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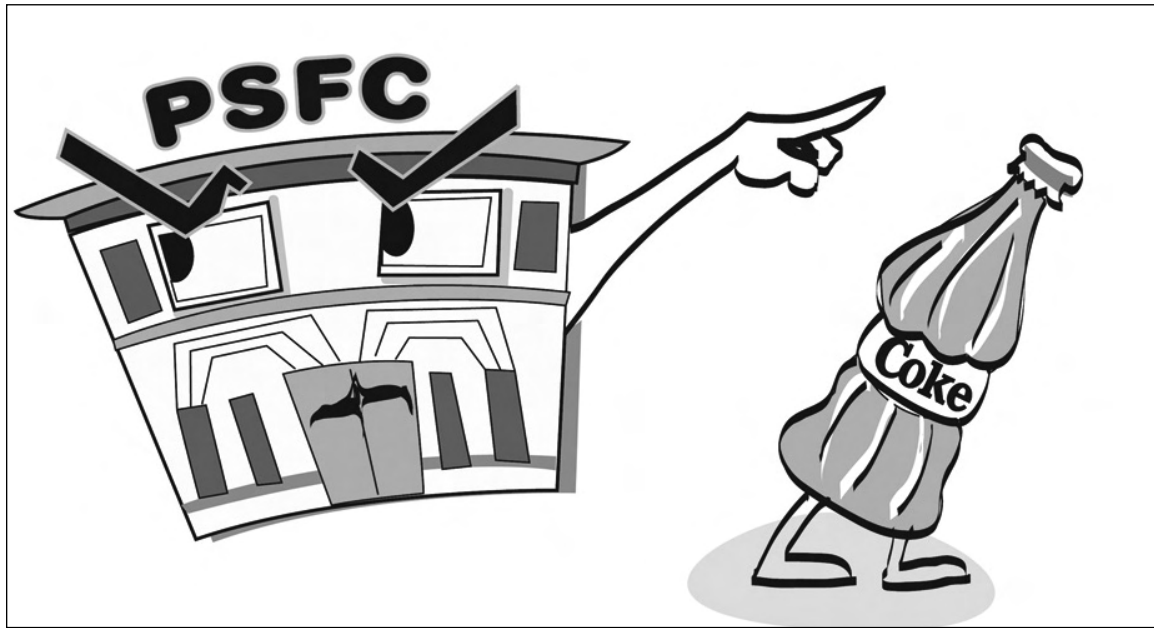
November 19, 2009

GENERAL MEETING REPORT

October GM Looks at Boycotts, Hires New General Coordinators

By Ed Levy

On the agenda for the October General Meeting, held October 27, were the “annual” re-evaluation of previously approved Coop product boycotts, the hiring of three new general coordinators and an update to the employee 401K plan. The boycott question drew lively participation, as did the hiring of new coordinators, with several members commenting that this item deserved greater consideration than one meeting could give it.



Coca-Cola Boycott

In accordance with a nearly forgotten GM resolution dating back to the 1980s, the General Meeting is supposed to review product boycotts annually. Catching up for lost time—nearly 20 years of it—the meeting reviewed current boycotts, learning that there is only one currently in effect, begun in 2004 against Coca-Cola. Coop member Lew

Friedman, editor of the *Stop Killer Coke* newsletter, explained that all of the reasons for the boycott still exist: violence against union workers and union leaders in Latin America, exploitation of water resources in India, use of child labor and other human rights violations. According to the website *Killer-coke.com*, seven union leaders at Coca-Cola's Colombia bottling plants have

been murdered since 1990, and hundreds of others have been beaten or illegally detained by paramilitaries cooperating with the plant management. Friedman explained that among the institutions participating in the boycott are 50 colleges and universities. The boycott against Coke includes its other brands, Odwalla and

CONTINUED ON PAGE 2

The Center for Anti-violence Education Celebrates 35 Years of Community Service

By Frank Haberle



PHOTO BY CAROLINA KROON

Gabriella Belfiglio, Annie Ellman and Judy Loeb.

In 1973, in the now-defunct Mongoose Community Center, Park Slope resident Annie Ellman hosted her first martial arts class. Annie and Nadia Telsey met at an anti-Vietnam War rally and trained in martial arts at the Manhattan-

based Temple for Spiritual and Physical Survival. Empowered by this experience, Annie and Nadia set out to build a new martial arts program geared specifically for women—a rarity in the 1970s.

CONTINUED ON PAGE 3

Next General Meeting on December 15

The General Meeting of the Park Slope Food Coop is usually held on the last Tuesday of each month, with the exception of November and December. The next General Meeting will be on Tuesday, December 15, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl. The agenda will be available as a flyer in the entryway of the Coop on Wednesday, December 2. For more information about the GM and about Coop governance, please see the center of this issue.

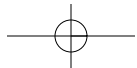
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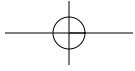
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Coop Event Highlights

- Fri, Nov 20** • **The Good Coffeehouse: Jen Chapin and Stephan Crump's Rosetta Trio** 8:00 p.m.
- Sat, Nov 21** • **Game Night** 7:30 p.m.
- Fri, Dec 18** • **The Good Coffeehouse: David Roche and Anne Keating** 8:00 p.m.
- Sun, Dec 20** • **Pub Night** 7:00 p.m.

Look for additional information about these and other events in this issue.





October GM

CONTINUED FROM PAGE 1

Minute Maid juices, Nestlé, Dasani and Fanta. The General Meeting voted unanimously to continue boycotting Coca-Cola Company products.

New General Coordinators Hired

After screening 120 résumés and conducting interviews, the Personnel Committee recommended three people to serve as general coordinators, along with the current six. The committee explained that the hiring of the

and has worked on arms-control issues; she is currently a membership coordinator and does a lot of communication on behalf of the Coop. Elinoar is a librarian, oral historian and radio producer and is currently a receiving coordinator. Lisa has a background in systems management and has worked for Sotheby’s, Chemical Bank and Lehman Brothers. She is currently a part-time bookkeeper at the Coop. Several attendees questioned what they saw as a hasty way of making a decision about Coop leadership, one that could affect the

and other comments, the chair gave more time to presentations by and questioning of the candidates. Ann said she felt the role of the general coordinators is to be “good financial stewards and to listen to diverse voices.” Asked where she thinks the Coop will go in the next 20 years, Elinoar said, “We will go where we all want to go.” Ann, asked for her response to the recent *New York Times* article by a disgruntled former Coop member, said the Coop is now a New York City “brand,” and people are writing about the Coop without a good understanding of who and why it evolved the way it did. All three women were voted in as general coordinators by substantial margins.

Changes to Employee 401K Plan

Under the 401K plan the Coop maintains for employees, there is no employer contribution, except for payment of administrative costs, and the accounts with Vanguard have been held separately by each employee. Recently Vanguard said it would no longer service individual accounts, and the Coop engaged an intermediary fiduciary company to pool the accounts and conduct the relationship with Vanguard, a common strategy among companies dealing with employee 401K plans. General Manager Joe Holtz said the Coop’s administrative costs would actually decline under the new structure by about \$1,000 per year.

Agenda Committee Re-Election

The meeting also voted to re-elect Uri Feiner, Glenn Moller and Susan Sternberg to two-year terms on the Agenda Committee.

Financial Report

General Coordinator Mike Eakin gave the financial report. Net sales for the 36 weeks ending October 11, 2009 were \$26,745,139, up from \$23,959,575 for the same period last year. The Coop’s gross margin was 17.11%, up from 16.90% the previous year. The gross margin basically means that the Coop keeps 17.11 cents of every dollar it takes in to run itself. The Coop’s markup on products sold is 21%, far lower than the typical markup of about 61%



ILLUSTRATION BY DEBORAH TINT

The committee explained that the hiring of the three would fill a significant need for general coordinators who can work with automated systems and technology, who have project management skills and who are experienced at working with media.

three would fill a significant need for general coordinators who can work with automated systems and technology, who have project management skills and who are experienced at working with media. The three candidates proposed were Ann Herpel, Elinoar Astrinsky and Lisa Moore. Ann holds a Ph.D. in social ethics

Coop for many years. The vote took on added significance when one member pointed out that if General Manager Joe Holtz cannot be present, a general coordinator replaces him on the board of directors, giving the general coordinator role additional weight and responsibility. In response to these

of other large coops, which generally yields a much higher gross margin of 38%. Of that 17 cents, 13 cents go for personnel costs. The Coop’s total payroll, including hourly wages, comes to \$2,309,311, up from \$1,908,806, representing 8.63% of sales, up from 7.97% of sales in 2008. Total personnel costs, including employee benefits, workers compensation insurance and pension administration expenses, came to \$3,354,380. The Coop’s weekly sales were \$742,921 during this period, up 11.63%. Membership increased only slightly, by 442 people, for a total of 15,418. This represents an increase of almost 50% less than the previous year’s increase, attributed largely to the new policy for slowing down the Coop’s growth by making prospective new members sign up in advance for orientations. Average sales per member were \$2,542, up just under a hundred dollars from the same period last year. The Coop incurred extra expense this year for replacement of its frozen food equipment, located primarily in the basement, with a more energy-efficient system to be placed entirely on the roof. The renovation will also permit a much-needed expansion of one of the basement coolers. The Coop’s prepaid assets also rose significantly, from \$513,898 to \$778,733, as

a result of prepaying additional pension expense. The inventory turnover for the Coop is 63 times per year—better than weekly—down slightly from 65 times per year in 2008. The typical large coop turns over its inventory 14 or 15 times per year. This rate of turnover guarantees shoppers that products on the shelves are very fresh. The Coop’s mortgage stands at \$739,370 compared to \$923,349 last year. Open Forum In the open forum that preceded the meeting Frank Riina asked why there were so few FTOP workslots available for members. He said he has had to schedule a shift six weeks ahead. General Coordinator Jess Robinson acknowledged that the FTOP situation is tight, though she said it is better now than at the beginning of the summer. She acknowledged that the FTOP schedule can be daunting to puzzle out and invited Frank to work with a staff person on finding a slot.

T-Shirt Contest

Joe Holtz encouraged people to vote in the contest for best Coop T-shirt design. Members can vote online (www.foodcoop.com/contest) or at the store. The person who submitted the winning entry will receive a generous prize—a year’s worth of work-slot credit. ■

RETURN POLICY

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt **MUST** be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not “exchange” items. You must return the merchandise and re-purchase what you need.

Produce*	Bulk* (incl. Coop-bagged bulk)
Cheese*	Seasonal Holiday Items
Books	Special Orders
Calendars	Refrigerated Supplements
Juicers	& Oils
Sushi	

*A buyer is available during the week-days to discuss your concerns.

Refrigerated Goods (not listed above)

Frozen Goods

Meat & Fish

Bread

Items not listed above that are unopened and unused in re-sellable condition

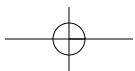
NEVER RETURNABLE

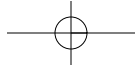
RETURNABLE ONLY IF SPOILED BEFORE EXPIRATION DATE

Packaging/label must be presented for refund.

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.





Center for Anti-violence Education

CONTINUED FROM PAGE 1

In the year that followed, Annie and Nadia's program evolved into the nonprofit Brooklyn Women's Martial Arts, and they left the Mongoose Center. Before leaving, Annie joined the downstairs coop—the Park Slope Food Coop.

"The early days [of the Coop] weren't easy," she recalls now. "I remember carrying endless boxes of food up and down stairs. And we had to pre-order all of our food." But Annie loved the values of the Coop, and she saw another example of the kind of organization she wanted to build, where people work collectively toward a common goal. "That's where we get our power," Annie adds.

Separated at Birth: CAE and the Park Slope Food Coop

Over 35 years, Brooklyn Women's Martial Arts has, like the Park Slope Food Coop, continued to grow. Today it is The Center for Anti-violence Education, a landmark nonprofit institution that addresses the public health and safety issues of hundreds of women and girls, LGBT individuals, children and the elderly. CAE's groundbreaking anti-violence programs reach into the five boroughs and are recognized nationally.

Like two trees planted side by side, PSFC's and CAE's respective roots and branches have grown increasingly tangled. Dozens of CAE staff members and teachers—including founder/program director Annie and Executive Director Tracy Hobson—are longtime Coop members. Dozens of Coop members and staff teach or participate in CAE programs. The two organizations share close common values: the health and wellness of Brooklyn residents and a commitment to working together, as a community, toward a common goal. The survival and strength of both the PSFC and CAE, and their prominent place as local institutions of national importance, demonstrate how important and lasting these values are, despite the many changes that have taken place in the community.

"Like the Coop, a lot of people from this neighborhood came together to shape and direct CAE," Annie points out. "In both places, a lot of

people have their initials carved in these walls."

A Spectrum of Services to Prevent Violence and Build Peace in our Communities

"As a parent of girls," reflects Sophie Bell, Coop member and CAE parent, "I sometimes despair over the difficulties of promoting young female strength, confidence and physical intensity. CAE is where my daughter can learn the physical discipline of karate, while discussing puzzles and dilemmas of interpersonal situations like bullying that she needs to prepare against. It is amazing how joyful the teachers at CAE make this process for her. She loves the class and the questions and activities she gets to explore."

Coop member Marcia Lerner says, "Having my daughter at CAE has helped her to feel more powerful physically and emotionally, which I think will help her to feel empowered in all sorts of ways to make changes in the world." She adds, "What I love about CAE, especially the children's program, is that it's so local. My daughter sees her instructors at the park, at the farmer's market, at the Coop. It makes it feel like a real neighborhood."

Today, CAE offers a range of classes, workshops and services on site in CAE's Park Slope Center at 327 Seventh Street. Current programs include the Children's Empowerment Project for girls and boys ages six to 12; PACT (Power Action Change for Teens) for teen girls and transgender youth ages 14 to 19; adult classes in self-defense, karate and tai chi; a five-week self-defense class for women and transgender survivors of violence; and special two-week self-defense classes for teen women, transgender youth and LGBT youth, among others. The programs are offered free or with sliding scale fees for low-income people, and free childcare is always provided. Throughout the city, CAE works with shelters for women, rape crisis centers, and programs for girls, LGBT youth and transgender people from a range of economic and cultural backgrounds.

CAE programs help participants understand how to stand up to bullying and aggression and explore conflict resolution. Just as important, programs help participants understand that violence is not just a public health issue but a human

rights issue. CAE can serve as a catalyst for change. An example came in 1999, when teen women from CAE created "Peace Is Not a Dream in Storage," a bold and beautiful anti-violence mural in Brooklyn, with the help of the nonprofit Groundswell Community Mural Project. In the face of a small number of complaining homeowners, Rite Aid (the mural wall owner) threatened to whitewash the mural. The CAE teen muralists, with the support of staff and board, organized petition and letter-writing campaigns, as well as street demonstrations. Despite community support and media attention, Rite Aid removed the mural; but it remains a powerful example of CAE youth finding their voices and fighting for their rights.

Staying Vital in a Changing Community

Like the Coop, CAE has faced the many challenges of sticking to its principles in a changing neighborhood. Four years ago, CAE faced an economic crunch, in large part from the skyrocketing cost of space. "Regardless of its importance to women and teenagers, anti-violence programming is a tough sell in the philanthropic community," Annie says. "And a big rent jump was looming on the space we occupied for twenty years. In 2004, we came very close to closing CAE's doors. Then, amazingly, there was a really huge grassroots movement to keep CAE in the community. The people who knew us, who supported us, whose children participated in our programs, all pulled together. We had to move, and we had to downsize our organization. But we remained committed to offering free childcare, to providing great programs for free or on a sliding scale and to serving people from a range of social and economic backgrounds, all in need of our services. We are still a really strong, solid program."

"Both [the Coop and CAE] are about building community around issues of healthy, intentional living," Sophie Bell adds. "They are about people's power to make smart grassroots decisions. And both are places where I love to take my daughters. They are valued and taken seriously as they learn about their bodies and the choices they can make about how to treat their bodies as girls. Both are gentle but deeply

engaging communities."

This winter, The Center for Anti-violence Education will host free anti-violence workshops—one specifically for teen women, and the other for adult women and trans people. These workshops will be free and open to Coop

members—please watch for listings in future editions of the Gazette. In the meantime, to learn more about The Center for Anti-violence Education, its many programs, and how you can get involved, please visit www.caeny.org or call 718-788-1775. ■



PHOTO BY ROD MORRISON

Tracy Hobson, Executive Director, and Naomi Solomon, Administrator of the Center for Anti-violence.



The PSFC Fun Committee invites you to the next Coop...

GAME NIGHT!

• Saturday, November 21 •
7:30 to 9:30 p.m.
in the meeting room of the Coop.

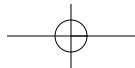
• Free admission • All ages welcome •
• Bring your friends •
• Refreshments for sale •

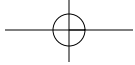
Bring your favorite game(s):

• Scrabble • Taboo • chess • checkers • bridge • Nim
• Boggle • Candyland • Trouble • Stratego • Pictionary
• Monopoly • Trivial Pursuit...



Theater Games
in the childcare room





State Senate Fails Once Again to Bring the Farmworkers Bill to a Vote

“The Park Slope Food Coop could really make a difference, as we need the Brooklyn Democratic state senators to demand this law.”

—Kerry Kennedy, founder, Robert F. Kennedy Center for Justice and Human Rights

By Ethan Pettit

The State Senate on Tuesday, November 10, failed once again to vote on a crucial bill that would give farm laborers in New York State the same basic rights that almost all workers in this state have taken for granted since the 1930s.

However, no one can expect a new bill to come to a vote in Albany until the present fiscal crisis is resolved. On Tuesday, Governor Paterson presided over a rare joint session of the Legislature and implored lawmakers to make \$1 billion in education and healthcare cuts immediately. The state faces a \$3.2 billion budget gap, and presently cannot pay its bills. “We are running out of

money,” Paterson warned the members of the Assembly and the Senate. He said he was prepared to forfeit his political career by making what are sure to be unpopular cuts, and he expected lawmakers to do the same. The only other topic that came close to getting any attention at this session was the gay marriage bill, which has been passed by the

Assembly and has the support of Mayor Bloomberg and City Council Speaker Christine Quinn. Meanwhile, about 20 advocates for upstate farm laborers in New York showed up and basically waited out the session. But they are optimistic, despite the fact that the farmworkers bill has now stalled twice before the Senate.

“The bill has broad support in the Senate,” said Jordan Wells of the Justice for Farmworkers Campaign (www.justiceforfarmworkers.org). “But it is crucial at this point that we get all the support we can to bring the bill to the floor for a vote.” Opposition to the bill comes from some legislators who fear it will put an unsupportable financial burden on small farms and family farms. The Farmworkers Fair Labor Practices Act (Assembly bill 1867, Senate bill 2247) has been passed three times in the state Assembly in recent years, but has con-

decent housing and sanitary conditions, workers’ compensation and the right to engage in collective bargaining and to form unions. The Farmworkers Act is designed to correct these inequities. A copy of the act can be downloaded from the following address: www.justiceforfarmworkers.org/documents/S2247.pdf Right here in New York State, there are farms where ducks are force-fed three times a day for 21 days straight, by workers who toil seven days a week, 14 hours a day, with no days off, no overtime pay, no health insurance, no workers’ comp, and who live in substandard housing with a shocking lack of access to basic sanitation. On some farms children work in the fields for as little as \$3.90 an hour. And again, these workers have no legal right to organize and bargain collectively with their employers.

Member Contribution

stantly stalled at the Senate. Yet the bill has 32 cosponsors in the Senate, from both parties, and Governor Paterson supports it.

A statewide poll conducted in June this year reflects strong public support for the bill: www.labor-religion.org/farmworker-poll-release-24june09.htm In April this year, the Northeast Organic Farming Association of New York (NOFA) pledged its support for the Farmworkers Act: http://nofany.org/policies/pressroom/pressrelease_4-08-09_farmworkers_fair_labor_act.pdf

Seventy-five years after the New Deal, farm laborers in New York State are still denied basic rights guaranteed to most workers by the state constitution and under New York labor laws—the right to a day of rest, to overtime pay for working over 40 hours a week, to a legal minimum wage, to

Senator John Sampson of Brooklyn is the Democratic Conference Leader, and it is he who has the power to bring this bill to the floor. I am not a member of any of the organizations mentioned in this article. But I support the farmworkers bill, and I urge Coop members to contact Senator Sampson and urge him to bring S.2247, the Farmworkers Fair Labor Practices Act, to the floor for a vote at the next Senate session:

Call Senator John Sampson: 518-455-2788. Email him at Sampson@senate.state.ny. Fax him at 718-649-7661. Let’s show that the PSFC stands in solidarity with farmworkers. Let’s get this done. ■

Coop Job Opening: Receiving/Stocking Coordinator Late Afternoon, Evening & Weekend

Description:

The Coop is hiring a Receiving/Stocking Coordinator to work late afternoon, evening and weekends. The evening and weekend Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well-stocked and orderly and maintaining the quality of the produce. At the end of the evening, they set up the receiving areas to prepare for the following day’s early morning deliveries. We are looking for a candidate who wants a permanent afternoon/evening/weekend schedule. The ideal candidate will have been working on a Receiving workslot for the Coop. Because fewer paid staff work evenings and weekends, it is essential that the candidate be a reliable and responsible self-starter who enjoys working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with one to several other Receiving Coordinators. You must have excellent communication and organizational skills, patience and the ability to prioritize the work and remain calm under pressure. This is a high energy job for a fit candidate, and you must be able to lift and to work on your feet for hours. The job will include work in the walk-in coolers and freezer.

- Hours:** 35-40 hours per week, schedule—to be determined—will be afternoon, evening and weekend work.
- Wages:** \$23.39/hour
- Benefits:** —Health and Personal time
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years
—health insurance
—pension plan

Application & Hiring Process:

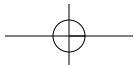
Please provide a cover letter with your résumé as soon as you can. Mail your letter and résumé or drop it in the mail slot in the entryway of the Coop. Please state your availability. All applicants will receive a response. Please do not call the office. If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least the past 6 months. Applicants must have worked a minimum of three shifts in Receiving within the past year. We are seeking an applicant pool that reflects the diversity of the Coop’s membership.



The Kids Are All Right

By Alison Rose Levy

Coop member Liz Welch honed her craft as a writer with contributions to a wide range of magazines, including *Glamour*, *Real Simple*, *Cosmo Girl*, *Vogue* and *The New York Times Magazine*. Then she decided it was time to tell her own story.

At first she tried to write her family's unique and poignant story herself, but when she shared her first chapter with her sister Diana, a journalist based in Austin, Texas, instead of editing Liz's chapter, Diana wrote her own version of the shared moment in their family's life—and that is how *The Kids Are All Right* (Harmony 2009) "became a memoir in four different voices, from four different perspectives," says Liz. Liz and Diana reached out to their two other siblings, and the book Liz had intended to write changed from Liz's memoir to a family memoir to which Liz, Diana and their two other siblings all contributed. The book is a testament to love, resilience and the importance of siblings. "I've known since the age of twenty-one that I wanted to write my own story—and the fact that we did it together is a testament to how much we love each other," says Liz.

Liz and Diana, and their siblings, Amanda and Dan, had an idyllic childhood in affluent Bedford, New York, a suburb north of New York City. Their mother, Ann Williams, was a popular and successful actress in soap operas, appearing for many years in *The Edge of Night*.

Growing up with ponies, nannies and a pool, the Welch kids never imagined that their own lives would take a turn toward tragedy.

Liz was 13 years old in 1982, the year their father died

that took her life three years later, when Liz was 16 years old, her older sister Amanda was 19, Dan was 14, Diana was eight.

Throughout her illness, Ann Williams was determined to live and remain with her children. "She was doing everything to live," Liz recalls, "so that finding families for us to live with after her passing meant that she was going to die."

As a result, their mother did not make provisions for where her children would live following her death but assigned her two eldest daughters, Amanda and Liz, the task of finding families who would give her children homes. In retrospect, says Liz, "My whole family feels that that was the most loving thing she could do. She trusted Amanda and me to make the best choices."

Nevertheless, in hindsight, according to Liz, she and her siblings discovered that "losing our parents wasn't the worst. What was worse was that we all got split up and sent to different families."

Liz, a high school senior, was able to place herself and little sister Diana with two different families for whom Liz had been a babysitter.

In affluent Bedford, Liz reports, "No one was willing to take more than one of us, probably because it was too expensive. In a fancy preppy neighborhood like Bedford, an additional child in the home meant purchasing an additional ticket for a winter vacation in the Bahamas."

In contrast, an aunt from a blue-collar background was willing to take all of the children, but uprooting to Boston somehow didn't feel right. "We had one offer from an aunt to live in Boston. She invited us all and they had seven kids. They were very conservative, and we were raised in a liberal family."

Dan, their brother, got bounced around before finding a home where he could remain. "On the day of Mom's funeral, the family he was supposed to go to told him he wasn't able to live



there. Eventually, he ended up living with a friend of Mom's in New York City," says Liz.

"The hardest thing was being separated from my siblings. Mom died on Dec 13," Liz recalls. "That Christmas I woke up in a stranger's house. Losing your parents is hard enough, but it's doubly hard not being able to be sad together with others who

feelings with. That was the hardest thing. We had to hold back on those feelings, and survive. When I went to college at Georgetown University, none of my friends knew."

The book has received a good amount of publicity, including a generous excerpt in *Glamour* and an appearance for Welch on *Good Morning America*. The Welch siblings

siblings got together at a friend's beach house and spent a weekend reading aloud the whole book, and together agreed that they were ready to go forward to publish it.

The book's title comes from the fact that they all turned out all right. "We all really wound up on our feet," Liz reports.

Eldest sister Amanda has a farm, grows her own botanicals and makes artisanal soaps. Liz is an award-winning writer; her brother, Dan, is a successful location manager for films and television; and Diana writes for the *Austin Chronicle*. All are happily married.

"It was a hard road for sure," Liz admits. "We might have lost parents but we found each other and are so thankful."

The book tells the story of how, after the family got split up, they found each other again.

"Today we are a very tight unit. We would take bullets for one another. We are lucky to have each other, and that's why we decided to write the book together. This didn't just happen to me, it happened to all of us, and we all came out the other side."

In the end, Liz Welch considers the book "a love letter to Mom. She handled herself with such dignity and grace even in the hardest circumstances." ■

"I've known since the age of twenty-one that I wanted to write my own story—and the fact that we did it together is a testament to how much we love each other."

understand that loss. I felt like I had to put on a brave face and make my new family, my friends and teachers feel like I was okay."

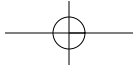
Nearly two decades later, writing the memoir together with her siblings became a way to reconnect, fill in the missing pieces of each others' lives and mourn together. "When I read their memories of the month after Mom's death, I realized that had we been together, we could have been sad together," Liz says.


"Society wants you to contain your sadness. I was sixteen and living in Bedford, and I was orphaned. I did not have my siblings to share my

have a website, [http:// thekidsareallrightbook.com/](http://thekidsareallrightbook.com/) and people who knew them or their famous soap star mother write in.



"People write in to say they had no idea of what we were going through, not having our siblings around to mourn our parents," Liz reports. "I would say that I did not mourn them until I wrote this book as a thirty-five-year-old. That gives the book an honesty and urgency. We all held on to that grief for so long and this book took us to a place where we could let go of it."

Diana and Liz interviewed their siblings and put the book together. Once they had a final manuscript, the





Another Fabulous Pub Night in Brooklyn




Sunday, December 20
7:00 p.m. at Freddy's Backroom,
485 Dean St. at Sixth Ave. Brooklyn, 718-622-7035


Again, co-sponsored with Folk Music Society of NY, we return for an informal gathering of friends we know and friends we haven't met yet who enjoy a pint or two and some good pub songs and stories. Good cheer, good drink. Not a concert, all are welcome to participate, bring a song, a poem, a recitation, especially things in which others can participate, songs with choruses are especially welcome.

Celebrate the Solstice season and the turning of the year – the warmth of community against the coming winter. Probably a lot of English Pub and seasonal songs will be heard, but all kinds are welcome. Instruments are welcome, and tunes as well as songs will be gladly received. Come lift your voices.

Admission free. More info: Jerry Epstein 718-429-3437.



Directions: M, N, R, W trains to Pacific St.
2, 3 trains to Bergen St. • 4, 5, Q trains to Atlantic Ave.
Parking pretty easy Sunday. See map here:
www.freddysbackroom.com/directions.htm



BUY YOUR TURKEY EARLY!!!

SMALLER SIZES GO QUICKLY.

FRESH turkeys available beginning Thursday, November 19th

NO RESERVING OF BIRDS.
FIRST COME, FIRST SERVED.*

Bell & Evans (New Jersey)	8 to 26 lbs., \$2.31 lb. (Thursday 11/19)
Plainville Farms Pasture-raised (New York)	16 to 24 lbs., \$2.75 lb. (Friday 11/20)
Stonewood Farm Pasture-raised (Vermont)	12 to 20 lbs., \$3.12 lb. (Monday 11/23)
McDonald Farm Heritage Breed (American Bronze)	(New York) 12-26 lbs., \$4.26 lb. (Monday 11/23)
Eberly Certified Organic (Pennsylvania)	8 to 24 lbs., \$4.25 lb. (Friday 11/20)
Koch Certified Organic (Pennsylvania)	8-24 lbs., \$3.96 lb. (Friday 11/20)
FROZEN Wise Kosher Certified Organic (Pennsylvania)	10-24 lbs., \$4.85 lb. (Tuesday 11/17)

All the above are delivered FRESH, except for Wise Kosher.

All are free-range, locally raised, hormone & antibiotic free.

*a service policy whereby the requests of customers or clients are attended to in the order that they arrived, without other biases or preferences.

ARE YOU A BROOKLYN-BASED FILMMAKER?



Would you like to screen your work at the Coop?

Then submit your film for possible inclusion in the Coop's Friday Night Screening Series.

If you're a Coop member you'll receive one FTOP credit for screening and offering a Q+A with your film. If you're not a member, it's still a chance to spread the word about your work and build your fan base by screening for a local audience.

We accept documentary and fiction, both features and shorts (we program shorts as a group). Please email **Faye Lederman** for details at **squeezestone@hotmail.com** or mail your DVD to: **Faye Lederman, 2000 Linwood Ave, #9E Fort Lee, NJ 07024**

What Is That? How Do I Use It?

Food Tours in the Coop

This business of Thanksgiving
we learn as the obedient little children
we are
for every good thing we receive
great or small we bow our heads
our food, our family, our freedoms

yes, all of that
obvious and absolute

But what of the dread cold
the bitter night
What of the loneliness
the want not met
the loss, the ache, the tedium?

What about the bills, the bother, the b.s.!
What about this?
What about that?!

Now we can learn gratitude
and kiss every bill
embrace every aggravation
bow to bless each loss
and yes, love every enemy

This is gratitude
This is Thanks-giving

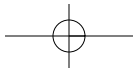
Be grateful for it all
This is what the human animal is for:
to be thankful
and to be blessed

The Park Slope Food Coop
Thankful to be at your table

by Myra Klockenbrink

Monday	November 23
	noon to 1:00 p.m.
and	1:30 to 2:30 p.m.
Thursday	December 3
	11:00 a.m. to 1:30 p.m.

You can join in any time during a tour.



SAFE FOOD LABELING COMMITTEE REPORT

Safe Food Labeling Committee Nears Completion of Identifying Foods with GMOs and rBGH – Part II

By Julia Herd

Part I discussed some of the environmental and safety issues raised by the use of genetically modified organisms (GMOs) in our food crops. It described how there has been minimal testing of the health consequences of eating genetically engineered foods. As GM ingredients increase in our foods, more and more consumers want to know how to identify foods that contain them. However, there is no law requiring GM ingredients to be listed on packaging.

The Safe Food Labeling Committee of the Coop thinks consumers have a right to know what's in their food and how it's produced. The committee undertook a two-year study of the foods sold in the Coop, the results of which are now being released to Coop membership. As described in Part I, committee members read more than 8,000 labels of products on the Coop's shelves and identified 559 products as containing non-organic, potentially genetically modified ingredients. The food producers were then asked if their products were GMO-free.

The results of the work of the Safe Food Labeling Committee so far have found only 93 products that are verified as being GMO-free. Producers of nine products admit the presence of GMOs among the ingredients, while the producers of 64 products identified them as "possibly"

foods is not confined to large food corporations. It exists among some of the "health conscious" producers as well. Unfortunately there are also hundreds of products that claim on their packaging not to contain GM ingredients but provide little assurance that the products have actually been tested.¹ There is growing agreement that testing and labeling are needed to protect the food industry, especially the organic food industry, from the growing spread of biotech ingredients.¹ "It's indicative of how pervasive these dangerous substances are becoming," said food industry chemist Gregg Bromberg, a committee member.

The Safe Food Labeling Committee is now brainstorming ways to inform shoppers about the GMO status of foods on the shelves. Labeling of each product on the shelves would be ideal.

hand would require many hours of labor on a weekly basis, which is not considered feasible. One idea suggested involves producing a brochure that shows shoppers how to read product labels to identify possible GMOs.

In addition, the Coop recently joined the Non-GMO Project, a new industry group aiming to help consumers make informed food choices. The Non-GMO Project does not guarantee that foods are entirely free of genetically modified ingredients but rather that manufacturers have followed procedures, including testing, to ensure that crucial ingredients contain no more than 0.9% of biotech material — the same threshold used in the stricter European Union.¹ Food products meeting the standards of the Project will carry the Non-GMO Project seal—a butterfly perched on two

blades of grass in the form of a check mark. The Non-GMO Project works with companies to test ingredients and improve manufacturing processes and will also spot-test products in stores.¹ The

new labeling campaign hopes to clear up the existing confusion.¹

In addition, some welcome news on the legal front emerged recently. A federal judge in California ruled in September that the U.S. government failed to adequately assess the environmental impact of planting genetically engineered sugar beets before it approved the crop for cultiva-

tion.² The court ruled that the government should have studied the consequences from the likely spread of the genetically engineered trait to other sugar beets or to other crops. It noted that pollen from the genetically engineered crops might spread to non-GM beets, and that "potential elimination of a farmer's choice to grow non-genetically engineered crops, or a consumer's choice to eat non-genetically engineered food" constituted a significant effect on the environment that necessitated an environmental impact statement. This court ruling could lead to a ban on the planting of the GM beets, which have already been widely adopted by farmers.²

Want to know more? On Sunday, January 24, the Coop's Safe Food Labeling

Committee is hosting a panel discussion that will include several leading experts in the organic and biotech foods arenas. Among them will be Dr. Michael Hanson of the Consumers Union. We also expect to have a representative from a health food producer and a mainstream food producer. The program will be held at 3:00 p.m. at the Park Slope United Methodist Church, located at the corner of Sixth Avenue and Eighth Street. Check the *Gazette* calendar or <http://ecokvetch.blogspot.com/> for more details.

Ultimately, we support strong legislation to make labeling of foods mandatory. In the meantime we support grassroots organizations working to bring safety awareness to consumers.■

Notes:

1. William Neuman, "'Non-GMO' Seal Identifies Foods Mostly Biotech-Free," *New York Times*, August 29, 2009 (www.nytimes.com/2009/08/29/business/29gmo.html).
2. Andrew Pollack, "Judge Rejects Approval of Biotech Sugar Beets," *New York Times*, September 23, 2009 (www.nytimes.com/2009/09/23/business/23beet.html).

The Process to Identify Products with GMOs at the Coop

Labels read: **over 8,000**

Suspect products identified: **559**

Mailings made to the producer of each product: **3**

Products claimed by producer to be GMO-free: **93**

Products identified by producer as having GMOs: **9**

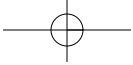
Products identified by producer as probably having GMOs: **64**

Products where producer was non-responsive: **393**

containing GMOs, because they could not state with certainty that their products had not been contaminated with genetically modified source material. The remaining 393 products are currently categorized as "possibly containing GMOs" by default, because their producers declined to respond to three separate requests for information.

The production of GM

However, there are significant technological and personnel hurdles here in the Coop that make shelf labeling a project unlikely to be realized soon, according to the general coordinators. One issue is that programming our computers to add GMO information to the shelf labels is complex and must await completion of several other time-consuming projects. To label shelves by



COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday
Dec 18
8:00 p.m.

very

The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

David Roche

is a singer/songwriter from a family of famous singer/songwriters. (The Roches are his sisters.) He's been writing songs from an early age. "It's hard to get out of the way of the music in my family. I've written songs and performed with my wife, my daughter, my sisters, my in-laws, the list goes on and on. It's a nice situation if not a little strange." Recently Roche recorded "Harp Trouble In Heaven." "It's a record that took me a long time to get around to recording and the songs are mostly all love songs although in ways you may not expect. I was inspired by the good fortune of being in a close family and the songs are evocative of this." David Kumin will play on bass and Michael Graves on drums.

Anne Keating

The Village Voice raves, "Keating is a wise mix of Lucinda Williams songwriting, Gillian Welch guitar and a vocal all her own... a cross between Willie Nelson and John Prine and you don't get any better than that." And *Performing Songwriter* says "...what ultimately impresses is the intimacy and emotion etched in beautiful ballads ..."

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Monthly on the...

Third Thursday
NOVEMBER 19
7:00 P.M.–9:00 P.M.

Last Sunday
NOVEMBER 29
10:00 A.M.–2:00 P.M.

Second Saturday
DECEMBER 12
10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?

Until further notice:

#1 and #6 type non-bottle shaped containers, transparent only, labels ok

Plastic film and bubble wrap, transparent only, no colored or opaque, no labels

#5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

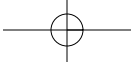
NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.

This Issue Prepared By:	
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Reporters:	Frank Haberle Alison Rose Levy Ed Levy
Art Director (development):	Eva Schicker
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Photographers:	Rod Morrison Carolina Kroon
Traffic Manager:	Barbara Knight
Text Converters:	Peter Benton Diana Quick
Proofreader:	Margaret Benton
Thumbnails:	Kristin Lilley
Preproduction:	Helena Boskovic
Photoshop:	Terrance Carney
Art Director (production):	Dilhan Kushan
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Post Production:	Becky Cassidy
Final Proofreader:	Nancy Rosenberg
Index:	Len Neufeld

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com



WORKSLOT NEEDS

Cash Disbursed Bookkeeping
Monday, 6:00 to 8:45 p.m.

Do you have neat, legible handwriting and like to work with numbers and calculators? You will be transferring information about checks written from individual vouchers into the cash disbursed journal and adding it up. Attention to details (especially working with numbers) is a must. You need to be a member of the Coop for 6 months to be eligible for this workslot. If you are interested, please speak to Renee St. Furcy, Monday through Thursday or email her at renee_stfurcy@psfc.coop.

Office Data Entry
Friday, 3:30 to 6:15 p.m.

Are you a stickler for details, accurate on the

computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett or Camille Scuria in the Membership Office if you would like more information. Workslot requires a six-month commitment.

Vitamin Assistant
Friday, afternoons and early evening

Are you a detail-oriented worker who can work independently and in a busy environment? The Coop's vitamin buyer needs help checking in orders, organizing the vitamin area in the basement and on the shopping floor, labeling vitamins and supplements, and other related tasks. Contact the Membership Office for more info.

Shopping Floor Set-up and Cleaning
Monday or Wednesday, 6:00 to 8:00 a.m.

Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor checkout stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia_pennycooke@psfc.coop or through the Membership Office at 718-622-0560 if you are interested in this workslot.

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

TUE, DEC 1
AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Dec 15 General Meeting.

TUE, DEC 15
GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:
Dec 3 issue: 7:00 p.m., Mon, Nov 23
Dec 17 issue: 7:00 p.m., Mon, Dec 7

CLASSIFIED ADS DEADLINE:
Dec 3 issue: 7:00 p.m., Wed, Nov 25
Dec 17 issue: 7:00 p.m., Wed, Dec 9

ALL ABOUT THE
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,
December 15, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month, with the exception of November and December.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators
• Enjoy some Coop snacks • Submit Open Forum items
• Explore meeting literature
Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.
Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports
Agenda (8:00 p.m.)
• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.
Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

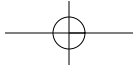
Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

- **Advance Sign-up required:**
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.
Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**
Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.
- **Certain Squads not eligible:**
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**
In order to earn workslot credit you must be present for the entire meeting.
- **Childcare can be provided at GMs:**
Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.
- **Signing in at the Meeting:**
 1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
 2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.





park slope
FOOD COOP

calendar of events

nov 20
fri 7:30 pm

Budgeting Made Easy

A budget should be a flexible, positive plan for using financial resources to meet needs and desires—not a restrictive and punitive document. Learn how to create and use a budget that is right for you or your family. Presented by **Arthur Goodman**, a long-time Coop member, who has been an accountant for too many years.

nov 20
fri 8 pm

Jen Chapin and
Stephan Crump’s Rosetta Trio



Jen Chapin’s music is urban folk—story songs that search for community and shared meaning, powered by the funk, soul and improvisation of the city. Critics have hailed her work as “brilliant... soulfully poetic” (NPR), “thoughtful.. worth-savoring” (People), “addictive” (Boston Globe), “smart, observant, lyrically deft, politically aware and emotionally intuitive” (Milwaukee Journal-Sentinel). Her performances are powerful, spotlighting the world-class musicianship and rare chemistry of **Rosetta Trio**: husband/acoustic bassist Stephan Crump and guitarists Jamie Fox and Liberty Ellman. Hailed as “a string ensemble for the new century,” Rosetta Trio is an all-string chamber jazz ensemble led by Memphis-bred bassist/composer Stephan Crump with guitarists Liberty Ellman and Jamie Fox. Renowned for their music’s narrative depth and for their outstanding performances, tonight they’ll focus on music from their upcoming Reclamation, due next Spring on Sunnyside Records, which includes an extended work commissioned by the 92nd St. Y and NY Guitar Festival. **Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45.** *The Very Good Coffeehouse* is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. *To book a Coffeehouse event, contact Bev Grant, 718-788-3741.*

nov 21
sat 10 am-1 pm

Helping Feral/Outside Cats:
Trap-Neuter-Return

Join us for a comprehensive workshop on why trap-neuter-return is the healthiest and most humane choice for feral cats. We will speak about the trap-neuter-return process, feral nutrition, advocacy, socialization, spay/neuter options, winter shelter and cold-weather caretaking tips! All attendees will get a proof-of-attendance card enabling them to borrow traps from a number of area trap banks. Coop member **Jesse Oldham** is the founder and serves on the board of Slope Street Cats.

nov 21
sat 2 pm

Ways to Help a
Distracted Child

Children can be distracted for many reasons. Hear successes and frustrations from other parents, as well as useful perspectives for parents to keep in mind, as they help their children focus at home and at school. Coop member **Sharon C. Peters**, M.A., is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations.

nov 21
sat 7:30-9:30 pm

Game Night!



The PSFC Fun Committee invites you to the next Coop Game Night. Free admission, all ages welcome. Bring your friends. Refreshments for sale. Bring your favorite game(s): Scrabble, Taboo, chess, checkers, bridge, Nim, Boggle, Candyland, Trouble, Stratego, Pictionary, Monopoly, Trivial Pursuit. Theater games in the childcare room.

nov 22
sun 12 pm

Exploring Our Inner Critic:
Working with the “Should” Voice

This workshop is for anyone who is ready to look honestly at the way the voices of criticism or negative thought patterns stand in our way of living the life we LOVE to live! Negative thought patterns and voices of “shoulds” and “should-haves” create limitations in our lives and hold us back. In this workshop, we will meet our voice of criticism, dialogue with it through journal writing, and work with it to release its hold over our thoughts. We will also be working with a way of replacing that voice with positive thought patterns that help us move forward. Please bring a journal and pen. This workshop is brought to you by Coop member **Britt Pastor Bolnick**, of In Arms Coaching.

dec 1
tue 7 pm

Agenda Committee Meeting



The committee reviews pending agenda items and creates the agenda for this month’s General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read “How to Develop an Agenda Item for the General Meeting” and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, December 15, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

dec 15
tue 7 pm

PSFC DEC General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the **Linewaiters’ Gazette**. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

dec 18
fri 8 pm

David Roche and
Anne Keating



David Roche is a singer/songwriter from a family of famous singer/songwriters. (The Roches are his sisters.) He’s been writing songs from an early age. “It’s hard to get out of the way of the music in my family. I’ve written songs and performed with my wife, my daughter, my sisters, my in-laws, the list goes on and on. It’s a nice situation if not a little strange.” Recently, Roche recorded Harp Trouble In Heaven. “It’s a record that took me a long time to get around to recording and the songs are mostly all love songs although in ways you may not expect. I was inspired by the good fortune of being in a close family and the songs are evocative of this.” David Kumin will play bass and Michael Graves drums. Also performing is **Anne Keating**. The Village Voice raves, “Keating is a wise mix of Lucinda Williams songwriting, Gillian Welch guitar and a vocal all her own...a cross between Willie Nelson and John Prine and you don’t get any better than that.” “...What ultimately impresses is the intimacy and emotion etched in beautiful ballads...,” says Performing Songwriter.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45. *The Very Good Coffeehouse* is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. *To book a Coffeehouse event, contact Bev Grant, 718-788-3741.*

Read the *Gazette* while you’re standing on line OR online at www.foodcoop.com

nov 20 2009—mar 13 2010

dec 20
sun 7 pm

Another Fabulous Pub Night in Brooklyn



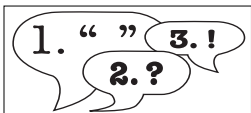
Co-sponsored with Folk Music Society of NY, we return for an informal gathering of friends we know and friends we haven't met yet who enjoy a pint or two and some good pub songs and stories. Not a concert, all are welcome to participate, bring a song, a poem, a recitation, especially things in which others can participate, songs with choruses are especially welcome. Celebrate the Solstice season and the turning of the year—the warmth of community against the coming winter. Probably a lot of English Pub and seasonal songs will be heard, but all kinds are welcome. Instruments are welcome, and tunes as well as songs will be gladly received. Come lift your voices.

Admission free. For info, contact Jerry Epstein 718-429-3437.

Takes place at Freddy's Backroom, 485 Dean St. at Sixth Ave. Brooklyn, 718-622-7035. Directions: M, N, R, W trains to Pacific St.; 2, 3 trains to Bergen St.; 4, 5, Q trains to Atlantic Ave. Parking pretty easy Sunday.

jan 5
tue 7 pm

Agenda Committee Meeting



The committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, January 26, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

jan 5
thu 7:30 pm

Food Class: Healthy Dinners in a Hurry



Fast meals for the whole family. This class is for anyone who wants to get dinner on the table fast—and make sure it's healthy and delicious. Juliana Brafa will share some of her favorite crowd-pleasing, simple dinners that can be made in less than 30 minutes. Juliana is a certified holistic health counselor and natural-foods chef who works with men and women who want to have more energy, lose weight or just feel their best. She offers individual and group health coaching, leads workshops on nutrition and health, and teaches cooking classes. Menu includes tofu "egg" salad, Asian noodles with peanut sauce and maple tempeh and roasted veggies. **Materials fee: \$4.**

jan 9 & jan 17
sat 4-6 & sun 11-1

Auditions for Our Fourth Coop Kids' Variety Show



Auditions for Coop members ages 4-18. You must audition to be in the show, which will be held Saturday, March 13, 7:00 p.m., at the Old First Church. A polished act is not required for the audition; we can help you polish it. Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please). We look forward to hearing from you! **To reserve an audition spot contact: Martha Siegel: 718-965-3916 or msiegel105@earthlink.net.**

jan 12
tue 7 pm

Safe Food Committee Film Night: Fresh



This film celebrates the farmers, thinkers and business-people across America who are reinventing our food system. Forging healthier, sustainable alternatives, they offer a practical vision of our food system and our planet's future. **Fresh** addresses an ethos that has been sweeping the nation and is a call to action America has been waiting for.

jan 15
fri 8 pm

The Very Good Coffeehouse Coop Concert Series



The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. Performers to be announced. **To book a Coffeehouse event, contact Bev Grant, 718-788-3741. Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd Street) • \$10 • doors open at 7:45.**

jan 26
tue 7 pm

PSFC JAN General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the **Linewaiters' Gazette**. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

still to come

feb 2

Agenda Committee Meeting

mar 5

Film Night

feb 19

The Very Good Coffeehouse Coop Concert Series

mar 7

Acupuncture and the Treatment
Of Digestive Disorders

feb 23

PSFC FEBRUARY General Meeting

mar 9

Safe Food Committee Film

mar 2

Agenda Committee Meeting

mar 12

Meet Your Mind: A Class in Basic Meditation

mar 4

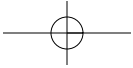
Food Class

mar 13

Nutrition Response Testing

For more information on these and other events, visit the Coop's website: foodcoop.com

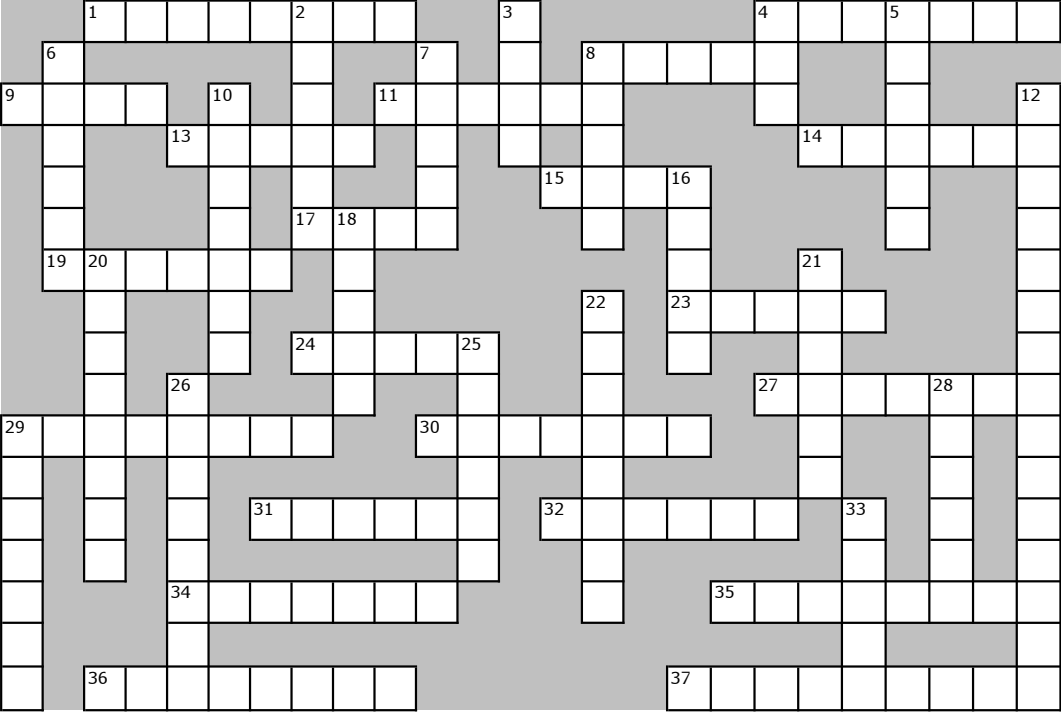
All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



Puzzle Corner

Subway Shuffle

Think you know your way around? Below is a list of anagrammed Brooklyn subway station names. Can you unscramble the names and fit them in the grid? All street suffixes (e.g. Street, Avenue, Parkway, etc.) have been omitted.



ACROSS
1 HNACEYUC
4 ODRBEFD
8 CAUTI
9 CNEK
11 RMGOAN
13 LCRKA
14 TTUSER
15 KOYR
17 OTHY
19 AUSSNA
23 GESTA
24 PHRLA
27 TSERENA
29 ANECRAIS
30 LAOSNCS

DOWN
2 CHCUHR
3 HGIH
4 AYB
5 OLFUNT
6 EGNREB
7 TRUCO
8 NUINO
10 BAALAAM

ACROSS
31 MEYRLT
32 SEVINN
34 TRBYLEI
35 IAERBYDG
36 KTGOSINN
37 FEEAYTLTA

DOWN
12 OBECORLGLLKENoy
16 IKGSN
18 OCANE
20 TCNAALTI
21 BAKLDE
22 CSENRCTE
25 YEHSLA
26 NKFRLLAIN
28 UEDICL
29 LLROCRA
33 AMCYR

For answers, see page 15.
This issue's puzzle author:
Stuart Marquis



The Ecokvetch

is now on Facebook,
representing the
**Park Slope
Food Coop's
Environmental
Committee.**

The Park Slope Food Coop Agenda Committee (“AC”) is seeking qualified nominees to stand for election and serve on the committee.

The AC was established by the General Meeting (“GM”) to help facilitate the timely presentation of Coop business to the members attending the monthly meeting.

In addition to assembling the monthly agenda and maintaining records of items submitted, the AC works with members who submit items for consideration by the GM and may need assistance formulating proposals and discussion points.

The AC meets the first Tuesday of every month at 8PM at the Coop. Committee members are also required to attend five (5) GMs per year.

In addition, committee members caucus by telephone and via e-mail as needed to facilitate committee business.

Qualifications include a cooperative spirit, experience working in a committee environment, and an ongoing interest in the business of the Coop. Interested members contact Glenn Brill at glennbrill@earthlink.net.



Hearing Officer Committee Seeks New Members

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.


The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone Marian Hertz of the Hearing Officer Committee at 212-440-2743 or email at Marian.Hertz@cna.com.



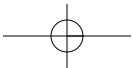
The Environmental Committee has a blog!

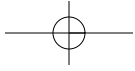
Please visit often
for timely news and
information
from the PSFC
Environmental
Committee.



We're
blogging
about our
activities at the Coop,
as well as
environmental events
of interest at the Coop
and beyond.

Find us at:
<http://ecokvetch.blogspot.com/>





LETTERS TO THE EDITOR

NO LEGAL SANCTIONS FOR ISRAELI PRODUCT BOYCOTT

TO THE EDITOR:

In her letter “A Boycott Would Break the Law,” about the General Meeting possibly discussing a boycott of Israeli products, Liz Salen wrote to the *Gazette* that no one’s mentioned “the potential consequences of such a boycott,” including “a fine of \$50,000 and imprisonment of up to 10 years.” The U.S. Department of Commerce’s Office of Antiboycott Compliance Web page, which Salen cites, says the “Arab League boycott of Israel is the principal foreign economic boycott that U.S. companies must be concerned with today. The anti-boycott laws, however, apply to all boycotts imposed by foreign countries that are unsanctioned by the United States” (www.bis.doc.gov/complianceandenforcement/antiboycott/compliance.htm).

Because pressure on Israel to end its military occupation of Palestinian lands isn’t limited to the Arab League, the boycott is not “imposed by foreign countries.” The boycott is supported by local groups, such as the New York Campaign for the Boycott of Israel, Adalah-NY: The Coalition for Justice in the Middle East, and similar local groups nationwide. It’s also supported nationally by Code Pink and the US Campaign to End the

Israeli Occupation. In Israel and the occupied territories themselves, it’s supported by groups such as Boycott from Within and the Palestinian NGO Network.

When members of Congress complained in 2006 to the Office of Antiboycott Compliance “about the organized and collaborative divestment campaigns in the U.S. in support of a foreign boycott against our ally, Israel,” the Office of Antiboycott Compliance replied that “because the Office is not aware of any evidence that the divestment activities identified in your letters have been or are being taken with intent to support a boycott imposed by a foreign country against Israel, the prohibitions of the antiboycott provisions of the EAR [Export Administration Regulations] do not apply” (“Expressly Prohibited,” New York Sun, www.nysun.com/editorials/expressly-prohibited/5811/).

So there should there be no legal consequences to the Coop should its members vote for such a boycott. American boycotts in defense of human rights need not wait for federal approval, anyway. American firms and schools divested from South Africa, following the Sullivan Principles of 1977, before congressional approval in 1986. And current targets of unsanctioned boycotts include China (for Tibet) and Myanmar (for the Burmese).

Sincerely,
Josh Karpf

CALL OUR SENATORS ABOUT FOOD SAFETY!

DEAR COOP MEMBERS,

The viability of our treasured foods, those for which the Coop itself was created, is in peril. As soon as you read this, please contact Senators Schumer and Gillibrand and urge them to vote NO! on S. 510 The Senate Food Safety Bill. Its companion bill HR 2749 has already passed the House.

Though there is much, much more than could be discussed in this letter to you, the main points are:

Food safety is the problem of large industrial processors and imported foods, not the local or smaller farmer. Therefore, the new regulations and penalties imposed across the board mean more labor and higher costs, and small farms will go out of business.

Additionally, there is real reason to believe that this law will dramatically reduce our access to simple everyday herbs, vitamins and supplements. As S. 510 moves to adopt outlandish international standards, you need look only to Germany where such items are available only in insufficient doses without a prescription, strange as that sounds.

Contact our senators. Pay a visit to their local offices, email them via their websites, FAX THEM, WRITE A LETTER, and call them as well. Senator Schumer
757 3rd Avenue, Suite 17-02

Phone: 212-486-4430
FAX: 212-486-7693
Senator Gillibrand
780 3rd Avenue, Suite 2601
Phone: 212-688-6262
FAX: 212-688-7444

You should also contact Chairman Harkin at 202-224-0767, and Senator Enzi at 202-224-6770.

Thank you,
Jesse Rosenfeld

EVERYTHING, WHERE ARE YOU?

TO THE EDITOR:

There was a time when every time I went to the Coop I got an everything bagel. I didn’t need anything else because everything was there. Recently everything has turned to nothing. I like my Sarte with a bagel. Any special time when everything is available?

Melissa Goldstein

SOMETIMES, LET’S BEND THE RULES

TO THE EDITOR:

On Monday, Oct. 26, I went shopping in the Coop. I had left my card home so I had to go to the Membership Office. It was 7:44 p.m. and there was a young man waiting in line in front of me. He explained to the worker at the desk, who said her name was “C,” that he was scheduled to attend the 7:30 orientation and, on the way to the Coop, had been hit by a car while riding on his bicycle. He seemed a bit frazzled but said he was unharmed. “C”

was polite throughout the exchange. She said it was too late and that the door was now locked. She advised that he plan to attend the next orientation (which, I found out from a very nice woman at the reception desk on the main floor, was booked for the next month). I interjected, saying that it seemed ridiculous that he couldn’t go in because he was a little late. I’m not one for bending the rules, but this man had a substantial reason for being late. Despite my plea, he wasn’t allowed in.

As a Coop member, I was embarrassed by “C’s” unwillingness to bend the rules. I believe that all of us have the ability to assess a situation and determine what best to do. We are not automatons—we work in a food coop, not the U.S. Army.

Finally, one question I have concerning this situation: Is it even safe to “lock the door”? I suggest someone go to our trusty firehouse next door and inquire.

Anita Aboulafia

SEASONED TRAVELER

I’ve never flown to Oshkosh,
Nor to frigid Nome,
I’ve never had the pleasure
Of a week in sunny Rome.
I’ve never seen New Orleans,
The home of Dixie jazz,
Nor ever been to Minsk,
But somehow my luggage
has.

Leon Freilich

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author’s firsthand observation.

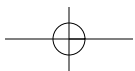
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Professional Diversity Consultant Needed

The Diversity and Equality Committee seeks a professional diversity consultant to review and provide input on the committee’s strategic recommendations based on last year’s survey. Total time needed approximately 4-5 hours. Workslot credit will be provided. Experience developing diversity programs at large, volunteer-based organizations is especially welcomed. Interested parties should contact committee co-chair George Perlov by email at george@perlov.net.



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COMMUNITY CALENDAR

SAT, NOV 21

Prospect Park 5K Fun Run/Walk/Bike. Starts at 15th Street entrance, 11 a.m. Fundraiser for the Helping Hands Food Pantry in Park Slope. Not a race; an opportunity to get outdoors, have fun and support the food pantry and those in need. For details and to register, contact: helpinghandsfp@yahoo.com.

SUN, NOV 22

Brooklyn Public Library Chamber
Players: Free Concert in the
Dweck Center at the Central
Library at Grand Army Plaza.
"Trio Solisti": Maria Bachmann,
violin; Alexis Pia Gerlach, violon-
cello; Jon Kliftonoff, piano. 4 p.m.
www.brooklynpubliclibrary.org.

TUE, NOV 24

Free Informational Seminar regarding the cooperative apartments at 320 Sterling Street. The event will discuss the application process, eligibility & layout. 6 p.m. at United Methodist Church, 266 Fenimore St. (near

Rogers Ave.). To register, call 718-469-4679. Sponsored by Neighborhood Housing Services of East Flatbush and the Urban Homestead Assistance Board (UHAB, not-for-profit housing organizations).

TUE, DEC 1

Cooking East to West: A three-day course in the cuisine & cultures of the legendary spice route. Learn to cook the traditional foods of Southeast Asia, the Middle East, and Latin America & the Caribbean taught by culinary craftswomen of Emigre Gourmet at the Center for Family Life, 345 43rd St. in Brooklyn. Three Tuesdays: Dec 1, 8 & 15. Each session: 6 p.m.–9 p.m. \$150. Reservations required. Info: call 718-788-3500 or email jbonilla@cflsp.org.

FRI, DEC 4

GOOD COFFEEHOUSE: Stefan Grossman. Brooklyn Ethical Culture Society. \$10. 8:00 p.m. 53 Prospect Pk W. 718-768-2972.

SAT, DEC 5

Peoples' Voice Cafe: Charlie King and Karen Brandow. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

TUE, DEC 8

Free Homebuying Seminar: Seminar will discuss coops, grants, closing cost assistance & homebuyer preparation. 6 p.m. at Crown Heights Library, 560 New York Ave. (bet Maple St. & Lincoln Rd.) To RSVP, call 718-469-4679. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization.

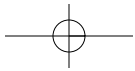
THU, DEC 10

Brooklyn Food Coalition Book Party & Party Party: Celebrate the BFC's first 6 months of organizing. It will be a mix of fun, solid ideas, good food & community. We'll start the evening off with a book party for Jan Poppendieck*, and author of "Free for All: Fixing School Food in America." Requested donation between \$5 & \$50. Contact info@brooklynfoodcoalition.org to RSVP. 6:30-10:30 p.m., at 388 Atlantic Ave. (at Bond St).

SAT, DEC 12

Peoples' Voice Cafe: Phil Ochs Song Night. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.



CLASSIFIEDS (CONTINUED)

satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.law.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

COMPUTER HELP—Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or info@nygeekgirls.com.

ART CABRERA, ELECTRICIAN 30 yrs. residential wiring, trouble shooting low voltage, one outlet or whole house, no job too small. Fans, AC, 220 volt, lighting, out door work, insured, 718-965-0327. Emergency service, call 646-239-5197. Founding Coop member, born in Brooklyn, 35 yr. resident of Park Slope. #0225. Coop discounts.

Plastering-Painting-Wallpapering-over 25 yrs experience of doing the finest prep & finish work. One room or an entire house. LOW VOC paints used. Fred Becker 718-853-0750.

ATTORNEY experienced in all aspects of Family Law has recently opened a private practice specializing in same-sex & other adop-

tions, custody/visitation cases, child support, separation agreements, divorce and neglect/abuse matters. Louisa Floyd (TH. D4) can be reached at 917-658-6841 or louisafloydnyc@hotmail.com.

ASSEMBLY BAY available in fully equipped woodshop in Sunset Park. 24 hr. access. Central dust collection. Orientation toward high-end custom furniture and woodworking. Large, modern joiner planer, and shaper, 10 ft. sliding table saw, five sanding machines, veneer press, etc. 718-913-6941.

ATTN! FAMILIES AND COUPLES! Show off your loved-ones with holiday portraits! Outdoor and in-home sessions available. Perfect for holiday greeting cards. Will work with your budget. \$50 off Co-op members. Contact Lindsay Comstock Photography at 916-849-9577 or www.lindsaycomstock.com.

HAIR CUTS hair cuts HAIR CUTS: Color, Highlights, Lowlights in the convenience of your home or mine. Adults \$35, kids \$15. Call Leonora 718-857-2215.

SERVICES-HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Manhattan (Soho). Dr. Stephen Goldberg



provides comprehensive, family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, minimal X-rays and non-surgical gum treatments. For a free initial exam and insurance information, call 212-505-5055.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

PSYCHOTHERAPY to suit your needs and your lifestyle. Individual and couple therapy provided by Helen Wintrob, Ph.D. Licensed psychologist. Insurance including Medicare accepted. Park Slope Office. Please call 718-783-0913 for an appointment.

LICENSED PSYCHOLOGIST providing individual, couples & family therapy in Park Slope & financial district. On many insurance plans. Psychodynamic, mindfulness & CBT approaches to address current & past challenges, access strengths & meet present goals. Linda Nagel, Ph.D., 718-788-9243 or 917-596-0386.

VACATIONS

3-SEASON VACATION COTTAGES for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North (5-minute cab ride from train). \$79,000-\$99,000; annual maintenance approx. \$3,200. Cash sales only. No dogs. 212-242-0806 or junejacobsen@earthlink.net.

COUNTRY HOUSE for rent. Hunter & Windham ski areas. 3 BR, LR, bath, kitchen, phone, cable & Internet (on request), 4 car parking, 4+ acres, dogs (no cats). 2.5 hrs from NYC. \$5k season (Nov. 13 - April 11) + utilities or \$600/wk. Call 917-572-7923 or email edaylew@aol.com.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise- Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

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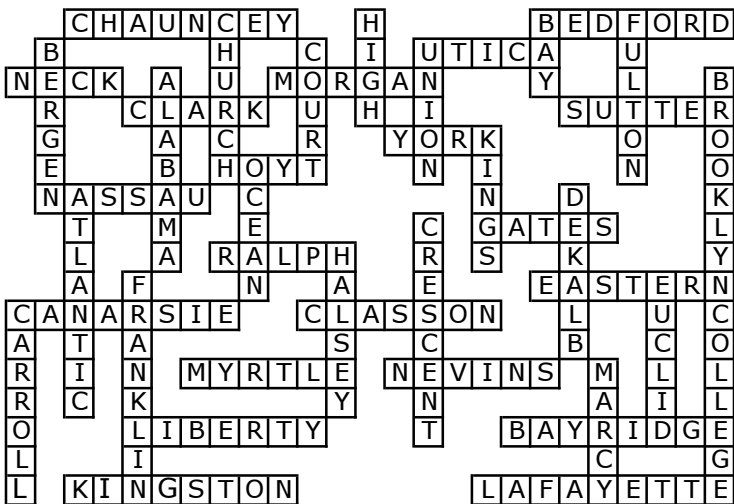
With a Clean Conscience

The **We Can Do It! Women's Cooperative**
has eco-cleaned the homes of dozens of
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Our business is women-owned and
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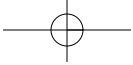
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WELCOME!

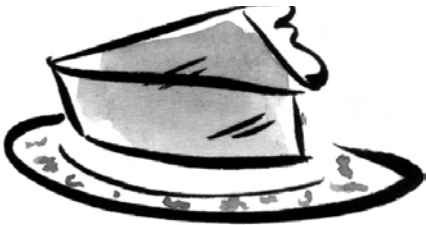
A warm welcome to these new Coop members who have joined us in the last six weeks. We’re glad you’ve decided to be a part of our community.

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THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last six weeks.

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