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Volume LL, Number 8

April 27, 2017



PHOTO BY GRAHAM NICOLSON

Christopher Nicolson, partner and fisherman at Iliamna Fish Company on Graveyard Point, in Bristol Bay, Alaska.

The Call of the Wild: Christopher Nicolson and the Story of Iliamna Fish Company

By John B. Thomas

Few animals have lodged themselves in the popular imagination as firmly as the determined salmon, tenaciously migrating upstream to its place of birth, surmounting obstacles both natural (waterfalls, bears) and man-made (dams, fishermen), all to pursue its innate biological instincts to reproduce. Its dual life, spending half its time independently roaming the open ocean, and then migrating hundreds or thousands of miles to the specific spot of its birth, has offered

cultures both ancient and modern a metaphor for the eternal conflict between independence and safety, a life of one's choosing and the inescapable pull of home.

Christopher Nicolson—professional fisherman and winemaker, Alaskan and Brooklynite, son, husband, and father—is one of the many whose lives have traced the mighty salmon's inspiring journey. Born in Montana, Christopher's mother is a native Alaskan whose family has been fishing the waters around Alaska's Bristol Bay

for, in Christopher's estimation, hundreds of years. Like the salmon he fishes, Christopher has been making the journey to the shores of Lake Iliamna—his family's ancestral fishing ground—every summer since he was a child.

Despite a meandering college education that stretched from four years to 10 in Oregon and Montana, and a winding path that led him to New York City, Christopher's connection to Alaska's salmon has never been stronger. As one of three co-founders of the Iliamna Fish

CONTINUED ON PAGE 2

Lady Plays the Blues

By Pat Smith

If you have seen Coop member and blues artist extraordinaire Mamie Minch perform, you were no doubt knocked out by her powerful presence, big voice and amazing steel resonator guitar. What you might not know is that Mamie doesn't only play the hell out of the guitar, she also lovingly brings it back to life at Brooklyn Lutherie, an instrument repair shop in the Gowanus district that she owns with business partner Chloe Swantner.

I met up with Mamie at her work bench, where she was taking apart a vintage Gretsch electric to replace a cracked nut, the bit that threads the strings onto the neck. "This is a Brooklyn guitar," Mamie said. "From Williamsburg; that's where Gretsch used to make them." She held up the cracked white piece. "And this little thing is made of cattle bone from China. If you source them back, you find out they came from the same place—one woman's shop." It's a bit of guitar lore Mamie can appreciate.

CONTINUED ON PAGE 3



PHOTO BY ALBIE MITCHELL

Blues guitarist and luthier Mamie Minch.

Next General Meeting on May 30

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The May General Meeting will be on Tuesday, May 30, at 7:00 p.m. at **St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.**

For more information about the GM and about Coop governance, please see the center of this issue.

Coop Event Highlights

Sat-Sun, • Food Drive to Benefit
Apr 29-30 CHIPS Soup Kitchen 9:00 a.m. - 7:00 p.m.

Thu, May 4 • Food Class:
Feeding the Self-Attacking Body 7:30 p.m.

Fri, May 5 • Film Night: In Our Backyard 7:00 p.m.

Tue, May 9 • Plow-to-Plate Film:
Soul Food Junkies 7:00 p.m.

Look for additional information about these and other events in this issue.

IN THIS ISSUE

Safe Food Committee Report	4
Puzzle	4
Exciting Workslot Opportunities	5
Welcome	7
Coop Calendar, Governance Information, Mission Statement	7
Calendar of Events	8
Letters to the Editor	10
Community Calendar	11
Classifieds	11
Thank You	12

Call of the Wild

CONTINUED FROM PAGE 1

Company, Christopher and his two cousins sell wild-caught sockeye salmon from their family's fishing grounds directly to consumers in Alaska, Oregon and now New York.

In operation since 2002, Iliamna Fish Company was one of the first fisherman-to-consumer producers, setting up a community-supported fishery model whereby consumers can purchase "shares" in an annual catch, which they receive each season.

"My family got into the fishing business the old-fashioned way: we had no choice," Christopher has said. And in many ways, that is the story of Iliamna Fish Company. Though the family had caught wild sockeye salmon for generations, in the mid 1990s farmed salmon had saturated the market, and so demand for wild salmon was way down, with prices around 50 cents a pound for local canneries (compared to \$16-20 per pound currently). Rather than sell their beautiful hand-caught fish at a loss, Christopher and his cousins decided to skirt the middlemen and sell straight to consumers whom they thought would pay for the high-quality seafood they were catching.

This gamble could have resulted in the end of their fishing enterprise but instead, after much hard work, it paid off. "We started just by knocking on folks' doors, and it was really slow for the first few years." But eventually, Christopher and his cousins—mostly through word of mouth—landed a few major buyers that put their enterprise on track for success. Caroline Fidanza of Diner and Marlow & Sons in Williamsburg, and Dan Barber of Blue Hill Stone Barns were early converts who helped catapult Christopher and his fish to a whole new level. Iliamna's products have been on the shelves of the Park Slope Food Coop since 2016.

While the story of Iliamna Fish Company's success can seem, in retrospect, like a predestined journey from humble beginnings to the rarefied circles of fine dining, that narrative belies a much deeper and more nuanced story of the fraught relationship between man and nature whose manifestation Coop members only see in the form of a beautiful, fresh wild salmon on our plates.

Christopher, his family and many other salmon fishermen live lives as dual as the fish they pursue, balancing risk and reward, adventure and safety, romance and reality.

"Some miserable June nights when the rain pounds the tin roof of my tiny cabin in Graveyard Point, Alaska, the radio coughs a warning: 'Seas to 10 feet, winds to 40 mph.' I pull on my foul weather jacket in the flickering light of a lantern and think back to Brooklyn. I wonder how quickly the Park Slope cocktail party smiles would fade and the 'Oh, I'm so jealous of your connection to the water' conversation would falter if the whole group, iPhones and all, were invited to trudge out on my skiff."

Christopher wrote these words, describing the duality of romantic simplicity and connection to nature alongside the danger and harshness that becomes his life during the six weeks in June and July that make up the salmon harvest. He and his family make the annual trip up to their 'Fish Camp' at a place called Graveyard Point—a place accessible only by boat or plane, with no running water, sanitation or electricity. "It's a beautiful and kind of mournful place all at once," said Christopher.

While the idea of living outside the range of cell service, drinking rainwater, and spending time with family in the wilderness may sound like a dream, this idyllic vision is bounded by the reality of an unforgiving environment with tides that can go up and down by 26 feet over the course of four hours, by having to be on-call 24/7 to be able to go out as soon as the Alaska Department of Fish and Game opens up the salmon fishery, and by the danger and tedium of what it takes for men and women to hunt and kill wild animals for a living.

And so it is perhaps unsurprising that Christopher, his family and many other salmon fishermen live lives as dual as the fish they pursue, balancing risk and reward, adventure and safety, romance and reality. For 10 months of the year Christopher works as a winemaker at Red Hook Winery. But come June and July you'll find him, his wife—and for the first time this year, his 8- and 10-year-old children—living the dual life of salmon fishermen.

This heritage—that Christopher received, that he will pass on to his children, and that he shares with PSFC members every day—is by no means guaranteed. Bristol Bay and the Alaskan salmon industry have been at the forefront of a raging debate about what responsible, sustainable seafood production looks like in the face of ever-increasing demands from a hungry world. With nearly 80% of the world's fish stocks overfished or fully exploited (meaning at risk of overfishing), the pressures of human consumption have resulted in collapsed fisheries from New England to Indonesia. Salmon in particular used to be plentiful along the Eastern coast of the United States and much of Western Europe. These runs are now all but extinct.

Fortunately and unfortunately, Bristol Bay remains an isolated island in an ocean of destruction. Because of the efforts of fishermen like Christopher and the many who came before him, all of the salmon fisheries in Alaska are strictly regulated, down to the size of the boat, the type of engine allowed, the method of catching the fish, and the legal permit to fish in the waters of Bristol Bay. And as a result, all of Alaska's salmon fisheries are certified by the Marine Stewardship Council, a marker of good management and positive environmental outcomes.



PHOTO BY ALASKA SEAFOOD MARKETING INSTITUTE

A cut of sockeye salmon from Iliamna Fish Company. The company supplies salmon for the Park Slope Food Coop.

And that is good news for Iliamna, and for Coop members. Once again, the mighty salmon has persevered, this time with the support of some determined fishermen and fish lovers. "I'm an equal opportunity fish

lover," says Christopher. For the world's oceans, rivers and lakes to continue providing delicious wild seafood now and for future generations, we all need to become equal opportunity fish lovers as well. ■

PLASTIC PACKAGING COLLECTIONS

2nd Wednesday of every month 3:45-6 p.m.

4th Saturday of every month 1:45-4 p.m.

Expanded Plastic Collection for Coop members

Please be prepared to show your Coop membership card.

Plastic bags/wrap/packaging from most products sold at the Coop—food and non-food.

Thin plastic film wrap—from notecards, tea boxes, pre-packaged cheese, household items, pet food, juice packs, etc.

Plastic roll bags distributed by the Coop—please use roll bags only as necessary, reduce usage whenever possible, and re-use any bags you do take before recycling.

NO food residue, rinse as needed.
Only soft plastic from Coop purchases.

We continue to accept the following from all community members:

Pre-sort and separate according to the categories below.

Toothbrushes and toothpaste tubes (any brand/size)

Baby food pouches and caps (any brand)

Energy bar wrappers (any brand)

Water filters (Brita and other brands) and other Brita branded filter products

Plastic re-sealable food storage bags, small Coop bulk bags, cling wrap

Cereal and cracker box liners (any brand)

Food residue and paper labels OK.
No shopping bags.

Donations in any amount are welcomed to help offset the cost to the Coop of this collection.

Interested in joining the squads that run the Wednesday/Saturday collection, or in starting a third collection time as your workslot? Contact Cynthia Pennycooke in the Membership Office.

For more information about Terracycle, visit terracycle.com

Questions about items we accept should be e-mailed to ecokvetch@yahoo.com



PHOTO BY CHRISTOPHER NICOLSON

Fishermen from Iliamna Fish Company setting nets on the beach for the nighttime high tide.

Lady Plays

CONTINUED FROM PAGE 1

From Making Prints to Making Music

Mamie channels the spirit of blues players from Mississippi and Memphis, but she grew up in Wilmington, Delaware, and came to New York by way of Columbus, Ohio. “I was a fine art major at the Columbus College of Art and Design, where I did printmaking and glass sculpture,” she said. “I came to the city as part of the New York Studio Program, where you work with a group of mentors and art critics. Jerry Saltz came and taught a class—it was really great! That was in 2002. After that, of course, it was pretty hard to go back to Ohio.”

Mamie’s focus soon shifted from fine art to the blues. “Instead of working really hard in a room by yourself

people who were also playing blues. I could compare notes on, say, the B section in this Mississippi John Hurt song—what do you think he’s playing there? I’d never had that before.”

Her Guitar Heroine

What female blues trailblazers were an inspiration? “Bessie Smith is a fascinating character, but she didn’t play guitar,” Mamie said. “I love her, but Memphis Minnie is really the one for me. She had a 40-year-long recording career. She could sing and play; she was really a one-woman show. She could take herself wherever she wanted to go, so she traveled quite a bit. She eventually moved to Chicago and opened a club called Blue Mondays. She would hold guitar-playing competitions. I think she won every time—maybe because she owned the

home at the end of the night. I can play a gig when I want; I can collaborate with whom I want. I feel I’m at a place where things might start developing. I have to write a chunk of new songs, make a new album. I’ll decide how much I want to push it, and see what happens.”

On the Job Training

Mamie came to guitar repair by necessity. “In my mid-20s, I broke a guitar and fixed it myself,” she said. “I had fallen asleep with my guitar in my bed, and I had a dream that I was ballroom dancing. I threw a leg out to do a pirouette, and wham! I kicked my guitar out of bed. It was this cool guitar from the 30’s, already pretty beat up, but, oh my god, there was a giant crack. I got some wood glue and fixed it, and I thought, okay, that was kind of cool. I started hanging out in a local vintage guitar shop and I got a job there. The learning curve was really steep. People go to school to learn to fix guitars. But they just threw me

in, you know, here you go, do this job 400 times, and do that job 400 times. I built up a skill set in that way.”

How did Brooklyn Lutherie come about? “My business partner Chloe and I were both working at Retrofret [a guitar repair shop] and at other shops around, and the industry is pretty heavily white men,” Mamie said. “We wondered, what if we opened up our own shop? What if there wasn’t this strange power dynamic, and we could do things we really wanted? And the response has been so positive. We’ve got so much work. You know, it’s Brooklyn—we get all kinds of people as clients, a beautiful array of musicians. Lots of women, POC, queer people, non-binary-presenting people, and we both really like that. We feel lucky that we can set up a space that’s open to people.”

What’s the story with her unusual metal guitar? “It’s from 1937, made by National and the model is called a Duolian,” Mamie said. “You

see the old guys playing them, and they’re often a bright, shiny-nickel silver. Mine happens to be painted faux wood, which is so weird. Piano finish, they called it. It’s just a heavy metal thing. If you get into a bar fight, you’re happy to have that. You win.”

Mamie Minch’s music is available on iTunes. She will be performing at Barbès on May 5 and June 17. Check the Barbès website for performance times. Send a note on Mamie’s Facebook page to get on her mailing list. Brooklyn Lutherie (brooklynlutherie.com) offers a full spectrum of repairs for acoustic and electric stringed instruments. ■



for a long time, and then, if you’re lucky, some people like what you made, it’s a different experience to make art in the moment in a room with people,” she said. “You have a sort of instant feedback loop. It was also interesting that, this music that I found so emotionally engaging and sustaining, energy-wise, I could make a little money at.”

Mamie discovered the music early on. “When I was probably eleven, I was poking around in a cool old record store and I found a Muddy Waters CD,” she said. “I’d heard of him, and there was a song on the record called ‘Mamie.’ I didn’t know anybody named Mamie. I just thought, yeah, Muddy Waters is singing to me. That’s when I started to learn to play guitar.”

“When I came to New York, it turned out there was this community of young

place. She was a petite person, and she would sit up on the bar and just play the s*** out of her little National electric. She played blues, her own songs, and popular tunes. She collaborated a lot, with different partners and lovers. She had three husbands, and was a better guitar player than each one. She was a boss.”

Did Mamie ever want a career like that? “I’m not cut out for it,” she said. “My personality craves a little more home life. I tour every once in a while. But I’m pretty picky. My career has been more of a personal journey than a public one, which I’m really thankful for.”

“That whole thing of needing the applause and relying on that for your own self-worth, you pay for it, you know? This is better. Now I’m a business owner. I can make my own hours, and I can go

Coop Job Opening: General Coordinator: Finance

The General Coordinating (GC) team is the Park Slope Food Coop’s top level of management. The GC team has responsibility for all aspects of the organization including long-term planning, financial stewardship, management of Coop daily operations including the member-labor system, and supervision of paid staff.

We are seeking a qualified applicant with excellent communication and organizational skills to join the GC team with specific responsibility in the financial area. The ideal candidate is a self-starter and critical thinker who will provide leadership in financial planning, contribute to varied non-financial projects within the GC team, and be open to working in a cooperative, collaborative environment.

Specific Responsibilities including, but not limited to:

- Financial reporting which includes statement preparation every four weeks for presentation to the general meeting and for internal purposes
- Ability to summarize, analyze, and communicate financial data in an organized, concise manner
- Oversee and manage the integrity and reconciliation of our accounting system, Acumatica, and involvement in any decisions regarding upgrades or replacement
- Shared oversight of the Coop’s bookkeeping functions
- Financial analysis such as vendor purchases, department analysis, and other such needs
- Formalization and implementation of the Coop’s internal financial controls and auditing
- Formal liaison to and responsibility for all financial accounts; includes interfacing with state and federal agencies and participation in yearly audits
- Financial liaison to and the provider of data required by our membership in the National Cooperative Grocers organization

Required:

- At least 5 years work experience in business
- Comprehensive knowledge of Accounting principles
- Strong business & financial analysis skills; preparation/analysis of financial statements
- Facility with numbers and talent with advanced Excel techniques
- Experience managing multiple priorities, working under pressure, and meeting tight deadlines
- Strong interpersonal skills

Desired Experience:

- Degree in Business
- Experience in the grocery or retail industry, and familiarity with trends
- Demonstrated leadership and supervisory skills
- Ability to utilize technology and systems in the workplace and be able to contribute suggestions for improvements
- Interest in and knowledge of the sustainability of our food production and environmental impact
- Experience in a cooperative or collective organization, including working collaboratively with others on group projects

Work Schedule

Average workweek of 45-50 hours, including availability as needed for evening and weekend work and meetings

Salary

The General Coordinator salary is \$91,988.

Benefits

Generous benefits package including health, dental, and a defined benefit pension plan

How to Apply

Please send a cover letter, résumé, and three professional references to:

pc.psf@gmail.com and go to **http://bit.ly/FinanceGC** to complete a short questionnaire.

No phone calls please. Applicants will receive an e-mail acknowledging receipt of their materials. Applications will be reviewed on a rolling basis and will continue until the position has been filled.

The Park Slope Food Coop is an equal opportunity employer.

SAFE FOOD COMMITTEE REPORT

Plow-to-Plate Movie Series Presents: Soul Food Junkies

By Adam Rabiner,
Safe Food Committee

Filmmaker Byron Hunt's central question in his documentary about America's relationship to soul food is "Are we addicted to it? Are we a nation of soul food junkies?" Byron grew up eating soul food until he rebelled in college. While remaining Christian, he was deeply influenced by Nation of Islam leader Elijah Muhammad's book, *How to Eat to Live*, which rejected tobacco, alcohol, pig, and advocated fasting and eating only one meal a day.

Byron later became fascinated with this question after his soul food loving father, Jackie Hunt (Pops), died of pancreatic cancer in 2007 at 63. In the film, he goes to the Deep South (retracing childhood family road trips from New York City to Milledgeville, Georgia) interviewing the food's fans, both black and white, as well as its detractors, like comedian Dick Gregory, founder of Health Enterprises, Inc. He visits a college football tailgate party in Jackson, Mississippi, where a group

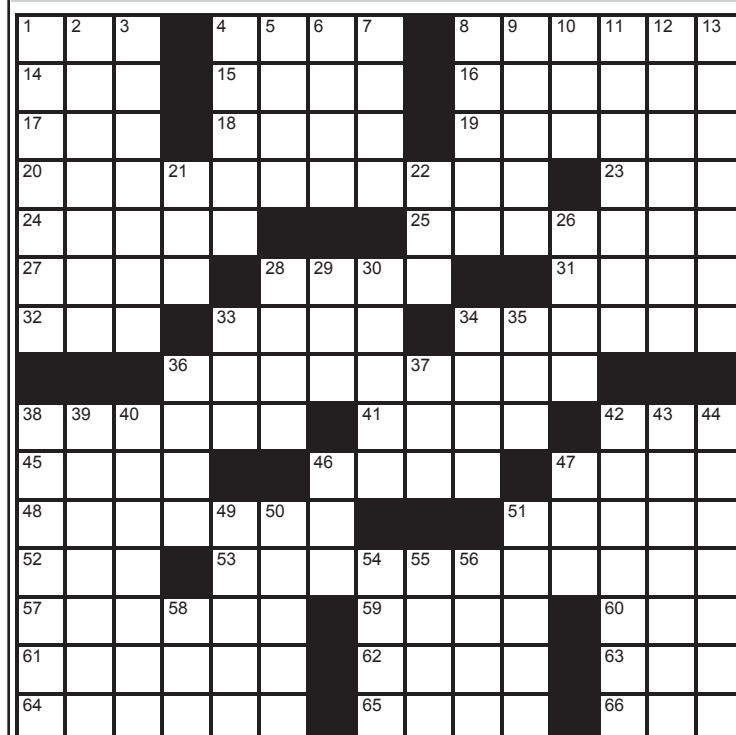
of celebrants gathered hours before the game. Displaying typical southern hospitality, a reveler asked him to try something from the "junk pot," a simmering stew containing corn, potatoes, pig ears and feet, and turkey neck. "I'm good" Byron declares, to little avail. Eventually, after much pressure, he reluctantly retrieves from the kettle the least offending item he can find, a greasy corn on the cob, which is still not good enough for the gathering crowd, one of whom orders, "Get that turkey neck." Finally he gives in and takes a tentative bite, confessing, "It was delicious."

And that is the thing about many foods that are bad for you. They taste good. *Soul Food Junkies* begins by describing Byron's childhood diet: grits, bacon, eggs and cheese, corn bread and toast lathered in butter, sweet potato pie. This is comfort food. To Byron and others it is deeply associated with family and friends, home, childhood, church, Sunday mornings, connections, traditions. It was hard for young Byron to leave this behind and his father, despite gradually growing heavy and sick from this diet, was never able to give it up. In fact, he took his son's rejection of this food personally and it became a long-standing source of friction between them.

Soul Food Junkies explores the personal story in home-movie footage and current interviews with his mother (who has learned to prepare soul food in a healthier way), his sister, who is now the most health conscious member of the family, and his father's younger brother, Tony, who grows his own vegetables without the use of chemicals. The film seamlessly weaves history into this personal narrative as it delves into soul food's roots in Africa and the Caribbean. Soul food gradually migrated from the slave kitchen to become part of a southern culinary culture enjoyed by both blacks and whites alike.

Towards the end of the film, *Soul Food Junkies* covers more mainstream and familiar topics such as the larger problem of food deserts which it daringly decries as institutional racism and 21st genocide, echoing Elijah Muhammad's derisive comments about

Crossword Puzzle



Across

1. Locale for cranberries
4. D-worthy
8. He sets up shots
14. Donator of Lennon's home to the National Trust
15. "Actually, yeah, that's stupid"
16. Weather phenomenon named for baby Jesus
17. Chaim Potok's "My Name Is Asher _____"
18. New York Times columnist Collins
19. Throw at
20. Think you can name a key figure in a 1980s political scandal? You're ON!
23. Browning who directed "Dracula," 1931
24. Fortuneteller's deck
25. Pep Boys purchase
27. _____ instant
28. Guys' partners
31. Actress Skye of "Say Anything ..."
32. Electric _____
33. Actress Bryant of "SNL"
34. Set up, as pool balls
36. Think you can name the poet who wrote "Parsley/Is gharsley"? You're ON!
38. "We can talk now"
41. "Dang it!"
42. Pokémon Go, e.g.
45. Bathroom powder
46. Penny
47. "No _____!"
48. Literally, "lion dog"
51. URL opener indicating an additional layer of encryption
52. Napkin's place
53. Think you can name the preeminent sitcom dad of the 1950s? You're ON!
57. Herb who played "Tijuana Taxi"
59. Family
60. "_____ Maria"
61. Links with
62. Mideast ruler
63. _____ Alcindor (Kareem Abdul-Jabbar's birth name)

64. Part of a cold-weather cap
65. "Finding _____" (2016's top-grossing film)
66. 24/7/365 facilities

Down

1. Bit of attire for Roy Rogers
2. Like some rural bridges
3. Really take off, in a way
4. Sound of the Northwest
5. Sharif of "Doctor Zhivago"
6. Getting _____ years
7. Hershey chocolate-and-caramel candy
8. Actress Davis of "Now, Voyager"
9. Warm welcome?
10. Staffers in 66-Across
11. Identified wrongly
12. Fats Domino's real first name
13. Messed around instrumentally
21. The "V" of fashion's "DVF"
22. Some QB protectors
26. High in calories
28. 1947 French Nobel laureate André
29. Suffix with Gator or Power
30. Mrs. Dick Cheney
33. Time of one's life?
34. Heavy metal band named for a rodent
35. Fool
36. Philharmonic grp.
37. Sister
38. "I really should be going"
39. Jackson dubbed "Queen of Gospel"
40. Old TV series set in Coral Key Park
42. Place to buy prints
43. Puffy pastry
44. Judy Woodruff's employer
46. Slangy response to "Why?"
47. Jim Bakker's _____ Club
49. Trattoria dessert
50. Last band in the Rock and Roll Hall of Fame, alphabetically
51. Fonda of "12 Angry Men"
54. Like some tea
55. Friend of Zoe and Abby
56. "We wear short shorts" brand
58. Immigrant's class: Abbr.

Puzzle author: David Levinson Wilk. For answers, see page 11.



Tip of the MONTH!

Politics got you worried about climate change?

Whatever you're doing about the big picture, here's something you can do at home:

Use the EPA's Household Carbon Footprint Calculator to estimate your household greenhouse gas emissions—it will help you understand where your emissions come from and identify ways to reduce them. You can find the calculator here: <https://www3.epa.gov/carbon-footprint-calculator/>

Learn more at:
ecokvetch.blogspot.com

soul food being slave's food. It briefly explores solutions such as urban gardens and experiments like bodegas serving fresh fruit.

Byron finally concludes that indeed a substantial number of Americans are "Soul Food Junkies." But this need not be a prescription for poor health. As Byron's mom prepares skinless grilled chicken, makes collard greens without the ham hocks, sautés spinach and steams brown rice, you realize that Americans, with

some minor tweaks to traditional recipes, can have their cake and eat it too. ■

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com, which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

Soul Food Junkies will be presented on Tuesday, May 9, 7 p.m. at the Park Slope Food Coop, 782 Union St., 2nd floor. Free and open to the public. Refreshments will be served.

★ ★ ★ ★ ★ ★ **EXCITING WORKSLOT OPPORTUNITIES** ★ ★ ★ ★ ★ ★

RECEIVING PRODUCE**Monday–Friday, 5 to 7:30 a.m.**

The Coop is looking for members to work in the produce area. Responsibilities include: lifting boxes, unloading deliveries, stacking boxes in the basement. You should be willing to get or have wet hands while you are working. Boxes usually weigh between 2-20 lbs., a few may weigh up to 50 lbs.

OFFICE SET-UP**Monday–Friday, 6 to 8:30 a.m.**

Need an early riser with lots of energy to do a variety of physical tasks including: setting up tables and chairs, buying food and supplies, labeling and putting away food and supplies, recycling, washing dishes and making coffee. Sound like your dream come true? This job might be for you. Please speak to Jana in the Membership Office for more information.

PARM SQUAD**Thursday, Friday, Saturday, Sunday, various times**

This shift requires extensive training with a member of the paid staff, and therefore requires a six-month commitment. You must have good attendance to join this squad and must be a member for at least six months. As a member of the PARM Squad, you'll prepare designated cheeses for sale. You should be fit enough to cooperate with other members to lift 90 lbs. (a wheel of parmesan). Involves also cutting hard cheese, moving in and out of the cooler. All members of the

squad must follow the hygiene and safety guidelines as stipulated in the Food Processing manual. Please provide your e-mail address to be added to the shift-swapping contact list. Interested members must speak to Britt before joining this squad: britt_henriksson@psfc.coop.

TERRACYCLE COLLECTION**Second Wednesday of the month, 3:30 to 6:30 p.m.****Fourth Saturday of the month, 1:30 to 4:30 p.m.**

The TerraCycle Collection is expanding, and we need your help! If these shift times do not work for you to become a squad member, we still want to hear from you, as we are very interested in adding new collection times. Dedicated FTOP workers are also welcome—if you can be on a shift more times than not, we would definitely welcome you on shifts as much as you can schedule with us. Shifts are very stable, 12 shifts per year, no moving around the calendar based on work week A, B, C, or D. Shifts are set for a particular day/time of the month and do not change. Enjoy working your shift with like-minded environmentally conscious Coop members, members you work with and members who drop off their recyclables. This shift is a very feel-good shift, knowing you are making a difference and helping members to make a difference in improving our environment. The shift tends to go quickly as the collection is well-received by members, and we tend to be busy throughout the shift. For most of the year, the collections are held outside and shift workers enjoy fresh air. You will get your hands dirty—not unlike work on other shifts. We have gloves available and you can go in periodi-

cally to wash your hands in the bathroom. There will be a few shifts where weather may be of concern. We have a policy to address hot, rainy, or frigid weather with consideration to workers' comfort. More details are available if interested. The work of the shift does require a fair amount of standing and some light lifting. At the end of each shift we carry or cart the boxes to the UPS store on Flatbush and Seventh Aves. If interested, contact Cynthia Pennycooke in the Membership Office: 718-622-0560. Inquiries can be sent to rosenyny@gmail.com. For more information about TerraCycle, visit terracycle.com.

STORE EQUIPMENT CLEANING**Monday, Friday, 6 to 8 a.m.**

This job involves meticulous deep cleaning of the store's checkout equipment and furniture. Workers are required to read and follow detailed instructions for cleaning the scales, printers, and monitors as well as cleaning the furniture and organizing checkout worker's tools and supplies. Must arrive on time at 6 a.m. Please report to Cynthia Pennycooke on your first work shift.

BATHROOM CLEANING**Tuesday, 12 to 2 p.m.**

Work with a partner to deep clean the Coop's bathrooms. Tasks include scrubbing floor tiles, cleaning toilets, mopping floors and stocking the bathrooms. You will work with only natural cleaning products. This job is perfect for members who like to clean and are conscientious about doing a thorough job.

HELP ADVANCE

a cooperative city by joining
the Cooperative Economics
Alliance of NYC FTOP squad!

We're seeking Coop members who reflect the diversity of the Coop and have the following skills: Wordpress and CiviCRM development, event production, film production, community organizing, nonprofit fundraising, and blogging.

Work with a committed team of PSFC members and support the growth of coops and social justice in the five boroughs. E-mail a short cover letter stating your interest, skills, and experience with FTOP, and a resume to organize@gocoopnyc.com by March 31.



STATEMENT ON THE COOPERATIVE IDENTITY

DEFINITION

A cooperative is an autonomous association of persons united voluntarily to meet their common economic, social, and cultural needs and aspirations through a jointly owned and democratically controlled enterprise.

VALUES

Cooperatives are based on the values of self-help, self-responsibility, democracy, equality, equity and solidarity. In the tradition of their founders, co-operative members believe in the ethical values of honesty, openness, social responsibility and caring for others.

PRINCIPLES

The cooperative principles are guidelines by which cooperatives put their values into practice. The International Cooperative Alliance adopted the revised Statement on the Cooperative Identity in 1995.

They are as follows:

1. Voluntary and Open Membership
2. Democratic Member Control
3. Member Economic Participation
4. Autonomy and Independence
5. Education, Training and Information
6. Cooperation Among Cooperatives
7. Concern for Community

REFERENCE: ICA.COOP

LINEWAITERS' GAZETTE

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215, 718-622-0560. Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles and letters from members.

SUBMISSION GUIDELINES

The *Gazette* will not knowingly publish letters, articles or reports that are hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative.

The *Gazette* welcomes Coop-related articles, letters and committee reports from members that follow the published guidelines and policies. The following is a summary—please see the detailed guidelines for each type of submission on the Coop website: www.foodcoop.com.

All submissions must include author's name, phone number and e-mail address, conform to the following guidelines and to the Fairness, Anonymity and Respect policies. Editors will reject letters, articles and reports that do not follow the guidelines or policies. Submission deadlines appear each edition in the Coop Calendar section.

For topics that generate a large number of submissions (letters or Member Articles) serially and continuously over an extended period of time, the *Gazette* will not necessarily publish all submissions, but the editors will use their editorial discretion to select a small number of submissions (whether letters or Member Articles) from each side as representative of that viewpoint of the issue. The selected submissions will also adhere to the current guidelines of civil discourse and should serve to advance the discussion in new ways.

You may submit on paper, typed or very legibly handwritten, or via e-mail to GazetteSubmissions@psfc.coop or on disk.

Letters: Maximum 500 words.

Voluntary Articles: Maximum 750 words. A Voluntary Article is held to a higher standard than a letter and must meet at least the following criteria: A Voluntary Article must analyze the topic it is discussing; it must present accurate, verifiable corroboration for factual assertions; it can criticize but not attack Coop practices and personnel; if critical it must present positive solutions; it cannot be solely or mainly opinion. It must strive to make a positive contribution to the understanding of the reader on a topic. If a submitted Voluntary Article is substantially opinion, it must be re-submitted, under 500 words, as a Letter to the Editor, possibly to a future issue. Editors will reject articles that are essentially just advertisements for member businesses, those of family and friends of members, solely expressions of opinion or that do not follow the guidelines and policies.

Committee Reports: Maximum 1,000 words. Reports must follow the published guidelines and policies.

LETTERS, ARTICLES AND REPORTS SUBMISSION POLICIES

Letters must be the opinion of the letter-writer and can contain no more than 25% non-original writing.

All submissions must be written by the writer. Letters or articles that are form letters, chain letters, template letters or letters prepared by someone other than the submitting member will be rejected.

Letters, articles and reports must adhere to the Fairness, Anonymity and Respect policies. They cannot be hateful, needlessly inflammatory, discriminatory libelous, personal attacks or make unsubstantiated claims or accusations or be contrary to the values of the Coop as expressed in our mission statement.

All submissions must be legible, intelligible, civil, well and concisely written with accurate, attributed, easily verifiable statements of facts separated from opinions.

Letter and article writers are limited to one letter or article per issue.

Letter and article writers cannot write gratuitous serial submissions. Editors may reject submissions to consecutive editions of the *Gazette* on the same topic by the same writer.

Editor-Writer Guidelines: All submissions will be reviewed and, if necessary, edited or rejected by the editor. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any questions or proposed editorial changes. Writers must be available to editors to confer about their submissions. If a writer does not respond to requests for editorial changes, the editor may make the changes without conferring with the writer, or reject the submission. If agreement between the writer and the editor about changes does not occur after a first revision, the editor may reject the submission, and the writer may revise and resubmit for a future issue.

FAIRNESS, ANONYMITY AND RESPECT POLICIES

In order to provide fair, comprehensive, factual coverage:

Fairness

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are unnecessary, not specific or are not substantiated by factual assertions. The *Gazette* will not publish gratuitous personalization. That is, no unnecessary naming of Coop members in polemical letters and articles. Writers must address ideas not persons.

3. Submissions that make substantive accusations against specific individuals, necessary to make the point of the submission and within the Fairness, Anonymity and Respect policies will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

Anonymity

Unattributed letters will not be published unless the *Gazette* knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Respect

Submissions to the *Gazette* must not be hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative. They may not be personally derogatory or insulting, even when strongly criticizing an individual member's actions.

The *Gazette* is a collaboration among Coop members. When submitting, please consider the impact of your words on the writers, editors and production staff who use our limited workslot time to try to produce an informative and cooperative publication that reflects the values of our Coop community.

Printed by: Tri-Star Offset, Maspeth, NY.

Friday, May 19, 8:00 p.m.

The Brooklyn Society for Ethical Culture
and the Park Slope Food Coop present:



PROSPECT CONCERTS



SAMBA!! Groove to the music of women rockin' the house with the pulsing sounds of Carnaval! Members of Paprika and Batala join forces to celebrate the lilting melodies of Bossa Nova, the heart-thumping rhythms of Samba and the dare-you-to-stay-seated sway of Samba Reggae. The space will be set up for dancing and grooving, to have everyone moving to the national rhythms of Brazil. Beckoned back for the fourth year, your power-bateria for the evening is: **Robin Burdulis, Terry Dame, Viva DeConcini, Dawn Drake, Deinya Phenix** (with special Batala guests), **Vanessa Roe, Rita Silva** and **Michelle Williams**.

www.facebook.com/ProspectConcerts

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45]
Performers are Park Slope Food Coop members and receive Coop workslot credit.
Booking: Bev Grant, 718-788-3741

RETURN POLICY



The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN

1. The Paid-In-Full receipt **MUST** be presented.
2. Returns must be handled within 30 days of purchase.

CAN I EXCHANGE MY ITEM?

No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Bulk* (incl. Coop-bagged bulk)
Cheese* Seasonal Holiday Items
Books Special Orders
Calendars Refrigerated Supplements
Juicers & Oils
Sushi *A buyer is available during the week-days to discuss your concerns.

**NEVER
RETURNABLE**

Refrigerated Goods (not listed above)
Frozen Goods
Meat & Fish
Bread

**RETURNABLE
ONLY IF SPOILED
BEFORE
EXPIRATION DATE**
Packaging/label
must be present-
ed for refund.

Items not listed above that are unopened
and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office.

This Issue Prepared By:

Coordinating Editors: Erik Lewis

Joan Minieri

Editors (development): Dan Jacobson

Carey Meyers

Reporters: Patrick Smith

John B. Thomas

Art Director (development): Michelle Ishay

Illustrators: Paul Buckley

Michael J. Cohen

Photographer: Shia Levitt

Ingsu Liu

Thumbnails: Mia Tran

Photoshop: Fanny Gotschall

Preproduction: Tuesday Smillie

Art Director (production): Matthew Landfield

Desktop Publishing: Beverly Brooks

Midori Nakamuri

Diane Quick

Editor (production): Michal Hershkovitz

Final Proofreader: Nancy Rosenberg

Puzzle Master: David Levinson-Wilk

Index: Len Neufeld

Advertisement: Mary Robb

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Mireya Acierto	Madeleine Campbell	Peter Frost	Alexandre Kotlarevsky	Matthew Robison	Stephanie Strauss
Emman Agawa	Cassandra Carillo	Maria Garcia	Holly Lauridsen	Dany Roumain-Kalim	Viles Sydney
Mary Agramonte	Claudia Castillo de la	Thomas Green	Kristen Lembo	Aliffer Sabek	Josephine Thiele
Aidan Agramonto-	Cruz	Alan Grubner	Samantha Liskow	Magdalena Santos	Cindy Tran
Hynes	Amuche Chukudebelu	Chelsea Haynes	Megan Messina	Sydney Sasanow	Brooke Tucker
Julia Arens	Antoinette Chukudebelu	Thushara Hewage	Tara Montgomery	Kristin Schieback	Pete Valenti
Michelle Bae	Yukhym Chupakhin	Jonah Isenstein	Laura Mumm	Marjorie Schwartz	Andrew Warman
Noam Bar-Zemer	Narina Danielean	Nigel Jankelson	Jake Namaroff	Jason Schwartzman	Elizabeth Watson
Toby Barraud	Katherine Derbyshire	Jake Jeppson	Shilpa Narayan	Lisa Sirabella	Shay Wetzer
Elizabeth Bidart	Ada Desmond	Michael Jerdan	Rachel Natov	Jessica Slattery	Ellen Winner
Saga Blane	Kate Diago	Hanna Kang-Brown	Jeffrey Nelson	Travis Smith	Lana Worrell
Ezra Bookman	Jessica Egan	Jacob Kang-Brown	Michael O'Gorman	Adeline St. Hilaire	Jiyeon Yeom
Fiona Brown	Bryan Etkie	Daniel Keniger	Eric Rasmussen	Ricky St. Hilaire	Murielle Zinsou
Scott Buell	Enrico Farello	Marine Kiesel	Mark Richardson	Serge St. Hilaire	Suraiya Zubair Bann
Brittany Button	Elizabeth Ferguson	Artyom Kolodeznoy	Bree Riley	Zachary Stehura	

COOP CALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

The fourth FRIDAY of the month at 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/community-media/bcat-tv-network.

General Meeting Info

TUE, MAY 2

AGENDA SUBMISSIONS: 7:30 p.m.
Submissions will be considered for the May 30 General Meeting.

TUE, MAY 30

GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

May 11 issue: 12:00 p.m., Mon, May 1
May 25 issue: 12:00 p.m., Mon, May 15

CLASSIFIED ADS DEADLINE:

May 11 issue: 7:00 p.m., Wed, May 3
May 25 issue: 7:00 p.m., Wed, May 17

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on foodcoop.com and at every General Meeting.

Next Meeting: Tuesday, May 30, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

St. Francis Xavier School, 763 President Street, between Sixth and Seventh Aves.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Submit Open Forum items • Explore meeting literature

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on foodcoop.com and may also appear elsewhere in this issue.

Wrap Up (9:30-9:45) • Meeting evaluation • Board of Directors vote • Announcements, etc.

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

• Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby or sign-up at foodcoop.com. The sign-ups sheet is available all month long, except for the day of the meeting when you have until 5 p.m. to sign up. On the day of the meeting, the sign-up sheet is kept in the Membership Office.

Some restrictions to this program do apply. Please see below for details.

• Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

• Squads eligible for credit:

Shopping, Receiving/Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

• Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

• Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

• Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

park slope
FOOD COOP

calendar of events

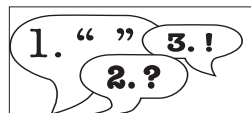
apr 29-30
sat-sun 9 am-7 pm

Food Drive to Benefit CHIPS Soup Kitchen

CHIPS Soup Kitchen, located at Fourth Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHIPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

may 2
tue 7:30 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com.

The May General Meeting will be held on Tuesday, May 30, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

may 4
thu 7:30 pm

Food Class: Feeding the Self-Attacking Body



Research shows there is a clear connection between diet and autoimmune disease, and many have used these principles to heal their bodies from these debilitating conditions and their accompanying symptoms. Learn about the Autoimmune Protocol—what it is, why it works, and which foods you should eat and avoid while on the elimination diet. We will make a sampling of simple, delicious recipes using nutrient-dense whole foods that will heal and nourish you without the stress, or the blandness, of an allergen-free diet. Chef **Annie Kunjappy** is a dietary consultant, teacher and private chef. She trained at the Natural Gourmet Institute for Health and Culinary Arts and taught in the Chef's Training Program for three years. Her approach to food and healing is informed by Ayurveda, Traditional Chinese Medicine, Macrobiotics and western nutritional science. *Menu includes: roasted cauliflower & pine nut pilaf with star anise-infused bacon/toasted dulse; shirataki noodles in savory bone broth with shiitake mushrooms, bitter greens & ginger-shallot jam; aromatic coconut, yam & taro root pudding.* **ASL interpreter may be available upon advance request. If you would like to request an ASL interpreter, please contact Jason Weiner in the Membership Office by April 20.**

Materials fee: \$4. Food classes are coordinated by Coop member Olivia Roszkowski. To inquire about leading a Food Class, contact Olivia Roszkowski at parkslopefoodclass@gmail.com.

may 5
fri 7 pm

Film Night: In Our Backyard



An investigative look into the widely unknown and unspoken world of sex trafficking in Brooklyn, documenting the emotional stories of three recent survivors while also presenting the work of heroic aid organizations, law enforcement agencies and politicians. The film aims to raise awareness and fight this serious epi-

demic. Brought to you by CreatingResonance.com. **Danielle Rose**, 26, is an award-winning filmmaker born and raised in Brooklyn. She is a journalist, documentarian, photographer and fine artist. *In Our Backyard* is her first documentary, currently in the film festival circuit having won three awards, the most recent being "Best Feature Documentary" at the Big Apple Film Festival. She just received her Master of Science Degree at Columbia University's Graduate School of Journalism and in addition the "Documentary Project" specialization.

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

may 9
tue 7 pm

Safe Food Committee Film Night: Soul Food Junkies



Filmmaker Byron Hurt grew up eating lots of soul food: grits and scrambled eggs with cheese, buttered biscuits with gravy, bacon. Soul food is a source of pride for many black people and can be good for you. But it can lead to obesity and other health issues. In *Soul Food*

Junkies, Hurt sets out on a historical and culinary journey to learn more about this tradition's relevance to black cultural identity. Through candid interviews with cooks, historians, scholars, doctors and family members, the film puts this culinary tradition under the microscope to examine both its positive and negative consequences.

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

may 12
fri 7-9 pm

FUN Committee: Open Mic Night



Tragedy, comedy, music, poetry...and that's just the beginning! Come to an "Open Mic Night" at the Old Stone House, 336 Third St., Brooklyn, to listen, speak, sing and who knows what else?

Event takes place at the Old Stone House, 336 Third St., Brooklyn. Admission is \$5.

may 12
fri 7 pm

Wordsprouts: A Podcasting Primer



Larissa Anderson is an editor and senior audio producer at *The New York Times*. She came to the *Times* after working at Gimlet Media on the show "Undone." Prior to that, Larissa was in public radio for almost 11 years—executive producer of "The Dinner Party

Download," co-created "Wits," developed and launched "Marketplace Tech Report," worked on a bunch of other things. She also supported development of new on-demand programs. **Julia Barton** is the editor of Malcolm Gladwell's podcast "Revisionist History" from Panoply media and the Slate series "Placemakers." She's also been a broadcast editor for PRI's "The World" and American Public Media's "Weekend America." Her work has appeared on WNYC's Radiolab and Studio 360, as well as "99% Invisible," "Life of the Law," and other programs. **Curtis Fox** is a veteran podcast producer with deep roots in public radio. He has produced everything from radio drama and comedy to personal essays and documentaries. He originated four podcasts for *The New Yorker*, including "The New Yorker Fiction Podcast," and he hosts and produces "Poetry Off the Shelf" and "The Poetry Magazine" podcast. His current clients include the Poetry Foundation and *Esquire* magazine. **Anne Pope** is an audio engineer, sound editor, radio/podcast producer, and educator who has been making media in New York City for more than 20 years. Her work

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

apr 29–jun 27 2017

encompasses music engineering for artists ranging from Philip Glass to Queen Latifah; editing sound and music for numerous narrative films and documentaries (*The Big Lebowski*, *Born Into Brothels*); and mixing news features at New York Public Radio's WNYC.

Bookings: John Donohue, wordsproutspsf@gmail.com.

may 13
sat 12–1 pm

Move Better, Feel Better, Live Better!

Learn about the practical approach to eliminating pain and tension based on the Feldenkrais method of somatic education. Thanks to its non-corrective nature, this work is more gentle and more effective than massage or physical therapy in facilitating lasting improvements. In this workshop you will have an opportunity to experience the benefits of the method firsthand through group exercises and personalized hands-on mini-sessions. People of all levels of fitness and ability can benefit. **Igor Shteynberg**, Feldenkrais Practitioner and a Coop member, whose goal is to help people feel better naturally and enjoy their daily life without being distracted by pain and tension. His clients appreciate his ability to relate to their concerns, as well as his patience and care in helping them improve how they feel on a daily basis.

may 19
fri 8 pm

Samba



SAMBA!! Groove to the music of women rockin' the house with the pulsing sounds of Carnival! Members of Paprika and Batala join forces to celebrate the lilting melodies of Bossa Nova, the heart-thumping rhythms of Samba and the dare-you-to-stay-seated sway of Samba Reggae. The space will be set up for dancing and grooving, to have everyone moving to the national rhythms of Brazil. Beckoned back for the fourth year, your power-bateria for the evening is: **Robin Burdulis, Terry Dame, Viva DeConcini, Dawn Drake, Deinya Phenix** (with special Batala guests), **Vanessa Roe, Rita Silva** and **Michelle Williams**.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.



may 21
sun 12 pm

Don't Make Pain the Enemy

Led by Coop member **Dan Cayer**, an Alexander Technique and meditation teacher, this workshop will teach you how true pain relief and sustainable posture are not the result of struggle and vigilance. In fact, our efforts to

micromanage our pain and posture only make things worse. You will learn how to tap into your body's natural structure and wisdom through group exercises and individual hands-on adjustments. Creating an attitude of openness and curiosity paves the way for true healing. By learning to not micromanage our body, we discover our body's natural intelligence and posture. The Alexander Technique and mindfulness will be applied to help you directly contact innate healthiness and ease, without having to try to be "better." These are practices and an attitude shift that you can take with you long after the class. The goal is not to stay the same forever, rather that when we stop resisting the present moment, we truly begin to change.

may 24
wed 7 pm

Learn About Cheese At the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional **Elena Santogade**. Join us as we taste through a different regional selection this month; learn about the history, geography and cheesemaking practices from around the world. Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.

may 30
tue 7 pm

PSFC MAY General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

Meeting location: St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

may 30
tue 7:30 pm

Buddhism 101

This will be an overview of the essential teachings of Shakyamuni Buddha, shorn of the ritual and cultural accretions that arose when Buddhism migrated from India to Tibet, China, Japan and Southeast Asia. Arriving in the West in the late '60s–early '70s, it has now become a more-or-less familiar presence, particularly with respect to the "mindfulness" practices and the notion of karma (often misunderstood) that are part of its heritage. If Buddhism is indeed a "science of mind" rather than a religion, as some teachers assert, what makes it so? **Allan Novick** has practiced meditation since 1975. He is a meditation instructor at the New York Shambhala Center and Nalandabodhi New York and has taught meditation at corporate venues. He lives in Park Slope, has been a Coop member for many years, and is a retired school psychologist.

still to come

jun 2

Film Night

jun 13

Plow-to-Plate Film

jun 6

Agenda Committee Meeting

jun 24–25

Food Drive to Benefit CHIPS Soup Kitchen

jun 9

Wordsprouts

jun 27

PSFC JUNE Annual & General Meeting

LETTERS TO THE EDITOR



HOW THE GAZETTE EDITORS IGNORE THEIR GUIDELINES

TO THE EDITORS,

The following *Gazette* guidelines have been repeatedly violated:

(1) The *Gazette* welcomes Coop-related articles and letters from members: The Israeli/Palestinian conflict has virtually no relevance to the Coop, certainly none proportionate to the extensive, relentless coverage that began at the dawn of 2009 and continues to this day. The supposed relevance is based on a claim that the Israeli SodaStream company exploits its employees and should be boycotted, but not one letter (nor the related 2015 GM discussion) produced a scintilla of credible evidence to warrant a boycott.

(2) For topics that generate a large number of submissions... serially and continuously over an extended period of time, the *Gazette* will not necessarily publish all submissions: The 4/13/17 edition includes the 48th letter alleging that Israel deprives Palestinians of water, a topic addressed in letters published on 6/17/10, 2/9/12, 2/23/12, 3/22/12, 4/19/12, 5/17/12, 8/9/12, 8/23/12, 9/6/12, 10/4/12, 11/15/12, 11/29/12, 12/13/12, 1/24/13, 3/21/13, 4/4/13, 5/16/13, 6/13/13, 8/8/13, 8/22/13, 9/5/13, 9/19/13,

11/28/13, 2/20/14, 3/6/14, 4/3/14, 5/1/14, 5/15/14, 8/21/14, 9/4/14, 6/11/15, 4/28/16, and 4/13/17, all by a single member, plus 15 written by others: 3/26/09, 2/24/11, 8/11/11, 9/8/11, 9/22/11, 3/22/12, 4/19/12, 4/2/13, 5/30/13, 8/22/13, 3/20/14, 10/31/14, 1/24/15, and 5/12/16. (The claim was rebutted in the *Gazette* on 5/16/13: "Israeli-Palestinian Water Cooperation". (Interested parties may also refer to http://missingpeace.eu/en/wp-content/uploads-pmpeace1/2013/01/MT_Lauro-Burkart.pdf)

(3) The *Gazette* will not knowingly publish letters, articles or reports that are hateful,... inflammatory or needlessly provocative: The goal of the BDS movement is to demonize and delegitimize the State of Israel. The allegations repeatedly published are repellent to many Jewish and Israeli members, and viewed as nothing but hateful, inflammatory and provocative. Both the European Union and the American State Department characterize delegitimizing and holding Israel to a higher standard than any other nation as forms of anti-Semitism (<https://antisemitism.uk/definition/> and <https://www.state.gov/s/rga/resources/267538.htm>), facts previously reported herein but consistently ignored by those

who should assure a civil, welcoming experience to all Coop members: the editors, coordinators, Agenda Committee, Chair Committee, Diversity and Equality Committee, the Board of Directors and the Disciplinary Committee. The Coop's craven, relentless promotion of BDS suggests an egregious disrespect toward the offended population.

Out of hundreds of American food coops only a few have considered boycotting Israel. As reported in the 9/8/11 *Gazette*, all but one summarily and wisely dismissed such offensive proposals. Nor has any university where students or faculty voted to boycott Israel implemented such a boycott. The BDS campaign, aggressively promoted at this Coop, serves only to indoctrinate individuals and groups possessed by an abiding sense of victimhood and in need of a scapegoat, highly susceptible to the historical and currently resurgent global animus toward Jews and therefore Israel, a state and a people perpetually demonized, threatened with extinction and subject to unrelenting military and terrorist assault.

Sylvia Lowenthal

STOP PUBLISHING ANTI-ZIONISM IN THE GAZETTE

TO THE EDITORS:

In my letter published in the 4/13 *Gazette* I identified anti-Zionism as discriminatory and I provided a rubric for recognizing anti-Zionism. The editor took issue with my describing BDS workshops as anti-Zionist, even though past speakers were listed as "anti-Zionist." I revised my letter believing the editor understood anti-Zionism as pejorative.

The same *Gazette* published a letter referencing the anti-Zionist website Electronic Intifada. The EI article quotes a South African politician at an anti-Zionism event accusing Israel of "water apartheid." The accusation is based on false data, often republished in the anti-Israel information stream, but never documented to any reliable source. Data from 2012 report West Bank per capita water use to be 140 m per year (~384 liters/day, more than 5 times the

amount cited), 93% parity with Israeli usage.

However, more disturbing than repeating the lie about water usage is the editorial approval for use of the word "apartheid." The conditions and circumstances of Israel and South Africa are so different, the use of the word apartheid serves to diminish the very real lived experiences of those who suffered under apartheid. Its use to describe Israel is rejected by multiple South Africans who experienced apartheid first hand. The word "apartheid" is part of a lexicon deliberately used by anti-Zionists to equate Jews with the Dutch and British colonists of South Africa. The intention is to imply Jews' have no historic connection to the Land of Israel as an indigenous people. In other words, the letter satisfied all the conditions listed in the rubric.

How is it that such a letter can pass editorial review and be printed considering *Gazette* guidelines? Is it an inability to recognize discrimination due to lack of knowledge? Is it an indifference to the concerns of some Coop members? Or is it, perhaps, an indoctrination from the constant stream of BDS letters? Regardless, anti-Zionism violates *Gazette* guidelines and Coop ethos. We should not be providing it with a platform.

Barbara Mazor
morehummus@gmail.com

BUILD, DEVELOP, AND SUPPORT?

TO THE EDITOR:

The BDS likes to talk about supporting the Palestinian people but, in actuality, does nothing tangible to better conditions in the West Bank or Gaza. They do maintain an ongoing campaign to demonize Israel and have tried to drag the Coop into the fray. The latest episode made its debut is in the March 30, 2017 issue of the *Linewaiters' Gazette* in a letter from a Coop member who claims that two "critical" issues exist for the BDS:

First, "revisiting BDS programming in the Coop meeting room." BDS wants to use the Coop to present their program after the General Coordinators closed the option because the issue had reached the point of

bringing confrontational risk to the Coop.

Second, "a vote by the full membership to decide weather or not to boycott SodaStream Products in the Coop." Were the SodaStream customers queried on the matter? At the Coop, should customer preferences come before politics, especially fuzzy politics? This matter is over.

The SodaStream plant was closed—partly as a result of the political actions of the BDS—eliminating over 400 well paying jobs for Palestinians. How does this help?

It appears that even when there's a good story about Israel and Palestinians, perhaps especially when it's a good story, the BDS springs into action with fake news and persecutorial propaganda.

And it was a good story. A story about jobs that paid better than any work in the areas controlled by the PA and Hamas. A story about how Israelis and Palestinians could end up living together in peace, a vision of progress in the face of adversity.

Rather than Boycott, Divestment and Sanction, if BDS really wants to help, they might try: Build, Develop and Support; do something real for the people they allegedly want to help. But that would require more than talk and everyone knows it's easier to tear down than it is to build up.

Rodger Parsons

WHAT IS THE LETTER 'P' IN BDS?

MEMBERS:

The letter "P" in BDS is Palestinian. To talk about BDS and never mention Palestinians misses the essence of BDS. BDS is a global movement for Palestinian rights. It is a non-violent strategy to put pressure on Israel to end its gross human rights violations of the Palestinian peoples: 1) living under Israeli occupation in the West Bank, Gaza and East Jerusalem; 2) Palestinian citizens living in Israel; and 3) Palestinian refugees. Israel is well known for its ongoing building of settlements on stolen Palestinian land in the West Bank and East Jerusalem (often cited as Israel's settler colonial policies and apartheid occupation).

EXPERIENCED REPORTERS Please Apply



Workslot Description

We have four distinct *Linewaiters' Gazette* teams—each producing an issue every eight weeks. You will develop and produce an article about the Coop in cooperation with your team's editor every eight weeks.

For More Information

If you would like to speak to an editor or another reporter to learn more about the job, please contact Annette Laskaris in the Membership Office or e-mail her at annetteATpsfcDOTcoop.

To Apply

Please send a letter of application and two writing samples at least 800 words long (one sample must be a reported interview, not a Q&A) to annetteATpsfcDOTcoop. Your letter should state your qualifications, your Coop history, relevant experience and why you would like to report for the Coop. Your application will be acknowledged and forwarded to the coordinating editors, Joan Minieri and Erik Lewis.

Seeking Diversity on the *Gazette* Staff

The *Gazette* is looking for qualified reporters. We are interested in using this opportunity to diversify our staff. We believe that we can enrich the quality of the *Gazette* and serve the membership better with a reporting and editing staff that more closely resembles the mix of Coop members.

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or less to GazetteSubmissions@psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

SAT, APR 29

8 p.m. Bing Futch at the Peoples' Voice Cafe. Community Church of New York Unitarian Universalist, 40 East 35th Street, NY. Wheelchair accessible, Sug. donation \$20/12 for subscribers. For info call 212-787-3903 or see peoplesvoicecafe.org.

SUN, APR 30

4 p.m. BPL Chamber Players: Counter)Induction at the Dr. S. Stevan Dweck Center for Contemporary Culture Central Library, Grand Army Plaza Brooklyn. Admission free.

SAT, MAY 6

8 p.m. Spoken Word Night at the Peoples' Voice Cafe. The Bread is Rising Poetry Collective and Thelma Ruffin Thomas. Community Church of New York Unitarian Universalist, 40 East 35th Street, NY. Wheelchair accessible, Sug. donation \$20/12 for subscribers. For info call 212-787-3903 or see peoplesvoicecafe.org.

SAT, MAY 13

8 p.m. Skinner & Twitch and Vincent Cross at the Peoples' Voice Cafe. Community Church

of New York Unitarian Universalist, 40 East 35th Street, NY. Wheelchair accessible, Sug. donation \$20/12 for subscribers. For info call 212-787-3903 or see peoplesvoicecafe.org.

SAT, MAY 20

8 p.m. Magpie, Ivy & Miranda and Jon Pickow at the Peoples' Voice Cafe. The music and causes of Jean Ritchie. Community Church of New York Unitarian Universalist, 40 East 35th Street, NY. Wheelchair accessible, Sug. donation \$20/12 for subscribers. For info call 212-787-3903 or see peoplesvoicecafe.org.

To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.

WORK&WELLNESS UNDER ONE ROOF

THE COMPOUND COWORK

www.thecompoundcowork.com

Center for wellness and Holistic Living

www.MINKAbrooklyn.com

Israel receives international support from governments. While there is occasional criticism, Israel continues to violate international law with impunity. It falls to people around the world to join in solidarity with the Palestinian struggle for freedom, for justice, and for equality. The growing BDS global movement includes unions, churches, academic associations, progressive Jewish groups, college and university students, peace groups, and supermarkets.

As consumers, we can support the BDS movement for Palestinian rights by boycotting Israeli products and

products that indirectly support Israel.

At the Coop these products include: SodaStream products (a seltzer maker), Sabra Hummus, Ground Paprika, Masada Mineral Salts, Elyon Marshmallows, Osem Israeli Couscous, Born Free Baby Products, Yehuda Matzos, Edward & Sons Breadcrumbs, Varied Produce (Red and Yellow Peppers, Persimmons). Remember to read labels and boycott Israeli products.

Reference: <https://bdsmovement.net>

Mary Buchwald

PSFC members for bds

<https://psfcbds.wordpress.com>

CONTINUED ON PAGE 12

CLASSIFIEDS

BED & BREAKFAST

LARGE, SUNNY ROOM, private bath, queen bed in spacious townhouse with old-style charm and modern amenities. WiFi, smoke-free, no pets. Close to Q, B and 2, 3 trains. Call Margaret 718-622-2897. Leave message.

BROWNSTONE BROOKLYN BED AND BREAKFAST serving the Coop community for 20 years. Victorian home on tree-lined Prospect Heights block has cable and free WiFi. Full breakfast provided in attractive smoke-free environment. Reasonable rates. Call David at 718-857-6066 or email david_whitbeck@yahoo.com.

BED & BREAKFAST, THE HOUSE ON 3RD ST, serving Park Slope for over 20 yrs. Large floor-thru, located between 5th and 6th Ave. Parlor floor, sleeps 3-4, private bath, deck, AC, wifi, kitchenette, 12' ceilings! houseon3st.com, or call Jane, 718-788-7171. Grandparents are our specialty.

EMPLOYMENT

Gardening in Prospect Heights one 2-hour session (morning or evening) each week \$35. Two references please. Susan 718-636-9089.

Tutor for social media & Apple programs a month for two hours (twice). Two references please. Student or retired person welcome. Susan 718-636-9089. \$35 per session.

HOUSING AVAILABLE

SUMMER BUNGALOW for sale, 1 hour from NYC by car or train. 2BR 2BA, renov. kitchen, large deck, lake: swim, boat, fish, tennis, volleyball, basketball, social activities. Intergenerational comm. Child friendly. \$99,000 + maintenance. Contact jacquesh62@gmail.com.

SERVICES AVAILABLE

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

HAIRCUTS HAIRCUTS HAIRCUTS. Color, high lights, low lights, hot oil treatments in the convenience of your home or mine. Kids \$20-25. Adults \$35-40. Call Leonora, 718-857-2215.

Madison Avenue haircutter is right around the corner from the Food Coop, so if you would like a really good haircut for a decent price, please call Maggie at 718-783-2154 I charge \$60.00 Wed. through Sundays 9 a.m.-5 p.m.

THE ARTFUL DODGER PAINTING CO. has served the NY metro area for over 30 yrs. "Everything with paint." From rooms to cabinets and furniture. Expert wall prep and plastering. Specialized treatment available. Clean and efficient. Insured, EPA certified. REASONABLE! Free estimate: 646-734-0899, eyegrease@earthlink.net.

FREE INFORMATION SESSIONS Apr 1, 8, 15 @ 4pm in Park Slope—Meditation—Energy—Healing—how to manage your energy. Experience a free meditation and energy healing! For location or inquiries, email Christopher: christophercf@me.com. Class dates: April 30, May 6, 13, 20 @ 1 p.m.-6 p.m., \$495.

CV MOVING. Professional and Experienced Mover. No job too big or too small. Providing a stress free move based on Respect, Trust and Communication. YOUR MOVE IS OUR PURPOSE! NYS DOT# T-39866. As required in all advertisements from licensed movers. Contact 917-822-9590 or CVmoving.com so we can assist!

SERVICES-HEALTH

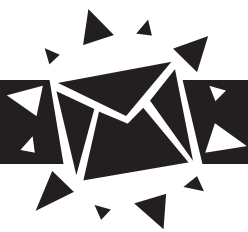
REIKI TREATMENT and Sound Healing. This enjoyable combination sound and energy healing treatment helps to alleviate stress, tension, anxiety, depression, fatigue and physical pain. Private individual or group Gong Sound Baths also available. Call Rita at 917-440-8336 or email ritalondon@aol.com ritalondonnyc.com.

FREE evaluation + 50% off first Acupuncture & CranioSacral Therapy sessions for Coop members! Pain, internal disorders, scars, anxiety, etc. Adult & pediatric. By appt. in Manhattan, Bklyn, house visits are possible. Dr. Enensaauas Rastrygina, DAC, LAC. Cal 917-627-3554 or email drenensaa@gmail.com www.enensaauas.com.

Crossword Answers

B	O	G		P	O	O	R		B	A	R	M	A	N
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LETTERS TO THE EDITOR



CONTINUED FROM PAGE 11

A NEW PROPOSAL FOR HOW TO VOTE ON BOYCOTTING SODASTREAM

TO THE EDITOR OF THE LINEWAITERS' GAZETTE: The proposal for a boycott of SodaStream remains on the agenda of the General Meeting since 2015, pending a decision on the mechanism to conduct the vote. Opponents of BDS who last year established a 75% threshold to adopt any boycott should not feel threatened by a general referendum. The Coop can determine the issue without incurring any extra expense by including it in the upcoming ballot for board of directors.

BDS initiatives have been passed by local bodies in Spain, the UK, Australia, Sweden, Norway and Ireland as well as by churches in the US including Presbyterians, the United Church of Christ, Methodists and the Quakers. Students in Canada, Belgium, South Africa and Chile have joined the call for Israel to end its illegal occupation of Palestinian territories and pull back settlements to the 1967 borders.

Jewish Voices for Peace strongly promotes the 2005 call by Palestinian civil organizations for BDS as a strategy to end bloodshed in the Middle East. United States taxpayers sent 38 billion dollars this year in military aid to Israel, which makes us responsible for how it is used. External efforts including boycotts, divestments and sanctions worked to bring about democracy in South Africa. They are needed here to move the peace process forward.

Let the issue be included in the Board of Directors mailing and count the votes, whether or not it reaches the 75% threshold for implementation.

Respectfully,
Ann Schneider



INTERNATIONAL TRADE EDUCATION SQUAD (ITES) AUTHORIZATION

MEMBERS,
I am writing to urge members to vote against the reauthorization of the ITES as a permanent workslot for the following reasons:

1) Some months ago there was a presentation by the committee in support of ITES gaining a permanent committee status. They spent virtually all of the time on "educating" the GM attendees as to why we should oppose the Trans Pacific Partnership (TPP), but not on why we need ITES as a permanent workslot committee.

2) While I was against TPP, the ITES members never gave justice to the "Education" part of their title. There were in fact two sides to TPP but you would not know that from ITES as they never presented the "Pro" side. They could have easily researched that part and presented the reasons given by the Obama administration or House/Senate supporters. By presenting only the "Con" side of this issue, I question whether Coop members will ever get a balanced picture of future trade agreements from ITES. It is up to individual members to decide whether to support or oppose a trade agreement. This does not stop ITES from rendering a point of view, but the main objective should be presenting both sides.

3) With the Trump Presidency it is doubtful that there will be any additional trade agreements. ITES could be without work for an unknown number of months or years and they are looking for 7 full-time workslots. This is wasteful to the Coop. It would be better as an ad-hoc committee. Then the GM could vote to specifically authorize an investigation into a specific trade agreement. What will the 7 members do during the months with no trade agreement to investigate? Mission creep is a major concern during any extended down-time.

4) Some of the ITES presenters at that GM mentioned

the long hours they have put in on behalf of ITES. The Coop requires people to work 2.75 hours each shift for 13 shifts per year. To be equitable, units that have to work additional hours over the course of a year should have those "excess" hours compensated or better, have the work re-structured. We are all familiar with the paid and unpaid jobs outside the Coop that routinely expect much more hours than a 35 or 40 hour work week. The Coop should not be importing that philosophy but should strive to be fair to all members in regards to hours worked over the year.

While I respect the passion that the members of ITES bring to the work, that is not a reason to make it a permanent workslot.

In Cooperation,
Stewart Pravda

SUPPORT NY HEALTH ACT

DEAR PSFC MEMBERS,
It is high time that the United States join the rest of the industrialized world and implement a universal, single-payer healthcare system. In the wake of the recent, failed attack on the ACA (also known as "Obamacare") by Congressional Republicans, grassroots momentum is now building behind single-payer healthcare, or "Medicare for all," on the state level.

Moving to a single-payer system here in New York makes economic sense because it would eliminate a tremendous amount of waste and inefficiency. While Americans spend twice as much on healthcare as most other countries, health outcomes are far worse here because of high administrative costs. A recent study by a University of Massachusetts, Amherst economist (available at http://www.infoshare.org/main/Economic_Analysis_New_York_Health_Act_GFriedman_April_2015.pdf) concludes that the New York Health Act would reduce healthcare costs for 98% of households and save

taxpayers \$45 billion annually, while also creating 200,000 jobs. There is also a strong moral case for single payer: according to the Census Bureau, in 2015, 10.5% of New Yorkers still remained uninsured even after the Medicaid expansion under Obamacare. Even for those who are insured, premiums and copayments often remain well beyond what they can afford. The results, for many individuals, are as disastrous: financial ruin, despair, preventable illness, and premature death. Finally, despite what many thought, single-payer is overwhelmingly popular, and hence, politically achievable: 58% of respondents to a Gallup poll conducted in 2016 indicated their preference for a federally funded public healthcare system. It is only because of the outsize influence of the health insurance lobby that both major political parties have avoided any discussion of single-payer or else opposed it outright. It is up to us to change that using grassroots pressure.

On April 4, I, along with nearly 700 people from across New York, traveled to Albany to lobby state legislators in support of the New York Health Act (S4840).

This bill, which would introduce single-payer healthcare in our state, passed in the Assembly last year and will certainly pass again this year. It currently has 30 cosponsors in the Senate, almost the number needed to bring it to a vote and to pass the legislature. I urge you to call your Senator NOW at (518) 455-2800 and demand that they support S4840, the New York Health Act. Some New York City representatives are currently not supporting the bill. For instance, State Senator Simcha Felder (District 17) is opposed. If you live in his district (which includes portions of Borough Park, Kensington, Ditmas Park, Gravesend, Midwood, and Bensonhurst), he needs to hear from you and your neighbors. Otherwise, even if your representatives already support the bill, it is still important that they hear from you, as their level of support can waver at any time.

To learn more about the NY Health Act or to find out about how you can get involved, visit the websites of Physicians for a National Health Program, NY Metro Region (www.pnhpnymetro.org) and the Campaign for New York Health (<http://www.nyhcampaign.org>).

Ben Serby

BIKE VALET SHIFTS NOW AVAILABLE

You must have at least six months of membership with excellent attendance to be eligible.

**Saturdays and Sundays
April 1 through November 19**
12:30 - 3:15 p.m.
3:00 - 5:45 p.m.
5:30 - 8:15 p.m.



Contact debbie_parker@psfcdotcoop to sign up.

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Jocelyn Aframe	Amy Breglio	Robert Crafton	Katrina Hartog	Holly LaDue	Chloe Mossessian	Antje R.	Emily Sufrin
Rimma Ashkinadze	Dwain Brown	Ted Day	Guendalina	Arlee Leonard	Nanda Neng	Jessie Reilly	Emily Valente
Tamika Bah	Jemma Brown	Jeremy Deaton	Herminghaus	Dana Levy	Theresa Nicholas	Sophia Sallas-Brookwell	Aron Westman
Nicole Baum	Jean C.	Donna Dinovelli	Carolina Hernandez	Gretchen Lidicker	Rachel Ngu	Neha Sareen	Rashida N. Wright
Bethany Bingham	Robert C.	Michael Drucker	Carla Iny	Samuel Livingston	Jennifer Nobis	Henry Schwab	
Isaac Blasenstien	Michael Campbell	Tamar Efrat	Liubov Kaper-Pop	Mary	Geffen Oren	Jordan Shapiro	
Kesewaa Boateng	Alicia Ciocca	Ithran Einhorn	Joumana Khatib	Heather McCabe	Roberto Palomba	Victoria Steeves	
Alice Bonhomme-Biais	Hilary Clark	Danielle Greene	Daniel Kurfirst	John McCarthy	Parker	Emma Stieglitz	
Jennifer Breen	Meredith Clemons	Diane Greenfeld	Diane Kwan	Justine McLellan	Martha Polacek	Monroe Street	
	Rachel Cohen	Kate Gyllenhaal	Doriell L.	Kate Meyer	Rachel Porter		