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LINEWAITERS'

GAZETTE



Volume FF, Number 8

April 21, 2011

GENERAL MEETING REPORT

Ballooning Produce Prices, Radioactive Milk and Gross Margins Explained

By Allison Pennell

Allen Zimmerman was in the limelight at the March 29 General Meeting: debunking radioactive produce reports, explaining recent pricing fluctuations and even having a Japanese film crew on hand to preserve the moment for posterity. Plus it was his birthday. And Joe Holtz's too. All the night lacked was a giant organic birthday cake.

Price Fluctuations

The first open forum questioner asked about the seemingly astronomical rise in food prices lately at the Food Coop.

In an ironic twist, some non-organic fruits and veggies are as expensive as, if not more so than, organic ones.

As Allen Zimmerman explained, while prices at the PSFC are 21% above wholesale and fluctuate hundreds of times in any given month, recently "produce prices are changing so much, I can't even predict two days out. Some of the prices are pretty shocking."

Scarcities and hard-hit crops have meant that all bets are off this year. Some

produce particularly pricey or altogether absent at the moment: organic cukes at \$3.88/lb, Haas avocados, non-organic limes, Thai coconuts, non-organic carrots, Romaine hearts, spinach, leafy greens, non-organic fennel, eggplant. In fact, in an ironic twist, some non-organic fruits and veggies are as expensive as, if not more so than, organic ones.

Threats of Radiation

When asked about foods that help combat radiation and whether the Coop has a Geiger counter (uh, that's a no!), Zimmerman said that while he doesn't want to diminish people's concerns, there are people in Japan who urgently need supplies like iodine tablets right now and the PSFC would not want to undermine them by hoarding what we don't need.

Better, he said, to tally up what you'd spend on protecting yourself from a hypothetical and unlikely threat and make out a check in that amount to the Japan International Volunteer Center instead (at ngo-jvc.net/en/). Over 80% of donations go directly to emergency medical aid.

Zimmerman did quickly reel off a list of foods thought to help fight radiation, including garlic, onion, cauliflower, cilantro, kiwi and laxatives to shed poisons if you've been exposed.

PSFC inventory turns over more than four times as fast as the typical big cooperative grocery.

As a cancer survivor who has undergone radiation therapy, Zimmerman said that you'd run more risk of radiation poisoning from your cell phone than from Japan's nuclear facilities. There are no detectable levels of radiation in California, and Zimmerman clarified that Japan is not in a position to export anything, let alone contaminated foods.

Going Paperless

Member Sabine Hoffman asked if the Coop is considering going paperless. To which General Coordinator Jess replied, with some chagrin: "In general, the Coop is absolutely behind the times in terms of going paperless and we're aware of this and working on it."

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Magical Mushrooms

ILLUSTRATION BY CATHY WASSYLENKO

By Nicole Feliciano

No. We're not talking about the kind of mushrooms consumed at psychedelic concerts. Our friends the fungi are responsible for some pretty amazing things in the world of health and science. What may end up on our grill or salad can potentially save lives of humans and delicate ecosystems—Mother Nature to the rescue.

CONTINUED ON PAGE 2

Next General Meeting on April 26

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. * The next General Meeting will be on Tuesday, April 26, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this Gazette and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue. * Exceptions for November and December will be posted.

Coop Event Highlights

- Fri, Apr 29 • Band Nite at Jalopy Theatre 8:00 p.m.**
Thu, May 5 • Food Class: Flavors of Mexico 7:30 p.m.
Fri, May 6 • Film Night: The Mad Cow Investigator 7:00 p.m.
Sat, May 7 • Food Drive 9 a.m.–7:00 p.m.
Sun, May 8 • Food Drive 9 a.m.–7:00 p.m.
Tue, May 10 • Safe Food Committee Film Night: Bananas! 7:00 p.m.

Look for additional information about these and other events in this issue.

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Magical Mushrooms

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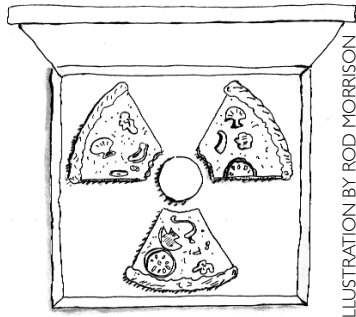
Fit for Fungi

Though the Coop only stocks a dozen or so varieties, there are more than 3,000 edible varieties of mushrooms. And for almost as long as humans have been eating these beauties, they've also been used in other ways to boost health.

Roughly 700 varieties of mushrooms are known to possess medicinal properties. Though you should never eat what you can't identify, the good news is fewer than one percent of mushrooms are recognized as poisonous. New studies pop up each year linking mushrooms to advancements in health.

Medical Marvels

It's not news that mushrooms have been used in medical research. Traditional



Chinese Medicine has a long history of using mushrooms for healing purposes. Recent medical studies prove time and again that these storied methods of healing have merit.

What's so special about the mushroom? Studies suggest that mushrooms are probiotic, which means that they help our body fight off illness and aid in the natural resistance to disease. That is one of the reasons they are currently used as adjuncts to cancer treatments in Japan and China.

Over the past few decades major advancements in

medicine have come from mushrooms (fungi). Did you know the first antibiotics were extracted from fungi? Thanks to Cyclosporine (a drug derived from a fungus), organ transplants are more successful. Cyclosporine suppresses the immune system of transplant patients, hence lowering tissue rejection rates.

Healthy Habits

Mushrooms are a valuable food resource. They are low in calories, high in proteins, fiber, essential amino acids, vitamins and minerals. One of the most popular mushroom varieties, the oyster, has been shown to lower unhealthy cholesterol and have anti-cancer properties.

Oyster mushrooms are high in nutrients, containing significant levels of zinc, iron, potassium, calcium, phosphorus, vitamin C, folic acid,

niacin, and vitamins B-1 and B-2—all good news when it comes to battling cancer.

Beyond the Salad Bar

While health benefits of the medical sort are astounding, there's more good news. The oyster mushroom is also helping to clean up the environment. According to a 1997 study published in the *Journal of Agricultural and Food Chemistry*, oyster mushrooms have significant antibacterial activity. The study found that the active compound from the mushroom called benzaldehyde has been shown to reduce bacterial levels. Benzaldehyde may form on the mushroom as a

reaction to stress.

The oyster mushroom is considered to be an aggressive species. It grows in large clusters with caps that can measure up to 12" in diameter. Scientists have been using this fast-growing type of mushroom to battle radiation. In a recent article, "Do Fungi Feast on Radiation?" by David Biello in *Scientific American*, the author shared some pretty exciting findings about the ability of mushrooms to help clean up the environment after a nuclear disaster.

Dirty Work

In his article, Biello shared discoveries that melanin-con-

Coop Job Opening: Membership Coordinator

Description:

The Coop is hiring a Membership Coordinator to fill an afternoon/evening and weekend schedule. Membership Coordinators divide their time between shifts of approximately 6 hours in the Membership Office, Technical Support shifts of approximately 6.5 hours working on the shopping floor, and oversight/ coordination of the Coop's administrative functions. Applicants must have excellent people skills, excellent communication and organizational skills as well as patience, comfort with computers and computer technology, and the ability to do detailed record keeping. Applicants should be able to remain calm in hectic surroundings, oversee the work of others, teach and explain procedures, delegate work, give feedback, pay attention to several things at once and maintain high standards of accuracy.

As a retail business, the Coop's busiest times are during traditional holiday seasons. Applicants must be prepared to work during many of the holiday periods, particularly in the winter.

Hours: Approx. 38 hours in 5 days/week: Thursday–Monday. Weekday schedule will be afternoon/evening hours (some shifts until 11:30 p.m.). Saturday and Sunday hours will vary, though shifts are between 5 and 8 hours in length.

Wages: \$23.88/hour.

Benefits:

- Health insurance
- Pension plan/401(k) plans
- Vacation—three weeks/year increasing in the 4th, 7th & 10th years
- Health and Personal time

How to Apply:

Please provide your résumé along with a cover letter stating your relevant qualifications, skills and experience. Materials should be e-mailed to hc-membershipcoordinator@psfc.coop. Please put "Membership Coordinator" in the subject field. Applicants will receive an e-mail acknowledging receipt of their materials. Please do not call the Office to check on the status of your application. Applications will be reviewed and interviews scheduled on a rolling basis until the position has been filled. If you applied to a previous Coop job offering, please resubmit your materials.

Probation Period:

There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least six months immediately prior to application.

No Membership Office experience necessary to submit application materials. However, in order to be considered for an interview applicants must have worked at least four shifts in the Membership Office. After submitting your materials, if you wish to schedule shifts in the Office please contact the Coop at hc-membershipcoordinator@psfc.coop. Please put "Schedule Shifts" in the subject field.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.



Please protect your feet and toes while working your shift at the Coop by not wearing sandals or other open-toed footwear.

Thanks for your cooperation,
The Park Slope Food Coop



PHOTO BY KEVIN RYAN

Looking for something new?

Check out the Coop's products blog.

The place to go for the latest information on our current product inventory.

You can connect to the blog via the Coop's website
www.foodcoop.com

taining breeds of fungi are able to absorb high levels of energy in ionizing radiation. Mushrooms are able to absorb the radiation and somehow turn it into a biologically useful form that is no longer harmful to humans. Scientists had never been able to figure out why truffles and other fungi are black—a possible answer might be that these mushrooms have always been harvesting some variation of radiation. This new research may show that fungi with melanin—the protective pigment in human skin—thrive in the presence of ionizing radiation. Biello calls it “a dark and dangerous version of photosynthesis.”

While the initial studies on mushrooms’ helpfulness in harvesting radiation is just beginning and in need of more study, it is an exciting development. And wouldn’t that be welcome news with all of the potential radiation being released in Japan?

Blooming Mushrooms

Another field of environmental clean-up benefiting from mushroom research is the world of toxic oil spills. In the article *Growing Mushrooms to Green Oil Spill Clean-up* by Trilby duPont of the Urban Alliance for Sustainability, the author looks at mushrooms and their ability to skim oil from water.

Out in San Francisco work is being done with mushrooms and hair islands. When 58,000 gallons of bunker fuel from a container ship flooded into the San Francisco Bay, most of us were distracted by the ongoing crisis from the BP spill. To clean up the catastrophic West Coast mess, a San Francisco non-profit called Matter of Trust has used oil-soaked hair mats and straw

that transformed into mini mushroom farms.

Turns out that the very mushrooms many of us love to feast on from the Coop—the oyster mushrooms—are also pretty good at removing toxins from water and turning them into compost. Human hair and straw are woven together into floating barges with mushrooms planted on them. The same mushrooms that have been shown to absorb radiation and not pass it along are seemingly able to soak up petroleum and continue to thrive.

Some mushrooms can potentially save lives of humans and delicate ecosystems—Mother Nature to the rescue.

Early results of the hair clusters have been encouraging. Now the groups involved are looking to find fast and inexpensive ways to share their findings to see if large-scale oyster mushroom islands can fight more sizable oil spills.

This innovative solution is low cost—it makes use of waste (hair for process has been collected for free from Bay-area beauty salons)—and the by-product, the mushrooms, can be eaten for dinner since they contain no contaminants.

Building the Recourses

Paul Stamets (www.fungi.com) is a researcher working to harvest the power of the oyster mushroom in oil spills. He’s developing a slightly different floating farm called a “Myco-Booms™.” His team uses straw and then nests oyster mushrooms



PHOTO BY INGRID CUSSON

Oyster mushrooms to the rescue.

encased in hemp-tubes on the straw.

This scientist believes developing these floating resources is imperative to quickly contain spills. According to Stamets, oyster mushrooms emit an enzyme that can break down oil continuously for weeks or months, offering a more viable solution for oil than trying to burn it off or contain it.

After the Spill

The best news about these “booms” and islands is that the cleansing agents are all biodegradable (straw, hair and hemp) and some of them are edible! The oyster mushrooms used are proving to be fit for

human consumption. So after cleaning up an oil slick, residents could enjoy not only a clean bay but also the delicate, earthy flavor of the mushroom in a favorite meal.

There are over 14,000 types of mushrooms in the world—and that’s good news. With these recent developments we might just need all these varieties to help us out of the environmental disasters humans seem to incur. So the next time you pass the mushroom section of the Coop, give a nod to the fungi—these fine specimens are not only tasty, they might bring us closer to solving some of our worst environmental dramas. ■

The Diversity and Equality Committee Seeks New Members

Are you interested in Issues of Diversity, Equality and Inclusion?

The Diversity and Equality Committee is dedicated to improving human relations and communication in all policies and procedures in the Coop. Our goal is to work toward preventing and eliminating discrimination in the Coop. If you are interested in issues of diversity, equality and inclusion, you can help us to achieve our goals by becoming a member of the DEC.

We are currently seeking new members, with experience in conflict resolution and mediation, interviewing, and leading and organizing workshops, ideally around diversity. General computer skills and editing and writing skills are also helpful.

Requirements:

- Must be a member for at least one year
 - Have good attendance record
- Attend monthly committee meetings on Thursdays from 6:30-8:00 p.m.
- Participate in subcommittee work as needed

We seek members who are reflective of the diversity of the Coop membership.

If interested, please send an email with your name, PSFC member number, and details of your relevant experience to reply@psfc.coop. Please put “Diversity and Equality” in the subject line.

Attention Coop Squad Leaders!

- Do you want your shift to operate more smoothly?
- Are there folks on your squad who seem to irritate one another, and it’s difficult to see what the problem is?
- When a conflict occurs between shoppers during your shift, what can you do to ease the situation on the spot?
- Do you know what resources are available for people who want to follow up?

The Park Slope Food Coop’s Diversity and Equality Committee is holding a series of workshops for Squad Leaders (and other squad reps who are not Squad Leaders).

The goal of the two-hour workshop is to increase awareness and understanding of diversity in the Coop. Through interactive discussions we will talk about the values of diversity, how differences can create both collaboration and conflict and strategies for dealing with issues of diversity. We will discuss conflicts that have arisen in the Coop, the findings of the diversity survey and what you can do to make the Coop a more welcoming place for all.

Saturday, May 14
10:30 a.m. – 12:30 p.m.

Thursday, May 26
7–9 p.m.

Saturday, June 4
10:30 a.m. – 12:30 p.m.

Thursday, June 23
7–9 p.m.

Please call 888-922-COOP (2667) box 89 or send an e-mail to reply@psfc.coop (with “SL Training” in the subject line) to confirm your attendance and/or for more information.

In either case, please tell us your name, Coop member number, contact information and the date you are interested in attending. We will reply with a confirmation within a week.

Diversity and Equality Committee
PARK SLOPE FOOD COOP
Workslot credit (make-up or FTOP) is available to those who attend.

Seventh Peace Fair Launches May 7

By Hayley Gorenberg

The Seventh Annual Brooklyn Peace Fair, centered on the theme “War, Military Budget, and the Economy,” takes place Saturday, May 7 at Brooklyn College. Peace Fair Coordinator Melissa Corbett explained that sponsor Brooklyn for Peace chose its theme because of overwhelming concerns about the economy. She says, “In light of recent budget cuts and economic issues that have been going on, we wanted to focus on how peace and war and defense related to the budget. Sometimes it helps to put things in a context that people can relate to. It seems to be at the forefront of everything right now.”

In addition to workshops on current events, the free Peace Fair features music, arts activities, discussion groups, video presentations, information tables, and performance—all designed to help “develop a vision of a country where all people can enjoy their human and civil rights and lead lives of dignity and fulfillment.” In addition to discussion sessions, this year’s fair will include sessions on yoga, meditation, and “music as an organizing tool,” according to

Brooklyn for Peace’s website.

Corbett emphasized events for all age ranges, with the goal of a free family event. “One of the major components is bringing community together to give the opportunity to talk about their community and what’s going on in the world—disguised as fun and entertaining experiences.”

The Peace Fair runs from noon to 5 p.m., at which point the Rude Mechanical Orchestra will lead a march to a military recruiting station on Flatbush Avenue.

Organizers expect approximately 100 community organizations to present workshops and lead discussions throughout the day. Offerings also include spoken word, music, and dance performances, as well as a range of activities for children.

Award-winning journalist, writer, and activist Juan González will deliver the keynote address at the 2011 Brooklyn Peace Fair. González co-hosts the radio program Democracy Now, and has been a staff columnist at the New York Daily News since 1988. González won the George Polk Journalism Award in 1998 and has twice been named one of the United States’ 100 most influential Latinos by *Hispanic Business*. He received a lifetime achievement award from the Hispanic Academy of Media Arts and Sciences.

More on Juan González

In 1981, González helped

launch the National Congress for Puerto Rican Rights, becoming its first president. He also teaches at the City University of New York’s Brooklyn College, where he is the Belle Zeller Visiting Professor of Public Policy and Administration.

The current world economic crisis offers an important opportunity to move forward towards a peaceful, more productive society.

—Brooklyn For Peace

González is known for critiquing U.S. news reporting even while working in mainstream media. He promotes diverse viewpoints and analyses as an alternative to stereotypical coverage, and has helped train African-American, Asian, and Latino and Latina journalists. He helped found the National Association of Hispanic Journalists, and was elected its president in June 2002. He is also a founding member of UNITY: Journalists of Color, Inc.

Last Year’s Fair

Last year’s Peace Fair featured Nobel Peace Prize nominee Father Roy Bourgeois, the founder of the School of the Americas Watch, which critiques and opposes U.S. policies in Latin America.

Performers included iLL-Literacy (a Californian hip-hop/spoken word/funk ensemble) Raging Grannies, the Rude Mechanical Orchestra, the New York Samba School, the Last Internationale, Geo Safari, Veronica Nunn, Dave Lippman, Spiritchild and Stephanie Rooker.

The Israel Palestine Committee of Brooklyn For Peace showed two films, and students from the Brooklyn College Community Partnership read letters written by New York immigrants jailed in Monmouth and Passaic County and led a workshop about immigrant detainees.

Brooklyn for Peace

The mission of Brooklyn For Peace is “eliminating war and the social injustices that are its causes.” Central to its work are educational activities and promotion of “U.S. policies based not on coercion and violence, but on peace, justice, democratic advancement, human rights and respect for international law.”

Brooklyn for Peace has ten standing committees, including groups that meet and host discussions regarding Darfur, Iraq, and Afghanistan, said Corbett.

The organization describes itself as “a diverse network of Brooklyn residents—parents, non-parents, adults, youths,



Check-in at the 2010 Peace Fair.

RAFFLE

TO SUPPORT
CHENANGO DELAWARE OTSEGO
GAS DRILLING OPPOSITION GROUP



1st Prize: Schwinn Coffee Cruiser Bike

2nd Prize: \$100 VISA Gift Card

3rd Prize: \$25 VISA Gift Card

4th Prize(s): Park Slope Food Coop T-shirt

\$5.00 tickets on sale in the Membership Office beginning Monday, March 14th.
Drawing to be held on Monday, May 2nd.

Please show your support of the Coop’s campaign to protect New York’s watershed and foodshed and support local farmers. More information about hydraulic fracturing gas drilling (hydrofracking) in New York State is available at ecokvetch.blogspot.com.

Schwinn bike donated by Cliff bars. Gift cards donated by Small Planet Foods (makers of Cascadian Foods, Larabar, and Muir Glen). T-shirts donated by the Park Slope Food Coop.

What Is That? How Do I Use It? Food Tours in the Coop

Everyone is looking forward to spring — the longer, warmer days the flowers, the fresh start and all the rest

But somewhere, just underneath is a feeling of unease a kind of desperation that somehow we’ll miss it — that it will come and pass us by that we have to seize it and make it our own or we’ll be left out still cold

Here’s the trick: we see out with our eyes Instead let the world stream in through our eyes

The purple clouds turning to rose in the new morning — let them flow into your body

The crowds at the train station — move into you not you through them

The purple crocus

spangling the winter grass — bloom inside you

It’s a small shift with big movement a shift from grasping to one of receiving

Turn GET Into RECEIVE and you will never miss anything

Your every day will be a blessing

The Park Slope Food Coop Receiving each day, every day

by Myra Klockenbrink

Monday April 25
and noon to 1:00 p.m.
1:30 to 2:30 p.m.

You can join in any time during a tour.



PHOTO BY KEVIN RYAN

Melissa Corbett, Project Coordinator, Brooklyn for Peace

and neighbors—alarmed by the militarism of our society and its impact on our lives as well as the lives of people around the world... We believe, when given the right tools, ordinary people will change the world."

Brooklyn for Peace organizes community meetings and forums and distributes analyses of international and domestic policies. Its members participate in phone and advertising campaigns, meet with elected officials and participate in demonstrations.

Key Goals Include:

- Transferring resources

from military to human needs to promote "economic and social justice within and among nations"

- Eliminating nuclear, biological, chemical and conventional weapons around the world

- Using the United Nations to resolve international conflicts and promoting "internationally accepted rules of law"

The U.S. invasion of Grenada sparked the organization's founding in 1984. Originally known as "Brooklyn Parents for Peace," it went on to mobilize local opposition to the 1991 Gulf War and sought to defend public benefits and

public education in New York City throughout the 1990s.

In the wake of September 11, 2001, the group organized against the detention of immigrants arrested without charges and advocated to protect civil liberties.

After passage of the No Child Left Behind Act in 2001, Brooklyn For Peace promoted limits on military recruiting in public schools, and the group opposed the Iraq War beginning before it started in 2003.

The group suggests that "the current world economic crisis offers an important opportunity to move forward towards a peaceful[,] more productive society." ■



CREATIVE? WRITER? TALKATIVE? LAWYER? SOCIAL-BUTTERFLY? WEB-DEVELOPER?

MAKE YOUR OWN PSFC WORK SHIFT!

Be a part of forming a new food co-op in the Fort Greene Clinton Hill area. Join us in getting ready to open our store and Buying Club on Putnam and Grand (near Fulton).



www.GreeneHillFood.Coop
info@GreeneHillFood.Coop
 718-208-4778

Follow the Food Coop on

twitter



@foodcoop



park slope FOOD COOP

Complete your shift hours outside of the Food Coop with Green Worker Cooperatives 2011 Coop Academy

Trainers

Business planning, project management, finances, green business, marketing, sales, communication, anti-oppression, team building, democratic meeting process, management, human resources

Mentors

Entrepreneurs with stories to share

Creators

Web developers, graphic artists, lawyers, photographers, videographers, Spanish/English translators, and administrative support

Interested in putting in your hours with us?
To register or inquire more info visit www.greenworker.coop or send an email to info@greenworker.coop



VALET BIKE PARKING IS HERE ON SUNDAYS!

Every Sunday through November 20, from 3:30 p.m. – 8:00 p.m., Coop members can leave their bikes with our valet parking service, which is like a coat check for bikes. Working members will check in and watch your bike for you.

Just drop off your bike, do your shopping or your shift, and hop back on. No locks, no worries, no theft. Service operates rain or shine. Look for us in front of the yellow wall. (Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop is brought to you by the PSFC Shop & Cycle Committee.



PSFC Shop & Cycle Committee

GM Report

CONTINUED FROM PAGE 1

Gross Margins

I wouldn't know a gross margin if it hit me on the head but the PSFC's for the last year was 16.7%. Per GC Mike Eakin, the PSFC keeps 17 cents on the dollar as compared to 38 cents on the dollar at your average coop. This amounts to \$14 million in savings from labor and efficiency, a number that was greeted with applause from the membership.

Other Cool Facts

- Thirteen cents out of the seventeen kept by the Coop goes to payroll, pension and ever-rising health care costs.
- Sales are up to almost \$42 million annually over last year's \$39.4 million.
- Inventory turns over more than four times as fast as the typical big cooperative grocery.

Theft

Two serious thieves were arrested on the same day in February in unrelated inci-

dents. As Disciplinary Committee member Karen Kramer said, "We don't call the police lightly, only when it's necessary. We don't leave it to the exit worker. We make sure we have a case and have it on video."

Kramer and another longtime member of the Coop's Disciplinary Committee, Yuko Uchikawa, were re-appointed to their positions for another term.

Membership

As a result of a yearlong policy of limiting orientation attendance, PSFC membership as of 1/30/11 was holding steady at 15,771 up only 1% growth in the last year.

The Pension Plan

As previously noted, Joe Holtz and Allen Zimmerman both celebrated birthdays at the General Meeting and while they may decide to work until their centennial celebration, they may just decide to retire someday. Which brought us to the topic of the pension plan: the sin-



PHOTOS BY LISA COHEN

Coop members listen to the Coordinator's Report.

gle largest liability of the PSFC and under-funded on paper to the tune of \$1.5 million.

Before departing to celebrate with his family, Joe took the microphone to explain the ins and outs of why the situation isn't actually so dire. The accounting-over-sight organization, the Financial Accounting Standards Board (FASB), requires the Coop's auditors to come up with a figure of a fully funded pension plan that is well in excess of the actual projected. Thus, the PSFC is required by law to report the higher estimate but by the real actuarial estimates, we are only \$500,000 short as opposed to \$1.5 million short. The plan currently has assets of approximately \$3 million.

passed by a large margin. The Environmental Committee can't always go into the depth they'd like with ten members and the new committee will monitor and research products on the shelves to make sure they adhere to the Coop's mission against animal mistreatment and testing. Their goal will be educational rather than making unilateral decisions on removing products from shelves.

Discussion ensued on creating a similar committee to look into labor rights issues along the same lines. Allen Z noted that the Food Coop does not buy produce from China because of their poor labor record and reports of chemical contamination, and also that Thai coconuts are produced under the worst working conditions of any food stocked at the Coop. ■

In Other News

Nominations for the Board of Directors were pushed back a month. Candidate presentations will take place at the next GM with an election to follow at the Annual Meeting over the summer.

A motion to create an Animal Welfare Committee



Stepping Out

Each of the puzzles here begins with a two-letter starting word. On each subsequent line you are to add one letter to the previous word and shuffle the letters to form a new word. Continue until you reach the final word.

For example, if the starting word is OR and the ending word is DINOSAUR, the words would be:

OR
ROD
ROAD
RADON
ORDAIN
INROADS
DINOSAUR

Add a D to get...
Add an A to get...
Add an N to get...
Add an I to get...
Add an S to get...
Add a U to get...

In each case the starting word and the final word are given. Puzzles with more steps are more difficult. Alternative answers may be possible in some cases.

OR
ROD
ROAD
RADON
ORDAIN
INROADS
DINOSAUR

AN
CANE
CRANE

RE
REBUT

IN
GRAIN

ME
DEMEAN

TO
ACTION

IS
SIMMER

AS
MADNESS

AT
EASTERN

IT
ANYTIME

Puzzle author: Stuart Marquis. For answers, see page 16.

LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at www.meetup.com/plgfoodcoop or contact leffertsfarm@gmail.com for more information.

JOIN US: www.meetup.com/plgfoodcoop

A REVIEW

SpikeTV's *Coal*—The Reality Show

By John D'Antonio

Coal, the fossil fuel we love to hate, is so au courant that it has its own reality show, appropriately titled *Coal*. Airing on SpikeTV, *Coal* follows miners at the Cobalt Coal Co. mine in West Virginia. While viewing the first episode, I was reminded of the time when I half-seriously tried to become a coal miner and why I am thankful that it never happened.

After my sophomore year of college, I wasn't ready for more of the same. I withdrew from school and returned to Pennsylvania, living at home, looking for work in a tough economy, and alternately reading great novels—like *War and Peace*—and yawning my way through periods of intense boredom.

My father was a machinist, repairing mining equipment at the mine where his father—my grandfather—had worked for 35 years. My dad's skill as a machinist brought him into contact with company higher ups, including the hiring manager, a man named Warren.

One day, tired of making no money and probably suffering a bout of temporary insanity, I mentioned to my father that I wanted to work in the mine. He told me that he would talk to Warren. I can still quote verbatim the touching father-son dialogue that ensued. It went like this:

"Dad, did you talk to Warren?"

"No, I'll talk to him next week."

Next week came around.

"Dad, did you talk to Warren?"

"No, I'll talk to him next week."

The week after, we had the same exchange. And the week after that.

Imagine this ritual continuing for months. A message was hidden there in plain sight. But "next week" had so benumbed me that I failed to see it.

I had no such problem with *Coal*. Its message comes

through clear and simple. *Coal* isn't about mining coal. It's about the masculinity involved in the job. Masculinity in various disguises: competition, physicality, danger.

When the miners go underground, says the narrator of *Coal*, it is to "do battle with the mountain," to compete with nature. The owners of the mine, who sit in the office and fret about money, compete with chance. The \$4.5 million they have sunk into the mine is not an investment. It is the "gamble of their life."

Man-to-man combat is how competition between day shift and night shift to outdo one another in production is framed. Day shift is led by Andy Christian, Sr., called the best continuous mine operator in West Virginia. Night shift's leader is Randy Remines, a gloomy sort, perhaps because he has had three heart attacks. Guess who wins.

Coal does an impressive job of getting near to the

action. The show puts viewers up close to masculinity's dirty physicality. Or does it? Coal dust clouds the air when they work, but these men are not miners as they have been conjured in the popular imagination. They're technicians, button pushers. The work is done by an electric mining machine. This behemoth's oversize teeth chew into the seam, spitting coal onto a conveyor heading out of the mine.

In contrast, my grandfather used a hand-cranked auger to bore three feet into the coal. He set an explosive charge that broke the coal. Then he shoveled the coal into a mine car to be hauled away. My grandfather was not more masculine than modern miners. His work was simply more physically demanding—and, given the explosives used, probably more dangerous.

But there is no denying that these modern miners do dangerous work, too. Their work area is three and a half

feet high. Claustrophobia is accompanied by "a million tons of mountain" waiting to fall. One roof fall in *Coal* drops half a ton of rock where a miner had crouched a moment before. The narrator's dramatic intonation cranks up the tension. You almost begin to sweat with the miners.

But the masculinity of *Coal* is overdone and hollow. A photo on Spike.com captures four miners in mid-stride, like gunslingers heading to a showdown. No matter their

toughness, all the masculinity in the world can't protect them from the hidden threat of black lung. The coal dust we see on their faces is also clogging their lungs.

My father's continuing promise to speak to Warren "next week" was a silent reminder to me that his father had suffered from black lung for years before it carried him off. Some of the men of *Coal* won't think mining is such a sexy occupation when they're middle-aged and gasping for breath. ■

Member Contribution



BAY RIDGE FOOD CO-OP

We're one step closer to opening for business
NOW WE NEED YOU!

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now — we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOF credit for their work!

www.foodcoopbayridge.com
hello@foodcoopbayridge.com
347-274-8172



DO YOU LIKE **DESIGNING FLYERS**? HOW ARE YOU AT **MARKETING**? DO YOU LIKE **SOCIAL NETWORKING**? ARE YOU A **WEB DEVELOPER**? CAN YOU WRITE **PHP**? DO YOU KNOW HOW TO USE **WORDPRESS**? DO YOU LIKE **TABLING** AT EVENTS? DO YOU LIKE **RESEARCHING FOOD**? DO YOU NEED **FTOP CREDIT**? DO YOU LIKE **COMMUNITY**, EATING **GOOD FOOD**, AND **FUN**? COME HANG OUT WITH THE **BUSHWICK FOOD COOP** AND GET **WORK CREDIT!**

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT **WORKSHIFT@BUSHWICKFOODCOOP.ORG**.



COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday
May 20

8:00 p.m.

very
The Good Coffeehouse
COOP CONCERT SERIES

A monthly musical
fundraising partnership of
the Park Slope
Food Coop and
the Brooklyn Society
for Ethical Culture

Jen Chapin

's music is urban folk—story songs that search for community and shared meaning, powered by the funk, soul and improvisation of the city. Critics have hailed her work as "brilliant... soulfully poetic" (NPR), "thoughtful... worth-savoring" (People), "addictive" (Boston Globe), "smart, observant, lyrically deft, politically aware and emotionally intuitive" (Milwaukee Journal-Sentinel). Her performances are powerful, spotlighting the world-class musicianship and rare chemistry of Rosetta Trio: husband/acoustic bassist Stephan Crump and guitarists Jamie Fox and Liberty Ellman. Special guest Dan Rieser on drums.



Stephan Crump & Rosetta Trio

Memphis-bred Brooklynite, bassist/composer Stephan Crump will perform with his unique all-string Rosetta Trio in support of their latest Sunnyside Records release, *Reclamation* ("a low-key marvel", *Jazz Times*). The freshness of the compositions is matched by the intimate synergy of the ensemble, which was recently hailed as "ingenious originals" by *The New Yorker* and featured in *The New York Times'* weekend Arts section. Rosetta Trio renders with power and great sensitivity Crump's often profound, sometimes playful and always honest music.

53 Prospect Park West [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

Monthly on the...

Third Thursday

APRIL 21

7:00 P.M.–9:00 P.M.

Last Sunday

APRIL 24

10:00 A.M.–2:00 P.M.

Second Saturday

MAY 14

10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

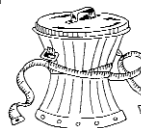
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



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Index: Len Neufeld

WORKSLOT NEEDS

IT Department seeks
FTOP workers

Java Developers

The Coop is looking for help developing our next generation applications. We are looking for members who program in Java and have some experience with all or some of the following technologies:

- Eclipse
- JFC/Swing
- JDBC
- JasperReports/iReports

If you are interested in using your programming skills to help make the Coop better and receive FTOP work credit, please contact it.ftop@psfc.coop.

Mac Sys Admins

The Coop is looking for help maintaining and streamlining the administration of our MAC workstations. We need members that have experience administering Mac OSX systems. You do not have to be a full-time admin. In addition to admin experience, the following technologies will be useful:

- Experience on Mac OS X 10.6+
- Scripting (Applescript, Bash shell script, Python, etc.)
- Experience installing memory, changing hard drives, cleaning internals, etc.)
- Experience repairing and maintaining printers

If you are interested in helping the IT group

CONTINUED ON PAGE 16



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit www.foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.
Channels: 56 (TimeWarner), 69 (CableVision).

General Meeting Info

TUE, APR 26

GENERAL MEETING: 7:00 p.m.

TUE, MAY 3

AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the May 31 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

May 5 issue: 7:00 p.m., Mon, Apr 25
May 19 issue: 7:00 p.m., Mon, May 9

CLASSIFIED ADS DEADLINE:

May 5 issue: 7:00 p.m., Wed, Apr 27
May 19 issue: 7:00 p.m., Wed, May 11

ALL ABOUT THE
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,
April 26, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

- Enjoy some Coop snacks • Submit Open Forum items
- Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

10 April 21, 2011

Park Slope Food Coop, Brooklyn, NY

park slope
FOOD COOP

calendar of events

apr 23
sat 2 pm

Finances for Freelancers

For freelancers, financial issues can be overwhelming, but there is help available. This workshop will take you through the issues we need to deal with and identify strategies and recourses that will help. **Julia Fitzgerald** is a long-time Coop member with a love of number-crunching. This love and her professional background in nonprofit management has led to her current work, providing accounting and financial management services to nonprofits and freelancers. Coop member **Arthur Goodman** is an accountant who helps freelancers and individuals organize and plan their finances.

apr 26
tue 7 pm

PSFC APRIL General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

Item #1: (30 minutes)

Discussion: "Presentation by candidates for the Board of Directors followed by questions for the candidates."
—mandated by General Meeting

Item #2: Formation of a Committee on Climate Change (30 minutes)

Discussion: "To form a Committee for Climate Protection dedicated to providing information to PSFC members regarding issues related to climate change."
—submitted by Maggie Sweeney and Claudia Friedetzky

Item #3: Changes to the Point of Sale System that Enable Enforcement of Coop Rules Pertaining to Shopping Status (30 minutes)

Discussion: "Discuss the planned activation of a feature of the point of sale (POS) system that will enforce the Coop's member status-shopping rules. The planned change is: Suspended members, who attempt to checkout beyond their 10-day grace period, will be prevented by the POS system. The proposed date for implementation is September 12, 2011."
—submitted by the General Coordinators

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

apr 26
tue 7:30 pmPhilosophical Counseling:
The Art of Living Well

Philosophical counseling is a form of rational inquiry whose aim is to help us sort things out. But what sorts of things? Everything from everyday problems that cause us anxiety to existential crises that lead us to despair. Traditionally, philosophy has helped people examine courses of action, weigh various approaches to their problems, adopt useful outlooks on life and achieve mental clarity. Coop member **Andrew Taggart** is an ethicist, educational consultant and philosophical counselor living in Brooklyn.

apr 29
fri 7 pmAcupuncture for
Seasonal Allergies

Learn what factors contribute to seasonal allergies according to the energetic principles of Oriental medicine AND what you can do to reduce symptoms. Workshop will include Qi Gung exercises and acupuncture to promote health. Participation limited. Please RSVP by e-mail: info@QiAnnie.com. Presented by licensed acupuncturist and Coop member **Annie Reibel-Coyne**.

apr 29
fri 8 pm

Band Nite



Bands scheduled to perform at the Coop's second-annual Band Nite include: Mixed Nuts; Sounds of Greg D; Angel Band; Mappa Mundi; The Mystery Keys; and Didge Project. Show starts at 8:00 p.m. Admission is \$5. For more info and directions, check out the FUN Committee blog: psfcfun.wordpress.com.

Event takes place at Jalopy Theatre, 315 Columbia St., between Hamilton Ave. and Woodhull St., (718) 395-3214, www.jalopy.biz.

apr 30
sat 10 am–1 pmWhat's All This
About Fracking?

Heard about fracking and want to learn more? Worried about fracking and wondering what to do? Join Coop member **David Publow** as he examines the environmental, social, economic, health and political impacts this technology will have on New York State. Whether you have a lot of time or a little, learn how you can contribute to the effort environmental groups across New York State are taking to preserve our pristine water, beautiful forests, fertile soil, native wildlife and fresh air.

Presented by the Safe Food Committee.

apr 30
sat 2–4 pm

Forgiveness

Holding on to feelings of hurt, guilt, blame, and anger binds up your own energy and keeps you locked in the past, instead of being fully present. Learn to forgive yourself and others; experience unconditional love; align your head and your heart; use the energy of love to relieve stress; and participate in an unconditional love meditation. **Moraima Suarez** is a Coop member, certified Holoenergetic® Healing practitioner, certified Bowenwork therapist, Reiki Level II practitioner, and certified hypnotherapist.

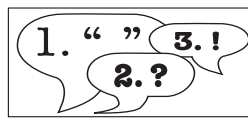
apr 30
sat 5–7 pm

Knit and Sip Series

Come and learn how to spin ray fiber — such as cotton and wool — into yarn, by using a simple spindle. Coop member **Jillan Louis** is a knitter, crocheter and spinner and all-around fiber fanatic. Her passion is spinning raw fibers into yarn. Coop member **Naeemah Senghor** is a knitter, crocheter and raw-foodist who loves to organize swaps and community events.
Materials fee: \$15 (spindle, yarn and light refreshment).

may 3
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office. **The next General Meeting will be held on Tuesday, May 31, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

may 5
thu 7:30 pmFood Class: Cinco de Mayo:
The Flavors of Mexico

Celebrate quick, delicious and easily replicated at-home recipes. We will create two different vegetarian quesadillas with dips and classic guacamole. **Tricia Brown** is a chef, culinary instructor and food and wine blogger. Her culinary focus is flavorful, health-sup-

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

apr 23–jun 11 2011

portive cuisine utilizing local ingredients. She teaches private and public cooking classes at numerous locations. She is a graduate of the Natural Gourmet Institute for Health and Culinary Arts and holds an advanced certification from the International Wine Institute. She shares this passion for all things food and wine on her culinary tours to Santa Fe, Sonoma and her hometown in Brooklyn. *Menu includes asparagus and red onion quesadillas with lime crema; smoky black bean, roasted red pepper and jalapeño quesadillas with salsa rojo; and guacamole with chips. Materials fee: \$4.*

may 6
fri 7 pm

Film Night: The Mad Cow Investigator



Out of concern for her mother who may have been exposed by eating meat tainted with mad cow disease, Janet Skarbek, a wife, mother and accountant, takes on an unlikely new role as “Mad Cow Investigator.” As she independently researches deaths in her area, she finds a disease cluster and uncovers alarming information about meat production and government policy. As she dedicates herself further to this new cause, her personal life begins to fall apart. This film is **Nancye Good's** first independent project. She honed her sense of story development producing programs for Japanese Network television. Several projects she collaborated on have gone on to air on National Geographic and the Discovery Channel here in the U.S. She envisions this project as part of a series of profiles of citizens who take action to improve food quality.

To book a Film Night, contact Faye Lederman, squeezezone@hotmail.com.

may 7
sat 1:30 pm

Zero Balancing

Zero Balancing is a deep and profound healing modality that balances and integrates one's structural and energy bodies. In this workshop, you will do exercises to experience: your physical structure, your energy body, your whole self, different ways to run your own energy, and types of contact which create consciousness and ease. This is a time to become more aware of your body and how it relates to healthy life choices. **Athena** has been a Coop member for 10 years. She's had a healing-arts practice in Brooklyn for 15 years, where she accesses Biodynamic Cranial Sacral Therapy, Hypnosis, Massage Therapy, Klein Technique Movement Therapy, Reiki and Zero Balancing.

may 7-8
sat-sun 9 am–7 pm

Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

may 10
tue 7 pm

Safe Food Committee Film Night: Bananas!



Juan “Accidentes” Dominguez is on his biggest case ever. On behalf of 12 Nicaraguan banana workers, he is tackling Dole Food in a ground-breaking legal battle for their use of a banned pesticide that was known by the company to cause sterility. Can he beat the giant, or will the corporation get away with it? In the suspenseful documentary **BANANAS!**, filmmaker Fredrik Gertten sheds new light on the global politics of food. Meet Gertten in person! Other special guests to be announced.

may 13
fri 7 pm

Wordsprouts: On Food



Writers talk recipes, politics and culinary delights. Award-winning author **Fran Hawthorne** has spent more than 20 years tracking how public pressure has changed U.S. business, as an editor at *Fortune* and *Business Week*, and also writing regularly for *The New York Times*, *The Scientist* and many other publications. Her books include *Inside the FDA* and *The Overloaded Liberal*. **Jan Poppendieck** is a Professor of Sociology at Hunter College, City University of New York, and the author, most recently, of *Free For All: Fixing School Food in America* (University of California Press, 2010). **Melissa Vaughan** is a cookbook author, recipe developer and tester. Her recently published cookbook, *The New Brooklyn Cookbook*, features recipes and stories from 31 restaurants that put Brooklyn on the culinary map.

To book a Wordsprouts, contact P.J. Corso, paola_corso@hotmail.com.

may 14
sat 2 pm

Sugar Imbalances

Diabetes isn't sweet and it isn't funny either — it is a serious disease. With good nutrition, exercise and the right herbs and supplements, it is possible to prevent, and even reverse this serious health problem. Come and see how. Diabetes and hypoglycemia are epidemic and increasing worldwide. Learn how to kill those sugar cravings, and hear about the latest horrifying statistics. It is absolutely necessary to take a look at the mental/emotional side of the diseases and have full success at reversing it. Coop member **Marija Santo** is a certified naturopath and a Geotran practitioner and teacher for more than 10 years.

may 15
sun 1 pm

The Living Matrix: A Film on The New Science of Healing

In this full-length film, see the breakthroughs that will transform your understanding of how to get well and stay well. Now you can get an up-close look at the science of information as medicine. Leading researchers and health practitioners share their discoveries on the “miracle cures” traditional medicine can't explain. Coop member **Esme Carino** is an Angel Therapy Practitioner and Reiki Master. She runs meditation groups in Park Slope and Lefferts Gardens. Join her in a discussion afterwards.

still to come

may 20 Harmonize Your Body

may 20 *The Very Good Coffeehouse Coop Concert Series*
Jen Chapin, Stephan Crump & Rosetta Trio

may 22 Fibroids, Cysts and PMS

may 29 Food Intolerances

may 31 PSFC MAY General Meeting

jun 2 Food Class: Aging Gracefully

jun 3 Film Night

jun 4 Why You're Not Losing Weight

jun 5 Nutrition Response Testing

jun 7 Agenda Committee Meeting

jun 10–11 Blood Drive

ENVIRONMENTAL COMMITTEE REPORTS

Cooperative to the End: How Green Are Your Funeral Plans?

By Regina Sandler-Phillips

We live in an era of medical miracles, which have extended the lifespan of the average North American far beyond what was imaginable in generations past. One byproduct of this success is that many of us find it increasingly difficult to accept that we will eventually die—and to plan for that eventuality. The impact of this lack of advance planning is both economic and environmental.

Food coop organizing has long been motivated by ethical/environmental considerations as well as rising prices. Similar concerns have galvanized consumers to seek out cooperative solutions to the challenges of funeral planning. In 1963 consumer cooperative groups from across North America formed an organization known today as the Funeral Consumers Alliance or FCA (www.funerals.org) to safeguard “dignified, meaningful and affordable” funerals.

The national FCA and its local affiliates engage in citizen activism and legislative monitoring. In addition, many FCA affiliates enter into discount arrangements with local funeral homes, similar to cooperative buying clubs. For a lifetime membership fee of \$40, the Funeral Consumers Alliance of Long Island/NYC (www.nyfunerals.org) annually updates and distributes a list of cooperating funeral homes with member prices for cremation and burial services.

Funeral industry profits have historically centered upon the practice of embalming bodies for viewing in ornate, elaborate “caskets” (coffins). In response, funeral consumer groups have encouraged the option of cremation as a less expensive alternative. More recently, the “green” or “natural” burial movement has emerged to bring an environmental perspective to the range of choices involved in funeral planning.

According to the Green Burial Council (www.green-burialcouncil.org), which is involved in developing third-party environmental standards, “Green burial is a way of caring for the dead with

minimal environmental impact that furthers legitimate ecological aims such as the conservation of natural resources, reduction of carbon emissions, protection of worker health, and the restoration and/or preservation of habitat.” Greensprings Natural Cemetery (www.naturalburial.org), one of only two burial grounds in New York State currently approved by the Green Burial Council, even declares that “Natural burial is a new idea—the idea that in choosing how and where we are buried, each one of us can conserve, sustain, and protect the earth—the earth from which, of course, we came and to which we shall return.”

Since this statement actually draws upon the ancient language of Genesis 3:19 (“for from [the earth] you were taken; for you are dust, and to dust you shall return”), the newness of the idea may be questioned. Similarly, today’s environmentalist values may sound familiar to the generations that remember “Use it up; wear it out; make it do or do without.” The national Funeral Consumers Alliance observes on its website that the basic connection between burial and biodegradability is “hardly a new phenomenon. Returning to the earth in little more than a shroud is what most of humanity has done for thousands of years until the advent of the modern ‘death-care’ industry.”

The FCA also warns consumers about the funeral industry hyping “green” as a new way to drive up funeral prices. That said, funeral consumer and natural burial activists tend to come together in their concerns about embalming, which increases toxins for workers and the earth, as well as prices for consumers. They also share concerns about veneered wood and/or metal coffins, which are non-biodegradable as well as more expensive. On the issue of cremation, the two groups are more likely to part company.

“For most environmentalists, it’s actually better to fade away than burn out,” noted journalist Leo Hickman in an October 2005 col-

umn of *The Guardian* on environment and ethical living. “Our lives, they say, already result in enough gratuitous combusting of fossil fuels. Much better, in death, to compost down as nature intended.”

“...crematoria contribute 0.2% of the global emission of dioxins and furans and are considered the second largest source of airborne mercury in Europe.”

According to the National Burial Co-operative/Centre for Green Burial (www.naturalburial.coop), “The amount of non-renewable fossil fuel needed to cremate bodies in North America is equivalent to a car making 84 trips to the Moon and back—each year. The major emissions from crematoria include: nitrogen oxides, carbon monoxide, sulphur dioxide, mercury vapour, hydrogen fluoride, hydrogen chloride, and other heavy metals, including persistent organic pollutants. Modern crematoria do have scrubbers over the smoke stacks, but they can’t get

everything. According to the United Nations, crematoria contribute 0.2% of the global emission of dioxins and furans and are considered the second largest source of airborne mercury in Europe.”

There are also issues of environmental justice, raising awareness that crematoria—like other incinerators—are generally located in poorer communities. A January 2007 article by Terrence Chea of the Associated Press reported on neighborhood campaigns to block the construction of new crematoria in various states and countries—particularly in California, which leads the U.S. in the growing number of bodies cremated each year.

Toxic emissions from mercury in dental fillings have been a primary concern for community environmental activists, especially since the use of dental silver with mercury accounted for two-thirds of all dental fillings as recently as 1990. Hickman reports that 16% of the mercury pollution in the U.K. is attributable to cremation, according to the British Environment Agency: “The industry has been told that all...crematoria must halve mercury emissions by 2012, but, ironically,

one way to do this is to cremate at a higher temperature, thereby leading to more emissions.” Chea reports that, according to industry officials, “emissions controls on crematorium smokestacks...could be expensive and put small operators out of business.”

While the financial costs of cremation have risen over recent decades, they remain somewhat lower than the costs associated even with simple, “green” burial. However, as with disposable plastics and other uses of non-renewable fossil fuels, the true environmental costs are much higher than what the individual consumer pays. Here as elsewhere, the most environmentally friendly options are the ones that require forethought, planning and communication. For the sake of the earth and future generations, Coop members are encouraged to review the websites above and begin this planning process sooner rather than later. ■

This is Part One of a two-part series. The follow-up report will address the “recycling” issues of organ, tissue and full body donation, and provide additional planning resources for Coop members.

Pharma Take-Back Event: April 30

By Cynthia Blayer

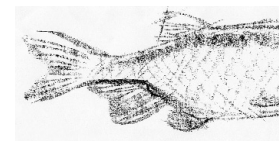
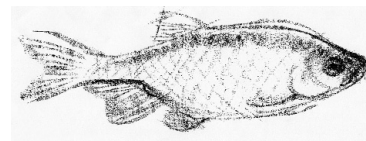
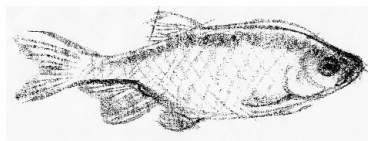
The amount of pharmaceuticals currently in use has become an environmental problem because, like everything else, sooner or later the drugs turn into waste products. Trace elements of a wide variety of drugs including antibiotics, anti-depressants and sex hormones have been found in lakes and rivers as well as numerous municipal water supplies. In an effort to mitigate this problem, pharmaceutical take-back events have been organized to properly collect and dispose of leftover medications so they do not migrate into the environment.

The first national pharmaceutical take-back day, September 25, 2010, was a success, collecting 121 tons of medications nationwide. The US Drug Enforcement Agency (DEA) has organized another pharmaceutical take-back event on Saturday, April 30 between 10 a.m. and 2 p.m. in locations across the United States.

The Drug Enforcement Agency website www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html allows you to type in your zip code and find the locations nearest to you. There are locations in Brooklyn and other NYC boroughs—more will be added to the database until the day of the event.

This is not a reason to switch to bottled water, much of which comes from municipal water supplies. Our drinking water is carefully monitored. The Environmental Protection Agency (EPA) requires hundreds of tests each month on municipal water supplies, but the Food and Drug Administration (FDA), which regulates bottled water, requires only one test per week. New York City is blessed with an exceptionally good water supply—let’s do what we can to keep it that way.

Contact the Environmental Committee with questions or comments via our blog at <http://ecokvetch.blogspot.com>. ■



L E T T E R S T O T H E E D I T O R

THE MIDDLE EAST
DEBATE

TO THE EDITOR:

David Barouh states: "Actually, until modern times, Jews and Arabs coexisted tolerably well....Only after the advent of Zionism, which for Muslims and Arabs has meant European colonialism, have tensions and violence heightened." This statement is historically incorrect.

The Moslem Empires of the Mediterranean, the Middle East, and Southeast Europe maintained laws subjugating their non-Moslem populations. These included special taxes, special dress, limited property ownership, seizure of property, exclusions from certain professions and government positions, and public humiliations. Outbreaks of ethnic violence, directed mainly against Jews, were not uncommon in the 19th century. Riots occurred in Safed, Hebron, Jerusalem and Damascus (see Arab Revolt 1934 and Damascus Affair). These are all well documented in the first-hand accounts of British envoys in the region.

Mr. Barouh's statement is about as accurate as saying "Southern Blacks and Whites coexisted tolerably well. Only after the advent of the Civil Rights movement, did tensions and violence heighten."

Rhudi Andreolli

SHOULD THE GAZETTE
PUT THE KABOSH ON
THE BDS DEBATE?

TO THE EDITOR:

April 7th's *Linewaiters' Gazette* again had calls to end BDS letters. Rodger Parsons asks that the Coop "focus on the harvest bounty" and the "pleasure that great food can bring." He'd prefer that the *Gazette* "abandoned discussions on the commotions of the world and stayed with the Coop's prime directive," healthy food, fair prices, cooperative efforts, etc., that we "leave the hand wringing over the great tragedies of the world to other publications that do it better."

Perhaps. But those "commotions" seem to find their way to—and through—our doors. The political decisions of elected officials have enabled companies like Monsanto to be close to rendering its greatest competition—the organic label—meaningless from genetic drift of their GMO crops. If New York State allows fracking to proceed, our local produce sources will be imperiled. Fukushima, the Gulf, pesticides polluting land and water, global warming—all these affect that harvest bounty and our fair prices.

We have boycotted human rights abusers in the past, and currently boycott Coca-Cola. On the other hand, do we want to target Israeli businesses, which are after all *not* the Israeli government. But yet again, the

Divestiture movement against South Africa's apartheid policies proved quite effective. So where else should we debate this but in the *Gazette*, especially as preparatory to a General Meeting proposal?

Barbara Mazor says that *Gazette*, besides being the improper venue, doesn't "provide sufficient space for discussing the complexities of the Middle East conflicts." But 500 words is a rather generous allotment for a letter to the editor, and more than enough space to make several points effectively.

I'm personally sympathetic to the BDS movement, but still undecided on the wisdom of the Coop's participating as an institution. I appreciate reading the arguments, when well made, both for and against. However, most of those against arguments have been dubious, inappropriate comparisons like those of Rhudi Andreolli ("Coop and BDS" April 7th) that are myopic and treat each situation cited as an entity in itself, without history or context.

The writer concludes BDS is inappropriate for our Coop because: "Other coops have rejected it." (What about the institutions that have adopted it?) "Boycotts take away freedom of choice" (Freedom of choice means more than Coke or Pepsi.) "It forces an association with a political position..." (How? It simply means a majority of voting members favored it. Who would believe every Coop member supports this?) "It would sow seeds of enmity and tear up our Coop." (Why? Would anti-BDS members lose rights, be discriminated against, be regarded with hostility? Again, hostility to Israeli government policies doesn't mean anti-semitism. This is a false argument.) "It conflicts with the general principles of the international co-op movement." (Which principle is that? I found no principle of the International Cooperative Alliance even remotely suggesting this.) And "it is immoral." (What's immoral about it? Who's morals?)

So to answer the headline's question, no, let's not put the kabosh on this debate.

David Barouh

I HEAR AMERICA CALLING

I hear America calling, the varied cellchats I hear,

Those of mechanics, each one detailing the need for extensive repairs to customers and justifying the cost,

The carpenter explaining to a distraught woman why the shelves he built have collapsed,

The lawyer directing an assistant to research tort decisions in 18th century Alabama,

The college student calling a newly transferred sophomore for a date, the professor ordering copies for his students of the course-required textbook he's rewritten for the ninth time,

The teenage girl shifting from one cellphone to another as she balances the worlds of obedient daughter and adventurous hottie,

The afternoon shopper sharing her treasured finds with her envious best friend, whose credit cards have maxed out,

The theatergoer at a musical who holds up his instrument to transmit a tune to a friend, who chatters straight through every bar,

The subway rider waiting impatiently for the train to climb to the surface so she can call ahead for a bagel and coffee to be set on her desk,

The psychotherapist taking a break from the talking cure, whispering into his cell to his newest passion as a patient rattles on,

Each unburdening himself and herself, whether sitting, standing, lying down or crossing the fume-filled streets,

The weekend farmer inquiring about the cost of barley and corn,

The middle schooler fibbing to his mom about being kept after school,

The politician on a conference call to everyone in his directory who may contribute still more money to his campaign, three years off in the future,

The clerk on the line with a bored Lotto employee to determine if his millions have come in yet,

The saleswoman confiding to an agent at the electric company's consumer department that her legs are becoming wobbly from hours behind the counter,

The agent not bothering to stifle a yawn,

All talking, talking into their palm from bed-up to bed-down,

All except the would-be caller who curses his fate—his cellphone's picking up no signal.

Leon Freilich

WATCH AND LEARN
ABOUT GMOS

DEAR EDITORS,

Sometimes the work of the members of the Coop's GMO Shelf Labeling Committee feels a bit like chopping through dense thickets of resistance, as we try to educate and help the Coop be a place where members can make informed choices because they know whether or not the food on the shelves is free of genetically modified organisms (GMOs). Many members, and many, many Americans, still don't know what GMOs are or why we all need to know about them.

But then sometimes there comes a message that is so clear and simple, so revealing of the direct connection between the personal and the national, that it shines a bright light on the urgent need for action.

Check out this mother's story. When her daughter suddenly develops a food allergy, she wants to know

CONTINUED ON PAGE 14

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

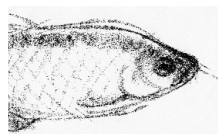
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



CONTINUED FROM PAGE 13

why—and what she learns is what you will be glad you have learned, too.

Here's the link: www.youtube.com/watch?v=rixyrCNVVG

For greater convenience, we have made it available at www.saynotogmo.com.

At our site, click on the link and watch this vitally important call to responsibility.

Stay tuned in the months ahead as our committee develops a comprehensive strategy for the labeling of GMOs at the Coop.

Yours in cooperation,

Julia Herd and Greg Todd

Members of the GMO Shelf Labeling Committee

DISCIPLINARY HEARING COMMITTEE

TO THE EDITOR:

Thanks to the editor of the April 7th *issue* for printing my letter about the Glestia affair. Which was, also, of course, about the possible good effects of Democracy if we had it here.

I (we) have no way of knowing what life would be like under a Democratic system all these years, but still I keep building systems that differ constructively from the unnecessarily repressive appearances that keep growing here. I've proposed alternatives to the shockingly insular structure of the *Gazette*—or rather, *eight Gazettes* as I've recently learned! To the Chair-Pool Committee and the Agenda Committee, combining them into one and more. To the alarmingly secretive, sinister, and rapidly growing Disciplinary Hearing Committee (DHC). To the Family Rule, and of course to the "Town Impunity" form of government—eheheh!

The Disciplinary Hearing Committee (which has now morphed into *three* sections!) was originally a response to the *obvious* dysfunctionality of taking up disciplinary issues at general meetings (GMs). *Too* public! A circus! But who would have thought that we would get a *too-secret*, overprofessionalized organization totally insulated from public view, as a substitute?

I never attended a "trial" under the old system, but I believe the new order was rung in around the time I joined, in 1992. Amid much fanfare, they crafted a procedure and aired it over several general meetings. The democracy and transparency claim was brought in via the "Hearing and Deciding Group," now a separate committee, composed of randomly selected members. Doesn't that sound good? But then through a friend who was expelled by the Committee, I began to see a chink in the armor. And then again, the hearing itself is *not* open to the public!

At about two GMs I suggested that the Committee report the following figures at least four times a year: The number calls made for each type of offense. How many times each suspect was called, and whether they were called by the same person (i.e., consistency in case management) or not. The results of the interventions, tabulated by the number of calls. What I am thinking, of course, is that a large proportion may simply quit after the first or second call rather than have any further contact with the Co-Op. In view of our 25% annual turnover, this could be a serious concern.

I'd like to know the number of *hearings* conducted each quarter and their results, not just those the Committee allows to be covered in the *Gazette*! I'd like to have *all* these figures since the inception of the Committee, to see trends. It seems to me that not only hearings (trials!) but also *arraignments*, whatever those are, are pointedly public in the wider world. *How did we manage to give this up?*

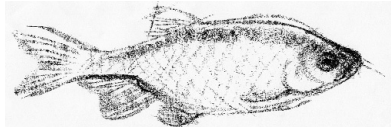
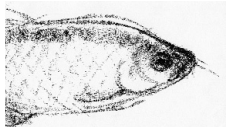
If you agree, please support me for my bid to join the Board of Directors after approximately nine attempts. Thank you, and I am proud *not* to have the endorsement of the Management.

In cooperation, I remain,

Albert Solomon

718-768-9079

hobces@yahoo.com



CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - serving Park Slope for 20 yrs.! Beautiful parlor floor thru, sleeps 4-5 in comfort and privacy. Queen bed, bath, double living room, piano, AC, flatscreen, wi-fi, deck overlooking yard, kitchen. Visit our web site at Houseon3st.com or on FB at The House on Third St. B&B or call Jane at 718-788-7171.

CLASSES/GROUPS

INTRO TO YOGA starting May 7. This special 4-class series is for the brand new or "I haven't done Yoga in 20 years" practitioner. Come learn the basic poses and acquaint yourself with this ancient wisdom tradition designed to alle-



viate suffering in all its forms. Taught by a Coop member! More info at JenniferBrilliant.com.

PETS

RETIRED SOCIAL WKR. 35 yrs. exp. w/ all breeds, wants to board your dog in my home. One dog at a time. Rates include 3 walks a day. If your dog is your baby I am the boarder for you! Day boarding too. Call Jane at 347-860-2142 or e-mail me at Petnanny01@yahoo.com. References available. Your dog will thank you!

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TOP HAT MOVERS, INC., 145 Park Place, Bklyn. Licensed and Insured Moving Co. moves you stress-free. Full line of boxes & packing materials avail. Free estimates 718-965-0214. D.O.T. #T-12302. Reliable, courteous, excellent references & always on time. Credit cards accepted. Member Better Business Bureau.

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hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—33 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 22-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccione.law.com.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

SAT, APR 23

Green Edge NYC and botanist Leda Meredith* invite you to sign up for urban foraging in Prospect Park. Leda will teach participants to identify edibles in the urban terrain. Event runs from 9:45 a.m.-12:30 p.m. and requires \$20 contribution. Kids free with a paying adult! www.greenedgenyc.org/events/urban-foraging-with-leda.

SAT, APR 30

Peoples' Voice Cafe: Magpie; Marie Mularczyk O'Connell and Friends. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away. Sat, Apr 30

Make a Solar Module One Day Workshop. 9:30 a.m.-6 p.m. at the Commons, 388 Atlantic Ave. (btw Hoyt/Bond). \$125, registration limited to 12, if full another workshop will be scheduled. Please call/write for more info:

City Solar 347-254-0019 or info@citysolar.org.

SUN, MAY 1

GMO Speaker & Activism Training with Jeffrey Smith. How we can drive genetically modified organisms out of the food chain? 10 a.m.-5 p.m. Columbia University, Uris Hall (business school), room # 301. \$80/individuals, \$40/students, partial scholarships available. Register at www.ResponsibleTechnology.org/NYC workshop.

HAITI SUNDAY SOCIAL. 3 to 7 p.m. at St. Francis Xavier School Auditorium, 763 President St. (btwn 6th & 7th Avenues). Entrance fee: \$15 Adults/\$10 Child. Potluck supper. Live Music. Dancing. Update on Haiti.

SAT, MAY 7

Peoples' Voice Cafe: Sally Campbell; Bruce Markow*. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if

you choose, less if you can't/no one turned away.

SAT, MAY 21

Peoples' Voice Cafe: New York City Labor Chorus. 8-10:30 p.m., Community Church of New York, 40 E. 35th St. (between Madison & Park). For info call 212-787-3903 or peoplesvoicecafe.org. Suggested donation: \$15 general/\$10 member/more if you choose, less if you can't/no one turned away.

THU, MAY 26

The David Bindman Ensemble performs at Sunset Park Library at 6:00 pm. Featuring Reut Regev, trombone; Frank London, trumpet; Art Hirahara, piano; Wes Brown, contrabass; royal hartigan, drums; David Bindman*, saxophones. Original compositions incorporate elements from jazz and world music traditions. For people of all ages. FREE.



Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

CLASSIFIEDS (CONTINUED)

HAIRCUTS HAIRCUTS HAIRCUTS in the convenience of your home or mine. Color, high lights, low lights, perms, oil treatments. Adults: \$35.00. Kids \$15.00. Call Leonora 718-857-2215.

DO YOU or a senior you love need to downsize & move? Or just get organized? We are a senior move manager here to help: create a floor plan of your new home, sell & donate possessions, pack & unpack and manage the move. Insured. 917-374-1525. Email: Katie@papermoonmoves.com or visit www.papermoonmoves.com.

MADISON AVENUE HAIRSTYLIST right around the corner from the Food Coop. So if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

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SERVICES-HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in *Allure Magazine*. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Brooklyn & Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

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PSYCHOTHERAPY: I offer individual and couples therapy in my Park Slope and Manhattan offices. I am a non-network provider which allows greater confidentiality and non-HMO directed therapy. Multicultural competence. Diversity welcomed, respected, affirmed. 212-714-4691 baroh99@aol.com Beverly Rohlehr, LCSW.

NATURAL HEALTH ASSOCIATES offering naturopathic & allopathic med- IV therapy - colonics - biopuncture for pain - allergy testing - massage. Call for our "Spring Into Health" special. Insurance Reimbursable. Call: 718-636-3880.

BUNGALOWS FOR RENT in charming cooperative summer community. Beautiful wooded grounds. Olympic pool, tennis, basketball, swim & boat in lake. Near Bethel Woods Performing Arts Center. Great family vacation. Reasonable prices. Contact Marlene Star, mstar18@optonline.net, 914-777-3088.

HAVE FUN WITH YOUR FAMILY at

Common Ground Center Family Camp - an all-inclusive vacation in beautiful Vermont. A great cooperative community, fabulous programming, 700 acres with a lovely pond, meadows, starry skies and delicious vegetarian food. Register today at 800-430-2667 or www.cgcvt.org.

BERKSHIRES 4-BEDROOM HOME. Deck and dock on beautiful clean lake. Rowboat, kayak and canoe. Sleeps 7-9. Well-equipped kitchen. Large screened in porch. \$975 Saturday thru Friday. Call Marc 917-848-3469.

VACATION RENTALS

VACATION-PENNA. country house rental: 4 BR, 2 bath, private pond and stream, large lawns, full kitchen and screened porch. 3 hours from NYC. Available various weeks in July, August or Sept. \$600/wk. Great for families and kids. Call 718-622-8175.

SUMMER VACATION! Traditional, rustic Adirondack Camp on Lake George. Weekly rentals. Unchanged since 1890: lacks modern amenities. Swimming, hiking, boating paradise. For more info, photos: 917-776-9571 or jeffgreen@nyc.rr.com.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

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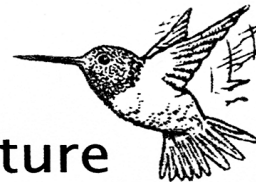


Good Green Fun for Everyone!
Common Ground Center
Uncommon Fun for Grown-Ups and Kids
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- ♦ Register today for your all-inclusive Vermont vacation!
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Claudia Joseph
www.permaculture-exchange.org

Experience the Healing Light, Johrei



NY Johrei Center
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(212) 684 0009 (at 28th St.)
call for hours, no charge for Johrei
www.johreifoundation.org

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Weekly Sessions July 5 - Aug 26
\$475/week

x weaving x sewing
x dyeing x screen printing
x art field trips!

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(718) 369-0222
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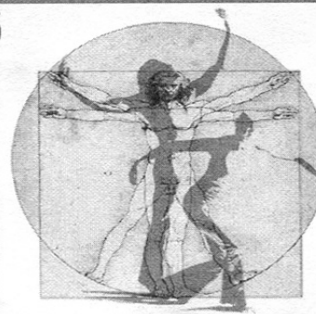
lakehuntingtonsummercommunity.com

Fitness: The Body's Way

FREE Nia Class

Saturday, April 30 5:30 PM
Union Street Dance
725 Union Street, #5

www.nianow.com
718-873-3060

**Are you expecting?**

Learn to cook healthy meals for your growing family
Engage with Jewish tradition and culture
Connect with expectant parents in Brownstone Brooklyn

www.hazon.org/settingthetable



Hazon's Setting the Table
May 9th, 16th, 23rd, & June 6th

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

Stepping Out: Answers

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WORKSLOT NEEDS

CONTINUED FROM PAGE 9

improve our workstation administration and receive FTOP work credit, please contact it.ftop@psfc.coop.

To be considered, you must be a Coop member for at least six months and have a good attendance record. Please realize that Coop IT staff members need to spend their time bringing you on-board these projects, so only apply if you see this as a long-term means of fulfilling your work commitment.

Check Store Supplies

Monday 6:00 a.m. to 8:30 a.m.

This workslot is responsible for restocking supplies on the shopping floor, at checkout lanes, entrance desks and the cashier stations, and in the basement. This is a task and detailed-oriented job, ideal for someone who likes working independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex_marquez@psfc.coop if you are interested.

Refrigerator Cleaning

Monday, 9:00 to 11:00 a.m.

This position requires a desire to do physical work, enjoy cleaning, and organize refrigerators. You will thoroughly clean the refrigerator, removing all movable parts and cleaning them, label food items, and discard old or out-of-date products. Please speak to Adriana in the Membership Office if you are interested.

Office Set-up

Thursday, 6:00 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana in the Membership Office for more information.

WELCOME!

A warm welcome to these new Coop members who have joined us in the last few weeks. We're glad you've decided to be a part of our community.

Anna Ammari	Andrew Chadsey	Sandra Grandchamps	Erin Johnson	Morgan Mercer	Rolf Schaller	Carrie Wajda
Bahiyyah Asante	Susan Crandall	Tobias Halene	Jennifer Kaplanski	Aimee Mills	Jacqueline Schoeffel	Michael Wajda
Marguerite Atterbury	Michelle Cruz	Spencer Hall	Sarah Kehoe	Meghan Moore	Jase Schwartz	Farhaana Washington
Jordan Barringer	Melanie L. Dauza	Robert Hart	Lisa Kersavage	Lena Nehrkorn	Jeremy Schwartz	Lucas Westbrook
David Bartlett	Stephen Dennis	Megan Haseltine	Kyle Kilness	Laena Orkin	Donna Scimeca	Allison Winston
Balthazar Becker	Tara Duvivier	Elliot Heller	Yong Lea Kim	Peter Papazoglou	Annie Segrest	Alicia Wolfe
Beatriz Beckford	Lola Faynleyb	Michael Hickson	Prita Lal	Jared Quinton	Dawn M. Smith	Pashtoun Youssouf
Ben Beinecke	Jim Feichtmann	Leah Hooper Papa-	Melody Ledwon	Kaia Rafoss	Annie Song	Jolene Yukes
Jennifer Bernstein	Aurelia Filato	zoglou	Alex Levitt	Michelle Randall-	Nelson Soto	Jian Zhuang
John Bernstein	Laura Fisher	Brian Horihan	Karen Li	Williams	Aristeidis Soultanos	
Tom Boothe	Paulette Follett	Elizabeth Horowitz	Martin Martinez	Laurence Reddin	Helen Stillman	
Andrew Bottone	Adio Garner	Michael Iannello	Janet Maxwell	Stephen Reid	Cecilia Studer	
Florent Brisard	Setareh Ghandehari	Yelena Itkina	Colleen McCarthy	Carly Ries	David Tepper	
Christopher Brokaw	Amanda Gilgeours	Mara Jebson	John McClelland	Judith Rubenstein	Oyonola Tommy	
Amanda Burr	Marisol Gonzalez	Kelly Jeffcoat	Melanie McNair	Fabienne Schaller	Mike Tuccillo	

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last few weeks.

Meki Adefris	Zach Brock	Alexandra F.	Becky Hutcheson	Darragh Martin	Matthew Pinto	Andrew Smith
Eric Adler	Shannon Brunette	Suzanna Finley	Krismin Inocentes	Jean Martin	Stephanie Pope	Edward Stein
Ian Marcus Amelkin	Kwanza Butler	Michael Frumin	Madeleine Jackson	Sara Matthews	Freya Powell	Victoria Misrock Stein
Clare Amory	Petr Cancura	Anne-Marie G.	Jennifer Jacobs	Amy McCarthy	Karla R.	Remle Stubbs-Dame
Andrew	Tom Cannell	Christine Garcia	Tristan John	Candice McLeod	Rachel	Mieko Takahashi
Ioanny Andritsos	John Cannon	Mika Gedeon	Josh Kantor	Sonia Mendez	Aisha Rab	Lidia Tamplenizza
Ann Marie Anise	Jared Carrano	Bill Gerhard	Sara Keenan	Jenica Miller	Dounia Rathbone	Taylor
Adam Aston	Cynthia Cascione	Hiroko Gildea	Kwasausya Khepera	Hanakyle Moranz	The Rawes	Bhav Tibrewal
Christiane Baker	Jill Chernin	Rebecca Giordano	Kate King	Ann Murphy	Cathy Resler	Dan Torop
Shermaine Barlaan	Kate Chumley	Natural Gittens	Jennie Kixmilller	Vanessa Nisperos	Grace Robinson-Leo	Liz Velikonja
Robert Bayer	Edward Copeland	Robert Glass	Gracie Landes	Maxwell Orenstein	Heather Rowley	Teresa Von Fuchs
Nicholas Bedell	Jeremie Delon	Emma Golden	Beatriz Leon	Christa Orth	Josie S.	John Webber
David Benoit	Sara Dierck	Geoffery Green	Ellie Lotan	Katie Pallatto	Laura S.	Kathryn Weselcouch
Stav Birnbaum	Nancy Dodd	Melissa McHam Green	Vivian Chenxue Lu	Meredith Palmer	Nancy Saldivar	Amber Winick
Rachel Blatt	Karni Dorell	Sarah H.	Conan Magee	Michelle Peake	David Schiller	Rebecca Wisotsky
Andrew Blomquist	Heather DuBois	Lana Halvorsen	Bobby Markowitz	Candace Peters	Rachel Schragis	Rebecca Yochelson
Dolores Brandon	Wendy Eberhardt	Jocelyn Ho	Linda Marsanico	David Perrin	Shawn	