

## ATTENTION MEMBERS

Work to upgrade the passenger elevator has begun. The elevator will not be available for use throughout August. Check [foodcoop.com](http://foodcoop.com) for updates.



aug 27  
tue 7 pm

## Sweet Relief Workshop

Declutter. Clear. Transform. MAKE ROOM FOR YOURSELF! Be inspired, productive and at peace in your environment. Clear overwhelm and shame. Allow your home & workplace to support you to thrive and open your space and life to new possibility! **Shira Sameroff's** work has evolved over 25 years of experience with individuals, groups, and organizations as a counselor, workshop facilitator, program director, event planner, activist, board president, volunteer coordinator and more. She has been a member of her beloved PSFC for as long. Shira's many passions include trees, singing, biking, travel, and Honey Mama's chocolate.

aug 27  
tue 7 pm

## PSFC AUG General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting. We ask members to please read the materials available

between 7 and 7:15 p.m.

**Meeting location: John Jay Educational Campus, 227 Seventh Ave., between Fourth and Fifth Sts.**

**I. Member Arrival and Meeting Warm-Up**

**II. Open Forum**

**III. Coordinator and Committee Reports**

**IV. Meeting Agenda**

**Item 1: Modifying the Coop Retirement Program (35 minutes)**

**Proposal:** The Coop will revise current retirement guidelines to extend the maximum retirement age, and will adjust the Required Years of Membership accordingly; the maximum age will be increased from 65 to 70 and over; the sliding scale of Required Years of Membership will be extended at the current rate (a decrease of 2 years for each additional year of service) up to age 70. A retired Coop member will still be allowed to work or do a shift for another member, if they want to.

—submitted by Ruth Willner

**Item 2: Production of Lynn Nottage's play "Sweat" in collaboration with the Irondale Theater Ensemble Project (35 minutes)**

**Proposal:** The Coop grant the International Trade Education Squad (ITES) \$4,100 and 20 work slots to collaborate with the Irondale Theater Ensemble Project of Fort Greene to produce a "music stand reading" of Lynn Nottage's Pulitzer Prize-winning play *Sweat*, about the NAFTA's effect on U.S. workers, October 22 and 28, free to Coop members.

—submitted by the International Trade Education Squad

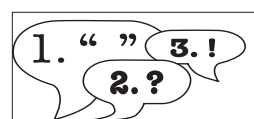
**V. Board of Directors Meeting**

**VI. Wrap-Up.** Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

sep 3  
tue 7:30 pm

## Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Members may submit in person their agenda item between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting"

and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at [foodcoop.com](http://foodcoop.com).

**The September General Meeting will be held on Tuesday, September 24, 7 p.m., at a location to be determined.**

sep 5  
thu 7:30 pm



**Food Class:**

## Roll-Your-Own Summer Rolls

This part-demo, part hands-on class will teach how to be creative in making vegan summer rolls, the perfect, customizable snack/meal popular in sub-tropical Southeast Asian countries. Among the variety of fillings

to put into your rolls, we will learn to make a quick pickle and a versatile sauce for dipping. **Barry Schwartz**, minister of culture for Grown In Brooklyn, makers of Barry's Tempeh, will teach a class on Southeast Asian Cuisine. He has served food at Smorgasburg for two years and has done numerous pop-ups around the city. He loves to mix food cultures and mostly cooks vegan.

*Menu includes: Vegan Summer Rolls with seasonal vegan fillings; Quick Red Onion Pickle; Almond Cilantro Pesto.*

**ASL interpreter available upon request, please contact the Membership Office. Materials fee: \$5. First come, first seated. To inquire about leading a Food Class, go to [bit.ly/CCCChf1](http://bit.ly/CCCChf1).**

sep 6  
fri 7 pm



**Film Night**

Film to be announced.

**To book a Film Night, contact Gabriel Rhodes, [gabrielrhodes@me.com](mailto:gabrielrhodes@me.com).**

sep 7  
sat 11 am

## Brilliant Pixels—Part 2

Take better and fewer photos on your iPhone. Now that you have learned how to declutter your family photo collection, we will eliminate the root problem of digital photo overwhelm: snapping too fast and creating a huge amount of photos, hoping that at least one of the hundreds taken will work out. Come and learn tips and tricks to use your iPhone mindfully and take your photos to the next level. You'll learn to: plan ahead what you want to capture; look at the world with the eye of a photographer; edit quickly on the go; and most of all, enjoy the moment! **Isabelle Dervaux**, Coop member, uses her artist's eye and sensibility to help busy New Yorkers tell their family stories; empowering them to organize, rediscover, and curate their photo collections so they can be passed on to the next generation.

sep 10  
tue 7 pm



## Safe Food Committee Film Night: Steak (R)evolution

A global pursuit (with layovers in Japan, Argentina, Brazil, France, Spain, the U.S. and other countries) for the best steak in the world, *Steak (R)evolution* features exclusive conversations with chefs, farmers, butchers, steakhouse owners, journalists and experts

about the many variables that affect the quality of our meat. Director Franck Ribiere explains a variety of farming methods and offers a clear description of how the humane treatment of animals positively impacts our meals. *Steak (R)evolution*, a must-see for any steak enthusiast, unravels how small-scale operations have raised the bar of the industry and how meat producers have implemented sustainable farming practices.

**See upcoming events, past reviews and a comprehensive list of films shown at [www.plowtoplatefilms.com](http://www.plowtoplatefilms.com) which can now also be reached via a link on the Park Slope Food Coop's home page at [www.foodcoop.com](http://www.foodcoop.com).**

sep 13  
fri 7 pm



**Wordsprouts**

Authors to be announced.

**Bookings: Sarah Schenck, [wordsproutspfc@gmail.com](mailto:wordsproutspfc@gmail.com).**

Still more Park Slope Food Coop events →

**For more information on these and other events, visit the Coop's website: [foodcoop.com](http://foodcoop.com)**

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

# aug 27–oct 29 2019

also published in the current Linewriters' Gazette

continued from inside page

sep 20  
fri 8 pm

## Prospect Concert



Performer to be announced.  
Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. *Prospect Concerts* is a monthly musical fundraising partnership of the Coop and the

Brooklyn Society for Ethical Culture.  
Bookings: Bev Grant, bevgrant1@aol.com.

sep 26  
thu 7 pm

## Learn About Cheese at the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional, **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world and fun pairings you can try at home!

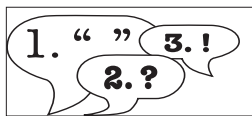
sep 28  
sat 10 am

## New Paradigm Multi-Dimensional Transformation

We will discuss the energy of Shamballa, build vortexes, do clearing meditation, and receive activations calling on the Ascended Masters and Archangels for their healing Love and Light. Join me for two hours to introduce New Paradigm MultiDimensional Transformation. **Esme Carino** is a New Paradigm MDT facilitator, a published author and an ancient Coop member.

oct 1  
tue 7:30 pm

## Agenda Committee Meeting



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to Develop an Agenda Item for the General Meeting" and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com.

**The October General Meeting will be held on Tuesday, October 29, 7 p.m., at a location to be determined.**

oct 3  
thu 7:30 pm

## Food Class



Food Class to be announced.  
To inquire about leading a Food Class, go to [bit.ly/CCCChf1](http://bit.ly/CCCChf1).

oct 4  
fri 7 pm

## Film Night



Film to be announced.  
To book a Film Night, contact **Gabriel Rhodes**, [gabrielrhodes@me.com](mailto:gabrielrhodes@me.com).

oct 5-6  
sat-sun 9 am–7 pm

## Food Drive to Benefit CHiPS Soup Kitchen

CHiPS Soup Kitchen, located at Fourth Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHiPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

## still to come

oct 8 *Plow-to-Plate Film*

oct 11 *Wordsprouts*

oct 18 *Prospect Concert*

oct 29 *PSFC OCTOBER General Meeting*

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park slope  
**FOOD COOP**  
foodcoop.com

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# calendar of events

aug 27–oct 29 2019