

LINEWAITERS' GAZETTE

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Earthallujah! Reverend Billy Finally Joins the Coop!



PHOTO BY KEVIN RYAN

Reverend Billy (a.k.a. William Talen) and the Stop Shopping Choir belting out their Earthallujah message.

By Hayley Gorenberg

Members shopping for Marugula a couple weeks back probably know already. They heard the performing preacher who leads the environmental activist Church of Stop Shopping belt out his signature appreciation for the Earth. Reverend Billy (a.k.a. William Talen) was moved to yell when, waiting in line with his groceries, he heard members on the intercom discussing the types of arugula in the store. "They went back and forth. Marinated! Siberian bearded! All these different varieties. And then they say, 'Oh,

we do have bunched organic arugula in back.' That's pure theater! I just shouted, 'Earthallujah!' I got goosebumps all over my body."

Even more endearing to this voluble new member was the reaction from fellow shoppers. "People smiled," he noticed. "You get a lot of permission in the place. It's not like being in Whole Foods. Once you've been in the Coop a few times, going back to the Union Street grocery, it's like this really Episcopalian silence. You look around wondering 'Why? What's wrong? Did somebody die here?' Really,

the body language in a regular commercial place after being in the Coop for a bit, it's like you're going from a conga dance line to really scared yuppies."

Reverend Billy knows high-profile "regular commercial places" well; he and the Church of Stop Shopping Choir have occupied Wal-Mart and cast demons out of Starbucks, and for more than a year have targeted Monsanto as "our devil," because of pesticide-resistant GMO crops that allow for heavy dousing with chemicals. The group hopes to awaken

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The Coop and the Retail Clothing World: One Member Trying to Keep It All Together

By Taigi Smith

For Christine Alcalay, fashion is a way of life. To hear her tell it, the business of selling and making clothes is in her blood, and so is the Coop. Christine is a clothing designer, shop owner and mother of three who also happens to dress A-list celebrities for the red carpet. But you'd never know it when you see Christine working the checkout line at the PSFC. In fact, the chatty clothing designer will talk more about organic vegetables than the latest trends in fashion when you're in her line.

While Christine has only been a member of the PSFC for about two years and she happens to be on leave right now (more on that in a moment), she's owned the women's clothing store Kiwi for 13 years and her signature line is sold in independent boutiques around the world. Christine's second store, Fig, is a high-end men's clothing store that opened just a few months ago. "Fig and Kiwi are very similar," says Christine. Both stores sell casual, modern



ILLUSTRATION BY ROD MORRISON

clothes that are functional, yet stylish.

Though Christine is currently on a short leave of absence from the Coop, she says she's coming back in a few weeks. The busy mom of three says there just wasn't enough time to open a new

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Next General Meeting on December 15

The December General Meeting will be on Tuesday, December 15, due to the holidays. The GM begins at 7:00 p.m. at **St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.**

For more information about the GM and about Coop governance, please see the center of this issue.

Coop Event Highlights

Thur, Dec 3 • Food Class:
Edible Artisanal Gifts for the Holidays 7:00 p.m.

Sat, Dec 5 • Film Night: Soul Power 7:00 p.m.

Tue, Dec 8 • Safe Food Committee Film Night:
Carb-Loaded 7:00 p.m.

Fri, Dec 11 • Wordsprouts:
New York City History Night 7:00 p.m.

Look for additional information about these and other events in this issue.

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Reverend Billy

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people to the overwhelming presence of pesticides, Talen said. "There's a moment when people realized how paved everything is. Pesticides similarly are everywhere, but we can't see them. I'm fascinated by our allowance for these chemicals to be everywhere. It's like a trick of the human mind: What it can't see, it can ignore. But the long-term toxicity is not just for us but for future generations."

Given the fact that he and partner Savitri D, who directs the group, have lived in Windsor Terrace for 12 years, Talen reflected, "It doesn't make sense that it took us so long to join our neighborhood institution. We're activists on behalf of the Food Coop and have been for years, leading parades of small farmers in England, holding hands around old-growth trees and singing straight up into the air for tree sitters!"

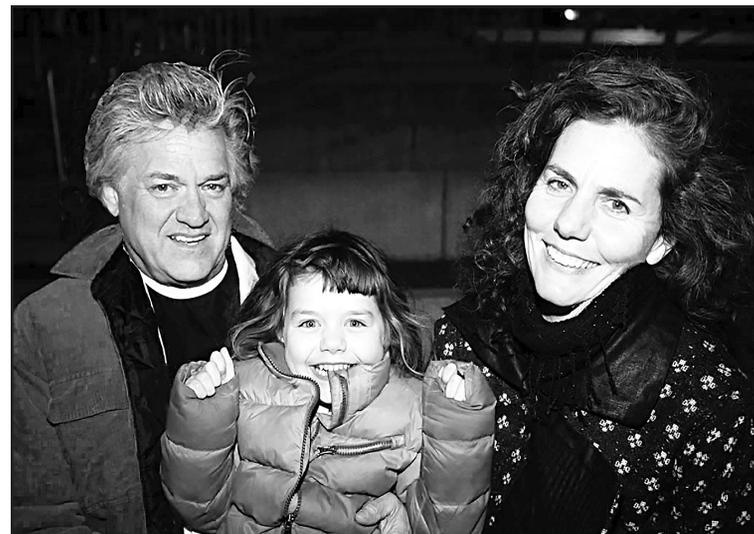
Now that they're Coop regulars, joyfully frequenting the aisles, "We'll start laughing and not know why."

Both he and Savitri D work in receiving. "You get that upper-body work, down in the freezer, lifting those boxes onto the belt," he said. Plus, "We thought it was the way to learn the whole place the best."

Learning and becoming aware of one's surroundings is a key to the group's work outside the Coop, as well, with the goal of "living a sustainable life with the Earth so that every mastication, every cooking, every shitting—as the Earth comes through our bodies, we are sustaining ourselves and the Earth simultaneously! That is all over the experience of the Coop. You feel it in the aisles. You feel it in the way people talk to each other. You feel it in the way people put the spices in the little bags in the basement!"

Talen confessed that he already owes a makeup or two. Perhaps mistaking a *Gazette* reporter's call for missed-shift policing, he opened his interview fervently pledging, "I will start my makeup process today!" and offering "a general apology to the community."

Of course their schedule spreading the good word probably interfered. "I think the reason it took so long for us to get around to officially signing up is because we're touring so much. But when we're touring, we're express-



PHOTOS BY KEVIN RYAN

Clockwise from top left: Savitri giving activist news updates; Reverend Billy, Lena and Savitri; Reverend Billy and the Stop Shopping Choir; Reverend Billy preparing for the show in Joe's Pub dressing room.

ing the values of the Coop."

A few weeks ago Reverend Billy and the Stop Shopping Choir teamed up with an Apache rock group to open for the Berkeley, California concert stop of Neil Young's tour of his new album "The Monsanto Years." Between bouts of anti-corporate activism on the road, they pop up routinely at Joe's Pub in the Public Theater—where they open their new show, "The Earth Wants You!" this month.

Talen, who once described his church's message as "put the Odd back in God," went to the locked front of the California Monsanto facility, "and I received ritual seeds and juice upon my person, and then got the hell out of there trying to escape" from police who had been called. Talen described a near-comical chase "across miles of monoculture, all exactly the same height, 11½ inches off ground. It's an absolute monoculture nightmare. We were trying to get away but we're in this big bus...." He said the activism left him smelling like pizza, and that he had yet to wash his white juice-stained suit, "I still have it in the closet, unwashed, convinced a museum will ask for it!"

Savitri D, who has collaborated with Talen for almost 15 years, said she directs the Church of Stop Shopping and

its show "in theatrical terms," with respect for the members' special energy. "Really it's a big group of volunteers and, like the Coop, I'm directing it kind of in name only. It has its own force and momentum and will, and you just kind of hold on for dear life. The work itself comes from them. Someone just has to press 'Go!'"

"In a regular commercial place, after being in the Coop for a bit, it's like you're going from a conga dance line to really scared yuppies."

—William Talen
(a.k.a. Reverend Billy)

"We've always combined performance and activism, and really we've done a lot of performance in an activist setting," she said. "It's harder to do activism in a performance setting," though the next show will attempt to do a bit of that. Joe's Pub is by no means representative of the group's performance settings. The Choir pops up at shopping malls, government office buildings, corporate headquarters and sometimes in Grand Army Plaza. "Anywhere you can imagine there's a place to say something, we have done what we do," she said.

Savitri D resists connecting the work she and Talen do

with specific concern for their five-year-old daughter, Lena. "Some people are very awakened by having a child and start caring about the future in that way," she observed. "I didn't have that experience, and am honestly a little wary of it. There's a chauvinism in being a parent, like 'We need to save the earth so my child can live!' It's suspect. But children—not just my children—are really in for it. When my daughter's my age, things are going to be really different. I think, 'Will she be able to turn on the water, and will there be water there?' I think the Native American seventh-generation concept is a good one. It's not just this personal crisis of my child. It's very abstract and almost a philosophical position."

While the core thrust of the group is anti-consumer, trying to leave a lighter mark on the earth," Savitri D channeled the group to Ferguson, Missouri at one point this year to protest police violence. "It's about recognizing what's on the minds of the community," she said.

Savitri D, whose name derives from Sanskrit and who personally identifies as an Irish Jew, seeks to help focus her group's activism on leading corporate forces. "Because we live in such a marketing bath and advertising bath, I think part of our work has been to take

on those companies at the head of that game," she said. "Confronting them is resisting the whole model they're part of. It's not just about the environment; it's about our democracy and people having a choice. It's about citizenship being intact. If a farmer says, 'I want to grow these seeds' and can't, where is the sovereignty in that? Where's the self-determination in that?"

Given the focus on what grows and gets eaten, one might think Savitri D would have been drawn to the Coop ages ago. "I was weirdly resistant to joining the Coop," she mused. "I don't know why, because it's the most comforting environment! The Coop is pretty miraculous to me, that it works, and that it works as well as it does. It's this incredible gleaming example of another possibility. My first day shopping there I was thinking, 'This food isn't organized to convince me to buy it! It's not selling itself to me! It's just food!' I was just so happy. I felt this relief. It took me longer than it should have to join."

Reverend Billy, Savitri D, and the Stop Shopping Choir can be found performing Sundays at 2 pm in November and December at Joe's Pub. See joespub.publictheater.org. For more information on Rev. Billy and the Stop Shopping Choir, see www.revbilly.com. ■

Clothing

CONTINUED FROM PAGE 1

store, raise three kids, juggle a new baby, and work her shift. She says her family misses their favorite foods at the Coop and she's eager to come back. "We've really gotten used to a certain way of eating. I certainly feel like I'm lacking in the produce department. My youngest literally calls every market 'the Coop.' While on leave, I had to explain to her that this isn't the Coop. This is a regular grocery store. My workers and I really obsess over the organic and local products," says Christine, who would sometimes shop at the Coop three times a day for breakfast, lunch and dinner.

While the PSFC and Christine's two clothing stores couldn't be more different, they are similar in many ways. "I know people's children's names. The stores are very neighborhood oriented. The people who work in the stores are also from the neighborhood," says Christine. She says she takes the time to know her customers and strives to make a connection with her longtime clients.

"We're all part of the same community. A lot of my customers are members. It's funny when I see my customers at the Coop and they see me. The shopping environments are so different, but there's so much overlap," she says.

Christine's also proud that at both Fig and Kiwi, the Food Coop is a way of life. Not only are dozens of Christine's customers mem-

bers of the PSFC, but two of her employees, Jason and Amanda, are devoted members of the PSFC, too. Jason Landon Marcus, a published writer and salesperson at the newly opened Fig, says the PSFC has become an important part of his life since he moved to Brooklyn from Los Angeles. "It was a hard transition coming to New York City," says Marcus. "Generally the restaurants (here) aren't as healthy," while organic food in Southern California is simply a way of life. "So the Coop was a welcome surprise."

"We're all part of the same community. A lot of my customers are members. It's funny when I see my customers at the Coop and they see me. The shopping environments are so different, but there's so much overlap."

—Christine Alcalay

Jason is a walker at the Coop and his wife, an actress and nutritionist, works in the Coop office. "My favorite Coop item is the Bulgarian Feta cheese. The loose leaf teas are also great," says Jason, who chuckles when he compares the PSFC environment to that of Los Angeles. "It was really good to find the Coop. We were floundering a little. You'd hear so many cautionary stories about the Coop. It was a little intimidating at first but such a nice community. My wife is there every day," says Jason,

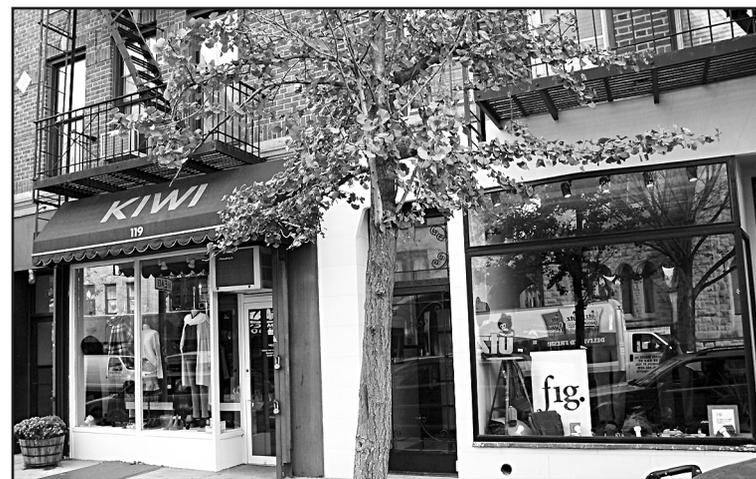
who describes the energy at the Coop as "intense." "Then after you're in it, you realize why there are so many rules. It takes that kind of disciplinary environment to keep it going," adds Jason.

It's the healthy, holistic environment of the Coop that keeps Christine, Jason and buyer/manager Amanda coming back to the Coop for more organic food, sometimes several times a day. Amanda Wofsy has been the manager of Kiwi for 11 years and she's spent a lot of time bonding with other co-workers over Coop meals. "There is definitely a little crossover between Kiwi and the Coop, mostly because of the proximity. It's so easy to run out and grab a quick snack. We've definitely had our fair share of Coop lunches over the years, usually involving radish. We love radish." The Coop is often a topic of conversation at Kiwi, says Jason, who sometimes talks to shoppers as they're en route to the PSFC. "I'm on my way to my shift. I got this at the Coop. It just kinda comes out when you talk to someone for five minutes."

"We work together and eat together," adds Christine when she describes the close relationship she shares with Jason and Amanda. "We are constantly eating and shopping. We obsess over Sriracha popcorn."

Perhaps the most interesting part of Christine's story is her backstory. Her roots are in the business. "We were the last wave of boat people who came from Vietnam," she explains. Christine lived in a refugee camp in Malaysia before immigrating to New York City when she was three years old. "We came here in 1982. My mom had a lot of sisters who were depending on her and so she went to work as a seamstress in a factory in Flushing. I would go with her because she couldn't afford a babysitter," and this says Christine, is how she learned to sew. "After a while, the supervisors at the factory would tell her 'you can't bring your child here.' I remember boiling eggs at the age of four while I was at home alone."

It was her mother's intense work ethic that drove Christine to open two clothing stores and design her own line of high end clothing that's sold in Japan, Korea, Saudi Arabia and England. It was as a young girl that Christine learned the family trade and turned it into something



PHOTOS BY LISA COHEN

Top: Story of two stores owned by Coop member, Christine Alcalay.

Middle: (Left to right) Store owner Christine Alcalay and her son, Liem; Amanda Wofsy; and Jason Landon Marcus—all Coop members.

Bottom: Like the Coop, Fig and Kiwi provide a healthy, holistic environment.

she loves; now mom helps daughter with the private collection on Saturdays in a private Park Slope design studio. "I learned how to sew at the same time I learned English. It's in my blood; it's what I know. Clothing to me has been about a way of living...a way of life. It's very cultural to me. It's what my family did and what my mother does."

This reporter has seen

the clothing and it's exceptional. But when I asked how one procures this gorgeous clothing line the usually chatty Christine is coy. "The line is sold at small specialty boutiques around the world—including Fig. You can buy my dresses whenever they're in season," she says. And then she pauses and adds, "They're kinda like Fiddlehead Ferns." Now you see 'em. Now you don't. ■



ILLUSTRATION BY ROD MORRISON

ENVIRONMENTAL COMMITTEE REPORT

Zero Waste

By Linda Marsanico,
Environmental Committee

The first time I heard the phrase “zero waste,” I was talking to a 20-year-old from Latvia who was working at a firm in New Jersey. Her task was to recycle dirty (yes, you are reading this correctly), used, disposable baby diapers. I was astonished! The concept seemed novel, even shocking.

Since that evening four years ago, I’ve expanded my

thinking to embrace the idea that we have the potential to waste nothing. What a concept, that our food and other “stuff” can be transformed into something useful and not thrown into a landfill.

According to Dana Gunders at the Natural Resources Defense Council (2012), 40% of food in this country goes uneaten—\$165 billion of food gets thrown out, ending up “rotting in landfills.” This becomes a large component of U.S. municipal solid waste, where it transforms

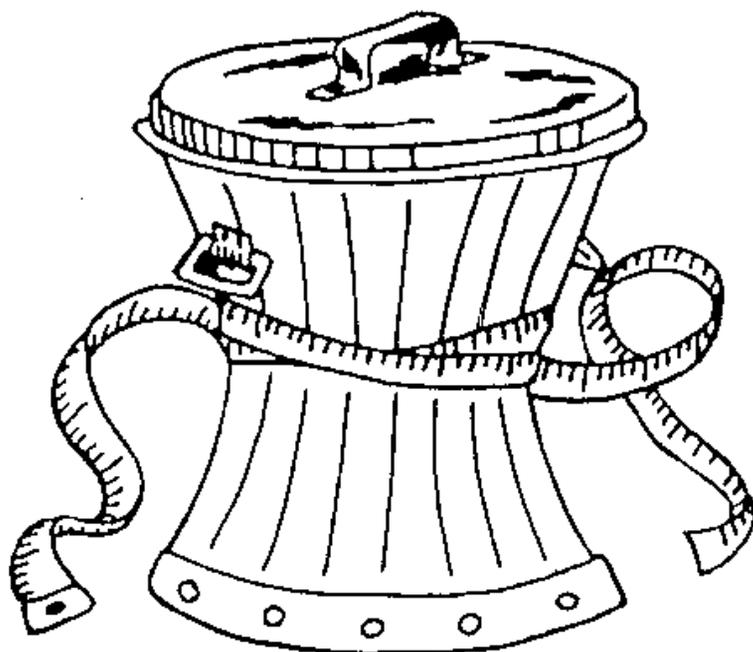
into methane emissions.

For more—look this up: “Wasted: How America Is Losing up to 40 Percent of Its Food from Farm to Fork to Landfill” (www.nrdc.org/food/files/wasted-food-IP.pdf).

What can you and I do about this landfill overuse? For now, as we approach zero waste, we can reduce, reuse and recycle! According to www.sfenvironment.org, before grocery shopping we can look in the fridge. We can shop wisely, following our grocery list. We can keep food fresh longer and reuse what we have. I’d like to add that we could make stews and casseroles from veggies and meats resting in the fridge. We can compost. And, we can look around for progressive ideas that move us forward.

We know that innovation often begins in California and blows east with the winds. The city of San Francisco has a goal of zero waste by 2020. They maintain that they will send NOTHING to their landfill in five years or so. On their website (see above), they project their connectedness to all of us from home, to earth—local to global. Many of us will remember the phrase “think globally, act locally.”

Drum roll please...inno-



vation is now percolating east of the Rocky Mountains. We—the Park Slope Food Coop—have begun an effort with TerraCycle in Trenton, NJ, and Portland, PA, where we ship used toothpaste tubes, toothbrushes, baby food pouches and caps, energy bar wrappers, Brita filters (other brands, too) and other related items, plastic food storage Ziploc types of bags (any size), plastic cling wrap (no plastic roll bags or shopping bags), cereal bag and cracker bag liners. TerraCycle states: “We turn waste into affordable green products.”

We actually get paid for sending these items to this company. This is a step that

each of us can undertake. We are roughly 17,000 members: think of the ripple effect.

With participation in TerraCycle we can share the momentum of making positive change at the Coop.

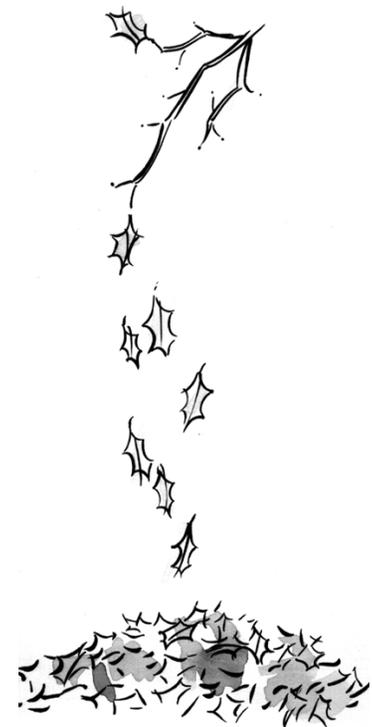
Note these collection dates:

- The fourth Saturday of the month, 2-4 p.m.
- The second Wednesday of the month, 4-6 p.m.

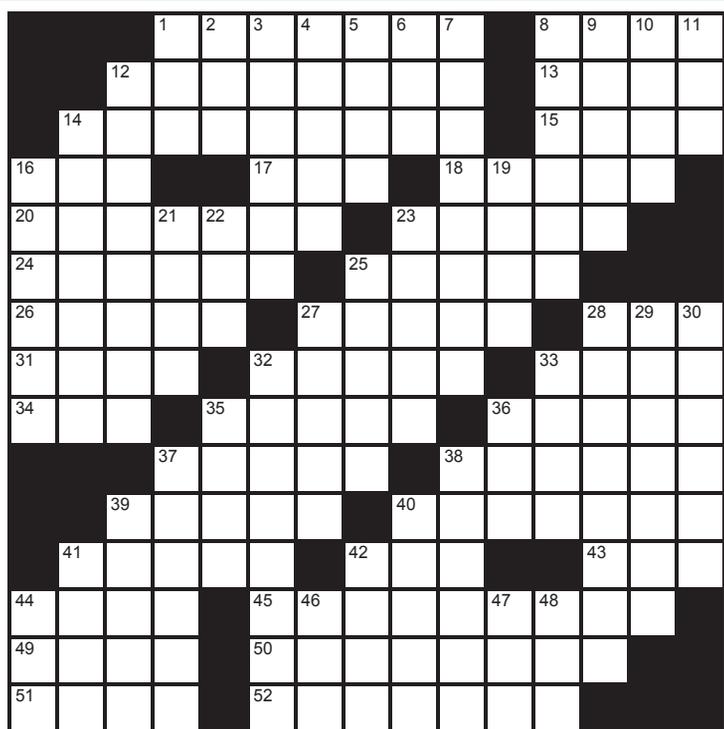
You can check the Environmental Committee Blog (see below) for any changes around Thanksgiving and the holidays.

We are one of the biggest food cooperatives in the United States, and an inspiration to other groups and efforts. We are leaders in the effort to take charge of the food we put in our mouth and the “stuff” we send out through our doors.

Please contact us at ecokvetch@yahoo.com Let’s share our ideas. We’d love to hear your thoughts about this project and related issues. ■



Crossword Puzzle



Across

- Garnier product
- “This crossword’s theme is so funny! I can’t get enough of it!”
- Not fully noticed
- Neural transmitter
- What the brands Chaser, PreToxx and RU 21 claim they can remedy
- Fam. members
- Prosciutto, e.g.
- “Fresh Air” ailer
- Rapper with the 2002 #1 hit “Hot in Herre”
- Kind of court
- Where the Styx flows
- “___ Gonzales” (1955 Oscar winner for Best Animated Short Film)
- Its name comes from the Arabic for “forbidden place”
- Does some logrolling
- New ___, Connecticut
- Contains
- “Cheers” actor Roger
- Made a bundle?
- Greasy spoon order
- JFK : New York :: ___ : Chicago
- Eye color
- Scolding, nagging sort
- Proverbial speedsters
- Good thing to have at a tearjerker
- Piano players?
- They do a lot of peddling
- Abrasive
- “Open the pod bay doors, ___” (from “2001: A Space Odyssey”)
- Brooklyn pro
- Come (from)
- Forsakers of the faith
- “Alice’s Restaurant” singer Guthrie
- Rendered less intense
- TV’s “How ___ Your Mother”
- Blows a gasket

Down

- Solo on screen
- “Solve for x” subj.
- “I wish!”
- Sends regrets, perhaps
- Blacktail or whitetail
- Norah Jones’s “Tell ___ Mama”
- Trapped
- Big Apple neighborhood
- Skating jumps
- ___ Bible
- Response: Abbr.
- Slowed down
- Not so gloomy
- Company that makes Scrabble
- Genesis locale
- Coral reef dwellers
- Billboards, e.g.
- First president of the Czech Republic
- 1971 Oscar winner for “Theme from ‘Shaft’”
- Fogs
- Listened up, quaintly
- Shoots for the moon
- Most withdrawn
- Construction crew
- Aaron of Cooperstown
- Geiger of Geiger counter fame
- Hem and ___
- Trollop
- Summer top
- Selassie of Ethiopia
- Metal fasteners
- Mistreatment
- ___ office
- Japanese “yes”
- Third of September?
- “Right you ___!”
- “Cheers” actor Danson

Puzzle author: David Levinson Wilk. For answers, see page 14.

Special Ordering Temporarily Suspended



We will not be taking special orders until Tue 02/02/2016

Vitamins/Supplements special orders are suspended indefinitely and will not resume on Tue 02/02/2016

No special orders on fresh baked goods

Orders for bulk or produce by the case must be placed directly with a bulk or produce buyer

INTERNATIONAL TRADE EDUCATION SQUAD REPORT

Say No to TPP

By Susan Metz, International Trade Education Squad

The ITES was created at the September 2014 GM with an allocation of seven member workslots. Our mission is to inform ourselves and other members about what the mass media had neglected—the Trans-Pacific Partnership (TPP), a huge corporate plan for a new world order.

We established the blog where our documents and news articles are posted: CoopITES.wordpress.org. Through regular reports in the *Gazette*, reports to each GM, open forums for discussion, leafleting at the store and phone calls, we publicized the debated Trade Promotion Authority (TPA)/a.k.a. Fast Track legislation. TPA mandates that the TPP pass through Congress on a rapid, rigid schedule. Popular movements vigorously opposed the TPA that the Obama administration and corporate lobbyists were pushing.

After over five years of secret negotiations, on November 5 the text of the 30-chapter TPP was finally released to Congress and to us. Only seven chapters refer to traditional trade issues. Advocacy groups pounced to analyze the implications. They report that the proposals are even more extreme than anticipated.

The TPP is a massive piece of legislation, and it has been negotiated in secret. This is secret government. And then to Fast Track the over 1,000 pages of legislation through Congress with an up-or-down vote is reason enough to reject the TPP. This process is a radical change in how our Constitution and legislative process has worked in the past. It is a radical change in the theory of how our government is supposed to work.

If the TPP is so good for us, giving us the benefits of jobs and whatnot, then why rush it through Congress? The question answers itself. The TPP is not good for people, says Paul Peloquin, retired legal services attorney, local activist

Many chapters would dangerously impact campaigns the Coop has long

supported—protecting land, water and air from fracking, supporting local agriculture through Buy Local, inspecting imports to uphold food safety regulations, labeling GMO foods and country of origin so consumers know the source of what we eat and feed our families.

Many other policies that could not pass Congress are written into the TPP—like extending patent protections on pharmaceuticals that would prevent competition from generics which allows for manufacturing in developing countries and lowers drug prices, and ability to access information on the internet. To my mind, the most radical proposal that would pass in this package is the establishment of a private corporate tribunal—Investor-State Dispute Settlement (ISDS). A corporation would be entitled to sue an elected government for passing a law or regulation, which limits their ability to make money; investors want to eliminate risk. They consider profit their ‘right.’ That tribunal could award penalties of taxpayer money if the corporate lawyers acting as judges decide the regulation has interfered with investors making the profits they expect.

Extensive information and links to more information about the TPP at:

popularresistance.org
citizenrade.org
tradejustice.net

NO TPP Tuesday

Part of the mission of ITES is to recommend action. We suggest that each of us individually join the international campaign to defeat the TPP by coordinating with a national effort.

Targets: Sen. Chuck Schumer & Hillary Clinton

Tactics: Send the same message in two directions via any channel.

1. Communicate with two influential swing Democrats with a presence in Brooklyn.

Senator Chuck Schumer lives at 9 Prospect Park West, Brooklyn 11215. His

office: 780 Third Avenue #2301 NYC

Hillary Clinton’s campaign office is located at 1 Pierpont Plaza Brooklyn 11201. Her personal office address is: Tower #45 120 W 45 St # 27 NYC. She lives in Chappaqua, Westchester County.

2. Involve two others also: family, neighbors, friends, colleagues, comrades, community organization, labor union, congregation, class, book group, political party, Coop squad, other.

Via any channel: social media, surface mail, email, phone, neighborhood bulletin board, sign in the window, leaflet on the subway, posters, personal drop-in visit to the office, go with a delegation, rally, street theater, letter to the editor of the *Gazette* or other publications.

Methodology: Try choosing a topic that moves you. Pick a chapter of the trade agreement. The full text in legalese is available online. For a summary and analysis see the above sites.

Or check out the resistance to TPP here, the resistance in another TPP country, impact on a signatory country of NAFTA, DR-CAFTA or a bilateral free trade agreement partner. Study the progress of negotiations on other corporate investor assaults on sovereignty and democracy: TTIP with the EU or TSA.

This action links us to the national campaign for individual action to convince Congress members, particularly House members, to vote against TPP. Sen. Schumer and Hillary Clinton are so influential that their clear and firm opposition to the agreement can free Democrats under pressure from the administration and offers from the corporations to vote NO and follow their constituents.

Join NO TPP Tuesday—Start Humble Get Massive.

The delegation from Brooklyn in the House of Representatives has held together against Fast Track and is declared against TPP. Let’s thank them whenever we have an opportunity and ask them to step forward with more leadership. NYC voted

against TPP in May with our council members in the lead. Thank them. Jesse Hamilton (NY State Senate, district 20) initiated a ‘Dear Colleague’ letter in the Senate opposing TPP as an attack on sovereignty and found 16 signatures as of this writing. Thank Jesse.

Fast Track won by five votes in the House. A powerful coalition of labor, health, human rights, environmental, faith, community and political groups is engaged in stopping

TPP. When the agreement is defeated, we will work to pass a Fair Trade Agreement that will facilitate commerce to benefit populations and the planet and the future.

Check the above websites and our blog regularly for updates about the TPP text, resistance here, nationally and internationally, and campaigns in which you are encouraged to participate. Note: Neglect your rights and they go away. ■



ecokvetch

the environmental
committee blog

Tip of the MONTH!

Recycle Packing Material

The gift giving season is
upon us!

Like to shop online but
hate throwing out all those
packing peanuts, bubble
wrap and air pillows?
UPS and many local
shipping businesses will
take it all. Inquire where
you ship your stuff.

Learn more at:
ecokvetch.blogspot.com

SAFE FOOD COMMITTEE REPORT

Plow-to-Plate Movie Series: *Carb Loaded: A Culture Dying to Eat*

By Adam Rabiner,
Safe Food Committee

Carb Loaded is a smartly animated, whimsically scored, and amusingly narrated documentary by two young and fit looking co-creators, Lathe Poland and Eric Carlsen. But its light-hearted presentation belies the deadly seriousness of its message. In 2010, Lathe learned that he had type-two diabetes—despite maintaining a normal weight and eating what mainstream nutritionists consider a healthy diet. *Carb Loaded* is the result of that discovery and his subsequent research; it's his wake up call to the rest of us.

Carb Loaded sets the table with these attention-grabbing headlines: diabetes is the seventh leading cause of death in the United States and the fifth leading cause worldwide. Three hundred and sixty million people have type-two diabetes worldwide (in type-one diabetes, cells attack the pancreas and cause it to stop producing insulin, whereas in type-two diabetes the body's receptor cells become less sensitive to insulin in the bloodstream). Obesity rates have nearly tripled in the last 30 years and diabetes is showing up in two to five year olds and even infants. Several

neurologists also believe that carbohydrates are a factor in Alzheimer's, which they refer to as type-three diabetes.

Carb Loaded quickly moves beyond these troubling but no longer shocking facts and statistics into less familiar territory. The film evolves into an indictment of the misguided nutritional beliefs and practices, beginning in the middle of the twentieth century, which led to the unhealthy American (now global) diet. It all began with some (discredited) research by scientist Ancel Keys, the father of K-rations and the food pyramid. Keys argued in his famous Seven Countries Study that fatty, meat and dairy heavy diets were bad for you. However, he had originally studied over 20 countries, throwing out the data that did not support his hypothesis. The widely adopted food pyramid which stemmed from this research, with bread, rice, and other cabs on the bottom and meat at the top, was never scientifically validated, despite some misgivings. These doubts played out over 30 years with disastrous results.

Lathe and Carlsen are careful to point out that Keys is not solely responsible for this sad outcome. Secretary of Agriculture Earl Butts, who

served under Nixon in the 1970s, played his part with new policies embedded in the Farm Bill that subsidized corn and grain and led to the mass production of high fructose corn syrup and its take-over of the food system (of the country's mostly processed 600,000 food products, 80% have added sugar or corn syrup). Food companies are chastised for their shameless advertising to children. The food itself, formulated to be addictive, is also at fault. And average Americans share some blame. Many of us invest in companies like Kraft; their profit is ours. Most of us buy their products. Lathe and Carlsen are too playful to villainize anyone. But they do provide us food for thought.

They point out that the way out of this bind is pretty

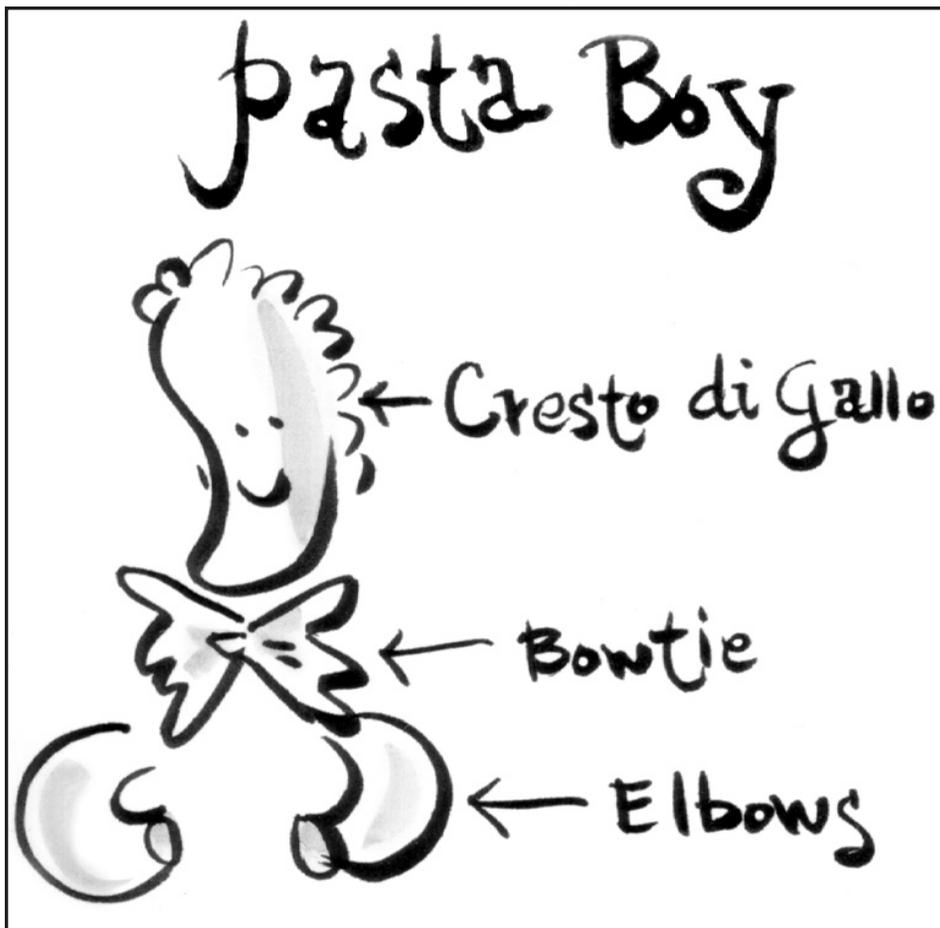
straightforward, if not exactly easy. Lay off or significantly cut back on carbs and sugar, which are non-essential nutrients. Don't freak out over healthy, good fats, those that are monounsaturated and polyunsaturated—but avoid the bad trans fats found in fried foods, margarine, vegetable shortening, baked

goods and processed foods). Whether saturated fats are bad or good depends upon the source, for example whole milk versus pizza, and is still under debate. Eat seeds, nuts, non-starchy vegetables and sugary fruits in moderation. Don't misguidedly think exercise and working out can fix a poor diet. Avoid the center aisles of supermarkets.

It is nice that the latest in nutritional science permits meat lovers to eat a grass-fed hamburger guilt-free with gusto. It is sad that they'd be best off passing on the bun and side of fries. ■

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com, which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

Carb Loaded will be presented on Tuesday, December 8, 7 p.m. at the Park Slope Food Coop, 782 Union St., 2nd floor. Free and open to the public. Refreshments will be served.



EXPERIENCED REPORTERS Please Apply



Workslot Description

We have four distinct *Linewaiters' Gazette* teams—each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team's editor every eight weeks.

For More Information

If you would like to speak to an editor or another reporter to learn more about the job, please contact Annette Laskaris in the Membership Office or e-mail her at annette_laskaris@psfc.coop.

To Apply

Please send a letter of application and two writing samples at least 800 words long (one sample must be a reported interview, not a Q&A) to annette_laskaris@psfc.coop. Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop. Your application will be acknowledged and forwarded to the coordinating editors, Joan Minieri and Erik Lewis.

Seeking Diversity on the Gazette Staff

The *Gazette* is looking for qualified reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the *Gazette* and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.

LINEWAITERS' GAZETTE

seeks members with InDesign
knowledge for the production teams.



Be one of a four-member team that
works every eight weeks. You must have
extensive knowledge of InDesign and
feel comfortable working with it.

Please send inquiries to
annette_laskaris@psfc.coop.



**Interested in Engaging Coop Work?
Disciplinary Committee Seeks NEW Members**

SKILLS NEEDED

Communication • Problem solving • Conflict resolution
Dealing with difficult situations and people
Investigation • Writing • Research

OUR WORK INCLUDES

- Applying Coop rules and regulations
- Discussing policy issues related to the Committee's work
- Investigating allegations of uncooperative behavior by members and engaging in problem solving
- Daily email contact with the committee members to discuss cases
- Participating in mediation, disciplinary hearings, and other conflict resolution methods

REQUIREMENTS

In order to be considered for this position, any candidate must:

- Be a member for **at least a year**
- Have a **good attendance record**
- Possess the ability to work on a team
- Have good writing skills
- Have computer proficiency (excel, word, email)—this is essential
- Attend evening meetings every six weeks

We work on average **six hours per month**, more than the required work shift hours. You will be credited and your hours will be banked for future use.

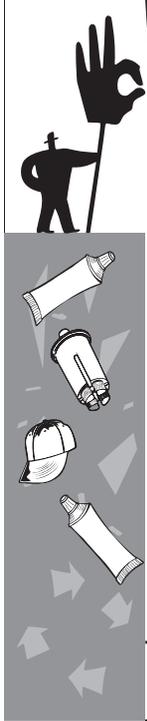
We recognize the importance of various points of view when considering cases brought to us. **We are seeking a candidate pool that reflects the diversity of the Coop's membership.**

CONTACT

Karen: 718.208.7897 or foodcoopdc@gmail.com

Join us to make the Coop the best place it can be for everyone.

RECYCLE GALORE!



WHAT'S BEING COLLECTED:

- Toothpaste tubes, any brand and size (toothbrushes OK too)
- Baby food pouches and caps (any brand)
- Energy bar wrappers (any brand but only energy bars—no other wrappers please)
- Brita filters (other filter brands okay) plus other Brita filter-related items
- Plastic food storage zip lock bags (any size), plastic cling wrap, and small bulk bags (NO PLASTIC ROLL BAGS OR SHOPPING BAGS)
- Cereal bag and cracker bag liners or bulk cereal bags (any brand)



WHEN: 2nd Wednesday of the month, 4pm - 6pm
4th Saturday of the month, 2pm - 4pm
Check foodcoop.com for holiday dates.

WHERE: Outside in front of the Coop or inside during inclement weather
PSFC / TerraCycle Recycling Collections

The vote is in and members at the May GM unanimously voted to create work shifts to collect a variety of hard-to-recycle packaging in partnership with TerraCycle.

Save up your eligible waste for upcoming collection dates.

QUESTIONS: ecokvetch@yahoo.com

LEARN MORE: www.terracycle.com

Note: Presort and separate items by category. No need to clean or remove labels. Do not bring items other than those listed here.

PARK SLOPE FOOD COOP MEMBERS ARE INVITED TO SHOP AT GREENE HILL FOOD CO-OP.

GREENE HILL FOOD CO-OP IS OPENING ITS DOORS TO PSFC MEMBERS. JUST SHOW YOUR PSFC MEMBERSHIP CARD AT THE DOOR.



**Greene Hill Food Co-op is open for shoppers:
Mon & Wed 3pm - 9pm
Sat & Sun 10am - 6pm
18 Putnam Ave., Brooklyn (bet. Grand Ave. & Downing St.)
greenehillfood.coop**

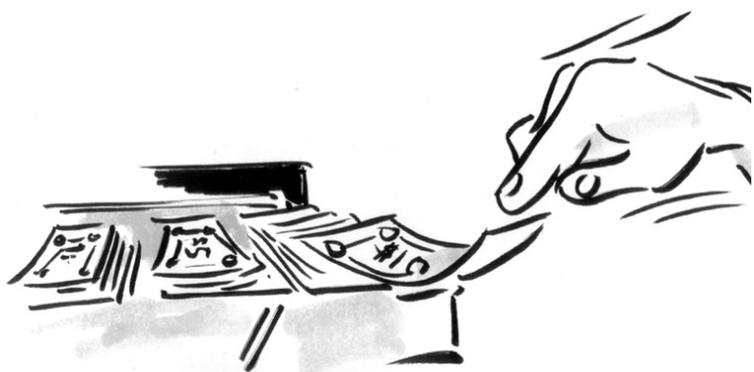
WORD SPROUTS

THE PARK SLOPE FOOD COOP'S READING SERIES

**Are you a writer?
Do you want FTOP credit?**

Wordsprouts, the Food Coop's reading series, is looking for you, for its monthly events in the second-floor meeting room.

Please contact the organizers at wordsproutspfc@gmail.com.



Looking to help new coops form in Brooklyn while getting a tax deduction?

Support the Fund for New Coops—a project of the Park Slope Food Coop.



The Fund for New Coops will make low-interest loans to start-up coops that use the full-member labor model like ours. Loans will be extended to qualified start-ups to address problems and maximize the chances that start-ups will flourish.

How can you donate?

- Use the scannable Fund for New Coops donation cards available on the shopping floor
- Donate directly from the Coop's website, foodcoop.com. Follow the link for the Fund for New Coops and select the DONATE button
- Mail a check—made out to the Fund for New Food Coops—to: FJC, 520 Eighth Ave., 20th Fl., New York, NY 10018

Help nascent coops that want to use our model: Contribute today!

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles and letters from members.

SUBMISSION GUIDELINES

The *Gazette* will not knowingly publish letters, articles or reports that are hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative.

The *Gazette* welcomes Coop-related articles, letters and committee reports from members that follow the published guidelines and policies. The following is a summary—please see the detailed guidelines for each type of submission on the Coop website: www.foodcoop.com.

All submissions must include author's name, phone number and e-mail address, conform to the following guidelines and to the Fairness, Anonymity and Respect policies. Editors will reject letters, articles and reports that do not follow the guidelines or policies. Submission deadlines appear each edition in the Coop Calendar section.

You may submit on paper, typed or very legibly handwritten, or via e-mail to GazetteSubmissions@psfc.coop or on disk.

Letters: Maximum 500 words.

Voluntary Articles: Maximum 750 words. A Voluntary Article is held to a higher standard than a letter and must meet at least the following criteria: A Voluntary Article must analyze the topic it is discussing; it must present accurate, verifiable corroboration for factual assertions; it can criticize but not attack Coop practices and personnel; if critical it must present positive solutions; it cannot be solely or mainly opinion. It must strive to make a positive contribution to the understanding of the reader on a topic. If a submitted Voluntary Article is substantially opinion, it must be re-submitted, under 500 words, as a Letter to the Editor, possibly to a future issue. Editors will reject articles that are essentially just advertisements for member businesses, those of family and friends of members, solely expressions of opinion or that do not follow the guidelines and policies.

Committee Reports: Maximum 1,000 words. Reports must follow the published guidelines and policies.

LETTERS, ARTICLES AND REPORTS SUBMISSION POLICIES

Letters must be the opinion of the letter-writer and can contain no more than 25% non-original writing.

All submissions must be written by the writer. Letters or articles that are form letters, chain letters, template letters or letters prepared by someone other than the submitting member will be rejected.

Letters, articles and reports must adhere to the Fairness, Anonymity and Respect policies. They cannot be hateful, needlessly inflammatory, discriminatory libelous, personal attacks or make unsubstantiated claims or accusations or be contrary to the values of the Coop as expressed in our mission statement.

All submissions must be legible, intelligible, civil, well and concisely written with accurate, attributed, easily verifiable statements of facts separated from opinions. Letter and article writers are limited to one letter or article per issue.

Letter and article writers cannot write gratuitous serial submissions. Editors may reject submissions to consecutive editions of the *Gazette* on the same topic by the same writer.

Editor-Writer Guidelines: All submissions will be reviewed and, if necessary, edited or rejected by the editor. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any questions or proposed editorial changes. Writers must be available to editors to confer about their submissions. If a writer does not respond to requests for editorial changes, the editor may make the changes without conferring with the writer, or reject the submission. If agreement between the writer and the editor about changes does not occur after a first revision, the editor may reject the submission, and the writer may revise and resubmit for a future issue.

FAIRNESS, ANONYMITY AND RESPECT POLICIES

In order to provide fair, comprehensive, factual coverage:

Fairness

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are unnecessary, not specific or are not substantiated by factual assertions. The *Gazette* will not publish gratuitous personalization. That is, no unnecessary naming of Coop members in polemical letters and articles. Writers must address ideas not persons.

3. Submissions that make substantive accusations against specific individuals, necessary to make the point of the submission and within the Fairness, Anonymity and Respect policies will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Respect

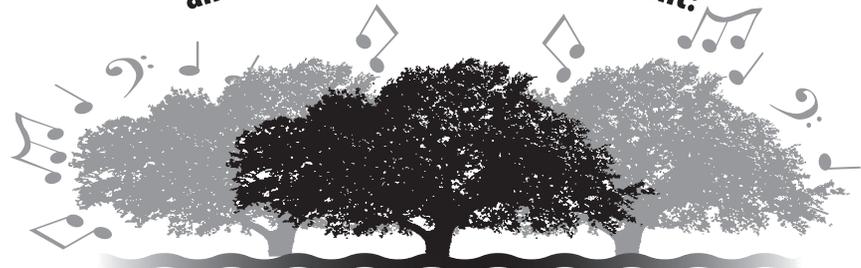
Submissions to the *Gazette* must not be hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative. They may not be personally derogatory or insulting, even when strongly criticizing an individual member's actions.

The *Gazette* is a collaboration among Coop members. When submitting, please consider the impact of your words on the writers, editors and production staff who use our limited workslot time to try to produce an informative and cooperative publication that reflects the values of our Coop community.

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, December 18, 8:00 p.m.

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



PROSPECT CONCERTS



Annie Keating. Lucinda Williams, John Prine, Allison Krauss, Willie Nelson, Gillian Welch, Bonnie Raitt, Emmy Lou Harris, Patty Griffin. This is a short list of the musicians Annie Keating has been compared to over the last 10 years. With her sixth album, *Make Believing*, Keating proves herself even more worthy of that list, with her strongest album to date. The songs on this record are tender, raucous and raw, all of them shot through with intelligence and feeling. Keating will be joined by Steve Mayone and other Coop member musical guests for a night of acoustic music to remember.

Shahzad Ismaily was born to Pakistani immigrant parents growing up in a bicultural household. Largely self-taught, he's mastered the electric and double bass, guitar, banjo, accordion, flute, drums, various percussion instruments, analog synthesizers and drum machines. Ismaily has recorded or performed with Laurie Anderson, Lou Reed, Tom Waits, Grey Gersten, Faun Fables, John Zorn, and many others. He's composed regularly for dance and theater, including the score for the movie *Frozen River*, which won the Grand Jury Prize at Sundance in 2008.



www.facebook.com/ProspectConcerts

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741

RETURN POLICY

park slope
FOOD COOP

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt **MUST** be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

NEVER
RETURNABLE

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE
Packaging/label
must be present-
ed for refund.

Items not listed above that are unopened
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

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Maxwell Taylor
Yi Zhang
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Puzzle Master: David Levinson Wilk
Final Proofreader: Lisa Schorr
Index: Len Neufeld

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Ofelia Ariza	Erin Carey	Matt Erdosy	Chris Goodrich	Jen Keys	Devin Manibo	Nate Oseep	Julie Smyth	Charlotte
Grace Aveen	Akilah Chandler	Damian Fallon	Irina Gordon	Karl Klingbiel	Tejal Mankad	Mary Jean	Jennifer Sokoler	Wensley
Kristin Balicki	Amanda	Liliana (Lily)	Jenee Grannum	Irene Kopitova	Michael Mantell	Pavelsek	Sarah	Nathaniel
Alexandra Baych	Chisholm	Farrell	Jhanele Green	Stephen	Joe McDonough	Andrew Persons	Southerland	Wenstrup
Dylan Beighley	Lionel Church	Jackie Ferguson	Sasha Hammad	Kozlowski	Dennis	Hang Pham	Grace Sperry	Noah Wolf
Tamara	Jason Cleary	Jonathan Fischer	Natalie Hammel	Alexis Kraft	McFadden	Jessica Preuss	Gardner	Rainbow Wong
Berlyavsky	Sherri Cohen	Kelcey Fredette	Dave Hancock	Rebecca Krevat	Caitlin McGinn	Matthew Reilly	Sean Stack	John Woods
Viktor Berlyavsky	Lisa Considine	Timothy Frietas	Tiffanie Harris	Jason Kuhlman	Liam Mcnamara	Ralph Renz	Sola Stamm	Virginia Woods
William Bernal	Jean Crawford	Emeline Cecile	Alexandra	Zanne Kuhlman	Chana	Meredith Rich	Michael P Storey	Judy Yang
Yoko Bernal	Fabiola De	Garrett	Heffern	Jessie Landerman	Morgenstern	Lenise Romero-	Maureen	Signe Yberg
Shellon Branker	Lachica	Arthur Getman	Elizabeth Holub	Nicolette Lennert	Alex Murray	Renz	Stutzman	Andrew Yee
Adam Bratschi-	Sabrina	Stacy Giandalia	Neyza Honore	Olga Leon	Samantha	Steven Rosenthal	Michael Szeto	Prashant
Kaye	DeMartini	Isabel Gil-	Charles Hoyt	Rebecca	Mushnick	Molly Ross	Kristen Taylor	Yerramalli
Chantal Bratschi-	Eric Dennis	Everaert	Ian Jones	Livengood	Aline Neves	Maggie Russell-	Dimitri Tisseyre	Allison Zablocki
Kaye	Prashant Dinodia	Kate Gitnick	Menachem Katz	Elizabeth Lucy	Mette-Line	Brown	Adrien Vargas	Ariel Zablocki
LaShawnda	Sapna Dinodia	Jennifer Giuffre	Allison Kaufman	Elisabeth Lupo	Nyeng	Olivia Ryan	Aaron Weintraub	Mikhail Zamostin
Brooks	Alexandra	Ariel Glazer	Owen-Roe	William Lupo	Ole Nyeng	Robert Sadowski	Aimee Weiss	Rebecca
Thomas Brown	Dougherty	Elyse Glazer	Kavanagh	Annie Mabus	Victoria Olson	Dave Sargent	Benedict	Zeidman
Leyda Callejas	Stephen Ellis	Asja Gleeson	Maggie Kelly	Sarah Madole	Lesley Oseep	Daniele Sarti	Wensley	Arye Zucker

COOP CALENDAR**New Member Orientations**

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV**Inside the Park Slope Food Coop**

The fourth FRIDAY of the month at 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info**TUE, DECEMBER 1**

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the December 15 General Meeting.

TUE, DECEMBER 15

GENERAL MEETING: 7:00 p.m.

Gazette Deadlines**LETTERS & VOLUNTARY ARTICLES:**

December 10 issue: 12:00 p.m., Mon, November 30

December 24 issue: 12:00 p.m., Mon, December 14

CLASSIFIED ADS DEADLINE:

December 10 issue: 7:00 p.m., Wed, December 2

December 24 issue: 7:00 p.m., Wed, December 16

ALL ABOUT THE GENERAL MEETING**Our Governing Structure**

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on foodcoop.com and at every General Meeting.

Next Meeting: Tuesday, December 15, 7:00 p.m.**Location**

St. Francis Xavier School, 763 President Street, between Sixth and Seventh Aves.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board on foodcoop.com and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Submit Open Forum items

• Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting.

If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on foodcoop.com and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby or sign-up at foodcoop.com. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Squads eligible for credit:

Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

park slope
FOOD COOP

calendar of events

dec 1
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 8:00 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com.

The next General Meeting will be held on Tuesday, December 15, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

dec 3
thu 7:30 pm

Food Class: Edible Artisanal Gifts for the Holidays



Learn to create enticing edible gifts for your loved ones this Christmas as Chef **Olivia West** demonstrates the canning process and shows you how to use more health-supportive alternatives to sugar and butter to create delicious spiced caramel corn. As well as discussing dairy- and gluten-free alternatives for baking, she will give tips on how to customize the recipes for your friends' and family's tastes. This class will use dairy-free and gluten-free ingredients, available at the Food Coop. Chef Olivia graduated from the University of Oxford with a degree in English Language and Literature. She pursued a career in editing for a while, but couldn't ignore her long-time desire to cook professionally, so she made the leap over the pond from England to New York to attend the Natural Gourmet Institute. Since graduating from the chef's training program she has been immersing herself in the world of professional pastry. A life-long vegetarian with gluten- and dairy-intolerances she is devoted to creating "free-from" recipes that are full of yum. *Menu includes: festive orange-infused cranberry sauce (served with crispy brussels sprouts); freshly-popped cinnamon caramel corn; miniature holiday gingerbread cakes (served with lemon "cream"); chewy chocolate and orange-blossom almond cookies.*

ASL interpreter may be available upon advance request. If you would like to request an ASL interpreter, please contact Ginger Jung in the Membership Office by November 19.

Materials fee: \$4. Food classes are coordinated by Coop member Olivia Roszkowski.

dec 5
sat 12 pm

Baking Cooperative

Join the intrepid people from the PSFC cooking squad in the creation of the Brooklyn Baking Cooperative. BKBC is a not-for-profit organization that provides wholesome food and other goods and services to improve the health and well-being of its community. It is a locally oriented and collectively managed organization that relies on consensus decision making. The Brooklyn Baking Cooperative is committed to educating the community about the relationship between food and health. Please come with your ideas and inspiration. All levels of interests and expertise are encouraged to attend. **Sheila Boyd** is a caterer for the Blue Apron and has been cooking professionally for 30 years. **Esme Carino**, a baking enthusiast, ran a wholesale vegan baking company for the local neighborhoods called Too Good To Be Vegan. Collectively they have been members of the PSFC for 37 years.

dec 5
sat 3 pm

College Admissions 101

Get your children into their first-choice college. Are you or your child stressed about applying to college? Want to know what goes into writing a winning college essay? If you've been wondering what you can do now to make things easier when application time comes, come to this free workshop. Time for Q&A

afterward, and additional resources will be provided. **Steve Schwartz** is a professional college admission counselor in Park Slope with more than a decade of experience. He also hosts the popular College Admissions Toolbox podcast, writes the Get Into College blog, and is a Coop member.

dec 5
sat 7 pm

Film Night: Soul Power



In 1974, the most celebrated American R&B acts of the time came together with the most renowned musical groups in Southern Africa for a 12-hour, three-night-long concert held in Kinshasa, Zaire. *Soul Power* is a verité documentary about this legendary music festival and it depicts the experiences and performances of such musical luminaries as James Brown, BB King, Miriam Makeba, Bill Withers, The Spinners, Franco, Celia Cruz with the Fania All Stars, among a host of others. *Soul Power* premiered at the Toronto International Film Festival, and played at the Berlin Film Festival, SXSW and numerous others. It received the Audience Award at the Los Angeles Film Festival and was theatrically released in the United States by Sony Pictures Classics. Director **Jeffrey Kusama-Hinte** will be in attendance afterwards for a Q&A. Kusama-Hinte is an Academy Award®- and Emmy Award®-nominated, Golden Globe®-winning producer working under the banner of Antidote Films, the company he founded in 2000. He has also directed two documentaries. He resides in Brooklyn, with his spouse and two children. When he is not making films he can usually be found crafting furniture in his Gowanus shop, Studio Kusama-Hinte.

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

dec 6
sun 12 pm

Language of All Possibilities For Teenage Troubles

Depression, panic attack, suicide (attempts), anxiety, addiction, pregnancy, cyberbullying, cutting, and more. Teenagers are hurting, and they are hurting each other. Issues, conflicts, problems kept accumulating for many generations. When they aren't resolved, they get passed onto the next generation, which isn't equipped to deal with them, because they didn't create them. So, what's the solution? Who's to blame? NOBODY! It doesn't matter when and where it all started. What matters is that it gets resolved. An emotionally healthy teenager is full of ideas, dreams, and goals, often able to resolve some issues of the adults in their lives, too. That is what we would like to achieve also. There are problems that can be resolved in time, but these issues need immediate attention and immediate solution. Sometimes help arrives too late. Don't let that happen. **Marija Santo-Sarnyai** CNHP and Geotran Practitioner has 13 years of experience working with families, marriages, and children and touched the lives of thousands. She's going to demonstrate The Gems of Excellence program which brings rapid results, answers and solutions. She's been a Coop member for over 15 years. Keep wondering, keep exploring, keep believing.

dec 8
tue 7 pm

Safe Food Committee Film Night: Carb-Loaded



A Culture Dying to Eat. This documentary explores the exploding diabetes epidemic. Filmmaker Lathe Poland, who was diagnosed with Type 2 diabetes in 2010, had no family history of diabetes and thought of himself as a healthy eater. Why would a healthy 30-something like

Lathe get this disease? A common misconception is that diabetes is either hereditary or because you eat junk. Is our lifestyle, culture, or food ecosystem enabling the sky-rocketing increase? Leading nutritionists and doctors weigh in

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

dec 1 2015–jan 15 2016

on a food culture that may be responsible for the most expensive healthcare crisis in modern memory.

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

dec 11
fri 7 pm

Wordsprouts: New York City History Night



Stephen Petrus' illustrated presentation will focus on New York's central role in fueling the nationwide craze for folk music in the 1950s and 1960s. He will show that the city's artistic, political, and commercial assets helped to shape a breeding ground for the folk music revival, one of the great cultural phenomena of the twentieth century. **Joseph Alexiou**, who spent years living alongside the Gowanus, is set to detail that storied waterway's colorful history. Petrus, a member of the PSFC since 2002, is an Andrew W. Mellon Research Fellow at the New York Historical Society, where he is working on his second book, a political and cultural history of Greenwich Village in the 1950s and '60s. At the Museum of the City of New York, he curated the exhibition *Folk City*, on view until January 10, and was co-author of the show's accompanying book, with historian Ronald D. Cohen. A journalist and history nerd, Alexiou is the author of *Gowanus: Brooklyn's Curious Canal*. He previously wrote the sixth edition of *Paris for Dummies*, and has previously worked as an associate editor at *Time Out New York* and *Out Traveler*.

Bookings: John Donohue, wordsproutspfc@gmail.com.

dec 18
fri 8 pm

Annie Keating; Shahzad Ismaily



Lucinda Williams, John Prine, Allison Krauss, Willie Nelson, Gillian Welch, Bonnie Raitt, Emmy Lou Harris, Patty Griffin. This is a short list of the musicians **Annie Keating** has been compared to over the last 10 years. With her sixth album, *Make Believing*, Keating proves herself even more worthy of that list, with her strongest album to date. The songs on this record are tender, raucous and raw, all of them shot through with intelligence and feeling. Keating will be joined by Steve Mayone and other Coop member musical guests for a night of acoustic music to remember.

Shahzad Ismaily was born to Pakistani immigrant parents growing up in a bicultural household. Largely self-taught, he's mastered the electric and double bass, guitar, banjo, accordion, flute, drums, various percussion instruments, analog synthesizers and drum machines. Ismaily has recorded or performed with Laurie Anderson, Lou Reed, Tom Waits, Grey Gersten, Faun Fables, John Zorn, and many others. He's composed regularly for



jan 3
sun 12 pm

Alternatives to Boycotting

How many narratives are there in the Israel-Palestine conflict? One above all? Two competing ones? How about five narratives? How about one hundred? If you've always felt that "pro" or "anti" positions only put us at odds, and that angry resolutions help no one, you should come and bring your alternative solutions for peace in the Middle East and for our beautiful Coop. This will NOT be a debate on the pros and cons of boycotting. **Jesse Rosenfeld** is a Coop member since 2004, secretary for the General Meeting, and has brought a new brand of Palestinian olive oil to our shelves. He believes in empowerment, not boycotts.

jan 5
tue 8 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 8:00 and 8:15 p.m. Before submitting an item, read "How to Develop an Agenda Item for the

General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com.

The January General Meeting will be held on Tuesday, January 26, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

jan 7
thu 7:30 pm

Food Class



Class subject, chef and menu to be announced. Materials fee: \$4.

jan 8
fri 7 pm

Wordsprouts



Authors to be announced.

Bookings: John Donohue, wordsproutspfc@gmail.com.

still to come

jan 9

Reclaim Your Health

jan 12

Safe Food Committee Film Night

jan 9

Kids' Variety Show Auditions

jan 15

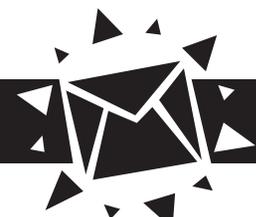
Film Night

jan 10

Everyday Posture

jan 15

Prospect Concert Series



BUMBLE BEE SEAFOODS

DEAR MEMBERS,

We have stopped ordering Bumble Bee Tuna. Please see the letter below that explains why. In addition to sending this letter to Bumble Bee we have also sent letters to Chicken of the Sea and Starkist.

Joe Holtz

Mr. Christopher D. Lischewski,
President & CEO
280 10th Ave.
San Diego, CA 92101
November 3, 2015
Re: Concerned about your tuna products

Dear Mr. Lischewski,

As a concerned manager for our grocery store cooperative that is owned by our 16,500 members, I'm disturbed by your company's lack of action to provide sustainable and socially responsible tuna in the United States. As a trusted brand, Bumble Bee should ensure that all of your tuna comes from sustainable and socially responsible sources.

Our oceans are in deep trouble. Many marine species are already threatened with extinction, and various tuna stocks continue to suffer from overfishing. Your company is making matters worse by refusing to source using more sustainable fishing methods. As you know, purse seining using fish aggregating devices (FADs) and conventional longlines contribute to an unacceptable level of incidental catch and often death of sharks, sea turtles, and other marine life.

Unsafe working conditions and human rights abuses are common in the fishing industry, as well as illegal fishing. It is unclear to our cooperative and our shopping member/owners if your company can guarantee that your tuna does not come from questionable sources.

Many companies are paying attention and starting to be part of the solution by switching to pole and line, handline, trolling, and purse seines fishing on free schools, for example. They are also developing policies to ensure they source sustainable, ethical

products with a high level of traceability in their supply chain.

We are committed to doing business with companies that have stronger sustainability, social responsibility, and business ethics standards. Until Bumble Bee joins a growing number of companies offering better tuna options for US consumers, the Park Slope Food Coop will not purchase Bumble Bee tuna.

We urge Bumble Bee to commit to transition to best practice fishing methods that reduce your impact on our oceans and ensure your tuna is sourced in a fair and socially responsible way. We look forward to your response, and a timeline for when we can expect more responsible products offered by your company.

Sincerely,
Joseph Holtz
General Manager
Park Slope Food Coop Inc.

ROBOT ART PROJECT

DEAR GAZETTE,

After food shopping last week, we came home with our groceries in about a dozen small boxes. There were no large ones left, so we made due with what was available. My kids always play with the empty boxes, creating boats, cars, hideouts and what not. This time they were struggling, taping boxes together in a haphazard manner. They wanted to build a robot week and asked me to help. "Dad, can you help us with an art project?" I love it because as a child my parents encouraged me to build and create but stopped there. The patience it takes to work/play with kids is a holy gift. Whoever has it, you're my idol! But that day, what they needed was right up my alley. Scotch tape, heavy-duty packing tape, glue, construction paper, magic markers and a lot of creative juice. Twelve hours later we got Charlie the robot. Seven feet tall and still more work to be done. The body of the robot has a big hole in it because the box doubled as a potato chip bag display and being

the optimist, I told them that's where his motor will go. So we covered it with construction paper and I'm still trying to figure that one out. Me, Max and Rowan will keep you posted.

Robo Builders



TO THE EDITORS AND MEMBERS,

While free speech is a hallmark of any democracy, it necessarily has legal and moral boundaries.

Laws prohibit making false, malicious, defamatory, vilifying statements ("libel" when published; "slander" when spoken). Although state laws vary, current statutes allow federal prosecution of "hate speech": libel or slander based on people's protected characteristics—race, religion, ethnicity, nationality, gender, sexual orientation, gender, or disability—that can incite prejudice or violence.

Concerning incitement to prejudice, attorneys advised Ithaca's GreenStar food coop that if it passes an Israel boycott, it would likely be found to be in violation of the New York State's Human Rights Law against prejudice, prohibiting companies from participating in boycotts based on national origin.

Similar to measures in several other states, in June the New York State Assembly passed a resolution rejecting the BDS movement, stating: "The movement and its agenda are damaging to the cause of peace, justice, equality, democracy and human rights for all peoples in the Middle East."

Hate speech is not simply about prejudice. It has been a precursor of racism, discrimination, violence, even genocide. Speech can encourage

violence by breaking our empathic bond with other human beings by dehumanizing and demonizing them, painting them as different, despicable and dangerous. (Consider killings by anti-abortion proponents; the Holocaust; genocide in Armenia, Bosnia, Rwanda, and Darfur.) Now in the age of social media the stakes are much higher. [https://en.wikipedia.org/wiki/Terrorism_and_social_media]

In October on a public bus in Jerusalem two young terrorists from East Jerusalem killed Richard Lakin, a 76-year-old from Connecticut dedicated to Israel-Arab relations. He taught English to Israeli and Arab children and, inspired by having marched with Martin Luther King, co-founded a social media initiative to bring Israelis and Arabs together. In an Op Ed article his son wrote that thousand of posts had circulated that week in Palestinian society with instructions for killing, and that one of the terrorists, a regular on social media, had posted a "will for any martyr." After Lakin's death more posts reenacted and celebrated the murder. [For details see *The New York Times*, "The Facebook Intifada," 11/3.]

The current wave of terrorism, he wrote, "is different from anything we've seen, involving not terrorists recruited by shadowy organizations, but ordinary young men and women inspired by hateful and bloody messages they see online to take matters and blades into their own hands." (An Israeli non-profit is taking legal action against Facebook, demanding more monitoring and removal of hateful content.)

Much of the content of past pro-BDS letters (as well as a BDS website I've seen) meets the definition above of libel leading to prejudice. Whether such letters, articles and posts would provoke violence remains to be seen.

The need to curb hate speech has never been stronger. Sticks and stones can break our bones—and words can sometimes kill us.

Ruth Bolletino

ARE PALESTINIAN OLIVE TREES AN ENDANGERED SPECIES?

MEMBERS:

At the present time the Coop sells two brands of Palestinian organic olive oil: Equal Exchange and Al' Ard. However, the loss of Palestinian land in the occupied West Bank continues at a rapid pace. Using an Ottoman-era law, Israel designates areas of Palestinian land as Israeli state land. Ninety percent of all illegal Israeli settlements in the West Bank are built on declared Israeli state land. Is this legal? Since the West Bank is occupied territory, Israel is obligated, under the Geneva Convention and international human rights law, not to settle its own population on Palestinian land. (Hugh Naylor, "West Bank land seized under arcane 'state land' rule is being given to Israeli settlers," *The National*, 3/29/13).

Here are two recent articles on the destruction of Palestinian olive trees: (1): Reported in the Independent (UK), June 16, 2015, Israeli military tractors destroyed 1,000 olive and almond trees in the West Bank declaring the land as Israel's state land. (Ben Lynfield, "Israel accused of 'war crimes over bulldozing of Palestinian olive groves."); (2) In August, 2015, Israeli authorities uprooted 1,500 Palestinian-owned olive trees near Bethlehem on lands owned by more than 50 Christian Palestinians families, close to a monastery and its sister convent and school. This included the destruction of 15 ancient olive trees dating back, perhaps, 2-3,000 years in Beit Jala. Why? To build the controversial, illegal, separation wall on Palestinian-owned land. This destruction was carried out, in full knowledge, that in April 2015, the Israeli High Court of Justice invalidated the separation wall's construction in that area.

(<http://www.telesurtv.net/english/news/Israel-Resumes-Work-on-Apartheid-Wall-Despite-High-Court-Order-20150818-0046.html>);

LETTERS TO THE EDITOR

Philip Weiss, August 19, 2015, "Israeli forces uproot 15 ancient olive trees so as to confiscate more Christian-owned land near Bethlehem."

Mary Buchwald
PSFC members for BDS
www.psfcbds.wordpress.com

COMMENTS ON SELECTED TOPICS

MEMBERS:

Editorial Policy and Practice: It was never the case that the editors' problem (addressed in the previous *Gazette*) was too many BDS and anti-BDS submissions. Without the seven-year onslaught of pro-BDS letters—week after week, year after year since January 2009—there would have been zero anti-BDS letters. Those of us who support the sovereignty of Israel have no interest in bringing this subject to the Coop, but we cannot allow libel to go unanswered. The editors' problem is caused entirely by BDS proponents so obsessed with Israel that almost four years later they can't accept the defeat of their March 2012 proposal. If further indulged by editors impervious to the social and emotional consequences to many members, the BDS crusaders will likely spend the rest of their lives promoting their cause at the Coop. But ignoring ethical considerations, that's fine with the editors so long as the quantity of submissions doesn't put an undue burden on them.

Sadly the editors' solution is not to permanently discontinue the letters (which serve no relevant or constructive purpose for the Coop), but merely to publish fewer of them, selected according to their "discretion". Alas, if the editors understood the meaning of discretion, they never would have allowed this travesty to go on as long as it has, because according to the U.S. State Department and other respected individuals and organizations^{1,2}, anti-Zionism is a form of anti-Semitism, and BDS is an anti-Zionist movement.

Coop Governance: A Board member reportedly³

offered her view of governance to the October GM: "we, as a Board, do not have the power; you do. We don't make legislation; you do." Although many at the Coop promote this myth, it is simply flat-out wrong. This version of governance was developed more than 40 years ago with a membership of less than 1,000. When the Coop subsequently became a corporation, the old ways became obsolete and subject to NYS law and our bylaws. Furthermore, with 16,000+ members, the numbers alone render participatory democracy unfeasible and undemocratic. A tiny fraction of unelected members must not make decisions for the Coop. Decisions must be made by our elected representatives, the Board of Directors, charged with acting in the best interests of the Coop, not of self-interested contingents.

Response to Naomi Brussel: Although I've never shared my views about Israel with Naomi Brussel, she nevertheless concludes that I support (unspecified) Israeli policies.³ Ms. Brussel, I challenge you to provide a comprehensive list of which policies I support and precisely where you got your information, and please cite chapter and verse. My only writings on the subject of Israel have been in the *Gazette*, where I've largely limited myself to refuting the claims and agenda of BDS, with little or no reference to Israeli policies one way or another.

¹<http://www.state.gov/documents/organization/156684.pdf>

²<http://stopbdsparkslope.blogspot.com/>, Nov 3

³http://www.foodcoop.com/files/lwg/lwg_2015_11_12_vJJ_n23.pdf

Sylvia Lowenthal

REPLY FROM NAOMI BRUSSEL:

Perhaps Ms. Lowenthal does not support the policies of the Israeli Government and its persecution and military occupation of Palestine. I apologize for making that assumption based on reading

her numerous letters to the *Gazette* (which are available in the *Gazette* archives).

Naomi Brussel

VOTING

TO THE EDITOR:

Although I was not at the last General Meeting, I was informed that an idea had been floated for electronic voting of the membership. At first glance, this idea seemed interesting and perhaps worth considering, but when I considered the source of the proposal, I began to take an altogether different point of view. It became clearer that this was simply a try for an end run around the fact that the BDS movement lost a fair vote the last time, and that most people were not interested in discussing, much less coming out for a boycott of Israel. We already have a system for getting out the vote to everyone and it works perfectly well.

In my opinion, it is pharisaical and duplicitous to continually complain that an unacceptable number of people were involved in the vote at Brooklyn Tech (where the pro-boycott proposal lost) yet never mention voter turnout for things they agree with like our collective decision to avoid BB tuna or elections for the Agenda Committee. It seems to me that there may be another agenda at work here in proposals such as this one, and I think that the membership should be made aware of this.

Maybe the strategy of this group is one of never-ending agitation (and I admit that I have to hand it to them for their single-minded devotion to an issue that I find execrable), but the response of those who care is ho-hum, old wine in new bottles!

Sincerely,
Saul D. Raw

ALTERNATIVES TO BOYCOTTING: NOVEMBER 8, 2015

EDITOR:

At our last meeting we had a potluck, as suggested by Alternatives member

Ruth Beckman. Attendees brought rice and lentils, an eggplant dish, and a salad with feta cheese. Thanks to all who contributed!

To begin we stated our general reason for gathering: that conversation at the Coop surrounding the Middle East thus far has mostly been poisonous and divisive, it being restricted to the rigid and narrow, "Should we or shouldn't we boycott Israel?" Of course, the Middle East is much broader and more complex than a simple up-or-down motion, and the membership of our Coop is equally diverse and dynamic. Therefore, we reject such limitations on conversation. We stand as Pro-Coop, emphasizing empowerment of the politically underrepresented, not boycotts. We strenuously avoid discussing the pros and cons of boycotting and that anyone who insists on doing so only threatens the safety of the meeting space and would be reported to the Disciplinary Committee. Boycotts should be only a last-ditch effort after more creative approaches have been exhausted. At Alternatives, we feel putting products of the marginalized everywhere on our shelves is one way to empower without demonization.

(Two people's attendance at Alternatives was clearly marked by activity intended to promote boycotts, and despite several warnings that their actions threatened the meeting space they ignored the warnings and continued to do as they wished. Anyone known for pro-BDS activism claiming to be acting on behalf of Alternatives to Boycotting is lying to you.)

Jesse Rosenfeld mentioned sales of Al'Ard Palestinian Olive Oil. Ruth Beckman discussed how we might find Yazidi and Kurdish products to bring to the shelves, and floated again the idea of the Coop adopting a Syrian family which could be accomplished if all 16,500 members were willing to contribute one dollar for resettlement purposes. Please speak up for this idea in the Letters to the Editor section.

Other newcomers sug-

gested speakers who told their own experiences of people working together for peace. Individual efforts to find speakers are under way.

Let's keep up the good work. The conversation is changing. Finally!

Jesse Rosenfeld

ELECTION RESULT MEMBERS:

I was pleased to learn that Jesse Rosenfeld's candidacy for Food Coop board member (based on his platform of thoughtful and practical support for Coop operations) was successful. My sense was that perhaps some of the other candidates might only support further debate on this issue. Now that Mr. Rosenfeld is on the board, and with the continued tireless efforts of Joe Holtz, Ann Herpel and other coordinators and staff, as well as the Coop's board, I feel the Coop is in even better hands than before.

Jeanne Solomon



Hearing Administration Committee is seeking new members

The HAC performs administrative functions necessary to arrange and facilitate disciplinary hearings, coordinating with the Coop's Disciplinary Committee and the Hearing Officers Committee.

Applicants should be detail-oriented, comfortable working by e-mail and telephone; they should be Coop members for at least one year and have excellent attendance records.

Members of the HAC work on an as-needed basis, only when hearings are required, and earn FTOP credit. Therefore these members must maintain regular Coop shifts or be FTOP members in good standing.

The nature of this work requires that all members maintain strict confidentiality with respect to all matters on which they work.

We are seeking an applicant pool that reflects the diversity of the Coop membership at large.

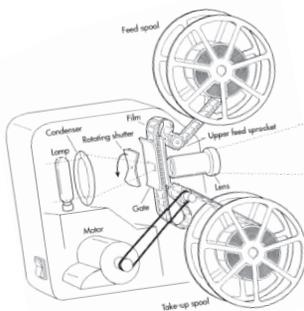
Those interested should e-mail the HAC at psfchac@gmail.com.

Crossword Answers

		H	A	I	R	D	Y	E		H	A	H	A					
		H	A	L	F	S	E	E	N		A	X	O	N				
		H	A	N	G	O	V	E	R	S		R	E	L	S			
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A	P	P	E	A	L	S			H	A	D	E	S					
S	P	E	E	D	Y			H	A	R	E	M						
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ARE YOU A BROOKLYN-BASED FILMMAKER?

Would you like to screen your work at the Coop?

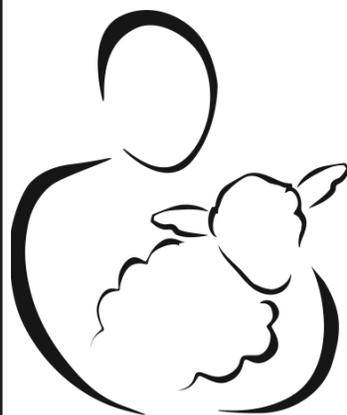
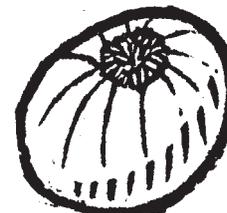


Then submit your film for possible inclusion in the Coop's Friday Film Night Screening Series.

If you're a Coop member you'll receive one FTOP credit for screening and offering a Q+A with your film. If you're not a member, it's still a chance to spread the word about your work and build your fan base by screening for a local audience.

We accept documentary and fiction, both features and shorts (we program shorts as a group).

Please e-mail Gabriel Rhodes for details at gabrielrhodes@me.com.



JOIN THE ANIMAL WELFARE COMMITTEE

park slope FOOD COOP

Did you know that the Coop has an Animal Welfare Committee? We do... and we're looking for new members. We are looking for applicants with design, publicity, branding, or investigative journalism skills. We meet monthly at the Coop (Mondays, C week, 7-8:30 p.m.).

Check out our blog for more information on the committee and the online application.

www.psfanimals.blogspot.com

We strive to reflect the diversity of the PSFC, including dietary diversity (omnivores, vegetarians, and vegans are equally welcome!).



FOLLOW the Food Coop on



Pinterest @foodcoop

THE GAZETTE INDEXES

If you are interested in the history of the Coop or in when and how particular subjects have been discussed in the Linewaiters' Gazette...

Send an e-mail to Len Neufeld, Gazette indexer, at lenneufeld@verizon.net, to request PDF files of either or both of the following indexes:

- An alphabetized list of the titles of all articles published in the Gazette from 1995 to the present, with issue dates.
- An alphabetized list of all subjects (including people's names) discussed in Gazette articles from 1995 to the present, with article titles, issue dates, and page numbers (titles and subjects for earlier years are being added).

Many of the Gazette issues referenced in these indexes are available as PDFs on the Coop's website. (Copies of these and additional issues are also available at Brooklyn's Central Library, located at Flatbush Ave. and Eastern Pkwy. on Grand Army Plaza.)

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

SAT, DEC 5

12 p.m. Flatbush Artists Annual Exhibit and Sale. A great way to shop for the holidays. Come see and buy art, cards, and books and have a chance to talk to some of the 22 artists participating this year in this annual show. 502 Ninth St. Brooklyn. Free for more info: flatbushartists.org/salonannouncement.

8 p.m. Charlie King at the Peo-

ples' Voice Cafe. Community Church of NY Unitarian Universalist, 40 E.35th St. N.Y. Info Call: 212-787-3903 or peoplesvoicecafe.org. \$18 general/\$10 for subscribers.

SUN, DEC 20

10 a.m. Who Needs Supplements? Feel Better and Stronger! Souen, 210 6th Ave and Prince St. Fee: \$25. Learn the truth about supplements and how they make

great improvements to a healthy diet and lifestyle. macrobiotic.com/classes—workshops.

4 p.m. BPL Chamber Players presents: Adela Peña and Miki-Sophia Cloud, violins; Ah Ling Neu, viola Roberta Cooper, cello; Peter Weitzner, double bass at the Dr. S. Stevan Dweck Center for Contemporary Culture Central Library. 10 Grand Army Plaza BKLYN. Admission Free.

CLASSIFIEDS

BED & BREAKFAST

LARGE SUNNY ROOM with queen bed, private bath, in spacious Prospect Heights townhouse full of old style, charm and modern amenities. Smoke-free, no pets. Close to Q, B and 2, 3, stations. Short walk to BAM, Park, Gardens. Call Margaret 718-622-2897.

EMPLOYMENT

Experienced researcher needed. Work from your home when you want. Identify & provide contact info for key people in orgs research patent & copyright websites. State your exp & hourly rate in an email to me mikemiranda@verison.net.

MERCHANDISE-NONCOMMERCIAL

Two antique dining tables for sale a round oak with carved legs, seats 4-6. A rectangular mahogany w/ leaves seats 6-8. I can email pho-

tos. Tables located around the corner from the coop. Mikemiranda@verison.net.

SERVICES AVAILABLE

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

RESTORATION Did you break a special vase or chip enamel jewelry? I restore pottery and small objects (antique or just treasured) made of enamel, ivory, horn, tortoise, some plastics and wood, etc. Estimates cheerfully given. References available. Near the coop. Roberta: 718-623-6777 or rgordon42@nyc.rr.com.

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.

ATTORNEY—Personal Injury Emphasis—37 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultations. Prompt, courteous communications. 25-year Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguccionelaw.com.

HAIRCUTS HAIRCUTS HAIRCUTS. Color, high lights, low lights, oil treatments. Gift certificates available. In the convenience of your home or mine. Kids \$20.00-\$25.00, Adults \$35.00-\$40.00. Leonora, 718-857-2215.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

TECH HELP

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Good Neighbors of Park Slope is sponsoring a RENT FREEZE OUTREACH EVENT

Friday December 11th (11:00 – 4:00) at
 Park Slope Library, 431 6th Ave. at 9th St.

If you are 62 or older, live in a rent-regulated apartment, have a household income of less than \$50,000 after deducting Federal, State, Local, and Social Security taxes, and pay more than 1/3 of your monthly household income on rent, you may qualify to have your rent frozen. Come to the event. We can help you apply. Bring proof of age and household income and your current and prior lease. For more information go to: nyc.gov/rentfreeze.



★ EXCITING WORKSLOT OPPORTUNITIES ★

RECEIVING PRODUCE

Monday–Friday, 5 to 7:30 a.m.

The Coop is looking for members to work in the produce area. Responsibilities include lifting boxes, unloading deliveries, stacking boxes in the basement. You should be willing to get or have wet hands while you are working. Boxes usually weigh between 2-20 lbs., a few may weigh up to 50 lbs.

VITAMIN-SHELF STRAIGHTENER

Sunday, 3:30-6:15 p.m. or 6:00-8:45 p.m. (flexible, other times possible)

Looking for people with attention to detail to spend their whole shift straightening the Vitamin and Supplement aisle in preparation for the Sunday night inventory squad. Do you stand in line looking across the aisle wistfully just wishing you could put things neatly in a row? Then this job is for you! In turn, it will help you to learn the whole aisle inside out, and what products we sell. Seeking long-term commitment to the Supplement aisle and to Sunday afternoons. Please call or email Jessa Fisher at jessa_fisher@psfc.coop or 718-622-0560.



STORE EQUIPMENT CLEANING

Monday, Wednesday, Friday, 6 to 8 a.m.

This job involves meticulous deep cleaning of the store's checkout equipment and furniture. Workers are required to read and follow detailed instructions for cleaning the scales, printers and monitors as well as cleaning the furniture and organizing checkout workers' tools and supplies. Must arrive on time at 6 a.m. Please report to Cynthia Pennycooke on your first work shift.

OFFICE SET-UP

Monday, Tuesday, Thursday, 6 to 8:30 a.m.

Need an early riser with lots of energy to do a variety of physical tasks including setting up

tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana in the Membership Office for more information.



ENTRANCE DESK

Monday, 5:45 to 8:00 a.m.

Supervised by Membership Coordinators, you will be staffing the Entrance desk in hours of the weekday before the Coop is open to shoppers. Primarily you will be checking in working members, informing them of their member and household status, and handing out entrance desk slips to members who need them. Entrance workers provide an essential member service and must be welcoming, polite, able to read and interpret information on the entrance desk screen, and able to clearly convey information about member status directly to members. Entrance workers also provide a key security function, and must remain alert throughout the shift, which may have slow periods. Therefore, reading, writing, talking on the phone, texting, etc. are not allowed. Punctuality and good attendance will be essential, as you will be the only Entrance worker scheduled at this time of day. Paid Membership Coordinators will be present to train you on your first (and second) shift, and then to support you and answer questions going forward.

ADMIN INVOICE SCANNING

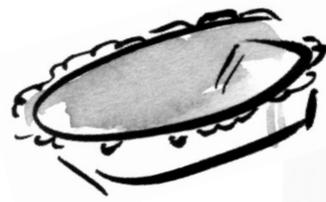
Monday, 6 p.m.

This job entails scanning less than 50 documents and naming less than 400 documents per week. This is a task- and detail-oriented job, ideal for someone who likes working independently. Must be comfortable using Macintosh computers. As training will be necessary, a six-month commitment is required.

GENERAL MEETING SET-UP

Tuesday, 5:30 p.m.

Adaptable, physically energetic, team workers with excellent attendance needed to help set up and break down the space where the General Meeting is held. Contact Adriana Becerra, Membership Coordinator, adriana_becerra@psfc.coop.



Cranberry sauce



Happy Thanksgiving

