GAZETTE

1973 ® UNION GCIU LABEL

Volume MM, Number 17

Established

August 30, 2018

Bev Grant: Food Coop Concert Organizer and Photographer Extraordinaire

By Taigi Smith

Bev Grant has lived a life dedicated to social justice, activism, and social equality, and at 76 years old, she has no plans of slowing down. A 16-year member of the Coop, Bev is a social justice warrior who, with the help of her Pentax 35mm camera, documented protests, movements, everyday people, and iconic moments in history almost 50 years ago.



Bev Grant is a social justice activist and artist. She's been a photographer, band-leading musician and now, at 76, organizes the **Coop's Prospect Concert** Series.

It was the late 1960s and the world as we knew it back then was on the verge of change. "I was very involved in the antiwar movement, the women's movement. I was part of the radical movement. I was given a camera and somehow that became part of my activism," recalls Bev, who never considered herself a professional

photographer. "I started taking photos for the Liberation News Service," a type of wire service that supplied stories to radical newspapers around the country committed to covering politically charged movements popping up throughout the United States and abroad. "I had also joined the group New York Newsreel, a political documentary collective. We made films about the Young Lords party, the Black Panther party, films about the Squatters' movement. There were just so many things going on back then," recalls Bev. And even though she was shooting—documenting—some of the most important movements of the day, Bev says she never thought of herself as a photographer. Instead, she calls herself "a cultural worker," because as Bev puts it, everything she's ever done has been in service to others. And those groups she documented—like the Black Panthers gave Bev unrestricted access, because as Bev remembers, they trusted her. And that earned trust comes through in Bev's photographs—they are intimate, raw, unfettered. They give those who take the time to look at them an inside look of what it was like to be on the inside—whether it was a march, a protest, or a meeting of the Black Panther Party. Through these photos, Bev brings us up close and personal to her subjects and allows

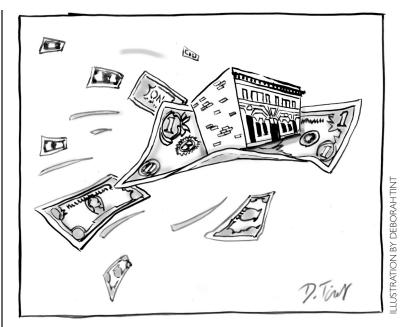


Photo from 1968 of Bev Grant checking her light meter will be exhibited at Osmos Gallery as of September 7.

us to peer into their lives, if only for a few moments.

"I stopped doing that type of photography around the early 70s because I started expressing myself politically through music," say Bev. She started a band called Bev Grant and the Human Condition, and began writing and performing songs. Over the years, the band morphed, transformed, and grew into a world beat collective that cut two records, including one entitled, "Working People Gonna Rise." The band stayed together for 19 years, even performing at Celebrate Brooklyn in 1988. "We mainly performed in the political context. Our music was very

CONTINUED ON PAGE 2



Spare Some Cash?

How Coop Members Subsidize Growth

By Gayle Forman

nce upon a time, when the Coop was just a toddler of a store, having bought its first of what would turn out to be three buildings on Union Street, it was low on money. The Coop had used member investments (the now-\$100 investment members pay when they join) to subsidize the purchase of the building, which cost \$50 thousand (!). But it needed funds to buy equipment and outfit the building.

"Our main investment has always been member labor," says General Coordinator Joe Holtz, "so we were late to the game to asking members to put in money.'

And the Coop did ask. Not for members to *give* the Coop money but to lend it funds. Members would receive interest for their investment, at higher rates offered by a bank savings account or CD. The Coop would get money a bank might not be willing to lend and a better interest rate than if it got a regular bank loan. It was one of those rare everybody-wins situations.

Members stepped up, and the Coop was able to outfit the new store. And in 1988 when the Coop was buying its second

CONTINUED ON PAGE 3

Next General Meeting on September 25

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The September General Meeting will be on Tuesday, September 25, at 7:00 p.m. at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

For more information about the GM and about Coop governance, please see the center of this issue.

Coop **Event Highlights**

Thu, Sep 6 • Food Class:

Traditional Kimchi Culture 7:30 p.m.

Fri, Sep 7 • Film Night:

Exit Music 7:00 p.m.

Tue, Sep 11 • Plow-to-Plate Film:

Kings of Pastry 7:00 p.m.

Look for additional information about these and other events in this issue.

IN THIS ISSUE

Puzzle	<u>.</u> 2
Coop Member Transitions and Retransitions Gender	
Safe Food Committee Report	
Welcome	
Welcome, Mission Statement, Governance Information	
Calendar of Events	8
Letters to the Editor.	
Classifieds	11
Exciting Workslot Opportunities.	12
۲hank You	

Bev Grant

CONTINUED FROM PAGE 1

political.... especially the content," she says.

Perhaps it was Bev's love of music that led to her role as the official concert organizer for the PSFC. Bev has been organizing concerts **LLUSTRATIONS BY BRIANNA HARDEN**

Bev started expressing herself through music in the early 1970s. Her band, The Human Condition, had a 19-year run.

for the Coop for almost 15 years. "It's a great workslot," she says with a chuckle. "My job is to book talent for the coffeehouse series," officially called the Prospect Concerts Series. The monthly series is a collaboration between the Park Slope Food Coop and the Brooklyn Society for Ethical Culture, and concerts are held every third Friday from September to May. The turnout for the concerts has been good, but Bev is hoping that more members of the PSFC will attend the coffeehouse performances when the new season begins in September.

"We'll be starting our third season with a barn dance," says Bev, who calls the event a lot of fun. For just \$10, members of the community can hear great music, meet good people, and have a great time. "It's a great series. We've had a swing band, a salsa band,

jazz musicians and singer-songwriters. It's pretty high-quality stuff," says Bev. She's encouraging members of the Coop with unique talents to email her samples of their work; members who help organize the



The Prospect Concerts are staged at the Ethical **Culture Society on Prospect** Park West at Second St.

Samba night, May 2018, at the Prospect Concert series.

series also earn workslot credit. "We want more people to come and if people want to play the series in order to get workslot credit, they can send me a sample of what they do. I think we have two or three slots open for the upcoming season. Each set is about 45-50 minutes," and Bev is open to all types of music and poetry. Bev will consider most any performance that will work in a coffeehouse setting. "We had a magician once," she recalls.

And those photographs taken 50 years ago? They've enjoyed a rebirth of sorts. Having sat undeveloped for half a century, Bev's photographs caught the attention of the PBS program, Makers, and as they say in show business, the rest is history. "We were pretty cutting edge. Women who knew me and knew I took photographs have told people about my photographs. Word has gotten out about these photos." Now developed, thanks to a borrowed scanner that converts negatives into photographs, Bev's old negatives have been given a second life.

PBS recently aired photos Bev took of a protest of the 1968 Miss America pageant and her pictures have been published in New York Magazine, The Washington Post, and the Smithsonian magazine. "I'm starting to get requests for them and make a little money," and her collection of photos is now available to the press and other interested parties through the famed photo stockhouse, Getty. "I never expected to make money from them. That was my revolutionary passion," says Bev, adding that all of the attention has come as a surprise. "It's just like, 'Wow. This is something.

This is totally a learning experience for me, from learning how to scan to figuring out how to do this career."

With 76 years of life behind her, it seems like this may just be the beginning of a new and incredible journey. Bev's photo exhibition at Osmos Gallery opens on September 7 at 50 E. First St. in Manhattan. The show will include photos of the Black Panther Party, the Women's Movement, anti-war demonstrations and other radical movements. "It will be wide variety of stuff," says Bev.

While it's been a wild ride, Bev says her life of activism and fighting for the rights of the disenfranchised is still at the heart of everything she does. "I have Medicare and decent Social Security. I live in a rent-stabilized apartment. I live modestly and I feel secure and I can do this stuff. I want to give and I want to do what I can to make the world a better place." ■

For more information about Bev's photography, visit her at bevgrantphotography.com. And if you're interested in learning more about the Prospect Concerts series, check out their Facebook page for upcoming show times, dates, and contact information for Bev.



Bev's photo exhibition includes a 1968 picture of kids in front of Black Panther party office in Brooklyn.

Sudoku

Sudoku is a puzzle. You are presented with a 9x9 grid of squares, and that grid is divided into 3x3 zones. You solve the puzzle by filling the empty squares with single-digit numbers so that every zone, column and row uses each of the numbers from 1 to 9.

					7		4	2
					2	6		
6			5			1		
				6	8		3	
	5					7		6
1								
		2	7		9	3		
	1					2		
3	8	6		4		5	7	

Puzzle author: Abdul Powell, For answers, see page 12.



Cash

CONTINUED FROM PAGE 1

building, it once again turned to members. "We had a loan drive," says Holtz. "We raised the money we needed so we were able to couple that with a bank loan from the National



Cooperative Bank." Not only did the member loans supplement the bank loan, they also encouraged it. "The bank was really pleased to see the support from members," says Holtz. "It reassured the bank about making the loan."

The Coop continued to offer the member loan program. And in 2001, after the Coop bought and renovated its third building, member loans amounted to \$1.7 million dollars.

The Cooperative Way to **Finance**

Member loans, it turns out, are an essential part of many coops' financial structure. The recently opened La Louve Food Coop in Paris utilized member loans as part of its capitalization plan. So did the Greene Hill Food Coop, which recently opened a new store on Fulton Street.

"The cost of a start-up

lion dollars (clearly this is not an NYC coop.) "A bank might lend 25 percent of start-up costs. If the coop doesn't own the building and has collateral, it has to raise between \$1 and \$1.5 million dollars. Member loans are usually what fill most of that gap."

In 2001, after the Coop bought and renovated its third building, member loans amounted to \$1.7 million dollars.

Unlike a bank deposit, member loans are not FDIC insured. In many cases, they operate more like a security and are thusly regulated. Reid says many coops are



"Banks are limited much more than they used to be, so coops are compelled to raise significant capital from their members," Stuart Reid executive director of Food Co-op Initiative.



The Greene Hill Food Coop used member loans to help finance their beautiful new store on Fulton Street.

is getting extremely high," explains Stuart Reid, Executive Director of Food Co-op Initiative, which advises food coops. "The ability to borrow the money has gone down because after the financial crisis, banks are limited much more than they used to be. Coops, whether they be doing an expansion, opening a second or third store, or starting up, must raise significant capital from their members."

Reid outlines a hypothetical 5,000 square foot coop opening at a cost of \$1.5 to 2 milnow offering preferred shares, which operate somewhat like a traditional corporate stock, except the rate of return is set, it doesn't appreciate, and members receive dividends.

Members don't seem to be too concerned about their rate of return anyhow. They are lending to coops because they feel personally invested. "It's a different motivation," says Reid. "I know one coop that got its major loan from a single person who had that kind of money who wanted to support the coop."

A No-Brainer

Lucy Rumack has been a member of the PSFC since 1983. "You had to wait until space opened up. We had to wait nine months," she remembers. After her gestation, she and her husband Rod Morrison joined and have been members ever since. "We always loved the Coop," Rumack remembers. "It was a lifesaver for us." So when the Coop asked for member loans, Rumack and Morrison were happy to oblige. "We lent the Coop money, maybe \$400. It was a no-brainer for us," Rumack says. "We definitely felt like it was important. One does one's work shift but when we could help financially we did. It made us proud that the Coop has done so well and expanded and we were a part of that."

The loan program is not over. More like on hiatus. General Coordinator Ioe Holtz knows that if the Coop were to require significant repair it could not afford or were to purchase a second location. it would once again turn to members for funding.

Easy, Ethical Thing

In 2008, the PSFC paid off its bank loan early (at the bank's request; post-financial crisis, the bank was having liquidity issues). At this point, the Coop no longer needed member capital, and the interest was now an unnecessary expense. So, the PSFC stopped accepting and renewing member loans and began paying them off once the term was up. By 2013 the balance had fallen to \$700 thousand. By 2015, it was down to \$276 thousand and by 2016 the balance was zero.

The loan program is not over, however. More like on hiatus. Holtz knows that if the Coop were to require significant repair it could not afford or were to purchase a second location, it would once again turn to members for funding.

Indeed, in conversations about opening a second location, the member loan program is in the mix. As the number of banks nationwide shrinks and as the grocery industry undergoes massive changes, financing for a new grocery store can be complicated. A Coop expansion would require a significant member investment to buy a new location.

This would be a daunting obstacle had the Coop



not had a legacy of member loans supporting growth. But the Coop has a large membership, some with not only means but motivation to use their money to support an institution they care deeply about, and "have a personal stake in making sure thrives," says Michael Freedman-Schnapp, a member of the Second Location Study Committee. "Members often want to do what's ethical with their money. This is an easy, ethical thing." ■

SHORT-TERM WORKSLOT OPPORTUNITY!

We are looking for three to seven members to serve on the Inaugural Selection Group for the Pension Advisory Committee. The Inaugural Selection Group along with the Pension Plan's Administrator and up to three Board Members will vet candidates to serve on the Pension Advisory Committee.

We urge you to apply if you have these qualifications:

- A member with at least three years of Coop membership immediately prior to joining the committee; and
- An excellent attendance record in your Coop work slot, i.e., not more than two absences per year in the most recent years; and
- Minimum three years relevant professional experience in at least one of
- Pension fund management, or institutional investment advising, portfolio management
- Chartered Financial Advisor (CFA)
- Certified Financial Planner (CFP)
- Volunteer at a non-profit/educational/religious institution or labor organization interfacing with endowments and/or long-term financial planning on a large scale
- journalists who focus on financial reporting
- similar work background

The Inaugural Selection Group is expected to meet for three to six months. Interested? Complete this form http://bit.ly/PACSelection and forward your professional resume and cover letter to:

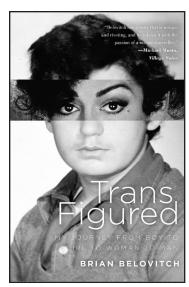


We are seeking an applicant pool that reflects the diversity of the Coop's membership.

Coop Member Transitions and Retransitions Gender, Urging **Acceptance in New Book**

By Hayley Gorenberg

"Being a woman wasn't all it's cracked up to be," reflected Coop member Brian Belovitch, who describes his genderfluid journey in a new memoir, Trans Figured: My Journey from Boy to Girl to Woman to Man.



Book cover shows Brian Belovitch as a 14-year-old boy collaged with his eyes after transitioning to a woman.

Brian's story includes transitioning and identifying for years as a transgender woman, Tish Gervais, who stormed the stage with acts like The Bombshell of Rock n' Roll or The Girl with Something Extra. Along life's journey, Brian struggled in a world that insisted he "pick a lane" and identify one gender, when identity seemed far more nuanced.

As a boy unwilling to forego his feminine facets, Brian felt compelled to transition to female, and in 1972, began to live as a trans woman. Acclaimed for her beauty and sex appeal, Tish had copious "passing privilege," which she felt contributed to her safety, even as her struggles included doing sex work and using crack. "I really went to every possible length that anyone could to be whatever it was I thought I needed to be at the time. There really wasn't anything I didn't do to try and make my life as a transgender woman work," Brian said.

Yet in 1987, Tish Gervais made a difficult and controversial decision to retransition, and returned to living as a man, influenced by many factors. "When I was living as a transgender woman nobody took me seriously," Brian said. "I think they thought I was an airhead who didn't have an idea between my cleavage. I was fun to have around, to look at and talk about and say, 'She used to be he!' Great for party patter. The misogyny, oh my god, was unbelievable." But that was not the only impetus to retransition. As related in Paper magazine, "When asked what ultimately pushed him to retransition, Brian is clear that there's no simple answer. It was partially an act of survival, motivated by the panic caused by the AIDS crisis. "I tested HIV positive, and saw how gay men were being treated, and thought, 'Wow, if they're treating gay men like that, wait until they get ahold of this trans woman who's a sex worker and a former drug addict. I'll probably die.'" (You can look up the article on www. papermag.com, April 2018.)

As Brian related for the Gazette, the doctor who delivered news of his HIV diagnosis said, "What did you expect? You're a prostitute. A sex worker. A drug addict." Brian reeled. "It was too hard," he said. "I almost killed myself. I just kind of folded my tent in the night."

The transgender reporter at Paper, Jacob Tobia, communed with Brian over the controversy around retransition, a complicated dynamic for a world that overwhelmingly expects—to the point of demanding—a static, standard gender identity.

The transgender community was not supportive of retransition. "I was yet again being ostracized for choices I was making for my own survival and happiness," he remembered. "I really freaked out a lot of my friends when I did it, especially a lot of my transgender women friends. They just could not wrap their heads around it at all.

Retransitioning stories are rare, Brian theorizes, due to the "shame of 'making a mistake' and not wanting to acknowledge it in any way," as well as the toll of HIV: "My generation has been wiped out. A lot of those voices are silenced. Those histories have been erased."

Even now, he strains against categories. "I identify as a gay man now, but that's for convenience's sake. I'm sort of more nonconforming genderqueer. I really don't like labels. I

don't like having to pigeonhole myself in one specific category, because I have such a broad expansive view of gender and sexuality."

It's possible that recognition of a third gender, a designation available in several countries and a few jurisdictions in the United States, and commonly denoted as "X," might have appealed to Brian earlier. "When I was trans I never felt fully 'M' or 'F.' A third gender option was never even a consideration, if it was I definitely would have marked the box 'X.'

Brian's choices over time may tell the story of an adventure and rebellion against sex stereotypes, but they also relate the story of extreme peril he encountered in breaking gender molds. His most fervent hope is that this book which he said was rejected by publishers after he started writing it in the 1990s as "too weird," "not for us," "too racy"—will be read by parents and will help them understand and support the complexity of their children's identities, especially for genderfluid children.

Retransitioning stories are rare, Brian theorizes, due to the "shame of 'making a mistake' and not wanting to acknowledge it in any way."

"I just hope someday before I leave this earth we get to the point as a society where we accept people's differences and support them and love them," Brian said. That goal is informed by his own childhood. "Everything was tarnished from this really negative view of my gender and sexuality which was really prohibitive to my growth and development as a human being," he recalled. "Parents really need to just love their children and look at them and support them and not get so caught up on trying to figure everything out for them. Just love them and accept them and support them in whatever direction they want to go in. I'd love to see the day when we could get to that point."

Hoping to tell his story and support others, especially children, Brian dug



Tish Gervais (Brian Belovitch's transitioned, married name) pictured in West Germany in 1981 when she was an Army wife.



Brian Belovitch hopes his book will be read by parents and help them understand and support the complexity of genderfluid identity in children.

out his material years after he first began writing, thinking, "I should probably do it now, before I get too old and forget everything, and it's not helpful!"

And the need for acceptance could not be stronger at this political moment, from Brian's point of view. "Look at the way things are in this country right now! As soon as you step out of the box, you're looked at as a threat. It's a really awful, awful place to be right now, for people like myself and anyone else in that firing line of discrimination and ostracism," he said. "It's very frightening. I try not to focus on it too much."

Brian takes some solace in the Coop. Though he resisted membership initially, he was brought around to joining by his husband, "a foodie, an amazing cook." Five years in, Brian said, "I love the Coop!

I love the aspect of everybody pitching in and doing the best they can, which I think is really great." He's worked receiving, checkout and cashier, and now works FTOP. He particularly enjoys cardboard recycling, which he described as "very Zen, just one piece of cardboard on top of the other, making little bales.'

He hopes to offer a book reading at the Coop soon. Thrilled at the initial feedback he's received on Trans Figured, Brian allowed that he doesn't foresee more gender transition in his future. "I think I'm sort of 'changed out' at this point!" And then he laughed. "But never say never. Who knows?" ■

Trans Figured: My Journey from Boy to Girl to Woman to Man, to be released in September via Skyhorse Publishing. It is available for preorder on Amazon.

FOOD COMMITTEE

Plow-to-Plate Movie Series Presents: Kings of Pastry

By Adam Rabiner, Safe Food Committee

Ten Years of Coop Films

The deput min. Safe Food Committee's Plow-to-Plate movie series, H2Worker, was shown in September 2009. It's appropriate that we begin our tenth season this September with a very special screening of Kings of Pastry, a Pennebaker Hegedus film, and that D.A. Pennebaker and his wife and collaborator since 1976, Chris Hegedus, have agreed to participate in the Q & A.

D.A. (Donn Alan) Pennebaker has been making films for over 50 years. His oeuvre of over 50 films includes 1967's classic Don't Look Back, which followed Bob Dylan's last acoustic tour of England, as well as features on musicians Suzanne Vega, David Bowie, Otis Redding, John Lennon, Little Richard, and others. We owe their presence to long-time squad member and film maker Robin Hessman's friendship with the couple. Robin brought them to Moscow in 2007 to screen Pennebaker's 1959 documentary, Opening in Moscow, where she accompanied them on shoots with French pastry chefs who had received the high honor of "Meilleurs Ouviers de France" (MOF) in preparation for their latest film, 2009's Kings of Pastry

Food on TV

There is a reason that cooking competition shows like Top Chef, Cutthroat Kitchen, or even the more genteel The Great British Bake Off are so popular. They have all the right ingredients: talented and ambitious chefs and sous chefs, mean and nice judges, often an interesting theme, and timed, high-pressure drama. They're like Survivor, but in a kitchen and boiled down to an hour.

Pennebaker and Hegedus are capturing the public's fascination with food preparation and competition in this warm-hearted film. Like the many TV shows it in some ways resembles, the film is entirely captivating.

Pennebaker and Hegedus show us what it takes to become "Meilleurs Ouviers de France," literally translated as "best workers of



Kings of Pastry's Chef Jacquy Pfeiffer and Chef Sebastien Canonne at French Pastry School in Chicago.

France" but really "kings of pastry." To become a MOF, the world's best and most ambitious pastry chefs must face off against one another for three grueling days and be evaluated by earlier winners. During this period they showcase their cream puffs and other pastries, build and display large elaborate glass-like show-pieces, made from crystalized sugar—flowers, hearts, birds in nests, jewels smaller sugar creations known as bijous (French for small, elegant like a jewel), chocolate sculptures, wedding cakes and their displays, and more, all to have the privilege of wearing the distinct blue, white, and red MOF collar. A non-MOF caught wearing one could go to jail.

Filmmakers Pennebaker and Hegedus show us what it takes to become "Meilleurs Ouviers de France," literally translated as "best workers of France," a high culinary honor.

These competitions, which happen only once every four years—they are indeed Olympian—start with 60 to 70 candidates, of whom only 16 qualify as finalists. And of the 16 finalists, only a handful are ultimately crowned MOFs. It's the pastry chef equivalent of becoming a sommelier, a process masterfully shown in the movie, Somm.

Kings of Pastry follows one particular wouldbe king especially closely, charismatic and funny Jacquy Pfeiffer, a French expatriate who has settled in Chicago and is founder

and co-owner of The French Pastry School. However, other competitors get their fair share of screen time too, and you can't help root for them all. Unlike American Idol's judge Simon Cowell, who is famous for reducing contestants to tears, the MOF judges, who appraise works based on aesthetics and up to 20 individual tastings, are sympathetic, empathetic, fair but kind. These judges want people to do well. They wish they could award the MOF to everyone. When one competitor's delicate sugar sculpture shatters an almost disqualifying event—the judges, tears in their eyes, gently encourage the devastated pastry chef to pull himself together to quickly assemble a rough replacement for scoring to ensure he remains in the competition. After witnessing this catastrophe the viewer can understand why Jacquy built shock absorbers for his entry. If Kings of Pastry is exhil-

arating to watch, it is also mentally and almost physically exhausting. "Why put yourself through this?" asks one of the depleted chefs at the end of the three-day work out. The finalists spend months, if not years, preparing and sacrificing for the showdown and immaculately plan and diagram every minute, no detail too small to escape their notice—too much sugar in that mousse, adjust the recipe. Jacquy does a three-day dry run before the official start of the contest, enlisting the support of his business partner, like any student hoping to ace an important, punishing, high stakes test. Then, for three days, from dawn

to dusk, the finalists pour their hearts, souls, and every ounce of artistry, creativity, and talent into making pastries which are a marvel to view and taste (they're up for grabs to family and friends at the conclusion of the event).

Kings of Pastry is specifically about making and baking pastries and other desserts and delicacies. But more broadly it is about grit, effort, giving it your all no matter what the result, and not regretting the outcome even if it is not what you had hoped for. This is a universal story grounded in the specific. Even though not everyone became a MOF (on this particular trial by fire), it is ultimately a happy story about excellence, planning, hard work, striving, empathy, dealing with pressure, and the value of discipline and perseverance in the face of adversity and misfortune. Despite the fact that there are more losers than winners, the movie ends on an upbeat note, a wedding, and a well-deserved celebration. For those who did not become the kings of pastry, if they can stomach another attempt, there is always another chance four years later. ■

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com, which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

Kings of Pastry will be presented on Tuesday, September 11, 7 p.m. at the Park Slope Food Coop, 782 Union St., 2nd floor. Free and open to the public. Refreshments will be served.



STATEMENT ON THE **COOPERATIVE IDENTITY**

DEFINITION

A cooperative is an autonomous association of persons united voluntarily to meet their common economic, social, and cultural needs and aspirations through a jointly owned and democratically controlled enterprise

VALUES

Cooperatives are based on the values of self-help, self-responsibility, democracy, equality, equity and solidarity. In the tradition of their founders, co-operative members believe in the ethical values of honesty, openness, social responsibility and caring for others.

The cooperative principles are guidelines by which cooperatives put their values into practice. The International Cooperative Alliance adopted the revised Statement on the Cooperative Identity in 1995.

They are as follows:

- 1. Voluntary and Open Membership
- 2. Democratic Member Control
- 3. Member Economic Participation
- 4. Autonomy and Independence
- 5. Education, Training and Information 6. Cooperation Among Cooperatives
- 7. Concern for Community

REFERENCE: ICA.COOP

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215, 718-622-0560. Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The Gazette welcomes Coop-related articles and letters from members.

SUBMISSION GUIDELINES

The Gazette will not knowingly publish letters, articles or reports that are hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative.

The Gazette welcomes Coop-related articles, letters and committee reports from members that follow the published guidelines and policies. The following is a summary—please see the detailed guidelines for each type of submission on the Coop website: www.foodcoop.com.

All submissions must include author's name, phone number and e-mail address, conform to the following guidelines and to the Fairness, Anonymity and Respect policies. Editors will reject letters, articles and reports that do not follow the guidelines or policies. Submission deadlines appear each edition in the Coop Calendar section.

For topics that generate a large number of submissions (letters or Member Articles) serially and continuously over an extended period of time, the *Gazette* will not necessarily publish all submissions, but the editors will use their editorial discretion to select a small number of submissions (whether letters or Member Articles) from each side as representative of that viewpoint of the issue. The selected submissions will also adhere to the current guidelines of civil discourse and should serve to advance the discussion in new ways.

You may submit via e-mail to GazetteSubmissions@psfc.coop. Letters: Maximum 500 words.

Voluntary Articles: Maximum 750 words. A Voluntary Article is held to a higher standard than a letter and must meet at least the following criteria: A Voluntary Article must analyze the topic it is discussing; it must present accurate, verifiable corroboration for factual assertions; it can criticize but not attack Coop practices and personnel; if critical it must present positive solutions; it cannot be solely or mainly opinion. It must strive to make a positive contribution to the understanding of the reader on a topic. If a submitted Voluntary Article is substantially opinion, it must be re-submitted, under 500 words, as a Letter to the Editor, possibly to a future issue. Editors will reject articles that are essentially just advertisements for member businesses, those of family and friends of members, solely expressions of opinion or that do not follow the guidelines and policies.

Committee Reports: Maximum 1,000 words. Reports must follow the published guidelines and policies

LETTERS, ARTICLES AND REPORTS SUBMISSION POLICIES

Letters must be the opinion of the letter-writer and can contain no more than 25% non-original writing.

All submissions must be written by the writer. Letters or articles that are form letters, chain letters, template letters or letters prepared by someone other than the submitting member will be rejected.

Letters, articles and reports must adhere to the Fairness, Anonymity and Respect policies. They cannot be hateful, needlessly inflammatory, discriminatory libelous, personal attacks or make unsubstantiated claims or accusations or be contrary to the values of the Coop as expressed in our mission statement.

All submissions must be legible, intelligible, civil, well and concisely written with accurate, attributed, easily verifiable statements of facts separated from opinions.

Letter and article writers are limited to one letter or article per issue. Letter and article writers cannot write gratuitous serial submissions. Editors may reject submissions to consecutive editions of the Gazette on the same topic by the same writer.

Editor-Writer Guidelines: All submissions will be reviewed and, if necessary, edited or rejected by the editor. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any questions or proposed editorial changes. Writers must be available to editors to confer about their submissions. If a writer does not respond to requests for editorial changes, the editor may make the changes without conferring with the writer, or reject the submission. If agreement between the writer and the editor about changes does not occur after a first revision, the editor may reject the submission, and the writer may revise and resubmit for a future issue.

FAIRNESS, ANONYMITY AND RESPECT POLICIES

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are unnecessary, not specific or are not substantiated by factual assertions. The Gazette will not publish gratuitous personalization. That is, no unnecessary naming of Coop members in polemical letters and articles. Writers must address ideas not persons.

3. Submissions that make substantive accusations against specific individuals, necessary to make the point of the submission and within the Fairness, Anonymity and Respect policies will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Respect

Submissions to the Gazette must not be hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative. They may not be personally derogatory or insulting, even when strongly criticizing an individual member's actions.

The Gazette is a collaboration among Coop members. When submitting, please consider the impact of your words on the writers, editors and production staff who use our limited workslot time to try to produce an informative and cooperative publication that reflects the values of our Coop community. Printed by: Tri-Star Offset, Maspeth, NY.

Exclusive Brooklyn Premiere of tood Coop, the Film

A documentary by Tom Boothe **About the Park Slope Food Coop**

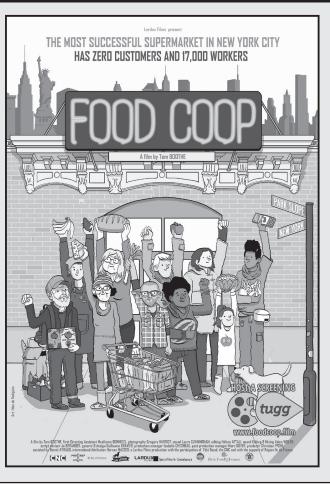
Monday & Tuesday, September 17 & 18, 8:30 p.m. at UA Court Street 12

Tickets can be purchased through Tugg.com

Go to https://www. tugg.com/ titles/food-coop

To buy your ticket now!

For more information about the documentary see: www.foodcoop.film facebook.com/foodcoopthefilm



RETURN POLICY park slope FOOD COOP

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN The Paid-In-Full receipt MUST

2. Returns must be handled within 30 days of purchase

CAN I EXCHANGE MY ITEM? No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

CAN I RETURN MY ITEM?

Produce* Cheese* Books

Sushi

Bulk* (incl. Coop-bagged bulk) Seasonal Holiday Items Special Orders

Calendars Refrigerated Supplements Juicers & Oils *A buyer is available during the week days to discuss your concerns.

Refrigerated Goods (not listed above) Frozen Goods Meat & Fish

ONLY IF SPOILED BEFORE **EXPIRATION DATE** Packaging/label

NEVER

RETURNABLE

RETURNABLE

Items not listed above that are unopened and unused in re-sellable condition

RETURNABLE

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office

This Issue Prepared By:

Coordinating Editors: Carl Arnold

Alison Rose Levy

Editor (development): Tom Moore

Reporters: Gayle Forman

Hayley Gorenberg

Taigi Smith

Art Director (development): Rod Morrison

Illustrators: Brianna Harden

Deborah Tint

Photographer: Rod Morrison

Thumbnails: Becky Cassidy

Preproduction: Tuesday Smillie

Desktop Publishing: Erin Sparling

Art Director (production): Phan Nguyen

Maxwell Taylor

Oliver Yourke

Editor (production): Michal Hershkovitz

Advertising: Eric Bishop

Puzzle Master: Abdul Powell

Final Proofreader: Lisa Schorr

Index: Len Neufeld

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Julia Anderson Kassie Bagley **Tobias Bartsch** Spencer Bennett Clare Benson Anjuli Bernstein Sonia Boller Natalie Bookchin Paula Brady Marcia Brown Robert Bullock **Emily Carter** Nathan Catlin Ioanna Cifredo

Melissa Clausse

Frances Clayton Michael Colon Ryan Craggs Cyle Cucinotta Lucia Dallett Heather Davis Ben Dayton Maddalena De Beni Fabio Del Bianco Andrea Del Gizzo Michael Devereux Karim Doughan Jes Fan Molly Fassler Maddie Fega

William Fleischman Cindy Gao Gretchen Gasteier Peter Gerard Stefano Ghirlanda Karen Goldstein Henry Graber Chris Green Kelly Gu Zhi Juan Guo Alexander Hagon Eliza Heeks Omima Hesham Hashem Leith Hill

Matthew Honor Daniel Horgan Iacob Hutt Toby Irving Linda Jaber Ariel James Katheryne Johnson-Fries Gabriel Kahane Dwine Knott Downing Kress Colin Le Anne Lee Emily Lee Max Levenson Cecilia Lipira

Jean Lopez Genevieve Luce Kyle MacDonald Eli Mandel Ross Martin Iohn Meils Lorri Anne Meils Ursula Meinke Iulian Meltzer Eric Montgomery Steven Natale Ari Nath Miranda Neri Savina Perez Justyna Pietralik

Tameeka Pigford Marissa Piro **Javier Plasencia** Kristy Powers Sylvia Precht Erik Preston Anna Quinn Iessica Remboulis Deneen Reynolds-Knott Lacy Roberts Nora Rodriguez Doris Rodriguez-Graber David Sadighian Oliver Sand

William Schindehuette Astha Sharma Pokharel Lucy Silberman Ana Suarez Emma Suits Marie Telling-Lepas Emma Tepfer Zarina Urunova Andrew Weaver Marcus White Thomas Wilkinson Kenza Worrall Sage Wright Kevin Wyjad Haimin Yie

COPCALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Ioin the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

The fourth FRIDAY of the month at 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/ community-media/bcat-tv-network.

General Meeting Info

TUE, SEPTEMBER 4

AGENDA SUBMISSIONS: 7:30 p.m.

Submissions will be considered for the September 25 General Meeting.

TUE, SEPTEMBER 25:

GENERAL MEETING: 7:00 p.m.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Sep 13 issue: 12:00 p.m., Mon, Sep 3 12:00 p.m., Mon, Sep 17 Sep 27 issue:

CLASSIFIED ADS DEADLINE:

Sep 13 issue: 7:00 p.m., Wed, Sep 5 Sep 27 issue: 7:00 p.m., Wed, Sep 19

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program.

Advance Sign-up required:

To be eligible for workslot credit, you must sign-up at foodcoop.com. A computer dedicated to sign-ups is located in the elevator lobby. You may sign up for the meeting all month long, until 5 p.m. of the day of the

Some restrictions to this program do apply. Please see below for details.

Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Squads eligible for credit:

Shopping, Receiving/Stocking, Food Processing. Office, Maintenance, Inventory, Construction, and FTOP covering absent members is too difficult.)

Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet

Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store-an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on foodcoop.com and at every General Meeting.

Next Meeting: Tuesday, September 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

St. Francis Xavier School, 763 President Street, between Sixth and Seventh Aves.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop

Meeting Format

Warm Up (7:00 p.m.) • Submit Open Forum items Explore meeting interactive

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

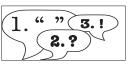
Agenda (8:00 p.m.) The agenda is posted on foodcoop.com and may also appear elsewhere in this issue. Wrap Up (9:30-9:45) • Meeting evaluation • Board of Directors vote • Announcements, etc.

park slope FOOD COOP

calendar of events

tue 7:30 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the

General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. The September General Meeting will be held on Tuesday, September 25, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

Food Class: **Traditional Kimchi Culture**



During this workshop and tasting, we will demonstrate all the steps of how to make traditional spicy Napa cabbage kimchi and introduce you to the culture of Korea's ubiquitous cultured dish. Last year's inaugural

cooking class was sold out, so RSVP to reserve your spot. The art and practice of making kimchi has been passed down from generation to generation for centuries. With its unique flavor and health benefits, the tradition of kimchi-making has gained worldwide popularity. Chef educator and Park Slope Food Class coordinator **Sung Uni Lee** was privileged to be a taste-tester, in her youth, squatting next to her mother during this seasonal practice. *Menu* includes: 24-hour Salted Cabbage with Tofu; Kimchi Seasoning Filling; Traditional Napa Cabbage Kimchi; Perfect White Rice

ASL interpreter available upon request, please contact the Membership Office. Materials fee: \$5. RSVPs by September 3 are appreciated, contact parkslopefoodclass@gmail.com. To inquire about leading a Food Class, contact parkslopefoodclass@gmail.com.

Film Night: Exit Music



Born with cystic fibrosis, Ethan Rice has been preparing to die his entire life. At 28, Ethan faces his demise with a dark sense of humor and more concern about what his passing will mean to those he leaves behind than for himself. He allows cameras to follow his final months, weeks, days and hours—not as a

lament, but as a tool to preserve his final thoughts and feelings and to help his loved ones grieve, especially his father, a Vietnam vet with PTSD and stay-at-home dad who refuses to leave his son's side. Interweaving two decades of his father's home movies and Ethan's original music and stop-motion animation, this unflinching record of death's transformative influence on a family is essential viewing. Exit Music taps into a fear perhaps greater than death itself: that of a parent who chooses to no longer resuscitate their child after a lifetime of doing the opposite. Amy Foote is a documentary editor based in Brooklyn, NY. Her editing credits include The Work (Grand Jury Prize SXSW 2017); Peabody-award winning Mavis! (HBO); 1964 (PBS American Experience) the Emmy-nominated film, and James Beard Award-winning film, A Matter of Taste: Serving Up Paul Liebrandt (HBO, BBC); For Once In My Life (PBS Independent Lens, SXSW Audience Award 2010, IDA Best Music Documentary), and the Emmynominated film, Finishing Heaven (HBO).

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

Working with Pain Through Meditation

Treatments to pain are plentiful, though the accompanying stress and anxiety are harder to cure. Meditation offers a way not to fix ourselves but to make peace with what is coming up inside. In this hour-long experiential workshop led by teacher and Coop member Dan Cayer, you will learn how to develop kindness and openness toward your situation. Pain and illness present an opportunity to drop habits of self-aggression, be present, and feel empathy for others. Cayer is a teacher and writer committed to helping others change habitual patterns, find freedom from pain, and create a sane relationship with their own body. After a serious injury and years of chronic pain, Dan studied and trained as an Alexander Technique teacher and mindfulness meditation instructor. His return to health, as well as his experience with the physical, mental, and emotional aspects of pain, have inspired him to help others.

Safe Food Committee Film Night: **Kings of Pastry**



As an internationally celebrated pastry chef and co-founder of the French Pastry School in Chicago, Jacquy Pfeiffer might be expected to feel confident when it comes to all things French and sweet. But his self-assurance turns poignantly vulnerable as he contemplates

entering the finals of the Meilleurs Ouvriers de France (Best Craftsmen of France) competition in pastry making. In *Kings of Pastry*, the new documentary from the award-winning filmmaking team of Chris Hegedus and D.A. Pennebaker, chef Pfeiffer serves as exclusive guide to a remarkable and never-before-filmed world, where sugar is the stuff of fantasy, high drama and joy. See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

Wordsprouts: Literature for Young Adults and Children



Writing a book which entertains, enlightens, and enraptures a child or young adult is no small feat. It takes immense skill to craft such narratives, along with insight into the challenges and joys of contemporary childhood. Wordsprouts is proud to welcome three accomplished

authors of YA and children's literature, for a night of reading and conversation about their work. **Matthew Burgess** is an Assistant Professor at Brooklyn College. He is the author of a poetry collection, Slippers for Elsewhere (UpSet Press, 2014), and a children's book, Enormous Smallness: A Story of E. E. Cummings (Enchanted Lion Books, 2015). Lance Rubin is the author of Denton Little's Deathdate (winner of the 2016 ILA Young Adult book award), Denton Little's Still Not Dead, and It's Not Funny (Summer 2019), all published by Knopf. **Heather (H.A.) Swain** is the author of six novels for young adults, two kids' craft books, two illustrated children's books, two novels for grown ups, and numerous short stories, personal essays, and non-fiction articles. Her newest novel for teens, SuperMoon, is a futuristic thriller about the colonization of and culture clashes between the Moon and Earth. Michele Weisman is the Executive Director of Meet the Writers, Inc., a nonprofit that connects inspiring authors to students in underserved New York City schools. Michele founded the organization after 25 years engaged in product development with some of the most respected names in children's publishing, including Sesame Workshop, Time For Kids, and Highlights for Children. Based on the long-standing program at PS 321, Meet the Writers reflects Michele's deep commitment to supporting education and literacy. Last school year, Meet the Writers reached more than 4,000 students and gave away more than 1,000 signed books.

Free for all Coop members & non-members. Refreshments will be served. Bookings: John Donohue, wordsproutspsfc@gmail.com.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Move Better, Feel Better,

Feldenkrais awareness through movement. Learn a practical approach to eliminating pain and tension based on the Feldenkrais method of somatic education. Thanks to its non-corrective nature, this work is more gentle and more effective than massage or physical therapy. It is designed to facilitate lasting improvements by meeting each person where they are at and helping them naturally discover more ease and freedom of movement. This change integrates seamlessly into daily life, because it was discovered by the person, rather than introduced by corrective intervention or learned by imitating others. In this workshop you will have an opportunity to experience the benefits of the method firsthand as well as ask questions. People of all levels of fitness and ability can benefit. Igor Shteynberg, Feldenkrais Practitioner and a Coop member, whose goal is to help people feel better naturally and enjoy their daily life without being distracted by pain and tension. His clients appreciate his ability to relate to their concerns, as well as his patience and care in helping them improve how they feel on a daily basis.

sep 16

Forget the Tutor— Master Math With a Game!

Most of the time, kids have trouble in math because they didn't master the fundamentals. When they have to then learn more complex ideas and solve challenging problems, they get stuck using all of their mental energy on the simple calculations, and their minds have no space left to take in new information or use problem solving techniques. I will show you how to get your kids back on track (and ahead) in math by playing a SIMPLE and FUN game together. You as a parent are far more powerful in helping your child succeed than any teacher or tutor. Whether you have a 1st grader or a 9th grader, this game will get them excited to think in numbers! All you need is a pen and paper, some dice, and a willingness to do the most terrifying thing in the world: mental arithmetic. Come to the workshop and receive a free gift too! Dave Wolovsky is a teacher, tutor, and educational innovator. He has an MS in Neuroscience and Education from Columbia University and a love of learning.

Barn Dance



Alex Kramer is calling a barn dance at the Society for Ethical Culture. Come with friends and family and learn to dance the "do-si-do," "rip and snort," and

more. Dance to the rhythms of award-winning bluegrass and old-time musicians **Eli Hetko** on guitar, banjo and mandolin; Laurie Woods on guitar; Lily Henley, Duncan

Winkel and Hannah Read, on fiddles; Jonah Bruno on banjo; Jim Whitney on double bass; A'yen Tran, guitar; and Benjamin Engel on mandolin. Every dance will be taught and be beginner-friendly.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

Learn About Cheese at the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional Elena Santogade. This month's class will feature a selection of unique cheeses from around the world! Coop member and American Cheese Society Certified Cheese Professional Elena Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.

PSFC SEP General Meeting



Meeting Agenda to be announced. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

Meeting location: St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

sep 29 sat 10:45 am An Ayurvedic Approach to Eating with the Season

"Ayur"- Life, "Veda"- Science or Knowledge, is a holistic medical system started in India more than 5,000 years ago. The goal of Ayurveda is to be in balanced harmony with nature's cycles and actualize one's full potential. Fall is a transitional time when nature starts cooling and preparing for the winter. In this workshop, we will examine the elemental qualities of the seasons, your own unique qualities, and how to incorporate particular autumnal foods and spices into your dietary arsenal to help your body flow restoratively with the seasonal shifts. Coop member Mary A Whitlock is a certified Health Coach and Postpartum Doula specializing in Ayurvedic wellness. After struggling with her own hormonal and anxiety issues, Mary was determined to find balance and healing and found it when she studied under some of the most influential Ayurvedic teachers in the U.S. and India. She remains passionate about providing families and individuals with the resources, empathetic support and nurturing needed to maintain a healthy and balanced life.

sep 30

Financial Health Intro

Want to FEEL rich? Want to let go of fears and doubts? Suzanne Meadows encompasses an alternative and wholistic approach to include emotional and spiritual well-being. She provides a down-to-earth and comfortable space to discuss finances based on mutual trust, respect, and honesty. Suzanne has been a Coop member since 2003, has a MS in Finance from Baruch College and is a ThetaHealing® Practitioner who worked internationally before returning to Brooklyn.

still to come

Agenda Committee Meeting

oct 12 Wordsprouts: New Literary Fiction

oct 4 Food Class oct 19 Prospect Concert

oct 9 Plow-to-Plate Film oct 20–21 Food Drive to Benefit CHIPS Soup Kitchen

H

WI-FI AT THE COOP

TO THE EDITORS,

A further response to Emma Rae's letter to the Gazette of 8/2/2018, seeking Wi-Fi at the Coop.

General Coordinator Stephanie Lee has responded that Wi-Fi would be too costly for the Coop. In my opinion, even if cost were no object, Wi-Fi is not a good idea for us. Working members with data plans already spend excessive time staring at their phones when they should be. . .working. Shopping members using phones clog the aisles without regard for their surroundings. Can you imagine what it would be like if there were Wi-Fi? I, for one, don't think the Coop should be expected to accommodate members who visit, not to shop, but to do personal and professional business unrelated to the Coop's functions.

Members whose employers expect them on call should have devices with data plans provided by said employers, and all the other miscellaneous tasks requiring Internet service can be done at the library. Because the Coop is a community but isn't a community center.

Janet Gottlieb

GAZETTE EDITORIAL POLICY

DEAR EDITORS,

I want to second the suggestion of Rodger Parsons in the August 2 Linewaiters' Gazette to have a place at an end cap on one of the aisles where Palestinian and Israeli products can be sold side-by-side. I can't think of a better way to be sensitive to concerns on both sides of the issue—and acknowledge the issue without either evidencing anti-Semitism or ignoring human rights issues. (As an aside, the rabbi who married my husband and me in 2002 founded a group called Interns for Peace which worked to get Palestinians and Israeli youths to know each other personally and avoid the violence and hatred on both sides—he also adopted two Muslim children and raised them in the Muslim faith alongside his Jewish children. He left a wonderful legacy when he died in 2010 and I think the Coop can address this in a similarly sensitive way without following BDS down into the rabbit hole of one sidedness and into anti-Semitism.)

It continues to shock me that the BDS writers, in their tireless pursuit against Israel,

seem to have no issue with anti-LGBTQ issues in neighboring countries—and other human rights issues around the world. I have often wondered how many products from other countries with potential human rights issues the Coop carries—and much as I dislike the "what about" arguments, they have validity here. And what of the United States? Human rights abuses have been committed by our current administration in 2018: do those same people want to boycott American products now, too? And if not, why not? Why are asylum seekers from south of the border not worthy of protection when the U.S. systematically strips them of their rights and kidnaps their children?

Finally, as always, litigating the issue in a Coop newspaper is not the place. And yet the Gazette just published another set of letters in August 2018. So long as it continues to allow this forum, hypocrisy needs to be pointed out.

Jeanne Solomon



THE FOOD CLASS

is seeking "chef instructors" for the monthly Food Class occurring the first Thursday of the month 5:45 to 9:30 p.m. in the 2nd floor kitchen.

"Chef instructors" would work one class: demonstrate 3-4 recipes assisted by team members for an audience; attendees receive tastings. Recipes highlight Coop products, relate to food culture, nutrition, and/or cooking

techniques. Professional training not necessary but helpful. FTOP credit would be earned for prep and class time.

> Please contact parkslopefoodclass@gmail.com to propose a class.







SPECIAL WORKSLOT OPPORTUNITY! Web/Front-End Designer

needed to work on cooperative alliance project. **EXPERIENCE WRITING WORDPRESS** THEMES REQUIRED.



CLASSIFIEDS

BED & BREAKFAST

BED & BREAKFAST, THE HOUSE ON 3RD ST, serving Park Slope for over 25 yrs. Large floor-thru, located between Fifth and Sixth Aves. Parlor floor, sleeps 3, private bath, deck, AC, wifi, kitchenette, 12' ceilings! houseon3st.com, or call Jane, 718-788-7171. Grandparents are our specialty.

EMPLOYMENT

EXCITING OPPORTUNITY: Asst. needed in holistic optometric office in Park Slope, Brooklyn. Interest in holistic health and exp. working w/ children and adults a must. P/T after school hours 3-8 p.m. Wednesday and Thursday. Please send personally composed cover letter with resume. Cover letter must be specific for your qualifications. Please e-mail to: alteyedr1@aol.com.

SERVICES **AVAILABLE**

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, expe-

rienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut for a decent price, please call Maggie at 718-783-2154. I charge \$60 Wednesdays through Sundays.

Need a live-in nanny? Babysitter? Eldercare? Household help? Mother with 10+ year experience with childcare; good w/household chores and cooking; responsible and hard working. Avail. 9/18 as live-in or daily help. References avail. contact Tasha Paley, tashapal@gmail. com 917-200-8451

ATTORNEY CAROL LIPTON has been practicing law for decades with Barton L. Slavin. We represent victims in auto, construction, and slip and fall accidents. We also handle co-op and condo transactions, estates and wills, guardianship, business litigation, and civil and family court appeals. We provide courteous, attentive service. Convenient midtown location. 718-436-5359 or 212-233-1010. nycattorneys.com.

VACATION RENTALS

Rent a charming one-bedroom apartment in Paris from long-time Coop members. Located in a lovely residential neighborhood; top floor of a classic building with elevator and quintessential views of Parisian rooftops. Wi-fi, cable TV, DW, W/D. Photos/description: guesttoguest.com/en/homes/ view/425686. e-mail: magisson@

VACATIONS

THREE-SEASON BUNGALOWS Affordable 1- and 2-BR cottages in historic cooperative community in Westchester County, near the Hudson, 1 hour NYC. Swimming pool, organic community garden, social hall w/internet, social activities. \$74K-76.5K. www.reynoldshills.org. Contact cottages@reynoldshills.org.

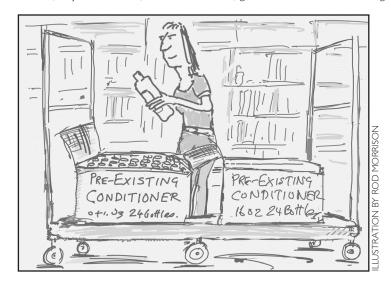


Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.







3 REASONS TO REGIS **SERVICES ON**

- Never miss your work shift again! Member Services displays future work shift dates, including FTOP.
- Avoid surprises at the entrance desk: check your status before coming to the Coop!
- Review details of your membership without calling the Office!

Ready to enroll? Go to foodcoop.com and click on "Member Services" in the upper right-hand corner to get started.

HINT: You will need your email address on file at the Coop to register. Don't remember that email? Visit the Office in person to verify or update your email.



...needs your help!

We have less than 4 weeks to raise \$25,000 or risk closing forever.

If we reach our goal, we'll be able to shore up financials, expand our inventory so we can offer more of the products our members want, and improve the store so it's an even more welcoming hub of community goodness.

Please contribute to our campaign: https://www.indiegogo.com/projects/ save-the-lefferts-community-food-coop/

Thanks in advance for your generosity!

Classified advertising in the Linewaiters' Gazette is available only to Coop members. Publication does not imply endorsement by the Coop.

🎓 EXCITING WORKSLOT OPPORTUNITIES 🎓



Terracycle—Plastic Recycling—Wednesday 3 hours per shift, 1 shift per month,

shift meets on the second Wednesday of the month 3:30 to 6 p.m.

Must be prepared to work outdoors in front of the Coop—winter months included. Tasks include: setting up the TERRACYCLE table and bringing supplies down to your work area. Staffing the TERRACYCLE table throughout the shift. Helping to educate recyclers about the TERRACYCLE PROGRAM. Making sure only acceptable recyclables are donated. Packing the TERRACYCLE shipping box/ boxes and taking them to the UPS store. More details provide once you sign-up this squad communicates via e-mail so please make sure the Membership Office has your correct e-mail address on file. Second Wednesday's through end of year: September 12, October 10, November 14, December 12.

Refrigerator Cleaning Monday, 9 to 11 a.m.

This position requires a desire to do physical work, enjoy cleaning, and organize refrigerators. You will thoroughly clean the refrigerator, removing all movable parts and cleaning them, label food items. and discard old or out-of-date products. Please speak to Mary Gerety in the Membership Office.

Bathroom Cleaning Monday, Thursday, Friday, 12 to 2 p.m.

This job involves cleaning the Coop's six bathrooms: two on the shopping floor, one in the basement, and three on the second floor. Using a checklist of tasks the squad of two members will coordinate the work by dividing up various cleaning tasks that include, but are not limited to, scrubbing floor tile, cleaning toilets and sinks, mopping floors, and re-supplying the bathrooms. The Coop only uses all natural products for its maintenance tasks. This job is perfect for members who like to clean and will be conscientious about doing a thorough job. Please report to Mary Gerety in the Membership Office on your first shift.

Store Equipment Cleaning

Monday, 6 to 8 a.m.

This job involves meticulous deep cleaning of the store's checkout equipment and furniture. Workers are required to read and follow detailed instructions for cleaning the scales, printers, and monitors as well as cleaning the furniture and organizing checkout worker's tools and supplies. Must arrive on time at 6 a.m. Please report to Cynthia Pennycooke in the Membership Office on your first work shift.

Receiving Produce Monday through Friday, 5 to 7:30 a.m.

Start your day early with a workout and a sense of accomplishment! Work sideby-side with our paid staff receiving daily fresh produce deliveries. If you are willing to get your hands a little dirty, lift and stack boxes, and work in our basement coolers, then you'll fit right in. We promise your energy will be put to good use. Boxes usually weigh between 2-30 lbs, but can weigh up to 50 lbs.



PLASTIC PACKAGING RECYCLING

2nd Wednesday of every month 3:45-6 p.m. 4th Saturday of every month 1:45-4 p.m. For Coop members only

Please be prepared to show your Coop membership card.

Plastic bags/wrap/packaging from most products sold at the Coop—food and non-food.

Thin plastic film wrap—from notecards, tea boxes, pre-packaged cheese, household items, pet food, juice packs, etc.

Plastic roll bags distributed by the Coop—please use roll bags only as necessary, reduce usage whenever possible, and re-use any bags you do take before recycling.

Plastic food storage zip lock bags (any size), plastic cling wrap, and small bulk bags.

> NO food residue, rinse as needed. Only soft plastic from Coop purchases.

For all community

Pre-sort and separate according to the categories below.



Toothbrushes and toothpaste tubes

Energy bar wrappers and granola bar wrappers Brita water filters and related items (other brands also accepted)

Cereal and cracker bags/box liners

Donations in any amount are welcomed to help offset the cost to the Coop of this collection.

Interested in joining the squads that run the Wednesday/Saturday collection? Contact Cynthia Pennycooke in the Membership Office.

For more information about Terracycle, visit terracycle.com Questions about items we accept should be e-mailed to **ecokvetch@yahoo.com**







THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Joan A.	
Rachel Abram	S
Claire Adams	
Peter Allen	
Dan Balkin	
Jenna Balute	
Evguenia Bort	sova
Catarina Botto)
Maevid Bowm	an
Howard Bufor	d
Phyllis Capello)
Theodicia Col	lins
Michael Conra	nd
Nancy D.	
Jennifer D'Apo	nte
John D'Aponte	9
Meegan Daigl	er
Ziad Dallal	
Ashonda Dave	enport
Marcelo De Ol	iveira

Carly DeFilippo Alexandra Dougherty Eloise Eonnet Rebecca F. Joanna Farley Maggie Field Ian Fried Jason Gaspar Isabella Giancarlo Jojo Gonzalez Regina Gori Camilla Gurun Jeremy Hamel Abraham Hawkins Jessi Hempel Natalie Hession Lucas Huh Kat Hurley Adam Jaffee

Ann James

Oliver Kakos Jeejung Kim Iris Klein-Bennish Sri Kuehnlenz Hali Lee Ardele Lister Johnathan Lowery Iacob M. Antonia Madian Amina Maine Michael Mandiberg **Bob Master** Sarah Mendelsohn Lize Mogel Geffen Oren Cynthia Payne Parisa Michael Penland Jennifer Polansky

April Ransome

Veronica Reboredo Rebon E. Michael Remboulis Allen Riley Adam Robertson Callie L. Robinson Kaitlin Roh Aliffer Sabek Trebor Scholz Shern Sharma Nancy Siesel Sarah Sills Jacob Slichter Nathan Snyder Sandra Stratton-Gonzalez Evelyn Sucher Kamilla Talbot Caroline Todd Sarah N. Volkman