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Volume HH, Number 1

January 10, 2013

Yogurt Beats Ice Cream As America's Dairy Favorite

Coop Provides Lots of Choices for the Yogurt Aficionado

By Danielle Uchitelle

There's a horse race in the dairy case, and it's being driven by changing consumer habits that look to make yogurt the final winner. This past year, the once-unthinkable happened: for the first time, Americans consumed more yogurt per capita than ice cream. Globally, nationally, and right here in our own Food Coop, variations on the theme of yogurt, that formerly humble niche product, have been steadily encroaching on the other denizens of the dairy world. Have you had your yogurt today?

Case study: my own love affair with the creamy comestible. I first became aware of this thing called yogurt in my childhood. As a youngster, I often heard advertisements on the radio for something called "Doctor Gaymont's Yogourt." Pitched as a health food, the good doctor's Mitteleuropa accent and bouncy enthusiasm for this weirdly named concoction was enough to keep me far away from his product. I had to wait patiently for 40 years in order for



Wikipedia to be invented so I could look up Dr. Gaymont and discover that he was a real person who helped introduce yogurt to America. Alas, as with so much else, his wise message was wasted on me. Like most of my generation, I had to wait until Dannon came along and



PHOTOGRAPH BY JINGJULIU

added jam and a snazzy advertising campaign before I commenced my life-long relationship with cultured milk. And since no discussion of yogurt can take place without mentioning Dannon (or Danone, as the parent company is called), it is worth noting that this market behemoth is currently projecting double-digit growth for its products, which already account for over \$1 billion in annual revenue in the U.S. alone.

While the young me shied away from Dr. Gaymont's healthy living ethos, as a teenager I became intrigued with the idea of making yogurt, and eventually began producing my own

CONTINUED ON PAGE 2

December General Meeting Report:



ILLUSTRATION BY MICHAEL JAY COHEN

Protecting the Old And the Vulnerable

By Tom Matthews

The December General Meeting was held at Middle School 51, on Fifth Ave. at Fourth St., the second time at this venue. Perhaps predictably, it opened with a complaint. Reassuringly, it continued with an affirmative vote and positive discussion, and ended in cooperation.

Tim Platt of the Chair Committee gaveled the meeting to order promptly at 7:00 p.m., with more than 100 people in attendance. The first order of business was the Open Forum, and the first speaker was Bruce, who objected to the new venue. He said he found the wooden

CONTINUED ON PAGE 3

Next General Meeting on January 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The January General Meeting will be on Tuesday, January 29, at 7:00 p.m. at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. The Fourth St. entrance is handicap-accessible.

The agenda is in this Gazette, on the Coop website at www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

Coop Event Highlights

Fri, Jan 11 • Wordsprouts:
Poetry and Prose: A Group Reading 7:00 p.m.

Sat, Jan 12 • Auditions for Our
Coop Kids' Variety Show 2:00-5:00 p.m.

Sun, Jan 20 • Auditions for Our
Coop Kids' Variety Show 10:30 a.m.-1:30 p.m.

Fri, Feb 1 • Film Night: George Harrison:
Living in the Material World (Part II) 7:00 p.m.

Look for additional information about these and other events in this issue.

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Coop will close at 5 p.m. on Sunday, February 3.
See page 5 for details.



Yogurt

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from a recipe I found in the Whole Earth Catalog. That was back when stovetops had pilot lights and I could easily incubate my scalded milk for the proper length of time. For those who wish to replicate my pioneer experience, you can pick up a package of Yogourmet freeze-dried yogurt starter in the Coop dairy case and follow the instructions included in the package.

Eventually I gave up home

brewing, an easy decision to make once I was introduced to Dannon coffee yogurt, a secret addiction I carry with me to this day. I guess I'm not alone in this, since coffee is about the only flavor of Dannon yogurt you can regularly find in the Coop dairy section. But Dannon could only take me so far, and soon I, along with the other American consumers, began branching out. And when I was ready to expand my taste horizons, the Coop dairy case was there to help. ■



RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

- 1. The Paid-In-Full receipt MUST be presented.
- 2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

NEVER
RETURNABLE

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE
Packaging/label
must be present-
ed for refund.

Items not listed above that are unopened
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

A Yogurt for Every Taste

One way that yogurt has been able to dominate its consumer category is through product differentiation: there's a style and flavor for every taste. It would be hard to count all the flavor, size and specialty variants of yogurt on offer in the Coop's dairy case, and I've tried. Instead, here's a brief rundown of some of the tempting takes on yogurt you can find on most shopping days. Unless otherwise noted, sizes are 6 oz.

Maple Hill Creamery

Flavor: Lemon
Claim to fame: 100% grass fed cows
The fine print: 16 grams sugar, 7 grams fat
Health-conscious shoppers should definitely check the sugar and fat content of yogurt before wolfing down a bowl full. Maple Hill has quite modest sugar numbers but is rather high in fat; some of the others below pack an even more sugary punch.



Ronnybrook Farm

Flavor: Coconut
Claim to fame: Local favorite produced "in the bucolic fields of the Hudson Valley"
The fine print: With 24 grams per serving, this yogurt has almost as much sugar as a package of Reese's Peanut Butter Cups. I guess it's better for you, though.

Old Chatham Shepherding Company Sheep's Milk Yogurt

Flavor: Ginger
Claim to fame: Another local producer; for those who prefer sheep's milk rather than the standard cow's milk
The fine print: At 12 grams of sugar and 9 grams of fat, one of the smallest caloric footprints of any brand we carry.

Liberté Yogurt Méditerranée

Flavor: French Vanilla
Claim to fame: If this brand tastes improbably creamy and rich, it's because it's made with not just milk, but cream. At 29 grams per serving, it has about the same amount of sugar as a Snickers bar, plus 12 grams of fat, about the same as a small order of McDonald's fries. But as with all food, fat equals flavor. Enjoy!

Stonyfield Farms O'Soy Organic Soy Yogurt

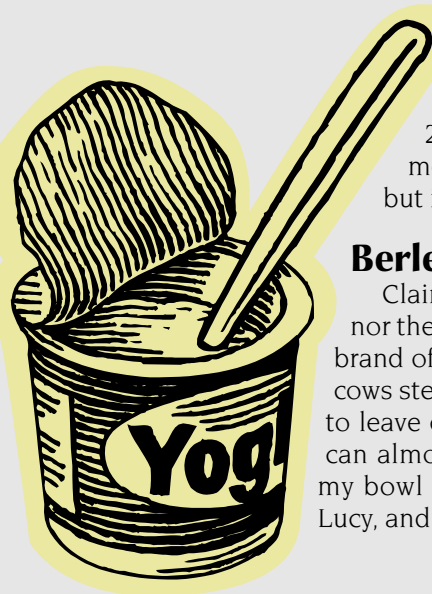
Claim to fame: One of a number of soy-based yogurts carried by the Coop.
The fine print: While the popular O'Soy line is soy-based, it is not dairy-free; lactose-aware shoppers should take note.

Whole Soy & Company Yogurt

Flavor: Cherry
The fine print: This brand of soy yogurt truly is dairy-free; in addition, its 19 grams of sugar and 3.5 grams of fat make it a sensible option for the calorie-conscious.

Stonyfield Farms Yo Baby Organic 4-pack

Claim to fame: I always wondered about this brand, since I felt that "Yo Baby" was objectifying. But I guess they mean it to be for real babies. After you've hooked your infant on this widely available brand, you can graduate to "Yo Toddler" and "Yo Kids," both of which the Coop carries. In addition, a planned product extension will soon add "Yo Dude," specifically targeting young men in the 21-29-year age group, as well as a version designed for mothers, "Yo Mama." OK, I made the last two up myself, but it's a good idea, right?



Berle Farm Cow Milk Yogurt

Claim to fame: It wasn't the beautiful if impractical glass jar, nor the "Made with Solar Power" label that attracted me to this brand of locally produced yogurt; it was the list of contributing cows stenciled on the side. True, Berle Farm somehow managed to leave off any listing of nutritional content on the label, but I can almost forgive this knowing that I'm spooning yogurt into my bowl that was provided by Cleo, Lina, Bam-Bam, Gordie, Lucy, and Wanda. Thanks, ladies.



December GM

CONTINUED FROM PAGE 1

seats in the middle school auditorium uncomfortable, the location inconvenient, and regretted the lack of the snack table.

"The Coordinators should not be making the decision about the meeting location," Bruce said. "I'd like to propose that the venue for the General Meeting be voted on by the membership."

There were murmurs of agreement from the crowd, but General Coordinator Allen Zimmerman offered an alternative point of view. "The Garfield Temple also had drawbacks," he said. "This is the first alternative we've tried. A vote might be less helpful than an investigation of other possibilities. Or some patience."

Finances Are Stable

We moved on to the Coordinator Reports. General Coordinator Mike Eakin reported that net sales were \$39,502,767 in the 44 weeks preceding Dec. 2, 2012, up more than 5% from the same period in the prior year.

Mike said that our gross margin was 16.76%. Since we aim for 17.0% (perfect would be 17.7%), this means that shrinkage (loss of goods via theft, spoilage or other causes) represents about 1% of sales. However, the gross margin at typical extra-large coops, or Whole Foods, is about 38%. With those mark-ups, the Coop would have counted gross sales of about \$53 million. "In other words," Mike said, "that \$13 million difference is our reward for our members' hard work and our efficient operation."

Mike also reported that the program of loans to the Coop from members is "winding down," and that as they fall due, all loans will be repaid. "We don't need to borrow money at this time."

Member Bill Penner rose to ask about the line item under Long Term Liabilities called Pension Plan Liability, which increased from \$965,412 on Dec. 4, 2011, to \$2,162,590 on Dec. 2, 2012. Mike replied that "Our position has improved remarkably and we expect to have a very different number next year."

There were no Committee Reports.

Protecting the Old: Amending the Pension Plan

General Coordinator Joe Holtz introduced the first item on the meeting agenda: an

amendment to the pension plan covering Coop employees.

"In 1993," Joe recounted, "the Coop created a pension plan for the paid employees. It is a defined-benefit plan—the only kind that could cleanly go back in time and recognize the services of the staff, some of whom had been in place since 1975. The plan has been restated and amended a few times over the years, in order to remain compliant with the law. Now, the government requires us to file another amendment, and that amendment must be voted on by the General Meeting. So here we are."

Joe noted that Emily Drucker, a Coop member and attorney who reviews our pension documents, attested that

the amendment will not result in any material changes to the plan, or any additional expenses to the Coop. Joe said, "The actuary says this is what we have to do. The attorney agrees with the actuary. I hope the General Meeting will vote to accept the resolutions."

There was a second from the crowd, and a vote by a show of hands. "The resolution to accept the amendment passes unanimously," announced Tim Platt.

Protecting the Vulnerable: Adopting Union Street's Trees

The second agenda item was a discussion to create a new work slot: the "Union Street Green Squad." Proposed by Toby (Talía) Willner, the new squad would be staffed by FTOP workers and would care for the street trees near the Coop.

Toby presented her item in the form of a PowerPoint presentation. Formally, it read: "The Park Slope Food Coop shall adopt, through Million Trees NY, the trees on the Coop side of Union Street

between Sixth and Seventh Avenues and create a tree stewardship and gardening squad to be called the Union Street Green Squad to care for the trees and cultivate bed gardens."

Toby, a Coop member for almost 30 years, is the director of TreePEP, which she founded in 2011 to consult on and construct tree pit expansions. TreePEP works with the NYC Parks Department and MillionTreesNYC, and is currently working with the Pitkin Avenue BID to improve tree pits along Pitkin Avenue.

Toby explained that currently four trees were planted on the Coop side of the block, and six more have been requested. She said that MillionTreesNYC, a citywide, public-private program, already has training programs and other forms of assistance in place and they are eager to help residents and business owners "adopt" trees in their neighborhoods.

"I'm just trying to get the Coop involved," she said.

In a lively question-and-answer session, Toby demonstrated a broad mastery of the subject.

She pointed out that young trees were vulnerable and that tree pits could help protect and nurture them. All street trees belong to the city, and anyone can "adopt" a tree. However, she has contacted owners and residents in the buildings nearest the "Coop's" trees, and "we have support from all of them." She has also been promised support from MillionTreesNYC and Brooklyn Forestry for garden supplies, including tools and mulch; the Brooklyn Botanic Garden,

play the devil's advocate. He noted that the Coop already offered 40 workers to help the Park Slope Civic Council with their twice-annual civic sweep days. He cautioned that requiring workers to cross the street raised risks of injuries. And he inquired about who would be liable for the tree pits and guards and any injuries that might result from them.

"I'm the insurance buyer for the Coop and I'm worried particularly about liability issues," Joe said.

Toby responded to each question. She specified that the current idea concerned only the trees on the Coop's side of the street. She noted that she was currently working with the Civic Council on their clean-up days, but that these efforts alone weren't sufficient to ensure the health of the trees. And concerning liability, "it's an important issue, and of course one we would have to explore."

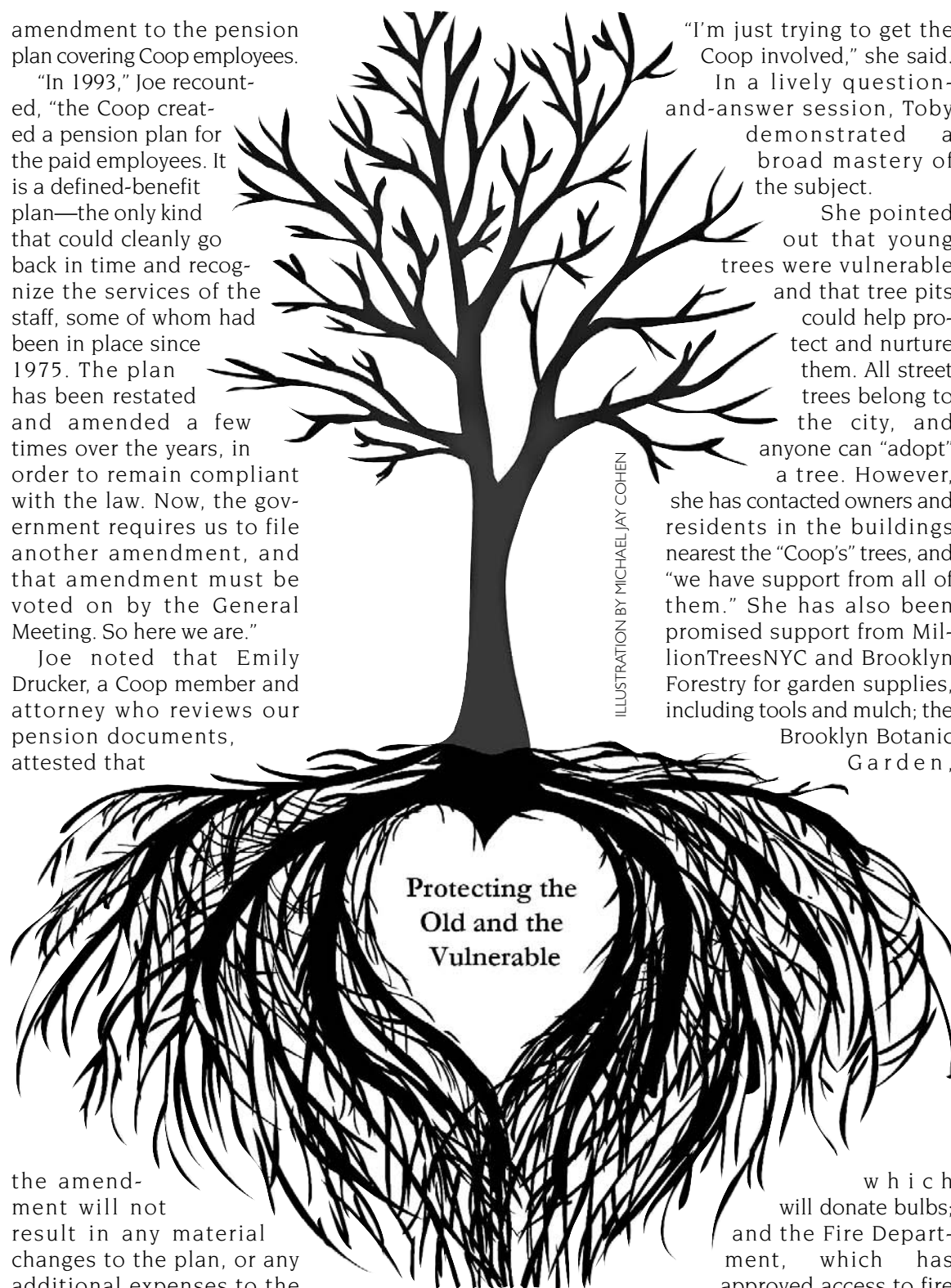
Raymond, a member, said that he lived in Vinegar Hill and was part of a group there that had put up tree guards with cooperation from the city. "We are not liable," he said. "Our group paid \$1,500 for the tree guards, but they are still owned by the city, and the city is liable."

The discussion wound down around 8:10; in this reporter's unofficial estimation, the response seemed generally positive. Tim Platt explained that the item must now go back to the Agenda Committee, which can schedule it for a vote at a subsequent General Meeting. "I look forward to that," he said.

Wrapping Up

At 8:15, the Board of Directors voted to accept the General Meeting's guidance to approve the amended pension plan.

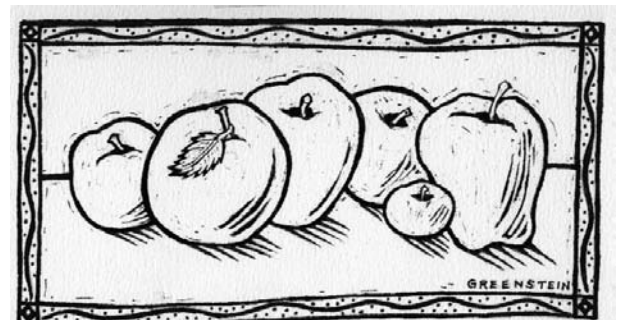
Tim Platt asked if anyone present could offer rides to other attendees, and offers were made to the South Slope, East Flatbush and Long Island City, a good indication of the Coop's range and diversity. At 8:20, with about 100 people still in attendance, the meeting was gavelled to a close. ■



which will donate bulbs; and the Fire Department, which has approved access to fire hydrants for water.

The squad would comprise FTOP workers; passing a Tree Steward certificate program might be a prerequisite for membership, and providing this training might be part of the squad's activities. Other work could include design and construction of tree guards, regular maintenance of the tree pit gardens and semi-annual gardening days that might use more people to take on bigger projects. If the effort on the south side of the block was successful, perhaps the squad could expand its activities across the street, or beyond.

Joe Holtz came forward to



Feeling the Fermentation Love at the Coop



ILLUSTRATION BY PAUL BUCKLEY

By Brian Dentz

For many years there have been small notices posted in the Coop stairwell leading to the second floor asking for or offering kombucha starters or water kefir grains, not as part of a commercial transaction but as free offers and requests. These signs are just the small bubbles on the top of a deep and complex ferment—the passion of Coop members who make food with fermentation. According to Sandor Katz, author of the new *The Art of Fermentation*, by some estimates, as much as one-third of all food eaten by human beings worldwide is fermented.

A list of foods that are made with fermentation reads like a Coop member's shopping list: bread, cheese, wine, beer, mead, cider, chocolate, coffee, tea, pickles, sauerkraut, kimchi, salami, miso, tempeh, soy sauce, vinegar, yogurt, kefir, kombucha.

Coop members Ben and Sarah Crowder moved from Virginia to Brooklyn about a year ago, bringing with them beer-brewing equipment and

bottles of kefir starter. Now living in Sunset Park, Ben works in information technology for a mutual fund company while Sarah takes care of their nine-month-old baby and works part-time catering.

Ben has been brewing beer for three years now. This started when he was part of an informal group of friends and family in Virginia which became a de-facto brewing club. When asked why he brews beer, he answered, "because I love beer, it's a great hobby...when you tell people 'I make beer' " [they respond] "Wow, that's cool!"

Ben reports that you can make "really good beer" at home, but how complicated is it? "You can make it as hard or easy as you want," he says. After enough experience, he explained, one develops the confidence to experiment and to no longer follow recipes by the book, although he still consults *How to Brew* by John J. Palmer, which he uses as a reference for proportional calculations nearly every time he brews.

Katz explains in *The Art of*

Earn FTOP Hours in Queens!



Help the Queens Harvest Food Co-op bring sustainable and affordable food options to Queens and earn FTOP hours at the same time.

The Queens Harvest Buying Club is looking for volunteers to help during our monthly distributions. If you love farmers, fresh foods, conversation, and arithmetic, then spend a couple hours with the crew and get to know us (and Queens!) a little better.

We are a monthly buying club and need volunteers each month. Our next distribution will be in late January. E-mail qhbuyingclub@gmail.com for the date.

We need extra hands for:

- Morning Shifts—Setup, Data Entry, Receiving, Inventory
- Afternoon Shifts—Receiving, Data Entry, Kitchen Prep, Packing
- Evening Shifts—Packing, Data Entry, Cleaning, Breakdown

Our distribution site is St. Jacobus Lutheran Church, in Woodside, which is just three blocks from the Roosevelt Ave. stop (E/F/R/M/7 trains) in the heart of Jackson Heights.

Interested in volunteering? E-mail us: qhbuyingclub@gmail.com

The Agenda Committee is urgently seeking new members! Join the Committee and help set the monthly General Meeting agenda.

Requirements:

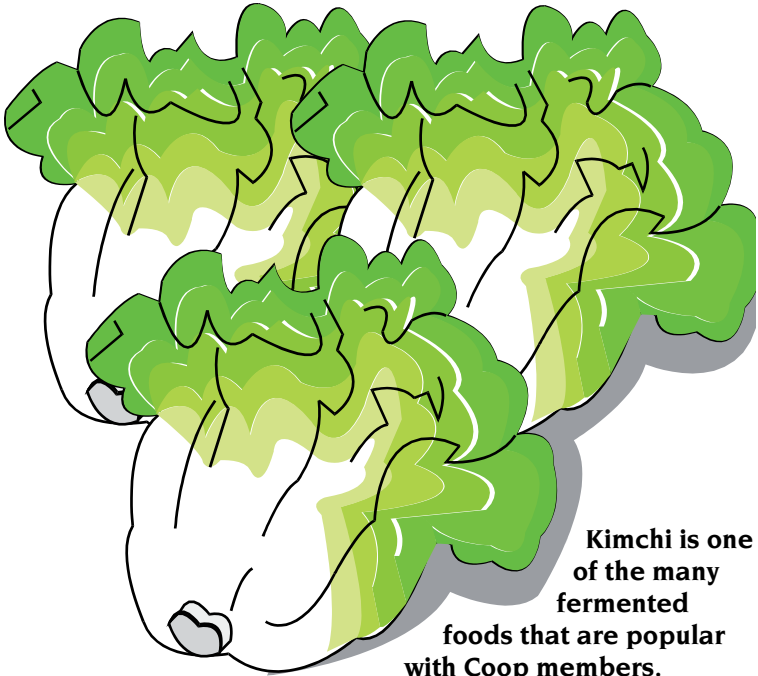
- ◆ Attend monthly Committee meetings on the first Tuesday of the month at 8:00 p.m.
- ◆ Attend at least five General Meetings per year
- ◆ Have a cooperative spirit and willingness to work in a collaborative committee environment
- ◆ Be interested in the ongoing business of the Coop
- ◆ Have a good attendance record

If interested, contact Ann Herpel at 718-622-0560 or ann_herpel@psfc.coop. The Committee will interview applicants before submitting candidates to the GM for election. We are seeking an applicant pool that reflects the diversity of the Coop's membership.

Fermentation that every culture on earth has its own versions of preserving food through fermentation. These ancient methods and tastes are an important and integral part of every society, its culinary tastes and culture. Fermentation has also greatly increased the variety of food flavors in the world. "Ferments are huge sources of flavor complexity," Katz told *The New York Times*. "That's why people find cheese so compelling. That's why soy sauce has become a universally loved condiment."

Ben's wife Sarah's focus is on water kefir and milk kefir. In her kitchen one recent night, she pulls out a mason jar with the metal top replaced with cheesecloth. Inside it's filled with tea on top and about an inch and a half of what she describes as "brains." Sarah explains that this is the grain, also referred to as the starter. It's capable of making an almost infinite amount of water kefir. She scoops up some of the brains, places it into another container, adds water and brown sugar, then in time has more water kefir to drink.

Sarah first started to ferment while apprenticing on a 15-acre organic family farm in Virginia, inspired by all of the "field seconds" she saw. These are vegetables she describes as imperfect looking, not up to par for the market place, but good enough



to make kimchi. She started learning how to ferment cabbage and gets excited when she reports how good the results were.

Sometimes while chatting with friends, she will mention, "I gotta take care of the starter," which yields curious and surprised looks. Asked why they make food with fermentation, Sarah says, "There are two reasons, one, the health benefits, the pro-biotic kick, two, getting in touch with the way people used to do things" then she changes the count to three, "three...I love the yeasty and tangy flavors."

Ben says he makes fermented food because, "it's nice to do things for yourself. You know where it came from." To be able to say, "I made this, I can make this, this is most important for me."

Katz has become a well-known educator, writer, explorer and general advocate for all fermented food. He originally comes from the Upper West Side of Manhattan. Twenty years ago, after learning he had contracted HIV, he moved to a rural commune in Tennessee. There the former urbanite planted a garden and soon experienced the age-old problem of an abundant crop and what to do with all the vegetables that ripen at once. "All the cabbage was ready at the same time," Katz said, "I was such a naïve city kid." He started to make sauerkraut and has been experimenting with many forms of fermentation ever since.

Many methods of fermenting food, which run so deep in all cultures, have been forgotten by most people today. This is partly due to our modern age of industrial food production and consumerism and also what Katz calls in his book, "the war on

bacteria." Katz notes in his book that, "the earliest triumphs of microbiology involved identifying bacterial pathogens and developing effective weapons against them." As a result, Katz told the *Gazette*, "[in the USA] we are indoctrinated with the idea that all bacteria are bad...all bacteria are dangerous." His book explains that, "The problem with killing 99.9 percent of bacteria is that most of them protect us from the few that can make us sick." Regarding fermenting food, Katz said, "People think it's best left to professionals."

But in his book, Katz explains why this fear of fermentation is without merit. The very organic process of fermentation will make the food safe to eat. Katz quotes a microbiologist from the U.S. Department of Agriculture who says, regarding vegetable fermentation, "It is one of the oldest and safest technologies we have."

The Art of Fermentation explores many of the benefits of fermented foods. Aside from the great flavors they create, fermented foods promote microbial diversity—or gut flora—in our digestive systems, as well as enrich foods with protein, essential acids and vitamins.

There are also cerebral parts of the Katz book. One section titled, "Bacteria: Our

Ancestors and Coevolutionary Partners," among other things discusses how all life has evolved from bacteria. But much of the book, which has gone onto its fourth printing since its release in early in 2012, provides practical advice and recipes on fermentation.

Coop member Michaela Hayes is an avid food fermenter. She makes ginger beer, kefir, preserved cherries, nasturtium (which she describes as similar to a caper) among a variety of kimchi, which she flavors with an assortment of fruits, vegetables, spices and herbs. She started a company called Crock and Barrel, which produces and sells these specialized kimchi to numerous local stores and restaurants. Her professional title is Chief Food Preservationist (CFP).

Michaela wasn't always the expert in all that is fermented. While living in the South Bronx and pursuing work in graphic design and photography, she heard about fermentation from a few friends she describes as "foodie-farmie people."

During her first venture in fermentation, she decided to make a cabbage-collard greens sauerkraut. A week later, when she opened the container with the vegetables, it was "bubbling over with black stuff and smelled so foul." She didn't know that the veggies needed to be pressed down to remain submerged in the liquid.

Her background in photography helped her with the transition to the kitchen. "Being in the darkroom is similar to being in a kitchen; it's science and art." Michaela took it as a lesson learned.

She later studied in culinary school, moved on to help create a pickling station in a well-known New York restaurant and now also works with Just Food, a local nonprofit which seeks to educate and connect people to locally grown food. Michaela says that preserving locally grown food helps you to eat locally all year round.

Asked why she is drawn to the world of food fermentation, she responds, "It's so science-based; for me it's the intersection of art, science and food. It's the perfect storm of passion." ■



Fermenters practice their craft with sauerkraut.

Alphawords

"Aegilops" (an eye condition, or a kind of wild grass) is the longest word in the English language with its letters in alphabetical order and with no repeating letters. Below are 20 more words with their letters in alphabetical order, all of them much less obscure.

- | | |
|--------|----------------------|
| A__ | Best of the best |
| F__ | Reynard or vixen |
| G__ | Plymouth et.al. |
| I__ | Common climber |
| A___ | Sailor's saying |
| B___ | Ink stain |
| C___ | Bit of a block |
| D___ | Resist |
| E___ | To turn green |
| F___ | Changing state |
| G___ | Embellished |
| H___ | The end of a blade |
| I___ | Leisurely |
| J___ | Takes down |
| A____ | Take up |
| B____ | Embark |
| D____ | Ganeesha, for one |
| E____ | Half a glass |
| F____ | The top of the hill? |
| A_____ | Not quite |

Puzzle author: Stuart Marquis.
For answers, see page 14.



"When you tell people 'I make beer' [they respond] 'Wow, that's cool!'"

The Coop will be closing early for shopping at 5:00 pm on Sunday, February 3, so that we can conduct our annual Coop-wide inventory.

Some shifts will be affected, others will not.

Please help inform our membership about this early closing by telling your Coop housemates and friends.

Members whose shifts are affected by the closing will be contacted by the Membership Office.

ENVIRONMENTAL COMMITTEE REPORT

The Dirty Weather Report and Its Tireless Town Crier

By Ilyana Kadushin

I attended an event on November 15, 2012, called "The 24-Hour Climate Project," a 24-hour internet broadcast with Al Gore and a series of other panelists that included Alliance for Climate Education, Me to We Organization, Music Relief, Energy Action Coalition, Young Evangelists for Climate Action, The Solutions Project, and more. For 30 years, former Vice President Al Gore has been the tireless town crier for the growing climate crisis. He is raising consciousness again, because of the extreme weather events now unfolding. He asks companies to be more sustainable in their practices, knowing that we are all up against the machine of mistruths about this climate crisis.

In their discussion the panelists covered topics such as food and climate and the powerful interrelationships between climate crisis, crops, drought, famine, failing farms, vulnerable water systems, fire and plant disease. They also discussed social media and its power to disseminate information about climate crisis to younger generations. Gore said the "Spirit of Democracy" is happening right now on the internet, a two-way conversation that can promote positive change...Scientific findings rarely reach the community for public understanding and without policy-makers' action, collective

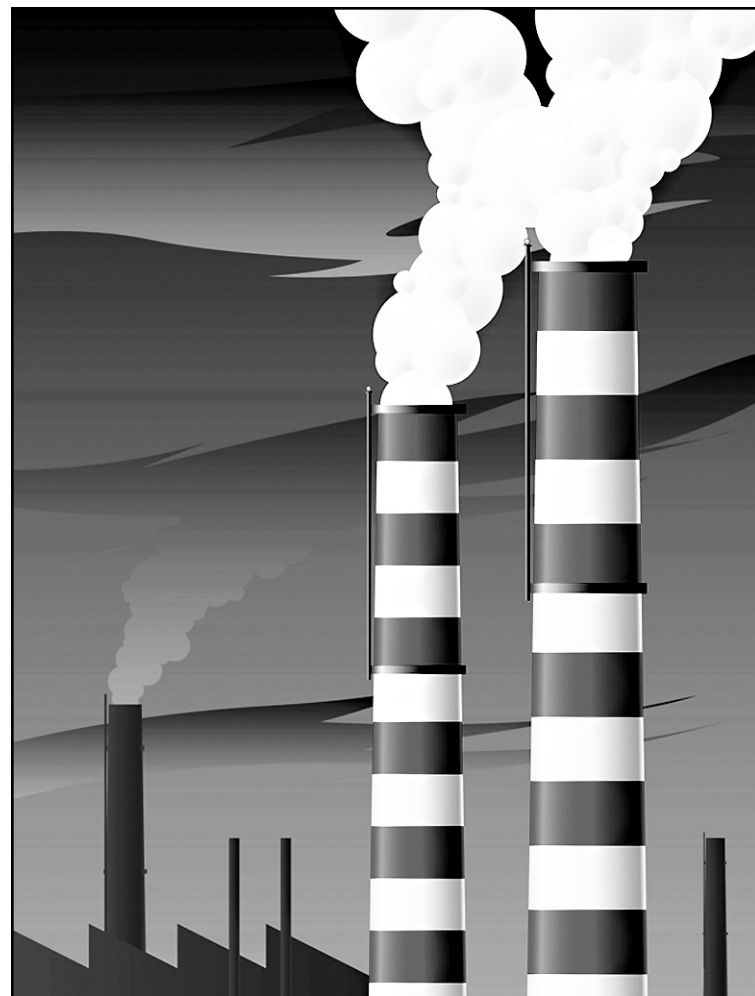
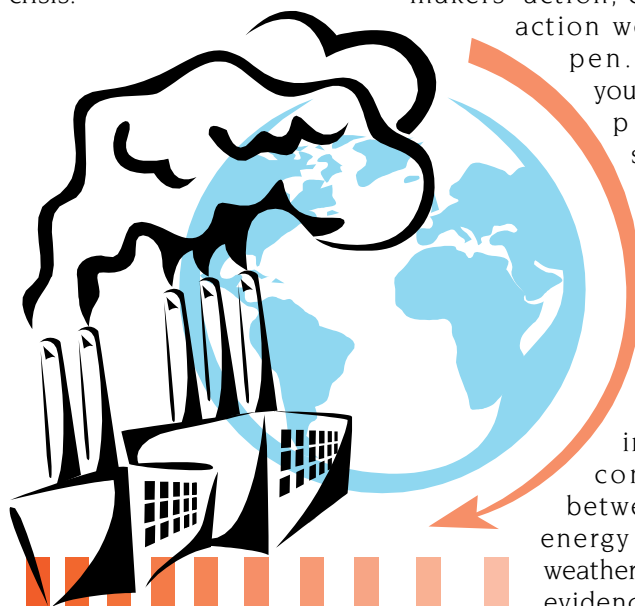
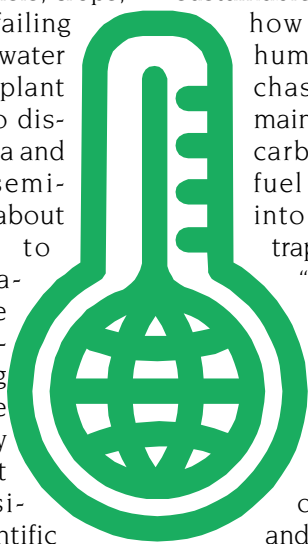
and we need human action now. The Climate Reality Project is looking at weather patterns, population growth, sustainable energy ideas, and how to appeal to us humans and our purchasing power. Their main statement is that carbon-based fossil-fuel energy, released into our atmosphere, traps heat and lays an "ambush" of global warming, and that other countries are already using a "cap and trade system" and have replaced this option with solar and wind power.

Gore says that the claim there is "clean coal" is simply not true. He said, "There is no such thing as CLEAN COAL. CLEAN COAL is like HEALTHY cigarettes." Gore also said, "We need the moral courage to make changes, although it is difficult, and more importantly suffuse our attitude about it with JOY." He underscored very seriously that "We humans are vulnerable to the illusion that we have lots of time to WAIT before we take action about this climate crisis, but we must quicken our pace. Just this year alone, there have been 10 weather disasters across the country."

Gore showed a list of the

top cities around the world that are most at risk due to climate crisis. New York City is #3 on this list. Visit

climaterealityproject.org to learn what the Coop community can do to face this climate reality head on. Sign the pledge and spread the word. ■



Hearing Administration Committee is seeking new members

The HAC performs administrative functions necessary to arrange and facilitate disciplinary hearings, coordinating with the Coop's Disciplinary Committee and the Hearing Officers Committee.

Applicants should be detail-oriented, comfortable working by e-mail and telephone; they should be Coop members for at least one year and have excellent attendance records.

Members of the HAC work on an as-needed basis, only when hearings are required, and earn FTOP credit. Therefore these members must maintain regular Coop shifts or be FTOP members in good standing.

The nature of this work requires that all members maintain strict confidentiality with respect to all matters on which they work.

We are seeking an applicant pool that reflects the diversity of the Coop membership at large.

Those interested should telephone Rachel Garber at 718-218-3925.



ecokvetch

the environmental
committee blog

Coop Members use
383 PLASTIC BAGS
an hour. **WOW!**

Check out our
proposal to
**Phase Out the
Plastic Bag Rolls.**

ecokvetch.blogspot.com

SAFE FOOD COMMITTEE REPORT

An Update on the Fight Against Fracking; More Info from Up North

By Jerry Wintrob

Hello fellow Coop-ers. I wrote an article in the *Gazette* a few months back about the goings on in upstate New York regarding hydrofracking (*Linewaiters' Gazette*, February 23, 2012, "Greetings from the North Country—How Fracking is Affecting Those Who Don't Live in NYC"). You remember hydrofracking don't you? It seems the Governor doesn't think that NYC's water should be exposed to it because of the inherent dangers in the process, but he has no qualms about exposing people who live in the more rural parts of NYS to it. Now, unfortunately for the denizens of the city, you may be exposed to pipelines and such hauling the fracked gas and other toxic waste through NYC. But we will save that for another article.

So what has been going on? Well, to put it mildly, a lot. A little background on me. I have been a Coop member for more than 30 years, who continues to work in Park Slope but has moved to the Hudson Valley. I have immersed myself in the struggle to stop hydraulic fracking in NYS. We have been organizing up here to ban fracking in each of our towns. We have been getting petitions signed for a local ban and on a statewide basis. We have been organizing rallies and forums. We have been showing up at town board meetings to voice our opinions. In our township, we have had some success. We have succeeded in getting our town to pass a zoning ban which

stops companies from using our land for the fracking of gas and oil and any hauling of it and its waste products within our borders. Sounds good? Well, it is. It is a good win, but as far as we are concerned, it is not good enough. There is something called "home rule" which allows individual towns to decide what happens within their towns. Pennsylvania tried it and a Republican governor and legislature came in and eliminated home rule and all of those zoning bans were rescinded. So we have been working on a second type of ban that transcends that. It is called a "community bill of rights ordinance" (CBRO). It is an ordinance that says that we as citizens of these United States have the unalienable right to clean air, clean water and a clean environment. We say that fracking violates our civil rights and we are banning it within our town for that reason. The city of Pittsburgh passed such an ordinance and although fracking is done all over the state of Pennsylvania,

it is not allowed to be done within the city limits of Pittsburgh. We have not been successful as yet in getting it passed, but we did just get our town supervisor to support it. Now we have to get the rest of the board as well.

Governor Cuomo figured that if he didn't allow fracking within areas near the reservoirs that supply NYC, he could get the residents of the city to stop paying attention to the issue. In case you are thinking that this issue won't affect NYC drinking water, guess again. Water travels more than 1,000 miles. That means that if parts of upstate NY are fracked, the water that is fracked from those wells will pollute NYC water. There are also many farms located all over NYS that supply products to the Coop. If fracking is allowed in the state, then these farms will be polluted by the contamination of its water and soil.

The issue is very hot right now. Cuomo has ordered a health assessment to supposedly study the effects of frack-

ing on our wellbeing. The problem is he is not doing a comprehensive study and it is just a smoke screen to say that he has done something when his intention is to allow it anyway. Don't be fooled. Stay alert. Send your comments and concerns to his office and the DEC. The time for comments ends on January 11. But if this article is printed after that, you can still contact the Governor with your comments. Unfortunately, his popularity in the state is going to plummet if he allows this to go through. The people of the state won't allow it, considering polls show that the majority of the state is against it. Vermont has already banned it completely. So has the

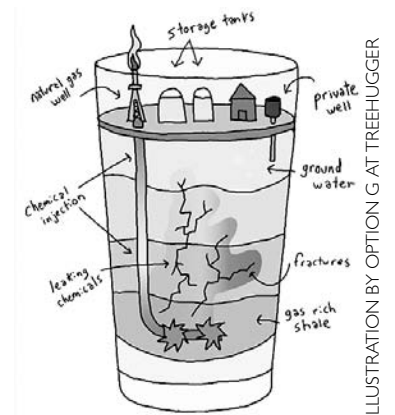


ILLUSTRATION BY OPTION G AT TREEHUGGER

entire country of France. We need to keep the pressure on, otherwise our most precious resources will be gone forever. Stay connected. ■

If you would like to know more about the issue and to get involved, do not hesitate to contact me. My e-mail is alteyedr@aol.com.

Board of Directors Election

The General Meeting & the Board of Directors

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting.... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

Duties of the Directors

The Board of Directors is comprised of five elected Coop members and the senior General Coordinator present. Members serve three-year terms. Members of the Board are expected to attend GMs monthly. They receive Coop work credit for their attendance.

The Board of Directors conducts votes at the end of every GM whether to accept the advice of the members that night. Members of the Board are required to act legally and responsibly.

Openings

There are two openings on the Board. Each position is for a term of three years.

Candidate Deadline

If you wish to place your name into nomination, you must declare your candidacy by Friday, March 1, 2013. Please submit a statement of up to 750 words to GazetteSubmissions@psfc.coop. Please include a small photo for publication in the *Linewaiters' Gazette* and the member proxy mailing.

Deciding and Voting

Candidates will have the opportunity to present their platform at the March 26, 2013, General Meeting.

Every member will receive a proxy package in the mail in late May. Members may vote by returning their ballot by mail or by bringing it to the Coop. Members may also vote at the Annual Meeting on June 25, 2013.



THE GAZETTE INDEXES

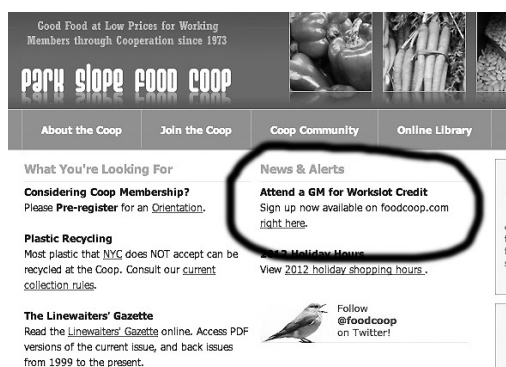
If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the *Gazette*...

Send an e-mail to Len Neufeld, *Gazette* indexer, at lenneufeld@verizon.net, to request PDF files of either or both of the following indexes:

- ◆ An alphabetized list of the titles of all articles published in the *Gazette* from 1995 to the present, with issue dates.
- ◆ An alphabetized list of all subjects (including people's names) discussed in *Gazette* articles from 1995-99 and 2001 to the present, with article titles, issue dates, and page numbers (subjects for the year 2000 are being added).

Many of the *Gazette* issues referenced in these indexes are available as PDFs on the Coop's website.

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ On the Coop's website (www.foodcoop.com)

◆ Add your name to the sign-up sheet in the ground-floor elevator lobby



◆ Call the Membership Office

COOP HOURS

Office Hours:

Monday through Thursday
8:00 a.m. to 8:30 p.m.

Friday & Saturday
8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday through Friday
8:00 a.m. to 10:00* p.m.

Saturday
6:00 a.m. to 10:00* p.m.

Sunday
6:00 a.m. to 7:30* p.m.

*Shoppers must be on a checkout line
15 minutes after closing time.

Childcare Hours:

Monday through Sunday
8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

LINEWAITERS'
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, Jan 18, 8:00 p.m.

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



PROSPECT CONCERTS

David Roche is a talented singer/songwriter who hails from an artistic family of musicians and writers. He's been writing songs slowly but steadily for damn near half a century. He is a long-time Food Coop member and New York Giants fan. You can hear the songs from his last album *Harp Trouble In Heaven* at www.davidroche.net.



Professor Louie and Fast Eddie, the Poets of the Street, were both born, bred and buttered in Brooklyn. They have played more rallies, benefits, meetings, demonstrations, street fairs, community gardens, block parties, occupations and Food Coop anniversaries than they, or anyone else, can remember. Louie's mother, Rose, philosophized: "That boy always has something to say." They have four CDs out on the Free Brooklyn Now label and you have to hurry, there are only a billion left.

www.ProspectConcerts.tumblr.com

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741

PARK SLOPE FOOD COOP 782 Union St., Brooklyn, NY 11215 (btwn 6th & 7th Av.) • (718) 622-0560

Monthly on the...

Second Saturday
JANUARY 12
10:00 A.M.—2:00 P.M.

Third Thursday
JANUARY 17
7:00 P.M.—9:00 P.M.

Last Sunday
JANUARY 27
10:00 A.M.—2:00 P.M.

On the sidewalk in front of the receiving
area at the Coop.

PLASTICS

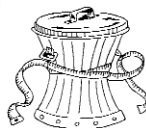
What plastics do we accept?
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting
#2 or #4 type plastics.**

PLASTIC MUST BE COMPLETELY CLEAN & DRY

We close up promptly.
Please arrive 15 minutes prior to the
collection end time to allow for inspection and
sorting of your plastic.



This Issue Prepared By:

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Puzzle Master: Stuart Marquis

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

Advertising: Peter Benton



WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Lantz Arroyo	Thisanjali T. Gangoda	Caroline Larose	Vasudha Talla
Julia Barlow	James Goward	Elizabeth Leeds	Marie Thomas
Lauryl Berger-Chun	Alex Green	Rachel Anne Libon	Emily Warner
Giulia Calenda	Allison Grossman	Rene Lipsch	Katalin Weinhover
Iryna Chernykh	Valentin Gvozdev	Reem Makhoul	Peter Winkler
Sergey Chernykh	Ruby Hlivko	Lin-Fong Man	Eriq Wities
Violeta Dishkova	Joylynn Holder	Lee Mays	Allison Wohl
Sarah Duncan	Denise Howard	Celia Maysles	Sophie Wolfram
Ron (Bezalel) Eichler	Michelle Hughes	Yulia Nikonova	Rachael Wren
Anton Eremenko	Almin Karamehmedovic	Ringo Offerman	Eunji Yi
Stephen Farrell	Amela Karamehmedovic	Erez Partush	Ethan Youngerman
Sam Ferguson	Samantha Kelly	Galia Partush	
Casey Fleming	Sarah Konner	Jill Preston	
Charles Foster	Eric Lagdameo	Elizabeth Reynolds	
Jackelyn Frost	Meredith Lanoue	Sundeep Suchdev	



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet
www.foodcoop.com

The Coop on Cable TV
Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, JANUARY 29

GENERAL MEETING: 7:00 p.m.

TUE, FEBRUARY 5

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Feb 26 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Jan 24 issue: 12:00 p.m., Mon, Jan 14

Feb 7 issue: 12:00 p.m., Mon, Jan 28

CLASSIFIED ADS DEADLINE:

Jan 24 issue: 7:00 p.m., Wed, Jan 16

Feb 7 issue: 7:00 p.m., Wed, Jan 30

ALL ABOUT THE
GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,
January 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

How to Place an Item
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators

• Submit Open Forum items • Explore meeting literature
Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• **Advance Sign-up required:**

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-up sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• **Two GM attendance credits per year:**

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• **Certain Squads not eligible:**

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• **Attend the entire GM:**

In order to earn workslot credit you must be present for the entire meeting.

• **Signing in at the Meeting:**

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2. Please also sign in the attendance book that is passed around during the meeting.

• **Being Absent from the GM:**

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



park slope
FOOD COOP

calendar of events

jan 11
fri 7 pm

Wordsprouts: Poetry and Prose: A Group Reading



Susan O'Neill is the author of *Don't Mean Nothing* (Ballantine Books, UMass Press and, more recently, Serving House Books), a fiction collection based on her hitch as an Army operating-room nurse during the Vietnam war. She's been the co-editor of *Vestal Review*, an ezine/print literary journal for "flash fiction," since it began about 12 years ago. **Richard Roundy's** recent publications include a review in *Rain Taxi*, fiction in the current issue of *Big Bridge*, and poetry forthcoming in the *English Journal*. His work has been published in *Shiny*, *Verse*, *The Hat*, and *The Poker*, among others. He lives in Windsor Terrace with his wife and children and has been a Coop member for about 10 years. **Pat Smith** received his MFA from New York University's Tisch School of the Arts. His play, *Driving Around the House* (1985), has been produced around the U.S. and is published by New Rivers Press. Recent poems have been published in *Psychic Meatloaf*, *Haggard and Halloo*, *Apeiron*, *The Bakery*, *Eclectica* and *The Brooklynier*. He curates poetry events for the Brooklyn Reading Works at Park Slope's Old Stone House.

To book a Wordsprouts, contact Paula Bernstein, paulabernstein@gmail.com.

jan 12
sat 11 am

Reclaiming Legal Standing To Ban Fracking

Concerned about fracking and the future viability of New York State's food shed and eco-systems? Heard reports that fracking contaminates water and pollutes air? Worried about effects another Hurricane Sandy could have on the Rockaway Pipeline? Concerned that Spectra, whose pipeline was prematurely installed in the densely populated West Village, has a dismal safety record? Want to learn how to protect your borough and the rest of NYC? The Community Environmental Legal Defense Fund has guided numerous communities through the process of banning corporate practices by stripping corporate personhood from corporations and returning legal standing to the people where it belongs. The aim of this workshop is to place a Citizens' Initiative based on the work of CELDF on the ballot for the November 2013 election. Coop member **Alice Joyce** has been working to ban fracking since 2013.

jan 12
sat 2 – 5 pm

Auditions for Our Coop Kids' Variety Show



Auditions for Coop members ages 4-18, in the Coop second floor meeting room. To reserve an audition spot contact: Martha Siegel, 718-965-3916, msiegel105@earthlink.net. You must audition to be in the show. Polished act not required for audition; we can help you polish it. Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please).

Another audition date is Sunday, January 20, 10:30 a.m.-1:30 p.m.

Performance date is Saturday, March 9, 7:00 p.m., at the Old First Church.

jan 18
fri 7 pm

Meet Your Mind

The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives. Meditation opens and calms the mind. This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique. **Allan Novick** has practiced meditation since 1975. He is a meditation instructor at the New York Shambhala Center and Nalandabodhi New York. He has been a Coop member for many years and has recently retired from his position as a school psychologist.

jan 18
fri 8 pm

David Roche and Professor Louie & Fast Eddie



David Roche is a talented singer/songwriter who hails from an artistic family of musicians and writers. He's been writing songs slowly but steadily for damn near half a century. He is a long-time Food Coop member and New York Giants fan. You can hear the songs from his last album *Harp Trouble In Heaven* at www.davidroche.net. **Professor Louie and Fast Eddie**, the Poets of the Street, were both born, bred and buttered in Brooklyn. They have played more rallies, benefits, meetings, demonstrations, street fairs, community gardens, block parties, occupations and Food Coop anniversaries than they, or anyone else, can remember. Louie's mother, Rose, philosophized: "That boy always has something to say." They have four CDs out on the Free Brooklyn Now label and you have to hurry, there are only a billion left.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

To book a Prospect Concert event, contact Bev Grant, 718-788-3741.



jan 19
sat 11 am

Detoxification

A time-honored tradition, internal cleansing is an intrinsic part of getting and staying healthy. And with estimates of more than 500,000 toxic chemicals and substances in our environment these days, who isn't concerned with the possibility of toxic overload? Whether you want to lose weight, clear your skin, reduce bloat, ease pain—just about any symptom can benefit from a cleansing program. Join **Diane Paxton**, MS, LAc, of Inner Fire Integrative Health Services, as we share information on vital detoxification protocols for everyone: colon cleansing; ion-detox foot spa; 21-day purification program; elimination diets. Long-time Coop member Diane Paxton is a licensed acupuncturist, nutritionist, and colon hydrotherapist with more than 20 years of experience detoxifying people in New York City.

jan 19
sat 2 am

Anti-Aging: Facial and Whole-Body Rejuvenation

Learn how to: use natural oils and acids that promote cellular renewal and regeneration in your skin; give your face a youthful glow by stimulating collagen production; practice facial massage techniques that relax smile lines and lift sagging jowls; implement three essential beauty routines; improve digestion and minimize inflammation, the number-one cause of aging; eradicate cellulite and minimize wrinkles; and promote longevity and awaken your natural beauty. To register for this event (which is open to all), call **Mary Hart** of Healing Heart Acupuncture (917) 797-7445 or e-mail **Rebecca Curtis** at GreenGemHealth@gmail.com. Rebecca Curtis, M.A., M.F.A., CHN, AADP, is a certified holistic nutritionist and the founder of Green Gem Holistic Health. Mary Hart, M.S., L.Ac., is a nationally board-certified acupuncturist and the founder of Healing Heart Acupuncture.

jan 20
sun 10:30 am – 1:30 pm

Auditions for Our Coop Kids' Variety Show



Auditions for Coop members ages 4-18, in the Coop second floor meeting room. To reserve an audition spot contact: Martha Siegel, 718-965-3916, msiegel105@earthlink.net. You must audition to be in the show. Polished act not required for audition; we can help you polish it. Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please).

Performance date is Saturday, March 9, 7:00 p.m., at the Old First Church.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

jan 11—feb 23 2013

jan 20
sun 7 pm

Creating Health with the Foods of the Season

Many of us strive to eat healthy, tasty and deliciously, however, to achieve optimal health, balance with the season and our environment and lifestyle, we need to understand more about the nature of food. The key is the understanding of the Energetics of Foods. The Chinese Medicine 5 Elements System, along with its underlying Yin/ Yang Theory, assists us in determining what food choices we should make. Join us for this discussion on the Water Element. **Dan Becker** is a dietary health counselor and holistic chef. He has studied with many of the leading macrobiotic teachers throughout the U.S. Additionally, he spent four years in China studying Traditional Chinese Medicine at the Nanjing University of Traditional Chinese Medicine. He has been consulting on diet with natural foods for more than 20 years.

jan 26
sat 12 pm

What the Tooth Fairy Never Knew!

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg DDS**, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

jan 27
sun 12 pm

Peeling the Onion: A Workshop on Research

Are you frustrated by how long it takes to find useful information about a given topic? Overwhelmed by the Internet and all the data out there? Unsure when to trust a source? Unable to translate your information needs to concrete queries? Learn about the current information environment and how to navigate its layers for more fruitful searching sessions. Whether you're a student, a community activist, an independent journalist or just someone who wants to be more efficient, come for research tips and tricks (and bring your own to share)! **Arpita Bose** is a medical librarian and director of a hospital library in Brooklyn. She has taught numerous workshops in consumer health for librarians in New York, New Jersey, Delaware, and Pennsylvania. **Melissa Morrone** is a public librarian in Brooklyn. She has presented and conducted workshops at a variety of venues.

jan 29
tue 7 pm

PSFC JAN General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.

Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

I. Member Arrival and Meeting Warm-Up

II. Open Forum

III. Coordinator and Committee Reports

IV. Meeting Agenda

Item 1: A Discussion on Boycotts

Subject: Revised boycott policy for new and renewed boycott proposals.

Discussion: Proposal for a clarification of Park Slope Food Coop's boycott policy: the boycott must be directly related to our primary financial responsibility and reason for existence—the buying and selling of groceries; it must be based on established and credible information from non-violent sources; and the boycott must be passed by at least an 80% majority at a General Meeting, an 80% majority referendum, or annual recertification of a previously approved boycott.

—submitted by Jesse Rosenfeld

Subject: Moratorium on Israel Boycott

Discussion: Five-year moratorium on PSFC Israel Boycott Discussions and Actions.

—submitted by Murray Lantner

Subject: Boycott Procedures

Discussion: No boycott proposal may come before the GM without the prior approval of the General Coordinators, provided that a petition signed by 51% of the Coop membership can override the decision of the General Coordinators.

—submitted by Eric Eisenstadt

Item 2: Special Election to Agenda Committee

Election: The Agenda Committee will present one candidate to fill a vacancy on the Committee. The member will serve the balance of the two-year term, ending in October 2014.

—submitted by the Agenda Committee

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

feb 1
fri 7 pm

Film Night: George Harrison: Living in the Material World



George Harrison: Living in the Material World (Part II) focuses the imaginative and inspired eye of one of cinema's most pre-eminent filmmakers on one of the world's most influential men. Part I screened here in January. The film takes viewers on the musical and spiritual voyage that was George Harrison's life, much of it told in his own words. The result is deeply

moving and touches each viewer in unique and individual ways. The film's producer and assistant editor, **Blair Foster** and **Michael J. Palmer**, will attend for a Q&A.

To book a Film Night, contact Faye Lederman, squeeze@hotm.com.

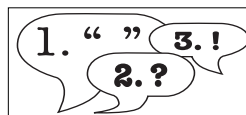
feb 2
sat 12 pm

Introduction to Infant Massage

If you're a parent with a newborn to year-old infant, here's a perfect way to spend an hour that will benefit you and your child for a lifetime. Infant massages are a proven method for parents to bond with and contribute to the health and happiness of their newborn or infant child. Learn to speak infant, express through touch, soothe and calm the baby and give the loving, nurturing attention that accelerates neural and tactile development. Coop member **Deirdre Lovell** is a licensed massage therapist and massage therapy instructor, former performing artist and mother.

feb 5
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. **The next General Meeting will be held on Tuesday, February 26, 7 p.m., at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.**

still to come

feb 7

Food Class: Gluten-Free Valentine's Day Treats

feb 8

Wordsprouts

feb 9

Valentine's Day Card-Making Party

feb 10

Sound for Meditation and Health

feb 12

Safe Food Committee Film Night

feb 15

Prospect Concerts

feb 15–16

Blood Drive

feb 23

Reclaiming Legal Standing to Ban Fracking

LETTERS TO THE EDITOR

ARCHIVING THE COOP

TO OUR FELLOW COOP MEMBERS,

You may have noticed a section headed "From the Archives" in recent issues of the *Gazette*. Did you know the Coop has an Archives Committee? Like the computer programmers, the vitamin workers, and the composters, we archivists represent a smaller point of the constellation that is the Coop workforce.

Among other things, we have been organizing and scanning an eclectic collection of *Linewaiters'* *Gazette* photos in preparation for the Coop's 40th anniversary celebration, and we've started sharing a sampling in each issue. Check out our section on page 16 in this issue.

And we want you to be part of this project! Keep an eye on our regular *Gazette* section, and send your comments, questions, and memories to archivecommittee@psfc.coop. In the next couple of months, we will also be asking members to submit their own snapshots and memorabilia to the Coop archives. Stay tuned for more information and sharing guidelines.

Ivy, June, Lana, and Melissa for the Coop Archives Committee

ARSENIC

DEAR GAZETTE:

This is in response to the *Gazette's* October 4 article on a *Consumer Reports'* study published November 2012 on the high levels of inorganic arsenic levels found in all rice and rice products, including the brand of organic brown rice the Coop sells, Lundberg.

Lundberg has been farming organically since 1937. The *Gazette*, while noting that rice grown in the South tested highest for arsenic, Lundberg Farm's organic brown rice, sourced from California tested high as well. *Consumer Reports* makes it clear that anyone consuming more than one serving of brown rice per day, including the Lundberg brand, is virtually guaranteed to have elevated arsenic levels in their blood.

Lundberg's plan to test for arsenic will not take effect for three years, and the FDA has failed to issue a health advisory or publish the results of its findings.

The author seems to subscribe to Food & Water Watch's approach, for individuals to write letters and lobby government officials to pressure the FDA to develop clear arsenic stan-

dards. Yet isn't this precisely what the Coop's leaders should be doing—lobbying our elected officials, or creating a committee to oversee and monitor this issue?

Joe Holtz, while stating he takes this "seriously," claims the Coop lacks the resources to do testing, and had no proposal for what the Coop can do.

Ironically, this is the same Joe Holtz who, in a sharp break with Coop tradition, wrote a full-page open letter to the membership on March 8, urging us to "vote Coop" and using his position as General Coordinator to influence Coop voting on what was a democratic process, one used previously in 1994, to boycott all products from the State of Colorado after it passed an anti-gay ordinance.

The author suggests that we adopt an "arsenic avoidance diet," and the Coop has since followed up with an article highlighting other grains. This might be good in theory, but the reality is that nothing can replace the taste, texture, or versatility of brown rice. For those people for whom rice is a staple, a plan to avoid brown rice is simply unworkable, especially for anyone on a gluten-free or macrobiotic diet.

I think the Coop needs to be far more proactive. Here are some suggestions:

1. Dialogue with researchers at *Consumer Reports* and Lundberg farms, create a database for Coop members, obtain updates on their testing, and consider a Q&A forum, or workshop at the 2013 Brooklyn Food Conference;

2. Lobby to change the laws governing arsenic testing and regulation;

3. Create a committee to research the issue and publish follow-up articles;

4. Consider an FOIA request to the FDA, to obtain the results of its arsenic over the past 30 years, and publish the results.

Cooperatively yours,
Carol Lipton

LETTER IMPERFECT

*Non-delivery of my mail
Had me frazzled, grumbling, nervous
To the point I had no choice
But to gripe to the Postal Service.*

*Rep from its Consumer Affairs,
Boasting of the group's advances,
Sent assurances of succor—
By email! Rep is taking no chances.*

Leon Freilich



Buddha's Hand

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Fairness

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

Respect

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



baby bok choy

WORDSPROUTS

The Park Slope Food Coop's Reading Series

Attention Writers: Wordsprouts Wants You!

**Are you a novelist, poet, playwright,
songwriter, essayist, journalist, or blogger?**

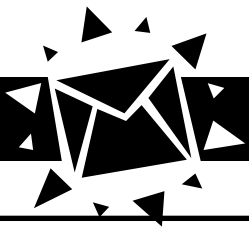
**Are you looking for a forum where you can
promote your work or get feedback?**

**Do you want to moderate a panel or
teach a writers' workshop?**

Do you want to meet fellow Coop writers?

Wordsprouts, the Park Slope Food Coop's reading series, is looking for writers who are members of the Coop. Even if you're not ready to commit to an upcoming event, drop us a line and let us know you're out there!

E-mail paulabernstein@gmail.com.



LETTERS TO THE EDITOR

BDS TOPICS:

DEFINING REJECTION

TO THE EDITOR:

Less than 4% of the total Coop membership voted in favor of holding a referendum on BDS. The fact illustrates that support within the Coop for joining the BDS movement is only marginal. However, David Barouh and Naomi Brussel, in separate letters, take issue with my characterizing the vote as an “overwhelming rejection.” (11/29/12)

The attendance at the General Meeting was not a statistical sample. It was a self-selected group of 10% of the members who were highly motivated to vote. For every 2 who were in favor, there were more than 3 of us opposed. The remaining 90% of members, for whatever reasons, chose not to attend.

The BDS advocates sought to have the Coop endorse their political program, imposing identification with the goals of the BDS movement upon the entire membership. It was their job to garner support for this extraordinary measure. BDS failed to obtain the active support of more than 4% of the membership.

Ms. Brussel calls this “flawed as a democratic process.” Yet, no one was denied the opportunity to attend the General Meeting and cast a vote. Those who cared came. While Ms. Brussel objects to 6% stopping the forwarding of the referendum, she seems to have no problem with 4% pushing it forward. (12/13/12)

On the other hand, Mr. Barouh speculates that the 90% who chose

not to attend the General Meeting “reflect the fatigue and burn out over the drawn-out debate, the desire that the issue just go away.” (12/27/12) He might not call this a rejection, but it is not an endorsement either. Mr. Barouh’s speculation comes close to my own evaluation that the BDS discussion “is of no relevance, appropriateness or benefit to the Park Slope Food Coop community.”

Finally, while I respect Mr. Barouh’s his right to disagree with me on what constitutes an “overwhelming rejection,” I have to take exception to inclusion of the Mark Twain quote, implying I am using statistics to be dishonest. To my mind, this pushes the envelope of the *Gazette’s* Letters Policy on Fairness and Respect.

Barbara Mazor

PALESTINIAN CHRISTIANS CALL FOR BOYCOTT OF ISRAEL: KAIROS PALESTINE DOCUMENT, 2009

COOP MEMBERS:

December 2009: prominent Palestinian Christian leaders released the historical *Kairos Palestine Document*. (*Kairos* is a Greek word meaning ‘the right or opportune moment’). It echoed a similar summons by South African churches in 1985, calling on the world’s churches to begin ‘a system of economic sanctions and boycott against Israel.’

Kairos Palestine, a group of around 15 members representing a wide range of denominations,

including ordained clergy, laypeople, young people, older people, men and women, activists and academics, produced the document after a year and a half. Rifat Odeh Kassir, a 54 year old Lutheran, the coordinator and chief spokesperson for the group said: ‘the *Kairos Palestine Document* has a strong support base; more than 3,000 Palestinian Christian figures have signed and adopted it, as have many Christian organizations.’ Most Palestinian Christians support the BDS call. The heads of churches are more hesitant in expressing public support. ‘Israel blackmails them against participating in such activism.’

Kairos’ first goal is to strengthen the Palestinian Christian’s capacity to organize under repression. Kairos has a theological component: highlighting the Palestinian understanding of Christianity and countering the theology that harms our rights and our struggle. There are multiple advocacy projects in Palestine: BDS, “Come and See” pilgrimages, campaigns for religious freedom, residing rights in Jerusalem, outreach to youth, women, clergy and inclusion in school curriculum.

Kairos’ second goal is addressed to Christians around the world asking them to stand against injustice embodied in Israel’s multi-formed oppression of Palestinians, Christians and Muslims. Kassis says this calls for taking sides: ‘our occupation is not balanced. We are not equal sides: Israel is the strongest party, they occupy us, and they oppress us. Any talk about maintaining ‘balance’ in such a profoundly unbalanced situation is a

call to maintain the state of oppression as it is and justifies keeping silent.’ Globally there are around 16 Kairos groups representing a wide range of organizations and churches in many different places. There have been conferences; many groups visit and dialog with us.

Kairos USA was launched for American Christians, June 2011, by a group of U.S. clergy, theologians and laypersons. Kairos USA advocates for U.S. churches to support the BDS movement, divesting church funds from companies profiting from Israel’s occupation of the West Bank, East Jerusalem and blockade of Gaza.

Their statement: BDS is directed at Israel’s unjust and oppressive policies, not at the state itself or its citizens and not against the Jewish people. Methods to exert economic pressure on governments and companies are legal, ethical and time-tested ways of influencing the political process and corporate behavior.

2012 historic actions by U.S. churches: Methodist, Presbyterian: voted to boycott settlement products. Quakers: divested from companies profiting from Israel’s occupation. October letter to Congress: questioning unconditional military aid to Israel.

December publications: IMEU: “Palestinian Christians in the Holy Land.” Palestine News Network: “Colonizing Christmas: Facts on Israeli Occupation and Bethlehem.”

Mary Buchwald
Brooklyn For Peace
PSFC members for BDS
www.psfcdbds.wordpress.com

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

- | | | |
|--------------------------|-----------------------|------------------|
| Thomas Ahern | Penelope Mahot | Lawson Shadburn |
| Anna Anderson | Bruce Markow | Mark Snyder |
| Caroline Bacquet-Walsh | Marianne Olesen | Lee Solomon |
| Vanessa Baish | Tanya Ostromogilskaya | Wendy Stephenson |
| Regina Beider | Jessica P. | Kirill Strounine |
| Justin Bland | Nuala Pacheco | Olivia Taylor |
| Ryan “Ryler” Calabrese | James Patchett | Rachel Taylor |
| Katherine Dexter | Michelle Pinto | Betty Tsang |
| Sasha Dobos-Czarnocha | Hillary Pollak | Brian L. Tubbs |
| Michelle Eilers | Rachel Porter | Sayaka Vermeer |
| M. Alan Ettlinger | Kimberly Ragan | Trac Vu |
| Charles Ferguson | Rima | Patrick Walsh |
| Nina and Richard Frankel | Susan Ritz | Jeffrey Welch |
| Anne-Marie G. | Stefan Roessel | Gilly Youner |
| Kristy Hurt | Aviv Roth | |
| Justin | | |
| Danielle Kalan | | |
| Linda Katz | | |
| Giselle King | | |
| Kevin Kolben | | |
| Joanna Kotze | | |
| Stacie Kurtz | | |
| Rebecca Lessem | | |
| Faina Levine | | |
| Jennifer MacFarlane | | |



Follow the Food Coop on



@foodcoop



CLASSIFIEDS

HOUSING
AVAILABLE

STUDIO APT. for SALE, Prime Park Slope. Lincoln Pl. bet. 7&8. Bright top-floor walkup studio w/ hardwood floors, built-in bookshelves, modern bath & kitchen. Friendly, beautifully maintained 10-unit brownstone coop. Laundry & storage in basement. Seller is a Food Coop member. Asking \$259,000. call 718-857-0090.

STUDIO APT. FOR SALE. Prime Park Slope, Union Street between 8th Ave. and PPW, 4th Floor Elevator Coop Building with live-in Super. Laundry and bike room in the basement. Renovated kitchen and full bathroom. Asking \$285,000. Call 718-622-0377.

MERCHANDISE
NONCOMMERCIAL

1) PIANO for sale. Upright. Spinnet type. Not heavy. Good cond. \$850 (neg.). 2) TWO beautiful long satin skirts. Good for weddings, etc. Was \$190, sell \$85. New. Call 718-951-7168.

COUCH FOR SALE. 85" long. 36" wide. Beige floral upholstery, very comfortable. Asking \$85 and you move it out yourself. Park Slope location. Call 917-816-4795.

MERCHANDISE
WANTED

SELL IRIS RECORDS your CDs/LPs/DVDs! Appointments day/night at your home. We pay

cash and do the heavy lifting. We also appraise collections for estates/divorces. Email Stephen at recordriots@gmail.com or call 609-468-0885 for more information.

SERVICES
AVAILABLE

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.



EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

Improve your SAX-Life! Learn to play saxophone (clarinet/flute). Teacher with 25 years of experience teaching and performing Funky Jazz and Bossa Nova in Europe, Japan and NYC, offers a creative and fun approach for learning music! All levels and ages are welcome! Or hire my Band for your next party? www.TheUnitedNotions.org

SERVICES
HEALTH

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.



PHOTO BY KEVIN RYAN

Looking for something new?

Check out the Coop's
products blog.

The place to go for the latest
information on our current
product inventory.

You can connect to the blog
via the Coop's website
www.foodcoop.com

PSFC Construction Committee Needs Another Welder

The PSFC Construction Committee has an opening for an additional welder. The job includes picking up a variety of items in need of repair (u-boats, hollywood carts, street carts, conveyor stands, loading-zone signs, etc.) in your own vehicle, taking them to your own shop, repairing them and returning them to the Coop, and, of course, reporting your hours to General Coordinator Mike Eakin, or his backup. The Coop reimburses for supplies and excess electric-demand charges.

E-mail: mike_eakin@psfc.coop



Need to top off your FTOP?

Use your talents to help create a just and sustainable food system in Brooklyn!

"Like" the Brooklyn Food Coalition on Facebook and stay tuned for updates on how to earn FTOP hours.

www.facebook.com/BrooklynFoodCoalition

Scan me!



BROOKLYN
FOOD
COALITION

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop.

Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (*) denotes a Coop member.

SAT, JAN 12

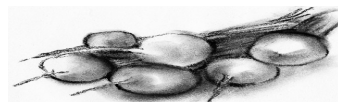
12:30-2:30 p.m. FREE 5-Week Pre-Teen Self-Defense Class for pre-teen girls and transyouth ages 10-12. Next class will take place at CAE 327 7th Street, Bklyn, NY 11215 starting Jan 12th. RSVP to info@caeny.org.

3-5 p.m. Free Classes for adult survivors of domestic violence and sexual assault, on a sliding scale for everyone else. Email us to register for our 5-week self-defense course at CAE 327 7th Street, Bklyn, NY starting Jan. 12th. info@caeny.org or 718-788-1775.

8 p.m. Hard Times and Good Times: Old-Time Country Night at Peoples' Voice Cafe; Tickets are \$18, \$10 for members. Nobody will be turned away. Peoples' Voice Cafe at the Community Church of NYU, 40 East 35th St, NY NY www.peoplesvoicecafe.org. See website for more listings.

SUN, JAN 27

4 p.m. BPL Chamber players present Alan R. Kay, clarinet Eliot Bailen, cello Margaret Kampmeier, piano; Admission is free; Dr. S. Stevan Dweck Center for Contemporary Culture at the Central Library 10 Grand Army Plaza, Bklyn, NY.



To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

Home Health Care Provider
Brenda took care of my mother. She's superb, competent, compassionate, a medical intuitive. many references.
Richard - 718-282-6175

ADVERTISE ON THE WEB

If your ad would benefit from broader exposure, try the Coop's web page, www.foodcoop.com. The ads are FREE.

Alphaword Answers

ACE
FOX
GIN
IVY
AHOY
BLOT
CHIP
DEFY
ENVY
FLUX
GILT
HILT
IDLY
JOTS
ADOPT
BEGIN
DEITY
EMPTY
FORTY
ALMOST



What Is That? How Do I Use It?

Ask Me Questions About Coop Foods

Monday, January 14, 12 to 2:45 p.m.

Monday, January 21, 12 to 2:45 p.m.

You can join in any time during a question-and-answer session on the shopping floor.

Look for tour leaders in produce aisle.



Classified advertising in the *Linewaiters' Gazette* is available only to Coop members. Publication does not imply endorsement by the Coop.

Read the *Gazette* while you're standing on line OR online at www.foodcoop.com

☆☆☆☆ EXCITING WORKSLOT OPPORTUNITIES ☆☆☆☆

Refrigerator Cleaning

Wednesday, 9 to 11 a.m.

This position requires a desire to do physical work, enjoy cleaning, and organize refrigerators. You will thoroughly clean the refrigerator, removing all movable parts and cleaning them; label food items; and discard old or out-of-date products. Please speak to Adriana in the Membership Office if you are interested.



interested or would like more information, please call Jana or Annette in the Membership Office.



Office Data Entry

Thursday, 4 to 6:45 p.m.

To apply for this job, you must have been a member for at least one year with excellent attendance. Are you a stickler for details and accurate on the computer? Do you like working independently? If this sounds like you, then Office Data Entry will be your perfect shift. Please speak to Ginger Jung in the Membership Office (or put a note in her mailbox) prior to the first shift for more information and to schedule training. You must make a six-month commitment to this workslot.



Bathroom Cleaning

Monday, Tuesday, 12 to 2 p.m.

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.



Laundry Prep & Miscellaneous Cleaning

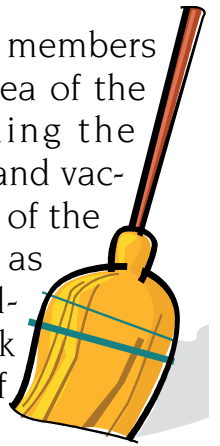
Friday, 6:30 to 8:30 p.m.

The Coop is looking for members to collect the laundry from around the building and prepare it for washing, in-house. After starting the first load of laundry, you'll complete the balance of the shift with miscellaneous cleaning tasks. Instructions and checklists will be provided. If you are

Store Equipment Cleaning

Monday, 6 to 8 a.m.

The Coop is looking for members to clean the checkout area of the store. It entails cleaning the scales at each checkout and vacuuming around the base of the checkout station as well as sweeping and occasionally mopping. You will work under the supervision of a staff person.



FROM THE ARCHIVES

New Year, New Building

You call *this* crowded? If you can believe it, the Coop used to be less than half the size it is now. The Coop started out leasing space in the Mongoose Community Center at 782 Union Ave.—in early *Linewaiters'* issues, the Coop is referred to as the Mongoose Food Coop. In 1980, it formally took over the building at 782 but quickly outgrew its small quarters. The building immediately west of the Coop was purchased on December 16, 1988, for \$345,000. And even that wasn't enough! On January 26, 1999, the Coop acquired its neighboring building to the east, once home to Cline's Rug Cleaners, for \$867,500. Have you been a member long enough to remember what shopping at the Coop was like before the expansions? Tell us your story!

Please send your comments, questions, and memories to archivecommittee@psfc.coop.

—Archives Committee



☆☆ **New location for General Meeting:**
MS 51, 350 Fifth Ave., between Fourth & Fifth Sts. ☆☆