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1973

# LINEWAITERS'

## GAZETTE

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Volume KK, Number 22

October 27, 2016

## Holiday Shopping Survival Guide



Gifts abound all over the Coop so look around! The Wednesday before Thanksgiving, the hordes have come and gone and the lines will be shorter.

By Gayle Forman

The weather is cooling, the trees are coloring, the acorns are falling. Holiday season is upon us. For Coop members this means more shopping, longer lines, and a race to get the best turkey. To save members some aggravation this holiday season, we offer some insider tips from the people who know, PSFC coordinators.

### Carpe Diem

Even before the Halloween decorations come down, the Coop will begin

stocking specialty holiday items, such as British plum puddings, mint jellies, fancy balsamic vinegars or gluten-free stuffing. "If you see it, buy it," advises Receiving Coordinator Britt Henriksson. "Don't wait till the next time, that will save you heartache and trouble." Many of these specialty items are ordered months in advance and once they sell, re-ordering is not a possibility. If it's a non-perishable item, grab it when you can. This might be your only shot for that Pannetone loaf.

### Shop Early And Often

The Coop sells more goods the week prior to Thanksgiving than any other week during the year—\$1,157,874 worth of sales in 2015 in case you're interested—which means that the shopping floor is at its busiest. "Members can reduce their shopping stress levels if they plan ahead," advises General Coordinator Ann Herpel, who advises shoppers to buy not just the specialty items early but any non-perishables they know

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PHOTOS BY LISA COHEN

## A Bee Grows In Brooklyn: Coop Member Who's a Beekeeper

By Taigi Smith

High up on the rooftop of an unassuming Brooklyn townhouse lives a family of docile Italian bees. There are thousands of them, buzzing peacefully in two white, man-made beehives high up in the air, without a care in the world. They are nurtured and raised by Coop member Brian Dentz, a freelance cameraman and fulltime dad to 5-year-old Clementine. "I consider myself a student of beekeeping," says Brian, who installed the rooftop apiary almost two years ago. "The first year I kept the bees a secret from all of my neighbors. I didn't make it public information," adds Brian. At the time, he was afraid the swarm would scare his neighbors. "Now we have two hives," says Brian, while lamenting the first hive of



ILLUSTRATIONS BY BRIANNA HARDEN

bees that died unexpectedly.

If Brian Dentz is a student of bees, then Eric Rochow is his trusted mentor. About two years ago, Eric, a self-described urban homesteader, had an idea. He liked bees—he found them fascinating—and his good friend, Brian had space to keep them. "Why not purchase a few hives and raise our own bees?" is how the conversation went. And just like that, a Brooklyn beehive was born. The two friends met more than 20 years ago while working in the TV business and today they work hand-in-hand keeping their swarm of bees buzzing along. "There are a huge number of beekeepers in Brooklyn," says Brian as he recalls the day he met up with several other aspiring beekeepers at Fort Greene Park. He'd gone there to purchase his first beehive—

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### Next General Meeting on November 29

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The November General Meeting will be on Tuesday, November 29, at 7:00 p.m. at **St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.**

For more information about the GM and about Coop governance, please see the center of this issue.

## Coop Event Highlights

**Sat, Oct 29 • FUN Committee:**  
**Game Nite** 7:00–10:00 p.m.

**Thu, Nov 3 • Food Class:**  
**The Sustainable Korean Table** 7:30 p.m.

**Tue, Nov 8 • Plow-to-Plate Film:**  
**Kombit** 7:00 p.m.

**Fri, Nov 11 • Wordsprouts: Brave New Weed** 7:00 p.m.

Look for additional information about these and other events in this issue.

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## Holiday Shop

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they'll need, such as baking goods, nuts, dried fruit, extra butter, oil, chocolate, gift items, crackers, etc. and wait until the holiday approaches to stock up on cheese, meat, bread, pies and turkeys (more on those in a minute). "Staff try to plan ahead and stock up on those non-perishables to have items on stock for the early shoppers," Herpel adds.

### Or, Wait Until The Last Minute

The Wednesday before Thanksgiving sales drop pretty dramatically, and so do the crowds. For members who are flexible on size or brand of turkey (and on pie needs), shopping the day before Thanksgiving even the morning of the holiday (when the Coop is open from 8 a.m.–2:30 p.m.) might be the way to go. Herpel says most food is still available and the hordes have come and gone. For members determined to do their shopping on the Monday or Tuesday, come later rather than earlier. "Everyone thinks, 'oh I'll get in the Coop early and beat everyone else to shopping,'" says Herpel. "But it doesn't work that way because everyone is thinking that!" 7 p.m. on the Tuesday night will be much less crowded than 8 a.m.

### Know Your Bird

The Coop will order 1,100 turkeys for Thanksgiving alone. "Turkpocalypse," is how meat and poultry buyer Heather Rubi puts it, noting that after the birds

begin arriving on November 18, the Coop will move 200 birds in a single day.

This year, there will be a greater variety of birds than ever: organic birds from D'Artagnan, pasture-raised turkeys from Snowdance Farm, heritage birds from McDonald Farms, kosher birds from Wise and more. This in addition to goose, Cornish game hens, quail, and pheasant, lamb and beef tenderloin that Rubi orders for the holiday. (Vegetarians, you have not been forgotten: there will be lots of Celebration Roast on order as well.) While Rubi expects the majority of the birds to be in the 14-18 pound range she has ordered smaller turkeys (9-10 pounds) and larger ones (up to 25 pounds). Shoppers wanting a very large or very small bird, should shop earlier, Rubi says, as these birds come in smaller quantities and tend to go fast.

*"The Coop sells more goods the week prior to Thanksgiving than any other week during the year: almost \$1.2 million dollars of sales in 2015."*

For turkey ease, the Coop has a schedule for which birds are delivered when, so members wanting a specific brand or breed or size should shop accordingly and buy immediately, even if the holiday is a ways out. "We wouldn't sell a turkey that's not going to last for



Receiving Coordinators Britt Henriksson and Heather Rubi are preparing for "Turkpocalypse."

Thanksgiving," Henriksson says. "If it's here, it's going to be fine."

The Wise Kosher turkeys arrive frozen so Rubi advises bringing those home a few days early to defrost in the refrigerator. (As for finding space in the refrigerator, perhaps take a page from the coordinators who play Turkey Jenga, finding creative ways to store the onslaught of birds.) For those with refrigerator storage challenges, or procrastination issues, there will be turkeys available at the last minute but, says Rubi, with less variety in size or brand.

ten days leading up to the holiday to help shoppers find the right bird—and Food Processing to keep up with the increased volume in cheese and other things like nuts. These extra shifts are concentrated in the two weeks prior to Thanksgiving and about a week before Christmas with lots of shifts available on the holidays themselves because there are so many absences. FTOP shifts will start appearing in the office in the beginning of November. And like all things at the Coop during the holiday seasons, members should grab them while they can.

### Turkey Delivery Schedule

This schedule is subject to change so check the PSFC website for updates. Also please note the schedule represents what was ordered, and not necessarily what will be delivered.

- D'Artagnan Organic 11/16 (Larger birds)
- Finger Lakes Fresh Farm 11/19 (Larger birds)
- McDonald Farm Heritage Bird 11/21 (Larger birds)
- Snowdance Farm 11/18 (Larger birds)
- Koch Whole Turkey 11/17 (Mix of sizes)
- Plainville Whole Turkey 11/19 (Mix of sizes)
- Wise Kosher 11/14 (Mix of sizes, frozen) ■

### Get Your FTOP On

Increased sales translate into an increase in labor so for FTOP workers, the holidays bring a bevy of extra shifts. The majority of the supplemental shifts will be in Receiving—including the two turkey runners Receiving adds to every shift in the

# EXPERIENCED ILLUSTRATORS

## PLEASE APPLY

The *Linewaiters' Gazette* is looking for an illustrator. You will work with a team of three other artists, under the guidance of an art director, to illustrate the articles. This is a regular work slot that has strict deadlines. The *Gazette* is always printed in grayscale (no color illustrations) and the illustrations are preferably hand-drawn, not digital. The illustrators work on an eight-week rotation.







If interested, please submit illustrations and a resume to:  
e-mail address: [annette\\_laskaris@psfc.coop](mailto:annette_laskaris@psfc.coop).  
Or call the Membership Office at 718-622-0560  
ask for Annette Laskaris.

## ARE YOU A CABINET MAKER/CARPENTER

interested in FTOP credit working your trade?

The Coop is looking for a few qualified members to do basic carpentry/cabinet installation and other small projects for work slot credit.

-  Professional trades persons preferred
-  Must have your own tools
-  Ability to do fabrication/assembly in your own shop a plus
-  Hour for hour workslot credit



Please send credentials and contact information to [reply@psfc.coop](mailto:reply@psfc.coop) with "Carpenter" in subject line.



## A Bee Grows

CONTINUED FROM PAGE 1

called a nucleus—for about \$140. “It’s a big hobby now,” says Brian, noting that bees are complicated insects. “You kill the bees if you don’t know what you’re doing.”

“If people are thinking of keeping bees, they should take a class. If they don’t, they are making a big mistake. You’re essentially a farmer. It’s a neat hobby, but chickens are easier. Sometimes you’ll lose a hive for no reason,” says Eric. “It’s sort of like a garden.

It’s something you keep your eye on. You have to make sure the Queen bee is always making eggs, since bees only live about 30 days. The queen lives a few years,” adds Brian. “If the Queen stops laying eggs, the hive will die.”

Now Eric and Brian are manly men. They’re the kind of guys who build things, grow things, and make Pinterest dreams come true. Eric, who was a member of the PSFC for 20 years, now has his own DIY YouTube channel at gardenfork.tv. It’s an urban homesteading site dedicated

to cooking, gardening, and of course, beekeeping. “If you’re gonna keep bees, you’re gonna get stung,” says Eric with a serious face. “It tingles a little bit,” he adds over a cup of tea. It’s at that moment that Brian offers me a sweet taste of his home-grown honey. He explains the taste of honey varies according to where the bees live and where they gather their nectar. In this case, the bees feast on the flowers from the Greenwood Cemetery, which is only about ½ block from the hive. “They can travel a few miles away and return to the hive.

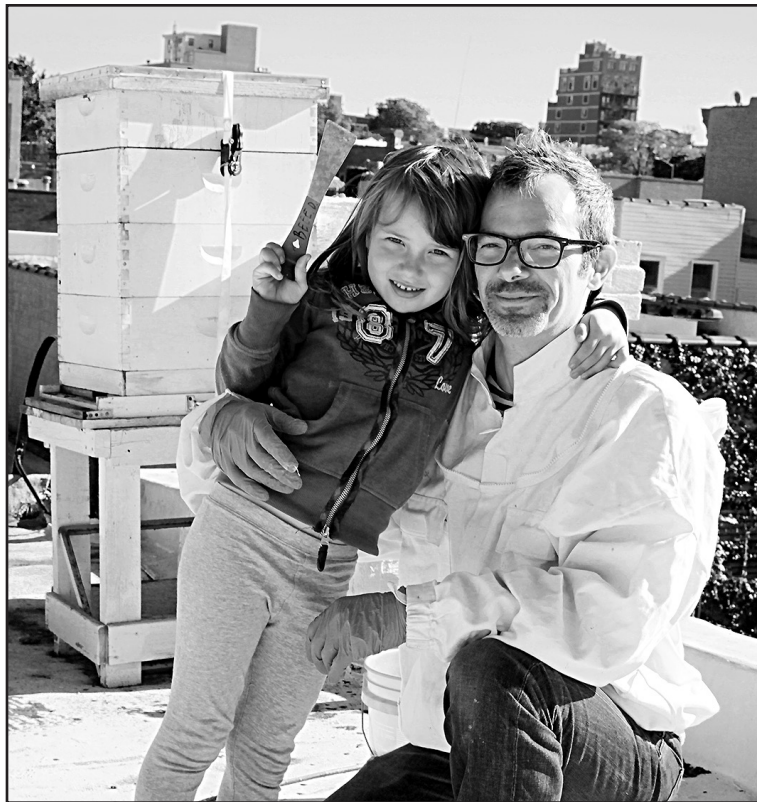
They fly to the cemetery or to other trees that are in bloom, and they bring the nectar back to the hive, and this is how you produce honey. Honey is actually food for the bees,” says Brian.

As always, I am accompanied by my daughter Savannah, who is initially reluctant to taste the golden spoonful of grainy goo. So I take the first taste and it is the sweetest honey I’ve ever known. It was sticky and thick, like the air in Brooklyn on a hot, humid day. Savannah and I had come for a lesson on bees, and we

got one. “Honeybees will only sting to defend a hive,” says Eric. But what about yellow jackets and wasps? And those other intimidating “bees” that sting? What about those? “Wasps and yellow jackets are a different type of flying insects,” says Eric. “Wasps will raid weak beehives and steal the honey,” he explains. Wasps are wasps and bees are well... bees.

*“If people are thinking of keeping bees, they should take a class. If they don’t, they are making a big mistake.”*

—Eric Rochow



Clementine and Brian posing at the beehive; looking down from the roof hatch; opening up the beehive for feeding.



PHOTOS BY KEVIN RYAN

It is warm October afternoon when Savannah and I climb a long, narrow ladder to witness firsthand Brian and Eric’s urban apiary. Once you’re up there, it’s easy to be distracted by the arresting views of the Statue of Liberty and the Greenwood Cemetery. But we couldn’t have picked a more beautiful time to visit the bees, as we were approaching the golden hour—the sun was just about to set and the light was a gentle, golden hue... like honey. Within minutes, Brian and Eric were suited up in masked bee suits. From a distance, Savannah and Clementine watched the two urban beekeepers, high up on that Brooklyn roof, tending to their Italian honey makers. It was all set to the backdrop of the Brooklyn sky. And then Brian walks up to us with a slat teeming with hundreds of bees, buzzing about, simply tending to their nest, making honey. Savannah and Clementine crane their necks for a closer look and so do I. For a moment all is sweet. Like honey. ■

## EXPERIENCED REPORTERS Please Apply



### Workslot Description

We have four distinct *Linewaiters' Gazette* teams—each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team’s editor every eight weeks.

### For More Information

If you would like to speak to an editor or another reporter to learn more about the job, please contact Annette Laskaris in the Membership Office or e-mail her at [annette\\_laskaris@psfc.coop](mailto:annette_laskaris@psfc.coop).

### To Apply

Please send a letter of application and two writing samples at least 800 words long (one sample must be a reported interview, not a Q&A) to [annette\\_laskaris@psfc.coop](mailto:annette_laskaris@psfc.coop). Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop. Your application will be acknowledged and forwarded to the coordinating editors, Joan Minieri and Erik Lewis.

### Seeking Diversity on the *Gazette* Staff

The *Gazette* is looking for qualified reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the *Gazette* and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.

## BIKE VALET PARKING

Saturday and Sunday through November 20

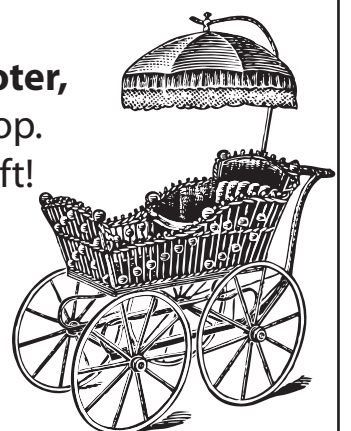
1:00 - 7:45 pm

Leave your **bike, stroller, scooter,**  
or **cart** while you work or shop.

No locks, no worries, no theft!

Operates rain or shine.

Look for us by the  
yellow wall under  
the green tent.





INTERNATIONAL TRADE EDUCATION SQUAD REPORT

The Presidential Hopefuls, and The Trans Pacific Partnership

By Sarah Westlake, International Trade Education Squad

We are now in the final weeks before the 2016 election. Trade is one of the main issues the incoming president will have to address, as it has been one of the most important issues of this entire race. This arti-

cle seeks to explore the positions of the candidates on trade, how they got there, and what we can expect from whoever takes office.

Hillary Clinton has said "I've been for trade agreements, I've been against trade agreements, voted for some, voted against others,

so I want to judge this when I see exactly what exactly is in it and whether or not I think it meets my standards." This really sums up her changing position on the Trans Pacific Partnership. (TPP) She went from calling it "the gold standard" to saying "I don't believe it's going to meet the high bar I have set." She has continued to distance herself from the TPP, some might say as an act of political expediency, but, who knows? She might have legitimately changed her mind. It's possible the deal looks different now than it did in its early stages after all; it was negotiated in total secrecy. Clinton did once praise the North American Free Trade Agreement (NAFTA). But her position on trade actually began shifting before her presidential run, voting against the Central America Free Trade Agreement (CAFTA) in 2007 and telling Time "I believe in smart trade. Pro-American trade. Trade that has labor and environmental standards, that's not a race to the bottom but tries to lift up not only American workers but also workers around the world." She said recently that she would oppose a vote on the TPP during a lame-duck session of Congress, saying, "I oppose the TPP agreement—and that means before and after the election."

Jill Stein has a very firm line on the TPP and hails from the only party with a plan for a future for fair trade which says "we are calling for the antidote to NAFTA. The Green New Deal, investing in people, 20 million living wage jobs that will transition us to 100 percent clean energy." Stein calls the TPP "treasonous," explaining that

how toxic it is that a "country can have its laws overturned by a corporation saying you are restricting my future profits by requiring that I pay workers the prevailing wage or clean up my toxic waste." She feels that the TPP "represents an attack on our basic national sovereignty." It's no surprise that the leader of the Green Party wants to "create deep system change, moving from the greed and exploitation of corporate capitalism to a human-centered economy that puts people, planet and peace over profit" as outlined in her Power to the People Plan. A trade deal that would "send jobs overseas, undermine wages at home, and roll back protections for workers, public health and the environment" is in stark contrast.

Stein highlights the ridiculousness of Donald Trump's stance on the TPP pointing out that "everything he markets is an off-shored manufactured item." One gets the impression that he thinks of NAFTA and the TPP like personal business deals that are going wrong. His comments suggest that the USA has been getting a raw deal for years. That the rest of the world views the U.S. as "saps." It's like a personal affront—losing out on a deal. "I think NAFTA has been a disaster. I think our current deals are a disaster. I'm a free trader. The problem with free trade is, you need smart people representing you." Trump's main outrage seems to be centered around loss. Loss of jobs, loss of face, and loss of dominance in manufacturing. He doesn't seem concerned about the huge environmental issues or

food safety issues surrounding TPP. To him, it's more about not getting cheated by foreigners. He said "The TPP would be the death blow for American manufacturing. It would give up all of our economic leverage to an international commission that would put the interests of foreign countries above our own." "There is no way to 'fix' the TPP," says Trump. "We need bilateral trade deals. We do not need to enter into another massive international agreement that ties us up and binds us down."

The Libertarians are the only party agreeing with Obama right now and, bucking the trend for a general dislike of the TPP, coming out positively in favor. Libertarians have faith in the free market and believe that there's little the government can do to pressure businesses or individuals that would be better than the power of the "Invisible Hand." For them this means unrestricted competition among financial institutions, and Gary Johnson's running mate Bill Weld has said that "Free trade, over the years, has served the United States very well. We are the most productive country in the world per worker, and that means where there's [flat] free trade, we're always going to get more high-wage jobs." Johnson has said that if he were to become president he would sign the TPP right away.

As always with politics, on the issue of the TPP there are disagreements. There are also some strange bedfellows. One thing is clear. Who ever wins the election will need to do something fast about the deep opposition to trade deals that has been gaining traction. All kinds of voters are fed up of secretive deals that hand the power of the people over to faceless multinational corporations. They are fed up of profit over good paying jobs, food safety and security, privacy, and our environment. This election has brought trade deals like the TPP into sharp focus and whoever is elected in November 2016 will not be able to ignore that. ■

For more on The Trans Pacific Partnership and Trade deals, please see our blog [coopites.wordpress.com](http://coopites.wordpress.com) or find us as "coopites" on Facebook and Twitter.

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15					16		
17					18					19		
			20							21		
22	23	24							25			
26					27		28	29	30			
31			32	33			34					
	35				36	37					38	39
			40						41			42
	43	44					45	46			47	
48							49	50	51			
52					53	54	55					
56				57						58	59	60
61				62					63			
64				65					66			

Across

1. A stripper takes it off  
6. Conspiring group  
11. Weirdo  
14. "You're preaching to the choir!"  
15. Actors Sharif and Epps  
16. Sorbonne one  
17. Structure for someone who is out of breath?  
19. E-file preparer  
20. The tiniest bit  
21. Chowder ingredient  
22. Barely eats  
25. Noted preschool sequence  
26. Screening org.  
27. Police action that recovers stolen toilets?  
31. Wanted poster word  
34. Ones holding their horses?  
35. Command from Dick and Jane to their distracted dog?  
40. Prime Minister between Netanyahu and Sharon  
41. Newspaper publishers hate running them  
43. Bridge inspection?  
47. LP's 33 1/3, e.g.  
48. University in Medford, Massachusetts  
49. Response to "Who, me?"  
52. Kate Winslet's title character in a 2001 film  
53. \_\_\_\_-cat  
56. "\_\_\_\_ who?!"  
57. Cookware featured (in a way) in this puzzle  
61. Prepare to plant, perhaps  
62. Senator Hatch  
63. Quarterback who, in 2007, became the first college sophomore to win the Heisman Trophy  
64. Chad hangs there: Abbr.  
65. Sauce made with pine nuts  
66. Provide an address?

Down

1. "Great Expectations" boy  
2. Wanted poster letters  
3. Quaint lodging  
4. Unacceptable  
5. Major League team that has won the World Series two times, appropriately  
6. Literally, "I think"  
7. "I \_\_\_\_ proud of you!"  
8. Bangkok currency  
9. Locale  
10. You can trip on it  
11. Atomic centers  
12. Like volunteer work  
13. Dos little words?  
18. Kind of tide  
21. Valerie Plame was one for 18 years  
22. Mom-and-pop org.  
23. Tierra surrounded by agua  
24. "I Am \_\_\_\_" (2015 reality TV debut)  
25. Young's partner in accounting  
28. Tot's wheels  
29. Formula One driver \_\_\_\_ Fabi  
30. Yang's go-with  
32. Opportunities to swing  
33. Hannity and Penn  
36. Atomic energy org.  
37. 1995 Eazy-E hit "Just \_\_\_\_ Let U Know"  
38. Grand Ole \_\_\_\_  
39. "\_\_\_\_ the mornin'!"  
42. Church-founded Dallas sch.  
43. Certain about  
44. Pharmaceutical giant whose products range from Advil to Zolof  
45. Storied duelist with a large nose  
46. Sharp  
48. Campbell of "Martin"  
50. Increase  
51. On a sugar high, say  
53. Nursing a grudge  
54. Some basketball players: Abbr.  
55. "\_\_\_\_ turns out ..."  
57. Uncorking noise  
58. Attorney's org.  
59. "Fat chance!"  
60. "The Girl With the Dragon Tattoo" setting: Abbr.

Puzzle author: David Levinson Wilk. For answers, see page 12.

Read the Gazette while you're standing on line OR online at [www.foodcoop.com](http://www.foodcoop.com)

## SAFE FOOD COMMITTEE REPORT

Plow-to-Plate Movie Series Presents: *Kombit, the Cooperative*

By Adam Rabiner,  
Safe Food Committee

It's rare to hear good news about Haiti, one of the poorest countries in the Western Hemisphere. *Kombit* is a success story about a privately funded agricultural project in the Gonaives community, something all too uncommon in the annals of rural economic development (for example, the United Nations spent \$20 million on a failed reforestation project in Haiti).

Haiti was once completely covered by natural forests, but by 2010, when this film was made, it was 98% deforested, for many reasons including: soil erosion, natural disasters like mudslides, slash and burn and other poor agricultural practices, and the cutting down of trees for charcoal. Haiti, even before the 2010 earthquake, was widely considered an environmental catastrophe. *Kombit* is a Haitian-Creole term that roughly translates as "work party," a community coming together towards a common goal. Here it applies to a farmers' cooperative whose goal was to plant and raise 5 million trees in five years.

The coop's success can be attributed to a number of factors. First, it was not imposed from the outside. One of its founders, Timote Georges, is a Haitian who had been planting coffee, cacao, and other trees on his own land and teaching locals about their importance. Canadian co-founder Hugh Locke provided technical expertise and guidance, while Locke's and musician Wyclef Jean's aid organization, Yele Haiti, provided initial seed funding. Eventually they obtained sponsorship from Timberland (a company rooted in the outdoors, with a factory in the Dominican Republic on the other side of Hispaniola Island, and whose logo is a tree).

From the very start, the *Kombit* Cooperative began working closely with Haitian farmers, not simply providing seeds, tools, supplies and technical assistance, but more crucially, engaging them in decision making and obtaining their active buy-in. Key to this strategy was paying farmers to plant and take care of their trees to maturity, giving them a financial stake in the game. In turn, farmers purchased vegetable

seeds (corn, millet, sorghum, eggplant, papaya) with their income, creating a virtuous and self-sustaining cycle while lowering input costs. Local farmer participation was triple what was expected.

On January 12, 2010 Haiti was hit with a major earthquake that threatened the success of the coop. Then in 2012 Yele Haiti's co-founders Jean and Locke made the front page of the *New York Times* as an accounting scandal forced the organization into bankruptcy. Despite these setbacks, Timberland had faith in the people and the business model so continued to provide support through a new organization, the Small Holders Farmers Alliance (SFA), an incubator of small market-based farmer cooperatives, co-founded by Locke and Timote Georges.

Started with the sole purpose of establishing cooperatives, SFA, based on the needs and initiatives of its members, quickly grew in scale and scope. It created a small supply store called the "Farmers House." Then they created a

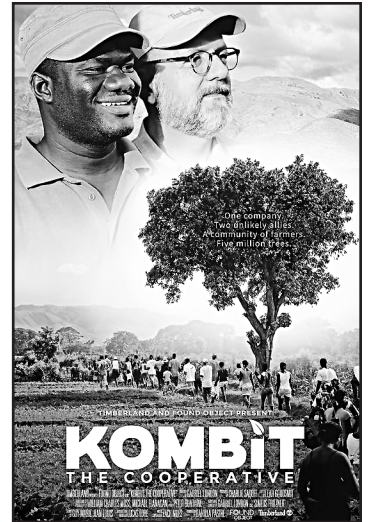
micro-credit program from scratch, a literacy training program, and began purchasing local products as part of a school feeding program.

By 2014 SFA had 2,000 farmer members and were growing a total of 400,000 trees per year in two control nurseries covering over 40 square miles. SFA had ambitions to re-introduce lime-oil extract for export. An essential ingredient in key lime pies, Haiti was once known for this fruit, until an embargo in the '90s devalued the trees which were then cut down. Even more promising was the market potential of the miracle Moringa tree, a new "superfood" whose tiny nutritious leaves "have seven times the Vitamin C of Oranges, four times the Vitamin A of Carrots, four times the Calcium of Milk, three times the Potassium of Bananas, and two times the Protein of Yogurt." After a great deal of work on standards and requirements for sanitation, food safety, and organic certification, and working with a California based company Kuli Kuli, Inc.,

SFA was able to set up a centralized processing plant and is now selling Moringa power bars, drinks, energy shots, and green smoothie powders in Whole Foods Markets.

In the past five years SFA has grown to have 19 tree nurseries, 3,200 members, and 13,520 beneficiaries. It has planted 4,916,000 trees since 2010, approaching its goal. Small holder farmers with individual plots of 15 to 16 trees are making enough money to sustain their families and contribute to the SFA seed bank. Timberland wants to replicate SFA as a model for other countries and expand beyond Moringa and lime to cotton, rubber, and other commodity products used in the production of its footwear. To borrow from that famous expression, Haitians have been taught to fish, not given them.

In one memorable scene a casually dressed, ruddy, flushed-in-the-face Bill Clinton disembarks from a plane, amiably drapes his arm around Georges's shoulders, and while strolling tells him how good and important this work is. Whatever one may think about insinuations of pay to play at the Clinton Foundation, we



can be heartened by success stories like SFA and the persistence and resilience of its leaders Timote Georges and Hugh Locke. ■

See upcoming events, past reviews and a comprehensive list of films shown at [www.plowtoplatefilms.com](http://www.plowtoplatefilms.com), which can now also be reached via a link on the Park Slope Food Coop's home page at [www.foodcoop.com](http://www.foodcoop.com).

*Kombit* will be presented on Tuesday, November 8, 7 p.m. at the Park Slope Food Coop, 782 Union St., 2nd floor. Free and open to the public. Refreshments will be served.

## Hearing Officer Committee SEEKS NEW MEMBERS

The Hearing Office Committee is seeking two new members. The committee conducts and presides over disciplinary hearings, ensures that hearings proceed in an efficient and unbiased manner and, after a randomly selected Deciding Group has decided whether an accused member violated a Coop rule, determines what disciplinary action should be taken against the member. Applicants should be Coop members in good standing for at least two years and have good attendance records. Judicial, arbitration, or legal backgrounds a plus, but not required. Experience running meetings is desirable.

Members of the committee meet and earn workslot credit on an as-needed basis only, that is, when hearings are required. Therefore these members must maintain regular Coop workslots in good standing or be FTOP members in good standing.

The nature of the committee's work requires that all members maintain strict confidentiality with respect to all matters on which they work. The committee seeks an applicant pool that reflects the diversity of the Coop membership at large.

Those interested, please telephone  
Marian Hertz of the Hearing Officer Committee  
at 212-440-2743.

## STATEMENT ON THE COOPERATIVE IDENTITY

### DEFINITION

A cooperative is an autonomous association of persons united voluntarily to meet their common economic, social, and cultural needs and aspirations through a jointly owned and democratically controlled enterprise.

### VALUES

Cooperatives are based on the values of self-help, self-responsibility, democracy, equality, equity and solidarity. In the tradition of their founders, co-operative members believe in the ethical values of honesty, openness, social responsibility and caring for others.

### PRINCIPLES

The cooperative principles are guidelines by which cooperatives put their values into practice. The International Cooperative Alliance adopted the revised Statement on the Cooperative Identity in 1995.

They are as follows:

1. Voluntary and Open Membership
2. Democratic Member Control
3. Member Economic Participation
4. Autonomy and Independence
5. Education, Training and Information
6. Cooperation Among Cooperatives
7. Concern for Community

REFERENCE: ICA.COOP



# LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215, 718-622-0560. Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles and letters from members.

### SUBMISSION GUIDELINES

The *Gazette* will not knowingly publish letters, articles or reports that are hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative.

The *Gazette* welcomes Coop-related articles, letters and committee reports from members that follow the published guidelines and policies. The following is a summary—please see the detailed guidelines for each type of submission on the Coop website: [www.foodcoop.com](http://www.foodcoop.com).

All submissions must include author's name, phone number and e-mail address, conform to the following guidelines and to the Fairness, Anonymity and Respect policies. Editors will reject letters, articles and reports that do not follow the guidelines or policies. Submission deadlines appear each edition in the Coop Calendar section.

For topics that generate a large number of submissions (letters or Member Articles) serially and continuously over an extended period of time, the *Gazette* will not necessarily publish all submissions, but the editors will use their editorial discretion to select a small number of submissions (whether letters or Member Articles) from each side as representative of that viewpoint of the issue. The selected submissions will also adhere to the current guidelines of civil discourse and should serve to advance the discussion in new ways.

You may submit on paper, typed or very legibly handwritten, or via e-mail to [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop) or on disk.

**Letters:** Maximum 500 words.

**Voluntary Articles:** Maximum 750 words. A Voluntary Article is held to a higher standard than a letter and must meet at least the following criteria: A Voluntary Article must analyze the topic it is discussing; it must present accurate, verifiable corroboration for factual assertions; it can criticize but not attack Coop practices and personnel; if critical it must present positive solutions; it cannot be solely or mainly opinion. It must strive to make a positive contribution to the understanding of the reader on a topic. If a submitted Voluntary Article is substantially opinion, it must be re-submitted, under 500 words, as a Letter to the Editor, possibly to a future issue. Editors will reject articles that are essentially just advertisements for member businesses, those of family and friends of members, solely expressions of opinion or that do not follow the guidelines and policies.

**Committee Reports:** Maximum 1,000 words. Reports must follow the published guidelines and policies.

### LETTERS, ARTICLES AND REPORTS SUBMISSION POLICIES

Letters must be the opinion of the letter-writer and can contain no more than 25% non-original writing.

All submissions must be written by the writer. Letters or articles that are form letters, chain letters, template letters or letters prepared by someone other than the submitting member will be rejected.

Letters, articles and reports must adhere to the Fairness, Anonymity and Respect policies. They cannot be hateful, needlessly inflammatory, discriminatory libelous, personal attacks or make unsubstantiated claims or accusations or be contrary to the values of the Coop as expressed in our mission statement.

All submissions must be legible, intelligible, civil, well and concisely written with accurate, attributed, easily verifiable statements of facts separated from opinions.

Letter and article writers are limited to one letter or article per issue.

Letter and article writers cannot write gratuitous serial submissions. Editors may reject submissions to consecutive editions of the *Gazette* on the same topic by the same writer.

**Editor-Writer Guidelines:** All submissions will be reviewed and, if necessary, edited or rejected by the editor. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any questions or proposed editorial changes. Writers must be available to editors to confer about their submissions. If a writer does not respond to requests for editorial changes, the editor may make the changes without conferring with the writer, or reject the submission. If agreement between the writer and the editor about changes does not occur after a first revision, the editor may reject the submission, and the writer may revise and resubmit for a future issue.

### FAIRNESS, ANONYMITY AND RESPECT POLICIES

In order to provide fair, comprehensive, factual coverage:

#### Fairness

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.
2. Nor will we publish accusations that are unnecessary, not specific or are not substantiated by factual assertions. The *Gazette* will not publish gratuitous personalization. That is, no unnecessary naming of Coop members in polemical letters and articles. Writers must address ideas not persons.
3. Submissions that make substantive accusations against specific individuals, necessary to make the point of the submission and within the Fairness, Anonymity and Respect policies will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

#### Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

#### Respect

Submissions to the *Gazette* must not be hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative. They may not be personally derogatory or insulting, even when strongly criticizing an individual member's actions.

The *Gazette* is a collaboration among Coop members. When submitting, please consider the impact of your words on the writers, editors and production staff who use our limited workslot time to try to produce an informative and cooperative publication that reflects the values of our Coop community.

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, November 18, 8:00 p.m.

The Brooklyn Society for Ethical Culture  
and the Park Slope Food Coop present:



## PROSPECT CONCERTS



Come join **Barry Bryson**, bandleader and trumpeter of the **Swing Street Orchestra**, and fabulous Coop jazz musicians for a night of big-band swing-dance music.



**Barry Bryson**—Trumpet/Leader; **Emily Asher**—Trombone; **Lisa Parrott**—Alto Sax; **Jenny Hill**—Tenor Sax; **Cynthia Hilts**—Piano; **Alexis Cuadrado**—Bass; **Rob Garcia**—Drums; **Todd Isler**—Percussion; **Stephan Bauer**—Vibes; **Vinnie Raniolo**—Guitar; **Marje Wagner**—Vocal



There will also be free dance lessons with professional dance instructor **Arturo Perez**, who will be partnered by **Carolynn Murphy**.

[www.facebook.com/ProspectConcerts](http://www.facebook.com/ProspectConcerts)

**53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]**  
**Performers are Park Slope Food Coop members and receive Coop workslot credit.**  
**Booking: Bev Grant, 718-788-3741**

## RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

### REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt **MUST** be presented.
2. Returns must be handled within 30 days of purchase.

### CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

## CAN I RETURN MY ITEM?

Produce\* Bulk\* (incl. Coop-bagged bulk)  
Cheese\* Seasonal Holiday Items  
Books Special Orders  
Calendars Refrigerated Supplements  
Juicers & Oils  
Sushi \*A buyer is available during the week-days to discuss your concerns.

NEVER  
RETURNABLE

Refrigerated Goods (not listed above)  
Frozen Goods  
Meat & Fish  
Bread

RETURNABLE  
ONLY IF SPOILED  
BEFORE  
EXPIRATION DATE  
Packaging/label  
must be present-  
ed for refund.

Items not listed above that are unopened  
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

### This Issue Prepared By:

Coordinating Editors: Erik Lewis

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Final Proofreader: Lisa Schorr

Index: Len Neufeld



WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Caroline Abid Mickael Abid Alex Anderson Ilana Anger Andres Arnold Savanna Arral Nathan Avakian Tatiana Baccari Tomasz Bacewicz Ipek Bakir Nicholas Bauer Omar Benjelloun Mandy Berman Ben Blackshear Noah Block-Harley Andrew Brady Ludovica Burtone Chloe Campos	Yorel Campos Corinne Cappelletti Sharon Carby Jenny Carchman Kalliopi Charalampous Genna Cherichello Y-Ching Chi Sionia Collavizza David Cook Isobel Davies R Justin Davila Sophia Dawkins Jeremy Deaton Nicole Dewey Stephanie Diment Zephyr Doles Andrey Drayling	Victoria Drayling Vibeke Egelund Kimberly Eng Lisa Enxing Natalie Faye Emily Feinberg Monica Finc Alex Fine Vivienne Fleischer Erica Freeman Mark Freeman Geena Gao Tasha Garcia-Gibson Samuel Garigliano Jaimie Gibriano Sarah Goldfeather Inna Gorelik Bahjii Green	June R. Greene Valentin Guerin Evan Gunter Heidi Gunter Raffaella Hanley Kim Harmon Lindsay Harrison Corinna Heinz Noel Henderson-James Carolina Hernandez Christine Holley Graham Holley Leon Ivangorodsky Migle Jonel Celestina Kamen Molly Kammien Arabella Kauffmann	Lisa Keskitalo Svetlana Khosh Sophie Kinkhead Jennifer Kitson Lukas Knott Guy Krief Rina Kushnir Caroline Lange Rony Lipovetzky Nicholas Lira Ching Wai Lo Anna Lyle Tyler Lyle Jason Maas Jane MacDonald Sophie Maher Kaitlyn Margeson Eliza Martin	Valentina Medda Olivier Meersman Faith Meixell Amy Miller Michael Milov-Cordoba Amy Mullen Matthew Murphy Selina Murphy Naoma Nagahawatte Lisa Neumann Nadia Nguyen Dalila Ouelhadj Leandro Pellegrino James Peters Jr. James Peters Sr. Nathaniel Preus Ana Ratner	Bertrand Rivallin Jehan Roberson Leah Roberts Libby Rosa Daniel Ross Alex Sagastume Jade Sank Chad Schepp Sarah Schepp Michael Sedillo Stephen Sheffer Sadia Shirazi Abdalbasit Shittu Bart Smit Duijzentkunst Catherine Stolive Emily Sussell Jules Tardy	Kia Turner Philip Ugelow Anne-Marie Van Asbroeck Svetlana Vanderpool Rosa Viterbo Story von Holzhausen Katherine Waggoner Jordan Weitz Neela Wickremesinghe Lily Wiggins Emily Wolfe-Roubatis Chloe Zimmerman Nitzan Zohar
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COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit [foodcoop.com](http://foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

[www.foodcoop.com](http://www.foodcoop.com)

The Coop on Cable TV

Inside the Park Slope Food Coop

The fourth FRIDAY of the month at 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: [www.bricartsmedia.org/community-media/bcat-tv-network](http://www.bricartsmedia.org/community-media/bcat-tv-network).

General Meeting Info

TUE, NOVEMBER 1

AGENDA SUBMISSIONS: 7:30 p.m.

Submissions will be considered for the November 29 General Meeting.

TUE, NOVEMBER 29

GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

November 10 issue: 12:00 p.m., Mon, October 31  
November 24 issue: 12:00 p.m., Mon, November 14

CLASSIFIED ADS DEADLINE:

November 10 issue: 7:00 p.m., Wed, November 2  
November 24 issue: 7:00 p.m., Wed, November 16

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on [foodcoop.com](http://foodcoop.com) and at every General Meeting.

Next Meeting: Tuesday, November 29, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

St. Francis Xavier School, 763 President Street, between Sixth and Seventh Aves.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

**Warm Up (7:00 p.m.)** • Submit Open Forum items • Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports

**Agenda (8:00 p.m.)** The agenda is posted on [foodcoop.com](http://foodcoop.com) and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45)** • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. *For full details, see the instruction sheets by the sign-up board.*

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby or sign-up at [foodcoop.com](http://foodcoop.com). The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Squads eligible for credit:

Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the *entire* meeting.

• Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store**—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

**We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

**We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

**We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

**We welcome all who respect these values.**

park slope  
FOOD COOP

# calendar of events

oct 28  
fri 7 pm

## Move Better, Feel Better

Includes personalized hands-on mini sessions. The Feldenkrais Method is an approach rooted in respecting the integrity of the person and supporting innate human ability to learn. Through gentle movement, Feldenkrais lessons help facilitate profound shifts in how a person moves and feels. It can help improve balance, posture and coordination, prevent injuries, speed up injury recovery, reduce stress and anxiety, increase overall sense of health and well-being. Uniqueness of the method is that it is designed to produce lasting improvements which become an integral part of the way a person feels in daily life without having to force changes. **Igor Shteynberg**, Feldenkrais Practitioner, has worked with clients ranging from children with motor difficulties to professional dancers and musicians. His clients appreciate his ability to relate to their concerns, as well as his patience and care in gently helping them bring about the changes they are looking for.

oct 29  
sat 7–10 pm

## FUN Committee: Game Nite



Free and open to Coop members of all ages. Non-members welcome. Refreshments available. Board Games, Cards and new games led by **Lynn Levy**. Bring your own games too. Children under 10 please bring an adult.

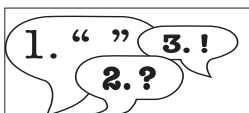
oct 30  
sun 12 pm

## Nutrition Response Testing

If my test results are all normal, then why do I feel so bad? Fatigued? Trouble losing weight? Always cold? Sinus problems? Join us for a discussion of common thyroid symptoms and why conventional testing/treatment isn't always the answer. Nutrition Response Testing is a unique system of analyzing the body for nutritional deficiencies and designing the precise nutritional correction. We can be successful identifying the root cause of your symptoms when others have failed. Come find out how! **Diane Paxton**, MS, LAc, is the owner and principal of Inner Fire Integrative Health Services, with offices in Manhattan and Park Slope. She is also a long-time Coop member.

nov 1  
tue 7:30 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 7:30 and 7:45 p.m. Before submitting an item, read “How to Develop an Agenda Item for the

General Meeting” and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at [foodcoop.com](http://foodcoop.com).

**The September General Meeting will be held on Tuesday, November 29, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.**

nov 2  
wed 7 pm

## Learn About Cheese At the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional **Elena Santogade**. Join us as we taste through a different regional selection this month; learn about the history, geography and cheesemaking practices from around the world. Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.

nov 3  
thu 7:30 pm

## Food Class: The Sustainable Korean Table



Join Chef **Sung Uni Lee** as she introduces you to the fundamentals of Korean cuisine as it ties into the principles of sustainability and our living environment. Even after immigrating to the U.S. in the late seventies, Chef

Lee's family life revolved around the dinner table and their commitment to traditional Korean fare. Presently, she is the executive chef of Provenance Meals, LLC, ([provenancemeals.com](http://provenancemeals.com)) a health-supportive, prepared meals-delivery service based in Brooklyn. Applying techniques and knowledge from her 18-year culinary career in restaurants, retreat centers, catering, and teaching, she loves to empower people to create good food that you can feel good about.

*Menu includes: multigrain barley rice; spicy sautéed anchovy with ancho chili (myeolchi-bokkum); seasoned nori flakes; marinated watercress (moolnaeng-ee moochim); kabocha squash porridge (hobbaek-juk).*

**ASL interpreter may be available upon advance request. If you would like to request an ASL interpreter, please contact Jason Weiner in the Membership Office by October 20.**

**Materials fee: \$4. Food classes are coordinated by Coop member Olivia Roszkowski. To inquire about leading a Food Class, contact Olivia Roszkowski at [parkslopefoodclass@gmail.com](mailto:parkslopefoodclass@gmail.com).**

nov 5  
sat 12 pm

## Service Matters

Volunteer opportunities in Brooklyn for older adults. Do you have time on your hands due to your work life winding down or a recent “empty nest”? Come learn about volunteer opportunities in Brooklyn for people in their 50s, 60s, and beyond. Find out how to feed the hungry, help new immigrants, visit the elderly, tutor, and more. There are opportunities to fit every interest and schedule. **Susan Kranberg** is a community organizer for Engage Jewish Service Corps, a volunteer program that creates community and opportunities for baby boomers. Susan has been a Coop member for 15 years.

nov 6  
sun 12 pm

## Travel to Unravel for Less

We travel to unravel and wouldn't you like to save money on travel? In this exciting workshop you will learn how to travel locally, nationally, and internationally for less and how to possibly, in the future, travel for free. You will have access to travel information from direct experience and indirect resources. Coop member **Lutricia Black** is passionate about travel and is committed to have as many people as possible expand their world and make connections with other people through travel. She has traveled to Ghana, West Africa, taking students with her. In addition, she has taken multiple cruises, traveled to Morocco; Havana, Cuba; Rio and Bahia, Brazil; Spain; St. Lucia; St. Kitts/Nevis, Jamaica; and Dominican Republic, just to name a few. Her goal is to spend one month on each continent, except, Antarctica. Black is a retired New City Department of Education Social Studies teacher where she taught for 25 years.

nov 8  
tue 7 pm

## Safe Food Committee Film Night: Kombit



**Kombit** follows a sustainable intervention in Haiti to plant 5 million trees in 5 years. Once known as the richest agricultural country in the Caribbean, today, after decades of instability, natural disasters, and decline, it is 98% deforested. We follow Timberland's

support of a nascent partnership between a Haitian agronomist and a former NGO leader that commit to empowering communities of farmers to plant millions of trees while improving their crop yields. As financial sup-

**For more information on these and other events, visit the Coop's website: [foodcoop.com](http://foodcoop.com)**

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.  
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



# oct 28—dec 9 2016

port ends, Small Holders Farmers Alliance's leaders race to develop new markets and opportunities for Haitian farmers that will endure and ensure a sustainable, greener future.

See upcoming events, past reviews and a comprehensive list of films shown at [www.plowtoplatefilms.com](http://www.plowtoplatefilms.com) which can now also be reached via a link on the Park Slope Food Coop's home page at [www.foodcoop.com](http://www.foodcoop.com).

nov 11  
fri 7 pm

## Wordsprouts: Brave New Weed



The United States has been waging a war on cannabis since the 1930s, using politics and propaganda to muddle our perception and understanding of this amazing plant. In the past decade, society, with the help of science, has undergone a massive shift in perspective that has allowed us to reconsider our myths and misunderstandings. In *Brave New Weed: Adventures into the Uncharted World of Cannabis*, Park Slope Food Coop member **Joe Dolce** travels the globe visiting gardens and grow rooms, doctor's offices and dispensaries, and hospitals and homemade hash making labs, to get a clear-eyed portrait of the power of weed. He'll read from his groundbreaking work and be joined in conversation by **Michael Moss**, author of *The New York Times* bestseller *Salt Sugar Fat: How the Food Giants Hooked Us*. It's sure to be a mind-expanding, eye-opening evening for all! Dolce is the former editor-in-chief of *Details* and *Star* magazines. He is the CEO and founder of Joe Dolce Communications, a presentation and media training company based in New York City. He is not a stoner. Moss is a Pulitzer Prize-winning journalist and is currently at work on a book about addiction called *Hooked: Food and Free Will*. He has been a PSFC member since 1999.

Bookings: **John Donohue**, [wordsproutspfc@gmail.com](mailto:wordsproutspfc@gmail.com).

nov 12  
sat 10 am

## Introduction to Qi Gong Health Cultivation Practices

Health cultivation practices in China rely heavily on the use of qi gong to regulate the flow of breath and energy in the body and to coordinate movement in order to nourish and strengthen the muscles. Qi gong can be practiced as a preventative measure to cultivate strength and wellness, or as a rehabilitative measure to nurse both old and new injuries back to health. This one-hour class will introduce attendees to the fundamental principles of practicing qi gong and will cover two simple exercises that can be practiced at home to increase energy and stamina throughout the day and ease minor aches and pains in the body. **Adam Wasserman** has been studying and practicing qi gong for more than 10 years. In addition to practicing qi gong, he studies and teaches a martial art known as Ba Gua Zhang, has an acupuncture practice in Park Slope and teaches qi gong and Chinese massage at the Pacific College of Oriental Medicine. He has been a member at the Coop since 2013 and is looking forward to sharing his knowledge with the community.

nov 13  
sun 12 pm

## Midwifery and Normal Physiologic Birth

Hear a discussion of the role of midwives in women's health care, focusing on the midwife's role in guiding childbirth. The Midwives Alliance North America defines physiologic labor and birth as "one that is powered by the innate human capacity of the woman and fetus." Park Slope Food Coop member and a midwifery student at SUNY Downstate **Laura Coogan** will talk about how midwives support women through the process of natural childbirth and will then open the discussion up for questions and comments. Laura lives in the neighborhood and currently works as a labor and delivery nurse at a local hospital.

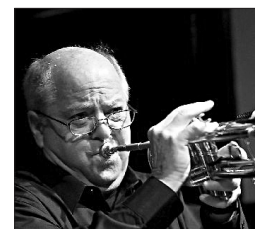
nov 18  
fri 8 pm

## Swing Street Orchestra



Come join **Barry Bryson**, band-leader and trumpeter of the **Swing Street Orchestra**, and fabulous Coop jazz musicians for a night of big-band swing-dance music. **Barry Bryson**—Trumpet/Leader; **Emily Asher**—Trombone; **Lisa Parrott**—Alto Sax; **Jenny Hill**—Tenor Sax; **Cynthia Hilts**—Piano; **Alexis Cuadrado**—Bass; **Rob Garcia**—Drums; **Todd Isler**—Percussion; **Stephan Bauer**—Vibes; **Vinnie Raniolo**—Guitar; **Marje Wagner**—Vocal. There will also be free dance lessons with professional dance instructor **Arturo Perez**, who will be partnered by **Carolynn Murphy**.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. *Prospect Concerts* is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.



dec 1  
thu 7:30 pm

## Food Class



Food Class to be announced. Food classes are coordinated by Coop member **Olivia Roszkowski**. To inquire about leading a Food Class, contact **Olivia Roszkowski** at [parkslopefoodclass@gmail.com](mailto:parkslopefoodclass@gmail.com).

dec 2  
fri 7 pm

## Film Night



Film to be announced. To book a Film Night, contact **Gabriel Rhodes**, [gabrielrhodes@me.com](mailto:gabrielrhodes@me.com).

## still to come

dec 3 It's Your Funeral

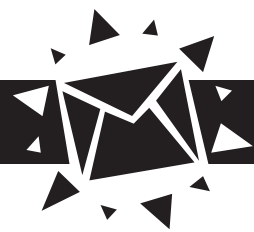
dec 6 Agenda Committee Meeting

dec 6 Cheese Class

dec 9 Wordsprouts



## L E T T E R S   T O   T H E   E D I T O R

**THE COOP  
PENSION FUND****TO THE MEMBERSHIP,**

A choice is being presented to the membership about how the pension fund we maintain should be run. I have worked with some of the General Coordinators and many Coop members to formulate basic good governance measures to give us proper oversight and transparency around how the fund is being run. In response, the pension fund trustee, Joe Holtz, has submitted a competing proposal, which in my opinion presents a competing vision for the fund's management with no oversight and little new transparency. In effect, Joe's proposal will retain the status quo, where members are not trusted with basic information about the fund's operations and the fund continues to operate in the shadows, where it has quietly lost millions of dollars with little fanfare.

Throughout this process I have done my utmost to engage with all interested parties and openly share my analysis of the fund's performance. While many members and some staff have engaged in this important issue, the current trustees of the pension fund have refused to engage in a productive discussion on how to improve the governance of the pension fund, have written in the *Gazette* that my presentation at the August GM showing the poor performance of the fund was inaccurate without providing any evidence of these inaccuracies, and as of the writing of this letter they still have not released the names of the 7 stocks they are invested in, despite months of assurances that they will. This lack of cooperation is not in the spirit of the Coop and is disturbing to see coming from Joe Holtz, one of our General Coordinators. The trustees' defensive and opaque approach to dealing with the fund and constructive criticism reinforces our need to have proper oversight and transparency of the fund's operations.

I encourage the membership to choose basic good governance and transparency over the fund's status quo of not sharing important information about the pension fund's operations with

the membership and keeping the membership at arm's length from the management of the fund. I believe the membership can have a positive impact on the fund's operations with our collective expertise and that the membership should pass the motion I have submitted to establish a finance committee to oversee the operation of the pension fund. I also believe the membership has a right to know in full detail what the fund's positions and trades are and that the trustees should not be able to keep that information secret. So I also encourage the membership to pass the transparency motion I have submitted.

Please come to the GM and write to the *Gazette* to voice your views on this important topic. Your voice is important. If you would like to stay updated on the most recent developments on this issue, please email me at [psfcPensionGovernance@gmail.com](mailto:psfcPensionGovernance@gmail.com) and I will add you to the email list of people concerned about the pension fund and wanting to keep it and the Coop solvent.

*Thank you,*  
*Jonathan Hessney*

**MANAGEMENT  
OF THE PENSION  
FUND****TO THE EDITOR:**

For about the last five years, the focus of our Coop's member life beyond the shopping floor was defined by an external political campaign led by a small defeated minority who came to dominate member meetings and to monopolize the pages of the *Gazette* in large part because their unending tiresome efforts were too long indulged by Coop management.

Members recently discovered that potentially damaging financial and managerial concerns had arisen in the course of those same five years, and that these pressing concerns, internal to the Coop and critical to its successful management and even to its existence, were too long ignored by Coop management and absent from the pages of the *Gazette*.

These concerns are with the management of our multi-million dollar pension fund, which has lost large sums in

four of the last eight years through ill-advised and amateurish investment practices though the broad market in securities has risen substantially in those years. In the most recent year, when the market as a whole, measured by the S&P 500, was down less than 1%, our pension fund lost 24% of principal.

It's not only that the well-being and security of 80 retired and current Coop employees is at stake, but that the fiscal soundness of the Coop is compromised as a result of bad financial management.

Yet there is a great deal of resistance to change in pension fund management from those in current Coop leadership, including especially Joe Holtz, though he has failed personally to guide the fund to success as is his duty as trustee of the pension fund, and a manager of the fund's investments as well as Coop General Coordinator.

It's irresponsible to continue in this way, wearing so many hats and with so little oversight.

If our goal in managing our funds is their financial security and appreciation, professional management is a necessity.

Now is the time to take management of our Coop's critical assets out of the hands of those who've failed to grow and secure our funds.

*Allen Tobias*

**PENSION ARTICLE  
CORRECTION  
FROM THE  
EDITORS OF THE  
GAZETTE**

In two articles in the October 13, 2016 issue, "Pension Fund in the Spotlight" by Ed Levy and "GM Report" by Alison Rose Levy, some data and claims were made that need correction.

In "Pension Fund in the Spotlight," Board of Directors member Allen Zimmerman commented on a presentation made at the August General Meeting by Jonathan Hessney about the Coop's pension plan. In the article, Zimmerman was quoted as saying that "Jonathan [Hessney]'s report, delivered as an exposé, might have been very different had his data been accurate and his assumptions

been shaped in collaboration and cooperation with the Coop staff." The article should have added that the veracity of the data referred to by Zimmerman had not been independently verified and was reported as Zimmerman's opinion. Hessney did meet with General Coordinator Ann Herpel and, briefly, with General Coordinator Joe Holtz before the August GM. Hessney also exchanged emails with Holtz prior to the meeting.

Additionally, in the "GM Report" by Alison Rose Levy, it was written that the Pension Fund was "down by approximately \$14 million, a 24% decline in its value over an eight year period." The article should have said the Pension Fund was down \$1.4 million (24%) in 2015 alone.

*The Gazette Editors*

**THE WAR ON  
PLASTIC****TO THE EDITOR:**

Some ideas just never seem to go away. The Environmental Committee's war on plastic bags is one. Not that they're wrong, the world is awash in plastic everywhere you look.

But the idea of putting all kinds of stuff in some huge cloth bag and ending up with a fruit and veggie mush is too frightening to contemplate. So I got to thinking, what could I actually do to cut down on plastic bags—seriously!

Then it hit my like a falling oak: reuse the ones I use. Wow, there it was. So when I got home, I saved the plastic bags I used to use them again. Now I'm closer

to recycling nirvana, maybe even on track toward far left plasi-phobia.

Well maybe not that far, but closer to something anyone can do without a heck of a hitch. Give it a shot, it'll make your day. Don't abuse, reuse.

*Rodger Parsons*

**CHILDREN  
WORKING SHIFTS  
WITH PARENTS****DEAR MEMBERS,**

We are well aware of the real value of having parents bring their children to work with them. Most of us did this as children, and as I remember it—we all enjoyed it as children. It's a valuable lesson in life, and a bonding experience for parent and child.

However in this litigious society of ours, having a child work with a parent can bring lawsuits and other claims. When I asked about this, I was told that as long as the parent makes a choice to include the child with them, and as long as the work is permissible then "it should be OK."

So here is what I propose the Coop consider: release forms signed by the parents. This way there is an informed consent by the parent about choices they made, and enabling the child to work with a very clear understanding of what's allowed and not allowed.

We—our Coop—can become a fun place for children, and we can do this safely: from a work environment perspective and in a legally reasonable way.

*Cooperatively,*  
*Yigal Rechtman*

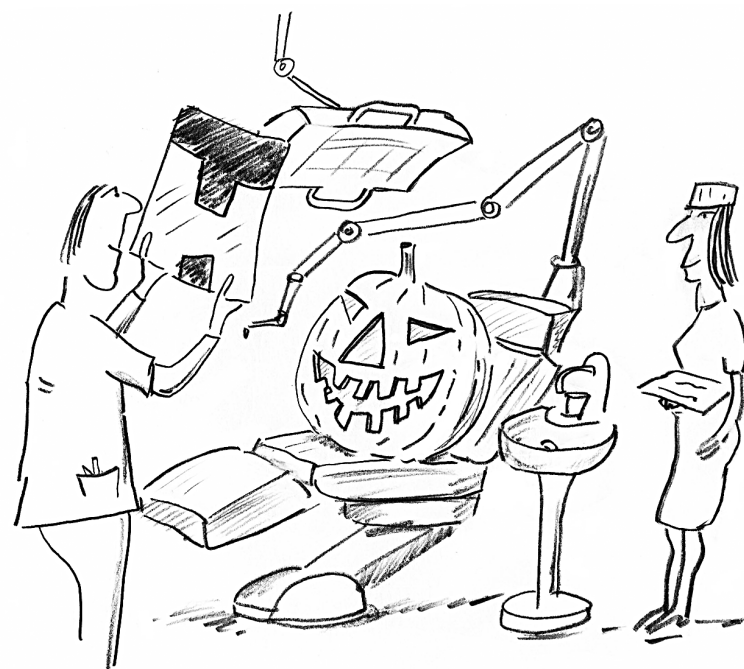


ILLUSTRATION BY ROD MORRISON



## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

## SAT, OCT 29

8 p.m. Martin Daly; Carrie & Michael Kline at the Peoples' Voice Cafe; Community Church 40 E. 35th St., NY. Wheelchair accessible, Sug. donation \$20/12 for subscribers. For info call 212-787-3903 or see www.peoplesvoicecafe.org.



## SAT, NOV 5

2 p.m. Open House for the CUNY SPS MA in Applied Theatre program. It's theatre for social justice in spaces other than stages in front of audiences. For instance, Applied Theatre could be drama with incarcerated youth, Theatre of the Oppressed with domestic workers etc. 101 W. 31st St. NY NY 10001 RSVP Michael.Wilson@cuny.edu or Arsenia.Reilly@gmail.com.

## SUN, NOV 20

4 p.m. BPL Chamber Players: Joana Genova, violin; Ariel Rudakov, viola; Benjamin Capps, cello; Vassily Primakov, piano. At the Dr. S. Stevan Dweck Center for Contemporary Culture Central Library, Brooklyn. Free.



## CLASSIFIEDS

## BED &amp; BREAKFAST

THE HOUSE ON 3RD ST, serving Park Slope for over 20 yrs. Large floor-thru, located between Fifth and Sixth Aves. Parlor floor, sleeps 4-5, private bath, deck, AC, wifi, kitchenette, 12' ceilings! houseon3st.com, or call Jane, 718-788-7171. Grandparents are our specialty.

## MERCHANDISE-NONCOMMERCIAL

Retro RCA TV, collectible \$100. Antique table linen, never used \$20 a set. FREE macrobiotic books. FREE VHS tapes, over 125 tapes. Antique glass mirror with etching 1930s, beautiful \$200. 917-572-4879.

Two antique gold leaf glass table lamps \$120 set. Antique 1930s wooden dining room set, excellent condition \$1500. Fabric recliner remote controller, excellent condition \$150. Treadmill, almost new \$200. 917-572-4879.

## SERVICES AVAILABLE

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60 and I work from Wednesdays through Sundays 9 a.m. - 5 p.m.

HAIRCUTS HAIRCUTS HAIRCUTS. Color, low lights, hot oil treatments in the convenience of your home or mine. Kids \$20-25. Adults \$35-40. Leonora, 718-857-2215.

## SERVICES WANTED

\$20 PER HOUR. Seeking female companion to assist me with daily activities and errands. Up to 30 hours per week. Can be shared. Contact kilieb@mindspring.com.

## Looking to help new coops form in Brooklyn while getting a tax deduction?

Support the Fund for New Coops—a project of the Park Slope Food Coop.

## THE FUND FOR NEW FOOD COOPS

a Project of the Park Slope Food Coop

The Fund for New Coops will make low-interest loans to start-up coops that use the full-member labor model like ours. Loans will be extended to qualified start-ups to address problems and maximize the chances that start-ups will flourish.

## How can you donate?

- Use the scannable Fund for New Coops donation cards available on the shopping floor
- Donate directly from the Coop's website, foodcoop.com. Follow the link for the Fund for New Coops and select the DONATE button
- Mail a check—made out to the Fund for New Food Coops—to: FJC, 520 Eighth Ave., 20th Fl., New York, NY 10018

Help nascent coops that want to use our model: Contribute today!



## To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

## TECH HELP

Mac, Windows, phones, tablets and more.....

www.tech11215.com

Call Dan: 347-954-9353 • info@tech11215.com

## PLASTIC PACKAGING COLLECTIONS

2nd Wednesday of every month 3:45-6 p.m.

4th Saturday of every month 1:45-4 p.m.

## Expanded Plastic Collection for Coop members

Please be prepared to show your Coop membership card.

Plastic bags/wrap/packaging from most products sold at the Coop—food and non-food.

Thin plastic film wrap—from notecards, tea boxes, pre-packaged cheese, household items, pet food, juice packs, etc.

Plastic roll bags distributed by the Coop—please use roll bags only as necessary, reduce usage whenever possible, and re-use any bags you do take before recycling.

NO food residue, rinse as needed.  
Only soft plastic from Coop purchases.

## We continue to accept the following from all community members:

Pre-sort and separate according to the categories below.

- Toothbrushes and toothpaste tubes (any brand/size)
- Baby food pouches and caps (any brand)
- Energy bar wrappers (any brand)
- Water filters (Brita and other brands) and other Brita branded filter products
- Plastic re-sealable food storage bags, small Coop bulk bags, cling wrap
- Cereal and cracker box liners (any brand)

Food residue and paper labels OK.  
No shopping bags.

Donations in any amount are welcomed to help offset the cost to the Coop of this collection.

Interested in joining the squads that run the Wednesday/Saturday collection, or in starting a third collection time as your workslot? Contact Cynthia Pennycooke in the Membership Office.

For more information about Terracycle, visit terracycle.com

Questions about items we accept should be e-mailed to [ecokvetch@yahoo.com](mailto:ecokvetch@yahoo.com)





★ **EXCITING WORKSLOT OPPORTUNITIES** ★

**RECEIVING PRODUCE**  
**Monday–Friday, 5 to 7:30 a.m.**

The Coop is looking for members to work in the produce area. Responsibilities include: lifting boxes, unloading deliveries, stacking boxes in the basement. You should be willing to get or have wet hands while you are working. Boxes usually weigh between 2 and 20 lbs, a few may weigh up to 50 lbs.

**PARM SQUAD**  
**Thursday, Friday, Saturday, Sunday,**  
**Various times**

This shift requires extensive training with a member of the paid staff, and therefore requires a six-month commitment. You must have good attendance to join this squad and must be a member for at least six months. As a member of the PARM Squad, you'll prepare designated cheeses for sale. You should be fit enough to cooperate with other members to lift 90 lbs. (a wheel of parmesan). Involves also cutting hard cheese, moving in and out of the cooler. All members of the squad must follow the hygiene and safety guidelines as stipulated in the Food Processing manual. Interested members must speak to Britt before joining this squad: [britt\\_henriksson@psfc.coop](mailto:britt_henriksson@psfc.coop).

**OFFICE SET-UP**  
**Tuesday, Wednesday,**  
**6 to 8:30 a.m.**

Need an early riser with lots of energy to do a variety of physical tasks, including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Adriana in the Membership Office for more information.

**VISITOR LOG DATA ENTRY**  
**Monday, Tuesday, Friday,**  
**7:30 to 10:15 p.m.**

Do you enjoy doing data entry? Are you a stickler for details and accuracy? Do you enjoy deciphering difficult-to-read handwriting? Comfortable working on a Mac and toggling between two different databases? Then this job may be for you! The Visitor Log information needs to be entered into a Filemaker Pro database. Accuracy is important, so you must take your time and pay attention to what you're typing. We are looking for detail-oriented people to do this job. Please contact Camille Scuria before your first shift: [camille\\_scuria@psfc.coop](mailto:camille_scuria@psfc.coop).

**ATTENDANCE RECORDERS**  
**Monday, 6 to 8:30 p.m.**

The Coop needs detail-oriented members to help maintain attendance records for Coop workers. You will need to work independent-

ly, be self-motivated and reliable. Good attendance is a requirement. Members will be trained for this position, and staff members are available for further assistance. Workslot requires a six-month commitment. Please contact Lewanika in the Membership Office at 718-622-0560 if you would like more information.

**TERRACYCLE COLLECTION**  
**Second Wednesday of the month,**  
**3:30 to 6:30 p.m.**  
**Fourth Saturday of the month, 1:30**  
**to 4:30 p.m.**

The TerraCycle Collection is expanding, and we need your help! If these shift times do not work for you to become a squad member, we still want to hear from you, as we are very interested in adding new collection times. Dedicated FTOP workers are also welcome—if you can be on a shift more times than not, we would definitely welcome you on shifts as much as you can schedule with us. Shifts are very stable, 12 shifts per year, no moving around the calendar based on work week A, B, C, or D. Shifts are set for a particular day/time of the month and do not change. Enjoy working your shift with like-minded environmentally conscious Coop members, members you work with and members who drop off their recyclables. This shift is a very feel-good shift knowing you are making a difference and helping members to make a difference in improving our environment. The shift tends to go quickly as the collection is well-received by members, and we tend to be busy throughout the shift. For most of the year, the collections are held outside and shift workers enjoy fresh air. You will get your hands dirty—not unlike work on other shifts. We have gloves available and you can go in periodically to wash your hands in the bathroom. There will be a few shifts where weather may be of concern. We have a policy to address hot, rainy, or frigid weather with consideration to workers' comfort. More details are available if interested. The work of the shift does require a fair amount of standing and some light lifting. At the end of each shift we carry or cart the boxes to the UPS store on Flatbush and Seventh Aves. If interested, contact Cynthia Pennycooke in the Membership Office: 718-622-0560. Inquiries can be sent to [rosenyny@gmail.com](mailto:rosenyny@gmail.com). For more information about TerraCycle, visit [terracycle.com](http://terracycle.com).

**GENERAL MEETING SET-UP**  
**Tuesday, 6:30 p.m.**

Adaptable, physically energetic, team workers with excellent attendance needed to help set up and break down the space where the General Meeting is held. Contact Adriana Becerra, Membership Coordinator, [adriana\\_becerra@psfc.coop](mailto:adriana_becerra@psfc.coop).

**Crossword Answers**

P	A	I	N	T		C	A	B	A	L		N	U	T
I	K	N	O	W		O	M	A	R	S		U	N	E
P	A	N	T	I	N	G	S	H	E	D		C	P	A
			O	N	E	I	O	T	A		C	L	A	M
P	I	C	K	S	A	T				E	I	E	I	O
T	S	A			P	O	T	T	Y	R	A	I	D	
A	L	I	A	S			R	E	I	N	S			
	A	T	T	E	N	T	I	O	N	S	P	O	T	
			B	A	R	A	K			T	Y	P	O	S
	S	P	A	N	C	H	E	C	K			R	P	M
T	U	F	T	S				Y	E	A	H	Y	O	U
I	R	I	S		S	C	A	R	E	D	Y			
S	E	Z		P	O	T	S	A	N	D	P	A	N	S
H	O	E		O	R	R	I	N		T	E	B	O	W
A	F	R		P	E	S	T	O		O	R	A	T	E



**ecokvetch**  
the environmental  
committee blog

**Tip of the  
MONTH!**

**Use as Little  
Plastic as Possible**

**Plastic is a toxic food packaging. In addition, producing plastic of any form uses vast quantities of fossil fuels and water. Using less plastic is better for your health and less plastic production reduces the carbon emissions causing climate change.**

Learn more at:  
[ecokvetch.blogspot.com](http://ecokvetch.blogspot.com)

