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1973

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GAZETTE

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SOY BASED
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Volume EE, Number 25

December 16, 2010

Gilda's Club in Park Slope: A Little-Known Resource

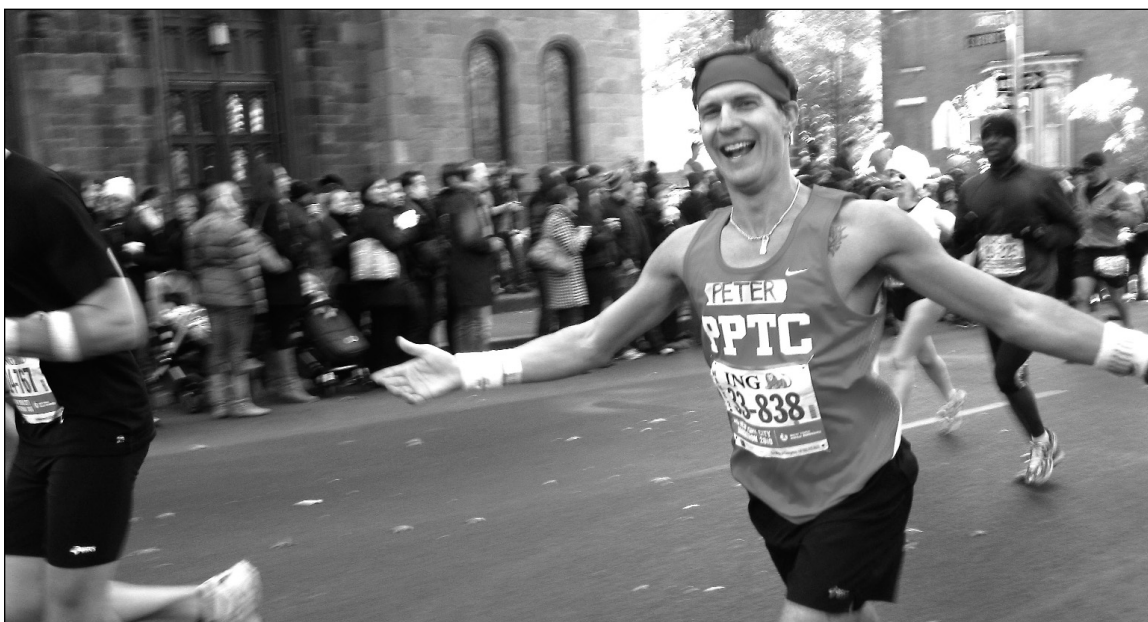


PHOTO BY MATIAS PELENUR

Peter Wohlsen runs the New York Marathon to raise money for Gilda's Club.

By Ed Levy

When Coop Receiving Coordinator Peter Wohlsen learned that his mother had breast cancer, two things kept him going—running, and Gilda's Club. "When my mother was sick, running helped me relate to her struggle," Peter said. "Gilda's Club provided a sanctuary from the struggle while at the same time facing it directly."

Living in New York City, but with his mother in Maine, Peter turned to Gilda's Club, a free support group for those living with cancer as well as for those who are close to them. And when his mother died, the bereavement counseling offered at Gilda's Club helped him get through his grief.

"The benefits you receive from Gilda's Club are intangible," Peter said. "You don't have to carry your feelings around alone. They provide support and community in a

group specifically focused on the unique issues faced by those affected by cancer."

The untimely death from ovarian cancer in 1986 of Emmy-award winning comedian Gilda Radner—who gave us the hilarious characters Roseanne Roseannadann and Baba Wawa on Saturday Night Live—resulted in increased public awareness of this illness, and the importance of early detection in treating it. Radner had a grandmother, aunt, and cousin who had all died of

ovarian cancer. After her passing, Radner's husband, the actor Gene Wilder, established the Gilda Radner Ovarian Detection Center in Los Angeles and a database registry to help people track family histories of this disease was established. Then, in 1991, Radner's psychotherapist, Joanna Bull, with the help of Wilder and others, founded Gilda's Club, a place where people living with cancer looking for community and support could find an

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GENERAL MEETING REPORT

November GM Supports Boycotts and Disciplinary Committee Elections

By Frank Haberle

Rule of law governed the Park Slope Food Coop's November General Meeting. One agenda item focused on a proposal for the Coop to boycott products produced by the international Coca Cola Company and another to boycott the local, Williamsburg-based Flaum Appetizing Products. A third item proposed the election of two members to the Disciplinary Committee. A fourth item, a proposal to provide all members with an annual sick day from their Coop shifts, was shelved for a future meeting due to the absence of the presenting members (leaving more than one member in the audience to grumble: "What, did they call in sick?").

Continuing the Coca Cola Boycott

"We seek to avoid products that depend on the exploitation of others," according to

the Coop mission statement, reflecting a commitment to working with suppliers who treat their workers fairly. It is this commitment, pointed out Coop member Lew Friedman—as well as our commitment to suppliers that respect the environment—that led Coop members to first vote on a boycott of Coca Cola Company products in 2004, a boycott that has continued to this day. Presently, this is the only boycott that the Coop is observing. On an annual basis, the General Meeting must vote to continue any Coop boycotts.

General Coordinator Joe Holtz pointed out that the Coop has a strong history of taking part in boycotts dating back to 1973, with a boycott in apples shipped from South Africa. Another example was in 2001, in the Domino Sugar plant labor dispute in Brooklyn; members voted 38 to 0 to

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Next General Meeting on December 28

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The next General Meeting will be on Tuesday, December 28, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place. The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

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Coop Event Highlights

- Fri, Dec 17 • The Good Coffeehouse** 8:00 p.m.
- Thu, Jan 6 • Food Class: Easy Indian** 7:30 p.m.
- Fri, Jan 7 • Film Night: The House of Suh** 7:00 p.m.
- Sun, Jan 8 • Auditions for Coop Kids' Variety Show**
10:00 a.m.–1:00 p.m.
- Sun, Jan 16 • Auditions for Coop Kids' Variety Show**
12:00–2:00 p.m.

Look for additional information about these and other events in this issue.



Diana Grabus leads a Gilda's Club group in Park Slope.

Gilda's Club

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open door.

They named the organization after an often-quoted quip of Radner's that "having cancer gave me membership in an elite club I'd rather not belong to."

Mission

According to Lily Safani, CEO of Gilda's Club New York City, it is not an advocacy group; nor is it about providing hope or promoting a particular form of treatment. Rather, she said. "Gilda's Club is about providing people with a way to live with cancer." The club, she said, is a refuge. Cancer makes people feel alone and fearful," she said. "Coming here they know they are not."

She added that 35,000 New Yorkers are newly diagnosed with cancer each year, and studies, including one by the National Academy of Sciences Institute of Medicine, have established that people undergoing medical treatment for this illness—as well as those close to them—benefit from psychosocial as well as medical support, live longer, and have a better quality of life.

The organization offers a variety of free services to the cancer community, including family, post-treatment, wellness, and bereavement groups, as well as networking, lectures, workshops, and social events, usually held in a nonresidential, homelike setting. The club is also a place where people living with cancer can exchange

stories, share information, and form lasting relationships. A group called Noo-gieland also supports children who have been affected by a diagnosis of cancer—either their own or that of a family member.

A Hidden Gem

Less well known than the headquarters in Manhattan, at 195 West Houston Street, near the Film Forum, are satellite clubs like the Gilda's Clubs in Park Slope, which tend to be very community based and partner with other community organizations. The Park Slope groups meet in various venues around the neighborhood, including churches, synagogues, and the YMCA.

Coop member and licensed social worker Diana Grabus leads groups for Gilda's Club in Park Slope, and she wishes many more people would take advantage of the organization. "It's an honor to do this work," Diana said, "to see people sharing their resources and strengths." Typically, she will work with a group on issues like self image, nutrition, stress, and exercise, as well as on practical problems like finances, understanding a diagnosis, and how to penetrate the complexities of a pathology report. Participants choose how they want to use the club. Many want to talk with their fellow group members about treatment options, or the kinds of questions to



PHOTOS BY ROD MORRISON

Mary Rose Dallal turned to Gilda's Club when she was diagnosed with cancer in 2004.

ask doctors.

Diana noted that some members form close bonds outside the group, even accompanying one another to treatment, and recently, everyone from one group attended the funeral of someone whose son had died of cancer. "It can be sad," Diana said, "but it isn't all doom and gloom. There can be joy in the community of caring."

Mary Rose's Story

Two years after longtime Coop member Mary Rose Dallal retired from her career as a computer specialist for New York City in 2004 at age fifty-five, she was diagnosed with pancreatic cancer. "The word cancer," she said, "changes everything." For support, Mary Rose joined a Gilda's Club wellness group right after her exploratory surgery. Along with her, five people close to her, including her then partner, her ex partner, and a sister of her ex, joined family support groups. The demands on caretakers can be very great. She said that the forty-eight nights she was in the hospital, she was not alone for even one of them.

At some point, all the members of her wellness group became cancer free, and it has gone from being a wellness group to a post-treatment group. They have been together now for four years, currently meeting twice per month at the Ninth Street Y. At this point, the group members feel they are helping each other cope with a chronic illness rather than an immediately life threatening situation, and with the anxieties that arise and subside as every few months people go in for periodic retesting.

She stressed that there may be hundreds of cancer

survivors at the Coop who would benefit from one of these post treatment groups if they knew about them.

Mary Rose has also found an unusual way to give back. After she joined FTOP a number of years ago, she accumulated so many FTOP credits she now gives them away as gifts. Recently she gave some away as Chanukah gifts, and gave a few more to a friend who was working on a master's degree and facing exams. "People should know these credits are transferable," she said. "The executor of my will knows I have FTOP credit."

You can read about Mary Rose's journey with pancreatic cancer on her blog, www.caringbridge.org/visit/maryrose.

Peter Wohlsen continues to run, and despite a serious injury to his leg after being struck by a car, he raised over \$16,000 for Gilda's Club by asking people to sponsor him in this year's New York City marathon. You can read Peter's story at www.runpeglegun.com.

Contacting Gilda's Club

The Gilda's Club Affiliate Network currently serves more than 50,000 members in 22 cities, with 28 clubhouses and satellites across North America and six additional locations in development.

To join, contact, or donate to Gilda's Club, write to info@gildasclubnyc.org, phone 212-647-9700, or visit their website at www.gildasclubnyc.org. ■



What Is That? How Do I Use It? Food Tours in the Coop

We get to do all this — the fretting,
the striving, the sleepless turning in the night
the quick dash through the cold
that would take our life if we lingered

The sparrows are puffed in the bushes
the pigeons crowd together in the eaves
the squirrels are closeted in....
where do the squirrels go?

We come together and crow over the cold
It feels good to remark on the weather
For a few moments a stranger
becomes our best friend
We communicate understanding
and are understood

We are all one
under the same weather
You may have the thicker coat
or longer to walk
but the cold bites us all the same
and would take the life out of any of us
given the chance

Each of us was given a stove of heat
We pile up together under a blanket
and the cold has to wait
for another time

Let us welcome the cold and all it's tricks
the snow, the sleet, the stinging wind
Let it make us bright with fear
bring us together round a fire
make us hug each other
warm lips with lips and.....

Let it connive with the holly days
to bring us together merrily
Let us deck our halls against it
adorn trees to celebrate it
eat heartily to fend it off

The cold, the cold, the bitter cold
How cold to be without it!

The Park Slope Food Coop
Bringing us in from the cold

by Myra Klockenbrink

Mondays **January 10 and**
 January 24
 noon to 1:00 p.m.
and **1:30 to 2:30 p.m.**

You can join in any time during a tour.

November GM

CONTINUED FROM PAGE 1

boycott Domino's products. Lew Friedman is involved in the Campaign to Stop Killer Coke, a worldwide movement to hold the Coca-Cola Company accountable for union-crushing violence conducted by its subsidiaries, especially in Central America. As Lew reported, these abuses include the recent murder of a Colombian union organizer, the widespread use of child labor in the sugar cane fields of Guatemala, as well as ongoing labor abuses in plants in China. Environmentally, the exploitation of water resources in India by Coca Cola bottlers is devastating local farms. Pointing to these examples, Lew argued that the abuses continue and that the Coop should continue its boycott, joining national and international labor forces like the SEIU, the California Federation of Teachers, and most recently, the United Auto Workers whose 390,000 active members and 600,000 retired members voted to remove Coca Cola products from their facilities. Responding to a member's question about if and how the Coca Cola Company has responded to these boycotts, Lew reported that the common line they take is that, outside of the United States, they have no control over their bottlers' labor and environmental policies. But as Lew points out, the simple act of cutting off shipments of the company's syrup oversees could quickly change local bottlers' perspective, an action that Coca Cola has refused to take. Putting pressure on Coca Cola here would effectively force them to put pressure on their suppliers. Other questions explored what other items Coca Cola produces (Sprite, Tecate and Dos Equis beer are examples). One member voiced her concern that, in the name of due process, the Coop should provide the targeted side of the boycott the opportunity to come to the General Meeting and voice their opinion. While the Coop has written formal letters to Coca Cola notifying them of the boycott, such an invitation has not been offered. Following further discussion, the members voted 166 in favor of continuing the boycott, 2 against it and 23 abstentions.

The Case Against Flaum Appetizing Products

Coop member Joseph Sanchez submitted a propos-

al for the Coop to avoid selling Flaum Appetizing products and the products they distribute until a settlement is reached with their workers. As explained in Joseph's proposal, Williamsburg-based Flaum Appetizing violated minimum wage and overtime laws. The National Labor Review Board settled the case and ruled that 17 workers who were illegally fired need to be reinstated, but the owner has defied the court order. These workers are asking stores to remove Flaum, Sonny & Joe's, Tnuva and Bodek products until a settlement is reached. Sanchez is a member of the organization Brandworkers International, supporting worker's rights as part of the Focus on The Food Chain campaign. After summarizing the experience of the workers—who worked 80 hour weeks, including overtime and holidays without being paid overtime, and when they asked for it, they were fired—Sanchez introduced three of the workers from Flaum Appetizing. Speaking through an interpreter, Placido Romero, who had worked for Flaum for 17 years, summarized the difficult work environment and the owner's refusal to honor their request. "We are here to ask you to support us," Placido told the audience, "by not buying their products. All we want is justice for our work and respect for our jobs and what

we do. Whether we win or lose, we hope to set a precedent to correct the injustice being done to these workers." Joe Holtz added that he had reached out to the Flaum ownership and they had responded with a written statement that Flaum had offered each worker full reinstatement and was completely in compliance with the NLRB settlement. Daniel Gross, Coop member and Executive Director of Brandworkers International, explained that this statement was false; that the trial was lengthy and Flaum tried repeatedly to make the case that the workers were illegal immigrants and had no right to claim the \$260,000 in total back pay for overtime they were owed. The NLRB ruled otherwise, but the company still had not reinstated the workers. Daniel pointed out that the worker's immigration status never came up during the 17 years some of the workers were with Flaum, but only came up when the workers asked for fair treatment. One Coop member, the same one who suggested that Coke be invited to speak to the GM to support its labor policies, stated that she called Flaum before the meeting and, according to them, they were never invited to speak at the General Meeting to tell their side of the story. She further emphasized Flaum's position that

all of the workers had been offered their positions back, and refused to take them. These remarks led to a flood of comments by other members. One who had worked in labor relations made the point that "these people would not be standing here if they hadn't had a really bad experience. As a Coop we have the power to say to this company, why don't you keep your hummus? We'll buy ours from people who respect their workers." In a vote, 165 Coop members voted in favor of the boycott, 3 voted against it and 4 abstained.

New Disciplinary Committee Members

In a quick election, two Coop members spoke briefly on their candidacy to join the Disciplinary Committee. Both Janet Paskin and Yolanda Wattsjohnson bring years of experience as Coop members and share a commitment to fairness when Coop members are brought before the Disciplinary Committee. The members voted overwhelmingly in favor of electing Janet and Yolanda to the committee, bringing its current number to 12.

Coordinator Reports

In reports on the Coop's finances presented by General Coordinator Mike Eakin, and produce sales presented by General Coordinator Allen Zimmerman, the news was all good; the Coop is presently averaging \$792,000 a week in sales (compared to \$746,000 for the same period last year) and made a record \$908,000 in sales in the week before Thanksgiving. The Coop moved 115 tons of produce—in the two week period before Thanksgiving, including 6 tons of potatoes, 6 tons of sweet potatoes, 5 tons of carrots, and 9 tons of bananas. ■

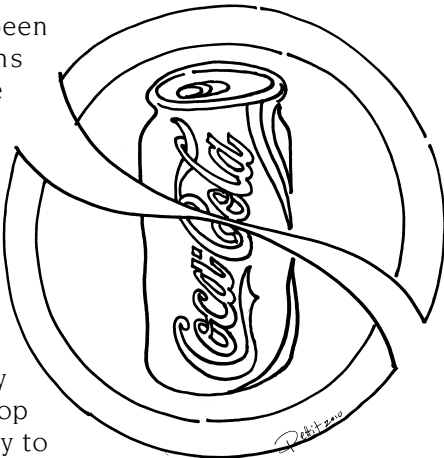


ILLUSTRATION BY ETHAN PETTIT

Plus-Ones

Below is a list of 25 common words. Each word can be expanded by inserting a single additional letter somewhere within the word (not at the beginning or end), to form a new word. The original letters should not be rearranged in any way.

Each of the letters A through Z, excluding Q, is used exactly once to expand these words. Some words can be expanded in multiple ways, but only one combination of expansions will use up all the letters.

As an example, the first word in the list, "inure," can be expanded by inserting a "J" to make the new word "injure." Having used the "J" for this word, it will not be used for any further expansions.

- inure
- single
- trial
- insect
- sing
- violet
- stare
- freshen
- cattail
- beside
- immoral
- state
- lay
- father
- mediate
- fiction
- canon
- rat
- backboard
- money
- way
- twine
- confer
- horse
- reverse

Puzzle author: Stuart Marquis. For answers, see page 4.

RETURN POLICY

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

- The Paid-In-Full receipt MUST be presented.
- Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce*	Bulk* (incl. Coop-bagged bulk)
Cheese*	Seasonal Holiday Items
Books	Special Orders
Calendars	Refrigerated Supplements
Juicers	& Oils
Sushi	*A buyer is available during the week-days to discuss your concerns.

NEVER RETURNABLE

Refrigerated Goods (not listed above)

Frozen Goods

Meat & Fish

Bread

RETURNABLE ONLY IF SPOILED BEFORE EXPIRATION DATE

Packaging/label must be presented for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

Our Water

By Alison Rose Levy

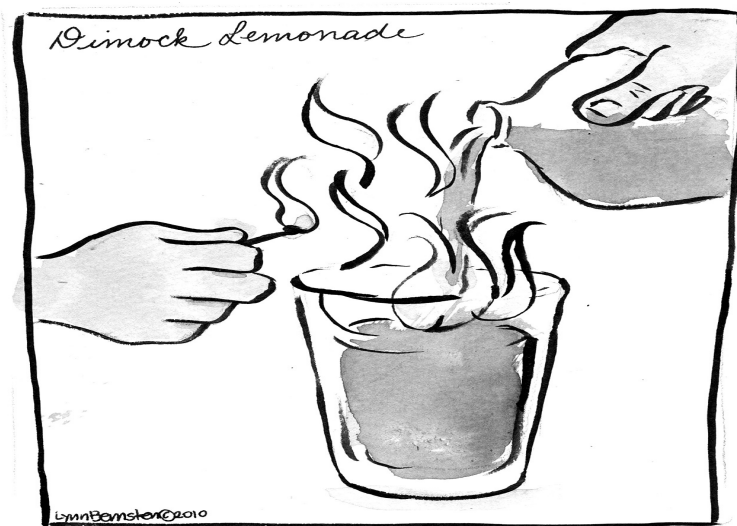
Not all New Yorkers know where their water and local food come from. Whole Foods? The Coop produce aisle? The farmer's market? Somewhere up north? But oil and gas companies know the location of their next big play, and it's in exactly the same place. Upstate New York.

The final weekend in October before November's election, the grass roots group Catskill Citizens for Safe Energy joined New York City activists to speak with people shopping at the Park Slope Food Coop. Catskill Citizens, and Sabrina Artel of the radio program/event *Trailer Talk*. One handout featured a photo of a glass filled with "Dimock Lemonade," water, turgid, brown, and cloudy due to the methane and other chemicals (used in drilling) that it contains. Dimock, a small town in Northeastern Pennsylvania has suffered widespread water contamination, which some residents attribute to drilling activities.

The most oft-repeated comment from both Coop members, and passersby was "Gas, money, water? What a mix! How come I never heard about this before?"

"If a kid tossed his bubble gum into our upstate water sources, the media would scream about a terrorist attack on New York. But here you have the same industries who brought us the Gulf, and we should trust them with our water?" said one alarmed

Brooklyn resident interviewed by Sabrina Artel, host of *Trailer Talk*, of the Marcellus Shale Water Project. Artel drove her bright red mobile trailer down to Brooklyn to launch a public conversation with New Yorkers feet from the Coop entrance. She offered a generous spread of upstate pro-



duce, including crisp Macoun apples, homemade pickles, artisanal cheese, and pumpkin cookies.

Interviewed by Artel, Congresswoman Yvette Clarke (D-NY) who represents Park Slope and neighboring Brooklyn communities said, "New Yorkers rely on pristine water from upstate. We need to preserve this for generations to come. It's something to fight for."

The proposal to drill upstate can potentially affect both sustainable agriculture and the aquifers feeding the upstate New York watershed areas supplying New York City's water. Here's a brief primer about gas drilling and the current activities surrounding it.

Gas Reserves

Gas reserves lie buried deep underground in the Marcellus Shale, an extensive rock formation that extends from Tennessee, and includes much of upstate Western upstate New York. In the Eastern central states and New York the shale is located under the most extensive aquifer system in the U.S.

In an effort to lessen America's dependence on foreign oil sources, within the

last decade, oil and gas companies have promoted so-called "natural gas," as a cleaner alternative to coal. Although companies, like Chesapeake Oil, whose CEO, Aubrey McClendon appeared on *60 Minutes* earlier this fall, frequently claim that "drilling has been around for forty years and it's safe," the specific drilling process has only come into use in the last five years, since the passage of the Bush-signed 2005 energy bill. To mine the shale gas, the companies use nearly 600 chemicals in a controversial process called hydraulic fracturing, or "fracking." A special provision, dubbed the "Halliburton Loophole," was inserted into the Energy leg-

islation by former vice-President Dick Cheney, to exempt these chemicals from the Clean Water Act, the Clean Air Act, the Clean Drinking Water Act, and the Superfund Act. As a result, the chemicals are unregulated, and designated as proprietary. Congressman Maurice Hinchey (D-NY) has introduced the Frack Act in Congress, which, if passed, would put energy companies back into compliance with standard legislation. The bill's fate is uncertain in the 2011 Congress.

Over the last several years, gas companies have drilled in the neighboring state of Pennsylvania. Actor Mark Ruffalo, who is active with Catskill Citizens, and has toured fracking locales in Pennsylvania, reports that "fracking transforms farmlands and wilderness into industrial zones, causing air pollution, generating radioactive waste, and requiring heavy truck traffic to carry hazardous waste to and from the drill sites." In the hopes for a go-ahead from the New York State Department of Environmental Conservation (DEC), companies have leased mineral rights to drill extensively in New York. "Those holding the large land tracts



ILLUSTRATIONS BY LYNN BERNSTEIN

drillers favor are upstate farmers, who have found it harder to subsist on farming due to the subsidies instituted by the U.S. Department of Agriculture (USDA)," says Jill Wiener of Catskill Citizens.

Whose Water?

Five million gallons (per well) of New York's water would be freely appropriated for each well. For each well, "the water is carried to and from the site on tens of thousands of truck loads," says Wiener. Fracking mixes nearly 600 toxic chemicals into that water and injects it underground with earthquake-like force to release the gas. According to Pro Publica (<http://www.propublica.org/article/new-gas-wells-leave-more-chemicals-in-ground-hydraulic-fracturing>), about 85 percent remains in the ground, and the remainder must be trucked away and handled by waste water management facilities. Occasionally the water is used on crops. Due to spills, leaks, explosions, unpredictable underground rock formations, road transport accidents, and faulty cement casings (which are made by Halliburton) fracking fluids have contaminated water supplies and agricultural products across the U.S., says documentary filmmaker, Josh Fox whose Sundance Winning film, *Gasland*, also won the Yoko Ono-John Lennon Grant for Peace, and is nominated for the Academy Award. Fracking uses carcinogenic and neurotoxic chemicals, active at parts per trillion, according to a report by Dr. Theo Colborn, PhD., in the Endocrine Disruption Exchange (www.endocrine-disruption.com). In an internet radio program, (<http://healthjournalistblog.com/radio-show-health-risks-in-drilling-chemicals/>)

Dr. Colborn posits that via endocrine disruption, health impacts can ensue at even low dilutions in water. Professor

Anthony Ingraffea, a senior geologist who is the Dwight Baum, Professor of Engineering at Cornell, is concerned that New York's unique geology, which features irregularities in the rock formations, make upstate drilling an even higher risk to New York City's unfiltered water supply.

Ingraffea also points out that in other states, tax money covers the costs of safety inspectors and training first responders for accidents and explosions. However, in New York, fracking is not currently taxed. "Over the last several years, the DEC staff has been gutted, so New York lacks both the regulatory framework and the inspection staff to monitor these activities for safety," says Jill Wiener.

Lured by the potential for billions in untaxed earnings if they succeed in persuading New York State politicians to allow fracking without taxation, gas companies are accumulating large tracts for sale to even bigger international companies, says Bruce Ferguson of Catskill Citizens. Meanwhile, pro-drilling groups, landowners, and companies have pressured legislators to begin drilling prior to the completion of an EPA study, that will take approximately two to three years. In the interim, last August, the New York State Senate voted by a substantial majority to ban drilling until May 15, 2011. The State Assembly ratified that vote in November 2010. The ban now awaits the signature of Governor Paterson. To participate in ongoing initiatives, contact www.catskillcitizens.org

"We can't allow private industry to go unchecked for the sake of profits. We shouldn't rely on those who rush us through a rapid approval process that assures nothing but their bottom line," said Congresswoman Clarke. "Our bottom line is our water. Making a mistake could jeopardize our water supply, which is an end to life as we know it." ■

Puzzle Answers

inure + J = injure
single + H = shingle
trial + B = tribal
insect + P = inspect
sing + W = swing
violet + N = violent
stare + V = starve
freshen + M = freshmen
cattail + O = coattail
beside + D = bedside
immoral + T = immortal
state + U = statue
lay + Z = lazy
father + E = feather
mediate + C = medicate
fiction + R = friction
canon + Y = canyon
rat + F = raft
backboard + L = blackboard
money + K = monkey
way + X = waxy
twine + G = twinge
confer + I = conifer
horse + A = hoarse
revere + S = reverse

LETTERS TO THE EDITOR

HELP ME LOCATE MY
GOOD SAMARITAN

DEAR COOP,

I need to find the Prince Charming who lent me \$6.50 at the cashier on the evening of Saturday, November 27.

I have lost the piece of paper that had your name and address. Please contact me so I can repay you.

Sincerely,
Jewel Bachrach
917-463-8236

ON GENETICALLY
MODIFIED (GM) RICE
TO THE EDITOR:

Member Mark Dow commented in the *Gazette's* November 18, 2010 issue about the banner with the three-eyed cartoon man, and voiced his opinion about genetically modified (GM) foods, in particular a type of rice, so-called Golden Rice, designed to contain iron and Vitamin A supplementation.

We'd like to respond, as members

of the Safe Food Labeling Committee responsible for the banner. We promote the consumers' right to know what is in the food they buy and eat. Our committee advocates accurate information. This is why we promote labeling of foods to indicate the presence of GM organisms. This will allow consumers to make individual choices based on informed knowledge.

As for Mr. Dow's claims about genetically modified rice, we refer to a February 2009 open letter addressed by a group of 22 international scientists and experts to Prof. Robert Russell at Tufts University School of Medicine, in charge of clinical trials of GM Golden Rice on humans (see, www.bangmfood.org). This letter states that the trials breach the Nuremberg Code, which forbids uninformed experimentation on people. Moreover, the letter contends that Golden Rice:

- is inadequately described in terms of

biological and biochemical makeup;

- has not been shown to be stable over time—the genetic makeup of GM crops as revealed in tests has been found to differ from that described by the bioengineering company. Scrambling of the genome at the site of insertion sometimes occurs;

- has never been through a regulatory /approvals process anywhere in the world.

The authors' concerns are backed by a large body of evidence showing that GM crop/food production produces unintended effects, which can result in damage to health when GM foods are fed to animals. There is no evidence to suggest that Golden Rice is any safer than these GM foods. Nor

is there proof that the extra supplementation of this rice is actually beneficial to those who eat it.

As for undernourished children, we think they and their families also have the right to choose the quality of food, even when it is given by courtesy of the government representing them, particularly since our government has based its

approval of GM foods on the claims of agribusiness rather than proof from doctors and scientists.

We hope this sheds a little more light on Golden Rice and on genetically modified foods in general.

Sincerely,
Kurt Flamer-Caldera and Greg Todd on
behalf of the Safe Food Labeling Committee

TEENS ARE NOT TENS

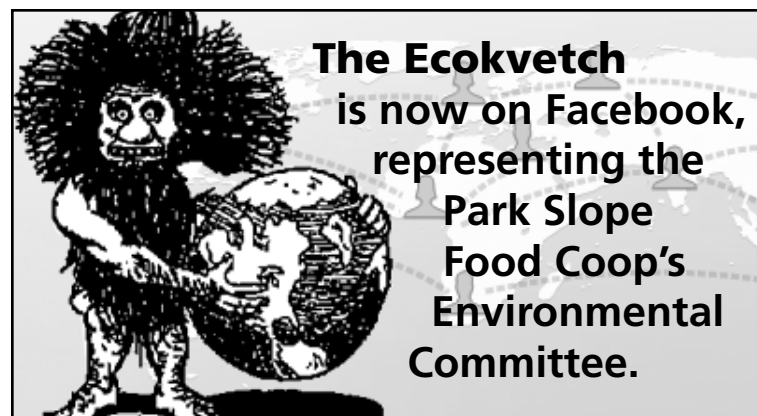
Living with an adolescent
Strains the heart and liver
Making Food Coop parents tremble,
Scream for help and shiver.
Answer is available
—Balk at this, I dare ya—
Pack their bags and tape their mouths,
Ship them to Siberia.
Cold and snow will do their work,
Shrink their pimples enough,
Tone down towering teenage tempers
And (maybe) cool them off.

Leon Freilich

SHOUTING OUT
TO THE EDITOR:

In his recent letter, Michael Esterowitz stated "Suppose that a member has Tourette Syndrome, (TS) and shouts out an obscene word every few minutes while in the Coop." To clarify, the vast majority (85%) of folks living with TS don't exhibit Copralalia—the uttering of obscenities.

Toby Willner



The Ecolvetch
is now on Facebook,
representing the
Park Slope
Food Coop's
Environmental
Committee.



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

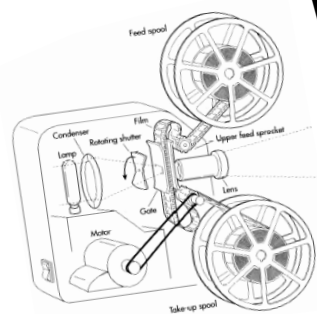
Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

ARE YOU A
BROOKLYN-BASED
FILMMAKER?

Would you like to
screen your work at
the Coop?

Then submit your film
for possible inclusion in
the Coop's Friday Night
Screening Series.



If you're a Coop member you'll receive one FTOP credit for screening and offering a Q+A with your film. If you're not a member, it's still a chance to spread the word about your work and build your fan base by screening for a local audience.

We accept documentary and fiction, both features and shorts (we program shorts as a group). Please email **Faye Lederman** for details at squeezestone@hotmail.com or mail your DVD to: **Faye Lederman, 2000 Linwood Ave, #9E Fort Lee, NJ 07024**



park slope
FOOD COOP

calendar of events

dec 17
fri 8 pm

David Roche and Louis Rosen



David Roche is a singer/songwriter from a family of famous singer/songwriters. (The Roches are his sisters.) His most recent album of original material is *Harp Trouble In Heaven*. **David Kumin** will play bass and Michael Graves will play cajone. **Louis Rosen** is a multi-award winning songwriter, guitarist and pianist best known for his recent recordings and performances with the jazz/pop vocalist and Broadway musical actress, Capathia Jenkins. He will preview selections from his latest song cycle, the folk-based *Time Was*. Accomplished Broadway actress and fellow Coop member **Charlotte Maier** (vocals) has promised to sit in. **Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.) • \$10 • doors open at 7:45. The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.**

To book a Coffeehouse event, contact Bev Grant, 718-788-3741.

dec 18
sat 2 pm

Bowenwork

Bowenwork® is a unique, holistic bodywork that stimulates the body's own healing response. Gentle moves across muscle and connective tissue send signals to the body to relax and move toward balance. There will be a demonstration. **Moraima Suarez** is a Coop member, certified Holoenergetic® healing practitioner, certified Bowenwork® therapist and Reiki practitioner. She has studied and practiced the healing arts for more than 20 years and has her healing practice in the Park Slope vicinity.

dec 18
sat 5 pm

The Body Electric: Control the Electricity Around Your Body

This lecture and hands-on tai chi workshop, given by **Dino Blanche**, discusses how stress is behind the initiation, exacerbation and maintenance of most killer diseases. Stress is an electrical current. Every thought has electricity with enough current to either heal or destroy us. Now, new Western scientific research supports the body's ability to heal itself and the promise of a "new" electro-medicine.

dec 19
sun 7 – 10 pm

Winterfest Pub Night Sing-Along



Join the Fun Committee and the Folk Music Society of New York at Bar 4. Attendees are encouraged to sing/jam together or simply just listen. Enjoy the friendly, pub atmosphere and warm up with hot toddies, spiked apple cider and hot buttered rum all for sale at the bar. Nonmembers welcome. No entrance fee. Come and meet new friends and old! **Event takes place at Bar 4, 444 Seventh Ave. (between 15th and 16th Sts.), 718-832-9800.**

Directions by subway: F train to Seventh Ave. station in Brooklyn (at 9th St.). Walk south up Seventh Ave. Bar 4 is between 15th and 16th Sts. on the west side of the street.

dec 28
tue 7 pm

PSFC DEC General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

Item #1: Rescinding August General Meeting Vote (25 minutes)

Proposal: "The August General Meeting decided to suspend the GM rules so that the discussion item on protecting the word 'coop' became a proposal that was voted on. This decision was made in error and shall be rescinded."

—submitted by the Chair Committee

Explanation: The Coop rules for the General Meeting clearly describe the difference between a proposal and a discussion item: A proposal is decided by a vote. A discussion item is never followed by a vote. The bylaws require that the membership be informed by publishing an agenda before a proposal will be made at the meeting, so that all who have an interest in expressing their opinions may attend and participate in the vote. This rule cannot be suspended because doing so violates the rights of absent members. The rule should not have been suspended, the question should not have been voted on, and the vote should be canceled.

Item #2: August 2010 GM Decision is Void (25 minutes)

Proposal: "We the members agree that the actions taken by the August General Meeting to take up a proposal item and vote on it were improper. We recognize that the votes that took place during the August 2010 GM discussion of a legal action involving the store called Barney's Co-op are void."

—submitted by Elizabeth Tobier

Explanation: "This proposal stems from the discussion that took place during the September 2010 General Meeting on the subject of the improper motions and votes that occurred during the August 2010 GM regarding a legal action involving the store called Barney's Co-Op. The motion to suspend the rules in order to entertain a motion to adopt a resolution, and the votes then carried out concerning that resolution, were improper because notice of the intention to take up a proposal item was not given to the membership in advance of the GM."

Item #3: Establishing a revolving loan fund to support start-up food coops in the NYC area with an emphasis on Brooklyn (30 minutes)

Discussion: "Discuss draft proposal on establishing a revolving loan fund to support start-up food coops in the NYC area."

—submitted by the General Coordinators

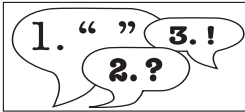
Explanation: Details of draft proposal:

- The fund would be administered by an existing foundation with 501c3 status.
- The PSFC would contribute \$20,000 per year to the fund.
- The PSFC would solicit tax-deductible donations to the fund from its members. We hope that at least 2000 of our members make an annual contribution averaging \$30 each — raising \$60,000 annually.
- After 5 years, if these projections are accurate, the assets of the fund would stand at approximately \$400,000.
- The PSFC would be in an advisory role to the foundation.
- The loans would be made with very low interest rates and very small loan repayments in the early years, so as to support development in coops' early years. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

jan 4
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, January 25, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

jan 6
thu 7:30 pm

Food Class: Easy Indian



Alia Dalal will prepare some of her favorite Indian home and restaurant dishes. She will discuss classic techniques and ingredients for easily creating a flavorful Indian feast at home. Dalal is completing her formal culinary studies at the Natural Gourmet Institute for Health and Culinary Arts. Favoring healthy, vibrant vegetarian cuisine, her culinary tastes are particularly informed by her Indian and Pakistani heritage. Dalal does cooking demonstrations at the Tompkins Square Greenmarket in Manhattan, and in October 2010, she was named Healthy Cook of the Year by *Cooking Light* magazine. *Menu includes sweet tomato and coconut dal; saffron and pea basmati rice; cilantro chutney; baingan bhartha (spicy eggplant puree); and dalal family masala chai. Materials fee: \$4.*

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



dec 17 2010—feb 1 2011

jan 7
fri 7 pm

Film Night: The House of Suh



One of Chicago's most famous murder cases surrounded sister and brother Catherine and Andrew Suh, first-generation Korean Americans, who conspired against, shot and killed Catherine's former boyfriend. Over a decade later, director Iris Shim revisits the case and opens a Pandora's box of family secrets that reveals the murder to be anything but black and white. What emerges in *The House of Suh* is a riveting and tragic portrait of a troubled family, which sheds light on the psychological complexity of cultural assimilation. **To book a Film Night, contact Faye Lederman, squeezestone@hotmail.com.**

jan 11
tue 7 pm

Safe Food Committee Film Night: Lay It on the Table



Lay It on the Table explores topics ranging from aphrodisiacs to rooftop bee keeping, providing highly relevant but often subtle insights on one of America's most complex, intimate and necessary relationships. Each segment is a sensory adventure, exploring food themes through simple, powerful stories. Intimate verité footage, compelling interviews and vibrant mouth-watering food images provide a unique, exciting, informative forum to explore the spectrum of debates and pleasures attached to our food experiences. Filmmakers in person!

jan 8 & jan 16 Auditions for sat 10-1 & sun 12-2 Coop Kids' Variety Show



Auditions for Coop members ages 4-18. You must audition to be in the show, which will be held Saturday, March 5, 7:00 p.m., at the Old First Church. A polished act is not required for the audition; we can help you polish it. Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please). We look forward to hearing from you! **To reserve an audition spot, contact Martha Siegel at 718-965-3916 or msiegel105@earthlink.net.**

jan 8
sat 3:30 pm

Eat Well, Be Well in 2011

Make a fresh start for the new year. Learn how to nourish your body to feel great. This workshop will teach the basic principles of a balanced, sustainable diet and strategies that will leave you vitalized and energetic. No gimics, no fads, no deprivation! Eat with pleasure, love food and find out how to use food to be healthy, so you can lead a fulfilling and inspiring life. **Laura Stadler, MS, RD**, has been a Coop member since 2006. She is a registered dietitian and has a Master's Degree in Nutrition.

jan 8
sat 5 pm

Knit & Sip

Knit & Sip in a relaxing atmosphere with Coop members **Naeemah Senghor** and **Jennifer Von Graevenitz**. Learn the basics, make new friends and have fun. All levels are welcome. Children are welcome. Refreshments will be served. Materials fee is \$5.

jan 9
sun 12 pm

Pilates 101

Pilates can re-shape your body, lengthen your spine, strengthen your muscles, create a greater sense of body awareness and bring grace and fluidity into your movements. Come and find out how, with an experienced local teacher. All levels of fitness are welcome to join this 45-minute class, which will focus on the basic Pilates matwork exercises. **Amie Castaldo** is a certified Pilates instructor and has been teaching Pilates for four years.

jan 14
fri 7:30 pm

Meet Your Mind

A class in basic meditation. The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives. This is a basic meditation class for beginners and anyone who would like a renewed understanding of the technique. Coop member **Allan Novick** has practiced meditation since 1975 and is a meditation instructor at the New York Shambhala Center and Nalandabodhi New York.

jan 15
sat 10:30 am

Increase Your Child's Social And Emotional Intelligence

Research has been revealing the importance of social and emotional learning in promoting a child's development. Through this workshop, you will learn the benefits, strategies and available resources to help increase your child's social and emotional intelligence. Coop member **Fallyn Smith, LMSW**, is a licensed Master Social Worker and credentialed school social worker. She teaches social and emotional learning to children in Brooklyn and Manhattan.

jan 15
sat 2 pm

Diversity Awareness Initiative Series: Transgender 101



A lawyer and mother of three, including a transgendered child, **Caryn Keppler** will explain the physical, psychological, social and legal issues facing transgendered people from a personal and professional perspective. Keppler is a partner at the law firm Hartman & Craven LLP and has extensive experience in all aspects of estate, gift and charitable planning for foreign and domestic individuals, conventional and alternative families, as well as business succession and continuity planning. The Diversity Awareness Initiative Series will include film screenings, moderated discussions, presentations and workshops. Events will address issues related to race, gender, sexual orientation, disability, age, culture, ethnicity and socio-economics.

Send event proposals to: psfc.diversity@gmail.com. PSFC members who present as part of the event series are eligible to receive work credit.

jan 21-22
fri-sat 11 am-6 pm

Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

still to come

jan 21 *The Very Good Coffeehouse Coop Concert Series*

jan 29 Your Divine Nature

jan 23 Take Action on Your Dreams

jan 30 A Workshop on Effective Communication

jan 25 PSFC JANUARY General Meeting

feb 1 Northern Italian Cheeses

jan 28 *Wordsprouts: The Reading Series*

feb 1 *Agenda Committee Meeting*

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.

Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.

Saturday
6:00 a.m. to 10:00* p.m.

Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: New Media Printing, Bethpage, NY.

Friday
Jan. 21

8:00 p.m.

very
The Good Coffeehouse
COOP CONCERT SERIES

A monthly musical
fundraising partnership of
the Park Slope
Food Coop and
the Brooklyn Society
for Ethical Culture

Cabaret/songwriting duo **Jennie Litt** (singer/lyricist) and **David Alpher** (pianist/composer) take the stage with a collection of original cabaret songs — which, if not quite classics yet, may surely be dubbed "pre-classics" — tackling topics as diverse as the nature of opening numbers, the life-cycle of apples, the cryopreservation of embryos, women's lingerie and the gym as existential metaphor. David's sophisticated, tuneful, humorous music embraces styles from jazz to blues to faux Dvorák and beyond. The songs are strung together by the couple's usual lame attempt at patter, which means that whether you're laughing with them or at them, we can nevertheless guarantee that you'll be laughing.



Jody Kruskal (Anglo concertina and vocals) and **Paul Friedman** (fiddle) have been playing traditional music in New York City and beyond for more than 30 years. They performed at the 2009 Broadstairs (UK) folk week. Jody sings traditional old-time American songs. Their duets reflect the decades of playing for American and English dancing. The tunes played by this unique concertina and fiddle duo are from the Northeast and the Southern Appalachians, Quebec, Shetland and elsewhere.



53 Prospect Park West [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Monthly on the...

Last Sunday
DECEMBER 26
10:00 A.M.—2:00 P.M.

Second Saturday
JANUARY 8
10:00 A.M.—2:00 P.M.

Third Thursday
JANUARY 20
7:00 P.M.—9:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

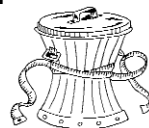
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



This Issue Prepared By:

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Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

WORKSLOT NEEDS

Bathroom Cleaning

Tuesday 12 to 2:00 p.m.

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.

Cash Disbursed Bookkeeping

Monday, 6:00 to 8:45 p.m.

Do you have neat, legible handwriting and like to work with numbers and calculators? You will be transferring information about checks written from individual vouchers into the cash disbursed journal and adding it up. Attention to details

(especially working with numbers) is a must. You need to be a member of the Coop for 6 months to be eligible for this workslot. If you are interested, please call the Membership Office to speak to Renee St. Furcy, Monday through Thursday, or email her at renee_stfurcy@psfc.coop.

Office Set-up

Tuesday, Thursday 6:00 to 8:30 a.m.

The Coop needs an early riser with lots of energy to do a variety of physical tasks including setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? Please speak to Adriana or Cynthia in the Membership Office for more information.

Laundry and Toy Cleaning

Saturday 8:30 to 10:30 p.m.

This workslot has two responsibilities. You will load laundry into the dryer, fold it and redistribute it around the Coop. While the laundry is washing/drying, you will clean toys in the child-care room. You will be working with a partner on these tasks. Please contact Annette or Jana in the Membership Office for further information.



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m. Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

TUE, DEC 28

GENERAL MEETING: 7:00 p.m.

TUE, JAN 4

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Jan 26 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Dec 30 issue: 7:00 p.m., Mon, Dec 20

Jan 13 issue: 7:00 p.m., Mon, Jan 3

CLASSIFIED ADS DEADLINE:

Dec 30 issue: 7:00 p.m., *Mon, Dec 20

Jan 13 issue: 7:00 p.m., Wed, Jan 5

*Deadline is two days earlier than usual.

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, December 28, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.)

The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet.2.Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

Contemplating Retirement

By Joan Arnold

I am standing at the cashier waiting to pay. He notices my membership number, knits his brow and looks up. "Fifty-five?" Yes, that's my number. "Were you one of the first members?" he asks. I see his surprise that I'm relatively well preserved.

"No, I was one of the first to get a photo ID. I joined in '79." Then I might regale him with a picture of How It Used to Be. "We just had the store upstairs. You had to pre-order your vegetables. We had no carts. You loaded up your box and kicked it around the store."

I am a baby boomer. I am a latté-sipping, arugula-munching, granola-chomping, Washington-marching, organic-eating New York Jewish liberal, dyed in the wool Coop material. I moved to Park Slope in 1979 to join four other 30-something women in a brownstone on Garfield Place, down the street from the boarded-up buildings that are now snazzy condos. Membership was a requisite for joining the household.

Over all the intervening years of working and shopping, I have witnessed, from a distance, the wrangling over new products. Could we sell Pepperidge Farm cookies? White sugar? Meat? I have seldom joined in the weighing of our many controversies: the descent from upstairs to downstairs, the acquisition of Cline's Carpet for expansion, the question of expansion itself. And latest to be debated and decided was the unthinkable: liberation from the work shift.

With the exceptions for pregnancy, parenting and disability, the Coop's

basic tenet is that everyone who can works. That strikes a deep chord. I believe that participation in the mechanics of our food supply affirms my connection to the world, and makes the Coop successful. When I heard I could actually retire from my shift, I felt giddy. As a self-employed bodyworker, this is probably the closest to retirement I'll ever get. Still, the fact that I can shop without working doesn't sit that well.

You'd think I'd be relieved. Who has not, except the most compulsive among us, unthinkingly missed a shift? Who has not slapped his or her forehead with the horrified realization that he or she would now have to do two shifts? The first time I saw my new husband in the depths of despair was such a time, as he contemplated an endless future of multiplying makeups.

But in fact, I love working at the Coop. For all these years, I've done an 8:00 a.m. shift. I've floated in and out of squad leader-hood. I made the leap from weighing vegetables on hanging scales to the whiz of the scan system. I've fought with checkout people when I was in a bad mood or they were. I've seen the crazies and the unfailingly cheerful. When my doctor left the medical profession to raise organic beef upstate, I lost a diagnostician but gained a reliable pro-

tein source. I've been grateful for the vegetables that nearly jump off the shelves, for the research, screening and selection of good local sources. I've been alarmed at normal grocery stores, with their groaning vegetables and the inevitable sticker shock.

I'm amazed that an organization of 16,000 human souls actually works, that by cooperatively shouldering the burden of an essential service we can make it economical and life-enhancing. And what a community! On Thursday mornings I catch up with the yoga teacher, the theater actor/director, the fitness editor/writer, the philosopher/rock climber and the guy with the greatest iPod lineup, laying down a groove for our morning.

And now I can retire. I am over 60 with 30 years of membership. No one's forcing me. There are too many members and too few workslots, so I could bow out for the next generation. I applaud those who do. We've paid our

Member Contribution

dues. And I could use that 2½ hours. But I feel the tug of community, to being a participant, not just a shopper. The Coop provides endless opportunities for drama and satire, and I have shared belly laughs or sadness at some of the hilarious or tragic collisions that occur in a multi-ethnic, variously sane, multi-everything collection of real human beings, trying to get something important done.

But the fact is, we do. When our once-hopeful democracy is breaking our hearts with dysfunction, we are here in a Brooklyn bubble. We get good food at good prices. We get entertainment value. We have amazing conversations.

Ask me again in a couple of years, but for the moment, I'm staying. ■

Joan Arnold is a writer and teacher of the Alexander Technique and Anusara Yoga.

Winter Holiday Hours

Christmas Eve, Friday, 12/24
Christmas Day, Saturday, 12/25

8:00 a.m. – 5:00 p.m.
8:00 a.m. – 2:30 p.m.

New Year's Eve, Friday, 12/31
New Year's Day, Saturday, 1/1

8:00 a.m. – 5:00 p.m.
10:30 a.m. – 5:00 p.m.

The Membership Office will be CLOSED on Saturday, December 25, and Saturday, January 1.

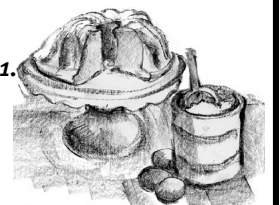


PHOTO BY JULIE GABRIEL

Carrotman

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

SUN, DEC 19

Brooklyn Public Library Chamber Players: Free Concert in the Dweck Center at the Central Library at Grand Army Plaza. Music of Schubert and Ewazen. Adela Pena and Harumi Rhodes, violin; Ah Ling Neu, viola; Roberta Cooper, violoncello; Peter Weitzner, double bass. 4 p.m. www.brooklynpubliclibrary.org.

WED, JAN 5

FOLK OPEN SING: Come sing

with us the first Wednesday of every month. Bring voice, instruments, friends. Children welcome. Cohosted by the Folk Society of NY, the Ethical Culture Society & the Good Coffeehouse. At the Ethical Culture Society, 53 Prospect Park West. 7:30–10:00 p.m. Info: 718-636-6341.

SAT, JAN 8

Peoples' Voice Cafe: Reggie Harris; John Fromer. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). Info: 212-787-3903 or

peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

SAT, JAN 15

Peoples' Voice Cafe: Tony Bird. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). Info: 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON THIRD St. B+B-beautiful parlor floor thru apt. Queen bed, private bath, kitchen, deck, wi-fi, sleeps 4 or 5 in privacy and comfort. Located in the heart of the Slope. Call or visit us on the web. Jane White at 718-788-7171, houseon3st.com. Let us be your Brooklyn Hosts.

CLASSES/GROUPS

ARE YOU THE PARENT OF A CHILD WHO LOVES TO DRAW? Award-winning illustrator Juliette Borda teaches drawing to kids age 7-12 at Brooklyn Society for Ethical Culture. After-school classes begin week of Jan 10. justdrawingforkids.tumblr.com E-mail justdrawingforkids@gmail.com for more info or a registration form.

ONE-DAY ANIMATION WORKSHOP for kids age 10-14. January 8th, 12-4. Instructors: Roberta Bonisson, Laurie O'Brien. Contact us at info@theshedspace.org. Call 347-522-1804 or visit www.theshedspace.org.

PRIVATE INSTRUCTION AVAILABLE for infant massage classes. Learn how to soothe colicky babies, increase and promote nurturing touch, promote bonding experiences, relaxation and better sleep. santosojeannine@yahoo.com.

YOGA FOR BEGINNERS on Friday mornings. Beautiful, pristine studio one block from the Coop. Small classes, personal attention and a 10% discount on class cards for PSFC members! For details on this and other classes, visit Jenniferbrilliant.com.

TUTOR AVAILABLE K-5. Retired public school teacher. 30 years experience. All subjects: E.L.A., math, literacy, test prep, art, high school portfolio prep. South Slope location or your home. www.risajohnsontutoring.com, www.risajohnson.com, 718-369-0647.

DE-CLUTTER SUPPORT GROUP forming in January. Start 2011 by creating more space in your home or office. Learn to manage paper; file and dispose of unwanted clothes and possessions to make room for new things entering your life. E-mail Susan Kranberg at susan@simplesolutionsny.com or call 718-965-1809 for details.



COMMERCIAL SPACE

COLON HYDROTHERAPY office available. Great Park Slope location. Near F, G, R trains. Separate entrance and waiting area. Large comfortable treatment room. Set up and equipped for gravity. For more details, please call: 718-965-9458.

PART TIME OFFICE SHARE. Beautiful, cozy office space available on garden brownstone block steps from Coop. 2 treatment rooms, consult room, waiting area & restroom. Available M/F 3-9, W 3-6 & all day Sunday. Contact Sally @ 718-398-5284 or sally@sallyrappeport.com.

SERVICES

TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718 965 0214. D.O.T. #T 12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.



ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tgucionelaw.com.

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: Katie@papermoonmoves.com or visit www.papermoonmoves.com.

MADISON AVENUE HAIRSTYLIST right around the corner from the Food Coop. So if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.



PAINTING & WALLPAPERING. 25 years experience restoring cracked walls & ceilings. Zero-VOC paints available. Call Fred Becker 718-853-0750.

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HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Color highlights, low lights, hot oil treatments. Adults \$35 Kids \$15 Call Leonora 718-857-2215.

BOOKKEEPING ASSISTANCE from an accounting professional. If you are self-employed and tracking your business finances is a hassle, I can help. Julia Fitzgerald 718-853-0424 or julia@fmsimplified.co. Sliding scale starting at \$50/hr.

SERVICES-HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure magazine. Dr. Gilman 212-505-1010.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

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Brooklyn Acupuncture Project Presents
Hungry Heart: Understanding Emotional Eating
A lecture by Certified Nutrition & Wellness Counselor
Erica Duryea
Sunday, December 19th, 6:00 – 7:30PM
530 3rd Avenue, # 4F, between 12th & 13th Streets

Suggested Donation: \$20
Space is Limited.
RSVP at 718-369-0123
or email bapnyc@yahoo.com



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Mina 917-881-9855.

YOGA FOR EVERY BODY Stressed out? Baby boomer feeling stiff? Yoga can relieve back pain, aching knees, arthritis...and get strong, energized, flexible. Convenient Park Slope studio or in your own home. Call Mina 917-881-9855.

WHAT'S FOR FREE

Mason & Hamlin upright piano. Steelcase desk, 30 x 60, 6 drawers. Pair arched doors with raised molding each 28 x 95 (short side) & 101 (long side). Downtown Brooklyn, Eleanor, 718-522-3561.

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

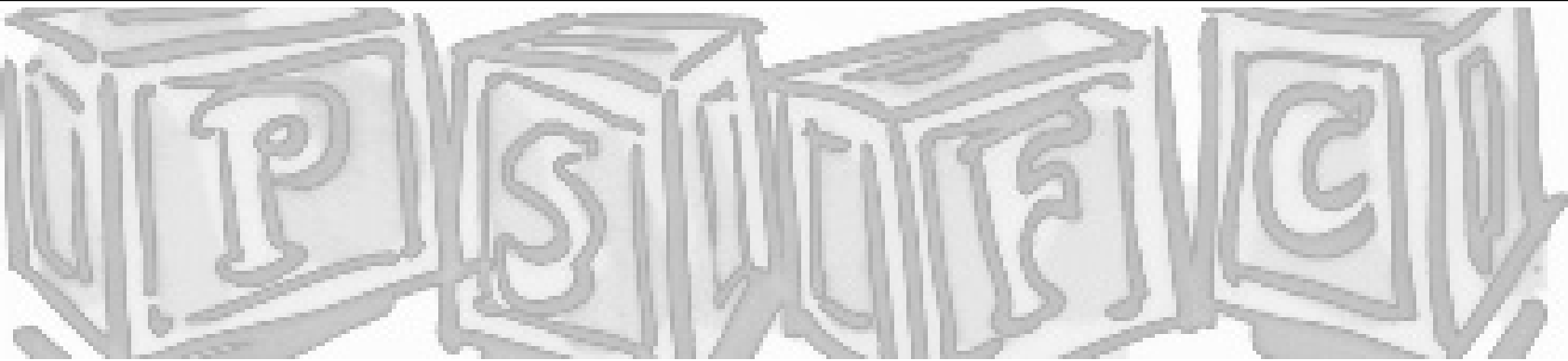
Read the *Gazette* while you're standing on line OR online at www.foodcoop.com



WELCOME!

A warm welcome to these new Coop members who have joined us in the last four weeks. We're glad you've decided to be a part of our community.

Keturah Abdullah	Keisha Carter	Davia Fehrenbach	Ryutaro Ishikane	Michelle Lindenblatt	Rose Perez	Jaime Smith
Naomi Adiv	Cathy Carver	Nia Felder	Philip Jacob	Jennifer Lindsay	Jenna Perry	Shannon South
Gethin Aldous	Lawrence Cheng	Alec Fellman	Jonathan Jacobs	Gustavo Lopez	Victoria Petro-Conroy	Miriam Stamm
Monica Aparicio	Caroline Chung	Leah Flax	Ashley Jaksa	Joshua Lovelace	Lidiia Piddubna	Erica Stella
Susan Apfelbaum	Annie Cloke	Janet Franco	Ranah Jallad	Lauren Maltese	Kendall Pippin	Malka Stern
Melissa Appleton	Deborah Coates	Max Gabath	Sophia Janowitz	Adrienne Mason	Susan Poliwka	Megan Sullivan
Joanna Arnow	Russell Coates	Natalie Galazka	Alicia Jay	Anna Massey	Stephanie Prepon	Chris Tabron
David Aufox	Jennifer Cohen	Frank Gallo	Diana Jimenez	Maciel Matias	Drengk	Karen Talaid
George Awad	John Conroy	Melissa Gardella	Hectoria Johnson	Maedhbh (Maeve)	Daniel Quaranta	Jamie Tilson
David Bain	Elizabeth Cook	Jennifer Gaudiomonte	Jeremy Johnson	Mc Cullagh	M. Therese Ragghianti	Sarah Todd
Jules H. Bakshi	Edward Cotton	Nathaniel Gelb	Patrick Johnson	Daniel McAdams	Brian Ralph	Sandra Tomita
Gina Barrett	Bernadette Dagist	Michael Geraci	Andrea Joler O'Neill	Patrick S. McCarty	Moses Ramirez	Devora Unger
Mike Barry	Joseph Dagist	Emily Gilbert	Ashley Joler	Megan McCormick	Bonney Rawley	Farrah Unger
Christopher Baum	Patricia Daly	Amy Glaser	Chris Jones	Terry McCoy	Leah Reitz	Jennifer Van Santvoord
Natalie Beall	Rachel Darcy	Mallory Glaser	Daniel Kaller	Patricia McDonald	Stefan Roessel	Tobey Van Santvoord
Andrew Bean	Tim Darcy	Erin Gleeson	Elisa Kammeyer	Will McEvoy	Barbara Rogers	Josh Velasquez
Emily R. Bell	Elise de Jong	Gabriel Gomez	Mickey Kammeyer	Emily Michael	Charmel Rogers	Christine Verleny
Larry Berkowitz	John DeChellis	Erin Gordon	Margret Karner	Fred Michael	Briana Rognlin	Terra Vetter
Alex Bershaw	Marilyn Dixon	Ramsay Gordon	Gina Kathleen	Laura Michonski	Mike Romano	Margaret Wadsworth
Jeremy Borer	Amelia Dombrowski	Kennedy Gorgey	Andrew Kennedy	Michelle Morales	Anne Rosellini	Julianne Warren
Ted Bosworth	Diana Donus	Lenise Graddy	Kevin Kilroy	Mailande Moran	Benjamin Rosenthal	Silke Weber
Wilson (Chuck)	Andrew Doro	Jayson Greene	David Kirby	David Moyer	Jonathan Ross	Rose Weil
Bourg IV	Robert Drayton	Stacy Greene	Michele Kirwan	Theodora Mufarrij	Robert Rugelis	Yuna Weiss
Christopher Bowe	Sebastian Drengk	Tamar Gressel	Ana Kreacic- Lekovic	Jesse Myers	Chloe Safier	Joseph Weissman
Michelle Bredeson	Madeleine Dubus	Juan Guerrero	Loren Kulesus	Tavaysia Myers	Julio Salcedo	Andrew White
Eric Brelsford	Reginald Duvivier	Maria Gurvichilte	Johanna Lafferty	Hope Anne Nathan	Steven Schiff	Aparna Wilder
Barbie Brillantes	Walter Dziduch	Stephanie Hafer	Joshua Lahey	Lucy Neave	Michael Schlager	Zoe Winters
Greyson Brooks	Elizabeth Edmund	Jamie Hall	Doreen Lam	Arnold Nelson	Lina Semanaviciute	Molly Wolosky
James Bullen	Julia Ehrman	Keva Hall	Jonathan LaPearl	David Newman	Kyler Serfass	Hans Yoo
Joe Blaz Bush	Linda Eichling	Ashley Handel	Pierre Le Hors	Nicole Norkin	Heather Shannon-	Douglas Young
Ana Busto	Greg Ellingson	Tangier Harper	Gladys Lee	Niall O'Hegarty	Quaranta	Luke Yu
Joanne Callahan	Douglas Elsass	Michaela Hayes	Caleb Leisure	Kevin O'Neill	Jackson Sherratt	Andrew Yurko
Elena Camerin	Elizabeth Elsass	Shannon Hayes	Djordjije Lekovic	Jennifer Orbom	Jenny Shoukimas	Tamara Zahaykevich
Melissa Capasso	Katherine Erickson	Erik Hedblom	Nancy Leong	Fernanda Page Poma	Janine Silva	Janaki Zaremba
Bethany Caputo	Jennifer Esdale	Gretchen Henson	M. Dru Levasseur	Adam Panarella	Ken Sims	Mo Zeilingold
Andrew Carbone	Crystal Esteves	Katrin Hohensinner	Angela Lewis	Ronnie Parisella	Sushil Singh	Arna Zohlman
Sarah Carlson	Robert Esteves	Morgan Holland	Ashley Lewis	Shelley Pasnik	Lisa Skeen	Zachary Zohlman
Benjamin Carrier	Esi Evans	Grant Huang	Caroline Lewis	Alison Peckett	Howard Slatkin	Colin Zug-Moore
Alison Carroll	Justin Fallers	Elaina Hull	Fryda Lidor	Francois Penard	Chanti Smith	
Louvina Carson	Alla Farberova	Tim Hutchings	Roi Lidor	Jony S. Perez	Charise Smith	



THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Claire Adams	Beverly Brooks	Elizabeth G.	Hannah Kane	Victoria Misrock Stein	Kate Petty	Julie Stanley
Lenny Adler	Alison Buckley	Kaitlyn Gentile	Andrea Kannapell	Jennifer Monn	Doug Popovich	Matt Stanley
Michele Arrieta	David Cahn	Justin Gerry	Sara Katz	Hannah Moore	Jordan Propper	Radhika Singh
Zev Averbach	Sarah Caufield	Victoria Gillen	Cheri Keeler	Mical Moser	Julie Raskin	Vivian Siu
Avey	Brian Chavez	Elizabeth Gold	Andrea Kemelor-Dobro	Weronika Murray	Johanna Rectra Cogan	Jesse Sweet
Oliver Baranczyk	Ashok Childs	Alissa Green	Nellie Killian	Gloria N.	Marshall Reese	Vita T.
Arnold Barkus	Jean-Claude Chetrit	Katherine Gressel	Kathryn Kooistra	Christina Najarro	Heidi Reinberg	Tara Tabassi
Marie Barnett	Rachel Ciporen	Lilly Gunther	Patrick Kwan	Chris Niles	Jean Rohe	Virgil Talaid
Alejandro Barragan	Delka	Gabrielle Hamill	Melanie Lavelle	Sara Nolan	Steve Rubinstein	Veronica Thomas
Rebecca Bateman	Kirsten Denker	Brandi Harper	Shia Levitt	Erica Nooney	Jessica S.	Jenni Tonti
Holly Batistick	Kyle Depew	Miguel Heberle	Jojo Li	Gareth O'Brien	Yankl Salant	Aaron Unger
Priscilla Becker	Cadence Dubus	Thyra Heder	Nicholas Listrani	Maureen O'Brien	Erica Sanders	Liz V.
Daniel Beeby	Dustin	Michelle Hewryk	Deirdre Lovell	Rios O'Leary-Tagiuri	Kathryn Sanders	Josiah Venter
Sarah Bell	Erica	Hannah Hirschland	Alice MacDonald	Lauren Ohayon	Justin Scarborough	Sabrina Waijers
Nicholas Bergson-	Vilma Farkas	Joanna Hook	Fayre Makeig	Olga	Frances Schamberg	Rachel Weinberger
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