

published jan 17 2019 in the Linewaiters' Gazette

jan 18 fri 8 pm

Jay Rodriguez



In an eagerly awaited return engagement, **Jay Rodriguez** will bring the ultimate culmination of his musical experiences for a notto-be-missed performance of



soulful Descarga dance-floor music infused with jazz, Latin, funk and soul to Prospect Concerts. The all-star ensemble will feature Jose Joaquin Garcia, Alexis

Cuadrado, Sean Moran, Brian Drye, Aruan Ortiz, Ludovica Burtone, Urbano Sanchez, Andrew Drury and many others, including a string section and special guests TBA. Let's kick off the new year on a positive light! Bring your dancing shoes! It's a dance party! There will also be free dance lessons with professional dance instructors **Arturo Perez** and **Carolynn Murphy**.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. *Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.*



Financial Health Intro

Want to FEEL rich? Want to let go of fears and doubts? **Suzanne Meadows** encompasses an alternative and wholistic approach to include emotional and spiritual well-being. She provides a down-to-earth and comfortable space to discuss finances based on mutual trust, respect, and honesty. Meadows has been a Coop member since 2003, has a MS in Finance from Baruch College and is a ThetaHealing® Practitioner who worked internationally before returning to Brooklyn.



Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world! Coop member and American Cheese Society Certified Cheese Professional Elena Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.



Anger Management 101

Are you or someone you know prone to anger? Express your anger with an intensity that you later regret? Have anger issues because of a low frustration tolerance? Have a wish to be understood that gets derailed because of your inability to manage your anger? Anger when expressed in an assertive rather than aggressive manner can clear the air of misunderstanding, improve your sense of self and can aid in the restoration and repair of ruptures in relationships at home and at work. This hour will be devoted to: understanding the nature and neuroscience of anger; identify and anticipate the triggers that set off anger; learn strategies to manage those triggers; transform destructive anger into meaningful dialogue in relationships. We will be doing role playing if people are willing to enhance experience of workshop please call with any questions 917-627-6047. Coop member **Raymond Reichenberg** is a Certified Anger Management Association Specialist and New York State–Licensed Psychoanalyst. He has been in practice in Park Slope for the past 25 years.

revised every two weeks

jan 29 tue 7 pm

Personal Cybersecurity

Password Best Practices. 2018 was a record-breaking year in the number of data breaches and people impacted. Even with these stories constantly in the news people may not be quite sure what steps to take to stay safe. We all have dozens if not hundreds of online accounts we use and it's hard to remember all these passwords, so we often resort to easy-to-remember or reused passwords. In this workshop we'll review the risks of "weak" passwords and tools you can use to protect and organize your passwords at home and on-the-go. **Lynn Stabile** is a software productivity strategist for small businesses with 20 years experience in the software industry. She's also a maker, cyclist and sometimes musician.

jan 29 tue 7 pm

PSFC JAN General Meeting

Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available

between 7 and 7:15 p.m.

Meeting location: St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

- I. Member Arrival and Meeting Warm-Up
- II. Open Forum
- III. Coordinator and Committee Reports
- IV. Meeting Agenda

Item 1: Hearing Officer Committee Election (15 minutes)

Election: The Committee will present Jacob Heyman-Kantor for election to the Hearing Officers Committee.

Item 2: Labor Committee Report on Fair Food Program (60 minutes) **Discussion:** The PSFC Labor Committee proposes that the Coop formalize its collaboration with the Fair Food Program (FFP) and the Coalition of Immokalee Workers (CIW). This should include:

1. A multi-pronged member education program about the FFP.

2. Use of an FFP label to show Coop members about the availability of these products in the produce aisle.

3. An annual payment of \$10,000 to the FFP to support the FFP's institutional role.

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

feb 1 fri 7 pm

Film Night: Chappaquiddick

The scandal and mysterious events surrounding the tragic drowning of a young woman, as Ted Kennedy drove his car off the infamous bridge, are revealed in the new movie starring Jason Clarke as Ted Kennedy and Kate Mara as Mary Jo Kopechne. Not only did this event take the life of an aspiring political strate-

gist and Kennedy insider, but it ultimately changed the course of presidential history forever. Through true accounts, documented in the inquest from the investigation in 1969, director John Curran and writers Andrew Logan and Taylor Allen, intimately expose the broad reach of political power, the influence of America's most celebrated family; and the vulnerability of Ted Kennedy, the youngest son, in the shadow of his family legacy. **Keith Fraase** is both a filmmaker and editor whose work has premiered at festivals around the world. He's enjoyed a longtime collaboration with filmmaker Terrence Malick, first on Malick's 2011 Palm d'Or winner and Academy Award-nominated *The Tree of Life*, and then as lead editor on *To The Wonder, Knight of Cups, Song to Song*, and the feature IMAX documentary *Voyage of Time*. His other credits include *Chappaquiddick, Palace of Gold*, the Netflix Series *Dirty Money*, and *Long Strange Trip*, which was shortlisted at the Oscars for Best Documentary.

jan 27 sun 11 am-2 pm Auditions For Our Coop Kids' Variety Show



Coop members ages 4-18 may audition on Sunday, January 12, 11 a.m.-2 p.m. or Sunday, January 27, 11 a.m.-2 p.m. Contact **Martha Siegel** at 718-965-3916 or msiegel105@ earthlink.net to reserve an audition time and confirm audition location. You must audition to be in the show. Polished act

not required for audition; we can help you polish it. Singers and other musicians, poets, jugglers, stand-up comics, rappers, dancers, magicians, gymnasts, etc. (no lip-syncing please). Performance date is Saturday, March 16. Show time and place to be determined. We look forward to hearing from you!

The Kids' Variety Show takes place Saturday, March 16.

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



also published in the current Linewaiters' Gazette

continued from inside page

feb 2
sat 11 amMedicare Made Clear

Confused by Medicare? What does Medicare cover? How much does Medicare cost? When can I change my coverage? These are a few of the questions we will answer in this educational workshop. Join us to learn all about your Medicare choices. We'll also share tools and resources to help you understand the coverage that may be right for you, including a free educational guide. Whether you're just getting started with Medicare or simply looking to learn more, we're here to help. Long-time Coop member **Mary Blanchett** is a Financial Services Professional who helps Medicare recipients understand their coverage and options.



Cheese Class

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world! Coop member and American Cheese Society Certified Cheese Professional Elena Santogade will lead the tasting and offer guidelines for pairings and for designing cheese tastings of your own.



Food Class: Vegetarian Winter Soups

To cope with the frigid temperatures of winter we'll be cooking up some hearty vegetarian winter soups. These filling soups can be prepared as an accompaniment to a winter meal or serve as a meal themselves. And they'll

keep you warm and satiated and are the perfect remedy for the winter blues. **Chef Maya** studied at the Institute of Culinary Education and has cooked at Gramercy Tavern, Union Square Cafe and Daily Provisions. One of her favorite weekend comforts during the winter is to cook up a large batch of soup. *Menu includes: Apple and Sweet Potato Borscht; Roasted Cauliflower Soup with Salsa Verde and Walnuts; Ribolitta; This class is gluten-free and vegetarian, but includes dairy. ASL interpreter available upon request, please contact the Membership Office. Materials fee:* **\$5.** *RSVPs by January 31 are appreciated, contact parkslopefoodclass@gmail.com. To inquire about leading a Food Class, go to bit.ly/CCCChef1.*



Wordsprouts: An Evening of Superlative Science Writing

How can we improve our country's scientific engagement and literacy? Our distinguished speakers will read brief passages from their favorite science writing and analyze what makes these so successful. Audience participation encouraged. **Roxanne Khamsi** is a writer and editor living

in Brooklyn. She oversees science coverage as the chief news editor at *Nature Medicine*, a monthly biomedical journal published by Nature Publishing Group. In addition to her work as a writer and editor, she teaches at Stony Brook University in Long Island, New York, through the Alan Alda Center for Communicating

Science, and at the CUNY Graduate School of Journalism. **Bill Burnside** works as an associate editor at *Nature Sustainability*, an online-only monthly journal publishing research and opinion about sustainability, broadly considered, from the natural sciences, social sciences, engineering, and policy. He handles manuscripts from across the natural sciences, most of which relate to agriculture and food, land use, conservation, marine issues, or public health. The event will be moderated by WordSprouts' **Sarah Schenck**, a writer and director, who recently published a science-focused op-ed in *The New York Times*.

Free for all Coop members & non-members. Refreshments will be served. Bookings: Sarah Schenck, wordsproutspsfc@gmail.com.

feb 12 tue 7 pm

Safe Food Committee Film Night: FOOD COOP



FOOD COOP explores how ordinary people working together can upend the received wisdom of corporate America. Instead of treating shoppers as cash cows to be milked dry the Park Slope Food Coop believes in making its shoppers real stakeholders expected to shoulder the

banal responsibilities that keep the massive machine going: receiving deliveries, cleaning floors and grease traps, putting stickers on produce, shelving cans, cutting cheese, putting spices in bags, scanning and weighing groceries—and standing at the exit to check the receipts of shoppers. It's brutal, simple cooperative commerce—and no grocery store in New York City can touch its success. *See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.*

feb 15 ^{fri 8 pm}



Deva Salina & Peter Stan; The Jalopy Chorus Deva Salina & Peter Stan are a

small and mighty duo of accordion & voice, traveling through Vintage Pop sounds of Balkan Roma communities. Eva & Peter

present soulful, expressive and intimate performances full to the brim with stories, history, insight, humor, melancholy and friendship. In their collaboration, Eva Salina & Peter Stan continue and fortify an interrupted legacy of empowered female voices in Balkan Romani (gypsy) music. Amplifying voices of past generations of Romani women musicians while evolving living traditions, Eva & Peter employ tenderness, grace, passion and a commitment to keeping these songs vital and relevant, while inspiring and teaching young people in the Balkans & Balkan diaspora to participate in their heri-





an 18-feb 15 2019

tage. **The Jalopy Chorus** is resident vocal ensemble of The Jalopy Theatre & School of Music, led by Musical Director Eva Salina. The chorus explores a variety of international harmony singing, including American, Corsican, East European, and Caucasus Georgian musical traditions.

Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. *Prospect Concerts is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.*

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