

Established  
1973



# LINEWATERS' GAZETTE



Volume EE, Number 9

May 6, 2010

## Gas Drilling Update The DEC Muddies the Water

By Ed Levy

On Friday, April 23, the Department of Environmental Conservation unexpectedly exempted the New York City watershed from regulations it will soon issue on gas drilling in the Marcellus Shale in New York State, an underground region containing large deposits of natural gas.

DEC Commissioner Pete Grannis said the state would require environmental impact statements for every well-drilling application received in areas feeding the

city's reservoirs. Why has New York City been exempted from gas drilling? And what does that mean for the city and the rest of the state?

Public health advocates point out that it sounds like good news only until you look a little closer. If the drilling, also known as hydrofracking, is bad for the city's water, they ask, how can it be good for the farms that grow our food, the dairy cows that supply our milk or the many people outside the city who rely on wells for their drinking water? And

how good can it be for the state's orchards and wineries, which will use water from wells and streams near the proposed drilling sites to grow grapes and apples, and make their cider, chardonnay and merlot?

On the surface, the DEC's action appears to respond to concerns that extracting the gas, which requires a cocktail of toxic chemicals, would so foul the city's drinking water that it would be forced to build a multibillion-dollar filtration plant. New York City is unique among major cities in the world in that it relies only on unfiltered surface water, delivered by gravity through aqueducts, to supply its population with water. The upstate watershed for New York City's reservoirs accounts for about 8% of the potential drilling area in the state.

### Not an Outright Ban

Environmentalists and public health advocates are quick to point out that the DEC did not actually ban drilling in the watershed; it has only ruled that areas from the city's unfiltered water supplies have to be treated differently than other areas. In other words, the ruling only makes drilling in the

## Where There's Smoke, There's Fire

### Coop Member Rachelle Rochelle Takes On Brooklyn's Tobacco Problem

By Frank Haberle

Despite the powerful anti-smoking messaging we see in commercials and on subway advertising, and the rising price of cigarettes, 293,000 (16.4%) of Brooklyn adult residents are smokers, according to a 2008 community health survey. Drove of New York's young people become smokers each year: 20,900, including 6,000 Brooklyn youth smokers. Many become addicted—at a staggering future health cost to themselves and taxpayers. It is estimated that the average New York City household pays \$900 annually in tax dollars for smoking-related health costs.

In January, Coop member Rachelle Rochelle joined two colleagues in launching the Brooklyn Smoke-Free Partnership, a pro-health advocacy group that protects Brooklyn residents from secondhand smoke, defends youth

against tobacco addiction and helps smokers find resources to quit. Funded through a grant from the New York State Department of Health, the partnership works in coordination with groups dedicated to a tobacco-free New York City, including the American Cancer Society, American Heart Association and American Lung Association. The partnership stems from the NYC Coalition for a Smoke-Free City, which helped pass early versions of the Clean Indoor Air Act. The Brooklyn Smoke-Free Partnership is one of five new partnerships serving each borough. Working with fellow Brooklynites and partnership staff Wida Amir and Kym Langford, Rachelle is committed to turning the anti-smoking pressure up another notch across Brooklyn.

For Rachelle, the partnership offered an exciting

CONTINUED ON PAGE 4



ILLUSTRATION BY LYNN BERNSTEIN

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### Coop Event Highlights

**Fri, May 21 •Coffeehouse: Noe Venable and Adele Rolider** 8:00 p.m.

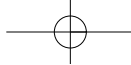
**Sat, May 22 •Garden and House Plant Swap** 10:30–2:00 p.m.

**Fri, May 28 •Safe Food Committee Film Night: Black Gold** 7:00 p.m.

**Thu, Jun 2 •Food Class: Sweet Dumplings** 7:30 p.m.

*Look for additional information about these and other events in this issue.*

IN THIS ISSUE	
Imperfectly Green	3
Black Gold	5
Puzzle	5
Coop Hours, Coffeehouse	6
Coop Calendar, Workslot Needs	
Governance Information, Mission Statement	7
GM Agenda	8
Community Calendar	10
Letters to the Editor	10
Classified Ads	11



Gas Drilling Update

CONTINUED FROM PAGE 1

watershed difficult. As Catskills Citizens for Safe Energy points out, “This action won’t really protect New York City’s water supply, but it may achieve another end. It may lull eight million New Yorkers into believing that they don’t have to worry about drinking water contaminated with the hundreds of toxic chemicals used in fracking fluid.”

Opponents of drilling are concerned that they may lose an important ally if New York City feels that its interests have been met by the DEC’s ruling.

To some extent, the watershed is an arbitrary concept. New York City has been buying up land around its reservoirs to protect them from runoff from farms and other threats. But the areas that feed into the city’s water system cannot be precisely defined. And as environmental scientist Duncan Patten, Ph.D., recently reported to the Environmental Protection Administration, large amounts of chemical-laden water used in hydrofracking remain underground and can potentially form toxic “plumes” in aquifers that can travel hundreds of miles.

Air Pollution a Major Factor

Moreover, according to

Theo Colborn, author of *Our Stolen Future* and founder of the Endocrine Disruption Exchange, the danger to water supplies is only part of the problem. In areas where drilling occurs, rural air pollution becomes a major problem as the air fills with the diesel exhaust of trucks and drills, as well as methane gas, nonvolatile organic compounds and ozone. Not only can these pollutants cause cumulative and irreversible lung damage, air currents will ensure that they are carried to other parts of the state. There is no possibility of creating an “airshed” for New York or any other city.

A number of officials have spoken out against the DEC’s decision.

Assembly Speaker Sheldon Silver, potentially a powerful ally to those who want drilling banned or carefully regulated, issued a statement immediately after the ruling calling on the state to wait until the Environmental Protection Administration finishes its study, now underway, of the impact the chemicals used in hydrofracking could have on the state’s rivers and streams. The EPA’s study is due out in 2012.

State Senator Thomas Duane, a Manhattan Democrat, labeled the DEC’s decision “a cynical move that will pit New Yorkers against each other.”

U.S. Representative Michael A. Arcuri, a Demo-

crat from the Utica area, asked, if the drilling is unsafe for New York City, how it can then be safe for the rest of the state, many of whose residents rely on water from unfiltered wells? “If it’s not safe enough for New York City,” Arcuri asked, “why is it safe enough for Cortland, Ithaca or Oneonta? All New Yorkers deserve equal protections from potential risks.”

“This action won’t really protect New York City’s water supply, but it may lull eight million New Yorkers into believing that they don’t have to worry about drinking water contaminated with the hundreds of toxic chemicals used in fracking fluid.”

Drilling companies also expressed frustration with the DEC decision. Brad Gill, president of the Independent Oil and Gas Association of New York, an Albany-based lobbying group, complained that the state was imposing a “de facto ban” near the reservoirs since the added environmental reviews would make the projects too delayed and costly.

HBO Documentary

Meanwhile, opponents of drilling are continuing to mobilize, and hope that delays will give them time to educate the public further about the dangers of

hydrofracking. One important means for arousing public concern is the soon-to-be-released film *Gasland*, by independent filmmaker Josh Fox. Portraying the environmental devastation and public health risks, including pools of toxic waste that kill vegetation and cattle, chronically ill residents near well sites, well blowouts and water from a kitchen sink that can be lit with a match, *Gasland* will be shown on HBO on June 21. Fox conceived of the movie after a drilling company offered him \$100,000 to drill on his family’s property in the Catskills/Pocono region. The film was awarded the special jury prize for documentaries at this year’s Sundance Film Festival.

Actors Debra Winger, who helped find distribution for the film, and Mark Ruffalo have become active drilling opponents. Winger is hoping to establish a fund for pretesting of water in the areas where drilling may take place. Unless the water is pretested for certain chemicals, residents will have no basis for future lawsuits against the drilling companies, even if their water is shown to be tainted.

A number of federal and

New York State bills that seek to regulate the drilling are pending. A10940, a bill in the New York State Assembly, will impose a moratorium on hydraulic fracturing until 120 days after the results of the EPA report are made public. A10633 would clarify the power local town governments have to enact and enforce ordinances that apply to gas drilling, including zoning regulations. And in the U.S. Congress, a bill known as the FRAC Act, co-sponsored by Rep. Hinchey of Sullivan County in the House and Senators Schumer and Gillibrand in the Senate, would repeal the exemption from the Safe Water Drinking Act given during the Bush/Cheney administration to gas drilling companies, and bring them under the regulation of the EPA.

Although the state is attracted to the potential economic windfall the drilling might bring, more sophisticated economic analyses show that the proposed financial benefits are more than offset by factors that are not routinely measured, such as health-care costs and harm to the real estate, tourism and recreational markets. ■

What Is That? How Do I Use It?  
Food Tours in the Coop

Every once in a while  
life throws us for a loop —  
what we get is not  
what we set ourselves up  
to expect

We forget  
and think only of the future  
that fiction

We get upset

This is why we have seasons  
why spring brings  
the new leaves, distant birds  
the pollen count

The sun sparkles  
in our eyes  
It rains  
days on end

We’re sleepy, foggy  
our clothes don’t fit  
too hot one moment  
too cold the next

It’s all practice  
exercise for the muscle  
of our awareness

So when we meet life  
’s little calamities  
we have experience  
with change  
with becoming

The new season  
another chance  
to be everything  
we are

The Parks Slope Food Coop  
Moment to Moment

by Myra Klockenbrink

Monday May 10  
May 24  
noon to 1:00 p.m.  
and 1:30 to 2:30 p.m.

You can join in any time during a tour.

RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not “exchange” items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce\* Bulk\* (incl. Coop-bagged bulk)  
Cheese\* Seasonal Holiday Items  
Books Special Orders  
Calendars Refrigerated Supplements  
Juicers & Oils  
Sushi \*A buyer is available during the week-days to discuss your concerns.

NEVER  
RETURNABLE

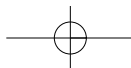
Refrigerated Goods (not listed above)  
Frozen Goods  
Meat & Fish  
Bread

RETURNABLE  
ONLY IF SPOILED  
BEFORE  
EXPIRATION DATE  
Packaging/label  
must be present-  
ed for refund.

Items not listed above that are unopened  
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.





# Imperfectly Green

By Alison Rose Levy

More and more, ethical people consciously use their consumer buying power to make purchases that reflect their values. The goal? To influence social, agricultural, trade and economic policies. Yet making such choices is not always as clear-cut as it seems at first glance, argues award-winning journalist and Coop member Fran Hawthorne in her new book, *The Overloaded Liberal: Shopping, Investing, Parenting, and Other Daily Dilemmas in an Age of Political Activism* (Beacon Press, 2010).

Asking a lot of thoughtful questions about how the overarching principles of consumer activism translate into everyday purchasing decisions, Hawthorne uses insight, humor and idealism (wedded to practicality) to sort through the cacophony of subliminal considerations that plague us whenever we pause to make ethical purchasing choices.

First of all, this is a good problem to have. Hawthorne points out that “consumer power exploded with the Internet (making) information available about corporate behavior, product ingredients, product availability, scientific warnings, investment returns and international conflicts (which could be) shared across the globe within seconds, making mass actions easier to orga-

Co. and creates “climate-altering carbon emissions by importing its honey from Ethiopia instead of relying on local bees.” Meanwhile erstwhile bad-guy companies like McDonalds are cited for taking certain steps to be responsive to green concerns, for example, by eliminating their former Styrofoam packaging, which contained ozone-destroying chloro-fluorocarbons.

The consumer response? “We pick and choose, and we all have different reasons for choosing which green steps we take and which we ignore.”

Sometimes what starts out as an easy choice—placing high value on “organic” food, for example—progressively moves toward complexity, as other values—“sustainable,” “local,” “free trade,” “greenhouse gas emitting”—enter in. “To make matters worse,” says Hawthorne, “most of us probably care passionately about more than one issue.”

Hawthorne interviewed dozens of environmentalists, financial, labor and consumer activists. In the book, social psychologist Jonathan Haidt of the University of Virginia defined five psychological value sets: harm/care,

environmentalists are purists. I think it’s been a turn-off.” Kimberly Danek Pinkson, the founder of the EcoMom Alliance, argued that the environmental



Life can get difficult when work, family, home, and living the eco-lifestyle collide.

movement took 30 years to take off because “it was too holier-than-thou. Too either-or,” promoting the image that you “live on the commune, don’t wear makeup, don’t drive anywhere, [and] you’re a bad human being and there’s no in-between if you’re not willing to go the whole distance and be perfect like me.”

Hawthorne notes that a certain kind of youthful green activism may be better adapted to the lifestyle of twenty-somethings than to those juggling work with family life. When Hawthorne asked the director of a green think tank about whether certain green ideals were less attainable by lower-income and working-class people, the woman told her that living by the principles she espoused could work for anyone “if they cut out their frivolous consumer-based spending and [bought] green... One less iPod helps you buy organic.”

“Is that the only financial dilemma that some activists can imagine?” Hawthorne asks. “How about the dilemma faced by a single mom without dental insurance whose teenage son needs braces?” Hawthorne contends that green lifestyle choices can become more realistic and attainable when leaders acknowledge the diversity in

the hierarchy of needs and values among people.

Hawthorne also takes aim at “useless, chirpy advice.” For example one green living guide she read recommends growing an organic vegetable garden to “teach your toddler about nutrition and get them to eat healthy food.”

“Also to eat dirt, rocks, bugs and inedible plants,” Hawthorne, a parent herself, wryly comments.

However, Hawthorne acknowledges that “sometimes there is no conflict between values, or between values and real life. Turning off lights saves money and also reduces emissions. If we bought more fair-trade goods from small-scale farmers and craftspeople overseas, maybe they could earn enough (so) that they wouldn’t chop down priceless rain forests for fuel or kill endangered animals for food.”

“Our Common Future,” a report published by the United Nations’ World Commission on Environment and Development, noted that “ecology and economy are becoming ever more interwoven.”

In the chapter “How the Experts Set Their Priorities,” Hawthorne features the Coop with “members [who] expect ethical purity, as each one of those fifteen thousand (members) defines it.”

“Passionate vegans, vegetarians, environmentalists, parents, supporters of a boycott against Company A, opponents of that boycott and advocates of assorted other causes all have eagle eyes, noses and mouths to spot any lapse. Too much sugar? Not whole wheat? Petroleum-based? Imported? Factory-farmed? Contains bleach? Members can raise objections.”

And do.

“Every product is a different set of nuances,” Coop Coordinator Joe Holtz tells Hawthorne.

Even ordering a meal is nuanced, as Hawthorne found when dining recently at a Boston restaurant. “No kind of food seemed ethical and safe,” she fretted. “Fish have omega-3 fatty acids that are good for the heart, but we’ve gobbled up so much that some of the most popular types [of fish] are dangerously depleted,” she noted.

Having recently faced the very same choices at Boston’s Legal Seafood, I’d gone

through a very similar process as Hawthorne’s. Our parallel experiences drove home the reality that so many of us are weighing choices all the time, yet we rarely discuss our decision-making dilemmas. It’s easier to espouse certain values (No GMO! Raw vegan!) than it is to admit complexity. This form of activism is helpful and meaningful—but it’s also stressful and, occasionally, guilt inducing. Not that that’s a bad thing, necessarily.

*“If we bought more fair-trade goods from small-scale farmers and craftspeople overseas, maybe they could earn enough (so) that they wouldn’t chop down priceless rain forests for fuel or kill endangered animals for food.”*

For instance, Hawthorne reports that, as a writer, she has trained herself to turn off her computer at night and when she leaves the house. However, she admits that she leaves it on for the rest of the time, “no matter what else I’m doing, because flashes of brilliant insight can hit me at any moment and I must rush to the keyboard to preserve them.” She mulls over the fact that she *could* jot down her insights on paper, but notes that “trees have to be cut



**Living the eco-life does not mean you need to buy everything from the Coop or a health food store. Nexus, for example, is from Costco, and the company that produces this product does not do animal testing.**

down to produce paper, and petroleum must be pumped to manufacture the plastic for my pen. Okay, there really is no environmental excuse for leaving my computer on,” she finally admits.

Like Fran Hawthorne, the majority of activists she interviewed for her book are real people making real-life and sometimes imperfect decisions. Yet hearing their struggles encourages our own steps toward consumer activism in a way that perfection never could have done. ■



Fran Hawthorne composts her organic waste in her backyard.

nize.” The downside? “Living the ethical life is so much work,” Hawthorne admits. “Shopping for groceries, buying clothes, doing laundry, investing in stocks, raising our kids can be political declarations, even tactics to improve the world.”

The dilemmas increase when once trusted companies can’t always be trusted. Hawthorne points out that Burt’s Bees (with products offered at the Coop) sold out to the conglomerate Clorox

fairness/reciprocity, in-group loyalty, authority/respect and purity/sanctity. The liberal audience to whom Hawthorne’s book is addressed values the first two more, according to Haidt—although Hawthorne doesn’t consider liberals exempt from the other value sets. She argues that buying organic is a form of seeking purity, for example.

According to Chip Giller, the founder of the online green website Grist, “There has been an impression that



## Where There's Smoke There's Fire

CONTINUED FROM PAGE 1

opportunity to apply her new MPH degree to a community-based solution to a public health problem. Headquartered in the heart of Bedford Stuyvesant in a NYC District Public Health Office building filled with teams already doing critical public health work in Brooklyn, the partnership is reaching out to build effective community alliances throughout Brooklyn's diverse neighborhoods. The partnership joins efforts to increase prevention and to provide access to health care, nutritious food and now, tobacco-free spaces. "That is what is so exciting about our borough-level work," Rachelle says. "We now have the capacity and resources to 'drill down' and look closely at the communities in Brooklyn that are most greatly affected by Big Tobacco's targeting."

### Getting Brooklyn Involved

One of the biggest challenges the partnership faces is how to get people across Brooklyn invested and mobilized in multiple anti-smoking campaigns. "First, the Point-of-Sales campaign targets the tobacco marketing at retail

grocery stores and pharmacies," Rachelle explains. "This is part of a huge statewide ad campaign on subway walls and bus stations—we are asking grocery stores to stop selling tobacco, or at least stop allowing the marketing to be so front and center in the stores." Additional campaign efforts include the Tobacco-Free Outdoor Air campaign—trying to make beaches, parks and outdoor spaces and events smoke-free—and the Smoke-Free Housing campaign, which works with landlords, tenants, coop and condo owners to go entirely smoke-free.

The partnership's main strategy is to build community-wide involvement and awareness for anti-smoking efforts. This is a strategy that, as Rachelle points out, can provide ample opportunities for Coop members who are concerned with smoking in public spaces and residential buildings, as well as tobacco advertising targeting young people, to play an active role. "There are many ways Coop members who are concerned about smoking and who want to contribute to smoke-free spaces can get involved," she says. "With the Point-of-Sales campaign, we are targeting grocery stores and pharmacies that sell tobacco products. We want people to be aware of the enormous amounts of money Big Tobacco spends on their marketing,



ILLUSTRATION BY DEBORAH TINT

and how often it is directly marketed toward youth. We want people to contact store owners and corporations directly. We are also beginning work on a policy level to get pharmacies, stores that should focus on the health needs of Brooklynites, to also ban the sale of tobacco in their stores."

Rachelle points to a recent effort to help farmers' markets develop smoke-free policies as an example of the need to build awareness of the devastating effects of secondhand smoke. "In regard to outdoor spaces and housing, we are focusing on the dangerous effects of secondhand smoke as the key issue. We have a couple of different things Coop members can do. Coop members who are small business owners and would like to officially make their property or entryway smoke-free—or Coop members involved in organizing festivals, street fairs, cultural events, etc.—should contact us for signage, sample documents, help with policy drafting and additional resources. In addition, with housing, we also recommend you visit [www.smokefreehousingny.org](http://www.smokefreehousingny.org).

We are looking for tenants, owners and landlords to implement voluntary policies to make properties smoke-free."

### A Personal Journey to the Public Health Field

For such a grim task, taking on Brooklyn's resilient smoking problem could not have fallen into more cheerful hands. Once a month, on a Wednesday morning, Rachelle can be found happily unloading baked goods on her receiving shift. "It's like I'm the bread girl!" Rachelle says. "I love working the bread in the morning, the fresh muffins and croissants! You can't beat those smells in the morning. I picked an early shift so that I can bike to the Coop and then hop back on my bike and head straight to work." When she's not at the Coop, Rachelle is pursuing a lifelong involvement in athletics. A member of her college crew team, she plays volleyball competitively, and just completed her first triathlon this April in Miami.

Rachelle has followed her personal health challenges to a lifelong interest in health

and nutrition issues, and finally to a career in New York City's public health field. "A number of years ago I had a very rough patch, a series of bad health issues, and I re-evaluated what I was putting into my body and where it was coming from." Instead of the numerous medications prescribed for her condition, which made her feel sluggish and slow, Rachelle chose to focus on healthier nutrition and stronger exercise practices. By choosing her own path to better health, she radically improved her condition and her energy levels. It is this deep interest and commitment to the values of healthy living that have driven Rachelle to help others and create a healthier community.

After college and working for several years in San Diego's nonprofit community, Rachelle came to Brooklyn to pursue her graduate degree in public health at NYU. "I really believe in a lot of the public health work that is taking place here in NYC. In comparison to the rest of the country it is incredibly creative and proactive, and I realized I wanted to be a part of that. So here I am, venturing into the public health work with the startup Brooklyn Smoke-Free Partnership."

Rachelle has fallen in love with her new home in Brooklyn, and was especially excited to have found the Park Slope Food Coop soon after her arrival here, for numerous reasons.

"I belonged to a coop in San Diego, and when I moved to NYC, I was actually shocked at how hard it was to find good, quality, affordable food. But the Coop isn't just about what you eat or getting more reasonably priced food (though that is definitely a large part of it), it is about a sense of community. Overall, I just believe that community is where it is at. That is how we relate to each other, how information is shared, how we pull through tough times."

With the efforts of Rachelle and her colleagues, and involvement from Coop members and the entire Brooklyn community, the Brooklyn Smoke-Free Partnership may finally break Brooklyn's smoking habit for good. To learn how to join the Brooklyn Smoke-Free Partnership, please contact Rachelle at [rochelle@health.nyc.gov](mailto:rochelle@health.nyc.gov) or 646-253-5912 and visit the NYC Coalition's website at [www.nycsmokefree.org](http://www.nycsmokefree.org). ■

## BAY RIDGE FOOD CO-OP

We're one step closer to opening for business  
**NOW WE NEED YOU!**

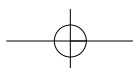
The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now — we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

[www.foodcoopbayridge.com](http://www.foodcoopbayridge.com)  
[hello@foodcoopbayridge.com](mailto:hello@foodcoopbayridge.com)  
347-274-8172



SAFE FOOD  
COMMITTEE  
REPORT

Black Gold

By Adam Rabiner for the Safe Food Committee

Imagine you are a shiny green coffee bean ripening under the southern Ethiopian sun. You are picked by a dirt-poor farmer who planted the tree five years ago and is only now reaping the first harvest. You are sold for the market price of ten to twenty cents a kilo and passed from hand to hand, up the value chain, from warehouse to distributor to roaster to wholesaler to retailer, until you end up as a cup of java sold in Europe or the United States for as much as two to three dollars.

No wonder the  
unofficial tagline for  
this movie is  
“Wake up and smell  
the coffee.”

The sad message of the film *Black Gold* is that the farmer’s patience and hard work does not pay off; he does not reap what he sows. Instead, the vagaries of indifferent capital markets and distant commodity traders, as well as unbalanced international trade laws and negotiations favoring developed economies over developing ones, create a global economic system that keeps Ethiopian and other third-world coffee farmers stuck in poverty with little hope of creating a better life for themselves or their children. Coffee, or “black gold,” with \$80 billion a year in retail sales, is the world’s second most valuable and heavily traded commodity after oil, but the growers barely profit from it. In fact, when the market is low, beans can sell for less than what they cost to produce, so farmers can actually lose money selling them, since, unlike the United States, there are no farm subsidies. But the four multinational corporations that dominate the market: Kraft, Nestle, Proctor & Gamble and Starbucks, do quite well by it. The ambassador for *Black Gold* is Tadesse Meskela, the head of the Oromia Coffee Farmers Co-operative Union,

who desperately seeks buyers who are willing to pay more than the international market price. His Addis Ababa warehouse is filled with burlap bags of coffee, since many of his farmers are reluctant to sell while the world price is so low. He opens a door to a large room where dozens of women are sitting at a long table sorting the good beans from the bad ones. An eight-

hour day of this labor earns them less than fifty cents. When a coffee company boasts its product is “hand-picked,” this is the process it is referring to. We follow Tadesse to his farmers’ coop and then to a trade show in Seattle and a supermarket in London. His concern for his farmers is deeply felt and palpable. He explains that a higher, more just price would not be spent by them on electricity, running water or motor bikes but for decent clothing, food and quality education for their children. Tadesse understands the connection between education and opportunity. He went to college, speaks English fluently and has an important job. But he also keeps two cows in his garage because

his wife wants fresh milk and he tended this animal until he was 18; he values this connection to his past and the people he presently serves. *Black Gold* has things to say about the World Trade Organization and American foreign aid to Africa, but its clearest and most central message is that consumers should “think before they drink” and support fair-trade coffee and other products. The film wants to enlighten and educate. *Black Gold* upholds the tradition of many of the movies in the From

Plow to Plate film series to tell the whole story of production and consumption, not just the palatable parts, though in this case it’s more accurate to say the arc of the story is From Plant to Cup. But it’s the same thing. No wonder the unofficial tagline of this film is “Wake up and smell the coffee.” *Black Gold*, Tuesday, May 11, 7:00 p.m. Location: TBD. Please refer to the From Plow to Plate bulletin board to the right of the elevator at the entrance to the Coop. Free. Snacks and beverages will be served. ■

Two Coop Job Openings:  
Receiving/Stocking  
Coordinators

Evenings & Weekends

Description:

The Coop is hiring two Receiving/Stocking Coordinators to work evenings and weekends. (One of the positions has a more variable schedule, the other more fixed.)

The evening and weekend Receiving/Stocking Coordinators have a lot of responsibility overseeing the smooth functioning of the store and supporting the squads. They work with the Receiving squads, keeping the store well stocked and orderly while maintaining the produce quality. At the end of the evening, they set up the receiving areas to prepare for the following day’s early morning deliveries.

The ideal candidates will be reliable, responsible self-starters who enjoy working with our diverse member-workers. You must be an excellent team player, as you will be sharing the work with several other Receiving Coordinators. You must have excellent communication and organizational skills, patience, the ability to prioritize the work and remain calm under pressure.

For the first position, we are looking for a candidate who wants a permanent evening/weekend schedule. For the second position, we are looking for a candidate who wants a permanent evening/weekend schedule *and* has the flexibility to work other times to provide needed coverage. This is a high energy job for a fit candidate. You must be able to lift and work for hours on your feet including in the walk-in coolers and freezer. Grocery store experience a plus.

- Hours: 32-40 hours per week, schedule to be determined
- Wages: \$23.48/hour
- Benefits: —Health and Personal time  
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years  
—health insurance  
—pension plan

Application & Hiring Process:

Please provide a cover letter and your résumé as soon as you can. Mail your letter and résumé or drop it in the mail slot in the entryway of the Coop. All applicants will receive a response. Please do not call the office to check on the status of your application. If you applied previously to another Coop job offering and remain interested, please reapply.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least the past 6 months.

Applicants must have worked a minimum of three shifts in Receiving within the past year.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

Puzzle Corner  
Stepping Out

Each of the puzzles here begins with a 2-letter starting word. On each subsequent line you are to add one letter to the previous word and shuffle the letters to form a new word. Continue until you reach the final word.

For example, if the starting word is OR and the ending word is DINOSAUR, the words would be:

- OR Add a D to get...
- ROD Add an A to get...
- ROAD Add an N to get...
- RADON Add an I to get...
- ORDAIN Add an S to get...
- INROADS Add a U to get...
- DINOSAUR

In each case the starting word and the final word are given. Puzzles with more steps are more difficult. Alternative answers may be possible in some cases.

T O  
DEPOT

U H  
TRUTH

A S  
SLAVE

A T  
PANTS

M A  
MALICE

D O  
DEVOID

I N  
GOBLIN

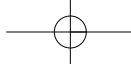
A S  
SHARPEN

I T  
DIALECT

I T  
UTENSIL

For answers, see page 10. This issue’s puzzle author: Stuart Marquis





## COOP HOURS

### Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.

Friday & Saturday  
8:00 a.m. to 5:00 p.m.

### Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.

Saturday  
6:00 a.m. to 10:00\* p.m.

Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

### Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

### Telephone:

718-622-0560

### Web address:

www.foodcoop.com

# LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

### SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the Linewaiters' Gazette will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday  
May 21

8:00 p.m.

# very The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical  
fundraising partnership of  
the Park Slope  
Food Coop and  
the Brooklyn Society  
for Ethical Culture

Singer-songwriter **Noe Venable** is a composer of mystically tinged experimental folk songs, incorporating spine-tingling vocal harmonies and soaring strings. Ani DiFranco has called her music "ravishingly melodic!" Puremusic.com dubs her "a full-blown young musical visionary." Having honed her songwriting and musicianship within the context of San Francisco's rich experimental and jazz music scene, Venable has gone on to wider recognition through the release of five albums, as well as national tours opening for artists from Ani DiFranco to They Might Be Giants.



Come join singer-songwriter **Adele Rolider** as she sings original and cover tunes about love, building community, social justice and keeping the faith. Drawing from a wide variety of genres, she'll involve her audience in rhythm and song. Joined by Bruce Markow on guitar and mandolin and Dominic Richards on bass. "Adele's beautiful voice and empowering songs make me know a better world really is possible," says Ray Korona, folksinger and activist.



**53 Prospect Park West** [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

**Performers** are Park Slope Food Coop members and receive Coop workslot credit.

**Booking:** Bev Grant, 718-788-3741

### Monthly on the...

**Second Saturday**

**MAY 8**

**10:00 A.M.–2:00 P.M.**

**Third Thursday**

**MAY 20**

**7:00 P.M.–9:00 P.M.**

**Last Sunday**

**MAY 30**

**10:00 A.M.–2:00 P.M.**

On the sidewalk in front of the receiving  
area at the Coop.

# PLASTICS

**What plastics do we accept?  
Until further notice:**

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting  
#2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.



R  
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### This Issue Prepared By:

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Erik Lewis

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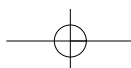
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Oliver Yourke

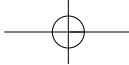
Editor (production): Tioma Allison

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

Production Coordinator: Mary Ellen Muzio





WORKSLOT NEEDS

General Meeting Setup

Last Tuesday of every month 7 p.m. & 8 p.m. shifts. The Coop is looking for committed members to help during and after the monthly GM. You will help with taking attendance, providing brochures and literature to members, answering questions, cleaning, recycling and putting away tables and chairs. The 8 p.m. shift will involve bringing material back to the Coop after the meeting ends. If you are interested, please contact Adriana Becerra in the Membership Office Monday through Thursday between 8:00 a.m. and 3:00 p.m.

Check Office Supplies

Monday 6:00 a.m. to 8:30 a.m. This workslot is responsible for restocking sup-

plies at desks in all offices on the Coop's 2nd floor, at checkout lanes, entrance desks and the cashier stations. Some light maintenance, such as light cleaning of desktops and phones, is another task. This is a task and detailed-oriented job, ideal for someone who likes working independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex\_marquez@psfc.coop if you are interested.

Shopping Floor Set up and Cleaning

Monday 6:00 a.m. to 8:00 a.m. Are you an early riser with a love of cleaning and organizing? Work under the supervision of a staff person to set up and clean the shopping

floor checkout stations. Must like to clean, be meticulous, detail-oriented and able to work independently. Great opportunity for someone who wants to work when the Coop is not crowded. Please contact Cynthia Pennycooke at cynthia\_pennycooke@psfc.coop or through the Membership Office at 718-622-0560 if you are interested.

Bathroom Cleaning

Friday 12 p.m. to 2:00 p.m. Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit [www.foodcoop.com](http://www.foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours. Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

[www.foodcoop.com](http://www.foodcoop.com)

The Coop on Cable TV

*Inside the Park Slope Food Coop*  
FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

**TUE, JUN 1**  
AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the June 29 General Meeting.  
**TUE, MAY 25**  
GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

**LETTERS & VOLUNTARY ARTICLES:**  
May 20 issue 7:00 p.m., Mon, May 10  
Jun 3 issue 7:00 p.m., Mon, May 24  
**CLASSIFIED ADS DEADLINE:**  
May 20 issue 7:00 p.m., Wed, May 12  
Jun 3 issue 7:00 p.m., Wed, May 26

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, May 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

Meeting Format

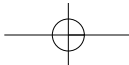
**Warm Up (7:00 p.m.)** • Meet the Coordinators • Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature  
**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.  
**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports  
**Agenda (8:00 p.m.)**  
The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.  
**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

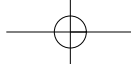
Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process. Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*  
• **Advance Sign-up required:**  
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.  
Some restrictions to this program do apply. Please see below for details.  
• **Two GM attendance credits per year:**  
Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.  
• **Certain Squads not eligible:**  
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)  
• **Attend the entire GM:**  
In order to earn workslot credit you must be present for the *entire* meeting.  
• **Signing in at the Meeting:**  
1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.  
2. Please also sign in the attendance book that is passed around during the meeting.  
• **Being Absent from the GM:**  
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business.** As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.





park slope  
FOOD COOP

# calendar of events

may 21  
fri 8 pm

## Noe Venable and Adele Rolider



Singer-songwriter **Noe Venable** is a composer of mystically tinged experimental folk songs, incorporating spine-tingling vocal harmonies and soaring strings. Ani DiFranco has called her music “ravishingly melodic!” Puremusic.com dubs her “a full-blown young musical visionary.” Having honed her songwriting and musicianship within the context of San Francisco’s rich experimental and jazz music scene, Venable has gone on to wider recognition through the release of five albums, as well as national tours opening for artists from Ani DiFranco to They Might Be Giants. Also, come join singer-songwriter **Adele Rolider** as she sings original and cover tunes about love, building community, social justice and keeping the faith. Drawing from a wide variety of genres, she’ll involve her audience in rhythm and song. Joined by Bruce Markow on guitar and mandolin and Dominic Richards on bass. “Adele’s beautiful voice and empowering songs make me know a better world really is possible,” says Ray Korona, folksinger and activist.



**Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45**

*The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.*

*To book a Coffeehouse event, contact Bev Grant, 718-788-3741.*

may 22  
sat 10:30 am-2 pm

## Garden and House Plant Swap



Come to the Coop’s Garden and House Plant Swap to exchange your plants with other gardeners. Please follow these guidelines when choosing and preparing plants for the swap: 1. THIS IS A ONE-FOR-ONE SWAP: Swappers may choose one plant for each plant they bring. 2. Please bring healthy plants. 3. Do not bring cuttings. All plants must have adequate roots. 4. Plants must be packed in a lightweight container with adequate soil. 5. All plants must include labels, with names, and if possible, brief instructions for plant. Plants will not be accepted after 1:30 p.m. **Event will take place outside, in front of the Coop, beneath a tent. Heavy rain will cancel this event.**

may 22  
sat 1 pm

## Evolutionary Astrology: A New Perspective

We seek a deeper perspective, to bring fresh insight into our lives and help us move forward. We will discuss the basic archetypes of the signs, houses and planets, through the 12 signs of the zodiac. Coop member **Clara Nura Sala** has been practicing and teaching astrology for 10 years. She is a graduate of the Jeffrey Wolf Green School of Evolutionary Astrology and counsels clients across the U.S. and around the world. **Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.**

may 25  
tue 7 pm

## PSFC MAY General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

**Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

**Item 1:** Hearing Officers Committee Election (20 minutes)

**Election:** “The Hearing Officers Committee will present two candidates for the committee. Hearing Officers work on an FTOP basis when needed and serve three year terms.”

—submitted by the Hearing Officer Committee

**Item 2:** Elimination of Make-up Requirement When Coop is Closed (35 minutes)

**Discussion:** “When work shift of a member occurs at a time the Coop is closed, affected members will not be required to make-up their shift.”

—submitted by Edward J. Fondiller

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters’ Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings.

may 28  
fri 7 pm

## Safe Food Committee Film Night: Black Gold



As westerners revel in designer lattes and cappuccinos, impoverished Ethiopian coffee growers suffer the bitter taste of injustice. In this eye-opening exposé, an over-\$80-billion-dollar industry (a commodity second only to oil in value), **Black Gold** traces one man’s fight for a fair price. While we continue to pay outrageous prices for our coffee and coffee drinks, the price paid to coffee farmers remains so low that many have been forced to abandon their coffee fields. Nowhere is this paradox more evident than in Ethiopia, the birthplace of coffee. Join us for the screening, followed by a Q&A with director Marc Francis. **Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.**

jun 1  
tue 7 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month’s General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

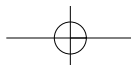
Before submitting an item, read “How to Develop an Agenda Item for the General Meeting” and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, June 29, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

*For more information on these and other events,  
visit the Coop’s website: [foodcoop.com](http://foodcoop.com)*

**All events take place at the Park Slope Food Coop unless otherwise noted.**

**Nonmembers are welcome to attend workshops.**

**Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.**





# may 21–jul 17 2010

**jun 3**  
thu 7:30 pm



## Food Class: Sweet Dumplings

Sweet dumplings are a spectacular way to finish any meal. They are delightful, simple to make, and are sure to please even the most discriminating sweet tooth. Join **Wai Hon Chu**, co-author of *The Dumpling: A Seasonal Guide*, for a demonstration and tasting of some traditional dessert dumplings from around the world. He currently works as a cooking instructor at the Institute of Culinary Education and the Natural Gourmet Institute for Food and Health, and the Bowery Culinary Center at Whole foods Market. *Menu includes sesame-stuffed rice balls in a lightly sweetened broth; chocolate tamales; and peach and berry grunt. Materials fee: \$4. Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.*

**jun 4**  
fri 7 pm

## Film Night



Film title to be announced. *Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.*

*To book a Film Night, contact Faye Lederman, squeezezone@hotmail.com.*

**jun 5**  
sat 12 – 4 pm

## Adult Clothing Exchange



The season is changing, and this is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter. *Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.*

**jun 8**  
tue 7 pm

## Safe Food Committee Film Night



Film title to be announced. *Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.*

**jun 12**  
sat 2 – 4 pm

## Forgiveness

Is there someone you need to forgive? Holding on to feelings of hurt, guilt, blame, and anger binds up your own energy and keeps you locked in the past, instead of being fully present. The Forgiveness Process allows you to release these feelings and find peace and freedom. Learn to forgive yourself and others; focus and use the power of unconditional love; align your head and your heart; use the power and energy of love to relieve stress; and participate in an unconditional love meditation. **Moraima Suarez** is a Coop member, certified Holoenergetic® Healing practitioner, certified Bowenwork therapist, Reiki Level II practitioner and certified hypnotherapist.

**jun 19**  
sat 2 pm

## Sustainable Townhouse Primer

This presentation is intended to provide homeowners with a basic understanding of their homes, what their assets and liabilities are, and how to retrofit. Topics include the importance of the building envelope, solar orientation, air infiltration, heating and cooling options, electrical efficiency, sunlighting, and passive heating/cooling. Architect and Coop member **Ryan Enschede** leads an architecture practice pursuing sustainable building solutions adapted to NYC's climate and built conditions.

**jun 26-27**  
sat-sun 9 am–7 pm

## Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

**jun 29**  
tue 7 pm

## PSFC JUNE Annual and General Meeting



The Annual Meeting begins at 7:00 p.m. followed by the GM. Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the

status of pending agenda items are available in the Coop office and at all General Meetings. *Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

**jul 2**  
fri 7 pm

## Film Night

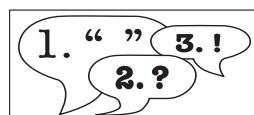


Film title to be announced.

*To book a Film Night, contact Faye Lederman, squeezezone@hotmail.com.*

**jul 6**  
tue 7 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. *The next General Meeting will be held on Tuesday, July 27, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.*

**jul 13**  
tue 7 pm

## Safe Food Committee Film Night

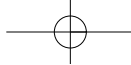


Film title to be announced.

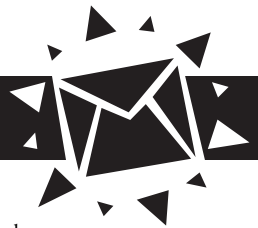
**jul 15-17**  
thu 3-8 pm  
fri 11 am–6 pm  
sat 11 am–6 pm

## Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.



LETTERS TO THE EDITOR



WHAT A COOP IS I

Below is a letter that I sent to the *Brooklyn Paper*. The letter was not printed. Instead, a reporter did a story that resulted in a different understanding of what I actually wrote.

—Joe Holtz

TO THE EDITOR:

Barneys' planned use of the word "co-op" in the name of their Atlantic Avenue store is a problem for us. We have been in the process of educating Brooklynites for 37 years about the benefits and meaning of the word "coop" as defined by the NYS Cooperative Corporations Law and the International Principles of Cooperation ([www.ica.coop/coop/principles.html](http://www.ica.coop/coop/principles.html)). Barneys' misuse of the word dilutes this effort and effectively undermines our business model and, for lack of a better concept, "brand." The Park Slope Food Coop is highly recognized in Brooklyn and is inextricably linked to the word and concept of "coop." For Barneys to use that same term in a manner that appears to be illegal under New York law and run a business that is not in any fashion reflective of the real meaning of the word harms our cooperatively owned and

democratically run business.

The specific reference in the law is: NYS Cooperative Corporations Law, Article 1 Section 3 (J) states: "the term 'cooperative,' 'cooperation' or any abbreviation, variation or similitude thereof, shall not be used as or in a name except by a corporation defined in this chapter. Any cooperative corporation may sue for an injunction against such prohibited use of the term. A violation of this prohibition is a misdemeanor, punishable by a fine of not more than five hundred dollars."

Furthermore, Article 1 Section 2 states: "It is the declared policy of this state, as one means of improving the economic welfare of its people, particularly those who are producers, marketers or consumers of food products, to encourage their effective organization in cooperative associations for the rendering of mutual help and service."

This doesn't describe Barneys' business model.

In cooperation,

Joe Holtz

General Manager

Park Slope Food Coop Inc.

WHAT A COOP IS II

TO THE EDITOR:

Thanks, Joe Holtz, for pointing out that what appears logical is also legally correct. To PSFC members, a "coop" is something specific, something very much unlike a privately owned snooty clothing store. Since our Coop is now working to assist other Brooklyn coops to form and do outreach, and in the process trying to educate some Brooklynites about what a coop is, a store calling itself a "coop," on our turf, could be confusing and therefore detrimental.

Janet Gottlieb

ON "A HOME OF THEIR OWN"

HI

I was very interested in your article "A Home of Their

Own." My college had a whole class on the Summerhill School in England. We were all fascinated by the amazing freedom those kids had. However, it is interesting that the whole concept was later considered a social failure. A follow-up on students later in life revealed that none was ever able to fit in society; could not hold a job, or take responsibility of the kids they had, suffered from depression, some apparently committed suicide, etc. They were totally unprepared for the daily rigor and demands of basic life. I like the emphasis the Brooklyn school placed on play. How do they prepare kids to face the fact that living in society is about respecting rules and people's boundaries?

Regards,

J. Sandrini-Cooke

SCHLEPPING AS PREPPING

One day in the future our children will bear  
The full weight of the world on their backs;  
Is that why we burden them now and here  
With a ton of books in their shoulder packs?

Leon Freilich



COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (\*) denotes a Coop member.

SAT, MAY 8

PEOPLE'S VOICE CAFE: NYC Labor Chorus. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (btw Madison & Park). For info call 212-787-3903 or [peoplesvoicecafe.org](http://peoplesvoicecafe.org). Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

MON, MAY 10

MILK: a new play directed by Jessica Bauman\*. Rural New England just before Reagan's second term. Meg & Ben are a creditor away from losing their family farm. To the rescue flies a high-powered businessman offering a tidy sum for a taste of farm life & the pure, raw milk that goes with it. Through May 22 at HERE, 145 6th Ave. \$35 premium seats (reserved)/\$25 general admission. Friends of the Park Slope Coop get \$18 tickets using the code MILK18! [www.ovationtix.com/trs/pr/715265/prm/MILK18](http://www.ovationtix.com/trs/pr/715265/prm/MILK18) or 212-352-3101.

TUE, MAY 11

ORGANIC TRANSPORT FOR NEW YORK: Moving People & Cargo by Pedal Power. Presentation by Gregg Zukowski\* and Helen Newman\* of Revolution Rickshaws. The Commons (488 Atlantic Avenue). 7:30-9:30 p.m. \$10 suggested donation. For more info, visit [www.revolutionrickshaws.com](http://www.revolutionrickshaws.com) or email [helen@revolutionrickshaws.com](mailto:helen@revolutionrickshaws.com).

FRI, MAY 14

GOOD COFFEEHOUSE: Ernie Hawkins—acoustic blues. Brooklyn Ethical Culture Society. \$10/kids \$6. 8:00 p.m. 53 Prospect Park West. [www.gchmusic.org](http://www.gchmusic.org).

THE DANCE OF COMPASSION-ATE COMMUNICATION: with Jeff Brown, certified trainer with [www.cnvc.org](http://www.cnvc.org) (see details and bio at [www.brooklynncv.org](http://www.brooklynncv.org)). Through May 16. Experience NVC dance floors, including spatial floor maps called "dances," which people move through to integrate various NVC processes. Contact: [events@brooklynncv.org](mailto:events@brooklynncv.org).

SAT, MAY 15

PEOPLE'S VOICE CAFE: Carolyn Hester with Amy & Karla Blume. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (btw Madison & Park). For info call 212-787-3903 or [peoplesvoicecafe.org](http://peoplesvoicecafe.org). Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

"PRACTICING": A CONCERT AND CONVERSATION WITH CREATIVE JEWISH IMPROVISERS. Featuring renowned musicians & Kolot members Marc Ribot and Marty Ehrlich, & Roy Nathanson, Jessica Lurie & friends. The musicians will talk and play about how "Jewish" and "Music" interweave for them, followed by a concert. \$20. [www.kolotchayeinu.org](http://www.kolotchayeinu.org)

THE DAVID BINDMAN ENSEMBLE: Free concert at the Bay Ridge Library, 7223 Ridge Blvd. at 73rd St. The ensemble features Frank London, trumpet, Reut Regev, trombone, Art Hirahara, piano, Wes Brown, bass, royal hartigan, drums, and David Bindman\*, tenor saxophone and composer. 1:30 p.m.

TUE, MAY 18

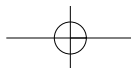
FREE SEMINAR: Financial Options for Seniors. Topics will include avoiding harmful loans, reverse mortgages, protecting your assets & much more. 6 p.m. at NHS of East Flatbush, 2806 Church Ave. (btw Nostrand & Rogers). To reserve space, call 718-469-4679. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization. [www.nhsofeastflatbush.org](http://www.nhsofeastflatbush.org).

THU, MAY 27

FREE HOMEBUYING SEMINAR: Thinking about buying a home? This is a good place to start. Learn about grants & closing cost assistance, affordable mortgages & other services. 6 p.m. at HSBC, 815 Flatbush Ave. (corner of Caton Ave.). To reserve space, call 718-469-4679. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization. [www.nhsofeastflatbush.org](http://www.nhsofeastflatbush.org).

Puzzle Answers

TO TOP POET DEPOT	UH HUT HURT TRUTH	AS SEA VASE SLAVE	AT SAT TAPS PANTS
MA AIM MAIL CLAIM MALICE	DO ODE DOVE VIDEO DEVOID	IN NIL LION LINGO GOBLIN	
AS SPA SPAR SHARP PHRASE SHARPEN	IT LIT TAIL TIDAL DILATE DIALECT	IT TIN UNIT UNTIL SUNLIT UTENSIL	





## CLASSIFIEDS (CONTINUED)

### BED & BREAKFAST

The House on Third St. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, houseon3st.com. Let us be your Brooklyn Hosts.

### CLASSES/GROUPS

SAT CLASS taught by college professor and test prep expert who taught for a major test company and improved their strategies. Maximum 6 students in a class. Real SATs as practice tests. Park Slope location. Enroll now. Space is limited. www.beritanderson.com. 917-797-9872. 363 6th Avenue. fireflies are crepuscular.

TERRIFIC 650 sq. ft. furnished holistic office PT/FT. Great Bklyn location. Charming reception room, large lecture or group session room (e.g. Shiatsu, Yoga, Chiropractor, M.D., Nutritionist, etc.) Massage table and recliner in the next room for Acupuncture, Reiki, Reflexology, Psychotherapy, Hypnotherapy, etc. For viewing premises, call 718-339-5066.

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available for health-related practices including but not limited to medical doctors, chiropractors, psychotherapists, podiatrists, reflexologists, massage therapists, etc. Be part of a holistic facility in SOHO or in a great Brooklyn location. Non-medical offices available in Brooklyn. For information, please call 212-505-5055.

### MERCHANDISE-NONCOMMERCIAL

VINTAGE wooden desk 54"w. X 34"d. X 30"h. Lots of features. Needs refinishing but sturdy & very functional with some charm. \$50. Linda 718-788-9243. Negotiable.

GREENSTAR JUICER for sale-\$200. Fantastic twin gear juicer, used but in good condition. Sells new for \$500. If interested, call Jessica at 646-431-9818.

### SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt

padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.law.com.

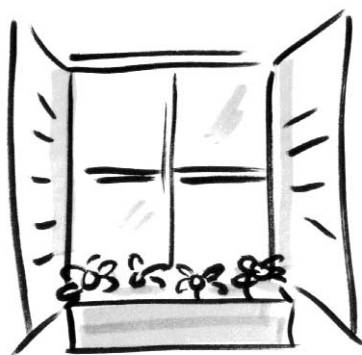
MADISON AVENUE Hair Stylist is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

ELECTRICIAN: Art Cabrera 718-965-0327. 37 years in the industry. Small jobs to whole houses. Expert in old wiring, troubleshooting, LV, 110 + 220. Also can act as consultant or G. C. Original Coop founder. BIB. Much thanks to the hundreds of satisfied customers; apologies to the few I've disappointed. PEACE BE WITH YOU.

NEED A PAPER "THERAPIST?" Feel burdened by your stuff? Can you find what you need when you need it? Would you like more space and ease in your home, office or life? Call a professional organizer: Parvati at 718-833-6720, Parvati4@aol.com. Free initial phone consultation.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Color, high lights, low lights, perms, hot oil treatments. Adults: \$35.00. Kids \$15.00. Call Leonora 718-857-2215

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: Katie@papermoonmoves.com or visit www.papermoonmoves.com.



DOG-EZ-with Marcia. Playdates/overnights/walks. Cat sitting (and other creatures), too. Special needs. Member NAPPs (c)-Bonded-Insured. 15 years Park Slope, Prospect Heights, Clinton Hill, Windsor Terrace, Kensington, Ditmas Park. Call 718-768-2175.

### SERVICES-HEALTH

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

### VACATIONS

BUNGALOWS FOR RENT in charming cooperative summer community. Beautiful wooded grounds. Olympic pool, tennis, basketball, swim & boat in lake. Near Bethel Woods Performing Arts Center. Great family vacation. Reasonable prices. Contact Marlene Star, mstar18@optonline.net, 914-777-3088.

HUDSON VALLEY VACATION COTTAGES. One- to three-bedroom cottages for sale in family-friendly, historic three-season community in Westchester County, NY. Pool, tennis, hiking, social activities. \$42k-112k, cash sales. Annual maintenance approx. \$4k. Sorry, no dogs. www.reynoldshills.org/bungalowshop or 973-951-8378.

BERKSHIRES 4-BEDROOM HOUSE on beautiful clean lake. Sleeps 7-9. Large living area and screened-in porch. Well-equipped kitchen. Lakefront deck and dock. Canoe, rowboat, kayak. \$975/week. Call Marc 917-848-3469.

### ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

### To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

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### Get Your Home Cleaned...

#### With a Clean Conscience

**The We Can Do It! Women's Cooperative**  
**has eco-cleaned the homes of dozens of**  
**happy Food Coop members.**

**Our business is women-owned and**  
**operated and members earn 100%**  
**of the fee paid.**

**CALL TODAY! - 718-633-4823**



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LONG TERM CARE INSURANCE SOLUTIONS

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**[jschneider@ssltc.com](mailto:jschneider@ssltc.com)**

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Kind Care - Insured  
Dog Walking, Cat Sitting  
Special Medical Needs  
Vet References  
Overnights  
(718) 768-2175



### WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Grégoire Abrial	Carl Gaines	Rebecca	Solomon Panitz
Husband	Gabriel	McCaughrin	Mary Ramsey
Ageday	Henriques	MacKenzie	Dave Scaringe
Michael Conway	Andre Jennings	Meehan	Margot Seigle
Michael Danza	Suzu Lafferty	Shannon	Kenyon Weaver
Cassandra Ellis	Appolos	Murphy	Susannah
Lianna	Laurient	Alex O'Neill	Weaver
Futterman	Kate Mc Cabe	Christian Ochoa	



## GET WORK CREDIT WITH THE BUSHWICK FOOD COOP!

If you are skilled in

**ACCOUNTING  
SPANISH TRANSLATION  
WEB PROGRAMMING  
OUTREACH  
BUSINESS PLANNING**

and would like to help us in exchange for work credit for the Park Slope Food Coop, please send an e-mail to **caitlin.vox@gmail.com** with your contact information and area of interest.

We would be delighted to hear from you!



**CREATIVE? WRITER? TALKATIVE? LAWYER?  
SOCIAL-BUTTERFLY? WEB-DEVELOPER?**

**HELP US GET STARTED  
AND MAKE YOUR  
OWN WORK SHIFT!**

Be a part of forming a new food co-op in the Fort Greene Clinton Hill area. PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



[www.GreeneHillFoodCoop.com](http://www.GreeneHillFoodCoop.com)  
[info@greenehillfoodcoop.com](mailto:info@greenehillfoodcoop.com) | 718-208-4778

**Follow  
the  
Food  
Coop  
on**

twitter



**@foodcoop**

## LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

### WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

### JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

### GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop) or contact [leffertsfarm@gmail.com](mailto:leffertsfarm@gmail.com) for more information.

JOIN US: [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop)



# Sign up for the Coop's First Annual Food and Wine Event

*Can you Cook?*

The Fun Committee is looking for 10 talented cooks to prepare and present one small dish at an event in autumn 2010 to show off the Coop's delicious seasonal ingredients and the creativity of our membership. Attendees will sample dishes and matching beverages, and vote on their favorites.

Have the skills to make mouths water? Come show us what you've got.

- All cooks must be Coop members in good standing.
- We are looking for a range of styles and cuisines—vegetarian, ethnic, etc. that reflect the Coop's seasonal bounty.
- The Coop will supply all necessary ingredients to the finalists.
- Professional chefs will help guide and support the cooks.
- Each dish will be paired with an appropriate beverage (wine, beer or non-alcoholic).
- Finalists will receive FTOP credit for the event. The cook serving the most popular dish at the event will receive a medley of additional gifts.

Write to us at [psfccook@gmail.com](mailto:psfccook@gmail.com) if you'd like to participate, and tell us about your kitchen skills and the recipe you'd like to prepare. No internet access, no problem. Leave the details above in Jason Weiner's mailbox (located in the PSFC Membership Office), but we need to hear from you by Saturday, May 30.