

Established
1973

LINEWAITERS'

GAZETTE



Volume GG, Number 23

November 15, 2012

BUILDING A DREAM

Windsor Terrace mobilizes to create a food coop

By Thomas Matthews

On October 23, The Knights of Columbus hall on 10th Avenue in Windsor Terrace welcomed a swelling crowd, gathering to explore a project to open a new food cooperative in the neighborhood.

At 7:00 p.m., about 20 people were settling into folding chairs. An hour later, Jack O'Connell, one of the organizers, was amazed. "We expected 20 or 25 people tonight," he said. "I think I count 85. This is unbelievable!"

As we introduced ourselves, it appeared that most of the attendees lived within a short walk of the hall. About two dozen were current or former members of the Park Slope Food Coop.

Most had been shoppers at a nearby Key Food, the neighborhood's only supermarket, which closed in May. Many had joined a group called "Green Beans not Walgreen's," formed to boycott the drug-store chain that has signed a lease for the property. [For more on the background of the Key Food/Walgreen's situation, see "Taking on a National Chain" by Frank Haberle in the Oct. 18 issue of the *Linewaiters' Gazette*.]

The mood was curious, enthusiastic and, because we



PHOTO BY SARA MATTHEWS

The Windsor Terrace Food Coop held its first public meeting on October 23, at the Knights of Columbus Hall on Tenth Ave. in Windsor Terrace. Left to right: organizers Mark Horberg, Christine Petro, Rosanna Goswell, Jack O'Connell, Jeremy Sarantitis.

are New Yorkers, skeptical and often self-centered. One attendee from Kensington felt too much of the discussion was focused on Windsor Terrace. "This project makes me feel like an outsider," she complained. "It makes me angry."

There were calls for the future coop to ban genetically modified foods, to offer only organic produce, to specialize in tinctures. Someone insisted the elderly and disabled be excused from any membership work requirements.

Joe, who said he had been living around the corner for 20 years but had never stepped into the K of C hall, brought up a salient point.

"I'm willing to work for a food coop because the community needs food," he said. "But if a Key Food or another market opened here, I would probably drop out. I wonder if anyone else feels the same way."

"You might change your mind," smiled Jeremy Sarantitis, another organizer. "You might find you like the people you're working with."

Imagining a Coop for Windsor Terrace

Mark Horberg, a Windsor Terrace resident and an organizer, explained the genesis of the idea: "We were at a meeting with the Walgreen's

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PHOTOS BY ANN ROSEN

Waiting outside the Joseph Miccio Community Center, at 110 W. Ninth St. in Red Hook on November 2, to obtain food and supplies.

Red Hook Hurricane Relief

Photo Essay by Ann Rosen



Assembled bags for survivors and volunteers.

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Next General Meeting on November 27

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. * The November General Meeting will be on Tuesday, November 27, at 7:00 p.m. at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. The Fourth St. entrance is handicap-accessible.

The agenda is in this *Gazette*, on the Coop website at www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

* Exceptions will be posted.

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Coop Event Highlights

- Fri-Sat, • Blood Drive**
Nov 16-17 11:00 a.m. - 6:00 p.m.
- Wed, Thu, Fri • See What the PAFCU Offers**
Nov 28-30 4 - 6 p.m., Wed & Thu; 10 a.m. - 12:30 p.m., Fri
- Fri, Nov 30 • Wordsprouts: Memoir-Writing Workshop**
With Donna Minkowitz 7:00 p.m.
- Thu, Dec 6 • Food Class:**
Healthy Hanukkah Treats 7:30 p.m.

Look for additional information about these and other events in this issue.



**New location for General Meeting:
MS 51, 350 Fifth Ave., between Fourth & Fifth Sts.**



A DREAM

CONTINUED FROM PAGE 1

people begging them to sell fresh produce. And we thought, 'Why beg a corporation for good food? Why not do it ourselves?'

But what should a source for "good food" look like? Horberg outlined various models. The PSFC model, where all members must work and only members may shop, delivers the lowest prices. A model that employs all paid staff and allows anyone to shop would be accessible to a broader range of people, but would have higher prices. Hybrid models could balance these elements in different ways.

"We do not intend to impose a model on this community," Horberg assured us. "We want to build it from the inside out. It's a long road putting something like this together. Don't expect the fresh produce to begin rolling in very soon."

O'Connell underlined the point. "We're not even thinking about a store yet. We need to be incremental. This is not about creating an alternative Key Food. This is all about the community doing something for itself."

Lee Solomon, a PSFC member since 2001, helped create the new Greene Hill

Food Coop, located in Clinton Hill. She told the gathering, "Greene Hill was started in someone's living room with a handful of people. So this is an amazing start for Windsor Terrace. Don't feel daunted by the task; just do what you can do. Also, we need to keep the pressure on Walgreen's. There is still a chance to get a grocery store here, and this effort shouldn't drain energy from that."

Greene Hill, like the PSFC, is a member-only model. Sarantis, recounting how helpful PSFC Coordinators Joe Holtz and Ann Herpel had been advising the organizers, said Joe cautioned that this model wasn't right for every community.

"We want to survey the community to see what is needed here," he said. "We have to figure out what options make sense for us."

To that end, the organizers have teamed up with Mia Brezin and Alexandra Demshock, graduate students in urban planning at Hunter College. They are undertaking a food assessment of the community. This is not part of the coop project, but the information and analysis could be useful to the coop planners.

"Our survey is designed to gauge the food resources that currently exist in Windsor Terrace and the surround-

ing neighborhoods, and to explore alternatives that residents would like to see in the neighborhood," said Brezin. "Our survey covers demographics, where and why people shop where they currently do, and measures residents' interest in a food coop."

O'Connell said that the organizers hoped to move forward on two fronts. First, gathering information about the community and its needs, working with Brezin but also reaching out to other local organizations and public servants. Second, recruiting people to set up and serve on committees that could help the idea of a food coop advance toward reality.

After the meeting, a follow-up e-mail was sent to more than 100 people. It tentatively set a date in late November for the next meeting, and asked for volunteers to send e-mails about their skills and interests to windsorterracefoodcoop@gmail.com.

O'Connell summarized his feelings in the meeting minutes. "It was an extraordinary community event. We have passed the first of many tests. The road gets tougher, but the possibility of an exceptional outcome is within reach."

How Can the PSFC Help?

Much of the discussion at

the meeting keyed on the PSFC. PSFC members in attendance spoke about their experiences, and why they might be interested in switching allegiance to a coop in Windsor Terrace (closer to their homes, less crowding). The organizers used talking points supplied by PSFC Coordinators. Questions were raised about whether the PSFC could provide assistance to the Windsor Terrace effort, and if so, what kind.

General Coordinator Ann Herpel emphasized that a fledgling coop can move from idea to reality, but only with a lot of hard work.

"I think the odds are good," she said, "if you have a committed group of people who understand that they're in it for the long haul. Any successful coop, no matter what stage they're in, needs a lot of shoulders to lean on."

Herpel cited Greene Hill as a project that has opened a store, using the PSFC member-owned and -operated model.

"It took them two and a half years. They built a leadership structure early on, and then built other committees to do specific tasks. They figured out how to welcome new people and put them to work. They met their own markers, about raising money, members joining, a buyer's club, and so forth. They've been operating a retail market for 10 months now."

The PSFC supports new coops with various kinds of assistance. "We'll meet with them, answer questions, help develop plans. There are lots of nitty-gritty details that many people don't understand; we help them figure it out."

What about financial contributions? "We don't offer capital," Herpel said. "We are getting a revolving loan committee off the ground, and some time in 2013 they may be able to solicit proposals

and make loans. But the mandate will be to support coops that are member-owned and operated."

Current PSFC members can earn work slot credit for work done at other coops, Herpel said. "There are six or seven existing coops where PSFC members are earning credit," said Herpel. "Also the Brooklyn Food Coalition."

"However, there are some rules. Most important, the start-up coop would have to agree that there is member labor, that people have shifts, and that they track the time people work. Then we would have to agree that a PSFC member would earn their work slot credit within the framework of the new coop. PSFC members could earn credit during the start-up phases by serving on committees, running membership drives, working on buying clubs or doing communications, for example."

"We do this because we think that people who have been in a member-labor system have something to offer to start-up coops."

In the meantime, Herpel cautioned that the crucial first step was to figure out what the community needed, and then what kind of structure could satisfy those needs. "A survey of community members is a good way to discover what people want, how they shop and how best to respond to their needs. You can't make good decisions based on anecdotal evidence."

"The Windsor Terrace people were galvanized by an event—the closing of Key Food—and they're trying to figure out what it means for the neighborhood and how best to respond to the needs that were created," she said. "It may be that a coop, with whatever structure that takes, can be a positive response. We'll help them to the best of our ability." ■

Earn FTOP Hours in Queens!



Help the Queens Harvest Food Co-op bring sustainable and affordable food options to Queens and earn FTOP hours at the same time.

The Queens Harvest Buying Club is looking for volunteers to help during our monthly distributions. If you love farmers, fresh foods, conversation, and arithmetic, then spend a couple hours with the crew and get to know us (and Queens!) a little better.

We are a monthly buying club and need volunteers, Monday, November 19, between 10 a.m. and 8 p.m.

We could use extra hands during the following shifts:

- **Morning Shifts**—Setup, Data Entry, Receiving, Inventory
- **Afternoon Shifts**—Receiving, Data Entry, Kitchen Prep, Packing
- **Evening Shifts**—Packing, Data Entry, Cleaning, Breakdown

Our distribution site is St. Jacobus Lutheran Church, in Woodside, which is just three blocks from the Roosevelt Ave. stop (E/F/R/M/7 trains) in the heart of Jackson Heights.

Interested in volunteering? E-mail us: qhbuyingclub@gmail.com



PHOTO BY LIZ SOCCI

Halloween in Park Slope

O B I T U A R Y

Nancy Festinger, a long-time Coop member and a co-Squad Leader (Sunday 1:00 B Week Shopping Squad), died on October 31 at home after an illness.

Nancy, aged 57, was the beloved daughter of Laura and Martin, loving sister of Neal, and devoted aunt to Rebecca. She was a loyal and endearing friend to many who loved her and a dedicated and admired colleague. There are few who could match Nancy for her energy, zeal, and love of languages, music, poetry, books, self-study, true friendship and family. Recently retired as the Chief Interpreter of the U.S.

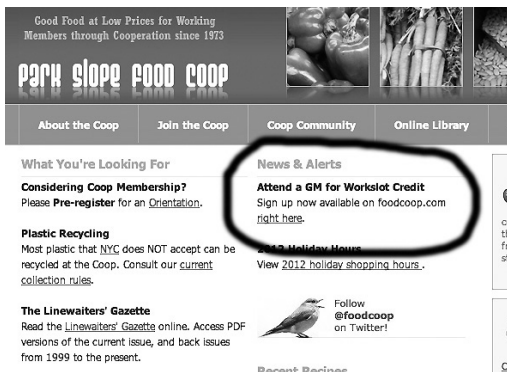
District Court Southern District of New York, she was also a translator of books of poetry, fiction and nonfiction. She loved the outdoors and the wonders she would find all around her, whether in Prospect Park, the Berkshires, or Upstate New York. She loved the inner magic of music, spending hours at the piano singing and improvising. Nancy was a zestful traveler, a Parisian at heart, a troubadour in her soul, a tireless walker, talker, observer and sketcher of everything around her. She knew the importance of great humor, she laughed easily, and she made others



Nancy Festinger

laugh often. Her life was a beautiful watercolor, and those lucky enough to know her will miss her dearly. ■

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ On the Coop's website (www.foodcoop.com)



◆ Add your name to the sign-up sheet in the ground-floor elevator lobby



◆ Call the Membership Office

RETURN POLICY

**park slope
FOOD COOP**

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

**NEVER
RETURNABLE**

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

**RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE**
Packaging/label must be presented for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

What Is That? How Do I Use It?

Ask Me Questions About Coop Foods

Monday, November 19, 12 to 2:45 p.m.
Monday, November 26, 12 to 2:45 p.m.

You can join in any time during a question-and-answer session on the shopping floor.

Look for tour leaders in produce aisle.

Thanksgiving Day Shopping Hours 8:00 a.m. - 2:30 p.m.

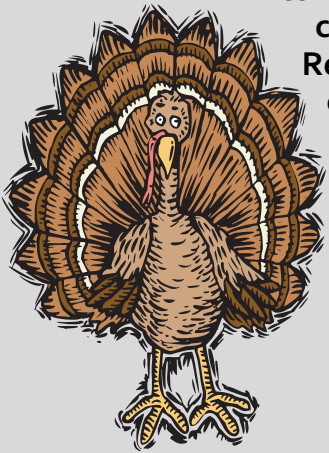


**THE MEMBERSHIP OFFICE IS
CLOSED ON THANKSGIVING DAY.**

Thanksgiving Turkeys!

Fresh turkeys are now available in the Coop. Every fresh turkey we sell is slaughtered on approximately the same day, so waiting doesn't get you a fresher bird. The small sizes go especially fast!

No advance ordering, no turkey reservations. All turkeys will be sold on a first-come, first-served basis. Refrigerator space allowing, come in and buy your bird before the Thanksgiving rush really sets in.



All turkeys are delivered fresh, except for the Wise Kosher that are delivered frozen.

All are free-range, locally raised, hormone- and antibiotic-free. Some are certified organic. See www.foodcoop.com for details.

THE GAZETTE INDEXES

If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the *Gazette*...

Send an e-mail to Len Neufeld, *Gazette* indexer, at lenneufeld@verizon.net, to request PDF files of either or both of the following indexes:

- ◆ An alphabetized list of the titles of all articles published in the *Gazette* from 1995 to the present, with issue dates.
- ◆ An alphabetized list of all subjects (including people's names) discussed in *Gazette* articles from 1995-99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the *Gazette* issues referenced in these indexes are available as PDFs on the Coop's website.

Sudoku

Sudoku is a puzzle. You are presented with a 9x9 grid of squares, and that grid is divided into 3x3 zones. You solve the puzzle by filling the empty squares with single-digit numbers so that every zone, column and row uses each of the numbers from 1 to 9.

		1			2	7		
4	5							
9			3		4	1	8	
	9			7				5
		4		8			3	
5	2						9	
		6	1					
	1					3		2
					5			8

Puzzle author: James Vasile. For answers, see page 12.

REVOLVING LOAN COMMITTEE

Coop's Loan Program Moving Forward

By Rachel Porter

In January the general membership approved the Park Slope Food Coop Revolving Loan Program (more about that name later) to assist in the development of new food coops. This initiative will establish a way for the Coop and individual members to make tax-deductible donations into a fund that will then lend out money to start-up coops which commit to our model of full, working membership.

In May, the GM elected the Loan Committee. They are: Glenn Brill, Harriett Joynes, Wendy Fleischer, Kathy Martino, Rachel Porter, Shannon Smith and John Urdu. Joe Holtz is the General Coordinator who works with the committee.

The fund responds to three main needs:

First, there are a number of new coops starting right here in Brooklyn and throughout the country. Start-up is a very demanding phase for a coop (or any business), when the need for money is high, but credit may be still developing, and multiple demands (like rent deposits, refrigeration, shelving and inventory systems) compete for the cash on hand. The loan fund will make loans to growing coops at very favorable terms to help them during this period of start-up. The loan applications will be used to assess the likely growth and capacity of a coop applying for a loan, and to maximize the likelihood that coop will

survive and grow, and the loan will be repaid.

Second, our own Coop is pretty much as big as it can get in our space. We would like to take off the pressure of growth by encouraging other coops like ours to develop. Successful coops in other nearby neighborhoods will eventually take people out of the Park Slope Food Coop to shop in their own communities, and that is just what we want!

Third, our member-run model is extremely successful, but it is also extremely rare. Most coops do not require membership and do not require that all members work. Because we do, we have an unusually strong cooperative community and we have unusually low prices. We want to promote this model.

Since forming, the Loan Committee has focused on the following tasks:

1. Choosing a manager for the fund. We are evaluating options that will enable Coop members to make tax-deductible contributions, manage our funds securely and provide a structure to make and oversee the loans. The Committee is examining the services of several potential managing organizations, including foundations, donor-advised funds and collective giving accounts. We expect to finalize our decision and establish the fund by the end of 2012.

2. Establishing loan criteria and terms. The Committee is tasked with creating a

fund that is likely to grow and promote new coops; therefore, we are working to balance rigorous loan criteria with generous loan terms to build our loan fund. We are developing loan criteria to determine the likelihood of applying coops to grow and to repay the loan. At the same time, we are developing favorable terms to support coops with loans that reduce the burden of repayment and high rates.

3. Developing a publicity campaign. The Loan Committee will inform members about the activities of the loan fund and the opportunity to contribute tax-deductible donations to the fund. We will be speaking at future GMs; publishing advertisements for the fund in the *Gazette*; and developing a web page on the Coop's website (foodcoop.com) that accepts donations, along with other ways to educate members about the loan fund and encourage contributions.

Stay tuned for the opening of the Revolving Loan Fund in early 2013 when you will have the opportunity to support new coops. In the meanwhile, the Loan Committee is soliciting your ideas for a compelling name for "The Park Slope Food Coop Revolving Loan Fund"—email us with your fabulous suggestions at loancommittee@psfc.coop. Once we get a winner, we'll announce it. So, keep your eyes open for news about the loan fund, and consider making a contribution soon. ■

PSFC Construction Committee Needs Another Welder

The PSFC Construction Committee has an opening for an additional welder. The job includes picking up a variety of items in need of repair (u-boats, hollywood carts, street carts, conveyor stands, loading-zone signs, etc.) in your own vehicle, taking them to your own shop, repairing them and returning them to the Coop, and, of course, reporting your hours to General Coordinator Mike Eakin, or his backup. The Coop reimburses for supplies and excess electric-demand charges.

E-mail: mike_eakin@psfc.coop



Great Grains: Healthy Options for a Break from Brown Rice

By Kate Rope

With the recent news that some of our healthiest food choices, such as apples and brown rice, have unhealthy amounts of arsenic, experts recommend diversifying your diet to lower your exposure to potential toxins, while reaping the nutritional rewards of different grains, fruits and vegetables. Doing so will also expand your weekly menus to include staples you may have never tried before. We talked with Frances Largeman-Roth, best-selling author and Brooklyn-based dietician, to learn about alternatives to brown rice that you can find in the Coop's bulk aisle and how to enjoy them.



Quinoa

A versatile, quick-cooking and high protein grain (although actually a fruit) that is rich in calcium and gluten-free.

Replaces rice in: side dishes for chicken, fish and steak.

Prepare: rinse quinoa thoroughly (to remove the bitter coating). Cook 1 cup quinoa in 1½ cups simmering water covered for 16 to 18 minutes until water is absorbed.

Try: "using it in vegetarian patties by combining it with cooked beans or lentils and a few tablespoons of Panko breadcrumbs to hold them together," says Largeman-Roth. "Then pan sauté in a little bit of olive oil until golden brown, about five minutes per side."



Bulgur

Kernels of wheat that have been steamed, dried and crushed.

Replaces rice in: salads or with vegetables in a pilaf.

Prepare: bulgur comes in varying grinds, so it's best to find specific directions for the type you buy. In general, one cup of bulgur will cook up in two cups of boiling water for about 10 minutes.

Try: "combining cooked bulgur with cooked orzo, crumbled feta, cherry tomatoes and chopped parsley for a satisfying cold or warm dish."



Barley

A high-fiber grain.

Replaces rice in: warm breakfast cereals or desserts (such as rice pudding).

Prepare: combine two cups barley with five cups water, pinch salt. Bring to boil, reduce to simmer, cook uncovered for 40 minutes until tender.

Try: "adding cinnamon, chopped walnuts and almond milk to cooked barley for a warming breakfast."



Kasha (Buckwheat)

Buckwheat is not a grain, but the edible part of a plant seed, and it is gluten-free. Kasha is buckwheat that has been toasted.

Prepare: rinse before cooking. Add one cup to two cups water, cover, bring to boil. Cook 15 to 20 minutes until all water absorbed.

Try: kasha has a fairly strong flavor, so Largeman-Roth likes to use it in: "Savory preparations with roasted vegetables, mushrooms or meat."



Millet

A gluten-free cereal grain that's a staple for almost a third of the world's population, millet is a little bland in flavor but rich in protein.

Replaces rice in: Southwestern style dishes

Prepare: toast first in a dry pan to bring out the nutty flavor. Then add water and salt and bring to a boil; reduce heat and simmer for 20 minutes or until water is absorbed.

Try: punching up its mild flavor profile with lime juice, avocado, cilantro, and corn.

Hurricane Relief

CONTINUED FROM PAGE 1



Area for volunteers to disperse and survivors to obtain supplies (above and below).



Waiting in line to get supplies.



Juice and soda donations.



Amaranth

The seed of a plant once looked upon as a weed, but now understood to be full of protein, amaranth is another gluten-free alternative.

Replaces rice in: warm breakfast cereals (especially good when combined with millet) or dishes such as tabbouleh.

Prepare: bring to boil with water and simmer for 20 minutes, until water is absorbed. ■

Follow the Food Coop on

Twitter



@foodcoop



COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.
Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday
8:00 a.m. to 10:00* p.m.
Saturday
6:00 a.m. to 10:00* p.m.
Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, Dec 21, 8:00 p.m.

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



Jen Chapin's music is urban folk: story songs that search for community and shared meaning, powered by the funk, soul and improvisation of the city. Critics have hailed her work as "brilliant...soulfully poetic" (NPR), "thoughtful...worth-savoring" (*People*), "addictive" (*Boston Globe*), "smart, observant, lyrically deft, politically aware and emotionally intuitive" (*Milwaukee Journal-Sentinel*).



Deborah Shelton weaves together an evening of jazz, poetry and improvisation, bringing soulful words and sounds into the deep December dark. With her warm voice and adventuresome and improvisational spirit, she offers a mix of poetry set to jazz, live multi-tracked vocals and poems, original compositions and poetic lyrics. With Cynthia Hiltz, piano; Alexis Cuadrado, bass; Lily White, sax; and Todd Isler, drums.

www.ProspectConcerts.tumblr.com

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741

Monthly on the...

Third Thursday
NOVEMBER 15
7:00 P.M.–9:00 P.M.

Last Sunday
NOVEMBER 25
10:00 A.M.–2:00 P.M.

Second Saturday
DECEMBER 8
10:00 A.M.–2:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

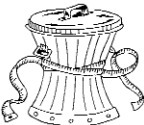
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



RECYCLING

This Issue Prepared By:

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Advertising: Peter Benton





WORKSLOT NEEDS

Plastics Recycling Baler

Saturday and Sunday, 12:30 to 3:15 p.m.

Baler will work as a member of the Environmental Issues Plastic Recycling Committee. Work includes operating the baler machine in the Receiving area—NO OPEN-TOED FOOTWEAR SHOULD BE WORN WHILE WORKING IN THIS AREA. Worker must be able to work with Receiving Staff to coordinate the use of the baler and shared workspace, and must be able to follow detailed safety instructions. Some strength and lifting required. Training will take place on first scheduled shift. You will need to contact Cynthia Pennycooke, Membership Coordinator, via phone Mon. to Fri. 8 a.m. to 12:30 p.m. in the Membership Office, or e-mail cynthia_pennycooke@psfc.coop prior to being assigned to this shift.

Bathroom Cleaning

Tuesday, 12 to 2 p.m.

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.

Receiving Maintenance

Tuesday, 9 to 11 a.m.

The Coop is looking for members to do various light maintenance tasks throughout the Coop. You will work under the supervision of a staff person. Must be willing to clean, sort returned bottles, work in the backyard organizing, lifting up to 25 lbs.

Store Equipment Cleaning

Monday, 6 to 8 a.m.

The Coop is looking for members to clean the checkout area of the store. It entails cleaning the scales at each checkout and vacuuming around the base of the checkout station as well as sweeping and occasionally mopping. You will work under the supervision of a staff person.

Vitamin Worker

Thursday, 6 to 8:45 p.m.

On this special shift, you will be working with the Receiving Coordinator to check-in vitamin orders, organize vitamin area in the basement and on the shopping floor. You will label products and shelves, and related tasks. If interested, contact the Membership Office.

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, NOVEMBER 27

GENERAL MEETING: 7:00 p.m.

TUE, DECEMBER 4

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Dec 18 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Nov 29 issue: 12:00 p.m., Mon, Nov 19

Dec 13 issue: 12:00 p.m., Mon, Dec 3

CLASSIFIED ADS DEADLINE:

Nov 29 issue: 7:00 p.m., Wed, Nov 21

Dec 13 issue: 7:00 p.m., Wed, Dec 5

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, November 27, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items

• Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



park slope
FOOD COOP

calendar of events

nov 16
fri 8 pm

Swing Street Orchestra



Come join **Barry Bryson**, bandleader and trumpeter of the Swing Street Orchestra, and fabulous Coop jazz musicians for a night of big-band swing-dance music. Musicians include: Barry Bryson—trumpet/leader; Lisa Parrot—alto sax; Jenny Hill—tenor sax; Peter McGuines—trombone; Cynthia Hilts—piano; Alexis Quadrado—bass; Rob Garcia—drums; Stefan Bauer—vibes; Todd Isler—percussion; Dave Phelps—guitar; **Marje Wagner**—vocal. There will also be free dance lessons with professional dance instructor Arturo Perez, who will be partnered by Carolyn Murphy.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45.

Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Prospect Concert event, contact Bev Grant, 718-788-3741.



nov 27
tue 7 pm

PSFC NOV General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.

Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

I. Member Arrival and Meeting Warm-Up

II. Open Forum

III. Coordinator and Committee Reports

IV. Meeting Agenda

Item #1: Annual Agenda Committee Election (15 minutes)

Election: Three current members whose terms have expired are seeking reelection. The Agenda Committee will also present additional candidates for election.

—submitted by the Agenda Committee

Item #2: Special Disciplinary Committee Election (15 minutes)

Election: The Disciplinary Committee will present candidates to fill openings on the committee.

—submitted by the Disciplinary Committee

Item #3: Boycott Renewals (20 minutes)

Proposal: Current boycotts observed by the Coop will be submitted for renewal.

—mandated by General Meeting

Item #4: Coop Expansion to Empty Space on Union Street (20 minutes)

Discussion: "To explore the idea of expanding Coop to create jobs, increase impact of food politics and ease congestion."

—submitted by Joe Mangrum

Item #5: Workgroup to Explore Sandy Relief Workslots (20 minutes)

Proposal: Exploratory committee to devise a plan to enable members to do direct service work with Sandy disaster relief for workslot credit. —submitted by Susan Sternberg

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

nov 27
tue 7 pm

Are You New to Medicare?

Come learn about the basics of the Medicare program—Medicare Parts A and B, Medicare managed care, and Part D drug coverage. What services are covered by Medicare? How does Medicare interact with other health coverage? How much will you need to pay for Medicare coverage? When do you need to sign up for Medicare?

Michelle Berney, M.P.A., is a consultant with the New York City Department for the Aging's HIICAP program (Health Insurance Information Consumer Assistance Program). She specializes in Medicare and its related programs. She has worked in the public benefits field for more than 12 years and has been a Coop member for seven years.

nov 28-29
wed-thu 4-6 pm

See What the PAFCU Offers

Representatives from People's Alliance Federal Credit Union will be at the Park Slope Food Coop in the Meeting Room to sign up members for credit union membership. Learn about: \$5 minimum savings balance; loans starting at 2.99%; holiday club account; debit/Visa cards; mobile/text message banking; no-fee checking; Internet banking; kids' accounts; vacation club accounts. Any new member to open an account, any existing member to add a PAFCU product, or any member to refer a new member to the credit union will be entered to win a Drive Away Vacation Package. Stop by for a chance to win a surprise gift.

nov 30
fri 10 am-12:30 pm

See What the PAFCU Offers

Representatives from People's Alliance Federal Credit Union will be at the Park Slope Food Coop in the Meeting Room to sign up members for credit union membership. Learn about:

nov 16-17
fri-sat 11 am-6 pm

Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

nov 18
sun 12 pm

Workshop for Grandparents

Grandparents play an essential role in the lives of their children and grandchildren, but the details of sorting through family dynamics is not always easy. Share stories and hear helpful perspectives that can make things go well. **Sharon C. Peters, M.A.**, is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations.

nov 24
sat 12 pm

What the Tooth Fairy Never Knew!

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg DDS**, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

nov 25
sun 12 pm

Exploring the Link Between Diet & Disease

Have you ever wondered how the foods we eat affect our health? Come join us for a discussion on why some foods promote disease while others can actually help protect us from certain cancers and chronic illnesses like diabetes and heart disease. You will leave with a better understanding of what you can do to take charge of your own health! **Joy Roberts, L.Ac.**, has been a Coop member since 2008. She is an acupuncturist and nutrition educator with a private practice in Carroll Gardens.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

nov 16–dec 15 2012

\$5 minimum savings balance; loans starting at 2.99%; holiday club account; debit/Visa cards; mobile/text message banking; no-fee checking; Internet banking; kids' accounts; vacation club accounts. Any new member to open an account, any existing member to add a PAFCU product, or any member to refer a new member to the credit union will be entered to win a Drive Away Vacation Package. Stop by for a chance to win a surprise gift.

nov 30
fri 7 pm

Wordsprouts: Memoir-Writing Workshop with Minkowitz



Take a free memoir-writing workshop with award-winning memoirist **Donna Minkowitz**. Author of *Ferocious Romance: What My Encounters With the Right Taught Me About Sex, God and Fury* (Free Press), Donna Minkowitz has taught memoir writing and creative nonfiction since 1998, at the 92nd Street Y, The Kitchen, the World Fellowship Center, and the In Our Own Write program of the Lesbian and Gay Community Services Center. A former columnist for *The Village Voice*, Minkowitz has also written for *The New York Times Book Review*, *Salon*, *New York* magazine, *Ms.* and *The Nation*. You can read her blog and the first chapter of her second memoir at donnaminkowitz.wordpress.com.

To book a Wordsprouts, contact Paula Bernstein, paulabernstein@gmail.com.

dec 1
sat 11 am

Preparing for Parenthood

How to become the parents you want to be for your new baby: two doulas share their knowledge. You have just learned that you are pregnant. Now what? We give practical advice on everything from what to buy to breastfeeding. We want expectant parents to feel empowered and ready for the birth and beyond. Come join us and bring all your questions! **Pamela Smith** and **Lisa Cohen** are both certified postpartum and birthing doulas. They are also certified lactation counselors who have worked with hundreds of families.

dec 1
sat 2 pm

Strategy to Ban Fracking Fluids & Pipelines in NYC

Concerned about fracking and the continued viability of New York State's food shed and eco-systems? Heard reports that fracking fluid contaminates water supplies and compressors pollute air? Worried about the Rockaway Pipeline and the effect it would have on Gateway National Park? Aware that Spectra, which is laying a gas pipeline in the densely populated West Village, has a dismal safety record? This workshop offers a long-range strategy based on the work of The Community Environmental Legal Defense Fund (CELDF) to spearhead a citizens' initiative to amend the NYC Charter to ban fracking fluids from being trucked into NYC wastewater treatment plants, and pipelines from going through NYC neighborhoods. This long-range goal will support the work of existing environmental organizations upstate and down, that are also working toward bans.

dec 1
sat 5 pm

Effective Tools for Rapid Personal Transformation

Are you being present? Are you being yourself? Are you in your own reality? If you are open to transforming your old patterns of fear, worry and anxiety and leave room for joy, happiness and fun, it can be done. And it's easy and fun! The body is like a magnet, and when these experiences are in cellular memory, the body attracts the same experiences. Doctors and other professionals have used these techniques for daily stresses, eating disorders, robbery, rape and emotions such as anger, anxiety, fear and others. These remembrances can destroy the quality of life if not cleared. This unique, life changing technology will be demonstrated. **Marija Santo-Sarnyai** is a Geotran practitioner.

dec 2
sun 12 pm

Creating Health with the Foods of the Season

Many of us strive to eat healthy, tasty and deliciously, however, to achieve optimal health, balance with the season and our environment and lifestyle, we need to understand more about the nature of food. The key is the understanding of the Energetics of Foods. The Chinese Medicine 5 Elements System, along with its underlying Yin/ Yang Theory, assists us in determining what food choices we should make. Join us for this discussion on the Water Element. **Dan Becker** is a dietary health counselor and holistic chef. He spent four years in China studying Traditional Chinese Medicine at the Nanjing University of Traditional Chinese Medicine and has been consulting on diet with natural foods for more than 20 years.

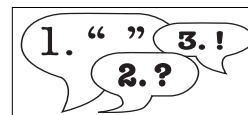
dec 2
sun 7 pm

Meet Your Mind

The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives. Meditation opens and calms the mind. This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique. **Allan Novick** has practiced meditation since 1975. He is a meditation instructor at the New York Shambhala Center and Nalandabodhi New York. He has been a Coop member for many years and has recently retired from his position as a school psychologist.

dec 4
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, December 18, 7 p.m., at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.**

dec 6
thu 7:30 pm

Food Class: Healthy Hanukkah Treats



Hanukkah, the Jewish festival of lights, is often celebrated with traditional foods that are fried in oil or rolled in sugar. But not all of the holiday favorites have to be unhealthy. Why not try something different this holiday season? Chef **Mia-Rut** is a food writer, personal chef and advocate for delicious, healthy and sustainable food. Her writing can be found in *Jewcy* and *The Jew and the Carrot*. She is completing her first book on Jewish cooking and is a graduate of the Natural Gourmet Institute. Menu includes: baked latkes; homemade organic apple sauce; dairy-free "sour cream"; vegetarian borscht. **Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.**

still to come

dec 7 *Film Night: A Matter of Taste*

dec 8 Five Element Acupuncture

dec 8 Conflict Resolution

dec 11 *Safe Food Committee Film Night*

dec 12–13 See What the PAFCU Offers

dec 15 See What the PAFCU Offers

LETTERS TO THE EDITOR

ESCORT SERVICE

DEAR EDITOR:

I work as a walker at the Coop. I love the job because I get to meet other shoppers with whom I can engage in lively discussions on anything and everything from the prospect of a hurricane descending on the city to why I support President Obama. And the walking is therapeutic: exercise and relaxation rolled into one. What I get very annoyed about are those individuals who want to cheat the system. By that I mean, people who need the escort service but who live outside the designated boundaries and either lie about where they are going (yes, I've been lied to frequently) or who feign ignorance about the designated boundaries.

The Coop has a prescribed area for the escort service. There's no tipping involved, you don't have to reserve in advance; usually, there's a willing person waiting to walk you home. But frequently people have abused the service. Once I walked with a woman all the way to 3rd Avenue and Bergen St., approximately five blocks outside

of the boundary. I made the mistake of not asking her in advance where she was going. I'm sure she knew she lived outside the boundary (most cheaters do; they are masters at abusing the service). By the time I got back to the store, it was after 11 p.m. and the Coop was closed. Were it not for my conscientious squad leader who knew I was still out, my purse, car keys and wallet would have been locked inside the Coop and I would have had no way to get home! Last night I walked two shoppers home and they too lived two blocks outside of the designated area. When I brought this to their attention, they said they didn't know about the boundary (!!!). I made the choice to walk them home even though they lived outside the boundary, but I didn't have to. I could have turned around and left them, which would mean the Coop would have possibly lost a valuable shopping cart.

Please, shoppers! Familiarize yourself with the boundary and adhere to the rules. It's not fair to me or to other shoppers when you blatantly try to abuse the system by cheating. If you live outside the boundary, make other arrangements to get your groceries home.

Odehyah Gough-Baht Israel

YOU CAN'T MISS IT

*"Go straight for a mile
And take the first bend,
Then follow that road
Till it comes to the end."*

*The directions are clear,
Indications are fine,
But there's always a fork
And never a sign.*

Leon Freilich

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's firsthand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

WONDERFUL PETTY
BUREAUCRATIC
MENTALITY

COOP MEMBERS:

I returned home 11/1 from a hectic day at the Coop to find a favorite item costing \$3.27 missing from my bag and I realized that I must have left it on the counter near the register where I paid. We called the Coop to check but the phones were down all day so we went in the next day with the receipt to see if we could get our item. At first we were told it was an "honor system" issue, to which we agreed, and it looked like we could just go get a comparable item from the shelf (or pay the difference). But after the office person consulted with someone higher up we were told that this issue needed to be "researched" and that we would be contacted in a week!

One week? "Research?" As a Coop member for over 20 years I am disappointed in this kind of response. I suggest to the Coop that to assume its members are not to be trusted and that a week of investigation is required for a \$3.27 item does not

only leave me with a bad feeling but is a waste of the Coop's time, and does not help the Coop's public relations image as a friendly, trusting, and "cooperative" community.

David Forbes

WATER PURIFICATION
DEAR LINEWAITERS' AND
COOP MEMBERS:

I would like advice from other members on water purification systems for apartments (not houses). I understand that New York City water is safer than water in some other cities in the U.S. However, I can't help but notice that when I use the PUR system that attaches to the kitchen faucet, it seems that I need to replace the filter every three months or so. Thus, I conclude there are certainly in the tap water impurities I would rather catch in the PUR filters than in my body.

Still, I have noticed problems with the PUR system. Although I have used the faucet-attachment PUR system for several years having only to replace the filter, in the last six

Coop Job Opening:
Membership Coordinator

Description:

The Coop is hiring a Membership Coordinator to fill an afternoon/evening and weekend schedule. Membership Coordinators divide their time between shifts of approximately 6 hours in the Membership Office, Technical Support shifts of approximately 6.5 hours working on the shopping floor, and oversight/coordination of the Coop's administrative functions. Applicants must have excellent people skills, excellent communication and organizational skills as well as patience, comfort with computers and computer technology, and the ability to do detailed record keeping. Applicants should be able to remain calm in hectic surroundings, oversee the work of others, teach and explain procedures, delegate work, give feedback, pay attention to several things at once and maintain high standards of accuracy.

As a retail business, the Coop's busiest times are during traditional holiday seasons. Applicants must be prepared to work during many of the holiday periods, particularly in the winter.

Hours: Approx. 39 hours in 5 days/week: Thursday–Monday. Weekday schedule will be afternoon/evening hours (some shifts until 11:00 p.m.). Saturday and Sunday hours will vary, though shifts are between 5 and 8 hours in length.

Wages: \$25.29/hour.

Benefits: —Health insurance
—Pension plan/401(k) plans
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years
—Health and Personal time
—Four paid holidays: New Year's Day, Fourth of July, Thanksgiving, Christmas Day

How to Apply:

Please provide your résumé along with a cover letter explaining your relevant qualifications, skills and experience. Materials will only be accepted electronically. E-mail resume and cover letter to hc-membershipcoordinator@psfc.coop. Please put "Membership Coordinator" in the subject field. Applicants will receive an e-mail acknowledging receipt of their materials. Please do not call the Office to check on the status of your application. Applications will be reviewed and interviews scheduled on a rolling basis until the position has been filled. If you applied to a previous Coop job offering, please re-submit your materials.

Probation Period:

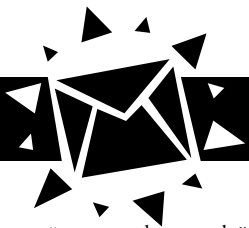
There will be a six-month probation period.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least six months immediately prior to application.

No Membership Office experience necessary to submit application materials. However, in order to be considered for an interview applicants must have worked at least four shifts in the Membership Office. After submitting your materials, if you wish to schedule shifts in the Office please contact the Coop at hc-membershipcoordinator@psfc.coop. Please put "Schedule Shifts" in the subject field.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.



LETTERS TO THE EDITOR

months I have “gone through” not one but two of the base faucet attachments that hold the filter. One totally blew clear off the faucet. So I replaced the filter and reattached the gadget to the faucet. But even with the new filter, it blew off the faucet as soon as I turned on the water flow.

So I bought a new faucet attachment and inserted a new filter and tried again. That one worked for two days. Then, on the third day, when I turned on the faucet, the attachment actually exploded at a seam and blew off.

Question #1: Has anyone else had such experiences? I have resorted to the PUR pitcher system, but all plastics are stiffened with phthalates that leach carcinogens into whatever they contain. It seems pretty dumb to “purify” my water in a container that produces carcinogens!

Question #2: So what is the solution? How can one living in an apartment in Brooklyn best purify her drinking water? I'd like to know if others have had similar experiences with the PUR faucet attachment AND what solutions have worked for you.

Regards—
Marilyn Vogt-Downey

Editor's Note: The Gazette on 12/7/06 published a comparison of the water filtration systems on sale at the Coop. The article is available in the online library section of the Coop website. The prices will be out of date but the article is still useful. It does not compare the performance of the systems or how often they malfunction.

BDS TOPICS:

BDS'ERS PRO AND CON—
PUT A LID ON IT
EDITOR:

Can we try to convince the pro- and anti-BDS ranters to get their heads out of you-know-where for a while so that we can put together some plans to help our cold, hungry, dispossessed fellow New Yorkers get some relief? Most of us were lucky last week. We have means and organizational skills to do some real good quickly.

Jules Trachten

MEDICAL CARE FOR
PALESTINIANS
COOP MEMBERS:

After the Six-Day War in 1967, Israel occupied the West Bank, Gaza and East Jerusalem. The Fourth Geneva Convention (1949) states that the occupying power “has the duty of ensuring and maintaining the medical and hospital establishments and services, public health and hygiene in the occupied territories.”

Israel's Medical Policies in Occupied Palestinian Territories (OPT).

- instituted a comprehensive immunization program for Palestinian infants;
- infant mortality: 38/1,000 in OPT; in Israel 9.9/1,000;
- per capita expenditures on health: \$18-20 in OPT, \$500 in Israel;
- “severe lack of expertise and

equipment” in pediatric fields like cardiology characterized the overall health care for Palestinians.

Oslo Accords: Palestinian Authority Becomes Responsible for Medical Care. In 1995, the Palestinian Authority was created to begin state building. The costly responsibility for health care and education was shifted to the Palestinians. Israel still maintained full power over the borders, movement on the roads, access to water, access to health services, taxes and import and export of goods.

Palestinian Authority's Medical Care System. According to the 2012 World Health Organization: “The occupied Palestinian territory has a relatively well-developed health system.” The Palestinian Authority's Ministry of Health (MOH), UNRWA, non-governmental organizations and private, commercial organizations constitute the four main providers of health services.

- MOH runs 59 health-care centers in Gaza, 394 in the West Bank;
- UNRWA operates 18 health-care centers in eight refugee camps in Gaza, 41 in the West Bank;
- non-governmental organizations manage 194 health-care centers: 57 in Gaza; 137 in the West Bank.
- hospitals: 51 in the West Bank; 25 in Gaza;
- infant mortality, 2010: 18.8 in the West Bank, 23.0 in Gaza.

Israel's Occupation Policies Impact Medical Care. Following election of Hamas, Israel withheld Palestinian tax revenues. International donors (including U.S) also cut funds.

Together these were 75% of the budget of the Palestinian Authority.

Israel's Blockade of Gaza since 2007.

- two-thirds of the population face food insecurity, spending 72% of their income on food;
- water supply: 95% is unsafe to drink;
- unemployment (above 37%); poverty level (38.0%).

Israel's Illegal Settlement Expansion in the West Bank.

- ongoing loss of Palestinian agricultural land: to settlers and the illegal Separation Wall;
- insufficient water allocation by Israel;
- 25% face food insecurity, spending 54% of income on food;
- unemployment: (22.4%) movement is heavily restricted by checkpoints; poverty level: (18.3 %)

Israel Restricts “Access” to Health Care.

- In OPT, 2011: Israel denied or delayed permits for 33,760 patients for health treatment;
- two-thirds of the staff at East Jerusalem hospitals must apply for access permits to travel to work.

“BROOKLYN CARES”. The Palestine Children's Relief Fund (PCRF) and Brooklyn For Peace are holding a benefit buffet dinner to support the new PCRF Pediatric Oncology Clinic at Al Hussein Hospital in Beit Jala, Sunday, December 2, 5 to 9 pm. Join us: pcrf.net.

Sources: Neve Gordon, Ruchama Marton, Ravi Katari.

Mary Buchwald
Brooklyn For Peace
PSFC members for BDS
www.psfcbds.wordpress.com

WELCOME!

A warm welcome to these new Coop members who have joined us in the last four weeks. We're glad you've decided to be a part of our community.

Juwariya Abdul-Karim	Dilara Bugdayci	Sara Gozalo	Lynette Jagessar	Jynne Martin	Nogah Rotstein	David Thorpe
Joel Abraham	Paul Campbell	Jasonlouise Graham	Rachel James	Stevenson Martin	Rachel Russell	Michelle Todd
Juliana Achury	Antonio Campillo	Sara Greenberg	Singh Jarnail	Ashley Mask	Richard Russell	Arianna Toft
Anna Adelson	Joshua Cantor	Heather Greene	Ada Jeon	Catherine McBride	Gabriella Safyer	Joanne Tsianos
Nushin Alloo	Stephanie Carlin	Ian Griffin	Adam Jessup	Olga Menshikova	Louis Saletan	Will Tucker
Edward Altwies	Sylvia Castro	Tal Gur	Grisel Jimenez	Fred Meyer	Richard Samuels	Catherine Tyc
Liz Andia	Theresa Chalhoub	Javad Habibion	Morton Johnson	Valentina Miosuro	Carl-Martin Sandvold	Hannah Vanderlan
Pablo Anwar Armijo de Lazorik	Molly Cherington	Marcelle Habibion	Hillereene Jordan	Jenny Morse	Cristi Sauser	Adriana Varella
Juan Pablo Baene	Jeremiah Clancy	Claire Haiman	Jody Joyner	Katelyn Muir	Jason Sauser	Jessica Varley
Cori Barger	Nell Cohen	Bing Han	Zach Kalatsky	Ife Niklaus	Barry Schwartz	Maria Velez Hernandez
Caitlin Barrett	Isolde Cortes	Brian Hardingham	Yagmur Kanbas	Reed O'Brien	Archie Sessions	Caroline Vu
Michael Belotz	Cristina Cotumaccio	Iseult Harvey	Dan Kaplan	Benjamin Pitt	Pepper Sessions	Mordecai Walfish
Alexandra Ben-Abba	Gordon Darkquist	Jonathan Harvey	David Keltz	Hillary Pollak	Aaron Sherman	Tristanne Walliser
Jeremy Benson	Carly DeFilippo	Autumn Heard	Valentin Khazin	Eleina Pomerants	Susan Silbert	Zili Wang
Noga Bernstein	Kimberly Donato	Julia Hernandez	Joshua Kristal	Gennady Pomerants	Michael Silverberg	Adam Wasserman
Theresa Bichsel	Sharan Elran	Sarah Hesson	Melissa Lee	Robert Pomerants	Marisa Singer	Claudia Weber
Laurie Binder	Janice Everett	Anne Hillam	Karen Lepri	Martina Potralz	McGowan Southworth	Stephanie Williams
Christine Bourgeois	Christina Faletti	Annie Hodges	Robin Li	Laura Protzel	Gina Speirs	Emily Wilson
Adrian Bowers	Ming Fearon	Tuesday Hoffman	Madeleine Liebman	John Resig	Natasha Speth	Jack Wolf
Samantha Bowers	Anela Flesher	Koen Holtkamp	Phoenix Lindsey-Hall	Faye Richards	Sandra Stakic	Mario Wongshue
Katie Brennan	Leah Fox	Benjamin Holzman	Johnathan Lowery	Edward Richardson	Jamie Stearns	Nicholas Wongshue
Alexis Brill	John Gagne	Claire Holzman	Nathalie Lussier	Mariel Roberts	Rebecca Steele	Samantha Wongshue
Kathy Bruml	Zhanetta Gerlovina	Michael Hsu	Marisa Mabli	Jenna Robinson	Casilda Suarez-Hesketh	Sheena Wongshue
Ahmet Bugdayci	Isana Gitsis	Jerald Isseks	Zachary Malitz	Tobias Rodriguez	Dorian Syrkett	Kathryn Young
	Daniel Goldstein	Deborah Jacobson	David Markel	Michael Rossetti	Tsering Tashi	





Solution to this issue's sudoku puzzle

6	3	1	8	9	2	7	5	4
4	5	8	6	1	7	9	2	3
9	7	2	3	5	4	1	8	6
8	9	3	2	7	1	4	6	5
1	6	4	5	8	9	2	3	7
5	2	7	4	3	6	8	9	1
2	8	6	1	4	3	5	7	9
7	1	5	9	6	8	3	4	2
3	4	9	7	2	5	6	1	8

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

SAT, NOV 17

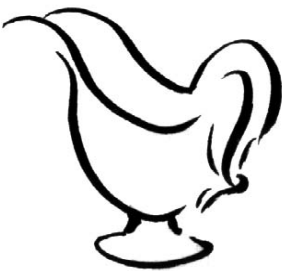
8 p.m. Woody Guthrie Centennial Tribute featuring Toby Fagenson, Ray Korona, Joel Landy, Anne Price, Steve Suffet, Gina Tlamsa and The Solidarity Singers of the New Jersey Industrial Union Council. Tickets are \$18, \$10 for members. Nobody will be turned away. Peoples' Voice Cafe at the Community Church of NYUU, 40 E. 35 St. NY NY www.peoplesvoicecafe.org.

11 a.m. Damo I Jin—a "tendon-changing" form of Chi Kung ("life-force energy practice")—continues in Prospect Park, through the fall. Newcomers are welcome to join the class any Saturday. For more information, contact quicksilverdance@yahoo.com or 212-946-1537.

11 a.m. PROSPECT PARK 5K FUN RUN/WALK/BIKE—Begins

at 15 St./Prospect Park West entrance...rain or shine, to benefit Helping Hands Food Pantry, 116 Sixth Ave. at Park Pl. For more info and registration form, contact: helpinghandsfp@yahoo.com.

1 and 2 p.m. Circuit Productions and Coop member Susan Goldbetter present Latin music celebration with Annette A. Aguilar & Stringbeans, Latin Brazilian Jazz Quartet, Brooklyn Children's Museum (ages 1-3 yrs), 145 Brooklyn Ave., Bklyn, NY 11213 718-735-4400, ext. 117. Free with museum admission.



BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B—serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our web site at houseon3st.com. Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!

COMMERCIAL SPACE

PROFESSIONAL OFFICES available for Health Practitioners; e.g. Nutritionist, Medical Doctor, Psychotherapist, Massage Thera-pist, Podiatrist, Dentist, Reiki, Shiatsu, etc. Be part of an Holistic center in SOHO. Doctor will introduce all patients. Non-medical spaces also available. For information, please call 212-505-5055.

MERCHANDISE WANTED

SELL IRIS RECORDS your CDs/LPs/DVDs! Appointments day/night at your home. We pay cash and do the heavy lifting. We also appraise collections for estates/divorces. Email Stephen at recordriots@gmail.com or call 609-468-0885 for more information.

SERVICES

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

SERVICES HEALTH

PAINTING & WALLPAPERING - 25 yrs exp. doing the finest prep + finish work. One room or an entire

CLASSIFIEDS

house. Free estimates + full insurance coverage. Call Fred Becker @ 718-853-0750.

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154, I charge \$60.00.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

LEARN TO PLAY the Saxophone (or Clarinet/Flute). Certified music teacher w/25 yrs. of experience teaching & performing Funky Jazz & Bossa Novas throughout Europe, Japan & NYC, offers a fun & creative approach for learning to play a musical inst. All ages & levels welcome! Call David at 347-790-7066.

HOLISTIC DOCTOR in Naturo-

pathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

HOLISTIC DENTISTRY in Man-hattan (SOHO). Dr. Stephen R. Goldberg provides comprehensive family dental care using non-mercury fillings, crowns, dentures, thorough cleanings, non-surgical gum treatments with minimal X-rays. For a free initial exam in a nutrition-oriented practice and for insurance information, please call 212-505-5055.

MD-SUPERVISED WGT LOSS program to burn fat, save muscle, prevent diabetes. Low dose allergen therapy for inhalent, food & chemical allergy. Bio-identical thyroid & hormone replacement. Non-drug treatment for depression, anxiety, insomnia. Call Dr. Ordene @718-258-7882. Insurance reimbursable, Medicare accepted.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

Marathon Running Shoe in Sterling Silver

The perfect gift for the runner. Solid Sterling with a Sterling Chain

\$69.95

www.loverings.biz/running-shoe
347-351-5081



THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

David Adelson	Justin Cahill	Ashley Edwards	Christina B. Hanhardt	Ellen Kruger-Allman	Fiona Pippa	Lauren Teichner
Jessica Alger	Ariana Cameron	Ann Ellman	Jennifer Harmon	Danielle Leaf	Hannah Pitt	Eric Tucker
Brigid Andrews	Christopher Capobianco	Beth Epstein	Guillian Helm	Hilary Leitner	David Pollack	Eve Turow
Matt Aronoff	Penelope Jagessar	Michael Fadern	Ann Helmer	Mikael Levin	Laura Raskin	Paula Van de Nes
Sherry Ashkins	Chaffer	Rachel Fee	Richard Herold	Bonnie Long	Rebeca	Byron Westbrook
Carlos Bayerri-Albesa	Tina Cheng	Christina Joy Ferwerda	Sarah Hesson	Sharon Mashihi	Daniel Romer-Friedman	Alaina Williams
Megan Bisbee-Durlam	Nynne Just Christof-fersen	Fiona	DK Holland	Sarah-Rose Meredith	Kristin Russo	Matthew Worsnick
Rachel Blackwell	Carlos-Amin Cully	Anny Fodor	Joe Holtz	Laura Minnear	Ellen S.	Jimena Zuluaga
Jacqueline Bolling	Jacqueline Dennis	Amy Foote	Timothy Hospodar	Aaron Naparstek	Naomi Safran-Hon	
Michiel Bot	Carol Diuguid	Jennifer Friedman	Miriam Jacobson	Colleen Normile	Hollis Smith	
Eve Bowen	Elizabeth Donahue	Jack Glottman	Joan Jubett	Judith Ornstein	Lauren Smith	
Tom Brockland	Emily Drucker	Emily Greble	Hamish Kilgour	Jenny Peters	Paul Stiell	
Robin Burger		Sohrab Habibion	Jessie Kotler	Lisa Pettersson	Justin Strock	

Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

