

OFFICIAL NEWSLETTER OF THE PARK SLOPE FOOD COOP

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1973



# LINEWAITERS' GAZETTE



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Volume EE, Number 12

June 17, 2010

## GENERAL MEETING REPORT

### May GM Topics Range from Local to State-Wide Concerns

By Diane Aronson

*Attended by more than 240 members and filmed by a camera crew visiting from Paris, the Park Slope Food Coop's May 2010 General Meeting elected two new members for the Hearing Officers Committee, discussed workslot makeups for shifts scheduled when the Coop is closed and voted in favor of supporting a state-wide ban against hydraulic fracturing. The GM was ably and efficiently chaired by Dave Golland.*



ILLUSTRATION BY DIANE MILLER

#### First Things First

During Open Forum, an opportunity for members to ask questions or make brief statements, Amber Chase wondered if the Coop, with more than 15,000 members, couldn't reduce the workslot commitment; she suggested six weeks between workslots. Mike Eakin responded for the General Coordinators. "I just want to point out that every member who joins requires some food to be moved, food to be checked out," he observed.

Dave Golland reminded Chase that she could put the item on the agenda of a future GM and that workslot

reduction was a discussion item as recently as the previous month's GM. Robin Smith, who presented a workslot discussion agenda item at the April GM, indicated she was interested in connecting with others who wanted to see a change in the workslot requirement. Smith would like to form a committee to further study the issue.

Marina Ferraro, an FTOP worker, announced that the B71 bus, which currently goes right past the Coop, was scheduled for elimination starting in June. She suggested that adding extra Coop walkers could help

members affected by the MTA's bus service cut. Opening more workslots to FTOP and other workers would be an additional benefit.

General Coordinator Ann Herpel said that if the cancellation of the bus service ends up having an impact on members, the Coop will look into adding more FTOP workers. Herpel also stressed that summer and early November through New Year's offered more opportunities for a variety of FTOP slots. She counseled FTOP-ers to call the Coop office regularly for workslot updates and availability.

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### Buy Local—and Add Chocolate to That List

By Liz Welch

"Shop local" might as well be the PSFC mantra. It's the reason I joined two years ago—and the reason I will happily pay a bit more for a quart of just-picked-and-packed strawberries from an upstate farm versus the pretty but not nearly as sweet ones shipped in from California. When it comes to fava beans or golden beets, ramps or perfectly ripe apples, the Coop is abundant with locally produced items found in nearly every aisle.... I'm not only referring to the near-perfect produce, but also the free-range pork, lamb and chicken from several upstate farms, and the selection of cheeses from Sprout Creek Farm, as well as the freshly baked bread from Amy's Bakery in Manhattan. And then there's the scrumptious Crispy Kale Chips made in a solar-powered warehouse in Crown Heights by another Amy (Hambrery). And since I am taking the definition of "local" to a new stratosphere, why not add one more indulgence to that list: chocolate.

Connie Banez has the enviable position of "chocolate buyer" at the Coop. She takes suggestions from shoppers—another perk of membership—and does her best to get the coveted products in the store. Of the many offerings that line what we call temptation aisle in my house—is it just us, or is it REALLY hard to wait on the 15-items or less aisle without at least one impulse buy—three chocolate makers hail from Brooklyn,

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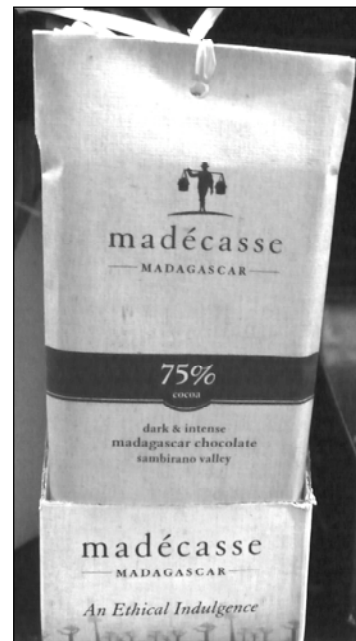


PHOTO BY JUDY JANDA

#### Next General & Annual Meeting on June 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be on Tuesday, June 29, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

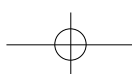
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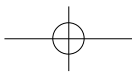
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## Coop Event Highlights

- |             |  |
|-------------|--|
| Sat, Jun 26 | • Food Drive to Benefit CHIPS Soup Kitchen |
| Sun, Jun 27 | 9:00 a.m. - 7:00 p.m.                      |
| Tue, Jun 29 | • Annual and General Meeting 7:00 p.m.     |
| Tue, Jul 13 | • Safe Food Committee Film Night 7:00 p.m. |
|             | <i>The Grapes of Wrath</i>                 |
| Thu, Jul 15 | • Blood Drive 3:00 - 8:00 p.m.             |
| Fri, Jul 16 | 11:00 a.m. - 6:00 p.m.                     |
| Sat, Jul 17 | 11:00 a.m. - 6:00 p.m.                     |

Look for additional information about these and other events in this issue.





General Meeting

CONTINUED FROM PAGE 1

Coop Sales Up, Mortgage Paid Off

The GM moved on to the Coordinators’ Reports, and Mike Eakin gave the Coop’s financial report. Eakin reminded the meeting that all numbers are preliminary until the audit is complete for the Annual Meeting, scheduled for Tuesday, June 29th.

Our gross margin, “the pennies out of every dollar that we get to keep,” as described by Eakin, is a little over 17%. He felt that ending the year with a gross margin close to this figure would be good. The 17 % gross margin contrasts quite favorably with a typical large food coop’s—38%—achieved partially by a much higher markup than the Coop’s 21%. According to Eakin, the Coop’s low markup has saved members so far this year “maybe 3.3 million dollars.”

Our mortgage balance is zero, compared to more than \$600,000 in April 2009. The Coop has been free from its mortgage obligation since December 2009.

Late April 2010 brought a headcount of 15,909 members. With the Membership Office undergoing renovations, new member orientations have been temporarily suspended and will be

“for several more weeks,” according to Eakin. Even with a new member freeze, we are turning our inventory 70 times a year, which Eakin contrasted with a typical large coop’s inventory of “fifteen times a year.” Our average sales per week are up 7.59% over the same period in April 2009.

The other coordinator’s report was given by Elinoar Astrinsky, who informed the GM that the Coop’s refrigerated cases were undergoing a deep cleaning, and she apologized if any members were inconvenienced while they shopped. Her hope is that the cooling system’s efficiency would improve. Astrinsky said the annual deep cleanse also “gave us the chance to tighten up some shelves, so we can introduce more product.”

On to the Agenda Items

The evening’s first agenda item was electing two new members to the Coop’s Hearing Officers Committee, a committee whose members act somewhat like judges in the Coop’s disciplinary structure. Committee members Liam Malanaphy and Marian Hertz presented the item. The hearing officer candidates, Margareth Garnier Simon, an administrative law judge for the Department of Education, and Danielle Sucher, an attorney specializing in

family law and litigation, were overwhelmingly elected through a paper ballot.

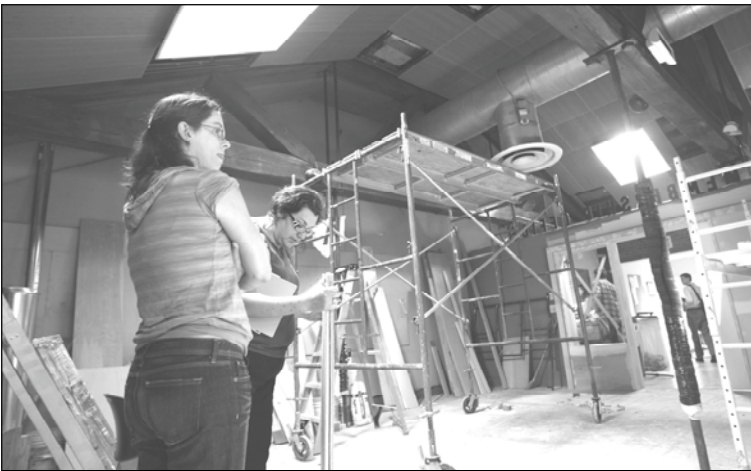
Workslot Obligation When the PSFC Is Closed

The evening’s second item, one for discussion only, was submitted by 20-year-member Edward Fondiller. On the rare occasions that the Coop is closed, members who would normally work are obliged to complete a makeup, and Fondiller would like to see the rule changed. Although his proposal said that when the Coop was closed, no member should need to do a makeup, he fine-tuned his idea during his presentation to the GM: “I propose that members only be given one out-of-shift card a year. Even if the Coop closes twice, three, four times on your day, you only get one.”

Fondiller was directly affected by the rule late last year. As an early-morning receiving squad member, he got a letter from the Coop in mid-December detailing the makeup rule. Since his workslot fell on New Year’s, the Coop would be closed during his 5:30 a.m. shift, and he would have to do a makeup shift. He described his reaction as “outraged,” although he did ultimately complete his makeup by attending his first General Meeting. Fondiller highlighted the fact that the Coop is closed for part of the day only a few times a year.

Doug Hinnant summed up the opinion of a number of GM attendees who felt that Fondiller’s idea seemed reasonable. Excluding annual inventory as always falling on a Sunday and Thanksgiving always on Thursday, Hinnant remarked, “The other days are totally random; that would not be unfair. By dumb luck, your number would come up.”

On the other hand, Audrey Miller Komaroff commented that in her 30-plus years as a member, “Never did I say ‘give me a free card.’ Never.” Dehlia Hannah, an office worker for several years before becoming FTOP, felt keeping track of each member’s get-out-of-work card would be an “absolute nightmare,” and while she personally liked the idea of less work, she thought “overall, the work requirement—what it enables us to do as a store—is very positive, and we shouldn’t be looking for ways to cut down on our shifts.”



PHOTOS BY WILLIAM FARRINGTON

General Coordinator Jessica Robinson (top, left) and Membership Coordinator Charlene Swift going over the remaining steps in renovating the new Membership Office.

General Coordinator Joe Holtz offered a point of clarification about how many days the Coop is partially closed: seven times a year (New Year’s Eve and Day, year-end inventory, July Fourth, Thanksgiving, and Christmas Eve and Day). According to Holtz, a member could be “scheduled for Thanksgiving and Christmas or Thanksgiving and Christmas Eve, to name two. It just depends on the year. You could easily have two in one year.”

*General Coordinator Ann Herpel said that if the cancellation of the bus service ends up having an impact on members, the Coop will look into adding more FTOP workers.*

Ann Herpel also pointed out that many members who work on one of the Coop’s partial closure days would never get a break from their workslots, since they work a shift during the part of the day when the Coop is open. Both Holtz and Herpel were concerned that the Coop’s tenet of fairness would be in conflict with a policy of no work makeup if the Coop is closed.

After a few more comments, Dave Golland reminded the GM that the discussion was running longer than scheduled, and a vote was taken to extend the discussion by 10 minutes; a show of hands voted it down.

United Against Fracturing

The last of the evening’s agenda business was an up or down vote for the Coop to support a state-wide New York ban against hydraulic fracturing. The item was presented by Alice Joyce Alcala and the Environmental Committee.

Fracturing, also known as “fracking,” is a technique in which water and often chemicals are pumped into a well to free up natural gas locked into underground geological features. Some wells are drilled as deep as 13,000 feet, according to Alcala’s presentation. Branching off from the main wells are pipes that reach as far as 2,000 feet horizontally.

But as the Gulf of Mexico oil disaster underscores, gas and petroleum capture holds inherent risks to humans and to a region’s environment, and fracking does too. According to Alcala, “Despite industry claims that the technology of hydraulic fracturing is safe, in the thirty-one states that have implemented this technology, fracking has been linked to groundwater contamination, explosions, poisoned wells, air pollution, environmental degradation, cancer, death of livestock and earthquakes.”

Alcala quoted from a September 2009 Democracy Now interview with Abrahm Lustgarten, a ProPublica journalist. “Lustgarten states that, and I quote, ‘Records are not kept about what amount of fluid and chemicals are taken out of

# RETURN POLICY

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

## REQUIRED FOR ANY RETURN

- The Paid-In-Full receipt MUST be presented.
- Returns must be handled within 30 days of purchase.

## CAN I EXCHANGE MY ITEM?

No, we do not “exchange” items. You must return the merchandise and re-purchase what you need.

Produce*	Bulk* (incl. Coop-bagged bulk)
Cheese*	Seasonal Holiday Items
Books	Special Orders
Calendars	Refrigerated Supplements
Juicers	& Oils
Sushi	*A buyer is available during the week-days to discuss your concerns.

### NEVER RETURNABLE

Refrigerated Goods (not listed above)

Frozen Goods

Meat & Fish

Bread

### RETURNABLE ONLY IF SPOILED BEFORE EXPIRATION DATE

Packaging/label must be present for refund.

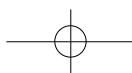
Items not listed above that are unopened and unused in re-sellable condition

### RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

Read the Gazette while you’re standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)





the [drilled] well, not in any state in the United States.' "

Most conspicuously at stake in New York is an underground natural gas reserve in the southern and western parts of the state, a natural gas field known as the Marcellus Shale, which extends as far south and west as southwestern Virginia. This natural gas-rich region is an area that has attracted as much interest from overseas-based companies as it has from U.S. energy firms, according to Alcala. Up to this point, New York has not allowed fracking in the Marcellus tract, but there is no ban in place and environmental impact studies are still ongoing.

At risk are groundwater and watersheds, which may become polluted by the material pumped into the wells. If this were to happen, New York State water supplies and farming land and New York City water supplies could be compromised. Even if areas were restricted from fracking with the intention of protecting watersheds and water supplies, as Alcala pointed out, "Nobody knows how the water moves underground. Nobody knows exactly how to keep certain chemicals out of the watershed. How do you separate water in a sponge? You can't. Water flows."

According to Alcala's presentation, another risk to the water supply occurs when the radioactive shale is broken up during fracking, and "radioactive contaminated water is brought back up to the surface," along with water fouled by fracking chemicals. She summed up this risk: "There are no facilities that can treat the vast amounts of water that rise to the surface. The industry has resorted to storing it in plastic-lined pits. When it rains, the water often rises above the surface of the pits and seeps into the ground, along with all the chemicals and radioactivity that have leached into the water during the process [of fracking]."

Alcala pointed to the work of Dr. Theo Colborn of the Endocrine Disruption Exchange, which indicates that human fetal development could be impaired from elements in fracking fluids. Nobody knows exactly what chemicals the fluids contain. As Alcala described the situation, "The industry has proprietary leases with these fracking fluids that they will not reveal to the public. They claim that it would hurt their profits because other companies would steal their pri-

vate recipe."

After Alcala's presentation to the GM, most members spoke in favor of supporting a fracking ban in New York State, although there was a question about what the Coop's endorsement of the ban would entail. Speaking for the Environmental Committee, Cynthia Blayer clarified the Coop's obligation as

supporting a petition to ban fracking in New York State. According to Blayer, while many New York politicians support a ban, Governor Patterson currently does not.

The fracking ban agenda item was put in front of the GM for a show-of-hands vote, and the GM voted over-

whelmingly in favor of the Park Slope Food Coop supporting the petition.

Rounding out the General Meeting was Elizabeth Tobier's query for corrections to the March and April GM minutes; there were none. The PSFC Board then voted to accept the actions and decisions of the May GM. ■

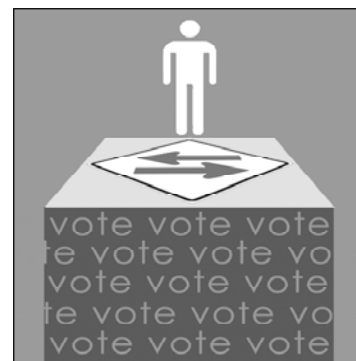


ILLUSTRATION BY PATRICK MACKIN

## BAY RIDGE FOOD CO-OP

**We're one step closer to opening for business  
NOW WE NEED YOU!**

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now — we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

**www.foodcoopbayridge.com**  
**hello@foodcoopbayridge.com**  
**347-274-8172**



**CREATIVE? WRITER? TALKATIVE? LAWYER?  
SOCIAL-BUTTERFLY? WEB-DEVELOPER?**

**HELP US GET STARTED  
AND MAKE YOUR  
OWN WORK SHIFT!**

PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.



**www.GreeneHillFoodCoop.com**  
**info@greenehillfoodcoop.com | 718-208-4778**

## LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect Heights Gardens and Crown Heights, working to develop a new neighborhood food cooperative in the area.

### WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

### JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, marketing, messaging, finances/accounting, fundraising, to real estate development and community outreach. Every person you know in the groups you belong to are a valuable resource to the process!

### GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our monthly group at [www.meetup.com/leffertsfarm](http://www.meetup.com/leffertsfarm) or contact [leffertsfarm@gmail.com](mailto:leffertsfarm@gmail.com) for more information.

OR IN US: [www.wetop.com/leffertsfarm](http://www.wetop.com/leffertsfarm)

## RESEARCHERS NEEDED

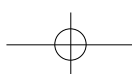
**We are seeking Coop members to help conduct research at the Coop aimed at improving line waiting and the front end of the store. Members will earn FTOP credit for their participation. The research will be conducted during the summer months.**

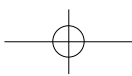
**We are seeking members with a variety of availability (weekday daytime and evening as well as weekend). No prior experience conducting research needed.**

**It is necessary for interested persons to:**

- have good observation skills and attention to detail
- be friendly and outgoing
- work independently without supervision

*Must be a Coop member for at least six months with a good attendance record. If interested, please go to "Contact Us" on [foodcoop.com](http://foodcoop.com); under "Contact Us By Email," select "Research" from the drop down menu and fill in the required information.*





Buy Local Chocolate CONTINUED FROM PAGE 1

adding another irresistible reason to shop local.

I stumbled upon this discovery almost two years ago. It was a classic Coop story: I had a dozen items and both lines were long. I joined the queue at the “specialty food” corner and considered a bottle of hand-pressed pistachio oil, as well as membrillo, that yummy fig paste wrapped in brown paper and tied with twine. I have found that it takes great will power to shop at the Coop, and on this particular day, I remained steadfast—that was, until I spotted the stacks of slim chocolate bars wrapped in hand-printed paper, one with a red herringbone pattern, another with a sailor motif of blue anchors against a cream background. Gorgeous gifts, I thought.

I was now three people away from checking out, but could not resist grabbing one off the shelf. The label read MAST CHOCOLATE BROTHERS in sans serif block print, which floated above a child-like rendering of what looked like a jester’s hat. Beneath that, the provenance: Brooklyn. I was stunned. Not Switzerland? Or Belgium? But *Brooklyn*?

I flipped over the bar and was further impressed: the ingredients for this particular bar boasted 70% cocoa, cane sugar, almonds, sea salt and olive oil. The process was also inscribed: “Hand crafted locally with organic cocoa sourced from farms in the Dominican Republic. Roasted in small batches. Refined

using granite stone and aged.” Following “date of birth” someone had handwritten in the day on which the bar was crafted. And then I saw the price: \$5.57. While it seemed steep for a bar of chocolate, I decided to splurge to see if it was indeed worth it.

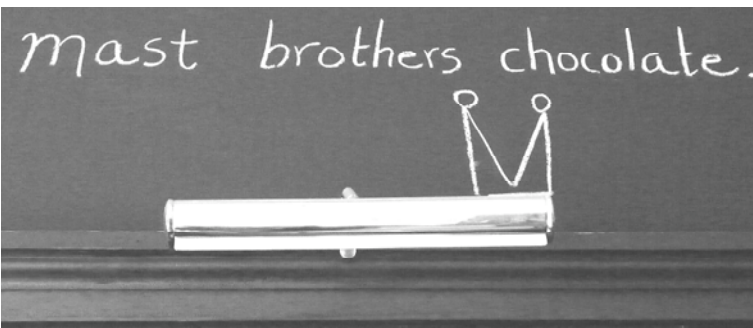
It was. Thus began my obsession with Mast Chocolate. Dear friends get small stacks as birthday presents, guests are offered broken pieces with a bowl full of berries as dessert and it is a rare evening in our house that does not end with at least one square. My husband likes the almond and sea salt best, whereas I have a hard time choosing between that and the roasted pecans and maple syrup. Our latest purchase, yet to be opened, is dark chocolate with roasted hazelnuts—a new offering that I am sure will be elbowing the others in the favorite competition.

As I wrote to Rick Mast and Michael Mast, brothers as well as the company’s founders and chocolate makers, “I used to think Lindt chocolate was as good as it gets...” Thanks to them, I am a chocolate snob. But after learning more about their process, it is an elitism I can live with. Mast Brothers, it turns out, is the only “beans-to-bar” chocolate maker in New York City. That means they roast the cocoa beans—which they procure from small farms in Madagascar, the Dominican Republic and Ecuador—at their Williams-

burg-based “factory” before hand crafting each bar individually. That explains why the chocolate is as beautiful as the packaging—paper-thin slivers of almonds are set in the rich, almost black chocolate like gems, the sea salt glistening like a dusting of diamonds. Suddenly \$5.57 sounds like a steal! Especially considering these bars go for twice that at fancy food purveyors, like Dean and DeLuca, Eli’s and Whole Foods.

But they are not the only Brooklyn-based chocolatiers worth sampling: Madecasse is another Brooklyn-based “bean-to-bar” company, though their sales and marketing office is the only thing located in the borough. That is because their chocolate is entirely produced—from cacao pod to elegant packaging—in Madagascar, an island off the Southeastern coast of Africa. While I know this is not “local,” not even close to the “500-mile” radius the Coop uses to define the term, the social entrepreneurship here makes up for the trans-Atlantic shipping. “With fair trade, you get the cacao beans from the source and then produce the chocolate here,” explains Joe Salvatore, Madecasse’s Director of Marketing. “With direct trade, you buy straight from the source. But here at Madecasse, we take it even a step further.”

This chocolate company was founded by Brett Beach and Tim McCollum in 2006, based on their shared experience as Peace Corps volunteers in Madagascar, one of the world’s leading cacao producers, though sadly better known for its political tur-



PHOTOS BY JUDY JANDA

moil and poverty. “We are hoping to change that,” Salvatore says.

One bite of their sea salt and nibs bar and you will agree they might succeed—it’s an intense mix of salty and sweet that lingers on the tongue. The taste is exciting and energizing, as is the ethos on which the company is built. “We buy cacao from more than 30 farmers in Madagascar and work with a self-taught chocolate maker based in the capital Antanarivo,” says Salvatore, who also did a Peace Corps stint in the country. As a result, people who work with Madecasse earn four times what they would in a fair trade agreement. “Cacao is a huge industry in this country and we see it as a way out of poverty for the local people,” Salvatore explains. “We actually see the impact it has had on the villages we work with.”

The moral of this Brooklyn-based chocolate story—which boils down to BUY MORE—does not stop here: Mast Brothers chocolate wins in

the chocolate as high art category, whereas Madecasse wins for chocolate with the biggest heart. And then there is Fine and Raw, which perhaps gives the best reason to indulge: “Our chocolate is actually good for your health,” says Georgie Castle, who has worked full time with the Williamsburg-based company since December 2009.

Fine and Raw is the brainchild of Daniel Sklaar, who set out to make a delicious-tasting raw chocolate and succeeded. Georgie Castle, who offers her title as “co-conspirator,” explains, “Cacao in its purest form has amazing nutritional benefits—including being a potent anti-oxidant.” Whereas most chocolate makers roast the pod to extract the bean, Fine and Raw uses a low-temperature cooking method. “Raw foodies believe if you heat food above 118 degrees, it kills the nutritional benefits,” Castle explains. “Maintaining that purity is essential to the raw chocolate idea.” Sklaar sweetens his bars and bon bons either with raw blue agave nectar or coconut palm sugar, which is also processed using a low-heat technique. The result? All of their products are as pure as can be, have fewer than five ingredients and are both tasty and healthy. Skeptical? Next time you are waiting to check out with 15 items or fewer, pick up their raspberry bar—made with an organic raspberry powder—or their blueberry bar, which is sprinkled with local dried berries. The packaging is almost as pretty as Mast Brothers’, the passion in the process is equal to Madecasse and the whole point of this story is, whichever chocolate bar you buy, do so guilt free! ■

**The Park Slope Food Coop Agenda Committee (“AC”) is seeking qualified nominees to stand for election and serve on the committee.**

The AC was established by the General Meeting (“GM”) to help facilitate the timely presentation of Coop business to the members attending the monthly meeting.

In addition to assembling the monthly agenda and maintaining records of items submitted, the AC works with members who submit items for consideration by the GM and may need assistance formulating proposals and discussion points.

The AC meets the first Tuesday of every month at 8PM at the Coop. Committee members are also required to attend five (5) GMs per year.

In addition, committee members caucus by telephone and via e-mail as needed to facilitate committee business.

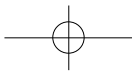
Qualifications include a cooperative spirit, experience working in a committee environment, and an ongoing interest in the business of the Coop. Interested members contact Glenn Brill at [glennbrill@earthlink.net](mailto:glennbrill@earthlink.net).

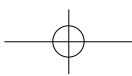
**Gazette Sudoku by James Vatile**

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	6					9	2	
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				4	9	7		

For answers, see page 11.

Read the *Gazette* while you’re standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)





Park Slope Food Coop, Brooklyn, NY

June 17, 2010 5

LETTERS TO THE EDITOR

## Gaza on My Mind

### DEAR EDITOR,

Referencing 5/20/10 letter: Israel's complete withdrawal from Gaza.

#### *Israel Remains the Occupying Power of Gaza*

In 2005, Israel withdrew its military and "illegal" settlers from Gaza but maintained "effective control": patrolling the territorial waters and airspace; controlling Gaza's border crossings; restricting movement of people and goods into and out of Gaza. The international community continues to regard Israel as the occupying power of Gaza.

#### *Blockade Of Gaza: Israel Imprisons 1.5 million Palestinians*

Starting June 2007, following Hamas' takeover of Gaza, Israel imposed a tight blockade restricting imports and exports, and controlling the supply of electricity, heating oil and fuel. Israel's objective of the siege of Gaza is to weaken the Gaza economy and undermine the support for Hamas. This siege constitutes collective punishment of the civilian population, which is specifically barred under Article 33 of the Fourth Geneva Convention.

#### *Qassam Rockets Not a Physical Threat*

In response to the economic blockade Hamas continued to launch Qassam rockets on areas of Israel bordering Gaza. In 2006, Israeli Ministry of Defense described Qassams as "more psychological than a physical threat." From 9/2005 to 11/2009, 11 Israelis were killed. The number of rockets fired: 2005—100 monthly, 2006—149 monthly, 2007—111 monthly. June 2008, Hamas and Israel had six-month ceasefire. Hamas rockets ceased; Israel maintained the blockade. In November, Israel broke the ceasefire killing seven Palestinians.

#### *Israel Violates International Laws of War: Goldstone Report*

Israel launched the unprecedented massacre of Gaza: Operation Cast Lead from 12/27/08 until 1/18/09, killing 1,384 Palestinians (762 civilians) and wounding thousands. Military offensive destroyed 3,500 homes, buildings, infrastructure and caused final collapse of electricity, water and sewage facilities.

#### *International Law Protects Civilians*

Israel, the occupying power of Gaza is responsible for the safety and well-being of Palestinians. This includes access to adequate food, medical supplies and to maintain public health standards. Israel continues to deliberately violate these responsibilities. Currently 77.2 percent Gazans face or are vulnerable to hunger (65 percent are children

younger than 18). UNICEF: 10 percent of children show signs of stunting; World Health Organization: another 10 percent face chronic malnutrition.

#### *World Governments Fail to End the Blockade*

Since 2007, world governments have failed to protect Palestinians from "this kind of mental and physical threat to subsistence and survival." Governments are obligated under international law to end Israel's illegal blockade of Gaza using non-violent coercion including sanctions.

#### *Call to Conscience: Support BDS Movement Against Israel*

On May 31, 2010, eight-ship Freedom Flotilla with more than 700 unarmed activists from over 40 countries, bringing humanitarian supplies into Gaza, was attacked by Israeli forces in international waters, killing nine people. Quoting Richard Falk: "It's only the peoples of the world that represent the conscience of humanity in a circumstance of this kind. The best hope for Palestinians is through the boycott, divestment and sanctions campaign that was so successful in South Africa."

Mary Buchwald

## Healthy Discourse vs. Racism

### DEAR EDITOR,

I'm very disturbed by the recent letter "Book List for Gaza Should Be Rethought," regarding the books for Gaza—Right to Read campaign. Much of what was said was blatantly racist towards Arabs & Muslims—Palestinians in particular. In the guise of trying to redirect blame for the siege on the people of Gaza, the writer paints Arabs as illiterates, underlining his point by stating that few books are translated into Arabic. If the equivalent was printed, slandering Jewish people, there would rightly be an uproar. In our hunger for oil, there is a strange quiescence in this society when it comes to anti-Arab/Muslim bigotry.

Hearing someone so smugly pointing at illiteracy in the Middle East only reinforces the image that the Israeli government and its supporters possess the mentality of European colonizers taming the "ignorant savages." This is exactly the kind of mentality that prevailed amongst Afrikaners during Apartheid in South Africa. This mentality is at the root of why everyone from Arab Israelis to Ethiopian and Mizrahi Jews have been subjected to horrible discrimination within Israel. Discrimination in the West Bank and Gaza has a much more severe nature, often embodied in the form of Israel Defense Forces (IDF) snipers shooting children for the crime of throwing rocks at occupying tanks. Racism does have its nuances.

That it is more likely that white phosphorus, rather than books or food, will be delivered to Gaza is an especially telling fact.

That the author of this letter uses Martin Luther King, Jr. as a means to paint any criticism of the Israeli Government as Anti-Semitic is all the more horrendous given his own seething prejudices. The "Disagree with me and you're an Anti-Semite!" card is a McCarthyite subterfuge that is losing its sting, thankfully. Zionism is not Judaism. Supporting the Palestinians' right to exist is not Anti-Semitic.

It is one thing for people to express their opinions in the *Gazette*, it's another to allow barely disguised racism to permeate a legitimate debate on whether or not to boycott Israeli products at the Coop.

Within the letter "Stop the Political Venom," we get a strong opinion supportive of the Israeli government, full of right-wing talking points (all more than debatable), while the author simultaneously states that the *Gazette* should, in effect, ban all political discourse. What this shows is someone who would like to ban opinions that disagree with his own. This is completely unacceptable and should be exposed for what it is—censorship.

Censorship, like racism, is what is truly intolerable. I believe that the Coop deserves to have a full exchange of differing viewpoints regarding the conflict between Palestine and Israel, without venomous racism and without censorship. A healthy, eye-to-eye debate based on respect and free thought, would be true to the spirit of cooperation and mutual aid that this Coop is meant to embody.

Peter Spyropoulos Demos

## Open Debate, Collective Action, Claim State Power

### DEAR EDITOR,

I respond to Allen Tobias' letter in the May 20th Gazette. AT characterizes the debate over support of Boycott, Divestment and Sanctions (BDS) of Israel as "bitter political encounter" and "venom and guile." He would rather "cease printing political opinion" as it may "foment distrust and fear." He says, "It is offensive to me, and I ask that it stop."

I am glad he decided, against his own advice, to participate in the debate. Debate is not a privilege in a democracy, it is a responsibility. If we argue, we don't kill each other. Length of letters is uniform: 500 words. All letters are printed. You can write too.

AT characterizes the call for BDS as "constant attack on Israel's self defense following its complete withdrawal from Gaza." Before dawn on May 31st a flotilla of boats carrying unarmed civilian activists was attacked in international waters by Israeli military commandos who killed at least nine. The attack was to prevent the cargo of aid from reach-

ing Gaza, a community of a million and a half Palestinian people under illegal occupation and blockade enforced by the military of the state of Israel.

Obama/Clinton are isolated in supporting an Israeli investigation rather than an international investigation and possible prosecution under international law. US congress members and this administration are enablers of the crimes that Israel perpetrates against their minority indigenous population—giving them weapons and diplomatic cover. The Board of Brooklyn For Peace voted to support the BDS campaign. BDS is the way people can create a policy different from the US government.

The Hope of Obama has been disappointed. In Honduras the administration did not denounce the military coup one year ago that resulted in death squad murders and police detention of teachers, journalists and union organizers. They sent soldiers to Haiti. Healthcare continues chaotic, and they will only give federal money to states which replace a public school system with privatized non-union charter schools, AND continue licensing off-shore drilling even after an explosion left a hole at the bottom of the Gulf gushing oil, killing the sea. I hold my head and weep.

US government policies protect the fortunes and influence of those who pay because they own and manage multinational corporations. The Coop is an institution outside of that system where we can debate and then act as a group. We can refuse to sell, as well as refuse to buy, products made in a rogue state. Inevitably, we must face the really inconvenient truth—the corruption of state power and terrible suffering caused by violence perpetrated by the US government in our name. I believe that we also must find and support honest and independent leaders experienced in popular social change movements willing to present themselves as candidates outside of the traditional two party/factions of the capitalist votocracy. Consider: Open debate, Collective action, Claim state power.

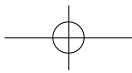
Susan Metz

## SHADES

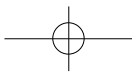
Come on, forget about clothes—  
Sunglasses make the man!  
That's true in Brooklyn  
Or in the hot Sudan.  
They add a hopeful decade  
To striving teenage boys  
Impatient to start playing  
With creamy grownup toys.  
Men also are the gainers,  
For shades provide high glamour  
Enabling guys to look like  
Skilled masters of French l'amer.  
And sunglasses are prized  
By girls and women too—  
Each new pair on their hair  
Highlights their latest 'do.

Leon Freilich

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)







COOP HOURS

Office Hours:  
Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

Shopping Hours:  
Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

Childcare Hours:  
Monday through Sunday  
8:00 a.m. to 8:45 p.m.

Telephone:  
718-622-0560

Web address:  
www.foodcoop.com

LINEWAITERS'  
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

What Is That? How Do I Use It?

Food Tours in the Coop

okay  
let's get down to the business  
of peace  
everybody wants peace  
we protest for it  
we pray for it  
we despair its absence

but how to generate it  
how to peel away  
all that hides it from view

practice breathing

everyone know this, you say  
it is cliché

and yet  
the power of peace  
is not  
complicated

try it:  
before you say the usual thing  
when you step out into the fresh morning  
with the start of a loud sound  
before you answer  
before you have another  
before you make the call  
when you pet the dog

when you get what you thought  
you didn't want

take your breath  
let it fill your toes  
then let it leave  
wish it well

peace will rise  
its bright light  
and shine on you  
and travel on  
with its ripple of goodness

you will see  
that peace was there  
all along

Park Slope Food Coop  
Partnering with peace  
*by Myra Klockenbrink*

Monday, July 26

noon to 1:00 p.m.

and 1:30 to 2:30 p.m.

You can join in any  
time during a tour.

Monthly on the...

Last Sunday  
JUNE 27  
10:00 A.M.–2:00 P.M.

Second Saturday  
JULY 10  
10:00 A.M.–2:00 P.M.

Third Thursday  
JULY 15  
7:00 P.M.–9:00 P.M.

On the sidewalk in front of the receiving  
area at the Coop.

RECYCLING

PLASTICS

What plastics do we accept?  
Until further notice:

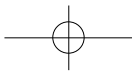
- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

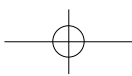
NOTE: We are no longer accepting  
#2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.

This Issue Prepared By:	
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Reporters:	Diane Aronson Liz Welch
Art Director (development):	Patrick Mackin
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Thumbnails:	Mia Tran
Preproduction:	Sura Wagman
Photoshop:	Steve Farnsworth
Art Director (production):	Lynn Cole-Walker
Desktop Publishing:	Kevin Cashman David Mandl Dana Rouse
Editor (production):	Lynn Goodman
Final Proofreader:	Teresa Theophano
Index:	Len Neufeld





WORKSLOT NEEDS

## Store Equipment Cleaning

**Mondays 6:00 to 8:00 a.m.**

The Coop is looking for members to clean the checkout area of the store. This workslot entails cleaning the scales at each checkout and vacuuming around the base of the check-out station as well as sweeping and occasionally mopping. You will work under the supervision of a staff person. Contact the Membership Office for more information.

## Receiving Maintenance

**Tuesdays 9:00 to 11:00 a.m.**

The Coop is looking for members to do various light maintenance tasks throughout the Coop. You will work under the supervision

of a staff person. Must be willing to clean, sort returned bottles, work in the backyard organizing and lift up to 25 lbs. Contact the Membership Office for more information.

## Office Data Entry

**Wednesdays 4:00 to 6:45 p.m.**

Are you a stickler for details and accurate on the computer, and do you like working independently? You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett or Camille Scuria in the Membership Office if you would like more information. Workslot requires a six-month commitment.



# COOP CALENDAR

## New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit [www.foodcoop.com](http://www.foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

## The Coop on the Internet

[www.foodcoop.com](http://www.foodcoop.com)

## The Coop on Cable TV

*Inside the Park Slope Food Coop*

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

## General Meeting Info

**TUE, JUN 29**

GENERAL & ANNUAL MEETING: 7:00 p.m.

**TUE, JUL 6**

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Jul 27 General Meeting.

## Gazette Deadlines

### LETTERS & VOLUNTARY ARTICLES:

Jul 1 issue: 7:00 p.m., Mon, Jun 21  
Jul 15 issue: 7:00 p.m., Mon, Jul 5

### CLASSIFIED ADS DEADLINE:

Jul 1 issue: 7:00 p.m., Wed, Jun 23  
Jul 15 issue: 7:00 p.m., Wed, Jul 7

## ALL ABOUT THE GENERAL MEETING

## Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

## Next Meeting: Tuesday, June 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

## Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

## How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the coop.

## Meeting Format

**Warm Up (7:00 p.m.)** • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports

**Agenda (8:00 p.m.)**

The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

## Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

### • Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

### • Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

### • Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

### • Attend the entire GM:

In order to earn workslot credit you must be present for the *entire* meeting.

### • Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

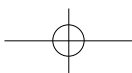
2. Please also sign in the attendance book that is passed around during the meeting.

### • Being Absent from the GM:

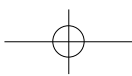
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

## Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.







park slope  
FOOD COOP

# calendar of events

jun 26-27  
sat-sun 9 am–7 pm

## Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of non-perishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

jun 29  
tue 7 pm

## PSFC JUNE Annual and General Meeting

The Annual Meeting begins at 7:00 p.m. followed by the GM. **Meeting location:** *Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Pl. at Eighth Ave.*

### Annual Meeting Agenda:

**Item #1:** The audited financial report for the year ended January 30, 2011.

**Report & Vote:** Following a presentation by our outside auditor, Cornick, Garber & Sandler, LLP, members will have the opportunity to pose questions to the auditors. Members will then vote whether to accept the audited statement.

**Item #2:** Board of Directors election

**Election:** Three positions are open this year. Two positions are three-year terms and one position is a two-year term.

### General Meeting Agenda:

**Item #1:** Renewing the Services of the Auditor

**Proposal:** “To retain the services of Cornick, Garber & Sandler, LLP, to perform an audit of the Coop for the fiscal year ending January 31, 2011.”

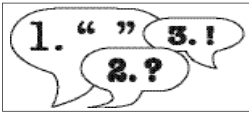
—submitted by the General Coordinators

**Item #2:** Election of Officers

**Election:** Following the election of members to the Board of Directors at the Annual Meeting, the General Meeting must elect officers of the corporation—president, vice president, secretary and treasurer—following Article IV of the PSFC Bylaws.

jul 6  
tue 7 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month’s General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read “How to Develop an Agenda Item for the General Meeting” and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, July 27, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

jul 9  
fri 7 pm

## Acupuncture for Knee Pain

Acupuncture relieves knee pain and inflammation without drugs. More than 20 million Americans suffer from osteoarthritis of the knee. Learn massage, exercise and diet therapy to prevent deterioration of your joints. Workshop is limited to 20. Please reserve by calling 718-622-0122. Presented by licensed acupuncturist and Coop member **Annie Reibel-Coyne**. **Event subject to change, due to ongoing construction and renovations on the second floor of the Park Slope Food Coop.**

jul 13  
tue 7 pm

## Safe Food Committee Film Night: The Grapes of Wrath



**The Grapes of Wrath** is the classic adaptation of John Steinbeck’s 1940 Pulitzer Prize–winning novel. The plight of the Joad family is universalized as a microcosm of the thousands of tenant farmers who suffered from oppression imposed by the banks and big mechanized farm interests. The dispossessed migrant family’s departure from their windy and dusty land and their slow disintegration provides insight into the thousands of families who were evicted and uprooted from their “Dust Bowl” farmland and forced to search westward in inhospitable California for jobs and survival.

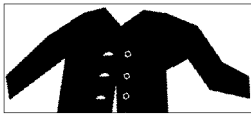
jul 15-17  
thu 3–8 pm  
fri 11 am–6 pm  
sat 11 am–6 pm

## Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

jul 24  
sat 10 am–2 pm

## Adult Clothing Exchange



This is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter.

jul 25  
sun 12 pm

## What Is A Doula?

If you’re pregnant, chances are you’ve heard of doulas...but you may not be sure what the fuss is all about. Doulas are childbirth professionals trained to support women during the emotional ups and downs of this important period. This workshop will discuss the differences between labor and postpartum doulas, answer common questions about the doula’s role and provide tips on finding a doula. Presented by Coop members **Lily Dalke**, CD (DONA), and **Julia Willis**, a DONA-trained doula.

jul 27  
tue 7 pm

## PSFC JULY General Meeting

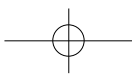


Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters’ Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

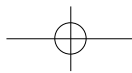
jul 27  
tue 7:30 pm

## Weigh Less, Live More

Explore the most effective way to lose weight and keep it off without any restrictive diets or calorie-counting. We will speak about the overall health benefits associated with a plant-based diet. Easy and delicious recipes will be distributed. Coop member **Jordan Melissa Sachs** is a holistic health coach and certified yoga teacher who received her training through the Institute for Integrative Nutrition.







jun 26—sep 7 2010

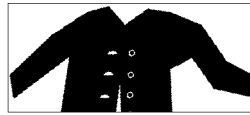
jul 31  
sat 10:30–12:30

## Children's Clothing Swap

Bring your child's outgrown clothes to the Coop to trade with other members. Please bring only items that are in good condition. Collect clothes for your own children, only. At 12:15, any remaining clothes will then be available to anyone. Attention moms-to-be: Come to the swap to find newborn clothes! Do not bring clothing to the Coop before the hours of the exchange. Drop off clothes by 12:00.

aug 21  
sat 2–5 pm

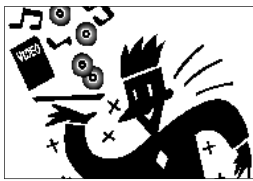
## Adult Clothing Exchange



This is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter.

jul 31  
sat 2–4 pm

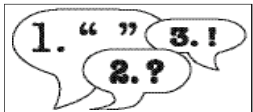
## Book, CD, DVD and Video Swap for Adults and Children



Do you and your kids love to read, listen to music, watch movies? Bring your old books, CDs, DVDs and videos to the Coop to swap with others! All donations must be dropped off by 3:30 p.m. Please follow these guidelines when choosing what to bring: Books must be in good condition. We cannot accept magazines, journals, textbooks, computer books or outdated guide books. *If you have these unacceptable items, you must throw them away in your recycling bin.* CDs, DVDs and videos must be commercially produced. We cannot accept home recordings.

aug 3  
tue 7 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. ***The next General Meeting will be held on Tuesday, August 31, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.***

aug 6  
fri 7 pm

## Film Night



Film title to be announced.  
***To book a Film Night, contact Faye Lederman, squeezeystone@hotmail.com.***

aug 10  
tue 7 pm

## Safe Food Committee Film Night



Film title to be announced.

aug 31  
tue 7 pm

## PSFC AUG General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. ***Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.***

sep 2  
thu 7:30 pm

## Food Class



Topic to be announced.  
***Materials fee: \$4.***

sep 3  
fri 7 pm

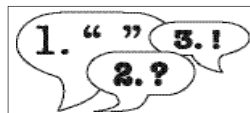
## Film Night



Film title to be announced.  
***To book a Film Night, contact Faye Lederman, squeezeystone@hotmail.com.***

sep 7  
tue 7 pm

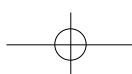
## Agenda Committee Meeting

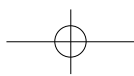


The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. ***The next General Meeting will be held on Tuesday, September 28, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.***

***For more information on these and other events, visit the Coop's website: foodcoop.com***

**All events take place at the Park Slope Food Coop unless otherwise noted.  
Nonmembers are welcome to attend workshops.  
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.**





# SUMMERTIME



...and the living is easy.

But don't forget your Coop shift!

If you plan on being away during one of your work slots, please make arrangements to have your shift covered.

One way to do it is to use the Shift Swap at [www.foodcoop.com](http://www.foodcoop.com)!

Your co-workers will love you for it!

If you plan on being away for eight weeks or more, contact the Membership Office to take a leave of absence.

DO YOU LIKE DESIGNING FLYERS? HOW ARE YOU AT MARKETING? DO YOU LIKE SOCIAL NETWORKING? ARE YOU A WEB DEVELOPER? CAN YOU WRITE PHP? DO YOU KNOW HOW TO USE WORDPRESS? DO YOU LIKE TABLING AT EVENTS? DO YOU LIKE RESEARCHING FOOD? DO YOU NEED F TOP CREDIT? DO YOU LIKE COMMUNITY, EATING GOOD FOOD, AND FUN? COME HANG OUT WITH THE BUSHWICK FOOD COOP AND GET WORK CREDIT!

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT [WORKSHIFT@BUSHWICKFOODCOOP.ORG](mailto:WORKSHIFT@BUSHWICKFOODCOOP.ORG).



## CLASSIFIEDS

### BED & BREAKFAST

The House on Third St. B+B- beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, [houseon3st.com](http://houseon3st.com). Let us be your Brooklyn Hosts.

### CLASSES/GROUPS

SAT CLASS taught by college professor and test prep expert who taught for a major test company and improved their strategies. Maximum 6 students in a class. Real SATs as practice tests. Park Slope location. Enroll now. Space is limited. [www.beritanderson.com](http://www.beritanderson.com).

917-797-9872. 363 6th Avenue. fireflies are crepuscular.

INDIVIDUAL ART LESSONS taught by professional artist w/ 25 yrs experience in Bklyn. All ages & levels in my studio. Also art therapy & art as mindfulness practice. Collage, Acrylic, Plein Air, Park, Watercolor, etc. Free consultation. Call Nancy 646-330-1146. Live an inspired life!

### COMMERCIAL SPACE

PROFESSIONAL OFFICES available for health-related practices including but not limited to medical doctors, chiropractors, psychotherapists, podiatrists, reflexologists, massage therapists, etc. Be part of a holistic facility

in SOHO or in a great Brooklyn location. Non-medical offices available in Brooklyn. For information, please call 212-505-5055.

TERRIFIC 450 sq. ft. furnished holistic office PT/FT. Great Bklyn location. Charming reception room, large lecture or group session room (e.g. Shiatsu, Yoga, Chiropractor, M.D., Nutritionist, etc.) Massage table and recliner in the next room for Acupuncture, Reiki, Reflexology, Psychotherapy, Hypnotherapy, etc. For viewing premises, call 718-339-5066.

### MERCHANDISE-NONCOMMERCIAL

FOR SALE: \* Corrected phone number: 917-826-1862. Rolling Bar, deco style, wood, Hickory &

## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (\*) denotes a Coop member.

### FRI, JUN 18

OPENING RECEPTION for recycled paper workshop show at VOX POP from 8-9 p.m., 1022 Cortelyou Road, Brooklyn. Show runs from June 15-30. The art in this show will be created in the two papermaking and casting workshops. 347-365-9574 or [www.kathylevine.net](http://www.kathylevine.net).

"WHAT'S ON YOUR PLATE?" Don't miss the rest of the Food Film Series at Spoke The Hub! Showtime 7:30 p.m. At 6:30, we will screen the Oxfam climate change documentary "Sisters on the Planet." SD \$5. 748 Union St. [spokethehub.org](http://spokethehub.org).

### SAT, JUN 19

"DIE FLEDERMAUS" ("Revenge of the Bat") by Johann Strauss. Mistaken identities, flirtations at an extravagant ball, playful revenge for an embarrassing prank & confusions of all kinds provide a hilarious vehicle for some of the most delightful music ever written. Membership Coordinator Kathleen Keske\* sings Rosalinda. 1:30 p.m. at Littlefield Performance & Art Space, 622 Degraw, btw 3rd & 4th Ave. Admission \$20 online/\$25 at the door, seniors/students \$10 online/\$13 at the door. [www.bropera.org](http://www.bropera.org) or [www.littlefieldnyc.com](http://www.littlefieldnyc.com).

### SUN, JUN 20

"DIE FLEDERMAUS" ("Revenge of the Bat") by Johann Strauss. Mistaken identities, flirtations at an extravagant ball, playful revenge for an embarrassing prank & confusions of all kinds provide a hilarious vehicle for some of the most delightful music ever written. 1:30 p.m. at Littlefield Performance & Art Space, 622 Degraw, btw 3rd & 4th Ave. Admission \$20 online/\$25 at the door, seniors/students \$10 online/\$13 at the door. [www.bropera.org](http://www.bropera.org) or [www.littlefieldnyc.com](http://www.littlefieldnyc.com).

### WED, JUN 23

NYC HAPPY HOUR FUNDRAISER for Shea Yeleen International, a small nonprofit founded by a Peace Corps Volunteer to support sustainable economic development for rural women in West Africa. 6-9 p.m. at Nightingale Lounge (2nd Ave & 13th Street, Manhattan). \$20 donation includes one drink. [www.sheayeleen.org/nyc-fundraiser.html](http://www.sheayeleen.org/nyc-fundraiser.html).

### FRI, JUN 25

"KING CORN & BIG RIVER." Don't miss the rest of the Food Film Series at Spoke The Hub! Showtime 7:30 p.m. At 6:30, we will screen the Oxfam climate change documentary "Sisters On

The Planet." SD \$5. 748 Union St. [spokethehub.org](http://spokethehub.org).

### SAT, JUN 26

EATING FOR FERTILITY, PREGNANCY & NURSING AND BABY'S FIRST FOOD. Come learn about traditional foods & why they are of vital importance for fertility, pregnancy, lactation & feeding babies. 2:00-5:00 p.m., 93 St. Mark's Place, 2nd Floor (use buzzer for ROC). Suggested donation: \$10-20. RSVP to [Hannah@earthbodybalance.com](mailto:Hannah@earthbodybalance.com).

### WED, JUL 7

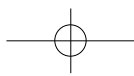
FOLK OPEN SING: Come sing with us on the first Wednesday of every month. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Society of NY, the Ethical Culture Society & the Good Coffeehouse. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10:00 p.m. 718-636-6341.

### SAT, JUL 10

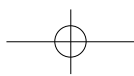
EATING FOR FERTILITY, PREGNANCY & NURSING: Come learn about traditional real foods and why they are of vital importance to support fertility, a healthy pregnancy & a well-nourished baby. TRS Professional Suites, 44 E. 32nd St., 11th Flr, NY, 2:00-4:30 p.m. \$25. RSVP to [angela@wisewayscookingschool.com](mailto:angela@wisewayscookingschool.com).

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)







## CLASSIFIEDS (CONTINUED)

White, 43 X 20; 4 Chairs, leather/chrome, lite gray, 21 X 21; Bureau, graceful white washed look, formica, 49 X 19; Desk/Vanity w/chair, blk hi gloss, 47 X 16; File Cabinet, gray strong melamine; Frederick's Q Star AC, old, work-horse; swivel TV shelf.

### SERVICES

**EXPRESS MOVES.** One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

**ATTORNEY**—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at [www.tguccionelaw.com](http://www.tguccionelaw.com).

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: [Katie@papermoonmoves.com](mailto:Katie@papermoonmoves.com) or visit [papermoonmoves.com](http://papermoonmoves.com).

### SERVICES-HEALTH

**HOLISTIC OPTOMETRY:** Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. [holisticeyecare.com](http://holisticeyecare.com)

**HOLISTIC DOCTOR** in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

**HOLISTIC DENTISTRY** in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treat-

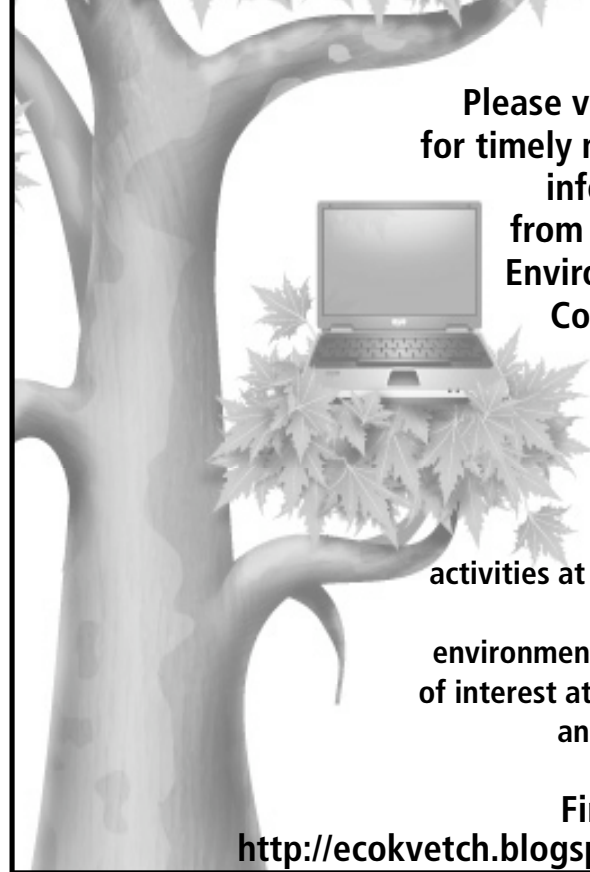
ments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

### VACATIONS

**HUDSON VALLEY VACATION COTTAGES.** One- to three-bed-

room cottages for sale in family-friendly, historic three-season community in Westchester County, NY. Pool, tennis, hiking, social activities. \$42k-112k, cash sales. Annual maintenance approx. \$4k. Sorry, no dogs. [www.reynoldshills.org/bungalow-shop](http://www.reynoldshills.org/bungalow-shop) or 973-951-8378.

## The Environmental Committee has a blog!



Please visit often for timely news and information from the PSFC Environmental Committee.

We're blogging about our activities at the Coop, as well as environmental events of interest at the Coop and beyond.

Find us at:  
<http://ecokvetch.blogspot.com/>

### Solution to this issue's sudoku puzzle

1	8	2	4	9	7	5	6	3
6	4	7	5	1	3	8	9	2
9	5	3	8	6	2	1	7	4
4	7	6	9	2	5	3	8	1
3	9	5	6	8	1	2	4	7
8	2	1	3	7	4	6	5	9
7	6	4	1	3	8	9	2	5
2	1	9	7	5	6	4	3	8
5	3	8	2	4	9	7	1	6

### ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, [www.foodcoop.com](http://www.foodcoop.com). The ads are FREE.



### To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

Prompt & Courteous  
Licensed & Insured  
Free Estimates



MEMBER  
METROPOLITAN  
NEW YORK



Top Hat Movers, Inc.

718.965.0214 ☎ 718.622.0377 ☎ 212.722.3390

Residential & Commercial  
Packing & Supplies  
Local & Long Distance



Jennie KixMiller LMT, ACE Certified • 917.836.6034

### Piano Lessons With Howard Lew

"Experience, Understanding & Longstanding Reputation in the Park Slope Community"

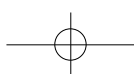
Center Slope location  
718-499-8495

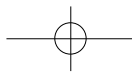


30-45-60 minute private lessons (ask about tandem lessons!)  
e-mail: [Lewsavitch@verizon.net](mailto:Lewsavitch@verizon.net)

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**Interested in Engaging Coop Work?**  
**Disciplinary Committee Seeks NEW Members**

★ If you are good at:  
Communicating • Problem solving • Dealing with  
difficult situations • Investigating *We need you!*

The DC is seeking new members with experience in investigation, writing, and conflict resolution. Mental health professionals encouraged to apply. Use of a computer and email is ESSENTIAL. Join us to make the Coop the best place it can be for everyone.

Some of our work includes:  
• Investigating allegations of misbehavior by members, (i.e. failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty language against other Coop members and staff)  
• Engaging in problem-solving and policy issues related to the DC's work  
• Participation in disciplinary hearings  
• Daily email contact with DC members to discuss issues

Requirements:  
• Must be a member for at least 6 months  
• Have good attendance record  
• Attend an evening meeting approx. once every six weeks

We recognize the importance of creating a pool of diverse candidates who can bring to the DC a wide range of experiences and perspectives. We are seeking a candidate pool that reflects the diversity of the Coop's membership.

Interested? Please call Jeff: 718-636-3880

**VALET BIKE PARKING  
IS ON HERE SUNDAYS!**



Every Sunday through November 21, from 3:30 p.m. – 8:00 p.m., Coop members can leave their bikes with our valet parking service, which is like a coat check for bikes. Working members will check in and watch your bike for you.

Just drop off your bike, do your shopping or your shift, and hop back on.  
No locks, no worries, no theft.  
Service operates rain or shine.  
Look for us in front of the yellow wall.  
(Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop is brought to you by the PSFC Shop & Cycle Committee.



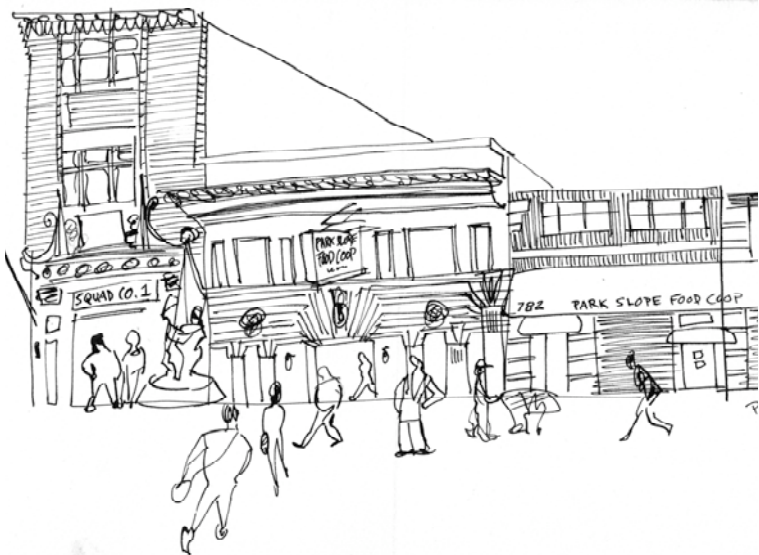
**PSFC  
Shop & Cycle  
Committee**

**Follow  
the  
Food  
Coop  
on**

twitter



**@foodcoop**



 **The Ecolvetch**  
is now on Facebook,  
representing the  
Park Slope  
Food Coop's  
Environmental  
Committee.

**WELCOME!**

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Nick Cutaia	Michael Kovalenko	Abby Spector
Molly Dunn	Jeff Newton	Lev Stanik
Tessa Hepburn	Erika Niwa	Vsevolod Ulitsky
Carisa Kelly	Liam O'Brien	Iliana Zamorska
Asmara Knighton	Vijay Ramachandran	

**Sunday, July 4  
shopping hours:  
6 a.m. – 7:30 p.m.**

**Regular hours on  
Monday, July 5**

If you would like to do an FTOP shift or a makeup over the holiday weekend, please contact the Membership Office.

