

Volume EE, Number 1

Established 1973

® UNION GCIU LABEL

January 14, 2010



# Coop Member Nancy Romer and the Brooklyn Food Coalition

By Alison Levy

big thank you to the whole Coop community," says Nancy Romer, organizer of last spring's Brooklyn Food Conference. "People responded with so much enthusiasm."

Through the conference, its planners wanted to explore ways to build a healthy, sustainable and socially just food system—a system with local and sustainable food, urban gardens, safe water, grass-roots community, local, citywide and national activism, health and social justice.

"We wanted to connect everyone involved in the food

movement," says Romer. "If you're working on health but don't connect and involve people from the environment and social justice movements, you lose some of your power and support."

A foundational support for the Conference was the Food Coop itself, she says.

"The Coop community and leadership made the conference possible," Romer says.

Coop support permitted Coop members to volunteer and receive FTOP work credit. Of the more than 300 volunteers, the majority were Coop members, who participated in planning, and worked at the Conference. With over 3,000 registrations and many volunteers, Romer calculates that 3,500 attended.

CONTINUED ON PAGE 2

## Coop Event Highlights

SUN, JAN 31 The Coop will be closing early at 5:00 p.m. due to our annual Coop-wide inventory.

Sun, Jan 24 • Panel Discussion of GMOs in our Food Crops 3:00 p.m.

Fri, Feb 19 • Coffeehouse: Harmonic Insurgence and Mamie Minch 8:00 p.m.

Look for additional information about these and other events in this issue.

## In New York State, Farm Workers' Rights Move Closer to Law

By Frank Haberle

n 1993, more than 50,000 farm workers traveled across the country to pay their respects in the funeral march of Cesar Chavez, the labor leader and United Farm Workers founder, who fought throughout his life to defend the rights and dignity of the nation's migrant farm workers. The march was a tribute to scores of peaceful marches, strikes, demonstrations, legal actions and hunger strikes led and organized by Chavez and the UFW over 40 years to ensure that the people who plant, collect and process our food have the same workers' rights and protections afforded to everyone else in the American workforce.

In many ways, the "last march" of Cesar Chavez continues to this day, as the struggle persists to ensure that farm workers gain full labor protections. Because of the seasonal nature of the work, virtually all American farms—from small family

orchards producing organic apples in upstate New York to the huge industrial agri-businesses occupying thousands of acres of Midwest farmland—rely on migrant labor to move with the harvest each year to collect their produce. In addition to paying the workers, farms often provide housing and basic necessities to support this transient workforce. Migrant farm workers today are often undocumented immigrants. They are paid in American dollars, but their work in no way counts toward citizenship. There are no regulations concerning the hours they work each day, minimum wage, overtime pay, or the safety or quality of the housing they are provided.

## Changing Federal Law: THE AGJOBS Bill

While working conditions in the vast majority of migrant farm worker settings have

CONTINUED ON PAGE 5

### **Next General Meeting on January 26**

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be on Tuesday, January 26, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

## IN THIS ISSUE

Second Floor Renovation
Letters to the Editor
Puzzle 4
Coop Hours, Coffeehouse 6
Coop Calendar, Workslot Needs
Governance Information, Mission Statement
Calendar of Events
Community Calendar
Classified Ads

## **Brooklyn Food Coalition**

Following the Conference, the organizers held a meeting to identify interest in creating an ongoing organization. Eighty people came to that first meeting, Romer recalls. "Every time we offered a possibility, people responded. We followed the same model that built the Coop, creating a structure—and seeing what happened. People kept coming to meetings eager to see how they could have some impact."

That's how the newly formed Brooklyn Food Coalition came together, via a subcommittee that determined its structure and mission as a grass-roots community-based food organization in Brooklyn. Currently, around 20 PSFC members, including Romer, work with the Brooklyn Food Coalition for PSFC workslot credit.

In most non-profits, the structure consists of a board and a paid staff. But the Coalition turns that structure upside down—or "right side up" as Romer likes to say. "Our members and activists are the decision makers and they determine what actions we'll take."

The organization is like a wheel. At the hub is a policy council composed of representatives from the Coalition's 10 Brooklyn neighborhood groups. That council serves as

the Coalition's decision-making body. At the spokes are the neighborhood chapters and issue-specific groups.

The Coalition's 10 neighborhood chapters include Park Slope, Bedford-Stuyvesant, Crown Heights, Flatbush, Fort Green/Clinton Hill, Greenpoint, Prospect Williamsburg, Heights, Sunset Park, and Kensington/Windsor Terrace. Each group meets monthly to set the agenda for work in their communities.

For example, the Flatbush group is focused on saving a popular community garden on the campus of Brooklyn College which, according to Romer, the College was going to "literally destroy to put up a parking lot."

In Bedford-Stuyvesant, the focus is on public events, including a film series.

In the last elections, both Park Slope and Windsor Terrace organized food policy debates in which the candidates for city council participated. "They helped us figure out what we need to be pushing for," says Romer.

Sunset Park is focusing on immigrant food workers and planning a youth summit this spring in advance of a nationwide forum to be held in June in Detroit. According to Romer, Detroit has transformed a plethora of vacant lots into urban farms, turning Motor City into one of the biggest centers for urban agriculture.

Among the issues targeted by the Coalition are national food policy, school foods, mapping and surveys, and supporting the "Fresh Initiative" in citywide supermarkets. The New York City Council gives supermarkets tax breaks to set up shop in low income neighborhoods. According to a report published by the New York City Coalition Against Hunger (NYCCAH), since "low fruit and vegetable consumption (is) strongly correlated with obesity," access to supermarkets "has a direct effect on buying practices" and hence on obesity. Romer summarizes "the closer you live to a supermarket, the lower the likelihood of developing obesity."

Another issue is building support for locally grown food. New York City has huge buying power; according to Romer, it serves a million meals a day in schools, prisons, and elsewhere. The Coalition plans to ask the Mayor to locally source as much food as possible. This would expand upstate New York agriculture through enhancing the economic platform for food farmers. Moreover, Romer and her colleagues point out that factory buildings located in Sunset Park could be used to process this food through canning, jarring and freezing these food crops, which would also create new business in

"Since New York has a short growing season, this would create jobs and build the upstate/downstate relationship," says Romer.

The school food program is another key issue that unites health, sustainability and social justice. "We want our kids to be healthy," says Romer, pointing out that many kids only eat at school. "If we have poor foods, they are going to be sick or fat, or both."

Unfortunately, Romer reports that the rules determining school food guidelines were set years ago, when the given nutritional recommendations did not account for many nutritional factors that are better understood now. Achieving a certain specified caloric count while maintaining a low fat count was considered healthy at that time. Working within inadequate financial support from government, these rules dictate that the food selections offered to children are high carb and high sugar content foods. According to the groundbreaking research of Harvard's Dr. David Ludwig, a pediatric endocrinologist at Children's Hospital Boston, such high glycemic foods contribute to obesity, also a recognized contributor to the epidemic of type 2 diabetes (also known as "adult onset

diabetes") among children. According to Francine Ratner Kaufman, MD, who heads the Center for Diabetes at Children's Hospital, Los Angeles, type 2 diabetes "used to be almost exclusively an adult disorder." In addition, to avoid liability, schools subcontract food service to large industrial suppliers who cover liability in the event of food poisoning, for example.

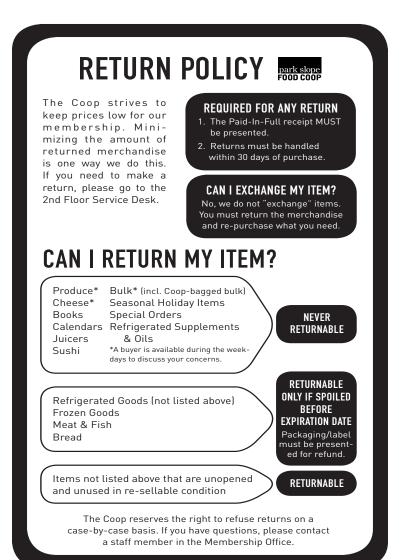
That's why, Romer reports, all meat is precooked which lessens its nutrient quality. Says Romer, the schools "want the food cheap, with an adequate calorie count, and minimal liability. This is very bad formula for healthy food."

Apart from free lunch offerings, many schools offer what are called "competitive foods" for purchase, such as potato chips, soda, tacos and pizza. While children from lower income families can get school lunches at reduced or subsidized prices, they are often embarrassed to eat these lunches. That's why, Romer explains, the Coalition supports a national movement for a universal free breakfast and lunch program.

As health advocates have come to the fore, to ask government policy makers, "What foods are you feeding kids?" Romer points out that the current federal school lunch program is situated in the US Department of Agriculture (USDA) which first founded the program in the 1940's. The goal was to distribute subsidized foods grown by farmers during the Great Depression, not to meet the nutritional needs of children.

To build support for improving school foods, each of the Coalition's neighborhood group will engage with two local schools in its area. Using a newly created nutritional curriculum, the Coalition will invite parents and teachers to co-create a movement to change school foods. What begins at the neighborhood level will hopefully build to citywide actions for school food in New York City. Over the next three months, the Coalition will also prepare for future national legislation via a campaign directed towards an upcoming Congressional vote for the Child Nutrition Reauthorization Act, an appropriate entry point for increasing allocations to improve school food.

To learn more, participate, and comment, you can go to their website at: www.brooklyn foodcoalition.org. ■



## **Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members**



### If you are good at:

Communicating • Problem solving • Dealing with difficult situations • Investigating We need you!

The DC is seeking new members to work with us on making the Coop the best place it can be for everyone.

Being a DC member offers the opportunity to be involved in important, interesting and challenging work. We contribute more time than regular monthly shift (much of it is done from home via phone & e-mail. We are seeking members prepared to make a **substantial and consistent** commitment to the Coop (you will get credit for overtime hours)

### Some of our work includes:

- Investigating allegations of misbehavior by members, such as failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty nguage against other Coop members
- Participating in disciplinary hearings
- Mediating disputes between Coop members
- Engaging in problem-solving and policy issues related to the DC's work

We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

### **Requirements for Candidates:**

- Coop members for at least a year & have good attendance records
- attend an evening meeting approximately every six weeks.

Candidates with experience in writing, investigation, conflict-resolution, or mental health professionals encouraged to apply. Use of a computer and email is essential.

Interested? Please call Jeff: 718-636-3880

## Second Floor Renovation Underway

By Ed Levy

ll of us tolerate crowd-A ing on the shopping floor once or twice a week to get our groceries. The costbenefit ratio of belonging to the Coop is high enough to keep us coming back—that, and the hard-to-shake habit of eating regularly. But few members venture up to the second floor very often, unless we are dropping off

children, getting a parking stub validated, attending a meeting or other such tasks.

The second floor is home to the staff offices, the childcare room and the meeting room. If you were to visit it on those days when there is a concentration of staff, you would find conditions nearly as crowded as those downstairs. And for staff members who work on the second floor crowding isn't an occasional experience, but something they deal with day in and day out. There are Coop staff members who sometimes can't find a desk or a computer to work at. The three new General Coordinators hired at

the October General Meeting, Ann Herpel, Eleanor Astrinksy and Lisa Moore, still do not have permanent desks. And there are workers who routinely have to sit at tables with folding legs in the membership office. The tables are the wrong height for office work, creating a nonergonomic experience. "It's been a frustrating situation for every one," said General Coordinator Jess Robinson.

To remedy it, the Coop is reconfiguring the space on the second floor. In order to expand the membership office and create more room for new desks, the plan calls for taking the back third of the childcare room and converting it to office space. Access will be through a newly created doorway in the membership office. The expansion will yield about seven new workspaces, according to Robinson. The three new coordinators should have permanent workspaces by late February, when the work is scheduled to be completed.

Several other improvements are also slated. In the membership office, the ceiling will be insulated and a sounddeadening system will be installed. The current cathedral ceiling, with its exposed beams, while aesthetically pleasing, creates poor acoustics, and although the roof is insulated, the open ceiling has made it difficult to control the room's temperature. Off-gassing can continue for months or years with some materials. In fact, according to an industry website, the linseed oil that is one of Marmoleum's ingredients, has antibacterial

properties and can be applied with solvent-free function. Another option that was briefly considered was to relocate childcare to its original location down the hall in the old building. However, as Robinson pointed out, that

approximately \$105,000. The architect is James Cleary, the same person selected several years ago by a member committee through a competitive process to plan to expand the

> Coop's front entrance out onto the sidewalk—a project that is ongoing. The Coop had a positive experience working with Cleary, Robinson said, and he understands its needs.

Cleary received his Bachelor of Architecture degree from Rensselaer Polytechnic Institute and his Masters of Architecture from Yale University, where he was nominated for the

> Prize. established in 1920, awarded annually for the solution to an architecturproblem that best takes into consideration practical, functional and aesthetic requirements. Prior to founding his own firm, Cleary worked as a senior project

Feldman Prize.

The Feldman

architect at Pentagram Design & Keenen/Riley.

Contractors were selected through a competitive bid process. The Coop expected to get three bids, but received only two, and one of those, Zoom Contracting, of Long Island City, was chosen.

The job is being done in two phases. The first phase was to erect the new wall in childcare, create a door and define the expanded membership office space. Childcare was relocated to the meeting room during this phase which took two weeks. The next phase, upgrading the membership office, is scheduled to take about three to four weeks. The bulk of that work will happen in February, once the sound-deadening ceiling system arrives.

The busy second floor will soon be a quieter, greener, warmer and—at least until the Coop's next growth spurt roomier place to work.

OFFICE ENLARGEMENT 175 S.F. The other rooms on the second adhesives. MEMBER OFFICE 468 S.F. UNION STREET CHILD CARE MEMBER OFFICE 468 S.F. **Architectural** drawings

floor have sheetrock ceilings.

Along with the new wall dividing it from

the membership office, and flooring, the childcare room will also get new toy shelves and a fresh coat of paint.

### **New Green Flooring**

Plans also call for new floors that will be easier to maintain and more durable than the current vinyl which, General Coordinator Joe Holtz pointed out, there is neither time nor equipment to shine like the floor in your high school corridor. Getting the vinyl floor to look good also requires chemicals. The new flooring will be made of Marmoleum, which is softer and "greener" and can be cleaned easily with soap and water. Planners of the renovation ruled out carpeting, which would also have required more maintenance.

Marmoleum is considered the new floor of choice for people interested in green building materials. Unlike vinyl, it does not give off gas and volatile organic compounds (VOCs).

Marmoleum, which is 100% biodegradable, is made from linseed oil, color pigments, pine resin and pine "flour," which is collected from forests. Linseed oil is a natural product of the flax plant (so the floor is not only easy to clean but may also keep everyone's bad cholesterol and blood pressure down!). Marmoleum is made by heating this mixture and running it through rollers that press it into sheets, and then onto a jute backing, after which it is cured.

### **Other Options Explored**

The Coop looked at several alternative plans before settling on reducing the size of the childcare room. One involved taking space from the meeting room. However this space is needed for orientations, member events and staff meetings. Childcare had the most space relative to its

would have required all the kids and strollers to make their way from the elevator, down the ramp between the old and new buildings, and then to navigate a tight corner in a congested area. And relocating childcare would also have meant reconfiguring the utility bathroom, where all the mops are stored, to make it accessible from inside the childcare room. This was not only going to be tricky from a design point of view, it would also have added to the cost of the job. Finally, even if all these obstacles could have been resolved, the planners decided that the resulting space would not have been as pleasant or had as much light as the original childcare room, with somewhat reduced square footage.

showing

original and

new floor-

Childcare

and after

before (left)

renovation (right).

plan.

### **Cost of the Renovation**

The renovation will cost



Read the Gazette while you're standing on line OR online at www.foodcoop.com

### LETTERS TO THE EDITOR

## DOUBLE-CHARGED DOUBLE JEOPARDY

### TO THE EDITOR:

Last week I brought a receipt with a double-charged item to the office and was told that the 30-day limit had expired several days before, so my money couldn't be refunded. The coordinator was nice about it, saying that those were her instructions. I asked if I could just take another of the same item. "No can do," she said.

If a member forgets, goes out of town, doesn't notice in time, or for any other reason can't get the receipt to the Coop within 30 days, that basically means that the Coop keeps the member's money. Could we not extend that deadline to 60 or even 90 days, or six months?

In effect, I have given the Coop \$4.40 of my money involuntarily.

In cooperation, Julie Forgione

## DOUBLE-CHARGED TAKE 2

### TO THE EDITOR,

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed

The current system for correcting mistakes in the check-

**Hearing Officer Committee Seeks New Members** 

in an efficient and unbiased manner and, after a randomly selected Deciding Group

disciplinary action should be taken against the member. Applicants should be Coop

has decided whether an accused member violated a Coop rule, determines what

members in good standing for at least two years, have good attendance records

Members of the committee meet and earn workslot credit on an as-needed basis

regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict

confidentiality with respect to all matters on which they work.

at 212-440-2743 or email at Marian.Hertz@cna.com.

only, that is, when hearings are required. Therefore these members must maintain

The committee seeks an applicant pool that reflects the diversity of the Coop mem-

Those interested, please telephone Marian Hertz of the Hearing Officer Committee

and preferably have judicial, arbitration, mediation or legal backgrounds.

out scanning process is cumbersome, to say the least. On New Year's Day, 2010, an item in my purchases was double scanned at a cost of \$6.06. An honest if supremely common mistake. As usual, I was directed upstairs to the Service Desk to fix the problem. It seems to me that this, in and of itself, is almost too onerous—having to wrangle kids and an out-ofthe-way, secure spot for my purchases before going to the second floor to stand in line to have a \$6 mistake corrected. Once there, I was informed that my mistake couldn't be corrected that day because, "it's over \$5 and the membership office is closed now." This, sadly, is not the first time this has happened to me, and I suspect it's a common problem.

I feel that I have no choice now but to ask the checkout worker to slowly scroll through the checkout before making payment so that I may double check their work on the screen, thereby adding at least a couple minutes to the checkout process, slowing down the already lengthy process of paying for one's purchases at the Coop. Can't we come up with a more expeditious solution to this common problem—one that takes care of it in the moment, on the shopping floor?

> Yours in cooperation, John Tucker

### **GESUNDHEIT!**

### DEAR TYPHOID MARY, MY FELLOW COOPERATIVE MEMBER:

Please do not cough into your hand while ringing me up, and then grab my cilantro off the scale with that same hand seconds later. Please apologize and do not give me a blank stare when I politely say "they're teaching kids to cough into their elbows now"

and demonstrate.

In related news, please do not eat while you are working the check-out. Bagel gnawing while handling my raw ingredients, especially with that wet nasty cough you are demonstrating, is gross.

Please, it's cold and flu season. Just don't.

And thanks to all you good folks who don't behave like toddlers while working your shifts.

Cooperatively yours, Lisa Guido

### POSITIVE RESPONSE

In desperation the corporation

Called in a Motivational Speaker

To fire up its employees At a critical time when sales were weaker.

The emps assembled and the M.S.

Appeared, his Armani bespeaking clout, And once he opened his oilflecked mouth

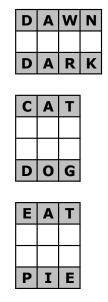
Those attuned to fraud walked out.

Leon Freilich

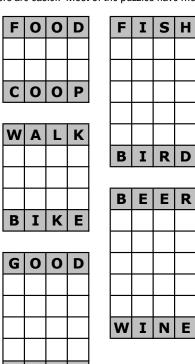
**Puzzle Corner** 

### **Rung Out**

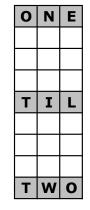
This week's puzzle is a collection of word ladders, or word morphs. Each step in the ladders is made by changing a single letter of the previous word to form a new common English word, until you reach the last word of the ladder. For example, a word ladder from PIG to HOG could be PIG-BIG-BOG-HOG. The puzzles here are arranged by difficulty - shorter ladders are easier. Most of the puzzles have more than one possible solution.

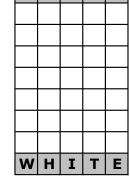


bership at large.



UC





For answers, see page 11.
This issue's puzzle author: *Stuart Marquis* 

The Coop Concert Committee produces and coordinates the monthly Coffeehouse concerts given in conjunction with the Booklyn Society for Ethical Culture.

The committee needs someone with professional experience doing public relations and events promotion to send out press releases, find and use free listings, social networking/internet, etc, (there is NO budget available for this). Must be self-starting and reliable, with a good Coop attendance record.



## **In New York State, Farm Workers' Rights Move Closer to Law**

improved immeasurably since the Depression-era conditions captured in Steinbeck's The Grapes of Wrath, the people who pick and process the food we eat are still not fully recognized as members of the American workforce. Today, through the hard work and persistence of grassroots organizers, labor leaders, advocates and concerned government leaders from both sides of the aisle, new legislation is on the way on several levels that should move farm workers closer to full recognition as members of the workforce. Every bill put into law must strike a difficult but important balance—ensuring that the rights of farm workers are protected, while also ensuring the economic viability of the small family farms we rely on at the Coop and at local farmer's markets.

On the national level, farm workers are one of very few working populations not currently protected by federal labor laws. The National Labor Relations Board, an independent government agency, protects workers from employer harassment, discrimination, or firing for joining unions or striking for improved working conditions and fair wages. The NLRB has a short list of workers who are not protected by federal laws. This list begins with agriculture workers. According to the federal government, a farmhand still has no legal recourse if she or he is denied overtime pay, or if 12- or 14hour shifts are required, or if working or living conditions are substandard.

Progress is being made at the federal level. Most recently, the AgJOBS bill (Agricultural Job Opportunities Benefits and Security Act, introduced three years ago and now enjoying bipartisan support) has been forged between farm worker advocates and large agribusiness companies to provide "blue card" status to immigrant farm workers essentially allowing them to make a series of steps toward green card status and documentation. While the AgJOBS bill will help immigrants gain an important first foothold in attaining citizenship, it is only a small step. Across the country, organized farm workers, concerned labor leaders, legislators and advocates are joining together in many regions to work on a state-bystate level, challenging local governments to build strong labor laws ensuring that farm workers receive the same basic rights as other working

### **New York State : The Farmworkers Fair Labor Practices Bill**

In a November 19 member contribution to the Gazette, Ethan Pettit brought to the attention of Coop members a piece of legislation, then stalled on the Senate floor in Albany: the Farmworkers Fair Labor Practices Bill of 2009. The bill, which has passed through the State Assembly, has widespread support from labor leaders, advocates, state senators and Assembly members from the New York City region as well as upstate communities. At the time, the bill provided that farm workers receive the same basic rights afforded other New York State workers—a day of rest, overtime pay for working more than 40 hours, a legal minimum wage, the right to decent living and working conditions and the right to collective bargaining.

The farm workers bill has enjoyed broad support from upstate and downstate senators from both parties. The Assembly, with leadership from bill sponsor Cathy Nolan, Speaker Sheldon Silver, and Labor Chair Susan John, has consistently supported the bill, which Governor Paterson pledges to sign. The bill has been headlined by Kerry Kennedy, daughter of Robert F. Kennedy, who marched with Cesar Chavez in championing the rights of field hands and their families in the 1960s. In an appearance in the capital last spring to advocate for the farm workers bill, Ms. Kennedy quoted from a speech of her father's: "When your children and grandchildren take their place in America, when you look at them, you will say, 'I did this. I was there at the point of difficulty and danger." The bill has been strongly endorsed by the New York Daily News, which in a June 7 editorial stated that "the legislature must deliver on a matter of fundamental decency. It must grant New York farm workers equal labor rights."

Opponents of the bill include legislators and advocates who argue that these changes will place additional financial challenges on local small farms and family farms that are already struggling to stay in business. For these farms, additional payroll and tax burdens may make it financially impossible to stay in business, especially when competing with larger, corporate farms and out-of-state farmers who would not face the same financial burdens. In a position paper posted in

November, the Northeast Organic Farming Association of New York (NOFA-NY) stated its opposition to the bill while supporting several aspects, including collective bargaining rights and the elimination of the "youth rate," a current law that affords farms the right to pay teen workers under 18 less than \$4 an hour. In its position paper NOFA-NY welcomed the opportunity to work with all groups on the burdens the bill would place on small farms and family farms across the state.

Currently, a compromise may have been met that will meet the needs of New York State farm workers, and protect the viability and productivity of small farms. Seeing strong pushback that may have delayed or eliminated the bill, Jordan Wells, lead organizer for Justice for Farmworkers—a nonprofit coalition of statewide advocates and farm workers that has worked to press the farm workers rights bill through Albany—reports that changes have been made to protect small family farms while granting the basic working rights to farm workers. "Passing the amended Farmworkers Fair Labor Practices Act will provide meaningful rights and protections to farm workers in New York State, while taking into account unique aspects of the agricultural industry," Jordan states. "The Senate preserved the integrity of the original bill while demonstrating

sensitivity to the needs of New York's family farms."

Coop members who seek more information or who seek to voice their opinion to their Senate leaders regarding the farm workers bill should contact: www.nysenate.gov/contact form. For more information on Justice for Farmworkers, please visit www.justiceforfarmworkers.org; for more information on the Northeast Organic Farming Association of New York, please visit www.nofany.org. ■



### **OUICKBOOKS** HELP NEEDED

Seeking a member proficient in Quickbooks to get Park Slope Food Coop workslot credit by doing work for the South **Bronx Food Cooperative.** If you are interested in learning more about this workslot opportunity, please contact Zena **Nelson at the South Bronx Food Cooperative** at sbfc.inc@gmail.com.

## The Park Slope Food Coop Agenda Committee (""AC") is seeking qualified nominees to stand for election and serve on the committee.

The AC was established by the General Meeting ("GM") to help facilitate the timely presentation of Coop business to the members attending the monthly meeting.

In addition to assembling the monthly agenda and maintaining records of items submitted, the AC works with members who submit items for consideration by the GM and may need assistance formulating proposals and discussion points.

The AC meets the first Tuesday of every month at 8PM at the Coop. Committee members are also required to attend five (5) GMs per year.

In addition, committee members caucus by telephone and via e-mail as needed to facilitate committee business.

Qualifications include a cooperative spirit, experience working in a committee environment, and an ongoing interest in the business of the Coop. Interested members contact Glenn Brill at glennbrill@earthlink.net.

Saturday, February 13 3:30-5:30 p.m.

FREE Non members Welcome



**Bring Family and Friends!** 

Children under 10 years old should be accompanied by an adult.

We will supply glue, markers and paper. Bring any other special art materials you would like to use with you. We are looking for art supply donations like buttons, fabric, recycled paper, magazines, newspaper and cardboard.



Event to be held at the Old Stone House, 336 Third St., in Washington Park.

First come first serve space limited to 15 at any given time.

## COOP HOURS

### **Office Hours:**

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

### **Shopping Hours:**

Monday-Friday 8:00 a.m. to 10:00\* p.m. Saturday 6:00 a.m. to 10:00\* p.m. Sunday 6:00 a.m. to 7:30\* p.m.

\* Shoppers must be on a checkout line 15 minutes after closing time.

### **Childcare Hours:**

Monday through Sunday 8:00 a.m. to 8:45 p.m.

### **Telephone:**

718-622-0560

### Web address:

www.foodcoop.com

The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

### **SUBMISSION GUIDELINES**

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the Linewaiters' Gazette will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

## Friday Feb. 19

8:00 p.m.



### Harmonic Insurgence

is an a cappella vocal ensemble. In four-part harmony, through songs from many cultures we respond to the dramatic events of our times, passionately crying out for justice, freedom, and peace. We sing the extraordinary arrangements of Gene Glickman, alternately powerful and shocking, mournful, sweet, and joyous. Russell Joel Brown, Chris Carlson, Ellen Davidson, Gene Glickman, Mara Goodman, Bobby Greenberg, Mark Karwowski, Nicholas Panken, Don Raphael & Marie Robinson





Park Slope local singer and guitarist

the Park Slope

### Mamie Minch

sounds something like a well-fleshed out 78 record. She's known around town for her Peidmont style fingerpicking chops, her big deep voice and her self-penned antique sounding songs. She's played music all over the world and Brooklyn, with all kinds of excellent people, including Dayna Kurtz, the Roulette Sisters, Jimbo Mathis, and CW Stoneking.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45] Performers are Park Slope Food Coop members and receive Coop workslot credit. Booking: Bev Grant, 718-788-3741

### Monthly on the...

Third Thursday JANUARY 21 7:00 p.m.-9:00 p.m.

**Last Sunday** January 31 10:00 a.m.–2:00 p.m.

Second Saturday FEBRUARY 13 10:00 A.M.-2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

### What plastics do we accept? **Until further notice:**

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

### NOTE: We are no longer accepting #2 or #4 type plastics.

### PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly. Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



### This Issue Prepared By:

Coordinating Editors: Stephanie Golden

Erik Lewis

Editors (development): Erik Lewis Joan Minieri

Reporters: Frank Haberle

Alison Levy

Ed Levy

Art Director (development): Eva Schicker Illustrators: Lynn Bernstein

Ethan Pettit

Deborah Tint

Photographers: Rod Morrison Traffic Manager: Barbara Knight

Text Converters: Peter Benton

Diana Quick

Proofreader: Margaret Benton

Thumbnails: Rose Unes Preproduction: Helena Boskovic

Photoshop: Terrance Carney

Art Director (production): Dilhan Kushan

Desktop Publishing: Kevin Cashman Namik Minter

Stephane Bee

Editor (production): Tioma Allison

Post Production: Becky Cassidy

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

## **Beer Enthusiast Squad**

Monday to Friday, 3:30 p.m.

The Coop is seeking members to stock and organize the beer shelves weekday afternoons and Saturday mornings. We are looking for folks who are knowledgeable and/or interested in beer, a bit meticulous, able to lift cases of beer, and willing to be responsive to member requests. You will work with a partner and will be trained by and work with the Coop's beer buyer. Please contact the Membership Office to sign up for this workslot.

## **Shopping Floor Set-up and Cleaning**

Monday or Wednesday, 6:00 to 8:00 a.m.

Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor checkout stations. Must like to clean, be meticulous, detail oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia\_pennycooke@psfc.coop or through the Membership Office at 718-622-0560 if you are interested.

### **Check Store Supplies**

Saturday, 9:00 to 11:45 a.m.

This workslot is responsible for restocking supplies on the Shopping floor, at checkout lanes, entrance desks and the cashier stations, and in

the basement. This is a task- and detailed-oriented job, ideal for someone who likes working independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex\_marquez@psfc.coop if you are interested.

### **Vitamin Assistant**

Friday, afternoons

Are you a detail-oriented worker who can work independently and in a busy environment? The Coop's vitamin buyer needs you to help her check in orders, organize the vitamin supply area in the basement and on the shopping floor, label vitamins and supplements, and other related tasks. If you are interested in this workslot, please contact the Membership Office for more information.

## COP CALENDAR

### **New Member Orientations**

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

### The Coop on the Internet

www.foodcoop.com

### The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

### **General Meeting Info**

TUE, JAN 26

GENERAL MEETING: 7:00 p.m.

TUE. FEB 2

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the Feb 23 General Meeting.

### **Gazette Deadlines**

### **LETTERS & VOLUNTARY ARTICLES:**

Jan 28 issue: 7:00 p.m., Mon, Jan 18 Feb 11 issue 7:00 p.m., Mon, Feb 1

### **CLASSIFIED ADS DEADLINE:**

Jan 28 issue: 7:00 p.m., Wed, Jan 20 Feb 11 issue 7:00 p.m., Wed, Feb 3

# Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the  $\it entire$  meeting.

Childcare can be provided at GMs:

Please notify an Membership Coordinator in the Membership Office at least one week prior to the meeting date.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

 $2.\mbox{Please}$  also sign in the attendance book that is passed around during the meeting.

### • Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

### Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

## ALL ABOUT THE GENERAL MEETING

## **Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

# Next Meeting: Tuesday, January 26, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

### Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

# How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

## **Meeting Format**

Warm Up (7:00 p.m.) • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items

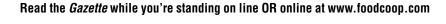
• Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports** (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

**Agenda** (8:00 p.m.) • The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.



# park slope FOOD COOP

# 

## Rufus Cappadocia and **Cynthia Hilts & Lyric Fury**



Rufus Cappadocia is one of the leading performers on the fivestring electric cello today. From the modalities of Middle Eastern, West African and pan-European folk forms to blues, rock and jazz along the way, adding elements of American roots,

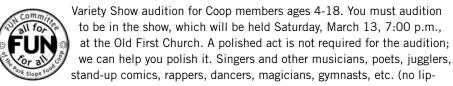
Mediterranean textures and Caribbean percussion for good measure, Cappadocia's effortless and natural embrace of all music is awe-inspiring. Cynthia Hilts & Lyric Fury is a luxurious and cranky vehicle that indulges the voice of wild composer Cynthia Hilts. Four horns, cello, piano, bass, drums and occasional voice create perilous intimacy mixed with big fat juicy sound sprawl. What's it like? Organic lyricism, music that swings and splats like hell. Dense counterpoint and sparse meditation. Mingus and Debussey in a celestial train wreck. A tropical jazz paradise with occasional pockets of glacial translucence.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45.

The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Coffeehouse event, contact Bev Grant, 718-788-3741.

## Auditions for Our Fourth sun 11 am - 1 pm Coop Kids' Variety Show



syncing please). We look forward to hearing from you! To reserve an audition spot, contact Martha Siegel at 718-965-3916 or msiegel105@earthlink.net.

## l Public Panel Discussion of I GMOs in our Food Crops

Citing the high level of confusion in the general population about GMOs (genetically modified foods), this forum will give anyone who eats the opportunity to hear some of the foremost experts on the topic and ask them questions. The panel includes Dr. Michael Hanson of the Consumers' Union and Eden Foods founder and CEO, Michael Potter. The event will address the safety of GMOs; consumers' right to know if their foods contain GMOs; and why there are no laws requiring the identification of GMOs on food product labels. Panel will be moderated by Joe Holtz, General Coordinator of the Park Slope Food Coop. For more information, contact Greg Todd 718-496-5139 or visit ecokvetch.blogspot.com. Meeting location: United Methodist Church located on the corner of 6th Avenue and 8th Street in Park Slope.

## **PSFC JAN General Meeting**



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

Item #1: Annual Hearing Officers Committee Election (20 minutes)

Election: Three current committee members will stand for re-election, and the committee will present additional candidate(s) for the committee. Hearing Officers work on an FTOP basis when needed and serve three-year terms.

—submitted by the Hearing Officers Committee

Item #2: Have the Safe Food Squad reinstated (35 minutes)

**Proposal:** "To reinstate the Safe Food Squad, a long-running PSFC Squad, which was mistakenly dissolved when the Brooklyn Food Coalition was created."

—submitted by Maratea Cantarella

Item #3: Defense fund for environmental activists protesting hydraulic drilling upstate (35 minutes)

Discussion: "If the generic supplementary environmental impact statement is not withdrawn, permits to allow hydraulic drilling can begin to be issued 1/1/2010. Such drilling will affect the food we buy at the Coop.

Proposal: "To raise funds for environmental activists and landowners who will be doing civil disobedience actions along with landowners to halt hydraulic fracturing drilling in the Finger Lakes area where much of the food is grown that is sold at the Coop. The aim is to raise money for a defense fund for these activists and landowners. The situation is urgent—permits could be given out 1/1/2010 if the SGEIS is not withdrawn. (Note: SGEIS is Supplementary Generic Environmental Impact Statement.)"

—submitted by Alice Joyce Alcala

For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings.

## **Agenda Committee Meeting**



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an

Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. The next General Meeting will be held on Tuesday, February 23, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

## feb 13 Valentine Card Making sat 3:30–5:30 pm For Everyone

Bring family and friends! Children under 10 years old should be accompanied by an adult. We will supply glue, markers, and paper. Bring any other special art materials you would like to use with you. We are looking for art supply donations like buttons, fabric, recycled paper, magazines, newspaper, and cardboard.

Event takes place at the Old Stone House, 336 Third St., in Washington Park.

feb 19 fri 8 pm

## **Harmonic Insurgence and Mamie Minch**



The repertoire of **Harmonic Insurgence**, an acappella vocal ensemble, comes from many cultures and includes songs of work, love, peace, comradeship and struggle. Also, Park Slope local singer and guitarist Mamie Minch sounds something like

a well fleshed-out 78rpm record. She's known around town for her Peidmont-style fingerpicking chops, her big deep voice and her self-penned antique-sounding songs. She's played music all over the world and Brooklyn, with all kinds of excellent people, including Dayna Kurtz, the Roulette Sisters, Jimbo Mathis and CW Stoneking. Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West

(at 2nd St.) • \$10 • doors open at 7:45. The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and

the Brooklyn Society for Ethical Culture. To book a Coffeehouse event, contact Bev Grant, 718-788-3741.

teb 23

## **PSFC FEB General Meeting**



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office and at all General Meetings. Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

mar 2 tue 7 pm

## **Agenda Committee Meeting**



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an

Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item

# -mar-2

Submission Form, both available from the Membership Office. The next General Meeting will be held on Tuesday, March 23, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

mar 4 thu 7:30 pm

## Food Class: Lucid Food: Cooking For an Eco-Conscious Life



Louisa Shafia is the author of the new cookbook Lucid Food: Cooking for an Eco-Conscious Life (Ten Speed Press), a collection of seasonal recipes and eco-friendly advice on cooking, food n Baldassano, Coordinator shopping and entertaining. Louisa is a graduate of The Natural

Gourmet Institute for Health and Culinary Arts, and has cooked at notable restaurants in New York and San Francisco, including Aquavit, Pure Food and Wine, Millennium and Roxanne's. In 2004, with a mind to bringing sustainable practices to the world of fine catering, Louisa started the eco-friendly Lucid Food consultancy, through which she has cooked for The Colbert Report, Isabella Rossellini, Marcia Gay Harden, Glamour, Domino, Men's Health, Women's Health, Diesel, Converse and the Sundance Channel. Menu includes a green smoothie; cabbage, apple and dulse salad; and congee with vegetables and fresh herbs. Materials fee: \$4.

mar 5

## Film Night



Film title to be announced.

To book a Film Night, contact Faye Lederman, squeezestone@hotmail.com.

mar 7 sun 12 pm

## **Acupuncture and the Treatment Of Digestive Disorders**

Acupuncture is an effective way to keep the body healthy, happy and clean, especially when used in conjunction with smart food choices. Join us to find out how to improve your happiness by improving your digestive tract! Coop member Kimberly Russell, MS, CNC, RYT-500, holds a Masters in Health and Healing as a Certified Nutritional Counselor. Natasha Kubis, L.Ac., Dipl. Ac. (NCCAOM) is a licensed acupuncturist in the state of New York.

mar 9

### Safe Food Committee Film Night



Film title to be announced.

mar 12 fri 7:30 pm

## **Meet Your Mind**

A class in basic meditation. The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives. This is a basic meditation class for beginners and anyone who would like a renewed understanding of the technique. Coop member Allan Novick has practiced meditation since 1975 and is a meditation instructor at the New York Shambhala Center.

mar 13 sat 12 pm

## **Nutrition Response Testing**

Join us for a look at Nutrition Response Testing. Diane Paxton, MS, LAc, will explain how NRT can identify the underlying reason your body is creating symptoms and help you design a personalized clinical nutrition program to have you looking and feeling better than you have in years.

## mar 13 The Energetics of Fertility and Sexuality

Enhancing fertility naturally: what our grandmothers never told us, reading our body's signals. Obstacles to fertility: patterns of imbalance. "Unexplained infertility" explained. Improving the odds: tilling the soil, preparing the body for the rigors of pregnancy. Nutrition and lifestyle choices for your body type. The physiology of pleasure: sexuality and health. Working with art: East and West side by side. Lara Rosenthal is a licensed acupuncturist and board-certified Chinese herbologist specializing in Women's Health and Fertility.

mar 13 sat 6 pm

## **Beyond Collapse**

The Copenhagen Conference has passed for now, but Jared Diamond's book, Collapse, endures as a thought-provoking survey, ranging from Easter Island to the Greenland Vikings to Haiti, Rwanda and China. He discusses corporations and citizen action. Another story not in Diamond's book is that of the Danish citizen initiative that created the modern wind industry, a leading effort in renewable energy. Coop member Mark Rego-Monteiro has presented at Social Justice Conferences and founded WakeUPDemocracy.org.

mar 13 sat 7 pm

## **Our Fourth Biennial Coop Kids' Variety Show**



Coop finalists, ages 4-18, from the previously held January auditions, will appear in the show at the Old First Church, Carroll St. and Seventh Ave. Admission is \$5; refreshments for sale. Nonmembers are welcome. See Jan 17 entry for details on auditions.

The Second Gun:

Who Really Killed Robert Kennedy?

mar 19 The Very Good Coffeehouse Coop Concert Series

mar 20 Release Stress & Discover Your Strength & Power

mar 20 Esperanto: A Cooperative Tool/Language Return to the Love

Six Healing Sounds of Qi Gung

Handling Your Child's Anger, Frustration or Fears

mar 23 PSFC MARCH General Meeting

mar 27 Dynamic Posture

## For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

The Fun Committee is
looking for bands
(various genres including rock, folk
rock, funk, indie, etc.)
to perform at event on
May 1, 2010 at
Old First Church.

Please contact Sarah Safford at saffo1953 @gmail.com or drop off demo CD with Mary Gerety at the Coop. Deadline for submission is February 28th.

### **CLASSIFIEDS**

### **BED & BREAKFAST**

SOUTH SLOPE GREEN-2-room suite w/private bath for families of l-5. Internet, TV, mini-fridge & microwave. Full organic breakfast. Long & short stays. Easy access to transportation & parking. Reasonable rates, 10% discount to Coop members. www.southslope-green. com. Linda Wheeler 347-721-6575 or southslopegreen@gmail.com.

THE HOUSE ON THIRD ST. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, houseon3st.com. Let us be your Brooklyn Hosts.

### **CLASSES/GROUPS**

SUPER-GENTLE YOGA for people who think they are "too" large, "too" stiff, "too" old to do yoga. Wed. 7:30 PM, convenient Park Slope location. Experienced, caring teacher, call Mina Hamilton for more info. 212-427-2324 or mina ham@aol.com.

MEDITATION class with Mina. Looking for a way to be calmer, more relaxed? Find contentment and inner balance. Experienced teacher. Mina has studied with Jon Kabat-Zinn, Thich Nhat Hanh, Toni Packer. Wed 8:15-9:00 PM. Spoke the Hub, 748 Union St. Call Mina at 917-881-9855, email minaham@ aol.com, www.serenitytogo.com.

PLAYBACK THEATRE workshop. For theater skills, fun, personal growth, and new friends. Led by Susan Metz (MS in Ed, 10 years teaching Playback). 9 Saturday afternoons, late February though June at lovely LAVA Studio in Prospect Heights. \$350. Discount for early registration scholarships available. spmetz @earthlink.net for application & more info. 718-636-9089. Google Playback too. We're in 53 countries performing our stories.

## COMMERCIAL SPACE

PROFESSIONAL OFFICES available. Ideal for massage therapist, acupuncturist, psychotherapist, etc. Be part of a holistic center, either in a beautiful Soho section or in an excellent Brooklyn neighborhood. Doctor will introduce all patients to you. For information call 212-505-5055.

### **EMPLOYMENT**

P/T BROWNSTONE MAINTE-NANCE. Lovely brownstone. 8th Ave. Two blocks from PSFC. Garbage and snow removal. Minor repairs, painting and gardening. Should have some experience in building maintenance. References required. Email: dashington@ aol.com. Call: 718-789-9796 or 570-396-0187.

### MERCHANDISE NONCOMMERCIAL

Genuine 3/4 Spanish shearing coat extremely warm size XL black with hood. Best offer. 718-756-3279, 347-276-3300. No Sat. calls.

### **SERVICES**

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt

### COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterick (\*) denotes a Coop member.

### SAT, JAN 16

Peoples' Voice Cafe: Magpie—Sword of the Spirit. 8–10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

### SUN, JAN 17

E-Waste Recycling Event: Bring your old laptop, printer, fax machine, cell phone and more to Prospect Park West and Third Street between 10 a.m. and 4 p.m. For a complete list of acceptable materials and more information, visit www.lesecologycenter.org.

Building Owners Solar Workshop: Info on costs, financing, deadlines. Bring one year's utility usage/ costs, and roof size. \$15. Reservations: 347-254-0019. 531A 6th Ave. (btwn 13th & 14th), 2nd Fl. 3:00–4:15 p.m.

### TUE, JAN 19

Building Owners Solar Workshop: Info on costs, financing, deadlines. Bring one year's utility usage/costs, and roof size. Includes slideshow. \$15. Reservations: 347-254-0019. At the Old Stone House, 5th Ave. & 3rd St. 7:00–9:00 p.m.

The Brooklyn Women's Chorus is having open rehearsals to invite new members during the month of January. No auditions. Try it for free with no commitment. Tuesday evenings at 7:30 at the Brooklyn Society for Ethical Culture, Prospect Park West at 2nd St. For more information, visit www.brooklynwomenschorus.com or call Bev Grant at 718-788-3741.

### THU, JAN 21

Free informational seminar about the 320 Sterling Street Co-op Development in Crown Heights. 50 government subsidized Co-op apartments will be available for purchase in 2010. The event will discuss the application process, layout and eligibility. Thursday January 21st, 6 p.m. Eastern Parkway Library, 1044 Eastern Pkwy. To register, call 718-469-4679. Event sponsored by the Urban Homesteading Assistance Board, NYC Partnership Housing Develop ment Fund Company, Inc and Neighborhood Housing Services of East Flatbush.

Screening of the documentary the POWER OF COMMUNITY: How Cuba Survived Peak Oil (2006). With the loss of Soviet oil in the early 90s, Cuba transitioned from fossil fuel intensive farming to organic agriculture and urban gardens, providing a valuable example of how to effectively address the challenge of reducing our energy use. Discussion to follow. At the Brooklyn Society for

Ethical Culture, 53 Prospect Park West at 2nd St in Park Slope. 6:30 p.m. Film begins promptly at 6:45. Discussion to follow. Donation appreciated. Sponsored by the Latin America Committee of Brooklyn For Peace.

### SAT, JAN 23

Peoples' Voice Cafe: Rachel Stone; Joel Landy; Marc Crawford Leavitt. 8–10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

### SUN, JAN 24

Panel Discussion of Genetically Modified Organisms (GMOs) in our food crops: Are GMOs safe? Do consumers have the right to know about GMOs in their food? Why are there no labeling laws? Panelists will include Michael Potter, CEO of Eden Foods, and Dr. Michael Hanson of the Consumers Union. Park Slope Methodist Church (corner of 6th Ave. & 8th St.), 3 p.m.

### TUE, JAN 26

The Brooklyn Women's Chorus is having open rehearsals to invite new members during the month of January. No auditions. Try it for free with no committment. Tues-

day evenings at 7:30 at the Brooklyn Society for Ethical Culture. Prospect Park West at 2nd St. For more information, visit www. brooklynwomenschorus.com or call Bev Grant at 718-788-3741.

### FRI, JAN 29

Opening Doors/Welcoming Change: People's Music Network Winter Gathering. New York City. January 29–31. For more information, visit http://pmnnyc.home.att.net.

Opening Doors/Welcoming Change: People's Music Network Winter Gathering Concert featuring Emma's Revolution, Lavender Light Gospel Choir and others. 7:30 p.m. New York Society for Ethical Culture, 2 W 64th St. at Central Park West. One ticket is included with every paid registration for the full PMN Winter Gathering. Additional tickets are \$15 each in advance/\$20 at the door.

9th Annual Night of Magic: A program of prestidigitation and allied arts assembled by Brooklyn magician and magic historian Richard Steven Cohn. The 2010 line-up features Danny Alan, Chris McDanial, Greg Wilner, and Meir Yedid. Seating is limited. All tickets are \$15 for this performance and advance tickets may be purchased at Park Slope Copy, 123 7th Avenue, Park Slope. Friday, Jan 29 at 8:00 p.m. The Good Coffeehouse Music Parlor at Brooklyn Society for Ethical Cul-

ture, 53 Prospect Park West at 2nd Street. 718-768-2972.

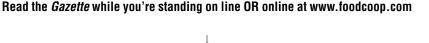
### WED, FEB 3

FOLK OPEN SING: Come sing with us. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Music Society of N.Y., the Ethical Culture Society, & the Good Coffeehouse. At the Ethical Culture Society, 53 Prospect Park West. 7:30–10:00 p.m. Info: 718-636-6341.

### FRI, FEB 5

"Split Estate" Film Screening and discussion, Friday, Feb. 5 at 8 p.m. at Park Slope UMC, 6th Ave and 8th St. Free. See the film and join a discussion about efforts to protect the NY watershed from the dangers of gas drilling. More info: splitestate.com.

Guitarists David Laibman and Norman Savitt will be performing at The Good Coffeehouse Music Parlor, Friday, February 5 at 8:00 p.m. David Laibman is noted for his innovative guitar arrangements of classical ragtime. Norman Savitt has been playing his original guitar instrumental music around New York City for two decades, most notably at his performances at the Theater for the New City and at the Everything Goes Book Café. General admission: adults \$10/children \$6. Brooklyn Society for Ethical Culture, 53 Prospect Park West at



### CLASSIFIEDS

padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

COMPUTER HELP - Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop 347-351-3031 or member. info@nygeekgirls.com.

PLASTERING-Painting-Wallpapering-over 25 yrs experience of doing the finest prep & finish work. One room or an entire house. LOW VOC paints used. Fred Becker 718-853-0750.

HAIR CUTS hair cuts HAIR CUTS: Color, Highlights, Lowlights in the convenience of your home or mine. Adults \$35, kids \$15. Call Leonora 718-857-2215.

ELECTRICIAN: Art Cabrera 718-965-0327. 37 years in the industry. Small jobs to whole houses. Expert in old wiring, troubleshooting, LV, 110 + 220. Also can act as consultant or G. C. Original Coop founder. BIB. Much thanks to the hundreds of satisfied customers; apologies to the few I've disappointed. PEACE BE WITH YOU.

NEED A PAPER "THERAPIST?" Feel burdened by your stuff? Can you find what you need when you need it? Would you like more space and ease in your home office or life? Call a professional organizer: Parvati at 718-833-6720, Parvarti4@aol.com Free initial phone consultation.

### SERVICES-HEALTH

HOLISTIC DENTISTRY in Brooklyn (Midwood) & Manhattan (Soho). Dr. Stephen Goldberg provides family dental care using non-mercury fillings, acupuncture, homeopathy, temporo-mandibular (TM) ioint therapy & much more. For a no-obligation free initial oral examination, call 212-505-5055. Please bring X-rays.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing everincreasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLIDAY BLUES? Ready for a change? Clarify your goals, confront challenges from a fresh perspective, learn to avoid self-sabotage, develop an action plan. Start this process with a free, 30-min sample session. No obligation. Experienced, certified Life Coach, Mina Hamilton 917-881-9855

HOLISTIC MEDICINE IN PARK SLOPE. Regina Belkin, Internal Medicine MD will work with your

HOLISTIC HEALTH COUNSELING-Get more out of life by learning to get more out of your food! Tired of diets & confusing theories about nutrition & health? Let's talk about what works for you & create your action plan for success in 2010! Free 1 hour consultation! Patti McCabe CHHC, 732-581-6471, www.pattimccabe.com.

### **VACATIONS**

3-SEASON VACATION COTTAGES for sale in our friendly, wooded northern Westchester community. Pool, tennis, biking, hiking; near Hudson River and Metro North (5minute cab ride from train). \$79,000-\$99,000; annual maintenance approx. \$3,200. Cash sales only. No dogs. 212-242-0806 or junejacobson@earthlink.net.

GREAT FAMILY GETAWAY. Lovely 3-bedroom, 2-bathroom ski house near Mt. S ow (Chimney Hill). Xcountry, outdoor skating and lots more. Sorry—No smokers or pets. Call for details and rates: Susan or Rubin 718-851-4766.

many issues—diabetes, allergies, weight and nutrition, using the latest developments in medicine and psychology. Also specializes in traditional and alternative pain management. Office tel. 718-701-4707.



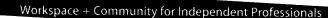
Residential & Commercial Packing & Supplies Local & Long Distance

METROPOLITAN Top Hat Movers, Inc.

### **Get Your Home Cleaned...**

With a Clean Conscience The We Can Do It! Women's Cooperative has eco-cleaned the homes of dozens of happy Food Coop members. Our business is women-owned and operated and members earn 100% of the fee paid.

CALL TODAY! - 718-633-4823 www.wecandoit.coop





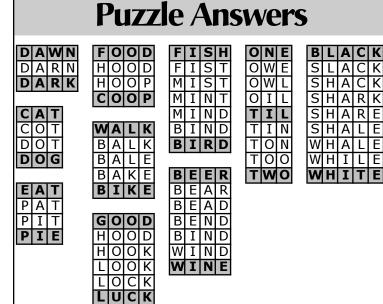
brooklyncreativeleague.com

718-576-2104

540 President St., Brooklyn, NY 11215 (at 4th Avenue)

# got drupal?

Need hours? Willing to work under deadlines? drupal@foodcoopbayridge.com 347-274-8172



### Tax Return Preparation / Tax Planning



We are a diversified company providing, tax return preparation and planning, accounting, as well as bookkeeping services to individuals, and the business community.

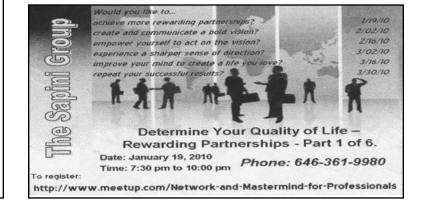
Taxes should not be STRESSING you out? Let us help you! Free consultation.

Weekend and evening appointments available call Today!! (212) 918-4718 or (212) 918-4720

Williams Consulting Group, LLC 48 Wall Street, 11th Floor, New York, NY10005 Certified Public Accountant / Tax Specialist

## SCHNEIDER SHULMAN ASSOCIATES LONG TERM CARE INSURANCE SOLUTIONS

FREE Quotes & Plan Designs • All Carriers 20 % NYS Tax Credit • Call or Email Jay Schneider, CLU, CLTC 516 870-0800 • 877 843-9582 jschneider@ssltc.com



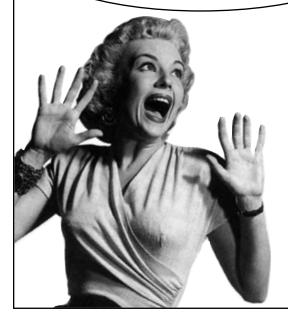
Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

The Coop will be closing early for shopping at 5:00 pm on Sunday, January 31 so that we can conduct our annual Coop-wide inventory.

Some shifts will be affected, others will not.

Please help inform the membership about this early closing by telling your Coop housemates and friends.





**Members** whose shifts are affected by the closing will be contacted by the Membership Office.

## **Board of Directors Election**

### The General Meeting & the Board of **Directors**

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a Board of

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting.... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting.'

### **Duties of the Directors**

The Board of Directors is comprised of five elected Coop members and the senior General Coordinator present. Members serve threevear terms. Members of the Board are expected to attend GMs monthly. They receive Coop work credit for their attendance.

The Board of Directors conducts votes at the end of every GM whether to accept the advice of the members that night. Members of the Board are required to act legally and responsibly.

### **Openings**

We have two three-year terms and one twoyear term open this year.

### **Candidate Deadline**

If you wish to place your name into nomination, you must declare your candidacy by Monday, March 1. Please submit a statement of up to 750 words to GazetteSubmissions@ psfc.coop. Please include a small photo for publication in the Linewaiters'

Gazette and the member proxy mailing.

### **Deciding and Voting**

Candidates will have the opportunity to present their platform at the March 23, 2010, General Meeting.

Every member will receive a proxy package in the mail in late May. Members may vote by returning their ballot by mail or by bringing it to the Coop. Members may also vote at the Annual Meeting on June 29, 2010.

### WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Shelly Agarwal Chris Agee Breton Alberti **Jessica Amerson** Halbert Anderson Lindsay Anthony Bryn Arbuckle Orna Artal Rachmany Michael Bacchione Ioan Baker Katie Becht Jabani Bennett David Benoit David Benzaquen Jacob Berkman Gabriel Iohnny Blancas Eric Boorstyn Katherine Booth Maya Borner Scott Brathwaite **Bethany Bristow** 

My-Nygoc (Annie) Bui James Carlson Allen Catanzaro Polly Catanzaro Ka Fai (Judy) Chan Karla Chou Tenzin Choyang Janet Chumacero Iames Clark Annie Conway Nitza Cordero-Vargas Brett Goldberg Damien Correll Kathleen Crosby Peter Daley Christine Doempke Thomas Dougherty Cami Dreyer Craig Dreyer Davis Duffield Elmar Eich Roz Espinoza

Deborah Esquenazi Jeff Etelamaki Hollie Fallon Tony Fanning Jonathan Farmer Danielle Feris Karynn Fish Asaf Fleissman Andrea (Andi) Flory Jason Fowler Grey Gersten David Goldberg NFN Gonpo Bryce Greenstein Armen Grigorian Victoria Grigorian Berel Gurwitz Sarah Hanks Scott Harrison Vaughn Hart Sarah Heidling

Eric Held P. Grace Hernandez Friederike Herrmann Richard Hobart Willow Holdorf Merle Holley Timothy Holley Hal Horowitz Richard Hughes **Emily Hyberger** Patrick Ibanez Jo Irwin Dulce Izaguirre Ioe Jansen Erica Kagan Barbara Kaminsky Linda Katz Naura Keiser Yevgeniy Kharonov James Kingry Frank (Andy) Klock Sarah Klock

Peter Koechley Ryan Kotler Dow Kowalczyk Sydelle Kramer Adina Lazerson Yisroel Lazerson Jean-Francis Lemieux Nicole Nemergut Maura Leppo Julie Letourneau Eowyn Levene Karen Liaw Amanda Lind Cassady Locke-Flynn Linda Loewenthal Vivian Lombillo Rehecca H. Lossin Alexandra Loxton Charles Loxton Selene Marchand Feba Matthew Conor McDonough Randy McLaurin

Matt McNeely Michaela McPherson Herb Michael Tracy Monroe Daisy Morales Carl Morris Gennaro Nibaldi **Brooke Peters** Monique Peterson Jennifer Pruitt Lior Rachmany Chris Rael Robbie Renfrow Rima Reyz Elizabeth Robertson Janice Rodecap Stacey Roen Deirdre Ronaldson Julie Ryan Joy Salvador Agata Sanchez

Tom Sansani Anna Schily Nora Schmolze Rasna Sethi Bimbi Shabi Anna Sheynman Kanako Shimura Kia Sison Daniel Slepitsky Adam Smith Philip Smith Marco Antonio Solis Alexandra Soreft Diane Spodarek Scott Statland Ioe Stebbins Merrill Sterritt Claire Storck Daisy Tainton Lidia Tamplenizza Joseph Theis Marie Theis

Paul Theis Vlada Tomova Mariya Tuchapska Cody Upton Ben Vargas Nick Vellvzzi Catherine Veninga Andrew Vladeck Katie Ward **Jesse Watford** Kim Weber James Weekes Reeves Wiedeman Kate Willever Kristina Williams Omar Williams Kelley Wind Ruby Wong

### THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Gabrielle B. Doug Beube Raj Bhavsar Liza Blank Brooklyn Botanical Garden Rainer Brueckheimer Ben Campbell Mary Cantanzaro Matt Carl

Dawn D'Arcy Barbara Danish Sharone David Deborah Diamant Edible Brooklyn Lauren Elfant Sarah Chaya Elisha Roz Espinoza Fatine Joel Fendelman

Scott Fox Marie Franklin David Friedman Nikki Georges-Clapp Elizabeth Giddens Adam Goldstein Noah Goldstein Green Pages Jeffrey Greenberg Jose Guzman

**Brad Hamilton** Julia Hermos Jolie Holland Inna Jackson Frederique Jacquot Urvashi Ioneia Jennifer Kaplan Patrick Kwan Meghan Lewis Margot Liebman

Lotte Lindner Dan Lupkin Fayre Makeig Prem Makeig Margie Laura Martin Columbia McCaleb Nancy Mercado Kusi Merello Daniel Mintz

Kelly Morishita Frederick Mursch Suzanne N Danica Novgorodoff David Ostro Ida Pearle Jack Petruzzelli Karen Pettapiece Emma Pollack-Pelzner

Gary Raheb Romer-Friedmans Marvann Santora Jonathan Sender Laura Siegal Kia Sison Geoffrey Sitter Mark Sklawer Maya Solovey Summer

Johanna Taylor Joseph Theis Jessica Tuck Dolores Urove Erin Vali Gabriel Videla Kirin Wachter-Grene