

Established
1973

LINEWAITERS'

GAZETTE



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PHOTO BY THOMAS MATTHEWS

The Sign Committee's first major project was the design, fabrication and installation of the signs that hang over each aisle, indicating which products can be found there.

Reducing Visual Chaos: The Coop's Sign Committee Works To Enhance Clarity and Community

By Thomas Matthews

Have you ever been confused or misled by a sign?

Sometimes, deception is intentional. In 1842, the famous showman P.T. Barnum opened his American Museum on Broadway in downtown Manhattan. A combination zoo, wax museum, lecture hall and freak show, it had as many as 15,000 visitors a day. The crush of people left new shoppers waiting outside on the sidewalk.

A frustrated Barnum, eager for more entry fees, found a solution: He posted a sign that read "This Way to the Egress." Eager to see this strange new attraction, people followed the signs right out the door. The only way back in was to pay another quarter.

Sometimes, though, confusion can be fatal. On Nov. 18, 2007, Sam Hindy was biking home

to Brooklyn over the Manhattan Bridge when he discovered he was in a lane reserved for cars and trucks. When he tried to change course, he fell to the lower roadway and was killed by an oncoming car.

After investigating the accident, State Senator Eric Adams placed the blame squarely on poor signage. Adams told the *New York Post*, "A young 27-year-old should not have lost his life because he couldn't distinguish what roadway to use from what roadway not to use."

The Park Slope Food Coop is full of signs. Some tell shoppers where items are, how much they cost and what they contain. Others help workers complete their tasks according to Coop and legal regulations, safely and efficiently. Still others inform members about Coop policies and procedures.

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Lunch Box Confidential

An expert's guide to making easy, nutritious lunches your kids will eat

By Kate Rope

Catherine McCord, a culinary school graduate, Los Angeles mom to two, and author of the popular Weelicious blog (Weelicious.com) has been sending her son to school with a homemade lunch for the past three years and has never repeated a meal once. For proof, visit her Facebook page (www.facebook.com/weelicious/photos) and browse through the more than 600 pictures she has taken of his daily lunches. Started as more of a pictorial record of her efforts to feed her son (and now daughter) healthy, enjoyable meals, Weelicious

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PHOTO BY KATHERINE MCCORD

Next General Meeting on October 2*

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The September General Meeting will be on Tuesday, October 2, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette*, on the Coop website at www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions will be posted. **The September GM will be held on Tuesday, October 2.**

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Coop Event Highlights

**Thu, Oct 4 • Food Class: Elegant Autumn
Hors D'oeuvres to Impress 7:30 p.m.**

**Fri, Oct 5 • Film Night:
Granito: How to Nail a Dictator 7:00 p.m.**

**Tue, Oct 9 • Safe Food Committee Film Night:
Groundswell Protecting 7:00 p.m.**

**Sat-Sun, Oct 13-14 • Food Drive to Benefit CHIPS Soup Kitchen
9:00 a.m. - 7:00 p.m.**

Look for additional information about these and other events in this issue.

Sign Committee

CONTINUED FROM PAGE 1

Before 2003, most of these signs were hand-written, sometimes on tattered cardboard, often taped to a wall or hanging from a light fixture. They had a certain artisanal charm, but often they were inconsistent or incomplete. Could you really be sure, for example, that the granola mix you were buying in bulk contained no peanuts? Your children's health may have depended on an improvised sign.

The Sign Committee at Work

"The Sign Committee's goal is to reduce visual chaos in the Coop," said Sarah Sills, co-chair of the committee. A freelance graphic designer, she joined the Coop in 1989.

"Uniform signage really didn't start until 2003," Sarah recounted. The project began under the leadership of Sylvia Harris, a graphic designer and pioneer of the way-finding industry, who spearheaded the effort to establish an efficient flow when the Coop expanded into its third building. The Sign Committee was created to continue her efforts. (Tragically, Sylvia died unexpectedly in 2011, at age 57.)

The committee's first major project was the design, fabrication and installation of the signs that hang over each aisle, indicating which products can be found there. Because product placement changes, the committee came up with a system that uses a metal frame and magnetized signs, which can be moved as needed.

This project set parameters that have been adopted in other signs, to establish a visual continuity that both increases ease of use for the user, and overall, contributes to a sense of unity that can embody the community aspect of the Coop.

The designers chose a font

called DIN, established in 1931 and widely used for traffic, administrative and technical applications because of its simplicity and legibility. They selected a color family, emphasizing a soothing green. The perforated frame for the aisle signs was adopted as a motif that is repeated on signs throughout the Coop (in the bathrooms, for example).

"We spent a lot of time writing a style guide that included typefaces, colors and overall designs for the signs in the Coop," said Sara Matthews, co-chair of the committee and a Coop member since 1992. [Disclosure: Sara is also my wife.] "When signs are bad, it's hard to find your way around the store, and difficult to find the things you want."

The Committee normally consists of 8-10 members; current members include designers, a specialist in materials (who is working to incorporate more eco-friendly materials into the signage), a sign fabricator and a way-finder. Some projects are initiated by Coop Coordinators, some are ideas from Committee members, while others are triggered by member suggestions.

Signs on the shopping floor are the most visible evidence of the committee's work. But the work also extends to the basement and the office areas. Here, signs are used to assist workers, who may not have enough experience to fully master all the Coop's many procedures. In the basement bulk processing area, for example, a collection of handmade signs had accumulated over the years, to detail how to bag items, or cut cheese, or maintain safety procedures.

"We edited the wording for clarity, working with Yuri, the Coordinator for the cheese, and distilled all those signs into one which was professionally designed and printed," said Sara. "It's cleaner, neater, and more concise. We hope that it makes it easier for the cheese workers to do their jobs better."

Important projects on the drawing board focus on the entry area. As many members know from experience, there are circulation problems at the front doors, with people exiting or entering the wrong way. New signs will try to alleviate that confusion. And the Committee plans to install numbered signs at each checkout, which will light up when the cashier is free to



In the basement bulk processing area, a collection of handmade signs had accumulated over the years, to detail how to bag items, or cut cheese, or maintain safety procedures.

Now, words have been edited for clarity. All those signs have been distilled into one, which was professionally designed and printed. It's cleaner, neater and more concise. This makes it easier for the cheese workers to do their jobs better.



help the next shopper.

"Overall, our goals are to make it easier for workers to do their jobs better, and for members to have an easier time shopping," Sara said.

Impact and Implications

I asked a dozen or so Coop members—shoppers and workers—about their perception of the store's signage. Reactions were mixed.

Heidi, who joined in 2008, is a walker. I pointed out that each shopping cart carries a map, a product of the Sign Committee, which clearly shows the walkers' boundaries around the neighborhood. "Oh, I use that," she said.

I asked her about other signs in the Coop. "I do use the signs for information," she said. "But I wouldn't have thought of them as design elements."

Down in the basement cheese-processing area, workers seemed surprised when I pointed out the Sign Committee's work. "What was

there before?" one wanted to know. Another indicated a handwritten sign that outlines procedures for bulk items. "I used that one today." The group then compared the two signs. "I guess I like the mix of old and new," one concluded.

Maybe it requires a memory of the old, cluttered signs to appreciate the utility of the new ones. Russell, who's been a member since 1995, was shopping in the bulk section. "This system is great," he enthused. "Everything is so clearly marked. And in the bathrooms? Those signs are really nice."

In a paradoxical way, it may be that the Sign Committee's work is most successful when it's least noticed. A good sign disappears. It reduces confusion and inefficiency without drawing attention to itself, which would simply be another distraction in a space that's already cluttered.

Beyond efficiency, the physical function of the

signs, the Sign Committee's project also encompasses a more philosophical goal.

"We're not only trying to make this complicated place easier to use for our members," Sarah explained. "We're also working to articulate a design identity for the Coop. Some people may feel they don't want to stifle the Coop's amazing diversity with too much uniformity in design. But over time, any community develops a kind of identity, and as best we understand it, we are trying to give that identity a coherent visual form."

It's a tricky balance, and a long haul. As the cheese workers can attest, there are always new questions that need answers, and so new signs will always be necessary.

"The work will never be finished," Sarah said. "Items change, our ideas about design change, the Coop itself changes. Our work tries to reflect where the Coop is at any given moment." ■



A metal frame and magnetized signs can be moved as needed.

August GM Shows Members Still Grappling With Last Spring's Boycott Vote

By Danielle Uchitelle

Call it the PTSD of BDS; the August General Meeting proved that end-of-summer dog days can't melt away the post-traumatic stress of last spring's GM boycott vote. In a meeting that otherwise offered little controversy, after-effects of the boycott proposal continued to arouse passion as it echoed through the agenda.

The evening started off quietly enough. No finance report (it's traditionally skipped at the August meeting), no Allen Zimmerman produce report, and just a few words from General Coordinator Jessica Robinson about the schedule for the September and October GM (note that the September GM will actually be held October 2; the October meeting will be held on the 30th). Meeting chair David Moss asked if there were to be any committee reports; there were none ("Sweet," sighed a member sitting nearby). The open forum, always something of a wild card, produced just a few inquiries by attendees. Coop member Barbara asked for an update on the Flaum Appetizing Corporation boycott. General Coordinator Elinor Astrinsky responded that we have not resumed purchasing from Flaum, but said that it was a space issue rather than a continuation of our boycott. As Elinor explained, the labor relations lawsuit that prompted the Coop's action has been settled, so there are no further grounds for us to boycott the company. Since we can only carry so many different varieties of hummus, we haven't actually bought anything from Flaum yet. But we could.

Another member inquired about what she considered to be a paucity of truly organic produce. "Minimally treated, what does that even mean?" she posed. Elinor replied that, although the absent Allen Zimmerman could supply more details, she didn't believe that there were any less organic produce choices than usual. In particular, she singled out "the great crop of peaches coming from Amy Hepworth" of Hepworth Farms. Elinor explained that stone fruit, such as peaches, simply cannot grow in our region without some recourse to integrated pest management, hence the "minimally treated" label.

Soon it was on to the agenda portion of the meeting. Neither of the two agenda items required a vote; they were discussion items, formulated to allow members to put new ideas before the GM attendees and receive immediate feedback that could lead them to modify, improve, or perhaps abandon their idea. The first was by Rodger Parsons, who proposed the formation of an Inter Coop Sustainability Committee. The idea, explained Rodger, was for us to make common cause with political activist

organizations whose aims were in harmony with the mission of PSFC. These could include groups that lobby for small local farmers, anti-fracking organizations, fair trade groups, climate change activists, and others. The goal, as Rodger described in a one-page handout, was to "join with food cooperatives, small farmers and other organizations interested in food democracy." Rodger envisioned the committee as part of a larger "pro-organic PAC" movement.

GM attendees rose to speak. One mentioned her research into the Monsanto and Del Monte corporations and spoke enthusiastically in support of Rodger's idea, seeing it as a counterbalance to the political power wielded by the agribusiness lobby. Another wanted further clarification: "What specifically would such a committee do?" he asked. Rodger explained that the committee wasn't intended to instigate political action, but rather to lend the weight of the Coop's 15,000-plus membership to the healthful food movement. "When you meet with politicians in sufficient numbers, they'll listen," Rodger confidently stated.

Coop member Carl agreed. "I'm so glad that you raised this...if enough people get together and stay with it there can be success," he said, adding, "it's a great idea and I'd love to see us move forward with it."

Ann Herpel, one of the Coop General Coordinators, cautioned the group that "the Coop has always been one distance removed from these types of activities," though she added that we've long supported such organizations as the Brooklyn Food Coalition and the Northeast Organic Farmers Association. A member asked Rodger whether his proposal would cover local, regional, or national food policy issues. Another said she felt that the committee could be "really cumbersome" if it entailed repeated member referenda on each policy proposed for support. Overall, the response to Rodger's idea was positive and he agreed to take what he learned from the meeting and give further thought to his proposal.

The second proposal, presented by Michael Rieman, was for "Developing guidelines for 'political action' initiatives by Coop members." While this would seem to dovetail smoothly with Rodger's earlier proposal, it quickly became clear that Michael's proposal was motivated less by farm policy and more by the shared experience of the recent BDS drama, which continues to reverberate in the pages of the *Gazette*.

In a brief document, Michael described a two-tiered approach: "Type 1" issues, which he described as those that "clearly fall within the scope of the Coop's concerns about food/product quality, environmental

concerns, or conditions for workers," and "Type 2" issues, which would cover everything else. Under Michael's proposal, "Type 2" issues could not be voted upon by members if they contained evidence of "bias or partisan politics" or if an organization supporting the action was not "free of bias." Finally, no proposed political action under Michael's plan could contain "disproportionate condemnation."

The wording of Michael's guidelines might at first have left some members scratching their heads, but when the comment period began it quickly became clear that this proposal had a history. "If there are no guidelines, anything goes," stated one member, who went on to read from a long, prepared response that made frequent mention of the Coop's BDS vote. "The Coop has become a hostile environment," she said, her voice quivering with emotion. As her narrative unfolded, GM chair Moss tried gently to get her to bring her comments to a conclusion so others could speak. "I'm almost done," she replied several times, and resumed reading from her text. She eventually yielded the microphone to other speakers. One cautioned that "it's never healthy to say that just because something is divisive, let's sweep it under the rug. 'Bias' is a murky thing." Another member asked Michael for clarification on his

"Type 2" category. Michael agreed that further definition was needed, but insisted that "when there's strong feelings on an issue, [members] will see it in a strong way, so it's helpful to have a guideline." A speaker questioned whether there could be such a thing as a nonpartisan position. "Who gets to decide?" she asked. Another countered, saying "I don't want us to be vulnerable to being used," which raised the question of the distinction between being used—presumably a bad thing—and feeling passionately about a political issue. "Democracy is untidy," concluded one member.

Summarizing, Michael acknowledged the passion his proposal had elicited from the group. "It wasn't my intent to silence anyone," he explained, but added, "I don't think we have to be open to every issue. We would benefit from guidelines." ■



WORDSPROUTS

The Park Slope Food Coop's Reading Series

Attention Writers: Wordsprouts Wants You!

**Are you a novelist, poet, playwright,
songwriter, essayist, journalist, or blogger?**

**Are you looking for a forum where you can
promote your work or get feedback?**

**Do you want to moderate a panel or
teach a writers' workshop?**

Do you want to meet fellow Coop writers?

Wordsprouts, the Park Slope Food Coop's reading series, is looking for writers who are members of the Coop. Even if you're not ready to commit to an upcoming event, drop us a line and let us know you're out there!

E-mail paulabernstein@gmail.com.

ENVIRONMENTAL COMMITTEE REPORT

Free Raffle at July GM Was a Success

By Sensho Wagg

At the July General Meeting, the Environmental Committee held a free raffle of reusable bags donated by Ecobags, one of the Coop's reusable bag suppliers. The free raffle was open to all

attendees of the July GM.

The winner, Coop member Gian-Murray Gianino, was delighted to win the assorted package of bags (retail value \$50), made and distributed by Ecobags. Gian-Murray said he and his wife were both thrilled.

Sounds like the whole family will enjoy the variety of bags. Ecobags put together the assortment of bags for the raffle, originally scheduled for the outdoor Earth Day celebration that was rained out this year, to help Coop mem-

bers see more options for shopping. The Coop currently carries a limited number of alternatives to plastic bags. The muslin drawstring bags for sale in the bulk aisle and across from the egg cooler are from Ecobags.

The Environmental Committee also did a quick show-

and-tell of the different bags included in the prize. Among these bags were tight-weave muslin, very-loose-weave fabric, and included drawstring and non-drawstring bags, small to very large. We imagined mushrooms in the very-loose-weave bag, flour, sugar, nutritional yeast, etc. in the very-tight-weave bags, and all manner of bulk and produce items of varying sizes, shapes and packaging requirements.

Currently, the bags that are offered as alternatives to plastic bags at the Coop are limited to a loose-weave muslin (the drawstring bags) and some handle bags. The loose-weave bags can't hold very fine or powdery foods without leaking, and the handle bags are great for multiple shopping items, but too large for small amounts of powdery or bulk items to be weighed.

The General Coordinators are currently researching additional reusable bags to sell at the Coop. The Environmental Committee and many other Coop members are very excited about this, and are looking forward to not only having more plastic bag alternatives, but providing more educational opportunities for those of us who are wondering how to actually use alternatives to plastic bags when we shop.

The Environmental Committee and the General Coordinators are working to reduce the amount of plastic roll bags that are used in the bulk and produce shopping aisles. There will be a vote at a future General Meeting about phasing out the 2.4 million plastic roll bags Coop members currently use each year. Please contact the Environmental Committee at ecokvetch@yahoo.com or through our blog at ecokvetch.blogspot.com with any comments or questions. ■



THE GAZETTE INDEXES

If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the Gazette...

Send an e-mail to Len Neufeld, Gazette indexer, at lenneufeld@verizon.net, to request PDF files of either or both of the following indexes:

- ◆ An alphabetized list of the titles of all articles published in the Gazette from 1995 to the present, with issue dates.
- ◆ An alphabetized list of all subjects (including people's names) discussed in Gazette articles from 1995-99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the Gazette issues referenced in these indexes are available as PDFs on the Coop's website.

What Is That? How Do I Use It?

Ask Me Questions About Coop Foods

Monday, September 24, 12 to 2:45 p.m.

Monday, October 1, 12 to 2:45 p.m.

You can join in any time during a question-and-answer session on the shopping floor.

Look for tour leaders in produce aisle.

Members Sought for PSFC Personnel Committee

If you know how to work effectively with others and believe you could make a contribution to the well-being and professional growth of our General Coordinators, we would love to hear from you.

We are looking for members to join our committee. We are especially interested in people who have skills in management, personnel, human resources, organizational development and/or team development.

The Personnel Committee was formed in 1980 when the General Meeting decided to elect a small group of people who could be in touch and work with the General Coordinators on an ongoing basis. Committee responsibilities are to:

1. Review the work of the General Coordinators, individually and as a group;
2. Discuss and address problems affecting personnel;
3. Interview candidates and make recommendations for General Coordinator positions; and
4. Report to the membership either at General Meetings or in Gazette articles about our committee work.
5. Work with General Coordinators on succession planning strategies.

This is a Coop work slot. We meet regularly every four weeks, usually on a Tuesday from 5:30 to 7:15 p.m. However, to respond to the workload, we periodically must meet more frequently, and we try to be as flexible as possible with scheduling.

We would like the Personnel Committee to reflect the diversity of the Coop.

Please send us your resume and a letter explaining why you would like to be part of the committee. We prefer to receive applications by e-mail at pc.psfc@gmail.com.

If you do not have access to e-mail please send your materials to the Personnel Committee c/o Park Slope Food Coop, 782 Union St., Brooklyn, NY 11215.

MEMBER SUBMISSION

A People's History of the Linewaiters' Gazette: Part II, 'Editorial Independence'

By David Barouh

My most negative experiences have to do with something that I would not change the essence of...a free and open and transparent press that is run by members...It is essential that we print virtually anything and everything. —Joe Holtz, PSFC General Manager Interview in Missoula Community Food Coop newsletter (reprinted in *Linewaiters' Gazette*, 10/11/2007). Joe said this about what he considered unfair attacks on himself and other staff in the *Gazette*.

"Free Press" vs. "Editorial Independence"

Early in Coop history, at the 10/16/1977 General Meeting, a resolution was presented by the Coop's Coordinators, including its only paid member, Joe Holtz. It resolved to have that free, open, and transparent press, stating:

No article will be edited by the *Linewaiters' Gazette* without consent of the author.

The resolution was reaffirmed several times in *Gazette* articles and internal documents. At the 4/29/2003 GM, *Gazette* editor Ed Levy

described the paper as a "vox pop [people's voice] for members." But its preferred term in articles and letters has become "editorial independence," a subtle but crucial distinction.

The *Gazette* is published using Coop labor and resources, and has forged an admirable independence from the potentially censoring hand of management. But at least since the 1980's, it has formulated guidelines affecting member expression independent of GM approval as well. Coordinating Editor Erik Lewis proclaimed at the 11/26/2002 GM that *editorial meetings* were "how policy has been made over nearly thirty years" consigning GM resolutions and oversight to quaint and forgotten artifacts locked away in Coop file cabinets.

Is the *Gazette* a "Free Press"?

The *Gazette* prints committee reports, member articles, and letters, but the first two are routinely edited for content. Until recently, those changes—often deletions—were made *without notice to writ-*

ers. At the 4/29/2003 GM, a member asked whether policies existed for editors "to get clearance for proposed changes." With the 1977 resolution still standing, if now ignored, long-time Coordinating Editor Stephanie Golden responded: "There aren't hard and fast rules. Some tension in the editing process seems inevitable." That "tension" of course refers to who controls the article's content—writer or editor. Stephanie Golden's answer was clearly the editor.

After the 8/25/2009 GM discussion where animated member sentiment was that writers should control their writing—and despite past protestations of "tight schedules" and "production deadlines"—the *Gazette* changed policies, requiring editors to "confer" with writers about changes.

But "conferring" is not "consent." The editors made that clear in their 12/29/2011 Committee Report "*Gazette* Editorial Policies," declaring: Bottom line—the editor has the final word on what goes into the article and what goes into the *Gazette*.

It also stated that:

Editors are not required to do extensive line editing on MSAs [Member Submitted Articles] which would seem to imply that their *primary function* is to edit content—in other words, to act as censors, something they would almost certainly deny.

What About Letters?

The *Gazette's* long-time policy of printing all letters without editing—perversely, not even for obvious typos—has often been invoked to proclaim the *Gazette* a "Free Press."

But at the 4/29/2003 GM, it was pointed out that the notice in every issue only says the *Gazette* "welcomes" letters, and that since most publications "welcome" letters but print few, and usually just fragments of those, people might feel they "wouldn't run anyway."

Only after that—some thirty years into the *Gazette's* existence—did the submission guidelines begin to inform members that *all* letters would be printed. Nonetheless, the paper still changes titles and sub-headings, key factors influencing content, and *without*

conferring with or even notifying authors, a policy known only by those who have been subjected to it.

One might justly wonder about the *Gazette's* mania over content while not editing letters for typos, allowing writers to look bad and further discrediting the letters section as a place for sounding off and little more. And why is the professed "vox pop" limited to letters—and even that fudged—and not to articles and committee reports, efforts usually involving much research and effort?

Coop Melee

Members from the outset have wanted a newsletter that's a free press. But the editors seem to have had other ideas. The result was a battle-royal with management and members over control of content, with members taking it on the chin while not realizing they were even combatants. The editors scored two knockouts in one fight.

The conclusion appears inescapable that a publication whose "final authority" on content is not individual writers but the editors—actually the *individual editor*, as stated in "*Gazette* Editorial Policies"—is simply not a free press, not a "vox pop for members." ■

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the
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Coop
on**

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@foodcoop

**VALET BIKE PARKING
IS HERE
ON SUNDAYS!**

*strollers & scooters
& carts too!*



**Every Sunday, April 1–November 18,
from 3:30–8 p.m.,**

Coop members can leave their bikes with our valet parking service, which is like a coat check for bikes. Working members will check in and watch your bike for you.

Just drop off your bike, stroller, scooter or personal cart, do your shopping or your shift, and hop back on.

No locks, no worries, no theft.

Service operates rain or shine.

Look for us in front of the yellow wall.

(Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop
is brought to you by the PSFC
Shop & Cycle Committee.



PSFC
Shop & Cycle
Committee

Sudoku

Sudoku is a puzzle. You are presented with a 9x9 grid of squares, and that grid is divided into 3x3 zones. You solve the puzzle by filling the empty squares with single-digit numbers so that every zone, column and row uses each of the numbers from 1 to 9.

	4						3	
	6	2	7	4			9	
		9		3				
	2			9		1		
		4		6	1			3
1	7			2				6
7				1	6			4
		6	8			7		

Puzzle author: James Vasile. For answers, see page 14.

MEMBER SUBMISSION

Hey Coop Shopper in the Express Lane...

By Yanathan Reinberg

Let me start out by telling you that we've heard all the excuses. The strollers with wailing, hungry babies. The "just ran out to pick up an item, and gosh it's hard to limit myself" excuse. "There's nobody here," others will mournfully whine. I once even heard somebody explain to me that they couldn't live by the rules because the Coop was about being "against the rules." But let me make it clear here: if you come to the express lane with too many items, I will kick you out, make you uncomfortable, shame you in front of your fellow shoppers, and send you straight back to the regular line.

Now, most of my fellow express lane checkouters are nicer than me, and they won't do it. Oh, but they will secretly hate you behind your back. Want to know why? Because, my colleagues, this line exists to move people along quickly, and with minimum of hassle. We all abhor the lines at the Coop, and when you come to the line with 40 items, especially when half of them need to be weighed, the express line backs up and punishes the people who really did just come to pick up some coconut water, or whatever is

trendy this season. I've been working this shift for almost 10 years, and I'm mad as hell.

But what if the lane is empty? Nope. The lane is empty because the express-ness of the line is working. Because we're doing our job, fluidly moving people along. When you come to that line with your crazy amount of items, you create a glitch in the system. Want to move quickly? Then don't buy so many things! Similarly, don't assume that just because your food fits in a basket, it's magically an express lane shop. That's about as fictional as assuming that because a debit card is smaller than a wallet stuffed with cash, it's less valuable.

I saw the best minds of my Coop generation destroyed by madness in the express line. Sometimes, I swear, you all are like the children that belong in the daycare center on the 2nd floor. There, the people are trained professionals who know how to handle tantrums, crybabies and bullies. Down here, however, we're less equipped, so we have to rely on our quick wits and our desire to help the Coop grow and yet retain its function as a place to buy food and get out quickly. I've seen the "aw-shucks" fellows,

who obviously use that puppy dog look in the real world where it serves them well. It won't help you here. What about you who turn on your folksy, politician charm and tell me it "won't happen again" as you smile privately to yourself? I—like my fellow hardworking, proud express lane checkouters—don't buy it for a second. We know you're tricking us, we don't think you're funny, and like the disgruntled government employees we sometimes resemble, we've heard it all.

So, what's a mensch shopper like you to do? First, count your items! Do you have under 20 (we'll let a few slip) or at least things that

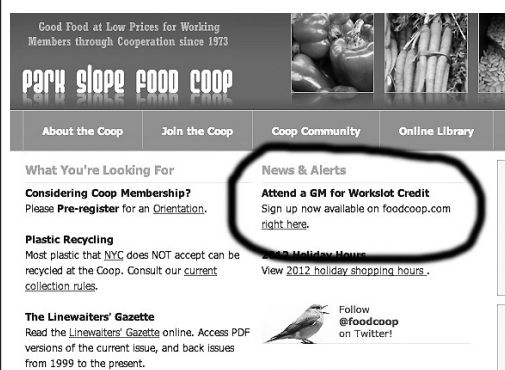
can be easily repeated, or multiple quantities? Good. Second, you can help us by self-selecting in the express line. If you see some poor soul with a thousand things sauntering in there, please do give them a taste of your mind. I know you can do it, because you've done it to me, over and over. A good session working the express line is like a boxing session, except with boxing I emerge with fewer bruises. Third, don't give us lectures about rules. We don't "follow orders" (as somebody once accused me!) because we love rules. We are shoppers and workers, and we know how crazy busy the Coop is. We love buying our stuff and getting out, and we want to help others do the

same. Our pushiness emerges from that need, not some absurd, Kafka-esque love of bureaucracy, as the conspiracy goes.

So, say it together—Let's follow these simple new customs and create a better experience, for us and for you. That, my friends, is express change you can believe in. ■



To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ **On the Coop's website**
(www.foodcoop.com)



◆ **Add your name to the sign-up sheet in the ground-floor elevator lobby**



◆ **Call the Membership Office**

The Park Slope Food Coop Agenda Committee ("AG") is seeking qualified nominees to stand for election and serve on the committee.

The AG was established by the General Meeting ("GM") to help facilitate the timely presentation of Coop business to the members attending the monthly meeting.

In addition to assembling the monthly agenda and maintaining records of items submitted, the AG works with members who submit items for consideration by the GM and may need assistance formulating proposals and discussion points.

The AG meets the first Tuesday of every month at 8pm at the Coop. Committee members are also required to attend five (5) GMs per year.

In addition, committee members caucus by telephone and via e-mail as needed to facilitate committee business.

Qualifications include a cooperative spirit, experience working in a committee environment, and an ongoing interest in the business of the Coop. Interested members contact Ann Herpel in the Membership Office.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

COMPOST COMMITTEE NEEDS HAULERS WITH VEHICLES

JOIN THE SQUAD THAT HELPS TO COMPOST MORE
THAN 2,000 BUCKETS OF FOOD SCRAPS!
WORK OUTSIDE IN LOVELY BROOKLYN GARDENS.

WORK IN TEAMS OF TWO, HAULING BUCKETS
OF THE COOP'S PRODUCE SCRAPS TO
LOCAL GARDENS FOR COMPOSTING.



WORK ANY TIME ON YOUR SCHEDULED DAY. THE WORK IS
PHYSICAL AND IS DONE IN DELIGHTFUL WEATHER AS WELL AS
INCLEMENT WEATHER. RELIABILITY IS A MUST—IF YOU ARE
PRONE TO MISS YOUR SHIFT, THIS IS NOT THE SPOT FOR YOU.



If you are interested or want to find out more, please call Sherry (Squad Leader) at 718-398-4454 or Annette Laskaris (PSFC) at 718-622-0560.

Lunch Box

CONTINUED FROM PAGE 1

has become a resource to thousands of parents around the world who turn to it daily to find inspiration for that bastion of uninspired foods—the lunch box. With McCord’s first cookbook, *Weelicious: One Family. One Meal*, hitting bookstores this week, we asked her to share her top tips for easy back-to-school lunches.

Stock Up

Having a variety of staples on hand (and keeping a list of them to refer to) will help you combine elements creatively. For McCord, must-have staples include a selection of breads (sliced whole grain, tortillas, English muffins), nut or sunflower butter, eggs, cream, cheddar and mozzarella cheeses, pesto, quinoa, rice, bananas, frozen edamame, baby carrots, sugar snap peas, dehydrated and dried fruits, sesame seeds and Bragg Liquid Aminos (to sprinkle over rice and veggies) and plain Greek yogurt (for easy veggie dips). “Keep your list next to you when you are making lunch, and you will think, ‘Oh, right, I have that I can use,’” suggests McCord. While you’re getting your grocery list organized, take a few minutes to establish a lunch-prep zone in your kitchen. “I have one cabinet where I keep the lunch containers, a few stainless

steel bottles, reusable napkins, reusable bags and rolling pins (we’ll get to those later) all in one place.”

Set Yourself Up for the Week

McCord takes time on Sunday to prep options she can use interchangeably over the week. She often makes a “big thing of rice, pasta or quinoa” and roasts vegetables (sweet potatoes, cauliflower, broccoli) that she can easily combine with pesto (store-bought or frozen homemade) for a quick, nutritious meal. The vegetables are also easily added to a cheddar Panini or can play a part in a quesadilla. Plus McCord always keeps a dozen hardboiled eggs in the fridge, which she cuts in half and sprinkles with sea salt if she’s in a protein pinch. For a sweet finish, McCord makes large batches of cookie dough from time to time and freezes them in individual balls she can pop on a sheet tray or the toaster oven the night before.

Think Inside the Boxes

Using a lunchbox with delineated compartments makes it easy to think about the important elements of a healthy lunch. McCord likes Laptop Lunches and Planet-Box, which both operate like Japanese Bento boxes. “I look at the lunch box and it has four different compartments,” says McCord. “If I put in a fruit, vegetable, carbohydrate and a

protein, I know I have done my job as a mom.” If your child prefers a lunchbox that is not divided, you can still use smaller storage containers to break the meal into its essential components. To keep food fresh, McCord puts in a soft ice pack or one of those individual bags of pureed fruit kept in the freezer. By lunchtime, it will be defrosted and can become part of the meal.

Shape Up

McCord believes presentation is almost as important as taste when it comes to getting kids excited about food. “I think a lot about shape, color and texture,” she says. McCord serves combinations of fruits in spears, wedges, balls (made with a melon baller) and kebabs (on mini kebab skewers you can find at the grocery store). She varies vegetables by cutting them into wheels or sticks or shaving them into a salad (try radishes, carrots, beets and jicama tossed with olive oil, sea salt and a little vinegar). McCord is also a dip disciple. Some of her go-to dressings for veggies and salads include carrot-miso-ginger dressing, Veg Wee dip (Greek yogurt, lemon and no-salt seasoning) and hummus.

Making sandwiches interesting “has a lot to do with the bread,” says McCord. She likes to roll it flat with a rolling pin and then spread it with a filling such as tapenade or cream cheese and sliced bananas. Then she rolls it up and slices it into little pinwheels that make for a fun punch of color in the box. She also uses cookie cutters, a Panini press, and even her waffle maker to keep sandwiches from getting boring.

Weelicious Ranch Dip

Makes ½ cup
¼ cup plain Greek yogurt (low-fat or full-fat)
2 Tbsp. mayonnaise or Vegenaïse
1 Tbsp. chopped fresh chives
1 tsp. lemon juice
1 tsp. Dijon mustard
½ tsp. garlic powder
½ tsp. onion powder
Salt to taste

1. Place all the ingredients in a bowl and stir to combine.
2. Serve immediately or refrigerate, covered, for up to 1 week.

Weelicious PBRB ‘Waffle’ Sammie

Makes 4 servings
1 ripe banana
½ cup fresh raspberries
8 slices whole wheat bread
½ cup peanut, almond, or sunflower butter

1. Preheat the waffle iron.
2. Place the banana and raspberries in a bowl and mash with a fork.
3. Spread 2 Tbsp. of the banana raspberry mixture on one bread slice. Spread 2 Tbsp. of nut butter on a second bread slice and press together to make a sandwich. Repeat to make the rest of the sandwiches.
4. Bake each sammie in the waffle iron for 3 minutes, or until golden.
5. Cool and pack.

Recipes from *Weelicious* by Catherine McCord. Reprinted with permission from William Morrow, an imprint of HarperCollins Publishers.

Get the Kids Involved

McCord recommends shopping together and letting them pick from a group of foods you approve. For young kids, you can also offer limited choices when you are making their lunches: “carrots or snap peas?” “orange slices or melon balls?” Then you can show them the finished product so they are familiar with it when they open the box later or include a surprise you know they will like and tell them to look out for it. Kids over 12 or so should assem-

ble their own lunch in the morning says McCord.

Keep an Open Mind

“You’d be surprised what your kids will eat when you’re not there,” says McCord, especially if the kid next to them declares their shaped sandwich or fruit kebab “cool.” So, even if you have a picky eater in your home, McCord advocates adding new foods to their lunches and seeing what doesn’t come home at the end of the day. ■

RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not “exchange” items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

NEVER
RETURNABLE

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE
Packaging/label
must be present-
ed for refund.

Items not listed above that are unopened
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

EXPERIENCED
QUARK WORKERS NEEDED

The *Linewaiters’ Gazette* is looking for members with experience working with QuarkXPress to join our desktop publishing teams. *Gazette* Quark workers cooperate as part of a team of four to put an issue together over the course of a six-hour Sunday shift. Teams generally meet from 9 a.m. to 3 p.m., one Sunday every eight weeks. It is imperative that candidates interested in this position are extremely familiar with Quark. Familiarity with InDesign is also necessary because of future plans to begin using InDesign. You must also be very reliable and have been a Coop member for at least six months.

If interested, please contact Annette Laskaris in the Coop Membership Office. You can also e-mail her at annette_laskaris@psfc.coop.

COOP HOURS**Office Hours:**

Monday through Thursday
8:00 a.m. to 8:30 p.m.

Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.

Saturday
6:00 a.m. to 10:00* p.m.

Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, Oct 19, 8:00 pm

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



PROSPECT CONCERTS

Friday evening music at the Good Coffeehouse, brewing a new beat



Park Slope local singer and guitarist **Mamie Minch** sounds something like a well-fleshed-out 78-rpm record. She's known around town for her Piedmont-style fingerpicking chops, her big deep voice and her self-penned antique-sounding songs. She's played music all over the world and Brooklyn, with all kinds of excellent people, including Dayna Kurtz, the Roulette Sisters, Jimbo Mathis and CW Stoneking.

Wool & Grant. Two veteran singer/songwriters with a mutual passion for songs, stories, harmonies and guitars. Bev Grant and Ina May Wool create a musical alchemy of fire and feistiness, wisdom and wit,



rocking clear-eyed political songs along with a window on to their travels—on the road and around the heart.

www.ProspectConcerts.tumblr.com

**53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741**

PARK SLOPE FOOD COOP 782 Union St., Brooklyn, NY 11215 (btwn 6th & 7th Av.) • (718) 622-0560

Monthly on the...

Third Thursday
SEPTEMBER 20
7:00 P.M.–9:00 P.M.

Last Sunday
SEPTEMBER 30
10:00 A.M.–2:00 P.M.

Second Saturday
OCTOBER 13
10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

PLASTICS

What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



RECYCLING

This Issue Prepared By:

Coordinating Editors: Stephanie Golden
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Puzzle Master: James Vasile

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

Advertising: Peter Benton

WORKSLOT NEEDS

Plastics Recycling

Saturday or Sunday, mornings

Join in the Coop's effort to be a better environmental citizen. Work outside in front of the Coop with other members of the Recycling Squad, accepting returned plastic containers, making sure they are clean and meet the Recycling Squad criteria. Stack and pack plastic for recycling. Must be reliable and willing to work outdoors in all kinds of weather.

Plastics Recycling Baler

Saturday, 1 to 3:45 p.m.

Baler will work as a member of the Environmental Issues Plastic Recycling Committee. Work includes operating the baler machine in the Receiving area. NO

OPEN-TOED FOOTWEAR SHOULD BE WORN WHILE WORKING IN THIS AREA. Worker must be able work with Receiving Staff to coordinate the use of the baler and shared workspace, must be able to follow detailed safety instructions. Some strength and lifting required. Training will take place on first scheduled shift. You will need to contact Cynthia Pennycooke, Membership Coordinator, via phone Mon-Fri 8 a.m.–12:30 p.m. in the Membership Office or e-mail cynthia_pennycooke@psfc.coop prior to being assigned to this shift.

Vitamin Worker

Wednesday, 12 to 2:45 p.m.

On this special shift, you will be working with

the Receiving Coordinator to check-in vitamin orders, organize vitamin area in the basement and on the shopping floor. You will label product and shelves, and related tasks. If interested, contact the Membership Office.

Check Store Supplies

Monday, 6 to 8:30 a.m.

This work slot is responsible for restocking supplies on the shopping floor, at checkout lanes, entrance desks and the cashier stations, and in the basement. This is a task- and detail-oriented job, ideal for someone who likes working independently and is proactive. Please speak to Alex in the Membership Office or contact him at alex_marquez@psfc.coop if you are interested.

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, OCTOBER 2 (*Sep meeting rescheduled)
GENERAL MEETING: 7:00 p.m.

TUE, OCTOBER 2

AGENDA SUBMISSIONS: 8:00 p.m.
Submissions will be considered for the Oct 30 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Oct 4 issue: 12:00 p.m., Mon, Sep 24
Oct 18 issue: 12:00 p.m., Mon, Oct 8

CLASSIFIED ADS DEADLINE:

Oct 4 issue: 7:00 p.m., Wed, Sep 26
Oct 18 issue: 7:00 p.m., Wed, Oct 10

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, October 2, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators • Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

park slope
FOOD COOP

calendar of events

sep 21
fri 8 pm

Gold Griot Trio and Jodi Shaw



The **Gold Griot Trio**—Brandon Terzic, oud and ngoni, Camila Celin, guitar, and Matt Kilmer, percussion—explores the whole spectrum of the melodic, improvisational, and rhythmic qualities of the Middle East and Africa and places it firmly in the American jazz/blues traditions, seeking the most expansive outlets and energy to create the most openness and dynamic freedom in the music. But most importantly, the music just flat-out burns and swings its tail off, with percussionist Matt Kilmer's unshakeable groove leading the way. Camila's classical, jazz, traditional Cuban and Indian guitar playing adds to the mix while Terzic's own playing is exploratory and probing, but completely rhythmic in its conception. Not to be missed. **Jodi Shaw** is a Canadian-born poet/performer with a unique voice and vision. Her music has been described as "hauntingly erotic," "mystical" and "hard to pin down." One reviewer, upon hearing her latest release *In Waterland* for the first time, remarked that he was "partially shocked." Another calls the album "a revelation, nothing less than stunning." Her work has drawn comparisons to Feist, Fiona Apple, Imogen Heap, Tori Amos, and the Beach Boys. **Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. To book a Coffeehouse event, contact Bev Grant, 718-788-3741.**

sep 29
sat 11 amWhat the Tooth Fairy
Never Knew!

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg DDS**, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

sep 29
sat 2 pm

Pieces of Eight

Fingertip tapping techniques on certain eight (or less) ancient acupuncture points quickly results in lasting changes to any unwanted behavior today. Eight emotions are suggested: stress, grief, pain, phobia, anger, trauma, weight, and worry. What's yours? We work on it in this workshop. **Carolyn Meiselbach**, a certified EFT practitioner, hypnotist, health and transitional coach, has been a long-time member of the Park Slope Food Coop and lay leader of the Brooklyn Society of Ethical Culture. She has a coaching practice in Carroll Gardens.

sep 29
sat 6 pmParents Whose Children Only
'Act Out' at Home

Children often share their biggest frustrations and upsets with their parents. Share stories and hear perspectives to help sort things out for the entire family. **Sharon C. Peters, M.A.**, is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations. She is a happy longtime Coop member.

sep 30
sun 12 pmQi Gung to Prevent
The Common Cold

Do you get a cough or sinus problems every fall? Join in for an evening of Qi Gong exercises and breathing techniques to strengthen your lungs' resistance to illness. Learn how to treat yourself if you get sick. Presented by licensed acupuncturist and Coop member **Ann Reibel-Coyne**.

oct 2
tue 7 pm

PSFC SEP General Meeting*



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue. Meeting rescheduled from the week before.*

I. Member Arrival and Meeting Warm-Up

II. Open Forum

III. Coordinator and Committee Reports

IV. Meeting Agenda

Item #1: Annual Hearing Administration Committee Election (25 minutes)

Election: Three current committee members will stand for re-election. Hearing Administration Committee members work on an FTOP basis when needed and serve three-year terms. —submitted by the Hearing Administration Committee

Item #2: Waitlist for Orientation (25 minutes)

Proposal: "Orientation should not be allocated on 'fastest finger,' rather, we should maintain a waitlist." —submitted by Joshua Kramer

Item #3: New Committee to Ban Fracking Pipeline (40 minutes)

Discussion: "Discussion to create a separate committee to develop a plan to ban fracking infrastructure in NYC." —submitted by Alice Joyce Alcalá

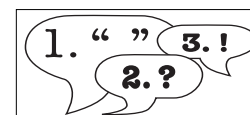
V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

oct 2
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, October 30, 7 p.m., at Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Place at Eighth Avenue.**

oct 4
thu 7:30 pmFood Class: Elegant Autumn
Hors D'oeuvres to Impress

Fall has arrived and with the holiday season upon us, now is the time to get inspired for the abundance of gatherings on your calendar. Chef **Olivia Roszkowski** will show how easy it

is to turn seasonal fare into sophisticated small bites for your next evening soiree. She will demonstrate not only how to create chic hors d'oeuvres using bountiful produce available this time of year, but will also discuss how, with great time management, you too can be a guest at your own dinner party. After completing the Chef Training Program at the Natural Gourmet Institute for Health and Culinary Arts, Olivia worked as a line cook at Jean Georges' Mercer

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

sep 21–nov 13 2012

Kitchen, David Chang's Momofuku Ssam Bar, as well as Danny Meyer's Union Square Events. *Menu includes: Belgian endive filled with brussel sprouts, apple and chevre*; walnut salad in a spiced walnut vinaigrette; creamy fall squash bisque with crispy kale chips; sweet potato latkes with pear-fennel marmalade and crème fraiche*; miniature pumpkin pecan pie w/whipped cream*.*

Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.

oct 5
fri 7 pm

Film Night: Granito: How to Nail a Dictator



Sometimes a film makes history; it doesn't just document it. So it is with *Granito: How to Nail a Dictator*, the astonishing new film by Pamela Yates. Part political thriller, part memoir, Yates transports us back in time through a riveting, haunting tale of genocide and returns to the present with a cast of characters joined by destiny and the quest to bring a malevolent

dictator to justice. **Paul Van Zyl**, key project advisor on *Granito: How To Nail A Dictator*, will lead a Q&A after the screening of the film. Paul has advised countries around the world on how to facilitate transitions to peace and democracy following periods of mass atrocity and human rights abuse. From 1995–98, Paul, a South African, served as the executive secretary of South Africa's Truth and Reconciliation Commission, which was charged with investigating Apartheid era crimes. He helped to establish the commission, develop its structure and modus operandi, and manage its operations.

To book a Film Night, contact Faye Lederman, squeezestone@hotmail.com.

oct 9
tue 7 pm

Safe Food Committee Film Night: Groundswell Protecting



We are in a social, political and intellectual battle over the risks large corporations are taking with our water and the water of our children and grandchildren. Threats to our water, air, and soil inherent in the natural-gas-drilling practice of "fracking" are being met with an increasingly vocal

groundswell of resistance. *Groundswell Protecting our Children's Water* takes us into the lives and communities of the people who are being directly and indirectly affected by hydraulic fracturing. The film follows ordinary people who've been turned into community activists to fight for their rights. This is a true David-and-Goliath story about passion, money, power, and rage, whose outcome has yet to be determined.

oct 13
sat 5 pm

Effective Tools for Rapid Personal Transformation

Are you being present? Are you being yourself? Are you in your own reality? If you are open to transforming your old patterns of fear, worry and anxiety and leave room for joy, happiness and fun, it can be done. And it's easy and fun! The body is like a magnet, and when these experiences are in cellular memory, the body attracts the same experiences. Doctors and other professionals have used these techniques for daily stresses, eating disorders, robbery, rape and emotions such as anger, anxiety, fear

and others. These remembrances can destroy the quality of life if not cleared. This unique, life-changing technology will be demonstrated. Coop member **Marija Santo-Sarnyai** is a Geotran practitioner.

oct 13-14
sat-sun 9 am–7 pm

Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at 4th Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

oct 19
fri 8 pm

Mamie Minch, Wool & Grant



Park Slope local singer and guitarist **Mamie Minch** sounds something like a well-fleshed-out 78-rpm record. She's known around town for her

Piedmont-style fingerpicking chops, her big deep voice and her self-penned antique-sounding songs. She's played music all over the world and Brooklyn, with all kinds of excellent people, including Dayna Kurtz, the Roulette Sisters, Jimbo Mathis and CW Stoneking. **Wool & Grant:** two veteran singer/songwriters with a mutual passion for songs, stories, harmonies and guitars. Bev Grant and Ina May Wool create a musical alchemy of fire and feistiness, wisdom and wit, rocking clear-eyed political songs along with a window on to their travels—on the road and around the heart.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. The Very Good Coffeehouse is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Coffeehouse event, contact Bev Grant, 718-788-3741.



oct 27
sat 3 pm

Thyroid Problems, Fibroids, Cysts and PMS

Participants will learn five effective, natural ways to eliminate fibroids, cysts and PMS. We will explain the underlying causes of hypothyroidism and hormonal imbalance, how to resolve them, and how to boost energy and clarity through beneficial diet, appropriate exercise, and the use of natural supplements. This class will provide the supportive environment participants need to identify and implement the changes that will improve their health. Pre-registration suggested. To register, e-mail GreenGemHealth@gmail.com or call (646) 483-4571. **Rebecca Curtis** is a certified Holistic Health Coach. **Mary Hart, M.S., L.Ac.,** is a nationally board-certified acupuncturist.

still to come

oct 27 It's Your Funeral

nov 4 Workshop on Research

oct 30 PSFC OCTOBER General Meeting

nov 6 Agenda Committee Meeting

nov 1 Food Class: Seasonal Recipes

nov 11 Benefits of Art Therapy for Your Child

nov 2 Film Night

nov 13 Safe Food Committee Film Night

L E T T E R S T O T H E E D I T O R



IT'S TIME TO STOP THE BDS LETTERS

TO THE EDITOR:

A column consisting of news briefs about the events taking place in the Middle East is not a letter to the editor. Why does the *Gazette* allow a bi-weekly news column to masquerade as a letter to the editor, to further the political views some Coop members hold on this subject? What if several dozen people began submitting "letters to the editor" that were actually news briefs about events in different parts of the world that concerned them?

We, as a Coop, voted to forgo voting on the BDS issue, so there is no reason for these ongoing reports, which are better suited to another venue. Many of us have interests that go beyond those germane to the Food Coop, but we do not abuse the right to publish letters in the *Gazette*. If current *Gazette* policy does not allow the editors to just say no to this kind of submission, the policy should be amended.

Cynthia Blayer

THE OTHER SIDE OF THE STORY

TO THE MEMBERSHIP:

For the past few months the *Gazette* Letters section has included a regular column whose only purpose is to denigrate Israel. In response, there will now be another regular column reporting The Other Side of the Story.

School Begins in Southern Israel

Children living near the Gaza border can now concentrate on their studies as they began the school year

in fortified buildings. One, newly built, is rocket-proof, with concrete walls and thick reinforced windows. When the familiar wail of sirens is heard, instead of dashing into bomb shelters they can continue classes. But parents still worry when their children travel to and from school on the open roads.

So far this year, 557 rockets, mortars and missiles were fired randomly from Hamas-controlled Gaza into Israel, often striking civilian areas. (The number is undoubtedly higher since this letter was submitted.) In the past two years terrorists have launched some 1,500 rockets, striking schools and houses, threatening lives.

Background

In 2005 as a gesture toward peace Israel withdrew from Gaza. Israeli soldiers dismantled settlements, forcibly removed Jewish settlers, and turned the area over to the Palestinians. They left behind technologically innovative greenhouses that settlers had built to grow flowers, fruits and vegetables. Gazans were handed a multimillion-dollar export industry. By 2007 most of the greenhouses were torched and looted.

Their chance to export something other than terror was wasted.

After Israel's withdrawal Palestinians elected into power the terrorist group Hamas, which doesn't recognize Israel's right to exist. The number of Palestinian rockets from Gaza into civilian areas increased by 436%.

Israel resisted a large-scale military response until 2008, when it sent troops into Gaza in response to 12,000 rocket and mortar attacks into civilian areas in the previous eight years. The objectives were to stop bombardment

of civilians by destroying Hamas' mortar- and rocket-launching capabilities, and reducing their ability to perpetrate more attacks.

If Israel's goal was to kill and destroy, that could have been easily achieved without risking its soldiers' lives by sending them to fight in densely populated areas.

In 2009 after an investigation, a report to the Human Rights Council in Geneva affirmed every country's right to and responsibility for self-defense, and praised Israel for taking great care not to target civilians. (Besides refraining from attacks where civilians could be injured, soldiers dropped leaflets and left messages on mobile phones warning residents in advance of attacks.)

During that encounter Hamas used civilians as human shields; stored and launched rockets from homes, hospitals, schools and mosques; and fired knowingly into Israeli civilian areas, all war crimes against humanity under international law.

Warfare anywhere leaves death and destruction for all involved. It also leaves psychological scars. A Tel Aviv University study of the effects of terror on 3,000 children, ages 13-15, found that 42% of Israeli children suffer from post-traumatic stress.

Self-defense is a right and responsibility. The question for Israel is how to respond to this growing threat.

Ruth Bolletino

JOIN THE RUSSELL TRIBUNAL ON PALESTINE IN NEW YORK CITY, OCTOBER 6-7, 2012

COOP MEMBERS:

The Russell Tribunal on Palestine (RToP) is an International People's Tribunal created by a large group of citizens involved in the promotion of peace and justice in the Middle East. The RToP embodies the same spirit and same rigorous rules as those inherited from the Tribunal on Viet-



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



PHOTO BY KEVIN RYAN

Looking
for
something new?

Check out the Coop's
products blog.

The place to go for the latest
information on our current
product inventory.

You can connect to the blog
via the Coop's website
www.foodcoop.com

LETTERS TO THE EDITOR

nam created by the eminent scholar and philosopher Bertrand Russell in 1966-1967 who said: "May this Tribunal prevent the crisis of silence."

The Russell Tribunal on Palestine was launched in 2009 following the Israeli offensive on Gaza (Operation Cast Lead) in December 2008–January 2009 killing over 1,400 Gazans. The RToP held three previous sessions in Barcelona, London and Cape Town. Respectively, these hearings focused on the European Union support for Israel, the complicity of corporations in the occupation of Palestine, and the question of whether Israel is guilty of the crime of apartheid.

4th Session—New York: Focus on the UN and U.S. Responsibility

The 4th and final session of the Russell Tribunal on Palestine will go back to the root of the conflict and examine the role of the United Nations and the United States in perpetuating Israel's impunity in depriving the Palestinian people of their right to self determination. The 19 distinguished witnesses and legal experts, coming from all over the world, will address the jury panel of 10, all internationally recognized for their activism on issues of human rights and social justice. As in the other sessions, the jury will deliberate on the proceedings and issue their conclusions publicly and bring them to the attention of the relevant international actors.

The Jury: Alice Walker, author and poet; John Dugard, Professor of International Law; Mairead Corrigan Maguire, Nobel Peace laureate 1976, Northern Ireland; Ronald Kasrils, writer, activist and former government minister South Africa; Jose Antonio Matin Pallin, emeritus judge, Supreme Court, Spain; Cynthia McKinney, former member of the U.S. Congress; Angela Davis, American political activist, scholar and author; Dennis Banks, writer, co-founder of American Indian Movement; Miguel Angel Estrella, Argentine Pianist, UNESCO goodwill ambassador; Stephane Hessel, Ambassadeur de France.

Speakers: Ilan Pappé, Israeli historian, activist, UK; Benjamin White, journalist specializing in Palestine/Israel; Huwaida Arraf, Palestinian American lawyer; John Quigley, Law Professor, Ohio; Vera Gowlland-Debbas, Professor, Geneva; Susan Akram, Law Professor, Boston; Raju Sourani,



Lawyer, Gaza; Dianna Buttu, Palestinian American lawyer; Katherine Gallagher, CCR attorney; Noam Chomsky, US political theorist, activist, linguist; David Wildman, activist with Methodist Church; Phyllis Bennis, writer, activist, analyst; Gustave Masiah, engineer, economist, France; Johan Galtung, Peace Studies, Norway; William A. Schabas, International law professor, UK; Russell Means, Native-American activist; Saleh Hamayel, Professor, Birzeit University, West Bank; Peter Hansen, Diplomat-in-Residence; Gianfranco Fattorini, journalist, activist, UN.

Register to attend the Russell Tribunal on Palestine: www.russelltribunalonpalestine.com.

Mary Buchwald, Brooklyn For Peace
PSFC members for BDS
psfcbds.wordpress.com

HIJACKED LETTERS TO THE EDITOR

TO THE EDITOR:

Once again the Letters to the Editor space has been hijacked by the Israel Palestine partisans. I resent this sort of intrusion from people who want you to listen to them but do not want to listen to anything you have to say. My only consolation is that this has been going on for so long that no one gives credence to anything they say. Can we separate them out, give them their own space while the letters column goes on to legitimate Coop issues?

Yours in cooperation,
Tom Glynn

FAITHLESSLY IGNORING MUSICAL GUIDANCE

DEAR EDITOR:

Faithlessly ignoring career guidance from the non-profit Park Slope Food Coop Boycott, Divestment, and Sanctions (PSFC-BDS) consulting firm, the so-called funk/thrash band known as the Red Hot Chili Peppers went ahead and performed in Apartheid Zionist Racist (etcetera, etcetera) Israel on September 9th, 10th, and 12th. By arriving as scheduled to actually play their own music, plus encouraging fans to actually attend, the Red Hot Chili Peppers have delivered a clear "up yours" to the entire PSFC-BDS movement.

Lead singer Anthony Kiedis' and bassist Flea's selfish attempt to create harmony through music has insulted our dear boycotters, dissing these moral champions who would have been first in line to not buy the music anyway. But stubbornly, RHCP just had to go ahead and perform for a mere 100,000 crazed, paying fans. Every night.

The Red Hots have laughed hysterically in the face of PSFC-BDS's strategy of playing nothing-nada-zilch-zero. To answer this insult I call upon the Board of Directors to order PSFC-BDS

into the streets, to picket every Peppers website in the world. Force the Chilis to resume our BDS-approved, two-point career-management program: breaking contracts and angering their fan base. After they return to the fold, the Peppers must perpetually admit guilt before every performance for backing the world's greatest human rights abuser (except for China*, United States*, Equatorial Guinea, Eritrea, North Korea, Saudi Arabia, Somalia, Sudan, Syria, Turkmenistan, Uzbekistan, Tibet, Western Sahara, Belarus, Burma, Chad, Cuba, Laos, Libya, and South Ossetia)¹, and the world's greatest women's rights abuser (outside of India*, Saudi Arabia, Mexico*, Indonesia, South Africa, China, Russia, Turkey*, Brazil*, South Korea, Japan*, United States*, France*, Australia, United Kingdom, and Germany)², and the world's greatest gay rights abuser (right after Afghanistan, Algeria, Angola, Bangladesh, Benin, Bhutan, Brunei, Botswana, Burundi, Cameroon, Comoros, Egypt, Eritrea, Ethiopia, Gambia, Ghana, Guinea, Iran³, Kuwait, Kenya, Lebanon*, Lesotho, Liberia, Libya, Malawi, Malaysia, Maldives, Mauritania⁴, Mauritius, Morocco, Mozambique, Myanmar, Namibia, Nigeria⁵, Oman, São Tomé and Príncipe, Pakistan, Saudi Arabia⁶, Senegal, Seychelles, Sierra Leone, Singapore, Somalia, South Sudan, Sri Lanka, Sudan⁷, Swaziland, Syria, Tanzania, Togo, Tunisia, Qatar, Turkmenistan, Uganda, United Arab Emirates, Uzbekistan, Yemen⁸, Zambia, and Zimbabwe)⁹. PSFC-BDS must not allow the Peppers to abandon profitable cancellations just to rebrand themselves as reliable, experienced professionals who have earned their dues and can run their own career better than our own celebrity activist/career-coaches can.

*Insignificant countries whose products PSFC carries as well.

† Homosexuality punishable by death.

1. www.freedomhouse.org/article/new-freedom-house-report-shows-autocracies-deeply-entrenched?gclid=CMYtsqHXp7ICFUfd4AodIn0Aow
2. www.trust.org/trustlaw/news/special-coverage/g20women
3. www.old.ilga.org/Statehomophobia/ILGA_State_Sponsored_Homophobia_2012.pdf

Jesse Rosenfeld

LESSONS FROM BDS EFFORT IS BDS WORTH \$35K TO THE COOP?

TO THE EDITOR:

I was surprised to learn at the August 28 GM that the Coop spent \$35,000 on the March 27 vote on the BDS (Israel boycott) referendum. I realize \$35K is not a lot of money for a \$40 million business. But was it the best use for this money? It is more money than the Coop gave to the Brooklyn Food Conference and more money than is authorized for

the Coop Loan Fund.

What did we learn from the vote? Less than 4% of the Coop voted in favor of the referendum. We know at least some of those people voted in favor of the referendum even though they opposed BDS. We know considerably more people were quite upset by our consideration of BDS. Most important, we learned that 90% of the Coop abstained by not attending the March GM, essentially saying, "Leave me out of this."

If our agenda process of submission of proposals makes it inevitable that a small minority within the Coop can force us to spend this kind of money on a motion that essentially has no material benefit for the Coop and is potentially harmful to the community's well-being, then perhaps it is time to re-evaluate our agenda process.

Moreover, we should be proactive on the topics of diet, health and nutrition which is the mission of the Coop as I presume it. In reality much work needs to be done here on our home front. So before taking on issues beyond our scope we need to set our side of the street right. Let us use our resources for better access to healthy eating for us and our neighbors. Promote more food coops and not be PSFC-centric. The startups need our hope, strength and experience.

Respectfully,
Baruch Weisman

KIDVERSE: DASH TO SLASH THE TRASH

*The thing that makes my nerves go crash
Is being told to throw out trash.
Why me? Why me? It's balderdash
To think that I created the trash.
(That word means nonsense and's old-fash
But hardly ready for the trash.)
It's not as if I had a bash
And party things went in the trash.
I never, ever would be so rash
As to let my pals pile up the trash.
My teeth would very likely gnash
At the thought of filling a bin with trash.
I realize I'd deserve a thrash
For becoming a gatherer of trash.
Why me, then? Why order me to flash
Into the cold with that can of trash?
Dust to dust and ash to ash,
It's not my job to care for trash.
But if you think it is, pay cash,
And I'll gladly carry out your trash.*

Leon Freilich



CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our web site at houseon3st.com. Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!

CLASSES/GROUPS

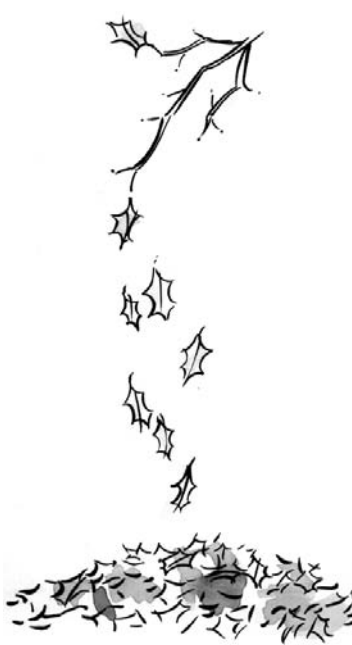
MEDITATION MADE EASY. Learn simple mindfulness, meditation and stress-reduction techniques, Wednesdays at 8:15pm at Spoke the Hub, convenient Park Slope location. With experienced, wise teacher Mina Hamilton, Author of 'Serenity To Go, Calming Techniques for Your Hectic Life'. Call 917-881-9855.

COMMERCIAL SPACE

PROFESSIONAL OFFICES available for Health Practitioners; e.g. Nutritionist, Medical Doctor, Psychotherapist, Massage Therapist, Podiatrist, Dentist, Reiki, Shiatsu, etc. Be part of an Holistic center in SOHO. Doctor will introduce all patients. Non-medical spaces also available. For information, please call 212-505-5055.

MERCHANDISE WANTED

SELL IRIS RECORDS your CDs/LPs! Appointments day/night at your home. We pay cash and do the heavy lifting. Collections appraised for estates/divorces. Don't throw away your stoop sale leftovers! Iris will buy and sell/donate LPs, CDs, DVDs, books. Email Stephen at recordriots@gmail.com or call 609-468-0885 for more info.



SERVICES

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.



SERVICES AVAILABLE

PAINTING & WALLPAPERING- 25 yrs exp. doing the finest prep + finish work. One room or an entire house. Free estimates + full insurance coverage. Call Fred Becker @ 718-853-0750.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

HAIRCUTS HAIRCUTS HAIRCUTS Color, high lights, low lights in the convenience of your or mine. Adults \$35.00-\$40.00, kids \$15.00. Call Leonora 718-857-2215.

SERVICES HEALTH

HOLISTIC OPTOMETRY: Most eye doctors treat patients symptomatically by prescribing ever-

increasing prescriptions. We try to find the source of your vision problem. Some of the symptoms that can be treated include headaches, eye fatigue, computer discomfort, learning disabilities. Convenient Park Slope location. Dr. Jerry Wintrob, 718-789-2020. holisticeyecare.com.

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy,

physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a



NEED A WORK SHIFT?

Our store is now open! Come visit us at 18 Putnam Ave. At this time, PSFC members will receive FTOP credit in exchange for working with Greene Hill. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record. Join Greene Hill and you can shop at both stores!



WWW.GREENEHILLFOOD.COOP
INFO@GREENEHILLFOOD.COOP
718.208.4778

LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at www.meetup.com/plgfoodcoop or contact leffertsfarm@gmail.com for more information.

JOIN US: www.meetup.com/plgfoodcoop

Solution to this issue's sudoku puzzle:

5	4	7	1	8	9	6	3	2
3	6	2	7	4	5	8	9	1
8	1	9	6	3	2	4	5	7
6	2	3	4	9	7	1	8	5
9	8	4	5	6	1	2	7	3
1	7	5	3	2	8	9	4	6
4	9	1	2	7	3	5	6	8
7	5	8	9	1	6	3	2	4
2	3	6	8	5	4	7	1	9

CLASSIFIEDS (CONTINUED)

nutrition-oriented practice and for insurance information, please call 212-505-5055.

MD-SUPERVISED WGT LOSS program to burn fat, save muscle, prevent diabetes. Low dose allergen therapy for inhalent, food & chemical allergy. Bio-identical thyroid & hormone replacement. Non-drug treatment for depression, anxiety, insomnia. Call Dr. Ordene @718-258-7882. Insurance reimbursable, Medicare accepted.

SUPER-GENTLE YOGA. Think you're too out-of-shape, too large, too old, too "something" to do yoga? Recovering from an injury? BY POPULAR DEMAND A SECTION JUST ADDED. Wednesdays 6:30pm and 7:30pm. Convenient Park Slope Location. Call Mina Hamilton, experienced, wise teacher. 22 Years serving Park Slope. 917-881-9855.



VACATION RENTALS

HAVEN OFF THE HUDSON. Friendly, historic 3-season wood-ed community in Westchester county. Co-op offers hiking, tennis, pool, wifi cafe, social activities, organic garden. Beautiful Hudson riverfront nearby. Studio, 1-BR cottages, \$35k-\$129k. www.reynoldshills.org/bungalowshop. Tel: 347-307-4642 or melgarfinkel@yahoo.com.

BAY RIDGE FOOD CO-OP

We're one step closer to opening for business
NOW WE NEED YOU!

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now -- we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

www.foodcoopbayridge.com
hello@foodcoopbayridge.com
347-274-8172

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.



ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

An asterisk (*) denotes a Coop member.

SAT, SEP 22

11 a.m. Saturday mornings, Damo I Jin—a 'tendon-changing' form of Chi Kung ("life-force energy practice")—continues in Prospect Park, through the fall. Newcomers are welcome to join the class any week. For more information, contact quicksilverdance@yahoo.com or 212-946-1537.

SUN, SEP 23

1-3 p.m. Canning skill-share at Brooklyn Society for Ethical Culture. Come learn how to pickle vegetables or jam! Everyone who attends will get a jar of something to bring home. Details and tickets: www.bsec.org. Brooklyn Society for Ethical Culture. 53 PPW @ 2nd St.

TUE, SEP 25

9 a.m.-5 p.m. STOOP SALE to benefit the Brooklyn Food Coalition! 943 Union Street near Plaza. We've got, books, CDs, men & women's clothes, shoes, kitchenware, knick-knacks, furniture, and tons—seriously, tons—more! www.brooklyn-foodcoalition.org.

SUN, SEP 30

9 a.m. 1912 K 9 5K 2nd Annual Boardwalk Carnival Race/ Walk/ Play on the Coney Island Boardwalk with or without your dog. Benefit for Posh Pests Rescue. Dogs available for adoption. Register on line or in person. <http://www.firstgiving.com/poshpets/K9-5K2012> Contact Geri at gerigventer@gmail.com.

11 a.m. "From Criminal Justice to Human Justice" a talk by Eddie Ellis, president of Center for NuLeadership on Urban Solutions, who's trying to turn around a prison and policing system that dehumanizes people, particularly communities of color. Brooklyn Society for Ethical Culture, 53 PPW@2nd St. www.BSEC.org.2

SAT, OCT 6

8 p.m. Jolie Rickman Tribute Concert featuring Colleen Kattau and Some Guys, Bev Grant & the Dissident Daughters*, Barry Kornhauser*, Jamie McCallum. Tickets are \$18, \$10 for members. Nobody will be turned away. Peoples' Voice Cafe at the Community Church of NYUU, 40 East 35th St., New York, NY, www.peoplesvoicecafe.org.



Coop Members use
383 PLASTIC BAGS
an hour. **WOW!**

Check out our
proposal to
**Phase Out the
Plastic Bag Rolls.**

ecokvetch.blogspot.com

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Daphne Als	Samantha Cedarleaf	Teresa Garcia	Christian Kaufmann	Debra Means-West	Megan Reed	Serguei Spetschinsky
Maddy August	Scott Cedarleaf	Rachel Gaubinger	Laura Jane Kenny	Jeremy Mendelson	Elspeth Rigney	Laura Starecheski
Andrew Bailie	Sara Nicole Charme-Zane	Richard Giddens	Nishanth Khanna	Adele Meyer	Carlos Rosado	Rebecca Sunde
David Barbeau	Elizabeth Clarey	Lucy Gillespie	Jennifer Krasinski	Brian Milberg	Frank Rovella	Julia Thompson
Alice Barrett	Mackenzie Clark	Shifra Goldenberg	Timor Krichely	Amy Moragues	Onnesha Roychoudhuri	Arianne Wack
Nicole Barriale Wong	Rebecca Cohen	Jesse Goldstein	Yael Krichely	Melinda Moyer	Marceline Saibou	Dylan West
Rachel Bingman	Cynthia Conti-Cook	Calvin Grad	Jesse Lasky	Michael Moyer	Maria Sanchez	Sylwia Wewiora
Misha Bittleston	Leah Cowen	Nicholas Guastaferro	Emilie Lee	Ingrid Nieters	James Saracini	Lorraine Wilkes
Justin Bland	Ross Cunningham	Keach Hagey Harris	Enid Lee	Nuala Pacheco	Kirsten Saracini	Denis Wong
Jon Blue	Amanda Davis	Christine Han	Sanaë Lemoine	Albert Pagano	Olivia Schanzer	Debra Wunner
Damon Boardman	Liz DeCamp	David Jonathan Harris	Matthew Lundin	Allison Palm	Corianna Sichel	Kevin Yip
Christina Bodemann	Gregorty DiGiacomo	Wesley Harris	John Lyons	Nathan Paluck	Dragisa Simic	Jennifer Youngs
Julie Breen	Tara Eden	Clayton Hartmann	Millennia Lytle	Lydia Pelot-Hobbs	Emily Singleton	Gene Yu
Michelle Brown	Luke Elmer	Luke Herrine	Louise Ma	Stephanie Poplika	Darrah Sipe	Brad Yuan
Hannah Carr	Petra Fisher	Ryan Hullings	Aja Marsh	Laurel Ptak	Victoria Smith	Stephanie Adler Yuan
Charley Cedarleaf	Nicholas Fortier	Tristan Husby	Catherine McMillan	Andrea Puccio	Abder Sobh	Marianna Zych
Karla Cedarleaf	Jeffrey Yehuda Freeman	Mahmoud O.Ideraabdullah	Jonathan McMillan	Bebhinn Rae	Dietmar Sommer	



THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Elizabeth Abbs	Adam Chasen	Dana Furtado	Avram Kline	Marie McDermott	Nancy Romer	Sean Thompson
Onika Abraham	Nora Chovanec	Jennifer Goettel	Shira Kline	Jessica Meller	Kristin Russo	Deborah Uri
Jen Abrams	Cynthia Clark	Shandoah Goldman	Rebecca Krucoff	Emily Miller	Ryan S.	Fern Vernon
Rachel Ackoff	Heidi Cleven	Arnie Grad	Leigh Laberge	Fiona Mills	Hussein Saddique	Amparo Vollert
Nathan Adler	Jennifer Cohen	Norma Grant	Marian Lai	Matthew Moffa	Joseph Schommer	Carla Waldron
Meral Agish	Sam Coleman	Adrienne Haeberle	Christopher Landriau	David Monroy	Jordan Shapiro	Alex Walsh
Dave Ahl	Ann Coombs	Claire Hansen	Louise Levi	Hannah Moore	Joanna O. Smith	Megan Walsh
Monika Bellucci	Susan Cosier	Michaela Hayes	Sascha Lewis	Rachel Nicotra	Imran Sobh	Hannah Wasileski
Bilen Berhanu	Patrick Cranston	Anurag Heda	Elizabeth Lindgren	Norman	David Spataro	Jenn Weiss
Birgitta	Cindy Daignault	Jane Hodge	Jessica Ling	Rachel O.	Malcolm Spittler	Rebecca Wisdom
Mary Blanchett	Clarisse Domingo	Andrew Hoffman	Judith Loeb	Typhaine Python	John Stanley	Delia Yarrow
Edward Bleiberg	Mireille Fauteux	Antony Huchette	Laurel Madar	Robert Quinn	Derek Steele	Sophonria Yu
Amy Brinker	Carol Freeman	Karen Jacobson	Roberto Marcucci	Michelle Ranelli	Deirdra Stockmann	Tara Zoltek
Joan Bryson	Jeremy Frindel	Jill Jarvis	Megan McDavid	Christina Richardson	Anna Strelis	

Interested in Engaging Coop Work?

Disciplinary Committee Seeks NEW Members

Skills needed:

Communication
Problem solving
Conflict resolution
Dealing with difficult situations and people
Investigation
Writing
Research

Currently we have members from the following fields:

Social work, education, law, dispute resolution, holistic medicine, design, and journalism

Our work includes

- Applying Coop's rules and regulations
- Discussing policy issues related to the DC's work
- Investigating allegations of uncooperative behavior by members and engaging in problem solving
- Daily email contact with DC members to discuss cases
- Participating in mediation, disciplinary hearings, and other conflict resolution methods

Requirements:

In order to be considered for this position, any candidate must:

- be a member for at least a year
- have good attendance record
- possess the ability to work on a team
- communicate clearly
- have good writing skills
- have computer proficiency (Excel, Word, emails) is essential
- attend an evening meeting every six weeks

We work on average 6 hours per month, more than the required work shift hours. You will be credited and your hours banked for future use.

We recognize the importance of various points of view when considering cases brought to us. WE ARE SEEKING A CANDIDATE POOL THAT REFLECTS THE DIVERSITY OF THE COOP'S MEMBERSHIP.

Join us to make the Coop the best place it can be for everyone.

Interested? Please call Jeff: 718-636-3880

DO YOU LIKE DESIGNING FLYERS? HOW ARE YOU AT MARKETING? DO YOU LIKE SOCIAL NETWORKING? ARE YOU A WEB DEVELOPER? CAN YOU WRITE PHP? DO YOU KNOW HOW TO USE WORDPRESS? DO YOU LIKE TABLING AT EVENTS? DO YOU LIKE RESEARCHING FOOD? DO YOU NEED FTOP CREDIT? DO YOU LIKE COMMUNITY, EATING GOOD FOOD, AND FUN? COME HANG OUT WITH THE BUSHWICK FOOD COOP AND GET WORK CREDIT!

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT WORKSHIFT@BUSHWICKFOODCOOP.ORG.

Read the Gazette while you're standing on line OR online at www.foodcoop.com