

Established 1973 UNION GCIU LABEL





May 2, 2013 Volume HH, Number 9

AN ERA ENDS IN BROOKLYN: Borough President Markowitz Delivers His Final 'State of the Borough' Address

By Thomas Matthews

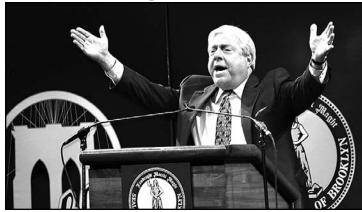
rooklyn Borough President Marty Markowitz celebrated the last lap of his 12 years in office with a lavish and entertaining State of the Borough address at the Barclays Center on April 11. Fittingly, the closing montage, a parody of films celebrating Brooklyn, featured Marty as Tony Manero in Saturday Night Fever, strutting the streets of the borough eating pizza to the strains of "Staying Alive."

For Markowitz, 68, who was born in Crown Heights, "staying alive" has meant surviving the death of his father when he was nine years old. It meant taking nine years to earn his degree at Brooklyn College, studying at night while working for tenants' rights. It meant campaigning in shifting, multiethnic districts to earn 23 years as a State Senator. Since becoming Borough President in 2002, it has meant balancing competing interests and seeking the common good in one of the most diverse communities in the country.

And it has meant eating more food than any human being who wants to stay healthy would consider reasonable.

"I was always a good eater," Markowitz said, noshing on cheese and crackers in the kitchen of his home in Windsor Terrace, with his wife, Jamie, and Beep, their African Gray parrot. But as a child, his options were limited.

"When I was young, the only time we went out to eat was at the kosher deli where my father worked," he recalled. "And, like all the other Jews, Chinese food on Sunday nights. I remember a place called the New China Inn on Flatbush. You'd have to wait two hours to get in. Egg foo young and fried rice. It was heaven. After my father died, that stopped. My mother made a lot of pasta, because it was cheap."



Markowitz's final State of the Borough address.

But for Markowitz, food is political as well as personal, the expression of Brooklyn's many cultures and an important source of its commercial vitality. "Sure, it fit into my natural interests. But it has always been a major industry in Brooklyn. We don't build cars, but we sure are cooking."

An Address to Many Brooklyns

The 2013 State of the Borough address drew more than 2,000 people—constituents and politicians, representatives of a dizzying array of community groups and businesses.

The entertainment reflected the borough's diversity. The Brooklyn Tabernacle Choir sang; actor Tony Danza rapped; Miss America 2013, Mallory Hagan, waved. (This reporter appeared on stage with novelist Ayana Mathis to represent Brooklyn's growing roster of writers and journalists.)

Throughout the night, Markowitz outlined the borough's progress and achievements. He praised neighborhood development in downtown Brooklyn, Dumbo, Williamsburg and Red Hook. He noted progress on housing, one of his long-term crusades, saying that "in the last 12 years, we've added or preserved nearly

CONTINUED ON PAGE 2

a religion, it's one thing to be born into the beliefs, customs and traditions of an ansist find and traditions of an ancient faith and another thing to make a conscious adult decision to become a member of "another" tribe. Most Park Slope Food Coop members today were born outside of the Coop, born into a very different shopping religion. Through great persistence and sometimes carrying boxes of broccoli on their heads in a freezer room, most members converted to become card-carrying Coop members.

By Brian Dentz

The story goes that when Moses led the Hebrew slaves out of Egypt, they wandered through the desert for 40 years, eating manna (organic?) from heaven to survive. Not until the generation born into slavery died and new generation was born free,

COOP BABIES

could the tribe arrive into the Promised Land

The PSFC started in 1973, making it 40 years old. How have Coop children handled their status—is the Coop a promised land for them? What follows are conversations with a small elite group of people who were born into the Coop.

Charlotte Morriearliest memory



son, 23, recalls, "My Matthew Malter Cohen and son.

was being in childcare." She remembers that childcare was in a different building than today. "There was a carpet and the area was much bigger...they gave out whole bagels, not just eighths, and OJ, not just water." Charlotte remembers that the checkout registers were not very advanced and the counters were wood.

As a child, Charlotte was put in childcare with her best friend Rachael who also was a Coop baby. Rachael's family later

CONTINUED ON PAGE 3

Next General Meeting on May 28

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The May General Meeting will be on Tuesday, May 28, at 7:00 p.m. at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. The Fourth St. entrance is handicap-accessible.

For more information about the GM and about Coop governance, please see the center of this issue.

Coop **Event** Highlights

Thu, May 2. Food Class: An Evening with Our Neighbor Chef Gautier 7:30 p.m.

Fri, May 3. Film Night:

For Once In My Life 7:00 p.m.

Fri, May 10 • Wordsprouts: Novelists

Amy Sohn and Amy Brill 7:00 p.m. Tue, May 14. Safe Food Committee Film Night:

The Weight of the Nation: Consequences 7:00 p.m.

Look for additional information about these and other events in this issue.

IN THIS ISSUE

When Any Nut Can Make Milk, Who Needs Cows?
Environmental Committee Report
Puzzle
Plow-to-Plate Movie Series
Coordinator's Corner
Coop Calendar, Governance Information, Mission Statement 9
Calendar of Events
Letters to the Editor
Exciting Workslot Opportunities
Classifieds







Markowitz

CONTINUED FROM PAGE I

36,000 units of affordable housing." He extolled safer streets, better schools and more parkland.

Two projects in particular have been centerpieces of his tenure. Both have been controversial.

The Barclays Center, which opened last year, has



Markowitz at State of the Borough with Eric Adams, Borough President hopeful.

brought major league sports back to the borough for the first time since the Dodgers left in 1957. Beyond that, it anchors a development project that is transforming central Brooklyn.

"The Barclays Center has created 2,000 new jobs," Markowitz claimed, "and when the full Atlantic Yards project is completed, it will add offices and more than

6,000 apartments, including 2,259 units of affordable housing."

In Coney Island, Markowitz has been putting on free concerts since his days as a New York State Senator. But his efforts to build a new stage in Asser Levy Park have been resisted by community activists. In his address, he announced that he had found a new home for his project: the

abandoned, but landmarked, 90year-old building on the Boardwalk that was once home to a branch of the Childs Restaurant chain. It will be turned into an amphitheater that could be used for concerts and other events. If the plan goes through, work could be complet-

ed in about two years, he said.

On a more somber note, Markowitz praised the borough's response to the devastation caused by Hurricane Sandy last October.

"Sandy could've gotten the best of us," he said, "but as we have shown during times of crisis in the past, Brooklynites and New Yorkers stand ready to open their hearts and wallets to help their families, friends and neighbors. No doubt that in the wake of Sandy, Brooklyn did its motto proud: 'Unity Makes Strength'."

State Senator Eric Adams, the current frontrunner to succeed Markowitz as Borough President, echoed this point. "Marty has set a very high bar," Adams told me after the address. "It would be a privilege to follow him. For me, the most important thing he has done is to bring Brooklyn together. Together, as a vibrant community, we can do anything."

Brooklyn Foodways

Backstage at the Barclays Center, some of the evening's participants were reminiscing about Markowitz and his impact on Brooklyn.

"Hard to believe it's Marty's last show!" exclaimed Steve Hindy, co-founder of Brooklyn Brewery.

"I'm going to miss him," replied Marco Chirico, owner of Marco Polo restaurant in Carroll Gardens. He has run Marco Polo for 30 years and recently expanded with Enoteca on Court, and has seen Brooklyn's food world grow dramatically over the years. "He's been great for Brooklyn—especially the restaurants."

"I try to make a big fuss



Dine in Brooklyn press event.

over restaurants and chefs," Markowitz said. He pointed to the "Dine in Brooklyn" restaurant week, which celebrated its 10th anniversary this year. In 2013, 200 restaurants participated. "I used my own campaign money to buy an advertisement in The New York Times the first year, to kick it off," he said.

He has also been a supporter of food retailers, encouraging supermarkets to open in underserved neighborhoods and expanding the Greenmarket locations in the borough. When the Key Food in Windsor Terrace closed and Walgreen's took over the lease, Markowitz helped broker an agreement to include a new Key Food as part of the drugstore's footprint.

Brooklyn is at the forefront of urban agriculture. In the past year, two major projects got underway. Bright Farms is building a 100,000square-foot hydroponic garden on top of a former Navy warehouse in Sunset Park that will grow a million pounds of produce a year. And Brooklyn Grange is set to open a 45,000-squarefoot farm in the Brooklyn Navy Yard.

Markowitz hopes to stimulate even more diverse and creative food businesses. In his address, he cited the 3rd Ward Food Incubator, opening later this year in Crown Heights. "It will provide Brooklyn's black and Latino entrepreneurs with the equipment, workspace and resources they need to make their dreams of owning a business a reality," he said.

Reviewing Brooklyn's flourishing culinary culture, Markowitz is quick to give credit to the Park Slope Food Coop.

"In my opinion, Joe [Holtz] and Mike [Eakin] are the pioneers of it all," Markowitz avowed. "I look at the Coop as a great reason to live in Brooklyn. I love it because of its principles and its practices. It has helped to attract and retain the hard-working people and families we need to sustain this great Borough. After all," he said, taking another bite of cheese, "food is love."

Spend Your 2% Hours Doing Something More Meaningful: Join the DEC Are you looking for a more meaningful way to gain Coop work credit?

Are you looking for a more meaningful way to gain Coop work credit? Are you interested in issues of diversity within the Coop? Do you have experience in conflict resolution and using mediation to resolve disputes? If you answered "yes" to any of these questions, we should talk to you about joining the Diversity and Equality Committee (DEC). Come to our open house for prospective members on June 13 at 6 p.m.

The DEC seeks to create a more welcoming place for all members. We address diversity, bias, and discrimination at the Coop through a number of activities including training, awareness-raising initiatives, biascomplaint investigations and special events that aim to build community among Coop members. We are currently looking for new members.

You are encouraged to contact us if you are a member who has:

- Been in good standing for at least one year
- An interest/experience in diversity issues
- Good interpersonal skills
- The ability to follow through on tasks independently

We have monthly meetings as a group, but also have additional subcommittee/project work that requires more time than a typical work shift. You can bank any additional time worked as FTOP credit for the future. Members with mediation skills can join us as FTOP members and participate as needed.

We welcome members of all ethnicities, nationalities, races, religion and sexual orientation. In order to maintain the diversity of our committee, Asians and Latinos are particularly encouraged to apply.

Interested? Please contact Jasmina Nikolov (jasmina1@gmail.com) or join us for an Open House on Thursday, June 13 at 6 p.m. in the upstairs conference room (please RSVP so that we have enough snacks).



Press event for Bright Farms Hydroponic Greenhouse, to be built on Federal Building 2 in Sunset Park. Left to right, Gerald Nadler, celebrity chef Mario Batali, Nydia Velazquez, and Markowitz.



COOP BABIES

CONTINUED FROM PAGE I

moved out of New York. For many years after, when Rachael was back in Park Slope to visit, according to Charlotte, she wasn't able to set foot in the Coop, "It's too emotional," Charlotte said. Rachael would go into another chain supermarket in Brooklyn and just cry, Charlotte recalled.

While in middle school, Charlotte said, her parents always packed "weird stuff" in her lunch box. She wanted to just go to a regular large supermarket and get all the normal foods other kids had, "Wonder Bread, chewy bars...Fruit Loops." As she grew older she started to appreciate organic food and how health-conscious her parents were. Charlotte's older sister Julia, 27, recalls that in middle school she was embarrassed that her family went to the Coop; at the time she thought it was "uncool." She also reports being exceptionally embarrassed that she "ate and loved tofu" and remembers, "not wanting to tell people because I was worried about their reactions." After graduating from college, Charlotte returned home to live and had to decide if she was going to be a member, no longer a dependent child riding the membership of her parents. Her mother and father wanted her to join. "It's also nice to go on your own. When I go alone I find something new." As a working member, Charlotte now splits her FTOP work between Receiving shifts and doling out very small bagel portions in childcare to children who don't know how much better it was back in the day.

As a child, Matthew Malter Cohen, 33, remembers watching his mother bag dried fruit and wrapping cheese during her shift. His family bought nearly all their food at the Coop when he was growing up. On occasion when he went into a commercial supermarket, he described it as feeling, "Less cozy, and the food was less appealing." He remembers the hard florescent lighting and how the market felt "stale."

When Matthew turned 18, he left New York for college. Eventually he returned to Brooklyn at 26, got his own membership card and started working the 5 a.m. Receiving shift. Now he's married and happily works his wife's shift, shopping Saturday mornings with his 18-month-old son. Referring

to his baby son, he said, "He definitely already has good feelings about the Coop...he's got 16 years before he has to become a member."

The Coop "exposed me to a lot of different foods, esoteric foods." Matthew credits his parents with influencing him most in eating healthy. But the made those good foods available and less expensive.

Siena Bird, eight, sat at the register next to her mother, who was working her shift recently. She has been going to the Coop since she was four. She likes to occasionally help pass bar codes over the scanner rather than hang around in childcare. She describes childcare as, "a place for two-year-olds," not for her. Her favorite Coop foods include Pirate's Booty and potato chips. Asked if she will join the Coop when she reaches 18, she says, "Yeah, I guess." When asked about being obligated to do a shift every four weeks she changes her answer to, "Maybe."

Elena Shostak, 10, was recently found in childcare at a table too small for her legs, with her fifth-grade math homework opened in front of her. She's been doing time at the Coop since the age of one. "It's kind of like a community...usually when I'm here I see people I know." But she doesn't only see the Coop through rose-colored glasses. Describing the checkout lines, she says, "I'm kind of tired of waiting." Discussing her academic career she says, "It's hard to do math homework in a noisy childcare.'

Her favorite Coop foods are roasted corn nuts, frozen trout and dried mangos. When discussing other supermarkets, she admits with hesitation and a mischievous smile that she wishes she could buy things like Doritos at the PSFC.

Zoë Kaplan-Lewis, 25, has been going to the Coop as far back as her memory can penetrate. One of her earliest Coop memories is "the smell; some mix of spices, fresh produce, and cardboard that is particular to the Coop." As a teenager, Zoë remembers describing the Coop to her peers as, "this weird hippiedippie thing my parents made me do." Then, when she



Coop helped as it Zoe Kaplan-Lewis, a grateful secondgeneration Coop member.

turned 18, she resented having to work at the Coop. "Being an angsty teenager, I was not pleased about being forced to work, especially since I knew other Coop kids who lived with parents that did not enforce this rule."

Despite her teenage angst, with the help of Coop contacts. Zoë worked for several summers on Grindstone Farm, an organic produce farm that serves the Coop. Zoë then went on to get a degree in the culinary arts.

Reflecting on her elite Coop baby status, Zoë said, "I am grateful that I am a Coop kid. When I go to the Coop I feel comfort and a sense of belonging...I think that as a Coop kid, the thing I have gained the most is a sense of community that is hard to find in New York." ■

Attention Coop Squad Leaders!

- **❖ Do you want your shift to operate more smoothly?**
 - * Are there folks on your squad who seem to irritate one another, and it's difficult to see what the problem is?
- ❖ When a conflict occurs between shoppers during your shift, what can you do to ease the situation on the spot?
 - ❖ Do you know what resources are available for people who want to follow up?

Saturday, May 11 10:30 a.m.-12:30 p.m. Thursday, May 23

The Park Slope Food Coop's Diversity and Equality Committee is holding series of workshops for Squad Leaders. The goal of the two-hour workshop is to increase awareness and understanding of diversity in the Coop.

Through interactive discussions we will talk about the values of diversity, how differences can create both collaboration and conflict and strategies for dealing with issues of diversity.

We will discuss conflicts that have arisen in the Coop, the findings of the diversity survey and what you can do to make the Coop

Please call 888-922-COOP (2667) box 89 or send an e-mail to reply@psfc.coop (with "SL Training" in the subject line) to confirm your attendance and/or for more information. In either case, please tell us your name. Coop member number, contact information and the date you are interested in attending. We will reply with a confirmation within a week.

> **Diversity and Equality Committ** PARK SLOPE FOOD COOF ke-up or FTOP) is available to those who attend

What Is That? How Do I Use It? Ask Me Questions **About Coop Foods**

Monday, May 6, 12 to 2:45 p.m.? & Monday, May 13, 12 to 2:45 p.m.

> You can join in any time during a question-and-answer session on the shopping floor.

Look for tour leaders in produce aisle.

FTOP Credit Available May 1-June 30 Art Director & Copywriter for Branding Initiative for CHIPS

CHIPS (Christian Help In Park Slope) is a 40-year-old nonprofit organization in Brooklyn. Thanks to the generosity of churches, businesses, schools, and volunteers in the community, it serves daily meals to the poor and homeless, and operates a small residence for pregnant teens. Last year, it served 45,000 hot lunches to people who couldn't afford a meal, sheltered 35 young mothers and their babies, helping them take charge of their lives and their children's future.

CHIPS is now embarking on a strategic initiative to update its mission and ensure a sustainable future in the face of challenges from a changing world. Among other priorities, it needs to differentiate and strengthen its brand identity and messaging across multiple platforms to lend focus and power to its communications and fund-raising efforts.

Your participation will mostly be virtual via e-mail and phone through the May-June period. However, two in-person team meetings are planned for kickoff and debriefing purposes.

> Contact Mary Tan if you are interested in joining this initiative for FTOP credit: 917-647-5723 mary477@aol.com

WHEN ANY NUT CAN MAKE MILK, WHO NEEDS COWS?

MOO?

By Danielle Uchitelle

was once a milk addict. My child-■ hood was awash in whole milk, delivered twice a week in heavy onegallon glass bottles. Unless you grew up in the 1950s, you cannot imagine how much milk kids drank back then. I don't think we even knew why we were drinking it; it isn't like there was a big national "Got Milk" campaign to drive consumer demand. We all just assumed it was what kids were supposed to do. Meanwhile our parents were smoking cigarettes and drinking booze, assuming that's what they were supposed to do, so in retrospect, at least health-wise, I suppose us kids got off easy.

Jump ahead a few years: social intolerance is on the wane while lactose intolerance is on the rise. One day we all realized that traditional dairy milk was not only difficult to digest, it was difficult to store and not exactly cheap. But what were we going to pour on our breakfast cereal? Gatorade? Enter the shelf-stable nondairy milk alternatives. Starting with boxes of soy milk and almond milk, this market category has grown to include just about any grain, seed or nut that's commercially milkable, in dozens of flavors and formulations.

Almond milk and soy milk are the granddaddies of the shelf-stable set. In fact, two of the brands the Coop carries—Silk soymilk and Blue Diamond almond milk—have long been engaged in a Coke-and-Pepsi slugfest within the wider grocery market. Silk is owned by dairy behemoth Dean Brands, whose alleged insensitive handling of local farmers has led a

number of food coops, including the Hanover (NH) Consumer Cooperative Society, to boycott the brand. (I pray that our Coop's boycottistas will

have already skipped over my article to go directly to the Gazette's Letters page, thereby sparing me from having to defend my beloved Silk Chocolate Soymilk in the 8-oz. packages, of which my





Coop buyer Kevin explains that one of the challenges of adding new products to the Coop's existing line of milk alternatives is that most arrive in multiple flavors, such as unsweetened, sweetened, vanilla and chocolate; if you stock one flavor you'll pretty much have to stock them all. In spite of the shelf-stocking complexity, Kevin says he's pleased to see that it's usually the unsweetened version that sells the best. That's a good thing, since some of the sweetened versions carry quite a sugary payload. My young son's beloved Silk Chocolate Soy has almost as much sugar as a Milky Way bar.

> Spurred by the success of soy and almond milk, food producers \(\sigma have been ₹ rushing to ≅ bring all man- ₹ ner of milks to ≿ market, and $\frac{7}{6}$ just as Chinahas দ্র town squeezed Little ≡ Italy into a cir-

cumscribed enclave, the Coop's burgeoning panoply of milk boxes seem poised to invade their shelf neighbors, the olive oils. Already you can find not only a vast shelfscape of sizes and flavors representing the traditional soy and almond, but such arrivistes as Oat Milk (Vanilla or Original Flavor), Hazelnut Milk (Chocolate or Original), Hemp Milk (Maui Wowie and Skywalker...I mean, Chocolate or Original), Coconut Milk, Rice Milk, something called Seven Grain Milk...and since I began typing this sentence, probably three more types of milk have appeared on the shelf.

Milking It

(JAZETTE

For over 100 years the farmworkers i

For over 100 years the farmworkers it this country have been unorganized. While the large conglomerates are reaping super profits off their labor the farmworkers lived under the worst conditions. The average life expectancy of a farmworker is 49 yrs malnutrition is common, infant mortality is 125% above the national average, and working conditions in the fields are miserable. Since they are third world poople (Chicano, Filipino, Black) racism and oppression face them every day and equality is a myth.

In 1961 the first United Farm workers (UFW) organizing drive began This led to the national lettuce & grape boyootts of '65 to '70. In 1970 the growers relented to the pressure of the national boyoott and the first UFN union contracts were signed. This was a major victory fo the farmworkers and paved the way for other union organizing drives in the South (Farah strike, Onetta

for other union organizing drives in the South (Farah strike, Oneita

All this milkfulness made me wonder if I could somehow hitch my entrepreneurial spirit to the nondairy milk bandwagon. After all, making this stuff isn't rocket science. I used to make my own soy milk back when I didn't have a reliable source

of tofu: you cook some beans, grind them up, mix with water, strain out the solid part, and you have soy milk. I've also tried it on almonds, which was similarly easy though not nearly as easy as picking up a case of Silk each week. But for my imaginary product to find a place on the Coop's shelves it would have to fill an unfilled niche. What was milkable that hadn't already been milked?

Leaving the nondairy milk aisle, I walked over to the bulk aisle to see if I could get some ideas for my dairy-free empire. Millet? No, I think I saw a box of that already. Brown rice? No, there was already Good Karma Organic Whole Grain Rice Milk. Even sunflower seeds had been turned into Sunrich Naturals Refreshing Sunflower Beverage. It was then that genius struck: peanuts! In an instant an entire product line sprang up before my eyes. Chocolate Peanut Milk in kidsized containers; I'll co-brand it and call it Reese's Squeezes. Or how about Grape Jelly-Flavored Peanut Milk? That nostalgic PB&J taste for parents who are too busy to make a simple sandwich. For adults, how about mixing peanut milk with coconut milk to create Peanut Colada Shelf-Stable Non-Dairy Beverage?

Since I'm basically lazy, none of this is ever going to happen. But feel free to help yourself to my ideas; in the spirit of cooperation, I know you'll share the loot with me once the production lines start rolling. If it can be milked, I'm sure you'll eventually see it on the Coop's shelves. ■

FROM THE ARCHIVES

Sour Grapes

■n the early years of the Coop, the struggle of farmworkers was literally front-page news. Not only did national boycotts in support of the United Farm Workers affect what could (not) be found on Coop shelves, the movement also influenced membership policy. An article in the December 22, 1973, Linewaiters' Gazette about the December 16 GM described a decision on "membership fees to be paid by very poor people," namely that the fee would be only \$1 per adult in the household, "payable over a long period of time." The new policy meant that a local collective of UFW supporters could join the Coop. However, the next Gazette reported that the seemingly accommodating decision was overturned at the following GM: "Joe Holtz spoke for the collective and reminded people of the farmworkers' desperate situation and the fact that they brought the strike East in the form of a boycott shows the seriousness of their situation now. The

NON UNION LETTUCE + GRAPES

collective consists of nine or ten people living on one allowance and

responsible for every penny of it to the United Farm Workers. A vote was taken to make them exempt from membership fees."

What are your memories of the grapes and lettuce boycott years? Share your stories with the PSFC Archives Committee at archivecommittee@psfc.coop.

And when words alone aren't enough to make a point, there are always visuals, as this drawing from the January 5, 1974, Gazette demonstrates.

RETURN POLICY The Coop strives to **REQUIRED FOR ANY RETURN** keep prices low for our 1. The Paid-In-Full receipt MUST membership. Minimizing the amount of 2. Returns must be handled returned merchandise within 30 days of purchase is one way we do this. If you need to make a return, please go to the CAN I EXCHANGE MY ITEM? 2nd Floor Service Desk. No, we do not "exchange" items. and re-purchase what you need. CAN I RETURN MY ITEM? Bulk* (incl. Coop-bagged bulk) Produce* Cheese* Seasonal Holiday Items Books Special Orders NEVER Calendars Refrigerated Supplements RETURNABLE Juicers & Oils *A buyer is available during the week Sushi days to discuss your concerns. RETURNABLE ONLY IF SPOILED Refrigerated Goods (not listed above) BEFORE Frozen Goods **EXPIRATION DATE** Meat & Fish Packaging/label Bread ed for refund Items not listed above that are unopened RETURNABLE and unused in re-sellable condition The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office



Read the Gazette while you're standing on line OR online at www.foodcoop.com



ENVIRONMENTAL COMMITTEE

Fracking? It's in the (Plastic) Bag!

By Judy Thurmond

Our Coop (PSFC) opposes hydraulic fracturing fracking—in New York State, and for good reasons. Fracking threatens NYC drinking water and upstate farmers' ability to grow the healthy, affordable foods PSFC members have long relied on.

What does this have to do with plastic bags? Many plastic bags are made from fracked gas in the USA today. As fracking products, they contribute to the viability of fracking. Increased fracking will bring more frack-made bags. When we gobble up frack-produced consumer goods, we provide the excuse frackers need to expand their activities.

How should PSFC respond to the fact that our polyethylene bags are fracking enablers? We should stop giving our members free roll bags. Note: no ban here. Any member may use old bags, bags from other sources, or purchase bags. This is one change we as a Coop can make. Numerous alternatives to polyethylene roll bags exist. PSFC can and should offer more of them.

Fracking is the highly destructive natural gas (NG) extraction method loved by oil and gas companies and loathed by environmentalists. First practiced in the West and South, it has more recently come to the Northeast. Fracking injects into the well, under pressure, millions of gallons of water with sand and hundreds of chemicals, some toxic. This poisons earth, water, and air, and undermines health. Frackers are not required to divulge the full list of chemicals used. This makes monitoring difficult. As a plus, though not for us, fracking is very profitable.

Fracking Family **Fun and Profits**

Fracking is big now in Appalachia and the Northeast. The Marcellus Shale, the largest deposit of frackable NG in the country, extends through upstate New York, Pennsylvania, West Virginia, and Ohio. Those who already frack here, e.g., in Pennsylvania, are winning big, and anticipate larger rewards ahead.

From 2005 to 2012, shale gas (fracked gas) moved from being a mere trickle of all NG production in the USA to being about a third of all production. Flooding the market with large new supplies of fracked gas resulted in cheap NG, and consequent rise in demand. Cheap materials also lead to cheap products down the line, and more profits at every step.

With material costs representing over 80% of operating costs in the petrochemical industry, making money is easy. America's frackers are rolling in money today; business and investment commentators wax ecstatic over performance and prospects.

American NG now undersells most of the rest of the world's NG exactly because we are the biggest frackers on earth. Most producers in other countries are putting higher-priced un-fracked gas on the market.

Frackers have a family of related industries. America's fracking family includes oil and gas companies like Exxon-Mobil; service providers such as Halliburton; customers of fracked gas including ethylene and polyethylene manufacturers like LyondellBasell Industries (and perhaps soon to include Shell, in Pennsylvania); and makers of plastic bags and other polyethylene goods.

More Fracking, More Cheap Plastic Bags

Cheap fracked gas is the first link in the chain of dirty processes that result in cheaply produced heating oil and many cheap derivative products. With this chain, Americans suffer from poisoned air, water, and soil, and attendant health issues; our once beautiful and living land is being destroyed.

One derivative product, the polyethylene bag PSFC gives free to members, results from four post-fracking steps. First, NG is purified, and associated hydrocarbons such as ethane, propane, and butane are separated out (natgas.org). Ethane provides the material for plastic bags.

Second, ethane is broken down into ethylene in a facility called a "cracker." Ethylene, a \$148 billion business worldwide, is the world's highest-volume chemical, a foundation for many other industries. In late 2012, ethylene manufacturers LyondellBasell and Westlake were making record profits ("Cheap Gas from Fracking Fuels Profits at Lyondell-Basell," www.bloomberg.com). Since transporting ethylene is expensive, manufacturers prefer to integrate cracking with the third step, polyethylene manufacturing ("Shale Gas Will Fuel a US Manufacturing Boom," MIT Technology Review).

Third, then, ethylene is treated with various degrees of heat, at various pressures and with different catalysts, to produce any of several kinds of polyethylene (PE), such as low-density (LDPE) or high-density (HDPE).

Fourth is producing goods, including plastic bags, from polyethylene. (PE is used for many other plastic goods, too, from packaging and adhesives to automotive components and pipes.)

Shell has announced plans to build a cracker in Pennsylvania; they are also interested in developing polyethylene units.

All this petrochemical processing brings environmental consequences. With fracking in place, once a cracker and polyethylene units are also operating, this part of the country will, like Louisiana, be well on the way to having our own Cancer Alley.

PSFC's Role

Environmental, health, and social justice reasons independent of fracking originally drove our proposal that PSFC not provide free plastic bags. The fracking connection offers a new contribution PSFC can make to the preservation of our water supply and locally grown foods. Opponents of fracking can become more effective by withholding money from frackers, in addition to continuing our current repertoire of lobbying, petitions, and demonstrations

PSFC can and should exert our influence here. We do not as an organization buy or use polyethylene automotive parts or toys. We are, however, complicit in the plastic bag fracking economy. Our responsibility is to change this.

The Coop can stop buying nearly \$23,000 worth of plastic bags every year to give to our members. This simple change will make possible three kinds of influence: on our members, by educating us to use less and by providing convenient alternatives; directly on the fracking family, by not giving them that \$23,000; and on other organizations, beginning with the 20+ food coops in NYS, by sharing information about what we're doing and why.

A vote to phase out the free distribution of roll bags is a vote against fracking. Please attend the May 28 GM, and vote FOR our proposal. ■

For our proposal, more on plastic bags, or more on fracking, visit our blog at www.ecokvetch.blogspot.com.

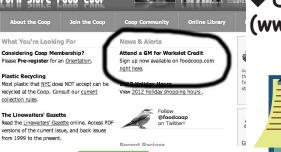
Sudoku

Sudoku is a puzzle. You are presented with a 9x9 grid of squares, and that grid is divided into 3x3 zones. You solve the puzzle by filling the empty squares with single-digit numbers so that every zone, column and row uses each of the numbers from 1 to 9.

					5		9	
			1		2			
			9			3		
3	6					9	7	
		5				2		
2		7		1	4		8	
	8			9				6
	3	4	8			7		
				5				3

Puzzle author: James Vasile. For answers, see page 14.

To receive workslot credit for attending the monthly General Meeting, members must sign up in advance in one of the following three ways: ♦ On the Coop's website park slope food coop



(www.foodcoop.com)



Add your name to the sign-up sheet in the ground-floor elevator lobby



Call the Membership Office

-�

FOOD COMMITTEE REPORT

Plow-to-Plate Movie Series Presents: Weight of the Nation: Consequences

'Boy you're gonna carry that weight Carry that weight a long time'

—The Beatles

By Adam Rabiner

The Weight of the Nation: Consequences, part one of a four-part HBO series on obesity in America, focuses on its consequences: for the individual, family, community and even the nation. Obesity is defined as having a body mass index (BMI) of 30 or higher and it's easy as we grow older to gradually put on the pounds. The country too has grown fatter as it enters middle age-68.8% of Americans are now technically overweight or obese. If this were simply a matter of vanity or looks, this issue would not be so grave. However, being even slightly overweight, by as little as 5%, can have serious consequences for one's health.

Consequences is a scienceheavy film. Some of those interviewed were part of the groundbreaking Bogalusa (Louisiana) Heart Study (1972-2005) that followed children into adulthood and discovered conclusively that heart disease begins in child-

hood. Other interviewees are doctors and specialists. Those interviewed who struggle with their weight discuss frankly the emotional and physical challenges. The doctors and pathologists, meanwhile, explain in vivid detail the dangers of obesity: high blood pressure; heart, liver, and kidney disease; asthma; dementia; diabetes and its consequences such as blindness and amputations; and early death.

The statistics are not pretty. Twenty percent of the kids in the Bogalusa study had arterial plaque and high cholesterol. Now 50% of the children in Bogalusa, Louisiana, are overweight or obese. Obese children are eight times more likely than normal ones to develop diabetes. It's hard to say if Bogalusa is exceptional or whether it's a bellwether the new normal.

At one time, obesity was considered a problem of poor people but rates of obesity are increasing among all socioe-

conomic classes. While obesity no longer discriminates based on income, nine of the ten poorest states have the worst problem with it. Nor is obesity determined by one's ethnicity. The scientific consensus is that it is a complex condition brought on by a combination of one's DNA (not a single gene but perhaps hundreds) and one's environment. Some people are more susceptible than others and surroundings play a big part.

The good news is that unlike many diseases, or a natural disaster such as a tsunami, obesity is preventable. While being a mere 2-5% overweight carries increased health risks, many of these can be eliminated by achieving a healthy weight. Consequences does not suggest that everything is up to the individual. The film recognizes that solutions extend to the community and to the nation. In fact, obesity costs the United States \$150 billion in healthcare dollars, half of which is paid for by the public through Medicare and Medicaid.

Because The Weight of the Nation is a four-part series, it hones in on its subject matter and does not suffer, as do some food documentaries, from covering too much ground. Consequences lays the groundwork on the dangers of obesity and hints at some solutions. Subsequent parts, Choices, Children in Crisis, and Challenges complete the picture. ■

Watch Weight of the Nation: Consequences on Tuesday, May 14, 7 p.m., Park Slope Food Coop, 782 Union St., 2nd floor. Free and open to the public. Refreshments will be served.



Tree Huggers & Green Thumbs, Union Street needs you!

TREE/GARDEN CARE "FTOP SQUAD"

FTOP shifts available June-September Wednesdays & Sundays, 5:30-8:15 p.m.

Responsibilities:

*Take care of trees/gardens on Union Street/Coop block *Remove refuse, pull weeds, water and other tasks as necessary.

Requirements:

*Willingness to work hard, get dirty, work in inclement weather and heavy lifting. *Light rain doesn't cancel shift.

Must sign up for a minimum of two shifts. One work slot per shift reserved for trained Tree Steward who will serve as Squad Captain (SC). SCs must attend training on May 18 (FTOP credit awarded for attending training).

Sign-up in Membership Office.

Hearing Administration Committee is seeking new members

The HAC performs administrative functions necessary to arrange and facilitate disciplinary hearings, coordinating with the Coop's Disciplinary Committee and the Hearing Officers Committee.

> Applicants should be detail-oriented, comfortable working by e-mail and telephone; they should be Coop members for at least one year and have excellent attendance records.

Members of the HAC work on an as-needed basis, only when hearings are required, and earn FTOP credit. Therefore these members must maintain regular Coop shifts or be FTOP members in good standing.

The nature of this work requires that all members maintain strict confidentiality with respect to all matters on which they work.

> We are seeking an applicant pool that reflects the diversity of the Coop membership at large.

Those interested should telephone Rachel Garber at 718-218-3925.

VALET BIKE PARKING IS HERE **ON SUNDAYS!** strollers & scooters & carts too!

Every Sunday, April 7-November 24, from 3:30-8 p.m.,

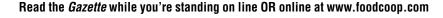
Coop members can leave their bikes with our valet parking service, which is like a coat check tor bikes. Working members will check in and watch your bike for you.

Just drop off your bike, stroller, scooter or personal cart, do your shopping or your shift, and hop back on.

No locks, no worries, no theft. Service operates rain or shine. Look for us in front of the yellow wall. (Note: no bike check-in after 7:30 p.m.)

Valet bicycle parking at the Coop is brought to you by the PSFC Shop & Cycle Committee.







COORDINATOR'S CORNER

The Vote on Plastic Bags at May GM Is a Very Big Deal

By Joe Holtz, General Coordinator

 \mathbf{D}^{o} we need a sledgehammer or do we need education?

What's at stake? The plastic roll bags dispensed in the produce aisle, above the baked goods and raw poultry.

On Tuesday, May 28, the General Meeting will vote on a proposal to eliminate the "free distribution" of roll bags. The current system of paying for bags is the honor system: coin boxes at checkout and the cashier desk can receive your payments. The vast majority of bags are not paid for, so it's not an unreasonable characterization to call it "free distribution." But it would be more accurate if the proposal called for the elimination of the current "honor system of paying for plastic roll bags." Either way we are talking sledgehammer over education.

In the 1970s, most members were already using plastic bags to buy their "bbb" (brown rice, bagels and broccoli). But the Coop did not provide bags. Instead, members bought boxes of food storage bags from supermarkets. Around 1980 the Coop started buying from a mainstream supermarket supplier (toilet paper, Cheerios, plastic bags, etc.). Almost immediately, we began to stock boxes of food storage bags (50 bags to a box). Within a year members complained about having multiple partial boxes of bags at home since they often forgot to bring their bags when they came to shop. Since plastic bag use was prevalent among the membership, members suggested that it might be better for the Coop to provide roll bags that would cost and weigh far less than the boxed food storage bags.

In the 1980s, after several General Meeting discussions, the Coop settled on a new system: the system we still use today. Collectively we could spend less money on plastic by providing roll bags. Collectively we could use less plastic because roll bags weighed much less. Collectively we could continue to have consciousness raised by the monetary reminder—the act of taking a roll bag should not to be done thoughtlessly. Within a few years about half the Coop's cost of roll bags was collected via the honor system. In the 1990s, at the request of the Environmental Committee, the collection boxes were moved to checkouts in an attempt to increase the honor system payments. Instead, the payments plummeted.

Often the best environmental solution is not a nobrainer. This is certainly true with plastic. The next three paragraphs provide concrete examples of how complex the roll bag issue is in a store like the Coop: a high-volume store offering already minimally packaged, often local and organic products.

Members who buy sugar may know that the Krasdale white sugar is almost certainly made from genetically modified sugar beets. Instead of buying the Krasdale sugar, some are buying the non-GMO cane sugar packed in very thick plastic. Much less plastic overall would be used if those members took a new roll bag and purchased the non-GMO cane sugar from our bulk bins. Do we really want members to buy the prepacked cane sugar and use more plastic simply because they forgot to bring a roll bag?

If a member forgets their bags in the summer, how will they buy the local, organic cherry tomatoes in the open paper pint cartons from Hepworth farm? Getting the generously filled pints of Hepworth tomatoes home is next to impossible unless they are in a bag. Will members instead buy the alternative cherry tomatoes in the thick plastic pint clamshell? We should not force members to consume more plastic (and forgo a wonderful local, organic product) because they forgot to bring their own bags!

Should we force members into buying expensive muslin or other alternative bags because they forget their bags at home? The lightweight inexpensive sturdy roll bags we provide keep vegetables fresh in your fridge far longer than a two-dollar muslin bag. What about the lost environmental value of reduced food waste?

I am concerned that a roll bag ban will have a negative impact on our shopping experience. Do we want weekend shoppers getting on the regular line in front of the onions more often than they do now due to slower checkouts caused by bags that are not see through? Checkout workers work more slowly when they have to spend time looking into bags.

When we eliminated the lightweight t-shirt shopping bags five years ago, only about ¼ of our members were using them. More than ¾ of our members currently use plastic roll bags. A ban will be a big shock for many of us—maybe not for you, but quite possibly for the member next to you. When Ireland and San Francisco banned plastic shopping bags they did not ban roll bags. In fact, we know of no existing ban that includes roll bags. Why? They serve an essential function this minimal packaging is lightweight, inexpensive and sanitary and is an ideal container for fresh unpackaged food.

We are a coop leader in the lengths we go to buy bulk produce from local farms. The baby greens in the produce aisle now are obviously best purchased in a lightweight plastic bag. That is a reasonable way to lead. We are a leader in that our sales volume per square foot of selling space is an extraordinary 14 times the national average. Selling significantly more excellent food to our members than any other store our size is a reasonable way to lead. Our food moves in and out quickly, keeping our food extremely fresh. That is also a reasonable way to lead

For 40 years the Coop has been a leader in environmental responsibility. I fear that a roll bag ban will jeopardize our ability to lead in some areas by making it harder for our members to buy the vast amount of minimally packaged produce and bulk that we currently sell to ourselves. Roll bags are minimal packaging: both in terms of their weight and their per-bag environmental impact. I believe we are also a leader in delivering fewer ounces of plastic home with our members per pound of food purchased than any other full-service market. Coop members should be proud of what we do now.

I shop on weekends, filling up one large cart. Because of education efforts, I have drastically reduced my use of roll bags. Our current roll bags are durable and can be reused many times (both for

Five Reasons NOT To Eliminate Our Plastic Roll Bags











(in Produce, Bulk and Bread Aisles)

Longer Lines

Expect a slow down at Checkout since most bag alternatives are opaque and require opening.

Debris and Leaks at Checkouts and in Carts

Decreasing the use of roll bags will *increase* our use of cleaners and paper towels for clean up.

Let's not cross-contaminate our foods.

Our Roll Bags: a Greener Choice than Cotton...

To balance the impact of 1 HDPE plastic bag, you must use a cotton bag 131 times! Re-use the plastic once and the cotton re-use number goes to 173 to balance impact. Higher if you'd like to wash it...

Food Waste

Plastic preserves food. Throwing out food is a huge environmental concern.

Financial Health

Our roll bags help us move tons of food out of the store as efficiently as possible with minimal packaging.

More reasons at foodcoop.com!

* Proposal to Phase Out Plastic Roll Bags comes to the May General Meeting on 5/28/13 at MS 51 Auditorium *

Compiled by the General Coordinators.

shopping and other purposes). I reuse roll bags and repurpose the bags my bread and potatoes are packaged in for future shops. First, I deface the barcodes on these bags to ensure they do not scan improperly at checkout. The General Coordinators and the Environmental Committee can certainly do more to educate members about reducing roll bag use.

Education works! Yes, education is harder than the

sledgehammer approach of an outright ban. I know the Coop can educate itself to reduce overall roll bag use. Education is the more cooperative approach, and research shows that education is also more effective at changing behavior over the long haul.

Please go to foodcoop.com for more information about this issue. And, please come on Tuesday, May 28, and vote against the sledgehammer approach. ■

Read the Gazette while you're standing on line OR online at www.foodcoop.com



COOP HOURS

Office Hours:

Monday through Thursday 8:00 a.m. to 8:30 p.m. Friday & Saturday 8:00 a.m. to 5:00 p.m.

Shopping Hours:

Monday–Friday 8:00 a.m. to 10:00* p.m. Saturday 6:00 a.m. to 10:00* p.m. Sunday 6:00 a.m. to 7:30* p.m.

* Shoppers must be on a checkout line 15 minutes after closing time.

Childcare Hours:

Monday through Sunday 8:00 a.m. to 8:45 p.m.

Telephone:

718-622-0560

Web address:

www.foodcoop.com

The Linewaiters' Gazette is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The Gazette welcomes Coop-related articles, and letters from members.

SUBMISSION GUIDELINES

All submissions must include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

Letters: Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

Voluntary Articles: Maximum 750 words. Editors will reject articles that are essentially just advertisements for member businesses and services

Committee Reports: Maximum 1,000 words.

Editor-Writer Guidelines: Except for letters to the editor, which are published without editing but are subject to the Gazette letters policy regarding length, anonymity, respect, and fairness, all submissions to the Linewaiters' Gazette will be reviewed and if necessary edited by the editor. In their review, editors are guided by the Gazette's Fairness and Anonymity policies as well as standard editorial practices of grammatical review, separation of fact from opinion, attribution of factual statements, and rudimentary fact checking. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any proposed editorial changes. Writers must make a reasonable effort to respond to and be available to editors to confer about their articles. If there is no response after a reasonable effort to contact the writer, an editor, at her or his discretion, may make editorial changes to a submission without conferring with the writer

Submissions on Paper: Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

Digital Submissions: We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day

Classified & Display Ads: Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, May 17, 8:00 p.m.

The Brooklyn Society for Ethical Culture the Bloom Park Slope Food Coop present:



PROSPECT CONCERTS



Cincha, a.k.a. Cynthia Hilts, is fire onstage. She puts her beautiful voice, a silken piano, and some wicked humor to an amazing array of original songs. Cincha's music ranges from the mystical tenderness of "Waiting for the Moon" to the humorous groove of her award-winning "Groundhog Sunday Stroll." With some of the Food Coop's greatest talents, she will be performing old and new tunes, including "Floodtide's Gone," her newest work about Hurricane Sandy and its aftermath. Cincha performs in New York City's premiere singer/songwriter venues and across the U.S., solo and with her band. Her solo CD, Any Child Who Dreams, is out on Blond Coyote Records.

Samba! Groove to the music of women rockin' the house with the pulsing sounds of Carnaval. Join Rita Silva, Robin Burdulis and a bateria of women percussionists celebrating the lilting melodies of bossa nova and the heart-thumping, infectious rhythms of samba. Rita Silva, dancer and percussionist who hails from Salvador, Bahia, will have everyone moving to the national rhythm of Brazil. The chairs will be arranged for dancing and grooving—we dare you to stay in your seats!



www.ProspectConcerts.tumblr.com

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45] Performers are Park Slope Food Coop members and receive Coop workslot credit. **Booking: Bev Grant, 718-788-3741**

Monthly on the...

Second Saturday May 11 10:00 A.M.-2:00 P.M.

Third Thursday MAY 16 7:00 p.m.-9:00 p.m.

Last Sunday MAY 26 10:00 A.M.-2:00 P.M.

On the sidewalk in front of the receiving area at the Coop.

LASTICS

Due to the expansion of NYC's curbside plastic recycling program, the last day of Coop plastic recycling collection will be Sunday, May 26.

What plastics do we accept? **Until further notice:**

- #1 and #6 type non-bottle shaped containers, transparent only, labels ok Plastic film and bubble wrap, transparent
- only, no colored or opaque, no labels • #5 plastic cups, tubs, and specifically

marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

NOTE: We are no longer accepting #2 or #4 type plastics.

PLASTIC MUST BE COMPLETELY CLEAN & DRY

This Issue Prepared By:

Coordinating Editors: Stephanie Golden

Erik Lewis

Editors (development): Dan Jacobson

Carey Meyers

Reporters: Brian Dentz Tom Matthews

Danielle Uchitelle

Art Director (development): Michelle Ishay Illustrator: Paul Buckley

Michelle Ishay

Photographers: Ingsu Liu

Traffic Manager: Barbara Knight Thumbnails: Saeri Yoo Park

Preproduction: Yan Kong

Photoshop: Bill Kontzias

Art Director (production): Lynn Cole-Walker

Desktop Publishing: Kevin Cashman

Matthew Landfield

Midori Nakamura

Editor (production): Michal Hershkovitz

Puzzle Master: James Vasile

Final Proofreader: Nancy Rosenberg

Index: Len Neufeld

Advertising: Eric Bishop

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Laura Abbott Salih Abdur-Rahman Emily Asher Alexandra Baker Kristopher Banks Dara Barr Laura Beale Emma Beaton Victoria Behr Isaac Bernstein Max Berrou Jonah Blake Ruth Bornstein Sam Cagnina

Luis Calleja Jennifer Camarata Michael Capio Rowena Choi Amyjoy Clark Matthew Coluccio Alexandra Cousens Elizabeth (BC) Craig David Diakow Maurice Dodson Adrian Drummond-Cole William Emmons Iason Feinberg Russ Feinberg

Ruth Finkelstein Daniel Garberg Simon Glenn-Gregg Natasha Golden Laura Gragtmans Caroline Greig Clarke Griffith Cosmo Grill Mital Habosha Mark Hendel Monique Hoeflinger Sasha Hoff

Rhianna Hurt

William Jhun Katrina Josephson Ezra Kahn Julie Kashen Adam Keller Adam King Carolyn Kitay Miriam Krule John Kushner Grace Lee Stephen Levin Karla Lopez Catherine Humphreville Nicole Mauriello Anuradha Menon

Elizabeth Migliaccio Suyog Mody Karina Moltz Gabriel Mombrun Angela Orvis Gabriella Paiella Elisa Paisner Donald Pohlman Igor Polotskiy Irina Polotskiy Gary Purdy Najla Purdy Gus Reckel Inna Revina

Peter Robbins Pamela Roskin Heather Rutka Diane Sammer Leslie Samuel Dillon Savage Mariana Souza Leili Sreberny-Mohammadi Booker Stardrum Jennie Steinhagen Julie Strauss Eric Strom Vincent Tang

Chris Ward Emily Wendlake



COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

FRIDAYS 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/ community-media/bcat-tv-network.

General Meeting Info

TUE, MAY 7

AGENDA SUBMISSIONS: 8:00 p.m. Submissions will be considered for the July 30 General Meeting.

TUE, MAY 28

GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

May 16 issue: 12:00 p.m., Mon, May 6 May 30 issue: 12:00 p.m., Mon, May 20

CLASSIFIED ADS DEADLINE:

May 16 issue: 7:00 p.m., Wed, May 8 May 30 issue: 7:00 p.m., Wed, May 22

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-forworkslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby. The signups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office

Some restrictions to this program do apply. Please see below for details.

Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

2.Please also sign in the attendance book that is passed around during the meeting.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support nontoxic, sustainable agriculture. We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earthfriendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.

ABOUT ALL GENERAL MEET

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings, to which all members are invited, have been at the center of the Coop's decisionmaking process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on the Coop Web site, foodcoop.com, at the Coop Community Corner and at every General Meeting.

Next Meeting: Tuesday, May 28, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available on the Coop Web site, foodcoop.com, in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Meet the Coordinators • Submit Open Forum items • Explore meeting literature **Open Forum** (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on the Coop Web site, foodcoop.com, the Coop Community Corner and may also appear elsewhere in this issue. Wrap Up (9:30-9:45) (unless there is a vote to extend

the meeting) • Board of Directors' vote • Meeting evaluation • Announcements, etc.



park slope FOOD COOP

calendar-of-events

may 2 thu 7:30 pm

Food Class: An Evening with **Our Neighbor Chef Gautier**



Chef Jacques Gautier will share his experiences of running two successful restaurants and will demonstrate three dishes from his Latin-inspired menu at Palo Santo. Gautier not

only lives on Union St., about a block from the Coop, he owns, operates and is the chef of two wonderful restaurants on Union St.: Palo Santo and Fort Reno. Sustainability is an important concept in both these restaurants. Organic waste from both restaurants gets composted, which helps grow his rooftop salad greens and other seasonal vegetables. Chef Gautier is a graduate of the Natural Gourmet Institute and has worked in the renowned kitchens of Vong in NYC and Azie in San Francisco. At age 20 he was invited to cook at the James Beard House, the youngest chef to have received such an honor. Menu includes: yellow plantains stewed in coconut milk; arroz verde (green rice) with shrimp; ten-

ASL interpreter may be available upon advance request. Please contact Ginger Jung in the Membership Office by April 18 to make a request.

Materials fee: \$4. Food classes are coordinated by Coop member Susan Baldassano.

may 3

Film Night: For Once In My Life



For Once in My Life is a documentary about a band of singers and musicians, and their journey to show the world the greatness—and killer soundtrack—within each of them. The 28 band members, who work at a factory sewing military uniforms and USA internment flags in Miami, Fla., have a wide range of mental and physical disabilities, as well as

musical abilities that extend into ranges of pure genius. In a cinema vérite style, the film explores the struggles and triumphs, and the healing power of music, as the band members' unique talents are nurtured to challenge the world's perceptions. The film won audience awards at SXSW, Sarasota, Nashville and Sonoma Film Festivals as well as an International Documentary Award for Best Musical Documentary in 2010. For Once In My Life was also among 29 films chosen for the U.S. Department of States' 2012 American Film Showcase. Editor/producer Amy Foote will be in attendance for a Q&A after the screening. Foote is a freelance editor based in Brooklyn. Her editing credits include HBO's A Matter of Taste: Serving Up Paul Liebrandt, which premiered at SXSW and won a James Beard Award for Television Documentary; the Emmy-nominated, HBO documentary film Finishing Heaven; and PBS Independent Lens' For Once In My Life, which won the Audience Award at SXSW and was nominated for Best Musical Documentary by International Documentary Association (IDA). Foote co-produced Flying: Confessions of A Free Woman, a six-hour documentary series that premiered at Sundance and aired on the Sundance Channel. She has been a member of the Coop for nearly 11 years, and lives in Sunset Park

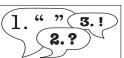
may 5

Reclaiming Legal Standing To Ban Fracking

Concerned about fracking and the future viability of New York State's food shed and eco-systems? Heard reports that fracking contaminates water and pollutes air? Worried about effects another Hurricane Sandy could have on the Rockaway Pipeline? Concerned that Spectra, whose pipeline was prematurely installed in the densely populated West Village, has a dismal safety record? Want to learn how to protect your borough and the rest of NYC? The Community Environmental Legal Defense Fund has guided numerous communities through the process of banning corporate practices by stripping corporate personhood from corporations and returning legal standing to the people where it belongs. The aim of this workshop is to place a Citizens' Initiative based on the work of CELDF on the ballot for the November 2013 election. Coop member Alice Joyce has been working to ban fracking since 2009.

may 7 tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for this month's General Meeting. Drop by and talk with committee members face-to-face between 8 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda

Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. *The next* General Meeting will be held on Tuesday, May 28, 7 p.m., at MS 51, 350 Fifth Ave., between Fourth and Fifth Sts.

may 10 fri 7 pm

Wordsprouts: Novelists **Amy Sohn and Amy Brill**

Amy Sohn is the author of the novels Motherland, Prospect Park

WORDSPROUTS West, My Old Man, and Run Catch Kiss. The New York Times has said, "A little-known event that took place around the time that The Park Slope Food Coop's Reading Series Richard M. Nixon was resigning as President was the birth of Amy Sohn....[T]here is something about her career so far that suggests a mini-Zeitgeist..." A native Brooklynite, she lives in Park Slope with her husband and daughter. Amy Brill's articles, essays, and stories have appeared in numerous publications including Salon, Guernica, Redbook, Time Out New York, and The Common. A Pushcart Prize nominee in fiction, she's been awarded fellowships by the Edward Albee Foundation, Jentel, the Millay Colony, Fundación Valparaíso, the Constance Saltonstall Foundation, and the American Antiquarian Society. Her debut novel, The Movement of Stars, was published in April by Riverhead Books. She lives in Brooklyn with her husband and two daughters. To book a Wordsprouts, contact Paula Bernstein, wordsproutspsfc@gmail.com.

Beyond an Apple a Day

Looking for health information? If you, a friend, or a family member has been diagnosed with an illness, medical terminology can be confusing or scary. Or maybe you want preventive health information to stay fit and well. Or you might want to learn more about physical and mental health during the stages of human development. Where can you find the answers to your health questions? Come to this workshop to learn about the best online resources for medical conditions, medications, complementary therapies and wellness. We will help you find accurate, timely information and avoid the bad apples in the bunch. Arpita Bose is a medical librarian and director of a hospital library in Brooklyn. Melissa Morrone is a public librarian in Brooklyn and a member of the librarians' collective Radical Reference.

You & Your Food: **What You Don't Taste**

The Coop is a great place for delicious, inexpensive food, and it's also where we can talk about the politics behind what we eat. Food sovereignty, environmental racism, water supply threats, labor struggles, urban agriculture initiatives, geopolitical issues, international solidarity—these forces are inevitably mixed into what we put on our plates. What are our opportunities and responsibilities as New Yorkers, as consumers, and as Coop members? Come participate in a lively and diverse discussion with Coop members Carl Arnold, Naomi Brussel, Sarita Daftary, Sarah Koshar, and Anim Steel.

may 14 tue 7 pm

Safe Food Committee Film Night: The Weight of the Nation



This documentary series, consisting of four parts, examines the obesity crisis in the U.S. and looks at the health risks of to PLATE being overweight, weight-loss ideas, childhood obesity, and efforts to improve the public health. The first film of *The* Weight of the Nation, called Consequences, specifically exam-

ines the scope of the obesity epidemic and explores the serious health consequences of being overweight or obese.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Park Slope Food Coop, Brooklyn, NY



may 17 fri 7 pm

Parents Handling the **Challenges of Divorce**

Share experiences and hear perspectives to help this demanding transition go as well as possible for everyone. Sharon C. Peters, M.A., is the founder and director of Parents Helping Parents on President Street in Park Slope. She has worked with hundreds of individual families for more than 15 years and has led many parent workshops for schools and organizations. She is a happy longtime Coop member.

Cincha and Samba!



Cincha, a.k.a. Cynthia Hilts, is fire onstage. She puts her beautiful voice, a silken piano, and some wicked humor to an amazing array of original songs.

Cincha's music ranges from the mystical tenderness of "Waiting for the Moon" to the humorous groove of her award-winning "Groundhog Sunday Stroll." With some of the Food Coop's greatest talents, she will be performing old and new tunes, including "Floodtide's Gone," her newest work about Hurricane Sandy and its aftermath. Cincha performs in New York City's premiere singer/songwriter venues and across the U.S., solo and with her band. Her solo CD, Any Child Who Dreams, is out on Blond Coyote Records. Samba! Groove to the music of women rockin' the house with the pulsing sounds of Carnaval. Join Rita Silva,



Robin Burdulis and a bateria of women percussionists celebrating the lilting melodies of bossa nova and the heart-thumping, infectious rhythms of samba. Rita Silva, dancer and percussionist who hails from Salvador, Bahia, will have everyone moving to the national rhythm of Brazil. The chairs will be arranged for dancing and grooving—we dare you to stay in your seats!

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture. To book a Prospect Concert event, contact Bev Grant, 718-788-3741.

Hormones & Fat Loss

Why your fat isn't your fault. Ever wonder why losing weight is such a battle despite "doing everything right?" Fitness-studio owner and holistic-health coach Aja Davis will cover what roles hormones play in your weight-loss journey and how to make the most out of what you've got without drugs. She'll introduce a proven formula to "reset" your hormones naturally, so that you can turn up your metabolism and maximize fat loss. Aja is the owner of New Body Boot Camp & Wellness, a fitness studio located in Gowanus, Brooklyn, that helps women take their bodies back. She is personal trainer, holistichealth coach and happy Coop member.

Face-to-Face with Alzheimer's

Taking care of your loved one with Alzheimer's, naturally and gracefully. We all know what we can't do, and those facts can make us feel helpless. Until a miracle drug is found, let's see what it is that we CAN do. Come and find out how you can

improve the quality of life of an Alzheimer's patient, physically, emotionally, and mentally. Taking care of yourself as the caretaker is imperative. How can you cope with the ups and downs of your Alzheimer's patient? How can you, as caretaker, affect the moods of the patient and vice versa? What about the next generation? How can we prevent this serious disease? A LOT CAN BE DONE. Be curious. Marija Santo-Sarnyai, a certified naturopath who had a personal and professional experience with Alzheimer's patients, is revealing key elements of the natural approach to the disease

may 25

What the Tooth Fairy **Never Knew!**

This workshop on nutritional, homeopathic, preventive dentistry is geared for those who want to take responsibility for improving or maintaining their dental health; and, to learn about the connection between dental problems and systemic diseases. You will be taught how to analyze oftentimes undiagnosed etiologies of dental diseases, TM joint problems, headaches and loosening teeth. Dental controversies like mercury fillings, root canals and placing nickel on your children's teeth will be included in this symposium. Dr. Stephen R. Goldberg DDS, is a Nationally Certified Clinical Nutritionist (CCN), Acupuncturist and Oral Myofunctional (Swallowing) Therapist.

may 28 tue 7 pm

PSFC MAY General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the Linewaiters' Gazette. The Agenda Committee minutes and the status of pending agenda items are available in the Coop

office. Meeting location: MS 51, 350 Fifth Ave., between Fourth and Fifth Sts. Enter on Fourth St. cul-de-sac. Fourth St. entrance is handicap-accessible.

may 31

Knit & Sip Series

It's a Spring affair. Let's knit and sip together. Each participant should contribute tea, pastries, and/or fruits to the event. Naeemah Senghor is a knitter, crocheter and rawfoodist and loves to organize swaps and community events. She has been organizing "Knit & Sips" all over Brooklyn. She has been a Coop member for several years.

iun 1 sat 2 pm

Growing Happy, Healthy Parents and Children

Parenting can be stressful; however, it can also be fun and is definitely a learning experience. You'll enjoy this workshop that is designed to make you think, open your mind to new possibilities and put you back in the driver's seat. Learn more about yourself as you grow with your children: gain confidence; feel good about saying "No," and setting boundaries; review practices and guidelines for promoting emotional, mental and physical health; create an environment that supports both parents and children. Children and questions are welcome! Judi Hoyte, mother of three (twin sons and a daughter), is a Coop member who has worked in Childcare for 12 years. She worked as a nurse for 25 years, taught parenting classes for the Red Cross, and taught mother/baby care as a visiting nurse.

to come

Jun 2 Gluten Intolerance: Fact or Fiction?

jun 7 Film Night

Agenda Committee Meeting

The Power of Mindful Actions

Food Class: Spices & Indian Cuisine

Food Drive to Benefit CHIPS Soup Kitchen

Read the Gazette while you're standing on line OR online at www.foodcoop.com

12 May 2, 2013

MEMBER SUBMISSION

An International Call to Condemn BDS

By Ruth Bolletino, Ph.D.

ong after PSFC's rejection of the referendum to vote on banning Israeli products, pro-BDS letters continue in the *Gazette*. This article is for members offended by this and those unfamiliar with the issues involved.

Scholars for Peace in the Middle East (www.spme.net) is an international grassroots community of nearly 40,000 academics from universities and colleges on over 3,500 campuses worldwide, and scholars from other organizations, of all disciplines, faiths and nationalities. Members of 40 chapters believe that "ethnic, national, and religious hatreds...have no place in [our] institutions, disciplines and communities." Their aim is to promote fact-based, civil discourse, especially about Middle East issues, and encourage "intimidation-free" campuses. They defend fair criticism of Israel, but object to singling out Israel for opprobrium and international sanctions disproportionate to any other country.

SPME distributed this petition, which may be signed by faculty, students, and concerned citizens:

"We, the undersigned faculty, unequivocally oppose calls for Boycott, Divestment and Sanctions (BDS) against Israel.

"We must educate our communities about the real nature and purpose of BDS and the dangers it poses.

"BDS uses false premises that mischaracterize Israel in order to justify calling for sanctions against it. Israel is the Middle East's only democracy, and enshrines in law and enforces fully equal rights for its 1.6 million

Arab citizens who form 20 percent of the population. Israel's open and self-critical society, with its hundreds of human rights groups, attempts to uphold the highest international standard of conduct. At the forefront of scientific and technological innovations, Israel has actively shared advances with the world through joint research projects and through its multiple international humanitarian programs. Israel has sought peace with all its neighbors, particularly with the Palestinians. In 2000 and 2008, Israel made concrete proposals for a Palestinian state that would exist alongside it in security and mutual recognition. The Palestinians rejected those offers. BDS advocates intentionally ignore these facts. "We, the undersigned faculty, unequivocally oppose calls for Boycott, Divestment, and Sanctions (BDS) against Israel.

"We must educate our communities about the real nature and purpose of BDS and the dangers it poses.

"BDS uses false premises that mischaracterize Israel in order to justify calling for sanctions against it. Yet, Israel is the Middle East's only democracy, and enshrines in law and enforces fully equal rights for its 1.6 million Arab citizens who form 20 percent of the population. Israel's open and self-critical society, with its hundreds of human rights groups, attempts to uphold the highest international standards of conduct. At the forefront of scientific and technological innovations, Israel has actively shared its advances with the world through joint research projects.

"BDS deceptively claims that its purpose is to champion Palestinian rights, but its real purpose is to eliminate the Jewish state. Norman Finkelstein, a prominent advocate for Palestinians, declared that BDS activists care less about human rights than about destroying Israel, and that "there's a large segment...of the movement that wants to eliminate Israel," primarily through their demand for a Palestinian "right of return" which would effectively flood Israel with Palestinians and turn it into a Palestinian Arab country. Omar Barghouti, BDS founder and leader, openly admitted that BDS against Israel would continue until Israelis and Palestinians form one Palestinian Arab state. BDS is thus a deplorable attempt to delegitimize an ancient people's ethnic identity and to deny the Jewish people the right to self-determination. Furthermore, by denying the right of selfdetermination only to the Jewish people and by obsessively focusing on fabricated Israeli misdeeds instead of on other countries guilty of rampant human rights abuses, BDS claims are "anti-Semitic in their effect if not in their intent," according to former Harvard University president Lawrence H. Summers.

"Finally, BDS subverts all hopes for peace. It promotes an extremist agenda. It does nothing to encourage reconciliation, or Palestinians' return to direct negotiations. BDS is a misguided form of economic warfare against Israel and violates decades of Israeli-Palestinian pledged agreements for a peaceful. negotiated settlement. Moreover, BDS gives support to Palestinians extremists and their allies abroad and in this country who oppose peaceful coexistence and the right of both Palestinians and Jews to self-determination, and who malign and try to silence Israel's supporters.

"Therefore, we call upon students, faculty and all concerned citizens to join us in condemning efforts to use academia to promote BDS. The campaign does not belong on our campuses. It abandons scholarly principles, degrades campus civility, and violates the precepts of rational academic inquiry."

You can sign this petition at: www.spme.net/petitions/26/A-Petition-to-Condemn-Divestment-and-Sanctons-(BDS)-Against-Israel.html. ■

Coop Job Opening: Receiving/Stocking Coordinator

The Coop is hiring a Receiving/Stocking Coordinator to work evenings and weekends.

The evening and weekend Receiving/Stocking Coordinators oversee the smooth functioning of the Coop. They work with squads to ensure that the Coop is well-stocked, and that produce quality is maintained.

The ideal candidate will be a reliable, responsible self-starter who enjoys working with our diverse memberworkers. Applicants must be excellent team players, as they will be sharing the work with several other Receiving Coordinators.

Applicants must have excellent people skills, excellent communication and organizational skills as well as patience. Applicants should be able to remain calm in hectic surroundings, have the ability to prioritize tasks, teach and explain procedures, delegate work, give feedback, and pay attention to several things at once. Comfort with computers is preferred.

We are looking for a candidate who wants an evening/weekend schedule. This is a high-energy job for a fit candidate. You must be able to lift and work for hours on your feet including in the walk-in coolers and freezer. Grocery-store experience is a plus.

As a retail business, the Coop's busiest times are during traditional holiday seasons. Applicants must be prepared to work during many of the holiday periods, particularly in the winter.

Hours: Approx. 39 hours in 5 days/week: Primarily evenings and weekends, some shifts until 11 p.m.

Wages: \$25.80/hour

Benefits: —Health insurance

—Pension plan/401(k) plans

—Vacation—three weeks/year increasing in the 4th, 7th & 10th years

—Health and Personal time

Probation Period:

There will be a six-month probation period.

How to Apply:

Please provide your résumé along with a cover letter explaining your relevant qualifications, skills and experience. Materials will only be accepted electronically. E-mail résumé and cover letter to **hc-receivingcoordinator@psfc.coop**. Please put "Receiving Coordinator" in the subject field. Applicants will receive an e-mail acknowledging receipt of their materials. Please do not call the Office to check on the status of your application. Applications will be reviewed and interviews scheduled on a rolling basis until the position has been filled. If you applied to a previous Coop job offering, please re-submit your materials.

Prerequisite:

Must be a current member of the Park Slope Food Coop for at least six months immediately prior to application.

No Receiving/Stocking experience necessary to submit application materials. However, in order to be considered for an interview applicants must have worked at least four Receiving shifts. After submitting your materials, if you wish to schedule shifts please contact the Coop at **hc-receivingcoordinator@psfc.coop**. Please put "Schedule Shifts" in the subject field.

We are seeking an applicant pool that reflects the diversity of the Coop's membership.

The Coop has a new committee: Animal Welfare

A subcommittee of the Environmental Committee.

We brought you the informational flyer about the Coop's turkey and turkey-replacement products before Thanksgiving.

You can look forward to more buyers' guides to help decode the terms and symbols produc-

ers put on packaging to describe animal treatment or whether a product was tested on animals.

www.psfcanimals.blogspot.com/, where you can find out what we're planning and get information about products currently on the shelves. We are excited to serve members' needs and answer your questions about the welfare of animals and the sources of animal products the Coop sells.



Ξ R 0 T Ξ ITO H D

THE COOP'S DECISION-**MAKING BODY**

TO THE EDITOR:

Sylvia Lowenthal's 4/4/2013 letter ("The Board of Directors, Revisited") criticized an editor's note appended to her previous letter ("The Role of the Board of Directors" 3/21/2013) because the note had reproduced the text of the Coop's by-laws that she had paraphrased.

She had argued that the Coop's General Meeting is not its decisionmaking body, that rather, the Board of Directors is. The note, she said, "only served to confuse the issues...which stand as I stated them." It's an odd claim that providing context via the text being paraphrased makes for confusion. So let's examine the passages in question.

Article VI, Section 2 says: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting." Section 4 says: "Except as otherwise provided, all matters shall be decided by a majority vote of those present and voting."

Sylvia claims Section 4 is confusing because the words "decided by a majority vote of those present and voting" appears to refer to the GM. But the word "decided," she says, must refer to the Board, since the GM lacks decision-making

However, the wording appears to make the Board an almost totally passive body. They meet and business comes before them—they don't initiate any—and they receive the advice of the members. In fact, Section 2 lacks any reference to decision-making.

To clarify, Sylvia quotes the Coop's website, where attorney John Sandercock explains the Board's legal obligations. He writes: "If [the directors | believe that a decision of the GM is illegal or irresponsible, they should not ratify it." But note the words "decision of the GM." In fact, Sandercock's phrasing seems to confirm those of the by-laws limiting the Board's role to either ratifying or failing to ratify the GM's decision.

I brought this question to the office, and got the explanation that the by-laws' wording was carefully crafted to preserve the GM's preincorporation tradition as the Coop's decision-making body—a tradition the membership would be highly averse to surrendering. In fact, the Board failed to ratify a membership decision only once in the Coop's history (1996). A crisis and recriminations ensued; those directors who voted not to ratify were roundly defeated when they again stood for election, and the measure eventually passed. Indeed, it's unlikely someone could be elected were they not to assure us they would respect membership decisions, with the necessary exceptions the lawyer cited.

It's a good bet that Sylvia's letters have the continuing BDS controversy in mind—a reminder for the directors that were a future boycott of Israeli products to pass, though not illegal, and with any supposed irresponsibility based on questionable prognostications, the Board can nonetheless reject it. This appeal to the presumed letter of the by-laws devoid of its spirit is not likely to work. For 40 years, the membership's advice has been pretty good! We're still here, and doing OK.

David Barouh

GET UP, STAND UP, STAND UP FOR YOUR **RIGHT—TO NOT WORK**

TO THE EDITOR:

I'm often troubled by the unwarranted member sniping that ebbs and flows routinely through our Linewaiters' Gazette. The most recent case in point (April 18, "Don't Work for Food") involves the suggestion that members who choose to exercise their member-initiated, approved and voted-upon right to retire are somehow cheating and are to be lumped with the "get out of work" schemers. I'm also dismayed that the word "entitlement" would be applied to this "right" of membership.

Let's put this in context: PSFC PAID staff (a substantial number at that) enjoy quite decent vacation, disability and sick time in addition to a comfortable retirement package—all made possible by the good graces of a majority member vote (it may even have been a referendum) that took place a couple of decades ago. This "generous" benefits package is possible and sustainable (we trust) thanks to a constellation of Coop practices the non-refundable joining fees, basic food price mark-up and "unpaid" labor performed by the general membership, investments etc. That the PSFC can and does "take good care" of

paid staff is a measure of our collective sense of social responsibility, our respect for labor—actions and decisions we as a community can be proud of.

Surely, it is only fair that members who have put in 30 years of required member work-service (at the age of 65 and ONLY then) deserve parallel consideration. It is inappropriate and offensive for Joe Holtz to suggest that senior aged members have more available time than young householders and are therefore less deserving of retirement from PSFC work protocols. Kudos for those who choose not to retire—and kudos also to those who lobbied and fought for older members to choose TO DO SO.

> Sincerely, Dolores Brandon

CHECKOUT WORKERS, **STOP BEING YUCKY**

FELLOW MEMBERS,

Please, please, please don't eat when you are working checkout and handling other people's groceries. It's YUCKY!

Jennifer Cain

EDEN FOODS

TO THE EDITOR:

People have a right to buy what we want and eat and consume what we

But we know that at the end of the day, eating IS political. Which is why, for example, I do NOT eat factory farm animals or at most fast food chains

CONTINUED ON PAGE 14

Earn FTOP Hours in Queens!



Help the Queens Harvest Food Co-op bring sustainable and affordable food options to Queens and earn FTOP hours at the same time.

The Queens Harvest Buying Club is looking for volunteers to help during our monthly distributions. If you love farmers, fresh foods, conversation, and arithmetic, then spend a couple hours with the crew and get to know us (and Queens!) a little better.

We especially need an accountant.

We are a monthly buying club and need volunteers each month. Our next distribution will be in late January. E-mail qhbuyingclub@gmail.com for the date.

We need extra hands for:

- Morning Shifts—Setup, Data Entry, Receiving, Inventory
- Afternoon Shifts—Receiving, Data Entry, Kitchen Prep, Packing
- Evening Shifts—Packing, Data Entry, Cleaning, Breakdown

Our distribution site is St. Jacobus Lutheran Church, in Woodside, which is just three blocks from the Roosevelt Ave. stop (E/F/R/M/7 trains) in the heart of Jackson Heights.

Interested in volunteering? E-mail us: qhbuyingclub@gmail.com

LETTERS POLICY

We welcome letters from members. Submission deadlines appear in the Coop Calendar. All letters will be printed if they conform to the published guidelines. We will not knowingly publish articles which are racist, sexist or otherwise discriminatory

The maximum length for letters is 500 words. Letters must include your name and phone number and be typed or very legibly handwritten. Editors will reject letters that are illegible or too long.

You may submit on paper, typed or very legibly handwritten, or via email to GazetteSubmissions@psfc.coop or on disk.

Anonymity

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

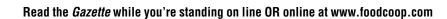
Fairness

In order to provide fair, comprehensive, fac-

- 1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's firsthand observation.
- 2. Nor will we publish accusations that are not specific or are not substantiated by factual assertions.
- 3. Copies of submissions that make substantive accusations against specific individuals will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

The above applies to both articles and letters. The only exceptions will be articles by Gazette reporters which will be required to include the response within the article itself.

Letters must not be personally derogatory or insulting, even when strongly criticizing an individual member's actions. Letter writers must refer to other people with respect, refrain from calling someone by a nickname that the person never uses himself or herself, and refrain from comparing other people to odious figures like Hitler or Idi Amin.



-�

LETTERS TO THE EDITOR

CONTINUED FROM PAGE 13

and try to avoid the poisons introduced into our food supply (not just the gene modifications but the patenting etc.) by Monsanto. That said, I realize that we must make choices in life and it is about minimizing harms and supporting the myriad GOOD choices people can make to preserve our planet.

However, in the context of harms to be avoided, I must add another company. I now add Eden Organic Foods to the list of products I will not eat. I do not support fundamentalism in any form and the variety this brand supports is reprehensible to me. Google "Eden Foods" and contraception or see this article: www.care2.com/causes/these-beanscome-with-right-wing-christian-ide-ology.html.

I will not support this kind of farright philosophy.

George M. Carter

IF THE SODASTREAM BOYCOTT SUCCEEDS, PALESTINIANS LOSE

TO THE MEMBERSHIP,

Obviously there is no way that articles and letters in the Gazette can do justice to the long and complicated history of the Israeli/Palestinian conflict. Nevertheless, despite the one vote on the boycott issue having decisively rejected further consideration, the Gazette continues to publish letters that many of us regard as sheer propaganda, which degrades the Coop and the Gazette itself. And so the burden falls to those of us who feel morally compelled to present opposing arguments. And this has been, for more than four years, a time-consuming burden, one that we did not anticipate when we joined the Coop for the food and camaraderie, not for internal politics that vilify our ethnic and ethical values. Some think we should simply ignore the pro-BDS letters, but others believe that the one-sided and inflammatory nature of the material demands responsible counterarguments.

In that spirit I present the following, with full knowledge that the Gazette is an inappropriate vehicle for such discussion, having no resemblance to a foreign policy journal and neither the resources nor editors qualified to vet writings on this subject, regardless of intentions.

Consider this recent news report from USA Today: "Nabil Bisharap, a 38-year-old father of six, worries that the boycott could lead to layoffs at SodaStream, whose West Bank factory, at the edge of the settlement of Maaleh Adumim near Jerusalem, employs about 300 Jews, 500 West Bank Palestinians and 400 Palestinian Arabs from East Jerusalem. The Israeli factory offers benefits unheard of in the Palestinian work sector: free transportation to and from work, health insurance and salaries 'four to six times' the average Palestinian salary according to company President Yonah Lloyd. It has an on-site mosque and synagogue. Before BDS activists try to pressure Israel via boycotts, Bisharap said, 'they should understand the situation. My salary is good; my conditions are good. If people stop buying, almost 1,000 Palestinians won't be able to support their families.' Boycotting Israel, Bisharap concluded, 'is not the solution'." [Source: www.usatoday.com/story/news/world/2013/03/1 7/israeli-boycott/1930085/]

I suppose that BDS considers these Palestinian workers collateral damage for their larger goal, which is not merely an end to the "occupation" of the West Bank, but an end to what they believe is all occupied territory, including the entire state of Israel. So in their view there is no need for any criticism of or concessions from Palestinians, who are held blameless despite the fact that

their leadership has rejected every proposal for partition since the 1930s, including one that would have given Palestinians the vast majority of what was then British Mandatory Palestine, a proposal, by the way, that was accepted by the Jews in their desperation to provide a safe haven for refugees from the Holocaust.

BDS: Bad for Israel, bad for Palestinians, bad for peace, and bad for the Coop.

Sylvia Lowenthal

LET'S SAVE LICH

DEAR GOVERNOR CUOMO AND COMMISSIONER SHAH,

This letter is on behalf of the 16,000 members of the Park Slope Food Coop, a member owned and operated food store in Brooklyn, NY. We are writing to request that you take a leadership role in developing and implementing a plan to save Long Island College Hospital ("LICH") and that you oppose any proposal by the State University of New York ("SUNY") to close this essential hospital.

It is the Coop's mission to be a responsible and ethical neighbor, to educate ourselves and others about health and the environment, and make choices that will positively impact future generations.

LICH is the only 911 New York State designated heart attack and stroke center in the flourishing northwest corner of Brooklyn. Closure of LICH will lead to critical delays in the treatment of these life-threatening emergencies. In addition to emergency care, LICH provides essential obstetrical, primary and mental health care as well as other important medical and surgical services to over 200,000 people annually.

We are concerned that any proposal to close LICH will deprive the rapidly growing communities surrounding LICH of critical healthcare services and that the displaced patient population will overburden other Brooklyn hospitals. Additionally, we are concerned that a proposed closure would be improperly motivated by SUNY's desire to sell the real estate underlying the LICH facilities, which is a deviation from SUNY's stated mission to serve the people of Brooklyn through patient care.

It is our hope that you will work together with actively engaged concerned parties—including community groups, local elected officials, union representatives and LICH physicians—to help find a solution that will allow LICH to continue to provide essential healthcare services in Brooklyn for another 150 years.

Sincerely yours, Saul Melman M.D., and Joseph Holtz, General Manager

BOYCOTTING EDEN SOY DEAR FELLOW COOP MEMBERS,

Many of us buy Eden Soy and other Eden Foods products. Sadly I, for one, will now have to boycott this company. Eden Foods has filed a lawsuit against the requirement under the Affordable Care Act to provide employees with contraception coverage. I have bought Eden Soy for five years. I have supported Planned Parenthood for more than 25 years. Eden Foods has chosen to tell women what they can do with their own bodies. I

cannot support that. Coop members vote with their dollars. I for one will vote against Eden Soy by avoiding their products.

Sincerely, David Michaelson

FINDING PALESTINIAN GOODS

TO THE EDITOR:

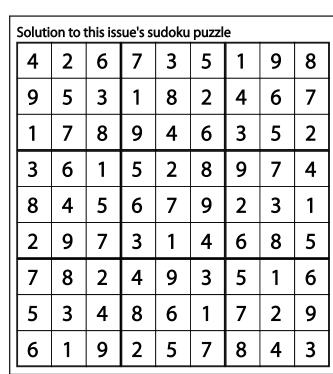
There is a suggestion made on these pages that instead of a BDS strategy we get more Palestinian goods on the shelf of the Coop. Let's examine the assumptions under this approach, which sounds reasonable at first:

1. Goods made on Palestinians land, using Palestinian resources and Palestinian water are already on the shelf, just not called as such. These "Israeli goods" use land, resources and water that are appropriated and exploited, without their rightful owners getting the benefit or acknowledgment of their use. If people are interested in "just" options short of BDS, then at least consider labeling goods by their correct place/manner of origin, as in "Made in the Occupied Territories" or "Made Using Resources Taken by Force and/or in Contravention of International Law."

2. It's hard to identify, locate and have a consistent supply of goods labeled "Made in Palestine." The economy of the West Bank is intrinsically linked and integrated into that of the state of Israel, partly because Israel controls access to resources and the flow of goods from and to the West Bank (and Gaza). I don't think any of us need a lesson to understand why an occupation regime would do such a thing. Perhaps the more useful point is for each of us to reflect on how our words and actions in allowing goods made under occupation, or using resources from occupied territories, supports an indefensible state of affairs instead of challenging it.

3. Even when there is a "Palestinian item" identified as such, it is challenging to find steady distribution of the same at prices that consumers can afford. Ask the coordinators about Palestinian olive oil from the occupied West Bank, and check the price point of the same (if you can find it). You know the reasons by now: lack of Palestinian access to their own land and resources, a punishing Israeli occupation that limits transportation to market, and the costs of occupation (check points, food spoilage, inconsistent delivery) that have to be added to the item when export is possible.

Finally, I'm not sure that anyone needs help (or support) to find these aforementioned Palestinian goods, or even that placing such goods will create parity or a just state of affairs in a situation that is intrinsically unjust. There is nothing to be learnt in trying to find Palestinian goods that you don't know already about almost everything in this conversation—how colonialism





R

and exploitation work, who gets to reap the benefit in a capitalist economy and who gets shafted, what gets to be called a worthy topic of debate and what doesn't, and how the Coop contradicts its decades of revolutionary work in creating a just food system by pretending now that food isn't political

Mohan Sikka

More time to study for SATs? Try out for The Merchant of Venice? Forget the vacations of yesteryear And the need for active play! What kids all around are dreaming of Is being on Facebook all day

Leon Freilich

PLASTIC BAGS

DEAR FOOD COOP MEMBERS,

Today I was met at the Food Coop with a group of people trying to slowly abolish plastic bags. While I sympathize with the goal, I will not be voting "Yes" to this concept. What I do believe would be appropriate, would be for the Food Coop to use biodegradable bags instead. There are many options in this regard which both the Food Coop or Environmental Committee could research. I do not think it workable to have the members bring their own bags, or buy bags. Our Food Coop is doing well. It is a successful business. Let us put money back into the products we use, perhaps paying a little more to have the product of a shopper's plastic bag be of an environmentally friendly material. We are hoping our large corporations be more mindful, let's expect this of our successful and financially solvent Food Coop. To ask members to bring their own bags, or pay for bags, when as a community we are, together, creating such a working business model, is not appropriate. But I agree—this is an issue we must address in an inventive way, and now.

> Best, Mary Paige Snell

EDEN FOODS CAN DO WHAT THEY WANT, AND SO CAN WE

TO THE EDITOR

I recently learned that Eden Foods, which supplies a large number of products to the Coop, is suing the government to avoid having to provide contraception as part of the Affordable Healthcare Act. This story is easily found online by Googling "eden foods birth control," but here is a quote from the original story on Salon.com:

"Eden Foods—an organic food company with no shortage of liberal customers—has quietly pursued a decidedly right-wing agenda, suing the Obama administration for exemption from the mandate to cover contraception for its employees under the Affordable Care Act. In court filings, Eden Foods, represented by the conservative Thomas More Law Center, alleges that its rights have been violated under the First Amendment, the Religious Freedom Restoration Act and the Administrative Procedure Act."

Obviously Eden Foods can do as they like, but I plan to stop purchasing their products and thought other Coop members might want to know about this policy as well.

Sarah Wenk

CHITCHATTERING CLASS

"Can't wait till summer," you hear everywhere In schoolyards from Maine to Cal., Our children looking forward to A lift to their morale. Important books to read and consult?

Intense practice in tennis?

MY IDEAL STOMACH IDEAL STOMACH-ME

I may be anal anorexic About my pseudo-potbelly Confused about what's true Elementary alimentary canal my dear Watson. I'm belly inspector Bill With a concerned belly button Cutting umbilical chords of food Navigating a navel in denial.

Plenty of partial worry I'm off about my core center With crazed images Placenta aplenty Crop craw gizzard. Am I a wizard Who may or doesn't Know how to eat?

I decipher and decode Real and imagined clues When my insistent intestines Intentionally bawl and bowel.

In a dream I gut my innards Wanting to be responsible Or not to blame Some sordid Insisting intestinal fortitude. Under duress

I am an instinctive eater On a marsupial rampage. What's so compelling? Nothing but a look At a perfect image

Ideal looking me. Attainably unattainable Or unattainably attainable.

Fully inflatable stomach with a visible six-pack. That's right. A fully inflatable stomach with a visible six-pack.

My ideal stomach. Ideal-stomach-me.

Len Heisler

A COOP LOVE AFFAIR

TO THE EDITORS:

In the April 18 edition of the Gazette you kindly published a story of mine with the above title. Along with the story I sent you a photo taken by my squad leader Rhudi

Andreolli during our last shift. The photo inspired the story and the story then tried to represent the photo from an imaginative perspective.

The photo taken by Rhudi shows a plastic bag from the Coop's bulk section filled with delicious orange apri-

cots labeled Ben's cream cheese. I had asked that the photo be included with the story, but it was not included. Its absence disturbs the story's meaning and intention.

Marlen Gabriel

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

Need Gary Null Products that you Don't see at the Coop?

Get 15% Off prices listed on Gary's Website: garynull.com Free Delivery in Brooklyn COD Call Joanne 646 932-2808

Email:garynullproducts@gmail.com

Coupon code PSFC

good green famil amp common gro

Spend a week on our 700 gorgeous acres in **Vermont this summer!**

www.cgcvt.org We're cooperatively-run!

Check out our website for info about local house parties!



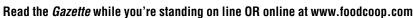




"INSTANT GRATIFICATION" PIANO Play the good stuff at the first lesson or class

KIDS OR ADULTS-Choose \$30 half-hour or \$50 one-hour private lessons, or a \$195 eight-session class CALL NOW: 718-704-9672, beth@keyboardclub.net







PHP/Web Developers

PSFC IT is looking for several Coop members to help build a Membership

application for one of the coops that the Park Slope Food Coop has been advising. Workers will receive FTOP credit.

Skills:

◆ PHP programming ◆ MySQL

Remember you can gift your FTOP credit to another "active" member of the Food Coop.

If you are interested in this initiative, please send your resume or details of your relevant work experience to the following e-mail address: gerald_barker@psfc.coop

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

FRI, MAY 3

10 a.m.-12 p.m.Orson's Welles' Moby Dick-Rehearsed. The masterpiece stripped to its bones; BNW Rep turns it into a highly physical play within a play aboard the Waterfront Museum (290 Conover St., Red Hook), constructing Melville's world on the bare stage of the barge. Admission \$25 General, \$18 students/seniors, info: bravenewworldprep.org.

SAT, MAY 4

4 p.m. Cookbook signing and tasting: Dear Dearie by Bob Spitz featuring Julia Child's recipes prepared by Melissa Vaughan (The New Brooklun Cookbook) at The PowerHouse Arena, 37 Main St., Brooklyn, NY 11201. For more info call 718.666.3049. RSVP rsvp@powerhousearena.com.

THU, MAY 9

7 p.m. Book launch and discussion: MAKE YOUR OWN SODA: Syrup Recipes for all-natural pop, floats, cocktails, & more by ANTON NOCITO at The Power-

House Arena, 37 Main St., Brooklyn, NY 11201. For more info call 718.666.3049. RSVP rsvp@powerhousearena.com.

SAT, MAY 11

8-10:30 p.m. - Peoples' Voice Cafe: A Benefit For The Children's Defense Fund-featuring emma's revolution, KJ Denhert, Alix Dobkin, Terre Roche and Claudia Goddard, and John Flynn At The Community Church of NYUU 40 E. 35 St. Wheelchair-accessible. For info call 212-787-3903 or see www.peoplesvoicecafe.org. Suggested donation: \$18 general/\$10 members/more if you choose, less if you can't/no one turned away.

SUN, MAY 12

4 p.m. BPL Chamber Players: Hochman Francis Baltacigil Trio Lily Francis, violin, Efe Baltacigil, cello Benjamin Hochman, piano Admission is free; Dr. S. Stevan Dweck Center for Contemporary Culture at the Central Library, 10 Grand Army Plaza, Brooklyn.

★ EXCITING WORKSLOT OPPORTUNITIES ★



The Coop is looking for members to work in the produce area. Responsibilities include: lifting boxes, unloading deliveries, stacking boxes in the basement. You should be willing to get or have wet hands while you are working. Boxes usually weigh between 2-20 lbs., a few may weigh up to 50 lbs.

Office Data Entry Thursday, 4 to 6:45 p.m.

Must have been a member for at least one year with excellent attendance. Are you a stickler for details and accurate on the computer? Do you like working independently? If this sounds like you, then Office

Data Entry will be your perfect shift. Please speak to Ginger Jung in the Membership Office (or put a note in her mailbox) prior to the first shift for more information and schedule training. Must make a six-month commitment to this workslot.

Office Set-up

Monday-Friday, 6 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana or Cynthia in the Membership Office for more information.

CLASSIFIEDS

BED & BREAKFAST

THE HOUSE ON 3rd ST. B&B- serving the Slope for over 20 yrs. Parlor floor-thru apt. sleeps 5 in comfort & privacy, queen bed, bath, double living room, kitchenette, outdoor deck. Visit our website at houseon3st.com. Click our FB link or call Jane at 718-788-7171. Ask about bargins for last minute bookings. Let us host you!

LARGE SUNNY ROOM with private bath, queen bed, WiFi, smoke-free; with or w/out breakfast; close to Q, B, 2, 3 stations; long- or short-term stays considered. Margaret - 718-622-2897. Please leave message.

COMMERCIAL SPACE

OFFICE FOR RENT, suitable for therapist, writer etc. In center Slope. Small, quiet room w/small waiting area and restroom. Access to kitchen and backyard. WiFi. Share suite w/psychotherapist. \$900/month or \$200/weekday. Linda Nagel 718-788-9243 or lnagelphd@earthlink.net.

HOUSING **AVAILABLE**

CENTRAL PARK SLOPE APART-MENT available June 1.6 mo. sublet. \$2,800/mo. Three bedrooms, large living room, kitchen and office, semifurnished. Just around the corner from the Coop. Email winter2maple@gmail.com. Please include your phone no. in the e-mail contact.

MERCHANDISE NONCOMMERCIAL

FOR SALE: ROAM-AIR portable

room air conditioner 8000 BTU. Good condition. Effective cooling. Stands on wheels, exhausts out of the window. 28"H x 12"W x 20"D. Carry down from 3rd floor apt. in Park Slope \$50.00 call 917-838-3282.

SERVICES **AVAILABLE**

MADISON AVENUE HAIRCUTTER is right around the corner from the food Co-op, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154, I charge \$60.00.

ATTORNEY—Personal Injury Emphasis—34 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 23-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

PAINTING & WALLPAPERING -Mesh & Plaster those cracked walls & ceilings. Over 20 yrs experience doing the finest prep & finish work. One room or an entire house. Free estimates. Fred Becker 718-853-0750HAIRCUTS HAIR-CUTS HAIRCUTS. Color, high lights, low lights, oil treatments in the convenience of your home or mine. Adults cuts \$35-40. Kids

Cuts \$15. Call Leonora.

Thai based chair massage at your home or office. I offer a 30 minute session at a special introductory rate of \$50+tax. I work your back and neck, shoulders and arms, legs and head. End your busy day with a chair massage based on Thai yoga. Licensed and insured (lic#024954). Rodrigo Pocius, LMT 347-921-2392.

NYS LICENSED MASSAGE THER-APIST. SML Helping Hands. 718-332-1569. House Calls. Massage therapy and Reiki master. Reiki \$70, massage \$75. Additional fees for parking.

HEALING GODDESS JUDICCI, "Poet of the Body." Intuitive transformation of body, mind & spirit. Experience power of breath, expansiveness of heart, connection to mother earth & to the divine. An awakening & pleasurable journey in touch, sound & movement. Park Slope. Healing-Goddess-Judicci.com.

VACATIONS

NORTH FORK COTTAGE Bright cozy 1 bdrm, bath, livingrm, kitchen apt on quiet country road in East Marion, close to sound and bay beaches, farmstands, A/C, W/D, WiFi, composting. Kayak and bicycles. Pets upon approval. June-Oct monthly and weekly rentals, starting \$1,000/wk. Security, references. 917-499-6320. rlsimmen@gmail.com.

CATSKILL VACATION RENTAL Secluded, picturesque, 4 bedrooms. Check out oasishill.com or call Dave 212-289-6282.



Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

