

Established  
1973

# LINEWAITERS'

## GAZETTE



Volume EE, Number 8

April 22, 2010

## Bob's Red Mill

### A Whole Grains Company Built by Its Employees Is Now Owned by Its Employees

By Liz Welch

**B**ob Moore, the Founder of Bob's Red Mill Natural Foods, whose products are available here at the Coop, celebrated his 81st birthday last February by giving his 209 employees a gift: He announced that he was turning his multi-million-dollar, Oregon-based company into an Employee Stock Ownership Plan (ESOP). Instead of selling to the countless companies and corporations who have made offers over the years—his executive assistant Nancy Garner says she fields weekly, sometimes daily, calls from interested parties—Moore felt strongly that his company, started in 1978 and built on the hard work and loyalty of his employees, belonged to them.

"These people are far too good at their jobs for me to just sell the company," he explains. "I have employees who have been with me for 30 years—I want them to own the company." He also thinks it makes smart business sense, explaining that the ESOP move is not just a dream realized, but the ultimate way to keep this business moving forward. Roger Farnen, the company's Quality Assurance Manager, agrees: "By creating the ESOP, Bob and the partners have fulfilled their ultimate quest for sharing success among all employees. And it provides tangible incentives for optimal achievement no matter what their position in the company. Bob is basically passing the entrepreneurial torch on to his employees and is instilling in us that hard work provides rewards."

According to the National Center for Employee Ownership (NCEO), roughly 11,000 companies have ESOP plans—W. L. Gore and Associates is one of the great success stories. The Texas-based makers of Gore-Tex, an ESOP since the seventies, was named by the business magazine *Fast Company* as one of the most innovative companies to work for in 2004. The ESOP consists of 8,000 "associates"; the word



ILLUSTRATION BY DIANE MILLER

"employee" is not used. One NCEO study showed that following an ESOP conversion, companies show, on average, a two-to-three-percent annual increase in growth for company sales, employment, and productivity.

In short, it's a win-win situation: The company prospers, and so do its employees.

Here's how: The ESOP announcement means the company's stock is now put toward a retirement plan for employees. The stock is never held or bought directly by individuals, but vested employees can pull out money

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## A Clean Sweep

By Diane Aronson

**P**erhaps it's when you notice blossoms pushing out of window boxes. Maybe it's as you wave to neighbors enjoying a balmy evening on their stoops. All are sure signs of spring, and one's thoughts inevitably turn to seasonal cleaning. With this in mind, I talked with several Park Slope Food Coop members about their household tidying-up rituals, as well as which eco-friendly cleaning products they use.

### What Comes to Light

Amelie Davidson is motivated to clean when the sun lights up those things that linger below the radar during the winter—early spring found her "scrubbing the gunk around the baseboards; I just don't think I noticed it during the winter!"

Amelie's household-cleaning routine includes "lots of white vinegar." Her cleaning solution for countertops and the bathroom sink uses a ratio of a quarter cup of vinegar to a gallon of hot water. To disinfect, she will use a more concentrated vinegar solution.

Floors are mopped with a "little bit" of Dr Bronner's eucalyptus soap added to hot water. Heavy-duty jobs like degunking sometimes require adding Lysol to the clean-up arsenal.

Emily Feinstein thinks about spring cleaning as soon as "light comes in the back door." For general cleaning she likes a product from Simple Green, and uses Fantastik for spray-and-wipe cleaning. Emily's home has wooden floors, which are a particular area of concern. When I asked her if she would be interested in trying a plant-based cleaner such as Ecover's floor soap, she said enthusiastically, "That would be great!"

### The Right Tools Make All the Difference

Marek Senkowski's number one cleaning tool is "a good vacuum cleaner with amazing filters." For wood floors, he likes Ecover floor soap. He also uses Ecover products for kitchen cleaning, noting that the company's products "are

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### Next General Meeting on April 27

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. \* The next General Meeting will be on Tuesday, April 27, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

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## Coop Event Highlights

- Sat, Apr 24 • Food Drive to Benefit CHIPS Soup Kitchen**  
**Sun, Apr 25** 9:00 a.m.-7:00 p.m.  
**Fri, Apr 30 • Band Nite** 8:00 p.m.  
**Fri, May 21 • Coffeehouse: Noe Venable and Adele Rolider**  
 8:00 p.m.

Look for additional information about these and other events in this issue.

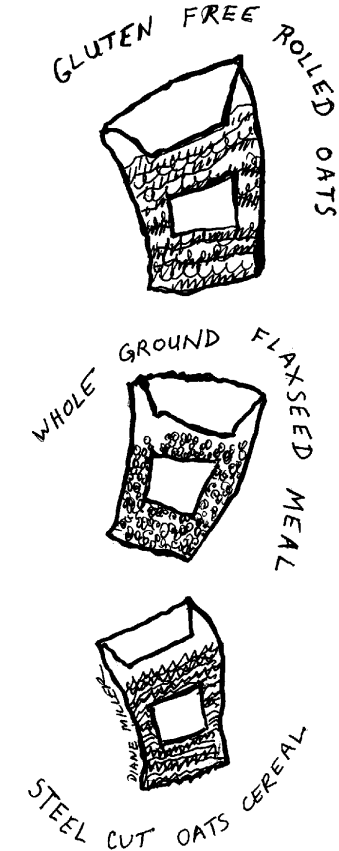
Bob's Red Mill

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from the trust once they retire. Nancy Garner said she and other employees were floored by Moore's plan, under which any worker with at least three years tenure is considered fully vested. "It's very humbling to be part of a company that cares this much about its employees," Garner says. Vested employees are sent annual reports detailing their respective stakes in the company. When those employees quit or retire, they receive in cash whatever amount they—and the company, through increased revenues, new sales and controlled costs—are due.

While Bob's Red Mill does not disclose financials, a business publication estimated its revenues to be more than \$24 million in 2004, and a company news release stated that its annual growth rate is between 20 and 30 percent annually ever since. "Eventual payouts could be substantial," says John Wagner, the company's chief financial officer.

Moore founded Bob's Red Mill in 1978 with his wife Charlee. It was a perfect fit: Throughout the sixties, Charlee was frustrated that she could not find whole grains or wheat bread in grocery stores, and available alternatives to white bread



were only "brown" via caramel coloring. Bob, a former gas station owner with a penchant for mechanical engineering, had read a story about old-fashioned stone grinding and become so fascinated by the antiquated process that he wanted to start a milling company. The couple, then in their 50s, did a reconnaissance tour of working mills that took them throughout the U.S. and over to the U.K. as well. They started a small milling company in Redding, California with the help of their two sons, but moved after Moore discov-



ILLUSTRATIONS BY DIANE MILLER

ered a closed mill site near Oregon City, Oregon that housed a 2,000-pound millstone. Bob leased the space, replaced the floorboards and painted the mill red, and Bob's Red Mill was born. After an arsonist set fire to the mill in 1988, Moore's beloved building was destroyed, but his commitment remained intact. The family used the fire as an opportunity to rebuild and expand. Currently, the company is headquartered in Mil-

waukie, Oregon, just 15 minutes outside of Portland, and has a 15,000-square-foot visitors' center where people can shop for products and tour the mill.

Before the fire, the company only sold regionally. Today, it is the largest producer of minimally processed whole grains in the country. Bob's Red Mill makes more than 400 products, ranging from flours—almond meal, organic amaranth, and buckwheat, as well as gluten-free garbanzo and fava bean—to more than a dozen varieties of oats. Bob is particularly proud that their oatmeal won top honors at the Scotland-based 16th Annual Golden Spurtle World Porridge Making Championship (the Oscars of oatmeal) in 2009, the first American product to do so. Matt Cox, the company's marketing manager, created an oatmeal crème brûlée (see recipe above) for the specialty category. The company's many grain offerings include kamut, chia seeds and hulled hemp seeds. There are more than two dozen cereals to choose from, such as crunchy coconut granola and creamy brown rice farina. Responding to the rise in awareness of celiac disease in this country—recent studies say one out of 150 Americans suffer

from gluten intolerance—Bob's Red Mill is dedicated to expanding its gluten-free offerings, which currently number more than 100.

Bob built his company on his milling process, using flint stones imported from France and a technique that goes all the way back to the 1800s. The slow-turning stones grind the grain without overheating it, leaving all the nutrients intact. Combined with the fact that the Moores believe in using organic grains—theirs are never genetically modified—it makes perfect sense that this company, built on nutritional goodness, would become a paragon of business management as well. Within days of the announcement, the blog at [www.bobsredmill.com](http://www.bobsredmill.com) was ablaze with comments applauding Bob's decision. Taylor West wrote: "What an inspiring gesture from a truly honorable man. Throughout his career Bob built a sterling reputation for quality in the industry, and this announcement is a fitting reflection of the quality man that he is. Congratulations to the Bob's Red Mill community and may the Bob's Red Mill brand continue to flourish as a symbol of quality and wholesome goodness for generations yet to come." I second that. ■

RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

- 1. The Paid-In-Full receipt MUST be presented.
- 2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

- |           |  |
|-----------|--|
| Produce*  | Bulk* (incl. Coop-bagged bulk)                                       |
| Cheese*   | Seasonal Holiday Items   |
| Books     | Special Orders   |
| Calendars | Refrigerated Supplements   |
| Juicers   | & Oils   |
| Sushi     | *A buyer is available during the week-days to discuss your concerns. |

NEVER RETURNABLE

- Refrigerated Goods (not listed above)  
Frozen Goods  
Meat & Fish  
Bread

RETURNABLE ONLY IF SPOILED BEFORE EXPIRATION DATE  
Packaging/Label must be presented for refund.

- Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

Oregon Orchard Oat Brulée

Created by Matt Cox and reprinted with permission by Bob's Red Mill.

Makes 3 servings

Oats

- |                                 |                     |
|---------------------------------|---------------------|
| 1/2 cup steel cut oats, raw     | 1/8 teaspoon salt   |
| 1/2 cup steel cut oats, toasted | 1/2 cup heavy cream |
| 2 cups water                    |                     |

Soak oats in water overnight, covered.

Bring water and oats to a boil in a small saucepan. Add salt and cream. Cook 17-18 minutes, stirring. Remove from heat, cover, and let set while preparing compote.

Pear compote

2 or 3 pears prepared as follows:

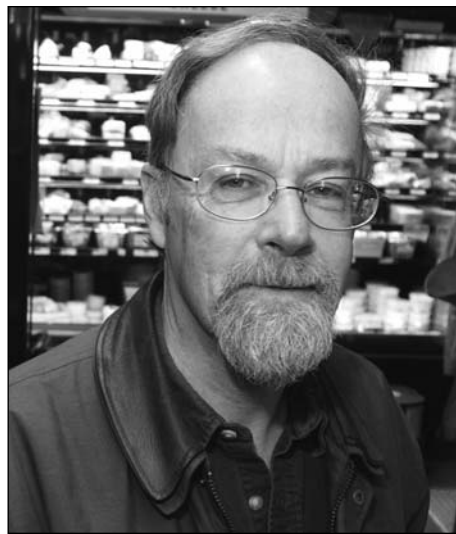
- 1 1/2 cup diced pears (unpeeled), sprinkled with lemon juice
- 1 tablespoon unsalted butter
- 3/4 teaspoons toasted crushed coriander seed
- 3/4 teaspoon cinnamon/sugar mixture (1/4 teaspoon cinnamon and 3/4 teaspoon sugar)
- Pinch of salt
- 3/4 cup dried sweet cherries
- 1/2 cup Clear Creek Distillery Pear Eau de Vie
- 3/4 cup granulated sugar for flambé
- Finely chopped hazelnuts for garnish

Melt butter over low flame in sauté pan. When butter is just beginning to color, add coriander and let it perfume the butter for a few seconds. Add the pears, and give the pan a shake. Sprinkle the cinnamon sugar and the salt over the pears and toss again to coat evenly. Add the cherries and toss to coat.

Turn the flame up and pour in the eau de vie. Tilt the pan to catch the gas flame and let the alcohol burn off. Continue to let the compote simmer until the juices begin to caramelize. Add to the oats and mix in gently.

Spoon into three small bowls, mounding the tops. Garnish with granulated sugar. Flambé. Add topping of finely chopped hazelnuts.





PHOTOS BY WILLIAM FARINGTON

## A Clean Sweep

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so reasonably priced."

To scrub pots and pans, particularly cast iron, which shouldn't be washed with soap, Marek recommends a special brand of bristle brushes found at the Coop: Down to Earth Basics scrub brushes. His tip: rinse and scrub the cast-iron pots and pans when they are hot. Since Down to Earth's scrub brush line isn't plastic, the bristles don't melt. Marek is also a fan of natural-bristle brushes because he feels they do a better job than plastic or nylon—"they're harder; they'll scoop out the particles."

He likes the Ecover cream scrub for bathroom fixtures because it doesn't scratch the porcelain. The toilet bowl typically gets a scrub with scouring powder, though.

Marek had a good tip for handwashing soap: two-thirds Dr. Bronner's soap and one-third water, mixed in a bottle with a hand-pump dispenser. Marek has found a model that can pump out a rich foam, and is able to save money by reducing the solution down to half Dr. Bronner's and half water.

Holly Hagan has a cleaning tip that's all about time management. In order to free up the weekend from house-cleaning, each weeknight evening when she gets home from work she sets a timer for 25 minutes and cleans.

Holly led me through the Coop, pointing out some of her tried-and-true cleaning aids. She's an enthusiastic fan of Ecover, commenting, "It's really good." She singled out the line's dishwashing and cream scrub cleaning products. She also likes the Naturally It's Clean line for kitchen chores. Bathroom clean-up is accomplished using Naturally It's Clean tub and tile cleaner. For tidy toilets, she uses Ecover's toilet cleaner.



## Lose the Clutter

Venezia Michalsen's cherished spring-cleaning routine is "to open all the windows when I clean. It reminds me that spring is here. I find it a little inspiring." Her favorite way to get rid of winter clutter is the paper shredder. She uses a Swiffer for the floors; recycled T-shirts do rag duty.

For cleaning products, Venezia "tries to use Seventh Generation as much as I possibly can," citing the product line's affordability at the Coop. She's a particular fan of Seventh Generation's kitchen counter spray because she likes the way it smells, saying, "I don't have to hold my breath when I'm cleaning!"

Mariana Nannarone's main spring-cleaning strategy is to "get rid of things you don't need and not buy things you don't need. The less clutter there is, the easier it will be." A friend had just told her about Earth Friendly's Parsley Plus spray cleaner, and Mariana was interested in trying it out. She's also a fan of Bon Ami scouring powder.

## Going Green

Ben Millard and his wife have a seven-month-old child. They've recently moved into a new apartment and are

cleaning it top to bottom. With a young child, there's a strong interest in using all-natural cleaning products.

The new parents are particularly keen on keeping the apartment dust- and mold-free. A specific concern is keeping the humidifier free from mold by using a non-toxic cleaning product like vinegar, which the manufacturer recommends.

A former member of the Coop's Maintenance Committee, Ben discovered Citra-Solv during his time on that team. He likes the citrusy orange smell, and he uses it to clean wood floors, as well as tile and other areas in the bathroom.

Bill Miller has been a member since 1988, and his spring-cleaning involves much yard work; he divides his time between the city and Stony Brook. His household has help from a professional cleaner. Bill stocks up on cleaning supplies, particularly Ecover products, at the Coop.

Mother of two kids, ages eight and four, Shindy Johnson advised that in order to truly finish the spring-cleaning task at hand, "You should get the kids out of the house." She and her family live in a

**Clockwise L to R: Mariana Nannarone, Bill Miller, Shindy Johnson, Ben Millard and Ari Handel sharing tips on spring cleaning while working at the Coop.**

house in Flatlands with a yard, so "one of the things that makes spring cleaning different from regular cleaning for us is that we clean outside of the house." One of the tasks is to prepare for planting, which really makes "it feel like spring cleaning." For some indoor tasks, she's a fan of Seventh Generation's all-purpose cleaner. For outdoor cleaning, it's a broom, hose, and elbow grease.

## Learn from Others

Ari Handel's best cleaning tip is to make your first step "going through everything that you haven't used for a year—regardless of whether you like it. Then, it's easy to clean." His other strategy is to tackle one closet or bookcase

at a time and organize what's there.

Just about all of the products Ari uses to clean come from the Coop. He watches what other members buy and tries out the same products, concluding, "I figure they know what they're doing." All things being equal, he'll opt for environmentally friendly options if they're up to the task.

It's likely that you have your own spring-cleaning rituals or general cleaning tips and tricks. What better time to share them with other members than while standing in the Coop's checkout line, in an aisle that happens to be filled with cleaning supplies? Think of it as potential research...right at your fingertips. ■

**Friday, April 30  
8:00 p.m.**

**Non members  
Welcome**

**Come support fresh talent  
at the Food Coop's first-ever**

**BAND NITE!**

at

**Jalopy Theatre**

**315 Columbia St.**

**between Hamilton Ave. and Woodhull St.**

**(718) 395-3214 • www.jalopy.biz**

**With performances by:**

**Marigo Farr**

**Train Wreck**

**Too Big To Fail**

**The Union Street Preservation Society**

**Under The Rasta Influence**

**Doors open at 8:00 p.m.**

**Admission is \$5**

**For more info and directions check out the  
FUN Committee blog: [psfcfun.wordpress.com](http://psfcfun.wordpress.com)**

# Taste the Difference

## Coffee Offerings at the Coop

By Jill Dearman

If the offer of a good cup of joe is a universal sign for camaraderie and relaxation, then here at the Coop we appear to be chock-full of goodwill, in the form of myriad flavors and brands of those delicious, aromatic beans. Many members pick a blend and stick with it, but for those who are curious about the other beans in the bins, why not take a tour through Coop coffee country, Brooklyn style?

### Mr. Coffee

Ron Zisa, who started as a Coop member, became our coffee buyer in 2002. A graduate of the Culinary Institute of America, Zisa has worked in the catering and restaurant businesses and is an experienced gardener and accomplished chef who says he loves to share his recipes with members.

"My job here entails ordering and overseeing the storage and stocking of the bulk items in the bins," says Zisa, "along with all the packaged dry goods in the food processing area."

Coop coffee comes from four suppliers, but our main supplier since around 1990 has been Equal Exchange, a coffee coop located in Massachusetts. According to Zisa, "They also supply us with our grinder, coffee bins and the wooden shelf that holds all the coffee."

Local Brooklyn roaster Crop to Cup, a Fair Trade and mainly organic company, has been supplying us since 2008. Since 2009, the Coop has also carried three coffees from Pachamama in California. It's the only coffee company of its kind—owned by the growers and run by hired staff. Finally, there is Gillie's, a supplier since the mid-90s and one of the oldest roasters in the country, located in nearby Sunset Park. Says Zisa, "They also supply us with the bags that members use to put their coffee in."

### Fair Trade Coffee

Equal Exchange was the first company to introduce Fair Trade coffee to the United States 23 years ago. E.E.'s Nicole Vitello explained the company's version of Fair Trade as it relates to coffee. "The idea is to deal directly with the farmers. Small farms organize into cooperatives, then enter into a certified agreement." Basically the agreement guarantees a minimum price to the growers, no matter the fluctuations in the market.

Vitello explained that Free Trade means a very short supply chain. In the case of Equal Exchange, the company buys large lots of beans, manufactures and imports the coffee, and distributes to cooperatives like the Park Slope Food Coop. "All members in the supply chain are members of cooperatives," Vitello added. "We're

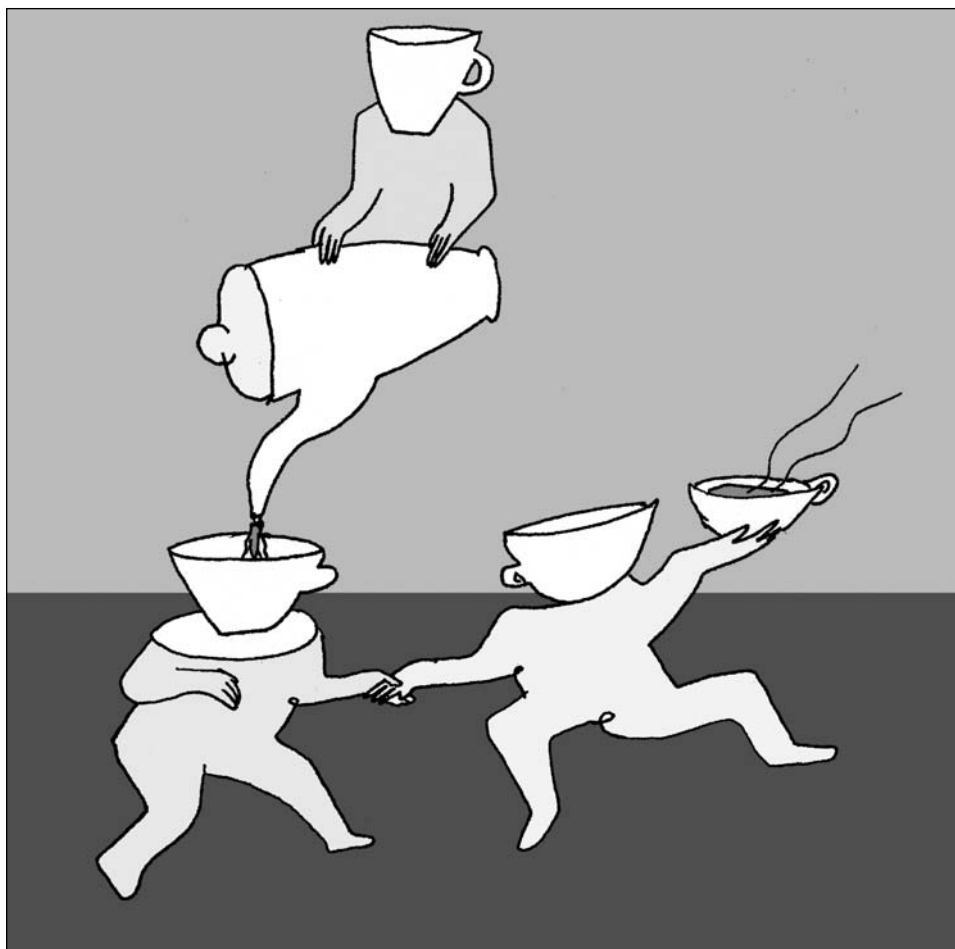


ILLUSTRATION BY PATRICK MACKIN

all trading under the same business principles and social and political principles."

The Coop sells all-organic coffees from Equal Exchange, which follow the same basic standards as organic foods. As Vitello explained: "That means no synthetic materials or pesticides used. There's an interest in biodiversity. No commercial fertilizers or herbicides."

Ian Sittin of Pachamama said the company is owned and governed directly by the coffee farmers themselves. "100 percent of the profits go to our farmer-owners. The quality of our coffee is exceptional; the farmers send their best."

According to Donald Schoenholt of Gillie's Coffee, Gillie's is "one of the oldest small businesses in New York." They set up shop in 1840, and in addition to selling certified organic Fair Trade coffee, they are also kosher-certified, says Schoenholt, known as "The Coffee Man."

### Orphaned Grounds

Coffee that is left unclaimed is used to make a special mystery "office brew" for the members to drink. Coffee connoisseurs are advised to invest in home grinding machines to avoid any residual oils from other types of coffee that accumulate in the Coop grinder. ■



PHOTO BY JUDY JANDA

### Grinding 101

There are instructions on the coffee grinder, as well as above it, but often in the excitement of shopping and operating heavy machinery, things go wrong. Most notably, members accidentally select the grind they want after they've poured the beans in, which places stress on the grinder. Here's the scoop on how to grind like a pro:

1. Select grind and adjust setting
2. Pour coffee in the well
3. Place brown paper coffee bag under the mouth where the ground coffee comes out
4. Press white button
5. Smile

And don't forget to savor the aroma once you brew up a cup at home. Donald the Coffee Man at Gillie's says, "Remember, 90 percent of the taste of coffee comes from the nose, not the mouth."



A member is carefully filling a coffee bag with beans.

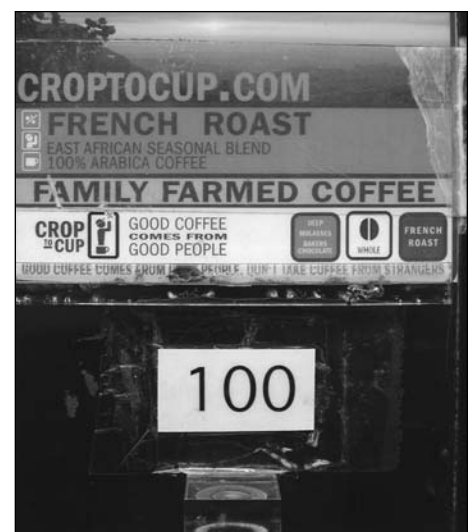


PHOTO BY PATRICK MACKIN

The Coop carries Crop to Cup and Equal Exchange coffees.

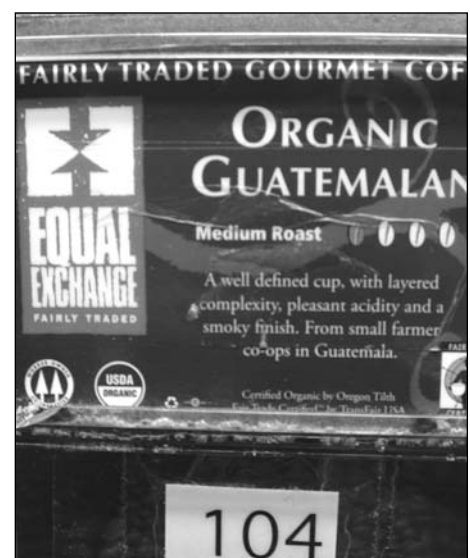


PHOTO BY PATRICK MACKIN





Some of the almost two dozen coffees we stock.

# WANTED!

## GRAPHIC DESIGNERS

The Coop Sign Committee is responsible for designing and producing permanent signage throughout the Coop. You will often put in more than the requisite 2.75 hours per month and will therefore accrue hours.

**Seeking experienced graphic designers who meet the following criteria:**

- Proficient in InDesign, Illustrator and Photoshop
- Cooperative team player
- Able to work at home
- Able to attend Monday night meetings once a month at 7 PM at the Coop
- Able to see projects through to completion without supervision
- Must be a Coop member for at least six months
- Must have a good attendance record

**If interested:**

please go to "Contact Us" on [foodcoop.com](http://foodcoop.com); under "Contacting Us by Email," select "Sign Committee" from the drop down menu and fill in the required information.

PHOTO BY JUDY JANDA

## An Aromatic Tour of Coop Coffees

### SUPPLIER: EQUAL EXCHANGE

#### Organic Breakfast Blend

Flavors of sweet vanilla custard, caramel, and delicate cocoa combine to make this traditional coffee particularly intriguing.

#### Organic Breakfast Blend Decaf

An "easy drinking" coffee, with the sparkle and liveliness of the original, minus the caffeine.

#### Organic Love Buzz

Sweet, sultry and smooth, with an unexpected bite and lasting finish. Contains a smorgasbord of roasts using a combination of fine Latin American beans.

#### Organic Peru French

A graceful and delicate cup of coffee that brings the syrupy consistency of honey together with the flavors of fresh sugar cane and brandied chocolate. Medium roast.

#### Organic Nica French

The dark roast deepens the chocolate aroma of this Nicaraguan specialty, making this rich offering particularly intense—almost like dessert. The coffee that launched Equal Exchange as a socially responsible, mission-based, for-profit cooperative.

#### Organic Guatemalan Medium

The natural harmony and balance of this cup is soothing and pleasing (grown in the picturesque area of San Marcos). Winey acidity and light smoky aftertaste. Sweet and soft vanilla aroma. Medium roast.

#### Organic Ethiopian Full City

From the birthplace of coffee, Ethiopia. Grown in the southern state of Sidamo, this exotic and complex coffee has heavy body, gentle acidity and hints of vanilla, black pepper and raspberry.

#### Organic Sumatran Full City

Deliciously complex with a deep earthy flavor enhanced by smoky notes, thick body, and a hint of clove in the aftertaste. The characteristics evolve as the coffee cools in your cup.

#### Organic French Roast Decaf

Classic dark roast is rich and full-bodied with mellow acidity and sweet flavor.

We also carry French Vanilla and Hazelnut, two flavored coffees pre-packaged by Equal Exchange.

### SUPPLIER: GILLIE'S COFFEE

#### Colombian

Sunny, bright new crop. (Old vs. new according to Donald the Coffee Man: "New is edgy. Like hay vs. green grass. New is the grass.") Dry cocoa finish. "Think baker's cocoa, not Hershey bar." Pleasant but not sweet.

### SUPPLIER: CROP TO CUP

#### Ugandan

Rich but not bitter, naturally sweet, smooth medium dark roast. The cornerstone coffee of Crop to Cup. Single region coffee.

#### French Roast

Seasonal blend from several different parts of Uganda. Roasted very, very dark. Strong! Caramelly but smooth.

#### Juju Blend (coming soon, replacing Citizen's Blend)

Pretty complex, leaning towards an espresso flavor.

#### Mexican Decaf

A water-processed decaf with a sweet corn flavor, very bright.

#### Burundi Bwayi

Love it or hate it! Very complex but not as rich or strong as other coffees. Graham-cracker flavor with plum, spicy taste. Their most complex single origin coffee is named for the East African country Burundi, which is bordered by Rwanda and Tanzania.

### SUPPLIER: PACHAMAMA

#### French Roast

A mix of beans from Peru and Nicaragua. Bold, rich, smooth.

#### Farmers Extra Dark

Mix of green coffees from those same coops in Peru and Nicaragua, as well as coops in Guatemala. Very dark French roast. Smoky, strong. Notes of dark chocolate and berries.

#### Peru

Single Origin from COCLA Cooperative in Quillabamba, Peru. Full City Roast. Rich, smooth. Notes of cocoa. Very low acidity.

For more on the suppliers, visit their websites:

[www.croptocup.com](http://www.croptocup.com)  
[www.equalexchange.com](http://www.equalexchange.com)

[www.gilliescoffee.com](http://www.gilliescoffee.com)  
[www.pachamama.coop](http://www.pachamama.coop)

Interested in Engaging Coop Work?  
Disciplinary Committee Seeks NEW Members

★ **If you are good at:**  
**Communicating • Problem solving • Dealing with  
difficult situations • Investigating *We need you!***

The DC is seeking new members with experience in **investigation, writing, and conflict-resolution**. **Mental health professionals** encouraged to apply. Use of a **computer and email is ESSENTIAL**. Join us to make the Coop the best place it can be for everyone.

- Some of our work includes:**
- Investigating allegations of misbehavior by members. (i.e. failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty language against other Coop members and staff)
  - Engaging in problem-solving and policy issues related to the DC's work
  - Participation in disciplinary hearings
  - Daily email contact with DC members to discuss issues

- Requirements:**
- Must be a member for **at least a year**
  - Have **good attendance** record
  - Attend an evening meeting approx. once every six weeks

We recognize the importance of various points of view when considering cases brought to us. **WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.**

Interested? Please call **Jeff: 718-636-3880**

Hearing Officer Committee Seeks New  
Members

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years, have good attendance records and preferably have judicial, arbitration, mediation or legal backgrounds.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work.

The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone Marian Hertz of the Hearing Officer Committee at 212-440-2743 or email at [Marian.Hertz@cna.com](mailto:Marian.Hertz@cna.com).

Puzzle Corner  
Sudoku

2							1	3
	3		8			9		6
8								
					7		8	
7		2			1			5
			1		8			
3	9		6				5	4
6	7		3	4				

For answers, see page 16. This issue's puzzle author: *James Vasile*



DO YOU  
LOVE TO COOK?

The Fun Committee is planning an event in September 2010 to show off the Coop's delicious seasonal ingredients and creative cooks. Attendees will sample dishes and matching beverages, and vote on their favorites.

We are looking for 10 talented cooks to present one dish each. If you are experienced in cooking for large numbers of people and enjoy the heat of competition, we'd love to hear from you.

- All cooks must be Coop members in good standing.
- Each dish must serve up to 200 people.
- We are looking for a range of styles and cuisines—vegetarian, ethnic, etc. that reflect the Coop's seasonal bounty.
- The Coop will supply all necessary ingredients to the finalists.
- Professional chefs will help guide and support the cooks, if necessary.
- Each dish will be paired with an appropriate beverage (wine, beer or non-alcoholic).
- Participating finalists will receive FTOP credit for the event. The cook serving the most popular dish at the event will earn an additional prize.

If you would like to participate, please write to us at [psfccook@gmail.com](mailto:psfccook@gmail.com) and tell us about your cooking experience, including the recipe you would like to prepare. For people without Internet access, submissions may be brought to the Membership Office and put in Jason Weiner's mailbox. Submissions must be received by Saturday, May 1.



**The Ecockvetch**  
is now on Facebook,  
representing the  
Park Slope  
Food Coop's  
Environmental  
Committee.





# Candidates for Board of Directors of the Park Slope Food Coop, Inc.

Two three-year terms and one two-year term are open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 29, 2010.

Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the Annual Meeting.

Candidate Statements (unedited and presented in alphabetical order):



## IMANI Q'RYN

I've lived in Fort Greene for over 20 years. I'm a classically trained singer and work as an independent real estate broker. This past year I also started a business marketing cutting-edge telecom products. I was elected to the Board of Directors of the Food Coop almost 5 years ago. Now, I respectfully seek your vote to allow me to continue in this position.

I joined the Coop in 1998 when I started eating organic food. I couldn't afford not to join! I love the Coop, its energy, the diversity of the membership, the ideals of cooperation and democracy and above all the beautiful food at unbelievable prices. The Coop is a reflection of what's possible in the world. It's a privilege to be a part of it.

I also serve as a member of the Chair Committee, which chairs the General Meeting on the last Tuesday of each month. For me one of the best parts of the General Meeting is the committee

reports that inform us about issues not only affecting the Coop but the environment, our health, local farmers and even other countries to name but a few of the topics that have been covered. It has hit home a number of times that what we do, what we eat, has an impact on the world. Each of us makes a difference.

I started going to the General Meetings about eight years ago. Initially, I went for workslot credit and was surprised to discover that the meeting was small compared to the vast size of our membership and that the diversity I saw while shopping at the Coop was not powerfully reflected in the meeting. I thought to myself, "Here is the decision-making body of the Coop and only a few members are making these decisions and even fewer people of color."

I wondered, "What can I do to encourage greater diversity and participation in the meeting?" I live by the words of Gandhi who said, "Be the change you seek to see in the world." I decided to join the Chair Committee soon after my first meeting. I have been committed to making all people feel welcomed at the meeting, being fair and open to all sides of an issue and to being clear on the policies and how the meeting is run. I am encouraged that in the last year or so our General Meeting attendance has more

than doubled due to a change in the workslot credit policy.

Since being on the Chair Committee involves being at the General Meeting, which is also the Board Meeting, there is no conflict in my holding both of these positions. When I found out that there was a precedent of a board member also being on the Chair Committee I decided to stay with the Chair Committee. The Chair Committee is in need of new members and my leaving could put a strain on the other members. If you have interest in being on the Chair Committee, please let us know.

In closing, I have intimate experience with Coop policies and procedures and the workings of the Board of Directors. I think our cooperative process works and as a board member I respect the members' deliberations and will strive to ensure that the General Meeting remains the highest decision-making body in the Coop. I will also continue to encourage diversity in the General Meeting as well as all aspects of the Coop.

I welcome members to contact me by email at [imani.sings@gmail.com](mailto:imani.sings@gmail.com). My candidacy has been endorsed by the General Coordinators of the Coop and I welcome that support. Please vote for me. Thank you for your consideration. ■

## ELIZABETH TOBIER



Greetings...I am interested in being reelected to our Coop's Board of Directors, where I have served for almost 7 years.

After joining the Coop in 1990, I enjoyed many hours of fun working on Shopping, Receiving, Maintenance, Office and Inventory squads. It took me almost 10 years to check out the General Meeting, but I have only missed a couple

of GMs in the past 10 years. Since June 2002, as the elected Coop Secretary (my current workslot), I have been recording the meeting minutes.

The main reason I am interested in continuing on the Board is that I agree with the Coop's method of governance, which is to hold open meetings—and only open meetings. We do not allow executive sessions where non-Board members are not permitted to attend. I agree that our Coop runs best when the Board listens to and concurs with the decisions of the members as expressed by the General Meeting vote results.

Sometimes the General Meetings can be frustrating or contentious, but just as often I am amazed by members'

suggestions, ideas, questions and observations. In many ways, meetings have improved over the last 10 years, probably due to the excellent work of the Chair Committee, the Agenda Committee, the GM squad workers, the General Coordinators and an increase in attendance by Coop members.

I make my living as a bookkeeper and my current employers are Math for America, Perelandra Natural Foods Center and Marc Bodine Constructions.

The Coop's General Coordinators have endorsed my candidacy.

Feel free to contact me at [elizabethtobier@gmail.com](mailto:elizabethtobier@gmail.com) with any questions about the Board or the General Meeting. ■



## JOHN URDA

The key issue for a board candidate is his or her view of the board's role. I believe that the main function of the board is simple: allow the general membership to remain the Coop's primary decisionmaker. The Coop has always been run by the members, not the board of directors—and our board should not be a pulpit for the directors to impose their views on the general membership. As a

board member, I will respect the will of the membership by voting to approve their decisions, so long as they are legal and will not threaten the Coop's business—and for the past nine years as a board member, that is exactly what I have done.

That being said, the board should also serve as a resource for the membership. Board members attend the monthly general meetings and should therefore have a wide knowledge of Coop issues. Board members are in a position not only to defend the Coop's way of doing business and the principles expressed in the mission statement, but also to speak to the issues that arise with an informed, sensitive voice.

The Coop has seen some serious changes recently, with

membership now over 15,000. We are always looking for better ways of accommodating so many shoppers. Although our growth has begun to plateau and our mortgage is now paid off, the challenges of being a larger business are not going away—and one of the biggest challenges we face is making sure that through it all, the Coop remains the Coop.

Our Coop is the best store in the world, and it got that way because regular members run the show. It should stay that way. I am running for re-election with the General Coordinators' endorsement, and I'd appreciate yours as well. ■



## RALPH YOZZO

I have been a member of the Park Slope Food Coop for more than five years and I remember joining only because my friend joined and almost never shopping, but I've

slowly realized that the Coop is the future of society. And now, I shop almost every day.

Joe Holtz described the story of a new member joining but realizing only later how valuable cooperation is and I thought, he's right. We need more cooperatives as an alternative to the "competition and profit above all" model. The board of the Coop is mostly a ceremonial position but it

requires people that believe in town hall meetings and direct democracy and referendums. All of which, I love about the Coop. Although the board may be ceremonial, it does require dedication and reliability and I am ready to dedicate myself to the task. If you have any questions, send them to me at [info@brooklyncoop.org](mailto:info@brooklyncoop.org). ■

## The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting.... The members who gather to give advice to the directors may

choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

## The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting in which proxies can be used. Those members

who cannot attend the Annual Meeting may be represented, if they wish, by a proxies.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 19, 2010, are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop. ■

## COOP HOURS

## Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

## Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\* Shoppers must be on a checkout line  
15 minutes after closing time.

## Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

## Telephone:

718-622-0560

Web address: [www.foodcoop.com](http://www.foodcoop.com)

## LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

## SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday  
May 21  
8:00 p.m.

very  
**The Good Coffeehouse**  
COOP CONCERT SERIES

A monthly musical  
fundraising partnership of  
the Park Slope  
Food Coop and  
the Brooklyn Society  
for Ethical Culture

Singer-songwriter **Noe Venable** is a composer of mystically tinged experimental folk songs, incorporating spine-tingling vocal harmonies and soaring strings. Ani DiFranco has called her music "ravishingly melodic!" Puremusic.com dubs her "a full-blown young musical visionary." Having honed her songwriting and musicianship within the context of San Francisco's rich experimental and jazz music scene, Venable has gone on to wider recognition through the release of five albums, as well as national tours opening for artists from Ani DiFranco to They Might Be Giants.



Come join singer-songwriter **Adele Rolider** as she sings original and cover tunes about love, building community, social justice and keeping the faith. Drawing from a wide variety of genres, she'll involve her audience in rhythm and song. Joined by Bruce Markow on guitar and mandolin and Dominic Richards on bass. "Adele's beautiful voice and empowering songs make me know a better world really is possible," says Ray Korona, folksinger and activist.



PHOTO BY PATRICK RODDIE

**53 Prospect Park West** [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

## Monthly on the...

Last Sunday  
APRIL 25  
10:00 A.M.–2:00 P.M.

Third Thursday  
MAY 20  
7:00 P.M.–9:00 P.M.

Second Saturday  
MAY 8  
10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving  
area at the Coop.

## PLASTICS

What plastics do we accept?  
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting  
#2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.



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## This Issue Prepared By:

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**Office Data Entry****Tuesday 4:00 p.m. to 6:45 p.m.**

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. If you would like more information, please speak to Ginger Hargett or Camille Scuria in the Membership Office. Workslot requires a six-month commitment.

**Laundry Prep and Misc. Cleaning****Saturday 6:30 p.m. to 8:30 p.m.**

The Coop is looking for members to collect the laundry from around the building and prepare it for washing. After starting the first load of laundry

you'll complete the balance of the shift with miscellaneous cleaning tasks. Instructions and checklists will be provided. If you are interested or would like more information, please call Jana or Annette in the Membership Office.

**Kitchen Cleaning****Wednesday, 8:00 a.m. to 10:00 a.m.**

Deep clean all three kitchens in the Coop: childcare, meeting room and staff room. You will work independently to clean countertops, cabinets, drawers, kitchen equipment, sinks and refrigerators. Must be reliable as you are the only person coming to do this job on your day. Please speak to Adriana in the Membership Office, Monday to Thursday, 8:00 a.m. to 2:00 p.m. if you are interested.



# COOP CALENDAR

**New Member Orientations**

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations.

To pre-register, visit [www.foodcoop.com](http://www.foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

**The Coop on the Internet**[www.foodcoop.com](http://www.foodcoop.com)**The Coop on Cable TV****Inside the Park Slope Food Coop**

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).

**General Meeting Info****TUE, APR 27**

GENERAL MEETING: 7:00 p.m.

**TUE, MAY 4**

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the May 25 General Meeting.

**Gazette Deadlines****LETTERS & VOLUNTARY ARTICLES:**

May 6 issue 7:00 p.m., Mon, Apr 26  
May 20 issue 7:00 p.m., Mon, May 10

**CLASSIFIED ADS DEADLINE:**

May 6 issue 7:00 p.m., Wed, Apr 28  
May 20 issue 7:00 p.m., Wed, May 12

## ALL ABOUT THE GENERAL MEETING

**Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

**Next Meeting: Tuesday, April 27, 7:00 p.m.**

The General Meeting is held on the last Tuesday of each month.

**Location**

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

**How to Place an Item on the Agenda**

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

**Meeting Format****Warm Up (7:00 p.m.)** • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items

• Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports

**Agenda (8:00 p.m.)**

The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

**Attend a GM and Receive Work Credit**

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

**• Advance Sign-up required:**

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

**• Two GM attendance credits per year:**

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

**• Certain Squads not eligible:**

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

**• Attend the entire GM:**

In order to earn workslot credit you must be present for the *entire* meeting.

**• Signing in at the Meeting:**

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

**• Being Absent from the GM:**

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

**Park Slope Food Coop Mission Statement**

**The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business.** As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

park slope  
FOOD COOP

## calendar of events

**apr 24-25**  
**sat-sun 9 am-7 pm** **Food Drive to Benefit**  
**CHIPS Soup Kitchen**

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

**apr 27**  
**tue 7 pm** **PSFC APRIL General Meeting**


Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

**Meeting location:** *Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

**Item #1:** Music on the Shopping Floor (25 minutes)

**Proposal:** "In consideration of all members, I propose we restrict music from being played over the loudspeakers in the checkout portion of the Coop."

—submitted by JB Brown

**Item #2:** Change "workshift" schedule from every four weeks to every five weeks (45 minutes)

**Discussion:** "Work rotation should be changed from every four weeks to every five weeks. We have sufficient population now."

—submitted by Robin Smith

**Item #3:** Member Books Available on Consignment (20 minutes)

**Discussion:** "It is proposed that members who have published materials be able to make them available visibly on shelves fostering community."

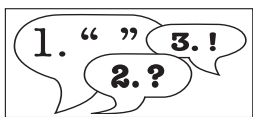
—submitted by Joe Mangrum

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings.

**apr 30**  
**fri 8 pm** **Band Nite**


Come support fresh talent at the Food Coop's first-ever "Band Nite," with performances by Marigo Farr, Train Wreck, Too Big to Fail, The Union Street Preservation Society and Under the Rasta Influence. Doors open at 8:00 p.m. Admission is \$5.

**Event takes place at Jalopy Theatre, 315 Columbia St., between Hamilton Ave. and Woodhull St., 718-395-3214, [www.jalopy.biz](http://www.jalopy.biz).**

**may 4**  
**tue 7 pm** **Agenda Committee Meeting**


The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, May 25, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

**may 8**  
**sat 12 pm** **Nutrition Response Testing**

Join us for a look at Nutrition Response Testing. Diane Paxton, MS, LAc, will explain how NRT can identify the underlying reason your body is creating symptoms and help you design a personalized clinical nutrition program to have you looking and feeling better than you have in years. **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop.**

**may 8**  
**sat 3 pm** **Sustainable Townhouse**  
**Primer**

This presentation is intended to provide homeowners with a basic understanding of their homes, what their assets and liabilities are, and how to retrofit. Topics include the importance of the building envelope, solar orientation, air infiltration, heating and cooling options, electrical efficiency, sunlighting, and passive heating/cooling. Architect and Coop member **Ryan Enschede** leads an architecture practice pursuing sustainable building solutions adapted to NYC's climate and built conditions. **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop.**

**may 11**  
**tue 7 pm** **Safe Food Committee Film Night:**  
**Black Gold**


As westerners revel in designer lattes and cappuccinos, impoverished Ethiopian coffee growers suffer the bitter taste of injustice. In this eye-opening exposé, an over-\$80-billion-dollar industry (a commodity second only to oil in value), **Black Gold** traces one man's fight for a fair price. While we continue to pay outrageous prices for our coffee and coffee drinks, the price paid to coffee farmers remains so low that many have been forced to abandon their coffee fields. Nowhere is this paradox more evident than in Ethiopia, the birthplace of coffee. Join us for the screening, followed by a Q&A with director Marc Francis. **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop. If this event does not take place on this date, it could take place on Friday, May 28, at 7 pm.**

**may 15**  
**sat 1 pm** **Of Wall St., Boardrooms**  
**And Social Change**

Come watch *Another World is Possible*, a short film about the World Social Forum by Mark Dworkin and Melissa Young. High-profile activists like Vandana Shiva and Kevin Danaher raise "crazy" issues, along with other inspired people, students, activists and artists. Coop member **Mark Rego-Monteiro** has presented at several social justice conferences and founded the Web site [WakeUPDemocracy.org](http://WakeUPDemocracy.org). **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop.**

**may 16**  
**sun 12 pm** **Six Healing Sounds of Qi Gung**

Each of six Qi Gung exercises is performed with a sound that has a healing resonance with a body organ: liver, heart, spleen, lungs, kidneys and triple burner. The "life/breath" of each organ can be strengthened with regular practice. This workshop is limited to 15 participants. Please reserve by calling 718-622-0122. Presented by licensed acupuncturist and long-time Coop member **Ann E. Reibel-Coyne**. **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop.**

**Scheduled events are  
subject to change, due to  
impending construction and  
renovations on the second floor  
of the Park Slope Food Coop.  
A schedule of further future events  
is not yet available.**



# apr 24–jun 12 2010

**may 21**  
fri 8 pm

## Noe Venable and Adele Rolider



Singer-songwriter **Noe Venable** is a composer of mystically tinged experimental folk songs, incorporating spine-tingling vocal harmonies and soaring strings. Ani DiFranco has called her music “ravishingly melodic!” Puremusic.com dubs her “a full-blown young musical visionary.” Having honed her songwriting and musicianship within the context of San Francisco’s rich experimental and jazz music scene, Venable has gone on to wider recognition through the release of five albums, as well as national tours opening for artists from Ani DiFranco to They Might Be Giants. Also, come join singer-songwriter **Adele Rolider** as she sings original and cover tunes about love, building community, social justice and keeping the faith. Drawing from a wide variety of genres, she’ll involve her audience in rhythm and song. Joined by Bruce Markow on guitar and mandolin and Dominic Richards on bass. “Adele’s beautiful voice and empowering songs make me know a better world really is possible,” says Ray Korona, folksinger and activist.



Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45

*The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.*

*To book a Coffeehouse event, contact Bev Grant, 718-788-3741.*

**may 22**  
sat 10:30 am–2 pm

## Garden and House Plant Swap



Come to the Coop’s Garden and House Plant Swap to exchange your plants with other gardeners. Please follow these guidelines when choosing and preparing plants for the swap: 1. THIS IS A ONE-FOR-ONE SWAP: Swappers may choose one plant for each plant they bring. 2. Please bring healthy plants. 3. Do not bring cuttings. All plants must have adequate roots. 4. Plants must be packed in a lightweight container with adequate soil. 5. All plants must include labels, with names, and if possible, brief instructions for plant. Plants will not be accepted after 1:30 p.m. **Event will take place outside, in front of the Coop, beneath a tent. Heavy rain will cancel this event.**

**may 22**  
sat 1 pm

## Evolutionary Astrology: A New Perspective

We seek a deeper perspective, to bring fresh insight into our lives and help us move forward. We will discuss the basic archetypes of the signs, houses and planets, through the 12 signs of the zodiac. Coop member **Clara Nura Sala** has been practicing and teaching astrology for 10 years. She is a graduate of the Jeffrey Wolf Green School of Evolutionary Astrology and counsels clients across the U.S. and around the world. **Event subject to change, due to impending construction and renovations on the second floor of the Park Slope Food Coop.**

**may 25**  
tue 7 pm

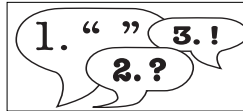
## PSFC MAY General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters’ Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

**jun 1**  
tue 7 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month’s General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read “How to Develop an Agenda Item for the General Meeting” and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, June 29, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

**jun 4**  
fri 7 pm

## Film Night



Film title to be announced.

*To book a Film Night, contact Faye Lederman, squeezezone@hotmail.com.*

**jun 5**  
sat 12 – 4 pm

## Adult Clothing Exchange



The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter.

**jun 8**  
tue 7 pm

## Safe Food Committee Film Night



Film title to be announced.

**jun 12**  
sat 2 – 4 pm

## Forgiveness

Is there someone you need to forgive? Holding on to feelings of hurt, guilt, blame, and anger binds up your own energy and keeps you locked in the past, instead of being fully present. The Forgiveness Process allows you to release these feelings and find peace and freedom. Learn to forgive yourself and others; focus and use the power of unconditional love; align your head and your heart; use the power and energy of love to relieve stress; and participate in an unconditional love meditation. **Moraima Suarez** is a Coop member, certified Holoenergetic® Healing practitioner, certified Bowenwork therapist, Reiki Level II practitioner and certified hypnotherapist.

*For more information on these and other events, visit the Coop’s website: [foodcoop.com](http://foodcoop.com)*

**All events take place at the Park Slope Food Coop unless otherwise noted.**

**Nonmembers are welcome to attend workshops.**

**Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.**

## LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

### WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

### JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

### GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop) or contact [leffertsfarm@gmail.com](mailto:leffertsfarm@gmail.com) for more information.

JOIN US: [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop)

## GET WORK CREDIT WITH THE BUSHWICK FOOD COOP!

If you are skilled in

**ACCOUNTING**  
**SPANISH TRANSLATION**  
**WEB PROGRAMMING**  
**OUTREACH**  
**BUSINESS PLANNING**

and would like to help us in exchange for work credit for the Park Slope Food Coop, please send an e-mail to [caitlin.vox@gmail.com](mailto:caitlin.vox@gmail.com) with your contact information and area of interest.

We would be delighted to hear from you!



**CREATIVE? WRITER? TALKATIVE? LAWYER?**  
**SOCIAL-BUTTERFLY? WEB-DEVELOPER?**

**HELP US GET STARTED**  
**AND MAKE YOUR**  
**OWN WORK SHIFT!**

Be a part of forming a new food co-op in the Fort Greene Clinton Hill area. PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



[www.GreeneHillFoodCoop.com](http://www.GreeneHillFoodCoop.com)  
[info@greenehillfoodcoop.com](mailto:info@greenehillfoodcoop.com) | 718-208-4778

**BAY RIDGE**   
**FOOD CO-OP**

**We're one step closer to opening for business**  
**NOW WE NEED YOU!**

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

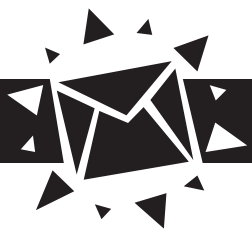
Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now -- we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

[www.foodcoopbayridge.com](http://www.foodcoopbayridge.com)  
[hello@foodcoopbayridge.com](mailto:hello@foodcoopbayridge.com)  
**347-274-8172**





## LETTERS TO THE EDITOR

## HELP SQUAD 1

## TO THE MEMBERS:

On behalf of the Coop and Squad 1 of the FDNY, I would like to thank Coop members for reducing parking congestion in front of the Coop. There has been a marked improvement in the flow of traffic outside the Coop. This has allowed Squad 1 to respond in a timely fashion to emergency situations and calls in our community.

However there are still some difficulties. Cars owned by Coop members continue to block the egress from the firehouse from time to time. Livery vehicles have also prevented a swift exit or entrance by the squad. This creates a danger for our community as the squad has been prevented from answering calls for help. You can help our community by continuing to keep the following in mind:

- Under no circumstance should you park your car, even for a "second" in front of the firehouse.
- Loading and unloading should be done in the designated areas as quickly as possible so as to facilitate the flow of traffic.
- Do not double-park. Double-parking will make it very difficult for the fire truck to move freely.
- If you are using a livery cab, please call the livery company only after you have paid and are exiting.

Calling early will force your driver to stand in front of the Coop or the firehouse.

- Do not take parking spaces across the street that are reserved for firefighters. If you take their spots they are forced to park on the curb, which will cause further sidewalk congestion.

- Try not to drive directly to the Coop. Please use our excellent sidewalk management program. They will walk you and your groceries to your parked car a few blocks away from the Coop.

- If you work as a sidewalk manager, please continue to closely monitor any parking violations by Coop members that lead to a blocking of the Firehouse. Report all violations to a Receiving, Membership or General Coordinator immediately.

- If you have a suggestion for an improvement of outside safety, please talk to a General Coordinator.

- If you have a suggestion on how the Coop can be a better neighbor and maintain good relationships with any of our neighbors including Squad 1, please talk to a General Coordinator.

Thank you for your attention to this matter.

Dr. Warren Spielberg  
Coop Liaison to the FDNY

Joe Holtz  
General Coordinator/General Manager

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

## Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

## Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

## Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

## RESPECTING THE SEDER

Re: Robert Berkman's letter of 04/08/10

The writer strayed over the line of respect with his comment "The Garfield Temple, which is a religious institution that also hosts a boring ritual: the Seder."

It reads as a general statement not a personal one. As written it comes across as disrespectful to both Garfield Temple and the tradition of hosting a Seder. If in fact he attends and he finds it boring then he should state that clearly.

Stewart Pravda

## AGAINST MUSIC ON THE PA

## TO THE EDITORS:

After having an unpleasant confrontation with a fellow Coop member about her playing her music over the PA system, I went up to the office to find out if there was an official policy regarding this matter yet. Apparently there isn't, so I'd like to express my own opinion on the subject. As far as I'm concerned, if someone wants to play their music over the PA system (and no one else objects) and as long as the volume is low enough that it doesn't interfere with others doing their job, that's fine. I, for one, was having a hard time hearing members who were coming into the Coop (I was working at the entrance desk), and being heard by them because we had to talk over the music. I think it needs to be clear that music over the PA system is not a right, but a privilege. I strongly feel that I, as a Coop member, should have as much "right" *not* to have to listen to music as another member has to listen to it. Taste in music is a very personal and emotionally charged matter. Music that one person may love, or think fairly innocuous, another person may actually hate or be very upset by. It is for this reason that I feel very strongly that no one should have the right to impose their musical tastes on me (or anyone else for that matter). When I had said something to this effect over the PA once when some members were getting very heated over this, a number of members had come up to me afterward (quite unexpectedly I might add) to tell me that they agreed with me and supported my position.

Every four weeks each of us has to work a 2½ hour shift to help the Coop run smoothly. There is a reason that it is called a "work" slot not a "snack" slot, or a "catch up on gossip" slot, or for that matter a "music appreciation" slot. That's because it is a job. I personally think that just because some one doesn't get "paid" for this time, doesn't mean that they shouldn't do the best job that they can while they're here. Retail sales establishments are among the few places where music is routinely played over the PA system at work, but even then it played very quietly in the back-

ground. It is often played to manipulate customers who are shopping, and it is imposed on employees by management whether they like it or not. This does not seem like the kind of situation that one would expect from the Coop. If for some reason a person can't go without hearing music for 2½ hours, there is one simple solution...bring earphones. That way anyone can hear whatever music they like, whenever they want, as loud as they want (as long as it doesn't interfere with their work of course), without disturbing anyone else. This to me is in the spirit of cooperation, and after all, isn't that what the Coop is about?

Steve Reiss

## BOOK LIST FOR GAZA SHOULD BE RETHOUGHT

## TO THE EDITORS:

An advertisement masquerading as a letter to the editor supporting the "right to read campaign" of the Free Gaza Movement should be seen for what it is. It suggests a list of books worth donating to be delivered with their attempted breaking of the Israeli blockade.

It seems a good suggestion not only for Gaza but for the entire Arab Middle East. A UN commission reports that "the total number of books translated into Arabic during the 1,000 years since the age of Caliph Al-Ma'moun to this day is less than those translated in Spain in one year." The illiteracy rate for women among the 22 Arab countries is fifty percent. Considering that the entire Arab world translates one fifth of the books that small Greece does and has a total of 55 million illiterates, one "prays" for more books.

The "Free Gaza" list of books is designed however to enrage rather than enlighten. It is a list that includes no other story than the one rammed down Palestinian throats by enlightened western liberals or despotic Arab leaders, both acting out of their own narrow interests. Where are the books that will help Gazans refocus on building a society without hatred or in fact just building a society. What books will help them keep state of the art greenhouses (left behind in Gaza by the Israelis for Palestinian use) rather than destroy them because they were built by Jews? What books will extend their concept of democracy to include not summarily executing their opposition? What books will help them discover concepts of justice that do not include amputations. I can't help but think of the proud grandmother revealing in a BBC interview (Samira Jassim) having arranged for the rape of 80 young women. She then convinced these young women to become suicide bombers "to escape

CONTINUED ON PAGE 14

## LETTERS TO THE EDITOR



the shame" fostered by Islamic law. Forget about Samira. How and with what do we change this concept of shame? What can be included on this list that would make a Jewish Democratic presence acceptable? It may very well be difficult but isn't it worth trying rather than fanning the flames of intolerance. This list proposed by "Free Gaza" could only further show its contempt for Israel by including "The Protocols of the Elders of Zion". Perhaps "Free Gaza" doesn't include it since reference to it is already contained in Hamas' charter. There is a profound racism throughout the charter: "Judgment will not come about until Moslems fight Jews and kill them. Then, the Jews will hide behind rocks and trees, and the rocks and trees will cry out: 'O Moslem, there is a Jew hiding behind me, come and kill him.'" (Article 7) (quoting the canonical hadith, Sahih Muslim, Book 40 Number 6985). Let's deal with this

and look to the building of a Palestinian society that operates in its own interest rather than focus on demonizing a society that can certainly be an asset to them.

Shalmon Bernstein

P.S. More recently the same woman posted another ad in Letters to the Editor. It advertises a talk by a Rabbi that "is a long time proponent of engaged non-violence." It is a beautiful concept if applied without discrimination. In her meeting with Ahmandinejad (the Rabbi's) she asked him to avoid rhetoric that "is heard as a threat to destroy the state of Israel". Is heard? The ad writer also quotes the Rabbi quoting Martin Luther King Jr. as if it's possible that he is talking about the Israeli-Palestinian conflict declaring that history flows towards justice. It might have been more instructive if either one of them quoted from Dr. Seymour Martin

Lipset's article in Encounter.

"Shortly before he was assassinated, Martin Luther King, Jr., was in Boston on a fund-raising mission, and I had the good fortune to attend a dinner which was given for him in Cambridge...One of the young men present happened to make some remark against the Zionists. Dr. King snapped at him and said, "Don't talk like that! When people criticize Zionists, they mean Jews. You're talking anti-Semitism!"

## SOCK 'N' SOUL

The prodigal sock is back!  
Its twin's gone off the rack  
And the torture that it felt  
Finally can melt.  
The sock was lost—now's found,  
Soar high, soar off the ground!  
But where oh where did it wander,  
Leaving home to squander  
Its willy-woolly kindness,

Worse almost than blindness?  
As truth will finally out,  
It took an exotic route,  
Tossed cruelly by a drier  
To a place that no attire  
Belongs in at any time  
A corner far from sublime,  
All dark and wrinkly-cramped  
Where nothing's ever camped.  
In short, the wandering sock  
Was taken from its flock  
And lashed in the fateful fold  
Of a fitted sheet's dark hold.  
How'd it escape from that world,  
Turned inside out and curled?  
On high, Providence swirled  
And blew the sheet unfurled.  
Two long weeks in prison!  
Now, friend, you have arisen,  
Made stronger, even better,  
The equal of any sweater.

Leon Freilich

## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (\*) denotes a Coop member.

### FRI, APR 23

GOOD COFFEEHOUSE: Frank & Nancy Moccaldi & Friends—Folk music. Brooklyn Ethical Culture Society. \$10/kids \$6. 8:00 p.m. 53 Prospect Park West. [www.gchmusic.org](http://www.gchmusic.org).

### SAT, APR 24

PEOPLES' VOICE CAFE: Peoples' Voice Cafe: Disabled in Action Singers; Goddess Gospel Choir. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (btw Madison & Park). For info call 212-787-3903 or [peoplesvoicecafe.org](http://peoplesvoicecafe.org). Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

JAZZ ODYSSEY IN BROOKLYN LIBRARIES: The David Bindman Ensemble. The ensemble features Frank London, trumpet; Reut Regev, trombone; Art Hirahara, piano; Wes Brown, bass; royal hartigan, drums; and David Bindman\*, tenor saxophone and composer. FREE, and intended for people of all ages. Sunset Park Library, 5108 4th Avenue, 1:00 p.m. 718-567-2806.

PROSPECT PARK AUDUBON CENTER EARTH DAY CELEBRATION: Join the Audubon Center as we celebrate the 40th Anniversary of Earth Day! Learn about actions you can take to help preserve our planet. Featuring a variety of fun kids craft projects using recycled materials. 1:00-5:00 p.m. Free. 718-287-3400. [www.prospectpark.org](http://www.prospectpark.org).

### SUN, APR 25

E-WASTE RECYCLING DAY: At PS 29 School Yard, Baltic Street between Henry and Clinton streets. 10:00 a.m.—4:00 p.m. <http://GrowNYC.org/recycling/recyclingevents>

Brooklyn Public Library Chamber Players: Free Concert in the Dweck Center at the Central Library at Grand Army Plaza. Benjamin Hochman, piano; Alex Fisterstein, clarinet. Brahms' Sonata in F minor Op. 120 No. 1 and Sonata in E flat major Op. 120 No. 2, as well as Schumann's Nachtstucke Op. 23 and Fantasiestucke Op. 73. 4 p.m. [www.brooklynpubliclibrary.org](http://www.brooklynpubliclibrary.org).

BENEFIT FOR JUST FOOD: Michael Pollan and Dan Barber celebrate the life and work of food activist, author, academic and farmer Joan Dye Gussow at Sotheby's in New York City. Just Food is the leader in connecting local farms to NYC neighborhoods and communities. For information and to purchase tickets, call 212-647-1828.

### THU, APR 29

BROOKLYN FOR PEACE FORUM: An open conversation with Rabbi Lynn Gottlieb on "Why Boycott and Divestment? Reflections on Resisting US Militarism and Israel's Occupation of Palestine." 7 p.m. 388 Atlantic Ave. (btw Bond & Hoyt). Donation \$5-\$10; no one turned away. 718-624-5921.

### SAT, MAY 1

PEOPLES' VOICE CAFE: Greg Greenway; Robin Greenstein. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (btw Madison & Park). For info call 212-787-3903 or [peoplesvoicecafe.org](http://peoplesvoicecafe.org). Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

### WED, MAY 5

FOLK OPEN SING: Come sing with us on the first Wednesday of every month. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Society of NY, the Ethical Culture Society & the Good Coffeehouse. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10:00 p.m. Info: 718-636-6341.

### FRI, MAY 7

GOOD COFFEEHOUSE: James Reams & the Barnstormers—bluegrass. Brooklyn Ethical Culture Society. \$10/kids \$6. 8:00 p.m. 53 Prospect Park West. [www.gchmusic.org](http://www.gchmusic.org).



## CLASSIFIEDS

### BED & BREAKFAST

The House on Third St. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, [houseon3st.com](http://houseon3st.com). Let us be your Brooklyn Hosts.

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available for health-related practices including but not limited to medical doctors, chiropractors, psychotherapists, podiatrists, reflexologists, massage therapists, etc. Be part of a holistic facility in SOHO or in a great Brooklyn location. Non-medical offices available in Brooklyn. For information, please call 212-505-5055.

### MERCHANDISE-NONCOMMERCIAL

IT'S SPRING! Get your mountain bike! Mongoose 24-speed mountain bike. Model: Solution Judy II. Rock Shox. Shimano components. Full suspension. A very good bike. Like new. Only ridden a few times. It was a gift to me. Original list price was \$500 but I'm told it usually sold for \$250-\$300. Asking \$175 or b.o. 718-832-6069.

### SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

COMPUTER HELP — Call NY GEEK GIRLS. Setup & file transfer; hardware & software issues; viruses & pop-ups; networking; printer/file sharing; training; backups. Home or business. Mac and PC. On-site or pick-up/drop-off. References, reasonable rates. Long-time Coop member. 347-351-3031 or [info@nygeekgirls.com](mailto:info@nygeekgirls.com).

ELECTRICIAN: Art Cabrera 718-965-0327. 37 years in the industry. Small jobs to whole houses. Expert in old wiring, troubleshooting, LV, 110 + 220. Also can act as consultant or G. C. Original Coop founder. BIB. Much thanks to the hundreds of satisfied customers; apologies to the few I've disappointed. PEACE BE WITH YOU.

NEED A PAPER "THERAPIST?" Feel burdened by your stuff? Can you find what you need when you need it? Would you like more space and ease in your home, office or life? Call a professional organizer: Parvati at 718-833-6720, [Parvati4@aol.com](mailto:Parvati4@aol.com). Free initial phone consultation.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Color, high lights, low lights, perms, hot oil treatments. Adults: \$35.00. Kids \$15.00. Call Leonora 718-857-2215

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move



## CLASSIFIEDS

manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: Katie@papermoonmoves.com or visit papermoonmoves.com.

HAZEL HAS BEEN CLEANING my apartment for ten years and she does a terrific job. She is looking for more work. Call Hazel at 347-419-7616 or Jean for a reference at 718-788-5576

## SERVICES-HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

LICENSED MASSAGE THERAPIST. I focus on your need/pain for one-half hour and charge less to help you with more. Call 718-788-1864. Harriet Miller, Center Slope.

HOLISTIC DENTISTRY in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

acre swimming pond. Deck, W/D, dishwasher, wifi. Total quiet & privacy. Go to vrbo.com/263517 to see pix. \$1500/wk call Deirdre 917-922-7845.

## VACATIONS

BUNGALOWS FOR RENT in charming cooperative summer community. Beautiful wooded grounds. Olympic pool, tennis, basketball, swim & boat in lake. Near Bethel Woods Performing Arts Center. Great family vacation. Reasonable prices. Contact Marlene Star, mstar18@optonline.net, 914-777-3088.

BERKSHIRES 4-BEDROOM HOUSE on beautiful clean lake. Sleeps 7-9. Large living area and screened-in porch. Well-equipped kitchen. Lakefront deck and dock. Canoe, rowboat, kayak. \$975/week. Call Marc 917-848-3469.

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## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

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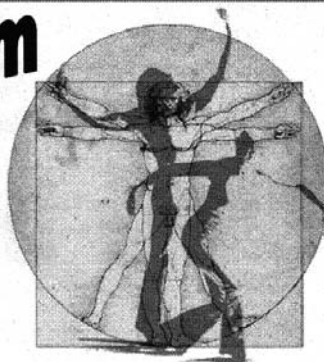
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# What Is That? How Do I Use It? Food Tours in the Coop

Every once in a while  
life throws us for a loop —  
what we get is not  
what we set ourselves up  
to expect

We forget  
and think only of the future  
that fiction

We get upset

This is why we have seasons  
why spring brings  
the new leaves, distant birds  
the pollen count

The sun sparkles  
in our eyes  
It rains  
days on end

We're sleepy, foggy  
our clothes don't fit  
too hot one moment  
too cold the next

It's all practice  
exercise for the muscle  
of our awareness

So when we meet life  
's little calamities  
we have experience  
with change  
with becoming

The new season  
another chance  
to be everything  
we are

The Parks Slope Food Coop  
Moment to Moment

by Myra Klockenbrink

Monday April 26  
May 10  
noon to 1:00 p.m.  
and 1:30 to 2:30 p.m.  
You can join in any time during a tour.

## Puzzle Answers

6	5	7	8	2	3	4	1	9
3	2	4	1	5	9	8	7	6
9	8	1	7	4	6	5	2	3
4	6	5	3	8	7	1	9	2
7	1	9	2	6	4	3	5	8
2	3	8	5	9	1	7	6	4
1	9	6	4	7	8	2	3	5
8	7	2	9	3	5	6	4	1
5	4	3	6	1	2	9	8	7

# Two Coop Job Openings: Receiving/Stocking Coordinators Evenings & Weekends

## Description:

The Coop is hiring two Receiving/Stocking Coordinators to work evenings and weekends. (One of the positions has a more variable schedule, the other more fixed.)

The evening and weekend Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well stocked and orderly while maintaining the produce quality. At the end of the evening, they set up the receiving areas to prepare for the following day's early morning deliveries.

The ideal candidates will be reliable, responsible self-starters who enjoy working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with several other Receiving Coordinators. You must have excellent communication and organizational skills, patience, the ability to prioritize the work and remain calm under pressure.

For the first position, we are looking for a candidate who wants a permanent evening/weekend schedule. For the second position, we are looking for a candidate who wants a permanent evening/weekend schedule *and* has the flexibility to work other times to provide needed coverage. This is a high energy job for a fit candidate. You must be able to lift and work for hours on your feet including in the walk-in coolers and freezer. Grocery store experience a plus.

- Hours:** 32-40 hours per week, schedule to be determined  
**Wages:** \$23.48/hour  
**Benefits:** —Health and Personal time  
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years  
—health insurance  
—pension plan

## Application & Hiring Process:

Please provide a cover letter and your résumé as soon as you can. Mail your letter and résumé or drop it in the mail slot in the entryway of the Coop. All applicants will receive a response. Please do not call the office to check on the status of your application. If you applied previously to another Coop job offering and remain interested, please reapply.

## Probation Period:

There will be a six-month probation period.

## Prerequisite:

Must be a current member of the Park Slope Food Coop for at least the past 6 months. Applicants must have worked a minimum of three shifts in Receiving within the past year.

**We are seeking an applicant pool that reflects the diversity of the Coop's membership.**

## WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Angela Benitez  
Edward Benitez  
Ryan Cloud  
Martin Dalton  
Mira Dancy  
Harmony Eberhardt  
Lilla Fekete  
C.J. Fonzi  
Inger Hansen  
Elana Kahan  
Elliot Kahan  
Petrova Lewis  
Rica Linders  
Andrea Lipsky-Karas  
Jeanne Lurvey  
Erica Sanders  
Brandon Schlueter  
Gabriella Szpant

## THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Anna Carapetyan

# The Environmental Committee has a blog!

Please visit often  
for timely news and  
information  
from the PSFC  
Environmental  
Committee.

We're  
blogging  
about our  
activities at the Coop,  
as well as  
environmental events  
of interest at the Coop  
and beyond.

Find us at:  
<http://ecokvetch.blogspot.com/>