sep 13-oct 16 2019

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revised every two weeks

ATTENTION MEMBERS

Work to upgrade the passenger elevator is under way. The elevator will not be available for use until further notice. Check foodcoop.com for updates.



sep 13

Wordsprouts: Children's Picture Book Creators



Nina Crews is a children's book author and illustrator based who creates energetic stories using photographs and collage centered on the experiences of young children. Her work has been recognized by the ALA Notable Committee, Cooperative Children's Book Council, Junior

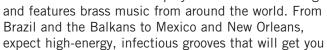
Library Guild, and Bank Street College of Education. Nina's books include *One Hot Summer Day, The Neighborhood Mother Goose* and *The Neighborhood Sing-Along*. Her most recent book is *Seeing Into Tomorrow: Haiku by Richard Wright*. **Huy Voun Lee** arrived in New York City at the age of six as a Cambodian refugee. She quickly developed a love for art and Origami. Huy has written and illustrated books for children using her colorful cut-paper style incorporating Chinese characters into her books, which include *1, 2, 3, Go!* and *In the Leaves (Henry Holt)*. **Nancy Carpenter** is the celebrated illustrator of more than 40 books for children. Her unique multimedia approach to illustration has garnered numerous honors, including two Christopher Awards and the Jane Addams Children's Book Award. The event will be moderated by **Michele Weisman**, the Executive Director of Meet the Writers, Inc., a nonprofit that supports literacy by connecting inspiring authors to students in underserved New York City schools. *Free for all Coop members & non-members. Refreshments will be served. Bookings: Sarah Schenck, wordsproutspsfc@gmail.com.*

sep 20 fri 8 pm

Brian's Big Bad Brass Band



Brian's Big Bad Brass Band is an intergenerational Park Slope Community Brass Band comprised of brass, wind and percussion players of all levels and ages





Concert takes place at the Brooklyn Society for Ethical Culture, 53 Prospect Park West (at 2nd St.), \$10, doors open at 7:45. *Prospect Concerts* is a monthly musical fundraising partnership of the Coop and the Brooklyn Society for Ethical Culture.

Bookings: Bev Grant, bevgrant1@aol.com.

sep 24 tue 7 pm

PSFC SEP General Meeting



Items will be taken up in the order given. Times in parentheses are suggestions. More information on each item may be available on the entrance table at the meeting.

We ask members to please read the materials available

between 7 and 7:15 p.m.

Meeting location: John Jay Educational Campus, 227 Seventh Ave., between Fourth and Fifth Sts.

- I. Member Arrival and Meeting Warm-Up
- II. Open Forum
- III. Coordinator and Committee Reports
- IV. Meeting Agenda

Item 1: Annual Hearing Officers Committee Election (10 minutes)

Election: Three current committee members will stand for re-election. Hearing

Officers work on an FTOP basis when needed and serve three-year terms.

—submitted by the Hearing Officer Committee

Item 2: Applied Hearing Administration Committee Floation (10 minutes)

Item 2: Annual Hearing Administration Committee Election (10 minutes)

Election: One current committee member will stand for re-election. Hearing

Administrators work on an FTOP basis when needed and serve three-year terms.

—submitted by the Hearing Administration Committee

Item 3: Replace All Fossil Fuel-Based, Resin-plastic Bags and Wrap (40 min.) Discussion: By December 31, 2019, stop using fossil fuel-based, resin-plastic bags/wrap for Food Processing, produce, bulk, meat, bread, cheese, garbage, and recycling, and sell shoppers bags (no mark-up) for produce/bulk/bread (to reduce bag use). Replace all above with compostable, plant-resin plastic bags/wrap (non-GMO if possible).

—submitted by Tracy Fitz and Aron Namenwirth

Item 4: TerraCycle Squad: Budget Renewal - April 2019 - end of March 2020 (30 minutes)

Discussion: Coop members have been making use of our TerraCycle collections, especially our ZeroWaste soft plastics. In order to continue this successful and popular program, which has more and more users each month, we need to renew our budget. In May 2017 we were approved for \$6000 for 1 year. In March 2018 we were approved for \$12,000. In March 2019, we requested \$20,000 and the vote did not pass. At the Sept 2019 meeting, we plan to request only \$5000 for this budget period (4/19-3/20). The combination of a new shipping system and cash donations from members brings our costs way down.

—submitted by Sarah Chandler of the TerraCycle Committee

V. Board of Directors Meeting

VI. Wrap-Up. Includes member sign-in for workslot credit.

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*. The Agenda Committee minutes and the status of pending agenda items are available in the Coop office.

sep 26 thu 7 pm

Learn About Cheese at the Coop

Cheese education at the Coop continues with another tasting session led by Coop member and American Cheese Society Certified Cheese Professional, **Elena Santogade**. This month's class will feature a selection of unique cheeses from around the world and fun pairings you can try at home!

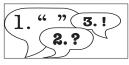
sep 28

New Paradigm Multi-Dimensional Transformation

We will discuss the energy of Shamballa, build vortexes, do clearing meditation, and receive activations calling on the Ascended Masters and Archangels for their healing Love and Light. Join me for two hours to introduce New Paradigm MultiDimensional Transformation. **Esme Carino** is a New Paradigm MDT facilitator, a published author and an ancient Coop member.

oct 1 tue 7:30 pm

Agenda Committee Meeting



The Committee reviews pending agenda items and creates the agenda for future General Meetings. Members may submit in person their agenda item between 7:30 and 7:45 p.m. Before submitting an item, read "How to Develop an Agenda Item for the General Meeting"

and fill out the General Meeting Agenda Item Submission Form, both available from the Membership Office or at foodcoop.com.

The October General Meeting will be held on Tuesday, October 29, 7 p.m., at John Jay Educational Campus, 227 Seventh Ave., between Fourth and Fifth Sts.

oct 3 thu 7:30 pm

Food Class: Classic Pie



In this class we will learn how to make pate brisee, the classic pie crust that can be adapted for all kinds of pie, quiche and galettes. We'll take you through the process and the pitfalls to ensure you can make a flaky

crust from scratch! A variety of techniques and types of pastries, fillings and toppings will be discussed as well as making fresh whipped cream. Rachel Porter is a public school teacher with decades of experience as a home cook, hosting parties, dinner parties and cooking for her family and friends. She lives with her two sons, one dog and two cats. She has a horticulture certificate from the Brooklyn Botanical Garden, and dreams of growing more on her mom's farm. She is also the unofficial holiday cookie— maker for the Coop's staff. Menu includes: Pate Brisee; Apple Pie; Pecan Pie; Whipped Cream. ASL interpreter available upon request, please contact the Membership Office. Materials fee: \$5. First come, first seated. To inquire about leading a Food Class, go to bit.ly/CCCChef1.

Still more Park Slope Food Coop events ----

For more information on these and other events, visit the Coop's website: foodcoop.com

All events take place at the Park Slope Food Coop unless otherwise noted. Nonmembers are welcome to attend workshops.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

also published in the current Linewaiters' Gazette

continued from inside page

oct 4

Film Night: **Knock Down the House**



When tragedy struck her family in the midst of the financial crisis, Bronx-born Alexandria Ocasio-Cortez had to work double shifts in a restaurant to save her home from foreclosure. After losing a loved one to a preventable medical condition, Amy Vilela didn't know what to do with the anger she felt about America's bro-

ken health care system. Cori Bush was drawn into the streets when the police shooting of an unarmed black man brought protests and tanks into her neighborhood. Paula Jean Swearengin was fed up with watching her friends and family suffer and die from the environmental effects of the coal industry. At a moment of historic volatility in American politics, these four women decide to fight back, setting themselves on a journey that will change their lives and their country forever. Without political experience or corporate money, they build a movement of insurgent candidates challenging powerful incumbents in Congress. Their efforts result in a legendary upset. Doug Anderson is a Brooklyn-based director, producer, and sound engineer. Under the banner of his production company, Paper Moth Media, he has made videos for clients including Alexandria Ocasio-Cortez and Justice Democrats. Recent sound credits include the Netflix documentary Knock Down The House (2019) and the upcoming FX documentary series Pride (2020). Doug is currently developing a documentary set in Guatemala.

To book a Film Night, contact Gabriel Rhodes, gabrielrhodes@me.com.

oct 5-6

Food Drive to Benefit sat-sun 9 am-7 pm CHiPS Soup Kitchen

CHiPS Soup Kitchen, located at Fourth Avenue and Sackett Street, is the recipient of much of our edible but unsaleable perishable food. They also need donations of nonperishable foods. This food will go to CHiPS to help them feed people in the neighborhood who are in need of a nutritious meal. Consider contributing nonperishable foods and commercially packaged foods; canned fish; canned fruits and vegetables; pasta sauce; pasta; pre-packaged rice; pre-packaged beans; canned beans; canned soups; Parmalat milk; dry milk; peanut butter; cooking oil; or boxed raisins. Give donations to the collection table outside the Coop.

oct 6

How to Have Great Sleep: Herbal Remedies for Everyone

The National Sleep Foundation states that 58% of American adults experience symptoms of insomnia a few nights a week or more. In NYC, the percentage is likely higher! Your biggest ally in immune and mental health, sleep is the most important part of the day. Come learn what herbs can help you fall asleep and stay asleep, as well as herbs that balance your nervous and endocrine systems. Because you deserve the sleep of your dreams! Complimentary herbal tea will be provided. Maria Christodoulou is a Clinical Herbalist and graduate of ArborVitae School of Traditional

Herbalism. She combines Western Herbalism, Traditional Chinese Medicine, and Ayurveda in her practice, and is currently researching herbal medicine in ancient Greece. She is also founder of Bliss Without Bother, a wellness retreat planning service.

oct 8 tue 7 pm

Safe Food Committee Film Night: A Prayer for Compassion



A Prayer for Compassion follows Thomas Jackson on a quest across America to ask, "Can people who identify as religious or spiritual come to embrace the call to include all human and nonhuman beings in our circle of respect and caring and love?" Drawing on

Christianity—evangelical, Roman Catholic, Eastern Orthodox, Friends (Quakers), Seventh Day Adventism, Unity; Judaism; Islam; Hinduism; Buddhism; Jainism; Native American tradition; Unitarian Universalism; Zoroastrianism; and the "spiritual but not religious" point of view—the film calls on spiritual people of faith of every stripe to come together to bring about a different world.

See upcoming events, past reviews and a comprehensive list of films shown at www.plowtoplatefilms.com which can now also be reached via a link on the Park Slope Food Coop's home page at www.foodcoop.com.

oct 11

Wordsprouts: All the **Restaurants in New York**



A joyful hardcover ode to New York City's favorite eateries, published by Abrams this Spring. All the Restaurants in New York collects John Donohue's charming drawings for the first time. From Minetta Tavern to Frankies 457 Spuntino and River Café, the

book features an an eclectic mix of 101 iconic restaurants and includes many drawings that have never been published before. Sprinkled throughout the pages are interviews with owners, chefs, and loyal patrons of these much-loved restaurants. This is the first book in a three-book series from Abrams, with Paris and London coming soon. The book is based on Donohue's website All the Restaurants (www.alltherestaurants.com), where he sells signed, limited-edition prints to people all over the country and the world. "If you know someone who's wild for a special New York restaurant, this is the perfect present," the critic Ruth Reichl said. Donohue, a former editor at The New Yorker and erstwhile cartoonist for the magazine, is a selftaught artist. In 2011, he edited Man with a Pan: Culinary Adventures of Fathers Who Cook for Their Families, a best-selling anthology featuring recipes and essays from Mark Bittman, Stephen King, Mark Kurlansky, Jim Harrison, and many others. He launched www.alltherestaurants.com in 2017, and he draws at least twice per day. And he takes requests. WordSprouts' Sarah Schenck will moderate a free-wheeling conversation with Donohue. Delectable tidbits will be served!

Free for all Coop members & non-members. Refreshments will be served. Bookings: Sarah Schenck, wordsproutspsfc@gmail.com.

still to come

oct 12 Achieve Your Ultimate Goal First

Cheese Class

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