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LINEWATERS' GAZETTE



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Volume DD, Number 18

August 27, 2009

Coop Swappers Will Work for Credit

By Gayle Forman

About two years ago, the South Bronx Food Coop (SBFC) was just getting on its feet and founder Zena Nelson realized she was going to need some accounting help. So she turned to Park Slope Food Coop General Coordinator Joe Holtz, who put her in touch with CPA Peter Rich, a PSFC member.

Rich quickly became the SBFC's accountant, doing everything from helping set up its tax accounts and its corporation to doing its tax returns and strategizing about general finance matters, like advising on how much it could write off when it renovated a spot and opened up a storefront. "There's a lot of accounting nuances that we don't know and we don't want to know," says Nelson. "Peter understands accounting law and got us through a lot of loopholes. Were it just us, we would've been totally up crap's creek."

Inter-coop Shift Swaps

For his work, Rich, who is a partner in a Manhattan CPA firm, charged no fee. Instead, his work fulfills his PSFC work credit. He is one of the approximately 50 Coop members who complete their work obligation at another coop, according to Ellen Weinstat, the membership coordinator in charge of inter-coop shift swaps.

"There's a basic philosophy



PHOTO BY ANN ROSEN

Phyllis Gadsden contributes to the South Bronx Food Coop.

among all coops: cooperation among cooperatives," Weinstat explains. "We do whatever we can to help cooperatives. We have an abundance of member labor, and we can share that."

The practice began when the now-defunct East New York Food Coop was forming and its founders asked Holtz for help. It has become common practice for newly forming coops—from around the city, country and world—to reach out to the PSFC for help. Holtz has a packet of informa-

tion at the ready, and for local coops he can provide more than just advice: he has a membership in the thousands with a wealth and variety of expertise.

In Chick Foxgrover's case, it was web expertise that he was only too happy to exploit. Four years ago, Foxgrover was working on the Maintenance Committee when he was approached about setting up the website for the Green Workers Cooperatives in the

CONTINUED ON PAGE 2

Summer School, Summer Garden



PHOTO BY HAZEL HANKIN

Mirem Villamil's daughter, Carmen Lopez, in the garden.

By Larissa Phillips

Forget state-of-the-art science labs or shiny new playground equipment. The latest hot learning tool in public schools is the school garden. Inspired at least in part by Alice Waters' Edible Schoolyard in Berkeley, CA, these gardens not only teach children about nutrition

and food but can supplement science, history and math lessons while also providing a therapeutic benefit.

Many Challenges

Still, the challenges are abundant, particularly for city schools that are short on space and funds, and also

CONTINUED ON PAGE 10

Next General Meeting on September 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. * The next General Meeting will be on Tuesday, September 29, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda will be available as a flyer in the entryway of the Coop on Wednesday, September 2. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions for November and December will be posted.

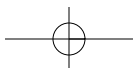
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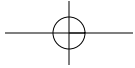
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Coop Event Highlights

- Thu, Sep 3** • **Food Class: Malaysia** 7:30 p.m.
- Fri, Sep 4** • **Film Night: Quest for Honor** 7:00 p.m.
- Sat, Sep 12** • **Food Drive to Benefit CHIPS Soup Kitchen**
- Sun, Sep 13** 9:00 a.m.–7:00 p.m.
- Fri, Sep 18** • **The Good Coffeehouse: Tyler Blanton and the Patrizia Ferrara & Danny Grissett Duo** 8:00 p.m.

Look for additional information about these and other events in this issue.





Coop Swappers
Will Work for Credit

CONTINUED FROM PAGE 1

South Bronx, an organization aimed at recycling building materials and creating green construction jobs. He's been at it ever since, logging over 250 hours—more than 90 shifts. But for Foxgrover, doing this kind of work is not about an even exchange of hours. "There is a larger purpose to it, knowing that you're helping to accomplish something," he says. "You have to go in with a more open-ended attitude, but it's very gratifying."

For some Coop members, the extracurricular coop activities are aimed at accomplishing something a bit more personal, a bit closer to home. In the past two years or so, says Weinstat, a number of PSFC members have begun the process of starting food coops in their own Brooklyn neighborhoods, including two up-and-comers in Bedford-Stuyvesant (Kalabash and Grass Roots), the Greene Hill Food Coop in the Fort Greene-Clinton Hill area, the Bushwick Food Coop and the Bay Ridge Food Coop.

For Diane Haines, a PSFC member and an active member of Greene Hill Food

Coop, the workslot incentive is incredibly helpful. Haines, who bikes 20 minutes from her Fort Greene home to Park Slope, says her neighborhood is "desperate for good, reasonably priced fresh food." She notes that a casual blog posting musing about a local food coop a year and a half ago brought 40 people to a meeting that has in turn led to the groundwork for Greene Hill. "But the hardest part about a new coop is getting people to commit," says Haines. "If there's a valid work credit involved, it makes it easier."

A Labor of Love

Although how much easier, is debatable. For many people, working at a start-up coop is more a labor of love than a convenient shift closer to home. At Greene Hill, you must be a PSFC member for one year and in good standing to do a swap. Other coops have looser requirements. But there are no reciprocal shopping privileges. Only PSFC members can shop at the PSFC. And though this is not an official policy, many coop swingers often wind up



PHOTO BY ANN ROSEN

Chick Foxgrover helped set up the website for the Green Workers Cooperatives.

committing more time to their alternative shifts, even though there is seldom a squad leader with a sign-in book.

In each case, there is one person within each coop to log hours and when a member works two and three quarter hours, be it in a day, a week or a month, he or she is credited a shift.

David Marangio, an on-again off-again PSFC member since the early 1990s, has

been actively involved in the Bay Ridge Food Coop since its inception last June and has now given up logging his hours because he's banked so many. "I'm probably putting in 20 hours a week. I'm ridiculously overboard," he admits. "And I only stopped doing my regular shift as a shopping squad leader two months ago." About 20 people at the Bay Ridge Food Coop are getting PSFC work credit, he says.

But that work credit is going to good use because in a year's time they, along with the rest of the volunteers, have managed to create a business plan, define their membership, get member investments rolling and amass a mailing list of nearly 1,000 potential members.

The helping hand of the workslot swap, says Weinstat, is not indefinite. "At what point does it become harmful to the new coop?" Weinstat asks. She says that she and Holtz have discussed the potential problem of PSFC workers receiving credit for working at other food coops but shopping here and denying the new coops potential sales. But at this point, when the new coops are mostly in planning stages, such dilemmas are far off and theoretical.

So, for now, the PSFC will continue to assist other coops in need by offering up our greatest asset: our members. The Coop puts ads in the *Gazette* and sends letters to members in neighborhoods where new coops are opening, soliciting help or just alerting them to the new coop. Some members might swap shifts for credit, or for different reasons.

A few years ago, PSFC member Phyllis Gadsden happened to meet Zena Nelson, who told her about the coop she was helping start in the South Bronx and mentioned that she needed bodies. Gadsden spent the next year volunteering at the South Bronx Food Coop, doing whatever was needed: picking up a broom, helping with pricing, breaking down boxes. All the while, she kept doing her regular book-keeping shift in Park Slope. She accrued so many FTOP shifts (more than 16), she didn't know what to do with them, so she started giving them away—as presents, as secret donations to people she'd never even met but who she'd heard had fallen behind on shifts.

"We're not really strangers; we're all connected in some of fashion," Gadsden says, explaining her generosity. "If I could share, why not?" ■



Hearing Officer Committee
Seeks New Members

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.

The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone Marian Hertz of the Hearing Officer Committee at 212-440-2743 or email at Marian.Hertz@cna.com.

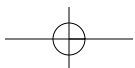
PARK SLOPE FOOD COOP

Product Return Policy

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

Produce (fresh fruits & vegetables)	May not be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.
	The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.
Books	May not be returned.
Juicers	May not be returned.
Bulk items & bulk items packaged by the Coop	May not be returned. Members may contact the bulk buyer to discuss any other claims for credit.
Refrigerated items Frozen items	May not be returned unless spoiled before the expiration date or within 30 days of purchase, whichever is sooner.
All Other Products (not covered above)	A. Other products may be returned if they are spoiled or defective and the category is not specified above
	B. Other products may be returned if they are unopened, undamaged and therefore can be sold again.
	C. Other products may not be returned if they are opened or unsellable, and were purchased by mistake or not needed.



SAFE FOOD COMMITTEE REPORT

Monthly Film Series

By Adam Rabiner, for the
Safe Food Committee

On Tuesday September 8 at 7:00 p.m. the Safe Food Committee will present the first of its monthly film screenings on issues related to the food system. Usually these movies will be shown upstairs at the Coop on the second Tuesday of every month. Our goal is not simply to screen a film but also to have a subject matter expert, frequently a director or other person affiliated with the production, engage with the audience and lead a discussion. A short review of the movie will appear in the *Linewaiters' Gazette* beforehand.

For our premier next month we showcase *H2 Worker*, a 1990 award-winning documentary by Stephanie Black.

H2 Worker takes a look at the H2A program administered by the United States Department of Labor to allow agricultural employers antici-

pating labor shortages to recruit non-immigrant foreign workers as seasonal agricultural labor. Supposedly regulated and humane, the film exposes a system that appears rife with abuse, allowing workers to toil under inhumane physical and psychological conditions and turning a blind eye to wage and other labor violations.

The film examines the system through the lens of a particular group of workers, Jamaican men, who traveled to Florida each year to harvest the state's massive sugar cane crops. The harvesting is now automated, but when the film was shot it was done by hand, with a machete and muscle, the only protection afforded the workers a kind of metal armor worn around the calves and forearms to defend against the deadly sharp cane or potential mishap with the knife. Injuries were not uncommon

and those who could not work because of harm, illness or exhaustion were simply shipped back home and replaced by another eager, impoverished Jamaican.

The documentary is narrated mostly through the experiences of the Jamaican migrants, most singularly through Anthony and his wife Patricia's letters to one another. But other perspectives are offered as well: those of town merchants who sell to the migrants, federal and state labor officials, Jamaican farmers who did not receive H2 visas, an elderly African-American recalling his escape from a camp in 1941 when laborers (at that time mostly poor Black descendants of sharecroppers) were chained to their bunks at night and kept under armed watch, the former Prime Minister of Jamaica Michael Manley offering a surprisingly honest

and wise appraisal of Jamaica's dysfunctional economy, a camp supervisor and others. By seeking out alternative voices, both intelligent and ignorant, Black rounds out the narrative and creates a richer perspective.

These interview clips at times touch upon related issues. For example, Bill Bradley points out that sugar subsidies depress the wages of domestic agriculture workers, increase the cost of consumer goods and hurt foreign farmers. But the focus always remains on the plight of the Jamaicans. *H2 Worker* leaves little doubt that the Jamaicans are exploited. They are prohibited from leaving the worksite for more than 24 hours or straying farther than 30 miles from it. They are forced to eat their lunch in the sugar cane fields standing up lest they waste the "company time" by sitting down. They are fed rice every single day, forcing many of them to dip into their own meager earnings to buy food from the company grocery (while continuing to be charged for the meal plan they do not use). In the evenings they pass the time playing cards under a leaky roof, gaining strength from their strong religious beliefs and frayed connections to their families back home. Most egregiously, since employers set the pay to the quantity of cane cut

rather than the number of hours worked, when the market price of sugar is low, pay frequently falls below the minimum wage. To fool the regulators, the employers underreport the real number of hours the Jamaicans work to make it appear that they earn at least the minimum wage, but in fact at times they make as little as \$1.00 an hour.

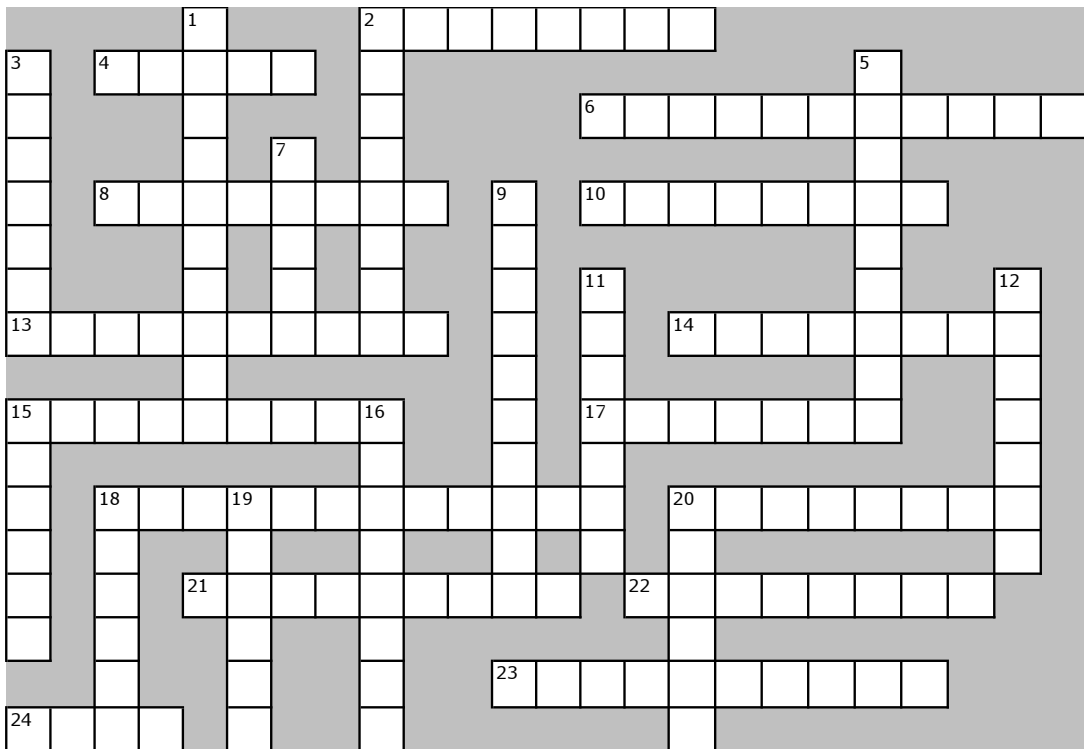
The movie is beautifully filmed, capturing the loneliness and harsh conditions of the barracks and fields, but it is especially enriched by an amazing soundtrack of lively reggae songs, one called "H2 Worker," most of them unfamiliar except for Bob Marley's "Redemption Song."

H2 Worker probably won't teach you anything you do not already know. Most of us are at least dimly aware of the deplorable conditions surrounding much of the agricultural work that most Americans cannot or will not perform. But by depicting it so vividly through sound and picture and hearing from those workers themselves, we may care more about their plight. And even though machines have supplanted this particular form of hard labor, we should not fool ourselves into thinking that similar situations do not exist today in strawberry patches, cucumber fields and other areas still requiring the human touch. ■

Puzzle Corner

Musical Chairs

The below list of common and uncommon musical instruments below has been damaged. The letters of each have been scrambled, and then a single musical note - Do, Re, Mi, Fa, So, La, or Ti - has been removed. For example, 10A, RLCONI, needs a "La" to be descrambled into Carillon. Can you restore the instruments?



ACROSS

- 2 IGLNTA + Re
- 4 IVO + La
- 6 PARRSCHIH + Do
- 8 HASNIS + Me
- 10 RLCONI + La
- 13 UTONMBIA + Re
- 14 OCIEPL + La
- 15 NSRAMDU + Re

DOWN

- 18 EGLIEPCKNL + So
- 20 CTLANI + Re
- 21 PAINGPO + Re
- 22 MTOONB + Do
- 23 DDIEGRO + Do
- 24 YL + Re

DOWN

- 1 EAPNSUOH + So
- 2 TNIMEH + Re
- 3 TUMPT + Re
- 5 IRCACON + Do
- 7 ARS + Ti
- 9 NCNTICOA + Re
- 11 SBMYC + La
- 12 ETECS + La

- 15 SPNO + So
- 16 INNMLA + Do
- 18 UGAR + Ti
- 19 SICH + Me
- 20 CTNO + Re

For answers, see page 12. This issue's puzzle author: *Stuart Marquis*



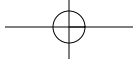
WANTED Bike Valet Parking Squad Leaders

The Coop needs reliable, detail-oriented and personable members to lead the new Bike Valet Parking service.

Members will be trained for this position. Currently, these shifts will be on Saturday afternoons, though we are looking at Sunday afternoon/early evening and would like to expand this service.

The Bike Valet Parking service is for Coop members and works like a coat check for bikes (and strollers!). FTOP workers will check in and watch bikes during their shift. Depending on the shift time, the Squad Leader will be responsible for directing either the set-up or take-down of the bike racks and canopy. Training FTOP workers will be required at the beginning of each shift.

If you are interested, please contact Charlene Swift in the Membership Office at 718-622-0560.

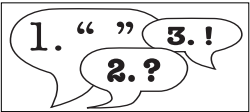


park slope
FOOD COOP

calendar of events

sep 1
tue 7 pm

Agenda Committee Meeting



The committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. *The next General Meeting will be held on Tuesday, September 29, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

sep 3
thu 7:30 pm

Food Class: Malaysia— The Heart of the Spice Trade



Malaysia was centrally located in the heart of the spice trade and its cuisine is a lively blend of Malayo-Polynesian, Chinese, Indian and Thai influences. Menu includes *mixed vegetable achar, tempeh and pressed rice cake skewers with spicy peanut sauce, dry prawn sambal, and taro, coconut and banana pudding*. Guest chef Annie Kunjappy works as a private chef and teaches at the Natural Gourmet Institute for Health and Culinary Arts. *Materials fee: \$4.* *To book a Food Class, contact Susan Baldassano, sueb@naturalgourmetschool.com.*

sep 4
fri 7 pm

Quest for Honor



Quest for Honor is a profile of Runak Faran, a powerful women's rights activist in Iraqi Kurdistan. The film follows Runak as she investigates several honor killings and attempts to appeal to a corrupt, male-dominated power struggle to end the senseless violence toward women. *Quest for Honor* premiered at the 2009 Sundance Film Festival. Gabriel Rhodes is the editor of this film and will be in attendance for the q&a. *To book a Film Night, contact Alexandra Berger, isisprods@yahoo.com.*

sep 5
sat 10:30 am

Getting to Yes

Via an interactive workshop based on role-plays, come and learn practical skills to increase your ability to connect with others and be heard and understood. This workshop offers a basic introduction to the practices of compassionate, nonviolent communication, presented by **Dian Killian**, PhD, founder and director of Brooklyn Nonviolent Communication.

sep 12
sat 2 pm

Intuitive Parenting Workshop

Explore the journey of parenting in a safe, fun, hands-on environment. You will learn tools for making parenting decisions from your intuition and from your heart; sensing into exactly what is right for your child and for your family; getting clear on what your parenting goals and priorities are. Please bring a journal or notebook and a pen. Coop member **Britt Pastor Bolnick** is the creator of In Arms Coaching.

sep 12-13
sat-sun 9 am–7 pm

Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Ave. and Sackett St., is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; or boxed raisins. Give donations to the collection table outside the Coop.

sep 13
sun 12 pm

Nutrition Response Testing

Join us for a look at Nutrition Response Testing. **Diane Paxton**, MS, LAc, will explain how NRT can identify the underlying reason your body is creating symptoms and help you design a personalized clinical nutrition program to have you looking and feeling better than you have in years.

sep 18
fri 8 pm

Tyler Blanton and the Patrizia Ferrara & Danny Grissett Duo



New York-based vibraphonist and composer **Tyler Blanton** has quickly gained a reputation in the Brooklyn underground jazz scene for his imaginative compositions and unique improvisational voice. Raised in the small town of Ojai, CA, he moved to Brooklyn in 2007 where he teaches piano at Berkeley Carroll School in Park Slope. The **Patrizia Ferrara & Danny Grissett duo** blends the sultry voice of Austrian/Sicilian vocalist Patrizia Ferrara, with imaginative New York pianist Danny Grissett. Ferrara and Grissett take the listener on a musical journey replete with soul and adventure. **Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45.** *The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. To book a Coffeehouse event, contact Bev Grant, 718-788-3741.*

sep 19
sat 1 pm

Secret of the Sea Vegetable

Seaweed has been consumed in Japan for hundreds of years and is used in many different types of dishes. Holistic health counselor **Kaoru** will talk about the various types and health benefits of these mysterious sea vegetables. Chef **Hideyo**, who is also a holistic health counselor, will give you quick and easy ways to prepare delicious seaweed recipes.

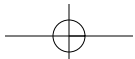
sep 19
sat 5 pm

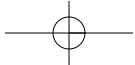
What Is the Truth About The Ion Cleanse/Foot Bath?

It's a rejuvenating, energizing and refreshing technology that cleanses the body on a cellular level. And there is more. Witness the benefits, warnings and testimonials at this presentation and demonstration by Coop member **Marija Santo**, a certified natural health professional since 1999, and a Geotran teacher and practitioner.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.





sep 1–oct 25 2009

sep 20
sun 12 pm

Body Mind Baby

For parents and children in their first year of life. Your baby's independent movement skills are expanding along with his or her perceptions of the world. This workshop offers information about natural movement patterns that encourage optimal brain and body development. Coop member **Scott Lyons**, BMCP, RSMT, SME, CPT, IDME, works privately as a movement therapist with infants, children and adults. **Emily Peck** is a certified Somatic Movement and Infant Developmental Movement Educator.

sep 26
sat 2 pm

The Emotional Side Of Healthy Living

Understand how your emotions play an important role in your ability to heal and maintain good health; identify how we get in the way of our own healing process; and take simple steps toward converting toxic thoughts and emotions into healthy attitudes. Coop member **Clarisse M. Domingo** is a colon-hydrotherapist, nutrition and lifestyle coach, licensed clinical social worker, and the owner of Prana Brooklyn Wellness in Kensington.

sep 27
sun 12 pm

Blogging: Getting Started

Learn what it takes to set up and maintain your own blog. Whether you're running your own business, or just want a better Web presence, a blog is the perfect tool to get started. Coop member **Jaki** runs Arrow Root Media. He has helped countless individuals, businesses and organizations improve their Web presence.

sep 29
tue 7 pm

PSFC SEPT General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

sep 29
tue 7:30 pm

What Is Dyslexia? And How Is It Treated?

Hear about a multisensory method for treating dyslexia. Although dyslexia is a language-based deficit, a multisensory technique developed by Orton-Gillingham uses visual, auditory and kinesthetic methods for an effective solution. Coop member **Helen Wintrob**, Ph.D, is a licensed psychologist and certified school psychologist.

oct 1
thu 7:30 pm

Food Class: Healthy Vegan Sushi And Other Japanese Dishes



Hideyo Yamada Iwakiri is a trained sushi chef from Japan with more than 10 years of experience. She will demonstrate how to prepare brown rice for sushi, how to roll romaine-lettuce sushi and how to prepare simple Japanese sauces and pickles

without using white sugar. Menu includes *brown rice, sushi vinegar, Japanese-style mushrooms, pink-daikon pickles, pumpkin salad* and *romaine-lettuce sushi rolls*. Hideyo is a graduate of the Institute of Integrative Nutrition and has been a Coop member for more than two years. **Materials fee: \$4.**

To book a Food Class, contact Susan Baldassano, sueb@naturalgourmetinstitute.com.

oct 2
fri 7 pm

Film Night

Film title to be announced.

To book a Film Night, contact Alexandra Berger, isisprods@yahoo.com.

oct 3
sat 11 am

Move Beyond Procrastination And Get Things Done!

This workshop explores various reasons for procrastinating and offers proven techniques to stop stewing and start doing. In written and interactive exercises, you will create your own personalized plan, out of procrastination into action. All handouts and materials are free of charge. Coop member **Renate** is a Certified Life Coach. She works with clients who desire a balanced and productive life without procrastination.

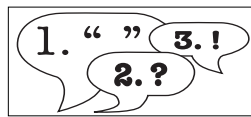
oct 3
sat 2–4 pm

Forgiveness

Learn to forgive yourself and others, focus and use the power of unconditional love, align your head and your heart, use the power and energy of love to relieve stress, and participate in a group unconditional love meditation. Coop member **Moraima Suarez** has studied and practiced the healing arts for more than 20 years.

oct 6
tue 7 pm

Agenda Committee Meeting



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Before submitting an item, read "How to Develop an Agenda

Item for the General Meeting" and fill out the General Meeting Agenda Item

Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, October 27, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

still to come

oct 10 How to Spend, Save and Stay Fiscally Fit

oct 11 Enhancing Fertility

oct 16 Six Healing Sounds of Qi Gung

oct 16 The Very Good Coffeehouse Coop Concert Series

oct 17 Children's Clothing Swap

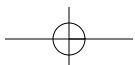
oct 18 Teachers' Secrets

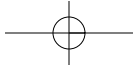
oct 22–24 Blood Drive

oct 24–25 Food Drive

oct 24 Fair Trade Event

oct 25 Nutrition Response Testing





COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.

Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.

Saturday
6:00 a.m. to 10:00* p.m.

Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Please note that member-submitted articles, unlike letters, can be edited for content and style by editors. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words. Like member-submitted articles, committee reports can be edited for content and style by editors.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Submissions on Disk & by Email: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday Sep 18

8:00 p.m.

very The Good Coffeehouse

COOP CONCERT SERIES

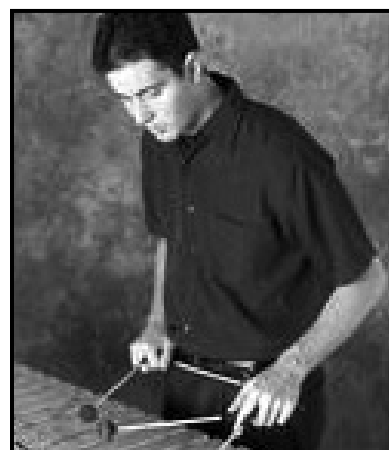
A monthly musical
fundraising partnership of
the Park Slope
Food Coop and
the Brooklyn Society
for Ethical Culture



Patrizia Ferrara & Danny Grissett

This captivating duo blends the sultry voice of Austrian/Sicilian vocalist Patrizia Ferrara, with imaginative New York pianist Danny Grissett, and weaves them into beautiful music rich in a multiplicity of textures and moods. Whether interpreting fresh original compositions or unique arrangements of standard jazz repertoire, Ferrara and Grissett find inventive ways to take the listener on a musical journey replete with soul and adventure.

New York based Vibraphonist and composer **Tyler Blanton** has quickly gained a reputation in the Brooklyn underground jazz scene for his imaginative compositions and unique improvisational voice. A relatively recent transplant to New York from the Bay area, Tyler teaches piano at Berkeley Carroll school in Park Slope, and you can find his music on MySpace.



53 Prospect Park West [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Monthly on the...

Last Sunday
AUGUST 30
10:00 A.M.–2:00 P.M.

Second Saturday
SEPTEMBER 12
10:00 A.M.–2:00 P.M.

Third Thursday
SEPTEMBER 17
7:00 P.M.–9:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



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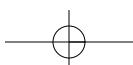
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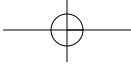
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Final Proofreader: Nancy Rosenberg

Index: Len Neufeld





WORKSLOT NEEDS

Bathroom Cleaning
Thursday, 12 to 2:00 p.m.
Work with a partner to deep clean the Coop's bath-rooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.

Office Data Entry
Monday, 4:00 to 6:45 p.m.
Are you a stickler for details, accurate on the com-puter and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett in the Membership Office if

Cashier Report Prep
Monday, 6:00 to 8:45 p.m. or Sunday, anytime
You will be sorting, organizing and labeling paperwork generated by cashiers for a given day. Being detail ori-ented is a must, as is reliability and a good attendance record. This job is task-oriented, not time-oriented. This job does not involve the use of a computer. You must be able to show up for your scheduled slots and/or find coverage for your absences. Please contact Kathy Hieatt at kathy_hieatt@psfc.coop or 718-622-0560 if you are interested.

Laundry and Toy Cleaning
Friday or Saturday, 8:30 to 10:30 p.m.
This workslot has two responsibilities. You will load

laundry into dryer, fold it and redistribute it around the Coop. While the laundry is washing/drying, you will clean toys in the childcare room. You will be working with a partner on these tasks. Please con-tact Annette or Jana in the Membership Office for further information.

Shopping Floor Set-up
Monday or Wednesday, 6:00 to 8:00 a.m.
Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor check-out stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or through the Membership Office at 718-622-0560 if you are interested in this workslot.

COOP CALENDAR

New Member Orientations
Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet
www.foodcoop.com

The Coop on Cable TV
Inside the Park Slope Food Coop
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info
TUE, SEP 1
AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Sep 29 General Meeting.

TUE, SEP 29
GENERAL MEETING: 7:00 p.m.

Gazette Deadlines
LETTERS & VOLUNTARY ARTICLES:
Sep 10 issue: 7:00 p.m., Mon, Aug 31
Sep 24 issue: 7:00 p.m., Mon, Sep 14

CLASSIFIED ADS DEADLINE:
Sep 10 issue: 7:00 p.m., Wed, Sep 2
Sep 24 issue: 7:00 p.m., Wed, Sep 16

Attend a GM and Receive Work Credit
Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process. Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

- **Advance Sign-up required:**
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**
Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.
- **Certain Squads not eligible:**
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**
In order to earn workslot credit you must be present for the *entire* meeting.
- **Childcare can be provided at GMs:**
Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.
- **Signing in at the Meeting:**
 1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
 2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement
The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

ALL ABOUT THE GENERAL MEETING

Our Governing Structure
From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, September 29, 7:00 p.m.
The General Meeting is held on the last Tuesday of each month.

Location
The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda
If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format
Warm Up (7:00 p.m.) • Meet the Coordinators
• Enjoy some Coop snacks • Submit Open Forum items
• Explore meeting literature
Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.
Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports
Agenda (8:00 p.m.)
• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.
Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com





L E T T E R S T O T H E E D I T O R

have been a vegetarian since 1972, buy only organic fruits and vegetables and am grateful that the Coop serves my lifestyle. As a Councilmember, I will make sure there is greater access to local and organic produce from small farms as a way of getting healthier food to city residents.

As a youngster I realized that government actions at every level affect the entire planet. I've worked with the Sierra Club for 21 years on solid waste/incineration issues, protecting NYC's water supply, expanding and improving NY's transportation system, eliminating car traffic in our parks, supporting community gardens, advocating for cleaner energy and fighting ill-conceived development.

Development is the major issue in the district. I have opposed the Atlantic Yards Project for five years and high-rise residential buildings in Brooklyn Bridge Park for four years. Under my leadership, as chair of the New York State Sierra Club from 2003 through January 2008, the Sierra Club joined with Develop Don't Destroy Brooklyn in filing two lawsuits challenging the Environmental Impact Statement and the abuse of eminent domain, and joined the Brooklyn Bridge Park Defense Fund in a lawsuit to stop the high rises.

I support designating the Gowanus Canal area and Newtown Creek as Superfund sites. A thorough cleanup

of the Gowanus is necessary before there is any rezoning or community-based development. I favor downzoning Fourth Avenue, as well as the Greenpoint and Williamsburg waterfront, so we can create more parks.

I am disappointed that the legislature reenacted mayoral control of schools. Parents have been shut out of any meaningful input under the current system. I favor reforming the composition of the Panel on Educational Policy by including eight parents on that 13-member body.

I support having ample classes and after-school programs in the sciences, arts and music. Gyms and playgrounds must be open daily, so that kids get enough exercise. With families growing, I will work at identifying sites for additional schools within the district.

I would appreciate your vote on September 15th. Please visit my website <http://kenbaerforthecommunities.com>.

Ken Baer

WBAI CAMPAIGN

DEAR EDITOR,

As the Pacifica Foundation goes into its fifth election since democracy was installed, in spite of all the near-disasters of its 70-year history there has never been a more severe crisis than we face now. The Independents squeaked out a narrow majority nationally and huge changes have

been made, including the replacement of two station managers and Bernard White, our Program Director at WBAI and chief architect of the stagnation that still threatens imminent receivership of the Foundation. It is entirely essential that these gains be consolidated in the ongoing elections!

As I write to you, WBAI has had not one but *two* successful fund drives, the first in four years if memory serves, including the best single day in 11 years! The J&U (Justice and Unity, now called Take Back WBAI) clones, of course, are claiming it was support for *them*... For purposes of countering what you will hear from them:

- It is *not* true that there was a Coup. The local stations are and have always been a part of the Foundation. Management employees work at-will and may be dismissed at any time for any reason.

- It is not true that there is a gag rule. The gag rule of early 2000? was against discussing Foundation business on the air. The current directive from the Indy Executive Director simply reiterated the FCC ban on slanderous statements which could jeopardize a station's license.

Besides being an Independent, I would very much like to start an AIDS Choice Movement so as to create a third voice at BAI and Pacifica. Fellow candidate Ken Laufer is in this with me and we hope to recruit others, such as Rolando Bini of the 3-candidate "Foster-Care Reform" coalition. U

will read about all of these in the Ballot Package U will receive in early September.

As to my uhhhhhh—qualifications I had three years of graduate work in Sociology. It helps me with statistics and social analysis. I also like parliamentary procedure so I talk with Gregory and Terry on pacificaparl@yahoo.com. I guess I'll continue to do those things as a Board member!

I endorse all of the other candidates so far identified as Independents.

Working day and night on the series now called *Campaign Memoirs* 2009. Go to PACVID1.com to see the first Chapter. Also see the two *Reference Extracts*, 16 min each. Hopefully there will be 12 Chapters by the time the new Board is seated in January 2010.

Finally I would like to thank individually, personally, everyone who has voted for Independents in the last election and who has contributed in WBAI's recent successful fund drives—the first in a long time! Please have house parties, tell your friends and keep up your support, which now is more critical than ever!

Very Truly Yours,

Albert Baron Solomon

Gauguin Films - PACVID1.com

International Allstars of Homeopathy

(IAH)

718-768-9079

hobces@yahoo.com

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehen-

sive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

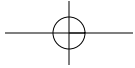
Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

Park Slope Food Coop T-shirt Design Contest

Prize for Winning Design!

For contest rules, see www.foodcoop.com

Submit designs starting September 1



Summer School, Summer Garden

CONTINUED FROM PAGE 1

face a short growing season here in the Northeast.

School garden programs must curry support from the school administration, integrate the garden into the curriculum and coordinate summer caretakers to keep them growing in the hottest and heaviest weeks of production, when few people are around.

Exemplifying some of the struggles and the triumphs is the garden at the Brooklyn New School (BNS) in Carroll Gardens (PS 146), where the principal is a Coop member.

Goal: Start Small

A school garden was finally created last year after years of frustrated attempts by successive waves of parent groups.

“Our goal was to get a few tomato plants into pots by the end of the school year,” says Matt Sheehan, a former teacher, now a volunteer teacher of environmental stewardship at BNS. Much energy had been spent exploring the possibility of a rooftop garden. But the costs were deemed too high, and eventually a container garden became the focus.

By August of this year, a south-facing alley was lined

on both sides with planters that overflowed with corn, various types of squash, cherry tomatoes, beans, lettuce and herbs; the playground on the other side of the garden held a row of 11 movable planters, 4’x4’ and just as deep, filled with high-quality organic garden soil.

There is a rainwater-harvesting system and a massive worm-composting bin. There are even new trees, recently planted by the city around the perimeter of an otherwise somewhat bleak playground that faces the Brooklyn Queens Expressway. From every angle, the garden looks like a lush, vibrant success.

Key Ingredients

A garden tour with parent volunteer (and one of the main organizers) Mirem Villamil highlighted the incredible gains of the school’s fledgling but thriving garden—as well as the obstacles still being negotiated.

Like many public school projects, this one had two key ingredients: active parents and a receptive administration. When Villamil came to the school she joined forces with Sheehan, and found fertile ground. “There was a his-



PHOTO BY HAZEL HANKIN

The Brooklyn New School Garden.

tory before I came on board. People were motivated and ready to go,” says Villamil, a landscape designer with an interest in facilitating public school gardening. “The principal, the science teacher, the parents—everyone wanted a garden.”

But there were problems even before the project began. The custodian, for example, was not initially enthusiastic. “Getting the custodian on board is essential,” says Villamil. “They have the power to make or break the whole thing.”

The BNS custodian, Dave Carrigan, was concerned about watering the garden and didn’t believe that hoses could be supplied. So Sheehan applied for a grant and built a rainwater-harvesting system. As the garden project developed, Carrigan came on board more and more, offering advice, supplying keys and generally accommodating the garden.

Fertile Soil

The next step was to have a plan. Villamil created a basic drawing of a garden plan and circulated it. Money that was left over from a grant was used to purchase the wood, along with high-quality organic soil.

BNS’s sister school, Brooklyn School for Collaborative Studies, or BCS (MS 448), a 6–12 school in the same building, joined in to dig up old shrubs, cut lumber and build some of the planters.

The city’s GreenApple Corps, a public service branch of the city Parks Department, worked on the planters too, and the school’s Green Committee scheduled a parent workday to finish them. (Later, another workday was scheduled, as part of the school’s Earth Day celebra-

tion, to build more planters.)

Once the planters were ready, the garden took off. “Some of the teachers were just waiting to start planting,” says Villamil. Snap peas went in in March and were ready by May. Sheehan planted lettuce. A kindergarten teacher planted butternut squash that had begun to sprout in his classroom’s worm compost after the class made squash risotto. An occupational therapist at the school had some seeds for heirloom broom corn and told Villamil that all the school’s therapists hoped to get involved in the garden.

Sheehan planted the “three sisters” (squash, corn and beans) for the fourth grade’s curriculum on Native Americans. Villamil planted bamboo as a barrier between the playground and the BOE and for possible use in the third grade’s China study. “It was a very piecemeal approach,” she said. “Teachers would say, ‘Can I put something in here?’” The planters filled up quickly.

Summer Problems

By the end of June, the garden was a thriving example of a populist, cooperative approach to school gardening. Then the summer came.

The gardening season in the Northeast is intensely productive in a very short time period. Unfortunately, much of that time period falls during summer vacation.

In June, the Green Committee asked for parent volunteers. Some parents signed up and forgot. The parent who was going to send out reminders had a computer crash.

“We’re lucky it rained a lot,” says Villamil, acknowledging the difficulty in organizing volunteer gardeners in the summer.

Even when parents showed up, summer garden care proved to be not so easy. “We needed to get into the school and then go out through a back door, but the gates in between the two yards were locked,” says Villamil. “You had to call the principal to let you in. Sometimes she wasn’t available. The custodian’s full staff is in the upper floors, so he doesn’t want them coming down. It was like, either 8 a.m. or 1 p.m. So they finally gave us a key to the yard.”

When parents were able to gain access, they sometimes didn’t know their way around the garden. Harvesting mistakes were made by overeager young gardening assistants.

But despite all the challenges, a small miracle has taken root within a stone’s throw of the BOE. The BNS-BCS school garden has survived its first growing season. And when school reopens, there still will be harvesting to be done and planting space available. And perhaps now the biggest challenge of all lies ahead.

“The hardest part is not creating the physical garden,” says Villamil. “Throwing seeds into the ground is easy. Our next biggest challenge is making sure the garden gets integrated into the curriculum and into the life of the school, so that it really becomes part of the school culture.”

Administrators who might not be sure about supporting the push for a school garden might want to consider the experience of BNS principal and Coop member Anna Allanbrook. “I’ve been coming down and picking cherry tomatoes and lettuce for my dinner,” she says. “It’s been wonderful.” ■



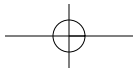
Help New Members Feel Like Royalty!

The Orientation Committee is looking for energetic people with a teaching or training background who can work Sunday afternoons, Monday or Wednesday evenings, or Wednesday mornings. Orienters lead sessions every six weeks, and on the week midway between sessions you must be available as backup for emergency coverage. Only Coop members with at least two years of membership will be considered.

Workslot credit will be given for training sessions. An annual meeting of the Orientation Committee is part of the work requirement.

We are especially interested in members who speak fluent Spanish or Russian. For more information, contact the Membership Office or write to karen_mancuso@psfc.coop.

PHOTO: JOHN H. SHEALY (WITH THE VIRGINIAN-PILOT (VIA GOOGLE))



CLASSIFIEDS

BED & BREAKFAST

BROWNSTONE BROOKLYN BED AND BREAKFAST. Victorian home on tree-lined Prospect Heights block has space with semiprivate bath, AC, Cable TV & free WiFi. Full breakfast provided in attractive smoke-free environment. Reasonable rates. Call David Whitbeck, 718-857-6066 or e-mail brownstonebbb@yahoo.com

The House on Third St. Bed & Breakfast—Beautiful parlor floor thru apt. living room, bedroom, den, private bath, kitchen, deck overlooking garden, AC, WI-FI, piano. Sleeps 4-5. Perfect for families. Call Jane at 718-788-7171 or visit us on the web at houseon3st.com.

BROOKLYN'S BEST B AND B located in center Park Slope in beautiful, light-filled, quiet Queen Anne brownstone. Three gorgeous bedrooms with luxurious private baths. Perfect for a group of people or a couple. \$149-\$225 per night. Less for more rooms and/or more than five nights. Website: brooklynsbestbandb.com. Thomas@347-742-5953.

CLASSES/GROUPS

SUPER-GENTLE YOGA for people who think they are "too" large, "too" stiff, "too" old to do yoga. Wed. 7:30 PM, convenient Park Slope location, starts Sept. 16. Experienced, caring teacher, call Mina Hamilton for more info. 212-427-2324 or minaham@aol.com

PLAYBACK THEATRE workshop. For fun, growth, new skills and new friends. Led by Susan Metz (MS in Ed, 10 years teaching Playback). 8 Saturday afternoons this fall at lovely LAVA Studio on Bergen St. Starts Sept. 26 and Oct. 3, 17 & 24; Nov. 7 & 21; Dec 5

& 19. Try to attend all 8 sessions. \$300 fee negotiable. spmetz@earthlink.net for application & more info. Google Playback, too. We're in 53 countries performing our stories.

MEDITATION class with Mina. Looking for a way to be calmer, more relaxed? Find contentment and inner balance. Experienced teacher. Mina has studied with Jon Kabat-Zinn, Thich Nhat Hanh, Toni Packer. Wed 8:15-9:00 PM. Class starts September 16. Spoke the Hub, 748 Union St. Call Mina at 917-881-9855, email minaham@aol.com, www.serenitytogo.com

COMMERCIAL SPACE

PROFESSIONAL OFFICES AVAILABLE. Ideal for a colon therapist, psychotherapist, medical doctor, shiatsu, reiki, speech therapist, etc. Be part of a Holistic Center in the beautiful SOHO section of Manhattan. The doctor will introduce all patients to you. For further information, please call 212-505-5055.

HOUSING WANTED

HELP OUR RESPONSIBLE, quiet niece (a writer) and her very sweet, well-behaved older female Black Lab return to Brooklyn and the Coop. Seeking 1+ bdrm apt, near/in Park Slope. Ground floor or elevator a must for older dog. Desirable extras: furnished, out dr space, laundry, near park/coop. blueskywriters@sbcglobal.net.

MERCHANDISE

SLEEPING ON A TEMPUR-PEDIC IS LIKE THERAPY FOR YOUR SOUL. This mattress is the ultimate in comfort & pressure relief and truly will improve the quality

of your sleep. Mattress comes with a 20 year guarantee & a 3 month trial period. Special consideration for Coop members. Call Janet 718-237-2592.

GIRL'S 20" RALEIGH BIKE FOR SALE. \$50 with Helmet good condition. My daughter has outgrown the bike. Turquoise frame, white tires, hand and footbrakes. Call Todd 718-965-4918.

PEOPLE MEETING

CAMPING WEEKENDS. Singles, couples, families, experienced or inexperienced campers are invited to have some fun hiking, biking, swimming, kayaking, campfiring, and s'moring at campgrounds in NY, NJ and PA with this volunteer-run club. http://www.campersgroup.org.

SERVICES

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case.

CONTINUED ON BACK PAGE

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise—Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

Prompt & Courteous
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Local & Long Distance



Top Hat Movers, Inc.
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Tribeca Film Festival Winner: Best Documentary



Sept. 12th, 7pm; Sept. 13th, 3pm
Old First Reformed Church, 7th Ave. & Carroll St., \$8 @ the door

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterick (*) denotes a Coop member.

THU, SEP 3

Old First Reformed Church presents the Tribeca Film Festival Best Documentary winner, PRAY THE DEVIL BACK TO HELL, which tells the incredible story of the 2003 peace protest in Liberia and the amazing women who made it happen. 3 p.m. \$8. 7th Avenue at Carroll Street, Park Slope.

TUE, SEP 8

A TASTE OF PLAYBACK: Participatory, improvisational theater presented by Susan Metz* (MS in Ed). 7 to 10 p.m. at the First Pres-

byterian Church, 124 Henry St. near Clarke St. in Brooklyn Heights. Free. Come play with us.

SAT, SEP 12

Old First Reformed Church presents the Tribeca Film Festival Best Documentary winner, PRAY THE DEVIL BACK TO HELL, which tells the incredible story of the 2003 peace protest in Liberia and the amazing women who made it happen. 3 p.m. \$8. 7th Avenue at Carroll Street, Park Slope.

A TASTE OF PLAYBACK: Participatory, improvisational theater presented by Susan Metz* (MS

in Ed) from 3 to 6 p.m. at the First Presbyterian Church, 124 Henry St. near Clarke St. in Brooklyn Heights. Free. Come play with us.

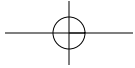
SUN, OCT 11

NYC VegFest is an outdoor festival—come rain or shine in Union Square Park from noon to 6 p.m. We will celebrate Vegetarianism and it is free to the public. The NYC VegFest has something for everyone to enjoy, so please join us in this endeavor as a sponsor and/or exhibitor! Info: http://vegfest.webs.com/ or send an email to nycvegfest@live.com.



Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the Gazette while you're standing on line OR online at www.foodcoop.com



Do you want to be a food activist?

Do you want to help organize the Brooklyn Food Coalition?

Do you want to do food justice organizing and get PSFC work credit for it too?

The Brooklyn Food Coalition needs you!

As the summer begins to wind down, the Brooklyn Food Coalition heats up! The Park Slope Food Coop has voted to give the BFC the ability to create a squad dedicated to developing our new Coalition. We need to build this squad so it meets the needs of a geographically and culturally diverse group with a range of needed skills. We can recruit 30+ PSFC members who are dedicated to building a just and sustainable system for healthy, tasty, and affordable food in Brooklyn. This model is how we managed to make the conference a success and we know that it works!!! Members of the BFC squad will function as staff and will be working to help support and realize the Coalition's chosen goals.



We would therefore like to invite everyone who's interested to look into joining. As staff, squad members will be expected to work 8 hours every month and will get Park Slope Food Coop work credit plus an FTOP credit for those hours beyond the 2 3/4 usually required (this is perfect for someone who needs FTOP for their household). We are looking for folks who can be flexible and generous with their time and talents—as a new organization, we may find that job descriptions will change as we move forward.

So what, exactly, are we looking for?

Organizers: If you have a strong connection to any particular Brooklyn neighborhood, help us organize there! A few of the neighborhoods where we need organizers include Bensonhurst, Brownsville, Bushwick, Canarsie, East New York, Flatbush, and Sheepshead Bay... and there are others. If you are interested in working with us but you don't see your neighborhood here and there hasn't been a meeting in your community, please contact us. We are particularly interested in eastern and southern Brooklyn neighborhoods. The goal is to have an organizer for every neighborhood in Brooklyn!

Grant-writers: As the Coalition comes together and begins making decisions on projects to pursue, it will be extremely helpful to have experienced grant writers to help locate funds.

Researchers: To begin compiling information on all the wonderful food-related Brooklyn organizations.

Internal communications & overall coordination: Are you ultra-organized and detail-oriented? If so we need you to make sure that everyone is up-to-date on all the latest BFC happenings.

And there will be more jobs opening as we move forward.

If you are interested in any of the above positions or have questions, please email manduo4@gmail.com.

Looking forward to hearing from you!

www.brooklynfoodconference.org

CLASSIFIEDS (CONTINUED)

Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

NO JOB TOO SMALL! Carpentry, tile installation and repair, painting, plastering, doors hung and repaired, shelves installed, bath regROUTS, general handywork. Serving Park Slope area for 19 years. Free estimates. Call Rocco: 718-788-6317.

BURIED UNDER PAPER? My organizing service reduces your stress, increases your efficiency and gives you more free time. Expert in home business and household management. Call Margaret Barritt Organizing Service. 718-857-6729.

COMPUTER HELP — Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; back-ups. Home or business. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or info@nygeekgirls.com.

ART CABRERA, ELECTRICIAN 30 yrs. residential wiring, trouble shooting low voltage, one outlet or whole house, no job too small. Fans, AC, 220 volt, lighting, out door work, insured, 718-965-0327. Emergency service, call 646-239-5197. Founding Coop member, born in Brooklyn, 35 yr. resident of Park Slope. #0225. Coop discounts.

HAIRCUTS HAIRCUTS HAIRCUTS. Haircolor, Highlights, Lowlights, in the convenience of your home or mine. Adults \$35.00, Kids \$15.00. Call Leonora, 718-857-2215.

Plastering-Painting-Wallpapering-over 25 yrs experience of doing the finest prep & finish work. One room or an entire house. LOW VOC paints used. Fred Becker 718-853-0750.

HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen Goldberg provides comprehensive, family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, minimal X-rays and non-surgical gum treatments. For a free initial exam and insurance information, call 212-505-5055.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include

headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

PSYCHOTHERAPY TO SUIT YOUR NEEDS AND LIFESTYLE. Helen Wintrob, Ph.D. is a licensed psychologist with an office in Park Slope. She will accept Aetna, Oxford, Blue Cross, GHI, Value Options and Medicare. Please call for an appointment at 718-783-0913. Evening and weekend appointments are available.

VACATIONS

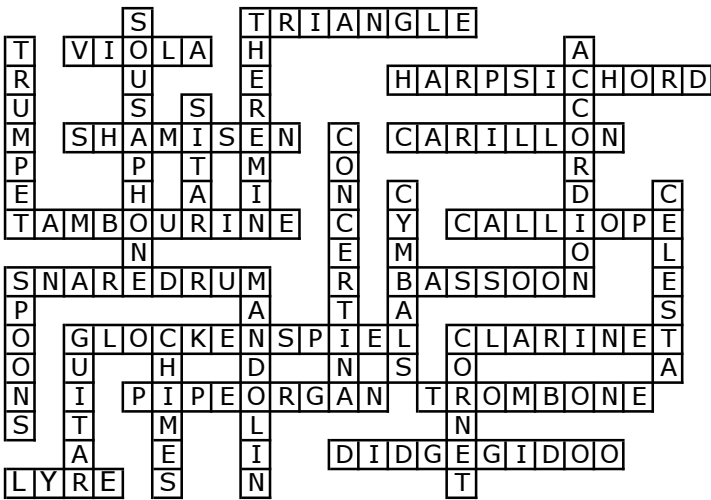
3-SEASON VACATION COTTAGES for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North (5-minute cab ride from train). \$79,000-\$99,000; annual maintenance approx. \$3,200. Cash sales only. No dogs. 212-242-0806 or junejacobson@earthlink.net.

WHAT'S FOR FREE

FREE INITIAL ORAL EXAMINATION in a Holistic Family Dental office for all Coop members. Using a nutritional approach, Dr. Goldberg practices prEventive dentistry, with non-mercury fillings, thorough cleanings and non-surgical gum treatments. For insurance information and an appointment, please call 212-505-5055.



Puzzle Answers



ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

