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Food Class: Intro to Ferments

Fermentation is a technique that has been an essential aspect of food preservation for humankind. Presently, it is resurging in popularity as we discover how closely our evolution is tied into the activity of our healthy gut bac-

teria. We will work with common fermentation techniques and talk about the science and the culinary application of these living foods. Chefs Sung Uni Lee and Dianne De la veux are teaching chefs who work on the administrative team of the Park Slope Food Coop Cooking Class. With a combined 30 years of teaching experience, they will take you step-by-step so that you can confidently and safely create these living foods in your home. *Menu includes: Yogurt; Kvass; Sauerkraut. This class is vegetarian and gluten-free.*

ASL interpreter available upon request, please contact the Membership Office. Materials fee: \$5. RSVPs by June 4 are appreciated, contact bit.ly/FoodClassRSVP. To inquire about leading a Food Class, go to bit.ly/CCCChef1.



Film Night: Becks

Inspired by the real life of singer/songwriter Alyssa Robbins, *Becks* follows a musician who moves back to her childhood home in St. Louis after a crushing breakup with her longtime girlfriend. While performing for tips at a local tavern and struggling to reconnect with her ultra-Catholic mother, she strikes up a unique

friendship with the wife of an old nemesis. Becks begins to discover her musical voice as she performs deeply personal songs about her ex and the loss of their relationship. Driven by an original score, the film's musical numbers bring a unique new voice to the American musical movie. Director / Writer / Producer **Elizabeth Rohrbaugh** is a writer and director based in NYC. Her documentary, *The Perfect Victim*, was on the PBS series *America Reframed* after premiering at the Hot Springs International Film Festival. The film won a Telly Award and was nominated for a Silver Gavel Award. Her short film, *Dylan*, saw a successful festival run and was named Vimeo Short Of The Week and a Vimeo Staff Pick. Liz was a writer/director at MTV, where she won an Emmy Award and multiple CTAM Awards. Her work has been featured on *The Takeaway* with John Hockenberry, *Glamour* magazine, *Verily* magazine, *Psychology Today, The Progressive, Indiewire*, and the *Feminist Current*. **To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com**.

jun 8-9 sat-sun 9 am-7 pm Food Drive to Benefit CHiPS Soup Kitchen

CHiPS Soup Kitchen, located at Fourth Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHiPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.



Safe Food Committee Film Night: The Birth of Sake

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revised every two weeks

Wordsprouts: Tragedy and Resistance with Tanya Pollard



jun 14

fri 3:30 pm

Coop actors will perform short segments from *King Lear* and *Antigone*. Shakespeare Scholar **Tanya Pollard** is Professor of English at Brooklyn College and the CUNY Graduate Center, and member of the Council of Scholars at Theater for a New Audience. Her books

include *Reader in Tragedy*, co-edited with Marcus Nevitt (2019); *Greek Tragic Women on Shakespearean Stages* (2017); *Milton, Drama, and Greek Texts*, co-edited with Tania Demetriou (2016); *Shakespearean Sensations: Experiencing Literature in Early Modern England*, co-edited with Katharine Craik (2013); *Drugs and Theater in Early Modern England* (2005), and *Shakespeare's Theater: A Sourcebook* (2003). A former Rhodes Scholar, she has received awards from the NEH, Whiting, and Mellon foundations, and the Warburg Institute.

Free for all Coop members & non-members. Refreshments will be served. Bookings: Sarah Schenck, wordsproutspsfc@gmail.com.

jun 16 sun 12 pm

Learn About Cheese at the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional, **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world and fun pairings you can try at home!

jun 21 fri 7 pm Frilliant Pixels: Tackling Your Digital Photo Overload

This is Part One of a two-part series. It's easy to feel overwhelmed by the thousands of photos we accumulate on our phones and computers—especially when you want to record every cute thing your kids do! The cause is simple math: parent + smartphone = taking pictures of your kids—constantly. **Isabelle Dervaux**, photo curator and organizer, will share her three most powerful secrets to tackling the photo clutter on your iPhone and Mac. You'll learn to: find photos like magic; the quickest way to make albums; make pain-free decisions about what to keep and what to let go; use the one shortcut that changes everything. Coop member Dervaux uses her artist's eye and sensibility to help busy New Yorkers tell their family stories; empowering them to organize, rediscover, and curate their photo collections so they can be passed on to the next generation.

jun 22 sat 12 pm Beginners' Yoga

Are you curious about yoga but feel intimated by the prospect of entering a studio class? Would you like to do a workout that moves your body and mind? Be with a teacher who sees you as a unique person rather than a number? Then come to this beginners' yoga workshop. Rebecca will create a welcoming environment in which to playfully explore your movement patterns creating a space where you can feel better, be more and creative. Please bring a yoga mat. Two large bath towels will be helpful but are not required. **Rebecca Schwarz** is a 500-HR Yoga Alliance Certified Instructor. She received her training from the world-renowned YogaWorks studio based in NYC. She teaches chair yoga in Brooklyn and Queens. Rebecca has been a Coop member for 13 years.



In a world where mass-produced goods are automated, a small group of laborers brave unusual working conditions to preserve the 2000-year-old tradition of making saké, living and working for a six-month period at Yoshida Brewery, a 144-year-old family-owned small

brewery. *The Birth of Saké* is a documentary that reveals the passionate story of what it takes to make world-class saké. Currently, stiff competition and the eventual retirement of experienced workers intensify the pressure of preserving quality, tradition and brand reputation. Surrounded by 1,000 competitors, Yoshida must surface as a worthy contender in a market overrun by choices. *See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.*

jun 23 sun 12 pm Sweet Relief Home & Office Counseling

Declutter. Clear. Transform. Make room for yourself! Be inspired, productive and at peace in your spaces. Clear overwhelm and shame. Open your space and life to new possibility. Allow your home and workplace to support you to thrive. **Shira Sameroff** has been a member of her beloved PSFC for 25 years. Her work has evolved over 25 years of experience with individuals, groups and organizations as a counselor, workshop facilitator, program director, event planner, activist, board president, volunteer coordinator and more. Her many passions include trees, singing, biking, travel and dark chocolate.

Still more Park Slope Food Coop events ----->

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops. Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.



also published in the current Linewaiters' Gazette

jun 25 tue 7 pm

PSFC JUN Annual and General Meeting

Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available between 7 and 7:15 p.m.

Meeting location: St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.

I. Member Arrival and Meeting Warm-Up (7:00-7:15)

Please read materials relevant to the meeting that are available at the entrance tables.

II. ANNUAL MEETING AGENDA:

Item 1: Presentation of the Audited Financial Statement

Report & Vote: Representatives from Cornick, Garber & Sandler, LLP, the Coop's outside auditor, will present the audited financial statement for the year ended February 3, 2019. Members will have the opportunity to pose questions to the auditors following their presentation. Members will vote whether to accept the audited statement.

Item 2: Board of Directors Election

Election: Two three-year positions are open for the Board of Directors. The candidates will make brief presentations to the meeting prior to the vote.

III. GENERAL MEETING AGENDA:

Item 1: Renewing the Services of the Auditor

Proposal: To retain the services of Cornick, Garber & Sandler, LLP, to perform an audit of the Coop for the fiscal year ending February 2, 2020. **Item 2:** Election of Officers

Election: Following the election of members to the Board of Directors at the Annual Meeting, the General Meeting will elect Officers of the Corporation: President, Vice-President, Treasurer, and Secretary. The President and Vice-President shall be, at the time of election, members of the Board of Directors. The positions of Treasurer and Secretary can be elected from the membership at large.

IV. Board of Directors Meeting (9:30)

V. Wrap-Up (9:30-9:45). Includes member sign-in for workslot credit. For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office. continued from inside page



Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Drop by and talk with committee members face-to-face between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the

General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com. *The July General Meeting will be held on Tuesday, July 30, 7 p.m., at St. Francis Xavier School, 763 President St., between Sixth and Seventh Aves.*



Safe Food Committee Film Night: One Man, One Cow, One Planet



One Man, One Cow, One Planet exposes globalization and the mantra of infinite growth in a finite world for what it really is: an environmental and human disaster. But across India, marginal farmers are fighting back. By reviving biodynamics, an arcane form of agriculture,

they are saving their poisoned lands and exposing the bio-colonialism of multinational corporations. *One Man, One Cow, One Planet* tells their story through the teachings of an elderly New Zealander many are calling the new Gandhi. *See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.*



Wordsprouts



Authors to be announced. *Bookings: Sarah Schenck, wordsproutspsfc@gmail.com.*

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