending on the shift time, the Squad Leader will be responsible for directing either the set-up or take-down of the bike racks and canopy. Training FTOP workers will be required at the beginning of each shift. If you are interested, please contact Charlene Swift in the Membership Office at 718-622-0560.

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

# CLASSIFIEDS (CONTINUED)

## HOUSING AVAILABLE

NEW PALTZ 4BR 2 BTH HOUSE \$2000/mo. Lovely quiet area, lg yard. Upstairs: Lg bright LR, huge kit, 2 BR, bath, deck. Downstairs (@ground level) another LR, sm 2nd kit, bath, 2 BR. Great for family, 2 couples, shares, mother/daughter. Washer/ dryer. New efficient furnace w/3 zone heat. Call 718-208-8686. Available 8/15.

#### MERCHANDISE

SLEEPING ON A TEMPUR-PEDIC IS LIKE THERAPY FOR YOUR SOUL. This mattress is the ultimate in comfort & pressure relief and truly will improve the quality of your sleep. Mattress comes with a 20 year guarantee & a 3 month trial period. Special consideration for Coop members. Call Janet 718-237-2592.

## MERCHANDISE-NO NCOMMERCIAL

GIRL'S 20" RALEIGH BIKE FOR SALE. \$50 with Helmet good condition. My daughter has outgrown the bike. Turquoise frame, white tires, hand and footbrakes. Call Todd 718-965-4918.

## PEOPLE MEETING

CAMPING WEEKENDS. Singles, couples, families, experienced or inexperienced campers are invited to have some fun hiking, biking, swimming, kayaking, campfiring, and s'moring at campgrounds in NY, NJ and PA with this volunteer-run club. http://www.campersgroup.org.

## SERVICES

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710. MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

BURIED UNDER PAPER? My organizing service reduces your stress, increases your efficiency and gives you more free time. Expert in home business and household management. Call Margaret Barritt Organizing Service. 718-857-6729.

COMPUTER HELP—Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or info@ nygeekgirls.com.

ART CABRERA, ELECTRICIAN 30 yrs. residential wiring, trouble shooting low voltage, one outlet or whole house, no job too small. Fans, AC, 220 volt, lighting, out door work, insured, 718-965-0327. Emergency service, call 646-239-5197. Founding Coop member, born in Brooklyn, 35 yr. resident of Park Slope. #0225. Coop discounts.

HAIRCUTS HAIRCUTS HAIRCUTS. Haircolor, Highlights, Lowlights, in the convenience of your home or mine. Adults \$35.00, Kids \$15.00, Call Leonora, 718-857-2215.

## SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen Goldberg provides comprehensive, family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, minimal X-rays and non-surgical gum treatments. For a free initial exam and insurance information, call 212-505-5055.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing

ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

PSYCHOTHERAPY TO SUIT YOUR NEEDS AND LIFESTYLE. Helen Wintrob, Ph.D. is a licensed psychologist with an office in Park Slope. She will accept Aetna, Oxford, Blue Cross, GHI, Value Options and Medicare. Please call for an appointment at 718-783-0913. Evening and weekend appointments are available.

## VACATIONS

3-SEASON VACATION COTTAGES for sale. Join our friendly, wooded northern Westchester community. Pool, tennis, biking trails, hiking; near Hudson River and Metro North (short cab ride from train). \$79K-\$95K; handyperson special \$20k. Annual maintenance approx. \$3,200. Cash sales only. No dogs. 973-951-8378 or RHcottages39@ verizon.net.

## WHAT'S FOR FREE

FREE INITIAL ORAL EXAMINA-TION in a Holistic Family Dental office for all Coop members. Using a nutritional approach, Dr. Goldberg practices preventive dentistry, with non-mercury fillings, thorough cleanings and non-surgical gum treatments. or insurance information and an appointment, please call 212-505-5055.



Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise– Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.



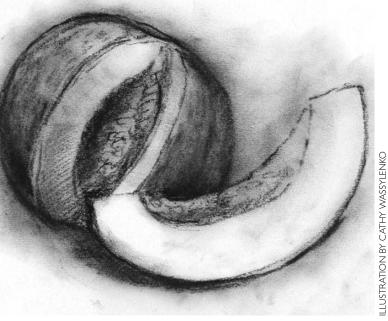


t your ad would benefit from broader exposure try the Coop's web page, www.foodcoop.com. The ads are FREE.

# WORKSLOT NEEDS

- 11 - -

CONTINED FROM PAGE 9



ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

## Cashier Report Prep Monday, 6:00 to 8:45 p.m. or Sunday, anytime.

You will be sorting, organizing and labeling paperwork generated by cashiers for a given day. Being detail oriented is a must, as is reliability and a good attendance record. This job is task-oriented, not time-oriented. This job does not involve the use of a computer. You must be able to show up for your scheduled slots and/or find coverage for your absences. Please contact Kathy Hieatt at kathy\_hieatt@psfc.coop or 718-622-0560 if you are interested.

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

# Coop Job Opening: Membership Coordinator

## **Description:**

The Coop is hiring a Membership Coordinator to fill an afternoon/evening and weekend schedule. Membership Coordinators divide their time between shifts of approximately 6 hours in the Membership Office, Technical Support shifts of approximately 6.5 hours working on the shopping floor, and oversight/ coordination of the Coop's administrative functions. Applicants must have excellent people skills, excellent communication and organizational skills as well as patience, comfort with computers and computer technology, and the ability to do detailed record keeping. Applicants should be able to remain calm in hectic surroundings, oversee the work of others, teach and explain procedures, delegate work, give feedback, pay attention to several things at once and maintain high standards of accuracy.

As a retail business, the Coop's busiest times are during traditional holiday seasons. Applicants must be prepared to work during many of the holiday periods, particularly in the winter.

Hours: Approx. 38 hours in 5 days/week: Thursday–Monday. Weekday schedule will be afternoon/evening hours (some shifts until 11:30 p.m.). Saturday and Sunday hours will vary, though shifts are between 5 and 8 hours in length.
Wages: \$23.39/hour.

**Benefits:** –Health insurance

- —Pension plan/401(k) plans
- -Vacation-three weeks/year increasing in the 4th, 7th & 10th years -Health and Personal time

# How to Apply:

Please provide your résumé along with a cover letter stating your relevant qualifications, skills and experience. Materials should be e-mailed to hc-membershipcoordinator@psfc.coop. Please put "Membership Coordinator" in the subject field. Applicants will receive an e-mail acknowledging receipt of their materials. Please do not call the Office to check on the status of your application. Applications will be reviewed and interviews scheduled on a rolling basis until the position has been filled. If you applied to a previous Coop job offering, please re-submit your materials.

# **Probation Period:**

There will be a six-month probation period.

## **Prerequisite:**

Must be a current member of the Park Slope Food Coop for at least six months immediately prior to application.

No Membership Office experience necessary to submit application materials. However, in order to be considered for an interview applicants must have worked at least four shifts in the Membership Office. After submitting your materials, if you wish to schedule shifts in the Office please contact the Coop at hc-membershipcoordinator@psfc.coop. Please put "Schedule Shifts" in the subject field.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

# WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Sosha Adelstein Gillian Allen John Allen Juliana Avramenko Marina Avramenko Oliver Baranczyk Jill Bauer Matthew Benson Tamika (Tami) Bernard Leslie Billie Leslie Brown Mateo Bueno Alexander Buonanno Victoria Buonanno Charles Burst Nikki Burst Jason Cassell Alexandra Cesteros Esther Chao Melisa Christensen Daniel Cornell Lee Cornell Cristina Correa Alexandra Crosier Charles "Chuck" Diamond Adrienne DiMatteo Kenneth Dwyer Cara Eberbardt Keith Ellenbogen Jeannette Estruth Kevin Faherty Kyle Falzano Sonya Finkel Holly Henderson Fisher Joshua Fisher Marie Franklin Kelly Garcia J. Ingrid Gerberick

Allen Gillers Mara Gittleman Maureen Goltz Alana Gorman-Knutson Marcia Gotler Benjamin Grant Norma Grant Marine Grigoryan Rachel Hacking Michael Holloway David Horowitz David Ibrahim Mellini Kantayya Brittany Lamia Carlyn Lamia Tracy Larry Steven Lee Carleen Lezama Lotte Lindner Joe Lott Steve Lueker Brianna Rose Lutz Namita Manohar Christina Marciona Falzano Lee Margolis Stacy Margolis Scott McCraw David Mendelsohn Brittany Mitchell Jamie Mitchell Erika Nelson Iulie Noble Lee Norsworthy Paula Orozco Helena Palazzi Cheryl Patterson Kate Petty Aria Pierce Laurie Pierre

Rodrigo Pocius Ian Polonsky Jason Reid April Reitano Paulina Reso Stedroy Rodney Jennifer Russo Sara Russo Yanina Rutkovsky Mitchell Said Javier Moreno Sanchez Leah Sapin Jennifer Sears Jeremy Sells Andrews Smith Elana Smith Harris J. Solomon Jason Stanley Till Steinbrenner Natalie Stevens Josh Strauss Ashley Swinnerton Damon Turner Shoshana Tyson Spring Ulmer Jamie Uva Virginia (Ginny) Van Winkle Laurence Vannicelli Keith Vigraham Rachel Wertheimer Andrea White Gary Winter Carl Xavier Theresa Xavier Katherine Youell Richard Ziade Samaya Ziade

# THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Berit Anderson Kim Baker Nina Barnett Leah Beeferman Tanya Blasbalg Gelena Blishteyn Joshua Clark Erin Collier Carolyn Cryer Elizabeth Diamond Donna Elliot Lindsay Elliott Michael Ellis Equal Exchange Seth Feaster Elina Flax Brooke Fries Sarah Fulton Sarah Gainer Samer Ghadry

Sonya Goddy Ronna Gradus Amy Greenstein Jyllian Gunther Ben Harney Olive Harney Linda Harris Michael Hearst David Hollier Geoff Hurst

Krismin Inocentes Michael Keating Sarah Klevan L Magazine Mark Lauterbach David Levi Jill Levy Lorna Mason Patti McCabe Melanie Erika Nauman Molly O'Connor Hillary Packer JT Petty Mary Recine Anthony Richter Amie Robinson Jeremy Rotsztain Sivan Schlecter Martin Seck

Khepera Sekkm Lauren Smith Sonia Tamar Steinberger Joshua Stern Bridget Stixrood Rachel Story Maya Suess Kate Suhr Ian Sullivan

Talmie Bhav Tibrewal Chris Wallace Sarah Wenk Rita Zilberman

