

Established  
1973

# LINEWAITERS'

## GAZETTE



Volume HH, Number 2

January 24, 2013

## Car 84, Where Are You? For Coop Shoppers and Arecibo, A Symbiotic Relationship

By Willow Lawson

‘Did you just call them?’ the woman asked the man as he swung the last of many shopping bags in the trunk of a battered black livery cab. Standing in front of the Coop’s main entrance, she leaned with fatigue over her full shopping cart, her hat dewy from the unseasonably warm January drizzle. ‘Uh, yeah,’ he replied, hopping in the back seat. ‘Well, I called a while ago,’ she said. The insinuation was clear: he had swiped her ride.

‘Another car is coming! Another car is coming!’ the driver called to the woman. But she didn’t answer and turned to glare down Union Street.

On an average day, Arecibo makes 50 or 60 pickups at the Coop. On a busy weekend, it could be double or triple that, according to an Arecibo dispatcher. Arecibo’s “base”—the small storefront it occupies on Fifth Avenue near Lincoln Place—is one of the closest car services to the Coop, so its cars are often in the area and available for quick pickups. When a Coop shopper calls for a car, the dispatcher almost always responds with “five minutes” before hanging up.

On a busy weekend, a steady stream of cars pull up, jockeying with delivery trucks for parking. Unlike more expensive limo services,



ILLUSTRATION BY DIANE MILLER

whose drivers might know the name of the customer they are supposed to pick up, livery cabs are informal. They don’t want your name or your phone number. If three cabs pull up to the Coop and they are all from Arecibo, it’s sometimes impossible to know which car was meant for whom. Other car services, such as Evelyn, Eastern and Continental are also popular among members.

‘People steal each other’s cars. Or they think they are,’ said an anonymous cart-walker who observes the scramble for cabs during his regular evening workslot.

Mr. Cantos, an owner at Arecibo who didn’t want his first name published, knows the system is imperfect, but says it generally works out. If your car doesn’t show or another shop-

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## The Exotic Made Familiar: the Gourmet Specialty Foods End Cap

By Lily Rothman

Recently, Coop member Jennifer Stevens paused to pick up a bulk-packed bag of beans. Stevens knows about beans—but, though clearly beans (one of the less interesting grocery store dry-goods staples), these were unfamiliar. They were verdina beans, about the size of navy beans but a pale green color, native to the Asturias region of Spain. In Asturias, there’s an annual bean festival that celebrates the verdina, but Jennifer Stevens had never heard of a verdina bean. Then again, the verdina beans could be found on a shelf where unusual foods are the usual: the gourmet specialty foods “end cap” shelves, located across from the poultry case, where a selection of rare and imported goods can be found.

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**The Coop will be closing early for shopping at 5:00 pm on Sunday, February 3, so that we can conduct our annual Coop-wide inventory.**

**Some shifts will be affected, others will not.**

**Please help inform our membership about this early closing by telling your Coop housemates and friends.**

**Members whose shifts are affected by the closing will be contacted by the Membership Office.**

### Next General Meeting on January 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The January General Meeting will be on Tuesday, January 29, at 7:00 p.m. at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. The Fourth St. entrance is handicap-accessible.

The agenda is in this Gazette, on the Coop website at [www.foodcoop.com](http://www.foodcoop.com) and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

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## Coop Event Highlights

**Fri, Feb 1 • Film Night: George Harrison: Living in the Material World (Part II) 7:00 p.m.**

**Thu, Feb 7 • Food Class: Gluten-Free Valentine’s Day Treats 7:30 p.m.**

**Fri, Feb 8 • Wordsprouts: Love, Romance, And Personal Responsibility 7:00 p.m.**

**Sat, Feb 9 • Valentine’s Day Card-Making Party 2:00 p.m.**

*Look for additional information about these and other events in this issue.*



**New location for General Meeting:  
MS 51, 350 Fifth Ave., between Fourth & Fifth Sts.**



## Arecibo

CONTINUED FROM PAGE 1

per takes it, call back and they'll send another.

Arecibo has a team of about 200 drivers, each one assigned a number. Each driver pays a weekly fee for the opportunity to take jobs doled out by the base. The fee entitles the driver to seven 12-hour shifts per week, but shifts can only be worked by one driver. Mr. Cantos and his employees declined to say what drivers pay, but the fee is reported to be about \$100 per week. A dispatcher uses a two-way radio to tell drivers where a pick-up is needed. If a driver is nearby, they signal the base. Generally, the first driver to signal gets the job.

Arecibo is one of the largest car services in Brooklyn. The founder named the company after the beach town, famous for its large star-watching telescope, on



the northern coast of Puerto Rico. Mr. Cantos, who has been an owner for about 25 years, is from Ecuador. About half of the drivers are also from Ecuador, the rest from Central and South America and the Middle East, said Mr. Cantos. He sat behind a large wooden desk, a stack of \$50 bills sitting next to his computer screen. A shiny purple soccer trophy towered above an empty water cooler and a pot brew-

ing Cafe Bustelo.

Many of the drivers are not Brooklyn residents, even if they know the borough's streets. Some come from as far away as Pennsylvania and Connecticut for the chance to receive calls from the base. Many drivers have worked for other car services in the area before coming to Arecibo, said Johanna Espinoca, an Arecibo manager who has been with the company for 10 years and has worked as a dispatcher.

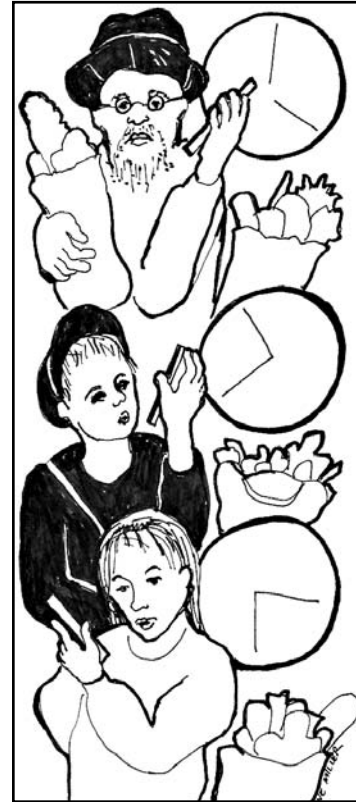
*On an average day, Arecibo makes 50 or 60 pickups at the Coop. On a busy weekend, it could be double or triple that...*

Drivers must have a Taxi & Limousine Commission driver's license, a livery "medallion"—the purple sticker that passengers see in the back windows—and

an excellent knowledge of New York City geography, said Espinoca. Drivers who speak English and Spanish also have an advantage, she said. The Park Slope Food Coop is one of the top pick-up points for Arecibo, but Trader Joe's, Key Food on Fifth Avenue and Fairway (before Hurricane Sandy) are also top locations, said Espinoca. Although many Coop shoppers live near Park Slope, it's not unusual for Arecibo to ferry a member to Manhattan, Queens or even New Jersey. There are over 18,000 licensed livery drivers in New York City.

How much does an Arecibo driver make? "Depends on how the driver hustles," said Marlon Marquez, a driver known by his number, 96, who has worked both as a driver and a dispatcher for 10 years. Drivers make their own schedules and take breaks when they want to, said Marquez.

At the Coop, a driver can be at the mercy of shoppers, especially those who call before they are ready and are slow to get outside. A driver must wait at least 10 minutes for a customer, according to company rules. Most choose to double-park on the busy, narrow stretch of Union Street in an effort to find their customer. But they must also avoid blocking the fire house driveway and some-



ILLUSTRATIONS BY DIANE MILLER

times must circle around.

"If [shoppers] would call when they are really ready to go," that would help the drivers, said Marquez.

Petra E. Lewis, a Coop member and *Linewaiters'* *Gazette* editor, has been a loyal Arecibo customer since the early 1990s. After shopping, she uses the black Coop phone near the exit to call for a car. The phone has four services on speed dial: Arecibo (spelled "Aricibo"), Eastern, Cheers and Five Star.

The fare to Fort Greene, where Lewis lives, is \$8. "They're the cheapest service around," she said. She generally adds \$1-2 as a tip, especially if the driver helps her load her boxes into the trunk.

Lewis says she's noticed that male drivers are more willing to help with loading and unloading than female drivers. "I hate to stereotype, but when you have heavy boxes and bags full of groceries, [female drivers] are the worst. They don't want to come out from behind the wheel and help, seemingly for fear of breaking a nail," she said.

Marquez said it's standard procedure for drivers to help with bags and boxes, but says differing cultural norms and complex gender dynamics can clash. Some male customers might feel uncomfortable having a woman help them with their bags, he said. "A man gets out for a man, but does a man want a woman getting out for him?" he asked. "We try to give the best service. The women who drive here are professional drivers. Not to brag, but Arecibo is the best." ■

### Need to top off your FTOP?

Use your talents to help create a just and sustainable food system in Brooklyn!

"Like" the Brooklyn Food Coalition on Facebook and stay tuned for updates on how to earn FTOP hours.

[www.facebook.com/BrooklynFoodCoalition](http://www.facebook.com/BrooklynFoodCoalition)



Scan me!

BROOKLYN  
FOOD  
COALITION

## The Agenda Committee is urgently seeking new members!

### Join the Committee and help set the monthly General Meeting agenda.

#### Requirements:

- ◆ Attend monthly Committee meetings on the first Tuesday of the month at 8:00 p.m.
- ◆ Attend at least five General Meetings per year
- ◆ Have a cooperative spirit and willingness to work in a collaborative committee environment
- ◆ Be interested in the ongoing business of the Coop
- ◆ Have a good attendance record

If interested, contact Ann Herpel at 718-622-0560 or [ann\\_herpel@psfc.coop](mailto:ann_herpel@psfc.coop).

The Committee will interview applicants before submitting candidates to the GM for election. We are seeking an applicant pool that reflects the diversity of the Coop's membership.

## RETURN POLICY

park slope  
FOOD COOP

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

#### REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt MUST be presented.
2. Returns must be handled within 30 days of purchase.

#### CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

### CAN I RETURN MY ITEM?

Produce\* Bulk\* (incl. Coop-bagged bulk)  
Cheese\* Seasonal Holiday Items  
Books Special Orders  
Calendars Refrigerated Supplements  
Juicers & Oils  
Sushi \*A buyer is available during the week-days to discuss your concerns.

NEVER  
RETURNABLE

Refrigerated Goods (not listed above)  
Frozen Goods  
Meat & Fish  
Bread

RETURNABLE  
ONLY IF SPOILED  
BEFORE  
EXPIRATION DATE  
Packaging/label  
must be present-  
ed for refund.

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.



# New Year's Resolution: Time to Recalibrate

To cleanse or not to cleanse? That's a good question to ask during these ever-hopeful New Year days of post-holiday gluttony. If December is all about indulgence—sure, I'll have another Eggnog!—then January is about counterbalance and, dare I say it, detox. Who's not interested in setting their digestive system straight after too many canapés, chocolate cake, and cocktails?

By Liz Welch

But how to start? Type "Detox Diet" into a Google search and more than 15,000,000 hits show up, including the uber-popular Master Cleanse, a 10-day diet of drinking lemon, cayenne pepper and maple syrup juice that both Beyoncé and Demi Moore swear by. There are Manhattan-based juice cleanse packages delivered to your door (BluePrintCleanse, Organic Avenue and Well+Good, to name a few), and convenient retail outlets in Park Slope. Namely, Sun In Bloom, the vegan, gluten-free and raw-food restaurant on Bergen Street, which offers a three- and five-day fast that was designed by its owner and executive chef, Aimee Follette. "From a health perspective, fasting promotes the body's natural ability to heal itself by supporting the body's ability to eliminate waste and direct energy towards reparative cellular processes," she explains.

While she admits that the Sun In Bloom approach is "intense"—juice only, mainly green—she also says she has had 99% positive feedback from clients who have tried it. "The cleanse I developed includes seven drinks each day: four green juices, one spicy lemonade, one gingerade and a Brazil nut milk," she says. "I added the last one to give people something to look forward to at night." But Follette does not recommend starting her fast cold turkey: "I suggest that people avoid sugar and caffeine a couple days prior to jumping into a juice cleanse," she says. "And to increase their intake of alkalizing green veggies and self-care, with the hope that this will lead towards crowding out unsupportive foods and habits."

If this sounds too intense, fear not. Health and nutrition counselor Andrea Moss, a Coop member since 2009, according to the membership database, says simply cutting out those "unsupportive foods" qualifies as a cleanse. Moss runs group cleanses through Moss Wellness, based in her Park Slope home and Union Square office. "I tailor cleanses to work with each individual," she explains. "Some people have thyroid or blood pressure concerns, others feel sluggish or just want to get rid of their excess belly fat." While the protocol may vary—the end goal is always the same. "People want to improve their eating and health and well-being, and sometimes feel stuck," she says. "A cleanse is a great way to become unstuck."

And the New Year, both Moss and Follette say, is the perfect time to try one. "The holidays often mean eating more cookies, cakes and drinking more alcohol than usual," Moss says. "People often wind up drinking more caffeine as well." That is because they may need a second cup to get them going in the morning after a night out or one

in the afternoon to get through the day. Follette likes this time of year because everyone sets out with such good intentions. "There's a collective energy that creates a beautiful support group," Follette adds.

And people tend to need support when they are giving up the things they look forward to each day. "Caffeine, alcohol, sugar, dairy and gluten are all hard to digest and gunk up your system," Moss says. "Cutting them out is the best way to reboot." And while Moss is certainly a fan of all-juice fasts, she says you can feel better simply by loading up on more fresh veggies and fruit. In other words, there's no need to invest in an expensive juicer and start drinking your kale instead of sautéing it with garlic. "Hardcore juice fasts are great, and definitely have their time and place," Moss says. "But you have to prepare yourself for it."

Doing a juice only fast in the dead of winter can lead to a feeling of deprivation, instead of rejuvenation. "For many people, drinking just juice on cold winter days is counterintuitive," Moss says. "If you want to do it, it's crucial to go easy on yourself." That's because the first days of detox are hard. "Head and body aches are common at first—and can linger for several days," Moss says. "Caffeine and sugar are particularly addictive. And ironically, people who are allergic to them—and to dairy and gluten as well—will often have the most intense cravings for it." In fact, the best way to discover if you have any food allergies is to cut things out with a cleanse, and then slowly introduce them back in. "If you're allergic, you will feel the effects immediately," Moss says.

*If December is all about indulgence—  
sure, I'll have another Eggnog!—  
then January is about counterbalance  
and, dare I say it, detox.*

While the body aches and pains do pass, as does the lethargy and bad breath that often accompany a cleanse, it's important to not push yourself during those detoxing days. "I encourage people to take a day or two off work," she says. Beyond the physical addiction that many people have to caffeine, sugar, alcohol, gluten and dairy, there's a psychological addiction too. "For many, that first cup of coffee in the morning is the hardest thing to give up," Moss says. She recommends first trying a cup of hot water with lemon, to mimic the warm mug in hand experience. If that is too painful, then try green tea. "It has one-third the caffeine of coffee and is teeming with antioxidants," she says. And if that still leaves you



PHOTO BY WILLIAM FARRINGTON

Health and nutrition counselor Andrea Moss.

grouchy with a migraine headache, Moss says it is better to have one cup of black coffee every morning than to call the whole thing off. "If you are cutting everything else out, than you are still doing a cleanse!" she says. "The point is to not be hard on yourself."

Being a Coop member, Moss adds, makes any attempted cleanse that much easier. Whether you are just cutting out gluten and dairy, or you are doing a 10-day green juice diet, the Coop has every ingredient you could possibly want. "There are all these amazing gluten-free grains available at the Coop, like quinoa and amaranth and millet," Moss says, as well as gluten-free pastas, cereals, crackers and breads to choose from. And the produce aisle, always abundant even in the dead of winter, means juicing, or simply filling up on steamed or roasted veggies and fresh fruits will still feel like a treat, even if they are not dripping in butter or heavy cream. The dairy substitutes are equally abundant, ranging from soy to almond, rice, hemp or, Moss's favorite, coconut. "I take a can of thick coconut milk and thin it with water," she says. "And then make a brown rice cereal with it for breakfast in the morning."

Whatever cleansing choice one makes, the payoff is predictably pleasant: If you stick to the regimen, and can withstand the detox period, you will start to feel better in days. Moss recently finished running a five-day group cleanse. "People have emailed me to say their energy levels have skyrocketed," she says. "Rashes disappear, aches and pains can diminish. And inevitably everyone drops a few pounds of water weight." Follette is her own proof that these cleanses work. Sun In Bloom is basically a restaurant dedicated to this kind of "clean" food, in both real and liquefied forms. "I find green juice incredibly energizing," she says. "In fact, I think it's supported me in my career, as I typically work 16-hour days nearly every day of the week. People always remark on how energized I look. I can't say I am not tired, but I certainly cannot imagine what I'd look or feel like without living the lifestyle we promote here at Sun In Bloom." ■

What Is That? How Do I Use It?

## Ask Me Questions About Coop Foods

Monday, February 4, 12 to 2:45 p.m.

Monday, February 11, 12 to 2:45 p.m.

You can join in any time during a question-and-answer session on the shopping floor.

Look for tour leaders in produce aisle.





# Specialty Foods

CONTINUED FROM PAGE 1

"I always look at this shelf," said Stevens, who remembered once buying some vinegar from the section, "because it's always interesting."

The specialty foods shelves may seem to be a random mix of foods shoppers may or may not have heard of, from around the world or around the five boroughs, but there's a delicious method to the madness. There are several ways a food may end up on that end cap. There are several things that may happen to that food. But there's one Coop staff member behind it all—Receiving Coordinator Yuri Weber, who is also the Coop's cheese, olive and fine-food buyer. Weber has worked at the Coop since 2001, and inherited what he calls *the products that fall through the cracks*. Although the majority of products on Coop shelves come from a distributor called United Naturals, he says he doesn't get any of the products for which he's responsible from that main distributor.

"I'm always trying to find something new," Weber says. "It's part willingness to try stuff and part listening to members."

Weber first encountered some of the products on the shelf as samples from suppliers; an Italian food supplier once organized a tour of its sources, including the place where one of Weber's own favorites, *mostarda*, a spicy-sweet Italian fruit-mustard condiment that Weber most prefers in plum and pear flavors, is made. "I think people would be blown away if they tried it," Weber says of the product, "but they just don't know how to use it." (Curious shoppers can now be satisfied: *mostarda* goes great alongside Italian cheeses or meats, particularly boiled Italian meats.)

Some products are more local, with Weber arranging for the Coop to carry items he finds around New York City. For example, at a recent pickle festival, he found locally made pasta that he decided would be special enough for the specialty foods end cap.

Other products are suggestions from Coop members who have a soft spot for a particular food region. Some crave food, most commonly European condiments, that reminds them of a favorite trip or a far-away homeland. Weber does his best to satisfy those cravings, even when they're a bit unorthodox for Brooklyn. For instance, he says, a member's request to switch from American Provolone to Italian Provolone nearly caused a riot among local parents whose kids prefer the blander American version. The Coop now stocks both versions so that everyone is happy. "That's my job," says Weber, "to help make this place their place."

*The specialty foods shelves may seem to be a random mix of foods shoppers may or may not have heard of... but there's a delicious method to the madness.*

Sometimes, those specialty products are embraced by the Coop community. Crackers from Jan's Farmhouse Crisps proved such a hit that they were moved onto the regular cracker shelf, which is very unusual for a product from the gourmet end cap. (It's less unusual for products on the other end caps, which are often where samples or new products get their test runs to see if members buy enough to merit the product moving to an aisle.) Other products are, unfortunately, things nobody wants. An

If dangerously hot hot sauce and loose salami are the weirdest things ever to grace the specialty-foods end cap, what's the most popular? Yuri Weber says that one of the perennial best-sellers is quince paste, also known as membrillo, and anyone can add a little excitement to a cheese plate by picking up some of the popular jelly. The quince is a yellow fruit native to Central Asia that looks a bit like a cross between a pear and an apple, and jelly is one of the most common ways to eat it. (Because quince cooks up so easily into a pleasant preserve, its name in Portuguese, *marmelo*, begat the word marmalade.)

Membrillo can be eaten as a cheese accompaniment, particularly with Spanish cheeses like Manchego. Because it often has a thick texture, it can also be diced and served in salad to provide a little sweetness, the way dried cranberries or apple slices might be used. More ambitious membrillo fans might use it as pastry filling or as a glaze for poultry—which, fortunately for Coop shoppers, can be found just across the aisle from the quince paste.



PHOTOS BY CAROLINE MARDOK

order of cerignola olives in jars, ordered because they looked like great gifts, proved too pricey and went completely unpurchased. After a year, Weber had to throw them all away. He has also stocked the shelves with hot sauce that came with a warning label about its dangerous level of heat and a buffalo salami that was "looser" than most cured meats, which are the weirdest products he remembered ever stocking for the Coop.

But on the day Jennifer Stevens discovered verdina beans, the unfortunate olives were nowhere to be found. Instead, the shelves brimmed

with the usual variety of olive oils and vinegars that are always to be found on the specialty foods shelves, along with marcona almonds in honey; green and red curry paste; artisan bitters in flavors like habanero and maple; harissa; baked fig balls; sun-dried tomatoes; gluten-free crackers made entirely of cheese; sardines; carrots pickled in chipotle; a rhubarb and Muscat wine jelly; rice in fancy tubular containers; a variety of

salamis; candied lemon peel; and much more.

And even if the food seemed foreign from a distance, a verdina bean is still a bean, and most of the foods aren't too surprising once you examine them more closely, said Stevens. "Once you look, you know what it is," she said. ■

## Coop Job Opening: Receiving/Stocking Coordinator

The Coop is hiring a Receiving/Stocking Coordinator to work evenings and weekends.

The evening and weekend Receiving/Stocking Coordinators oversee the smooth functioning of the Coop. They work with squads to ensure that the Coop is well-stocked, and that produce quality is maintained.

The ideal candidate will be a reliable, responsible self-starter who enjoys working with our diverse member-workers. Applicants must be excellent team players, as they will be sharing the work with several other Receiving Coordinators.

Applicants must have excellent people skills, excellent communication and organizational skills as well as patience. Applicants should be able to remain calm in hectic surroundings, have the ability to prioritize tasks, teach and explain procedures, delegate work, give feedback, and pay attention to several things at once. Comfort with computers is preferred.

We are looking for a candidate who wants an evening/weekend schedule. This is a high-energy job for a fit candidate. You must be able to lift and work for hours on your feet including in the walk-in coolers and freezer. Grocery-store experience is a plus.

As a retail business, the Coop's busiest times are during traditional holiday seasons. Applicants must be prepared to work during many of the holiday periods, particularly in the winter.

- Hours:** Approx. 39 hours in 5 days/week: Thursday–Monday some shifts until 11:00 p.m.  
**Wages:** \$25.29/hour  
**Benefits:** —Health insurance  
—Pension plan/401(k) plans  
—Vacation—three weeks/year increasing in the 4th, 7th & 10th years  
—Health and Personal time

### Probation Period:

There will be a six-month probation period.

### How to Apply:

Please provide your résumé along with a cover letter explaining your relevant qualifications, skills and experience. Materials will only be accepted electronically. E-mail résumé and cover letter to [hc-receivingcoordinator@psfc.coop](mailto:hc-receivingcoordinator@psfc.coop). Please put "Receiving Coordinator" in the subject field. Applicants will receive an e-mail acknowledging receipt of their materials. Please do not call the Office to check on the status of your application. Applications will be reviewed and interviews scheduled on a rolling basis until the position has been filled. If you applied to a previous Coop job offering, please re-submit your materials.

### Prerequisite:

Must be a current member of the Park Slope Food Coop for at least six months immediately prior to application.

No Receiving/Stocking experience necessary to submit application materials. However, in order to be considered for an interview applicants must have worked at least four Receiving shifts. After submitting your materials, if you wish to schedule shifts please contact the Coop at [hc-receivingcoordinator@psfc.coop](mailto:hc-receivingcoordinator@psfc.coop). Please put "Schedule Shifts" in the subject field.

**We are seeking an applicant pool that reflects the diversity of the Coop's membership.**

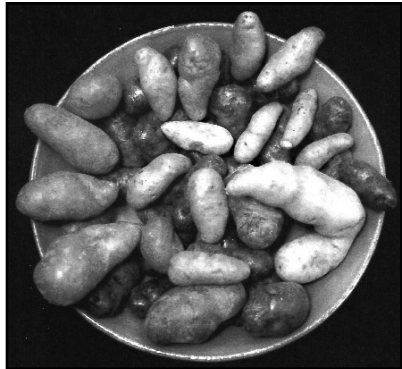




## FROM THE ARCHIVES

## Years of Fantastic Produce

New member orientations often begin with the icebreaker question "Why did you join the Coop?" Not surprisingly, many members say they joined for the produce. The Coop has been providing excellent, local produce since its inception, and aisle one shines year-round with seasonal delights from farms near and far. One such farm is Hepworth Farms, located about



85 miles away, which first began selling produce here in 1983. The Coop now accounts for about 80% of the farm's vegetable sales, and we enjoy peppers, potatoes, tomatoes, apples, greens, and more from Hepworth. The Coop Archive includes gorgeous food photography shots from years past, including the two of Hepworth Farms apples and potatoes seen here.

Please send your comments, questions, and memories to [archivecommittee@psfc.coop](mailto:archivecommittee@psfc.coop).

—Archives Committee



## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue. An asterisk (\*) denotes a Coop member.

## SUN, JAN 27

4 p.m. BPL Chamber players present Alan R. Kay, clarinet Eliot Bailen, cello Margaret Kampmeier, piano; Admission is free; Dr. S. Stevan Dweck Center for Contemporary Culture at the Central Library 10 Grand Army Plaza, Bklyn.

11 a.m. *Kelly Anderson: My Brooklyn, Gentrification, and Me*. A documentary about director's personal journey, as a Brooklyn "gentrifier," to understand the forces reshaping her neighborhood along lines of race and class. Director Anderson will show selections and discuss why she made it. Brooklyn Society for Ethical Culture. 53 PPW. [www.bsec.org](http://www.bsec.org).

## SAT, FEB 2

8 p.m. Emma's Revolution at Peoples' Voice Cafe; Tickets are \$18, \$10 for members. Nobody will be turned away. Peoples' Voice Cafe at the Community Church of NYUU, 40 E. 35 St., NY. [www.peoplesvoicecafe.org](http://www.peoplesvoicecafe.org). See website for more listings.

## THU, FEB 7

7-9 p.m. Book signing, Q&A, & biscotti tasting with Vincent Tropepe's cookbook *Behind the Kitchen Doors* at the PowerHouse Arena, 37 Main St., Bklyn. For more info, call 718.666.3049. RSVP appreciated: [rsvp@powerhousearena.com](mailto:rsvp@powerhousearena.com).

## Earn FTOP Hours in Queens!



Help the Queens Harvest Food Co-op bring sustainable and affordable food options to Queens and earn FTOP hours at the same time.

The Queens Harvest Buying Club is looking for volunteers to help during our monthly distributions. If you love farmers, fresh foods, conversation, and arithmetic, then spend a couple hours with the crew and get to know us (and Queens!) a little better.

## We especially need a bookkeeper.

We are a monthly buying club and need volunteers each month.

Our next distribution will be in late January. E-mail [qhbuyingclub@gmail.com](mailto:qhbuyingclub@gmail.com) for the date.

We need extra hands for:

- Morning Shifts—Setup, Data Entry, Receiving, Inventory
- Afternoon Shifts—Receiving, Data Entry, Kitchen Prep, Packing
- Evening Shifts—Packing, Data Entry, Cleaning, Breakdown

Our distribution site is St. Jacobus Lutheran Church, in Woodside, which is just three blocks from the Roosevelt Ave. stop (E/F/R/M/7 trains) in the heart of Jackson Heights.

Interested in volunteering? E-mail us: [qhbuyingclub@gmail.com](mailto:qhbuyingclub@gmail.com)

## WORDSPROUTS

The Park Slope Food Coop's Reading Series

## Attention Writers: Wordsprouts Wants You!

Are you a novelist, poet, playwright, songwriter, essayist, journalist, or blogger?

Are you looking for a forum where you can promote your work or get feedback?

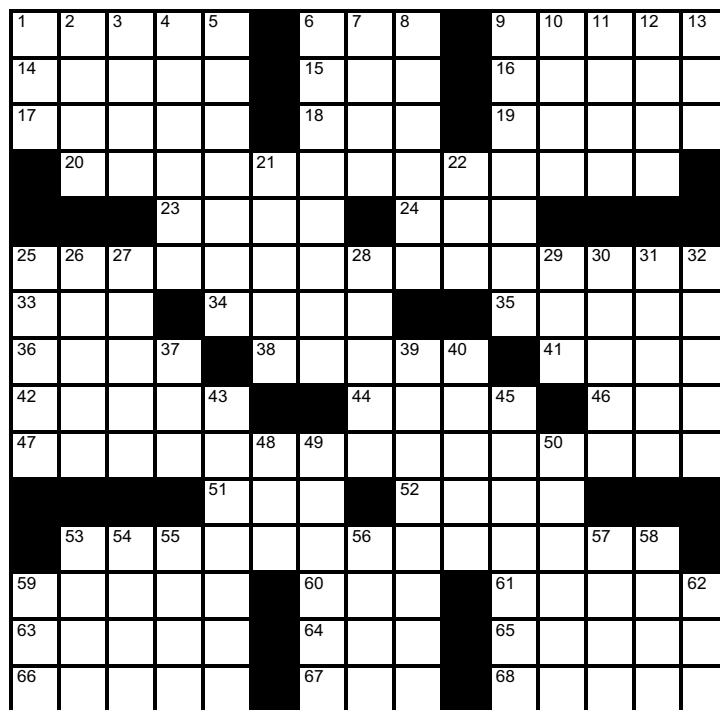
Do you want to moderate a panel or teach a writers' workshop?

Do you want to meet fellow Coop writers?

Wordsprouts, the Park Slope Food Coop's reading series, is looking for writers who are members of the Coop. Even if you're not ready to commit to an upcoming event, drop us a line and let us know you're out there!

E-mail [paulabernstein@gmail.com](mailto:paulabernstein@gmail.com).

## Crossword Puzzle



## Across

- Game company that employed Steve Jobs
- Toyota \_\_\_\_ 4 (SUV model)
- Trudge through wet snow, say
- Folklore creature that inspired "Frankenstein"
- Suffix with infant
- Bright salamanders
- New England city whose name is a variation of the Hebrew word for "peace"
- \_\_\_\_ Paese cheese
- Bothered
- Jar Jar Binks, for one?
- "The Pearl of \_\_\_\_ Island" (Stowe novel)
- Letter before sigma
- Never removing one's hands from one's face while playing a game with a baby?
- Airline to Chile
- Represent by drawing
- Lets loose
- Org. for part-time soldiers
- "Lovergirl" singer \_\_\_\_ Marie
- Gains maturity
- 1974 Gore Vidal novel
- In \_\_\_\_ land
- Directions detail: Abbr.
- What a panda has?
- Wiig's gig ended there in '12
- James of "The Godfather"
- What corny wordplay, like in 20-, 25- and 47-Across, might provoke (as evidenced by 20-, 25- and 47-Across)
- Alma \_\_\_\_
- Otto \_\_\_\_ Bismarck
- TV host who advises "People first, then money, then things"
- Myrcologist's study
- Summer Games org.
- "Peachy!"
- "It's been \_\_\_\_ pleasure"
- Suffix with oct-
- Slip

## Down

- Dept. of Justice chiefs
- Bring \_\_\_\_ end
- Milan's Teatro \_\_\_\_ Scala
- "Because life is not a spectator sport" slogan
- Unethical
- "Protein factory" of the human cell
- Actor Guinness
- Product first marketed as "the zipperless zipper"
- Remove, as a twig
- "I \_\_\_\_ Song Go Out of My Heart"
- Wilson of "Midnight in Paris"
- PDQ, in the ICU
- FDR successor
- Go round and round
- Old TV dial letters
- Downright
- GPA booster
- Prepare to fight
- Sixteen oz.
- Important time
- Pola of silent films
- Handle
- Krupp Works city
- Hold up
- Birth
- Follow \_\_\_\_ (sleuth)
- Dilating a dilator naris muscle will flare one
- One way to be dry
- \_\_\_\_ mission
- "Tron: Legacy" actress Wilde
- Sound sleeper?
- Suffix with dino-
- \_\_\_\_ Reader (eclectic bimonthly)
- "Sonic the Hedgehog" developer
- Time of day when a U.S. president's term ends
- Sharif of "Doctor Zhivago"
- 1974 Peace Nobel from Japan
- Curator's deg.
- Neither's partner

Puzzle author: David Levinson Wilk. For answers, see page 12.

## Hearing Administration Committee is seeking new members

The HAC performs administrative functions necessary to arrange and facilitate disciplinary hearings, coordinating with the Coop's Disciplinary Committee and the Hearing Officers Committee.

Applicants should be detail-oriented, comfortable working by e-mail and telephone; they should be Coop members for at least one year and have excellent attendance records.

Members of the HAC work on an as-needed basis, only when hearings are required, and earn FTOP credit. Therefore these members must maintain regular Coop shifts or be FTOP members in good standing.

The nature of this work requires that all members maintain strict confidentiality with respect to all matters on which they work.

We are seeking an applicant pool that reflects the diversity of the Coop membership at large.

Those interested should telephone Rachel Garber at 718-218-3925.

## L E T T E R S T O T H E E D I T O R

## LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory.

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.

**Anonymity**

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

**Fairness**

In order to provide fair, comprehensive, fac-

tual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.

3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by *Gazette* reporters which will be required to include the response within the article itself.

**Respect**

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.

THE GIFT OF BLOOD,  
THE GIFT OF LIFE**DEAR COOP,**

On behalf of New York Methodist Hospital and the patients whose lives you have touched, we would like to express our sincere gratitude to you for coordinating the recent Blood Drive at the Park Slope Food Coop.

There continues to be a great need for blood in the New York City area as well as in the rest of the country. Only through the efforts of our friends, neighbors and community institutions can we continue to ensure an adequate blood supply to meet the needs of our patients.

We greatly appreciate the time and effort you put into coordinating the blood drive. Your efforts are especially meaningful in light of the devastation recently caused by Hurricane Sandy. Many blood drives were canceled due to the hurricane, and you have helped to alleviate this impact. You have helped to touch the lives of many in a special way by sponsoring this drive.

Once again, thank you for giving



Coop members the opportunity to share the "Gift of Life." We look forward to working with you and everyone at Park Slope Food Coop again soon.

Sincerely,  
Sidney Leonidas and Grace Gehrke,  
donor recruiters,  
New York Methodist Hospital

PARADISE EXPRESS &  
LOCAL

Dorothy and Melissa,  
Both lived model lives,  
Heaven-bound from beginning,  
Achievers, mothers, wives.

Dorothy's home was in Brooklyn,  
Melissa's on Long Island,  
And while one preferred to rent,  
The other chose to buy land.

Subways transported the first,  
Long Island Railroad the second,  
Satisfying both,  
So at least they reckoned.

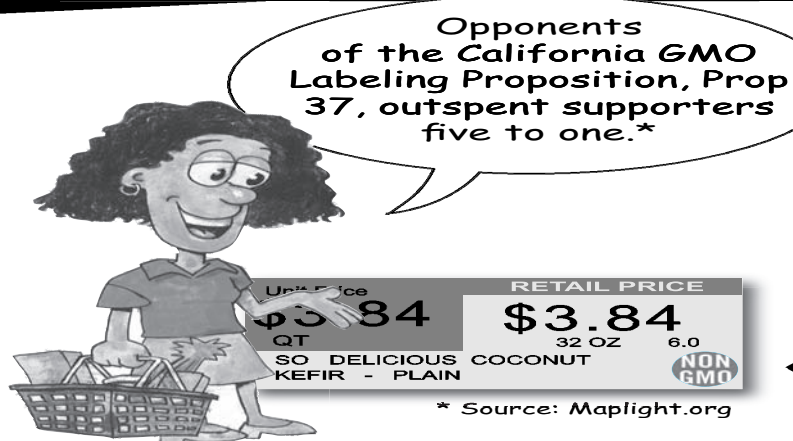
Both took trains to heaven,  
One arrived faster by an acre.  
Dorothy went directly,  
Melissa had to change at Jamaica.

Leon Freilich

PSFC Construction Committee  
Needs Another Welder

The PSFC Construction Committee has an opening for an additional welder. The job includes picking up a variety of items in need of repair (u-boats, hollywood carts, street carts, conveyor stands, loading-zone signs, etc.) in your own vehicle, taking them to your own shop, repairing them and returning them to the Coop, and, of course, reporting your hours to General Coordinator Mike Eakin, or his backup. The Coop reimburses for supplies and excess electric-demand charges.

E-mail: [mike\\_eakin@psfc.coop](mailto:mike_eakin@psfc.coop)

GMO ROUND UP!  
Transgenics, the Coop, and You

Look for the green Non-GMO dot on shelf labels for assurance that foods you buy are GMO-free

Visit [www.nongmoproject.com](http://www.nongmoproject.com)  
or email [sayno2GMO@gmail.com](mailto:sayno2GMO@gmail.com)

This notice is brought to you by the GMO Shelf Labeling Committee of the PSFC: [www.gmodanger.wordpress.com](http://www.gmodanger.wordpress.com)

Board of Directors  
Election**The General Meeting & the Board of Directors**

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting.... The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues that have come before the meeting."

**Duties of the Directors**

The Board of Directors is comprised of five elected Coop members and the senior General Coordinator present. Members serve three-year terms. Members of the Board are expected to attend GMs monthly. They receive Coop work credit for their attendance.

The Board of Directors conducts votes at the end of every GM whether to accept the advice of the members that night. Members of the Board are required to act legally and responsibly.

**Openings**

There are two openings on the Board. Each position is for a term of three years.

**Candidate Deadline**

If you wish to place your name into nomination, you must declare your candidacy by Friday, March 1, 2013. Please submit a statement of up to 750 words to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Please include a small photo for publication in the *Linewaiters' Gazette* and the member proxy mailing.

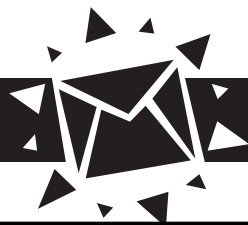
**Deciding and Voting**

Candidates will have the opportunity to present their platform at the March 26, 2013, General Meeting.

Every member will receive a proxy package in the mail in late May. Members may vote by returning their ballot by mail or by bringing it to the Coop. Members may also vote at the Annual Meeting on June 25, 2013.







## L E T T E R S T O T H E E D I T O R

## BDS TOPICS:

## HELD HOSTAGE

## DEAR COOP:

Once again the Letters to the Editor section has been held hostage by ideologues who feel they know best about what the Coop should concern itself about. There are some serious food issues we could be talking about rather than propaganda about the Israel/Palestinian conflict. Please show some concern and respect for the rest of us in the Coop.

Tom Glynn

## BDS: THE SIGNIFICANT VICTORIES OF 2012: PT. I

## COOP MEMBERS:

Worldwide: activists tirelessly campaigned on behalf of the Palestinian-led boycott, divestment and sanctions (BDS) movement to hold Israel accountable for its ongoing human rights violations.

*Organizational Support for BDS.* Global water justice organization *Blue Planet* endorsed BDS: condemned Israel's water discrimination and inaccessibility policies against Palestinians.

M.E.Ch.A., the largest association of Latin@ youth in the U.S. endorsed BDS (Latin@ is a gender neutral term for Latino and Latina.) The announcement came on March 30, which is both Palestinian Land Day (commemorating Israel's murder, injury and mass arrest of Palestinians protesting land confiscation in 1976) and Cesar Chavez Day, commemorating the Chicano civil rights leader who led boycotts and strikes for the rights of farm workers.

South African officials discouraged citizens from traveling to Israel because of the Israeli government's mistreatment of Palestinians; a group of South African mayors canceled a planned visit to Israel.

Norway ended tax deductions for organizations that donate funds to benefit illegal Israeli settlements on occupied Palestinian land.

*Public Services International*, one of the world's largest cross-border trade union groups, declared its support for the campaign to boycott Israeli goods and institutions.

For the first time ever, the African National Congress (ANC), the ruling party in South Africa, made the Palestinian call for boycott, divestment and sanctions of Israel part of its official policy.

Attempts by the Israeli government to promote Israel as a 'queer-friendly' haven by building ties to LGBT communities in the U.S. and elsewhere (a practice known as 'pinkwashing') failed in Seattle, Tacoma and Olympia, Washington.

In February, a judge threw out a

lawsuit by an Israel lobby group against Olympia Food Co-op in Washington, protecting the co-op's decision not to carry Israeli products and to uphold the boycott.

*Boycott Israeli/ Settlement Products.* Members of the United Church of Canada affirmed a resolution to boycott Israeli settlement products.

Israeli cosmetics company Ahava (which illegally takes resources from the Dead Sea in the Occupied West Bank and produces the cosmetics in an illegal settlement while labeling them as "made in Israel") was shelved across Japan. *DaitoCrea*, the Japanese distributor for Ahava's cosmetics line, announced that they would immediately stop carrying Ahava because of that company's fraudulent labeling policy.

Glasgow University dropped Israeli-owned Eden Springs water from its cafeterias.

Ahava products were dropped by a major retail chain in Norway.

*The Flaming Eggplant Café*, a student-run collective at The Evergreen State College in Olympia, Washington, voted to boycott Israeli goods.

The Presbyterian Church USA resolved to boycott Israeli Settlement products; its proposed comprehensive divestment resolution failed by only two votes.

Both governments of South Africa and Denmark and *Migros*, a Swiss supermarket chain, announced that imported products originating from illegal Israeli settlements in the Occupied West Bank would be labeled as such.

Source: Nora Barrows-Friedman based on 2012 coverage by ElectronicIntifada.net.

Mary Buchwald  
Brooklyn For Peace  
PSFC members for BDS  
[www.psfcbds.wordpress.com](http://www.psfcbds.wordpress.com)

## A FLAWED DEMOCRATIC PROCESS AT THE COOP

## TO THE EDITOR:

In the January 10, 2013 *Gazette*, Barbara Mazor refers to my December 13, 2012 letter. In it I noted that at the March 27, 2012 General Meeting the vote against holding a Coop-wide referendum (on the proposal to join the international boycott of Israeli products) represented only 6% of the Coop membership. Ms. Mazor acknowledges this fact. I also wrote "I think this vote showed us how the General Meeting system of decision-making is flawed as a democratic process. About 6% of the members were able to prevent the whole Coop from voting on this issue."

From my reading of archival *Gazette* articles, I find that General Meeting attendance has consistently been only a small percentage of the members. Before the past decade, during

which the General Meeting decided to give workslot credit to members for attending, the average number of members at General Meetings was rarely more than 50 people. At this point it can be several hundred. But even 500 attendees are only about 3% of the Coop membership. As Ms. Mazor notes, 90% of the members did not vote on the proposal for a referendum on joining the boycott of Israeli products because they were not at the General Meeting.

The Coop General Meeting model of decision-making is based on one concept of direct democracy. But since so few of the members actually attend these meetings, the system results in a small self-chosen group making decisions for everybody else. The system also results in an even smaller group, the nine General Coordinators, having major decision-making authority. That authority devolves to them because of their responsibility to keep the Coop functioning; because the elected Board of Directors is committed to accept the General Meeting decisions; and because it is very difficult for the General Meeting to exert oversight of the General Coordinators. As far as I know, the personnel committee which oversees the General Coordinators does not have policy-making responsibility.

How could we change this system to make it more democratic? Should the General Meeting become a representative body with attendees elected by their work squads?

Should there be petition system, enabling a group of members who collect a certain number of signatures (e.g., 15% of the membership?) to demand a Coop-wide referendum on a particular issue? I invite other members to propose ways that we can overcome what I think is a governance problem.

The group PSFC Members For BDS invites you to visit our website: [www.psfcbds.wordpress.com](http://www.psfcbds.wordpress.com) for more information on the international movement for Boycott, Divestment and Sanctions against Israel for the persecution of the Palestinian people.

Naomi Brussel

## DEFINING FAIRNESS AND RESPECT IN THE BDS DEBATE

## DEAR GAZETTE:

About 6% of the total Coop membership voted against holding a referendum on BDS. This fact illustrates that support within the Coop for rejecting the BDS movement is only marginal.

The above statement is the inverse, if you will, of Barbara Mazor's opening statement in her 1/10/2012 letter ("Defining Rejection") that 4% voting for the referendum represented only marginal support. Left unsaid, of course, is that only 6% voted against. Of those who actually voted, about 60%

were for and 40% against—a victory, but hardly an "overwhelming rejection."

She mischaracterized a statement from my 12/27/2012 letter ("Interpreting the BDS Vote Numbers"). I had said that the defeat likely "reflected the fatigue and burn-out over the drawn-out debate, the desire that the issue just go away." She interpreted it as referring to the 90% of members who *didn't vote*. Perhaps she misread, but it actually referred to those who did vote. The context was that people who voted against had mixed reasons for doing so, not just support for the Israeli government's actions.

She cited my use of Mark Twain's famous quote ("There are lies, damned lies, and statistics") as implying that she used statistics "to be dishonest," which therefore "pushes the envelope" of the *Gazette's* Fairness and Respect policies. Twain's quote expresses how easily statistics are manipulated, and are *even more maddening* than dishonesty because they *use facts* to manipulate what's true. Most people, when familiar with the complete number picture, would characterize Barbara's assessment as simply "spinning."

She seems to be equating contentions with unfairness and criticism with insults, ironic, given her own unsupported accusations of anti-Semitism and hate in her 11/29/2012 letter ("The *Gazette* and BDS"). Even assuming I had meant to imply dishonesty, or had blatantly made that accusation, it would still have been well within the guidelines. The relevant segment of Fairness states that the *Gazette* won't publish accusations that are "not specific" or "are not substantiated by *factual assertions*" (italics added). Clearly my supposed implication (or hypothesized accusation) was based on factual assertions—right or wrong—of misused statistics. The relevant passage in Respect states that "letters must not be personally derogatory or insulting, *even when strongly criticizing an individual member's actions*" (italics added). Stating that someone is misusing statistics (or even lying, for that matter) and then making the case for it—again right or wrong—is not being personally insulting. An editor's note explaining this would have provided needed context.

If the *Gazette* has been lax in observing those policies, it has been by overlooking the near ubiquitous accusations of anti-Semitism and hate in the anti-BDS letters, often made without specific examples or attempts at a rationale. The Coordinating Editors have offered the lame excuse that with "political opinion and slant we must allow greater latitude." ("Note from the Coordinating Editors" 3/24/2011) Wrong! With highly charged topics—with accusations flying—what's needed is an even more vigilant observance of guidelines, lest passions get inflamed beyond all reason.

David Barouh

## COOP HOURS

## Office Hours:

Monday through Thursday  
8:00 a.m. to 8:30 p.m.

Friday & Saturday  
8:00 a.m. to 5:00 p.m.

## Shopping Hours:

Monday through Friday  
8:00 a.m. to 10:00\* p.m.

Saturday  
6:00 a.m. to 10:00\* p.m.

Sunday  
6:00 a.m. to 7:30\* p.m.

\*Shoppers must be on a checkout line  
15 minutes after closing time.

## Childcare Hours:

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

## Telephone:

718-622-0560

## Web address:

www.foodcoop.com

LINEWAITERS'  
GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

## SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services.

**Committee Reports:** Maximum 1,000 words.

**Editor-Writer Guidelines:** Except for letters to the editor, which are published without editing but are subject to the *Gazette* letters policy regarding length, anonymity, respect, and fairness, all submissions to the *Linewaiters' Gazette* will be reviewed and if necessary edited by the editor. In their review, editors are guided by the *Gazette's* Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Digital Submissions:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, Feb 15, 8:00 p.m.

The Brooklyn Society for Ethical Culture  
and the Park Slope Food Coop present:



# PROSPECT CONCERTS

**Flying Home with John Mettam.** The joint will be jumpin' with Flying Home, a killer-diller band led by drummer John Mettam, performing the music of the Benny Goodman Sextet and other classics from the Swing era. Cut a rug or sit back and enjoy this finger-poppin' jive session with Michael McGinnis (clarinet), Tom Beckham (vibes), Sean Moran (guitar), Brian Drye (trombone), and Jim Whitney (bass) plus special guest singer Toby Williams.



**Jenny Hill & Liquid Horn.** Jenny Hill presents an evening of music inspired by Brazil, Africa, and American jazz, featuring Todd Isler on drums and percussion, Debbie Deane on piano and vocals, Jim Whitney on bass, and special surprise guests. Jenny Hill, saxophonist and flautist, is currently working with the Easy Star All-Stars, Denis Leary and the Enablers, and leads her own jazz group, Liquid Horn. Bill Milkowski of *Jazz Times* calls her "an accomplished composer-arranger and first-rate soloist, with some bold playing on tenor, soprano and flute. Highly recommended."

[www.ProspectConcerts.tumblr.com](http://www.ProspectConcerts.tumblr.com)

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]  
Performers are Park Slope Food Coop members and receive Coop workslot credit.  
Booking: Bev Grant, 718-788-3741

## Monthly on the...

Last Sunday  
JANUARY 27  
10:00 A.M.—2:00 P.M.

Second Saturday  
FEBRUARY 9  
10:00 A.M.—2:00 P.M.

Third Thursday  
FEBRUARY 21  
7:00 P.M.—9:00 P.M.

On the sidewalk in front of the receiving  
area at the Coop.

## PLASTICS

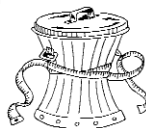
What plastics do we accept?  
Until further notice:

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting  
#2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the  
collection end time to allow for inspection and  
sorting of your plastic.



## This Issue Prepared By:

Coordinating Editors: Stephanie Golden  
Erik Lewis

Editors (development): Diane Aronson  
Petra Lewis

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Lily Rothman  
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Traffic Manager: Barbara Knight

Thumbnails: Mia Tran

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Art Director (production): Lynn Cole-Walker

Desktop Publishing: Joe Banish  
Dana Davison  
David Mandl

Editor (production): Lynn Goodman

Puzzle Master: David Levinson Wilk

Final Proofreader: Teresa Theophano

Index: Len Neufeld

Advertising: Mary Robb





WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Alexis Agathocleous  
Beatrice Anderson  
Timothy Anderson  
Laura Arena  
Layla Barrow  
Roya Bassam  
Emily Beall  
Eli Zachary Berk  
Michael Berman  
Marlee Beyda  
Sophia Breene  
Nikolous Buch  
Erica Chutuape  
Antony Cointre  
Brianne Cole

Catherine (Amy) Cook  
Kiran D'Amico  
Matthew D'Amico  
Kristin Dale  
Alexandra Dosman  
Melissa Elie  
Mary Eileen Fagan  
Steven Flanagan



Allison Flynn  
Madeline Furst  
Natasha Gilberti  
Bernard Goldschmidt  
Emma Grady  
Devin Hardman  
Louisa Hardman  
Simon Paul Hulfich  
Aaron Huthwaite  
Noah Janssen  
Ayinde Jean-Baptiste  
Rachael Joakim  
Elmar Juchem  
Tania Kabakoua  
Leora Kaye

Zachary Kislevitz  
Andre Knight  
Nicole Kone  
Artem Kreimer  
Melissa Kuronen  
Jamilla Labidi  
Eric Levinson  
Katherine Levinton



Tom Lipinski  
Aaron Littman  
Jeff McGuigan  
Neil Meyer  
Cindy Milstein  
Alicia Mountain  
Ramon Narvarez  
Timothy Oakes  
Erin Oglesby  
Eileen Olivieri  
Amilca Palmer  
Fabien Pavlowsky  
Oksana Pavlowsky  
John Petralito  
Angelo Polo

Martina Polo  
Ryan Ptasnik  
Emma Quaytman  
Charlie Recknagel  
Samantha Rise Roberson  
Adrian Fernando  
Ruvalcaba  
Sal Savona



Dietrich Schmidt  
Sarah Schmidt  
Regina Shields  
Kate Skoczylas  
Stephanie Smith  
Walter Stinson  
Tessa Tam  
Claire Thévenoux Cointre  
A. Mia Torres  
Sarah Ulicny  
Max Wolcott  
Elissa Young  
Perry Young

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit [foodcoop.com](http://foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet  
[www.foodcoop.com](http://www.foodcoop.com)

The Coop on Cable TV  
*Inside the Park Slope Food Coop*

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: [www.bricartsmedia.org/community-media/bcat-tv-network](http://www.bricartsmedia.org/community-media/bcat-tv-network).

General Meeting Info

TUE, JANUARY 29  
GENERAL MEETING: 7:00 p.m.

TUE, FEBRUARY 5  
AGENDA SUBMISSIONS: 8:00 p.m.  
Submissions will be considered for the Feb 26 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:  
Feb 7 issue: 12:00 p.m., Mon, Jan 28  
Feb 21 issue: 12:00 p.m., Mon, Feb 11

CLASSIFIED ADS DEADLINE:  
Feb 7 issue: 7:00 p.m., Wed, Jan 30  
Feb 21 issue: 7:00 p.m., Wed, Feb 13

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, [foodcoop.com](http://foodcoop.com), at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday,  
January 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

How to Place an Item  
on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, [foodcoop.com](http://foodcoop.com), in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

**Warm Up (7:00 p.m.)** • Meet the Coordinators  
• Submit Open Forum items • Explore meeting literature  
**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.  
**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports  
**Agenda (8:00 p.m.)** The agenda is posted on the Coop Web site, [foodcoop.com](http://foodcoop.com), the Coop Community Corner and may also appear elsewhere in this issue.  
**Wrap Up (9:30-9:45)** (unless there is a vote to extend the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.

Attend a GM  
and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

- **Advance Sign-up required:**  
To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.  
Some restrictions to this program do apply. Please see below for details.
- **Two GM attendance credits per year:**  
Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.
- **Certain Squads not eligible:**  
Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)
- **Attend the entire GM:**  
In order to earn workslot credit you must be present for the entire meeting.
- **Signing in at the Meeting:**
  1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.
  2. Please also sign in the attendance book that is passed around during the meeting.
- **Being Absent from the GM:**  
It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop  
Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



park slope  
FOOD COOP

# calendar of events

jan 26  
sat 12 pm

## What the Tooth Fairy Never Knew!

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. **Stephen R. Goldberg** DDS, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

jan 27  
sun 12 pm

## Peeling the Onion: A Workshop on Research

Are you frustrated by how long it takes to find useful information about a given topic? Overwhelmed by the Internet and all the data out there? Unsure when to trust a source? Unable to translate your information needs to concrete queries? Learn about the current information environment and how to navigate its layers for more fruitful searching sessions. Whether you're a student, a community activist, an independent journalist or just someone who wants to be more efficient, come for research tips and tricks (and bring your own to share)! **Arpita Bose** is a medical librarian and director of a hospital library in Brooklyn. She has taught numerous workshops in consumer health for librarians in New York, New Jersey, Delaware, and Pennsylvania. **Melissa Morrone** is a public librarian in Brooklyn. She has presented and conducted workshops at a variety of venues.

jan 29  
tue 7 pm

## PSFC JAN General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

**Meeting location:** MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

- I. Member Arrival and Meeting Warm-Up
- II. Open Forum
- III. Coordinator and Committee Reports
- IV. Meeting Agenda

**Item 1:** A Discussion on Boycotts

**Subject:** Revised boycott policy for new and renewed boycott proposals.

**Discussion:** Proposal for a clarification of Park Slope Food Coop's boycott policy: the boycott must be directly related to our primary financial responsibility and reason for existence—the buying and selling of groceries; it must be based on established and credible information from non-violent sources; and the boycott must be passed by at least an 80% majority at a General Meeting, an 80% majority referendum, or annual recertification of a previously approved boycott. —submitted by Jesse Rosenfeld

**Subject:** Moratorium on Israel Boycott

**Discussion:** Five-year moratorium on PSFC Israel Boycott Discussions and Actions. —submitted by Murray Lantner

**Subject:** Boycott Procedures

**Discussion:** No boycott proposal may come before the GM without the prior approval of the General Coordinators, provided that a petition signed by 51% of the Coop membership can override the decision of the General Coordinators. —submitted by Eric Eisenstadt

**Item 2:** Special Election to Agenda Committee

**Election:** The Agenda Committee will present one candidate to fill a vacancy on the Committee. The member will serve the balance of the two-year term, ending in October 2014. —submitted by the Agenda Committee

**V. Board of Directors Meeting**

**VI. Wrap-Up.** Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

feb 1  
fri 7 pm

## Film Night: George Harrison: Living in the Material World



*George Harrison: Living in the Material World* (Part II) focuses the imaginative and inspired eye of one of cinema's most pre-eminent filmmakers on one of the world's most influential men. Part I screened here in January. The film takes viewers on the musical and spiritual voyage that was George Harrison's life, much of it told in his own words. The result is deeply

moving and touches each viewer in unique and individual ways. The film's producer and assistant editor, **Blair Foster** and **Michael J. Palmer**, will attend for a Q&A.

To book a Film Night, contact Faye Lederman, [squeezestone@hotmail.com](mailto:squeezestone@hotmail.com).

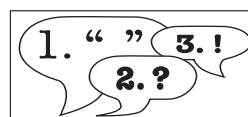
feb 2  
sat 12 pm

## Introduction to Infant Massage

If you're a parent with a newborn to year-old infant, here's a perfect way to spend an hour that will benefit you and your child for a lifetime. Infant massages are a proven method for parents to bond with and contribute to the health and happiness of their newborn or infant child. Learn to speak infant, express through touch, soothe and calm the baby and give the loving, nurturing attention that accelerates neural and tactile development. Coop member **Deirdre Lovell** is a licensed massage therapist and massage therapy instructor, former performing artist and mother.

feb 5  
tue 8 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m.

Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at [foodcoop.com](http://foodcoop.com). **The next General Meeting will be held on Tuesday, February 26, 7 p.m., at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.**

feb 7  
thu 7:30 pm

## Food Class: Gluten-Free Valentine's Day Treats



Valentine's Day indulgences don't have to leave you feeling guilty. Join chef **Maggie Callahan** as she teaches three delicious gluten-free recipes using natural sweeteners and other whole-food ingredients. Callahan is a private chef, cooking instructor and holistic health coach. She specializes in preparing delicious foods for both adults and kids and has a great deal of experience cooking for people with a wide range of allergies and intolerances. She is a graduate of the Natural Gourmet Institute for Health and Culinary Arts and the Institute for Integrative Nutrition. *Menu includes: Valentine's mini spiced cranberry muffins; hazelnut and raspberry sandwich cookies; vegan chocolate coconut truffles.*

**Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.**

feb 8  
fri 7 pm

## Wordsprouts: Love, Romance, And Personal Responsibility



This group reading features three authors. **Barbara Agosin** began writing as a means of therapy after her husband was diagnosed with Alzheimer's Disease. An essayist and poet, her work focuses on everyday events as well as life within the circle of love and loss that is Alzheimer's. Barbara is a member of the Monday Writer's Group in Park Slope and a SoulCollage® facilitator. Brooklyn-based storyteller **Robin Bady** has been called, "gutsy, big hearted, and street smart," and "a force of nature." She draws from world tales, current events, oral histories, literature, ghostly experiences and her own life to create a repertoire shaped by her commitment to justice. Bady is the recipi-

**For more information on these and other events, visit the Coop's website: [foodcoop.com](http://foodcoop.com)**

**All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.**



# jan 26-mar 8 2013

ent of the 2012 JJ Reneaux Emerging Artist Grant Award given by the National Storytelling Network. **Fran Hawthorne** has spent more than 25 years covering health-care, politics, finance, and the nexus of business and social issues. Her fifth book, *Ethical Chic: The Inside Story of the Companies We Think We Love*, has just been named one of the best books of 2012 by *Library Journal*. Hawthorne writes regularly for *The New York Times*, *Newsday*, *The Scientist*, and other publications.

To book a Wordsprouts, contact Paula Bernstein, wordsproutspsfc@gmail.com.

feb 9  
sat 2 pm

## Valentine's Day Card-Making Party



Bring family and friends of all ages to a Valentine's Day Card-Making party in the Coop's Meeting Room. We'll supply glue, markers, and paper and some fun art-making tips. Bring any other special art materials you would like to use. Hot cocoa and chocolatey treats will be available to purchase.

feb 10  
sun 12 pm

## Sound for Meditation & Health

Music is a way into a deeper silence that relaxes our bodies and minds. In this workshop, as we pay attention to our breathing and the effect of the music on us, discover a calmness of energy and focus. Listen to Indian music and Bach on the violin and sing notes together, and no prior experience is needed. Experience a meditative way to enjoy and benefit from music. Coop member **Michael Braudy** is an experienced violinist in Western, North Indian and Celtic music, and has taught music and meditation for more than 30 years.

feb 12  
tue 7 pm

## Safe Food Committee Film Night: Food Matters



The message of the controversial documentary, *Food Matters*, from producer/directors James Colquhoun and Laurentine ten Bosch is: "Let thy food be thy medicine and thy medicine be thy food," from the founding father of modern medicine, Hippocrates. With nutritionally depleted foods, chemical additives and our tendency to rely upon pharmaceutical drugs to treat what's wrong with our malnourished bodies, it's no wonder that modern society is getting sicker. *Food Matters* sets about uncovering the trillion-dollar worldwide "sickness industry" and giving people scientifically verifiable solutions for overcoming illness naturally. The *Food Matters* duo deliver a clear and concise message: *Food Matters*.

feb 15  
fri 8 pm

## Flying Home w/John Mettam And Jenny Hill & Liquid Horn



The joint will be jumpin' with **Flying Home**, a killer-diller band led by drummer **John Mettam**, performing the music of the Benny Goodman Sextet and other classics from the Swing era. Cut a rug or sit back and enjoy this finger-poppin' jive session with Michael McGinnis (clarinet), Tom Beckham (vibes), Sean Moran (guitar), Brian Drye (trombone), and Jim Whitney (bass) plus special guest singer Toby Williams. **Jenny Hill** presents an evening of music inspired by Brazil, Africa, and American jazz, featuring Todd Isler on drums and percussion, Debbie Deane on piano and vocals, Jim Whitney on bass, and special surprise guests. Jenny Hill, saxophonist and flautist, is currently working with the Easy Star All-



Stars, Denis Leary and the Enablers, and leads her own jazz group, **Liquid Horn**. Bill Milkowski of *Jazz Times* calls her "an accomplished composer-arranger and first-rate soloist, with some bold playing on tenor, soprano and flute. Highly recommended." **Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.** To book a Prospect Concert event, contact Bev Grant, 718-788-3741.

feb 15-16  
fri-sat 11 am-6 pm

## Blood Drive

Fact: Less than 3% of the population donates blood, and 90% will use blood some time in their life. Presented in cooperation with New York Methodist Hospital. For further information about blood donation, call 718-780-3644.

feb 23  
sat 12-4 pm

## Reclaiming Legal Standing To Ban Fracking

Concerned about fracking and the future viability of New York State's food shed and eco-systems? Heard reports that fracking contaminates water and pollutes air? Worried about effects another Hurricane Sandy could have on the Rockaway Pipeline? Concerned that Spectra, whose pipeline was prematurely installed in the densely populated West Village, has a dismal safety record? Want to learn how to protect your borough and the rest of NYC? The Community Environmental Legal Defense Fund has guided numerous communities through the process of banning corporate practices by stripping corporate personhood from corporations and returning legal standing to the people where it belongs. The aim of this workshop is to place a Citizens' Initiative based on the work of CELDF on the ballot for the November 2013 election. Coop member **Alice Joyce** has been working to ban fracking since 2013.

feb 26  
tue 7 pm

## It's Your Funeral

Planning for your own death now (as opposed to later) is a practice that can enable you to live in the moment, face your own mortality with courage—and create an end-of-life service that reflects your values. Join Coop member **Amy Cunningham**, former journalist and graduate of the American Academy McAllister Institute of Funeral Service, in a conversation about fascinating advancements within the funeral business. The talk will cover how to plan a low-cost, back-to-basics funeral or memorial service, as well as offer information on green cemeteries near New York City, cremation pros and cons, caskets with urns, biodegradable urns, blended-faith/alternative ceremonies, and more. You'll get a glimmer of what funerals of the future might look like—and leave with planning literature for yourself or for someone you love. Coop member Amy Cunningham is a fully licensed funeral director at Greenwood Heights Funeral & Cremation Services, Inc., a full-service funeral home on Fourth Avenue in Brooklyn.

feb 26  
tue 7 pm

## PSFC FEB General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewriters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office. **Meeting location: MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.**

## still to come

mar 1 **Film Night**

mar 2 **Green Cleaning**

mar 3 **Detoxification**

mar 5 **Agenda Committee Meeting**

mar 7 **Food Class: Spring Cleaning with Raw Foods**

mar 8 **Wordsprouts: Group Reading**

## CLASSIFIEDS

## BED &amp; BREAKFAST

THE HOUSE ON 3rd ST. B&B-serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our website at [houseon3st.com](http://houseon3st.com). Click our FB link or call Jane at 718-788-7171. Ask about bargains for last minute bookings. Let us host you!

## CHILDCARE

Considering sleep away camp? Consider Camp Kinderland! Come to an open house and learn more about this wonderful "summer camp with a conscience" for boys and girls ages 8-16, combining all the best of summer camp fun with a multi-cultural environment of caring, cooperation, respect and a commitment to social justice. Current camp families are hosting an Open House in Park Slope on Sunday, February 3rd from 1:30-3:30. Bring the children! Find out more about Kinderland's program and meet the staff over light refreshments. For details and more information email [info@kinderland.org](mailto:info@kinderland.org) and also check out their website at [www.campkinderland.org](http://www.campkinderland.org).

Loving, energetic, reliable nanny available part-time. Cherry has

worked for us since our daughter (now 2) was an infant. She is a treasure. We are scaling her hours from full-time to part-time, so if you need a dream babysitter pls get in touch: [JillDearman@gmail.com](mailto:JillDearman@gmail.com) or 646-594-8906.

## HOUSING AVAILABLE

STUDIO APT. for SALE, Prime Park Slope. Lincoln Pl. bet. 7&8. Bright top-floor walkup studio w/hardwood floors, built-in bookshelves, modern bath & kitchen. Friendly, beautifully maintained 10-unit brownstone coop. Laundry & storage in basement. Seller is a Food Coop member. Asking \$259,000. call 718-857-0090.

## MERCHANDISE NONCOMMERCIAL

1) PIANO for sale. Upright. Spinnet type. Not heavy. Good cond. \$850 (neg.). 2) TWO beautiful long satin skirts. Good for weddings, etc. Was \$190, sell \$85. New. 718-951-7168.

COUCH FOR SALE. 85" long. 36" wide. Beige floral upholstery, very comfortable. Asking \$85 and you move it out yourself. Park Slope location. Call 917-816-4795.

## MERCHANDISE WANTED

SELL IRIS RECORDS your CDs/LPs/DVDs! Appointments day/night at your home. We pay cash and do the heavy lifting. We also appraise collections for estates/divorces. Email Stephen at [recordriots@gmail.com](mailto:recordriots@gmail.com) or call 609-468-0885 for more info.

## SERVICES AVAILABLE

MADISON AVENUE HAIRCUTTER is right around the corner from the food Co-op, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154, I charge \$60.00.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case.

Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at [www.tguccionelaw.com](http://www.tguccionelaw.com).

Improve your SAX-Life! Learn to play saxophone (clarinet/flute). Teacher with 25 years of experience teaching and performing Funky Jazz and Bossa Nova in Europe, Japan and NYC, offers a creative and fun approach for learning music! All levels and ages are welcome! Or hire my Band for your next party? [www.TheUnitedNotions.org](http://www.TheUnitedNotions.org).

HAIRCUTS HAIRCUTS HAIRCUTS. Color, high light, low lights in the convenience of your home or mine. Kids cuts \$15.00, Adults \$35.00-\$40.00. Call Leonora 718-857-2215.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

Music Lessons: Drums + Percus-

sion with John Doing, experienced performer and educator. In your home or at my studio on Vanderbilt + Bergen. Private lessons + group lessons (drum circle). Visit [www.doingmusic.org](http://www.doingmusic.org); e-mail [john@johndoing.com](mailto:john@johndoing.com); or call 917-410-0726. Now offering free consultation lesson!

HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As Featured in Allure Magazine. Dr. Gilman 212-505-1010.

2 TREATMENT ROOMS available for hourly, 1/2 day, full day rental in beautiful Park Slope location. Great for acupuncture, massage, nutrition, etc. For rates and info call Bodycraft 718-499-9488 or email [bcfitandwell@gmail.com](mailto:bcfitandwell@gmail.com).

## VACATION RENTALS

Mayan Riviera Time Share \$500; two weeks; studio; \$747 transfer fee; look it up @ [mayanpalace.com](http://mayanpalace.com) 2 queen beds, 6 other resorts on same plan; Call Donnie 718-768-1797.

## ☆☆ EXCITING WORKSLOT OPPORTUNITIES ☆☆

## Wall-Chart Updating

Sunday, 8 to 10:45 a.m.

This is the perfect job for a detail-oriented person who likes a quiet and pleasant work environment. You will be trained by a staff person who will always be available to answer questions. You are part of a team of two to three people, but you will work on your own. Please speak to Camille Scuria if you would like more information. She can be reached at [camille\\_scuria@psfc.coop](mailto:camille_scuria@psfc.coop) or call the Membership Office Saturday through Wednesday to speak to her.

## Vitamin Assistant

Friday afternoons

Are you a detail-oriented worker who can work independently and in a busy environment? The Coop's vitamin buyer needs you

to help her check-in orders, organize the vitamin-supply area in the basement and on the shopping floor, label vitamins and supplements, and other related tasks. If you are interested in this workslot, please contact the Membership Office for more information.

## Receiving Produce

Monday through Friday, 5 to 7:30 a.m.

The Coop is looking for members to work in the produce area. Responsibilities include: lifting boxes, unloading deliveries, stacking boxes in the basement. You should be willing to get or have wet hands while you are working. Boxes usually weigh between 2-20 lbs., a few may weigh up to 50 lbs. PLEASE DO NOT SIGN UP FOR THESE SHIFTS UNLESS YOU ARE WILLING TO DO THESE TASKS. If you're interested, contact the Membership Office.

## Crossword Answers

A	T	A	R	I		R	A	V		S	L	O	S	H
G	O	L	E	M		I	L	E		N	E	W	T	S
S	A	L	E	M		B	E	L		A	T	E	A	T
	N	A	B	O	O	C	C	U	P	A	N	T		
		O	R	R	S		R	H	O					
P	E	E	K	A	B	O	O	F	F	E	N	S	E	
L	A	N		L	I	M	N		F	R	E	E	S	
U	S	A	R		T	E	E	N	A		A	G	E	S
M	Y	R	O	N		L	A	L	A		R	T	E	
B	A	M	B	O	O	O	B	S	E	S	S	I	O	N
			S	N	L		C	A	A	N				
S	U	S	T	A	I	N	E	D	B	O	O	S		
M	A	T	E	R		V	O	N		O	R	M	A	N
F	U	N	G	I		I	O	C		N	E	A	T	O
A	R	E	A	L		A	N	E		E	R	R	O	R

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways:



◆ On the Coop's website ([www.foodcoop.com](http://www.foodcoop.com))

◆ Add your name to the sign-up sheet in the ground-floor elevator lobby



◆ Call the Membership Office

## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

**MUSIC LESSONS**  
All ages & All levels  
Individual & Family

Study drums and percussion with **John Doing**, experienced performer and educator. In your home or at my studio on Vanderbilt + Bergen.

**WWW.DOINGMUSIC.ORG**

"More than just drum lessons"  
(917) 410-0726  
[john@johndoing.com](mailto:john@johndoing.com)  
FREE CONSULTATION LESSON!

## TEAM CLEAN

TC is the Food Coop's Candace Mills co-owner

[www.teamcleannyc.com](http://www.teamcleannyc.com)  
[teamcleannyc@gmail.com](mailto:teamcleannyc@gmail.com) . 718-866-5954

