LINEWAITERS' GAZETTE



Volume EE, Number 6 March 25, 2010

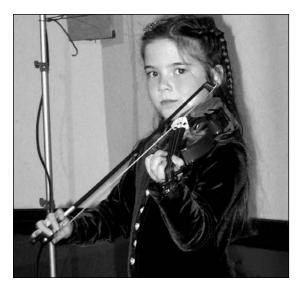
Coop Variety Show Amuses as Talented Kids Take the Stage

By Hayley Gorenberg

Established 1973

usic, juggling and a dramatic recitation of MLK's "We Shall Overcome" delighted a packed house at the Old First Church on March 13 at the fourth annual Coop Kids' Variety Show.

Mounting a stage hung with sparkly silver fabric and strings of multicolored lights, two small, smiling string players began the program and received thunderous applause and cheers. **Akari Hunte**, a five-year-old student at Merricats Castle School, played "Song of the Wind" on the cello, accompanied by Fun Committee member, cello instructor and Variety Show Producer Martha Siegel. Akari's bio



Clementine Vonnegut played Bach's "Minuet 1" on the violin.



Jair Froome recited Martin Luther King Jr's "We Shall Overcome" speech.

noted that he "loves Greek mythology and mythical creatures."

Fellow five-year-old **Clementine Vonnegut** followed with Minuet I by Bach on violin, accompanied by her father, Dan Vonnegut, on piano. Clementine's bio explained that she has been studying violin with Coop member Helene Bergman since she was three years old. She attends kindergarten at PS 154 in Windsor Terrace, and also enjoys piano, ballet, tap, drawing, reading and singing.

They were followed by seven-year-old **Jordan Nass-DeMause**, singing and playing drums on his first original composition, "Just Get Along," accompanied by his father, Neil DeMause, on guitar. Jordan, a first-grader at PS 139 and graduate of the Musical Adventures program at the

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Coop Event Highlights Fri, Mar 26 • Blood Drive 12:00-8:00 p.m.

Sat, Mar 27 • Adult Clothing Exchange 2:00-5:00 p.m.

Fri, Apr 16 • Coffeehouse: Jezra Kaye and Jerome Harris

8:00 p.m

Sat, Apr 24 • Food Drive to Benefit CHIPS Soup Kitchen

Sun, Apr 25 9:00 a.m.-7:00 p.m **Fri, Apr 30** • **Band Night** 8:00 p.m.

Fri, Apr 30 •Band Night 6:00 p.m.

Look for additional information about these and other events in this issue.



Hilary Salk tells stories of her walker experiences.

Take a Walk on the Wild Side

By Nicole Feliciano

utside Workslots (aka Cart Return Service or OUTS) are some of the most popular gigs at the Coop. If you can nab one of these spots you'll get plenty of exercise and the chance to meet your fellow foodies.

But this shift isn't for everyone. Warning: Coop

shoppers still need cart escorts when it is sleeting or 95 degrees and humid. And part of the job entails reminding shoppers to keep the firehouse driveway and nearby areas clear for trucks entering and leaving the station—something that's not always easy to do.

This reporter spent two days trailing her fellow Coop members who are part of this select crew finding out what type of member volunteers for such active duty.

Fitness Benefits

"One woman speed walks—I can barely keep up with her," said Drew Patterson. Since he's a regular at this shift he's gotten at least two Coop-sponsored workouts by trailing this fitness buff after she completed her shopping and requested cart return service.

The member not only had a break-neck pace, she also lives at the edge of the approved boundary (more on the boundary later). Rather than being irked, Patterson told the story with a smile. "This is totally the best job at the Coop," he said. In fact, Patterson endured time on a wait list before his coveted slot opened. He's been a

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Next General Meeting on April 27

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be on Tuesday, April 27, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue. * Exceptions for November and December will be posted.

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Brooklyn Conservatory of Music, appeared to play in perfect rhythm with his father and was clearly having a great time of it. Unfortunately the words couldn't be heard because the sound system went out.

The call went out from Siegel (wearing one of her signature flowing purple outfits): "Does someone have a portable CD player?"

"I think there's one in the kitchen!" came the answer sounding for all the world like an exchange on the Coop PA, but sadly without the amplifying system.

When the kitchen machine did not pan out, Siegel proclaimed, "Help is on the way!" and proceeded to skip to acts that didn't need microphones.

A quick reordering of the program followed, with Kiyomi Johnson, age 8, jumping up a couple of spots because her number was acoustic. Kiyomi performed Humoresque by Dvorak on her violin, accompanied by **Dominic Wynter** on

piano (who performed a solo number later in the evening).

Kiyomi loves to read Archie comic books and mysteries, said her bio. She is a third-grader at the Little Red School House, where "her favorite subject in school is lunch." She dedicated her performance "to Dorothy B. Peace (aka Cousin Dot) who is 105 years old."

Nine-year-old Aliyah **Verdiner** rendered Etude by Suzuki on her violin. She finished to a wave of strong applause, and then zipped off the stage to hug her mother. In her program bio, Aliyah described herself as a selftaught violinist and pianist and expert knitter. She is known for starting her own company, Aliyah's Cats, through which she sells her own hand-knit kittens. Aliyah also studies tap dancing at Spoke the Hub.

Ruby Kahn, 9, followed with "Minuet" and "Trio" (anonymous) on piano. Ruby is in the 4th grade at PS 321

and likes singing, acting, writing and ice-skating.

Kaylen Hunte, a nineyear-old student at the Dalton School, was next up with "Witches' Dance" by Paganini on the violin. Kaylen's bio professed his love of "chess and his D.S.'

This reporter's daughters, Zoe Gorenberg Screwvala, 10, and Aidan Gorenberg Screwvala, 8, next braved the stage without microphones to belt out Abbott and Costello's "Who's On First?"—in which they modified the baseball team in question, dubbing it the "Food Cooperators," but otherwise stuck to tradition. Zoe, in fifth grade at PS 321, loves acting, singing, playing violin, and all kinds of animals, including Kiera, a sloth in Panama, where she went on summer vacation. Aidan, in 3rd grade at PS 321, was described in her bio as "an energetic dancer who hosts frequent parties and play dates for her friends and her dolls."

Cyan Hunte, 10, followed

with the third movement of "Concerto No. 5" by Seitz on violin. Cyan, a fifth-grader at the Dalton School, also plays the guitar and the flute and loves animation and reading.

Jonah Murphy, 10, next stepped to the stage with his flute to play a "Serenade" by Haydn. Jonah, who is homeschooled, wrote that he "likes to play chess, soccer and tricks on his parents."

Sasha Lazarev, 11, sat down at the piano to play Mozart's "Sonata K.545 in C Major." 1st movement, with terrific dynamics. A sixthgrader at New Voices Middle School, Sasha also studies at the School of American Ballet and wrote in his bio that "in his free time he enjoys studying foreign languages, swimming, riding his bike and fighting with his older sister."

As emergency alterations to the sound system proceeded with three Coop technicians in action, Dominic Wynter, 11, returned to the

Variety Show Performers, First row left to right: Akari Hunte; Jordan Nass-DeMause; Kiyomi Johnson; Aliyah Verdiner; Ruby Kahn.

Second row left to right: Parents and friends came to cheer on the children; **Zoe and Aidan Gorenberg**; Cyan Hunte; Jonah Murphy; Sasha Lazarev.

Third row left to right: **Dominic Wynter; Ikhari** Hinds; Maya Greenberg. piano for an extremely expressive "Nocturne, Opus Posthumous No. 20" by Chopin. Dominic has played piano for the past four years and wrote that he loves math and science and that he "enjoys shopping at the Coop, especially for pomelo, dried fruits such as mango and coconut, fresh goat cheese, fresh herbs and exotic dried spices."

The sound system apparently restored to order (with a rousing thanks to Daniel Brooks for "flying back to his home on Marlboro" for additional machinery), Cloe **Dean,** 7, hopped in front of the stage to perform an expressive dance to "Fly To Your Heart" by Selena Gomez. Cloe loves to sing and dance. She has just completed her first tap dance class but decided she will take ballet next term.

Lara Saddique, 7, backed by a recorded rock track, bounced along as she sang "You Belong to Me" by Taylor Swift. Lara, a second-grader at PS 321, enjoys science at school. At home she likes to play with her two cats and her two turtles and she's hoping to get her pet birds back some day soon. Lara's favorite movie is "Star Wars."

Amelia Mosher-Smith and Lilly Ray Darling Ander**son,** both 10, whose bios said they "have been friends for a million years," performed their original song, "12," with Amelia delivering the vocals and Lilly on drums (and wearing a black hat studded with fresh bananas). They were joined by their fathers, Sean Mosher-Smith, on bass, and James Anderson, on guitar. They described themselves as enjoying music, reading, drawing, trapeze, YouTube and random banter.

Jordan Nass-DeMause then returned to the stage by popular demand to recast his composition, this time with the audience able to hear the

Next, Ikhari Hinds, 10, performed an original song on guitar. Ikhari also plays the trombone and the Diembe drum. His bio said he "was born to play the saxophone but hasn't yet had the opportunity." He is also an artist and a budding scientist who loves nature, plants and the environment.

Iolanthe Brooks, 12, stepped on stage to sing "I'm Yours" by Jason Mraz. He sang a few words and briefly sputtered into giggles, possibly because it was her first time ever singing with a microphone. With a gentle

nudge from piano accompanist Marie Wagner, Iolanthe began again with spirit and notable vibrato. A seventhgrader at MS 51, Io enjoys singing, acting, reading and writing, and has participated in all four PSFC Children's Variety Shows. She takes cello lessons with Martha Siegel and voice lessons with Marje Wagner, "and used to do Bollywood dance.'

Maya Greenberg, 12, tap danced to "Bom Dia" by the Roger Davidson Trio. Maya has studied tap at the American Tap Dance Foundation since she was nine years old, takes modern dance at Mark Morris Dance Group and performed in 2007 at the NY Fringe Festival as Angela in the musical "Angela's Flying Bed."

"We're in the M's now!" Martha announced, as Marina Zee, 13, followed Maya, playing piano and singing the Pretenders' "I'll Stand By You." An eighth-grader at Mark Twain IS 239, Marina sings, plays guitar and piano and writes her own music.

Genie and Aliyah Verdiner, ages 14 and 9 respectively, followed with a tap-dance duet. Genie is a former member of the Conservatory Youth Orchestra and is involved in theatre and dance at Spoke The Hub.

Jair Hylton Froome, 13, declined a microphone and delivered a booming rendition of the "We Shall Over-

come" speech by the Rev. Dr. Martin Luther King, Jr. He is a student at Poly Prep Country Day School, where he placed first and second in consecutive years in the school's poetry reciting competition, known as "The Bearns." He wrote that he enjoys orating "because the feeling of all eyes being on me gives me an adrenaline rush that I can only get from speaking."

Genie Verdiner returned to the stage with her violin to play the first movement of "Vivaldi's Concerto in A minor," followed by Xena Brooks, 16, performing "Minuet II" from "Flute Sonata No. 4 in A minor" by J.S. Bach on flute, accompanied by Martha Siegel on cello. An eleventh-grader at Bard High School Early College, Xena has performed in and helped set up every Children's Variety Show. She often helps the younger kids handle pre-performance nerves.

Genie, Aliyah, Cyan, Kaylen, and Akari ("The Four Violins and a Cello"), returned to the stage to play an arrangement of "Pachelbel's Canon."

A few minutes after 9 p.m. the finale took the stage: The Lucky 13 Jugglers Minus Two or MS 51 Juggling Team (eighth-grader DC (Dave) Burney (14) and seventhgraders Aaron Champagne (13), Will De Haven (12), Skyler Friedland (12), Calvin

Herton (12), Willem Marx (13), Isabelle Mindel (12), Isaiah Nardone (13), Malcolm Queneau (13), Theo Richards (12) and Cullen **Riley** (12).

Members of the troupe juggled rings and balls, occasionally hula-hooped in tandem

on their knees, tossed pins in tandem and bounced tennis balls in elaborate patterns on the floor. They concluded with a dynamic group presentation of a central pyramid performed to an arrangement of Cyndi Lauper's "Girls Just Wanna Have Fun." ■

Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members

🔭 If you are good at:

Communicating • Problem solving • Dealing with difficult situations • Investigating We need you!

The DC is seeking new members with experience in investigation, writing, and conflict-resolution. Mental health professionals encouraged to apply. Use of a computer and email is ESSENTIAL. Join us to make the Coop the best place it can be for everyone.

Some of our work includes:

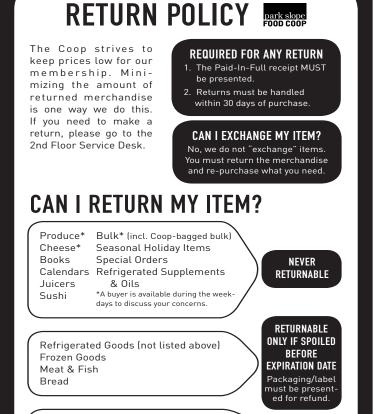
- · Investigating allegations of misbehavior by members. (i.e. failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty language against other Coop members and staff)
- Engaging in problem-solving and policy issues related to the DC's work
- Participation in disciplinary hearings
- Daily email contact with DC members to discuss issues

Requirements:

- · Must be a member for at least a year
- Have good attendance record
- Attend an evening meeting approx. once every six weeks

We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

Interested? Please call Jeff: 718-636-3880



Items not listed above that are unopened

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact

a staff member in the Membership Office.

and unused in re-sellable condition



RETURNABLE

Candidates for Board of Directors of the Park Slope Food Coop, Inc.

Two three-year terms and one two-year term are open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 29, 2010. Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the Annual Meeting.

Candidate Statements (unedited and presented in alphabetical order):



IMANI Q'RYN

I've lived in Fort Greene for over 20 years. I'm a classically trained singer and work as an independent real estate broker. This past year I also started a business marketing cutting-edge telecom products. I was elected to the Board of Directors of the Food Coop almost 5 years ago. Now, I respectfully seek your vote to allow me to continue in this position.

I joined the Coop in 1998 when I started eating organic food. I couldn't afford not to join! I love the Coop, its energy, the diversity of the membership, the ideals of cooperation and democracy and above all the beautiful food at unbelievable prices. The Coop is a reflection of what's possible in the world. It's a privilege to be a part of it.

I also serve as a member of the Chair Committee, which chairs the General Meeting on the last Tuesday of each month. For me one of the best parts of the General Meeting is the committee reports that inform us about issues not only affecting the Coop but the environment, our health, local farmers and even other countries to name but a few of the topics that have been covered. It has hit home a number of times that what we do, what we eat, has an impact on the world. Each of us makes a difference.

I started going to the General Meetings about eight years ago. Initially, I went for workslot credit and was surprised to discover that the meeting was small compared to the vast size of our membership and that the diversity I saw while shopping at the Coop was not powerfully reflected in the meeting. I thought to myself, "Here is the decision-making body of the Coop and only a few members are making these decisions and even fewer people of color."

I wondered, "What can I do to encourage greater diversity and participation in the meeting?" I live by the words of Gandhi who said, "Be the change you seek to see in the world." I decided to join the Chair Committee soon after my first meeting. I have been committed to making all people feel welcomed at the meeting, being fair and open to all sides of an issue and to being clear on the policies and how the meeting is run. I am encouraged that in the last year or so our General Meeting attendance has more

than doubled due to a change in the workslot credit policy.

Since being on the Chair Committee involves being at the General Meeting, which is also the Board Meeting, there is no conflict in my holding both of these positions. When I found out that there was a precedent of a board member also being on the Chair Committee I decided to stay with the Chair Committee. The Chair Committee is in need of new members and my leaving could put a strain on the other members. If you have interest in being on the Chair Committee, please let us know.

In closing, I have intimate experience with Coop policies and procedures and the workings of the Board of Directors. I think our cooperative process works and as a board member I respect the members' deliberations and will strive to ensure that the General Meeting remains the highest decision-making body in the Coop. I will also continue to encourage diversity in the General Meeting as well as all aspects of the Coop.

I welcome members to contact me by email at imani.sings@gmail.com. My candidacy has been endorsed by the General Coordinators of the Coop and I welcome that support. Please vote for me. Thank you for your consideration. ■

ELIZABETH TOBIER



Greetings...I am interested in being reelected to our Coop's Board of Directors, where I have served for almost 7 years.

After joining the Coop in 1990, I enjoyed many hours of fun working on Shopping, Receiving, Maintenance, Office and Inventory squads. It took me almost 10 years to check out the General Meeting, but I have only missed a couple of GMs in the past 10 years. Since June 2002, as the elected Coop Secretary (my current workslot), I have been recording the meeting minutes.

The main reason I am interested in continuing on the Board is that I agree with the Coop's method of governance, which is to hold open meetings—and only open meetings. We do not allow executive sessions where non-Board members are not permitted to attend. I agree that our Coop runs best when the Board listens to and concurs with the decisions of the members as expressed by the General Meeting vote results.

Sometimes the General Meetings can be frustrating or contentious, but just as often I am amazed by members'

suggestions, ideas, questions and observations. In many ways, meetings have improved over the last 10 years, probably due to the excellent work of the Chair Committee, the Agenda Committee, the GM squad workers, the General Coordinators and an increase in attendance by Coop members.

I make my living as a bookkeeper and my current employers are Math for America, Perelandra Natural Foods Center and Marc Bodine Constructions.

The Coop's General Coordinators have endorsed my candidacy. Feel free to contact me at elizabethtobier@gmail.com with any questions about the Board or the General Meeting.



JOHN URDA

The key issue for a board candidate is his or her view of the board's role. I believe that the main function of the board is simple: allow the general membership to remain the Coop's primary decisionmaker. The Coop has always been run by the members, not the board of directors—and our board should not be a pulpit for the direc-

tors to impose their views on the general membership. As a

board member, I will respect the will of the membership by voting to approve their decisions, so long as they are legal and will not threaten the Coop's business—and for the past nine years as a board member, that is exactly what I have done.

That being said, the board should also serve as a resource for the membership. Board members attend the monthly general meetings and should therefore have a wide knowledge of Coop issues. Board members are in a position not only to defend the Coop's way of doing business and the principles expressed in the mission statement, but also to speak to the issues that arise with an informed, sensitive voice.

The Coop has seen some serious changes recently, with

membership now over 15,000. We are always looking for better ways of accommodating so many shoppers. Although our growth has begun to plateau and our mortgage is now paid off, the challenges of being a larger business are not going away—and one of the biggest challenges we face is making sure that through it all, the Coop remains the Coop.

Our Coop is the best store in the world, and it got that way because regular members run the show. It should stay that way. I am running for re-election with the General Coordinators' endorsement, and I'd appreciate yours as well.



RALPH YOZZO

I have been a member of the Park Slope Food Coop for more than five years and I remember joining only because my friend joined and almost never shopping, but I've slowly realized that the Coop is the future of society. And now, I shop almost every day.

Joe Holtz described the story of a new member joining but realizing only later how valuable cooperation is and I thought, he's right. We need more cooperatives as an alternative to the "competition and profit above all" model. The board of the Coop is mostly a ceremonial position but it

requires people that believe in town hall meetings and direct democracy and referendums. All of which, I love about the Coop. Although the board may be ceremonial, it does require dedication and reliability and I am ready to dedicate myself to the task. If you have any questions, send them to me at info@brooklyncoop.org.

The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting.... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who

cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 19, 2010, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop. ■

Read the Gazette while you're standing on line OR online at www.foodcoop.com

How Some Coop Members Are Trying to Improve School Food

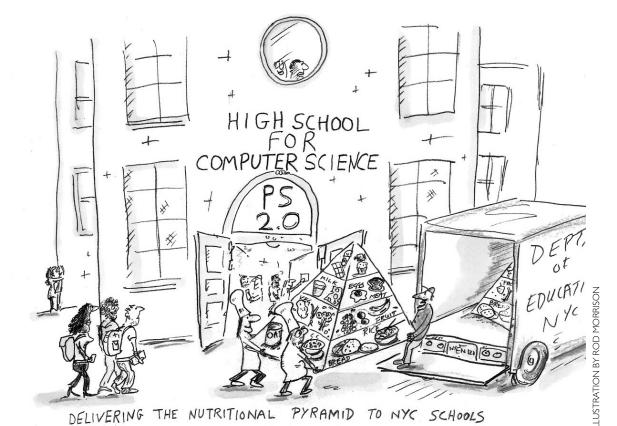
By Adriana Velez

s anyone who has stepped inside a New York City public school cafeteria can tell you, the school food system is broken. Despite recent efforts by NYC School Food Executive Chef Jorge Collazo to improve the nutritional value of school meals, many school lunches and breakfasts still resemble fast food. With nearly a million meals to serve every day, New York City School Food has an exceptionally complex food system to manage and an extremely tight budget that limits the options.

Most meals are of the heat-and-serve variety. Scratch cooking is virtually non-existent in school kitchens, which are often equipped with little more than freezers and heating devices. Most of the food comes from large food service companies working with the cheapest commodity foods, basically the "leftovers" of the food industry.

While school lunches seem designed to appeal to fast food fans, they often fail to appeal to kids even on that level. Students at the Young Women's Leadership School of Astoria, Queens keep a daily blog about school lunch, aptly titled "School Lunch Found Guilty" (http://schoollunchfoundguilty.wordpress.com/). Meal after meal is found "guilty" of being unhealthy and/or unappetizing. Peanut butter and jelly sandwiches are soggy, vegetables are overcooked, some entrees are cold, pastas are either mushy or dried out, and only the raw baby carrots and apples seem to pass muster. Many times the girls mention feeling hungry later in the day because they could not eat enough at lunch.

For many families, the solution is simple: send your kids to school with a packed



lunch. But the problem is not so easy to solve. In New York City, 78 percent of all public school children are eligible for free or reduced-price

lunch. For many families, the school system may be the only source of reliable, "nutri-

tious" food.

But what happens when schools under-deliver nutritionally? What if the food is, in fact, delivering too much starch and sugar? A study by the University of Michigan Cardiovascular Center found that students who eat school food are actually more likely to be overweight, develop poor eating habits and have

higher levels of cholesterol. As a recent article in the New York Times ("The Hunger-Obesity Paradox") pointed out, obesity and diabetes are the new face of hunger, or "food insecurity." School lunch needs to stop feeding the problems of food insecurity and start delivering better-quality, nutrient-dense

There are a number of culprits behind the school food crisis, as Park Slope Food Coop member Janet Poppendieck explains in her new book Free For All: Fixing School Food in America (University of California, 2010). The roots of the problem lie in complex USDA policies, outdated nutritional standards and just plain lack of adequate funding.

So how do we get started fixing school food? This is the conundrum a special committee of the Brooklyn Food Coalition known as the

School Food Reform group, is grappling with. As a member of this committee, I have been meeting with teachers, parents, policy experts and concerned neighbors over several months as we work out a plan that works for Brooklynites. Our strategy thus far is two-pronged: advocate for key changes at the Federal level and help coordinate and train parents and organizers to make smaller changes in their own local schools.

Enter the Child Nutrition Act. CNA is a bill that sets rules and funding levels for school-based nutrition programs as well as other programs such as the Special Supplemental Nutrition Program for women, infants and children (WIC). This is the key legislation we have to change in order to make more than small changes at our local schools. This legislation is about to be reauthorized as this newsletter goes to print. The Brooklyn Food Coalition has joined forces with the NYC Alliance for CNR (http://nycforcnr.org) a coalition of hunger and advocacy organizations, educators, nutritionists, and individuals who are organizing to communicate with policymakers and to educate and mobilize the public. The NYC Alliance has crafted policy position papers and letters with New York City children's best interests in mind.

It just happens that New York City has three representatives who can be especially influential in crafting CNR:

Senator Kirsten Gillibrand sits on the Senage Agriculture Committee and Congresswoman Yvette Clarke sits on the House Education and Labor Committee. Both of these committees will be writing the bill. Meanwhile, Senator Charles Schumer sits on the Senate Finance Committee and could be persuaded to invest new funding in CNR. Thus a large part of the Alliance's mission is to wage a letter-writing and phone campaign targeting these legislators; the Brooklyn Food Coalition has teamed up with the NYC Alliance for CNR and is gathering signed letters wherever and whenever it can.

CNR was supposed to be addressed this fall, but it was granted a one-year extension while Congress grapples with health care reform. Meanwhile, Obama has promised a \$1 billion increase in CNR, and NYC Alliance is asking for an additional \$4 billion. So far there is strong support from the USDA for farm-toschool programs and for strengthening nutritional standards, following the recommendations from the Institute of Medicine's 2009 Consensus Report (www.iom. edu/Reports/2009/ School Meals-Building-Blocks-for-Healthy-Children.aspx):

- Increasing the amount and variety of fruits, vegetables. and whole grains
- Setting a minimum and maximum level of calories
- Focusing more on reducing saturated fat and sodium

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How Does School Lunch Work?

- Schools are reimbursed for each child who participates in the National School Lunch Program. The amount of money the school receives is based on whether the child is eligible for Free, Reduced-price, or Paid (full-price) lunches.
- The current standard reimbursements rates are \$2.68 for free school lunches, \$2.28 for reduced-price school lunches, and \$0.25 for paid school lunches. Reimbursement rates are readjusted every year.
- In New York City, a full-price school lunch costs \$1.50 and a reduced-price lunch costs \$0.25. All children are eligible to participate in the National School Breakfast Program for free and schools are reimbursed at a rate of \$1.46 for each child who participates in the program.
- Children living in households at or below 185 percent of the federal poverty line are eligible for Free or Reduced-price school lunches. Children living in households determined to be above 185 percent of the federal poverty line must pay full price for school lunch or pack their own.
- Because schools receive at least some money for every child who participates in the NSLP, increased participation in NSLP in any given school means more money reimbursed to that schools' budget by the Federal Government.
- For example, The Food Research and Action Center (FRAC, 2009) estimates that if just 25% more of the low-income children in the United States who eat school lunch also ate school breakfast, nationally, schools would have over \$500 million in extra funds to devote to better child nutrition programs.
- New York City is already working hard to improve the nutritional value of School Food. The Office of SchoolFood has reduced sodium, fat, and cholesterol, eliminated artificial flavors and sweeteners and is working to increase the amount of fiber found in school meals.

After a trial run of Bike Valet Service at the Coop last year, the Shop 'n' Cycle Committee is planning for the 2010
Bike Valet Service season and needs workers for regular squads on Sunday afternoons/evenings. The 2010
Bike Valet Service season will run on **SUNDAYS**, beginning April 4 through November 21.

Bike Valet Service works like a coat check: Coop members arriving by bicycle leave their bikes with a Bike Valet worker and

to identify and retrieve their bike when done shopping. The service helps to provide secure, plentiful bicycle (and stroller!) parking

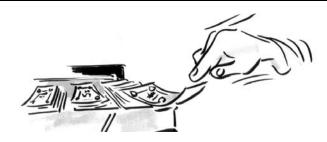
during peak shopping times.

We are looking for **regular squad members** to join these shifts, and are also looking for one Squad Leader per shift. Workslot times will be: Sundays 3:00 p.m.–5:45 p.m. and 5:30 p.m.–8:15 p.m. There will be a range of shared responsibilities for the shift, including setup and takedown of the check-in station & bike racks. Shifts will be rain or shine and there will be 2 trainings offered in late March for potential members.

If you are interested in becoming a regular squad member of the Bike Valet Service, please contact Membership Coordinator Charlene



Swift (email is preferable) at charlene_swift@psfc.coop and please indicate if you are interested in being a Squad Leader.



Hearing Officer Committee Seeks New Members

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.

The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone Marian Hertz of the Hearing Officer Committee at 212-440-2743 or email at Marian.Hertz@cna.com.

What Is That? How Do I Use It? Food Tours in the Coop

We are not there yet
we are in the shift
winter is done—
whatever the snow and rain—
the sun is on our side
stretching itself after its long nap
fattening the buds on the trees
Look closely how
the tree crowns have fuzzed

This is the edge:
where creativity happens
where the world makes itself—
out of sheer
nothing—

into a new expression never realized quite this way before

The edge is where the fire burns quickest where the sail catches the wind where the ocean births reefs

where we crawled out of the damp mire to evolve into our magnificence: a brain

a heart

on two legs

We stand ever at the edge:
between all that has happened
and all that lies ahead
the knife blade of this wild moment
where we get to choose
who we are

The Park Slope Food Coop
The Leading Edge

by Myra Klockenbrink

Monday April 19

April 26

noon to 1:00 p.m.

and 1:30 to 2:30 p.m.

You can join in any time during a tour.

The Coop can no longer accept photocopied coupons or those printed from the Internet.

Major manufacturers (e.g. Proctor & Gamble) will no longer reimburse us for this type of coupon. We will continue to accept manufacturers' coupons from newspapers, magazines and product packaging for items we sell.

Puzzle Corner

Sudoku

2							1	3
	3		8			9		6
8								
					7		8	
7		2			1			5
			1		8			
3	9		6				5	4
6	7		3	4				

For answers, see page 14. This issue's puzzle author: James Vasile

Walk on the Wild Side



William Laviano models the "walker" vest.

member since last fall and did a brief receiving shift. Now he can't imagine putting in his hours on any other shift.

The Great Outdoors

It's easy to see why outside workslots are popular. For many desk-bound New Yorkers, the chance to spend an extra bit of time outdoors is appealing. Indeed, my first set of interviews was on one of those freakishly warm winter days in February. With a clear blue sky and temperatures nearing 60 degrees, no one was complaining as they escorted shoppers.

Pierce Evans has been a member for a year and had to vie for his spot. "When I had orientation I told my trainer I wanted to be outside, but she talked me out of it," said Evans. After a shift of stocking shelves, the persistent Evans put his name on the outside workslot list and got on the squad. Evans has met some interesting people and relishes the chance to stretch his legs—he's an MTA bus driver. "What about those horrid winter storms?" I asked. Evans replied that he'd been pretty lucky when it came to weather.

Make New Friends

Chatting up Coop members seems to be a big plus for the workers on this shift. Elliot Montague has been with OUTS for about a year and he's starting to make friends. He's walked one member to her car at least three times over the year. "It's nice to build a relationship," said Montague.

Jonathan Ortiz was putting in his first shift on the outside workslot crew in March. Ortiz had been a member for about 45 days before getting this key slot. His philosophy: "I guess if the weather is good, the walking is good." He decided on this shift because he finds talking to members interesting.

Some walkers report they get a bit of the bartender treatment—it appears Coop members often unload their problems on the OUTS crew



Misha Jenkins and Milos do double duty on the OUTS

before they get a chance to unload the groceries. Karen Good spoke to me after escorting a chic woman in her 50s. The fashionable member was down in the dumps, telling Good that a dear friend had just been laid off at work. According to Good, all she has to do is "ask how's it going, and people just open up."

One thing leads to another, so I was also eager to know if the walkers ever made a romantic connection. Of the seven members with whom I spoke, none shared any stories of romantic sparks flying on 4th Avenue over a cart full of kale. I asked Stacie Kurtz if she'd ever been hit on during one of her shifts and she said no. The perky middle school teacher responded that she preferred the "amazing book chats" she strikes up with Coop members.

Pushing Boundaries

The number one tip from seasoned OUTS members? "Ask where you are going before you start walking!" said Stacie Kurtz and a number of other shift workers. Almost everyone has been taken advantage of in this regard. (See the map below for details.) The official OUTS area encompasses 4th Avenue, 2nd Street and Prospect Park West (curving around Grand Army Plaza via Plaza Street to Vanderbilt Ave. and Park Place). Members are welcome to an escort within these confines. Anything further is simply wrong. Not only will you wear out the carts and the walkers, your time-consuming trip will leave members standing at the door with no one to escort them to a car.

"It's terrible! One time I walked all the way to 12th Street," said Elliot Montague. Rather than get resentful, smart shift workers know to ask first and walk second. Despite his wild walk, Montague says you won't find him giving his shift up any time soon, "It's so boring inside...I like talking to strangers."

No Heavy Lifting Required

Even though the job has physical demands, it is not meant to be cheap labor. Walkers are not required to lift or carry purchases, push heavy carts or go up stairs (though they may do these activities if they choose). Here's what they can do: walk members and their purchases to members' cars or homes within a designated area. Then the worker returns the

Another no-no? Making a pit stop at the cash machine or Uncle Louie G's. Even if the Coop member offers to pick you up a peanut butter cookie dough cone, you've got to just say no. The walker is there to return the cart, not be a shopper's companion for the full afternoon. It should be mentioned that OUTS members can't enter homes (sorry, no hot cocoa on frosty nights).

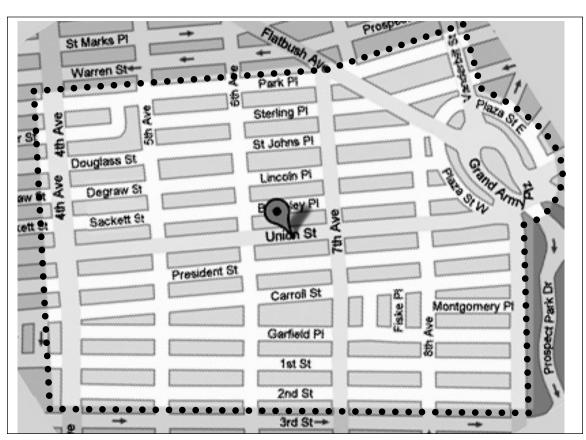
And sorry folks, no tipping allowed. This writer's father didn't really get the gist of the Coop's philosophy and persistently tried to tip the nice member who escorted me to my car (I was nine months pregnant) and loaded the trunk. My dad simply didn't understand that the fellow didn't work for the Coop—he was the Coop. It's up to the walkers to be honest—like the nice guy who just smiled at my Dad and said no thanks.

Wardrobe Benefits

Finally, the last benefit of this shift has to be mentioned—the day-glo orange vest. Feeling a little drab? If you are on the OUTS crew you get to spruce up your outfit with an orange safety vest. Some may see this is a downside, but others seem to vibe on the visibility.

To this writer, the vests are a perfect symbol for the Coop OUTS team. This outgoing crew didn't mind a bit of attention and seemed to have terrific senses of humor. Next time you get an escort home or to your car, be sure to strike up a conversation. This shift isn't for the shy or weather fearing.





Map of the designated walking area.

COOP HOURS

Office Hours:

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday 8:00 a.m. to 10:00* p.m. Saturday 6:00 a.m. to 10:00* p.m. Sunday 6:00 a.m. to 7:30* p.m.

* Shoppers must be on a checkout line 15 minutes after closing time.

Childcare Hours:

Monday through Sunday 8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the Linewaiters' Gazette will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday Apr. 16

8:00 p.m.





Jezra Kaye and Jerome Harris

unite for a duo performance featuring Jezra's sultry but forceful vocals and Jerome's monster guitar and bass-guitar chops. Catch these 29-year Coop veterans in a rare and memorable demonstration of how good things just get better, in music and in life.



Jerome Harris

Lyrical jazz and well-written pop, which is vocal and instrumental, old and new, somewhat familiar and very obscure. Respected guitarist Jerome Harris will follow his tastes in diverse directions, with Marco Panascia (bass) and Todd Isler (drums) contributing.

53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m. [doors open at 7:45] **Performers** are Park Slope Food Coop members and receive Coop workslot credit. **Booking:** Bev Grant, 718-788-3741

Monthly on the...

Last Sunday March 28 10:00 A.M.–2:00 P.M.

Second Saturday April 10 10:00 A.M.–2:00 P.M.

Third Thursday April 15 7:00 p.m.-9:00 p.m.

On the sidewalk in front of the receiving area at the Coop.

RECYC

PLASTICS

What plastics do we accept? Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



This Issue Prepared By:

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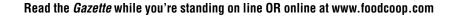
Maxwell Taylor

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Index: Len Neufeld

Production Coordinator: Mary Ellen Muzio



Bike Valet

Sunday, 3:00 to 5:45 p.m. or 5:30 to 8:15 p.m.

April 4 through November 21

The Bike Valet Committee is looking for members to work on this seasonal workslot. The committee operates like a coat check for bicycles in which members will "check in" their bicycles while they work or shop. Tasks on this committee include setting up and breaking down the tent and bike racks, signing in members who use the service, and keeping a watchful eye over the bikes. Members must be willing to work outside in all types of weather but there is a tent to stand under. The Committee has an urgent need for Squad Leaders to supervise the work of

the squad, take attendance, and train workers. If you think you would like to be a Squad Leader, please contact Charlene Swift at charlene_swift@psfc.coop.

Shopping Floor Set-up and Cleaning

Monday or Wednesday, 6:00 to 8:00 a.m.

Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping floor checkout stations. Must like to clean and be meticulous, detail-oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at

cynthia pennycooke@psfc.coop or through the Membership Office at 718-622-0560 if you are interested.

Voucher Data Entry

Tuesday, 7:00 to 9:45 a.m.

The Coop needs detail-oriented members to enter data from voucher sheets into an Excel spreadsheet. Accuracy working with numbers and facility with Excel required. The shift must begin by 7:00 a.m. but you can come as early as 6:00 a.m. You will need to work independently, be self-motivated and reliable. Please contact Renee St. Furcy at renee_stfurcy@psfc.coop or 718-622-0560 if you are interested.

COP CALÉNDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

TUE, APR 27

GENERAL MEETING: 7:00 p.m.

TUE, APR 6

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the Apr 27 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Apr 8 issue 7:00 p.m., Mon, Mar 29 Apr 22 issue 7:00 p.m., Mon, Apr 12

CLASSIFIED ADS DEADLINE:

Apr 8 issue 7:00 p.m., Wed, Mar 31 7:00 p.m., Wed, Apr 14 Apr 22 issue

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The signups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2.Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store-an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

A B O U T GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, April 27, 7:00 p.m.

The General Meeting is held on the last Tuesday of each

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

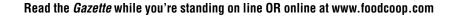
- Enjoy some Coop snacks Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.



park slope FOOD COOP

calendar-of-events

mar 26 fri 12 – 8 pm

Blood Drive



Blood drive is *ONE DAY ONLY*. Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

mar 27 sat 11 am

Dynamic Posture

Feldenkrais Method Awareness Through Movement[®] is a group class that combines verbal instruction and gentle, purposeful movement to clarify the relationship between parts of the body and the whole. Students learn efficient use of the skeleton and how to reduce unnecessary tension and muscular effort. In this workshop we will explore gentle sitting and standing exercises that will help you find more mobility and length in your spine. Coop member **Rebecca Davis** is a Guild Certified Feldenkrais Practitioner.

mar 27 sat 2 – 5 pm

Adult Clothing Exchange

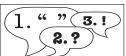


The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop

before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter.

apr 6 tue 7 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda"

Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. *The next General Meeting will be held on Tuesday, April 27, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

apr 16 fri 8 pm

Jezra Kaye and Jerome Harris



Jezra Kaye and Jerome Harris unite for a duo performance featuring Jezra's sultry but forceful vocals and Jerome's monster guitar and bass-gui-

tar chops. Catch these 29-year Coop veterans in a rare and memorable demonstration of how good things just get better, in music and in life. Harris' lyrical jazz and well-written pop is vocal and instrumental, old and new, somewhat familiar and very obscure. Respected guitarist Harris will follow his tastes in diverse directions, with Marco Panascia (bass) and Todd Isler (drums) contributing.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45 The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Coffeehouse event, contact Bev Grant, 718-788-3741.





apr 24-25 Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

apr 27 tue 7 pm

PSFC APRIL General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office and at all General Meetings. *Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

apr 30 fri 8 pm

Band Nite



Come support fresh talent at the Food Coop's first-ever "Band Nite," with performances by Marigo Farr, Train Wreck, Too Big to Fail, The Union Street Preservation Society and Under the Rasta Influence. Doors open at 8:00 p.m. Admission is \$5.

Event takes place at Jalopy Theatre, 315 Columbia St., between Hamilton Ave. and Woodhull St., 718-395-3214, www.jalopy.biz.

may 4 tue 7 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda"

Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. *The next General Meeting will be held on Tuesday, May 25, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

may 8 sat 12 pm

Nutrition Response Testing

Join us for a look at Nutrition Response Testing. **Diane Paxton**, MS, LAc, will explain how NRT can identify the underlying reason your body is creating symptoms and help you design a personalized clinical nutrition program to have you looking and feeling better than you have in years.

may 8 sat 3 pm

Sustainable Townhouse Primer

This presentation is intended to provide homeowners with a basic understanding of their homes, what their assets and liabilities are, and how to retrofit. Topics include the importance of the building envelope, solar orientation, air infiltration, heating and cooling options, electrical efficiency, sunlighting, and passive heating/cooling. Architect and Coop member **Ryan Enschede** leads an architecture practice pursuing sustainable building solutions adapted to NYC's climate and built conditions.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

mar 26-jun 29

may 16 sun 12 pm

Six Healing Sounds of Qi Gung

Each of six Qi Gung exercises is performed with a sound that has a healing resonance with a body organ: liver, heart, spleen, lungs, kidneys and triple burner. The "life/breath" of each organ can be strengthened with regular practice. This workshop is limited to 15 participants. Please reserve by calling 718-622-0122. Presented by licensed acupuncturist and long-time Coop member Ann E. Reibel-Coyne.



Food Class



Food class to be announced. Materials fee: \$4.

may 21 fri 8 pm

Adele Rollider and Noe Venable



Adele Rollider is a singer-songwriter, music therapist and activist. "Adele's warm and beautiful voice and empowering songs make me know a better world really is possible," says Ray Korona. Singer-songwriter Noe Venable is a composer of

mystically tinged experimental folk songs, incorporating spine-tingling vocal harmonies and soaring strings. Ani DiFranco has called her music "ravishingly melodic!" Puremusic.com dubs her "a full-blown young musical visionary."

Concert takes place at the Brooklyn Society for Ethical Culture,

53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45

The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Coffeehouse event, contact Bev Grant, 718-788-3741.

Evolutionary Astrology: A New Perspective

We seek a deeper perspective, to bring fresh insight into our lives and help us move forward. We will discuss the basic archetypes of the signs, houses and planets, through the 12 signs of the zodiac. Coop member Clara Nura Sala has been practicing and teaching astrology for 10 years. She is a graduate of the Jeffrey Wolf Green School of Evolutionary Astrology and counsels clients across the U.S. and around the world.

PSFC MAY General Meeting

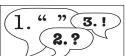


Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office and at all General Meetings. Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.



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Film Night



Film title to be announced.

To book a Film Night, contact Faye Lederman, squeezestone@hotmail.com.



Safe Food Committee Film Night



Film title to be announced.

jun 26-27 Food Drive to Benefit sat-sun 9 am-7 pm CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

jun 29

PSFC JUNE General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office and at all General Meetings. Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

still to come

Due to impending construction and renovations on the second floor of the Park Slope Food Coop, a schedule of further future events is not yet available.



We're one step closer to opening for business **NOW WE NEED YOU!**

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now -- we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

www.foodcoopbayridge.com hello@foodcoopbayridge.com 347-274-8172

LEFFERTS FARM

We are a newly-formed group made up of residents from Flatbush Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/ messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at www.meetup.com/plgfoodcoop or contact leffertsfarm@gmail.com for more information.

JOIN US: www.meetup.com/plgfoodcoop





HELP US GET STARTED ND MAKE YOUR

Be a part of forming a new food co-op in the Fort Greene Clinton Hill area. PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



www.GreeneHillFoodCoop.com info@greenehillfoodcoop.com | 718-208-4778



R S ITOR 0 Ξ H Ε D

COOP FEATURED IN COOKING SHOW

TO THE EDITOR:

A while back we shot an episode in the Coop, featuring your amazing produce and dry goods and that episode will be going on air in San Diego, Yuma and Palm Springs on 4SD (www.4sd.com).

I just wanted to give the Coop a heads up that you'll be featured. I'm a former member who moved away and deeply misses you.

You can see clips of the show at www.thegoodfoodfactory.com.

Hope all is well and eat some Manchego for me!

Amanda Curry

GREAT COMMUNITY TIES

TO THE EDITOR:

Several months ago I scanned the Community Ties brochure. I wasn't looking for anything in particular but was curious to see how it had grown. I came across a listing for web design services by Silicon Farms and decided to check them out. Long story short: I hired them to design my web site and was thoroughly pleased with their services. The owners are everything you expect from Food Coop members: talented people with conscience and heart. I highly recommend them and Community Ties. Great way to get what you need while working with people you'll like.

Liz Salen

KIDVERSE: HAIR TODAY

Daddy, Daddy, Good and true, Now's my turn To help you Losing hair? Do what's new— In the morning Shampoo with glue.

Leon Freilich

PLASTIC BAG ALTERNATIVES

TO THE EDITOR:

I applaud the signs in the produce and bulk food aisles suggesting we NOT use plastic bags. A further step forward might be to suggest—and make available—an INEXPENSIVE alternative. The reusable cotton bags currently offered are a tad dear. They are also easily forgotten at home and are too small for packing fruits and vegetables. And, personally, I don't care to use them for small-granule ingredients such as salt, sugar or ground coffee.

Small boxes, paper bags or used onion bags would work equally well for packing fruits and veggies. Perhaps a stack of these could be made available in the produce section. And if something like clean used yogurt containers worked as well as plastic bags for sugar, salt and ground coffee, perhaps space is available for such things in the bulk food aisle.

While I may be the only member who dislikes placing naked apples onto the surface of the typically clean checkout counters, or who dislikes letting a sneezing, coughing and eating checkout worker handle the lettuce, perhaps the new checkout assistant—the one who might soon appear to help us pack our groceries—could help keep the checkout surface clean. And perhaps our colleagues at checkout could each be trained in basic hygienic practices.

> Sincerely yours, Robert Matson

LIVING WITHOUT THE **PSFC**

TO THE EDITOR:

A year after moving to Teaneck, I'm finally facing the difficult reality that it's completely impractical for my significant other and me to remain members of the Coop. One of the questions I asked myself in leaving Brooklyn was, after nearly twenty years of Coop membership, how could I replace all that great, cheap Coop food? Well, it may sound like Coop heresy, but a year later I realize finding food isn't the big issue.

I can get organic meats at our local suburban supermarket. I can get natural products pretty much anywhere. We've even got a Whole Foods ten minutes away and a Fairway in Paramus a little further than that.

But is that Whole Foods organic apple, grown on a giant conglomerate farm thousands of miles away, as good as the non-organic local Hepworth Farm minimally treated varieties the Coop stocks?

The so-called organic beef my local Stop and Shop sells will keep me safe from pesticides, but it's most likely raised in an organic factory farm with the attending animal misery and environmental sewage issues.

Our local supermarket even has its own brand of reasonably priced organic milk, no doubt packaged by one of the two or three giant conglomerates that has co-opted the organic foods niche. But I can't get Natural By Nature, whose grass fed cows are raised on local Amish farms. The organic milk I can buy now is most likely pasteurized at extremely high nutrient-killing temperatures to keep it fresh during its long, petroleum-dependent journey from its factory farm.

My hard-earned dollars can still support organic foods, but a much larger percentage of the premium I pay for the organic label will go to the two big corporations that have a monopoly on industrial organic, and for the fossil fuels required to transport that food, rather than to the small farms and local farmers that more of my dollars supported as a Coop member.

I live in Teaneck now, and I will buy

the organic milk and the organic meat here, not to mention the canned organic beans (only 99 cents a can, cheaper than the Coop!). But the Karma and the empowerment of being one of 15,000 plus individuals whose combined buying power supports small farms and sustainable environmental practices (under the stewardship of our dedicated General Coordinators) is what I'll miss the most.

Roberta Piket

AUDIT COMMITTEE PROPOSAL

TO THE EDITOR:

In October 2008 I proposed a discussion of an audit committee as an item for the GM. No vote was proposed and the discussion was meant to be a precursor for a later GM vote on the topic.

Here's some background: the proposal for an agenda committee is an important step towards good governance. Currently, management selects our auditor which is charged in checking on management. Can you see an inherent conflict of interests for the auditor? Auditors will not want to upset management, lest they lose the client and income.

In May of 2009 I submitted my proposal for a vote by the GM. That proposal mysteriously disappeared and never made it to the agenda committee's meeting. In September of 2009 I wrote a letter to the Gazette about the importance of an audit committee. No one could find the May 2009 paperwork.

So, in October 2009 I re-submitted my proposal to the agenda committee and received confirmation that it was received and would likely be discussed during the February 2010 GM. However, to-date, no one knows where the 2nd proposal is, or if they know—they ain't telling.

So where's my proposal? Could it be that a lack of commitment of the agenda committee is a contributing factor to the inaction? When in May 2009 I asked about the status of the proposal via e-mail, Joe Holtz voiced his opinion that a vote should not be taken. His email was directed to the agenda committee chair in response to my question. Other general coordinators also added their opinion on the matter via e-mail. Even if coordinators' intent was to "voice an opinion," doing so to the agenda committee chair was inappropriate, because it could appear as attempting to set an agenda to an item that affects their decision power (i.e. the power to recommend an audit firm to the GM). As I understand the process, the place to voice such opinions is the GM once the item is brought to a vote.

In final analysis, now that it has been about six months since the proposal was resubmitted and no one knows where it is, I increasingly worry that the agenda committee is affected by e-mail comments made by the

general coordinators.

So everybody, here's the action item: we need an audit committee! After all, the audit committee would be beholden to the membership, not to management's wishes. Let's find the proposal and put it on the agenda, please. It's the right thing to do.

> Cooperatively, Yigal Rechtman

Editor's note: Per Coop policy, the general coordinators do not select the Coop's auditors. They make a recommendation and that recommendation is voted on at the GM.

LINE CAMS

TO THE EDITOR:

At the February general meeting a member asked for a link to determine how many shoppers are on the floor. I don't know what this member had in mind. What I would like to see are two webcams: One between the rear elevator and the meat case pointing at Aisle 7 and the end cap. The other over the yoghurt case pointing at Aisle 4 and the bookshelves. A check would give you some idea of the lines.

Don Wiss

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@ psfc.coop or on disk

Anonymity

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

In order to provide fair, comprehensive, factual cover-

- 1. The Gazette will not publish hearsay—that is, allegations not based on the author's first-hand observation.
- 2 Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
- 3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by Gazette reporters which will be required to include the response within the article itself

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

Read the Gazette while you're standing on line OR online at www.foodcoop.com

Puzzle Answers

2	4	7	5	6	9	8	1	3
1	3	5	8	2	4	9	7	6
8	6	9	7	1	3	5	4	2
4	1	6	2	5	7	3	8	9
7	8	2	9	3	1	4	6	5
9	5	3	4	8	6	7	2	1
5	2	4	1	9	8	6	3	7
3	9	8	6	7	2	1	5	4
6	7	1	3	4	5	2	9	8



CLASSIFIEDS

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The House on Third St. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171. houseon3st.com. Let us be your Brooklyn Hosts.

CLASSES/GROUPS

A NEW DANCE studio managed by two Coop members is now open. We offer Salsa, Modern, Ballet, Hip-Hop, Pilate, Yoga, Cardio Salsa, Tae Kwondo & Kickboxing programs for all age groups. La Casa De Salsa Dance Studio is located at 8617 5th Ave. in Bay Ridge. 718-440-5014. We look forward to seeing you. Discounts for Coop members.

YOGI'S MANIFESTO: Locally sourced and responsibly cultivated, small classes and personal attention, a beautiful, clean studio two blocks from coop. Props and mats provided. Yoga classes taught by coop members Susan Kraft and Annie Wong. For schedule and more information www.JenniferBrilliant.com or 718-499-7282

COMMERCIAL SPACE

PROFESSIONAL OFFICES available for health-related practices including but not limited to medical doctors, chiropractors, psychotherapists, podiatrists, reflexologists, massage therapists. etc. Be part of a holistic facility in SOHO or in a great Brooklyn location. Non-medical offices available in Brooklyn. For information, please call 212-505-5055.

PETS

ADOPT PARKER! Parker was abandoned in a cardboard box. Large, sweet, older orange male neutered cat. FIV/FELV negative. Easy going, loves affection. Pics can be emailed to you. Contact Sheila at 212-927-4268. sjmassey@earth link.net.

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TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free.

Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

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ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

SAT, MAR 27

REAL MILK: WHAT'S THE REAL DEAL? An evening lecture with Sally Fallon Morell. President of Weston A. Price Foundation speaks about the movement for real milk. 7:00-9:00 p.m. Subud Chelsea Center, 230 W 29th St. btw 7th & 8th aves. \$15-20. Purchase tickets at www.brown papertickets.com/event/97887.

PEOPLE'S VOICE CAFE: Brooklyn Women's Chorus. 8:00-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). Info: 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

SUN, MAR 28

BROOKLYN PUBLIC LIBRARY CHAMBER PLAYERS: Free Concert in the Dweck Center at the Central Library at Grand Army Plaza. Featuring the Claremont Trio: Emily Bruskin, violin; Julia Bruskin, violoncello; Donna Kwong, piano. 4 p.m. www.brooklyn publiclibrary.org.

TUE, APR 6

FINANCIAL FITNESS COURSE: Learn how to manage your finances, maintain good credit and make the most of your budget in this five-week course. Classes begin April 6 from 6:00 to 8:00 p.m. Registration is now open. Neighborhood Housing Services of East Flatbush, 2806 Church Ave. (btwn Nostrand & Rogers aves). To register call, 718-469-4679. NHS is a not-forprofit housing organization. www.nhsofeastflatbush.org

BOOK RELEASE PARTY & DIS-CUSSION: "Gristle: From Factory Farms to Food Safety," edited by Moby with Miyun Park. 7–9 p.m. Gristle is a stunning collection of writing from the most progressive food-minded thinkers in the country. Moby and Miyun Park will be present. Refreshments will be served.RSVP: gristle@ powerhousearena.com.

WED, APR 7

FOLK OPEN SING: Come sing with us the first Wednesday of every month. Bring voice, instruments, friends. Children wel-



come. Co-hosted by the Folk Music Society of N.Y., the Ethical Culture Society, & the Good Coffee House. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10:00 p.m. Info: 718-636-6341.

FRI, APR 9

GOOD COFFEEHOUSE: Bev Grant* and the Dissident Daughters / Annie Dinerman-Singer /songwriters. Brooklyn Ethical Culture Society. \$10/kids \$6. 8:00 p.m. 53 Prospect Park West. www.gchmusic.org.

SAT, APR 10

PEOPLE'S VOICE CAFE: Ray Korona Band, 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

"PARLOUR GAMES": a free dance series, offers a modern twist on parlor games of late 19th century. This work will be performed in private homes, public spaces and venues all around Brooklyn this Spring starting April 10. Locations can be found at www.TzeChunDance.com.

SAT, APR 17

PEOPLE'S VOICE CAFE: Sara Thomsen and Bernardo Palombo. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

E-WASTE RECYCLING DAY: At Habana Outpost, South Portland Avenue and Fulton Street. 10:00 a.m.-4:00 p.m. http://Grow NYC. org/recycling/recyclingevents.

FRI, APR 23

GOOD COFFEEHOUSE: Frank & Nancy Moccaldi & Friends—Folk music. Brooklyn Ethical Culture Society. \$10/kids \$6. 8:00 p.m. 53 Prospect Park West. www.gch music.org.

SAT, APR 24

PEOPLE'S VOICE CAFE: Peoples' Voice Cafe: Disabled in Action Singers; Goddess Gospel Choir. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested

donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

JAZZ ODYSSEY IN BROOKLYN LIBRARIES: The David Bindman Ensemble. The ensemble features Frank London, trumpet; Reut Regev, trombone; Art Hirahara, piano; Wes Brown, bass; royal hartigan, drums; and David Bindman*, tenor saxophone and composer, FREE, and intended for people of all ages. Sunset Park Library, 5108 4th Avenue, 1:00 p.m. 718-567-2806.

PROSPECT PARK AUDUBON CENTER EARTH DAY CELEBRA-TION: Join the Audubon Center as we celebrate the 40th Anniversary of Earth Day! Learn about actions you can take to help preserve our planet. Featuring a variety of fun kids craft projects using recycled materials. 1:00-5:00 p.m. Free. 718-287-3400. www.prospectpark.org.

SUN, APR 25

E-WASTE RECYCLING DAY: At PS 29 School Yard, Baltic Street between Henry and Clinton streets. 10:00 a.m.-4:00 p.m. http://GrowNYC.org/recycling/rec yclingevents.

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CLASSIFIEDS (CONTINUED)

Park Slope Food Coop, Brooklyn, NY

COMPUTER HELP — Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. On-site or pick-up/dropoff. References, reasonable rates. Long-time Coop member. 347-351-3031 or info@nygeek girls.com.

ELECTRICIAN: Art Cabrera 718-965-0327. 37 years in the industry. Small jobs to whole houses. Expert in old wiring, troubleshooting, LV, 110 + 220. Also can act as consultant or G. C. Original Coop founder. BIB. Much thanks to the hundreds of satisfied customers; apologies to the few I've disappointed. PEACE BE WITH YOU.

NEED A PAPER "THERAPIST?" Feel burdened by your stuff? Can you find what you need when you need it? Would you like more space and ease in your home, office or life? Call a professional organizer: Parvati 718-833-6720, Parvati4@aol.com. Free initial phone consultation.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Color, high lights, low lights, perms, hot oil treatments. Adults: \$35.00. Kids \$15.00. Call Leonora 718-857-2215.

HEALTH

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing everincreasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

LICENSED MASSAGE THERA-PIST. I focus on your need/pain for one-half hour and charge less to help you with more. Call 718-788-1864. Harriet Miller, Center Slope.

HOLISTIC DENTISTRY in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings,



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crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

VACATIONS

BUNGALOWS FOR RENT in charming cooperative summer community. Beautiful wooded grounds. Olympic pool, tennis, basketball, swim & boat in lake. Near Bethel Woods Performing Arts Center. Great family vacation. Reasonable prices. Contact Marlene Star, mstar18@optonline. net, 914-777-3088.

HUDSON VALLEY VACATION COTTAGES. One- to three-bedroom cottages for sale in familyfriendly, historic three-season community in Westchester County, NY. Pool, tennis, hiking,

social activities. \$80k-112k, cash sales. Annual maintenance approx. \$4k. Sorry, no dogs. rhcottages39@verizon.net or 973-951-8378.

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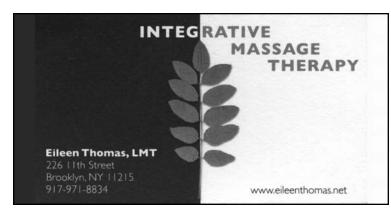
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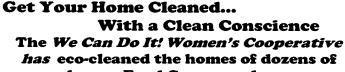
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Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal). Submission forms are available in a wallpocket near the elevator in the CHRONOS CONTRACTING A Dedication to Detail and Excellence "By far, the best contractor I've ever worked with." Gut Renovations to Small Repairs Call us today for a FREE estimate!

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How Some Coop Members Are Trying to Improve School Food

CONTINUED FROM PAGE

Meanwhile, Senator Blanche Lincoln started working on CNR on March 2, just as legislators return home for Easter recess, March 26-April 11. This is an excellent time to visit and call legislators. Word has it that they are not hearing from enough constituents about what we want.

Looking towards more local change, BFC school food organizers have crafted a plan to enable parents, teachers, students and neighbors to "light the fire of change and democracy for school food," as BFC School Food member Kristen

Schoonover puts it.

The group has created a "roadmap" for change, outlining how organizers can connect with a school PTA (if they are not already members) and either help support or initiate the federally mandated partnership meetings that should be happening with school administrators, teachers, parents and students to discuss health and nutrition.

The BFC has also produced a sheet explaining what changes can be made in school cafeterias under current rules (for example, parents can request a salad bar). Volunteer Rebecca Winters has redesigned a City Harvest-created diagram outlining how the National School Lunch and Breakfast programs connect with local



schools, with points of decision-making. Over the next several months, members of the School Food group will be introducing these materials to BFC's neighborhood-based chapters and holding school food reform training sessions. The materials are currently available on the School Food Action Page (http://brooklynfoodcoalition.ning.com/page/school-food-action-page).

The group is also working on tapping into the expertise of Brooklyn's most successful school food reformers, in particular the members of the newly formed Green 15. This is a group of District 15 parents who have created a newsletter describing their activities in creating school

gardens, managing gardento-cafeteria programs and
otherwise making their
schools more environmentally sustainable environments.
(The newsletter can be downloaded from http://brooklynpta.org/.) District 15 is
embarking on an ambitious
program of its own, with
more affluent schools partnering with less affluent
schools to help develop and
share best practices.

BFC General Coordinator Nancy Romer is taking the long view, hoping that a slow, deliberate approach that builds relationships with key neighborhood stakeholders will ultimately yield deep, long-lasting results. This story has only begun.

Coop Job Opening: Receiving/Stocking Coordinator Evenings & Weekends plus variable schedule Description:

The Coop is hiring a Receiving/Stocking Coordinator to work evenings and weekends plus a variable schedule. This new position will be a combination of 2-3 fixed weekly shifts and two variable shifts in order to increase capacity for vacation overages.

The evening and weekend Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well stocked and orderly while maintaining the produce quality. At the end of the evening, they set up the receiving areas to prepare for the following day's early morning deliveries.

The ideal candidate will be a reliable, responsible self-starter who enjoys working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with several other Receiving Coordinators. You must have excellent communication and organizational skills, patience, the ability to prioritize the work and remain calm under pressure.

We are looking for a candidate who wants a permanent evening/weekend schedule and has the flexibility to work other times of the week to provide needed coverage. This is a high energy job for a fit candidate. You must be able to lift and work for hours on your feet including in the walk-in coolers and freezer. Grocery store experience is a plus.

Hours: 32-40 hours per week, schedule to be determined

Wages: \$23.48/hour

Benefits: —Health and Personal time

—Vacation—three weeks/year increasing in the 4th, 7th & 10th years

—health insurance—pension plan

Application & Hiring Process:

Please provide a cover letter and your résumé as soon as you can. Mail your letter and résumé or drop it in the mail slot in the entryway of the Coop. All applicants will receive a response. Please do not call the office to check on the status of your application. If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least the past 6 months.

Applicants must have worked a minimum of three shifts in Receiving within the past year.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Mariana Acevedo Elizabeth Age Jessica Bailey Kate Baker Andrea Ball Gregg Barash Sunny Barash Libby Batten Jacques Bettig Dina Bleecker Alicia Bowman Cathrin Bowtell James Bowtell Rachel Browne Kimberley Bruno Jennifer Buckley Casey Butcher Jerry Campbell Jared Carrano Claude Charles Melissa Christie Michael Claeys Dale Coachman Tia Coachman Michelle Cortez Jeanne D. Costley Jonah Davis Marco Deseriis Minh Do Ginger Dolden Samantha Douglas Micah Drimmer Yarden Drimmer Hannah Durning Emily Falco William Ferullo Emily Fleisher Fiona Gardner Mischa Gaus Eugenie Gleason

Victor Gonzalez Jim Gottier Mira Grechu Ben Greenblatt Pamela Greenblatt Anna Grevenitis Paul Griffith Erica Grigg Jessica Grippo **Emily Gruen** Chelsea Haggerson Brian Hamman Annie Hart Travis Hartman Martine Hasenauer Katje Hempel Angela Hickman Jael Humphrey-Skomer Aliya Hussain Evelyn Irving Cory Jacobs Peter Jacobs Aaron Jaffe Ghandi Jeddi Celia Johnson Scott Johnson Carrie Jones Kevin Kelly Stephanie Krause Gerard Laffan Noemie LaFrance Erica Laird Jeremy Langdon Sophia Langdon Stephanie Lawty Camellia Lee Shirley Lee Lemus Jessie Levandov Mariana Lima

Victor Liu Ellie Lotan Jennifer Macartney Laurel Madar Eric Magnus Sarah Manning Lara Marcuse Mark Mathewson Angela Mayo Ian McConnell Julian Merrick Sarah Moore Catherine Mullarkey Quincy Myers Darren Neighbors Heidi Nilsen Megan Noonan Jessica Nordell Raka Nuernberger Stacey Nussbaum Laura O'Loughlin Bssi Odze Israel Odze Inna Ostrovskaya Karen Patrick Kira Pearson Adam Pettis Andrea Lawton Pettis Jean Pockws Mark Pruce Victoria Rainert Matthew Rascoff Casey Ratliff Valerie Raymond Megan Reese Dorothy Rosensweig Andre Sannon Michael Schapira

Laura Scheiber Jason Schmidt Miryam Segal Kim Skadan Megan Skanse Lance Slatter Michel Slubicki Malcolm Spittler Teresa Spizzirri Laurence Spollen Barbara T. Stavridis Rune Steiro Ewelina Stepnicka Debbie Stevens Bryan Sykora Julia Taylor Hyacinth Thompson Jon Thompson Daniel Tisch Miriam Tola Denis Touchet William Touchet Nechama Trappler Julie Tribe Matthew Tribe James Tweedie Matt Valades Philip Verges Benjamin Walton Tim Watson Amanda Wegelius Kurt Wegelius Bridget Whelan Michael Whetten Gabriele Wilson Amy Yu Po-Hong Yu Liliva Yurvnets Stan Yurynets Jennifer Zartarian

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Laura Araman Dionne Avery Eleanor Broh Levi Capland Molly Chanoff Kate Edmundson Michael Eillis Mariela Figueroa Rachel Gardner Samilia Ghartey-Sam Jeffrey Goodman Geralyn Harry

Steven Scott

Henstrand

Jennifer Hickman

Urvashi Joneja Esther Kaplan Rebecca Leece Margie Lempert David Levine Erica Levine Philip Li Ming Linsley Ingsu Liu Barri Malek Rick Mangi Karen McMullen Tracey McTague

Ander Mikalson

Meghan Milam

Alex Hunley

Frank Moscowitz Adam Newport-Berra Brain Paupaw Nick Peterson Kevin Quealy April Reynosa Erin Roche Sarah Roman Daniel Romer-Friedman Natalie Roy Claire Sandberg

Tyler Sargent

Lize Mogel

Wendy Morris

Naeemah Senghor Fabienne Seveillac Leslie Simitch Stephen Simons Gary Singer Andrew Sloat Bonnie Smith Matthew Stevens Teresa Theophano Stephanie Trager Maeve Turner Aleksei Wagner Tracy Waksler Ken Weine Brica Wilcox

Megan Saynisch

Read the Gazette while you're standing on line OR online at www.foodcoop.com

