

Established  
1973

# LINEWAITERS'

## GAZETTE



Volume GG, Number 18

September 6, 2012



ILLUSTRATION BY ROD MORRISON

## Coop Moms Respond to Bloomberg's 'Latch on NYC'

By Taigi Smith

When it comes to feeding newborn babies, breast-milk is the healthiest food of all, not only strengthening the bond between mother and child, but drastically reducing the risk of ear, intestinal and respiratory infections. The research on breastfeeding is compelling—showing that nursing mothers not only lose their baby weight faster, but also have lower rates of ovarian and breast cancers.

In his latest move to make

New York a healthier place, Mayor Bloomberg is pressing New York City hospitals to become breastfeeding friendly by making it more difficult for hospitals to distribute baby formula to new mothers. His new initiative, "Latch on NYC," encourages local hospitals to stop the marketing and advertisement of infant formulas to new moms. So far, 27 New York City hospitals have followed suit. His latest controversial initiative has garnered praise from proponents of breast-

feeding, but has left others feeling as though we live in a nanny state. First the mayor cracked down on cigarettes. Then he banned the sale of sugary soft drinks over 16 ounces. And now, he's going after infant formula, leaving many New Yorkers asking "What's next?"

"Mayor Bloomberg's Latch On NYC initiative is more about undoing the active promotion of formula feeding than supporting new mothers with breastfeeding, although

CONTINUED ON PAGE 2

## Odd Jobs Keep The Coop Humming

By Allison Pennell

It is no wonder the Food Coop is one of the most successful businesses in Brooklyn. It runs like a well-oiled machine, fueled in large part on the sweat equity of its 16,000 members. For virtually every action you take, there is a detailed but digestible protocol. For every thing you might need, there is a job, often awesomely titled if not as exciting as they sound. The first time I heard that there were actually beer aficionados and bike valets complete with detailed instruction sheets, I started pondering the dozens of untold and out-of-the-ordinary shifts Coop members do.

For some, a shift is a chore. But for others, it's a calling.

### The Disciplinarian

Former prosecutor Karen Kramer has seen a lot of strange behavior in her 12 years on the Coop's Disciplinary Committee.

"You run into some wackos. You think, 'It's a Coop. What could be going on?' But



ILLUSTRATION BY CATHY WASSYLENKO

I can't tell you how many times I've seen people doing some truly egregious stuff."

There are the larcenists and the members who throw people's iPhones across the shopping floor when they don't like what's on the playlist. There are cursers and snackers. People who, God forbid, reach into a bagel bin with their bare hands. (That really pisses off Kramer).

It's the team of eight on the Disciplinary Committee who maintain civility and legal decorum at the Coop.

CONTINUED ON PAGE 4

### Next General Meeting on October 2\*

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The September General Meeting will be on Tuesday, October 2, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette*, on the Coop website at [www.foodcoop.com](http://www.foodcoop.com) and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions will be posted. **The September GM will be held on Tuesday, October 2.**

## Coop Event Highlights

**Fri, Sep 7 • Film Night:**  
**The City Dark** 7:00 p.m.

**Tue, Sep 11 • Safe Food Committee Film Night:**  
**Three Shorts from Alas de Rio** 7:00 p.m.

**Tue, Sep 11 • Eat Your Vegetables Book Signing at**  
**Community Bookstore** 7:00 p.m.

**Fri-Sat, Sep 14-15 • Blood Drive**  
11:00 a.m. - 6:00 p.m.

Look for additional information about these and other events in this issue.

## IN THIS ISSUE

Plow-to-Plate Movie Series Presents: <i>The Global Banquet</i> . . . . .	5
Puzzle . . . . .	5
Environmental Committee Report . . . . .	7
Coop Hours, Coffeehouse, Coop Calendar, Workslot Needs . .	8
Governance Information, Mission Statement . . . . .	9
Calendar of Events . . . . .	10
Letters to the Editor . . . . .	12
Classified Ads . . . . .	14
Community Calendar . . . . .	15



## Latch on NYC

CONTINUED FROM PAGE 1

it's no doubt an important step in the right direction," says Beth Donnelly Cabán, a popular childbirth educator at Brooklyn's Bend and Bloom Yoga Studio. Donnelly Cabán, a Coop member, has been teaching Brooklyn women about childbirth for 14 years, and she believes that in order for the initiative to be effective, the Mayor needs to spend more money educating women on how to breastfeed instead of simply limiting their access to infant formula. "They had better put in place education and training for hospital staff and new parents about how to best establish and sus-

tain breastfeeding," says Donnelly Cabán. "So little is known by healthcare providers and parents about the physiology of breast feeding—about how it works."

*In his latest move to make New York a healthier place, Mayor Bloomberg is pressing New York City hospitals to become breastfeeding friendly.*

I know firsthand how difficult it can be to produce enough breastmilk to feed a growing baby. After months of struggling to produce more than eight ounces of milk per day, I turned to Earth's Best Formula to supplement my daughter's diet. Now that she's almost a year old, we rely almost exclusively on Earth's Best and add about two or three ounces of breast milk to each bottle. Thankfully, Earth's Best Infant formula is available at the PSFC.

In New York City, 90% of mothers start breastfeeding in the hospital, but only 31% of those mothers continue to breastfeed by the time their babies are two months old. Most women who chose to breastfeed will freely admit the practice is easier said than done. As someone who was

adamant about breastfeeding her newborn, I can tell you first hand that the first few weeks of breastfeeding were hellish. No matter how we may choose to romanticize the notion of breastfeeding, for many mothers, producing milk is no easy task.

As a childbirth educator whose classes consist almost exclusively of well-educated upper middle class New Yorkers, one of the biggest shockers Donnelly Cabán lays on expectant parents is the frequency with which newborns breastfeed—every one to three hours, around the clock, 24/7. "This is not information parents should be receiving for the first time while recuperating from birth," says Donnelly Cabán.

It comes as no surprise that exhausted women—nervous about the health and well-beings of their newborns—may request just a little formula shortly after giving birth. This says Donnelly Cabán, can be a recipe for breastfeeding disaster. "I am constantly seeing and hearing about nurses and doctors ordering, or an exhausted new parent requesting, just a little bit of formula for their baby. What they don't realize is this is usually the biggest killer of a



PHOTO BY LISA COHEN

Jennifer Gellman, Raul Rothblatt and Eli, another nursing Coop family.

mother's milk supply in the very early days."

Jennifer Gellmann, a Coop member who is currently breastfeeding, says she was repeatedly offered formula at the Brooklyn hospital where she gave birth. "New moms are worried and unsure of their body's ability to produce the milk needed to nourish their babies. You're overwhelmed and you're freaking out," remembers Gellmann. "I feel the hospitals and nurses offer the formula as an easier solution for a new, tired—and chock full of hormones and endorphins—mom. The hospital and nurses then fail to explain that more formula in the beginning means less milk later. If you're using formula in those days when your baby first starts nursing, you're never going to get the supply you need," says Gellmann.

Gellmann supports the Mayor's initiative, but worries that breastfeeding simply can't keep up with the powerful formula industry. "Breastfeeding can't compete with this \$4 billion dollar industry that keeps telling you that formula is just as good as your body. The nurses don't always know about breastfeeding and don't always give very good advice. They tell you more

about how to put the nipple on the formula than they do about nursing."



*"The PSFC offers many healthy, nutrient packed foods that may encourage the production of breast milk."*

"The medical evidence is clear that breast milk is best, but formula is not poison," says Dr. Edward Fishkin, Medical Director at Woodhull Hospital. Woodhull, which stopped marketing infant formula to new mothers back in 2007, is one of the 27 New York City hospitals that have agreed to stop the promotion and marketing of infant formulas to new mothers. Those 27 hospitals, designated as baby-friendly, will still give formula to new mothers who request it, however, breastfeeding infants will not be supplemented with formula unless medically indicated and noted on the baby's chart. Furthermore, there will be restricted access to formula by hospital staff and free formula will no longer be distributed in postpartum gift bags.

But this is a complicated issue, says Dr. Fishkin, and doctors must be sensitive to cultural norms and mores. "In



Childbirth educator  
Beth Donnelly Cabán.





&

PRESENT

# EAT YOUR VEGETABLES

An evening with chef, author & co-founder of  
The People's Supermarket in London  
**Arthur Potts Dawson**



Talk & Book Signing  
Tuesday, September 11 @ 7:00 pm  
Community Bookstore  
143 7th Ave. (between Carroll & Garfield)  
Veggies will be served!

What Is That? How Do I Use It?

## Ask Me Questions About Coop Foods

Monday, September 17, 12 to 2:45 p.m.

You can join in any time during a  
question-and-answer session  
on the shopping floor.

Look for tour leaders in produce aisle.



some countries, the well-to-do folks use formula and the less fortunate breastfeed," says Fishkin, who admits that it is often tricky to get new immigrants to breastfeed because in native countries, the use of infant formula is often connected to prosperity and class. "I think it's better and there are very few medical reasons why a woman shouldn't breastfeed. But you have to weigh that with not making a woman feel guilty about her choices."

For those Coop moms who do choose to breastfeed, the PSFC offers many healthy, nutrient packed foods that may encourage the production of breast milk. "Jennifer purchased Traditional Medic-

she'll produce healthy, abundant breastmilk? "The bulk isle at the Coop is a cornucopia of nourishing, energy-packed and delicious food that is ideal for snacking around the clock. Gorp made with such treasures as raw or tamari almonds, goji berries, coconut flakes, dried pineapple, sunflower seeds and coconut rolled dates, just to name a few," says Donnelly Cabán.

While working as a doula in India, Donnelly Cabán also came across another recipe, which can be made using ingredients available at our Coop. "A friend from India shared with me the basics of her dahl recipe. She said this was a staple food for new mothers: key ingredients include clean, sorted split peas, red lentils or mung beans, a tablespoon of turmeric, ghee and a large bunch of spinach, washed, stemmed and chopped."

While there is no scientific evidence linking any food with increased milk production, my research revealed that many experts believe there are some foods, most of which are found at the Coop, that are believed to increase

and stimulate lactation in nursing mothers. Here are 10:

**Salmon**—a great source of Essential Fatty Acids, which are thought to give your milk supply a boost. EFAs improve a mom's nutrition so that she can produce the hormones needed for milk production.

**Asparagus**—High in fiber, folic acid and vitamins A, C and K, asparagus is an amazing food for breastfeeding moms. The phytoestrogens contained in asparagus cause hormonal effects that aid in milk production and high fiber foods help to maintain a healthy milk supply. Asparagus also contains tryptophan, an essential amino acid which may stimulate prolactin production and improve milk supply.

**Fenugreek seed**—is one of the most commonly used galactagogues (herbs that promote breastmilk production) and has been used for centuries. It works very quickly in most cases. The dosage varies depending on the nursing mother. Do not take Fenugreek while pregnant.

**Traditional Medicinals Mother's Milk Tea**—contains a high amount of Fenugreek and some mothers find

that drinking several cups a day is all they need to boost milk supply.

**Brown Rice**—a lesser known galactagogue, brown rice provides moms with the energy needed for breastfeeding and also stimulate prolactin production, a key hormone involved in lactation.

**Oatmeal**—is a comfort food for many women and anything that increases relaxation in mom can encourage letdown and influence milk supply. There's no scientific evidence that links oatmeal with milk supply but it's a good source of iron and, it is known that low iron levels can result in reduced milk supply. Many working moms have noticed that that they pump more breastmilk on the days they eat oatmeal.

**Spinach**—dark, leafy green vegetables like spinach contain folate, which is extremely important for women who are pregnant or breastfeeding. These leafy greens also contain phytoestrogens, which are believed to promote breast health and healthy lactation.

**Fennel**—triggers the let-down reflex and is especially useful for women who are working and no longer responding well to the pump. Fennel is best used as a tincture, two to four ml three times a day, but can be taken in a capsule form. Caution should be used with fennel as it also works as an appetite suppressant. Do not take fennel while pregnant.

**Carrots**—another lesser-known galactagogue, carrots, like spinach, contain phytoestrogens. They are also packed with vitamin A and beta carotene, both of which lactating mothers have an increased need for.

**Green Papayas**—are commonly used in Asia to promote lactation. Try making a green papaya soup. The sedating quality of papayas may help you relax and at the same time, stimulate the let-down process.

Try making your own Mother's Milk tea using this simple recipe:

#### Mother's Milk Tea

From [mothering.com](http://mothering.com)

- 1oz. chamomile
- ¼ oz. fennel seeds
- ½ oz. nettle
- ¼ oz. lavender flowers

Steep 10-20 minutes- the longer it steeps the more medicinal it gets. One Tbsp. per cup or a handful per quart.



ILLUSTRATION BY ROD MORRISON

Or try this recipe for lactation cookies.

- 2 c. (12 oz.) chocolate chips
- 1 c. chopped nuts of your choice

#### Major Milk Makin' Cookies

By Kathleen Major

- 1½ c. whole wheat flour
- 1¾ c. oats
- 1 tsp. baking soda
- 1 tsp. salt
- ¾ c. almond butter or peanut butter
- ½ c. butter, softened
- 1 c. flax
- 3 Tbsp. brewer's yeast
- ½ c. water
- 1 tsp. cinnamon
- ½ c. sugar
- ½ c. brown sugar
- 1 tsp. vanilla
- 2 large eggs

Preheat oven to 350°F. Combine flour, baking soda, cinnamon and salt in a bowl. In a large bowl, beat almond butter, butter, sugar, brown sugar, vanilla, brewer's yeast, flax and water until creamy. Mix in eggs. Gradually beat in flour mixture. Mix in nuts and chocolate chips. Add oats slowly, mixing along the way. Place balls of dough onto greased baking sheets or baking stones. Press down each ball lightly with a fork. Bake 12 minutes. Allow to cool. Enjoy! ■

## WORDSPROUTS

The Park Slope Food Coop's Reading Series

### Attention Writers: Wordsprouts Wants You!

Are you a novelist, poet, playwright, songwriter, essayist, journalist, or blogger?

Are you looking for a forum where you can promote your work or get feedback?

Do you want to moderate a panel or teach a writers' workshop?

Do you want to meet fellow Coop writers?

Wordsprouts, the Park Slope Food Coop's reading series, is looking for writers who are members of the Coop. Even if you're not ready to commit to an upcoming event, drop us a line and let us know you're out there!

E-mail [paulabernstein@gmail.com](mailto:paulabernstein@gmail.com).

## Odd Jobs

CONTINUED FROM PAGE 1

Mostly, per Kramer, this means investigating a reported incident and writing a warning letter that goes into a confidential file. In more serious cases where theft is uncovered after the fact, Disciplinary Committee members will ask a wrongdoer (and their household) to voluntarily and permanently resign from the Coop.



PHOTO BY KEVIN RYAN

### Karen Kramer of the Coop's Disciplinary Committee.

Occasionally, the Disciplinary Committee holds hearings to decide what to do about a member who's been very bad. These come complete with a panel of judges, prosecution team and a jury of randomly chosen members. Never forget the case of the member who got kicked out for a year for driving the staff crazy by returning everything and anything, including a cooked chicken that was too stringy.

"I know it's a little perverse," says Kramer, "but I like the job, and it's a great window into human nature. We

see things that average customers don't, and it definitely does add a little flavor and spice. People are still people, even at the Food Coop."

### Cleaning Commando

Yes, the Coop has its own dedicated team of overnight cleaning and maintenance people. Four times a year, they spend half the night deep cleaning the Coop and attempting to fix broken conveyor belts and other tasks that are hard to accomplish during shopping hours.

As Michael Donovan puts it, it's not a shift for the faint of heart. "I loved the camaraderie of it but if you miss a shift, you are at the bottom of a mountain of makeups and the job itself was a little insane. I was toast the next day. I'd get home in the middle of the night and find myself eating ice cream and watching bad TV."

### *The Food Coop has three members whose official duty is keeping the Coop's mops spic and span.*

For a year, Donovan spent evenings defrosting the ice cream freezer (which means running in a frenzy with ice cream containers down to the basement freezer and then back up). He deep cleaned gunked up fans and tested his manliness banging sheet metal into place and jerry rigging a repair on a conveyor belt that he says lasted an hour tops.

Donovan has since hung up his tool belt and moved to his new gig as an official

cleaner of mops. "Wait, what? I didn't know that it was counted as a niche," he laughed. But yes. It is. The Food Coop has three members whose official duty is keeping the Coop's mops spic and span.

### Food Tour Guide

If you get lucky, you may run into nutritionist Myra Klockenbrink in the produce aisle one Monday morning. She's there every other week working as a "food tour guide." Perhaps the best thing about running into Myra is the pleasure you'll get from seeing her handmade laminated "ask me" sign necklace.

"Everyone loves my sign," laughs Myra. "I've drawn it a dozen times since I started this shift six years ago. I draw it exactly the same each time because it acts like magic on people. They inevitably smile, and as often as not, ask a question or start a conversation."

Myra started the work slot because she recognized people get into food ruts and eat the same things week in, week out, regardless of the season. She made it her mission and Coop duty to demystify for shoppers the wonderful but sometimes unfamiliar produce like Jerusalem artichokes, then walk them around the store and help them make a meal with it.

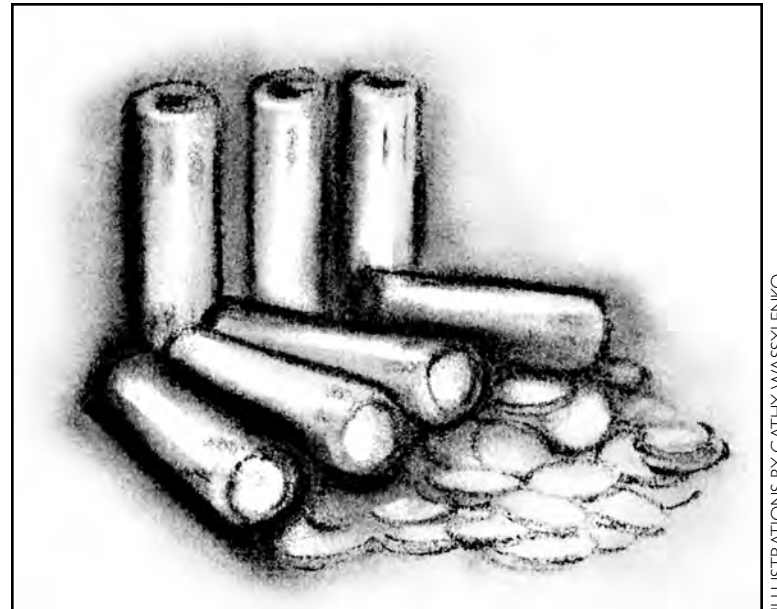
"People love to talk about food—I call it the universal language, and although I've worked this shift twice a month, I don't think I've ever had the same question asked twice."

BTW, Myra is particularly in love with the tomatoes this season. Her favorite recipe is tomato bruschetta: lightly toast a hunk of crusty bread, shred a clove of garlic on it, add a slab of fresh mozzarella and tomato and drizzle with olive oil, salt and pepper to taste.

### Coin Counters

Among the behind the scenes, wheel greasing duties at the Coop are the coin counters. Who knew? Yes, while check writers have been rendered obsolete by technology, coin counting is still an official duty for a select few. Amongst them are married couple Myron and Lori Levine who spend one evening a month in a locked, hermetically sealed room upstairs alone together... counting coins.

"There's a name for the coin room but I don't know what it is," Lori says. When I



ILLUSTRATIONS BY CATHY WASSYLENKO

ask her if this is some sort of date night for her and her husband, she tells me to get my head out of the gutter. No, she doesn't. But she does say that her kids are all grown and out of the house so no.

There's a handy-dandy automatic coin counter thingy and the Levines really do spend their shift counting 25 bags of coins before putting them into wrappers.

Lest you think that coin counting is the only white-collar niche shift at the Food Coop, there are also attendance recorders, bulletin board managers, coupon processors, bread invoice checkers and wall chart updaters.

*"[There are] dozens of untold and out-of-the-ordinary shifts Coop members do. For some, a shift is a chore. But for others, it's a calling."*

### Cleaners of Miscellany

By day, Benjamin Healy is a musician and teacher at the Brooklyn Music Factory. But on occasional Tuesdays, he cleans bathrooms. When I asked him if this was some sort of penance, he said it was the first shift offered to him that worked time wise and that he was in "a generous mood that day." More pluses: the shift only lasts two hours, is low-key and independent.

Meredith Kolodner cleans refrigerators, which like everything else, has a protocol. You clean the staff and childcare room fridges and you also date all contents that aren't claimed so they don't create a new species of mold.

Not only does the Coop have launderers for aprons, gloves, freezer jackets and bandanas, it also has laundry prep workers. Yes, they are two separate shifts. For

instance, one person intricately ties dozens of aprons together to get them ready to wash. Another worker then washes all the aprons and folds them. You may not know it, but the washer dryer is in the corner of the child care room.

Louvina Carson says there are instructions on how to tie aprons together but not for untying them, which she says took her practically a whole shift to figure out the first time. "Untying 50 aprons tangled together is no easy task," she told me.

Germaphobes will be happy to know that laundry people do double-duty wiping down all the toys in the childcare room too.

### Puzzle Master

David Levenson Wilk constructs puzzles and crosswords for his Coop shift. He hasn't been doing it long enough to have any wild anecdotes of being confronted in the aisles by irate crossword aficionados. A professional puzzle master for *The New York Times* and other publications, Levenson Wilk is also a staff writer for *Who Wants To Be A Millionaire?* Lucky Food Coop puzzle people.

So next time you see the clue, "govt. agency that's ass backwards," you will take it a little more seriously. And David says to know that the clue is in fun and not a sign of his political leanings.

Answer: SSA for Social Security Administration

The Coop is an out of the ordinary supermarket, and it stands to reason that it comes complete with its own crew of extraordinary specialists and opportunities for all sorts of different interests and abilities. And, hey, if you're looking for a new Coop job, there have been no takers yet for the 5:45 a.m. phone reception shift. Applicants are welcome. ■





SAFE FOOD COMMITTEE REPORT

Plow-to-Plate Movie Series Presents: The Global Banquet

By Adam Rabiner

**T**he *Global Banquet—The Politics of Food* should be required viewing for many of the Occupy movements around the country. It's preaching to the choir, but what the film achieves that the Occupy movements often lack is an artful indictment of corporate capitalism. This dense 57 minute documentary is a searing critique of globalization and the corporate takeover of local food systems.

The film's central thesis is that the conventional wisdom that advances in technology and global food systems are necessary to feed the world is a myth. Rather, unfettered free trade, based upon the economic theory of comparative advantage—that countries should only produce and export those products that they can make cheaper than others—is a mistake and harmful. Far from creating wealth, on the contrary, it leads to the loss of livelihood for millions of farmers, suicides, hunger, mass migrations from the countryside to the cities, exploitation of resources by global corporations and increased poverty. Corporations, as depicted in *The Glob-*

*al Banquet*, are as exploitative as the Once-ler—that rapacious devourer of Truffula trees in Dr. Seuss's *The Lorax*.

Globalization's failure, according to the film, is due to the fact that free trade, open markets and corporate capitalism ignore equity (in favor of efficiency), a sovereign nation's interests in food security and land reform and do not respond to the needs of those without money—which is most of the world's population. Over 1.2 billion people—about 40% of the world's population—make less than \$1.00 a day. It hardly matters if a loaf of bread or a bowl of rice has gotten cheaper if fewer people have money and farmers who have been driven from their land can no longer feed themselves.

The film posits that rather

than creating a rising tide of prosperity, globalization is causing people to drown. Over the past 20 years income per person has declined dramatically, life expectancy and levels of education have decreased, infant mortality has increased and other measurements show that extremist globalization has failed. Food scarcity is not the culprit, but rather, income inequality.

*The Global Banquet* argues that solutions to this problem lie in harnessing economic markets, placing some controls on corporations and certain limits to free trade, and returning to policies that encourage local agriculture so people can once again feed themselves. Contrary to popular belief, small farms, according to the film, are actually more productive and sustainable than larger farms, produc-

ing more food per acre, because they don't rely on a single commodity crop but grow many different fruits and vegetables.

*The Global Banquet* does an admirable job of weaving disparate threads into a cohesive whole and making or suggesting connections between events and phenomena that might not be obvious—including farmer suicides in the United States and India or World Trade Organization (WTO) protestors in Seattle a decade ago and present day Occupiers.

Corporations are not going away any time soon, and they remain powerful actors on the global stage. However, most analysts in the movie believe that their influence has been seriously weakened in the face of the recent economic meltdown, increased global awareness across the

first and third worlds and the surge of countervailing actors—non-government organizations (NGOs), farm workers, labor unions, churches, consumers, etc.—across the food justice/sovereignty movement (the globalization of civil society).

Continued advocacy is necessary to rewrite WTO trade rules and farm policies to support small scale agriculture and farmers. And continued vigilance will always be necessary. But when even Hollywood begins to echo a pro-environment, anti-corporate messages it's harder for large corporations to get away with bad behavior. There's some reason to hope that their power can be checked. ■

Watch *The Global Banquet* on Tuesday, September 11, 7 p.m. Park Slope Food Coop, 782 Union St., 2nd floor. Refreshments will be served.

What's a Name in

Below is a list of popular girls names, embedded within common English words. The remaining letters have been removed, and need to be filled in.

For example, if the clue was "\_\_\_\_DORA\_\_\_\_" the blanks could be filled in to make the word "DEODORANT."

Can you find all the words? Alternative solutions are possible for some clues.

\_\_EVE\_\_  
ANN\_\_\_\_  
\_\_PAT\_\_\_\_  
\_\_FERN\_\_  
\_\_AVA\_\_  
\_\_\_DINA\_\_  
\_\_LISA\_\_  
\_\_ROSE\_\_  
\_\_\_ELLEN\_\_  
\_\_NORA\_\_  
\_\_AMBER\_\_\_\_  
\_\_\_ANITA\_\_\_\_

Puzzle author: Stuart Marquis.  
For answers, see page 15.

Members Sought for PSFC Personnel Committee

If you know how to work effectively with others and believe you could make a contribution to the well-being and professional growth of our General Coordinators, we would love to hear from you.

We are looking for members to join our committee. We are especially interested in people who have skills in management, personnel, human resources, organizational development and/or team development.

The Personnel Committee was formed in 1980 when the General Meeting decided to elect a small group of people who could be in touch and work with the General Coordinators on an ongoing basis. Committee responsibilities are to:

1. Review the work of the General Coordinators, individually and as a group;
2. Discuss and address problems affecting personnel;
3. Interview candidates and make recommendations for General Coordinator positions; and
4. Report to the membership either at General Meetings or in Gazette articles about our committee work.
5. Work with General Coordinators on succession planning strategies.

**This is a Coop work slot. We meet regularly every four weeks, usually on a Tuesday from 5:30 to 7:15 p.m. However, to respond to the workload, we periodically must meet more frequently, and we try to be as flexible as possible with scheduling.**

We would like the Personnel Committee to reflect the diversity of the Coop.

Please send us your resume and a letter explaining why you would like to be part of the committee. We prefer to receive applications by e-mail at [pc.psfc@gmail.com](mailto:pc.psfc@gmail.com).

If you do not have access to e-mail please send your materials to the Personnel Committee c/o Park Slope Food Coop, 782 Union St., Brooklyn, NY 11215.

## COMPOST COMMITTEE NEEDS HAULERS WITH VEHICLES

JOIN THE SQUAD THAT HELPS TO COMPOST MORE THAN 2,000 BUCKETS OF FOOD SCRAPS! WORK OUTSIDE IN LOVELY BROOKLYN GARDENS.

WORK IN TEAMS OF TWO, HAULING BUCKETS OF THE COOP'S PRODUCE SCRAPS TO LOCAL GARDENS FOR COMPOSTING.



WORK ANY TIME ON YOUR SCHEDULED DAY. THE WORK IS PHYSICAL AND IS DONE IN DELIGHTFUL WEATHER AS WELL AS INCLEMENT WEATHER. RELIABILITY IS A MUST—IF YOU ARE PRONE TO MISS YOUR SHIFT, THIS IS NOT THE SPOT FOR YOU.

If you are interested or want to find out more, please call Sherry (Squad Leader) at 718-398-4454 or Annette Laskaris (PSFC) at 718-622-0560.

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ On the Coop's website ([www.foodcoop.com](http://www.foodcoop.com))



◆ Add your name to the sign-up sheet in the ground-floor elevator lobby



◆ Call the Membership Office

## VALET BIKE PARKING IS HERE ON SUNDAYS!

strollers & scooters & carts too!



Every Sunday, April 1–November 18, from 3:30–8 p.m.,

Coop members can leave their bikes with our valet parking service, which is like a coat check for bikes. Working members will check in and watch your bike for you.

Just drop off your bike, stroller, scooter or personal cart, do your shopping or your shift, and hop back on.

No locks, no worries, no theft.

Service operates rain or shine.

Look for us in front of the yellow wall.

(Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop is brought to you by the PSFC Shop & Cycle Committee.



PSFC Shop & Cycle Committee

## Follow the Food Coop on

twitter



@foodcoop

ecokvetch

the environmental committee blog

Coop Members use **383 PLASTIC BAGS** an hour. **WOW!**

Check out our proposal to **Phase Out the Plastic Bag Rolls.**

[ecokvetch.blogspot.com](http://ecokvetch.blogspot.com)



## ENVIRONMENTAL COMMITTEE REPORT

# Distributing Disposable Plastic Bags Violates Coop Policy

By Regina Weiss

As many readers know, the Coop's Environmental Committee has made detailed presentations to the membership at three general monthly meetings over the past year explaining how the free distribution of plastic roll bags on the Coop shopping floor is environmentally unsound and has proposed that this distribution be phased out. The presentation and the committee's proposal are available on the Coop website. Articles by committee members and others in *The Linewaiters' Gazette* have shared much of this information as well.

The phase out proposal, which follows here, will be the subject of a vote at an upcoming general meeting. It has garnered support from many members attending the GM and many who stopped by tabling events that the committee held on the Coop floor in recent months.

**Proposal: To phase out the free distribution of plastic roll bags on the Coop's shopping floor by no later than 6 months from the date of the GM vote.** Shoppers are welcome to reuse plastic bags already taken from the Coop and elsewhere. The Environmental Committee and other concerned Coop members will continue to work with our General Coordinators to educate our general membership, provide a wide range of light-weight reusable bags for purchase and determine the most equitable and sustainable adjustments for weighing produce and bulk products.

Meanwhile, the purpose of this committee report is to explain how the continued provision of more than 3.5 million disposal plastic bags to shoppers each year violates the Coop's Environmental Policy, as this has

been a question of some dispute between supporters of the proposal and some of the general coordinators.

The Coop's Environmental Policy, which is also available on the Coop website, states, among other things, that the Coop will assess products based on a series of criteria, including "avoiding toxic substances, whether in a product's ingredients, production process, or use and disposal," and, specifically, those made with "petroleum products."

The fact that the Coop provides shoppers with 3.5 million disposable plastic bags each year clearly violates this section of the Environmental Policy. Plastic bags are made from ethylene, a byproduct of natural gas, or from ethylene created from naphtha, a volatile petroleum byproduct. In addition, the plastic never biodegrades but, as it breaks down, it *does* release toxic particles that enter the food chain and groundwater. The manufacture of plastic bags also causes air and water pollution and uses an enormous amount of water, which is increasingly scarce in many regions, as we've witnessed this summer throughout the American

west. The Coop's Environmental Policy also calls for the Coop "to sell as much food and as many products as possible in bulk." The environmental benefit to selling items in bulk is that it allows shoppers to make purchases with reusable packaging. However, one of the reasons members use so many disposable plastic bags is because the Coop sells far fewer items in bulk than it could—and far fewer than many other coops and some food stores, such as Whole Foods, do.

The Coop's Environmental Policy also calls for the Coop to "continue to educate members about bringing reusable bags and containers with them when they shop." This provision was voted into the policy in 1998 – 14 years ago! Yet the number of disposal plastic bags the Coop provides to shoppers has only continued to skyrocket as our membership has grown. Clearly, education by itself is not working, which supports the Committee's position that a phase out is needed.

The Coop's Environmental Policy also mandates "minimizing disposable products, by seeking durable alternatives and/or alternatives

which have recycled content." The reason for minimizing disposable products is obvious—to cut down on waste sent to landfills and into the world's oceans—however, while much waste will eventually biodegrade, the need to minimize disposable plastic products is especially acute since plastic never biodegrades and leeches toxins into the soil, water and air. While we sell one type of reusable produce and grain bag, there are many other kinds available, which the Environmental Committee has been and will continue trying to persuade the coordinators to make available. This would

make it easier for shoppers to use exactly the type of non-disposable bag they prefer.

Finally, the Coop's Environmental Policy calls for "achieving environmentally sound packaging." Disposable plastic bags, it must be said, are, by their very nature, the antithesis of "environmentally sound packaging."

For all of the reasons outlined above, the practice of providing disposable plastic bags to shoppers clearly violates the Coop's longstanding Environmental Policy. This is further support for the position of the Environmental Committee and a growing number of members that the plastic bags should be phased out. ■

## THE GAZETTE INDEXES

If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the *Gazette*...

Send an e-mail to Len Neufeld, *Gazette* indexer, at [lenneufeld@verizon.net](mailto:lenneufeld@verizon.net), to request PDF files of either or both of the following indexes:

- ◆ An alphabetized list of the titles of all articles published in the *Gazette* from 1995 to the present, with issue dates.
- ◆ An alphabetized list of all subjects (including people's names) discussed in *Gazette* articles from 1995–99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the *Gazette* issues referenced in these indexes are available as PDFs on the Coop's website.

## Interested in Engaging Coop Work? Disciplinary Committee Seeks NEW Members

**Skills needed:**  
Communication  
Problem solving  
Conflict resolution  
Dealing with difficult situations and people  
Investigation  
Writing  
Research

### Our work includes

- Applying Coop's rules and regulations
- Discussing policy issues related to the DC's work
- Investigating allegations of uncooperative behavior by members and engaging in problem solving
- Daily email contact with DC members to discuss cases
- Participating in mediation, disciplinary hearings, and other conflict resolution methods

### Requirements:

**In order to be considered for this position, any candidate must:**

- be a member for **at least a year**
  - have **good attendance** record
  - possess the ability to work on a team
  - communicate clearly
  - have good writing skills
  - have computer proficiency (Excel, Word, emails) is essential
  - attend an evening meeting every six weeks
- We work on average 6 hours per month, more than the required work shift hours. You will be credited and your hours banked for future use.*

**We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.**

*Join us to make the Coop the best place it can be for everyone.*

Interested? Please call **Jeff: 718-636-3880**

**Currently we have members from the following fields:**  
Social work, education, law, dispute resolution, holistic medicine, design, and journalism

## RETURN POLICY

Park Slope  
FOOD COOP

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

### REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt **MUST** be presented.
2. Returns must be handled within 30 days of purchase.

### CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

## CAN I RETURN MY ITEM?

Produce\* Bulk\* (incl. Coop-bagged bulk)  
Cheese\* Seasonal Holiday Items  
Books Special Orders  
Calendars Refrigerated Supplements  
Juicers & Oils  
Sushi \*A buyer is available during the week-days to discuss your concerns.

NEVER  
RETURNABLE

Refrigerated Goods (not listed above)  
Frozen Goods  
Meat & Fish  
Bread

RETURNABLE  
ONLY IF SPOILED  
BEFORE  
EXPIRATION DATE  
Packaging/label  
must be present-  
ed for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.



## COOP HOURS

### Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

### Shopping Hours:

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

### Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

### Telephone:

718-622-0560

### Web address:

www.foodcoop.com

# LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

### SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday  
Sep 21

8:00 p.m.

## very The Good Coffeehouse

COOP CONCERT SERIES

A monthly musical  
fundraising partnership of  
the Park Slope  
Food Coop and  
the Brooklyn Society  
for Ethical Culture



The **Gold Griot Trio**—Brandon Terzic, oud and ngoni, Rufus Cappadocia, cello, and Matt Kilmer, percussion—explores the whole spectrum of the melodic, improvisational, and rhythmic qualities of the Middle East and Africa and places it firmly in the American jazz/blues traditions, seeking the most expansive outlets and energy to create the most openness and dynamic freedom in the music. But most importantly, the music just flat-out burns and swings its tail off, with percussionist

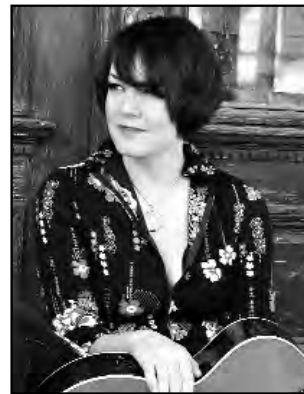
Matt Kilmer's unshakeable groove leading the way. Cappadocia's five-string cello playing is also heavily groove-based with explosiveness akin to the electric guitar, while Terzic's own playing is exploratory and probing but just the same completely rhythmic in its conception. Not to be missed.

**Jodi Shaw** is a Canadian-born poet/performer with a unique voice and vision. Her music has been described as "hauntingly erotic," "mystical" and "hard to pin down."

One reviewer, upon hearing her latest release *In Waterland* for the first time, remarked that he was "partially shocked."

Another calls the album "a revelation, nothing less than stunning."

Her work has drawn comparisons to Feist, Fiona Apple, Imogen Heap, Tori Amos, and the Beach Boys.



**53 Prospect Park West** [at 2nd Street] • **\$10** • **8:00 p.m.** [doors open at 7:45]

**Performers** are Park Slope Food Coop members and receive Coop workslot credit.

**Booking:** Bev Grant, 718-788-3741

### Monthly on the...

**Second Saturday**  
**SEPTEMBER 8**  
**10:00 A.M.–2:00 P.M.**

**Third Thursday**  
**SEPTEMBER 20**  
**7:00 P.M.–9:00 P.M.**

**Last Sunday**  
**SEPTEMBER 30**  
**10:00 A.M.–2:00 P.M.**

On the sidewalk in front of the receiving  
area at the Coop.

# PLASTICS

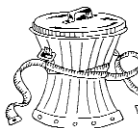
**What plastics do we accept?**  
**Until further notice:**

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting  
#2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.



### This Issue Prepared By:

Coordinating Editors: Stephanie Golden  
Erik Lewis

Editor (development): Wally Konrad  
Tom Moore

Reporters: Allison Pennell  
Taigi Smith

Art Director (development): Mike Miranda

Illustrator: Rod Morrison  
Cathy Wassylenko

Photographers: Lisa Cohen  
Kevin Ryan

Traffic Manager: Barbara Knight

Thumbnails: Rose Unes

Photoshop: Steve Farnsworth

Preproduction: Yan Kong

Art Director (production): Lauren Dong

Desktop Publishing: Heloisa Zero  
Joe Banish  
Maxwell Taylor

Editor (production): Nancy Rosenberg

Advertising: Owen Howard

Puzzle Master: Stuart Marquis

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld



WORKSLOT NEEDS

Entrance Desk Weekday A.M.  
Monday through Friday, 5:45 to 8:00 a.m.

Supervised by Membership Coordinators, you will be staffing the entrance desk in hours of the weekday before the Coop is open to shoppers. Primarily you will be checking in working members, informing them of their member and household status, and handing out entrance desk slips to members who need them. Entrance workers provide an essential member service and must be welcoming, polite, able to read and interpret information on the entrance desk screen, able to clearly convey information about member status directly to members. Entrance workers also provide a key security function, and must remain alert throughout the shift, which may have slow periods. Therefore

reading, writing, talking on the phone, texting, etc. is not allowed. Punctuality and good attendance will be essential, as you will be the only entrance worker scheduled at this time of day. Paid Membership Coordinators will be present to train you on your first (and second) shift, and then to support you and answer questions going forward.

Receiving Maintenance  
Tuesday, 9 to 11 a.m.

The Coop is looking for members to do various light maintenance tasks throughout the Coop. You will work under the supervision of a staff person. Must be willing to clean, sort returned bottles, work in the backyard organizing, lifting up to 25 lbs.

Check Store Supplies  
Monday, 6 to 8:30 a.m.

This workslot is responsible for restocking supplies on the Shopping floor, at checkout lanes, entrance desks and the cashier stations, and in the basement. This is a task and detailed-oriented job, ideal for someone who likes working independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex\_marquez@psfc.coop if you are interested.



CONTINUED ON PAGE 14

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours. Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet  
www.foodcoop.com

The Coop on Cable TV  
Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, OCTOBER 2 (\*Sep meeting rescheduled)  
GENERAL MEETING: 7:00 p.m.

TUE, OCTOBER 2  
AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the Oct 30 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Sep 20 issue: 12:00 p.m., Mon, Sep 10  
Oct 4 issue: 12:00 p.m., Mon, Sep 24

CLASSIFIED ADS DEADLINE:

Sep 20 issue: 7:00 p.m., Wed, Sep 12  
Oct 4 issue: 7:00 p.m., Wed, Sep 26

ALL ABOUT THE  
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,  
October 2, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item  
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

**Warm Up (7:00 p.m.)** • Meet the Coordinators • Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature  
**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.  
**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports  
**Agenda (8:00 p.m.)** The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.  
**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM  
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process. Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

- **Advance Sign-up required:**  
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.  
Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**  
Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.
- **Certain Squads not eligible:**  
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**  
In order to earn workslot credit you must be present for the entire meeting.
- **Signing in at the Meeting:**  
1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.  
2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**  
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop  
Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

park slope  
FOOD COOP

## calendar of events

sep 6  
thu 7:30 pm**Food Class: Japanese Restaurant  
Food the Healthy Way**

Traditional Japanese food is one of the healthiest cuisines. It uses a lot of sea and land vegetables, rice, beans, tofu and fermented food everyday. Let's learn to cook Japanese restaurant food the healthy way from chef Hideyo Yamada, who is a trained sushi chef from Japan and has worked at several high-end Japanese restaurants in New York. Hideyo is a cooking instructor, a private chef and a graduate of the Natural Gourmet Institute's Chef Training Program and the Institute of Integrative Nutrition. She specializes in pastry, sushi and Japanese food. Her delicious gluten-free and vegan dishes restore balance and add more energy to the lives of her clients. She is a certified Holistic Health Counselor. *Menu includes: macrobiotic sushi roll; seasonal tempura; chawan mushi (eggless egg custard); azuki bean ice cream.*

**Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.**

sep 7  
fri 7 pm**Film Night:  
The City Dark**

*The City Dark* is a feature documentary about light pollution and the disappearing night sky. After moving to light-polluted New York City from rural Maine, filmmaker **Ian Cheney** asks: "Do we need the dark?" Exploring the threat of killer asteroids in Hawai'i, tracking hatching turtles along the Florida coast, and rescuing injured birds on Chicago streets, Cheney unravels

the myriad implications of a globe glittering with lights. Winner of the Jury Prize for Best Score/Music at the 2011 SXSW Film Festival. There will be a Q&A with director Ian Cheney after the screening. Ian Cheney is a Brooklyn-based documentary filmmaker. He grew up in New England and earned his Bachelor's and Master's degrees at Yale. After graduate school he co-created and starred in the Peabody Award-winning theatrical hit and PBS documentary *King Corn* (2007), directed the feature documentary *The Greening of Southie* (Sundance Channel, 2008), and co-produced the Planet Green film *Big River* (2009). Ian maintains a 1/1,000th-acre farm in the back of his '86 Dodge pickup, which is at the center of his film *Truck Farm* (2011).

**To book a Film Night, contact Faye Lederman, [squeezestone@hotmail.com](mailto:squeezestone@hotmail.com).**

sep 9  
sun 7 pm**Creating Health**

A look into the energetics of food utilizing the foods of the Coop. This discussion will incorporate a basic understanding of food from an "energy" approach. Many of us need certain tools and guides necessary to creating the health we want. We will look at many foods offered at the Coop, how to understand their function and power and how to choose them based on climate, season and our purpose. We will also discuss ways to prepare them and create tasty dishes. Our food must be healthy and delicious! Please come with your questions. **Dan Becker** is a dietary health consultant and holistic chef who works in Food Processing on the Kosher Committee at the Park Slope Food Coop.

sep 11  
tue 7 pm**Safe Food Committee Film Night:  
The Global Banquet**

*The Global Banquet—The Politics of Food* is an artful indictment of corporate capitalism. This dense 57-minute documentary is a searing critique of globalization and the corporate take-over of local food systems. The film's central thesis is that the conventional wisdom that advances in technology and global food systems are necessary to feed the world is a myth. Rather, unfettered free trade, based upon the economic theory of comparative advantage—that countries should only produce and export those products that they can make cheaper than others—is a mistake and harmful.

sep 11  
tue 7 pm**Eat Your Vegetables at  
Community Bookstore**

The Park Slope Food Coop joins with Community Bookstore to present an evening with the chef, author, and co-founder of the People's Supermarket in Holborn, London. The market offers an alternative food-buying network, by connecting an urban community with the local farming community. **Arthur Potts Dawson** is the author of *Eat Your Vegetables*, a book that offers everything you need to take your veggies from accompaniment to center stage. This isn't about being vegetarian and this isn't a vegetarian cookbook. *Eat Your Vegetables* presents a mix of classics, basics, fast food and show-off dishes that make the most of what's in season. A talk and book signing will take place, and veggies will be served.

**Event takes place at Community Bookstore, 143 Seventh Ave., Park Slope.**

sep 14-15  
fri-sat 11 am-6 pm**Blood Drive**

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

sep 21  
fri 8 pm**Gold Griot Trio and Jodi Shaw**

The **Gold Griot Trio**—Brandon Terzic, oud and ngoni, Rufus Cappadocia, cello, and Matt Kilmer, percussion—explores the whole spectrum of the melodic, improvisational, and rhythmic qualities of the Middle East and Africa and places it firmly in the American jazz/blues traditions, seeking the most expansive outlets and energy to create the most openness and dynamic freedom in the music. But most importantly, the music just flat-out burns and swings its tail off, with percussionist Matt Kilmer's unshakeable groove leading the way. Cappadocia's five-string cello playing is also heavily groove-based with explosiveness akin to the electric guitar, while Terzic's own playing is exploratory and probing but just the same completely rhythmic in its conception. **Jodi Shaw** is a Canadian-born poet/performer with a unique voice and vision. Her music has been described as "hauntingly erotic," "mystical" and "hard to pin down." One reviewer, upon hearing her latest release *In Waterland* for the first time, remarked that he was "partially shocked." Another calls the album "a revelation, nothing less than stunning." Her work has drawn comparisons to Feist, Fiona Apple, Imogen Heap, Tori Amos, and the Beach Boys.

**Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.**

**To book a Coffeehouse event, contact Bev Grant, 718-788-3741.**

sep 29  
sat 11 am**What the Tooth Fairy  
Never Knew!**

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg** DDS, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

**For more information on these and other events, visit the Coop's website: [foodcoop.com](http://foodcoop.com)**

**All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.  
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.**



sep 6–oct 19 2012

sep 29  
sat 2 pm

Pieces of Eight

Fingertip tapping techniques on certain eight (or less) ancient acupuncture points quickly results in lasting changes to any unwanted behavior today. Eight emotions are suggested: stress, grief, pain, phobia, anger, trauma, weight, and worry. What's yours? We work on it in this workshop. **Carolyn Meiselbach**, a certified EFT practitioner, hypnotist, health and transitional coach, has been a long-time member of the Park Slope Food Coop and lay leader of the Brooklyn Society of Ethical Culture. She has a coaching practice in Carroll Gardens.

sep 29  
sat 6 pm

Parents Whose Children Only 'Act Out' at Home

Children often share their biggest frustrations and upsets with their parents. Share stories and hear perspectives to help sort things out for the entire family. **Sharon C. Peters**, M.A., is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations. She is a happy longtime Coop member.

sep 30  
sun 12 pm

Qi Gung to Prevent The Common Cold

Do you get a cough or sinus problems every fall? Join in for an evening of Qi Gong exercises and breathing techniques to strengthen your lungs' resistance to illness. Learn how to treat yourself if you get sick. Presented by licensed acupuncturist and Coop member **Ann Reibel-Coyne**.

oct 2  
tue 7 pm

PSFC SEP General Meeting\*



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

**Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue. Meeting rescheduled from the week before.\***

I. Member Arrival and Meeting Warm-Up

II. Open Forum

III. Coordinator and Committee Reports

IV. Meeting Agenda

**Item #1:** Annual Hearing Administration Committee Election (25 minutes)

**Election:** Three current committee members will stand for re-election. Hearing Administration Committee members work on an FTOP basis when needed and serve three-year terms. —submitted by the Hearing Administration Committee

**Item #2:** Waitlist for Orientation (25 minutes)

**Proposal:** "Orientation should not be allocated on 'fastest finger,' rather, we should maintain a waitlist." —submitted by Joshua Kramer

**Item #3:** New Committee to Ban Fracking Pipeline (40 minutes)

**Discussion:** "Discussion to create a separate committee to develop a plan to ban fracking infrastructure in NYC." —submitted by Alice Joyce Alcalá

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

oct 2  
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, October 30, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

oct 4  
thu 7:30 pm

Food Class: Elegant Autumn Hors D'oeuvres to Impress



Fall has arrived and with the holiday season upon us, now is the time to get inspired for the abundance of gatherings on your calendar. Chef **Olivia Roszkowski** will show how easy it is to turn seasonal fare into sophisticated small bites for your next evening soiree. She will demonstrate not only how to create chic hors d'oeuvres using bountiful produce available this time of year, but will also discuss how, with great time management, you too can be a guest at your own dinner party. After completing the Chef Training Program at the Natural Gourmet Institute for Health and Culinary Arts, Olivia worked as a line cook at Jean Georges' Mercer Kitchen, David Chang's Momofuku Ssam Bar, as well as Danny Meyer's Union Square Events. *Menu includes: Belgian endive filled with brussel sprouts, apple and chevre\*; walnut salad in a spiced walnut vinaigrette; creamy fall squash bisque with crispy kale chips; sweet potato latkes with pear-fennel marmalade and crème fraîche\*; miniature pumpkin pecan pie w/whipped cream\*.*

**Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.**

oct 5  
fri 7 pm

Film Night



Film to be announced.

To book a Film Night, contact Faye Lederman, [squeezestone@hotmail.com](mailto:squeezestone@hotmail.com).

oct 9  
tue 7 pm

Safe Food Committee Film Night: Groundswell Protecting



We are in a social, political and intellectual battle over the risks large corporations are taking with our water and the water of our children and grandchildren. Threats to our water, air, and soil inherent in the natural-gas-drilling practice of "fracking" are being met with an increasingly vocal groundswell of resistance. *Groundswell Protecting our Children's Water* takes us into the lives and communities of the people who are being directly and indirectly affected by hydraulic fracturing. The film follows ordinary people who've been turned into community activists to fight for their rights. This is a true David-and-Goliath story about passion, money, power, and rage, whose outcome has yet to be determined.

still to come

oct 13

Effective Tools for Rapid Personal Transformation

oct 19

Wordsprouts: Dad Bloggers Talk Food, Family...

oct 13–14

Food Drive to Benefit CHIPS Soup Kitchen

oct 19

The Very Good Coffeehouse Coop Concert Series

## LETTERS TO THE EDITOR



## GAZETTE MISREPRESENTS AN OPEN FORUM PRESENTATION

### TO THE EDITORS:

*Gazette* reporter Frank Haberle misrepresented my statement at July's General Meeting. He wrote:

Member David Barouh also rose to ask that a resolution be presented that the editorial staff of the *Gazette* would not be allowed to make any edits or changes to member contributions without the consent of the author. As this was not on the meeting agenda, there was no discussion or action.

I did not request that a resolution not on the agenda be presented. Rather, I announced during Open Forum that the *still standing* resolution of 10/16/1977 requires that no article will be edited by the *Gazette*, other than for obvious grammatical and spelling errors, without the consent of the author. I stated that the *Gazette* has for many years been editing content without permission from writers, and is therefore in *violation* of this resolution, that I was submitting an Agenda Item for the GM to discuss new submission guidelines for the *Gazette*. And finally, I called on the *Gazette* to comply with this still standing resolution.

The reporter mentioned none of this. What information he did give was incorrect—and given the circumstances, I'm tempted to say "false." Could it have had something to do with the subject matter being the *Gazette* itself, and it's non-compliance with a GM resolution?

Then again, perhaps the reporter just wasn't paying attention, and reconstructed my announcement from dim memory. It's easy to imagine either, which frustrates understanding motivation in conflicts of interest, as between reporting objectively (assuming for the moment that is possible) and reporting about criticism of the organization for which one writes.

Dealing with the *Gazette*, one learns from bitter experience, is a losing proposition. But that reality has usually come from the editing and the frustration of seeing your intent eliminated or changed. The "*Gazette* Editorial Policies" state that editors "are not required to do extensive line editing," which means member articles are seldom improved and points strengthened. Rather, editors cut what they don't like, for whatever reason, sometimes leaving article unity in shambles.

The reporters have usually done a good job of covering relevant issues. Newsletters can make for rather bland, dull, lifeless reading, and food coop newsletters especially can accentuate the very things that have made the Coop a target for sarcasm and satire from media outlets like the New York Times. The *Gazette* has actually risen above the colorlessness of such publications and shown sparks of vitality—but only sparks! It's not yet a paper worthy of the organization that has spawned it.

It wouldn't take much to tap into the creative energy residing in the Coop. For the editorial staff, it would mean actually editing—rather than imposing agendas, exercising power and generally stifling member expression.

And the staff as a whole should appreciate what it has responsibility for and the potential it is sitting on. In today's world of looming economic, social and environmental catastrophe, is there a more relevant institution than our old familiar—perhaps too familiar—Coop?

David Barouh

## A BIG THANK YOU

### DEAR FRIENDS AT PARK SLOPE FOOD COOP:

We want to thank each of you for your volunteer services at Park Slope Christian Help, Inc., this past year. It is a real pleasure to have you here to assist in the preparation, cooking, serving and cleanup activities for the poor, hungry and homeless in our area of NYC.

We are also grateful for the delivery of food on Monday, Wednesday and Friday and for the canned goods drive. We send our thanks and gratitude along with prayers for you and your families.

Sincerely and Gratefully,  
Sister Mary A. Maloney SFP

## TWO DISGRACEFUL DOCUMENTS

### TO THE EDITORS:

Here are the 2005 and 2012 Disciplinary Rules: [pacvid1.com/rules.html](http://pacvid1.com/rules.html).

It's not what has changed, it's the disgraceful things that have *not* changed. It's hard to believe, but *the Accuser is not allowed to be at the hearing*:

Briefly, here are the main things wrong with the Non-Hearing procedures in both of these documents as I see them:

(a) **Two procedures instead of one** is very fundamental, as it diverts attention from the bulk of defendants, probably 99.8%, to the rarity (hearings) that occupies at least three-quarters of the document.

(b) **No minimum and maximum penalties, i.e. no penal code.** It's all up to them. So shopping while you are in line can lead to permanent expulsion from the Co-Op for you and all your household members (isn't this a form of collective punishment?). Or it can lead to just a slap on the wrist!

(c) **No time when anything has to be done or not done.** No one knows what stage of the procedure you're at. If they say it's over . . . it's over!

(d) **No right at all to confront your accusers at all at any time.** In *hearings*, they are not even allowed to be there! As to accusations or *anything* in writing: Fahgeddabadditttt! Even if your

accusers have written complaints, *you have no right to see them!* Without this, nothing else is possible—justice doesn't even *begin!* I never realized the importance of every step of the procedure being public until I was disciplined myself!

XI.A.—"In addition to the accused member and his/her representative, only the following may attend: Members of the Disciplinary Committee who will act as the Coop Advocate or testify as witnesses; HOC members assigned to the case; HAC members who are assigned to conduct administrative chores at the hearing; advisory Coordinators; and the *Gazette* Reporter. [but also] . . . Disciplinary Committee members . . . [and] witnesses" may attend under certain circumstances. *No Accuser(s)!* May I repeat, *No Accuser(s)!* So much for "confronting one's accuser(s)!"

The first sentence begins "In addition to . . ." and ends with ". . . *Gazette* Reporter." Isn't it a little sloppy to write a sentence that says "only" and then add things later? But the omission of the *accuser*—This cannot be just sloppiness as it is carried throughout the rest of the document. Nowhere is the accuser(s) mentioned in connection with the hearings. *Why should the accuser(s) be excluded from hearings even if they want to be there?*

We all agree there are good monarchs. Our top management and our committees are filled with people who profess to believe the General Meeting holds all the power; hence they can amass power without remorse or scruple. If they wanna be fair, they can be as fair and as sweet as they want. If they wanna be sloppy, they can be sloppy. As I said before, it's "Gentle Fascism In New York" time. *Occupy the Disciplinary Committee!*

In solidarity,  
albert solomon  
718-768-9079  
hobces@yahoo.com

## IDENTITY THEFT

*The risk is bunk—  
Steal my i.d.!  
Who'd possibly  
Want to be me?  
Enough! It's passed,  
This fantasy—  
My 15 seconds  
Of humility.*

LeonFreilich

## SETTLER VIOLENCE AGAINST PALESTINIANS LABELED "TERRORISM" BY U.S. STATE DEPARTMENT

### TO THE EDITORS:

For the first time, the State Department's annual report on global terrorism (released 07/31/2012) labeled the escalating settler violence against Palestinians as terrorism. The report cited vandalism and arson attacks at

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.

### Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

### Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

### Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.





## L E T T E R S T O T H E E D I T O R

Jerusalem's Mamilla Cemetery, mosques in Jerusalem, West Bank and East Jerusalem.

### OTHER REPORTS HIGHLIGHT ESCALATION OF SETTLER VIOLENCE AGAINST PALESTINIANS (WEST BANK)

European Union (EU) Report released by the Freedom Forum (February 2012) cited statistics from UN Office for the Coordination of Humanitarian Affairs (OCHA):

- In 2011, there were 411 settler attacks resulting in Palestinian casualties and property damage compared to 266 attacks in 2010, 132 attacks in 2009;
- In 2011, three Palestinians were killed and 183 injured by Israeli settlers;
- In 2011, 10,000 Palestinian olive trees were damaged or destroyed by settlers;
- In 2011, 139 Palestinians were displaced due to settler attacks;

Rising use of threats and violence by settlers to deny Palestinians access to water resources (56 springs) on Palestinian land.

### Washington-based Palestine Center Report (January 2012)

39% increase in the number of settler attacks from stone-throwing to arson and shooting between 2010 and 2011;

Between 2007-2011, there was an increase of 315% in settler violence and a 95% decrease in Palestinian violence against Israeli settlements and settlers;

90% of settler violence is in areas under Israeli security jurisdiction;

### "Price Tag" Violence

Vandalism against Arab property is the 'price' that must be paid for evacuation of settlements. Brigadier General Alon described "price tag" attacks as terrorism. They've included arson against mosques, Jerusalem Baptist Church, Valley of the Cross Monastery; spray painted with derogatory graffiti about Arabs, Islam and Christians.

A *Foreign Affairs* article referred to a significant fringe of young extremists, 'hilltop youth,' no more than a couple thousand, as the dangerous minority

leading the 'price tag' vandalism against Palestinians.

### ISRAEL'S 'CULTURE OF IMPUNITY': FAILURE OF LAW ENFORCEMENT AGAINST SETTLER VIOLENCE

- 92% of the 642 cases related to settler violence between 2005 and April 2010 were closed by Israeli authorities without resolution; (Yesh Din)
- Settler violence cases tried were in 'lenient' civil courts; Palestinian violence cases tried were in 'harsh' military courts;
- The message to settlers: 'this is okay, the State is not going to stop us.' Increasing violence was a result of a lack of law enforcement; (B'Tselem)
- 80 communities with a combined population of nearly 250,000 Palestinians are vulnerable to settler violence, including 76,000 at high risk; (OCHA)
- In 2011, the Israeli Army was complicit in settler violence: killing one Palestinian and wounding 125 during settler violence clashes; (OCHA)
- UN and EU officials have accused the Israeli government of being complicit in, and even encouraging violence against Palestinians and other non-Jews living in Israel and the Occupied Territories. (IMEU)
- Send the message to Israel to end the occupation: support the BDS movement.
- References: IMEU.net, Al Jazeera, Ali Abunimah, Harriet Sherwood, <http://www.IMEMC.org>, [Mondoweiss.net](http://Mondoweiss.net)  
Mary Buchwald  
Brooklyn For Peace  
PSFCmembersforBDS  
[psfcbds.wordpress.com](http://psfcbds.wordpress.com)

### THE LATEST AGREEMENTS

#### TO THE EDITORS:

Faithlessly ignoring expert financial guidance from our very own Park Slope Food Coop Boycott, Divestment and Sanctions (PSFC-BDS) movement, the Palestinian Authority entered into yet another shameful phase of economic cooperation with Israel this month. The twittersphere and blogosphere are up in arms,

appalled at President Mahmoud Abbas's independent and naïve strategy to increase Palestinian revenue — through commerce. If you can stomach it, note where the Palestinian Prime Minister actually thanks the Israeli one, as if to discard PSFC-BDS economic theory as utter garbage. If you can bear to count that high, note how the biased reportage slips in the word "agreements" seven times...as if to imply that mere agreement underpins financial success.

Since the Palestinian Authority have crossed their own international picket line, I call on PSFC-BDS to leaflet the West Bank and Gaza until Palestinian leaders resume the BDS-approved, two-point economic program: importing donations from the EU and exporting Hamas press releases. Palestinians must not be allowed to abandon our PSFC-BDS's wildly successful, test-marketed victimhood campaign merely to rebrand themselves as an economically self-reliant, forward-looking people who can develop their own society better than our own proud activist/warrior-accountants can.

"Israel and the Palestinian Authority signed agreements on Tuesday [August 1, 2012] to regulate bilateral trade and taxation.

"The agreements were thrashed out in a series of secret meetings that lasted more than a year and had many ups and downs. Israeli sources said they also have diplomatic ramifications.

"The agreements, signed by Finance Minister Yuval Steinitz and

PA Prime Minister Salam Fayyad, are meant to facilitate implementation of existing economic agreements, particularly the 1994 Paris Protocol, in order to expand bilateral trade and combat smuggling and tax evasion. They will also upgrade the PA's tax collection infrastructure, thereby increasing its revenues...

"This will require them to improve their sharing of data...

"The agreements will take effect on January 1, 2013. Implementation will be monitored by a team of experts from both sides, to be set up in the coming days.

"Steinitz termed the agreements an important step to bolster economic ties between Israel and the PA.

"Fayyad said the agreements will strengthen the PA's economic foundations and further economic ties between Israel and the PA. He thanked both Steinitz and Prime Minister Benjamin Netanyahu for the effort they invested in concluding the deal."

\*<http://www.haaretz.com/news/diplomacy-defense/israel-palestinian-authority-sign-bilateral-trade-agreements.premium-1.455067>

\*<https://www.aswat.com/ar/node/7713>  
Jesse Rosenfeld



### The Park Slope Food Coop Agenda Committee ("AG") is seeking qualified nominees to stand for election and serve on the committee.

The AG was established by the General Meeting ("GM") to help facilitate the timely presentation of Coop business to the members attending the monthly meeting.

In addition to assembling the monthly agenda and maintaining records of items submitted, the AG works with members who submit items for consideration by the GM and may need assistance formulating proposals and discussion points.

The AG meets the first Tuesday of every month at 8pm at the Coop. Committee members are also required to attend five (5) GMs per year.

In addition, committee members caucus by telephone and via e-mail as needed to facilitate committee business.

Qualifications include a cooperative spirit, experience working in a committee environment, and an ongoing interest in the business of the Coop. Interested members contact Ann Herpel in the Membership Office.

**We are seeking an applicant pool that reflects the diversity of the Coop's membership.**



**Please protect your feet and toes while working your shift at the Coop by not wearing sandals or other open-toed footwear.**

*Thanks for your cooperation,  
The Park Slope Food Coop*



PHOTO BY KEVIN RYAN

## Looking for something new?

**Check out the Coop's  
products blog.**

**The place to go for the latest  
information on our current  
product inventory.**

**You can connect to the blog  
via the Coop's website  
[www.foodcoop.com](http://www.foodcoop.com)**

CONTINUED FROM PAGE 9

### **Kitchen Cleaning** **Wednesday, 8 to 10 a.m.**

Deep clean all three kitchens in the Coop: child-care, meeting room and staff room. You will work independently to clean countertops, cabinets, drawers, kitchen equipment, sinks and refrigerators. Must be reliable as you are the only person coming to do this job on your day. Please speak to Adriana in the Membership Office, Monday to Thursday, 8:00 a.m. to 2:00 p.m. if you are interested. tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana or Cynthia in the Membership Office for more information.

### **Office Set-up** **6 to 8:30 a.m.**

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana or Cynthia in the Membership Office for more information.

**WORKSLOT NEEDS**

### **BED & BREAKFAST**

THE HOUSE ON 3rd ST. B&B - serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our web site at [houseon3st.com](http://houseon3st.com). Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!

### **CHILDCARE**

Greenwood Heights Playgroup is opening this September. It is a warm nururing environment where your child can grow through art, music and focus on play. Hours Mon-Thurs, ages 2 ½ to 4. Call or email Patty & Mayo so we can answer question or set up a tour. [ghplaygroup@hotmail.com](mailto:ghplaygroup@hotmail.com) 917-668-6098.

### **CLASSES/GROUPS**

MEDITATION MADE EASY. Learn simple mindfulness, meditation and stress-reduction techniques, Wednesdays at 8:15 p.m. at Spoke the Hub, convenient Park Slope location. With experienced, wise teacher Mina Hamilton, Author of 'Serenity To Go, Calming Techniques for Your Hectic Life'. Call 917-881-9855.

We are interested in forming a writers coop here in Brooklyn which would cover politics, art and culture. Do you want to join? For further info about our upcoming meeting e-mail Nikolas at [benhorsmurf@hotmail.com](mailto:benhorsmurf@hotmail.com).

SUPER-GENTLE YOGA. Think you're too out-of-shape, too large,

## **CLASSIFIEDS**

too old, too "something" to do yoga? Recovering from an injury? BY POPULAR DEMAND A SECTION JUST ADDED. Wednesdays 6:30 p.m. and 7:30 p.m. Convenient Park Slope Location. Call Mina Hamilton, experienced, wise teacher. 22 Years serving Park Slope. 917-881-9855.

### **COMMERCIAL SPACE**

PROFESSIONAL OFFICES available for Health Practitioners; e.g. Nutritionist, Medical Doctor, Psychotherapist, Massage Therapist, Podiatrist, Dentist, Reiki, Shiatsu, etc. Be part of an Holistic center in SOHO. Doctor will introduce all patients. Non-medical spaces also available. For information, please call 212-505-5055.

### **MERCHANDISE WANTED**

SELL IRIS RECORDS your CDs/LPs! Appointments day/night at your home. We pay cash and do the heavy lifting. Collections

appraised for estates/divorces. Don't throw away your stoop sale leftovers! Iris will buy and sell/donate LPs, CDs, DVDs, books. Email Stephen at [recordriots@gmail.com](mailto:recordriots@gmail.com) or call 609-468-0885 for more info.

### **SERVICES**

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at [www.tguccione.law.com](http://www.tguccione.law.com).



PHOTO BY KRIS MARX



PHOTO BY KRIS MARX

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)



## CLASSIFIEDS (CONTINUED)

PAINTING & WALLPAPERING- 25 yrs exp. doing the finest prep + finish work. One room or an entire house. Free estimates + full insurance coverage. Call Fred Becker @ 718-853-0750.

EDITOR FOR HIRE, Tap into 20 years of experience writing and editing proposals, reports, studies, analyses, media advisories, testimony, statement propaganda

## Puzzle Answers

cLEVER  
ANNUity  
SPATula  
inFERNo  
brAVAdo  
carDINAL  
paLISAdo  
keROSEne  
exCELLEnt  
paNORAmic  
chAMBERmaid  
humANITARIan

and other prose. Untangle it. Clarify it Tighten it up. Pumphouse. Projects@verizon.net 718-768-1023.

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mer-

cury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

MD-SUPERVISED WGT LOSS program to burn fat, save muscle, prevent diabetes. Low dose allergen therapy for inhalent, food & chemical allergy. Bio-identical thyroid & hormone replacement. Non-drug treatment for depression, anxiety, insomnia. Call Dr. Ordene @718-258-7882. Insurance reimbursable, Medicare accepted.

## VACATION RENTALS

HAVEN OFF THE HUDSON. Friendly, historic 3-season wood community in Westchester county. Co-op offers hiking, tennis, pool, wifi cafe, social activities, organic garden. Beautiful Hudson riverfront nearby. Studio, 1-BR cottages, \$35k-\$129k. www.reynoldshills.org/bungalow-shop. Tel: 347-307-4642 or melgarfinkel@yahoo.com.



## NEED A WORK SHIFT?

Our store is now open! Come visit us at 18 Putnam Ave. At this time, PSFC members will receive FTOP credit in exchange for working with Greene Hill. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record. Join Greene Hill and you can shop at both stores!



WWW.GREENEHILLFOOD.COOP  
INFO@GREENEHILLFOOD.COOP  
718.208.4778



PHOTO BY KRIS MARX



## LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

## WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

## JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

## GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at www.meetup.com/plgfoodcoop or contact leffertsfarm@gmail.com for more information.

JOIN US: www.meetup.com/plgfoodcoop

## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (\*) denotes a Coop member.

## SAT, SEP 15

3 p.m. Animation film festival in the quaint village of Athens, New York. The film festival will be in a restored opera house which is also a brewery. Please join us! Anyone interested in

social political animation, please refer to below website. www.athensanimationfest.com.

## SUN, SEP 30

9 a.m. 1912 K 9 5K 2nd Annual Boardwalk Carnival Race/Walk/

Play on the Coney Island Boardwalk with or without your dog. Benefit for Posh Pests Rescue. Dogs available for adoption. Register on line or in person. www.firstgiving.com/poshpets/K9-5K2012 Contact Geri at gerigventer@gmail.com.

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)

WELCOME!						
A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.						
Ophelia Abeler	Lorisia Clevenger	Emiliano Garcia	Harry Joseph	Isaac Mathes	Jessica Rofe	Zak Syroka
Matthew Anderson	Zalika Cuffy-Scott	Zenon Garcia	Lisa Kanbar	Anne McBrearty	Jan Roggeveen	Maria Tapia
Antonio Annunziata	Paul Detchemendy	Dasha Gilzon	Dustin Kaster	Patricia McBride	Renee Rudczynski	Ana Tinsly
Vincenza Annunziata	Tara Detchemendy	David Glasner	Ethan Kerr	Karen McDonnell	Thomas Rudczynski	Zachary Tutlis
Sarah Archenbronn	Stephanie Diamond	Elana Glasner	Jaruwan (Jen)	Caitlin McKenna	Nicholas Rynearson	Anthony Vernon
Gabriel Arkles	Chris Diasparra	Andres Gleich	Khamhaeng	Adele Munisteri	Nancy Schartzman	Akua Walters
Evan Bane	Ngina Duckett	Tim Gruzca	Lenore Kitching	Christian Nordtomme	Carrie Schildroth	Sarah Weintraub
Gali Beeri	Alexandra Duvekot	Edward Haggerty	Barbara Kline	Patrick O'Sullivan	Edwin (Mickey) Schwartz	Ann Wittig
Zack Bennis	Jessica Eckert	Thomas Haggerty	David Kline	Charles Olbert	Alexis Segal	Devrim Yavuz
Asmund Bertelsen	Claudia Espinel	Glen Hass	Alison Krebs	Fati Parsia	Candace Shemmer	Larisa Yermolitskaya
Michael Biglow	Steven Fass	Courtney Held	Judith Le	Miriam Peterson	Yadin Shemmer	Yi Zhao
Anna Blaedel	Anthony Fетters	Nicolas Heliotis	Hyun Seung Lee	Elise Raat	Joanna Simpson	Tara Zoltek
Marie-Eve Bouchard	Carlos Fierro	Daniel Hicks	Angel Levy	Julie Rasquin	Sara Soskolne	
Sean Broadbelt	Lauren Flax	Miriam Jacobson	Sarah Litvin	Alon Rehany	Jason Spies	
M'Lou Caring	Anat Friedman	Amanda Jerido-Katz	Ollin Rodriguez Lopez	Peter Richter	Joseph Sultan	
John Paul Chirdon	Yudi Friedman	Vibeke Kvam Johansen	Tina R. Majkowski	Paul Rivera	Sivi Svenning Jensen	



PHOTO BY KRIS MARX

**BAY RIDGE FOOD CO-OP**

We're one step closer to opening for business  
**NOW WE NEED YOU!**

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now – we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

[www.foodcoopbayridge.com](http://www.foodcoopbayridge.com)  
[hello@foodcoopbayridge.com](mailto:hello@foodcoopbayridge.com)  
347-274-8172



DO YOU LIKE **DESIGNING FLYERS**? HOW ARE YOU AT **MARKETING**? DO YOU LIKE **SOCIAL NETWORKING**? ARE YOU A **WEB DEVELOPER**? CAN YOU WRITE **PHP**? DO YOU KNOW HOW TO USE **WORDPRESS**? DO YOU LIKE **TABLING** AT EVENTS? DO YOU LIKE **RESEARCHING FOOD**? DO YOU NEED **FTOP CREDIT**? DO YOU LIKE **COMMUNITY**, EATING **GOOD FOOD**, AND **FUN**? COME HANG OUT WITH THE **BUSHWICK FOOD COOP** AND GET **WORK CREDIT!**

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT [WORKSHIFT@BUSHWICKFOODCOOP.ORG](mailto:WORKSHIFT@BUSHWICKFOODCOOP.ORG).



PHOTO BY KRIS MARX