LINEWAITE S' GAZETTE

Volume MM, Number 18

September 13, 2018

What's the Deal with Plastic Straws?

By John B. Thomas

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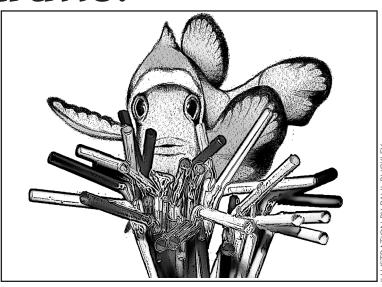
OCTUBERO COMMUNICATIONS

OCTUBERO COMMUNICATIO

n July 9, 2018, Starbucks announced it would eliminate plastic straws from its 28,000 stores by 2020. In the past year, nearly 2,000 restaurants have banned or shifted to an "opt-in" policy for plastic straws, making them available upon request only. The city of Seattle is most likely the largest government entity to fully ban plastic straws, and proposals to ban plastic straws and other plastics are under consideration in the United Kingdom, the European Union, Toronto, New York, and the State of California.

Why have plastic straws emerged as such a hot button issue? What exactly is the problem with plastic straws? And what, if anything, can or should we do about it?

Plastic pollution of the marine environment is not new, but a 2015 viral video showing a gruesome extraction of a bloody plastic straw from a sea turtle is thought to have kicked off the national discussion about banning plastic straws. At the same time, many studies published in reputable journals (Science, Nature) have documented the widespread extent of plastic pollution in more detail than we had previously known, particularly the volumes and sources of plastic pollution in the marine environment. Meanwhile, environmental groups have seized on this consumer energy, using plastic straws as a "gateway plastic" to engender broader



concern about this environmental issue.

So how bad is it? The short story of plastic pollution is an ugly one, and one that is only getting worse. In the U.S., what's known as "single-use plastic" is typically not recyclable, and as such ends up going down drains, into rivers, and ultimately into the ocean—nearly 50% of all plastic produced is disposed of after a single use. While measuring pollution is always challenging, scientists estimate that 8 million metric tons of plastic enter the ocean every year, equivalent to one garbage truck worth per mile of beach per day. It is estimated that nearly 6.3 billion tons of plastic waste have been generated in the last 70 years, 79% of which has accumulated in landfills or the natural environment. By 2050, it is estimated that there will be more plastic in the ocean than fish in the sea, by weight.

The impacts of this pollution are insidious, and their full extent is only beginning to become clear. The main environmental impacts of plastic pollution are ingestion by marine life and entanglements, leading to starvation, infection, reduced reproductive success, and death of marine wildlife. Additionally, "microplastics"—the tiny particles of plastic that have broken down from "macroplastics" like bags and bottles—are being mistaken for food by fish, ending up accumulating in their bodies, and ultimately being consumed by humans. Microplastics can act as sponges to other toxic chemicals in the ocean (pesticides, mercury, lead, cadmium, copper), resulting in greater accumulations inside fish than in the ambient environment. Microplastics have been found

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August General Meeting Approves Boycott of CamelBak

By Meredith Kolodner

The August General Meeting unfolded on a steamy night in St. Francis Xavier's sweltering standing-room only auditorium, but there was one water bottle that was nevertheless not welcome.

Members voted overwhelmingly to boycott Vista Outdoors products, which include the CamelBak water bottles and accessories that have been sold at the Coop. As a result, the Coop has stopped purchasing the items and will only sell what's left in the store. A letter will also be sent to the company to explain the decision.

The vote came after an April discussion about the purchase of CamelBak by Vista, which is a weapons and ammunition manufacturer. As a fact sheet distributed to members noted, "One of their brands is Savage Arms, maker of AR-15 style rifles, the kind of gun CNN Money calls the 'mass shooter's go-to weapon."

Matthew Wills, who sponsored the boycott proposal, made clear that another reason for the boycott was Vista's financial support for the National Rifle Association. The Coop now joins the REI and Mountain Equipment Co-op retail cooperatives in halting sales of all Vista products, which also include Serengeti Eyeware and, for kids, Raskullz.

There were no speakers against the resolution, but members did ask some clarifying questions and suggested some minor amendments, which were accepted. The revisions made it clear that the Coop was boycotting Vista, not simply CamelBak. Some members wondered about how to get the word out about the boycott, in order to have greater impact, and Wills suggested publicizing it via social media.

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Next General Meeting on September 25

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month. The September General Meeting will be on Tuesday, September 25, at 7:00 p.m. at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

The agenda is in this *Gazette*, on www.foodcoop.com and available as a flier in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

BIKE VALET

IMPORTANT INFORMATION

There will be less space available for bike parking until the end of the Bike Valet season, due to work being done on the Coop roof.

PLEASE PLAN ACCORDINGLY

as you might have to lock up outside of bike valet.

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Read the Gazette while you're standing on line OR online at www.foodcoop.com

Plastic Straws

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in everything from fish to fertilizers to table salt, and a whopping 93% of bottled water.

On top of these environmental impacts, consumption of seafood (fish, shellfish, and filter feeds) that have consumed plastic could expose humans to health risks associated with these toxic chemicals. Never mind the aesthetic issues associated with plastic on beaches, which contribute negatively to tourism and local economies.

The scientific rationale behind limiting the use of plastic straws is strong, but there are also some challenges that have complicated attempts to make plastic use a black-andwhite environmental issue. The top line takeaway is that there is no question the plastic straws are a significant contributor to marine pollution, and that using fewer straws will be better for the environment. Full stop. An estimated 175 million straws are used each day. And the environmental NGO, the Ocean Conservancy, found in their annual coastal cleanup survey that plastic straws were the number one item picked up, counting 643,000 in their

cleanups alone. That said, it is a general rule that reducing consumption of most goods and services would be better for the environment.

However, of the sources of plastic pollution, straws are estimated to make up about seven percent by volume, and even less by weight. Discarded plastic fishing nets, plastic bags, and plastic bottles are all larger sources of pollution, but sources that have not engendered the same level of public awareness.

At the same time, disability advocates have raised concerns about the demonization of plastic straws, especially considering that straws are the only way that many individuals with disabilities are able to consume liquids. While there are some viable alternatives (paper, metal, silicone, or straws made out of natural materials), they also have weaknesses that can make them less desirable. As such, disability advocates have come out strongly against plastic straw bans.

Increasingly, the solutions to plastic pollution—and many other environmental problems—are thought to require more than just consumer activism. For starters, 86% of the plastic entering the ocean is thought to come from Asian rivers, from upstream countries with weak or nonexistent plastic management (vs. countries like the U.S., which have extensive recycling programs, yet are still major contributors on a per capita basis) and limited environmental consciousness. And as most plastic gets broken down into microplastics and ultimately ends up in international waters, concentrated by ocean currents in "gyres" in the middle of the major oceans (such as the "Great Pacific Garbage Patch"), responsibility lies with all countries—a collective action problem incredibly similar to the challenge of global greenhouse gas pollution.

To cut down dramatically on plastic pollution will require an agreement on the level of the Paris Climate Accord, as well as broader efforts to redesign economic systems that depend on cheap, available plastic as the workhorse material of the global economy. In December 2017, nearly 200 countries signed a non-binding United Nations resolution to eliminate ocean plastic, a positive step in the right direction. To date, legally binding efforts with specified reduction targets have been rejected by the U.S., China, and India. Without leadership by any of those three countries, voluntary efforts will remain important drivers of change and help to create political pressure for action.

So what can and should Coop members do? Perhaps most important is to simply reduce plastic consumption across the board. Wherever possible, bring your own cups, utensils, and straws. Every time you re-use a straw, fork, or cup, that's one less item of plastic going into a landfill or ultimately the ocean. Equally important is to consider supporting organizations that

are engaged in research and activism about plastic pollution, such as the Ocean Conservancy, Surfrider Foundation, Oceana, or the Natural Resources Defense Council.

Ultimately, what is perhaps most important is to hold producers accountable for the waste they produce. If you see a product on the shelves that has an excessive amount of packaging, contact the producer and ask them why. And the next time you pick up that iced coffee from Starbucks, think twice if you really need that straw. ■

Crossword Puzzle

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58				59						60				
61				62						63				

- 1. Many a charity golf tourney
- 6. It's often set at night
- 11. School of whales
- 14. 2008 documentary about the national
- 15. Unlike HDTV screens
- 16. Gibbon, e.g.
- 17. Urban dweller trying to lower its intake of birdseed?
- 19. No. 2's
- _-surface missile 21. Ward of "The Fugitive"
- 22. Insect found in medieval prisons?
- 28. "Finally!"
- 27. Rubber bone, e.g.
- 29. Home of the Braves: Abbr. 30. Cry of encouragement to foxhounds
- 32. Homies make their streets resemble Times Square?
- 39. Philosopher John and others
- 40, 56, in old Rome
- 41. Experience of riding a roller coaster
- 43. More like Cheerios
- 46. Attending a society affair? 49. When doubled, a Billy Idol #1 hit
- 50. Betrav. in a way
- 51. Second most populous continent:
- 52. Lasted a really long time ... or what
- 17-, 22-, 32- and 46-Across did
- 58. The "Y" of TTYL 59. Thus far
- 60. Gawk
- 61. Woman's name meaning "grace"
- 62. Woman's name meaning "beautiful"
- 63. The New Yorker piece

Down

- 1. Domino dot 2. Aussie animal
- 3. Pronoun for two or more
- 4. Obliquely
- 5. Request to be excused

- 6. His Princeton yearbook noted he "intends to go to law school and eventually to warm a seat on the Supreme Court"
- 7. Access the Internet, say
- 8. "All bets _ Speedwagon
- 10. AOL alternative
- 11. They help call meetings to order
- 12. Small computer program Verde National Park
- 18. Part of a food chain
- 21. Put away for safekeeping
- 22. Inflict upon
- 23. Like Christmas sweaters, stereotypically 24. Tempts
- 25. Write permanently
- 26. Sommer of 1960s-'70s films
- 27. Celebratory move popularized by Cam Newton
- 30. Bumpkin
- 31. Final word shouted before "Happy New Year!"
- 33. Ruble: Russia:: : Poland 34. Hall-of-Fame college swimming Thornton
- 35. Shoe company founded in Denmark
- 36. Mishmash 37. Kind of mitt
- 38. N, E, W or S
- 41. Make jokes about
- 42. 2K race, e.g.
- 43. Numerical prefix 44. What Richard III offered "my king-
- dom" for 45. Convictions
- 47. "Family Matters" ubernerd
- 48. Commerce pact signed by Clinton 49. Rudolph of "SNL"
- 52. Soda brand, or its opener
- 54. Cartoondom's Olive
- 53. Sugar suffix
- deferens
- 56. The Renaissance, e.g. 57. Heroine of "Star Wars: The Last Jedi"
- Puzzle author: David Levinson-Wilk. For answers, see page 12.

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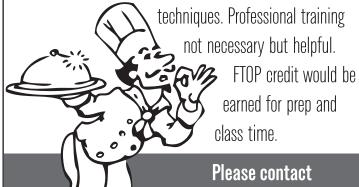
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is seeking "chef instructors" for the monthly Food Class occurring the first Thursday of the month 5:45 to 9:30 p.m. in the 2nd floor kitchen.

"Chef instructors" would work one class: demonstrate 3-4 recipes assisted by team members for an audience; attendees receive tastings. Recipes highlight Coop products, relate to food culture, nutrition, and/or cooking



parkslopefoodclass@gmail.com to propose a class.

August GM

CONTINUED FROM PAGE 1

Pension Plan

General Coordinator Lisa Moore provided an update from the Pension Plan Committee, reminding the meeting that a year ago a proposal to create a pension plan oversight committee was voted down at the January 2017 GM. (See August 16 Linewaiters' Gazette issue for more details on that debate.) Two weeks prior to that vote, the Coop received a letter from the U.S. Department of Labor Employee Benefits Security Administration stating that the pension plan was being placed under review. It became clear that a complaint had been made to the Department by someone who believed misconduct had occurred, Ms. Moore said. However, investigation details are confidential, and the Department does not disclose the identity of the complainant.

The investigation formally began in February of 2017, and the DOL examined the Coop's records from 2014 to the present. After 14 months, the Department closed the investigation and informed the Coop last month that no further action was being contemplated. Ms. Moore shared that "there was never anything illegal about the investment or the way the plan was managed," no provisions were violated, and there was no conflict of interest.

The only comment made when the floor was opened up to members was a man who stood to say, "Well done!" before taking his seat again.

Ms. Moore also reminded members that a proposal to start a Pension Plan Advisory Committee to monitor fund performance, maintain regular communication with the Pension Trustees, and provide ongoing education and reporting about the plan, was passed at the July General Membership meeting. (See August 16, 2018 Linewaiters' Gazette for more details.) Members can now apply for a short-term work shift (about three to six months) to serve on the Inaugural Selection Group. The group will be made up of between three and seven members, with ideal candidates possessing some financial experience. More details are available from the office and in upcoming issues of the Gazette.

Things Get Tense

The meeting took a more divisive turn during the second discussion item, which was a proposal to allow members under disciplinary review to request a hearing retroactively. The Coop's February meeting

passed a measure that allows members who go before the Dispute Resolution Committee (DRC) to request a hearing. The new proposal would allow members who were disciplined before that measure passed to be grandfathered into the new rule if they had been put under disciplinary review up to one year ago. There is only one member to whom the proposed rule would apply, Coop staff said.

But it wasn't so much the item itself, which was co-sponsored by 19 members, that caused the confusing ruckus; it was the attempt by suspended member Reginald Ferguson, who sponsored the original resolution in February, to address the meeting. (See February 15, 2018 Linewaiters' Gazette issue for background.)

Joseph Szende informed Mr. Ferguson that only members in good standing could speak at Coop meetings and thus he could not be recognized by the chair. When Mr. Ferguson continued to speak, his microphone was turned off.

Then things really got muddy. The meeting was informed that Mr. Ferguson had a case before the DRC with an arbitration scheduled in September (a Gazette reporter has been assigned to cover the arbitration). The chair also explained that as a member not in good standing, Mr. Ferguson was not allowed to enter the Coop. It had been determined by the General Coordinators that the General Meeting, although it was being held in St. Xavier's Church, was considered an extension of the Coop.

General Coordinator Joe Holtz was called on to clarify. Mr. Holtz said that he had told Mr. Ferguson before the meeting began that he would not be allowed to speak, and asked him to leave, but that Mr. Ferguson had declined to do so.

The crowd, many of them sweating from the heat, began to get restless.

"Let him speak," shouted one member.

"You're trespassing," said another.

"Why is this on the agenda if we're not meant to hear this?" questioned a third.

"How do you define a member in good standing?" someone else asked.

The chairs conferred and then reversed their decision about speaking, turning back on the microphone, but warned that Mr. Ferguson could incur further disciplinary charges if he chose to speak. The two other members who were standing with Mr. Ferguson near the microphone were told that as an alternative they could introduce the item, but there were no

efforts to make that change.

"It's my agenda item, I should be allowed to speak," said Mr.

Eventually, General Coordinator Ann Herpel rose and made a motion to table the agenda item. The motion was seconded, and a majority of the meeting voted in favor.

Members were generally confused by what had happened and some wondered if Mr. Ferguson had been unfairly shut down.

It became clear afterwards that the members who sponsored the item felt that the investigation into Mr. Ferguson's disciplinary case had not been conducted properly.

"He deserves a hearing," said Clara Goetz, who said she had been on Mr. Ferguson's squad for 12 years. "The committee never interviewed me or anyone else I know on his squad."

The case against Mr. Ferguson arose from complaints by members, whose names are confidential, and the resolution was to remove him as squad leader and ask him to choose another work slot.

His suspension came from his unwillingness to accept that decision, Coop staff said, which is why an arbitration was scheduled.

Mr. Ferguson is the only person whom the agenda item would have affected if it had passed, according to Coop staff.

Part of the confusion in the meeting was due to an unclear definition of "member in good standing." When members are on work alert or "suspended" due to missing too many shifts, it is a wholly different status than a member who is suspended due to a disciplinary review, Ms. Herpel said in an interview after the meeting.

The DRC can decide whether a member under disciplinary suspension should be barred from all Coop activities until his or her case is resolved. Those activities include events sponsored by the Coop, shopping, and General Membership meetings. Mr. Ferguson had been informed of his status and had not entered the Coop since the suspension, but he objected to not being allowed to attend the General Meeting.

"This is a school, not the Coop," Mr. Ferguson said at the meeting.

Ms. Herpel said she made the motion to table the item because she didn't see how the situation was going to revolve itself.

"I wanted to get us out of the situation; we were at an impasse," Ms. Herpel said. "Reggie was not going to leave the mic, and the two other people didn't seem like they were going to speak instead."

"Tabling it doesn't mean it's gone forever," she added. "It can be put on the agenda at a future meeting."

The chair committee clarified after the meeting in an interview that if a member had wanted Mr. Ferguson to be able to address the GM, she or he could have made a motion to overrule the chair and allow Mr. Ferguson to speak. If it had been seconded and then passed by a vote, he would have been allowed to speak.

Financial Report

The financial report covering the 28 weeks ending August 12, 2018, was delivered by General Coordinator Stephanie Lee, who is in charge of finance for the Coop. It caused substantially less rancor.

Net sales at the Coop were approximately \$30.5 million between January 29 and August 12, an increase of 0.8 percent over the same period last year.

Operating expenses came in at around \$5.6 million (18.5 percent of sales), compared with \$5.1 million (17 percent of sales) for the same period last year. The increase of roughly \$513,000 was driven by two factors: an increase in personnel costs and increased repair and maintenance expenditures, Ms. Lee said.

Personnel expenses composed a greater percentage of sales—14.4% this year compared with 13.2% last year—an increase of around \$398,000. A little over half of the increase was due to increased cost of employee health benefits.

Repairs and maintenance expenses increased by around \$135,000, and nearly all of this was related to the Coop's longplanned roof and façade repair project, and the renovations to the bathrooms on the shopping floor, according to Ms. Lee.

All of the above resulted in an operating loss of about \$361,000, versus a positive \$78,000 last year.

Average membership was 16,558 over the past 28 weeks, down half a percent from the same time last year.

Welcoming New Staff

General Coordinator Herpel informed the GM of three new staff members who have recently been hired. The two new Receiving Coordinators are Petra Claiborne and Craig Roberts, who will replace outgoing RCs. Crystal Goldenstein was hired as Facilities Receiving Coordinator, which is a new position. She will be responsible for fixing all of the little or big things that need repair. Those repairs could include electrical, plumbing, carpentry, or broken shopping carts.

GMO Labeling Committee

The Genetically Modified Organism (GMO) labeling squad was formed in 2000. Much of their recent work has involved reading the labels on about 1,000 products, two members reported. There were only two brands in the Coop that admitted to using GMO ingredients. One of them was two flavors of Mom's Best Cereal, including the Oats and Honey Blend. The warning is in tiny letters at the bottom of one side of the box. The other product is Osem Bamba Peanut Snack with hazelnut cream filling; the disclosure was found in the ingredients listing.



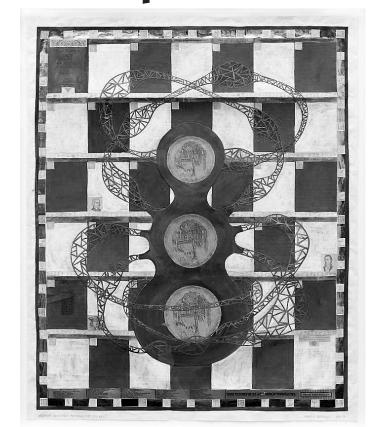
Nancy Bowen Keeps It Weird

here do artists get their inspiration? From joy? Pain? Politics? Or something mysterious in the unconscious mind? Many are secretive about it, but Coop member Nancy Bowen has no reservations about revealing the springs of her mixed-media drawings, sculpture and installation pieces. I met up with her on a stormy afternoon at her studio in the Brooklyn Navy Yard, where we looked at her drawings and talked about her New England ancestors, her love of obscure old objects, and her current show at Kentler International Drawing Space in Red Hook.

Nancy describes herself as "a kind of artist archeologist." Where does she do her digging? "For my most recent body of work I started digging in my parents' house,' she said. "It was my family home in Rhode Island, where I was born. My dad's family had actually been within a 30-mile radius of where I grew up since 1644. My parents lived there for 60 years, and before my dad, Richard Bowen, passed we started going through all his stuff. He was very involved, as an avocation, with decorative objects, the history of New England, and genealogy. So, I grew up in a house that was filled with things from generations past."

Hanging from the Rafters

Nancy's affinity for artifacts is hardly limited to New England collectibles. "The other thing that got me thinking about archeology was that my dad lived in Saudi Arabia for five years during World War II. He had a Ph.D. in chemical engineering and was one of the guys who set up the first oil refineries. But he was really interested in archeology, so our house also had lots of stuff from the



"52 All American {Male} Personalities"

Middle East in it. With all the early Americana and the Middle Eastern patterned rugs and textiles, we had, like, the weird house in the suburbs. We had nautical things, a wooden ship's figurehead, this big busty topless woman hanging from the ceiling in the dining room. We had an angel carrying a sign that said 'Gloria' hanging from the ceiling in the living room, a cigar store Indian, and everywhere these cool objects that weren't necessarily valuable, but were beautiful. It made me really like stuff! But I had never used found objects in my artwork until cleaning out my dad's house, and then I made a conscious decision. I got all this weird stuff and I started incorporating it."

Twisting the Squares

What did Nancy repurpose for her current show? "All the drawings come from books that I took apart and refashioned either to show the bias of the book or to kind

of make fun of it," she said. "A lot of the books are very patriarchal." She pointed out a drawing that included some complex diagrams. "This was from an insanely rigid manual about how to use a carpenter's square, The Steel Square Pocketbook. The illustrations are what attracted



"Dark Waters"

me. I decided all the text would be yellow, I'd leave the illustrations white, the headers of the pages, gray, the page numbers red. Then I put a Hindu image on it from my travels to India. Then I was walking by the drawing with this piece of glass I had made, and I happened to look through it and I loved the distortion. I thought, since this is about right angles, I'm going to put this glass on it to totally mess it up. I love the idea of making a thing that's like a hybrid of drawing

Fun Is Permitted

Nancy's work reads as very playful. Is play a part of her process? "Though my work is serious—I may be making drawings about death, say—I believe in play as a way to make things," she said. "I'm also not afraid of the word 'fun.' It may be a really silly drawing, like this book I found, Old New England Customs. It was discarded from a library—no circulating books were destroyed here! Every chapter head has these beautiful engravings. Since I grew up in New England, I thought, what are these? They're really funny. Here's 'To Indulge in Bundling.' Bundling is what the Puritans did when they weren't allowed to have sex; they would wrap each other up and get into bed with a piece of wood in between them. For this, I decided to make it look like a quilt because that seemed like a New England thing. Then I just had fun with the colors and patterns. There's no deep meaning behind it."



"Artemis Dilemma"

Forever in the Making

Nancy often employs decorative craft traditions that have fallen out of use. What's her interest there? "My grandmother made beaded purses," she said. "When she died other people got money and I got her beads! She was kind of a super-crafty church-fair lady. She taught me a bunch of things that people don't really do anymore because they take forever. I learned beaded jewelry techniques and transposed them to sculpture. And in my travels, I photograph lots of ornaments. In India, lots of patterns and textiles that I feel are disappearing. It's part of why I really like to make stuff. The cave painters were painting what they saw; we're making what we see. And it is a way to let the future see it—if there is any future."

That's a question that touches on our current political crisis. The election

stopped a lot of artists dead in their tracks. Did Nancy experience that? "I totally did," she said. "I'm not an overtly political person. I mean, I keep my politics out of my artwork for the most part. But for this show almost all the drawings have titles I found in the text, like 'The Swamp Is a Game Not as Easy as It Seems,' which I thought was perfect. Maybe everything reminds me of where we are, but I'm titling everything that way. Then I started looking for things in the drawings. There's one I named 'Shady, Selfie, Singsong.' I thought was a perfect description for Trump. This one I'm calling 'The Particulars of Our Tragedy.' This was a piece from a broadside from the 1800s that was about hanging. But that's sort of how I'm addressing the moment."



"Field of Dreams"

Barbecue Squad

How long has she been a Coop member? "I'm not sure, but definitely more than a decade," Nancy said. "I am one of those weird people that loves the Coop. I go there for everything. I love my shift as a greeter because I get to talk to people. Plus, I'm entertainment for the squad leader. We chat. We're a motley crew, we would never meet in normal life, but I love my squad, we meet up and have barbecues every once in a while."

What Coop items would Nancy choose to represent her in a still life drawing? "There has to be a dark chocolate bar, Lindt, with sea salt," she said. "A mango, and some of our beautiful textile napkins. It's a weird assortment of stuff. I love stuff."

Nancy Bowen's show, For Each Ecstatic Moment, is at Kentler International Drawing Space, 353 Van Brunt St., (Red Hook), Thursday-Sunday, 12-5 p.m., through October 28. ■



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- Review details of your membership without calling the Office!

Ready to enroll? Go to foodcoop.com and click on "Member Services" in the upper right-hand corner to get started.

HINT: You will need your email address on file at the Coop to register. Don't remember that email? Visit the Office in person to verify or update your email.

and sculpture."

MEMBER SUBMISSIONS

What Can We Do to Stop a Trump Administration Plan That Would Force **Immigrants to Choose Between Food and Green Card?**

By Katherine Fennelly

nder a draconian Trump Administration proposal expected to be announced soon, immigrants' applications for green cards could be denied if they, or a mem-

ber of their families use Medicaid, food stamps, CHIP (Children's Health Insurance), ACA health insurance, low-income tax credits, or an array of other state and federal social services. The

proposal would broaden an existing, little known "public charge" rule that affects about 3% of lawfully present immigrants in the U.S. to one that could exclude almost half (47%) from the opportu-

nity for permanent residence. The change would expand the definition of individuals considered likely to become "public charges" to one that would target about ten million immigrants and their

family members nationwide, including U.S. citizen children, who benefit from nutrition programs, public benefits or tax credits. On August 13, 2018, Liz Robbins of The New York Times reported that city officials estimate that at least one million New Yorkers could be hurt by this plan, and that the children of immigrants seeking green cards would be most vulnerable.

Sadly, the revised Public Charge Rule has not yet been published.

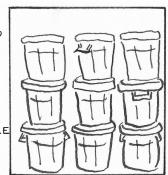
Comic/Graphic Look at a Coop Compost Shift

By Lisa Wilde

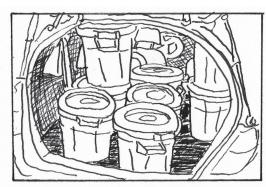
As a teacher and comic maker, I think comic graphics are a wonderful way to educate and convey information. I decided to make a panel about our compost shift when I realized that there are some cooperators who don't know about compost (as shocking as that seems...).

RITE OF CABBAGE - WHAT IS ONE COOP COMPOST SHIFT LIKE? DEDICATED TO THE MEMORY OF DAVID BUCKLE

ONCE EVERY FOUR WEEKS, MY HUSBAND AND I DRIVE TO THE COOP, WHERE WE PICK UP BUCKETS OF FRUITS, VEGETABLES, SOMETIMES EGGS AND OTHER COMPOSTABLE ITEMS THAT SOMEONE HAS DETERMINED ARE NO LONGER ACCEPTABLE FOR EITHER SALE OR CHIPS. WE HEAD TO ADDED VALUE FARMS IN RED HOOK



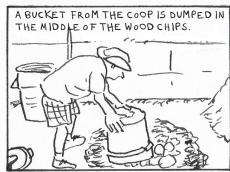
WE COMBINE BUCKETS, WHEEL THEM OUT OF THE COOP AND PACK AS MANY AS WE CAN IN THE BACK OF OURHONDA FIT, USUALLY BETWEEN 9 AND

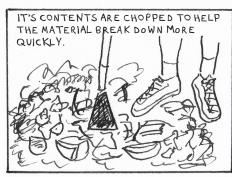








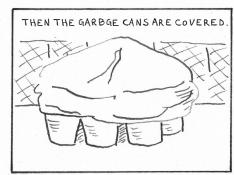




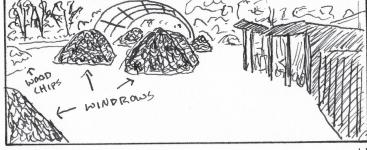








FINALLY, THE AREA IS SWEPT AND CLEANED UP THE TOOLS ARE PUT AWAY. THE EMPTY BUCKETS AND LIDS ARE THROWN INTO THE CAR AND WE RETURN TO THE COOP. THE MATERIAL INSIDE THE GARBAGE CANS WE'RE LEAVING REHIND WILL GET INCORPORATED INTO GIANT WINDROWS.



IN THE WINDROWS THE CARBON FROM THE WOOD CHIPS AND NITROGEN FROM THE PRODUCE, ALONG WITH MOISTURE AND OXYGEN, WILL TURN IT ALL INTO COMPOST - THE MATERIAL THAT PLANTS THRIVE ON. THE COMPOSTING PROTOCOL AT ADDED VALUE WAS CREATED BY DAVID BUCKLE, WHO PASSED ON APRIL 14, 2018.

LISA WILDE COPYRIGHT 2018

What Can We Do?

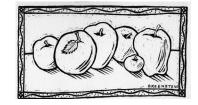
We can submit our objections, but we will need to act quickly once the rule is published. Federal law requires government agencies to receive and review public comments that are submitted within 30 days of the publication of a new rule.

Don't Separate Families is a Brooklyn-based group that is alerting people to the issue. Our goal is to motivate 5,000 community members to submit public comments. Will you join our rapid response team? To do so, please send an email to PublicCharge@ gmail.com with the subject line, "NOTIFY ME WHEN THE OTHER SHOE DROPS" and we will contact you as soon as the rule is published, and provide you with a link to the site for comments, and sample text.

We hope that, as Coop members who support diversity and equality, you will join us in opposing these onerous changes to the Public Charge Rule.

Please let me know if you would like further information.





The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215, 718-622-0560. Opinions expressed here may be solely the views of the writer. The Gazette will not knowingly publish articles that are racist, sexist or otherwise discriminatory.

The Gazette welcomes Coop-related articles and letters from members.

SUBMISSION GUIDELINES

The Gazette will not knowingly publish letters, articles or reports that are hateful, racist, sexist, otherwise discriminatory, inflammatory or needless-

The Gazette welcomes Coop-related articles, letters and committee reports from members that follow the published guidelines and policies. The following is a summary—please see the detailed guidelines for each type of submission on the Coop website: www.foodcoop.com.

All submissions must include author's name, phone number and e-mail address, conform to the following guidelines and to the Fairness, Anonymity and Respect policies. Editors will reject letters, articles and reports that do not follow the guidelines or policies. Submission deadlines appear each edition in the Coop Calendar section.

For topics that generate a large number of submissions (letters or Member Articles) serially and continuously over an extended period of time, the *Gazette* will not necessarily publish all submissions, but the editors will use their editorial discretion to select a small number of submissions (whether letters or Member Articles) from each side as representative of that viewpoint of the issue. The selected submissions will also adhere to the current guidelines of civil discourse and should serve to advance the discussion in new ways.

You may submit via e-mail to GazetteSubmissions@psfc.coop. Letters: Maximum 500 words.

Voluntary Articles: Maximum 750 words. A Voluntary Article is held to a higher standard than a letter and must meet at least the following criteria: A Voluntary Article must analyze the topic it is discussing; it must present accurate, verifiable corroboration for factual assertions; it can criticize but not attack Coop practices and personnel; if critical it must present positive solutions; it cannot be solely or mainly opinion. It must strive to make a positive contribution to the understanding of the reader on a topic. If a sub-mitted Voluntary Article is substantially opinion, it must be re-submitted, under 500 words, as a Letter to the Editor, possibly to a future issue. Editors will reject articles that are essentially just advertisements for member businesses, those of family and friends of members, solely expressions of opinion or that do not follow the guidelines and policies.

Committee Reports: Maximum 1,000 words. Reports must follow the published guidelines and policies.

LETTERS, ARTICLES AND REPORTS SUBMISSION POLICIES

Letters must be the opinion of the letter-writer and can contain no more than 25% non-original writing.

All submissions must be written by the writer. Letters or articles that are form letters, chain letters, template letters or letters prepared by someone other than the submitting member will be rejected.

Letters, articles and reports must adhere to the Fairness, Anonymity and Respect policies. They cannot be hateful, needlessly inflammatory, discriminatory libelous, personal attacks or make unsubstantiated claims or accusations or be contrary to the values of the Coop as expressed in our mission statement.

All submissions must be legible, intelligible, civil, well and concisely written with accurate, attributed, easily verifiable statements of facts separated from opinions.

Letter and article writers are limited to one letter or article per issue. Letter and article writers cannot write gratuitous serial submissions. Editors may reject submissions to consecutive editions of the Gazette on the same topic by the same writer.

Editor-Writer Guidelines: All submissions will be reviewed and, if necessary, edited or rejected by the editor. Writers are responsible for the factual content of their stories. Editors must make a reasonable effort to contact and communicate with writers regarding any questions or proposed editorial changes. Writers must be available to editors to confer about their submissions. If a writer does not respond to requests for editorial changes, the editor may make the changes without conferring with the writer, or reject the submission. If agreement between the writer and the editor about changes does not occur after a first revision, the editor may reject the submission, and the writer may revise and resubmit for a future issue.

FAIRNESS, ANONYMITY AND RESPECT POLICIES

In order to provide fair, comprehensive, factual coverage:

1. The *Gazette* will not publish hearsay—that is, allegations not based on the author's first-hand observation.

2. Nor will we publish accusations that are unnecessary, not specific or are not substantiated by factual assertions. The Gazette will not publish gratuitous personalization. That is, no unnecessary naming of Coop members in polemical letters and articles. Writers must address ideas not persons.

3. Submissions that make substantive accusations against specific individuals, necessary to make the point of the submission and within the Fairness, Anonymity and Respect policies will be given to those persons to enable them to write a response, and both submissions and response will be published simultaneously. This means that the original submission may not appear until the issue after the one for which it was submitted.

Unattributed letters will not be published unless the Gazette knows the identity of the writer, and therefore must be signed when submitted (giving phone number). Such letters will be published only where a reason is given to the editor as to why public identification of the writer would impose an unfair burden of embarrassment or difficulty. Such letters must relate to Coop issues and avoid any non-constructive, non-cooperative language.

Respect

Submissions to the Gazette must not be hateful, racist, sexist, otherwise discriminatory, inflammatory or needlessly provocative. They may not be personally derogatory or insulting, even when strongly criticizing an individual member's actions.

The Gazette is a collaboration among Coop members. When submitting, please consider the impact of your words on the writers, editors and production staff who use our limited workslot time to try to produce an informative and cooperative publication that reflects the values of our Coop community. Printed by: Tri-Star Offset, Maspeth, NY.

Friday, September 21, 8:00 p.m.

The Brooklyn Society for Ethical Culture the Bloom and the Park Slope Food Coop present:



PROSPECT CONCERTS



Alex Kramer is calling a barn dance at the Society for Ethical Culture. Come with friends and family and learn to dance the "do-si-do," "rip and snort," and more. Dance to the rhythms of award-winning bluegrass and old-time musicians Eli Hetko on quitar,

banjo and mandolin; Laurie Woods on guitar; Lily Henley, Duncan Winkel and Hannah Read, on fiddles; Jonah Bruno on banjo; Jim Whitney on double bass; A'yen Tran, guitar; and Benjamin Engel on mandolin. Every dance will be taught and be beginner-friendly.

www.facebook.com/ProspectConcerts

53 Prospect Park West [at 2nd Street] • \$10 • 8pm [doors open at 7:45] Performers are Park Slope Food Coop members and receive Coop workslot credit. Booking: Bev Grant, 718-788-3741

RETURN POLICY

The Coop strives to keep prices low for our membership. Minimizing the amount of returned merchandise is one way we do this. If you need to make a return, please go to the 2nd Floor Service Desk.

REQUIRED FOR ANY RETURN The Paid-In-Full receipt MUST 2. Returns must be handled within 30 days of purchase

CAN I EXCHANGE MY ITEM? No, we do not "exchange" items. You must return the merchandise and re-purchase what you need.

NEVER Returnable

RETURNABLE

ONLY IF SPOILED

BEFORE

EXPIRATION DATE

Packaging/label

ust be present ed for refund.

RETURNABLE

CAN I RETURN MY ITEM?

Produce* Cheese* Books

Bulk* (incl. Coop-bagged bulk) Seasonal Holiday Items Special Orders

Calendars Refrigerated Supplements & Oils *A buver is available during the week Sushi days to discuss your conc

Refrigerated Goods (not listed above) Frozen Goods Meat & Fish Bread

Items not listed above that are unonened and unused in re-sellable condition

The Coop reserves the right to refuse returns on a case-by-case basis. If you have questions, please contact a staff member in the Membership Office

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Index: Len Neufeld

Advertisement: Eric Bishop

WELCOME!

A warm welcome to these new Coop members who have joined us in the last two weeks. We're glad you've decided to be a part of our community.

Domenica Alioto Jon Allen Vishnu Anand Kira Jeanine Andersen Anjali Anderson-Buckley Emily Ban Skyler Barr Sara Blanco Nicholas Bracco Trevor Buckley Marina Caron Pablo Castro Katherine Churchill

Lucy Clark Esther Daye Wesley Daye Christopher DeSouza Megan DeSouza Elihu Dietz Patrick Disselhorst Michael Diviney Zohar Elmakias Helen Feldman Naomi Fischer Chris Ford Stefanie Francis

Douglas Gallager Leslie Gallager Robert Gandler Angela E. Gardner Alyssa Gardner-Vazquez Ada Gilad Shachar Gilad Marissa Gilman Estefania Giraldo Maurice Goldberg Mateo Gonzalez Vicente Hansen Maya Harakawa

Kate Hohman Brooke Holiday Magdalena Holland Timothy Holland Benjamin Hollberg Nicholas Jett Kate Klein Asher Laban Ramya Lakshminarayan Eric Lo

Sarah Lucas Tomas Lundstrom Mathieu Magnaudeix

Virginia Marshall Shaul Mograbi Berger Mark Morrissey Kelsey Nytra Yurie Okawa Sophia Papavizas Rebecca Parelman Katherine Powell Irina Pritsker Laurie Rabin Natalie Raderman Daniel Saganome Veronica Schwartz

Ned Sedlak Liz Shader Zachary Shader Sima Shahverdi Lindsay Slay Nima Torabkhani Morgann Turkot Noriko Uchikawa Sebastian Villaveces

COPCALENDAR

New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the three weekly New Member Orientations. To pre-register, visit foodcoop.com.

Have questions about Orientation? Please visit www.foodcoop.com and look at the "Join the Coop" page for answers to frequently asked questions.

The Coop on the Internet

www.foodcoop.com

The Coop on Cable TV

Inside the Park Slope Food Coop

The fourth FRIDAY of the month at 11 a.m. and 5 p.m. Channels: 56 (Time-Warner), 69 (CableVision), 84 (RCN), 44 (Verizon), and live streaming on the Web: www.bricartsmedia.org/ community-media/bcat-tv-network.

General Meeting Info

TUE, SEPTEMBER 25:

GENERAL MEETING: 7:00 p.m.

TUE, OCTOBER 2

AGENDA SUBMISSIONS: 7:30 p.m. Submissions will be considered for the October 30 General Meeting.

Gazette Deadlines

LETTERS & VOLUNTARY ARTICLES:

Sep 27 issue: 12:00 p.m., Mon, Sep 17 Oct 11 issue: 12:00 p.m., Mon, Oct 1

CLASSIFIED ADS DEADLINE:

Sep 27 issue: 7:00 p.m., Wed, Sep 19 Oct 11 issue: 7:00 p.m., Wed, Oct 3

Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program.

Advance Sign-up required:

To be eligible for workslot credit, you must sign-up at foodcoop.com. A computer dedicated to sign-ups is located in the elevator lobby. You may sign up for the meeting all month long, until 5 p.m. of the day of the

Some restrictions to this program do apply. Please see below for details.

Two GM attendance credits per year:

Each member may take advantage of the GM-forworkslot-credit program two times per calendar year.

Squads eligible for credit:

Shopping, Receiving/Stocking, Food Processing. Office, Maintenance, Inventory, Construction, and FTOP covering absent members is too difficult.)

Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

Signing in at the Meeting:

After the meeting the Chair will provide the Workslot Credit Attendance Sheet

Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

Park Slope Food Coop Mission Statement

The Park Slope Food Coop is a member-owned and operated food store-an alternative to commercial profit-oriented business. As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement.

We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods. We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture.

We respect the environment. We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment.

We are committed to diversity and equality. We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member. We seek to maximize participation at every level, from policy making to running the store.

We welcome all who respect these values.

ALL ABOUT THE GENERAL MEETING

Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available on foodcoop.com and at every General Meeting.

Next Meeting: Tuesday, September 25, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

Location

St. Francis Xavier School, 763 President Street, between Sixth and Seventh Aves.

How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ann Herpel at the Coop.

Meeting Format

Warm Up (7:00 p.m.) • Submit Open Forum items Explore meeting interactive

Open Forum (7:15 p.m.) Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

Reports (7:30 p.m.) • Financial Report • Coordinators' Report • Committee Reports

Agenda (8:00 p.m.) The agenda is posted on foodcoop.com and may also appear elsewhere in this issue. Wrap Up (9:30-9:45) • Meeting evaluation • Board of Directors vote • Announcements, etc.

park slope FOOD COOP

calendar of events

sep 14

Wordsprouts: Literature for Young Adults and Children



Writing a book which entertains, enlightens, and enraptures a child or young adult is no small feat. It takes immense skill to craft such narratives, along with insight into the challenges and joys of contemporary childhood.

Wordsprouts is proud to welcome three accomplished

authors of YA and children's literature, for a night of reading and conversation about their work. Matthew Burgess is an Assistant Professor at Brooklyn College. He is the author of a poetry collection, Slippers for Elsewhere (UpSet Press, 2014), and a children's book, Enormous Smallness: A Story of E. E. Cummings (Enchanted Lion Books, 2015). Lance Rubin is the author of Denton Little's Deathdate (winner of the 2016 ILA Young Adult book award), Denton Little's Still Not Dead, and It's Not Funny (Summer 2019), all published by Knopf. Heather (H.A.) Swain is the author of six novels for young adults, two kids' craft books, two illustrated children's books, two novels for grown ups, and numerous short stories, personal essays, and non-fiction articles. Her newest novel for teens, SuperMoon, is a futuristic thriller about the colonization of and culture clashes between the Moon and Earth. Michele Weisman is the Executive Director of Meet the Writers, Inc., a nonprofit that connects inspiring authors to students in underserved New York City schools. Michele founded the organization after 25 years engaged in product development with some of the most respected names in children's publishing, including Sesame Workshop, Time For Kids, and Highlights for Children. Based on the long-standing program at PS 321, Meet the Writers reflects Michele's deep commitment to supporting education and literacy. Last school year, Meet the Writers reached more than 4,000 students and gave away more than 1,000 signed books.

Free for all Coop members & non-members. Refreshments will be served. Bookings: John Donohue, wordsproutspsfc@gmail.com.

Move Better, Feel Better, Live Better

Feldenkrais awareness through movement. Learn a practical approach to eliminating pain and tension based on the Feldenkrais method of somatic education. Thanks to its non-corrective nature, this work is more gentle and more effective than massage or physical therapy. It is designed to facilitate lasting improvements by meeting each person where they are at and helping them naturally discover more ease and freedom of movement. This change integrates seamlessly into daily life, because it was discovered by the person, rather than introduced by corrective intervention or learned by imitating others. In this workshop you will have an opportunity to experience the benefits of the method firsthand as well as ask questions. People of all levels of fitness and ability can benefit. **Igor Shteynberg**, Feldenkrais Practitioner and a Coop member, whose goal is to help people feel better naturally and enjoy their daily life without being distracted by pain and tension. His clients appreciate his ability to relate to their concerns, as well as his patience and care in helping them improve how they feel on a daily basis.

Forget the Tutor— Master Math With a Game!

Most of the time, kids have trouble in math because they didn't master the fundamentals. When they have to then learn more complex ideas and solve challenging problems, they get stuck using all of their mental energy on the simple calculations, and their minds have no space left to take in new information or use problem solving techniques. I will show you how to get your kids back on track (and ahead) in math by playing a SIMPLE and FUN game together. You as a parent are far more powerful in helping your child succeed than any teacher or tutor. Whether you have a 1st grader or a 9th grader, this game will get them excited to think in numbers! All you need is a pen and paper, some dice, and a willingness to do the most terrifying thing in the world: mental arithmetic. Come to the workshop and receive a free gift too! Dave Wolovsky is a teacher, tutor, and educational innovator. He has an MS in Neuroscience and Education from Columbia University and a love of learning.

Home Delivery Study

Want to help the Coop increase our capacity to serve people with mobility issues? Join a committee for its first meeting to explore our options for home delivery and other approaches! We're particularly interested in recruiting a diverse group of people who have had experience with disabilities and/ or home-delivered services. Six Coop members can get shift credit for six months to participate on the committee. Additional volunteers welcome. If you want to join us, come to the meeting!

For more information, e-mail Lenore Los Kamp at LLosKamp@verizon.net.

sep 21

Barn Dance



Alex Kramer is calling a barn dance at the Society for Ethical Culture. Come with friends and family and learn to dance the "do-si-do," "rip and snort," and



more. Dance to the rhythms of award-winning bluegrass and old-time musicians Eli Hetko on guitar, banjo and mandolin; Laurie Woods on guitar; Lily Henley, Duncan

Winkel and Hannah Read, on fiddles; Jonah Bruno on banjo; Jim Whitney on double bass; A'yen Tran, guitar; and Benjamin Engel on mandolin. Every dance will be taught and be beginner-friendly.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

sep 25 tue 7 pm

Learn About Cheese at the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world! Coop member and American Cheese Society Certified Cheese Professional Elena Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.

PSFC SEP General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

- I. Member Arrival and Meeting Warm-Up
- II. Open Forum
- **III. Coordinator and Committee Reports**
- IV. Meeting Agenda

Item 1: Annual Hearing Officers Committee Election (15 minutes)

Election: The HOC will present current committee members for re-election. Hearing Officers work on an FTOP basis when needed and serve three-year —submitted by the Hearing Officer Committee

Item 2: Annual Hearing Administration Committee Election (15 minutes) **Election:** The HAC will present current committee members for re-election. Hearing Administrators work on an FTOP basis when needed and serve three-—submitted by the Hearing Administration Committee year terms.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

p 14-oct 26 2018

Item 3: Implement Online/Electronic Voting for Board of Directors Election and other Voting Items at the Annual Meeting (50 minutes)

Discussion: To amend the Coop bylaws and the Guide to the General and Annual Meeting to include a provision to allow for online or electronic voting for the election of the candidates to the Board of Directors and all other matters that may come before the Annual Meeting. —submitted by the General Coordinators

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

An Ayurvedic Approach to Eating with the Season

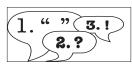
"Ayur"- Life, "Veda"- Science or Knowledge, is a holistic medical system started in India more than 5,000 years ago. The goal of Ayurveda is to be in balanced harmony with nature's cycles and actualize one's full potential. Fall is a transitional time when nature starts cooling and preparing for the winter. In this workshop, we will examine the elemental qualities of the seasons, your own unique qualities, and how to incorporate particular autumnal foods and spices into your dietary arsenal to help your body flow restoratively with the seasonal shifts. Coop member Mary A Whitlock is a certified Health Coach and Postpartum Doula specializing in Ayurvedic wellness. After struggling with her own hormonal and anxiety issues, Mary was determined to find balance and healing and found it when she studied under some of the most influential Ayurvedic teachers in the U.S. and India. She remains passionate about providing families and individuals with the resources, empathetic support and nurturing needed to maintain a healthy and balanced life.

Financial Health Intro

Want to FEEL rich? Want to let go of fears and doubts? Suzanne Meadows encompasses an alternative and wholistic approach to include emotional and spiritual well-being. She provides a down-to-earth and comfortable space to discuss finances based on mutual trust, respect, and honesty. Suzanne has been a Coop member since 2003, has a MS in Finance from Baruch College and is a ThetaHealing® Practitioner who worked internationally before returning to Brooklyn.

oct 2 tue 7:30 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the

General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. The October General Meeting will be held on Tuesday, October 30, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

oct 4 thu 7:30 pm

Food Class: Roll-Your-Own Summer Rolls



This part-demo, part hands-on class will teach how to be creative in making vegan summer rolls, the perfect, customizable snack/meal popular in sub-tropical Southeast Asian countries. Among the variety of fillings

to put into your rolls, we will learn to make a quick pickle and a versatile sauce for dipping, **Barry Schwartz**, minister of culture for Grown In Brooklyn, makers of Barry's Tempeh, has served food at Smorgasburg for two years and has done numerous pop-ups around the city. He loves to mix food cultures and mostly cooks vegan. Menu includes: Vegan Summer Rolls with seasonal vegan fillings; Quick Red Onion Pickle; Almond Cilantro Pesto

ASL interpreter available upon request, please contact the Membership Office. Materials fee: \$5. RSVPs by September 27 are appreciated, contact parkslopefoodclass@gmail.com. To inquire about leading a Food Class, contact parkslopefoodclass@gmail.com.

Film Night: The Macaroon King; **Bouncehäus; Liberty; Test**



This 2018 film follows Arnold Badner, the "Macaroon King," as he struggles with changes at his Brooklyn Kosher for Passover Bakery. The film touches on issues of Jewish identity, family dynamics, small business owners, unions and labor in New York City. This cinéma-vérité style documentary is an engaging and often

funny view into a small corner of Brooklyn manufacturing. "Bouncehäus" is a kids' show that uses surrealism, humor, techno music and guided meditations to give kids (and adults) a break from the often fast-paced world of children's media. The show, created by Coop member **Adam Brody** and his friend Clayton Long (who met at UCLA's film school), is currently in its pilot phase. Three short episodes are currently in progress, that take on themes like: narratives of self; expanding the idea of what a good smell is; looking away from the screen; and loving one's feet. "Test" is where a seemingly unremarkable man spends a day taking a bizarre test at a mysterious facility. Through his day he interacts with the odd, detached employees of the facility, guiding him from section to section, obscuring the intentions or duration of the test. "Liberty" is a dinner of two lovers with a twist.

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

oct 7 sun 12 pm

Sweet Relief Home/Office Organizing Workshop

Does your home or office get in the way of your life? You deserve to be inspired, productive and at peace in your space. You can be free of feelings of overwhelm and shame and have surroundings that support you to live as you wish and know best! In this interactive workshop you'll get perspective and practical strategies, learn how to open your spaces for new possibilities and see that you are not alone. Shira Sameroff has been a member of her beloved PSFC for 25 years. Her work has evolved over 25 years of experience with individuals, groups and organizations as a counselor, workshop facilitator, program director, event planner, activist, board president, volunteer coordinator and more. Her many passions include trees, singing, biking, travel and dark chocolate.

still to come

Plow-to-Plate Film

oct 20–21 Food Drive to Benefit CHIPS Soup Kitchen

Wordsprouts: New Literary Fiction

oct 23 Cheese Class

oct 19

Prospect Concert

oct 26

Meet Your Mind

H

RE: THE U.S. **SHOULD INSIST ON A "SUNSET CLAUSE" IN NAFTA** RENEGOTIATIONS, **LWG AUG 16, 2018**

TO THE EDITOR,

Is this truly a "report" or is it an opinion piece? There is a thesis backed by a Thomas Paine quote and a key takeaway that is essentially: contact your member of Congress and urge them to support the current President in NAFTA re-negotiations. That in and of itself is shocking and if cooperators bristle at the idea of backing this President they should question some of the underlying assumptions of this article. Embedded within our approach to trade is a choice: support all people regardless of which nation they reside in or support only those within the U.S. (with citizenship), global humanism vs the nativism of the Trump administration. The underlying sentiment within the article seem to take on causes that have little to do with us as a Food Coop. Is it within the Coop's mandate to advocate for increasing "Made in America" content rules for cars? I would think we are agnostic at best on the auto industry and maybe slightly unsympathetic given our location within a City with many car alternatives and a low car ownership rate. Furthermore, this cited stat implies that Americans are 'our people' that we look out for above all others: "NAFTA has had a severe impact on income among blue-collar workers in the most affected industries and areas, economists Shushanik Hakobyan and John McLaren found in their study of the U.S. labor market in 2016." What about stats that consider net changes in income and number of jobs in Mexico since the dawn of NAFTA? If there has been an improvement south of the border, is that a net negative for us? Furthermore, we are witnessing a rapid decimation of the EPA in this country. Might there be environmental provisions in NAFTA that are stronger than the Federal laws of the U.S.? As the Paris Climate agreement shows, we may have stronger external forces in the world to coax us into pro-environmental actions than our own govern-

ment is capable of. NAFTA or other trade agreements could provide a vehicle for suing our government for giving American companies an unfair advantage by producing goods without a regulation such as Cap and Trade or carbon taxes that are becoming standard in major economies around the world. And that could be a good thing.

Josef Szende

WI-NOT? DEAR EDITORS AND MEMBERS,

In response to Janet Gottlieb's letter from the 8/30/18 issue: Yes, I agree. Many people are glued to their phones while shopping at the Coop. And yes, this can be frustrating. However, we cannot blame Internet access itself for members spending excessive time on their phones. We could blame the extra-large corporations which profit off the attention economy we all now live in. We could blame the 24-hour work-email cycle. We could even blame the food blogs that list ingredients you could only find at the Coop! It would be misguided to put the blame on access

To suggest that members who need to be available for work should get data plans from their employers is an unrealistic idea. Given the fast-paced, high-rent, and competitive city we live in, it is hard to imagine a world where a 2 hour and 45 minute shift can be done without the anxiety of getting back to work—a reminder that this is a Coop that exists in 2018...not 1970.

It goes without saying that most everything we need has been transferred in some form onto the Internet. Work. Healthcare. Transportation. All of these things that many people depend on can often be accessed over a simple Wi-Fi connection. To ignore this reality is to ensure that the digital divide stays divided. What I'm reading in the last response to my letter is this: You have a data plan? You get to be at the Coop and use the Internet. No data plan? Tough luck. I take issue with this stance as it seems to ignore the fact that data plans come at a price. It is to put a fiscal responsibility on the members where there might otherwise be room for free and open access.

Concerning numbers: I

am not sure where the estimate cost of \$28,000 a year came from but I believe this number could be drastically reduced with the introduction of a mesh network. A mesh network is also known as a community network and is very similar in structure to a Coop. There are a bunch of wireless routers (members) which all simultaneously connect to each other (shifts) in order to *cooperatively* distribute data (food) between devices (food suppliers) and the Internet itself (the Coop community).

Finally, I would like to clarify that in my original letter I was by no means implying that members carry out carry out personal or professional work on Coop time. What I was inquiring about was access. This could mean ability to get a ride share, quickly respond to a message, get directions to another location, download a recipe, the list goes on. This is not exclusively a work issue or a member issue, this is an accessibility issue. The Coop, being a community, should consider all options when it comes to Wi-Fi because why not?

Emma Rae Norton

How to Cut the Cheese

By Jessica Gath, Receiving Coordinator

ME (you!) cut + Wrap 2 TONS of cheese/ week!

On any given week we have about 52(!) bulk "everyday cheeses" { about 30 bulk "Cheeses of the week".

This here is an incomplete listing "everyday cheeses" and a few specialty

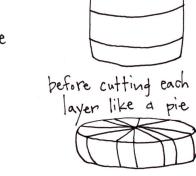
O Round cheeses are: Manchego, red leicester, brie, humboldt fog, sottocenere, truffle tremo dbl gloucester + chives, raclette, fontina, drunken goat, piave, port salut, and so on and so forth...

Square cheeses Stracapra quadrello di bufala nuvola di pecora and so on ...

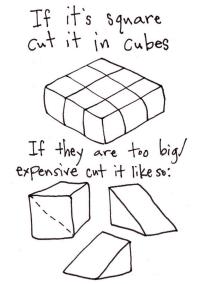
Barrel-shaped cheeses Stilton pecorino romano ricotta salata Fourme d'ambert laquiole cantal

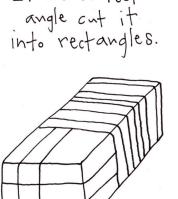
If it's round

cut it like a pie



If it's shaped like a barrel cut it





If it's a rect-

\$7-10* should be your most exp-ensive pieces. \$2-4 middle-sized \$1-2 tiniest 50t only 1 or 2 of these. * ok! \$15 if it's grayere

See https://drive.google.com/file/d/1LYBm x2OKfePVP63C8JNDy32NLT3VeNWa/ view?ts=56954f72 for additional information.

CLASSIFIEDS

BED & BREAKFAST

BED & BREAKFAST, THE HOUSE ON 3RD ST, serving Park Slope for more than 25 yrs. Large floor-thru, located between Fifth and Sixth Aves. Parlor floor, sleeps 3, private bath, deck, AC, wifi, kitchenette, 12' ceilings! houseon3st.com, or call Jane, 718-788-7171. Grandparents are our specialty.

MERCHANDISE

Hand-loomed wool rugs from Oaxaca, Mexico for sale, varied sizes \$95-\$450. Proceeds go to weavers in Teotitlan via Non-Profit Friends of Oaxacan Folk Art. See at 12th St. near Seventh Ave. by appt, 718-2888-6874. Credit cards accepted.

SERVICES **AVAILABLE**

EXPRESS MOVES. One flat price for the entire move! No deceptive hourly estimates! Careful, experienced mover. Everything quilt padded. No extra charge for wardrobes and packing tape. Specialist in walkups. Thousands of satisfied customers. Great Coop references. 718-670-7071.

MADISON AVENUE HAIRCUTTER is right around the corner from the Food Coop, so if you would like a really good haircut for a decent price, please call Maggie at 718-783-2154. I charge \$60 Wednesdays through Sundays.



Need a live-in nanny? Babysitter? Eldercare? Household help? Mother with 10+ years experience with childcare; good w/ household chores and cooking; responsible and hard-working. Avail. 9/18 as live-in or daily help. References avail. Contact Tasha Paley tashapal@gmail.com 917-200-8451.

ATTORNEY CAROL LIPTON has been practicing law for decades with Barton L. Slavin. We represent victims in auto, construction, and slip and fall accidents. We also handle co-op and condo transactions, estates and wills, guardianship, business litigation, and civil and family court appeals. We provide courteous, attentive service. Convenient midtown location. 718-436-5359 or 212-233-1010. nycattorneys.com.

VACATION RENTALS

Rent a charming one-bedroom apartment in Paris from long-time Coop members. Located in a lovely residential neighborhood; top floor of a classic building with elevator and quintessential views of Parisian rooftops. Wi-fi, cable TV, DW, W/D. Photos/description: guesttoguest. com/en/homes/view/425686. email: magisson@gmail.com.

VACATIONS

THREE-SEASON BUNGALOWS Affordable 1- and 2-BR cottages in historic cooperative community in Westchester County, near the Hudson, 1 hour NYC. Swimming pool, organic community garden, social hall w/internet, social activities. \$74K-76.5K. www. reynoldshills.org. Contact cottages@ reynoldshills.org.

PLASTIC PACKAGING RECYCLING

2nd Wednesday of every month 3:45-6 p.m. 4th Saturday of every month 1:45-4 p.m. For Coop members only

Please be prepared to show your Coop membership card.

Plastic bags/wrap/packaging from most products **sold at the Coop**—food and non-food.

Thin plastic film wrap—from notecards, tea boxes, pre-packaged cheese, household items, pet food, juice packs, etc.

Plastic roll bags distributed by the Coop—please use roll bags only as necessary, reduce usage whenever possible, and re-use any bags you do take before recycling.

Plastic food storage zip lock bags (any size), plastic cling wrap, and small bulk bags.

> NO food residue, rinse as needed. Only soft plastic from Coop purchases.

For all community members:

Pre-sort and separate according to the categories below.



Toothbrushes and toothpaste tubes Energy bar wrappers and granola bar wrappers Brita water filters and related items (other brands also accepted)

Cereal and cracker bags/box liners

Donations in any amount are welcomed to help offset the cost to the Coop of this collection.

Interested in joining the squads that run the Wednesday/Saturday collection? Contact Cynthia Pennycooke in the Membership Office.

For more information about Terracycle, visit terracycle.com Questions about items we accept should be e-mailed to ecokvetch@yahoo.com





To Submit Classified or Display Ads:

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, display ads at \$30. (Classified ads in the "Merchandise-Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator in the entrance lobby.



Mentis Estate Extra Virgin Olive Oil Direct From Our Farms Mentis Sea salt Fleur de sel hand harvested from Neapolis Laconias, Greece

Support Local Producers Mentis Estate EVOO from our farms



SPECIAL WORKSLOT OPPORTUNITY!

Web/Front-End Designer needed to work on cooperative alliance project. **EXPERIENCE WRITING WORDPRESS** THEMES REQUIRED.



SHORT-TERM WORKSLOT OPPORTUNITY!

We are looking for three to seven members to serve on the Inaugural Selection Group for the Pension Advisory Committee. The Inaugural Selection Group along with the Pension Plan's Administrator and up to three Board Members will vet candidates to serve on the Pension Advisory Committee.

We urge you to apply if you have these qualifications:

- A member with at least three years of Coop membership immediately prior to joining the committee; and
- An excellent attendance record in your Coop work slot, i.e., not more than two absences per year in the most recent years; and
- Minimum three years relevant professional experience in at least one of
- Pension fund management, or institutional investment advising, portfolio management
- Chartered Financial Advisor (CFA)
- Certified Financial Planner (CFP)
- Volunteer at a non-profit/educational/religious institution or labor organization interfacing with endowments and/or long-term financial planning on a large scale
- journalists who focus on financial reporting
- similar work background

The Inaugural Selection Group is expected to meet for three to six months. Interested? Complete this form http://bit.ly/PACSelection and forward your professional resume and cover letter to:



We are seeking an applicant pool that reflects the diversity of the Coop's membership.

STATEMENT ON THE **COOPERATIVE IDENTITY**

DEFINITION

A cooperative is an autonomous association of persons united voluntarily to meet their common economic, social, and cultural needs and aspirations through a jointly owned and democratically controlled enterprise.

Cooperatives are based on the values of self-help, self-responsibility, democracy, equality, equity and solidarity. In the tradition of their founders, co-operative members believe in the ethical values of honesty, openness, social responsibility and caring for others.

The cooperative principles are guidelines by which cooperatives put their values into practice. The International Cooperative Alliance adopted the revised Statement on the Cooperative Identity in 1995.

They are as follows:

- 1. Voluntary and Open Membership
- 2. Democratic Member Control
- 3. Member Economic Participation
- 4. Autonomy and Independence
- 5. Education, Training and Information
- 6. Cooperation Among Cooperatives
- 7. Concern for Community

REFERENCE: ICA.COOP

THANK YOU!

Thank you to the following members for referring friends who joined the Coop in the last four weeks.

Adam Aston Talia Bernstein Lea Cattan Samantha Cooper Alexander Cushen Maria Cutrona Kathleen Ernsting Meir A. Farioun Federico Garduno Andrew Greenberg Siavash Haghtalab Philip Jacob Simon Kress Noah Lucas Peter Lucas Will Lucas Laura Maurer Hanakyle Moranz David Nygren Grace O'Donohue Jorgelina P. Joey Perr Laura Pfeffer Anh-Hao Phan Pieranna Pieroni Keerthi Reddy Amelia Ross Cecilia Rubino Emily Russell Sarah Sachs Caroline Scott Seth Charlene Swift Max Taffet Irina Usherenko Sara Wight

Malika Worrall Xavier

COMMUNITY CALENDAR

Community calendar listings are free. Please submit your event listing in 50 words or ess to GazetteSubmissions@ psfc.coop. Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

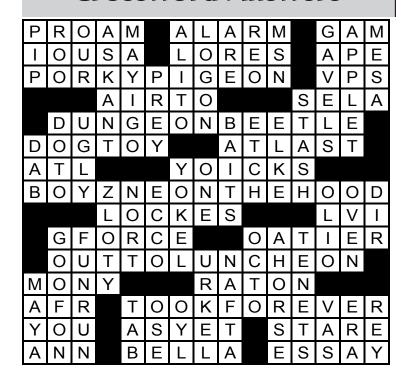
SAT, SEP 15

An evening for Victor Jara, with songs performed by Magpie, Colleen Katau, and Barry Kornhauser, at the Peoples' Voice Cafe, 40 E. 35th St., Manhattan. Suggested contribution \$20/\$12 subscribers, youth, students.

FRI, NOV 9

Mexican Folk Art Annual Sale, Friday + Saturday, Nov. 9-10, to benefit Oaxacan ceramicists, weavers, wood carvers. 20 Plaza St. E. #F20. Fri 6-9 p.m. fundraiser, \$100 entry, mescal, food, be first to shop. Sat 11 a.m.-3 p.m. free adm. tickets-www.fofa.us. 718-230-3333. Something for every budget. Credit cards accepted.

Crossword Answers





Tip of the MONTH!

Save electricity by skipping the dry cycle on your dishwasher crack open the door, turn off the machine and let your dishes air dry instead.

> Learn more at: ecokvetch.blogspot.com