

Established  
1973

# LINEWAITERS'

## GAZETTE



Volume EE, Number 15

July 29, 2010

## Cooking for Two Hundred

By Thomas Matthews

**D**o You Love to Cook?" The question, posed in large, colorful letters on the chalkboard by checkout, may have seemed rhetorical to shoppers as they lugged their groceries out of the Coop. Why else would 15,000 people be willing to work every month just for the

the Coop, and when I saw this event, I thought, well, why not go for it?"

"This event" is a Fun-Raising experiment to pair tasty food with intriguing beverages in a Coop cook-off competition, to be held at the Brooklyn Society for Ethical Culture on Prospect Park West on Sunday,

sale soon. For more details, check out the Fun Committee's blog for updates at <http://psfcfun.wordpress.com>.

"I'm an enthusiastic home cook for our family of five," explained Megan Devir, who has been a Coop member for seven years. "And my husband is a sucker for a contest."

Megan and her husband Yuichi Seki presented chorizo dogs topped with grilled kale Caesar salad. "We were grilling chorizo one evening and had some kale on the side," Megan explained. "Together, they were delicious. So this is kind of an accidental pairing."

While every cook occasionally benefits from happy accidents in the kitchen, Helen Castillo's entry, lasagna with ricotta, pesto and marinara made entirely from raw vegan ingredients, emerged from a clear line of purposeful development. "I've been an omnivore, then a vegetarian, then macrobiotic, then vegan," said Helen, a Coop member since 2004. In 2008, she started The Raw Palate, a business devoted to creating and marketing raw and living foods.

### Showcasing Diversity

While the competitive aspect of the event aims to add some spice to the evening, the

CONTINUED ON PAGE 2



An array of submissions.

privilege of enjoying the store's cornucopia of foodstuffs?

But the handful of Coop members who assembled in a second-floor meeting room one warm June evening love to cook so much, they were volunteering to prepare a dish for 200 people.

"I enjoy grocery shopping more than clothes shopping," said Lisa Grauer, a Coop member since 2007, as she presented her roasted root vegetable salad with Dijon mustard vinaigrette, goat cheese and hazelnuts. "I love

ILLUSTRATION BY MICHAEL COHEN



October 3. Coop members will have the chance to sample the dishes and vote on their favorite. The winner's prize: five FTOP workslot credits. (Admission will be charged for this event; tickets will go on

## The Joy of Membership

By Gayle Forman

**O**n a sweltering July day, a group of very relieved people gathered in the upstairs meeting room. They were relieved, no doubt, to be out of the heat—already in the 90s, at 10 a.m.—but even more relieved to be among the lucky ones who managed to snag a spot at the first new-member orientation in more than three months.

"It was almost like an episode of Seinfeld," joked Elizabeth Mason about the process of getting to this meeting. Mason had been trying to join the Coop ever since she moved to Brooklyn in mid-May, only to find that the new-member orientations—already limited by pre-registration—were on hold until upstairs construction was completed. "I just imagined we'd join but then I found out we couldn't. I checked the website periodically to see if orientations had started up. I checked in downstairs."

She shook her head at the uniquely New York experience of having to wait to find out what time you should go onto a website to try to get one of the coveted slots to be oriented to join a food coop to buy groceries.

Since when did joining the Park Slope Food Coop become as difficult as getting dinner reservations at Momofuku?

### Delays, Rumors, Misinformation

It wasn't supposed be this way. The upstairs renovations—have you seen the new

CONTINUED ON PAGE 5

### Next General Meeting on August 31

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. \* The next General Meeting will be on Tuesday, August 31, 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Pl.

The agenda will be available as a flyer in the entryway of the Coop on Wednesday, August 4. For more information about the GM and about Coop governance, please see the center of this issue.

\*Exceptions for November and December will be posted.

## Coop Event Highlights

- Sat, Jul 31 • **Children's Clothing Swap** 10:30–12:30 p.m.
- Sat, Jul 31 • **Book, CD, DVD & Video Swap** 2:00–4:00 p.m.
- Fri, Aug 6 • **Film Night: Media That Matters** 7:00 p.m.
- Tue, Aug 10 • **Safe Food Committee Film: The Coca-Cola Case** 7:00 p.m.
- Sat, Aug 21 • **Adult Clothing Exchange** 2:00–5:00 p.m.

Look for additional information about these and other events in this issue.

## IN THIS ISSUE

Breaking the Plastic Habit	3
Puzzle	5
Coop Hours	6
Coop Calendar, Workslot Needs	
Governance Information, Mission Statement	7
Calendar of Events	8
Letters to the Editor	10
Classified Ads	11

## Cooking for Two Hundred

CONTINUED FROM PAGE 1

goal of the Coop's first cook-off is to bring members together for an evening of good eating and companionship. The underlying mission is to showcase the bounty the Coop offers, and the diversity of cuisines it supports and inspires.

In all, 28 people responded to the event announcement, which appeared in the *Linewaiters' Gazette* as well as on the chalkboard. The dishes they proposed cited influences from Italy, Israel, Hungary, India, Pakistan and Jamaica. Six featured meat as

Grace Mitchell, a Coop member for seven years, was born in Korea to a Korean mother and an American father. "My mother used the kitchen to bridge the two cultures," she said. "She used Korean ingredients and flavors, but put them together in ways that referenced American ways of eating."

Grace's "deconstructed bibimbap" presented elements typically found in the traditional Korean stew, but separated, so that each could be appreciated on its own—pickled Asian pears, sautéed

Boulud's restaurant group; and Thomas Matthews, executive editor of *Wine Spectator* magazine (and, as a reporter for the *Gazette*, this article's author).

The committee members talked with the cooks about their dishes and their culinary backgrounds, then got down to the serious work of eating, with the goal of evaluating which dishes would work when scaled up to serve 200 people (the capacity of the BSEC). They also sought diversity in terms of ingredients and approaches, and a mix of nutritional approaches.

"It might be difficult to poach 200 eggs perfectly," noted Katy, tasting the bibimbap. "I wonder if Grace would agree to serve soft-boiled eggs, or even strips of scrambled eggs. I think the flavors would work in similar ways."

Trying the tilapia, John observed, "This is a nice way of working with a frozen product. Some people aren't in favor of frozen fish, but this shows how good it can be, and how practical."

Committee members will work with the cooks to help them plan and execute the dishes for

the event. The Coop is working on supplying the ingredients. Volunteers at the event will help set up, serve and clean up. A string quartet will add to the ambiance. The details are still being worked out, but Jason Weiner, a Coop membership coordinator, is facilitating decision-making among the committee, the general coordinators and the membership.

### A Loaf of Bread, A Jug of Wine

Each dish will be matched with a beverage appropriate to its flavors, culinary culture and preference of its cook. The plan is to include wine, beer and nonalcoholic beverages in the mix.

The cooks had clear ideas about the kinds of beverages they thought would best accompany their dishes. Their wine suggestions ranged from whites such as Riesling, Pinot Gris and Chardonnay to reds including Pinot Noir and Côtes du Rhône.

Besides wine, several cooks specified beer, one

suggested soju (a Korean spirit distilled from rice, potatoes, barley or other vegetables) and one suggested yogurt lassi, popular in India.

As with any meal, this event's menu is a work in progress, and changes are likely up until the time the doors open and the hungry guests arrive. Some interested cooks dropped out before the

sample dishes were evaluated; others may come and go before the event takes place.

But as with any dinner party, part of the fun is in planning, improvising and imagining how the food will taste. If the cook-off can channel the Coop's can-do spirit and tap its deep culinary resources, there should be some good eating in October. ■



PHOTOGRAPH BY HAZEL HANKIN

(l to r) Katy Sparks, Grace Mitchell (standing), Megan Devir and her husband Yuichi Seki (in doorway).

the main ingredient (chicken, rabbit, pork) and two included fish; the rest were vegetarian, including two vegan and two raw dishes.

Some of the cooks are professionals, such as Helen Castillo. Teri Gorbea wrote that she "is currently finishing up a cookbook focusing on recipes for people who have food intolerances." Gosha Danilov cooks a weekly community meal at the Integral Yoga Institute, and her dishes adhere to "yogic nutritional guidelines."

Most, however, simply enjoy feeding friends and family. "Since my daughter's birth six years ago, I cook a lot and follow my mother's East Indian traditional recipes, with my own revisions," said Meera Gowda. Her "Bangalore beets" were redolent of cilantro and exotic spices.

Family influences ran through many of the dishes, testifying to the powerful role food plays in our memories and the development of our characters.

greens, earthy mushroom risotto and a perfectly poached egg.

Marietta Abrams Brill, also a seven-year Coop member, said, "My internship began in my mother's Moroccan kitchen," and called her dish "Moroccan Tilapia."

"I tasted something like this at a friend's house and liked it," Marietta recalled. "Then I found a similar recipe in a cookbook called *Simply Israel*. I adapted it with my mother's flavors, and here it is. Kind of an homage to my mom."

### From the Kitchen To the Competition

The dishes presented in June were evaluated by a steering committee created last spring to bring the event to fruition. Paul Palmer, a member of the Fun-Raising Committee, came up with the idea; he was joined by Coop members Katy Sparks, a chef and cookbook author; John Tucker, owner of Rose Water restaurant; Daniel Johnnes, wine director for Daniel

## The Diversity and Equality Committee's

# Diversity Awareness Initiative

is starting a monthly event series to promote diversity awareness and education at the Coop.

The series will include film screenings, moderated discussions, presentations and workshops. Events will address issues related to race, gender, sexual orientation, disability, age, culture, ethnicity and socio-economics.

We are soliciting event ideas and potential speakers. Please send event proposals to: [psfc.diversity@gmail.com](mailto:psfc.diversity@gmail.com).

## RETURN POLICY

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

**REQUIRED FOR ANY RETURN**

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

**CAN I EXCHANGE MY ITEM?**

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

### CAN I RETURN MY ITEM?

Produce*	Bulk* (incl. Coop-bagged bulk)	NEVER RETURNABLE
Cheese*	Seasonal Holiday Items	
Books	Special Orders	
Calendars	Refrigerated Supplements	
Juicers & Oils		
Sushi	*A buyer is available during the week-days to discuss your concerns.	

Refrigerated Goods (not listed above)

Frozen Goods

Meat & Fish

Bread

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE ONLY IF SPOILED BEFORE EXPIRATION DATE

Packaging/label must be presented for refund.

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.



# Breaking the Plastic Habit

By Larissa Phillips

In many ways the Coop is a model of environmental consciousness in action. Reusable bags and recycled cardboard boxes have been the norm for years. In 2008, the Coop voted to ban T-shirt bags and plastic water bottles, and the plastics recycling squad picks up where the city of New York has left off, recycling plastics that the city does not accept.

In other ways, though, one could argue the Coop has dragged its feet and not made good on its enormous potential to introduce new paradigms for living with less plastic. "I think we could be doing a lot more," says one member, Sarah Nunberg. "For example, we could have paper bags at the bread and bagel section. We could use paper bags for onions and potatoes. We could use paper for all the produce. If it costs more, make us pay at the register."

Other complaints have included the fact that the bulk section only contains dry ingredients—no shampoos or honey or syrups, as many other coops, and even grocery stores, do. Cleaning squads go through plastic gloves "like crazy," according to one member, who adds, "Why do we still sell seltzer in plastic bottles?" And despite signs throughout the Coop suggesting that members reduce plastic and make the switch to cloth produce bags, it's rare to see a member actually using them.

And while our Plastics Recycling Squad does a spectacular job performing a much-appreciated task, even the squad's coordinator, Emily Benedetto, acknowledges recycling plastic has its limits. "Two years ago there was a huge crash in the plastic-recycling market," which has strained efforts to recycle certain plastics, she says. This has led to some recycling regulations becoming moot efforts. "Anybody giving out plastic shopping bags in New York City has to take the bags back for recycling," she says. "But as far as I know, they're not being recycled. Only the clear bags get recycled." A ban or a fee, she suggests, would be better.

## A Year Without Plastics

Past General Meetings and *Gazette* articles provide a glimpse into the myriad reasons more aggressive plas-

tics-reduction tactics have not been adopted. For the purpose of this article, we're not going to revisit those reasons. Instead, we're going outside the community, to the blogosphere, where a 31-year-old marine conservationist named Taina is midway through her "year without plastics." Perhaps she can give us some inspiration to take the next step in reducing our plastics consumption.

*Taina, can you describe the mission of your blog?*

My personal mission is to not acquire any new plastics for one year and beyond. My greater mission is to educate others about the dangers of plastics for humans, our wildlife and our environment, and urge them to join my mission. Even larger than that, I dream of eliminating single-use disposable plastics from this planet.

*Your blog dwells frequently on the point that every item of plastic that we have ever used is still here on the planet. One of the places discarded plastic goes is into the ocean gyres. Can you talk about that?*

Well, very unscientifically, you can think of a gyre as a giant toilet bowl in the oceans...basically where currents converge and swirl around. What happens is that the water that meets there brings all the floating trash with it, and what you get is a concentration of plastic trash. A vortex of gross.

There are five such giant gyres in the world, all of which are thought to contain large amounts of all-sized plastics—from the surface to the bottom.

## "Plastic Crap Wall of Shame"

*In our Coop, which is so fantastic in so many ways, we have not been very successful at continuing to reduce our plastics use. Have you ever seen a store that didn't use plastic produce bags?*

I think plastic produce bags are one of the things that belong on the Plastic Crap Wall of Shame, right after individually wrapped produce. Most things don't need to be bagged in the first place, and if they do, then reusable produce bags (or paper bags) do the trick. I bet that if your Coop just gave them up, there would be a slight stir, and then people would adapt quickly, not to mention appreciate the responsible efforts of

your company.

*What about products that come wrapped unnecessarily in plastic? Do we as consumers really have any power with the companies, to have them reduce plastic used in packaging?*

Yes, all the power. Your wallet and your word. Companies like your Coop are great because the individual members together (under the umbrella of the Coop) can have a large influence up the supply chain.

*Do you have any tips for people wanting to help reduce their plastics usage?*

I have loads of tips on my website, as do other plastic-free bloggers. Everything from using soap nuts for dishes to buying cheese in wax.

But I do have a few very general pieces of advice: The Rs of disposable plastics are "rethink" and "refuse." With regard to the former: buy something plastic—e.g. a plastic straw. Then look at it and think that that item you use for mere seconds is in our environment forever. If that does not affect you, then your commitment to refuse will not be strong. However, if you really internalize this, and the fact that every single plastic item you have ever used is still on this planet, then you are halfway there. Following this exercise, gain awareness about where all the plastic in your life is coming from, and remain vigilant as people try to push it on you.

For more tips on how to reduce your plastics intake, how to create your own anti-plastic survival kit, and to read about what it's like to go through your day refusing plastic, visit Taina's blog at PlasticManners.wordpress.com.

## Montana Shows the Way

At the Community Food Coop in Bozeman, Montana, shoppers have not relied on plastic produce bags in years. Instead, members bring in their own clean glass or plastic jars. They are pre-weighed and labeled with the weight, and then filled in the bulk aisle with dry goods or bulk liquid items. At the cash register, the weight of the container is deducted. All over Bozeman, coop shoppers have honey, maple syrup, shampoos and even Dr. Bronner's soap in glass jars.

Here in Brooklyn, Coop member Ana Mirem Villamil



PHOTOGRAPH BY PAUL BUCKLEY

recently tried putting this method into practice. "I brought in a clean plastic jar," she says. "It weighed next to nothing. I filled it with rice, paid for it and brought it

home. In addition to saving on plastic, it was really nice to not have to put it into a new jar and have to contend with that little bit of extra rice left over." ■



**CREATIVE? WRITER? TALKATIVE? LAWYER?**  
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**HELP US GET STARTED**  
**AND MAKE YOUR**  
**OWN WORK SHIFT!**

PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

**MORE INFO**

www.GreeneHillFoodCoop.com  
info@greenehillfoodcoop.com | 718-208-4778

DO YOU LIKE **DESIGNING FLYERS**? HOW ARE YOU AT **MARKETING**? DO YOU LIKE **SOCIAL NETWORKING**? ARE YOU A **WEB DEVELOPER**? CAN YOU WRITE **PHP**? DO YOU KNOW HOW TO USE **WORDPRESS**? DO YOU LIKE **TABLING** AT EVENTS? DO YOU LIKE **RESEARCHING FOOD**? DO YOU NEED **FTOP CREDIT**? DO YOU LIKE **COMMUNITY**, EATING **GOOD FOOD**, AND **FUN**? COME HANG OUT WITH THE **BUSHWICK FOOD COOP** AND GET **WORK CREDIT!**

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT [WORKSHIFT@BUSHWICKFOODCOOP.ORG](mailto:WORKSHIFT@BUSHWICKFOODCOOP.ORG).



## BAY RIDGE FOOD CO-OP

We're one step closer to opening for business  
**NOW WE NEED YOU!**

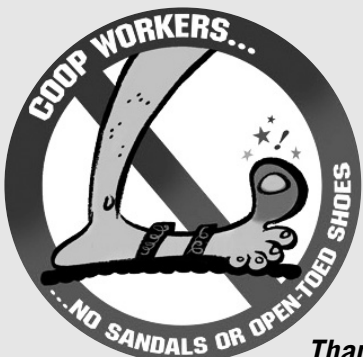
The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now – we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

[www.foodcoopbayridge.com](http://www.foodcoopbayridge.com)  
[hello@foodcoopbayridge.com](mailto:hello@foodcoopbayridge.com)  
347-274-8172



Please protect your feet and toes while working your shift at the Coop by not wearing sandals or other open-toed footwear.

*Thanks for your cooperation,  
The Park Slope Food Coop*



## NEED FTOP?

The Brooklyn Food Coalition is looking for workers!  
Opportunities for parents of kids in public schools,  
as well as tabling at street fairs and the new  
Farmer's Market in Bed-Stuy.

Contact Laura Dawson ([ljndawson@gmail.com](mailto:ljndawson@gmail.com))  
for more details.

## VALET BIKE PARKING IS HERE ON SUNDAYS!

Every Sunday through November 21, from 3:30 p.m. – 8:00 p.m.,  
Coop members can leave their bikes with our valet parking service,  
which is like a coat check for bikes.

Working members will check in and watch your bike for you.

Just drop off your bike, do your shopping or your shift, and hop back on.

No locks, no worries, no theft. Service operates rain or shine.

Look for us in front of the yellow wall.

(Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop is brought to you by the  
PSFC Shop & Cycle Committee.



**PSFC  
Shop & Cycle  
Committee**



## LAMP | LINUX | APACHE | MYSQL | PHP

*The Coop is looking for new members for the  
Systems Support Group!*

If you're a top notch sysadmin who'd  
like to earn workslot credit helping us configure and maintain the  
Coop's web servers, please contact the group at [ssg@psfc.coop](mailto:ssg@psfc.coop).

We are looking for bright people who can work collaboratively with an expert team  
of Coop members and staff. We're just starting the web hosting project, so here's  
your chance to weigh in on our architecture and procedures right from the start!

## The Joy of Membership

CONTINUED FROM PAGE 1

offices?—required the Coop “to clear the childcare room out of the childcare room and then the membership room out of the membership room,” explains General Coordinator Jess Robinson. The meeting room became the temporary home for both while construction was going on. “It was not possible to hold the orienta-

was measured in weeks, not months. “If we’d been presented with this as a three-month closure, I’m not sure we would’ve agreed [to stopping the orientations],” she says.

### Membership Losses

The reason for that is in the numbers. Because what happened during that three months of no new member orientations can be seen as an argument *against* capping membership: Between March 21 and June 27, membership dropped from 16,045 to 14,955. “We

crowd control. The Coop is crowded. The introduction of debit cards in 2007 and the recession have lured many new members. And while the temporary cessation of orientations was not meant to counter that, the organization of the Coop did take advantage of those months to look for ways to address the crowding and make the shopping experience better. Line management, for example, can make a huge difference. So the Coop studied our lines and is working on making check-out smoother.

“The Coop is like a big ship,” Robinson says. “When we want to change directions, it happens slowly.” But she also points out that once issues are addressed on a systemic level, it can really effect change and also create new infrastructures—and new workslots. The new slots give incoming members jobs to take, and also make Coop life more pleasant. Before the Coop had so many members, there was no such thing as a walker, let alone a bike valet.

For new member Arlene Leitner, the crowds are not much of an issue. She moved to Brooklyn in February to be near her daughter

and had been trying to join the Coop ever since. “I was told to try in April. Then May. Then June. I was frustrated. You want what you want.” But after finally being able to join in early July, she’s loving the Coop experi-

ence. “There are so many interesting things. I’m retired so I shop off hours.” She’s training to do childcare as her workslot—a perfect fit for the retired pre-K educator. “I’m having fun!” she says ■



Prospective members at orientation.

tions,” Robinson explains. “When we made the plans initially we thought the period would be much shorter—five weeks.” And that, says Robinson, was with the inevitable construction delays taken into account. But construction lagged, and the work took much longer, so the orientation meetings were suspended for several months—from March 24 until July 7, which is when a previously frustrated Joshua Watson finally got to come in and join.

For Watson—who missed work to attend the orientation—it wasn’t the delay that was so maddening, but the misinformation. “I was told that the Coop was not holding orientation because of too many members,” he said.

Watson wasn’t the only one confused about the reason for the closure. Many members seemed to believe that the orientations were on hold as a crowd-control measure. But as much as some of us may relish the idea of capping membership—especially when eyeing a checkout line that stretches to the bananas—this was not the purpose of the meeting shut-down. In fact, Robinson says the new member orientations were halted only as a last resort and only because the initial construction estimate

dropped more than a thousand people in a couple of months,” says Robinson. “It shows how quickly the Coop can shrink.” In general, there is a lot of turnover in a food coop, about 21% a year, which, with a membership of about 15,000, means a loss of 3,500 members or so.

In the short term, however, those thousand people don’t threaten the Coop’s health. Robinson points out that the Coop, even having lost 1,000 members, still had more members in June 2010 than in June 2009 (recessions are “good” to the Coop; we get more members the worse the economy). And General Coordinator Mike Eakin assures that financially, the Coop did not take a hit either. In fact, sales were up 7.4% from the same period last year (though whether that’s because people were buying more or because food cost more, Eakin couldn’t say). But Eakin says if there was an actual cap on membership and no new-member orientations to replenish the stocks, the attrition and losses would “lead to big problems.”

Still, Robinson understands why people may have believed/wished that the orientations were halted for

## LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

### WE NEED YOUR HELP!

There’s no question Brooklyn needs more food cooperatives, but it’s not simple. Food co-ops are businesses and development projects created for and by the community.

### JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

### GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop) or contact [leffertsfarm@gmail.com](mailto:leffertsfarm@gmail.com) for more information.

JOIN US: [www.meetup.com/plgfoodcoop](http://www.meetup.com/plgfoodcoop)

## Puzzle Corner

### Four-Letter Words

Each of the puzzles here begins and ends with a 4-letter word, with a number of empty boxes between them. Each box is to be filled in with a new 4-letter word, such that each pair of adjacent 4-letter words can be combined to make a new 8-letter word.

For example, if the beginning word is SAIL and the ending word is YARD with a single empty box between them, then the middle word might be BOAT, making the 8-letter words SAILBOAT and BOATYARD.

All 4-letter and 8-letter words are common dictionary words. Puzzles with more steps are more difficult. Alternative answers are possible in some cases.

C A M P      S I D E

W O O D      L O R D

S H O W      L O A D

F O O T      W A L K

B A R E      B O O K

B A C K      R O B E

K I C K      H A N G

S W I M      W O R N

W I T H      L I N K

Puzzle by Stuart Marquis. See page 9 for puzzle answers.





## COOP HOURS

### Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

### Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

### Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

### Telephone:

718-622-0560

### Web address:

www.foodcoop.com

# LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

### SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

## What Is That? How Do I Use It? Food Tours in the Coop

okay  
let's get down to the business  
of peace  
everybody wants peace  
we protest for it  
we pray for it  
we despair its absence

but how to generate it  
how to peel away  
all that hides it from view

practice breathing

everyone know this, you say  
it is cliché

and yet  
the power of peace  
is not  
complicated

try it:  
before you say the usual thing  
when you step out into the fresh morning  
with the start of a loud sound  
before you answer  
before you have another  
before you make the call

when you pet the dog  
when you get what you thought  
you didn't want

take your breath  
let it fill your toes  
then let it leave  
wish it well

peace will rise  
its bright light  
and shine on you  
and travel on  
with its ripple of goodness

you will see  
that peace was there  
all along

Park Slope Food Coop  
Partnering with peace  
*by Myra Klockenbrink*

**Monday, August 9**

**noon to 1:00 p.m.**

**and 1:30 to 2:30 p.m.**

**You can join in any time during a tour.**

### Monthly on the...

**Second Saturday**  
**AUGUST 14**  
**10:00 A.M.–2:00 P.M.**

**Third Thursday**  
**AUGUST 19**  
**7:00 P.M.–9:00 P.M.**

**Last Sunday**  
**AUGUST 29**  
**10:00 A.M.–2:00 P.M.**

On the sidewalk in front of the receiving  
area at the Coop.

# PLASTICS

**What plastics do we accept?**  
**Until further notice:**

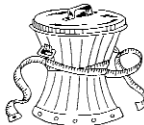
- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting  
#2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.

R  
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G



### This Issue Prepared By:

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Index: Len Neufeld



**Office Set Up****Monday or Wednesday, 6:00 to 8:30 a.m.**

Need an early riser with lots of energy to do a variety of physical tasks, including setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana in the Membership Office for more information.

**Bathroom Cleaning****Tuesday 12 p.m. to 2:00 p.m.**

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural clean-

ing products. This job is perfect for members who like to clean and are conscientious about doing a thorough job. Interested? Inquire in the Membership Office.

**Office Data Entry****Monday 4:00 to 6:45 p.m.**

Are you a stickler for details, accurate on the computer and like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. You will receive training, and Coop staff will always be available to answer questions. Please speak to Ginger Hargett or Camille Scuria in the Membership Office if you would like more information. Workslot requires a six-month commitment.



# COOP CALENDAR

**New Member Orientations**

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit [www.foodcoop.com](http://www.foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

**The Coop on the Internet**[www.foodcoop.com](http://www.foodcoop.com)**The Coop on Cable TV****Inside the Park Slope Food Coop**

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).

**General Meeting Info****TUE, AUG 3**

AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the Aug 31 General Meeting.

**TUE, AUG 31**

GENERAL MEETING: 7:00 p.m.

**Gazette Deadlines****LETTERS & VOLUNTARY ARTICLES:**

Aug 12 issue: 7:00 p.m., Mon, Aug 2  
Aug 26 issue: 7:00 p.m., Mon, Aug 16

**CLASSIFIED ADS DEADLINE:**

Aug 12 issue: 7:00 p.m., Wed, Aug 4  
Aug 26 issue: 7:00 p.m., Wed, Aug 18

## ALL ABOUT THE GENERAL MEETING

### Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

### Next Meeting: Tuesday, August 31, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

### Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

### How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the coop.

### Meeting Format

**Warm Up (7:00 p.m.)** • Meet the Coordinators  
• Enjoy some Coop snacks • Submit Open Forum items  
• Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports

**Agenda (8:00 p.m.)**

The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

### Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

**• Advance Sign-up required:**

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-up sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

**• Two GM attendance credits per year:**

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

**• Certain Squads not eligible:**

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

**• Attend the entire GM:**

In order to earn workslot credit you must be present for the *entire* meeting.

**• Signing in at the Meeting:**

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.  
2. Please also sign in the attendance book that is passed around during the meeting.

**• Being Absent from the GM:**

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

### Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

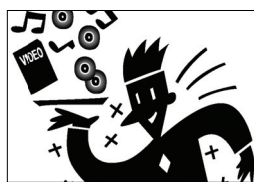
park slope  
FOOD COOP

## calendar of events

jul 31  
sat 10:30–12:30

## Children's Clothing Swap

Bring your child's outgrown clothes to the Coop to trade with other members. Please bring only items that are in good condition. Collect clothes for your own children, only. At 12:15, any remaining clothes will then be available to anyone. Attention moms-to-be: Come to the swap to find newborn clothes! Do not bring clothing to the Coop before the hours of the exchange. Drop off clothes by 12:00.



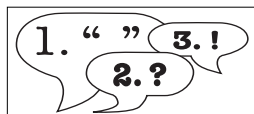
Do you and your kids love to read, listen to music, watch movies? Bring your old books, CDs, DVDs and videos to the Coop to swap with others! All donations must be dropped off by 3:30 p.m. Please follow these guidelines when choosing what to bring: Books must be in good condition. We cannot accept magazines, journals, textbooks, computer books or outdated guide books. *If you have these unacceptable items, you must throw them away in your recycling bin.* CDs, DVDs and videos must be commercially produced. We cannot accept home recordings.

jul 31  
sat 2–4 pm

## Book, CD, DVD and Video Swap for Adults and Children

aug 3  
tue 8 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, August 31, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

aug 6  
fri 7 pm

## Film Night: Media That Matters



Screen. Act. Impact. Join us for a special screening of this year's 10th-annual *Media That Matters* collection: the premiere showcase for short films on the most important topics of the day. Local and global, online and in communities around the world, *Media That Matters* engages diverse audiences and inspires them to take action. From health care to the injustices of Guantanamo, this year's jury-selected collection represents the work of a diverse group of independent filmmakers. What all the films have in common is that they spark debate and action in 12 minutes or less. This year's collection features two films from Brooklyn filmmakers, *I Am Sean Bell* (dir. Stacey Muhammad) and *Lessons from a Tailor* (dir. Galen Summer). For more information about *Media That Matters*, visit [mediathatmattersfest.org](http://mediathatmattersfest.org).

To book a Film Night, contact Faye Lederman, [squeezestone@hotmail.com](mailto:squeezestone@hotmail.com).

aug 10  
tue 7 pm

## Safe Food Committee Film Night: The Coca-Cola Case



A searing indictment of the Coca-Cola empire and its alleged role in the kidnapping, torture and murder of union leaders trying to improve working conditions in Colombia, Guatemala and Turkey. **The Coca-Cola Case: The Truth That Refreshes!** follows labor lawyers Daniel Kovalik and Terry Collingsworth, along with Ray Rogers (founding director of the *Stop Killer Coke!* campaign), as they attempt to hold the giant U.S. international beverage company accountable in this taut legal/human rights procedural. Directed by Carmen Garcia and German Gutierrez (Canada, 2009, 86 minutes). Host: Mario Murillo: <http://mama-radio.blogspot.com/>; department chair, associate professor, Radio, Television, Film, Hofstra University; WBAI 99.5 FM radio host. Guest speaker: TBA.

aug 21  
sat 2–5 pm

## Adult Clothing Exchange



This is your opportunity to trade gently used and beautiful clothes that you no longer wear with other Coop members. Bring items that you think others might enjoy—and a snack to share. Do not leave clothing in the Coop before the hours of the exchange; bring up to 15 items only; bring gently used, clean clothing that you are proud to be able to exchange with a new owner. Unchosen items will be donated to a local shelter.

aug 29  
sun 12 pm

## Babywearing 101

This is a hands-on workshop for participants to learn about the five basic types of carriers (wraps, ring slings, pouches, mei tais and soft-structured carriers), focusing on safe and comfortable carrying for newborns through toddlers. Carriers will be demonstrated, and parents are encouraged to bring the carriers they already have to get help with fit and positioning. Coop member **Lisa Brundage** is a Brooklyn co-leader of Slings in the City and has been trained in babywearing techniques by Die Trageschule of Dresden, Germany. Amy Takemoto is a babywearing mom of two children and has been a Brooklyn co-leader of Slings in the City.

aug 31  
tue 7 pm

## PSFC AUG General Meeting

Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Membership office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

sep 2  
thu 7:30 pm

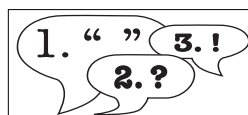
## Food Class: The Secret of The Sea Vegetable



Vegan, gluten-free and sugar-free dishes. What are sea vegetables? What do they look like? Learn the nutritional benefits of eating sea vegetables, how to prepare them safely and how to cook sea vegetables once and eat them twice. **Hideyo Yamada** is a trained sushi chef from Japan, who specializes in allergy-free pastries. Her unique health counseling, along with customized recipes and cooking classes, enable her clients to prepare delicious healthy meals, adding more balance and energy into their lives. She is a certified Holistic Health counselor and graduate of the Institute of Integrative Nutrition, working as a private chef. *Menu includes kombu stock, basic miso soup with tofu, wakame garlic sauté, quinoa hijiki salad, dulce dip and chocolate-banana mousse with agar.* **Materials fee: \$4. Event coordinated by Susan Baldassano.**

sep 7  
tue 8 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, September 28, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

sep 10  
fri 7 pm

## Plunder: The Crime of Our Time

See the film that treats the financial crisis as a crime story, not a business problem. It ties the collapse of the housing market to a corrupt collaboration between real estate, finance and insurance. It also features home-owners and community activists fighting back with protests at banks and the homes of CEOs. **JK Canepa** is a Coop member and co-founder of the New York Climate Action Group. Author Danny Schechter is an Emmy-award-winning network veteran who has specialized in issues of media deception and economic exploitation.



jul 31—oct 3 2010

sep 11  
sat 12 pm

Candida Albicans Again?

Yeast is a complex condition that needs to be attacked from different angles. It is the cause of many ailments. Find out how you can combat it once and for all. Why does it come back? What is the hidden cause that was never imagined before? Do only a few people know about the cause? Stop this beast that takes years away from your life. Instead, live a happy, joyful life in vibrant health. What is it that you'll live with if you don't do anything or enough about it? Let me share with you my story, and make sure that you don't have to go through the same. Presented by Coop member **Marija Santo**, CNHP and Geotran Practitioner.

sep 11-12  
sat-sun 9 am—7 pm

Food Drive to Benefit  
CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. Food collected will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing non-perishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

sep 14  
tue 7 pm

Safe Food Committee Film Night



Film title to be announced.

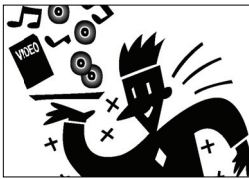
sep 17  
fri 7:30 pm

Meet Your Mind

A class in basic meditation. The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives. This is a basic meditation class for beginners and anyone who would like a renewed understanding of the technique. Coop member **Allan Novick** has practiced meditation since 1975 and is a meditation instructor at the New York Shambhala Center and Nalandabodhi New York.

sep 25  
sat 10 am — 1:30 pm

Book, CD, DVD and Video  
Swap for Adults and Children



Do you and your kids love to read, listen to music, watch movies? Bring your old books, CDs, DVDs and videos to the Coop to swap with others! All donations must be dropped off by 3:30 p.m. Please follow these guidelines when choosing what to bring: Books must be in good condition. We cannot accept magazines, journals, textbooks, computer books or outdated guide books. *If you have these unacceptable items, you must throw them away in your recycling bin.* CDs, DVDs and videos must be commercially produced. We cannot accept home recordings.

sep 28  
tue 7 pm

PSFC SEPT General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewriters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office and at all General Meetings. **Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

oct 1  
fri 7 pm

Film Night



Film title to be announced.  
**To book a Film Night, contact Faye Lederman, squeeze@stone@hotmail.com.**

oct 3  
sun 6 pm

Cooking in Harmony



Join us for an evening of tasty food with intriguing beverage pairings at The Brooklyn Society for Ethical Culture. Advance ticketing for admission to this event will be available in September. More details to follow at [www.foodcoop.com](http://www.foodcoop.com) and <http://psfcfun.wordpress.com>. **Event takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.).**

For more information on these and other events, visit the Coop's website: [foodcoop.com](http://foodcoop.com)

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.  
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Puzzle Answers

CAMPFIRESIDE

WOODLANDLORD

SHOWBOATLOAD

FOOTHILLSIDEWALK

BAREFOOTNOTEBOOK

BACKWOODWINDWARDROBE

KICKBACKSTOPOVERHANG

SWIMSUITCASEWORKSHOPWORN

WITHDRAWBACKHANDCUFFLINK



## LETTERS TO THE EDITOR

## CHILDCARE AND COLONIALISM

## DEAR EDITOR,

There's been a lot of discussion here about occupying forces grabbing land from defenseless populations. Israel and Gaza; Great Nations of Europe and the Native Americans; Jay Leno and the Tonight show.... Many of us might agree that colonization in its rawest form (the strong stealing land from the weak) is wrong—although I've yet to meet one Brooklyn homeowner rushing to return their house to an Iroquois.

Be that as it may... this year we witnessed a shameless land grab right in our very own Coop. I'm referring to what happened in Childcare. This year, with little or no due process, the coordinators decided to cut the size of childcare in half and take that space for themselves (in the form of more office space). Granted the new office space looks great—but hey, the Great Nations of Europe didn't do such a shabby job with Manhattan.

Children need to move. For as long as I've been a member, we had an adequate space here for children to play. If they had to be confined while you or I shopped or worked, at least they could move around. We were also formerly able to provide a safe corner where little ones could be read to or nap, while bigger kids moved or played. This is no longer possible. Childcare has been rendered less healthy and safe.

Many of us recall the long road to accepting debit cards. Proposals, meetings, discussions, more meetings, more proposals, more discussions, votes, votes and votes. Yet, re-allocating half the space from childcare to the office required no membership discussion, no membership decision, and certainly no membership vote. At the very least, shouldn't someone have asked the childcare workers—since we certainly have an informed opinion?

I recently raised this issue with some coordinators in the office. One fellow thought it appropriate to tell a joke. His joke? "... I didn't hear any children complain about it." Colonialism in a nutshell.

Certainly I don't intend to minimize the grievous crimes done to native peoples throughout history, but in our own little world, don't we stand for better? Just because our children "didn't complain about it," don't their rights still matter as much as an office workers?

In conclusion: 1) I believe our children were robbed—and as a childcare worker for almost 20 years, I fear it may be consistent with the way Coop leadership thinks about childcare. I haven't forgotten how damned long it took for childcare to get a decent couch (so mothers could sit down and nurse), 2) I'm concerned about the slippery slope. When the strong get away with sidestepping process and

stealing from the weak, it encourages them to do it again, 3) when I was five; I stole a candy-bar. My mother made me give it back. I think that same wisdom applies here. Give what you took back to our children, or find a way to restore childcare to its former size.

Arthur Brown

## SNICKETY SNACK

## TO THE EDITOR:

I am distressed by the letter published as "*Bring Back the Snacks*" in the July 1, 2010 issue of the *Gazette* in which two members lament the loss of the snack table on the 2nd floor for office area workers. I support and sympathize with the members laboring under such harsh conditions.

I am sure that they have good reasons for not bringing their own snacks or buying something to eat before their workshifts begin.

My best suggestion is that they abandon their office area squad and join a receiving or shopping or food processing squad. We have access to every item in the Coop and we keep our buffet table well stocked. At our next squad meeting we will take up the proposal to deliver emergency rations to the 2nd floor workers.

In solidarity  
Paul Friedman

## WILDE ABOUT APPEARANCE

You pass a sidewalk fruiterer  
And spot his ripe bananas  
All firm and full of warming sun  
That call forth loud hosannas.  
You buy a bunch and head  
for the park,  
Your spirits soaring high  
Or maybe take the subway home  
Assured that pleasure's nigh.  
You reach into the bag that came  
From the banana buffet  
And see that each is... soft and brown.  
The curse of Dorian Gray!

Leon Freilich

## "EARLY RELEASE FOR GOOD BEHAVIOR"

## DEAR MEMBERS

Who knew that the *Linewriters' Gazette* would publish an opinion column as if it were a report? Here's my "around-the-block" list of readers who will be offended by Allison Pennell's lead piece about the Annual Meeting (7/15/10 issue):

- Members who have attended a meeting in good faith for work credit ("shifty types in search of an easy work slot credit")
- Both named members known in popular media ("bona fide celebrity") and those not named (not "bona fide" enough)
- The many fifth grade teachers who do not "liquor up" before facing a classroom challenge

- The meeting chairs, whose "thankfully brief repartee and wit" may have appealed to others

- The lead auditor, whose physical condition was not relevant to her report

- The "top brass—I mean proletariat," who Ms. Pennell represents as likely to need pensions soon

Throughout, Ms. Pennell assumes that her readership widely acknowledges the purpose of the meeting to be punitive, and the aim of all members to avoid completing their work slots.

By contrast, I believe most members understand that their work at the Coop serves to keep prices lower for all of us. I believe that most members do not play the game of trying to get something for nothing. Because of that belief, I would like to add my name to the list above:

In cooperation,  
Kathy Hieatt

## ISRAEL BASHING

## DEAR MEMBERS

In my 22-year membership in the Coop I never remember reading so many letters bashing Israel, as I have in this past year.

It certainly doesn't reflect the inclusive Coop sentiments that we're all part of the human family.

Israel, a thriving democracy, where one million Israeli Arabs vote and are generously represented in the Knesset (Parliament) is hated while the tyrannical terrorist neighbors escape censure.

The Turks bomb Kurdish independence fighters on a regular basis and continue to deny their genocide, at more than one million helpless Armenians. Yet their condemnation of Israel over the Gaza flotilla gains international attention.

Freedom has its difficulties and democracy is not a perfect system. But Israel never had to use force to prevent their people from leaving their country.

If all of Israel's most rabid critics were forced to choose to live in Israel or under Hamas in Gaza or Assad in Syria or Ahmadinejad in Iran, which would they choose?

In Israel they would have the freedom to criticize their government policies in the public arena as opposed to the Moslem countries where they would be killed or locked up, and if they were female or gay they'd have almost no protection under the law.

It just doesn't seem to add up!

Is it really Israel which some misinformed Coop members hate or is it just good old-fashioned Jew hatred?

Dr. Harvey Lang

## DON'T SNIFF MY HERBS

## DEAR MEMBERS,

My usual job is checkout, and when someone brings an herb, (parsley, cilantro, etc.) and I'm not sure what it is, I ask the customer. I feel it is self evident that I should not smell the herb, lest I transfer germs. I'm not a germ-a-phobe. But I think everyone is more careful these days. Hand sanitizers are everywhere; in the hospital and even at our checkout stations.

However, today I was horrified as I witnessed the young woman (she looked like an enlightened sort) who was checking my groceries, take my cilantro and bring it to her nose to determine it was in fact cilantro. I was too horrified/embarrassed to say anything, so I hope she isn't sick, because I brought the cilantro home anyway. I know we must always wash our veggies at home, but still... Why do we have hand sanitizers at each checkout station? Obviously, we're trying to minimize the transmission of germs from our hands. This purpose is defeated if we grab a vegetable with clean hands only to bring it up to our nose and sniff it. Please pass this info on.

Thanks,  
Nils Nichols

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.

## Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.





## CLASSIFIEDS

## BED &amp; BREAKFAST

The House on Third St. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, houseon3st.com. Let us be your Brooklyn Hosts.

## CLASSES/GROUPS

PLAYBACK THEATRE WORKSHOP from Aug 4th-10th at the Brecht Forum. A super Vacation Option in the city. Learn, share and enjoy 27 hours of theater games, dancing, singing and acting in each others' stories. For anyone 16 or older who wants to enhance empathy, listening skills, team work, expressiveness + self-awareness. \$200 tuition. For schedule/details contact Susan Metz:susanslists@yahoo.com. Register at www.brechtforum.org/institute

ART PORTFOLIO CONSULTANT/TUTOR available for H.S. or College entry: 30 years experience teaching in public school. Also available for general art lessons. Homeschoolers welcome. At my South Slope home or will travel to yours. Individual or small groups. www.risajohnson.com \$25/hr. 718-369-0647.

## COMMERCIAL SPACE

PROFESSIONAL OFFICES available for health-related practices including but not limited to medical doctors, chiropractors, psychotherapists, podiatrists, reflexologists, massage therapists, etc. Be part of a holistic facility in SOHO or in a great Brooklyn location. Non-medical offices available in Brooklyn. For information, please call 212-505-5055.

TERRIFIC 450 sq. ft. furnished holistic office PT/FT. Great Bklyn location. Charming reception room, large lecture or group session room (e.g. Shiatsu, Yoga, Chiropractor, M.D., Nutritionist, etc.) Massage table and recliner in the next room for Acupuncture, Reiki, Reflexology, Psychotherapy, Hypnotherapy, etc. For viewing premises, call 718-339-5066.

## PETS

DOG BOARDING in my home. 40 yrs. experience w/ all breeds. One dog at a time will be pampered and never alone. Very competitive rates! Let me keep your pup happy while you're at work or out of town. Call Jane at 347-860-2142 or e-mail

petnanny01@yahoo.com. Your dog will thank you!

## SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.law.com.

NEED A PAPER "THERAPIST?" Feel burdened by your stuff? Can you find what you need when you need it? Would you like more space and ease in your home, office or life? Call a professional organizer: Parvati at 718-833-6720, Parvati4@aol.com. Free initial phone consultation.

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: Katie@papermoonmoves.com or visit papermoonmoves.com.

MADISON AVENUE HAIRSTYLIST right around the corner from the Food Coop. So if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Also color highlights or lowlights. Adults \$35.00 Kids \$15.00 Call Leonora 718-857-2215

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integrative approach using strong clinical skills + diverse modalities such as Jungian Samoplay Therapy, Expressive Arts, Guided Visualization + Relaxation Techniques. Park Slope 718-622-5220. www.ThereseBimka.com

## SERVICES-HEALTH

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

LICENSED MASSAGE THERAPIST since 1986. Many modalities from Swedish to gentle hands on energy work. Located in Central Slope. Call Harriet at 718-788-1864. Gift certificates available. \$15 off first two sessions.

## VACATIONS

HUDSON VALLEY VACATION COTTAGES. One- to three-bedroom cottages for sale in family-friendly, historic three-season community in Westchester County, NY. Pool, tennis, hiking, social activities. \$42k-112k, cash sales. Annual maintenance approx. \$4k. Sorry, no dogs. www.reynoldshills.org/bungalowshop or 973-951-8378.

VACATION-PENNA. country house rental: 4 BR, 2 bath, private pond and stream, large lawns, full kitchen and screened porch. 3 hours from NYC. Available various weeks in July, August or Sept. \$600/wk. Great for families and kids. Call 718-622-8175.

## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

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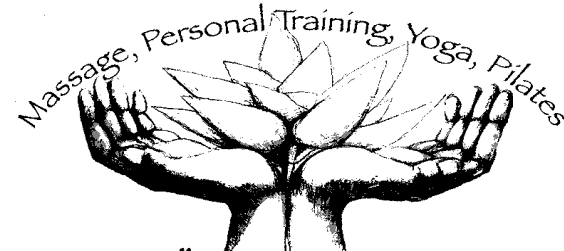


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What's good today?

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Get local food news, deals and giveaways

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e: [info@colorme.coop](mailto:info@colorme.coop)

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## ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, [www.foodcoop.com](http://www.foodcoop.com). The ads are FREE.



Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)



WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Daniel Alleva	Athena Georgiadis	Elizabeth Lastique-Farr	Laurence Robin-Hunter
Lindsey Anderson	Ellie Glicklich	Arlene Leitner	Louis Romain
Adam Aston	Kate Goldhouse	Susannah Lescher	Nazariy Romanyak
Leslie Baldwin	Robert Goldhouse	Shia Levitt	Roman Romanyak
Lynette Barenboym	George Edward Gonzalez	Jessica Ling	Anne Russell
Russ Barenboym	Marcus Gonzalez	Scott Lundhagen	Oscar Salvatierra
Allison Barlow	Suzanne M Grant Shell	Sarah Macreading	Chris Santos
Marc Beallor	Rachel Grater	Mary Maddox	Taryn Santos
Amy Benfer	Katherine Greenberg	Michael Martinez-Campos	William Schwartz
Carly Benkov	Aviva Grinnell	Elisabeth Mason	Peter Sciscioli
Brooke Betts	LaTanya Hall	Natalie Matos	Tayo Simpson
Debbie Blumberg	Matthew Hall	Kyle McAuley	Nicole Smith
Alex Bodel	Brandi Harper	Allison McCullough	Judd Sneirson
Holly Brewster	David Haskill	James McInturff	Elizabeth Solimine
Anita Bulan	Gillian Hawley	Mario Alex Miranda	John Swallow
Heather Campbell	Patrick Heller	Milan Misko	Suzanna Talbot
William Campbell	Cassidy Hooker	Nana Misko	Frank Tonn
Julie Capehart	Graeme Hunter	Amanda Mitchell	Laurisa Truemper
Anne Carson	Ellen Hwangbo	Linda Montas	Jesse Turner
Thomas Carter	James Isbell	Sarah Moran	Michael Turner
James Chappel	Tamara Jafar	Nora Nachumi	Rosana Vidal
Jacob Cooper	Kathryn Jones	Marilyn Ng	Joshua Watson
Karen Bernód Cox	Elizabeth Kalin	Natalie Noel	Renee Wilkinson
Michelle De La Cruz	Beklen Kerimoglu	Mark Nowak	Amelia Wilson
Christian Devita	Mahasen Khalifa	James O'Meara	Andrew Wohlsen
Meredith Doherty	Christine Kim	Patrick Parsons	Matthew Wolsky
Peter Donoghue	Jae Kim	Nina Pick	Matthew Worsnick
Hannah Elnan	Parker Krasney	David Pomes	Kasumi Yoshimura
Alexa Fabrega	Elisa Kreisinger	Michelle Radtke	Hager Youssef
Lincoln Farr	Shoma Lahiry	Samhita Reddy	Abigail Zeidler
John Fishback	Paige Lamb	Jason Richardson	(W.) Riannan Zoucha
Gill Frank	Nicole Lanzillotto		

The Environmental Committee has a blog!

Please visit often for timely news and information from the PSFC Environmental Committee.

We're blogging about our activities at the Coop, as well as environmental events of interest at the Coop and beyond.

Find us at:  
<http://ecokvetch.blogspot.com/>



THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last two weeks.

Jonathan Adler	Marigo Farr	Marilyn Lee	Elizabeth Pillsbury
Rachel Alexander	Sam Feather-Garner	Hilary Leitner	Rebecca Press
Spencer Amdur	Jaime Ferkov	Jean Lerner	Lupe Ramsey
Liz Asch	Geoffrey Finger	Ruth Lerner	Liz Roberts
Christopher Barthel	Shell Fischer	Susannah Lipsyte	Anya Rous
Johanna Bauman	Rosie Glicklich	Caroline Loomis	Dani Rukin
Doug Beube	Maylin Gonzalez	Serena Ma	Marie Sacco
Fiona Bicket	Jennifer Griffith	Laurel Madar	Michael Salas
Katrina Burton	Jessica Hanmer	Jillian May	Liz Salen
Suzannah Cole Callaghan	Martine Hasenauer	Fernanda Mazzuco	Anthony Saracino
Mary Catanzaro	Eric Held	Peter McDowell	Keiko Shari
Jacqueline Cheney	Matthew Hoagland	Harriet Miller	Maya Solovey
Tina Cheng	Amy Hundley	Andy Milne	The New York Times
Noah Chernin	Bisi Iderabdullah	Paula Morrell	Timothy Thomas
Meghan Clohessy	Selena Juneau-Vogel	Frank Moscovitz	Mark Tumiski
Leslie Cuyjet	Mihoko Kada	Benjamin Nachumi	Joseph Victorine
Hope Dector	Joshua Kalin	New York Magazine	Adelaide Wainwright
Maxcine DeGouttes	Jessica Kaufman	Clare O'Shea	Jenifer Wanous
Heidi Diehl	Andreas Killen	Drew Patterson	Jay Wilkinson
Neil Donahue	Lalta Keswani	Thomas Paul	Peter Wohlsen
Phyllis Dulberg	Salley Koo	Mariah Peebles	Eleanor Williams
Steve Espinola	Abigail Koons	Clare Peeters	Jeremy Zimmerman
Wynne Evans	Martha Kronholm	Mark Peters	

SUMMERTIME

...and the living is easy.

But don't forget

your coop shift!

If you plan on being away during one of your workslots, please make arrangements to have your shift covered.

One way to do it is to use the Shift Swap at [www.foodcoop.com](http://www.foodcoop.com)!  
Your co-workers will love you for it!

Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members

★ If you are good at:  
Communicating • Problem solving • Dealing with difficult situations • Investigating *We need you!*

The DC is seeking new members with experience in investigation, writing, and conflict-resolution. Mental health professionals encouraged to apply. Use of a computer and email is *ESSENTIAL*. Join us to make the Coop the best place it can be for everyone.

- Some of our work includes:
- Investigating allegations of misbehavior by members. (i.e. failing to report for or to complete shifts, bringing in non-members to shop, shopping while suspended, stealing, using racist, sexist, homophobic or nasty language against other Coop members and staff)
  - Engaging in problem-solving and policy issues related to the DC's work
  - Participation in disciplinary hearings
  - Daily email contact with DC members to discuss issues

- Requirements:
- Must be a member for at least a year
  - Have good attendance record
  - Attend an evening meeting approx. once every six weeks

We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

Interested? Please call Jeff: 718-636-3880

