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LINEWAITERS'

GAZETTE



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October 18, 2012

September General Meeting Report: New Floors, Sound Finances, Fresh Ginger

By Ed Levy



ILLUSTRATION BY DEBORAH TINT

The September General Meeting, held this year on October 2, re-elected the Hearing Administration Committee, discussed a proposed Committee on hydrofracking, received an update about a plastic-roll-bag-use study, learned of the Coop's donation to a California ballot initiative, and heard about a flavorful fresh ginger grown in Massachusetts that the store now carries.

The meeting began with the usual Committee and Coordinator reports.

Financial Statement

General Coordinator Mike Eakin reported that net sales were \$28,421,327 in the 32 weeks

preceding September 9, 2012, up nearly a million and a half dollars from the same period in 2011. Total expenses were \$4,555,702, or 16.03 percent of sales, up slightly. The gross margin was 17.04 cents on every dollar, compared to 16.82 cents for the same period last year. Gross margin is the difference between net sales and the cost of sales. The Coop maintains its extremely low gross margin compared to other "extra large" coops, whose gross margin is around 38 percent. This is related to our low markup of 21 percent. A typical extra large coop has a markup of about 61 percent.

The Coop's finances are very sound, and it

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ILLUSTRATION BY LYNN BERNSTEIN

The People's Supermarket: The Coop's London Cousin

By Alison Rose Levy

Restaurateur, author, and co-founder of The People's Supermarket in London, Arthur Potts Dawson, is a man on a mission: He wants to make food sustainable. And as a chef (for 25 years) in Britain's top restaurants (including Acorn House and Water House, two London eco-restaurants he founded) Dawson has the knack for getting things done, deliciously.

A friend, apprentice, and enthusiast of the Park Slope Food Coop, which he filmed for "The People's Supermarket," Britain's Channel Four television series, which aired back in 2011, Dawson based his own supermarket on the Coop model. After speaking with General Coordinator Joe Holtz, Dawson spent five days at the Coop doing every kind of shift, "and learning how you do everything." Last month, Dawson returned to Brooklyn for a Coop co-sponsored event at the Community Bookstore, where he read from, and signed copies of, his photo-rich new cookbook, *Eat Your Vegetables*

CONTINUED ON PAGE 2

Next General Meeting on October 30

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.* The October General Meeting will be on Tuesday, October 30, at 7:00 p.m. at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. The Fourth St. entrance is handicap-accessible.

The agenda is in this Gazette, on the Coop website at www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions will be posted.

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Coop Event Highlights

Thu, Nov 1 • Food Class:
Seasonal Recipes to Boost Immunity 7:30 p.m.

Fri, Nov 2 • Film Night: A Night of Japanese
Films & Food Tasting 7:00 p.m.

Tue, Nov 13 • Safe Food Committee Film Night:
As We Sow 7:00 p.m.

Fri-Sat, Nov 16-17 • Blood Drive
11:00 a.m. - 6:00 p.m.

Look for additional information about these and other events in this issue.



New location for General Meeting:
MS 51, 350 Fifth Ave., between Fourth & Fifth Sts.



London Cousin

CONTINUED FROM PAGE 1

(Octopus Publishing, 2012).

Encouraging consumption of foods lower on the food chain, *Eat Your Vegetables* does contain some meat recipes, but Dawson advocates making vegetables the centerpiece of the meal, with meat the occasional addition.

Stepping beyond the typical cookbook and cooking show formats that confine most celebrity chefs, Dawson has also pioneered new models of sustainable food delivery with both "The People's Supermarket," and his fast food restaurant, Brown Paper Pizzas, which uses recycled paper for placemats, menus, signage, and napkins.

Dawson used to operate like most people in the restaurant business. "Ignorance is bliss. I was fine with chucking a hodge-podge of food waste, paper, cans, and old cigarettes into a landfill," he recalls. But then he had an epiphany.

*"I am part of
the cycle of life.
It was no longer enough
to be a cog in the machine."*

Looking at the growing baby in his pregnant partner's belly, Dawson had the powerful realization that, "I am part of the cycle of life. It was no longer enough to be a cog in the machine." With that new view, he began to see food as part of a food cycle. "As I observed, it became obvious we were in deep trouble."

Current food supply chains are, in Dawson's words, "dripping with oil. Big producers search all over planet for the cheapest product, and purchase in vast quantities, flying food from all over the world. But this doesn't factor in the energy it takes to get food to market. With rising oil prices, that's going to get more costly every day."

"People imagine there's

some weird and magical solution to the dilemma of sustainable and global food, but it's really very simple," says Dawson. "The food system became centralized, and we have to look to decentralization because otherwise prices will go through the roof," Dawson predicts.

"Food policies are driven by finance," Dawson points out. "But food is not just another commodity, it's a life essential. If we continue down this same road, the day will come when we will have lost the ability to produce our own food. It's already happening."

Unlike other teaching chefs whose focus remains firmly fixed on the onion dice, Dawson has a rare ability to relish each radicchio, while placing food within its natural, culinary and industrial cycles. As such, he worries about the sustainability of the growers, producers, and marketers.

"The Prime Minister or President of a country should be a food specialist, because providing healthy and sustainable food can employ the whole population," he maintains. "If worked properly, the land will give forever. But we haven't supported local food cultivation, so we are losing the land when farmers sell to frack. The U.S. and the UK have the same issues. In the UK, two-thirds of the land lies fallow. It looks like a picture postcard with its green grass, but we've lost cultivated acreage along with skill and knowledge. When the older generation of farmers dies out, there's no one to do their jobs because the next generation has gone off the land to become dentists and lawyers."

We're also losing vital know-how in culinary preparation, Dawson says. "Local food craft goes by verbal instructions, from mother to daughter—how to make that bread, that apple pie, even that cup of tea." In wartime Britain, people developed ways to cope

with WWII food shortages, which can inform a return to decentralized food today, Dawson points out. "To preserve that practical knowledge for the future, young people must go out and ask the 60 and 70 year olds, 'How did you do the pickling, the jarring, the smoking, the animal husbandry?' After the war, we lost that local knowledge, and were just given defatted milk, from which millions of people developed dairy allergies."

While rural towns easily evolve and support neighborly food economies in the "your eggs for my tomatoes" style, "cities are about how to get foods to lots of people," Dawson says. That's why he urges preserving local markets, and sees that difference in the value equation as a major difference between New York and London. With New York's real estate at a high premium, traditional markets like the old Fulton Fish Market get turned over into condos. In contrast, London values preserving its historic marketplaces, which still exist in many neighborhoods. "Cities originally formed around these food hubs," says Dawson. "To take out the market is to take out the soul of the community."

But when Dawson set out to create a new kind of sustainable supermarket in London, he had to "fly over the pond" and come to Park Slope. The model he sought didn't exist in the UK, so he was thrilled that "Joe Holtz and the Coop share its model."

The week Dawson spent at the Coop was "beyond inspirational." He was up at dawn, working with the 5:15 a.m. and other shifts throughout the day. "I wanted to understand the infrastructure, FTOP, ordering, shipping, receiving. Accessing 40 years of experience was invaluable."

Dawson particularly admires the special relationships the Coop cultivates with suppliers and growers like Amy Hepworth. "That a farmer can grow based on a promise to buy restores the food system. The Coop is the mother ship."

Back in the UK, Dawson needed to convince skeptical landlords, banks and donors that "The People's Supermarket" was doable. After 20 months of preparation (and at a cost of £35,000), the store opened in the spring of 2009, and now has 1,500 members who man the operation in exchange for discounted food. "It's a very hand-to-mouth operation, but now that it's been done, a lot of people are looking at it. They tell me, 'You

**The Agenda Committee is
urgently seeking new members!
Join the Committee and
help set the monthly
General Meeting agenda.**

Requirements:

- ◆ Attend monthly Committee meetings on the first Tuesday of the month at 8:00 p.m.
- ◆ Attend at least five General Meetings per year
- ◆ Have a cooperative spirit and willingness to work in a collaborative committee environment
- ◆ Be interested in the ongoing business of the Coop
- ◆ Have a good attendance record

**If interested, contact Ann Herpel at
718-622-0560 or ann_herpel@psfc.coop.
The Committee will interview applicants before
submitting candidates to the GM for election.
We are seeking an applicant pool that reflects
the diversity of the Coop's membership.**

RETURN POLICY

**park slope
FOOD COOP**

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

**NEVER
RETURNABLE**

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

**RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE**
Packaging/label must be present for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

THE GAZETTE INDEXES

If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the *Gazette*...

Send an e-mail to Len Neufeld, *Gazette* indexer, at lenneufeld@verizon.net, to request PDF files of either or both of the following indexes:

- ◆ An alphabetized list of the titles of all articles published in the *Gazette* from 1995 to the present, with issue dates.
- ◆ An alphabetized list of all subjects (including people's names) discussed in *Gazette* articles from 1995-99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the *Gazette* issues referenced in these indexes are available as PDFs on the Coop's website.

are shaking the tree."

People, he says, always ask him, "What's next in food? But sustainability is not a trend," Dawson contends. He sees it as a vital strategy to address escalating food prices and the likelihood of coming global food shortages.

Asked why he has become Britain's sustainable food

champion, Dawson considers. "I care about people, and I believe we can do this better. One day, when I am 75, sitting down in a Tuscan vineyard, I want to feel I was here for a reason. It's nice that people are listening—but even if they were not, I would do it anyway. Someone has to challenge it, and it happens to be me." ■

September GM

CONTINUED FROM PAGE 1

is now in the black to the tune of several hundred thousand dollars, due to increased membership and low fixed costs.

Mike announced the store has finally switched to a computerized accounting system to replace the ledgers and journals we have been using for 35 years. The software, Acumatica, uses “the cloud,” remote servers that will hold our data in encrypted form.

General Coordinators’ Reports

General Coordinator Mike Eakin also reported that the

tion would be wheelchair accessible but may lack a popular feature of the current site—the food table.

California Right to Know Act

Greg Todd of the GMO Committee reported that the Coop donated a thousand dollars to support passage of the California Right to Know Act, which will be on the ballot in that state in November. If passed, the act would require the explicit labeling of products containing genetically modified organisms (GMOs). GMOs have been altered to withstand drought, produce higher yields and resist pesticides, but the alterations threaten human health. French scientists have discovered organ damage in rats eating GMO corn, and the European Union currently prevents the production of crops containing GMOs. Corporations like Monsanto, heavily committed to GMOs, are investing large amounts of money to defeat the measure. But if it does pass in California, which contains a tenth of the country’s population, it will affect policy nationwide on this issue. Personal donations can be made at www.carighttoknow.org.

Produce Report

General Coordinator Allen Zimmerman reported that a spring hailstorm caused a failure of the kiwi berry harvest this year by destroying the trees’ blossoms. The cost of Honeycrisp apples has gone up tremendously, from \$1.25 per pound when this popular apple was first introduced, to \$1.85 per pound. On the brighter side, the Coop is carrying four additional varieties of apples.

The Hawaiian ginger season has ended, Allen reported, and Peruvian and Brazilian ginger, the next available imported variety, haven’t been of great quality. However, a Massachusetts farmer is growing and selling delicious ginger, so young that it doesn’t have its usual skin. Allen advised keeping it moist and cold, so that it doesn’t dry out. Look for it on the vegetable side of the produce aisle.

The Mexican organic mango season is ending. The next and last wave of great mangos is from California. After that comes Brazilian, and then Ecuador will take us into the spring.

Plastic Roll Bag Issue Still Under Study

General Coordinator Jessica Robinson reported that a team headed by Mara Heppen has been studying plastic roll bag use by members in order to have a better informed discussion about the possibility of banning their use in the Coop for environmental reasons as proposed by the Coop’s Environmental Committee. Coop statistics indicated that the Coop uses 383 bags per hour. Regarding alternatives, one member asked if she could use her glass jar for bulk items and Jessica responded that at this time it wasn’t possible to recalibrate the check-out scales to accommodate such individual containers.

During a one-month period over the summer, the research team observed 1490 shoppers and noted that 78 percent of members used plastic roll bags, while only 8 percent used cloth or green bags for produce and other items they were purchasing. The team found that of those members interviewed (385), 46 percent reused the bags at home. Asked whether were the Coop to ban plastic bags, they would decline to buy an item if they were shopping and did not have an alternative, 86 percent said they would either buy a reusable bag, buy the item without using a bag or buy it from the Coop on a subsequent visit. Twelve percent said they would not purchase the item at all; 9% would buy a similar item pre-packaged; 4% said they would buy the item elsewhere. Many, including Coop management, are still concerned about issues, including hygiene, that reusable bags present. Other issues include recalibration of the scales that weigh produce—now adjusted for the weight of the roll bags.

Hearing Administration Committee Re-elected

The General Meeting reelected all five members of the Hearing Administration Committee to three-year terms. This committee works on an as needed basis to schedule Disciplinary Committee hearings. Members also have regular shifts on other committees. Only one member of the Committee, Rachel Garber, showed up for the vote.

Fracking Pipeline Ban

Alice Joyce-Alcala brought a discussion item to create a Committee to advocate banning hydrofracking infrastruc-

Crossword Puzzle

	1	2	3	4	5		6	7	8	9		10	11	12
13							14					15		
16							17					18		
19							20			21	22			
			23						24				25	26
27	28	29			30			31						
32				33			34					35		
36					37	38		39			40			
41				42			43			44				
45			46					47	48		49			
50							51			52				
		53				54						55	56	57
58	59			60	61			62						
63				64				65						
66				67				68						

Across

1. “Eating _____” (1982 comedy)
6. E pluribus _____
10. Word with a head slap
13. His #13 was retired by the Miami Dolphins
14. Its symbol is “\$”
15. Elizabethan _____
16. It may be hidden
17. Not dull
18. Luncheonette order
19. With 30-, 45- and 54-Across, a biased-but-true statement about where to find “Republican” in the dictionary
21. 1989 play about Capote
23. “Balderdash!”
24. “You don’t say!”
27. Style
30. See 19-Across
32. Words before corner or profit
34. “Absolutely!” in Acapulco
35. French law
36. Last rites
39. What preschoolers learn
41. Oath
42. Orator’s skill: Abbr.
44. Zilch
45. See 19-Across
49. Home bodies?
50. Don’t participate in
51. Screenwriter Ephron
53. Burgle
54. See 19-Across
58. Israeli weapon
60. La _____ Tar Pits
62. Program with steps
63. Persona _____ grata
64. Fontanne’s theater partner
65. 3 Musketeers filling
66. Gear tooth
67. Old Testament bk. named for a woman
68. _____ pole

Down

1. Prego competitor
2. Mars : Roman :: _____ : Greek
3. Balm
4. It’s observed on Oct. 24
5. Casual Friday shoe
6. Maintenance costs
7. _____-do-well
8. Apply
9. Vogue and Elle, e.g.
10. Springsteen’s “Greetings from Asbury Park, N.J.,” for example
11. Link letters
12. Fashion item in mid-Manhattan?
13. Army VIP
20. Nautical rope
22. Singer Carly _____ Jepsen with the #1 2012 hit “Call Me Maybe”
24. “Oh, pooh!”
25. Moviegoer’s chocolate bite
26. Keats and Shelley, e.g.
27. “Downtown” Julie Brown and others
28. “Absolutely!” in Arles
29. Sweatpants feature
31. Chickadee relative
33. Jacuzzi sight
37. Jazz trumpeter Baker
38. WWI mil. group
40. Undersea explorer
43. Words following bored or scared
46. Furthermore
47. Crunch unit
48. Dissolving agent
52. “I” pad?
54. It may be stabilized
55. Spirit in le ciel
56. Chomsky who said “I was never aware of any other option but to question everything”
57. Demolition supply
58. Duke’s NCAA rival
59. Place with feeding times
61. Ukr. neighbor

Puzzle author: David Levinson Wilk. For answers, see page 14.

ILLUSTRATION BY DEBORAH TINT

Coop spent \$27,000 on flooring for the receiving area and \$10,000 for flooring in the Meeting Room. General Coordinator Joe Holtz reported that the Coop has an expanded loading zone. Coordinators are hopeful it will prevent the tie-ups and double-parking that interfere with fire trucks. Member Mark Buhler suggested monitors be designated to help control the traffic in front of the building.

Membership remains at around 16,000, with inventory turnover at a rapid rate of more than once per week—guaranteeing that members will continue to receive extremely fresh food.

The General Meeting may be moving to another location, possibly as soon as next month. The move is being considered because there are no longer enough seats to accommodate the number of attendees and the Garfield Street Temple no longer permits childcare. The new loca-

ture in the city. Hydrofracking is the process of extracting natural gas trapped in underground shale using pressurized water laced with toxic chemicals. Widespread in some states, including Pennsylvania, the practice is known to cause water and air pollution and illness in those living near fracking sites. Governor Cuomo has delayed green-lighting fracking for New York State, but Mayor Bloomberg is encouraging conversion of city buildings to accommodate the new gas fuel. The corresponding infrastructure would consist of pipelines

from upstate regions where the gas is extracted to markets and terminals in the city. These pipelines would pass through the West Village and environmentally sensitive areas like Gateway Park, which includes one of the largest bird sanctuaries in the Northeast. In addition to leaks, a concern is that the pipeline will carry radioactive radon mined along with the gas into people’s homes. Radon takes several days to decay, longer than the time it would take to transport the gas to points of use in the city. ■

Read the Gazette while you’re standing on line OR online at www.foodcoop.com

Taking on a National Chain: Coop Members Join the Fight for Fresh Food in Windsor Terrace

By Frank Haberle

For decades, a Key Food store located on the corner of Prospect Avenue and 11th Avenue in Windsor Terrace served as the sole source of quality groceries for that neighborhood. When the store closed earlier this year, it left the community, in what Coop member Steve Beck calls “a food desert,” with few options for fresh food and produce. When community members learned that the store was going to become a Walgreens drug store, the Green Beans Not Walgreens (GBWG) movement was born. Residents are demanding that Walgreens either terminate its lease or expand the building to provide space for a full-service grocery store. At the same time, a group of residents, including some Coop members, is seizing the moment to explore the possibility of starting a food coop in Windsor Terrace.

The neighborhood faces a situation that’s particularly difficult for elderly residents and people without cars. Steve, who with his wife Jackie Cohen, a Coop member and Brooklyn Food Coalition activist, moved back to Windsor Terrace from Florida in 2006, heard about GBWG from his neighbor right after it formed. “Our neighbor, and other seniors in our building, are finding it a huge hassle and expense to find fresh groceries since the Key Food closed. She has to travel to other neighborhoods and schlep her food back in her shopping cart on the train.”

When GBWG leaders met with local elected officials in June, Walgreens executives rejected their demands. By July, GBWG had collected more than 2,000 signatures



The abandoned parking lot and faded sign of the former Key Food in Windsor Terrace.

for an ongoing boycott pledge drive, mapped out actions and launched the new website—www.greenbeansnotwalgreens.org—to update residents and supporters. In early August, over 200 community members staged a demonstration and rally in the parking lot of the closed Key Food site, attended by local officials and covered by local media, from the *New York Times* to the *Windsor Terrace Patch*.

Leslie Blum, a Windsor Terrace resident since 1980 and Coop member since 1995, reports that word of the movement spread quickly through the neighborhood. “There were flyers everywhere,” she says. “Our neighbors were going from door to door informing us of Walgreen’s plans and the planned boycott.” Leslie points to another instance where an elderly neighbor has to travel for fresh food since Key Food closed. In addition, two local

pharmacies known for their personal attention and care for their customers are threatened. These stores might be put out of business by a large chain store such as Walgreen’s. “When we walk into our local pharmacy, we are their neighbors; they know us,” she says. “In a chain store, they will not know us.”

One Possibility: A Windsor Terrace Food Coop

While GBWG works to build a boycott of Walgreens

to keep them out of the neighborhood, participants are also exploring other proposed solutions to bring fresh food and produce back in. Christine Petro, a Windsor Terrace resident since 2003 and a Coop member since 2006, attended a summer GBWG meeting where a subcommittee was formed to look into the potential for a food buying club or a new food coop in Windsor Terrace. “I support the boycott and community organizing efforts,

but working on a solution to bring more healthy, affordable food options to the neighborhood immediately appealed to me. It was energizing to see that there were a number of other people thinking the exact same thing. We started discussing the possibility at that meeting and formed a working group to take action on the idea.” Since joining the committee, Christine has served as the liaison between GBWG and the Park Slope Food Coop. “With a genuine spirit of cooperation,” she reports, “the Coop’s leaders are empathetic to our efforts and have been very supportive of our group’s work...lending their advice and insight to us.”

Currently, the subcommittee is focused on measuring and engaging community interest for starting a Windsor Terrace food coop. “It is absolutely critical to create a strong base of community buy-in from the very beginning for a sustainable model,” Christine says. “Our group is fully aware that the undertaking is major with a lot of hard work ahead, but we are fueled by a vision that excites us. One of our first meetings took place—ironically—in Dunkin’ Donuts. Despite the sugar-rich corporate surroundings,

What Is That? How Do I Use It?

Ask Me Questions About Coop Foods

Monday, October 22, 12 to 2:45 p.m.
Monday, October 29, 12 to 2:45 p.m.

You can join in any time during a
question-and-answer session
on the shopping floor.

Look for tour leaders in produce aisle.

VALET BIKE PARKING IS HERE ON SUNDAYS!

strollers & scooters
& carts too!

Every Sunday, April 1–November 18,
from 3:30–8 p.m.,

Coop members can leave their bikes with
our valet parking service, which is like
a coat check for bikes. Working members will
check in and watch your bike for you.

Just drop off your bike, stroller, scooter or
personal cart, do your shopping or your shift,
and hop back on.

No locks, no worries, no theft.
Service operates rain or shine.
Look for us in front of the yellow wall.
(Note: no bike check-in after 7:30 p.m.)


Valet bicycle parking at the Coop
is brought to you by the PSFC
Shop & Cycle Committee.



PSFC
Shop & Cycle
Committee

Follow the Food Coop on

twitter



@foodcoop

we generated some great ideas on how to get more residents involved."

Christine points to the many assets of a new food coop. "A food coop would be a benefit to Windsor Terrace because it increases access to healthy, affordable food options where now we are severely lacking. Even when Key Food was present, we had this issue. The store closing and boycott created a catalyst for a community-based dialogue and momentum to engage residents in support of improving the food landscape of the neighborhood. We are fortunate to now have two Greenmarkets in Windsor Terrace, but neither are year-round. So after the high season, we will lose an important source for high-quality produce, baked goods, fish and eggs."

She also suggests that Windsor Terrace and nearby Kensington are home to many Coop members who "would welcome a source closer than north Park Slope for groceries," especially for the variety and quality that a coop can offer.

Why This Is Important to ALL Coop Members, and How You Can Get Involved

Leslie hopes that Coop members will sign the petition and boycott Walgreens and Duane Reade, even if they are not Windsor Terrace residents. "We are Park Slope Food Coop members because we care about the quality of our own food, but we also need to think about people who cannot be members—elderly people, people without cars who live too far away from the Coop to use it practically. We need to care about the quality of their food as well."

Steve adds, "I would urge Coop members to inform Walgreens management of your displeasure. There's contact information on the GBWG website for Walgreens and a Change.org petition. Walgreens is huge and isn't likely to notice much economic pain yet, but management may be very sensitive about their precious brand image getting a black eye, especially now that Brooklyn is known as a mecca for foodies. In general, people should patronize local independent pharmacies. Monsters like Walgreens, and its Duane Reade subsidiary, have become more like department stores, having very little to do with drugs or health."

To get involved in supporting a possible Windsor Terrace food coop, Christine invites Coop members to attend the community meeting on October 23, 7:00 p.m. at the Knights of Columbus, 1511 10th Ave in Windsor Terrace (RSVP to windsorterrace-



Windsor Terrace residents with Borough President Marty Markowitz, holding a sign "Boycott Walgreens," and Assemblyman Jim Brennan on the megaphone.

foodcoop@gmail.com). "If members cannot attend the meeting but are interested in staying informed or getting involved they can e-mail the same address to get on our e-

mail list. As part of a feasibility study, we will soon be launching a survey to collect data from residents to gauge interest in a coop and learn more about the buying habits

and needs of people in the neighborhood. We are doing this for the purpose of generating possible coop models that would work for Windsor Terrace." ■

Members Sought for PSFC Personnel Committee

If you know how to work effectively with others and believe you could make a contribution to the well-being and professional growth of our General Coordinators, we would love to hear from you.

We are looking for members to join our committee. We are especially interested in people who have skills in management, personnel, human resources, organizational development and/or team development.

The Personnel Committee was formed in 1980 when the General Meeting decided to elect a small group of people who could be in touch and work with the General Coordinators on an ongoing basis. Committee responsibilities are to:

1. Review the work of the General Coordinators, individually and as a group;
2. Discuss and address problems affecting personnel;
3. Interview candidates and make recommendations for General Coordinator positions; and
4. Report to the membership either at General Meetings or in Gazette articles about our committee work.
5. Work with General Coordinators on succession planning strategies.

This is a Coop work slot. We meet regularly every four weeks, usually on a Tuesday from 5:30 to 7:15 p.m. However, to respond to the workload, we periodically must meet more frequently, and we try to be as flexible as possible with scheduling.

We would like the Personnel Committee to reflect the diversity of the Coop.

Please send us your resume and a letter explaining why you would like to be part of the committee. We prefer to receive applications by e-mail at pc.psfc@gmail.com.

If you do not have access to e-mail please send your materials to the Personnel Committee c/o Park Slope Food Coop, 782 Union St., Brooklyn, NY 11215.



MEMBER SUBMISSION

Our Plastic Bags are Beneficial

By Kevin Cunneen

The Environmental Committee's repeated erroneous claim that our produce bags are toxic is a total fiction. I researched an article for these pages in March of this year and discovered that our plastic bags, as opposed to many plastic products, contain nothing but long chain carbon polymers with no known safety, toxicity or health concerns. I contacted Dr. Tim Oswald, co-director of the Polymer Engineering Center at the University of Wisconsin-Madison, a noted scientist in the field, who wrote "plastic grocery bags are made of a low density polyethylene (PE-LD or LDPE). The chemical structure is -CH₂-CH₂- repeated in long chains. This is probably the most benign polymer in its manufacture, use and disposal." They are the simplest form of plastic manufactured, no plasticizers, no endocrine disrupters and no additives of any kind. And these bags break down in landfills, contrary to the Committee's claim. Pseudomonas and Sphingomonas, ubiquitous in

the environment, are quite efficient in breaking down this specific form of plastic. Polyethylene is derived from natural gas in the U.S., primarily, but can be manufactured from cane sugar, as the Brazilians do, or theoretically, any hydrocarbon.

The Environmental Committee claims that they "release toxic particles that enter the food chain and groundwater." But the vast majority of polyethylene we, as Coop members, consume is not from our produce bags, but indirectly, in the "plastic mulch" that covers our produce in the field (including Hepworth Farms, our largest supplier). This polyethylene plastic, placed over the fields, allows the crops to grow through slits or holes in this plastic sheeting. This polyethylene, in such intimate contact with the plants, must be contaminating most of the Coop's produce with these imagined, unspecified, "toxic particles."

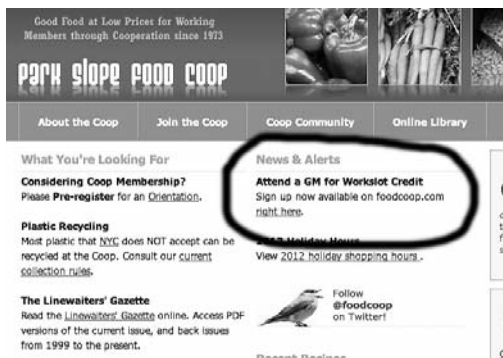
The Committee's insistence that we "reuse" bags is a real and documented health risk. A study by the University

of Arizona and Loma Linda University, discovered a large number of bacteria present in the reusable bags. Of the 84 reusable shopping bags collected from cities in California and Arizona the study found slightly more than half of the bags contained coliform bacteria and E. coli bacteria was found in 12 percent of the bags. We introduce risky bacterial contaminants when we reuse these bags and that can have dire health consequences for the very young, infirm and elderly. If the strain of bacteria present is multi-resistant to antibiotics, as is becoming more common due to irresponsible farming practices, the resulting illness could prove fatal.

These plastic bags add an insignificant amount to one's carbon footprint, but convenience, efficiency and above all, food safety argue for their use. If the Environmental Committee continues to make these claims of toxicity, they should show their evidence, science-based evidence, specifically for these polyethylene produce bags. ■



To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ On the Coop's website (www.foodcoop.com)

◆ Add your name to the sign-up sheet in the ground-floor elevator lobby



◆ Call the Membership Office

DO YOU LIKE **DESIGNING FLYERS**? HOW ARE YOU AT **MARKETING**? DO YOU LIKE **SOCIAL NETWORKING**? ARE YOU A **WEB DEVELOPER**? CAN YOU WRITE **PHP**? DO YOU KNOW HOW TO USE **WORDPRESS**? DO YOU LIKE **TABLING** AT EVENTS? DO YOU LIKE **RESEARCHING FOOD**? DO YOU NEED **FTOP CREDIT**? DO YOU LIKE **COMMUNITY**, EATING **GOOD FOOD**, AND **FUN**? COME

HANG OUT WITH THE **BUSHWICK FOOD COOP** AND GET **WORK CREDIT!**

A BUYING CLUB AND CSA ARE SATIATING US WHILE WE WORK TOWARDS MAKING THE DREAM OF HAVING OUR OWN STOREFRONT A REALITY. WE ARE REALLY INVESTED IN OUR COLLECTIVE GOAL OF BRINGING AFFORDABLE, LOCAL AND ORGANIC FOOD TO THE NEIGHBORHOOD OF BUSHWICK. IF YOU WOULD LIKE TO HELP, PLEASE EMAIL US AT WORKSHIFT@BUSHWICKFOODCOOP.ORG.



NEED A WORK SHIFT?

Our store is now open! Come visit us at 18 Putnam Ave. At this time, PSFC members will receive FTOP credit in exchange for working with Greene Hill. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record. Join Greene Hill and you can shop at both stores!



WWW.GREENEHILLFOOD.COOP
INFO@GREENEHILLFOOD.COOP
 718.208.4778

NON-GMO LABELING COMMITTEE

Coop Donates \$1,000 to California 'Right to Know' Referendum: Strong Support Shown for Truthful Labeling of GMOs

By Kurt Flamer-Caldera, Greg Todd, and Gregg Zukowski

In late September, the Park Slope Food Coop donated \$1,000 to the group Yes on 37 For Your Right to Know if Your Food Has Been Genetically Engineered, a California-based organization (www.carighttoknow.org). This not-for-profit organization, with the support of consumer advocates, makers of organic products and California farmers, is leading the charge to urge Californians to vote in favor of Proposition 37 in a referendum set for November 6. The referendum, if passed, would mandate labeling of any and all raw or processed "food" offered for sale that is made from plants or animals with genetically altered material. The proposition requires also that the use of the word "natural" be prohibited in the description of such "food".

If Proposition 37 is voted into law in November, it will set an important precedent for the nation. Just as California's legislative standards on health issues such as air pollutants and automobile emissions have inspired other states and even the federal government to act, many states may follow suit by mandating labeling for GMOs in the food system. Given the large size of the California market and the onerous task of labeling products differently for other states, consumers elsewhere may see GMOs labeled on their shelves even before it becomes law in their states.

In a survey taken earlier this year for Just Label It by the Mellman Group, U.S. voters expressed almost unanimous support for mandatory labeling of genetically engineered foods: 91 percent favored a U.S. Food and Drug Administration requirement that "foods which have been genetically engineered or containing genetically engineered ingredients be labeled to indicate that." Nevertheless, the F.D.A. continues its support for incremental tax dollars flowing into federal coffers annually via companies responsible for the production, marketing and deployment of genetic modification of agricultural produce.

Today, Monsanto, Dow, Kellogg, PepsiCo, Coca-Cola, Dean Foods and Mars among others are pouring millions of dollars into public misinformation campaigns to undermine support of Prop 37. Ironically, many of the "health" foods we tend to support for their enlightened approach are

owned by these larger conglomerates who are paying dearly to deceive us. For more details on the compromised health food companies visit www.anh-usa.org/the-great-organic-deceivers/.

The latest challenge to GMO producers comes in the form of results of a recently issued study of rats, fed either non-GMO corn or varying levels of GMO "corn" over a period of two years. The rats fed varying levels of GMO "corn" developed serious health problems including mammary and pituitary gland tumors, kidney deficiencies and liver congestions at a far faster rate than those fed non-GMO corn. The poisoned rats died two to three times faster than the control rats. This study is the first ever of such scope, due to the challenge of securing permission from the toxin makers to perform legal studies. The team that conducted this study was led by Prof. Gilles-Eric Seralini, a molecular biologist at the University of Caen, France. To read the full text of the peer-reviewed article, please see: www.biolsci.org/v05p0706.htm.

The multinational producers of GMOs, of course, have another result in mind. Passage of Prop 37 poses a threat to the cancer-like growth of their profits, not to mention related growth of unhealthy citizens, barren soil and compromised farm economies. As pharmaceutical and cigarette companies have funded research to produce results favorable to their interests, the producers of GMOs and their patented processes have invested heavily in research-based propaganda. On release of the aforementioned study, the producers' PR machine confused the issue with an artful blend of public relations spin and distorted scientific data. Here's what Monsanto had to say about the study:

"Numerous peer-reviewed scientific studies performed on biotech crops to date, including more than a hundred feeding studies, have continuously confirmed their safety, as reflected in the respective safety assessments by regulatory authorities around the world."

Notice the circular argument and related nonsense within the statement? That didn't stop Reuters, for one, from running with it.

As the introduction of Proposition 37 onto November's ballot has intensified the flow of corporate money into disinformation campaigns, California Right to Know—the largely grassroots organization spearheading the ballot initiative—has stepped in to deliver a counterbalance. Such campaigns, of course, require relentless fundraising to underwrite their strategic efforts.

At the request of the PSFC GMO Labeling Committee, our General Coordinators issued a \$1,000 check to California Right to Know. This dona-

Check Out These Non GMO Shopping Tips

1. Observe the PSFC's Non-GMO Labeling System. If the shelf label has a green dot like this on it



you can be sure the product has been tested by the Non-GMO Project and verified as not containing any GMO ingredients. This Verified label may be next to the shelf label if space permits.



2. Pick up one of the free Non-GMO shopping tips cards which are in a dispenser in aisle 4, just below the condoms. Protect yourself every which way!

Questions? Visit www.nongmoproject.com or email sayno2GMO@gmail.com

This notice is brought to you by the GMO Shelf Labeling Committee of the PSFC: www.gmodanger.wordpress.com



COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

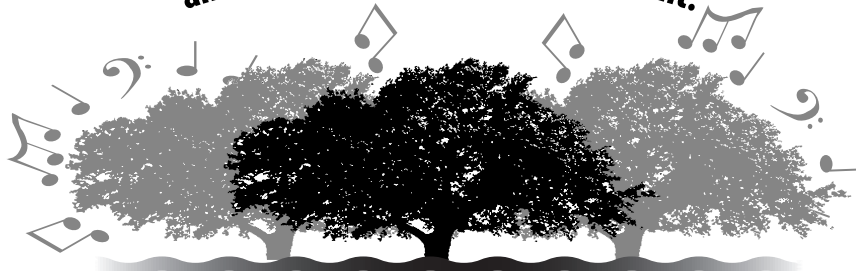
Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, Nov 16, 8:00 p.m.

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



PROSPECT CONCERTS



Come join **Barry Bryson**, bandleader and trumpeter of the Swing Street Orchestra, and fabulous Coop jazz musicians for a night of big-band swing-dance music.



Barry Bryson—Trumpet/Leader
Lisa Parrot—Alto Sax
Jenny Hill—Tenor Sax
Peter McGuines—Trombone
Cynthia Hilts—Piano
Alexis Quadrado—Bass
Rob Garcia—Drums
Stefan Bauer—Vibes
Todd Isler—Percussion
Dave Phelps—Guitar
Marje Wagner—Vocal



There will also be free dance lessons with professional dance instructor **Arturo Perez**, who will be partnered by **Carolynn Murphy**.

www.ProspectConcerts.tumblr.com

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741

Monthly on the...

Third Thursday
OCTOBER 18
7:00 P.M.–9:00 P.M.

Last Sunday
OCTOBER 28
10:00 A.M.–2:00 P.M.

Second Saturday
NOVEMBER 10
10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

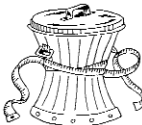
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



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This Issue Prepared By:

Coordinating Editors: Stephanie Golden
Erik Lewis

Editors (development): Erik Lewis
Joan Minieri

Reporters: Frank Haberle
Ed Levy
Alison Rose Levy

Art Director (development): Eva Schicker

Illustrators: Lynn Bernstein
Deborah Tint

Photographers: Steven Beck
Rod Morrison

Traffic Manager: Barbara Knight

Thumbnails: Kristin Lilley

Preproduction: Yan Kong

Photoshop: Terrance Carney

Art Director (production): Dilhan Kushan

Desktop Publishing: Kevin Cashman
Mike Walters
Oliver Yourke

Editor (production): Tioma Allison

Puzzle Master: David Levinson Wilk

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

Advertisement: Peter Benton



WORKSLOT NEEDS

Plastics Recycling

Saturday or Sunday, mornings

Join in the Coop's effort to be a better environmental citizen. Work outside in front of the Coop with other members of the Recycling Squad, accepting returned plastic containers, making sure they are clean and meet the Recycling Squad criteria. Stack and pack plastic for recycling. Must be reliable and willing to work outdoors in all kinds of weather.

Plastics Recycling Baler

Saturday, 1 to 3:45 p.m.

Baler will work as a member of the Environmental Issues Plastic Recycling Committee. Work includes operating the baler machine in the Receiving area—NO OPEN-

TOED FOOTWEAR SHOULD BE WORN WHILE WORKING IN THIS AREA. Worker must be able work with Receiving Staff to coordinate the use of the baler and shared workspace, must be able to follow detailed safety instructions. Some strength and lifting required. Training will take place on first scheduled shift. You will need to contact Cynthia Pennycooke, Membership Coordinator.

Bathroom Cleaning

Monday, 12 to 2 p.m.

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for mem-

bers who like to clean and are conscientious about doing a thorough job.

Store Equipment Cleaning

Monday, 6 to 8 a.m.

The Coop is looking for members to clean the checkout area of the store. It entails cleaning the scales at each checkout and vacuuming around the base of the checkout station as well as sweeping and occasionally mopping. You will work under the supervision of a staff person.

CONTINUED ON PAGE 16



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, OCTOBER 30

GENERAL MEETING: 7:00 p.m.

TUE, NOVEMBER 6

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Nov 27 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Nov 1 issue: 12:00 p.m., Mon, Oct 22

Nov 15 issue: 12:00 p.m., Mon, Nov 5

CLASSIFIED ADS DEADLINE:

Nov 1 issue: 7:00 p.m., Wed, Oct 24

Nov 15 issue: 7:00 p.m., Wed, Nov 7

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, October 30, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



park slope
FOOD COOP

calendar of events

oct 19
fri 7 pmWordsprouts: Dad Bloggers Talk
Food, Family and Writing

Featuring **John Donohue**, editor of the bestselling book *Man with a Pan*, and stay-at-home dad blogger **Brian Gresko**. Donohue, an editor at *The New Yorker*, has been passionate about food all his life. He worked at a retail fish market when he was in college and was a short-order cook after graduation. He blogs about the cooking he does for his family at www.stayatstovedad.com. Gresko is stay-at-home dad and writer. He has contributed to *The Huffington Post*, *The Atlantic*, *The Daily Beast*, *Salon*, *The Paris Review Daily*, *The Millions* and *Glimmer Train Stories*. Keep up with him at briangresko.com.

To book a Wordsprouts, contact Paula Bernstein, paulabernstein@gmail.com.

oct 19
fri 8 pm

Mamie Minch, Wool & Grant



Park Slope local singer and guitarist **Mamie Minch** sounds something like a well-fleshed-out 78-rpm record. She's known around town for her Piedmont-style fingerpicking chops, her big deep voice and her self-penned antique-sounding songs. She's played music all over the world and Brooklyn, with all kinds of excellent people, including Dayna Kurtz, the Roulette Sisters, Jimbo Mathis and CW Stoneking. **Wool & Grant**: two veteran singer/songwriters with a mutual passion for songs, stories, harmonies and guitars. Bev Grant and Ina May Wool create a musical alchemy of fire and feistiness, wisdom and wit, rocking clear-eyed political songs along with a window on to their travels—on the road and around the heart.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Prospect Concert event, contact Bev Grant, 718-788-3741.

oct 27
sat 3 pmThyroid Problems, Fibroids,
Cysts and PMS

Participants will learn five effective, natural ways to eliminate fibroids, cysts and PMS. We will explain the underlying causes of hypothyroidism and hormonal imbalance, how to resolve them, and how to boost energy and clarity through beneficial diet, appropriate exercise, and the use of natural supplements. This class will provide the supportive environment participants need to identify and implement the changes that will improve their health. Pre-registration suggested. To register, e-mail GreenGemHealth@gmail.com or call (646) 483-4571. **Rebecca Curtis** is a certified Holistic Health Coach. **Mary Hart**, M.S., L.Ac., is a nationally board-certified acupuncturist.

oct 27
sat 7:30 pm

It's Your Funeral

Planning for your own demise now (as opposed to later) is a practice that can enable you to live in the moment, face your own mortality with courage—and create an end-of-life service that reflects your values. Join Coop member **Amy Cunningham**, former journalist and graduate of the American Academy McAllister Institute of Funeral Service, in a conversation about fascinating advancements within the funeral business. The talk will cover how to plan a low-cost, back-to-basics funeral or memorial service, as well as offer information on green cemeteries near New York City, cremation pros and cons, wicker caskets, biodegradable urns, blended-faith/alternative ceremonies, and more. You'll get a glimmer of what funerals of the future might look like—and leave with planning literature for yourself or for someone you love.

oct 30
tue 7 pm

PSFC OCT General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

I. Member Arrival and Meeting Warm-Up

II. Open Forum

III. Coordinator and Committee Reports

IV. Meeting Agenda

Item #1: Annual Agenda Committee Election (15 minutes)

Election: Three current members whose terms have expired are seeking reelection. The Agenda Committee will also present additional candidates for election.

—submitted by the Agenda Committee

Item #2: Special Disciplinary Committee Election (15 minutes)

Election: The Disciplinary Committee will present candidates to fill openings on the committee.

—submitted by the Disciplinary Committee

Item #3: Boycott Renewals (20 minutes)

Proposal: Current boycotts observed by the Coop will be submitted for renewal.

—mandated by General Meeting

Item #4: Coop Expansion to Empty Space on Union Street (40 minutes)

Discussion: "To explore the idea of expanding Coop to create jobs, increase impact of food politics and ease congestion."

—submitted by Joe Mangrum

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

nov 1
thu 7:30 pmFood Class: Seasonal Recipes
To Boost Immunity

Autumn's harvest is bursting with immune-boosting fruits and vegetables. Join chef **Maggie Callahan** as she showcases three delicious seasonal recipes that will decrease inflammation and boost the immune system. Maggie is a private chef and cooking instructor, baker and a graduate of the Natural Gourmet Institute for Health and Culinary Arts. She specializes in preparing clean food for both adults and children. She is currently in the process of becoming a certified Nutritional Therapy Practitioner and spends a great deal of time researching nutrition's role in good health. Menu includes: warm brussel sprout salad; autumn vegetable and bean stew; spiced pear and cranberry muffins..

Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.

nov 2
fri 7 pmFilm Night: A Night of Japanese
Films and Food Tasting

Two films will be shown. *Green Mountain Girls Farm: Sustainability in Action* (length 18:05), showcases a sustainable farm in Vermont, started by two women who used to work for environmental groups, then decided to grow food for their immediate community as part of their environmental act.

The farm practices relational farming, inviting visitors to share and enjoy their farm and its products—connecting people to farms so they can source high-quality, healthy, well-raised food. Screening will be accompanied by samples of their pasture-raised, healthy meats and vegetables as well as cheese and caramel produced by others who belong to their neighboring cooperative called Floating Bridge Food and Farms Cooperative. The farmers will be present to discuss how they sustainably raise poultry, pork, goat, vegetables, eggs and milk on their diversified farm in Vermont. Filmmaker **Iki Nakagawa** was born in Tokyo and moved to NYC in 1989. Her

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

oct 19–dec 1 2012

work has been presented in Europe, the U.S. and the Middle East. She's produced many videos about sustainable practices including some about the PSFC. *Cold Shutdown: Fukushima One Year After* (length 36:00), showcases the Fukushima Dai-ichi disaster, the biggest nuclear catastrophe since Chernobyl, which has contaminated thousands of square miles of Japan with fallout. Faced with a government urging them to stay put and keep quiet, ordinarily calm Japanese citizens must take matters into their own hands. *Cold Shutdown* is a short visit with the citizens of Fukushima Prefecture as they struggle to protect the lives of their children and themselves, setting up radiation testing sites and food distribution centers and occupying the grounds of the Ministry of Trade in Tokyo. Filmmaker **Martin Lucas** is an artist, educator and media activist living in Brooklyn.

To book a Film Night, contact Faye Lederman, squeezestone@hotmail.com.

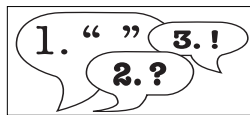
nov 4
sun 12 pm

A Workshop on Research

Are you frustrated by how long it takes to find useful information about a given topic? Overwhelmed by the Internet and all the data out there? Unsure when to trust a source? Unable to translate your information needs to concrete queries? Learn about the current information environment and how to navigate its layers for more fruitful searching sessions. Whether you're a student, a community activist, an independent journalist or just someone who wants to be more efficient, come for research tips and tricks (and bring your own to share)! **Arpita Bose** is a medical librarian and director of a hospital library in Brooklyn. She has taught numerous workshops in consumer health for librarians in New York, New Jersey, Delaware, and Pennsylvania. **Melissa Morrone** is a public librarian in Brooklyn. She has presented and conducted workshops at a variety of venues.

nov 6
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, November 27, 7 p.m., at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.**

nov 11
sun 12 pm

The Benefits of Art Therapy For Your Child

It takes courage to get help for your child. This workshop will make it easier for parents and caretakers to find it. Learn how art therapy can: be a non-threatening way to visually communicate what is too hard to put into words; bypass shame, blame or criticism and go directly to identifying feelings and thoughts; create a bridge between feelings and words, helping children to "draw out" their feelings instead of "acting them out"; and increase coping ability, frustration tolerance, socialization and academic achievement. Coop member **Sarah Zahnstecher** is a NYS-licensed Creative Arts Therapist who works in private practice and has been practicing for more than 25 years. Adults only shall attend this workshop.

nov 13
tue 7 pm

Safe Food Committee Film Night: As We Sow



According to the farmers in rural anthropologist Kendall Thu's case studies, the hog industry and the market forces of consolidation, corporate control and agribusiness were turning once proudly independent farmers, those who could survive at all, into "serfs on the land" and "wage-earning hog janitors."

Why should the displacement and disappearance of family farms matter to people outside of the isolated rural countryside of America's heartland? *As We Sow* searches for answers from people on the front lines of what some call "the last farm crisis."

nov 16
fri 8 pm

Swing Street Orchestra



Come join **Barry Bryson**, bandleader and trumpeter of the Swing Street Orchestra, and fabulous Coop jazz musicians for a night of big-band

swing-dance music. Musicians include: Barry Bryson—trumpet/leader; Lisa Parrot—alto sax; Jenny Hill—tenor sax; Peter McGuines—trombone; Cynthia Hilts—piano; Alexis Quadrado—bass; Rob Garcia—drums; Stefan Bauer—vibes; Todd Isler—percussion; Dave Phelps—guitar; **Marje Wagner**—vocal. There will also be free dance lessons with professional dance instructor Arturo Perez, who will be partnered by Carolyn Murphy.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45.

Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Prospect Concert event, contact Bev Grant, 718-788-3741.



nov 16-17
fri-sat 11 am–6 pm

Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

nov 18
sun 12 pm

Workshop for Grandparents

Grandparents play an essential role in the lives of their children and grandchildren, but the details of sorting through family dynamics is not always easy. Share stories and hear helpful perspectives that can make things go well. **Sharon C. Peters, M.A.**, is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations.

still to come

nov 24 What the Tooth Fairy Never Knew

nov 27 PSFC NOVEMBER General Meeting

nov 25 Exploring the Link Between Diet & Disease

nov 27 Are You New to Medicare?

nov 28–30 See What the PAFCU Offers

nov 30 Wordsprouts: Memoir Writing Workshop

dec 1 Preparing for Parenthood

dec 1 Ban Fracking Fluids & Pipelines in NYC

L E T T E R S T O T H E E D I T O R

MILK NOT JAILS

TO THE EDITOR:

Milk Not Jails is a grassroots campaign aiming to end upstate New York's economic dependence on the prison industry by supporting sustainable alternatives. It provides a hopeful new model for how the economic relationship between New York City and upstate New York might function. Instead of sending enormous numbers of city residents to prison upstate and allowing our dollars to follow them, thereby creating prison-industry jobs, we could instead be buying from small, non-industrialized farms, thus creating environmentally and socially responsible upstate economic growth. In this way, we could relieve the pressure on legislators to keep prisons full so that their constituents stay employed.

To work toward this vision, Milk Not Jails partners with dairy farmers who publicly support its policy agenda, marketing and selling their products to urban consumers through its non-profit distribution company. That's where the Coop comes in. In the next few months, a proposal will come before the General Meeting to have the Coop purchase the Ronnybrook and Hawthorne Valley products that we already stock through Milk Not Jails. The proposal would also allow Coop members to receive work credit for volunteering for Milk Not Jails.

It seems like a no-brainer to me. The Milk Not Jails agenda fits right in with the Coop's priorities: it supports

a food distribution system that prioritizes human rights and safeguards the environment, while providing consumers with high-quality and healthy products. And it comes at almost no cost to the Coop. We could be stocking precisely the same products while simultaneously supporting Milk Not Jails, and there is certainly room within the Coop's large and growing membership for a small amount of our Coop work to go to Milk Not Jails. Down the road, the relationship might also give us access to more products from small family farms that have trouble distributing to the city.

When the proposal comes to the GM, I urge you to support it!

Rachel Goodman

THANK YOU

DEAR PARK SLOPE FOOD COOP,

Thank you for your generous contribution in support of the California Right to Know ballot initiative for labeling of genetically engineered food.

We all have a right to know what's in our food. Together, we will defeat the powerful chemical and agricultural biotechnology corporations who want us to keep us in the dark about what is really in our food.

We are grateful that you have joined the fight. It's going to take strong grassroots support to win this campaign, but we are thrilled by the outpouring of support for our campaign thus far. Thank you again.

Best Regards,

Grant Lundberg and David Murphy,
Steering Committee Co-Chairs,
California Right to Know
www.carighttoknow.org



LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's firsthand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

SIGN ANALOGY QUESTIONED

TO THE EDITOR:

I appreciate the accomplishment of the Coop's Sign Committee and the clear, concise signage above the Coop aisles (as detailed in Thomas Matthews' article in the Sept. 20 edition of the *Gazette*, "Reducing Visual Chaos"). However, I have to wonder if Mr. Matthews' example of why signage is important—a biker tumbling to his death on the Manhattan Bridge—is really analogous to finding one's kohlrabi in the produce aisle.

Sincerely,
Eric Winick

WHO SHOULD I VOTE FOR

DEAR EDITOR:

I would not like to see Michelle Obama's garden destroyed or Barack Obama's beer making kit destroyed in the White House. I like the fact that they have the beehive and they make honey. I am a tree hugger; I believe that we should respect the earth and the forest. I am against fracking and believe that we should label the foods for GMO. But the left is against Israel, the Jewish people and America. They do not recognize Jerusalem is the capital of Israel and they consider everything in Israel occupied by the Jews and they don't have a right to the land. Who hates each other more? The left hate the conservative rights and the



conservative rights hate the left. In the end I lose.

Rhudi Andreoli

TEXT DIET

All thumbs when it comes to losing
A fatpack not of your choosing?
Did those extra, unwanted pounds
Collect like coffee grounds?
Has that ugly word "diet" become
A sound you run away from?
O lucky, lucky you—
Here's shedding info that's new.
If you've got a smartphone handy
It can be your sugar candy,
All that tech will allow
And here's the M.O. how:
Make texting a daylong matter,
An everlasting chatter,
Your thumbs tightly soldered to the keys
Like legbones to the knees.
With both hands far from your mouth,
Your weight is sure to go south,
For food doesn't stand a chance
Of billowing pairs of pants.
Many and many a kilo
Disappears at every meal-o!
There's even a social dimension,
Though that's not the main intention—
Text friends that're likely to feed you
To come real quick to feed you,
And besides being slim, you'll see
Great streams of company.

Leon Freilich



WORDSPROUTS

The Park Slope Food Coop's Reading Series

Attention Writers: Wordsprouts Wants You!

Are you a novelist, poet, playwright,
songwriter, essayist, journalist, or blogger?

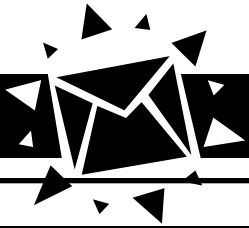
Are you looking for a forum where you can
promote your work or get feedback?

Do you want to moderate a panel or
teach a writers' workshop?

Do you want to meet fellow Coop writers?

Wordsprouts, the Park Slope Food Coop's reading series, is looking for writers who are members of the Coop. Even if you're not ready to commit to an upcoming event, drop us a line and let us know you're out there!

E-mail paulabernstein@gmail.com.



L E T T E R S T O T H E E D I T O R

BDS TOPICS:

JUSTICE FOR PALESTINIANS

COOP MEMBERS:

NORWAY: *Applied International Law to Oppose Illegal Israeli Settlements*

Setting a precedent, effective January 2012, Norway ended tax deductions for organizations that donate funds to benefit illegal Israeli settlements on occupied Palestinian land by implementing UN *Security Council Resolution 465* (1980). This resolution calls on all states 'not to provide Israel with any assistance to be used specifically in connection with settlements in the occupied territories'. The Finance Ministry stated their intention: to ensure that the system of tax deductions not benefit organizations that actually support or contribute to acts that are in contravention of international law.

Contributions to 'Karmel-instituttet' lose tax-exempt status: for years this organization has provided financial support to the illegal Israeli settlement of Alonei Shilo. The tax-deductible funds collected have been used to build twelve structures in the settlement.

Advocacy groups included: Norwegian People's Aid (NPA) and Norwegian Union of Municipal and General Employees (NUMGE). NPA, labor movement's humanitarian organization, 'supports Palestinian's legitimate right to independence and freedom from oppression, occupation and forced exile.'

DENMARK: *Groups End Contracts with G4S*

G4S is a British-Danish security company. After media attention on G4S's role in the Israeli occupation of Palestine, service contracts with G4S were terminated by *Danish Church Aid*, *The Danish Merkur Bank*, and *Amnesty International Denmark*.

G4S handles security equipment and services for use at West Bank checkpoints, illegal settlements and Israeli prisons. G4S Israel, a subsidiary of British-Danish G4S, provides security systems for Al Jalame detention facility inside Israel where Palestinian children are taken for interrogation. Some Palestinian children, ages 15-17, are held in solitary confinement for an average of 10 days.

CANADA: *'Day of Action for the Fishers and Farmers of Gaza, Palestine'*

The 'Day of Action,' September 30, in Vancouver, answered the call by Mohammad al-Bakri, general manager of Gaza's Union of Agricultural Workers, for political support internationally to pressure Israel into allowing farmers to work their land and fisherman to access their sea.

A Canadian delegation visited

Gaza earlier in the year to meet with Palestinian fishermen and farmers. Charlotte Kates, lawyer and "Day of Action" coordinator, said: a society deprived of the ability to fish and to farm is deprived of its ability to sustain itself.

Gaza Farmers: One-third of Gaza's agricultural land has been declared a "buffer zone" by Israel and is off-limits to farmers. Even with this new boundary line between Gaza and Israel, Israeli soldiers target Palestinians within an additional two kilometers, shooting people approaching restricted areas.

Gaza Fishermen: The Oslo Accords (1993) authorized a 20 nautical mile limit for Palestinian fishermen. Israel reduced this to 3 nautical miles. Even within that limit, the Israeli Navy attacks fishermen using machine guns, water cannons and shells; arresting over 500, killing over 12. Approximately 3,600 fisherman and 70,000 persons depend on income from the sea. Without income, fishermen must rely on food aid from the United Nations.

Sources: Ali Abunimah, Adri Nieuwhof, Eva Bartlett, respectively.

Mary Buchwald
Brooklyn For Peace
PSFC members for BDS
www.psfcdbds.wordpress.com

THE OTHER SIDE OF THE STORY: MIDDLE-EAST REFUGEES

TO THE MEMBERSHIP:

Much is said about Palestinian refugees who left Israel when it became a state.

Now the untold story of Jewish refugees from Arab lands is being heard. A recent UN meeting and an international Jerusalem conference brought attention to their situation. A bi-partisan group of U.S. congress members is sponsoring a bill ensuring that any Middle East discussions and peace agreements must refer to both Palestinian and Jewish refugees.

Background
Jewish Refugees

For over 2,600 years Mediterranean and Middle Eastern lands were home to thousands of Jewish communities.

In 1948 virtually all Israel's neighbors (Algeria, Aden, Egypt, Iraq, Lebanon, Libya, Morocco, Syria, Tunisia, Yemen) declared war on the new state, and forcibly expelled Jewish citizens. Approximately 856,000 Jews born in Arab states were persecuted, and fled their native countries. All their property and assets were confiscated. Because a small patch of land hundreds or thousands of miles away had become a Jewish state and they shared that faith, that made them enemies of the Arab people. They shared their language, history and culture.

Overnight they became refugees.

The 1951 International Convention on the Status of Refugees defines a refugee as someone "who, owing to a well-founded fear of being persecuted for reasons of race, religion, nationality, membership of a particular social group, or political opinion, is outside the country of his nationality, and is unable to or, owing to such fear, is unwilling to avail himself of the protection of that country." The UN High Commissioner for Refugees ruled that Jewish-Arabs fleeing Arab countries meet that legal definition.

Two-thirds, nearly 600,000, chose to live in Israel. None wants to return because of well-founded fear of persecution, and because they live in countries that welcomed them.

Today about 50% of Israelis are refugees or descendants of refugees from Arab lands.

Arab Refugees

After 1948, 160,000 Arabs living within Israel's borders accepted the new state's invitation to stay and become Israeli citizens. They elected three Israeli-Arabs to Israel's first Parliament.

Between 472,000 and 750,000 Palestinian Arabs left, and became refugees.

While tens of millions of refugees from other war-torn countries during that time resettled in other countries, neighboring Arab states, except Jordan, refused to resettle Palestinian Arabs. Arab governments confined them in squalid refugee camps and neighborhoods, and denied them citizenship. Three generations later they remain stateless, not allowed to work, build homes or create lives because their Arab brothers need them to be poor, angry political pawns.

The UN and Human Rights groups, condemning Israel for 60 years, have been complicit in the crime against Palestinian refugees, never discussing this shameful situation. The Palestinians are still pawns.

Both refugee groups should be recognized. Arab refugee descendants should be absorbed, after a two-state peace accord, into a new "Palestine," just as the new Israel absorbed Jewish refugees. And in all the talk of the "right of return" for millions of fourth generations Palestinians, 856,000 Jewish refugees must be remembered.

Ruth Bolletino

FLUTE PLAYER

DEAR EDITOR:

Yet another collaborator outed! The 20-year-old Palestinian flutist, Ms. Dalia Moukarker, was uncovered by the New York Times last week* as the latest conspirator to support the machinations of Zionist Musical Apartheid (Zio-Toony-Theid). By crossing borders to learn her craft from Israeli teachers, Ms. Moukarker

has broken with our very own PSFC Boycott Divestment and Sanctions Cultural Relevance Approval Program, earning our righteous suspicion.

We here at PSFCBDS=CRAP have approved one, and only one, brand identity for all Palestinian artists: the victim. Upon learning that she had shrugged off her appointed role, we warned Ms. Moukarker that she was giving up on gaining stardom as our sacrificial pawn. That without blaming Israel for everything in her life she would never achieve immortality in our blogs, or become a fatality statistic we can quote to each other. Yet she still skipped away laughing as if guided by some inner wisdom, disobeying directives from our warrior/talent-scouts to embrace helplessness and victimhood. Essentially, she is sticking a giant middle finger in the entire PSFC-BDS movement's face, and we mean a real fat honker.

"Dude, I just play music" is no excuse to abandon boycotting Israel which has been on the brink of collapse since 1948. Having arrogantly chosen the degrading path of self-sufficiency instead of fatalism, Ms. Moukarker must report immediately to our bunker under the Egypt-Gaza border to surrender her flute or risk a shutdown demonstration at one of her future Zio-Toony-Theid concerts. We'd rather ruin Israeli performances, but we need to stand by our principles.

Here at PSFCBDS=CRAP, our motto is: If we don't run the show, there is no show. And if we do run the show, there's still no show!

*September 30, 2012. BEIT JALA, West Bank—"A LITTLE more than three years ago she was a quiet, serious-minded 16-year-old flutist in the West Bank with posters of the Berlin Philharmonic flute soloist Emmanuel Pahud on her bedroom wall. Travel restrictions made it a struggle to go for lessons in Jerusalem.

"But teachers from Israel and an outside foundation recognized her talent and gave her lessons. She was the star performer at a West Bank master class taught by none other than Mr. Pahud.

"Now the young woman, Dalia Moukarker, is on the cusp of a rare opportunity: the chance to study music at an important European music school...As of last week, Ms. Moukarker had only to receive her German visa.

"She also traveled to Jerusalem, passing through checkpoints, for lessons with an Israeli teacher, Raanan Eylon. Mr. Eylon said several Israeli supporters fought to help her gain permission to enter the city. When she could not get to Jerusalem, he went to Beit Jala.

"I am not sure if I am strong enough," Ms. Moukarker said. "But I believe in myself."

Jesse Rosenfeld



PHOTO BY KEVIN RYAN

Looking for something new?

Check out the Coop's
products blog.

The place to go for the latest
information on our current
product inventory.

You can connect to the blog
via the Coop's website
www.foodcoop.com



ecokvetch

the environmental
committee blog

Coop Members use
383 PLASTIC BAGS
an hour. **WOW!**

Check out our
proposal to
**Phase Out the
Plastic Bag Rolls.**

ecokvetch.blogspot.com

CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B - serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our web site at houseon3st.com. Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!



COMMERCIAL SPACE

PROFESSIONAL OFFICES available for Health Practitioners; e.g. Nutritionist, Medical Doctor, Psychotherapist, Massage Therapist, Podiatrist, Dentist, Reiki, Shiatsu, etc. Be part of an Holistic center in SOHO. Doctor will introduce all patients. Non-medical spaces also available. For information, please call 212-505-5055.

MERCHANDISE WANTED

SELL IRIS RECORDS your CDs/LPs/DVDs! Appointments day/night at your home. We pay cash and do the heavy lifting. We also appraise collections for estates/divorces. Email Stephen at recordriots@gmail.com or call 609-468-0885 for more information.

SERVICES

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

PAINTING & WALLPAPERING- 25 yrs exp. doing the finest prep + finish work. One room or an entire house. Free estimates + full insurance coverage. Call Fred Becker @ 718-853-0750.

HAIRCUTS HAIRCUTS HAIRCUTS Color, high lights, low lights in the convenience of your or mine. Adults \$35.00-\$40.00, kids \$15.00. Call Leonora 718-857-2215.



MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154, I charge \$60.00.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Spe-

cialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.



SERVICES HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in *Allure Magazine*. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Manhattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

MD-SUPERVISED WGT LOSS program to burn fat, save muscle, prevent diabetes. Low dose allergen therapy for inhalant, food & chemical allergy. Bio-identical thyroid & hormone replacement. Non-drug treatment for depression, anxiety, insomnia. Call Dr. Ordene @ 718-258-7882. Insurance reimbursable, Medicare accepted.

Crossword Answers

	R	A	O	U	L		U	N	U	M		D	U	H
M	A	R	I	N	O		P	E	S	O		E	R	A
A	G	E	N	D	A		K	E	E	N		B	L	T
J	U	S	T	A	F	T	E	R		T	R	U		
		M	Y	E	Y	E		T	H	A	T	S	O	
M	O	D	E		R	E	P	T	I	L	E	A	N	D
T	U	R	N	A			S	I	S	I		L	O	I
V	I	A	T	I	C	A		T	H	E	A	B	C	S
V	O	W		R	H	E	T			S	Q	U	A	T
J	U	S	T	B	E	F	O	R	E		U	M	P	S
S	I	T	O	U	T		D	E	L	I	A			
		R	O	B		R	E	P	U	G	N	A	N	T
U	Z	I		B	R	E	A			A	L	A	N	O
N	O	N		L	U	N	T			N	O	U	G	A
C	O	G		E	S	T	H			T	O	T	E	M



ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads.

Please refer to the Coop Calendar in the center of this issue.

An asterisk (*) denotes a Coop member.

SAT, OCT 20

8 p.m. Jenny Hurwitz and Talbot Katz; Jay Byrd and the Blue Jays. Tickets are \$18, \$10 for members. Nobody will be turned away. Peoples' Voice Cafe at the Community Church of NYUU, 40 East 35th St. NY NY www.peoplesvoicecafe.org.



11 a.m. Damo I Jin—a 'tendon-changing' form of Chi Kung ("life-force energy practice")—continues in Prospect Park, through the fall. Newcomers are welcome to join the class any week. For more information, contact quicksilverdance@yahoo.com or 212-946-1537.

SUN, OCT 21

4 p.m. BPL Chamber players present Lark Quartet + Deborah Buck, Basia Danilow, violins Kathryn Lockwood, viola, Caroline Stinson, cello Yousif Sheronick, percussion; Admission is free; Dr. S. Stevan Dweck Center for Contemporary Culture at the Central Library.

WED, OCT 24

7 p.m. Community Bookstore and Beth Elohim present chefs Yotam Ottolenghi and Sami Tamimi, authors of *Jerusalem: A Cookbook*, in conversation with Rozanne Gold. At Congregation Beth Elohim, 274 Garfield Place. Free for CBE Members/\$10 suggested donation for non-members. Registration available at cbebk.org/brooklynbythebook.

8 p.m., also on 10/25 Katherine Valentine Presents the World Premiere of *The Hive*, a darkly thrilling adaptation of Euripides'

Greek tragedy *Trojan Women*. At the Galapagos Art space. www.galapagosartspace.com, \$20 in advance/\$25 at the door. 4 p.m. matinee on the 25th which will be FREE FOR 21 AND UNDER (14+ recommended).



THU, OCT 25

6:30 and 8:30 p.m. Join us at 61 Local for a delicious night of local food paired with local beers! Chefs from Parish Hall, Seersucker and more will provide tasty dishes, 61 Local's beer experts will pair them with local brews. Proceeds will benefit BK Farmyards. Seating for the tasting will be at 6:30 and 8:30; tickets: \$40. bee@bkfarmyards.com tel: 917-589-6619.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.



BAY RIDGE FOOD CO-OP

We're one step closer to opening for business
NOW WE NEED YOU!

The Bay Ridge Food Co-op is moving ever nearer to opening its doors, providing a valuable new resource for communities across South Brooklyn and beyond.

Response to the launch of our membership equity drive has already been amazing, but we still need your help to ensure we achieve all our goals. If you live in or close to Bay Ridge, do consider joining our co-op now — we have set a goal of 2500 members to open our doors, ensuring a desirable product selection and service level.

We're looking for people to help our growing membership with the many tasks that go into establishing a new co-op. Whatever your skills, talent or experience, your support will truly help make a difference. And please visit our site to subscribe to our email newsletter to keep up on our progress.

PSFC members receive FTOP credit for their work!

www.foodcoopbayridge.com
hello@foodcoopbayridge.com
347-274-8172

LEFFERTS FARM FOOD COOPERATIVE

We are a newly-formed group made up of residents from Flatbush, Prospect-Lefferts Gardens and Crown Heights, working to develop a new medium-sized food cooperative in the area.

WE NEED YOUR HELP!

There's no question Brooklyn needs more food cooperatives, but it's not simple. Food co-ops are businesses and development projects created for and by the community.

JOIN OUR PLANNING GROUP

In order to make this happen, we need YOU! Why? Because as a member, you have experience with food co-ops. And as a worker/community member, you have experience we need—from organizational development, branding/messaging, finance/accounting, fundraising, to real estate development and community outreach. Even people you know or the groups you belong to are a valuable asset to the process!

GET INVOLVED

PSFC members will receive FTOP credit in exchange for their participation. Join our MeetUp group at www.meetup.com/plgfoodcoop or contact leffertsfarm@gmail.com for more information.

JOIN US: www.meetup.com/plgfoodcoop

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks.
We're glad you've decided to be a part of our community.

Shawn Albert	Elliott Chaffer	Benjamin Geier	Jennifer Johnson	Jamila Lyndon	Kate Raddock	Matthew Stockton
William Alden	Penelope Jagessar	Chris Geraghty	Shin Kang	Nicole Mader	Ryan Ramsahai	Tally Stone
David Andrako	Chaffer	Lizzie Gillett	Brian Kantor	Amauta Marston-	Yelyzaveta Ramsahai	Emily Tartanella
Jill Andrako	Blue Chevigny	Anne Goldberg	Magdalen Kawinski	Firmino	Paige Riedl	Gregory Thompson
Jake Aron	Farai Chideya	Emma Goldsmith-	Lindsay Kay	Brendan Matheson	Gordon Roecker	Sylvie Tissot
Heidi Bayer	Marla Chupack	Rooney	Alette Kendrick	Roshawn McIntosh	Asya (Anastasia)	Heather Varner
Darlene Bhavnani	Katherine Claffey	Ben Hall	Gwynne Keresty	Samuel Meller	Romanova	Luz Vega
Ioulia Boyd	Mary Lena Colston	Jeff Hanc	Jay Kim	Palesa Melvin	Austen Rosenfeld	John Vermazen
James Brickman	Lucy Copp	Amy Heinemann	Katrina Kondratiev	Ulrike Mueller	Charlotte Rosier	Michael Wallschlaeger
Thomas Brouillette	Jens de Pedro	Dorothy Henley	Lauren Kondratiev	Jake Nelson	Josh Sarantits	Jessica Watson
Christina Brown	Samuel Dolbee	Jacqueline Herbert	Autumn LeBank	Karah Newton	Nicole Sarjeant	Stacey Weckstein
Julian Buchanan	Katherine Eaton	Branic Howard	Amanda Lee	Amy Oelsner	Anna Schechter	Andrea Wenglowskyj
Chloe Campbell	Thomas Eaton	Adelita Husni Bey	Zayinna Leiva	Bryan Parker	Vilma Servaite	Rebecca White
America Capo	Andrew Favaloro	Danielle Jablonski	Gabi Lewton-Leopold	Erika Pastrana	Rani Shankar	Joshua Woods
James Carney	Gustavo Fernandez	Johanna Jaeger	Julia Loonin	Nicole Pasulka	Victor Simuoli	Ezequiel Zaidenweg
Francisco Javier Caselles	Silvia Fernandez	Sarah Jensen	S-Aakhut Lynch	Tom Powell	Hasanthika Sirisena	



THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Bradley Alter	Lina Chuyko	Michael Fisher	Byron Holcomb	Riccardo Mazzei	Amy Reid	Deborah Uri
Frida Ambía	Ed Cohen	Michael Freedman-	Kristy Hurt	Martina Michlickova	Gina Rossi	Anna Van Lenten
Alyssa Arcaya	Thomas Crane	Schnapp	James	Cristina Milleur	Dmitri Russell	Jason Weiner
Tori B.	Natalie Cushman	Ed Forgotson	Diana Jensen	Victoria Misrock Stein	Marya Ruttenber	Rachael Wyant
Madison Bailey	Maria D.	David Friedlander	Nancy Kleppel	Nataliya	Sarah	Damien Yambo
Martin Beauchamp	Talia Davidow	Josiane Georges	Dasha Kondratiev	Kate Nekiunas	Jacqueline Schmidt	Nancy Young
Sarah Bell	Megan Devir	Rebecca Gildiner	Stephen Leeds	Melissa Noonan-Mazzei	Mathew Semel	Sarah Zarrow
Katharine Boicourt	Greg Di Gesu	Kara Gionfriddo	Jessica Levey	Rory J. O'Dea	Madison Sheffield	Eric Zeiler
Melanie Bower	Daniela Dover	David Gross	Debbie Li	Swati Parikh	Beverly Sims	Maya Ziv
Jess Braverman	Diana Eckerle	Brandi Harper	Mike Lightman	Melissa Perry	Nicole Smith	
Claudia Calich	Emoke Edgington	Tangier Harper	Roberto Marcucci	Litia Perta	Alexander Strum	
Gina Caroddo	Kate Edmundson	Monique Henley	Joseph Marra	Elizabeth Powers	Rebecca Sunde	
Lawrence Chang	Emily Feldman	Chananya Hoffinger	Elissa Marsh	Megan Prince	Tioma	



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Office Set-up
6 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana or Cynthia in the Membership Office for more information.

Check Store Supplies
Monday, 9 to 11:45 a.m.

This work slot is responsible for restocking supplies on the Shopping floor, at checkout lanes, entrance desks and the cashier stations, and in the basement. This is a task- and detail-oriented job, ideal for someone who likes working independently and is pro-active. Please speak to Alex in the Membership Office or contact him at alex_marquez@psfc.coop if you are interested.

WORKSLOT NEEDS