

Established
1973



LINEWAITERS'

GAZETTE



Volume GG, Number 14

July 12, 2012



ILLUSTRATION BY ROD MORRISON

"My wife does my Coop shift."

Families and the Food Coop: Doing Double Duty

By Allison Pennell

There was a time back somewhere in the 1980s—when a giant carrot on the shopping floor wall proclaimed a membership goal of 1,000 and when you didn't have to work for food. Not that much later—by the 1990s—if you could afford the 15 bucks to hire a 14-year-old named Matthew Malter Cohen—he would do your shift for you.

Yes, in the days before *The New York Times* wrote articles about nannies doing their employer's shifts for them and people quitting under the crushing burden of work slots, there was one enterprising young high school boy whose melodic name lives on as an echo of halcyon days gone by: when, for the price of groceries, you would buy your way out of 10 makeups.

According to legend, Matthew Malter Cohen got so busy that he recruited his

friends to serve the needs of the needy workforce of the Park Slope Food Coop, taking a cut of their wages. Also according to urban myth, it seemed like whole general meetings were devoted to debating whether it was kosher to have a Matthew Malter Cohen on hand. At his height, he worked eight shifts a week for his parents' friends and their friends, who told two friends about it and so on. He was trained to be everywhere except the childcare room, and even pinched hit as a squad leader a few times.

Matthew Malter Cohen is still a Coop member. And no, he's not a pimp or CEO of a diamond mining operation in Ecuador. He's a neuroscientist with a wife and a new baby. He laughed when I asked if he had really subcontracted and said no, that hadn't happened, but the rest was true. When he went off to col-

CONTINUED ON PAGE 2

Coop Collects Cornucopia of Local Flours

By Hayley Gorenberg

Bake local! The Coop now sources its bulk flours from nearby farms and mills. Lancaster Farm Fresh Cooperative, which services many small farmers in Pennsylvania, has begun delivering an array of flours from local producers such as Daisy Flour, milled by McGeary Organics in Annville, PA on a mill site predating 1740. Daisy Flour claims the oldest, continuous-operating mill in the U.S., and it uses wheat grown in New York and Pennsylvania.

Nearby Small Valley Milling provides and directly delivers the Coop's spelt flour, spelt berries and farro (emmer wheat). Both grow and mill their own products, according to Coop bulk buyer Ron Zisa.

As General Coordinator Ann Herpel pointed out, sourcing from these mills "showcases again the Coop's effort to support local producers in as many ways as possible."

Specifically, whole wheat bread flour, whole wheat pastry flour and white bread flour in the Coop's bulk bins come from Daisy Flour, while Small Valley Milling delivers spelt, spelt berries and emmer wheat, or farro. Zisa anticipates the Coop will resume carrying emmer wheat flour as well, and waxed enthusiastic about the product: "It's a wonderful grain, and

CONTINUED ON PAGE 3



PHOTO BY KEVIN RYAN

Next General Meeting on July 31

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The next General Meeting will be on Tuesday, July 31, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette*, on the Coop website at www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions will be posted.

IN THIS ISSUE

Puzzle	3
Congregation Beth Elohim Hosts Arab-Israeli Group in Community Concert	5
Coop Hours	6
Coop Calendar, Workslot Needs	7
Governance Information, Mission Statement	7
Letters to the Editor	8
Community Calendar	12
Classified Ads	12

Coop Event Highlights

- Fri & Sat, Jul 13-14** • Blood Drive 11:00 a.m.-6:00 p.m.
- Sun & Tue, Jul 22 & 24** • All About the Coop's New Animal Welfare Committee 7:00 p.m.
- Fri, Aug 3** • Film Night: *Finishing Heaven* 7:00 p.m.
- Tue, Aug 14** • Safe Food Committee Film Night: *Food Fight* 7:00 p.m.

Look for additional information about these and other events in this issue.

Double Duty

CONTINUED FROM PAGE 1

lege, MMC says he gave his business to another teenager named Matt...Matt Levy and his younger brother.

A few years later, the practice was banned (with MMC's blessing) and the practice of fobbing off your Coop shifts on another family member officially began. For every cooperating couple, there's likely one like mine: where one spouse is too busy or disinclined to "work for food."

Officially, the Coop says working for household members started back in the 70's.

Another Matt now enters the story. Matt Mitler's wife works unpredictable, often long hours as a food stylist for commercials. After he'd ended up working her six a.m. receiving shift one too many times, Matt

asked if there was a shift that needed a second squad leader. That was eight years ago. He also does most of the family shopping but as he says, "I do 'guy shopping,' so she usually has to stop in for peripherals like vegetables."

Longtime member—and *Gazette* editor—Erik Lewis also started working the family shifts for his wife Deborah Kaplan when she got a demanding job as an Assistant Commissioner at the NYC Department of Health.

"Our arrangement is that I do the shifts, she does the shopping. I occasionally shop. She likes shopping there so much she created a shopping list form with all the regular items in the order in which she shops—by aisle—starting with produce. I use it on the occasions when I shop. We both really love the Coop—its liveliness and its diversity and of course its good food."



Kathy Borowitz says she enjoys the Coop enough for two. She works her husband's shifts and does most of the shopping.

It's really a social occasion when she (and I) shop—running into old friends, etc. However, we rarely shop together—our styles are too different and we invariably get into little arguments."

Whoa. That's very organized.

As member Kathy Borowitz puts it with a laugh, she joined knowing that she would work all the family shifts.

"My husband doesn't come from a family of male grocery shoppers. He's offered to push the cart home. I think he is a little afraid of the Food Coop."

The husband in question is John Turturro, who confirmed his disaffection with Coop shopping in a hilarious

about having to wait on that line and then you have to pay and then you have to bag it and you have to wait on the other line to get checked. For certain people it's like the mental block of 'I've joined a commune.' I can't do it. I don't know. I just think it's a mental block."

Snort. These sentiments so closely mirror my husband's that I can't help but laugh. All the silliness, rules and commingling that I kind of love about the Coop definitely aren't for everyone.

Borowitz says she enjoys the Coop enough for the two of them, likes that everybody has to work whatever their status and is happy to have this be a portion of her contribution to the marital bargain. Besides, she banked

almost a lifetime supply of FTOPs when she helped coordinate the Brooklyn Food Conference in 2009, so she's only working one Food Processing shift at present.

So what do you do if one of you is in and the other would just as soon shop at Key Food? You make a deal. That is, if you don't pretend you don't have a spouse or, alternately, get them a "disability." Yes, I am going to go Gail Collins on this fake disability scam people have going because no, a bad back that doesn't get in the way of your tennis game or job shouldn't make it impossible to work any Coop work slot. Happily, most Coop households have more compunction about this moral dilemma.

As failed member Diane Mehta wrote in a *chow.com* article:

"I thought about ways to cheat the system. I could say my husband left me, so I wouldn't have to work his shift too. Declaring how many adults live in your household is done on the honor system. So the Coop would have no way of knowing. But then I had an O. Henry moment: What if my husband really did then leave me?"

Or blogger "Chicken Underwear":



PHOTOS BY LISA COHEN

In high school, an enterprising Matthew Malter Cohen made his living doing other members' shifts. Matthew Malter Cohen today is still a Coop member. He works his wife's shifts and she does the shopping.

"When I joined the Coop I decided to be honest. I went through a huge hassle because I decided not to lie. I could have told them that I was a single parent (my wife is not going to walk in the door ever) and I would only have to do one shift."



"My kids do my Coop shift."

and/or other household products.

John Shapiro and his college-aged daughter Moriah have an exchange going. She worked his shifts for a few months this spring and now he's working hers. "The final irony is that she missed one work shift, forgot to tell anyone, so I will be making up two for her. Teenagers!"

And in a move that should inspire all Park Slope parents, as soon as Cathy and Paul Calderon's older son turned 14, Paul took him down to get working papers and gave him a real job: working their shifts at the Coop.

Says Cathy, "Our younger son was green with envy that

his older brother was doing such an adult thing (working a real job!), and counted the months and days until he could get his papers and start to work, which finally happened last year."

And the boys do the family shopping too!

"Once they were old enough (I think we started this when the older one was 10 or 11), they would take the shopping cart with a full list and head down to the Coop on their own, and do the entire shop for our household once a week. I must say, other adults were always flabbergasted that we were able to get them to do that, but for us it seemed pretty natural and organic, a natural progression from helping out with the shopping that they'd already been doing for years."

Wow. When I told my just-turned-14-year-old pasha about this, he laughed right in my face. But his time is coming! He just doesn't know it yet.

My 9-year-old daughter, on the other hand, is ready to take over my shifts right now.

So there you have it. The Coop's essence: good food, diversity and working together for the common good (some which way). ■



Local Flours

CONTINUED FROM PAGE 1

we're selling a lot of it. It's an ancient grain, over 7,000 years old," Zisa said, plumping the fiber, minerals and protein in the grain, which he said was one of five grains allowed by ancient rabbinical authorities for making matzo, with antifungal properties that stop yeast from growing, such that it was used traditionally for flat bread.

Daisy Mill flours may surprise some Coop bakers because they lack barley malt, which many mills add to impart a brown color to the final baked product. "These don't," Zisa said. "For some people that's a big change, because they're not going to get that golden dark brown color that they usually get on their breads."

Daisy Flour Organics

Daisy Flour advertises it mills 100% organic grains from farmers in New York and Pennsylvania, "where the climate supports the soft winter wheat varieties that make up our white and whole wheat pastry flours," sometimes expanding its reach "to farms in Ohio, Virginia or West Virginia to get enough premium grain." The miller tests weight and moisture content, checks for heat damage and the presence of weed seeds and claims to "reject wheat that is not up to our standards."

On the extensive website, Daisy Flour quotes experts in heritage seeds such as Sharon Rempel, who says, "There are about 200,000 varieties of just bread-type (hard winter) wheat in the global shopping basket...yet only a few genetic lines of wheat feed the

world...We don't need a test tube to create 'new' varieties, only a willingness to explore the diversity that already exists in the world."

A decade ago, Daisy Flour began a growing project of 13 heritage wheats developed before 1960 "without high inputs of chemicals," and

offers piecrust recipes and advice on turning out apple, peach, sweet potato and molasses shoo fly pies.

Small Valley Milling

Small Valley Milling (www.smallvalleymilling.com) produces certified organic flours and offers a website featuring recipes for cinnamon buns and raisin muffins from grains like spelt, stating "We have collected some of the best tasting and fresh-

est recipes around that use our organic spelt flour. All the recipes here have been tested personally in our own kitchen here on the farm."

Indeed located in central Pennsylvania's Small Valley, Small Valley Milling produces organic spelt flour "mainly from grain raised on the family operated organic farm surrounding the mill and neighboring farms."

The mill transitioned to organic farming in 1997, and provides an array of links to local organic resources such as the Pennsylvania Association for Sustainable Agriculture (PASA), "a nonprofit organization working to improve the economic and social prosperity of Pennsylvania food and agriculture," and Pennsylvania Certified Organic (PCO), "a USDA-accredited organic certifying agency that educates and certifies growers, processors and handlers of organic crops, wild crops, livestock and livestock products in Pennsylvania and adjoining states." PCO, in addition to the USDA, has certified Small Valley Milling.

Farro, or Emmer Wheat

Archaeological excavations and ancient tombs

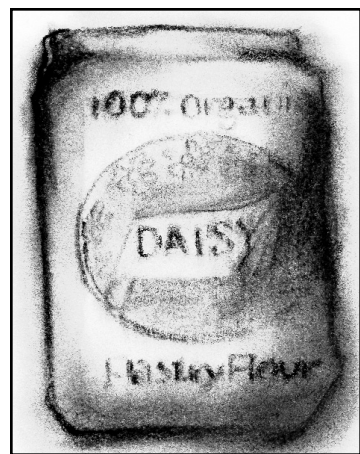
have been found to contain emmer wheat, or farro, shown by radiocarbon dating to have grown many thousands of years ago. Its DNA indicates the grain was domesticated in southeast Turkey. There are indications that its cultivation in southern Mesopotamia declined in the Early Bronze Age, from about 3,000 BC, as barley rose in popularity, perhaps due to its higher tolerance of salinity in soil. It was the primary wheat cultivated in Pharaonic times,

and large quantities were preserved beneath the Step Pyramid. It was an important crop through the Iron Age.

The crop yields well on soils considered "poor," and its resistance to fungal diseases make it particularly suitable to wet climates. Italy has embraced emmer wheat enthusiastically, and farro is widely available there. The Swiss bake plenty of emmer bread, and the Riedenburg eco-brewery in Bavaria, Germany, produces Emmerbier. ■

Small Valley Milling (www.smallvalleymilling.com) produces certified organic flours and offers a website featuring recipes for cinnamon buns and raisin muffins from grains like spelt.

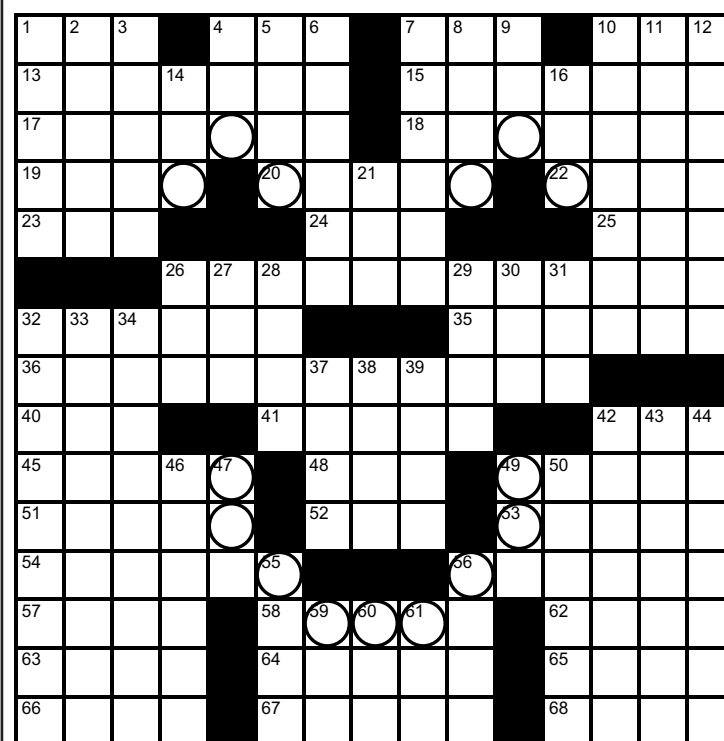
advertises, "We've developed organic seed grains from some of the most lustrous of the old-style names: Fulcaster, Red May, Lancaster, Red Fife, among them. And we are still at it!"



The project hasn't yet harvested enough premium grain to mill salable quantities, and the outfit continues to explore which varieties grow well in the region's organic soils.

Daisy Flour's site (www.daisyflour.com) is chock-a-block with grain tips, including a summer feature crowing, "Pie Season Is In Full Swing! No longer will you want to duck your head in confession, saying: 'Oh I just buy my crusts in the store!' The site

Crossword Puzzle



Across

1. "The Book of ____" (2010 Denzel Washington movie)
4. Dumbbell abbr.
7. Roast VIPs
10. Observed
13. Rhode Island town known for its opulent mansions
15. West End attraction
17. Red Cross beneficiary, perhaps
18. Swindle
19. Godfather's voice, maybe
20. No-no
22. Suffix with stink
23. "Are you a man ____ mouse?"
24. Twosome
25. Un : France :: ____ : Germany
26. With 36-Across, the opening lyric of a "Bye Bye Birdie" song whose title aptly appears in the grid's circles
32. Measure
35. Some virtual meetings
36. See 26-Across
40. Fossil suffix
41. "August: ____ County" (2008 Pulitzer Prize-winning drama)
42. Used a stool
45. Bar mitzvah reading
48. "____ Maria"
49. Prefix with centric
51. Rock concert venue
52. Actor Danson
53. Old geezers
54. #1 position
56. For three: Fr.
57. Princess loved by Hercules
58. Genre of TV's "Alias"
62. Buster Brown's dog
63. Post-Passover period
64. Snowboarder White
65. Federal dept. with a lightning bolt on its seal
66. "I, Claudius" figure
67. Quaint denial
68. IRS IDs

Down

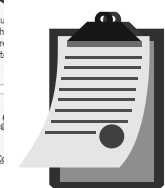
1. Start of the Spanish calendar
2. Burton of "Reading Rainbow"
3. Gloria Steinem's "____ Playboy Bunny"
4. Baseball's Brock
5. Baseball's Saberhagen
6. Unwavering
7. Highest peak in N. Zealand
8. "Ah" follower
9. Upper house member: Abbr.
10. Ogle
11. Tall wardrobe
12. Tots
14. Drug whose street name is angel dust
16. Turkish title
21. Commuter's choice
26. Floor (it)
27. Messenger ____
28. Classic record label for the Bee Gees and Cream
29. "Able was ____..."
30. University URL ending
31. Drain
32. Turbulence
33. Road house?
34. Nickelodeon showing
37. 180 is its max. score
38. Roof overhang
39. Matured
42. Sure winners
43. Immunologist's concern
44. Horseshoes players
46. Prefix meaning "situated in front"
47. Vietnamese coin
49. Outer: Prefix
50. Flourless cakes
55. Hushed "Hey!"
56. "____ it the truth!"
59. Fraternity letter
60. ____ in "yellow"
61. Enjoyable

Puzzle author: David Levinson Wilk. For answers, see page 5.

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ **On the Coop's website**
(www.foodcoop.com)



◆ **Add your name to the sign-up sheet in the ground-floor elevator lobby**



◆ **Call the Membership Office**

MEMBER
CONTRIBUTION

PSFC Boxes in L.I.

By Heidi Oleszczuk

Hi from L.I., where unpacking turned into Box Art. Miss you all, Heidi ■

VALET BIKE PARKING
IS HERE
ON SUNDAYS!strollers & scooters
& carts too!Every Sunday, April 1–November 18,
from 3:30–8 p.m.,Coop members can leave their bikes with
our valet parking service, which is like
a coat check for bikes. Working members will
check in and watch your bike for you.Just drop off your bike, stroller, scooter or
personal cart, do your shopping or your shift,
and hop back on.

No locks, no worries, no theft.

Service operates rain or shine.

Look for us in front of the yellow wall.
(Note: no bike check-in after 7:30 p.m.)Valet bicycle parking at the Coop
is brought to you by the PSFC
Shop & Cycle Committee.PSFC
Shop & Cycle
CommitteeEXPERIENCED REPORTERS
Please Apply

Workslot Description

We have four distinct *Linewaiters' Gazette* teams—each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team's editor every eight weeks.

For More Information

If you would like to speak to an editor or another reporter to learn more about the job, please contact Ann Herpel in the Membership Office or email her at ann_herpel@psfc.coop.

To Apply

Please send a letter of application and two writing samples at least 800 words long (one sample must be a reported interview, *not* a Q&A) to ann_herpel@psfc.coop. Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop. Your application will be acknowledged and forwarded to the coordinating editors, Stephanie Golden and Erik Lewis.Seeking Diversity on the *Gazette* StaffThe *Gazette* is looking for qualified reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the *Gazette* and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.THE
GAZETTE
INDEXESIf you are interested in the history of the Coop or in when and how particular subjects have been discussed in the *Gazette*...Send an e-mail to Len Neufeld, Gazette indexer, at lenneufeld@verizon.net, to request PDF files of

either or both of the following indexes:

- An alphabetized list of the titles of all articles published in the *Gazette* from 1995 to the present, with issue dates.
- An alphabetized list of all subjects (including people's names) discussed in *Gazette* articles from 1995–99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the *Gazette* issues referenced in these indexes are available as PDFs on the Coop's website.OUR SMALL, UPSTATE NY TOWN OF MIDDLEFIELD IS FIGHTING A
BEHEMOTH GAS COMPANY OVER FRACKING. WE NEED YOUR HELP.

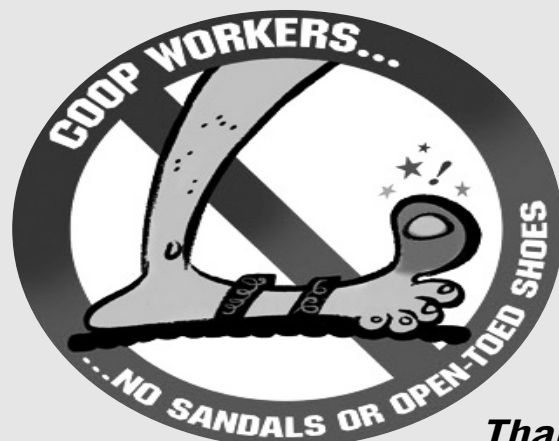
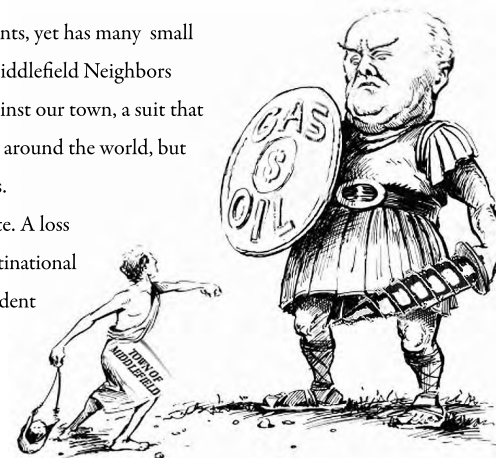
Middlefield, located near Cooperstown, NY, has only 2,000 residents, yet has many small sustainable farms as well as organic farms such as Raindance Farms. Middlefield Neighbors raised over \$50,000 in 2011 to fight a gas company-funded lawsuit against our town, a suit that tried to quash a ban we enacted on fracking. We won, as noted in press around the world, but the gas company - with its deep pockets - is now back to appeal the loss.

The outcome of the appeal will affect every person in New York state. A loss will be a huge loss for home rule, and will throw open the doors for multinational gas companies to steamroll in. A win on our part will provide case precedent that may stop the gas companies, and that will certainly make the DEC, the NY State Legislature, and Governor Cuomo take notice.

Help defend tiny Middlefield against the voracious frackers before they destroy upstate NY, our water, our towns, and our agriculture.



Help us reach our goal of \$30,000 by sending a tax-deductible donation, of any size, to: Town of Middlefield, P.O. Box 961, Middlefield NY, 13326, with notation of "Gas Suit Fund." Or call 607-282-0404 and speak with Peg Leon for more info. All donations go directly to the town and are held in a dedicated fund to only fight the appeal. Thank you.

MIDDLEFIELD NEIGHBORS Powered by People, Not Gas \$\$\$LEARN MORE AT WWW.SUSTAINABLEOTSEGO.ORG/THE-MIDDLEFIELD-PAPERS. OUR THANKS TO THE PARK SLOPE FOOD COOP FOR GENEROUSLY DONATING THIS AD SPACE.Please protect your
feet and toes while
working your shift
at the Coop by not
wearing sandals or
other open-toed
footwear.Thanks for your cooperation,
The Park Slope Food Coop

MEMBER CONTRIBUTION

Congregation Beth Elohim Hosts Arab-Israeli Group in Community Concert

By Hayley Gorenberg

Congregation Beth Elohim hosted 18 young musicians from the Arab-Israeli Polyphony Youth Orchestra, who performed an hour-long concert in the main sanctuary on June 28. The strains of a Bach violin concerto and Grieg's Holberg Suite wafted through the hot, humid air, to the delight of a local audience that included the Muslim and Orthodox Jewish mayor and deputy mayor, respectively, of Teaneck, New Jersey.

The performers and audience reflected the goal of the nonprofit Polyphony Foundation: "To find common ground through a common sound," connecting Arab and Jewish communities in Israel through the work of musicians

from the Galilee and Tel Aviv areas (www.polyphonyfoundation.org).

Coop member Rabbi Andy Bachman introduced the young Arab and Jewish musicians, with obvious pride at bringing the group to the community through this free concert. Congregation Beth Elohim hosted a reception afterwards, where audience members could congratulate and meet the orchestra performers.

Founded in 2006, Polyphony has more than 100 youth playing internationally and has linked 1500 Arab students in Israel with Jewish conservatories and teachers. The organization also promotes women's empowerment by challenging stereotypes as it features female soloists. ■

COMPOST COMMITTEE NEEDS HAULERS WITH VEHICLES

JOIN THE SQUAD THAT HELPS TO COMPOST MORE THAN 2,000 BUCKETS OF FOOD SCRAPS! WORK OUTSIDE IN LOVELY BROOKLYN GARDENS.

WORK IN TEAMS OF TWO, HAULING BUCKETS OF THE COOP'S PRODUCE SCRAPS TO LOCAL GARDENS FOR COMPOSTING.



WORK ANY TIME ON YOUR SCHEDULED DAY. THE WORK IS PHYSICAL AND IS DONE IN DELIGHTFUL WEATHER AS WELL AS INCLEMENT WEATHER. RELIABILITY IS A MUST—IF YOU ARE PRONE TO MISS YOUR SHIFT, THIS IS NOT THE SPOT FOR YOU.

If you are interested or want to find out more, please call Sherry (Squad Leader) at 718-398-4454 or Annette Laskaris (PSFC) at 718-622-0560.



SUMMERTIME



...and the living is easy.

But don't forget your coop shift!

If you plan on being away during one of your workslots, please make arrangements to have your shift covered.

One way to do it is to use the Shift Swap at www.foodcoop.com!

If you plan on being away for eight weeks or more, contact the Membership Office to take a leave of absence.

Your co-workers will love you for it!

What Is That? How Do I Use It?

Ask Me Questions About Coop Foods

Friday, July 27, 8 to 10:45 a.m.

Monday, July 30, 12 to 2:45 p.m.

You can join in any time during a question-and-answer session on the shopping floor.

Look for our leaders in produce aisle.

RETURN POLICY

Park Slope
FOOD COOP

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

NEVER
RETURNABLE

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE
Packaging/label
must be present-
ed for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.



ILLUSTRATION BY ROD MORRISON

Crossword Answers

E	L	I		L	B	S		M	C	S		S	A	W	
N	E	W	P	O	R	T		T	H	E	A	T	R	E	
E	V	A	C	U	E	E		C	O	N	G	A	M	E	
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G	O	N	N	A	C	L	E	A	R	U	P				
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T	O	R	A	H		A	V	E		E	T	H	N	O	
A	R	E	N	A		T	E	D		C	O	O	T	S	
T	H	E	T	O	P				A	T	R	O	I	S	
I	O	L	E			S	P	Y	F	I		T	I	G	E
O	M	E	R			S	H	A	U	N		E	N	E	R
N	E	R	O			T	I	S	N	T		S	S	N	S

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.

Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.

Saturday
6:00 a.m. to 10:00* p.m.

Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS'
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Animal Welfare Committee
Seeks New Members

This newly formed committee will focus on research and education. We plan to:

- ✿ research animal-care standards for Coop meat, eggs, dairy, and seafood
- ✿ decode labeling used on Coop products (organic, cage-free, Certified Humane, etc.)
- ✿ determine which Coop personal-care and household products are tested on animals
- ✿ inform members via fact sheets, *Linewaiters' Gazette* articles, signage, etc.



We seek an applicant pool reflective of the diversity of the Coop, including dietary diversity (omnivores, vegetarians, and vegans welcome).

Requirements:

- Must be a member for at least one year
- Have good attendance record
- Attend monthly committee meetings on Mondays, C week, 7-8:30 p.m.
- Participate in subcommittee work as needed

For more information about the committee and to apply, please go to www.psfcanimals.blogspot.com/2012/06/apply-within-were-ready-to-add-new.html

Monthly on the...

Second Saturday

JULY 14

10:00 A.M.–2:00 P.M.

Third Thursday

JULY 19

7:00 P.M.–9:00 P.M.

Last Sunday

JULY 29

10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

RECYCLING
PLASTICS

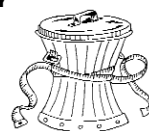
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



This Issue Prepared By:

Coordinating Editors: Stephanie Golden
Erik Lewis

Editor (development): Wally Konrad
Tom Moore

Reporters: Hayley Gorenberg
Allison Pennell

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Lee Schere
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Editor (production): Lynn Goodman

Advertising: Andrew Rathburn

Puzzle Master: David Levinson Wilk

Final Proofreader: Teresa Theophano

Index: Len Neufeld



WORKSLOT NEEDS

Store Equipment Cleaning
Monday or Wednesday, 6 to 8 a.m.

The Coop is looking for members to clean the checkout area of the store. This entails cleaning the scales at each checkout and vacuuming around the base of the checkout station as well as sweeping and occasionally mopping. You will work under the supervision of a staff person.

Plastics Recycling Baler
Saturday, 1 to 3:45 p.m.

Baler will work as a member of the Environmental Issues Plastic Recycling Committee. Work includes operating the baler machine in the receiving area—NO OPEN-TOED FOOTWEAR SHOULD BE WORN WHILE WORKING IN THIS AREA. Worker must be able

work with Receiving staff to coordinate the use of the baler and shared workspace, and must be able to follow detailed safety instructions. Some strength and lifting required. Training will take place on first scheduled shift. You will need to contact Cynthia Pennycooke, Membership Coordinator, via phone Mon-Fri 8 a.m.-12:30 p.m. in the Membership Office or e-mail cynthia_pennycooke@psfc.coop prior to being assigned to this shift.

Laundry and Toy Cleaning
Sunday, 8:30 to 10:30 p.m.

This work slot has two responsibilities. You will load laundry into dryer, fold it and redistribute it around the Coop. While the laundry is washing/drying, you will clean toys in the childcare

room. You will be working with a partner on these tasks. Please contact Annette or Jana in the Membership Office for further information.

Refrigerator Cleaning
Monday, 9 to 11 a.m.

This position requires a desire to do physical work, enjoy cleaning, and organize refrigerators. You will thoroughly clean the refrigerator, removing all movable parts and cleaning them, label food items, and discard old or out-of-date products. Please speak to Adriana in the Membership Office if you are interested.



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet
www.foodcoop.com

The Coop on Cable TV
Inside the Park Slope Food Coop
FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, JULY 31
GENERAL MEETING: 7:00 p.m.

TUE, AUGUST 7
AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Aug 28 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:
July 26 issue: 12:00 p.m., Mon, July 16
Aug 9 issue: 12:00 p.m., Mon, July 30
CLASSIFIED ADS DEADLINE:
July 26 issue: 7:00 p.m., Wed, July 18
Aug 9 issue: 7:00 p.m., Wed, Aug 1

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, July 31, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators
• Enjoy some Coop snacks • Submit Open Forum items
• Explore meeting literature
Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.
Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports
Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.
Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslop-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

- **Advance Sign-up required:**
To be eligible for workslop credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.
Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**
Each member may take advantage of the GM-for-workslop-credit program two times per calendar year.
- **Certain Squads not eligible:**
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**
In order to earn workslop credit you must be present for the entire meeting.
- **Signing in at the Meeting:**
 1. After the meeting the Chair will provide the Workslop Credit Attendance Sheet.
 2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



LETTERS TO THE EDITOR

500-700 PALESTINIAN CHILDREN ARE ARRESTED YEARLY

COOP MEMBERS:

West Bank and East Jerusalem

WHY are 500-700 Palestinian children arrested yearly in Bil'in, Nabi Saleh, Beit Ommar, Beit Sahour, Jordan Valley, East Jerusalem: **to apply maximum pressure against Palestinians to stop non-violent protests against expansion of settlements, loss of village land and theft of resources.** Children (ages 12-17) are arrested on suspicion of stone throwing; 94% are held in pre-trial detention without bail; 93% of Palestinian minors convicted are given jail sentences; family visits are restricted.

From B'Tselem's July 2011 report: *No Minor Matter*: the rights of these minors are violated severely throughout the criminal justice process. Israel, the occupying power, has the moral and legal obligation to ensure the rights of Palestinian minors under its responsibility. Israel must incorporate into military law the provisions of Israel's Youth Law including the rules that apply to arrest, interrogation, trial and penalties.

UK Report, "Children In Military Custody," Indicts Israel

With funding from the Foreign Office, in September 2011, a visiting delegation of nine eminent human rights British lawyers examined each stage of the process from arrest to detention of Palestinian children. Their report, *Children In Military Custody*, issued 6/26/12, cited Israel in violation of the UN Convention of the Rights of the Child (Israel ratified) which prohibits cruel, inhuman and degrading treatment; in breach of article 76 of Fourth Geneva Convention and in violation of international law.

UK Report: 40 Recommendations Reflect Horrific Treatment

The delegation met with Palestinian and Israeli NGOs, UN agencies, lawyers, former Israeli soldiers and former child detainees. Recommendations included:

- Ending night arrests
- Inform children of the right to remain silent in their own language
- Never blindfold or hood children
- Never use single plastic hand ties
- Never use violent, threatening or coercive methods
- Never shackle children
- Never use solitary confinement.

The Report concluded: 'every year hundreds of Palestinian children are traumatized, sometimes irreversibly, denied part of their schooling and then live at ongoing risk of much harsher punishment if they are arrested again.'

In interviews with Israeli government officials, military judges and prosecutors: Palestinian children are informed of their rights; violence and threats are forbidden. The report cited one military prosecutor saying: that every Palestinian child is a 'potential terrorist.' Such a stance seems to us to be the starting point of a spiral of injustice.

Legal Apartheid: Unequal Treatment Palestinian vs. Israeli Children

- Minimum age to be sentenced: Palestinian, 12; Israeli, 14
- During interrogation: Palestinian, no parent; Israeli, generally a parent
- Coming before a judge: Palestinian, up to eight days; Israeli, within 24 hours

- Detained without charge: Palestinian, 188 days; Israeli, limit 40 days
- Without access to lawyer: Palestinian, 90 days; Israeli, 48 hours.

Send the message to Israel to end the occupation: support the BDS movement.

References: Harriet Sherwood, Annie Robbins, Asa Winstanley, Terri Judd; B'Tselem, The Israeli Information Center for Human Rights in the Occupied Territories

Mary Buchwald
Brooklyn For Peace
PSFC member for BDS
www.psfcbds.wordpress.com

letter to an indictment of Syria. Each of them ends with the same refrain: why only Israel?

There is one major difference between all the countries referred to and Israel. That difference is hinted at by Mr. Meltzer, when, after listing the other countries, he cannot speak of Palestine except as "the Palestinian Territories," since it's not a country (though many of its occupants would like it to be). Rather, it is occupied territory. Its occupier is the state of Israel. As an occupier, Israel has responsibilities, both moral and legal, to treat the people whose land it is occupying in a decent way. It is not living up to these responsibilities. I'll focus here on only one such abuse—the settlements.

Here is the beginning of an article from the BBC (British Broadcasting Company, not known as an antagonist of Zionism), dated 10 December, 2009 [the words in bold are that way in the original article]:

"It is widely accepted that under international law, the Jewish settlements in the territories occupied by Israel in 1967 are illegal."

Article 49 of the Fourth Geneva Convention relative to the protection of civilian persons in time of war states: **"The occupying power shall not deport or transfer parts of its own population into the territories it occupies."**

Within the international community the overwhelming view is that Article 49 is applicable to the occupation of the West Bank including East Jerusalem, the Gaza Strip and the Golan Heights.

Almost the entire international community, including allies of Israel, have referred to the situation in these territories as occupation.

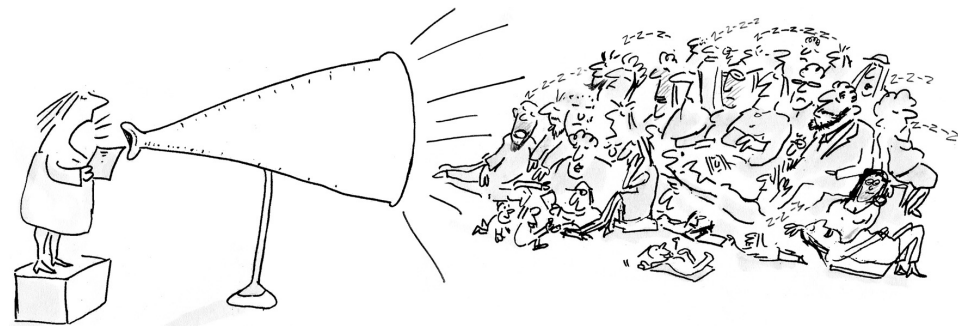
The position that the 4th Geneva Convention does apply to the West Bank, Gaza and Golan Heights is supported by the International Committee of the Red Cross, UN bodies, and the International Court of Justice.

Israel is a party to the Geneva Conventions, and bound by its obligations."

Of all the countries referred to by Messrs. Meltzer and Tobias, Israel is unique: it is visiting its abuses on non-citizens of its own state.

Sincerely,
Gene Glickman

ILLUSTRATION BY ROD MORRISON



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's firsthand observation.
2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

RESPONSE

TO THE EDITOR:

There are two letters in the latest issue of the *Gazette* that call for a reply, one by David Meltzer, entitled "Is Not Peace Important," and one by Allen Tobias, called "Isn't It Time." They have a similar theme: "Why focus attention on Israel, when there is much violence and injustice elsewhere in the Middle East?" Mr. Meltzer's letter is the more detailed, singling out Syria, Egypt, Saudi Arabia, Iran, Afghanistan and the Palestinian Territories for condemnation. Mr. Tobias, more narrowly, devotes his

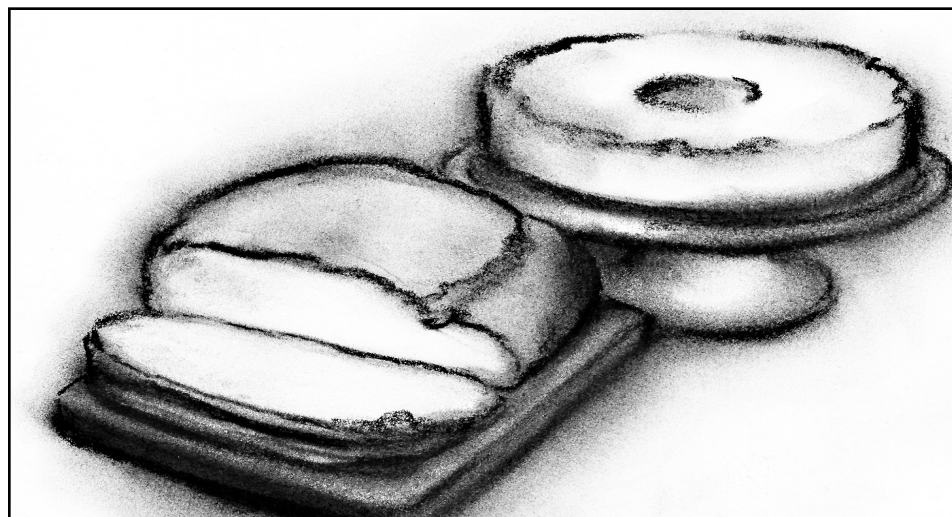


ILLUSTRATION BY CATHY WASSYLENKO

LETTERS TO THE EDITOR

TIME TO MOVE PAST THE BDS

TO THE EDITOR,

The BDS lobby continues to labor under the misapprehension that the rest of us can hardly wait for the next installment of the BDS disinformation campaign.

The democratic process has decided the matter. If the BDS folks want to continue their ceaseless rant, let them focus on the BDS website or get together and chat amongst themselves.

To allow this matter to take up a single additional moment of Coop time in the *Linewaiters' Gazette* or within the Coop facilities is to miss the point of the vote, which they themselves asked for.

In the June 14, 2012 issue of the *Linewaiters' Gazette*, Lily Rothman authored an insightful article entitled "Warm Winter May Lead to Summer Produce Shortages." And with the increasing meteorological consequences of global climate change; we will find bringing in fresh produce under increasing stress. The Coop has more important business than to continue accommodation of the singular focus of BDS.

Addressing the problems of food supply and supporting ways to protect the agricultural environment would much better serve the Coop. To stay tuned to a program that lost the ratings war is to subject the membership to unnecessary and unpleasant harassment.

Let's move on.

Rodger Parsons

LOTS OF JUICE

DEAR EDITOR:

There are eight glasses of juice in an 8-inch-diameter seedless watermelon.
Cooperatively,
Mary Rose Dallal

HOW GREEN IS YOUR GRAVE?

DEAR EDITOR,

I just finished reading Willow Lawson's article (*Linewaiters' Gazette*, June 14, 2012) about Amy Cunningham's late-life career change to "Green Funeral Director." The slant of the article presents this subject as though ecologically friendly burials were a brilliant new concept. My Jewish ancestors have been interred without embalming, wrapped in linen burial shrouds, in a plain pine box (except for the ones who were shoved into the ovens of Auschwitz concentration camp, may they rest in peace) for many, many centuries. It doesn't get any greener, and the concept is ancient, tried and true. No offense meant to Ms. Cunningham; I cannot help but perceive this new "green funeral" business as yet another faddish, middle-class, self-

conscious piece of Baby Boomer trendiness.

Bury me beneath the willow,
Howard Gotfryd

A THANK YOU FOR THE COOP!

DEAR COOP MEMBERS,

We received the Coop's generous donation of canned goods from the canned food drive in June. We are very grateful. Please extend our gratitude to each and everyone who participated in the collection and decision to organize this canned food drive for CHIPS.

All of you at the Park Slope Food Coop constantly and continuously enable us here at CHIPS, to prepare delicious and nutritious meals for the hungry and homeless that eat at our soup kitchen at least six times a week. Sometimes we serve close to 220 people on a daily basis.

Be assured of our prayers, love and gratitude to you all at the Park Slope Food Coop. A blessed and beautiful summer season to you. We are blessed to have the Coop members who do their work shifts here on Monday, Tuesday, and Saturdays.

Sincerely and gratefully,
Sister Mary A. Maloney S.F.P.,
President
Denise Scaravella,
Director

NEWS AND VIEWS

DEAR COOP MEMBERS,

The results of the Board election were Eunju Lee and Monique Bowen,

more or less neck and neck, and Audrey Miller Komaroff. Then Tim Platt, Jesse Rosenfeld, and me last. I got fewer Yes votes than usual and about four times more No votes as compared to two or three.

From my last letter: "Note strongly that Ms. Komaroff would vote against the Referendum even if the Meeting passed it. *That alone should end her eternal tenure*, but don't hold your breath!" Well, she wasn't that far from losing, which reminds me of another time when Management unseated a dedicated supporter. The late Sharon Peterson, a friend of mine and a long-time Booster, was ousted handily when Management needed a ringer to defeat the insurgent team of Stewart Martin, Paul Sheridan, and Chandra Hauptmann. Ms. Komaroff's loyalty to a cause she believes in is commendable, but threatening to Vote Against the Will of the Assembled Happenstance is an assault that Management cannot ignore.

General Manager Joe Holtz now asserts that democracy is agreement. No it isn't! Democracy is a healthy way to disagree—last I heard. We have just been defeated (roundly but not overwhelmingly—60-40 isn't that bad!) by the forces who believe the solution to our BDS problem at the Co-Op is not to talk about it—voluntary censorship by the *Gazette*! (And most recently the Co-Op has denied the use of the Meeting Room to pro-BDS groups.) It's just the same as Israel's solution to the Settlements: *It's against the law to publicly oppose them!*

More broadly, it's the same as Israel punishing its captive-opponents by demanding that they say something. This is a nauseating pervers-

sion of what I see as the main point of diplomacy: It's not what they say, it's what they do. Diplomacy is the natural home to the idea of "Sticks and stones will break my bones but words will never harm me."

Discipline update: I feel that the Co-Op is no longer a welcoming place for me, both because I have been persecuted for my sexuality and because the process of this persecution completely ignored my complaints and suggested remedies. I have also not been offered an opportunity to reply to the charges because I asked for an accusation in writing.

Finally, as an indication of how seriously we don't take our government, the Chair-Pool Committee did not see fit to announce that for the second time there was no *Gazette* reporter present. They acknowledged this fact only when an attendee raised the question. Never did it dawn on them or anybody to assign a reporter to listen to the tape. Another attendee said that she had made a recording and would report, but no one advised her that we had also made a recording. Astonishing!

Albert
718-768-9079
hobces@yahoo.com

LEFT, RIGHT

*The liberal's open-minded
And always ready to spout;
At times the gap's too wide
And his brains are apt to fall out
The conservative hails the past,
That's what his favorite sport is;
His playing, though's, affected
By lingering rigor mortis.*

Leon Freilich

Park Slope Food Coop Video Squad Workslots Available For FTOP credit

**There are current
workslot openings for:**

- 1. Production—Camera Crew
(must have own equipment)**
- 2. Final Cut Pro Video Editors
(must have own equipment)**

**For more information, contact
videosquad@psfc.coop and include
"PSFC Video Squad" in the subject line.**

The Coop has a regular show on Brooklyn Cable Access Television and will soon be expanding to podcasting via the Internet. The shows features members and issues related to the Coop and the larger Brooklyn community. Past shows include health, improv performance, live music, cooking classes and ideas for living ecologically.

Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members

Skills needed:

Communication
Problem solving
Conflict resolution
Dealing with difficult
situations and people
Investigation
Writing
Research

Currently we have members from the following fields:

Social work, education,
law, dispute resolution,
holistic medicine, design,
and journalism

Our work includes

- Applying Coop's rules and regulations
- Discussing policy issues related to the DC's work
- Investigating allegations of uncooperative behavior by members and engaging in problem solving
- Daily email contact with DC members to discuss cases
- Participating in mediation, disciplinary hearings, and other conflict resolution methods

Requirements:

In order to be considered for this position, any candidate must:

- be a member for at least a year
 - have good attendance record
 - possess the ability to work on a team
 - communicate clearly
 - have good writing skills
 - have computer proficiency (Excel, Word, emails) is essential
 - attend an evening meeting every six weeks
- We work on average 6 hours per month, more than the required work shift hours. You will be credited and your hours banked for future use.*

We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

Join us to make the Coop the best place it can be for everyone.

Interested? Please call **Jeff: 718-636-3880**

park slope
FOOD COOP

calendar of events

jul 13-14
fri-sat 11 am-6 pm

Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

jul 15
sun 7 pm

Are You New to Medicare?

Come learn about the basics of the Medicare program—Medicare Parts A and B, Medicare managed care, and Part D drug coverage. What services are covered by Medicare? How does Medicare interact with other health coverage? How much will you need to pay for Medicare coverage? When do you need to sign up for Medicare? **Michelle Berney**, M.P.A., is a consultant with the New York City Department for the Aging's HIICAP program (Health Insurance Information Consumer Assistance Program). She specializes in Medicare and its related programs. She has worked in the public benefits field for more than 12 years and has been a Coop member for seven years.

jul 22
sun 12 pm

A Hard Nut to Crack: Researching Your Neighborhood

Demographics and other statistical information are among the most difficult data to harness when you're trying to learn more about where you live. And what about researching the history of your part of the city? This workshop will introduce participants to resources and techniques to help you get a handle on your neighborhood. By the end, you will be able to conduct basic demographic research and know how to find information about Brooklyn and local issues using websites and resources both on-line and off. **Arpita Bose** is a medical librarian and director of a hospital library in Brooklyn. **Melissa Morrone** is a public librarian in Brooklyn.

jul 22 & 24
sun, tue 7 pm

All About the Coop's New Animal Welfare Committee

Have you ever thought about putting animal welfare on your shopping list? Come to this workshop and find out how. We'll provide an overview of the Coop's Animal Welfare Committee and the reasons for its formation. We'll also have a look at the research the committee has done on Coop personal-care/household products and animal testing, and examine what the various labels on our meat, dairy, eggs, and seafood mean. Meet committee members, voice your own concerns, find out how to get involved, apply to join the committee, and explore how your shopping reflects your values. **Jesse Oldham** is a Coop member and has more than 20 years experience in animal welfare. **Kama Einhorn** is a Coop member and a humane educator.

jul 27
fri 7 pm

Handling Your Child's Anger, Frustration and Fears

Many parents have questions about handling the anger, frustration or fears that their children express. Share stories with other moms and dads and hear perspectives to help your child with these important issues. **Sharon C. Peters**, M.A. is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations. She is a happy longtime Coop member.

jul 28
sat 12 pm

Effective Tools for Rapid Personal Transformation

What emotions are hiding under the cover of your anger? Do you have compassion for yourself and others? Is your heart open? If you are open to transforming your old patterns of fear, worry and anxiety and leave room for joy, happiness and fun, it can be

done. And it's easy and fun! The body is like a magnet, and when these experiences are in cellular memory, the body attracts the same experiences. Doctors and other professionals have used these techniques for daily stresses, eating disorders, robbery, rape and emotions such as anger, anxiety, fear and others. These remembrances can destroy the quality of life if not cleared. This unique, life changing technology will be demonstrated. **Marija Santo-Sarnyai** is a Geotran practitioner.

jul 31
tue 7 pm

The First Five Steps for LGBT Life Planning

Everyone wants authority and autonomy to live their life their way, although we don't plan for life's unexpected surprises. For different-sex married couples there are safety nets. Things can be tricky for LGBT Americans since rights differ by city, state and federal laws and many LGBT adults are not aware of the need to protect ourselves, leaving us vulnerable. Information on the first five steps to start your own safety net will be discussed, as well as an overview of the pertinent federal laws that impact LGBT adults. Long-time Coop member **Mary Blanchett**, MSA, LNHA, has 27 years of experience in long-term care.

jul 31
tue 7 pm

PSFC JULY General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.

Item #1: Vote on Amendments to Disciplinary Rules (50 minutes)

Proposal: "Vote on amendments to disciplinary rules."

—submitted by the Disciplinary Committee and the Hearing Officer Committee

Item #2: Coop 40th Anniversary Party Planning Ideas (40 minutes)

Discussion: 2013 is the Coop's 40th anniversary. The Coop has a tradition of throwing itself a party to celebrate its anniversary. The General Coordinators will present some preliminary party ideas and want to hear member suggestions and feedback.

—submitted by the General Coordinators

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

aug 3
fri 7 pm

Film Night: Finishing Heaven



In 1970, at the height of New York's Warhol Factory scene, ambitious NYU student Robert Feinberg began shooting his debut film. Armed with a youthful cast and crew, his then professor Martin Scorsese as producer, and the guerilla filmmaking spontaneity of the era, the production was poised to launch Feinberg's directing career. Cut to 2007, when the

cans of 16mm footage sit languishing in storage. When ex-girlfriend and firecracker actress Ruby Lynn Reyner convinces Feinberg to finally finish his magnum opus, he re-encounters the fears and self-imposed roadblocks that paralyzed him three decades ago. Directed by Mark Mann. **Amy Foote** is a freelance editor based in Brooklyn. Her editing credits include HBO's *A Matter of Taste: Serving Up Paul Liebrandt*, which premiered at SXSW and won a James Beard Award for Television Documentary; the Emmy-nominated, HBO documentary film *Finishing Heaven*; and PBS Independent Lens' *For Once in My Life*, which won the Audience Award at SXSW and was nominated for Best Musical Documentary by International Documentary Association (IDA). Amy co-produced *Flying: Confessions of a Free Woman*, a six-hour documentary series that premiered at Sundance and aired on the Sundance Channel. She has been a member of the Coop for nearly 11 years, and lives in Sunset Park.

To book a Film Night, contact Faye Lederman, squeeze@hotmail.com.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

jul 13—sep 21 2012

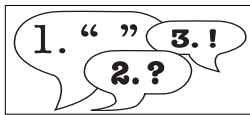
aug 4
sat 2 pm

Focus Career, Finances and Relationships Through Values

Uncover the magic key to managing your career, finances, and relationships through values! Values are often talked about and rarely defined, yet they can simply focus satisfaction and meaning. In this workshop you'll identify your essential values using a standard values-clarification tool. You'll learn specific tips and techniques to use values to: help balance your financial bottom line and live luxuriously within your means; manage and resolve stress and conflict in both personal and professional relationships, (especially when talking about money, a major source of conflict!); and, (re)focus or strengthen work direction for increased meaning and satisfaction. This workshop is appropriate for adults and teens. **Linda Katz's** values have been met as a communication and conflict-management coach and facilitator for more than 20 years, and by being a Coop member.

aug 7
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, August 28, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

aug 11
sat 12 pm

What the Tooth Fairy Never Knew!

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg DDS**, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

aug 11
sat 3 pm

Thyroid Problems, Fibroids, Cysts and PMS

Participants will learn five effective, natural ways to eliminate fibroids, cysts and PMS. We will explain the underlying causes of hypothyroidism and hormonal imbalance, how to resolve them, and how to boost energy and clarity through beneficial diet, appropriate exercise, and the use of natural supplements. This class will provide the supportive environment participants need to identify and implement the changes that will improve their health. Pre-registration suggested. To register, e-mail GreenGemHealth@gmail.com or call (646) 483-4571. **Rebecca Curtis** is a certified Holistic Health Coach. **Mary Hart, M.S., L.Ac.**, is a nationally board-certified acupuncturist.

aug 14
tue 7 pm

Safe Food Committee Film Night: Food Fight



Over the course of 20th century, our food system has been co-opted by corporate forces whose interests do not lie with providing the public with fresh, healthy, and sustainably produced food. Fortunately for America, an alternative emerged from the counterculture of California in the 1960s and 1970s, with the birth of a vital, local, sustainable food movement, led by Alice Waters, which has brought back taste and variety to our tables. *Food Fight* is a fascinating look at how American agricultural policy and food culture developed in the 20th century, and how the California food movement has created a counter-revolution against big agribusiness.

aug 17
fri 7 pm

A Business of Your Own

WORKSHOP IN BUSINESS OPPORTUNITIES (WIBO) is a must for entrepreneurs of all levels. Our mission is to enable small-business owners and budding entrepreneurs in under-served communities to obtain financial success in starting, operating and building successful businesses that develop economic power, provide jobs and improve communities. This informational workshop will answer some frequently asked questions about starting your own business. Come learn about WIBO's 16-week workshop, "How to Build a Growing Profitable Business," at seven sites in Brooklyn, Bronx, Manhattan, Queens and Yonkers. Coop member **Deirdre Lovell** is a volunteer and ambassador for the WIBO organization, which conducts a 16-week course for entrepreneurs twice annually, once in September and again in February.

aug 19
sun 12 pm

Venus: The Indwelling Divine

In this workshop, we will take a look at the evolutionary structure of relationship via the 2nd, 7th and 12th house, with the emphasis on Venus being the embodied octave of Neptune, and how we can align our personalities, emotions and bodies with source and spirit to live a rich, full, abundant, prosperous life here on our beloved Mother Earth. In our Western materialistic society, how do we align our earthy outer values with source? We will discuss the natural and distorted archetypes of Venus through the 12 signs of the zodiac, and live in the spirit of true erotic flow. The class will open with a review and brief discussion of the recent and current powerful transits. Coop member **Clara Nura Sala** has been practicing and teaching astrology for 12 years.

aug 28
tue 7 pm

Healthy Thyroid

Learn how to heal your own thyroid and free yourself of weight gains, depression, indigestion, hair loss and possibly medication. Some topics of the talk: food that sabotages and food that heals the thyroid; how water impacts the thyroid; vitamins and minerals that matter; emotions, stress and the thyroid; how to pick a good endocrinologist and what to ask him/her; how to interpret thyroid blood test results. **Magdalena** cured herself from years of Hashimoto's Disease, which is an auto-immune disease causing hypothyroid. She was told it was incurable. Today she teaches how to self-heal with food, supplements, water and stress management.

still to come

aug 28 **PSFC AUGUST General Meeting**

sep 7 **Film Night**

sep 4 **Agenda Committee Meeting**

sep 11 **Safe Food Committee Film Night**

sep 6 **Food Class: Healthy Japanese Restaurant Food**

sep 21 **The Very Good Coffeehouse Coop Concert Series**

CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our web site at houseon3st.com. Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!

REAL ESTATE

HAVEN OFF THE HUDSON. Friendly, historic 3-season wood-ed community in Westchester county. Co-op offers hiking, tennis, pool, wifi cafe, social activities, organic garden. Beautiful Hudson riverfront nearby. Studio, 1-BR cottages, \$35k-\$129k. www.reynoldshills.org/bungalow-shop. Tel: 347-307-4642 or mel-garfinkel@yahoo.com

CATSKILL RENTAL. Private Get-

away, oasishill.com or call Dave 212-289-6282.

MERCHANDISE-NONCOMMERCIAL

FOOSBALL TABLE FOR SALE: Voit 48-inch "Competitor" Foosball Table. Purchased this X-mas, like new and in perfect shape. Best part: no assembly required! Need to sell because we are moving! Its a ton of fun! Make me an offer, they retail for \$154.99 Call Andrew 917-803-9376.

MERCHANDISE WANTED

SELL IRIS RECORDS your CDs/LPs! Appointments day/night at your home. We pay cash and do the heavy lifting. Collections appraised for estates/divorces. Don't throw away your stoop sale leftovers! Iris will buy and sell/donate LPs, CDs, DVDs, books. Email Stephen at [\[ots@gmail.com\]\(mailto:ots@gmail.com\) or call 609-468-0885 for more info.](mailto:recordri-</p>
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SERVICES

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

MADISON AVENUE HAIR STYLIST is right around the corner from the food coop — so if you would like a really good haircut at a decent price, call Maggie at 718-783-2154. I charge \$60.00.

PAINTING & WALLPAPERING- 25 yrs exp. doing the finest prep + finish work. One room or an entire house. Free estimates + full insurance coverage. Call Fred Becker @ 718-853-0750.

HAIRCUTS HAIRCUTS haircuts. Color, high lights, low lights, oil treatments in the convenience of your home or mine. Adult cuts \$35.00-40.00. Kids cuts \$15.00. Call Leonora 718-857-2215.

NEED GREAT CHILDCARE? We highly recommend our great sitter Trish. Caring, reliable and wonderful with kids of all ages. Contact her at 347-860-4340. Call

Helen for reference: 917-803-9376.

Featured in Allure Magazine. Dr. Gilman 212-505-1010.

SERVICES-HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As

MD-SUPERVISED WGT LOSS program to burn fat, save muscle, prevent diabetes. Low dose allergen therapy for inhalent, food & chemical allergy. Bio-identical thyroid & hormone replacement. Non-drug treatment for depression, anxiety, insomnia. Call Dr. Ordene @718-258-7882. Insurance reimbursable, Medicare accepted.

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Nathan Adler	Astha Gupta	Ava Nemes
Timothy Aivazian	Jessica Halem	Christina Novinsky
Amanda Alba	Aaron Heller	Luis Ortiz
Kate Alfano	Jennifer Ho	Medwin Pang
Helene Altstein	Siddharth Jain	Jennifer Paul
Howard Altstein	Doug Kanter	Callie Ritter
Luiz Araujo	Shruti Kapoor	Marya Rutenber
Mildred Bahan	Caroline Keim	Taty Sena
Robert Barrett	Scott Kerns	Melanie Sirois
Betty Boodansingh	Joan Kligman	Charles Smith
Krysta Brayer	Avi Kovacevich	Teodora Staeva
Chauncey Brown	Andy Kunc	Amy Lynn Stewart
Guido Castellani	Shawn LaBorde	Ed Tan
Sam Chenkin	Patrick Lamson-Hall	Mary Tan
Dorcas Cristal	Linda Lucardi	Andrea Turner
Andrea Dawson	Liam Machlin	Anne VanderMey
Saskia de Vries	Anna Mains	Ryan Viglizzo
Ryan Fenson-Hood	Jen Manion	Jenna Weiss
Julia Fischer	Nancy Mendelsohn	Satomi Willensky
Gabriele Fontana	Oren Lahav Moshe	
Ella Gilboa	Wolfgang Mueller	

"HOW to Be The Change is what I learned..."

East Coast NVC Women's Retreat

Aug. 23-26, 2012 Ithaca, NY

Ground yourself in real connection to your body, mind, relationships & work

Only \$350 + room/board until July 31

info@ccc-nvc.org
www.ccc-nvc.org

the center for collaborative communication

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to Gazette-Submissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

FRI, JUL 13

8 p.m. Thursdays and Fridays in July XANADU - Summer Camp '70s style, rolls into Brooklyn this summer! Roller-skating musical comedy spectacular makes its Brooklyn premier at Old Stone House, Washington Park 336 Third Street at 5th Avenue, Brooklyn 11215 ; 718-768-3195; www.pipertheatre.org/performances/ Free and Outdoors.

SAT, JUL 14

8 p.m., also on the 21st The Island of Dr. Moreau, inspired by H.G. Wells' classic novel at Old Stone House, Washington Park 336 Third Street at 5th Avenue, Brooklyn 11215 ; 718-768-3195; <http://pipertheatre.org/performances/> Free and Outdoors

7 p.m. Woody Guthrie Centennial Birthday Bash - songfest fea-

turing Hillel Arnold, Don Friedman, Beth Kotkin, Joel Landy, Anne Price, Steve Suffet, and Gina Tlamsa, The Bowery Poetry Club, 308 Bowery between Houston and Bleecker NYC, \$10 with a minimum purchase of one drink required. Information: www.tinyurl.com/woodybash.

SUN, JUL 22

1-3 p.m. Canning Tomato Sauces at the Brooklyn Society for Ethical Culture, This series of classes comes out of a desire to practice the skills of sustainable living. Everyone who attends will get a jar of something to bring home. We will provide food and supplies for the workshop. Buy tickets in advance <http://skillshare-canningbsec.eventbrite.com/B> SEC is located at 53 PPW Brooklyn NYSpace is limited register now.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

Follow the Food Coop on

Twitter



@foodcoop

RESEARCHERS NEEDED

We are seeking Coop members to help conduct research at the Coop to study how members use plastic roll bags for produce and other items. The research will be conducted during the summer months.

No prior experience conducting research needed.

We are seeking members available at a variety of times — weekdays (daytime and evening) as well as weekend.

It is necessary for interested members to:

- have good observation skills and attention to detail
- be friendly and outgoing
- work independently without supervision

Members will earn FTOP credit.

Must be a Coop member for at least six months with a good attendance record. If interested, please go to "Contact Us" on foodcoop.com; under "Contact Us By Email," select "Research" from the drop down menu and fill in the required information.